

BurlesonNOW

M A G A Z I N E

SEPTEMBER 2022

Common Threads

Families that quilt together don't always match styles

Why Dallas?

The State Fair of Texas took a meandering route to Big D

In the Kitchen With
Erin Glazener

Also inside:

Scavenger Hunt

Crossword/Sudoku

Featured Business:
Torque Grill & Cantina

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Dr. Peter Sutton, DMD, MSD

Dr. Sutton graduated #1 in his class from University of Kentucky and completed his orthodontic residency at one of the top programs in the country, University of Texas Health Science Center. Dr. Sutton has been practicing orthodontics in Texas for 7 years. Dr. Sutton wants orthodontics to be fun and engaging for his patients. He is skilled in many different treatment options from metal braces, clear braces to Invisalign Clear Aligners. His ultimate goal is to get each patient a great result and have fun during the process.



Dr. Kelsey Greene, DDS

Dr. Kelsey Greene, DDS completed her undergraduate degree in biochemistry with a minor in biology at Roanoke College. She graduated from VCU School of Dentistry in 2018 and went on to do additional training in general dentistry at the Washington DC Veterans Affairs Hospital. Dr. Greene enjoys practicing all areas of restorative and cosmetic dentistry. She is focused on keeping up with the latest dental technology and practices, and she continues to exceed the hours of continuing education each year. During her free time, Dr. Greene enjoys volunteering at dental service projects, cooking and spending time with family. She looks forward to meeting you!

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ON THE COVER



Quilting families seldom lack a subject for conversation.

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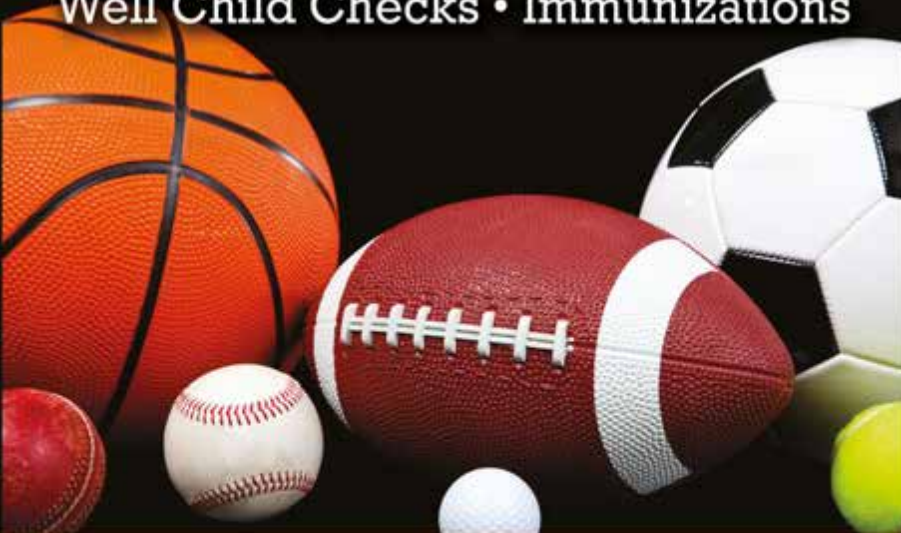
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EDITOR'S NOTE



Lisa

Lisa Bell
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Happy birthday, America!

I suspect some of you read my opening and wondered if I lost my mind. At various times, all our sanity comes into question, doesn't it? Catch 22 — if I say I'm insane, I can't be. Now that I cleared that up, let me explain my thought process.

Although we signed the Declaration of Independence on July 4, 1776, the process began when the First Continental Congress convened on September 5, 1774, according to www.thehistoryplace.com. On September 9, 1776, they renamed our fledgling country the United States. We didn't become a country until many years later. Something about the British not wanting to set us free and fighting against us. Finally, on September 17, 1787, the Continental Congress approved the U.S. Constitution. Two years later, September 25, 1789, Congress proposed 12 amendments to the Constitution. Ten of the 12 would go on to be ratified, becoming what is known as the Bill of Rights.

Rather ironic that terrorists attempted to break us 21 years ago on September 11, in a month so replete with historical moments of our nation's early years. Another thought occurred to me. Babies born in 2001 enter legal adulthood this year. None of them remember that horrible day, but, hopefully, most of us do.

If we don't learn from history, we can't prevent it from recurring. As school swings into full motion, perhaps we all need a time of reflection on history. Read a book, watch movies, talk to elderly people who witnessed things we can't fathom. Embrace the past by learning from it and moving forward with the lessons in tow.

Enjoy a month of rediscovering true history!



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COMMON Thread



Pursuing the art of quilting at different times, Angela Kalnins; her mother, Anne Beck; and sister, Michelle Hyde, all love the craft. But their styles, preferences and quilting time availability vary vastly. Still, all three women produce amazing works of art and functionality, enjoying the common thread of an almost lost art. Over the past few years, handmade quilts have seen a resurgence in popularity — a creative outlet our ancestors viewed as a necessity. For these three family members, quilting provides a hobby they seldom grow tired of doing together and separately.

In 1987, Country Stitches Quilt Shop opened in Burleson, and Anne went to check it out. She knew nothing about quilting, but they offered a class. After work, she went by and helped in the store until class time. “I enjoyed it,” she said. “I eventually went to Sandy’s, too, but I always went back to Country Stitches [until they closed].”

While pregnant with her youngest child in 1989, Angela attempted to combine her loves of genealogy and embroidery, featuring a family tree on a quilt. As her first try at quilting, it ended up hourglass shaped with many mistakes. But that didn’t dissuade her from pursuing the hobby. She lived in Las Vegas from 2003 until 2016. “No one in Vegas quilts, and I felt very much alone in my hobby while there,” she reminisced.

Michelle, youngest of the three, became interested in 2013. “My HR manager, Anna Holaway, quilted and displayed them in her office. She got me interested. Nothing special. I like the ones that look hard but are simple.”

While Anne prefers making scrappy quilts, Angela enjoys the Block of the Month quilts and sampler styles. She also restores vintage quilts. Michelle goes for contemporary quilts and sometimes uses a paper piecing technique, where paper provides a stabilizer for sewing unusual shapes. All three have preferences for colors and fabric designs. When Angela and Michelle made sister quilts, they looked similar, yet different. Each month, both made two blocks of the month, keeping one and giving the second to each other. The final arrangements and finishing gave the sisters unique quilts to cherish.

Most quilters store stashes of material for future projects. Michelle doesn’t keep scraps. “Yardage goes on bolts or foam board. Everything else gets thrown away.”

Angela keeps a stash, storing it in five or six drawers of a tall-boy dresser. “I cleaned out my stash recently,” she admitted. “A lot of it went to my mother.”

Anne adores scraps, and most of her stash includes various sizes of leftover fabrics. She enjoys quilting with others at the Burleson Senior Center, where they make all kinds of projects. They recently finished creating dog

— By Lisa Bell

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blankets for local shelters. When faced with cleaning out their space, Anne brought home more scraps, adding to her collection. Sorted by fabrics and colors, she keeps them in boxes, bags and other containers. "I can't stand to throw away a scrap of material," she shared. Besides her quilts, she uses the leftovers for other projects that require small pieces.

All three women enjoy the creativity involved in quilting. While they sometimes use patterns found online or in stores, they all like to create unique layouts. Michelle prefers sketching an idea. "I have to be in a mood, but I love accomplishing something." With a full-time job and family, she works on projects sporadically, although she can finish a quilt over a weekend. During quilting retreats, she creates several.

Angela stated, "It depends on the fabric. I just see it in my head. I'm leaving something behind." Most days find her working on a project.

Anne creates something every day. The creativity of a unique quilt thrills her. "I never see something the way it is," she said.

"She's very talented and creative," Angela confirmed.

Any time the three women get together, whether shopping, going to a retreat or quilt show, or simply enjoying family time, they can't resist quilt talk. "We try, but we see quilts everywhere," Angela divulged. Anything can spark an idea for a distinctive piece.

For those interested in quilting, the ladies agree on several tips. Start with a small project, like a baby quilt or



placemat. Find a quilting community. All three ladies belong to the Johnson County Quilt Guild, at various times holding an office or position for the club. With many prolific, expert quilters in the guild, they learn from each other. While the guild includes a social aspect, it also provides a place to get help or ask questions.

Anne suggested, "Learn different ways from others. Jump in with all four feet. See where you swim and where you sink. Then get help with where you sink. If it doesn't work, you can give or throw it away, or rip the stitches out and start again."

Angela agreed. "Done is better than perfect. After 70 quilts, I'm still not perfect."

As quilt-guild members, they take part in community projects. At different times, they made placemats for shut-ins, twin quilts for foster kids, baby quilts for Next Step Women's Center and more. This year, all three of them will make blocks or complete quilts for the Quilts of Valor program, as will most guild members. Most feature red, white and blue, in various designs. When finished, the guild holds a ceremonious draping of the quilts around local vets and send the honored guests home with them.

"I love making quilts," Angela quipped. "But there's only so many your family can take." Like many quilters, she and the others enjoy the pure delight when people receive their generous, functional art. Whether for a friend, family or stranger, the common threads of their hobby fill a personal creative need for these three women while they share the final product with others. **NOW**

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TALES OF TEXAS

WHY DALLAS?

— By Sandra Walters



Did you know the State Fair of Texas didn't originate in Dallas? Actually, it started in Corpus Christi in 1852 as the Lone Star Fair. At that time, there were a few small businesses and roughly 700 people living in this town. The Lone Star Fair event is thought to have primarily occurred on Corpus Christi's beach. Although it is difficult to fathom, this is how and where the tradition began.

One of Corpus Christi's founders, Colonel Henry L. Kinney, desired to share this beautiful area because he thought not many Texans knew about this location. He believed a state fair held by the town would attract people, and once they saw the paradise, they would be sold. He became the fair's manager and convinced a number of well-known citizens to participate in the project.

The Lone Star Fair advertised extensively by distributing flyers throughout the world, promising a variety of entertainment, food and contests. Appealing awards were

offered to promote competitive displays and excellent agricultural entries at the fair. Many of the ranchers, farmers and inventors from across the state showed up to the festivities with a spirit of competition ready to perform or exhibit their creations.

After the fair, there were mixed reviews from the press and significant financial losses. Since the negative outweighed the positive, Corpus Christi didn't move forward with the fair the next year. Also, decades later, a story of a man being shot in the final hours of the Lone Star Fair was revealed, shedding light on the behaviors during the celebration.

The next Texas state fair was held in Dallas seven years later, in 1859. About 2,000 participants took part. The exhibits featured items from rural life, such as farming tools, basic clothing and fresh crops. However, it ended because of financial difficulties, just like the Lone Star Fair.

The following fair wasn't held for some time, but it finally happened in Houston on the Buffalo Bayou in 1870. As a result of the event's instant success, organizers moved to a larger location north of the city two years later and developed a grandstand and racetrack. In order to transport residents from downtown to the festival's entrance, Houston constructed a streetcar line. However, as fate would have it, an economic collapse and a yellow fever epidemic in the late 1870s resulted in the cancellation of the fair.

The state fair moved from Houston to Dallas in 1886 because of the foresight of Dallas business leaders. One of them bought 80 acres in East Dallas for the fair, but other organizers preferred a location farther north. Arguments soon ensued between the businessmen, and they were unable to come to terms. On October 26, 1886, the site of the current Fair Park became the new location of William H. Gaston's Dallas State Fair. The previous day, in what is now Uptown, the competing Texas State Fair and Exposition occurred. Despite both fairs boasting good attendance, the competition resulted in neither of them being able to cover costs, so the next year, the two groups amalgamated to form the State Fair of Texas.

Today, the State Fair of Texas consistently attracts over 2 million attendees yearly. Such enthusiasm from the public has served as motivation to grow the fair's activities over the years. The fair offers opportunities to take part in football games, pig races, pee wee stampedes, pumpkin painting, walking through the livestock barns, visits to the green house, backyard circus, little hands on the farm, children's barnyard, illumination sensation, starlight parade, riding the Ferris wheel, auto shows, taking a picture with Big Tex and more. Another appealing aspect of the fair is the food. Over the years, the corn dog, smoked turkey leg and funnel cake have become the classics, whereas new creative food vendors make unique fried items each year — like fried peanut butter and jelly sandwiches, fried Coke, fried cookie dough, fried beer and fried bubblegum. This intrigues many attendees. These things keep the people attending because they desire to taste or encounter the next big thing or keep the tradition going for the next generation. **NOW**

Sources:

1. bigtex.com
2. texasmnthly.com
3. dmagazine.com
4. texasproud.com



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Zoomed In: Officer Joseph Byrom

By Lisa Bell

Officer J. Byrom goes beyond protecting and serving the community. A community resource officer, Guardian Program coordinator and certified crime prevention specialist, he protects Burleson citizens in non-conventional ways. The Guardian Program provides a database for residents or students of BISD who cannot communicate basic personal information because of a physician-diagnosed medical condition. For adults and children with cognitive disabilities, the database includes photos that enable all Burleson officers to locate at-risk individuals — sometimes before the family realizes they're missing. "Even if they don't qualify for the program, I keep their information," Officer Byrom said. "With domestic disturbances, it can help officers defuse a situation."

Officer Byrom also looks forward to bringing back the Fraud Prevention Program, which was interrupted in 2020. It teaches citizens to recognize scams. Residents can learn more about both these programs at www.burlesontx.com.



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— By Lisa Bell

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Hours: Sunday-Thursday: 11:00 a.m.-10:00 p.m.

Friday-Saturday: 11:00 a.m.-11:00 p.m.

Carolyn Rivas, who is passionate about caring for customers, saw a need and filled it with Torque Grill & Cantina. In 2008, Carolyn and her husband owned a car lot. She watched as people went through the sometimes-long process of buying



a vehicle. “We didn’t have any nearby places for people to get food while waiting,” she said. “We had the idea of adding a food truck, but at the time, the city wouldn’t allow it.”

With an unused small building on-site, they opted to open a small place where customers could get food. As a cancer survivor, she wanted to offer vegan dishes. “But I wanted it to taste good,” Carolyn admitted. Later, they added keto-friendly options, and the restaurant grew from there.

Now, they have two buildings, plus an outdoor area, where they enjoy live music when weather permits. They often rent one building for private parties, while keeping the other open for anyone to enjoy a variety of foods. Although primarily Tex-Mex, with street tacos as their best seller, they also serve burgers, wings and other choices. They can make most any dish on the menu vegan. For keto lovers, they make wraps and the Biohazard, which is a cheddar cheese shell.

In a fun atmosphere, the restaurant maintains the

motorcycle/car theme. "We love to host poker runs for bikers and car shows," Carolyn shared. "It's all about how you treat the customer, with quality and experience." Adamant that even the rice and beans have rich flavors, Carolyn works with her daughter, Destiny, to create recipes. Destiny graduates from The Culinary Institute of America in December and plans to continue working at Torque Grill & Cantina for the foreseeable future.

They currently provide catering for on-site events and hope to venture into off-site catering. In addition, Torque Grill & Cantina offers daily specials for customers. Margarita Mondays, Taco Tuesdays and Beer, Burgers & Bingo on Wednesday, start the week. For Thirsty Thursdays, they hope to eventually add karaoke, and they may introduce trivia to go with tacos on Tuesdays. Every Friday and Saturday evening, they feature live music by local and area artists. Sunday Power Hour includes a DJ and special pricing on wings or burgers for one hour.

Although primarily Tex-Mex, with street tacos as their best seller, they also serve burgers, wings and other choices.

Carolyn supports local schools and the Chamber of Commerce. A member of the community, she looks for ways to give back. Among other annual events, they host Sip-N-Shop in September, Trunk or Treat in October and Christmas pictures with Santa.

From starting with a Toolbox sampler of appetizers to finishing with Airbag sopapillas, Torque Grill & Cantina has enough variety to keep every customer happy. Carolyn insists on providing a place where family and friends can enjoy the fun atmosphere and food that fits their tastes, regardless of nutrition restrictions or preferences.

Whether booking a party or simply looking for a unique dining experience, check out Torque Grill & Cantina. Check their website or social media for upcoming events, specials and a vast array of delicious dishes. **NOW**

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CookingNOW

In the Kitchen With ERIN GLAZENER

— By Lisa Bell



“My mom, Carole Block, was a huge influence on my life,” Erin Glazener said. She treasures memories of her mom while she grew up showing horses in Ohio and then in Texas. Erin graduated from Burleson High in 1997 and enjoys cooking for her husband, Scott, and two daughters, Emily and Kensley.

At 5, Erin chopped walnuts for zucchini bread, using an old food chopper, which she inherited at Carole’s passing. Now, her daughters help in the kitchen. “My freezer is usually full of banana and zucchini bread I give to family and friends,” Erin shared. “I keep up with Mom’s traditions, making lasagna I deliver to friends and family on New Year’s Day, and I always make jig’s Dinner for St. Patrick’s Day.” **NOW**

Zucchini Bread

Makes 2 loaves.

3 eggs
1 cup sugar
1 cup brown sugar
3 tsp. vanilla
1 cup vegetable oil
2 cups shredded zucchini, keep peels on

when shredding in food processor
2 tsp. baking soda
1/2 tsp. baking powder
1 tsp. salt
1/2 cup wheat germ (usually located in cereal aisle)
2 1/2 cups flour
1 cup walnuts, chopped into small pieces (optional)

1. Preheat the oven to 350 F. Beat the eggs, sugars, vanilla and oil until thick. Mix in the remaining ingredients.
2. Divide the batter evenly into two standard loaf pans. Bake 50-60 minutes until brown on top.
3. Stick a toothpick in the center to check for doneness. If not done, bake an additional 5-10 minutes. Cool on a wire rack for several hours.

Northern Lemon Cheesecake

1 3-oz. pkg. lemon Jell-O
1 cup hot water
1 8-oz. pkg cream cheese, softened
1 cup sugar
1 12-oz. can Carnation Evaporated Milk, chilled in the refrigerator
2 tsp. vanilla
1 graham-cracker piecrust
Graham crackers, crumbled into small pieces, for garnish

1. Dissolve the Jell-O in the hot water; set aside to cool. Cream together the cream cheese and sugar.
2. In a separate bowl, whisk the evaporated milk. Pour into the cream cheese mixture, along with the Jell-O and vanilla.
3. Mix everything well for 2-3 minutes.
4. Pour the mixture into the crust; top with the crumbles. Let the cheesecake set in the refrigerator overnight.

Crock-Pot Candy

Makes about 170 pieces of candy.

- 1 16-oz. jar dry-roasted, unsalted peanuts
- 1 16-oz. jar dry-roasted, salted peanuts
- 1 12-oz. pkg. semi-sweet chocolate chips
- 1 4-oz. bar German chocolate, broken into pieces
- 2 planks white almond bark, broken into pieces

1. Put all ingredients into the Crock-Pot in the order listed. Cover; cook on low for 3 hours. Turn off the heat; cool slightly.
2. Mix thoroughly and drop by teaspoonfuls onto waxed paper. Let cool for several hours.

Carole's Lasagna

- 1 16-oz. box lasagna noodles
- 2 lbs. hamburger meat (80/20)
- Salt, to taste
- 2 Tbsp. minced garlic
- 1 Tbsp. dried onions
- 2 7.5-oz. cans diced tomatoes
- 2 8-oz. cans tomato paste
- 2 8-oz. cans tomato sauce
- 2 tsp. dried oregano
- 2 tsp. dried basil
- 1 24-oz. container low-fat cottage cheese
- 2 Tbsp. dried parsley
- 1/2 cup Parmesan cheese, grated
- 2 eggs, beaten
- 4 cups mozzarella cheese

1. Boil the noodles as directed. Once done, rinse well; place each piece on waxed paper. This helps prevent them from sticking together.
2. Brown the meat. Add the salt. Drain the meat; return it to the stovetop. Add the next 7 ingredients; let simmer for about 30 minutes.
3. Mix the cottage cheese, parsley, Parmesan and eggs in a separate bowl.
4. Spray a 9x13-inch casserole dish with PAM Cooking Spray (or equivalent). Put a little of the meat mixture in the bottom of the casserole dish.
5. Layer with noodles first, then the cottage cheese mixture, then the meat mixture and mozzarella. Repeat layers. This recipe should make 3 layers of noodles.
6. On top of the last noodle layer, add meat



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Zucchini Bread

sauce, followed with mozzarella cheese. Cover; bake for 35 minutes at 375 F. **7.** Uncover after 35 minutes. (Some cheese will stick to the foil, so make sure to have extra just in case.) After uncovering, broil on low for 10 minutes, or until cheese on top is brown.

Erin's Chicken Fried Steak

Steaks:

- 1 1/2 cups all-purpose flour**
- 2 tsp. fresh ground black pepper**
(divided use)
- 2 tsp. salt** (divided use)
- 1/2 tsp. paprika**

- 1/2 tsp. onion powder**
- 1/2 tsp. garlic powder**
- 1/2 tsp. baking powder**
- 1/2 tsp. baking soda**
- 1 1/2 cups buttermilk**
- 2 tsp. Tabasco Sauce (original flavor)**
- 2 eggs**
- 4 cube steaks**
- 1 cup vegetable oil**

Gravy:

- 4 Tbsp. grease from skillet**
- 4 Tbsp. flour**
- 2 1/2 cups whole milk**
- 1/2 cup heavy whipping cream**
- Salt, to taste**
- Pepper, to taste**

- 1. For steaks:** In a shallow bowl, whisk together the flour, 1 tsp. black pepper, 1 tsp. salt, paprika, onion powder, garlic powder, baking powder and baking soda; set aside.
- 2.** In a separate shallow bowl, whisk together the buttermilk, Tabasco Sauce and eggs; set aside.
- 3.** Pat the cube steaks dry with a paper towel, removing as much moisture as possible. Season with remaining salt and pepper; let sit for 5 minutes. Pat dry again with a paper towel.
- 4.** Dredge the cube steaks in the flour

mixture, shaking off the excess. Dredge the steaks in the buttermilk mixture, letting the excess drip off. Dredge them again in the flour mixture, shaking off the excess.

5. Place the breaded cube steaks on a sheet pan; press the remaining flour mixture into them. Let sit for about 10 minutes.

6. Heat the vegetable oil over medium heat in a large skillet. (I prefer cast-iron.) To test, drop a couple pieces of flour into the oil; if it boils, place the steaks in the skillet 2 at a time. Do not flip more than once or the breading will fall off. It usually takes 7-10 minutes on each side.

7. Place the cooked steaks in a pre-heated 225 F oven if you are not ready to serve them.

8. For gravy: In a saucepan, mix all the ingredients on the stovetop over medium heat until well combined. Serve over the steaks.

To search for more great recipes from any of the 9 NOW Magazines publications, visit www.nowmagazines.com.

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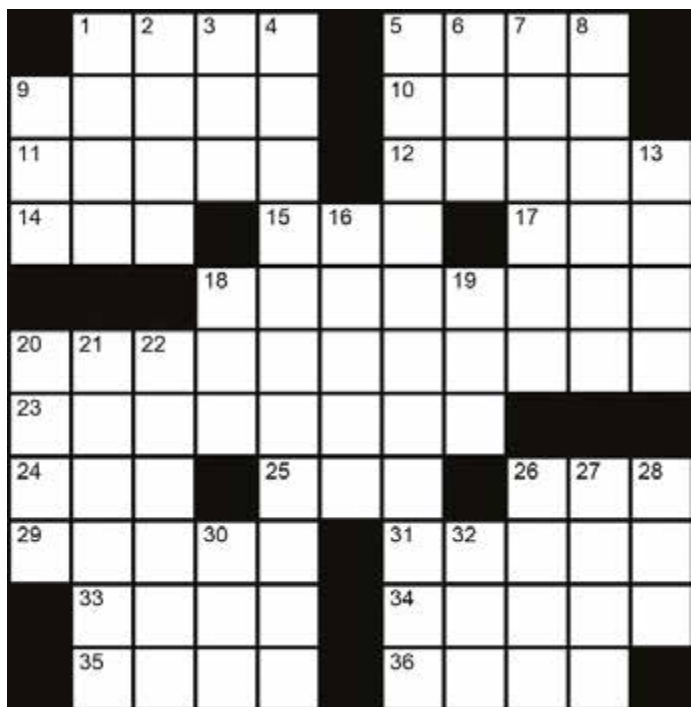


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Crossword Puzzle



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Across

- 1 It's good from a crow's nest
- 5 Young ceremonial attendant
- 9 Spiny desert features
- 10 Wickedness
- 11 Oscar winner Tatum ---
- 12 Celebrate noisily
- 14 Affirmative reply
- 15 You have one only when seated
- 17 Gabrielle Solis player Longoria
- 18 Called the shots
- 20 Concise explanations
- 23 --- to (concerning)
- 24 Not-for-profit TV spot
- 25 Edward Snowden's former employer
- 26 Bolt's partner
- 29 The Everlys woke her
- 31 Tantalize
- 33 Cabernets, for example
- 34 Versifier Nash
- 35 Times which include periods
- 36 Laugh loudly

Down

- 1 Arrow tailfeather
- 2 Cold confections
- 3 7th Greek letter
- 4 Biddability
- 5 Criminal
- 6 Madison or Lexington, in NYC
- 7 "But to --- you and to --- me, ..." (Cole Porter, "High Society")
- 8 Craps natural
- 9 Bashful
- 13 Young 'uns
- 16 Divas' solos
- 18 Croak
- 19 El --- (Charlton Heston role)
- 20 Pickpockets
- 21 Make certain
- 22 "The Mummy" star
- 26 Nothing
- 27 Employer
- 28 Maximum Scrabble tile value
- 30 First Lady McKinley
- 32 Self-esteem

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Easy

	6		4					
5		4				2		8
	7		5		8		4	
	1					6	7	2
		8				1	9	
	9							
9				2				
	2					8	6	
	8	7			5			

Medium

			3					
9		3		5	7	2		
				6			5	
								4
	7	9			3	6	8	
3				9				
1			4					
	4		6			8	3	
			5				6	

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9/3

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Enjoy a free concert featuring Slippery When Wet (Bon Jovi tribute band). Come early for dinner and a good seat. 7:30 p.m., Mayor Vera Calvin Plaza, 141 W. Renfro St. www.burlesontx.com.

9/10, 9/17 and
9/24

Annual Old Town Picture Show:

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Sing, Sing2 and Little Rascals. 7:00 p.m. (movie begins at dusk), Mayor Vera Calvin Plaza, 141 W. Renfro St. www.burlesontx.com.

9/17

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1-mile Fun Walk: 8:00 a.m.,
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9/19-9/24

Bag of Books Bonanza:

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9/24

Dogs and Donuts:

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9/30

Bonnie & Clyde Musical Play:

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Leviticus 19:9-10

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