

# Jobs for Today and Tomorrow

Michael Thompson is transforming employment for the community

## Why Dallas?

The State Fair of Texas took a meandering route to Big D

Also inside: Scavenger Hunt Crossword

In the Kitchen With Jackie Brown

Featured Business: Key Pharmacy









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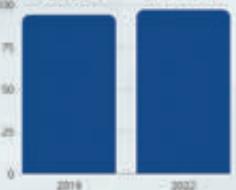
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#### ON THE COVER



Young job-seekers have a friend in Michael Thompson.

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Shane Kirkpatrick.

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Managing Editor, Becky Walker Southwest Editor, Adam Walker Office Assistant, Kristin Bato Writers, Monica Kenney Sandra Walters Editors/Proofreaders, Lisa Bell Rachel Rich . Virginia Riddle

#### **GRAPHICS AND DESIGN**

Creative Director, Chris McCalla Artists, Jerri Akers . Kristin Bato Martha Macias . Anthony Sarmienta

#### **PHOTOGRAPHY**

Photography Director, Chris McCalla Photographer, Shane Kirkpatrick

#### **ADVERTISING**

Advertising Representatives, Dustin Dauenhauer . Bryan Frye Cherise Burnett . Kelsea Locke Linda Moffett . Lori O'Connell Linda Roberson . Jeremy Young

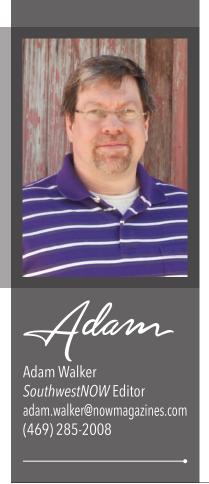
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## **EDITOR'S NOTE**

Did you know?

September 23, is the International Day of Sign Languages. Yes, that's a plural. There are hundreds of signed languages around the world. Ethnologue, the database maintained by SIL, lists 157 signed languages. The UN website, https://www.un.org/en/observances/ sign-languages-day, gives the number at "more than 300." Whatever number you accept, it's large, and totally blows the idea of sign language being "universal" to smithereens.

Deaf sign languages are not codes for spoken languages. They are vibrant complicated languages in their own rights, with their own grammars and vocabularies that can be difficult to translate into a spoken language, or another signed language. Sometimes, it take twice as long to express the same idea in English as it does in American Sign Language, and sometimes the opposite is true.

The territories of sign languages do not match up one-to-one with spoken languages or with national borders. ASL is spoken all over the United States, and it and Canadian Sign Language are virtually identical, but Canada has a few other sign languages, one in Quebec, and a nearly dead one in the Maritime provinces, oh, and one used by the Inuit. The U.S. used to have a sign language that was spoken by nearly everyone, Deaf and hearing alike, on the island of Martha's Vineyard, though it died out long ago. Taiwan Sign Language is nothing like the sign language spoken in China, even though both countries speak Mandarin and other Chinese languages. Taiwan Sign Language is much more like Japanese Sign Language, because the Japanese opened the first schools for the Deaf in Taiwan and used their language to teach.

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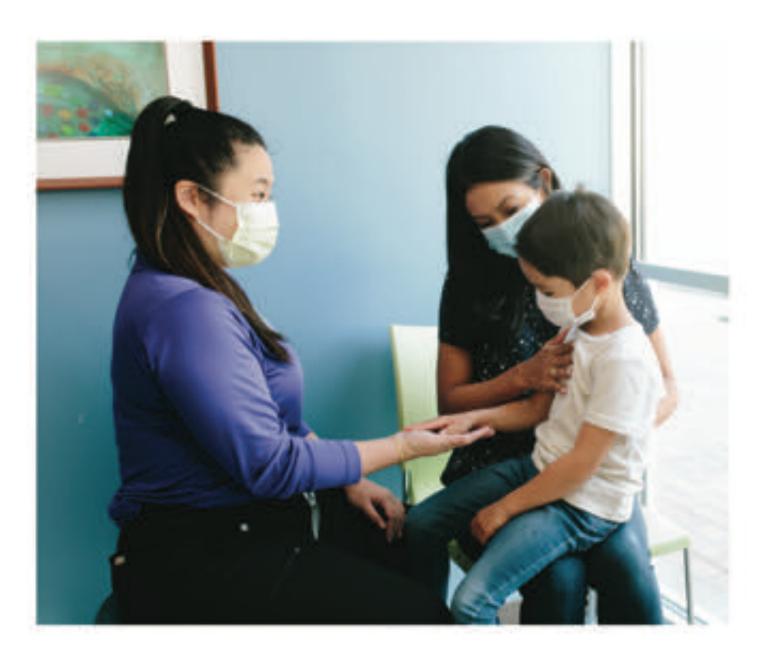


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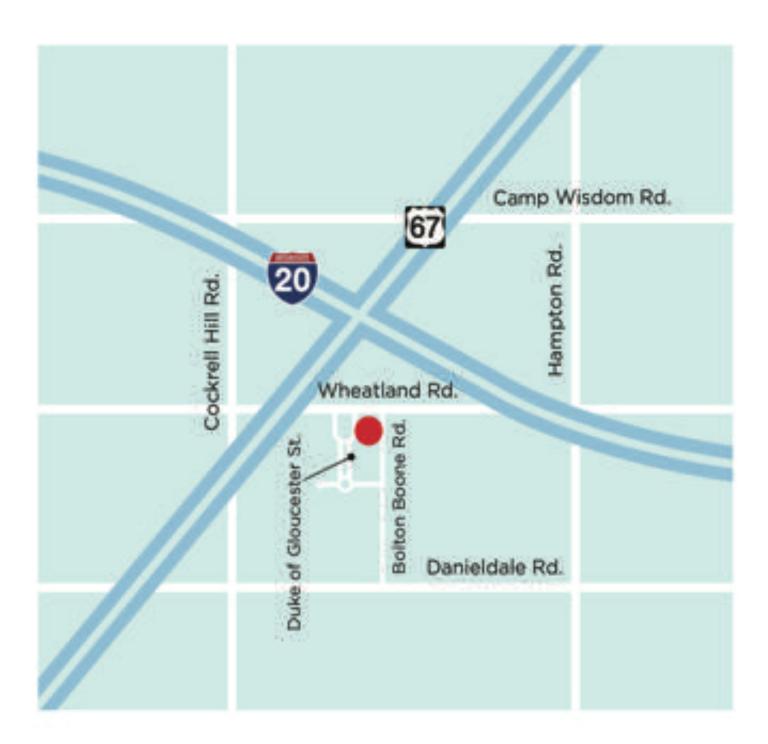


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# JOBS FOR TOMORROW

— By Adam Walker

Landing your first real job can be daunting, even without extra challenges. "Sometimes, you need a person to help you get your foot in the door," Michael Thompson expressed. "Sometimes, it really is who you know. I want to be that person." Michael is the young adult business development leader for Workforce Solutions. He's the only person at Workforce who specializes specifically in building partnerships with top employers and helping young people in the area gain employment at the kind of companies, in the kinds of positions, that can change their lives.

"I work with 16- to 24-year-olds. Some of them have extra barriers to finding good employment. Some of them have been incarcerated, have been pregnant or grew up in poverty environments. They may not have any mentors in their lives. They may not have any successful people in their lives, so they have a negative mindset about finding a good job. I want every person I have contact with to understand that there's a new door just around the corner. Steady employment can change entire families. So many young people don't understand how many job opportunities there are right now. Workforce Solutions is partnering with 113 different companies and organizations, like Parkland, FedEx, American Airlines, AT&T, Texas Instruments, Amazon, Dallas ISD, DeSoto ISD, Dallas College and Emmitt Smith's Lancaster Innovation Center.





"These companies are looking for young people to hire for executive assistants, recruiting agents, IT, human resources. And they like hiring young people, because they can train them to do things their way. Young people come with a clean slate. They hope that young hires will be with their companies for many years to come, that they'll grow with their companies. Some of them, Like Parkland, Dallas College and the Lancaster Innovation Center, offer apprentice programs."

From his office at Redbird, Michael reaches out into the surrounding communities, including all the Best Southwest cities, with a street team of young adult mentors. "We go to schools, parks, community centers, basketball courts — anywhere you find young people. Our goal is to make a difference, not just for individuals, but for whole communities. The way to end the cycle of poverty, is connecting people with good jobs."

Michael has big goals. "I pride myself on my work and true passion for impacting lives. I'm truly thankful to work with other leaders like my fraternity brother Dallas Mayor Eric Johnson, Workforce Czar Lynn McBee and many more. I would love to be mayor one day. But my goal is to impact our community by bringing all employers, nonprofits, Dallas professional sports teams, city leaders and church leaders together to bring our community upscale jobs."

Relationships are at the center of what Michael does. "When a young person comes in, I sit down with them and get to know them," he explained. "It's important to build trust. Many of these people have had trauma in their





lives. I'm not here to judge. I'm here to help. I walk through the Work Experience Program with them. We show our partner companies that we believe in these young people by paying for their first 20 weeks of employment. That way, both the company and the young person see that we're really behind them.

"A lot of people think that if you want a new job, it will take forever to find that job, but no! Because of the relationships we have with employers, the young people who come to us don't have to wait a long time for employment. The average time is one to two weeks from first contact to first day of employment," Michael said.

"A lot of people just need an opportunity. The job market has really changed since the start of the pandemic. It's a new day. Right now, there is so much opportunity. Organizations like Workforce Solutions and Workforce Dallas are trying to improve lives," Michael declared. "We're focusing on the jobs of tomorrow. This is bigger than just a job. We're trying to improve lives. Workforce is developing the keys to helping people have the finances to help their families. Poverty comes from not having a consistent income.

"We have the ability to end systemic poverty," Michael said. "If we continue to stay focused, we can do it. There's a world of opportunities. Employment is changing poverty. I know someone who really needs help will read this. I want to make sure they have no problem contacting me. Here is my direct phone number, (469) 251-2394. Let's change lives today!" NOW



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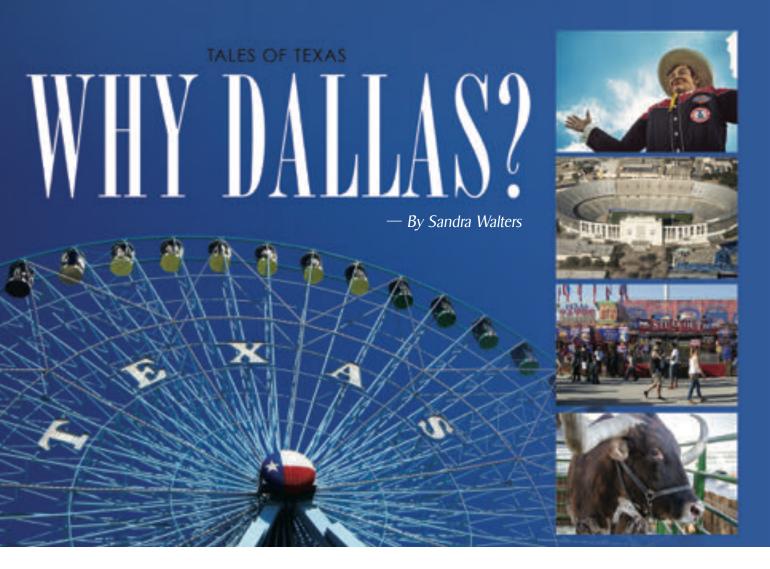
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Did you know the State Fair of Texas didn't originate in Dallas? Actually, it started in Corpus Christi in 1852 as the Lone Star Fair. At that time, there were a few small businesses and roughly 700 people living in this town. The Lone Star Fair event is thought to have primarily occurred on Corpus Christi's beach. Although it is difficult to fathom, this is how and where the tradition began.

One of Corpus Christi's founders, Colonel Henry L. Kinney, desired to share this beautiful area because he thought not many Texans knew about this location. He believed a state fair held by the town would attract people, and once they saw the paradise, they would be sold. He became the fair's manager and convinced a number of well-known citizens to participate in the project.

The Lone Star Fair advertised extensively by distributing flyers throughout the world, promising a variety of entertainment, food and contests. Appealing awards were

offered to promote competitive displays and excellent agricultural entries at the fair. Many of the ranchers, farmers and inventors from across the state showed up to the festivities with a spirit of competition ready to perform or exhibit their creations.

After the fair, there were mixed reviews from the press and significant financial losses. Since the negative outweighed the positive, Corpus Christi didn't move forward with the fair the next year. Also, decades later, a story of a man being shot in the final hours of the Lone Star Fair was revealed, shedding light on the behaviors during the celebration.

The next Texas state fair was held in Dallas seven years later, in 1859. About 2,000 participants took part. The exhibits featured items from rural life, such as farming tools, basic clothing and fresh crops. However, it ended because of financial difficulties, just like the Lone Star Fair.

The following fair wasn't held for some time, but it finally happened in Houston on the Buffalo Bayou in 1870. As a result of the event's instant success, organizers moved to a larger location north of the city two years later and developed a grandstand and racetrack. In order to transport residents from downtown to the festival's entrance. Houston constructed a streetcar line. However, as fate would have it. an economic collapse and a yellow fever epidemic in the late 1870s resulted in the cancellation of the fair.

The state fair moved from Houston to Dallas in 1886 because of the foresight of Dallas business leaders. One of them bought 80 acres in East Dallas for the fair, but other organizers preferred a location farther north. Arguments soon ensued between the businessmen, and they were unable to come to terms. On October 26, 1886, the site of the current Fair Park became the new location of William H. Gaston's Dallas State Fair. The previous day, in what is now Uptown, the competing Texas State Fair and Exposition occurred. Despite both fairs boasting good attendance, the competition resulted in neither of them being able to cover costs, so the next year, the two groups amalgamated to form the State Fair of Texas.

Today, the State Fair of Texas consistently attracts over 2 million attendees yearly. Such enthusiasm from the public has served as motivation to grow the fair's activities over the years. The fair offers opportunities to take part in football games, pig races, pee wee stampedes, pumpkin painting, walking through the livestock barns, visits to the green house, backyard circus, little hands on the farm, children's barnyard, illumination sensation, starlight parade, riding the Ferris wheel, auto shows, taking a picture with Big Tex and more. Another appealing aspect of the fair is the food. Over the years, the corn dog, smoked turkey leg and funnel cake have become the classics, whereas new creative food vendors make unique fried items each year — like fried peanut butter and jelly sandwiches, fried Coke, fried cookie dough, fried beer and fried bubblegum. This intrigues many attendees. These things keep the people attending because they desire to taste or encounter the next big thing or keep the tradition going for the next generation. NOW

#### Sources:

- 1. bigtex.com
- 2. texasmonthly.com
- 3. dmagazine.com
- 4. texasproud.com







## **Zoomed In:** Miranda Myers

By Adam Walker

Miranda Myers got some kisses from Pecan at Tri-City Animal Shelter. She's been working there for five years, and Pecan has been a guest looking for a forever home for about three weeks. "Pecan's about a year old, and she's a Boxer-Pit mix. She's just as sweet as can be, "she said.

"The best thing about working here is seeing the pets find new homes. Unfortunately, the cute ones go faster. I just want to see them all in loving families. I love animals. It's kind of a calling to be here. I feel really passionate working in this place. And I also really enjoy the family environment among the employees." Pecan snuggled her head against Miranda. She knows how to say, "Thanks," in doggie.

## **Around Town**



Carolyn Kelley from DeSoto Water Utilities is fresh as can be for '90s Days.



Zachariah Aaron celebrates his 4th birthday with his GrandC at the University of Dreams.



*Jeff Smith, owner of the McDonald's on I-20, donated \$5,000 to the B.O.S.S. Camp.* 



The Cedar Hill High School Cheer Team achieves greatness at the UCA Camp.



Dr. Jaime Kovar, Cathye Smith and Dr. Silvia Martinez take up leadership roles at DeSoto ISD.



Rasheed Khaleel and family have fun at the groundbreaking and block party for Cedar Hill's new library.



Tommy Rains, Trenten Howell, Mayor Barry Gordon and David Payen celebrate the grand opening of Buddy's Home Furnishings.



The Walker family of Cedar Hill spends some vacation time on the lake.





Urgent Health Warning:

## An Important HEALTH WARNING for Men and Women Age 55 or Older!

Do You Suffer from Pain, Burning, Numbness, or Tingling from Nerve Damage Caused by Diabetes, Infection, or ANY of the Other Conditions Listed in this Urgent Special Report?

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Tens of millions Americans have nerve damage — a condition known as "neuropathy."

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If you are diabetic, and especially if you are also age 60 or older, odds are that your nerve damage has been caused directly by your diabetes — although many younger diabetics also have nerve damage from this potentially deadly disease.

But many OTHER people with these symptoms — pain, burning, and tingling — are NOT diabetic, yet also suffer from nerve damage.



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#### **BusinessNOW**

## **Key Pharmacy**

By Adam Walker

**Key Pharmacy** 613 Uptown Blvd., Ste. 105 Cedar Hill, TX 75104 (469) 575-0034 Instagram: @keypharmacy1

Hours: Monday-Friday: 9:00 a.m.-6:00 p.m.

Key Pharmacy is a full-service pharmacy, offering specialty compounding in the heart of Cedar Hill. "We have our own clean room facility for sterile compounding, right here in the store," Owner and Pharmacist Christopher Lloyd reported. "We offer sterile compounding for medications like eye drops and inhalation treatments, and non-sterile compounding for lotions and creams." In addition to prescription medications, they offer skin care products to treat all kinds of conditions from acne to rosacea and skin lightning.

There are two pharmacists on staff at Key Pharmacy, as well as two technicians and a marketing expert. "Our customer service is really good, and our turnaround times are really quick," Christopher stated. "There's no waiting in line. Our experience is extensive. When compounding, you need to be proficient to make an elegant product that works. I've been compounding for nine years, and my wife has been doing it for 15 years. Our technicians have been doing this for seven to eight years. Compounding is making medications from scratch. It's not counting pills. You have to have a good lab with good equipment, and you have to mix everything right. We compound lidocaine creams for several local spas. We have an ointment mill to make the creams really smooth, not gritty. It not only feels better that way, it makes the product work better."

Christopher understands how important it is to take care of his customers. "A pharmacy has to build trust with their patients. We can't just fill what's on the prescription without thinking. We have to catch errors on those prescriptions to avoid wrong medication, wrong doses or drug interactions and be sure patients are getting what they really need. When people get what they need, they tell their friends. Word of mouth is our best advertising. You can't sell people snake oil and expect them to come back."

Key Pharmacy focuses on saving their customers money. "We have lower prices on some retail medications than you can get through your insurance plan. And we make things here that you can't get at a regular corner drug store or big chain pharmacy, like bioidentical hormone replacement therapy. We also provide Semaglutide, a drug that has been in the news recently. It's a real game changer for weight loss. One guy taking it lost 40 pounds in eight weeks! You'll pay \$1,600 to \$1,800 through the manufacturer, but less than \$250 here."

## "WHEN COMPOUNDING, **YOU NEED TO BE** PROFICIENT TO MAKE **AN ELEGANT PRODUCT** THAT WORKS."

Key Pharmacy offers home delivery through the postal service. "Some of our regular customers live as far away as Austin and El Paso. By delivering through the mail, we can send your medication anywhere," Christopher explained.

In addition to taking care of all their human patients, Key Pharmacy can also prepare the medications for your furry friends. Anyone who has tried to give a pill to a dog or cat knows what a challenge that can be. "We make all kinds of veterinary medications, and we can make them with flavors like chicken, liver and beef to help you get your pet to take the medication. We can even put cat medications in a gel that you put on their ears.

"If you are looking for a new pharmacy, Key Pharmacy would like to be that pharmacy," Christopher concluded. "We're here to serve you." NOW







Jackie Brown turned to cooking as part of her recovery after a stroke in 2019. "I had a stroke at the college where I worked. I was not able to return to work, so I spent a lot of days trying to figure out what to do with myself." The stroke left her with aphasia, a condition that affects the ability to communicate, scrambling the words you say and understand. "I couldn't write or speak clear sentences, and I couldn't read. But I still loved to cook. It was difficult at first. I would forget ingredients or add too much. I've gotten a lot better, cooking my favorite recipes, and I took up gardening, which is very soothing. Using the vegetables I grow, makes me happy." NOW

#### Ms. Jackie's Pepper Salad

I red bell pepper
I orange bell pepper
I yellow bell pepper
I/2 red onion
I/2 English cucumber
I handful olives
3 Tbsp. extra-virgin olive oil
Salt, to taste
Pepper, to taste

**1.** In a nice size bowl, slice each pepper into strips; then cut those strips in half. Slice the red onion thin, and then in halves. Slice the

English cucumber down the middle, and then slice small strips, keeping the skin on. Then half the cucumber strips.

**2.** Sprinkle with the olives; add the olive oil. Season with salt and pepper; toss. It's better if you eat it the same day!

## Sea Scallops With Lemon and Basil

I lb. colossal sea scallops Salt, to taste Pepper, to taste Garlic powder, to taste Onion powder, to taste Paprika, to taste (or your favorite seasoning)

- 3 tsp. flour (divided use)
- 2 Tbsp. butter
- 2 lemons, sliced
- 2 cups basil, fresh
- **I.** The scallops will usually fit in a big skillet or big saucepan. Rinse the scallops with cold water. Pat the scallops dry on both sides. Season one side with salt, pepper, garlic powder, onion powder and paprika. Coat with a dusting of flour. (You don't want to cook them in flour. You just want a little crust, so it should be a very light dusting.)
- **2.** Add butter to a heated pan; add the scallops, seasoned face down. Cook for 2 minutes or until the scallops are easy to flip.
- **3.** While the scallops are cooking, season the other side with the spices; sprinkle with a little more flour.
- **4.** Once the scallops are cooked on both sides, add the sliced lemons and a generous portion of basil; take off the heat. I like to cook this with rice or mashed potatoes. Enjoy!

#### Honey Garlic Shrimp Scampi

1 1/2 lbs. shrimp, deveined

4 Tbsp. unsalted butter (divided use) Salt, to taste

Pepper, to taste

- 3 Tbsp. soy sauce
- 4 Tbsp. honey
- 4 cloves garlic
- 1 lime, sliced
- **1.** Peel and wash the shrimp; pat dry. Add 2 Tbsp. of butter to an iron skillet. Once the butter has melted, season the shrimp lightly with salt and pepper; add the shrimp to the pan. Cook on both sides.
- **2.** Remove the shrimp from the pan. Add the soy sauce, honey, garlic and the remaining butter to the pan. Return the shrimp to the pan; coat them in the sauce.
- 3. Use the lime slices for garnish.

#### **Smothered Chicken Wings**

4 lbs. chicken wings Olive oil Salt, to taste Pepper, to taste Onion powder, to taste Paprika, to taste 2 Tbsp. flour 1/2 cup beef stock (or water)

- 1. Rinse and pat dry the chicken. Rub each wing with your favorite olive oil on both sides. Rub both sides of the chicken with the seasonings.
- 2. Place the seasoned chicken in an 8x11inch baking dish.
- **3.** For the gravy, add flour to the beef stock or water; stir to combine. Add the mixture to the bottom of the baking dish. Cover; cook on 400 F for 1 hour. Serve with mashed potatoes, corn or rice.

#### Rib-eyes With Mushrooms, **Onions and Rosemary**

2 thin rib-eye steaks Salt, to taste Pepper, to taste 2 Tbsp. olive oil 1 lb. mushrooms I large onion, chopped 3 cloves garlic, chopped 2 cups beef stock

- 4-5 sprigs rosemary
- 1. Rinse the steaks; pat them dry. Season on both sides with salt and pepper.
- 2. Add the olive oil to a hot skillet. Add the seasoned steaks to the pan; cook on both sides about 5 minutes each.



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**3.** Add the mushrooms, onions and garlic. Add the beef stock; place in the oven at 375 F, covered, for 35 minutes. Halfway through the cooking time, add the rosemary and continue cooking. Enjoy!

#### Homemade Potato Salad

1 5-lb. bag potatoes 1 small onion

I small bell pepper 2 eggs 2 cups mayonnaise I cup mustard I cup dill relish Salt, to taste

Pepper, to taste

- **1.** Peel the potatoes; cut them into small wedges.
- **2.** Dice the onions and bell pepper. Add the potatoes, onions and bell pepper, along with the two eggs to a pot. Add enough water to cover. Bring to a boil; cook until the potatoes are tender.
- **3.** Drain the potatoes, onions and bell pepper; remove the eggs.
- **4.** It's better to allow the potatoes to cool off before adding the mayonnaise, mustard and dill relish. Lightly mash the potatoes and combine.
- **5.** Peel and slice the eggs; add them and the salt and pepper to the potato mixture; stir to combine. Chill in refrigerator to desired temperature. Enjoy!



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## Compassionate Approach to Breast Health



Valerie J. Gorman, MD, FACS, is a breast surgeon who specializes in surgical oncology and surgical diseases of the breast. She is board-certified by the American Board of Surgery and serves as Chief of Surgery and Medical Director of Surgical Services at Baylor Scott & White Medical Center – Waxahachie.

Dr. Gorman performs breast surgery that includes mastectomy and lumpectomy, allowing the cancerous tissue to be removed through a single incision made in a cosmetically appealing area while preserving the natural shape of the breast and reducing any visible scarring. Dr. Gorman is dedicated to offering her patients an advanced, personalized and targeted approach to breast surgery and the treatment of breast cancer.

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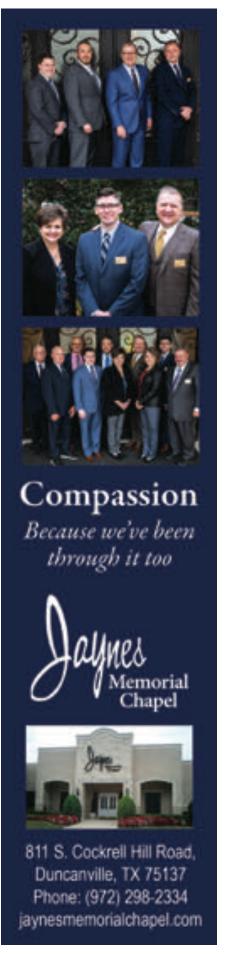
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## Get Back to a Better YOU With Regenerative Medicine Therapy

#### DO YOU SUFFER FROM?

Joint Pain? - Back Pain? - Hip Pain? Knee Pain? - Shoulder Pain? - Neck Pain?

As a leader in regenerative medicine, we have successfully treated thousands of patients suffering from chronic pain and other conditions.

Regenerative medicine has the potential to be an excellent therapy for many conditions stated in a recent U.S. Government Accountability Office (GAD) report. "Virtually any disease that results from malfunctioning, damaged or failing tissues may be potentially cured through regenerative medicine treatments."

Our network of top medical providers utilizes stem cells that are ethically and safely donated. Our advanced treatment protocols include rigorous testing and processing of the stem cells at an FDA approved biologic lab. Our providers are all trained in using either your own Platelet Rich Plasma, as well as ethical Cord Blood, Wharton's Jelly and Exosomes.

Adverse reactions are rare but include: Allergic reactions to the DMSO, flushing, drop in blood sugar levels, hives, rashes and inflammation at injection site.

## Come find out if these new treatments could IMPROVE YOUR LIFE

## **GET YOUR LIFE BACK**

Find relief with Regenerative Medicine Therapy, and unlock your body's own healing potential! Avoid surgery, prescription drugs, and anti-inflammatories.

Join us at one of our Free Educational Seminars Call 469-732-0880 to Register

Te'jun The Texas Cajun Red Oak September 20th 6:30pm September 21st 12:30pm



#### **FinanceNOW**

# Exit strategy: Succession Planning for Your Small Business

You've worked hard, made sacrifices and overcome obstacles to build the business you dreamed was possible. While you've been focusing your energy on your customers and bottom line, you may not have given as much thought to the time when you will no longer be part of your business because you retire, you become disabled or you die. But, say small business experts, neglecting to plan your own exit strategy could be a costly mistake.

Making the transition from running the business every day to handing it off to someone else takes thoughtful preparation. Succession planning — making critical decisions about how that transition happens — puts your intentions into a formal framework that takes into account legal, financial, operational, human resource and personal and family issues. Ideally, succession planning begins the day you establish your business. By creating a business structure that doesn't depend solely on you, its owner, you build a stronger, more resilient business that can continue to thrive when you hang up your hat. Beyond that first step, however, succession planning isn't an exact science. That's why you'll likely need help.

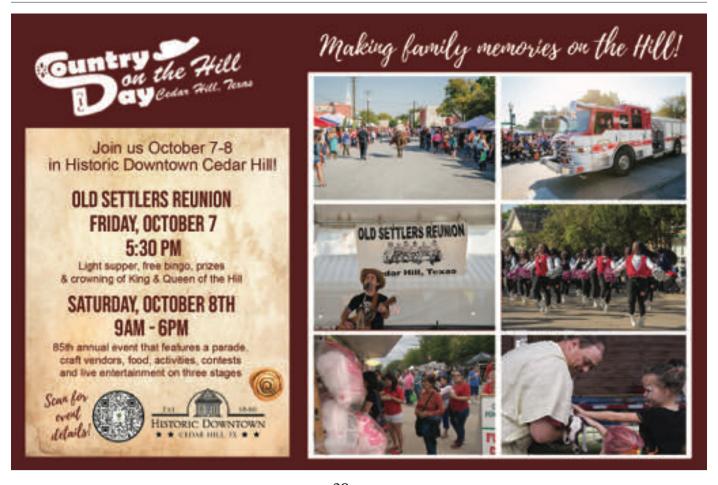
· Assemble a team of professionals to guide you. Planning

a successful exit is a large task with even larger implications for your employees; your business' assets, stability and potential; your own tax obligations; and your family. Involve your attorney, tax advisor, CPA, banker, wealth advisor, even a business evaluation expert. Each can help you explore the options open to you.

- Think through your long-term business goals. Do you want a family member, a business partner or an employee to continue the business in your place? If you have a successor in mind, is that person willing and ready to step into your shoes? Or do you need to sell the company to finance your retirement? What actions are necessary to get your business ready to sell? As you're considering your business' future, remember to include plans for your own life after work.
- Develop and document your plan, then communicate it clearly. Formalize your goals with the help of your team of professionals and put the resulting plan in writing. Then, make sure key employees and family members know about, understand and support your plan.

Investment and insurance products are not FDIC insured, are not bank guaranteed, and may lose value. Brokerage services offered through Frost Brokerage Services, Inc., Member FINRA/SIPC, and investment advisory services offered through Frost Investment Services, LLC, a registered investment adviser. Both companies are subsidiaries of Frost Bank. Additionally, insurance products are offered through Frost Insurance. Deposit and loan products are offered through Frost Bank, Member FDIC. Frost does not provide legal or tax advice. Please seek legal or tax advice from legal and/or tax professionals

Monica Kenney is senior vice president of Frost Bank in Duncanville. (214) 515-4796.







## **Crossword Puzzle**

	1	2	3	4		5	6	7	8	
9	Т	t	t	$\vdash$	۱	10		T	1	ı
11	T		t	$\vdash$	ı	12	2	H		13
14	t	1		15	16			17	1	t
			18	Н			19		1	t
20	21	22		t	t	T			+	1
23	T		t	+		t				
24		A PK		25	£.			26	27	28
29	T	T	30	Т		31	32		1	1
	33	1	T			34				1
	35	+	+	+		36		$\vdash$	+	

Crosswordsite.com Ltd

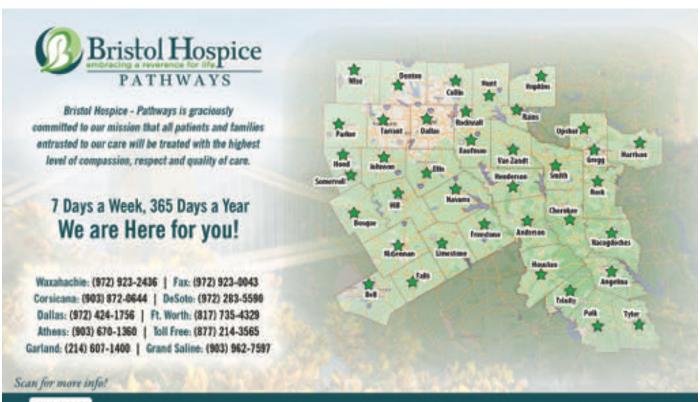
#### Across

- 1 It's good from a crow's nest
- 5 Young ceremonial attendant
- 9 Spiny desert features
- 10 Wickedness
- 11 Oscar winner Tatum ---
- 12 Celebrate noisily
- 14 Affirmative reply
- 15 You have one only when seated
- 17 Gabrielle Solis player Longoria
- 18 Called the shots
- 20 Concise explanations
- 23 --- to (concerning)
- 24 Not-for-profit TV spot
- 25 Edward Snowden's former employer
- 26 Bolt's partner
- 29 The Everlys woke her
- 31 Tantalize
- 33 Cabernets, for example
- 34 Versifier Nash
- 35 Times which include periods
- 36 Laugh loudly

#### Down

- 1 Arrow tailfeather
- 2 Cold confections
- 3 7th Greek letter
- 4 Biddability
- 5 Criminal
- 6 Madison or Lexington, in NYC
- 7 "But to --- you and to --- me, ..." (Cole Porter, "High Society")
- 8 Craps natural
- 9 Rashful
- 13 Young 'uns
- 16 Divas' solos
- 18 Croak
- 19 El --- (Charlton Heston role)
- 20 Pickpockets
- 21 Make certain
- 22 "The Mummy" star
- 26 Nothing
- 27 Employer
- 28 Maximum Scrabble tile value
- 30 First Lady McKinley
- 32 Self-esteem

Online versions and solutions available at www.nowmagazines.com. From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.





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#### PLATELET-RICH PLASMA THERAPY (PRP)

Regain Your Confidence with Hair Restoration Treatments







DERMATOLOGY ASSOCIATES OF UPTOWN (972) 283-8979 | DallasDermatology.net

610 Uptown, Suite 102, Cedar Hill, Texas 75104 Valid Sept 1 - Sept 30, 2022



#### WHY CHOOSE PRP TREATMENT FOR HAIR LOSS?

- Begin noticing improvement in as little as two to three months
- + Zero downtime
- Organic treatment using your body's own regenerative resources



## THE LOCAL TABLE

One cannot think well, love well, sleep well, if one has not dined well

Manage World





## **Need More Business?**

Advertise your restaurant here.

For information, call:

972-283-1170



Bringing the best of the community home.



## **New Patient Special Offer**

Exam, basic cleaning & X-rays. Not valid with insurance.

(A \$222 Value, Expires 9/30/22)

My whole family goes to Dr. Lopez & we love him. He's professional, personable & takes the time to listen to his patients a rare trait these days. Staff are equally professional & personable." - Barbra B.

Dr. Emilio Lopez, DDS, PC | 972.291.2591 | CedarHillDentist.com 110 E. Belt Line Rd., Suite 100, Cedar Hill, TX 75104

#### Services Offered

#### Hablamos Español

Low Radiation Digital X-Rays Nitrous Gas Sedation Intraoral Cameras:

you see what we see. Teeth Whitening

10% Senior Discount



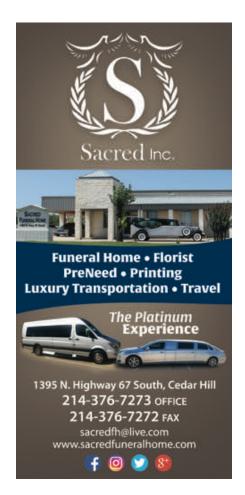
#### Most Insurance Accepted

In addition, we are prefered-providers for:

Metlife PPO Cigna PPO Guardian PPO Humana PPO Assurant PPO Aetna PPO

Delta PPO I AARP Dental United Healthcare PPO Blue Cross/Shield PPO Principal/Ameritas PPO United Concordia PPO Connection PPO







#### 9/1

## Games and Puzzles for Adults:

Love games and puzzles but don't have anyone to play them with? Find a table at the library! Free. 6:00-7:30 p.m., DeSoto Public Library, 211 E. Pleasant Run Rd.

#### 9/6

#### **Teens Can Draw:**

Local artist, Felicia Fisher, teaches still life drawing with charcoal. Free. 6:00-7:30 p.m., DeSoto Public Library, 211 E. Pleasant Run Rd.

9/8

**Campeones:** 

Enjoy this Spanish-language movie, with English subtitles, about the first Mexican soccer team to win the Youth World Cup. Free. 6:00-7:30 p.m., DeSoto Public Library, 211 E. Pleasant Run Rd.

#### 9/17

#### LatinFest:

Join us for a celebration of Latin culture. Live entertainment, food, kids' activities and a business expo. 2:00-9:00 p.m., Valley Ridge Park, 2850 Park Ridge Dr., Cedar Hill. For more information, visit cedarhilltx.com/latinfest.

#### **Latino Heritage Festival:**

Bring your lawn chairs for a night of fun, food and live music.

Free. 6:00-9:00 p.m., DeSoto Amphitheater, 211 E. Pleasant Run Rd.

## Doctor Strange and the Multiverse of Madness:

Free. 7:30 p.m., Armstrong Park amphitheater, 100 James Collins Blvd., Duncanville.

#### 9/22

#### **Local Author Spotlight:**

C. Nichole is a children's author and founder of the international nonprofit Pan-African Think Tank. Free. 10:00 a.m.-noon, DeSoto Public Library, 211 E. Pleasant Run Rd.

9/24

**TexasLatino Musica:** 

Concert, dancing, food and Selina look-alike contest. Free. 7:00 p.m., Armstrong Park amphitheater, 100 James Collins Blvd., Duncanville.

#### 9/29, 10/1-10/2 and 10/6-10/8

#### Night Must Fall:

\$15. 8:00 p.m., except 10/2 at 3:00 p.m., Duncanville Community Theatre, 106 S. Main St., Duncanville.

Submissions are welcome and published as space allows. Send your current event details to adam.walker@nowmagazines.com.

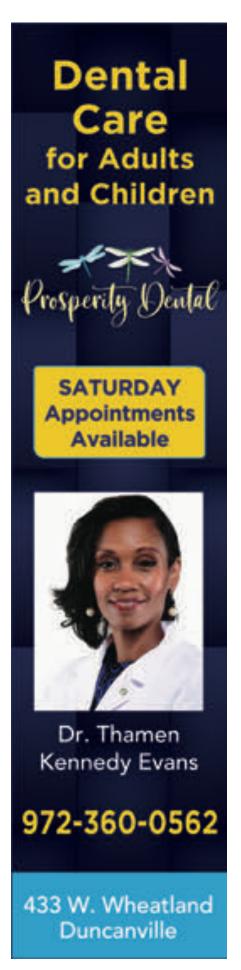






















## **UPCOMING COMMUNITY EVENTS**

















Want to help out? Simply sign up for a cleanup location and show up. It's that. easy.

All supplies will be provided for all volunteers including gloves, bags, and pickers.

Earn Community Service Hours white helping our community.

For questions or further information, contact the Parks and Recreation offices at 19721 230-9653 or email youthsports@desototexas.govSCAN OR



9AM & 11AM EVERY SUNDAY

1375 NEW CLARK RD, CEDAR HILL, TX 75104

WWW.HILLCITY.US



ENGAGING GOD TOGETHER









