# Midlothian NOW

SEPTEMBER 2023

## A Healing Experience

Deanna Caroon paints as therapy

## Brighten Yo<mark>ur</mark> Evenings

Enhance the safety and ambience of your yard with outdoor lighting



Postal Customer

In the Kitchen With Lena Cook

Also inside:

Scavenger Hunt

Crossword/Sudoku

Featured Business: Superstar Collision Center, LLC

## CITY OF MIDLOTHIAN PARKS & RECREATION

AUTUMR

Presented by Google

NOV. 4

Community Development

BEATS

BAILEY & THE BAD HABITS

SEPT. 23

Saturday Concert Series 7:30-9:30 pm Midlothian Community Park 3601 S. 14th St. Free admission Food for purchase Lawn seating WINDY CITY

OCT. 21

LANCEBATTALION



New Orleans style seafood cooked to perfection in a warm and casual atmosphere.

## PORCH POUR

Farm-to-fork dining, fine wines, craft beers, and handcrafted cocktails.

#### Locally owned home décor, gift shop and interior design services.



Stylish boutique featuring the latest in women's clothes, shoes & accessories.

Now Open

AVENUE G

Now Open Creating an atmosphere of wellness through beauty and aesthetics.









FoundersRowTX.com



## OHello, September

# \$79.00

Free Estimates
 Up to \$2000 Tax Credit
 Incentives up to \$3,150°
 Home Energy Audits
 Custom Ductwork Evaluation
 Precision Tune-ups

Tune-up Per System Plus the First Month Free on Monthly Memberships EXPIRES 9/30/23

Heating



PREVENTIVE MAINTENANCE TEXAS ACE CLUB MEMBERSHIPS EVERYONE Saves 15% on ALL Repairs

MIDLOTHIAN FAMILY OWNED AND OPERATED 817-240-6701 Phones answered 24 hours a day • Open 7 days a week

www.texasacehvac.com

\*on qualifying systems

- INCREASE ENERGY EFFICIENCY
- PREVENT COSTLY BREAKDOWNS
- EXTEND THE LIFE OF YOUR EQUIPMENT
- PRIORITY SERVICE







## 9/9/2023

## 9am-3pm

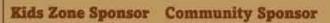
### in Downtown Midlothian

Celebrating the History and Community of Midlothian

### **Fun Family Events:**

- 11am FREE Lunch while it lasts
- 9:30am 9/11 Tribute
- Community Booths
- · Cornhole Tournament
- · Games in the Park
- Larkin Newton Cabin Tours
- · Classic Cars
- Live Entertainment
- Kid Zone
- Pony Rides & Petting Zoo
- Kiddie Train
- All-Day Shuttle Service





MIDLOTHIAN







For more information, visit: www.midlothiantxdba.com

#### September 2023 Volume 19, Issue 9

#### ON THE COVER



When life handed Deanna Caroon health issues, she responded with art.

**Photo by** Kobbi R. Blair.

Publisher, Connie Poirier General Manager, Rick Hensley

#### EDITORIAL

Managing Editor, Becky Walker Midlothian Editor, Angel Morris Office Assistant, Kristin Bato Writer, Bill Smith Editors/Proofreaders, Rachel Rich Virginia Riddle

#### GRAPHICS AND DESIGN

Creative Director, Chris McCalla Artists, Kristin Bato . Martha Macias London O'Connell . Anthony Sarmienta

#### PHOTOGRAPHY

Photography Director, Chris McCalla Photographer, Kobbi R. Blair

#### ADVERTISING

Advertising Representatives, Cherise Burnett . Dustin Dauenhauer Bryan Frye . Kelsea Locke Linda Moffett . Lori O'Connell Linda Roberson . Karen Schaefer Jeremy Young

Billing Manager, Angela Mixon

MidlothianNOW is a NOW Magazines, L.L.C. publication. Copyright © 2023. All rights reserved. *MidlothianNOW* is published monthly and individually mailed free of charge to homes and businesses in the Midlothian ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.



Midowne Wellness and Aesthetics

Feel well. Look well. Be well.

We are proud to welcome



your BEST FACE forward! % ZO° SKIN HEALTH when you book a skin FF consultation with Heather!

#### WELLNESS

Balance your hormones with Bio Identical Hormone Therapy - pellet/injectable/cream - troches

Slow the signs of aging with Peptide Therapy

Finally Lose That Weight with Medical Weight Loss - Semaglutide, Tirzepatide, Phentermine, Compounded medications.

Boost immunity and hydration with IVs

#### MWA Text Line 469-898-0065



LOCATIONS Midlothlan Clinic 529 George Hopper Suite 110 Midlothlan, Texas 76065

Waxahachie Clinic 1311 Ferris Ave Waxahachie, Texas 75165

#### AESTHETICS

Injectables Skin Resurfacing Laser Hair Removal and more!



Angel Morris *MidlothianNOW* Editor angel.morris@nowmagazines.com (972) 533-7216

## EDITOR'S NOTE

The balance of autumn ...

Although Saturday, September 23, is technically the first day of fall this year, we all know autumnal temperatures are not necessarily soon to follow. For us, it might make more sense for fall to officially begin at least a month later in the year. Fall's start, however, is not about weather, but about time. The autumn equinox is an annual moment when the sun is exactly above the equator, making day and night of equal length. Astrologically, this indicates a moment of stillness before earth changes direction. This balance of light and dark is considered the perfect time to reflect both inward and outward ... on who we are and who we want to be. (If that's giving you January vibes, consider that the autumn equinox was once, indeed, the start of the new year.)

Certain rituals have developed around the autumn season, like enjoying particular foods — apples, squash and pumpkins, nuts and cider drinks, to name a few — and spending more time outdoors, at fairs and festivals, camping and taking nature walks, where we witness the changing colors of the season. It may still be hot outside, but when autumn is calling, its traditions are not only hard to resist, they are enthusiastically welcomed.

For us, the autumn equinox may mean we are back into the routine of school with our children, we are appreciating the calm before the holiday season storm or just anticipating the return of the beloved pumpkin spice latte. If you are in a period of light, may you find time to reach out to those in the shadows. And as equal part day and night gives way to more darkness, may you still find ways to shine in this season.

Find peace in the middle!

Your Team of Experts in Real Estate









Julie McKeever Allan McKeever Broker/Owner Realtor/Builder 972-824-6017 972-824-8736

Keri Turner Realtor 214-415-2765

- Buy Homes 972-8
   Sell Homes
   Property Management
- Custom Homes Built

www.JulieMcKeever.com





## **OPEN POSITIONS:**

Machine Operator • Forklift Drivers

**BENEFITS:** 

· Anthem Blue Cross Blue Shield Insurance (Medical, Dental, and Vision)

- Parental Leave
- Up to 6% company match on 401(k) contributions
  - · Charitable matching program
    - Free lunch Fridays
      - · And more

### To apply go to: https://careers.jameshardie.com

SPECIALIZING IN Botox & Dermal Fillers



Versa Mini Lip \$300

Botox/Xeomin \$11/unit

Microneedling \$300/session

ZO Skin Health 10% off

B12 shots \$25



By Appointment Only Jen Grimes, AGACNP-BC, Owner & Injector jen@envyaesthetics.net www.envyaesthetics.net All injections given by a Certified Nurse Practitioner

Call or Text for an Appointment. 972-437-8820 • 509 S. 9th St. • Midlothian



Pablo Picasso said, "Art washes away from the soul the dust of everyday life." For Midlothian's Deanna Caroon, art therapy does just that. "I have several rare health conditions and have had so many procedures I have lost count, but through them, I found my way to art," Deanna explained.

Early in 2022, Deanna began teaching herself to paint. As her work began to accumulate, she considered taking the next step. "Friends assured me my work was that good, which was all I needed. Within a few months, I had an online store and began growing it from there," she noted.

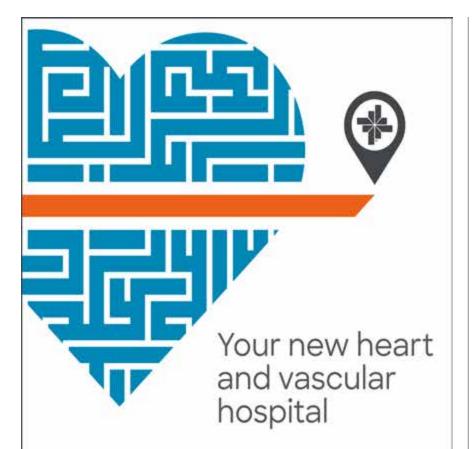
Although many doctors have labeled Deanna as "100 percent disabled for life," it doesn't stop her from creating. "I've always been interested in art! I love interior design and anything that brings beauty to a space. Before ever picking up a paintbrush I was decorating, crafting and doing art in some way," she recalled.

"My family and I have had to find a new normal with all of my health diagnoses, but it made me see the world through a different lens. I love bigger. I am more spiritual. I recognize all the beauty in nature, and, gosh, so many things."

This new perspective translates into Deanna's artwork. "I would say my current style is abstract, but I also love doing modern art expressionism. I'm restricted to being home quite a bit, so I paint things I miss, such as beautiful flowers, the beach, the mountains," she shared.

To begin a painting, Deanna locks herself in her studio and turns up music relating to her mood. "I sometimes sketch my artwork or freehand paint. Honestly, my family laughs because half of the time, whatever I sketch is totally not what my painting ends up being," she admitted. "I seriously just let my mind wander and paint. I let my imagination do the work. I dream it to be."





Better heart health in our region begins now with the opening of the new Baylor Scott & White Heart and Vascular Hospital - Waxahachie.

We created this dedicated hospital with cardiac catheterization labs just for you. Your new hospital is soon to be the area's destination for coronary and vascular care including clinical cardiology, outpatient diagnostics, and interventional cardiology procedures. It joins the expanding Baylor Scott & White - Waxahachie campus for a continuum of cardiac care from the emergency department to cardiac rehabilitation. Now, quality and convenient heart and vascular health is closer than ever.



BaylorScott & White | HEART AND VASCULAR HOSPITAL

er and Varmler Herpind - Dallar

itrig Physician Dwnership: Baylor Scott & White Heart and Yoscular Hospitel - Dalas is a hospitel in which physicians have an ownership or ment interest. The list of the physician owners or mestors is available to you opon request. Physicians provide clinical answers an member idiosi staff at one of Baylor Scott & White Health's subsidiary, community or alliated in loyees or agents of those medical pentary, 62023 Mayler South & White Health KCS-05976 8/10

Deanna prefers working with acrylics. "It's what I started with and feel most comfortable with. It's extremely forgiving and allows me to work as quickly as my brain does at times," she said. "I also do a lot of mixed media artwork, using charcoal, pencil and spray paint, but I always go back to acrylic."

It took some time for Deanna to settle into her artistic style. "When I began painting, I was seriously so timid I would be drawing circles on canvas paper and ever so lightly adding paint. I was so scared to make a mistake. My brushstrokes were so precise, as I was terrified the paint would be too heavy or too light, or the colors would not blend well or look good together," she recalled. "Now I know my brushstrokes go where they were intended to be, and that timidness is gone. I do this because I love it, and that's all that matters."

With that confidence came an appreciation of her own work. "There are times I seriously am not sure where the ideas come from. I paint on a canvas, canvas paper or whatever I can get my hands on. I paint repeatedly, and then a feeling of peace comes over me, and I know I have completed what my painting was intended to be," she expressed.



Some of Deanna's best memories are painting with her family. "It makes my heart so happy when they ask to paint with me. They know it is my favorite thing to do, and the fact that they want to take time out of their day to do that with me is all I can ask for," she said.

In addition to her children, Taylor and Jackson, Deanna credits artist Georgia O'Keeffe as inspiration. "With one of my conditions, there is a chance I can lose my vision, just like her. Many people do not know she lost her vision to macular degeneration, but she continued to do art," Deanna shared. "She taught art in West Texas for a while, and me being born in West Texas, I felt a connection to her artwork. She traveled the world and painted her journeys. I had both of my children in Italy, and have traveled to other places around the world, and felt that connection as well."



While she was born in Midland, Deanna spent some time growing up in Mexico — where she loved the culture and the food — before returning to Texas. She attended cosmetology school and worked as a hairstylist for many years. After that, she studied and worked in a few different trades until she became sick.

"I have several health procedures in my future, but I am learning to listen to my body and plan to do things my way," Deanna noted. "I used to love to garden, and I hope to get back into that when my health is just a little bit better."

In the meantime, Deanna focuses on quality time with family. "I absolutely love cooking. I know my way around a kitchen. I've been handed down many of my mom's authentic recipes," she said. "I love shopping days with my daughter, watching my son play football and dinners with extended family."

And, of course, there is much time spent creating art. "When I sit with my pencil in my hand to sketch and then paint and make something that wasn't there before, the feeling that comes over me is magical. I have never done anything more therapeutic," she stated. "I pour all my emotions into the canvas."







All Insurances Accepted
 Complimentary Local Shuttle
 Equipped & Certified for Aluminum Repairs
 for all makes & models



At Superstar Collision, we take tremendous pride in the work we do. We offer a LIFETIME WARRANTY. We will ensure that your vehicle is brought back to pre-accident condition and is repaired to your satisfaction.

"Superstar Collision is by far the best collision shop. With my truck being damaged in an ice storm, they repaired my truck, making it new again. We cannot say enough good words about Superstar and its employees. Thank you so much for everyone that had something to do with my truck! Everyone will hear of Superstar." Maryanne - April 24, 2023 Proud to be Locally Owned and Operated for Over 15 years superstarcollision.com

### HOW CAN WE HELP YOU TODAY? 972-299-6900

1260 S Hwy 67, Cedar Hill (Between Cedar Hill and Midlothian)







PERGOLAS, PATIOS, ROOFS AND MORE! STRAIGHTLINE CAN PROVIDE ALL SERVICES FOR YOUR HOME.

254-978-0076 • Kevin\_swain@hotmail.com • Facebook.com/StraightLineConsulting-LLC 1329 Meadow Ln, Midlothian, TX 76065



## BRIGHTEN YOUR EVENINGS – By Bill Smith

On the patio, around the pool, enjoying a barbecue or just watching the kids play, Texas days are extended further into the evening with the addition of any of the many outdoor lighting options. There are a lot of choices to consider, from 120-volt, hardwired flood lights, to low voltage wired systems and finally, solar powered lights.

For years, we have used wired flood lights, mounted to the corner eaves of our homes to provide light just for walking through our yards, and also for security. A wellilluminated yard may deter would-be burglars, as well as discourage destructive nocturnal pests. These lights are generally 120-volt systems and may include both sensors to only come on after natural light fades and motion sensors. On some models, the motion sensor will turn the light on from complete darkness, but often today, the lights will have a low-power mode, and the lights will come on to their fullness when a motion sensor is activated. These lights may also be set with timers. While 120-volt systems have been the norm for many years, the advent of LED lights and small solar panels may be a more cost-effective option. Small solar panels may be attached to the light with a small wire, enabling the light to be under the eave and the solar panel on the roof.

Path lighting is an option for a safe way to navigate around the yard with a minimal amount of soft to moderately bright safety and landscape light. The low-voltage systems require a wired installation with a transformer to change your 120-volt house current to a 12- to 15-volt system. About the only drawback to this system is the wiring. Wiring needs to be buried between the lights — and, of course, consideration has to be given to avoid damaging the wires when working flower beds or doing other yard work. The solar option comes into play again with path lights. The investment into quality solar-powered path lights has become very economically attractive, and the lights are available for purchase either individually or in sets. Typical installation may only require driving a metal or plastic stake into the ground and attaching the light to the stake. The solar panels are built into the top of the individual lights and power rechargeable batteries. While there are some path lights that include motion sensors, most only include the optical sensor that turns them on at dusk and off at dawn.

A popular option for patio lighting is string lights. These are typically low-voltage lights that emit a warm color that will add to the ambience of outdoor meals around the grill or firepit. The lights may be strung just about anywhere and may hang permanently from the eaves of the home around the patio, or loosely over the tables and chairs from the corner posts of an outdoor pavilion or gazebo. Again, if you are not interested in a permanently wired system, the portable, solarpowered option appeals to many and allows the string lights to be placed in different areas as your outdoor events may require. These lights are often seen illuminating personal campsites for both RV and tent campers.

Deck lights are small, often recessed lights that are installed around the perimeter of the deck surface, as well as between the individual steps of stairs and along the side railing. Deck lights provide safety against trip and fall hazards, as well as providing accent light for garden plants that surround the deck. A low-voltage system is usually a good option, and the lights are typically wired together rather than operating from a single powered source, whether it be solar or a transformer from the 120-volt system.

While all of the lights discussed up to this point have been of the floodlight variety, spotlights may also play an important role in outdoor lighting for accenting pool and garden areas. These lights are also known as "up-lighting" and shine narrower beams to highlight plants, statuary, garden ornaments and water features. These lights may typically be chosen and installed when a major landscape project is being constructed, such as a pool or new patio. However, LED lights that stand alone and may be solar powered are becoming more popular and are economical, widely available and easy for the do-it-yourself homeowner.

Sources:

l. www.bobvila.com.

2. www.familyhandyman.com.



For over 141 years, we have provided cementitious materials to construct the highways, bridges, commercial and industrial complexes, homes, and other structures fundamental to the nation's economic vitality and quality of life.

Interested in a career at Ash Grove? Apply online at **ashgrove.com/careers** 



## **Zoomed In:** Cathy Kemp

By Angel Morris

Cathy Kemp recently marked her 80th birthday with a celebration hosted by her children and their spouses, Brett and wife, Kimberly Kemp; and Troy and wife, Mara Kemp, at First Methodist Church. A Midlothian resident since 1977, Cathy is known for having taught kindergarten for 19 years, and folks remember her husband, Roger's, longtime CPA business that he opened in 1984 and ran for many years prior to his passing. "We moved to Midlothian in 1977 to raise our boys in a small town," Cathy reflected. "We have enjoyed living here and have made many lifelong friends."

## Around Town



Zach and Alexsha Vann mark their first anniversary in business at Battle Axes Indoor Axe Throwing.



T.E. Baxter Elementary second grade teacher Bethany Kisner does her best Bob Ross impersonation during a team painting activity.



Mayor Justin Coffman recognizes community leaders Aaron Cox, Brandon Reichenau, Jonathan Douglass and Kasey Cheshier as winners of the wing eating contest at the Mayor's Back-to-School Bash.

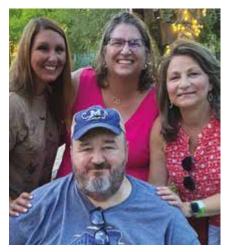


The Top 10 Students from HHS and MHS Class of 2023 unveil their images on the side of 40 MISD school buses.

## NOW



Maribeth Bartlett, of FilipinaVille Island Foods, and Jocelyne Hernandez, of Gelu Italian Ice, serve from their food trucks during a local event.



Supporters gather to raise more than \$30,000 to assist Midlothian's Tater Beard in his recovery from partial foot amputation.



Fans of the band Longshot, Marcus Sharpe and Joselynn Clark, enjoy a recent local performance by the classic rock group.



## DO YOU SUFFER FROM ....

 Leg or Ankle Swelling Leg Pain, Aching or Cramping Restless Legs
 Varicose or Spider Veins Leg Heaviness or Fatigue
 Burning or Itching Skin • Skin Changes or Rashes If you answered yes to any of the symptoms above, then you could have Venous Reflux Disease. If left untreated, Venous Reflux Disease may worsen over time and develop into a more serious form of Venous Disease called Chronic Venous Insufficiency. TEXAS VEIN EXPERTS Call for your comprehensive evaluation and ultrasound. (940) 808-0949

Office Locations: Weatherford • West Fort Worth • Plano • Denton • Waxahachie Hurst • Dallas • Frisco Medicare and commercial Insurances accepted.

## **NOW OPEN** AND TAKING NEW PATIENTS!

Bluebonnet Family Medicine Health and Wellness Clinic 206 S. Clay St. Ste. A, Ennis • 903-229-4292



Our staff has accompanied us to our new location. In addition to seeing old faces you'll be happy to see these new faces! We welcome Melissa F. Skinner MSN, APRN, FNP-C and Meagen Heronemus MSN, APRN, FNP-C to our practice.

John Arkusinski D.O. 7AM-4PM • Davey Perrin M.D. 8AM-4PM Melissa Skinner MSN, APRN, FNP-C until 9:30PM Monday - Thursday



#### WE ARE DESIGNED TO GET YOU HOME AND BACK TO YOUR PREVIOUS LEVEL OF INDEPENDENCE.

#### We Offer

- A dedicated team of specialists to guide your rehab journey including physicians, rehab nursing, therapy, wound care, in-house dialysis, and nutritional support
- Specialized care for stroke, brain injury, amputation, neurological conditions, orthopedic injuries, and generalized weakness from recent hospitalizations
- Daily attention from dedicated rehab physicians
   Customized care plans for individualized rehabilitation
- Customized care plans for individualized
- Low patient to rehab nurse ratio (6:1)
- State of the art therapy equipment with one-on-one sessions
- Home and physician office evaluations

WEIGHTER

#### 00000

"Great all-around care and support from nurses, physicians, and physical and occupational therapists. I would not be where I am today without the professional and skilled providers at Methodist Rehabilitation Hospital." - Carol P. from Midlothian

### Call TODAY for More Details 972.708.8604

3020 W. Wheatland Road Dallas, Texas 75237 • Methodist-Rehab.com

## New location. Same quality care.

We have relocated to Professional Plaza II. At our new location, you'll have access to the same insurance coverage, medical records and services from our team of board-certified surgeons.

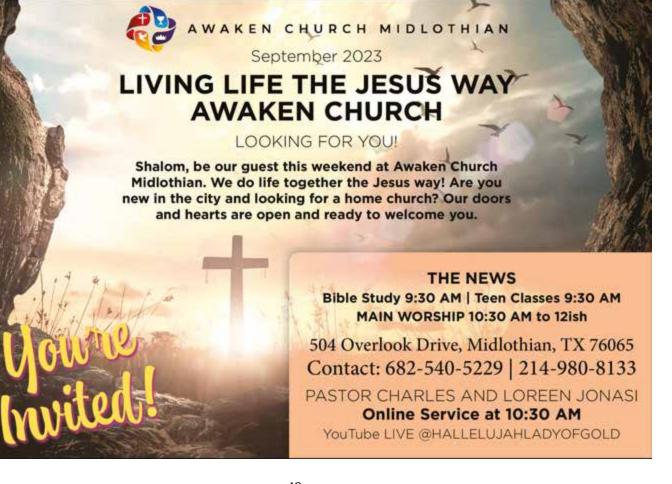


Top row: Timothy Kelly, MD; Elizabeth C. Hamilton, II, MD; Graig Olson, MD Bottom row: Nathan Ludwig, MD; Valerie Gorman, MD, FACS; Watson Roye, MD, FACS; Mazen Iskandar, MD, FACS



2360 N. Interstate 35 East, Suite 310 Waxahachie, TX 75165 WaxahachieSurgery.com 469.800.9830

Physicians are employees of HealthTexas Provider Network, a member of Baylor Scott & White Health. @2023 Baylor Scott & White Health. 59-PRAC-778311 BID





## BusinessNOW Superstar Collision Center, LLC

— By Angel Morris

#### Superstar Collision Center, LLC

1260 S. Hwy. 67 Cedar Hill, TX 75104 (972) 299-6900 www.SuperstarCollision.com Facebook: Superstar Collision Center

Hours: Monday-Friday: 7:30 a.m.-6:00 p.m. Saturday: 9:00 a.m.-noon Sunday: Closed

Darrell Babbitt, owner and operator of Superstar Collision, grew up in a family-owned paint and body shop in Dallas. His career began in the collision business in 1972. Since graduating high school, Darrell has been employed full time in the automotive/collision repair industry.



After working in management since 1987 at other highprofile collision repair companies in the Dallas/Ft. Worth Metroplex, Darrell and his wife, Karen, made the decision to start Superstar Collision Center in 2006. "Superstar Collision is a true family-owned and -operated business, including my wife, two sons, daughter-in-law and nephew. All are involved in the business in some capacity or another," Darrell said.

The average tenure of all management is 14 years. The relationship between Darrell and most of the management dates to the early '90s. One of the most significant differences between Superstar, or any family-operated business, and a corporation is that you are dealing with people who truly have a vested interest in doing things correctly and retaining the customer.

"As a family-owned business, we take tremendous pride in the work we do. We offer a lifetime warranty on repairs and will make sure that your vehicle is repaired to your satisfaction," Darrell promised.

Superstar Collision offers a wide variety of automotive services for all makes and models, not limited to collision

repair. They are aluminum certified and offer theft and/or vandalism repair, flood damage repair, towing arrangements, rental car arrangement assistance and shuttle service within the local area.

"We employ top technicians and invest in the best equipment to provide state-of-the-art collision repair. We can correct the dents and dings that may occur, but we can also take care of the major repairs that result from an unfortunate impact," Darrell noted. "And we don't stop at the car. We work with all insurance companies to ensure that your vehicle is repaired to preaccident or pre-loss condition."

### "AS A FAMILY-OWNED BUSINESS, WE TAKE TREMENDOUS PRIDE IN THE WORK WE DO."

Superstar Collision Center has been recognized by I-Car as a Gold Class Facility, meaning that the center is committed to keeping up with the tools and training necessary to repair vehicles with ever-changing materials and manufacturing processes used in vehicles being produced today.

As a consumer, the most important fact to remember is that, as the vehicle owner, you have the lawful right to choose where your vehicle is repaired. "You should be comfortable with the repair facility. Check out the outstanding reviews from our customers online before making your decision," Darrell suggested.

In keeping with Superstar Collision's pledge to be the front-runner in collision repair in the Metroplex, they offer a limited lifetime warranty on the craftsmanship and reconstruction of vehicles, plus a full one-year warranty on all replaced parts.

"It is our commitment to you that all aspects of reconstruction and refinishing meets or surpasses original specifications set forth by the manufacturer," Darrell explained, "and the structural integrity of each vehicle is brought back to precollision condition."



## Being available to you and your community is what is **important to us.**

At Goddard, we know that you pride yourself on your home and community, which is why our knowledgeable, friendly, and committed team is here to extend our hand to help build on what you have already created.

For over 17 years Goddard Management LLC has provided homeowner association management services to the DFW area. Our aim is to assist the Board without taking away the control and personal attention that only involved homeowners can give.



972-920-5474 • www.goddardtx.com





## **Residential and Commercial Pest Services** Locally Family Owned and Operated 10% OFF any One Time Service

Take advantage of our numerous, affordable services and many discounts including specials for seniors, military, single parents, and police and fire personnel.

972-795-4371 • elliscountypest.com

#### Advanced aesthetics, total care.



LIFT MEDICAL

#### TREATMENTS

- B12 Shots
- Botox
- Hylaronic Acid Fillers
- Kybella
- Laser Hair Removal
- Microneedling with PRP
- Morpheus 8
- Hair Restoration
- Sculptra
- Body Contouring
- Evolve X
- Lumecca
- Cellulite Treatment
- Intense Pulse Light





AESTHETICS

#### www.nowmagazines.com 22 MidlothianNOW September 2023











Find 5 hidden Football Helmets

in 5 different ads in this issue (not counting the one above).

Email the page numbers and specific ads where they are found, plus your phone number, by September 15th. To ensure your Scavenger Hunt answers go in the drawing, you must use the

#### Scavenger Hunt Email

scavenger.mid@nowmagazines.com

One entry per person.

Pencil Sharpeners were found on pages 2, 3, 5, 11, 33

August winner is: Liam & Max Fogarty - \$50 Cash from NOW Magazines

scavenger.mid@nowmagazines.com



Lena Cook's name lends itself to enjoying time in the kitchen. Her love of baking was fueled by folks' astonishment with her work. "I would make special cookies for my kids' birthdays to share with teachers and classmates. I heard over and over how yummy they were," Lena recalled.

The self-taught baker/decorator learned from YouTube. "When I first started, there weren't many 'cookiers' like there are now. Even after doing these for seven years, I'm still learning new tips and tricks," Lena admitted.

Through her home-based business, Lena hand decorates themed cookies with care. "Love is definitely my special ingredient!" **NOW** 

#### Yum Yum Oatmeal Cookies Makes about 4 dozen.

1/2 cup (1 stick) butter, softened
3/4 cup brown sugar
1/2 cup sugar
2 eggs
1 tsp. vanilla
1 1/2 cups all-purpose flour
1 tsp. baking soda
1 tsp. ground cinnamon
1/2 tsp. salt
3 cups oats

**I.** Heat the oven to 350 F. In a large bowl, beat the butter and both sugars on medium speed until creamy. Add the eggs and vanilla; beat well.

**2.** In a separate bowl, combine the flour, baking soda, cinnamon and salt. Add the flour mixture to the butter mixture; mix well. Add the oats; mix well.

**3.** Drop the dough by rounded tablespoonfuls onto an ungreased cookie sheet. Bake 8-10 minutes, or until light golden brown. Cool 1 minute on the cookie sheet. Remove to a wire rack.

#### White Bean and Chicken Chili

- 2 15-oz. cans white beans, rinsed and drained
- 4 cups low-sodium chicken broth
- I Tbsp. vegetable oil
- 2 whole bone-in chicken breasts (about 3 lbs.)

Salt, to taste

- Pepper, to taste
- 2 onions, chopped
- 4 cloves garlic, chopped
- 2 4-oz. cans roasted green chilies, drained
- I cup water
- 1 Tbsp. ground cumin

**I.** Place beans and broth in a slow cooker. Cover; cook on high until the beans are tender, about 2 hours.

**2.** Warm the oil in a skillet over medium to high heat. Sprinkle the chicken with salt and pepper. Place the chicken, skin side down, in the skillet; cook until brown, about 4 minutes. Turn the chicken; cook 2 more minutes. Transfer to a plate; remove and

discard the skin. Drain all but 2 Tbsp. of the fat from the skillet.

3. Add the onions and garlic; cook until softened, about 5 minutes. Add the onion mixture, chilies, water and cumin to the slow cooker: stir. Add the chicken.

4. Cook on low for 6 hours, stirring twice. Remove 1 cup of the beans and 1/2 cup of the liquid from the slow cooker. Puree in a blender; return to the slow cooker. 5. Remove the chicken. Shred and return the chicken to the slow cooker. Spoon into individual bowls and serve.

#### **Double Chocolate Mocha** Trifle

From Pampered Chef.

1 10.25-oz. box brownie mix 2 3.5-oz. pkgs. instant white chocolate

- pudding mix
- 1 3/4 cups milk
- 4 tsp. instant coffee
- 1/4 cup warm water
- 2 cups whipped topping
- 3 1.5-oz. toffee candy bars (like HEATH bars), chopped

**I.** Prepare the brownies as directed on the box; cool completely.

2. Whisk the pudding mix and milk until thickened.

**3.** Dissolve the coffee granules in the warm water; add to the pudding mixture. Mix well; fold in the whipped topping.

**4.** Cut the brownies into 1-inch cubes. Laver 1/3 of the cubed brownies into a bowl. Add 1/3 of the pudding mixture, pressing lightly. Top with 1/3 of the chopped toffee.

5. Repeat layering two more times. Chill at least 30 minutes before serving.

#### **Snickerdoodles**

Makes about 4 dozen.

Cookies: I cup softened butter 1 1/2 cups sugar 2 eggs 2 3/4 cups flour 2 tsp. cream of tarter I tsp. baking soda

Topping: 1/2 cup sugar 2 tsp. cinnamon

**1.** For the cookies: Preheat the oven to 350 F. In a large bowl, beat together the butter, sugar and eggs, mixing until light and fluffy. Add the flour, cream of tartar and baking soda. Beat again until a dough forms. 2. Using your hands or a small cookie scoop, form 1/2-inch round balls of the dough. **3.** For the topping: In a small bowl, mix



## Local & Long Distance Moving

We Are Your Moving Team For Full Service Residential And Commercial Moves. Call Us At 972-921-6515.



ELE & AUTOMOTIVE DIAGNOSTIC FEE Call for details. Mention this ad for discount. Expires 9/30/23 Engine Diagnostics and **Total Engine Repair**  Brake Repair Suspension Repair A/C Repair and Maintenance Electrical Diagnostics and Repair call us today! 2-775-1055 SCAN HERE 540 Burk Hawkins St. • Midlothian www.eletetireservice.com www.nowmagazines.com 25 MidlothianNOW September 2023





FAMILY OWNED AND OPERATED WITH OVER 30 YEARS OF EXPERIENCE

> NOW OFFERING STATE INSPECTIONS AT THIS LOCATION!

together the sugar and cinnamon. **4.** Roll each dough ball in the sugar/ cinnamon mixture; place the balls 2 inches apart on a parchment-lined cookie sheet. **5.** Bake 8-10 minutes until lightly golden and no longer doughy. Cool on a cooling rack for 5 minutes.

#### Broccoli Salad

From SugarSpunRun.com.

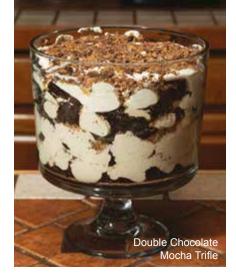
#### Salad:

- 5-6 cups broccoli florets (2-3 broccoli heads)
- I cup sharp cheese, thickly shredded (not fine)
- 2/3 cup dried cranberries
- 1/2 cup crumbled bacon
- 1/2 cup salted sunflower seeds
- 1/2 cup red onion, finely diced

#### Dressing:

- 3/4 cup mayonnaise (I prefer olive oil mayo.)
- 1/4 cup sour cream
- $1 \frac{1}{2}$  Tbsp. white wine vinegar
- 3 Tbsp. sugar
- 1/4 tsp. salt
- 1/4 tsp. pepper

**I.** For the salad: Combine all the ingredients in a large bowl.



**2.** For the dressing: In a separate small bowl, whisk together all the ingredients until well combined.

3. Pour the dressing over the salad ingredients; toss or stir well. This may be served immediately, but for the best flavor, refrigerate at least 1 hour before serving.
4. Note: Keep refrigerated if you are not consuming right away.

#### Soy Sauce Chicken

2 lbs. chicken pieces with bone in (breast, thighs or drumsticks)

## 1/2 cup water1/4 cup soy sauce1/4 cup Worcestershire sauce (or Teriyaki sauce)Garlic powder or salt, to taste

Preheat the oven to 350 F. Put the pieces of chicken into a baking pan. Mix the water, soy sauce and Worcestershire sauce in a small bowl; pour over the chicken. Sprinkle the garlic powder or salt over the chicken. (If using garlic salt, use sparingly.)
 Using your hands, coat the chicken pieces evenly with the sauce. Cover with foil; bake 1 1/2 hours, basting every 15 minutes. Serve with white rice, fried bananas or your choice of vegetables.

To search for more great recipes from any of the 9 NOW Magazines publications, visit www.nowmagazines.com.





Congratulations, Sarah Grubb, our \$50 scavenger hunt prize winner. Recently moved to the area, she really enjoys the NOW Magazine.





Commercial & Residential Construction Remodels & New Construction Free Estimates Family & Locally-Owned Based out of Midlothian, Texas









www.cogburncontractinglic.com 214-380-3283 Cogburn Contracting LLC



We are an advanced dental office with a concierge-like feel. This private practice office offers three levels of sedation for patients dealing with dental anxiety: mild, moderate and deep.



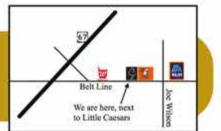
Our advanced skills allow us to provide you with most dental procedures under one roof; if you feel like you have a laundry list of dental needs, we are the office for you. In addition, 95% of patients have minimal to no discomfort during our dental injections.

- Oral surgery
- Extractions
- Alveoloplasty
- Crowns
- Bridges
- Implants
- Braces
- Invisalign

- Anterior Root canals
- Removable partial dentures
- lasty Dentures
  - Implant dentures
  - Nightguards
  - Whitening
    - Scaling and Root Planing
    - Complimentary second opinions flexbook.mc/allala

Our in-house lab gives us the ability to make dentures, partials, bridges, and crowns in days-weeks. Versus the conventional time frame of weeks-months.

theserenitydentist.com | 972-634-1434 Dr. Cristina Allala 605 E Belt Line Rd, Suite 101, Cedar Hill





Call, text, or schedule online: flexbook.me/allala

## GUIIEK-UK



### Free cleaning within (12) months of any full gutter wrap installation.

Exp. 10/31/23

All gutter services including installation, cleaning, and repair
 Servicing all of the DFW area
 (3+) years of service

Voted top 3 gutter installation company in Ellis County by homeowners



com

#### (469) 570-1447 GutterUpLLC.com

1111



Seamless Gutt

Cleaning

MMM

- Permanent light installations, residential and commercial; home, landscape, and outdoor living area light installations, as well as security lighting.
- Permanent holiday lights, as well as seasonal holiday light installation, take down, and storage.
- Just celebrated our 1 year anniversary for Light Up.

### \$300 OFF ANY PERMANENT LIGHT INSTALLATION USING CODE LIGHTSNOW Exp. 10/31/23



(469) 570-1447 Lightupdfwoffice@gmail.com



Both businesses are family-owned and operated, with owner Kevin Pruett and his father Don Pruett as part owner of both companies. Brother Bryan Pruett is the project manager of Light Up, LLC. Kevin believes in being an active supporter of the community through his companies' involvement in the Midlothian Chamber of Commerce and as a UAB board member.



# **Cultural** Con

The contrast between the Amish countryside surrounding the small borough of Mifflintown, Pennsylvania, and an hour drive southeast to Hershey is striking, but you would not want to miss either stop on a visit to this state that was one of the original 13 colonies. Pennsylvania has a lot to offer, and while many might seek the colonial sites, a tour would not be complete without finding out why it is also known as The Chocolate State.

About 24 percent of the United States Amish population resides in Pennsylvania. Mifflintown, a small community with fewer than 1,000 residents, borders the meandering Juniata River. While the area was originally settled in the 1770s, the village was not incorporated as a borough until 1933.

One of the more striking features of Mifflintown and other small communities in the area is the proximity of the homes and many retail shops to the narrow streets and roads. It seems as if one could step directly from their front stoop into the street. It is generally accepted that since the homes were built at a time when walking or horse-drawn carriage were the primary modes of transportation, there wasn't as much danger stepping out onto the road as there is today. Deliveries of coal might have been easier to make, and since these have long been agrarian economies, having a front yard was not as important as the farm property behind the homestead.

Horse-drawn carriages abound in the Amish country because the families eschew many modern conveniences that most take for granted, such as engines powered by gasoline or electricity. Expect to slow your own vehicle down to a crawl as you get behind an Amish buggy. Your delay will not be prolonged because the locals will soon politely pull along the side of the road and let you pass.

Handmade Amish furniture, quilts, toys, soaps, baked goods, leatherwork and other items are available throughout the area at local stores and markets. A 20-mile drive from Mifflintown to Belleville on most Wednesdays will place you at a large market with just about anything Amish your heart desires. Peight's Country Store is open six days a week and is filled with wonderful treasures and delicious food.

When you are ready to move back into the current century, don't miss the chance to visit Hershey. Part of the drive from Mifflintown to Hershey is adjacent to the Susquehanna River. If you look closely, you will see a small copy of the Statue of Liberty on a pedestal in the middle of the river. The people of Dauphin Township placed the current sturdier version of the statue there in 1997, after the one built as a prank several years earlier was destroyed by the wind.

Hershey is all things chocolate and is called *Hershey The Sweetest Place on Earth*© for good reason. The streetlamps are shaped like HERSHEY'S KISSES, and the history includes Milton S. Hershey building his famous chocolate company







there in 1905. Attractions include Hersheypark, Hersheypark Arena and The Hotel Hershey ... you get the idea. If it says *Hershey*, it's probably a place you want to visit.

At Hershey's Chocolate World, you will find much of the history and creativity that brings delicious chocolate products to your store, as well as fun shows and a tour that takes you from cocoa bean to wrapped candy bar. Be sure to slow down for the sample candy bar at the end of the ride.

Another "don't miss" is the opportunity to create your own candy bar. You choose the chocolate, fillings and toppings. The personalized bar moves through the automated assembly line and is presented to you to take home in a custom tin box. Your sweet tooth will thank you!

#### Sources:

 www.history.com.
 www.atlasobscura.com/places/ministatue-of-liberty-harrisburg.
 www.hersheypa.com.
 www.chocolateworld.com.





This Labor Day let's celebrate the efforts of workers everywhere, from the classroom to the factory floor to the office cubicle.



# Commercial Roofing Residential Roofing Carports Steel Buildings Farm and Ranch Structures

1

24-hour lead time for most trim orders.



WWW.metalmarts.com 972-576-0606 • 800-6777-2503 metalmart03@McElroymetal.com 7200 North IH-65 E. • Waxahachte Energy Efficient Products Heavy Duty Metal is Hail & Fire Resistant Do It Yourself Packages Available (No Welding Required)



#### **Live More With Less Pain**

#### Conditions Treated:

Nerve Pain • Back Pain Joint Pain • Cancer Pain Fibromyalgia • Headache Neck Pain • Opioid Addiction



Addicted to opioids? Take back control with our outpatient treatment protocol. Give us a call to see if you qualify.

Scan Here to Learn More 🗩 🖁





Dustin R. Leek, MD Double Board Certified Physical Medicine & Rehabilitation and Pain Medicine

### 469-290-7246 Accepting New Patients

www.eclipseclinic.com • Instagram @eclipseclinic 1006 Legacy Ranch Road, Suite 104 • Waxahachie, TX 75165

Now Offering Pre-Print Insert Services





## Adult Day Services

Specialized daytime care and activities for individuals with Alzheimer's or other dementias, enabling them to maintain a life with dignity, meaning and purpose, while remaining as independent as possible.

#### Taking New Enrollments Call today for a tour. 972.274.2484

Affordable and flexible memory care program and services, benefiting participants as well as providing families with peace of mind.

- Opportunities to stay socially connected with peers
- · More than 20 engaging activities each day
- Musical activities used to promote physical movement and listening pleasure
- Hot, appetizing meals prepared on site
- Support groups and caregiver educational programs
- Well-trained, compassionate staff provides worry-free care

www.FriendsPlaceADS.com • 1232 W. Belt Line Rd., DeSoto, TX

## TALES OF TEXAS **BEAUTIFUL ANCIENT TOOLS** – By Bill Smith



Less than an hour's drive north of Amarillo is the first of only two national monuments located in Texas. The Alibates Flint Quarries National Monument is well off the beaten path. Driving the well-maintained, two-lane road off Texas Highway 136 from Amarillo gives the feeling of being in the middle of a western movie. As you remember those "thrilling days of yesteryear," you half expect to see Clint Eastwood as Rowdy Yates appear driving a herd of cattle over the rocky terrain, or the Lone Ranger and Tonto ride by. The hills and mountains are knobby, stony outcroppings. The valleys and canyons are roughly hewn by the passing Canadian River.

This place has seen thousands of years of human history. Indigenous tribes lived here for many years, harvesting small crops from the dry, sandy soil, and the buffalo that roamed freely were a primary source of food, shelter and clothing. Though the land may not appear suitable for supporting much grazing today, there are still large herds of cattle on nearby properties.

However, the archeology of the flint quarries is significant. The area is home to more than 700 stone quarries that are said to have been mined for more than 13,000 years. The colorful stone is known as Alibates flint. The flint is actually agatized dolomite. The Indians used the material to make arrow heads, knives, hide scrapers and other tools. Tools made from Alibates flint were probably used from as long as 13,000 years ago until about 1870.

The uniqueness of the Alibates flint has to do with the colorful nature of the stone. The stone contains quartz crystals, smaller than can be seen with a microscope, but creating the flint's steel-like hardness. The variety of colors in the flint is from the other minerals found in the dolomite. The colors range from pale gray and white to pink, maroon, bright red, orange-gold and purple-blue. The colors are striped and marbled throughout the raw stone and made for beautiful tools.

Prehistoric peoples harvested the highly prized stone that was a foot or more below the surface by digging it out by hand, with sticks or with bone tools. The quarries would eventually be as much as 25 feet across, and 4 to 8 feet deep. Today, time and weather have filled most of them in, to the point that they appear as ovals with depressions in the middle. Adjacent to the depressions are the chunks and pieces of waste material that were removed to access the valuable flint.

The tools made from the flint harvested here were not only practical, but also beautiful, and they became a source of trade for the natives. Examples of the Alibates tools have been found across the Great Plains and the Southwest, as would be expected, and the flint was also traded across much of what is now the United States for Puebloan pottery, Pacific Coast seashells, Minnesota pipestone and turquoise jewelry.

History reveals that for much of the area's past, nomadic peoples would gather in the area to use the flint. Archeologists claim that even people of the Ice Age hunted with spears made from the Alibates flint, maybe even taking down the Imperial Mammoth. The Plains Indians, ancestors of the Caddo, Pawnee and Wichita, established villages made of complex rock-slab houses between A.D. 1150 and A.D. 1450.

The dwellings were mostly single-unit family homes, though other rooms were connected for other uses such as food storage. The rooms were either rectangular or semicircular, with low openings requiring one to enter on their hands and knees. Roofs were originally thought to be flat, but recent discoveries reveal that they were pitched at 7- to 9-degree angles, thatched and mortared with clay. By the end of the 15th century, severe drought and raids from other aggressive tribes drove them from the area.

Today, ranger-guided tours of the quarries are available, as is a nice museum and gift shop. The museum features hands-on exhibits of various artifacts, as well as a brief movie about the natives who mined the Alibates flint.

Sources: I. "Alibates Flint Quarries." https://www.nps.gov. 2. "Alibates Flint Quarries and Ruins." www.texasbeyondhistory.net/alibates/. 3. "NPS Geodiversity Atlas — Alibates Flint Quarries National Monument, Texas." https://www.nps.gov.

### YOUR COLLECTIBLES HEADQUARTERS!

We have several booths with collectible toys, sports memorabilia, model cars and more!



"Worth the drive" G. Crouch "Awesome scores today" H. Rogers "Absolutely love the General Store" A. Sanchez "Beautiful decor at unbelievable prices!" S. Abramowitz



knick knacks

215 W. Camp Wisdom Rd. • Duncanville 972-283-9007 • www.knickknacks.com





# **Compassion** Because we've been through it too



You don't have to march on alone. Allow us to walk with you during this difficult time.





811 S. Cockrell Hill Road, Duncanville, TX 75137 Phone: (972) 298-2334 jaynesmemorialchapel.com





- Immunizations
- Sports Physicals
- Well Physicals
- Sick Visits
- Sutures

Try Our NEW Online Check-in! PRIMARY CARE COPAYS APPLY

> Voted BEST Urgent Care in Mansfield 8 Years in a Row!

URGENT CARE NEEDS
 FAMILY MEDICINE

817-473-3979 1811 Hwy 287 N., Suite 150 (Located in the Super Target Shopping Center) Hours: Mon.-Fri. 8:30am-8:00pm Sat. 8:30am-6:00pm

WWW.MANSFIELDURGENTCARE.COM



2023

### DON'T MISS A NOTE! Season Tickets Start at Just \$50

SEPTEMBER 30 - WILD WEST RODEO Fort Worth Symphony Orchestro

024 Season

NOVEMBER 4 - CELLOBRATION Texas Cellos

DECEMBER 1 - CHRISTMAS CONCERT Fort Worth Symphony Orchestra

MARCH 2 - CLIBURN PUNIST Daniel Hsu

APRIL 13 - MOZART & BEETHOVEN Fort Worth Symphony Orchestra

MAY 11 - RAGTIME, JAZZ & SWING The Singapore Slingers



Buy tickets now at WaxahachieSymphony.org!

# **Crossword Puzzle**

1	2	3	4				5	6	7	
8	+	+	┢	9		10			1	
11	+	┢	┢	┢	12		┢	+	+	
13	$\vdash$	┢		14	$\vdash$	$\vdash$		15	1	16
2			17			t	18			
19	20	21		+		22	┢	$\uparrow$		$\square$
23	+	┢	┢	┢	24		┢			
25	+	┢		26	+	$\vdash$		27	28	29
	30	+	31		+	$\vdash$	32		+	
	33	+		+		34	$\vdash$		1	
	35	+	+				36		1	

Acr	055						
	" the torpedoes!"	27	Bathwater tester?				
	(Rear Admiral David Farragut)	30	Cede grip on assorted characters.				
5	Shock		moving ahead				
	physically	33	Chawbacon				
8	Fend off	34	Acknowledge				
10	Artistic inspirer	35	Winter				
11	Procession		depression				
	illumination	36	Biz bosses				
13	She-sheep						
14	Slender bar	Dov	vn				
15	Pinch	1	Booking				
17	Positive testimonial	2	Acknowledge frankly				
19	Humphrey's successor	3	"Honor is a scutcheon"				
22	Comes down to Earth		(Falstaff, Shakespeare,				
	Disintegrated		"Henry IV Part I")				
25	Make lace	4	Atomic safety				
26	Direct a gun		org.				

5 "A --- of Wine, a Loaf of Bread - and Thou (Omar Khayyam)

7 Impede

- 28 Upon 6 Lucy ---, 29 Causes of Scott's Bride of Lammermoor
  - 31 Condition of TV's "Monk"

24 Float at anchor

movement of

27 Periodic

the sea

personality

clashes

- 9 Something suggestive of 32 Sawbones an earlier time
- 10 Go-betweens 12 Old trick-taking game
- 16 Oral specialist 17 Absolute
- beauty
- 18 Bunch of cash 19 Statute
- 20 Mathematical
- diagrams 21 Coypu fur

Online versions and solutions available at www.nowmagazines.com. From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.

Crosswordsite.com.Ltd

A





CampuzanoMexicanFood.com

# Sudoku Puzzle

asy									 viediu							
	3							1	7			8	3			9
9		8						2		8	3		9	5	2	
		1	6		3	9	7									1
	7		9		4						9			8		
		6									2				1	
		5		3	8			9	3			4	2			
						3			2				7			
				7		8	1					2		9	3	
4			5								5	1				8

Medium

Online versions and solutions available at www.nowmagazines.com. From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.



Fasy





Amanda Krawietz, PA-C Nationally Certified Physician Assistant





## Andrew Word, MD

**Board Certified Dermatologist** 

Medical Dermatology, Skin Cancer Screening & Surgery, Cosmetic Dermatology

Dermatology Training at UT Southwestern

## **Open 5 Days Weekly**

Accepting most major insurance plans, including Medicare.

#### **Two Locations to Choose From**

Michelle Shelton, PA-C Nationally Certified Physician Assistant

220 East Hwy. 287, Suite 200, Midlothian (Kroger Shopping Center) 2460 North I-35E, Suite 285, Waxahachie (Professional Building Next to BS&W Hospital) 972-736-DERM (3376) | WWW.WORDDERMATOLOGY.COM



ONE-TIME STALLATION

# The Best Smart Lighting System

### Beat the Holiday rush! Less than 120 DAYS until Christmas!

- Permanent Installation
- Hassle & Maintenance Free
- Invisible During the Day
- Unlimited Colors
- HOA Approved
- Smart Home enabled





Call or Scan TODAY for a FREE estimate! 817.592.5100 trimlightdfw.com

PERGOLAS



OUTDOOR LIVING





※20% O

PRESEASON SALE







Some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

### 9/9

MISD Athletics Hall of Honor 5K and Fun Run: Inaugural event welcomes past inductees and the community as the Hall of Honor Community Room at the MISD Multi-Purpose Stadium is unveiled. Registration: 7:00 a.m.; Fun Run: 8:00 a.m.; 5K: 8:15 a.m., 1800 S. 14th St. Full details at www.midlothianhoh.com/.

#### Heritage Day:

Hosted by the Midlothian Downtown Business Association to celebrate the history and community of Midlothian. Free lunch while it lasts, along with drink and dessert vendors. 9:00 a.m.-3:00 p.m., downtown Midlothian. Learn more at the event's Facebook page @ 2023 Midlothian Heritage Day or @MidlothianDBA.

### 9/11-10/23

Midlothian University: Formerly Citizens Academy, this free seven-week course explains city government and services. Classes meet Monday evenings and are limited to 20 participants. Enroll at https://www.midlothian. tx.us/MidloUniv.

### 9/16

#### National Night Out Kick-Off:

Learn how your neighborhood can get involved in Midlothian's communitywide National Night Out, which takes place **October 3**. 5:30-8:00 p.m., Community Park, 3601 S. 14th St. For more information, contact Curtis.Hughes@Midlothian.tx.us.

### 9/23

#### Autumn Beats Concert: Bailey and the Bad Habits. Bring chairs and blankets for lawn seating. Food for purchase. Outside food allowed. 7:30-9:30 p.m., Midlothian Community Park, 3601 S. 14th St.

### Fourth Mondays Through November

## Creative Quilters Guild of Ellis County:

Social time, business meeting, show and tell program. Sign-in: 6:00 p.m.; meeting: 6:30 p.m., Waxahachie Bible Church, 621 N. Grand Avenue, Waxahachie. Learn more at elliscountyquilters.com.

### Second Tuesdays

#### National Active and Retired Employees: Monthly luncheon featuring guest speaker. 11:00 a.m.-1:00 p.m., at various restaurants.

Email rjcarey l@gmail.com or call (972) 775-2463 for more details.

### Wednesdays

**DivorceCare:** Group sharing for those who have gone through or are going through divorce. DivorceCare for Kids ages 5-12 meets at the same time. Care for younger children available. 6:30-8:00 p.m., First United Methodist Church Family Life Center, 800 S. 9th St. Call (972) 775-3993 for details.

### Wednesdays and Thursdays

Story Tots!: Story time for 2-year-old through pre-K children. 10:00-11:00 a.m., A.H. Meadows Library, 922 S. 9th St. Registration required: Call (469) 856-5211 or email kathy.lynch@midlothian.tx.us.

### Second and Fourth Wednesdays

Jesus Feeds Us: Free grocery distribution. 3:00 p.m. until supplies run out, Midlothian Church of Christ, 1627 N. Hwy. 67.

### Third Wednesdays

#### Lancaster Women's Connection: Welcoming all women in Ellis County to its once-a-month event. Cost is \$15, which includes lunch, a special feature and a Stonecroft Speaker. Reservations due **Thursday prior** to the monthly meeting. 11:30 a.m.-1:00 p.m., Country View Golf

Course, 240 W. Belt Line Rd., Lancaster. Contact Dee Ann Ellis at deeannellis@sbcglobal.net or (972) 921-6221.

TEMBER

### Thursdays

Midway Composite Squadron of Civil Air Patrol/ U.S. Air Force Auxiliary: Cadets ages 12-18 and Senior Members 18-plus. 6:45-9:00 p.m., Mid-Way Regional Airport, 131 Airport Dr. Visit www.gocivilairpatrol.com.

### Saturdays Through November 18

Midlothian Farmers Market: Produce, food trucks, crafts and more. 10:00 a.m.-2:00 p.m., Heritage Park, 234 N. 8th St.

### Third Saturdays

Urban Well Food Pantry: Everyone receives a large box of fresh foods while supplies last. 9:30-10:30 a.m., Creekside Church, 5491 E. Hwy. 287. Text (817) 944-0318 to volunteer.

Submissions are welcome and published as space allows. Send your current event details to angel.morris@nowmagazines.com.

## WE CAN TREAT YOUR NEUROPATHY with Scientific Principles that cause internal changes so you can get lasting relief.

# If you have the following symptoms:

- Tingling and numbing sensation on the bottom of your feet
- 💶 Shooting, electric pains
- 🖵 Muscle weakness
- Open sores or ulcers on your feet
- Swelling
- 🖵 Leg cramps
- Numbness

CONSULTATION

& EXAM

Sharp pains from your back









No Surgery or Harmful Drugs

ANY TREATMENT

WITH THIS AD

Call for details.



or email us at: completehealthmedicalcenter@gmail.com

COMPLETE HEALTH MEDICAL CENTER • 905 FERRIS AVENUE • WAXAHACHIE

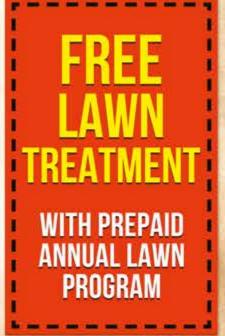
WWW.COMPLETEHEALTHMEDICALCENTER.COM



- OVER 20 YEARS OF EXPERIENCE
  NO HASSLES NO CONTRACTS
  FREE SPOT CHECKS BETWEEN TREATMENTS
- NOW IS THE TIME TO PREVENT WEEDS!



Custom-blended Fertilizers Weed Control Lawn Aeration Grassy Weed Control Tree and Shrub Care Lawn, Pest & Insect Control



OFFER EXPIRES 9/30/23

817-692-7693 www.weedsolutionsinc.com

## Whether you worked too hard or played too hard, advanced orthopedic care is here.

Whether the years or the miles have caught up to you, Methodist Midlothian Medical Center is here for all your orthopedic needs. From emergency care to aches, pains, and chronic injuries, our care team and specialists on the medical staff are ready with imaging, nonsurgical and surgical treatment options, physical therapy, and more. Providing our friends and neighbors with the patient-focused orthopedic care they depend on. That's community and why so many people **Trust Methodist**.



Find a doctor at

MethodistMidlothian.org

or call (469) 716-5094

#### Caring for a wide range of orthopedic conditions, including:

100

- Arthritis
- Ankle and foot pain
- Bone fractures
- Bone tumors
- Carpal tunnel syndrome
- Knee pain and injuries
- Hand and wrist conditions
- Hip pain and injuries
- Orthopedic trauma
- Shoulder pain and injuries
- Sports injuries

Texes law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medicist staff are independent practitioners who are not employees or agents of Methodist Medicities Medical Contex. Methodist Health System, or any of its affiliated hospitals. Methodist Health System complex with applicable faderal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or set.

# TIME TO UPDATE YOUR KITCHEN?

8-16



American Made Granite, marble & quartz fabricator for kitchen & bathroom countertops.

Extensive color selection combines beauty, function & elegance for any bathroom or kitchen!

FREE Estimates • Competitive Pricing
Up to 15-year Warranty on Some Products

2460 Hwy. 287 N. • Mansfield (Northbound service road – between Callendar Rd. & Turner-Warnell)

For more info call 817.477.8663



COME SEE OUR IN-STOCK QUARTZ SELECTIONS! OPEN TO THE PUBLIC: MON-FRI: 8AM - 5PM