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True Grit

Zabian Zuniga's
Eagle Scout project
proved he has
what it takes

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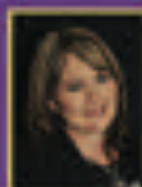
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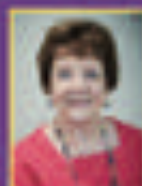
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Zabian Zuniga stands with his Eagle Scout project.

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Ennis Editor, Bill Smith
Office Assistant, Kristin Bato
Writers, Jeff Irish . Sandra Walters
Editors/Proofreaders, Lisa Bell
Rachel Rich . Virginia Riddle*

GRAPHICS AND DESIGN

*Creative Director, Chris McCalla
Artists, Jerri Akers . Kristin Bato
Martha Macias . Anthony Sarmienta*

PHOTOGRAPHY

*Photography Director, Chris McCalla
Photographer, Bill Smith*


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EDITOR'S NOTE



Bill

Bill Smith
EnnisNOW Editor
bill.smith@nowmagazines.com
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Do you have the day off?

Labor Day marks the unofficial end of summer, but the holiday officially is a day set aside to recognize working men and women. Some of the facts about who may have been the real founder of the holiday are somewhat cloudy, but it is generally agreed that the first Labor Day holiday was celebrated on September 5, 1882, in New York City. Labor unions were at the heart of establishing the holiday, and among those mentioned during the early years were the Brotherhood of Carpenters and the Central Labor Union of New York. The Central Labor Union adopted the holiday and a proposal for a committee to plan a demonstration and picnic.

There were a number of municipal ordinances recognizing the holiday over the years that followed, several states followed suit, but it was not until 1894 that President Grover Cleveland signed an act that made the first Monday in September a legal holiday in the District of Columbia and the territories. President Cleveland's action was an attempt to quell the violence related to a strike by employees of the Pullman Palace Car Company.

Labor Day was originally a holiday for workers, but marketing being what it is, the long weekend has become important for retail sales. It is ironic to note that the sales mean more than 24 percent of retail workers in the United States may actually put in a pretty long workday.

There will still be a great number of hamburgers and hot dogs grilled on Labor Day this year, and boats will surely crowd area lakes. Get out there and enjoy the holiday.

Then pack your white clothes away 'til springtime!

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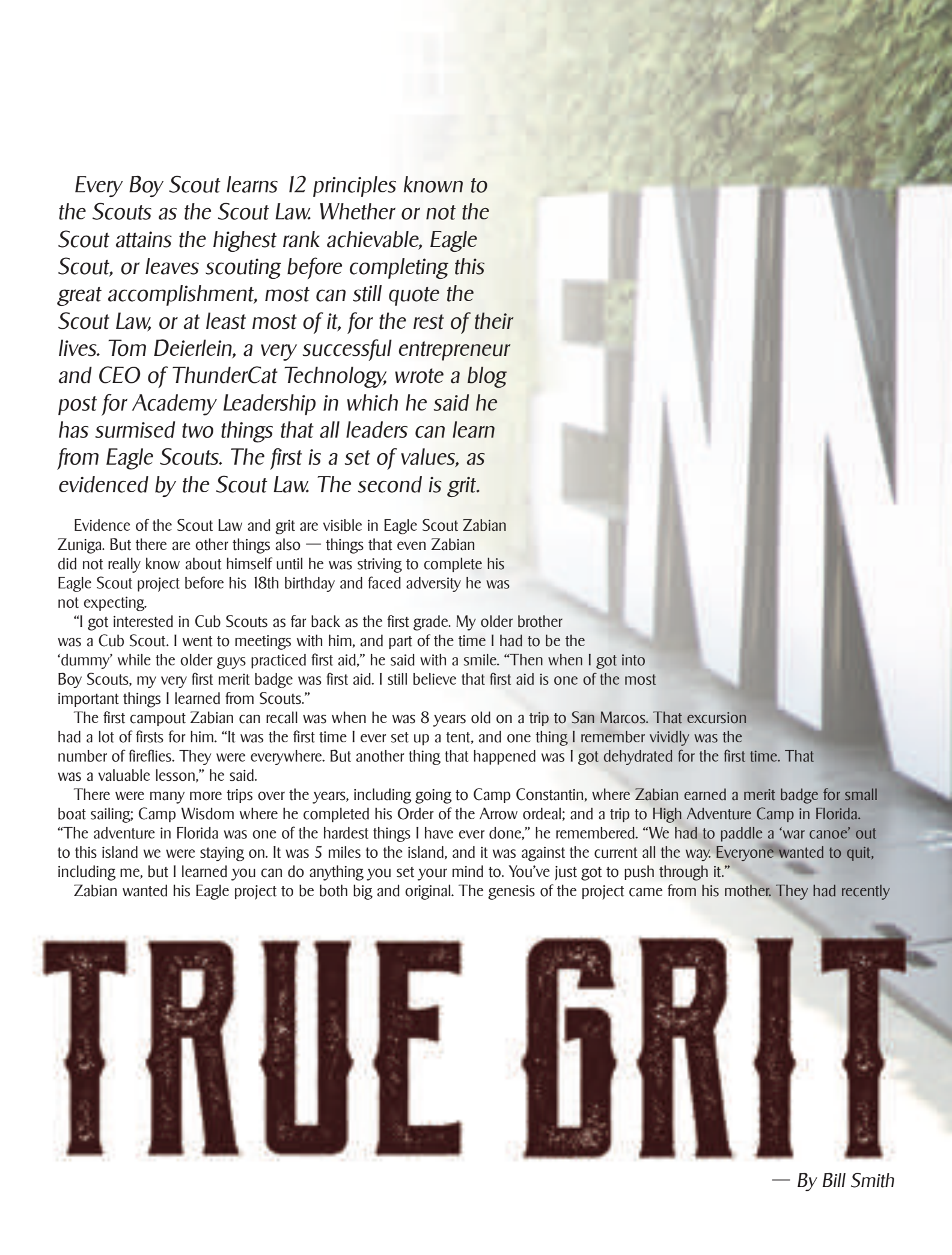
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Every Boy Scout learns 12 principles known to the Scouts as the Scout Law. Whether or not the Scout attains the highest rank achievable, Eagle Scout, or leaves scouting before completing this great accomplishment, most can still quote the Scout Law, or at least most of it, for the rest of their lives. Tom Deierlein, a very successful entrepreneur and CEO of ThunderCat Technology, wrote a blog post for Academy Leadership in which he said he has surmised two things that all leaders can learn from Eagle Scouts. The first is a set of values, as evidenced by the Scout Law. The second is grit.

Evidence of the Scout Law and grit are visible in Eagle Scout Zabian Zuniga. But there are other things also — things that even Zabian did not really know about himself until he was striving to complete his Eagle Scout project before his 18th birthday and faced adversity he was not expecting.

“I got interested in Cub Scouts as far back as the first grade. My older brother was a Cub Scout. I went to meetings with him, and part of the time I had to be the ‘dummy’ while the older guys practiced first aid,” he said with a smile. “Then when I got into Boy Scouts, my very first merit badge was first aid. I still believe that first aid is one of the most important things I learned from Scouts.”

The first campout Zabian can recall was when he was 8 years old on a trip to San Marcos. That excursion had a lot of firsts for him. “It was the first time I ever set up a tent, and one thing I remember vividly was the number of fireflies. They were everywhere. But another thing that happened was I got dehydrated for the first time. That was a valuable lesson,” he said.


There were many more trips over the years, including going to Camp Constantin, where Zabian earned a merit badge for small boat sailing; Camp Wisdom where he completed his Order of the Arrow ordeal; and a trip to High Adventure Camp in Florida. “The adventure in Florida was one of the hardest things I have ever done,” he remembered. “We had to paddle a ‘war canoe’ out to this island we were staying on. It was 5 miles to the island, and it was against the current all the way. Everyone wanted to quit, including me, but I learned you can do anything you set your mind to. You’ve just got to push through it.”

Zabian wanted his Eagle project to be both big and original. The genesis of the project came from his mother. They had recently

TRUE GRIT

— By Bill Smith





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been to Cancun, where there is a really large sign, made with individual capital letters, on the beach. The sign is highly recognizable, and tourists are drawn to it. Zabian's mother suggested that he might do something like that for Ennis. "My older brother, Zivan, is an Eagle Scout also, and there was motivation to do something bigger than he did. I think I did," he said with a wry smile. It was certainly big and original, so the next step was to get approval of the idea from the Boy Scout Circle Ten Council.

"At first, the Council did not want to approve it. That was just further motivation for me to want to get it underway. My father is a salesman and has not only pushed me through the completion of the project, but also taught me how to 'sell' the project to everyone that needed to be convinced that it was a good idea.

"The first person I approached was Mayor Angie Juenemann. She was very positive and got behind the idea immediately. She introduced me to other people in the city like City Manager Marty Nelson and Downtown Development Director Becky McCarty."

After the idea was approved, Zabian had to locate a fabricator, then begin the fundraising process. One of the requirements for becoming an Eagle Scout is that the project must be completed before the Scout's 18th birthday, which for Zabian was February 22 of this year. It was during the November Thanksgiving holidays that he put together his prospectus and began soliciting funds from potential local business donors, and one of the things he learned was that most businesses budget their donations at the beginning of the year, and by November, most of the allocations are already spent.





To further complicate things, in January, Zabian experienced a significant knee injury during an EHS soccer tournament that left him in bed for six weeks. "The injury was a torn ACL, both menisci, a torn MCL and a fractured tibia. This was when I learned something about leadership," Zabian said. "I called on some friends, and they responded awesomely! They took the proposal around to businesses and collected funds to get the project completed. The total cost of the project was over \$15,000. It looked like we were going to have to do something like reduce the size of the sign, but our fabricator, Signs Manufacturing, came through for us."

The individual letters are 5 feet tall and weigh 200-300 pounds each. They are white during the day but can change colors with the lights inside each letter at night. The sign is designed to be portable, so it could appear at various locations around town, but it has been downtown at Minnie McDowal Park since early spring, and it has been a very popular attraction. A lot of visitors and locals have posed for pictures in front of the big ENNIS letters. Over 20 local donors contributed to the sign, and Zabian is overwhelmed with gratitude when he speaks of them.

Boy Scouts is not the only thing in which Zabian has been involved during his young life. He recently graduated ninth in his class, served as president of the National Honor Society, played soccer, started men's volleyball and founded a finance club. His next step will be at The University of Texas, where he plans to study chemistry, then pursue orthodontics.

Remember that second thing we can learn from Eagle Scouts? Zabian Zuniga has grit! **NOW**

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TALES OF TEXAS

WHY DALLAS?

— By Sandra Walters



Did you know the State Fair of Texas didn't originate in Dallas? Actually, it started in Corpus Christi in 1852 as the Lone Star Fair. At that time, there were a few small businesses and roughly 700 people living in this town. The Lone Star Fair event is thought to have primarily occurred on Corpus Christi's beach. Although it is difficult to fathom, this is how and where the tradition began.

One of Corpus Christi's founders, Colonel Henry L. Kinney, desired to share this beautiful area because he thought not many Texans knew about this location. He believed a state fair held by the town would attract people, and once they saw the paradise, they would be sold. He became the fair's manager and convinced a number of well-known citizens to participate in the project.

The Lone Star Fair advertised extensively by distributing flyers throughout the world, promising a variety of entertainment, food and contests. Appealing awards were

offered to promote competitive displays and excellent agricultural entries at the fair. Many of the ranchers, farmers and inventors from across the state showed up to the festivities with a spirit of competition ready to perform or exhibit their creations.

After the fair, there were mixed reviews from the press and significant financial losses. Since the negative outweighed the positive, Corpus Christi didn't move forward with the fair the next year. Also, decades later, a story of a man being shot in the final hours of the Lone Star Fair was revealed, shedding light on the behaviors during the celebration.

The next Texas state fair was held in Dallas seven years later, in 1859. About 2,000 participants took part. The exhibits featured items from rural life, such as farming tools, basic clothing and fresh crops. However, it ended because of financial difficulties, just like the Lone Star Fair.

The following fair wasn't held for some time, but it finally happened in Houston on the Buffalo Bayou in 1870. As a result of the event's instant success, organizers moved to a larger location north of the city two years later and developed a grandstand and racetrack. In order to transport residents from downtown to the festival's entrance, Houston constructed a streetcar line. However, as fate would have it, an economic collapse and a yellow fever epidemic in the late 1870s resulted in the cancellation of the fair.

The state fair moved from Houston to Dallas in 1886 because of the foresight of Dallas business leaders. One of them bought 80 acres in East Dallas for the fair, but other organizers preferred a location farther north. Arguments soon ensued between the businessmen, and they were unable to come to terms. On October 26, 1886, the site of the current Fair Park became the new location of William H. Gaston's Dallas State Fair. The previous day, in what is now Uptown, the competing Texas State Fair and Exposition occurred. Despite both fairs boasting good attendance, the competition resulted in neither of them being able to cover costs, so the next year, the two groups amalgamated to form the State Fair of Texas.

Today, the State Fair of Texas consistently attracts over 2 million attendees yearly. Such enthusiasm from the public has served as motivation to grow the fair's activities over the years. The fair offers opportunities to take part in football games, pig races, pee wee stampedes, pumpkin painting, walking through the livestock barns, visits to the green house, backyard circus, little hands on the farm, children's barnyard, illumination sensation, starlight parade, riding the Ferris wheel, auto shows, taking a picture with Big Tex and more. Another appealing aspect of the fair is the food. Over the years, the corn dog, smoked turkey leg and funnel cake have become the classics, whereas new creative food vendors make unique fried items each year — like fried peanut butter and jelly sandwiches, fried Coke, fried cookie dough, fried beer and fried bubblegum. This intrigues many attendees. These things keep the people attending because they desire to taste or encounter the next big thing or keep the tradition going for the next generation. **NOW**

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3. dmagazine.com
4. texasproud.com



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Zoomed In: Dawn and Josh Mitchell

By Bill Smith

Dawn and Josh Mitchell have recently moved to Ennis from Virginia Beach, where Josh spent much of his U.S. Navy career as a Navy S.E.A.L. They have three children: Merrick, 13; Lillian, 11; and Reid, 6, who recently started school in Ennis.

The move was a homecoming for Dawn, as she grew up in Ennis, daughter of Hank and Angie Juenemann. She has been a resident of Austin, San Diego (where she and Josh met), Virginia Beach and a time in Germany while Josh was stationed there.

Dawn has joined Angie in her Edward Jones office. As Josh's retirement from the Navy approaches, he is in Ennis, looking forward to his DOD Skills Bridge and anticipating a new career in Ennis.



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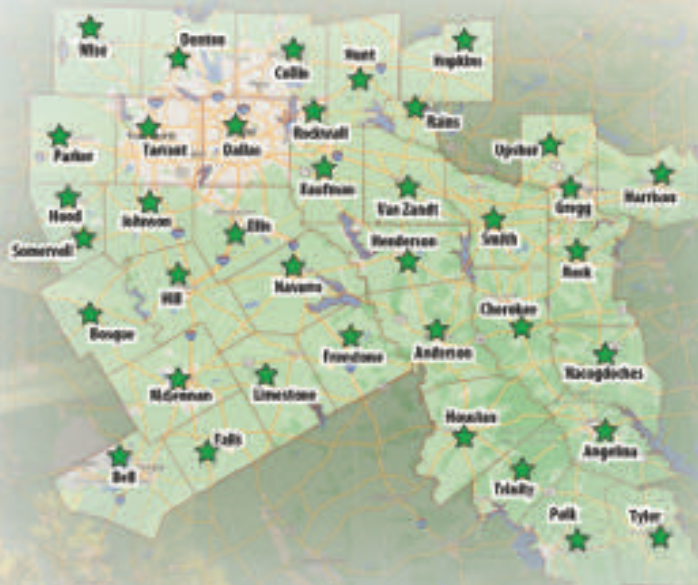
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BusinessNOW

Drs. John and Meg Sullivan

— By Bill Smith

Dr. John Sullivan, General Surgeon
Dr. Meg Sullivan, Cardiologist

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The doctor/patient relationship is important to Drs. John and Meg Sullivan, who are partners in marriage and parenting but sole practitioners in medicine. General surgery is John's specialty, while Meg is a cardiologist. They trained in major metropolitan teaching hospitals but chose a smaller city atmosphere in which to practice, so they can get to know patients and their families better while becoming part of the community themselves. "Having a good history gets things started in the right direction," Meg explained.



Meg provides outpatient stress testing, echocardiography, preoperative screening, preventative cardiology and pacemaker evaluation. She also offers advanced lipid and blood pressure management. She diagnoses peripheral vascular disease (leg and neck arteries) and coronary artery disease. "Part of practicing in a small town is knowing what can be handled locally for patient convenience," Meg said. "I am actively involved when one of my patients is having a stress test, not in my office waiting for results. Also, as director of cardiology and cardiac rehabilitation at Ennis Regional Medical Center, I'm very pleased that patients can do their rehabilitation here rather than having to drive to another town. However, when a patient needs interventional cardiology, such as a catheter for blockage, or electrophysiology for heart rhythm, I will refer to Dallas facilities that do those things."

Her credentials are impressive. A native of Baltimore, Meg chose McGill University in Montreal for her undergraduate work. A trip to visit her sister in San Antonio introduced Meg to The University of Texas Health Science Center at San Antonio,

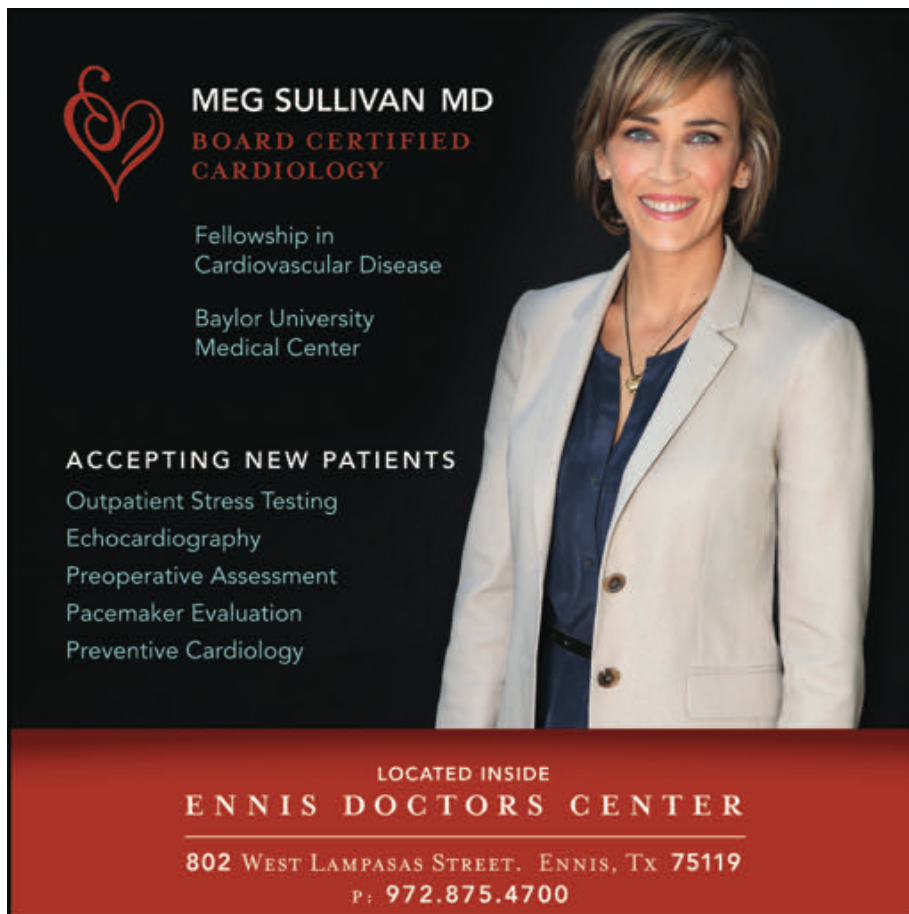
from which she graduated in 2004. She interned, performed her residency and completed her fellowship in cardiovascular disease at Baylor University Medical Center. A Fellow of the American College of Cardiology, Meg is board-certified in cardiology and internal medicine.

John treats hernias, skin cancers and “lumps and bumps.” He also performs colonoscopy, endoscopy, minimally invasive hemorrhoid procedures and laparoscopic gallbladder removal. “It’s important to establish trust first,” John said. “Patients feel more comfortable and will be more likely to follow my recommendations. I feel my patients and I are in a contractual relationship, in which I have a fiduciary responsibility.”

John graduated with his bachelor’s and medical degrees after seven years from the University of Michigan. When a department chair transferred to The University of Texas Health Science Center at San Antonio, he encouraged John to complete his residency there. Soon, John’s dream of being the only general surgeon in a small town was fulfilled with an opening in Ennis. John is a fellow of the American College of Surgeons and became board-certified in general surgery in 2006. “As the director of surgery for Ennis Regional Medical Center, I also have responsibility for recruiting orthopedic and other surgeons,” John added.

A farm boy from Illinois, John wanted their two sons to be reared in a small-town atmosphere. “We enjoy the outdoors. Jack, 15, likes to hunt, and Henry, 13, prefers fishing,” he said. John has a record of actively supporting the community and is currently involved with the Boys & Girls Club and the Ennis Economic Development Commission.

Meg concluded, “The smaller town gives us a greater opportunity for civic involvement.” Meg served on the Ennis Main Street board for five years and is now actively involved with the local parks board. “We are working with a company, developing our parks master plan. There are a lot of good things happening here. Ennis is a great place for us to practice medicine and a great place to call home.” **NOW**



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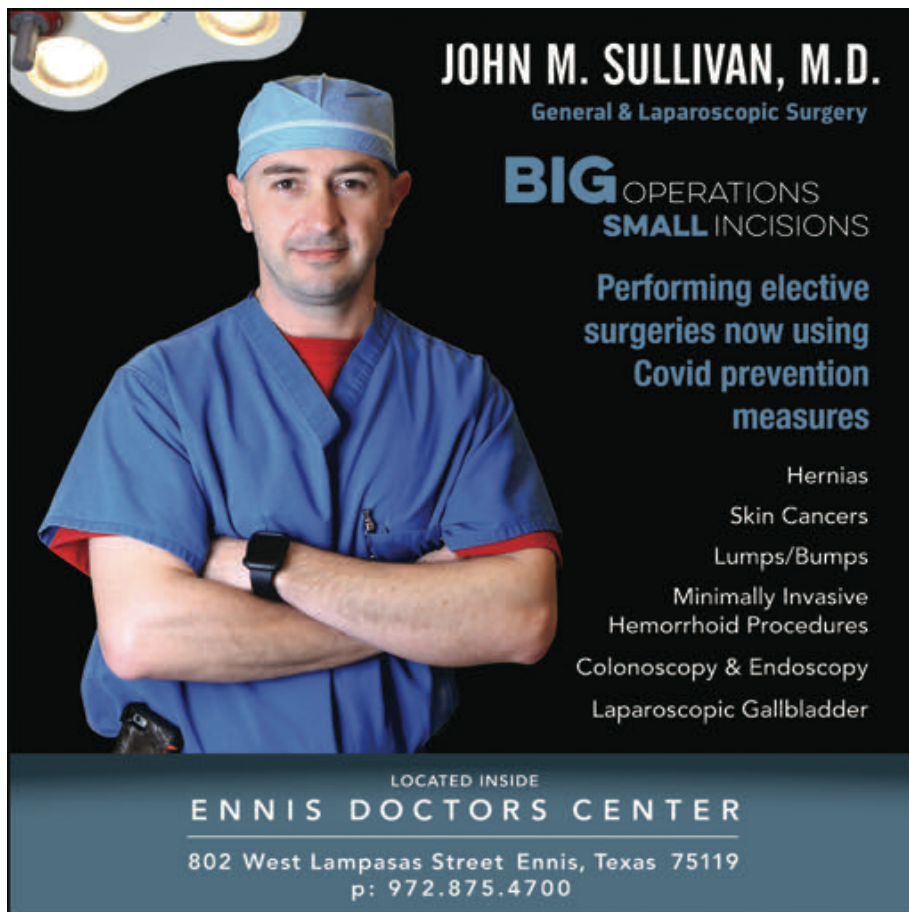
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CookingNOW

In the Kitchen With

VICTORIA GARCIA

— By Bill Smith

Victoria Garcia is a self-taught cook, but she gained quite a reputation as a great cook from her experience at The Wildflower Café. “When I was about 14 years old, my mother had me get dinner started as soon as I got home from school. When the café was open, I felt like I cooked for everyone in town, and I am looking forward to getting back to that,” she said.

“I enjoy cooking. Any type of food is interesting, and trying something new is fun. I learned a lot when I was working with Betty Glaspy, and now with Morgan Ruffin, we are doing a lot in the food truck as we wait for the restaurant to open again.” Victoria loves it when people request certain soups or pies that she has made. **NOW**

Chicken Salad

2 lbs. chicken thighs, shredded
4-5 cups chicken broth
1/2 white onion
1 cup elbow pasta
Salt, to taste (divided use)
1 1/2 cups ham, chopped
1 cup peas and carrots, frozen
1/2 cup sour cream (recommend Cacique Crema Mexicana Agria)

1/2 cup mayonnaise (recommend McCormick Mayonesa with Lime Juice)
Pepper, to taste

1. In a medium pot, cook the chicken in the broth with the onion; drain and cool.
2. In another pot, cook the pasta with salt to taste until tender; drain and cool.
3. Meanwhile, cut the ham into square pieces; thaw out the peas and carrots.
4. Once the chicken and pasta are cooked

and cooled, combine them in a large bowl. Add the ham, peas and carrots, sour cream, mayonnaise and additional salt and pepper to taste.

5. Chill in the refrigerator until ready to serve.

6. Serve with Valentina sauce or pickled jalapeños and crackers.

Shrimp and Turkey Sausage With Cabbage Skillet

4 oz. Kerrygold Salted Butter
1.5 lbs. fresh green cabbage, chopped
16 oz. raw medium shrimp, peeled and deveined
1/2 tsp. ground cumin
1/2 tsp. chili powder
1 tsp. minced garlic
1/2 tsp. pepper
1/2 tsp. salt
1 Tbsp. lime juice
Olive oil spray
13 oz. smoked turkey sausage, diced
Avocado (optional)

1. To a large pan over medium heat, add the butter. Once melted, add the chopped cabbage; cook for 20 minutes.
2. In a medium-size bowl, add the shrimp with all the seasonings and lime juice; mix well.
3. Spray a separate medium pan with the olive oil; cook the sausage until well browned. Removed from the pan.
4. Add the shrimp to the same pan; cook 3-5 minutes until pink.
5. Transfer the sausage and shrimp to the cabbage; mix all together.
6. Garnish with slices of avocado, if desired.

Greek Salad

2 cups romaine lettuce, chopped
 1/2 cup cherry tomatoes
 1/2 cup cucumber, sliced
 1/2 cup red onion, thinly sliced
 1/2 cup feta cheese
 1/2 cup Kalamata olives
 1/4 cup Greek Salad Dressing
 Pinch of salt

1. Toss all ingredients together except the salt; season with a pinch of salt.

Greek Dressing

3 1/2 cups extra-virgin olive oil
 1 1/2 cups red wine vinegar
 2 1/2 Tbsp. dried oregano
 2 1/2 Tbsp. Italian seasoning
 3 Tbsp. minced onion
 3 Tbsp. minced garlic
 1 1/2 Tbsp. ground black pepper
 3 Tbsp. salt

1. In a bowl, whisk all ingredients together. (This makes 1 liter.)

Salsa Roja

2 cups chicken broth
 5 tomatoes, halved
 3 serrano peppers
 3 garlic cloves
 1/2 white onion
 3 Tbsp. tomato paste
 Salt, to taste
 Pepper, to taste

1. In a pot, bring the chicken broth to a boil; add the tomatoes, serrano peppers, garlic and onion. Lower the heat to medium.
2. Cook 20 minutes, or until fork tender; transfer to a blender. Add the tomato paste.
3. Blend until smooth. Add salt and pepper to taste.
4. Refrigerate for 2 hours before serving.

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Creamy Avocado Salsa

1/4 cup olive oil
5 tomatillos, halved
3 serrano peppers
3 garlic cloves
1/4 white onion, chopped
1 cup chicken broth
2 whole avocados
1/2 cup fresh cilantro, chopped
1 cup sour cream (recommend Cacique Crema Mexicana Agria)
Juice of 1 lime
Salt, to taste
Pepper, to taste

1. In a small pan, heat the oil over medium heat; sauté the tomatillos, serrano peppers, garlic and onions until tender.
2. Transfer the ingredients to a blender; add the chicken broth, avocados, cilantro, sour cream and lime juice.
3. Blend until smooth; add salt and pepper to taste.
4. Refrigerate for 2 hours before serving.

Chicken Queso Soup

1 Tbsp. avocado oil
2 10-oz. cans Ro-Tel with green chilies
2 Tbsp. taco seasoning

1 lb. chicken breast
3 cups chicken broth
8 oz. cream cheese
1/2 cup heavy cream
Salt, to taste
Jalapeños and minced cilantro for serving

1. In a soup pot, heat the oil on medium heat. Stir in the Ro-Tel and taco seasoning; cook for 1 minute.
2. Add the chicken and broth; poach for 20 minutes or until the chicken reaches 160 F.

3. Remove the chicken. Shred it with a fork; set aside.
4. Stir the cream cheese and heavy cream into the soup (You can use an immersion blender.)
5. Once the cheese is melted, add the chicken and salt to taste.
6. Serve with sliced jalapeños and minced cilantro.

Chicken Salad



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Underused But Valuable

Students recently headed off to college — and parents got out their checkbooks. Without a college-bound student in your home right now, you might not have been thinking much about tuition and other higher education expenses, but if you have young children, these costs may eventually be of concern — so how should you prepare for them?

It's never too soon to start saving and investing. Unfortunately, many people think that they have a lot of "catching up" to do. In fact, nearly half of Americans say they don't feel like they're saving enough to cover future education expenses, according to a 2022 survey conducted by financial services firm Edward Jones with Morning Consult, a global research company.

Of course, it's not always easy to set aside money for college when you're already dealing with the high cost of living, and, at the same time, trying to save and invest for retirement. Still, even if you can only devote relatively modest amounts for your children's education, these contributions can add up over time. But where should you put your money?

Personal savings accounts are the top vehicle Americans are using for their education funding strategies, according to the Edward Jones/Morning Consult survey. But there are other options, one of which is a 529 plan, which may offer more attractive features, including the following:

- **Possible tax benefits** — If you invest in a 529 education savings plan, your earnings can grow federally income tax-free, provided the money is used for qualified education

expenses. (Withdrawals not used for these expenses will generally incur taxes and penalties on investment earnings.) If you invest in your own state's 529 plan, you may receive state tax benefits, too, depending on the state.

- **Flexibility in naming the beneficiary** — As the owner of the 529 plan, you can name anyone you want as the beneficiary. You can also change the beneficiary. If your eldest child foregoes college, you can name a younger sibling or another eligible relative.

- **Support for non-college programs** — Even if your children don't want to go to college, it doesn't mean they're uninterested in any type of postsecondary education or training. And a 529 plan can pay for qualified expenses at trade or vocational schools, including apprenticeship programs registered with the U.S. Department of Labor.

- **Payment of student loans** — A 529 plan can help pay off federal or private student loans, within limits.

Keep in mind that state-by-state tax treatment varies for different uses of 529 plans, so you'll want to consult with your tax professional before putting a plan in place.

Despite these and other benefits, 529 plans are greatly under-utilized. Only about 40 percent of Americans even recognize the 529 plan as an education savings tool, and only 13 percent are actually using it, again according to the Edward Jones/Morning Consult study.

But as the cost of college and other postsecondary programs continues to rise, it will become even more important for parents to find effective ways to save for their children's future education expenses. So, consider how a 529 plan can help you and your family. And the sooner you get started, the better. **NOW**

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Boardwalk AND Beyond

There's nothing better than making memories with family. But finding a vacation destination that fits everyone's interests can be a real challenge. Instead of settling on a single amusement park or destination, why not explore an entire city? Whether you're planning for adults, teenagers, young kids or all the above, Kemah has all the good stuff to keep everyone entertained.

Explore the Iconic Boardwalk

Since 1997, Kemah Boardwalk has been a must-see destination for food and fun along the Texas coast. Parents love the family-friendly restaurants that satisfy even the pickiest of eaters. And, of course, kids of all ages love the rides.

For younger visitors and those seeking a more relaxed experience, we recommend the Ferris wheel, carousel and train ride. Have thrill seekers in your family? Then roller coasters like the Flare and Boardwalk Bullet are right up your alley. If you've got a need for speed, strap in for the Boardwalk Beast speedboat ride.

A Great Escape

Sure, it's great to relax on vacation. But some minds (and bodies) just don't slow down — and this is the perfect way to burn some energy!

For kids 10 and over, pump up the problem-solving at Escape Kemah. Can you put together all the clues to escape the room in 60 minutes or less? Find out in one of four escape rooms filled with clues and mind-bending puzzles.

Go Beyond the Boardwalk

While you're in Kemah, be sure to visit the many locally owned businesses, located in the lower-key Lighthouse District. You'll find one-of-a-kind clothing boutiques, small bars and restaurants, art galleries, nature trails and so much more. Visitors will love the charm and the old-school beach-town vibe that this unique part of Kemah provides.

Calling All Space Explorers

Space Center Houston is one small trip from Kemah — but one giant leap for your vacation experience. Here, you can get an inside look at the exciting history of NASA Johnson Space Center. But it's not all looking backward. This is the home of an active training base and working mission control center. With tours, exhibits and even live presentations, you'll find plenty of ways to bring the past, present and future of space exploration down to earth for your little astronauts-in-training.

And a final family favorite can be found in the immersive, educational wonder of the Stingray Reef & Rainforest Exhibit.

Learning on the Go

Wait — learning? On a vacation? That's right, and it doesn't have to be boring with Kemah's surprising range of nearby museums. All aboard for the Dickinson Railroad Museum, where participants can see the inner workings of a historic railroad station. And if you've got your head in the clouds, you're in luck! The Lone Star Flight Museum features classic aircrafts that visitors can see up close and in person — and you can even schedule a flight! **NOW**

*By Ross C. Hoyt
Account Strategist MDR Advertising*

Editor's Note: For more information, visit www.discoverkemah.com.

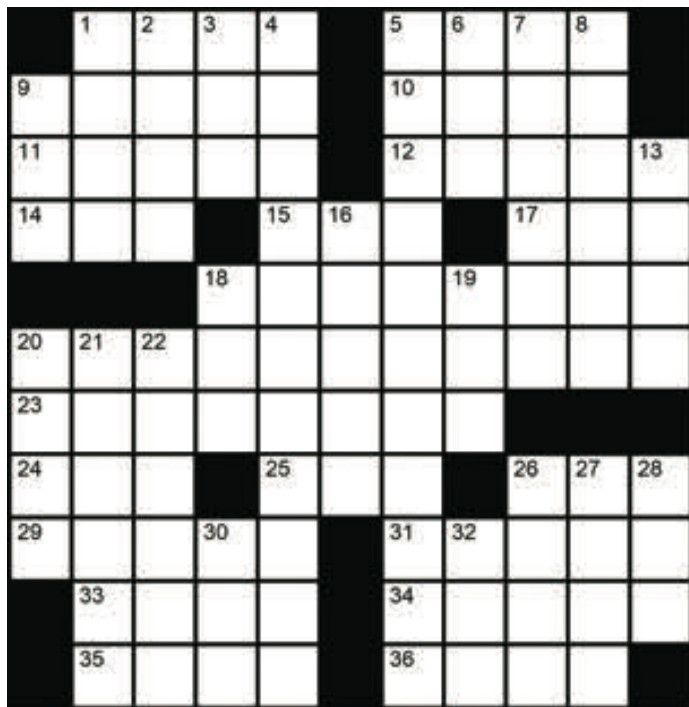


Image courtesy of Space Center Houston.



Image courtesy of Armand Bayou Nature Trail.

Crossword Puzzle



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Across

- 1 It's good from a crow's nest
- 5 Young ceremonial attendant
- 9 Spiny desert features
- 10 Wickedness
- 11 Oscar winner Tatum ---
- 12 Celebrate noisily
- 14 Affirmative reply
- 15 You have one only when seated
- 17 Gabrielle Solis player Longoria
- 18 Called the shots
- 20 Concise explanations
- 23 --- to (concerning)
- 24 Not-for-profit TV spot
- 25 Edward Snowden's former employer
- 26 Bolt's partner
- 29 The Everlys woke her
- 31 Tantalize
- 33 Cabernets, for example
- 34 Versifier Nash
- 35 Times which include periods
- 36 Laugh loudly

Down

- 1 Arrow tailfeather
- 2 Cold confections
- 3 7th Greek letter
- 4 Biddability
- 5 Criminal
- 6 Madison or Lexington, in NYC
- 7 "But to --- you and to --- me, ..." (Cole Porter, "High Society")
- 8 Craps natural
- 9 Bashful
- 13 Young 'uns
- 16 Divas' solos
- 18 Croak
- 19 El --- (Charlton Heston role)
- 20 Pickpockets
- 21 Make certain
- 22 "The Mummy" star
- 26 Nothing
- 27 Employer
- 28 Maximum Scrabble tile value
- 30 First Lady McKinley
- 32 Self-esteem

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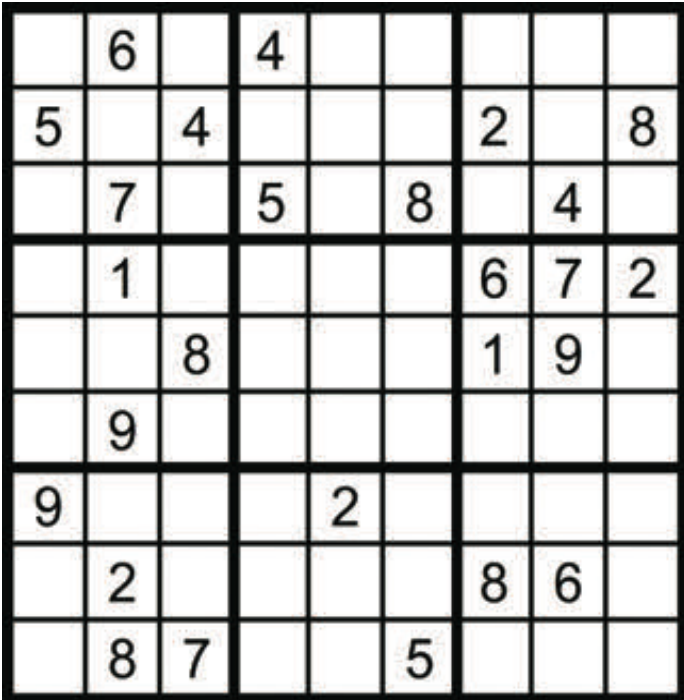
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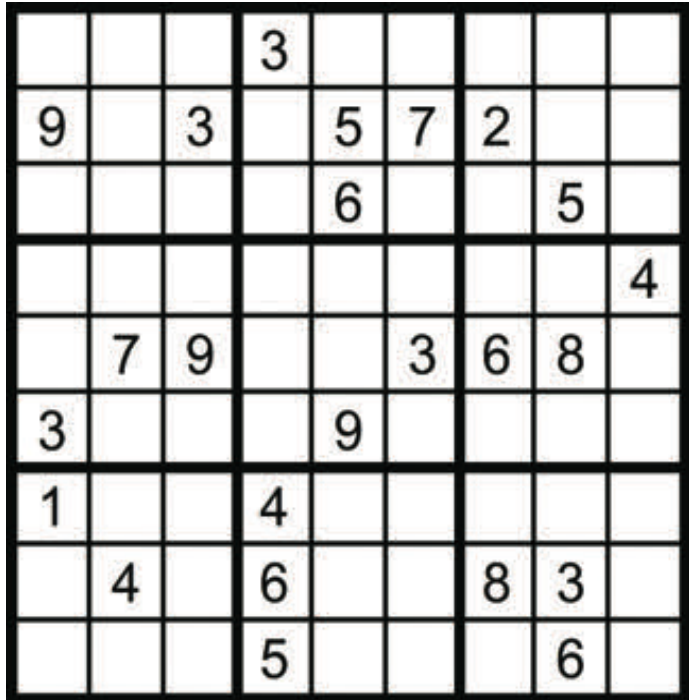
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Sudoku Puzzle

Easy



Medium



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9/9-9/10

Ennis Chamber of Commerce Patriot Day BBQ Bash:

Sign up and support the inaugural Patriot Day BBQ Bash honoring the men and women who continue to serve our community as first responders to our emergency needs! We are looking for cooking teams and sponsors for this Outlaw BBQ Association-sanctioned event and be sure to inquire about special pricing as we endeavor to "Never Forget" those who give so much to ensure our safety. Downtown Ennis. For more information and to register visit www.ennis-chamber.com. If you have questions or need additional information, please contact Geoffrey Williams at gwilliams@ennis-chamber.com or Jennifer Wilson at jennifer@ennis-chamber.com or (972) 878-2625.

9/10

Harvest Moon at Kachina Prairie:

The Indian Trail Master Naturalists, in partnership with the Texas Land Conservancy, host an evening event featuring David Smith, our favorite Cowboy Poet. 6:00-10:00 p.m., Kachina Prairie Park, 1816 W. Baldrige St.

9/15

Friends of Ennis Regional

Medical Center Meeting:

\$15 annual membership. Tabernacle Baptist Church Family Life Center, 1200 Country Club Road. For more information, contact Haley Burnett at (469) 256-2167.

9/17

Runnin' Free Ranch Fall Gala:

This is the 5th annual benefit for Runnin' Free Ranch, a nonprofit serving veterans, at-risk youth and children with special needs through equine therapy. \$25 per ticket includes brisket meal, tea, dessert and one adult beverage. Live music, live and silent auctions. Telico Gin, 948 Kirkpatrick Road. Contact info@runninfreeranch.org or call Amy Dojahn at (214) 399-4270.

9/22

30th Annual Taste of Ennis Fundraiser:

Benefits Helping Hands. \$10. 6:00 p.m., Tabernacle Family Life Center, 1200 Country Club Road. For more information, contact Helping Hands, hhe.kmccrady@att.net or (972) 875-0218.

9/24

Telico Volunteer Fire

Department Annual Fundraiser Drawing:

15 great prizes to be given away. \$3 each ticket or two for \$5. 1:00 p.m. Contact Mary Ann Trojacek at (972) 875-6655 or any TVFD member.

9/29

Chamber of Commerce Business After Hours:

Join us for "Building Blocks for Business." 4:30-7:00 p.m., Daiquiris at the Palace, 901 West Ennis Avenue. For more information, contact Jennifer at the Chamber at jennifer@ennis-chamber.com or (972) 878-2625.

9/30

Seniors Prom:

Presented by the Ennis Golden Circle. Come enjoy a fabulous '50s evening. 6:00-9:00 p.m., VFW Post 7106, 2100 IH-45N. For more information, contact the Golden Circle at (972) 875-6101.

10/1

Breast Cancer Awareness Foundation of Ellis County Fundraiser:

This is a drive-through event. There will be gifts for each donation as long as they last.

9:00 a.m.-1:00 p.m., Burger King, 101 North Kaufman Street.

Night Lights Sky Lantern Festival:

A completely new and reimagined sky lantern experience. Join thousands of your friends, family and neighbors for a truly once-in-a-lifetime memory. Follow the link at www.texasmotorplex.com for tickets and more information. Texas Motorplex, 7500 W. Hwy. 287. (972) 878-2641.

Mondays

Men's Brown Bag Bible Study:

Bring your Bible and a sack lunch and join other men of the community for a brief time of Bible study during the noon hour. Noon-1:00 p.m., Baylor Baptist Church, 210 N. Preston St. Use the Knox Street entrance. (972) 875-2521.

Saturdays

Ennis Bluebonnet Market:

Our farmer's market includes fresh produce, baked goods, crafts and other activities. 8:00 a.m.-noon, North Dallas Street. For more information, contact the Ennis Welcome Center at (972) 878-4747.

Submissions are welcome and published as space allows. Send your current event details to bill.smith@nowmagazines.com.

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***Urgent
Health
Warning:***

An Important HEALTH WARNING for Men and Women Age 55 or Older!

**Do You Suffer from *Pain, Burning, Numbness,
or Tingling* from Nerve Damage Caused by
Diabetes, Infection, or ANY of the Other
Conditions Listed in this Urgent Special Report?**

*If so, now you can virtually end your discomfort,
protect your health, and help you live a more active life.*

Dear Suffering Friend:

Tens of millions Americans have nerve damage — a condition known as "neuropathy."

The most common symptoms of nerve damage are pain, burning, tingling, and loss of feeling in your feet, legs, and fingers — with the pain ranging from mild to almost unbearable.

If you are diabetic, and especially if you are also age 60 or older, odds are that your nerve damage has been caused directly by your diabetes — although many younger diabetics also have nerve damage from this potentially deadly disease.

But many OTHER people with these symptoms — pain, burning, and tingling — are NOT diabetic, yet also suffer from nerve damage.

According to the Mayo Clinic, the many diseases and conditions that can destroy the nerves in your extremities and limbs include:

- | | | |
|------------------------|--|------------------|
| ✓ Alcoholism | ✓ Repetitive motions such as typing | ✓ Chemotherapy |
| ✓ Autoimmune diseases | ✓ Bone marrow disorders | ✓ Tumors |
| ✓ Vitamin deficiencies | ✓ Certain prescription medications | ✓ Infections |
| ✓ Liver disease | ✓ Falls, sports injuries, and other trauma | ✓ Kidney disease |
| ✓ Underactive thyroid | ✓ Wearing a cast or using crutches | |



***New hope — and better health —
for men and women with nerve damage ...***

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Vendors will be set up.

SUGAR RIDGE WINERY

FOR MORE INFORMATION, PLEASE CONTACT CHRISTAL
AT 972-841-8194 OR CHRISTAL@SUGARRIDGEWINERY.COM

FOR ALL OTHER EVENTS, PLEASE CHECK OUR WEBSITE AND FACEBOOK PAGES.

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