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September 2021

Stories of Life

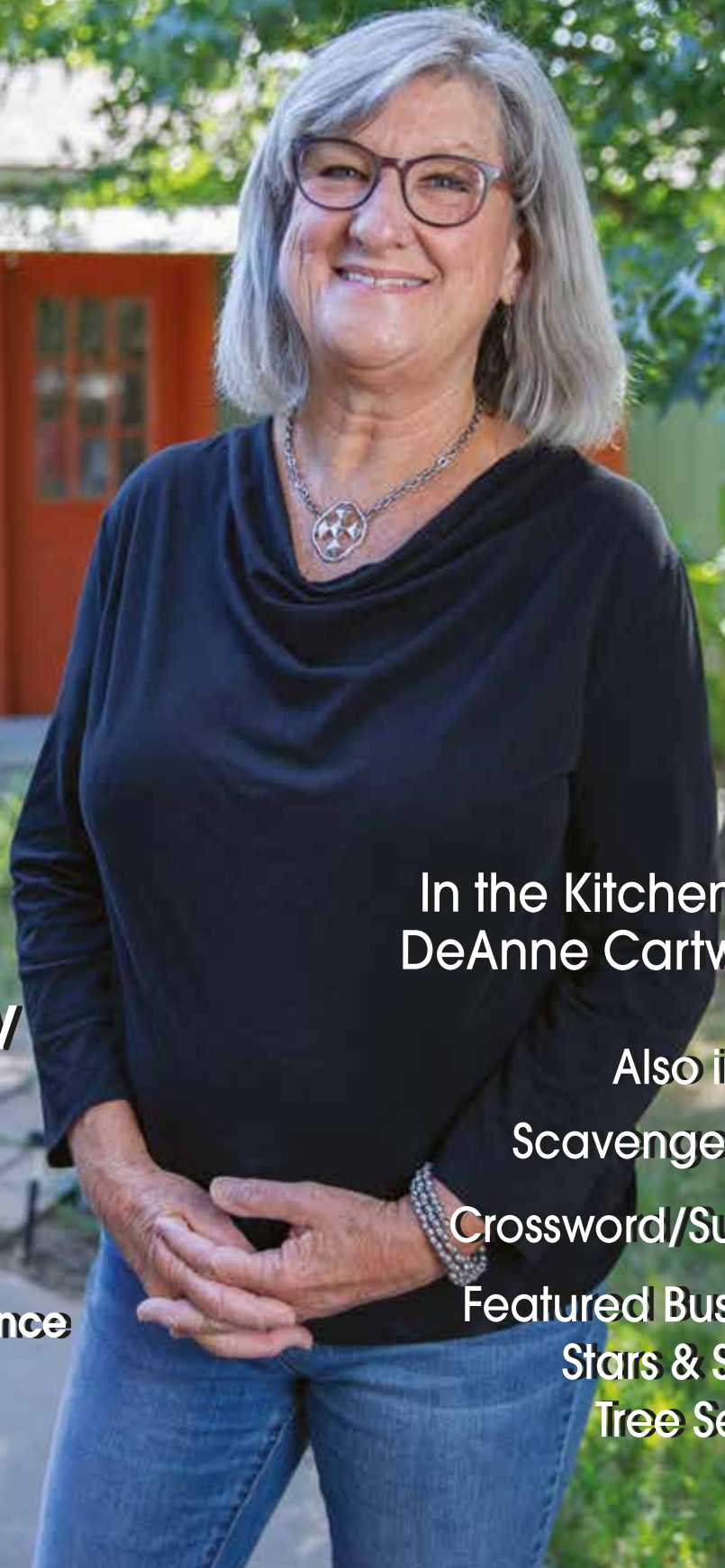
When Cindy Burden
sculpts, it comes
from her heart

The Shadow Warrior

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inducted into the U.S.
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Scavenger Hunt
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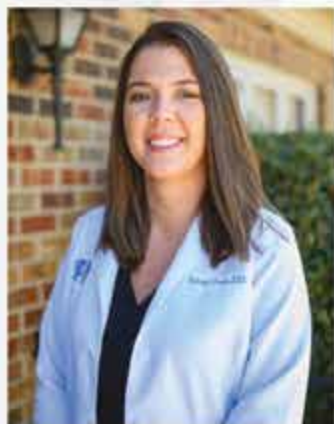
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ON THE COVER

Artist Cindy Burden finds joy in sculpturing from life.

Photo by
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EDITOR'S NOTE



Lisa

Lisa Bell
BurlesonNOW Editor
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In a change of season ...

We sometimes embrace changes, like going from sultry days of summer into the more inviting days of fall. Not all changes bring joy, but that doesn't mean we can't embrace them. As people age, many go through a time of culling unnecessary items. My parents went through a period of giving away meaningful things. I now own my mother's fancy dinnerware, and I used it for meals with her before she passed away. My stepfather gave me an antique clock at the same time. I still need to have repairs done, so I can hear the chimes he described.

Recently, I went through a discarding process. With literally hundreds of books on built-in shelves, I had to rid myself of some. They didn't all fit, and would I ever read them? Maybe. Probably not. I may someday come to regret that choice, but in the meantime, others get to enjoy the books. I donated clothes I seldom wore. Some didn't fit anyway. One of my daughters now owns a collection of roughly 75 decorative bells, acquired during trips. Other daughters have furniture from my grandparents or my mother and father.

When we look — I mean really look — at the countless material things we possess, are we grateful for them, or do they make us want more? In the end, people and relationships must hold more value than any object. If ridding myself of stuff helps me realize that, then let me see what else I can give to someone I love.

May September bring only wonderful change!

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Stories OF Life

EACH OF CINDY'S
SCULPTURES HAS
STORIES AND PURPOSE.

— By Lisa Bell



In 1989, Cindy Burden started playing with clay alongside her children. When her husband, David, suggested buying some “real” clay, neither dreamed he’d ignite a passion in her that continues 31 years later. “I didn’t know what I was doing at first,” Cindy admitted. “Many exploded in the kiln.”

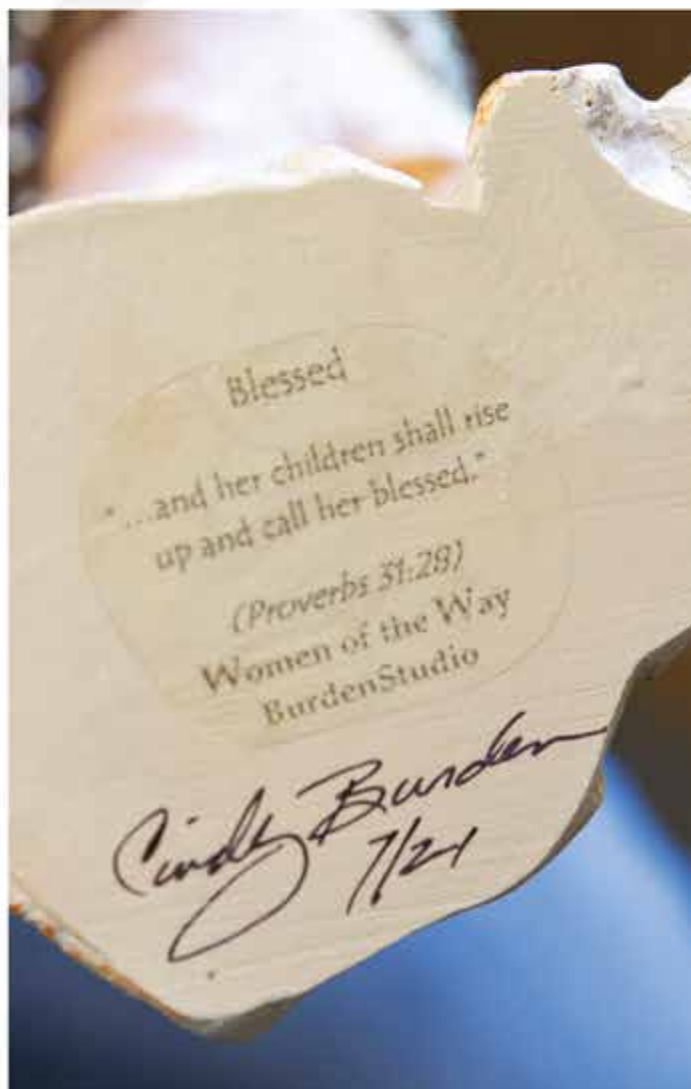
She learned the basics from an established sculptor, Dana Kirk, who worked beside her. One young girl from church later asked Cindy if she could sculpt with her, and they did for a while. “She became a top sculptor,” Cindy shared, proud that she had a chance to teach like others taught her.

A first-place winner in some juried shows, Cindy doesn’t sculpt for awards. “I really like it. I feel it’s what I’m supposed to do,” she said. In the beginning, she did a lot of western art, but soon life took control of the pieces she made.

After a friend died from cancer, Cindy couldn’t sleep, and in the middle of the night, she created *Joyous Reunion*, a piece with two women embracing. “I felt like the Lord was saying I’d see her again. I wouldn’t sell it.” That piece became the first in her *Women of the Way* series and opened a door to her career. Starting with five Christ-centered pieces, a gift company at the Dallas Market discovered her, and she licensed them to produce and distribute her *Women of the Way* collection. Over the next four years, she produced another 22 pieces, ending with 27 in the series, selling in stores all over the United States.

For four years, they continued with that business relationship, but, eventually, Cindy and David believed God wanted them to take back the entire process to produce and sell the pieces themselves. David learned the mold making process, becoming even more a part of Cindy’s artwork. “The first attempts were hilarious,” Cindy said, chuckling.

“Not hilarious,” David said. “Disastrous.” Around 2000, he had no YouTube to help him learn, yet he eventually perfected the art of making molds. Cindy worked in the garage, and he worked at the kitchen counter. They learned from a man in Arlington how to cast in resin. After a few years, they figured out that





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resin wasn't the best plan, so they switched to using Hydro-Stone, a type of gypsum cement. David worked as a photographer at the time but wanted to support Cindy. He believed in her talent even if she sometimes doubted herself. "The Lord always made a way," he said.

"It's a ministry more than a living," Cindy shared. Each piece has her signature and a scripture on the bottom, designed to comfort and encourage people. Yet every figure has an underlying story, although not all of them have spiritual implications. One sculpture came from a previous work experience when several women prayed together. Another piece, *Broken*, depicts her sorrow for broken children.

Besides sculpting, Cindy does a little acrylic painting to break the monotony and give herself an additional creative outlet. From her western designs to Christmas and beyond, each of Cindy's sculptures has stories and purpose. She usually creates a sketch, and then takes it to her mold maker. David gives her detailed instruction on what she needs to change or if it will work as drawn. Then she goes to work and sculpts the original piece. Most don't take that long, with some requiring only an hour. At times, Cindy has created a finished sculpture while speaking to a group of people.

Most often, Cindy depicts authentic life in her sculptures, drawing ideas from the middle of something and what she sees in those moments. Each piece captures the emotions of an event — joyous, intense, worshipful or sad. The faces she creates give character to her art, and when she doesn't add a face, the movement of the piece speaks volumes.



She learned long ago to wait for God's inspiration. "I tried just making something that would sell, but they never worked," she said. "I'm my own worst critic. Sometimes, I just want to be done with a piece. The biggest mistake is messing with it too long."

After 47 years of marriage, David and Cindy work well together. "We're far beyond a team. We know what needs to be done, and we just do it. Sometimes without a word," he shared. "We always laugh and say, 'At BurdenStudio, we work harder not smarter.'"

Cindy's original sculptures still go through firing, but with their reproduction process, they don't use a kiln. A piece sets up in about 40 minutes, but it must cure for at least one week. In the end, they both take pride in the art they make together. Through the good and bad times, Cindy treasures the memories she pours into her artwork. Without all of them, she knows her art would lack the unique quality experiences bring to the sculptures. For that, she thanks God and keeps right on creating. **NOW**



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TALES OF TEXAS

THE SHADOW WARRIOR

— By Alex Allred

*When Col. Marc B. Powe's picture appeared on the big screen before the audience at the U.S. Army's Military Intelligence Center of Excellence, there was a stillness. Not only was he being inducted into the Hall of Fame, alongside Harriet Tubman, but he was also one of just a few handpicked intelligence officers responsible for moving the Military Intelligence Center and School to Fort Huachuca, Arizona, in 1971-1972. It was there that Col. Powe, a Dallas native and graduate of Texas A&M University and its Corps of Cadets, with Col. E.E. Wilson, co-authored *The Evolution of American Military Intelligence*, long regarded as the "bible" of military intelligence. He also began instructing future officers in the art of human intelligence gathering, instruction that is continued today by others who followed in his footsteps.*

There was an audible appreciation among the crowd as Col. Powe's documentary began with the commentary, "Col. Powe's 30-year military career reads like a spy thriller, beginning with his assignment as an operations officer in the U.S. Embassy in Moscow in 1977. During a major fire at the embassy as the Moscow fire department and other Russians entered the building, Powe ensured the security of extremely sensitive classified areas. ..."

During his illustrious career, Col. Powe was responsible for securing highly sensitive information and material throughout the world. Fluent in six languages and seemingly always in the "right place," he secured the Soviet MI-25 Hind Helicopter in the Chadian Desert in Africa under intense negotiations (and still classified information). A YouTube video with the title *The Hind Heist – The Secret Operation to Steal the Soviet's Top Helicopter* offers a very rare glimpse of Col. Powe in the field at the 8:59 minute-marker in the 10-minute video (just as there is a rare picture of him in the best-seller *The Billion Dollar Spy*, although he denied the image to be his). It was also during that time that he "acquired" a Chinese anti-ship missile at the behest of the U.S. Navy.

Only in 1987 while following a Soviet convoy through the desert of Kuwait was Col. Powe's cover truly blown. Despite

the Soviets' denial of arming the Iraqis with weapons, a direct violation of the Intermediate-Range Nuclear (INF) Treaty, he discovered the truth, but he had also been exposed. As he saw Kuwaiti officials running toward him, he calmly destroyed the film in his camera and ate his notes before being captured and beaten for information that would never be obtained. It was Ronald Reagan who negotiated for the return of one of the U.S. Army's top intelligence officers.

Col. Powe was the only living U.S. military officer to twice receive the Director of CIA Intelligence Exceptional Intelligence Collector Award. He also received such medals as the Defense Superior Service Medal, Legion of Merit, Soldier's Medal, Bronze Star Medal and Purple Heart, among many others. He was inducted into the Department of Defense Attaché Hall of Fame in 1999. But for his family, his induction into the U.S. Army's Military Intelligence Hall of Fame offered peace of mind, as Col. Powe has not yet been given a funeral. Having died in August 2020, he is to be buried with full honors at Arlington National Cemetery in Arlington, Virginia, alongside his wife, Karen W. Powe — the ultimate military wife, it should be noted. She was responsible for securing the picture of the underbelly of a Soviet tank in the late 1970s. Both Marc and Karen, also a Texas native, live on in the legal system while an investigation

into the amount of radiation they endured from hostile foreign nations is currently being conducted.

After retirement, Col. Powe served in the Office of the Secretary of Defense in 2003 overseeing a U.S.-led coalition that overthrew Saddam Hussein. He was one of the first civilian cadre in country post combat and worked to repair the Iraqi police and army as a province advisor. His work with the Joint Improvised Explosive Device Defeat Organization (JIEDDO) to defeat the IED attacks on U.S. servicemen and women and the growing effect of ISIS/Al Qaeda/Taliban threats was both personally and professionally important to Col. Powe, and it was a reason that military intelligence instructor CW3 Matthew Carr requested to serve as escort to Powe's family for the Hall of Fame induction.

On March 13, 2007, Carr's younger and only brother, SGT Robert M. Carr, was killed in action while serving his country. The younger Carr was serving a second deployment to Iraq when the vehicle he was driving struck an IED. For CW3 Carr, who enlisted in the U.S. Army in 1999, and was already in the human intelligence and counterintelligence fields, Col. Powe's résumé resonated. "The work he did helped save the lives of many. Years after my little brother was killed by an IED in Iraq, I was struck by multiple IEDs in Afghanistan and walked away due to the improvements that were made to our equipment. I know a lot of those improvements were thanks to Col. Powe and the work he did."

Though he had never met either Carr brother, it was soldiers like these that drove the colonel, whose courage in the face of danger was matched only by his humility. His slow Texas drawl and seemingly easy manner were perhaps his greatest cover. Today, his works and research reside with the U.S. Army Military Intelligence Center of Excellence historical archive and are known as "The Powe Collection." When a former colleague from the Pentagon summed up Powe as "the best of us ... a Shadow Warrior who served this nation," it did not yet begin to describe his ultimate desire for world peace and unity. Perhaps it was why he admired soldiers so much, as he knew their footsteps would surely surpass his own. **NOW**

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Mike Guinn picks up his new bike from Spokes.

Zoomed In: GoodTimes Band

By Lisa Bell

Together for “a long time,” Landon Hoyler, Will Thomasson and Al Koscheski are part of the Good Times Band. Will, alongside his wife, Pat, (not pictured) are unofficial leaders of the group. Most Thursdays, they come together to practice at the Burseson Senior Center. The perfect place to prepare for upcoming events, they provide sweet music for others spending time at the center.

The group plays at retirement homes, churches, local clubs and other places. “We used to do Six Flags,” Al shared. “We did that for several years during their harvest days.”

Playing Texas swing, fiddling, cowboy music and more, Landon said, “We sometimes turn it around and bring Christ into the songs.” When you hear them sing and play, you might even catch Will yodeling.



A local blacksmith demonstrates his trade at Russell Farm.



A summer swimming pazlooza gives families a day of cool fun.



Cowtown Ramblers play songs great for dancing or listening.



Weatherford Peach Festival winners include BurlesonNOW photographer, Sarah Clawson (2nd from right).



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BusinessNOW

Stars & Stripes Tree Service

— By Lisa Bell

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Owner of Stars & Stripes Tree Service, Joe Juarez, experienced a colorful career prior to setting up the LLC for his business. He spent four years as a Marine with one tour in Iraq. After several years in the restaurant business, he went to college and earned a finance degree. Then he spent eight years in the oil and gas industry. Despite a lucrative salary, none of it satisfied a hidden longing in his heart.

In November 2014, he went out looking for firewood.



Concerned for a friend laid off from the oil and gas industry, Joe considered starting a tree service business. Everything fell into place, and by January 2015, Stars & Stripes Tree Service, LLC became a reality. “Honestly, I think God wanted me to do it,” he said. “We’re outside working in an environment that includes danger and science,” he shared. “It’s tough work.” For Joe, the job fits perfectly. Like many veterans, PTSD coupled with anger from childhood affected him for a while. With his wife, Tracy, and four kids supporting him, that changed. He stated that reading the Bible and praying made the difference.

Stars & Stripes offers four primary services. They remove hazardous trees, provide tree pruning, plant health care and land clearing. As an arborist, Joe enjoys giving people information supported by facts, and then lets them decide. He never pushes a customer to buy an unneeded service. “Business is about long-term relationships,” he said. “The highest compliment comes from someone who recommends

me that didn't use our company but wishes they did."

When removing large trees, Joe's crew employs cranes, rigging and safety gear. Under industry standards, every crew member wears a hard hat. Without an entity that ensures safety compliance, Joe polices his company. "I have a great group of young men. I couldn't do any of it without them and Kate, my branch manager," he admitted. "We don't claim to be the least expensive, but we share knowledge. We do what's right, and we do a good job. This isn't a side business. It's our living."

Stars & Stripes offers four primary services. They remove hazardous trees, provide tree pruning, plant health care and land clearing.

When pruning trees, they stick to science and arborist standards. For that reason, they won't trim oak trees between February and June. Trimming during that time can cause oak wilt according to Texas A&M Forest Service. Continuing education remains an important part of the company's standards. "Winter is the best time for pruning trees," Joe explained. Although he doesn't like gimmicks, Joe also offers discounts to veterans (active, retired, spouses or dependents); educators; government employees at any level; and the medical community.

Joe's secret to keeping outstanding employees includes treating them well, paying well and loving on them. He learned that from another arborist, who also served in the Marines. Striving to be an honorable man, Joe said, "I look to the Bible to define that. I build my reputation on following Jesus, who said, 'In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven' (Matthew 5:16)."

While Joe admits he isn't perfect, he strives to follow that passage both personally and professionally. With customers, employees, family and friends, he shows grace that others showed him throughout his life, and he does so while offering great tree service through Stars & Stripes. **NOW**




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A woman with long, wavy brown hair, wearing a blue t-shirt and a grey apron, is smiling and standing in a kitchen. She is leaning over a granite countertop, where a large white bowl filled with a colorful mixture of ground beef, cheese, and vegetables is placed. She is sprinkling fresh green herbs onto the mixture. In the background, there are white kitchen cabinets, a stainless steel oven, and a microwave. The overall atmosphere is warm and inviting.

CookingNOW

In the Kitchen With DEANNE CARTWRIGHT

— By Lisa Bell

DeAnne Cartwright lived in South Louisiana most of her childhood and began cooking with her dad at 10 or 11. She loves the spices and flavors of Cajun cooking. “I can make a mean red beans and rice,” she shared. “We used whatever we found in the pantry and refrigerator. Dad added onions, mushrooms and bell peppers to everything.”

Enjoying the creativity of cooking, she seldom measures ingredients and avoids baking, except for her mother-in-law’s buttermilk pie. “We hung her handwritten recipe in the kitchen in her honor.”

Being part of the food industry in various ways for over half her life, DeAnne became a Pampered Chef consultant five years ago. “I love entertaining and having friends cook together.” Rather than teaching, she shares tips and inspires more family mealtimes. **NOW**

Taco Ring

Classic Pampered Chef recipe.

1 1/2 lbs. 90% lean ground beef
1 pkg. taco seasoning
1 3/4 cups cheddar cheese, shredded
(divided use)

2 Tbsp. water
2 8-oz. pkgs. refrigerated crescent rolls
1 egg white, lightly beaten

Optional toppings:
Salsa, to taste
Lettuce, shredded, to taste

Onion, chopped, to taste
Tomato, chopped, to taste
Ripe olives, sliced, to taste
Sour cream, to taste

1. Preheat oven to 375 F.
2. Cook the ground beef in a skillet over medium heat for 10-12 minutes until no longer pink, breaking beef into crumbles; drain.
3. Transfer the beef to a large bowl; stir in the taco seasoning, 1 1/2 cups of cheese and the water.
4. Unroll the crescent dough; separate it into 16 triangles. Arrange, slightly overlapping, in a circle on stoneware or a round baking dish, with the wide ends of the triangles overlapping in the center and the points toward the outside.
5. *Note: There should be a 5-inch diameter opening in the center and narrow points of dough will extend off the edge of the baking stone.*
6. Using a large scoop, place the filling evenly over the dough in a continuous circle.

Bring the points of the triangles up over the filling and tuck them under the dough at the center to form a ring. (The filling will show.)
7. Brush the top with the egg white; sprinkle with the remaining cheese. Bake for 25-30 minutes, or until golden brown. Serve with toppings.

Toasted Quinoa Energy Bites (Vegan)

3/4 cup uncooked quinoa
2 cups instant or quick-cook oats
2/3 cup sweetened flaked coconut
1/2 cup miniature semi-sweet chocolate morsels
3/4 cup creamy peanut butter
1/3 cup honey or agave nectar

1. Heat a medium skillet over medium-high heat for 1-3 minutes. Toast the quinoa for 3-5 minutes, or until it starts to brown and pop, stirring occasionally. Transfer the quinoa to a large bowl to cool slightly.
2. Place the oats in a food processor; process until coarsely chopped.
3. Add the oats and remaining ingredients to the bowl; mix well.
4. Scoop out the mixture; roll into balls. Place on a large sheet pan lined with waxed paper.
5. Place the pan in the freezer for 8-10 minutes, or in the refrigerator for 30 minutes to firm up. Store the bites in an airtight container in the refrigerator for 4-5 days.

Baked Oatmeal

Makes 8 squares.

Canola oil, for spraying pan
2 cups old-fashioned oats
1/2 cup light brown sugar, packed
1/2 cup pecans or walnuts, chopped
2 tsp. cinnamon
1 tsp. baking powder
1/2 tsp. salt
2 cups milk
2 eggs, lightly beaten
2 tsp. vanilla extract
3 Tbsp. butter, melted

1. Preheat the oven to 350 F. Spray a square casserole dish with the oil.
2. Combine the oats, sugar, nuts, cinnamon, baking powder and salt in a 4-qt. bowl; mix well.
3. In a medium bowl, whisk the milk, eggs and vanilla. Add the milk mixture and butter to the oat mixture; stir until combined.
4. Pour the mixture into the prepared casserole dish. Bake for 35-40 minutes, or until the top is golden brown and the oat mixture is set.
5. Cool slightly before cutting into 8 squares.



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JOSHUA 1:9



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Taco Ring

Cookies and Cream Icebox Cake

3 cups heavy whipping cream
1/2 cup powdered sugar
1 tsp. vanilla extract
66 cream-filled chocolate sandwich cookies, plus additional for topping
12 maraschino cherries

1. Use a hand mixer to whip the cream, sugar and vanilla on high speed until soft peaks form, about 2-3 minutes.

2. Lay 33 cookies on the bottom of a 9x13-inch pan; add half of the whipped cream on top. Repeat to create a second layer.
3. Refrigerate for 4 hours or overnight. Place the cherries and additional sandwich cookies on top before serving.

Pressure Cooker Spinach and Artichoke Dip

1 12-oz. jar artichoke hearts, drained and chopped
1 10-oz. pkg. frozen spinach

8 oz. cream cheese
1/2 cup vegetable stock
1 Tbsp. Greek-style seasoning, plus more for serving
2 garlic cloves, pressed
1/4 tsp. salt

Add-ins:

4 oz. white sharp cheddar
1/2 cup low-fat plain Greek yogurt

1. Add all the ingredients, except the add-ins, to a pressure cooker. Cook on custom for 6 minutes.
2. Meanwhile, coarsely grate the cheese.
3. When the time is up, manually release the pressure; stir in the add-ins. Let the dip set for a few minutes to thicken. Place in a serving bowl; sprinkle with additional seasoning to taste.

To search for more great recipes from any of the 9 NOW Magazines publications, visit www.nowmagazines.com.

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Matthew 9:37*

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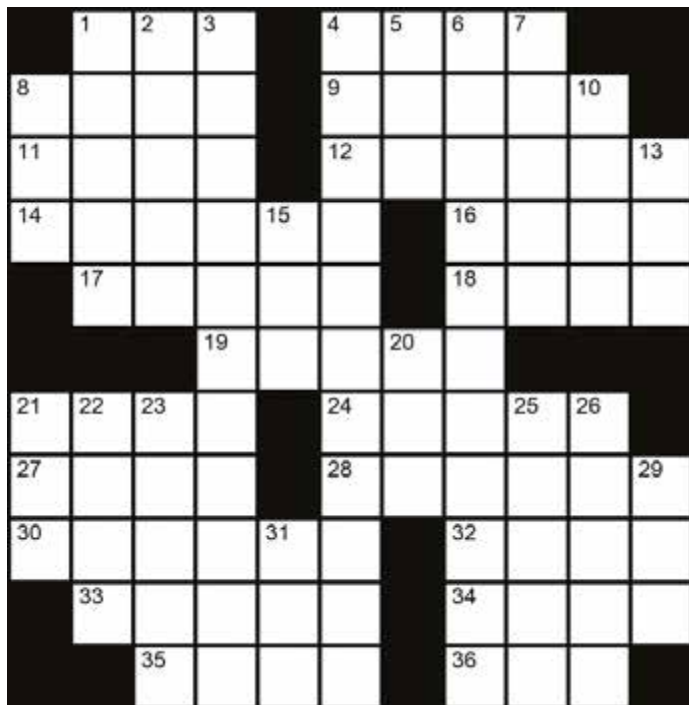
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Across


- 1 Claptrap
- 4 Funds for the future
- 8 Quartet
- 9 Morticia, to Fester
- 11 Capable of
- 12 Overseas
- 14 Profit on sales
- 16 About
- 17 Jewish teacher
- 18 Consider
- 19 Hop named after a pilot
- 21 Temper
- 24 Squeals
- 27 Black cuckoos
- 28 Rip to pieces
- 30 Andean capital
- 32 One of the Three Bears
- 33 An island, according to John Donne
- 34 Jump --- the deep end
- 35 Biblical passage
- 36 National health watchdog

Down

- 1 Polling pioneer Elmo ---
- 2 "(If You're Not in It for Love) I'm --- Here!" (Shania Twain)
- 3 Annoying cocktail of obsolete rum
- 4 Right away
- 5 Tease
- 6 Relating to the study of moving air
- 7 Ballpark figure
- 8 Controversial wear
- 10 Abate
- 13 Monk's title
- 15 Diamond statistic
- 20 Casino cube
- 21 Beater for mixing mortar with hair
- 22 Unknown
- 23 Leg of lamb
- 25 K
- 26 Tanning material
- 29 Small flat mass of a soft substance
- 31 Burden

Solutions on page 36

For online versions, visit nowmagazines.com



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Easy

	2					9		
1		6						5
	8	9	1					
7		4		6	9	3		
					2	4	7	
	6							
		8					2	
2	1				6			
			9				8	

Medium

			4		7			
8		2				6		4
3				8		2		
9					5	3		8
			8					6
4			3	9				
		9		5				
		5	7					
		6	9		4		7	

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Solutions on page 36



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Not available for picture

Marcus Vail, winner of the \$50 Cash Prize from NOW Magazines, said, "My daughter and I look forward to finding these together every month!"

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SEPTEMBER

Due to COVID-19, some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

8/23-9/19

Clear the Shelters 2021:

Tuesday-Friday: 11:00 a.m.-6:00 p.m.; **Saturday:** 11:00 a.m.-4:00 p.m., Burleson Animal Shelter, 775 SE John Jones Dr. (817) 426-9283.

9/1-9/30

BTX Best Fest:

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9/4

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9/11, 9/18
and 9/25

Old Town Picture Show:

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9/14

Medicare Options & Info:

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9/16

Playing 42:

Learn to play 42. Register for free class. Burleson Senior Activity Center, 216 SW Johnson. www.burlesontx.com/320/Senior-Activity-Center.

9/18

Be Healthy Run:

Burleson's ninth annual fun run and walk. Online registration ends 9/12. **1K:** 8:00 a.m.; **10K:** 8:15 a.m.; **5K:** 8:30 a.m., Mayor Vera Calvin Plaza, 141 W. Renfro. (817) 426-9113 or www.burlesontx.com/events.

Submissions are welcome and published as space allows. Send your current event details to lisa.bell@nowmagazines.com.



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1	R	O	T	4	I	R	A	S	
8	F	O	U	R	9	N	I	E	C
11	U	P	T	O	12	A	B	R	O
14	R	E	T	U	R	N	16	O	R
17	R	A	B	B	I	18	D	E	E
19	L	I	N	D	Y	20			
21	R	A	G	E	24	S	I	N	G
27	A	N	I	S	28	T	E	A	R
30	B	O	G	O	T	A	32	M	A
33	N	O	M	A	N	34	I	N	A
35	T	E	X	T	36	C	D	C	

Easy

5	2	7	6	4	8	9	3	1
1	3	6	2	9	7	8	4	5
4	8	9	1	3	5	2	6	7
7	5	4	8	6	9	3	1	2
8	9	1	3	5	2	4	7	6
3	6	2	7	1	4	5	9	8
9	4	8	5	7	1	6	2	3
2	1	3	4	8	6	7	5	9
6	7	5	9	2	3	1	8	4

Medium

6	9	1	4	2	7	8	3	5
8	7	2	5	1	3	6	9	4
3	5	4	6	8	9	2	1	7
9	6	7	1	4	5	3	2	8
5	1	3	8	7	2	9	4	6
4	2	8	3	9	6	7	5	1
7	4	9	2	5	8	1	6	3
2	3	5	7	6	1	4	8	9
1	8	6	9	3	4	5	7	2



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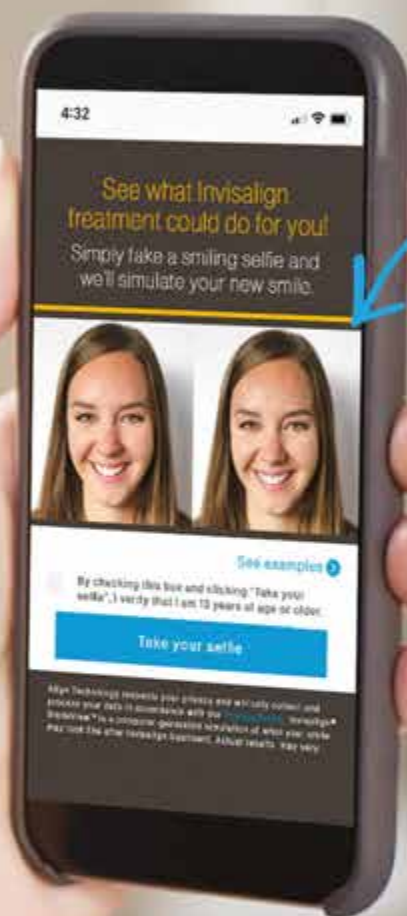
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