

MansfieldNOW

M A G A Z I N E

SEPTEMBER 2024



The Man Who Ended WWII

How Chester Nimitz became the highest-ranking officer in the U.S. Navy

The Best of Both Worlds

Ana Dalton proudly preserves her heritage

In the Kitchen With Tom Marini

Also inside:
Scavenger Hunt
Crossword

Postal Customer

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ON THE COVER



The Daltons recount their narrative of bringing two worlds together.

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MEET DR. UKATU



Ceisha Ukatu, MD, is an experienced ENT surgeon dedicated to diagnosing and treating both children and adults with a wide spectrum of disorders affecting the ear, nose, throat, and related structures. Born and raised in Texas, Dr. Ukatu completed her undergraduate studies at Washington University in St. Louis before earning her medical degree from Emory University. She then pursued her residency in otolaryngology at the University of Missouri, where she honed her skills and developed a deep commitment to patient-centered care. Known for her warm and personable approach, Dr. Ukatu enjoys engaging in humorous conversations with her patients and learning about their lives, creating a comfortable and trusting environment.

SPECIALTIES AND EXPERTISE

Dr. Ukatu specializes in sinus and nasal surgery, thyroid surgery, parathyroid surgery, eustachian tube dilation, and intracapsular tonsillectomy. However, she is passionate about the entire field of ENT, providing comprehensive care to all of her patients.

PERSONAL

Outside of her professional life, she enjoys spending quality time with her husband and daughter, reading, playing tennis, and traveling.



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Sandra

Sandra Walters
MansfieldNOW Editor
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EDITOR'S NOTE

Hello, Fall!

There's a sign of cooler days ahead as the summer heat starts to fade. A mix of eagerness and introspection during this month of transition foreshadows the environment. The academic year has resumed. By now, parents with school-age children have established a daily pattern that includes getting ready for school, doing homework and playing fall sports.

Football and other school sports are in full flow at all levels. Many of you are excited about rooting for America's team, the Dallas Cowboys. Hmm ... will they make it to the Super Bowl this year? I am aware that others cheer for opposing teams, so I envision these individuals answering, "No," in a Steven A. Smith voice and laugh.

The country celebrates Hispanic Heritage Month (September 15 through October 15). This special time offers the opportunity to appreciate the rich Hispanic culture by learning and sharing.

As September ends, people eagerly await the State Fair of Texas, set to start on September 27 and running through October 20. This iconic fair is held in Dallas and highlights the Texas culture, cuisine and community. From thrilling rides and live music to livestock shows and mouthwatering fried foods, the State Fair offers something for everyone.

During this time, this vast and diverse community celebrates a variety of occasions, so share your pictures and stories as you create moments. Allow *MansfieldNOW* to capture your special events. Here's to a month filled with excitement, family memories, vibrant community events and a touch of that much-anticipated cooler breeze.

Enjoy the read, and happy September!

RE-ELECT ★★★★★★ SANDRA LEE

Under my leadership, Precinct 7 Constable's Office has never been about politics. It has always been about community. Certain people grumble because I now have a diverse office. My office mirrors the community we serve. Precinct 7 represents a large portion of Arlington, Burleson area east of I-35, the majority of Grand Prairie within Tarrant County, Kennedale, and all of Mansfield within Tarrant County. We now have an office that's about protecting and serving and not about monetary gain. I've been fiscally responsible with your tax dollars allocated to my office. We brought in 38% more revenue than expected for the county. With all the extra work we are putting in, we are still able to donate our time to help organizations. Meals on Wheels, Tarrant Area Food Bank, The Women's Center, One Safe Place, Education Foundations, etc. are just a few. If you leave politics out of the equation and look at results, I've proven myself as your Constable.



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"Dr. Ola-Peters and her team were amazing! Very thorough and efficient on time. Everything was seamless, and both she and her staff were attentive and open to answer any questions or listen to any concerns I had." - *Katrina*

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The Best of **BOTH WORLDS**

— By Sandra Walters



As we celebrate Hispanic Heritage Month, Ana Dalton proudly shares her Costa Rican culture with the community as well as her immigration story. “I came to America after I graduated with a tourism degree because I wanted to improve my English. Since tourism is the most prevalent industry in Costa Rica, my aunt offered me the opportunity to attend school here, so I applied for a student visa. After it was approved, I traveled to the United States and moved in with my aunt. I then enrolled in the University of Wisconsin,” Ana said. “I intended to perfect my English and go home after the school year.”

“I came to America at the age of 21. I was so brave and adventurous.”

During this time, her aunt introduced her to one of her co-workers, a nice, young man named Paul. Initially, Ana thought *Ok, I'll meet him*, but she didn't think anything of it. Once they met, they hit it off. After knowing each other for about nine months, Paul and Ana desired to take their relationship to the ultimate level. However, she knew she had to return home.

On her final day, she prepared to leave, but before leaving, she went on a date with Paul. They strolled along Lake Michigan like usual, but this time it was different because her mother was scheduled to pick her up to take her back to Costa Rica. She recalled Paul getting on his knees to propose to her, and she replied, "Yes." When her mom arrived, she revealed that she would be returning to get married. Her mom asked if she was sure, and she said, "Yes." So, she went back to Costa Rica to get a tourist visa, so she could return.

As Ana reflected, she said, "I came to America at the age of 21. I was so brave and adventurous. Now I've been here for 27 years, and we've been married for 25. I go back home yearly to stay connected. Also, I incorporate my Costa Rican culture through food, continue to speak Spanish and focus on the importance of family. My mom cooked every single day, and so do I. We always ate fruit, vegetables, rice, beans, plantains and seafood. On special occasions, we make Costa Rican tamales, which consist of corn dough, potatoes, pork, rice and vegetables all wrapped in banana leaves. It's a little different than Mexican tamales. I enjoy cooking and baking so much. I watch cooking shows to learn how to cook a variety of meals to include the American culture."

Ana also ensured that her children spoke Spanish well, so they learned English and Spanish at the same time. The Dalton kids received the best of both worlds. "Our children grew up here. As a kindergartener, our oldest daughter started kindergarten at Anna May Daulton Elementary," Ana added. How fascinating that she attended a school with the same name as her mother's, Ana Dalton!

"When I return home to see family, I love the outdoor life where an air conditioner isn't needed. We open the windows. It isn't hot like Texas. I love

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Benita Reed, MISD Board Member, encourages educators while she speaks at the Refresh Conference.

Zoomed In:
Jasmine Moore

By Sandra Walters

Jasmine Moore, a graduate of Lake Ridge High School, represented the U.S. in track and field at the Summer Olympics in Paris. Prior to this, Jasmine was a standout athlete for the University of Georgia, where she won multiple NCAA titles. She achieved notable success in collegiate, international competitions and World Championships, setting records and earning accolades for her performances.

“I’m in awe and over the moon that my dream came true. During the trials, I didn’t have the Olympic standard, but my support system pushed me,” Jasmine shared. “Sometimes, all you need is one jump. I stayed in my zone and jumped while saying, ‘Lord, I trust you.’ And I secured two bronze metals.”



Kathalyn and Eliana Martinez enjoy the Fancy Nancy Tea Party.



The Grit Baseball team is the number one runner up in this summer’s tournament.



Mansfield divers, Daniel Henry and Colin Agor, represent the USA together.



Lincoln Cannelis dresses as a Mansfield Police Officer.



A group of basketball friends are ready to eat after a game.



Natalya Beckham waits with excitement for her turn to ride the go-karts.



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TALES OF TEXAS

THE MAN WHO ENDED WWII

— By Emma McKay

In Fredericksburg, Texas, on February 24, 1885, the recently widowed Anna Josephine (Henke) Nimitz gave birth to her first and only child, Chester William Nimitz. He spent his childhood wandering the halls of the steamship-shaped hotel on Main Street, which his paternal grandfather, Charles Nimitz, ran.

When he was a teenager, Nimitz met two officers from the United States Military Academy in West Point, New York. Inspired by their service, he eagerly applied to learn at West Point, but he was rejected. Undeterred, in 1901, at the ripe young age of 16, he tested for a position at the United States Naval Academy in Annapolis, Maryland, to which he was later appointed. Upon receiving the news, Nimitz dropped out of Kerrville's Tivy High School to pursue his dream of serving his country.

Nimitz was a diligent student. On January 30, 1905, he graduated from the Naval Academy seventh in his class of 114. He was described as a man "of cheerful yesterdays and confident tomorrows" in the Naval Academy's yearbook. Nimitz's charisma and aptitude for learning would aid in his advancement throughout his career.

On January 31, 1907, after having served two years' mandatory duty on the *USS Ohio* and the *USS Baltimore*, Nimitz was promoted to ensign. In July 1908, while commanding the *USS Decatur*, he ran the destroyer aground. Ensign Nimitz took full responsibility for putting the Navy ship in danger. Due to his stand-up character and his shining record, his punishment was minimal.

After this hiccup in his career, he was assigned to continue his naval education, this time studying submarine vessels. In January 1909, he reported for duty to the First Submarine Flotilla, which he would be granted command of in May of that year. Thus began his decade-long career as a submariner. During this time, he sharpened his leadership skills as he assumed command of more submarines.

When September 1918 rolled around, Nimitz was back on land, working for the Office of the Chief of Naval Operations. Just a month later, he became a member of the Board of Submarine Design in addition to his duties at the Naval Operations office. After having served a year's duty as an officer aboard the *USS South Carolina*, Nimitz was sent to Pearl Harbor in 1920 to build a submarine base.



In 1922, Nimitz was sent to the Naval War College in Rhode Island to study for 11 months. Later, he would consider this period of education as highly beneficial to his fight in World War II. Over the next 20 years, Nimitz continued to build an impressive résumé through commanding vessels and even establishing the NROTC unit at the University of California-Berkeley. His accomplishments proved how respected he was as a leader by both his sailors and his superiors.

On the morning of December 7, 1941, the Imperial Japanese Navy Air Service launched a surprise attack on Pearl Harbor. Following this devastation, Nimitz, who had been working as chief of the Bureau of Navigation, was promoted to commander in chief of the Pacific Fleet by President Franklin D. Roosevelt. With his promotion, Nimitz led his men aboard the *USS Grayling* to victory at the Battle of Midway.

In December 1944, Nimitz was promoted to Fleet Admiral of the United States Navy. This rank, recently created by Roosevelt, was the highest rank in the Navy. As Fleet Admiral, on September 2, 1945, Nimitz signed the Japanese Instrument of Surrender aboard the *USS Missouri* in Tokyo Bay following the atomic attacks on Japan, thereby concluding the Second World War.

On February 20, 1966, Admiral Chester Nimitz died in his home in Yerba Buena Island, California. He was



laid to rest next to his wife, Catherine, at the Golden Gate National Cemetery. In the 1960s, his grandfather's hotel in Fredericksburg, the Nimitz Hotel, was transformed into a museum to honor the WWII admiral. As per Nimitz's request, the museum expanded to honor his brothers in arms. The National Museum of the Pacific War makes its home in the former hotel alongside the Admiral Nimitz Museum. **NOW**

Sources:

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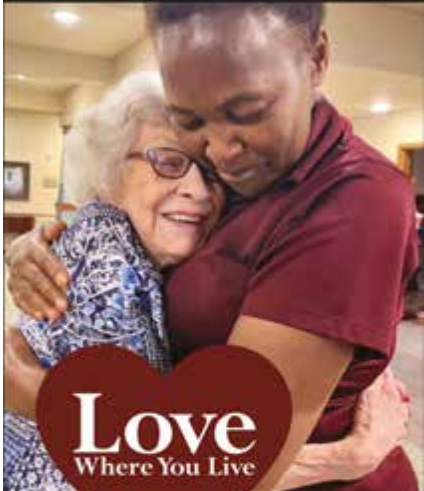
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Fall 2024 pre-emergent preparations. Apply these
measures before the soil temperature reaches 70°.

September LAWN TIPS

FERTILIZATION

Fertilize your lawn and trees.

MOWING & TRIMMING

Start lowering your mowing height to prevent heavy residue and thatch build up next spring. Cut your begonias to soil level and cover them with mulch so they survive the winter and bloom next spring.

PREVENTATIVE APPLICATIONS

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“Cooking is about love! It’s about using your senses and best ingredients to create something appealing to the sight, smell and taste,” Tom Marini said. “My mom was a dietician, and I grew up in our family-owned bar and bowling alley with a full-service restaurant. I started working there at 14. I learned to cook all styles of food, but Italian would be my favorite.”

One of his joys in life is teaching the appreciation of good food and wine. “I used to own a restaurant in Detroit, Michigan, but now I love cooking for my wife, family and friends,” Tom said. “I believe in having a well-stocked pantry, freezer, refrigerator and herb garden to use the freshest items available.” **NOW**

Red Pasta Sauce

1/4 cup extra-virgin olive oil
1 carrot, finely diced
1 medium onion, finely diced
3-4 anchovies
6 garlic cloves, finely diced
1 6-oz. can tomato paste
1/2 cup red wine
1 #10 can whole Roma tomatoes
1 28-oz. can tomato sauce

1 Tbsp. Italian seasoning
3 bay leaves
1/4 tsp. red pepper flakes
1/4 cup fresh basil, torn
Salt, to taste
Pepper, to taste

1. Put the oil in a large pot on medium heat. Place the carrots and onions in the pot to soften. Add the anchovies and garlic while allowing the anchovies to melt and

the garlic to soften.

2. Pour in the tomato paste; stir until caramelized. Add the red wine; scrape the bottom. Once the alcohol has evaporated, add the tomatoes, tomato sauce, Italian seasoning, bay leaves, red pepper flakes, fresh basil, salt and pepper.

3. Cover; simmer for 1 hour.

4. Remove the bay leaves; crush the tomatoes. For a smoother sauce, use an immersion blender.

5. Simmer for 2 hours.

Eggplant, Chicken or Veal Parmigiano

1 medium eggplant, or 1/4-1/2 lb. chicken breast or veal
2 eggs
1/4 cup milk
1 cup flour
2 cups seasoned breadcrumbs
3/4 tsp. Italian seasoning (divided use)
3/8 tsp. granulated garlic and onion (divided use)
Salt, to taste

Pepper, to taste
Olive oil, for frying
Cooking spray
Pasta sauce
1 1-lb. bag shredded Italian 6 Cheese Blend
1/2 cup parmigiano, freshly grated

1. Preheat the oven to 350 F Peel the eggplant; cut to 1/2-inch slices and drain. When using chicken or veal, place in a gallon bag and pound to tenderize.
2. In a bowl, make an egg wash with the eggs and milk. Then, place the egg wash in a pie pan, flour in another pie pan and breadcrumbs in a third pie pan.
3. Season the protein or eggplant with Italian seasoning, granulated garlic and onion, salt and pepper.
4. Place the eggplant or protein in the flour first, then in the egg wash and finally in the breadcrumbs. Heat olive oil in a large frying pan to medium heat. Fry until golden. *Note: Don't overcrowd; fry in batches.*
5. Spray a casserole dish with cooking spray. Layer the bottom with some of the pasta sauce, protein or eggplant, Italian 6 Cheese Blend and another light layer of sauce. Repeat the steps for a middle layer. For the top layer, add a heavier amount of pasta sauce, then cheese and top with parmigiano.
6. Cover with foil; bake in the pre-heated oven for about 30 minutes. Uncover; bake 15 minutes more.
7. Remove from the oven; tent the pan with foil for 10 minutes before serving.

Pesto

1/3 to 1/2 cup pine nuts
2-3 cups fresh basil, just leaves, washed and patted dry
2-3 cloves garlic
1/3 to 1/2 cup fresh parmigiano cheese
1/2 cup extra-virgin olive oil (approximate amount)

1. Roast the pine nuts in a heavy pan; allow them to cool.
2. In a food processor, finely chop the basil; add the pine nuts, garlic and cheese. Put oil in the processor to emulsify.
3. When adding to pasta, save some pasta water to thin the pesto.
4. Serve or refrigerate.

To search for more great recipes from any of the 9 NOW Magazines publications, visit www.nowmagazines.com.

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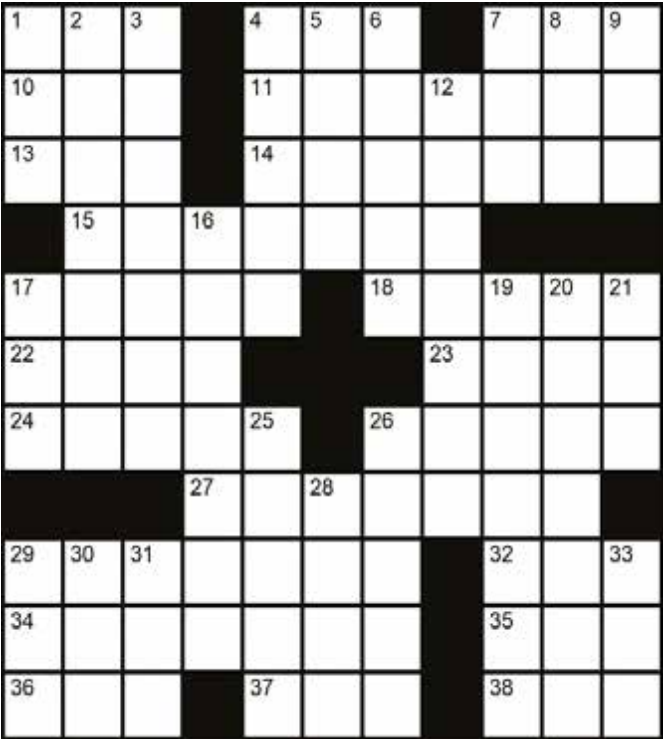
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Across

- 1 Tire measure
- 4 Amount of game killed
- 7 Untwisted fiber bundle
- 10 100 cubic feet of a ship's capacity
- 11 Flying fee
- 13 "Cakes and ---" (1930 Somerset Maugham novel)
- 14 Scoffed
- 15 Satellite
- 17 Saturn's largest moon
- 18 Personal belongings
- 22 "It's pretty, but --- Art?" (Kipling)
- 23 Showing unusual talent
- 24 "60 Minutes" reporter
- 26 Tiler's mortar
- 27 Boring mix-up outside
- 29 Supermodel Schiffer
- 32 And not
- 34 Two female Oscar winners share this surname
- 35 CSI evidence
- 36 "The Bottle ---" (R L Stevenson)
- 37 Favorite
- 38 Baste

Down

- 1 Bake-sale org.
- 2 Aria singer
- 3 Sluggishness
- 4 Area drained by a river
- 5 "You --- seen nothin' yet!"
- 6 Address
- 7 Cigarette gunk
- 8 Galena, for example
- 9 Tie the knot
- 12 Mondale's 1984 running mate
- 16 Where Marat was murdered
- 17 "--- better to have loved and lost ... " (Tennyson)
- 19 Teens
- 20 "With partner" on some invitations
- 21 Fix
- 25 --- the garden (deceived)
- 26 Huge
- 28 Dreadful
- 29 Greek X
- 30 The only man-carrying Moon lander
- 31 Smartphone download
- 33 Unrefined

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9/3

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9/20

Maintenance Rodeo:

Join your local Parks & Rec cowboys as they prepare for

the annual TRAPS competition.

Mansfield cowboys will be doing one-of-a-kind "rodeo tricks" like zero turn mowing, backpack blowing, irrigation rotations and more! Cost: Free. 10:00 a.m.-noon, James McKnight Park East, 700 U.S. Hwy. 287

9/21

Girls Time Brunch:

Topical discussions for girls ages 13-18 including financial literacy, entrepreneurship, self-love and sisterhood. Cost: \$30. 10:45 a.m.-3:00 p.m., Beacon Recreation Center, 1100 Mansfield Webb Rd., Arlington. For more information, email girlstime0124@gmail.com.

9/28

Barks & Rec:

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9/29

Celebrate Hispanic Heritage Month With Our Talent Show:

This event is a wonderful opportunity for the community to come together and showcase their unique talents, whether it's through music, dance, storytelling or any other form of artistic expression. This talent show provides a platform for individuals to share their skills and traditions, fostering a deeper appreciation and understanding of Hispanic culture. Cost: \$10; registration required. 6:00-8:00 p.m., Farr Best Theater, 109 N. Main St.

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