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SEPTEMBER 2019

# Hooping It Up

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# Love of History

Jessica Baber moves to Mansfield to preserve the past In the Kitchen With Norma Morales

Also inside: Scavenger Hunt

Featured Business: Atlas Foundation Co., Inc.

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Eleesa H. lost 27 lbs. in 8 months\*

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#### HOOPING IT UP

Darryl Lindsay's community is on the court, where he promotes his positive lifestyle.

14 LOVE OF **HISTORY** 

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#### ON THE COVER

Though Darryl Lindsay's not officially a coach, he's devoted to motivating his peers.

Photo by Lori Baur.

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#### **EDITOR'S NOTE**

What's in a name?

Growing up, our family drank a lot of Coke. And that's what we called Coca-Cola. Since then, I've discovered a few cultures call any fizzy bottled or canned beverage a "coke," and when ordering, they specify what kind of "coke" they want. Even here in Texas, I've ordered a Coke and been asked, "Will Pepsi be OK?" I suppose my answer depends upon my mood that day. Usually, no, nothing but a real Coke will do.

I think people's names are just as important. A young friend of mine named Logan thinks so, too. Nicknames are OK with us, so long as they're not denigrating. But as Logan said, "If you insist on calling me by any name other than mine, I won't know you're talking to me." And most of the time, when I'm calling someone, it's because nobody but that individual will do in that moment, for that reason.

There are so many special people in this community. Knowing them all by name seems impossible, but I have developed a little trick for those times when I commit the everynow-and-then mistake of forgetting a person's name. I write down that person's name in my journal, followed by a list of the positive traits I've noticed about them. Then I give thanks out loud for So-and-So, and for each of their useful characteristics, repeating their name for each attribute I mention. Next time I see them, I greet them by their name, and I can introduce them without fumbling.

Here's to meeting many more unforgettable people!







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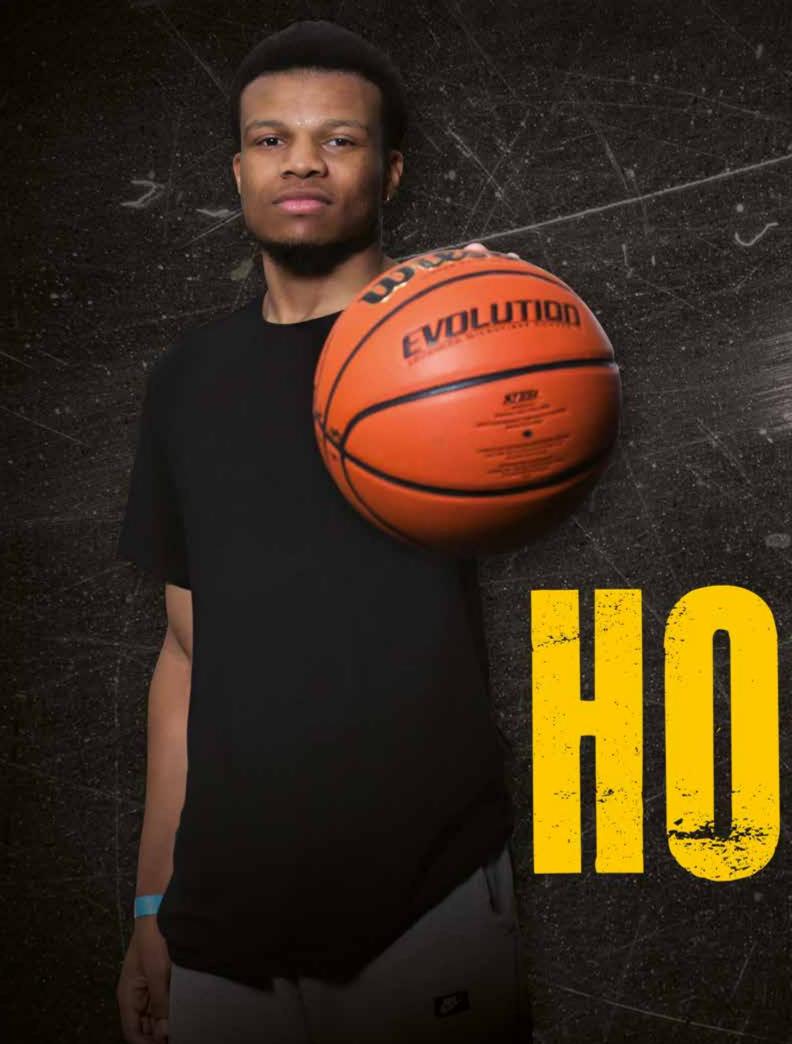












During seven years of showing up week in, week out, Darryl Lindsay has made it his mission to bring positivity to the basketball court. Every Tuesday and Thursday, from noon-3:00 p.m., Darryl joins men and women with all types of basketball backgrounds for pickup basketball at the Mansfield Activities Center. Players' spouses sit on the sidelines and sometimes dribble the basketball, too. One lady comes to watch the babies. Some leave early, for work or other errands off the court, but the ball never sits idle. Usually, almost 50 people find their way to the open gym.

A few have been playing together since their numbers totaled eight, and they couldn't run full court. "Took a while to get here," 21-year-old Darryl reminisced. "But if I did not have this chance to come play basketball, I don't know where else l'd be spending this type of energy. I couldn't see myself not doing this."

And this, for Darryl, is actually about more than basketball. It's an opportunity for him to "raise the standard," as he puts it. "Sometimes, the standard might be to just have a normal game. If you're down, the standard might be to just take that loss. For me, even though the odds are stacked, and I'm 5 feet 8 inches going against a lot of 6-footers, raising the standard is taking them head-on and winning."

After the games, they all go out to Chick-fil-A or another restaurant. On the weekends, a lot of the guys hang out. Even off the court, Darryl's community watches him building habits, setting goals and reaching them as fast as he possibly can.

Since 2015, Darryl has been diving into motivational books by authors like Robert Greene, Sun Tzu, Mel Robbins,

Napoleon Hill, Austin Kleon and Steve Jobs. "I read all the big thinkers in America, and try to get in their mindset, and try to emulate that in my own thing," he said. "It's not the work I'm impressed by — it's the thought. It's about changing yourself first, the way you think. That's my standard."

Though Darryl's not officially a coach, he's devoted to motivating his peers. "A lot of them do not realize the potential they have until you tell them, 'You really have talent. You can do it.' It's always fun to see somebody activate and play to their full potential," said Darryl, who encourages his basketball community to focus on what they want from themselves. He does the same in his occupation cleaning and delivering rental cars to customers of Enterprise Holdings. "When I notice others who seem down," Darryl said, "I tell them, 'You're not in the worst position. You can always come back from whatever situation you're in."

Since Darryl spends much of his day driving, he makes basketball a priority at the beginning of his workday. "I would not be in a fit condition if I didn't engage in athletics first, and the competitive edge keeps me going during the day," said





Darryl, who started playing street ball before he was 5 in Detroit, Michigan. At 13, he moved to the Mansfield area and began playing basketball in every gym and on every court he could get to. He found Mansfield to be calm, with people he thought of as "crazily amazing."

He's never forgotten the life-changing advice he received from basketball coach Ron Lane, at Bob Knight's Fieldhouse in Duncanville. "In eighth grade, I was very passive. I was in this little shell," Darryl said. "He always told me, 'Be yourself, whoever that is.' I chose to listen, to be myself, as positive as possible, to take my own way in the way I think and the way I speak."

After a year at Truman Middle School, Darryl attended Timberview High School until 2012. He switched to Lake Ridge High School, and before he graduated in 2015, he played with a nationwide organization, AAU, with which he won three basketball championships.

Darryl appreciates the balance between Rose Park and Towne Park, both outdoor courts. "Ever since I've been down here it's always been highvolume people at both those parks," he said, adding that for indoor basketball, the play travels between The MAC. Fieldhouse USA, Lifetime Gym, 24 Hour Fitness or Bethlehem Baptist Church. "A lot of these same guys that play there will also play with me here."

Having a brand-new surface for play at The MAC has been nice for everyone. Since January, when a plastic surface was





poured atop the 18-year-old concrete and new lines were painted, Recreation Services Supervisor Greg Guse has heard reports that the court feels better for people's bodies as if it has more give.

Physical stamina is necessary for the game these players choose, since they have to run a long court with other athletic people. "Like Big Gerald, who plays small forward and weighs about 200 pounds," Darryl said. "You have to get past him, try to get around him. That's very difficult to do. If he puts his arm on you, you're not going anywhere."

These players mix it up. They don't know what position they're going to play when they first arrive. A guy affectionately called "Ham" usually keeps up with the roster. The afternoon's teams are made from the first five people who show up and sign up, the next five, and so on. Each five-person team gets 10 minutes to play the next five-person team. Within their 10-minute game, the play proceeds to 10 points. Whoever scores 10 first wins.

"That's different than an organized team game, which is 20 minutes for each half. This is just 10 minutes flat that you have to play, which is one-quarter the time of a real game," Darryl explained. "The benefit is conservation of energy. You get to play more games and more teams, and you get more runs in."

Darryl considers teams with height the biggest challenge. "If all the tall guys arrive together, it would be a rough day for everybody at the gym," Darryl said, laughing. He likes going against the tall guys. "We have a lot of speed on our sides, and wits. We win 50/50. Coming out as the underdogs, those are the best days." NOW





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# Love of HISTORY

— By Lisa Bell

Throughout childhood, Jessica Baber experienced history as her favorite subject. Jessica also had a grandfather who spent a great deal of time delving into genealogy. Besides, family vacations always included battlefields, museums and old houses. How could those experiences not influence her love of the past? For Jessica, these adventures made history feel alive, adding to what she read in school or books.

As she entered college, history remained Jessica's primary focus, and a wise professor gave her the guidance she needed. The professor shared with her about a daughter who went to grad school, so she could work in museums. Jessica volunteered over the summer, and from that time forward, she realized a career working in museums would fit her perfectly.

Since Jessica received her master's degree in museum science from Texas Tech, she has worked in two Tribal Museums, the Seminole Tribe's Ah-Tah-Thi-Ki Museum in Florida and the Comanche National Museum and Cultural Center in Oklahoma. For the last five years, she managed the Layland Museum, which is the city-operated, local history museum in Cleburne. Soon after the city took over the Mansfield Historical Museum & Heritage Center from the Historical Society, they hired Jessica to manage it. In February 2019, she moved to Mansfield and hit the ground running. "It's been wonderful," she said.











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The museum, itself, focuses on local history. While they display founding and 3-D objects, they also have a large document archival area, complete with a workspace. Because genealogy is a big interest these days, Jessica takes pride in this room at the museum. "We try to be a one-stop shop," she said. "We love to help people who can't come in and, instead, reach out to us by phone or email. We will always try to find a way to answer people's questions about Mansfield history."

But, she admits, looking through the old documents interests her, as well. "Research is like solving a mystery," she said with a smile. "That's a fun part of my job." Among documents, she found a postmaster whose son was shot and killed in the post office. And she found the trial transcripts. Like putting together a puzzle, finding the pieces of a story and the details available at the museum fascinates her.

Jessica arrived at the museum during a time of transition, and she's excited about the future. While nothing is set in stone, she has many ideas. Although many displays remain static, she hopes to change some of them to represent different topics. Community feedback means a lot to the new museum manager. She wants input from local people, so she can include interesting exhibits based on what they currently have in the collection.

On a bigger scale, the highest priority on Jessica's project list revolves around the Man house, the former home of one of the city's founders. The city now owns the land on Broad Street where Ralph Man built his homestead. While the city works on physical restoration,





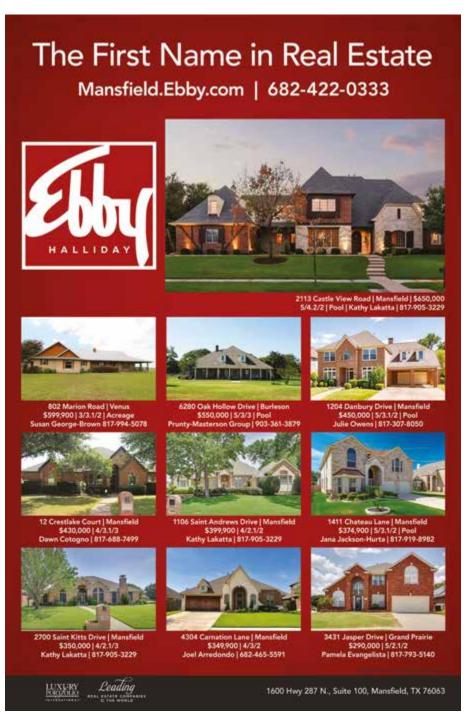
Jessica is hard at work on the backend. "This is a neat project," she exclaimed. "The fact that the city was working on restoring the founder's home showed me that historic preservation was a priority here. That is one of the reasons I decided to move to Mansfield."

For the Man House Museum, she plans to create an exhibit, so the space looks like a one-room cabin. Because the house has added rooms, she wants to include period articles for a parlor and bedroom, as well. When the Man House Museum opens within the next year, she hopes to offer period games, crafts and activities, so a visit becomes an immersive experience. Meanwhile, Jessica spends her time researching the family's history. She's looking for photos of the family and house, furniture from around 1865 and any other period information. She admits a need for community assistance and volunteers in this endeavor, welcoming anyone who wants to be part of the project.

As for the museum, she looks forward to establishing a relationship with the local school district, so she can involve children and perhaps take the museum to the schools. By adding programs and speakers, Jessica hopes to draw in visitors, as well as the local community. Much of the future remains in the planning phase, so she embraces suggestions. "That kind of feedback is invaluable," she said. "The museum exists for the people of Mansfield. We want to make sure that the stories we tell and the programs we offer are of interest to the community."

Jessica also prepares to host the ghost tours in October. This fun event serves as a fundraiser for the museum and involves many of the downtown buildings. Excited, she'll have the museum ready with new exhibits, and lots more to come. **NOW** 







# Atlas Foundation Co., Inc.

By Melissa Rawlins

Atlas Foundation Co., Inc. 3916 Heritage Court Burleson, TX 76028 (817) 478-1181 atlasinforequest@atlasfoundationinc.com www.atlasfoundationinc.com

Hours: Monday-Friday: 8:00 a.m.-5:00 p.m.

The trustworthy professionals of Atlas Foundation Co., Inc. travel throughout Johnson, Tarrant and Ellis counties to lift and stabilize foundations, correcting problems for homeowners and businesses. Atlas Foundation Co., Inc. was started in 1958 by Willard and Estelle Murdock, the grandparents of current owners Darrel Ford and Lonnie Ford.

Glenn Ford took over Atlas Foundation Co., Inc. after Willard retired and reared his boys in the business. Now, Darrel and Lonnie are teaching foundation repair and business management to their children, cousins Lindsay Green and Kyler Ford.

"Paw Paw did a lot of pier and beam work. Every hole was hand dug and then poured with concrete and allowed to cure. Over the years, the process has evolved, so we don't do many concrete piers," Lindsay said. "Most are prefabricated concrete pilings, pushed down with hydraulic systems." The company's thorough website takes people through their process, step-by-step.

The crews do dirty work, always under the supervision of Phillip Biondi, yet they are always thinking of the customer. Landscape plants needing to be moved are returned to their rightful place once the hard work is over. Atlas Foundation staff treats every customer just as they'd like to be treated.

Lonnie and Darrel visit with customers and prepare estimates on every Atlas job. They grew up working on crews solving foundation problems in up to four houses every day. There in the trenches, they learned how to advise people who call for help. "Every house is so different," Lonnie said.

"Neglect sometimes leads to plumbing issues. The opposite can also happen. A lot of homes, 40 or 50 years old, can have a plumbing leak that can cause movement in the slab, requiring a fix," said Atlas office manager Christy Ford, who is Darrel's wife and Lindsay's mother. Christy recommends calling and requesting that Darrel or Lonnie visit to estimate the extent of any problem you notice.

They recently added Foam Injection Concrete Lifting to their repertoire. This simple process allows them to level all types of structures, from pool decks to parking lots, preventing trip hazards without breaking out and repouring concrete. "As soon as we're done, you can drive on it or work on it," Lindsay said. "There's absolutely no downtime."

Listed on Good Contractor's, Angie's List and Better Business Bureau, Atlas Foundation Co., Inc. will share references from hundreds of testimonials of satisfied customers. Darrel enjoys spending time with his customers before, during and after the job, as well as having fun with the friendly, safetyconscious crews working to achieve Atlas' mission. "Daddy taught us, 'You always gotta fix it right, best you can," Darrel said.

Normally, they ask for payment on the day of completion. Since foundation repairs are not covered by insurance, Atlas provides financing to qualified customers. "We offer five-year and seven-year reduced interest loans or zero-percent financing when paid within 6 or 12 months," Lindsay said.

They also offer a free, lifetime structural warranty that goes with the house itself, so Atlas will take care of every foundation they've repaired for as long as that structure exists. If you're seeking help from people who are confident about being in business for generations to come, call Atlas Foundation Co., Inc. NOW







### Around Town



Christopher Cook and Joanie Pace represent Golden Air HVAC at the Mansfield Area Chamber of Commerce luncheon where Mac Fulfer taught face reading.

Highlands Village Senior Living's Shelley Reetz and Charity Smith have fun giving free tickets to the Rangers game against the Mariners.

#### **Zoomed In:**

#### Willie O. Lawson

By Melissa Rawlins

A multitude of witnesses, including Dr. Michael A. Evans, Sr. and Community Liaison James Leggs, stood by Deacon Willie O. Lawson as he cut the ribbon on Bethlehem's Pioneer Place. The new, affordable housing for those 55 and older provides 135 rooms as low as \$400 a month, all of which were on a two-year waiting list within weeks of the grand opening.

Since 1996, Bethlehem Baptist Church strategically purchased property, from the outside in, for the growth of the campus. The final site for Pioneer Place, directly across the street from the church campus, was purchased from the Lawson family. "My dad made no will. I can see why. With 14 kids you're going to have problems any way you go. It fell in my hands," Deacon Lawson said. "I think this is the best thing we could have done."



A few of the Crocs, Walnut Creek Country Club's swim team, play around for the love of summer.



Pipdilly's fantastical comedy show encourages children to read at the Mansfield Public Library.



Sarah Zink and Marilyn Gerloff enjoy an accidental reunion during lunch at Salata Salad Kitchen.



Gavin Rios studies to make the perfect shot at the courts in Katherine Rose Park.



Matt Lance and Sully cool off during Third Thursday in historic downtown Mansfield.







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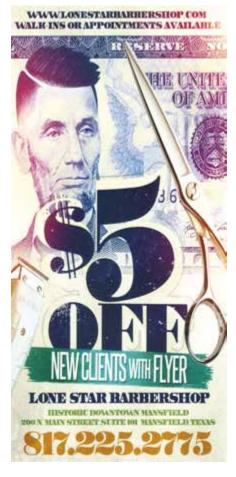
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At 16, Norma Morales started cooking on her own. But she remembers helping Grandmother Molly as a 5-year-old. "She never used anything from a bottle," Norma remembered. She firmly believes if you love something such as cooking, it shows in the final product, a fact Grandmother Molly always told her.

Norma finds enjoyment in cooking, especially after a stressful workday. She adjusts recipes for the palate of her 6-year-old daughter, who loves chicken strips. But, she also spends the majority of time cooking traditional Mexican foods, sending them with her husband to West Texas, since he works in the oil and gas industry. "Personally, I still resonate with the simple way of life we grew up with," she shared, "simple and easy foods that would feed many if needed." Now

#### **Migas**

Great any time of the day!

2-3 corn tortillas
2 eggs per person
1/4 cup milk
Salt and pepper, to taste
2 Tbsp. butter or oil
1 fresh jalapeño, diced (seed if needed)

1/4 cup onion, diced1 small tomato, chopped1/2 cup Colby Jack cheese, shredded

- **I.** Cut the corn tortillas into thin small strips. Fry them in a frying pan until crispy. Drain well on a paper towel.
- **2.** In a bowl, beat the eggs and milk; add salt and pepper as desired.

- **3.** In a pan, add a little oil or butter. When heated, add the jalapeño; allow to slightly soften, and then add the onions.
- **4.** Allow onions to cook until soft; adjust heat. Add the egg mixture along with the tomatoes and fried corn tortilla strips.
- **5.** Gently fold the egg mixture, allowing eggs to cook until done. Add the shredded cheese on top once egg mixture is cooked.
- **6.** Serve these eggs and fried corn tortillas with refried beans, Papas con Chile and warm tortillas.

#### Carne Guisada

Beef in a savory gravy that serves 6.

2 lbs. sirloin, cubed small
Salt and pepper, to taste
1 Tbsp. ground cumin
1/4 tsp. oregano
1 Tbsp. garlic, chopped
1 small onion, diced (optional)
1 heaping Tbsp. flour (to thicken)

- 1/2 to 1 cup chicken broth (may substitute water)
- 1/4 cup canned diced tomatoes, or 1 medium-size tomato
- **I.** In a large skillet, add enough oil to cover the bottom of the pan. Add the cubed beef. Add salt, pepper, cumin, oregano and garlic.
- **2.** Add the onions. Brown until the meat is done; cover and allow to simmer with the onions.
- **3.** Once the beef is cooked, add flour and allow to brown. When slightly browned and incorporated with the beef, add the broth slowly, a little at a time, while stirring.
- **4.** Slowly stir to allow the gravy to develop, working out lumps. Continue to add water or stock slowly while stirring until you get a medium, loose gravy. Turn the heat down low.
- **5.** Add diced tomatoes; taste for salt add more if needed. Cover and simmer 5-10 minutes, allowing all ingredients to marry.
- 6. Serve with tortillas and beans.

#### Molly's Pinto Beans

3 cups Casserole pinto beans

6 qts. water

1 Tbsp. salt

1 Tbsp. minced garlic

1 tsp. black pepper

I tsp. oregano leaves

2 Tbsp. light chili powder

1 Tbsp. ground cumin

3 pieces bacon (optional)

**I.** Rinse and strain beans. Add to a Crock-Pot. Add water and all other ingredients. Stir well.

**2.** Cover and set Crock-Pot on high for 6-8 hours, or overnight. Note: Beans must be completely cooled prior to placing the container in the refrigerator. You can also add cilantro, onion, chopped jalapeños and tomatoes later in the cooking cycle for borracho beans.

#### Papas con Chile

These potatoes with peppers are great for breakfast or as a side dish.

Vegetable oil, enough to cover bottom of pan

4 large russet potatoes, peeled and diced Salt and pepper, to taste

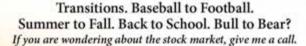
1/2 cup onion, diced

I medium tomato, chopped

2 fresh jalapeños, diced (adjust to heat preference)

1/2 Tbsp. minced garlic

**1.** In a medium pan, heat oil. Add potatoes, salt and pepper. Cover and cook over medium heat, allowing steam to soften potatoes.





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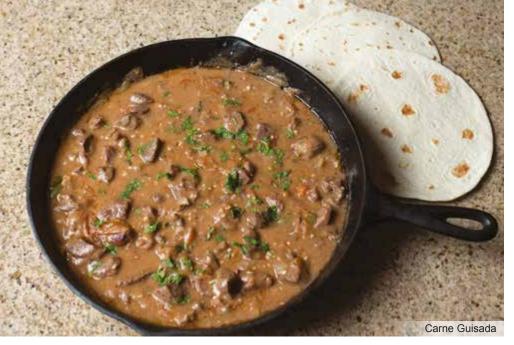
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- **2.** Once soft, add remaining ingredients, being careful not to burn the garlic.
- **3.** Stir gently and cover for approximately 10 minutes, allowing onions, tomatoes and jalapeños to soften.

#### **Funnel Cake**

2 large eggs 1 cup 2% milk 1 cup water

- 1/2 tsp. vanilla extract
- 3 cups all-purpose flour
- 1/4 cup sugar
- 3 tsp. baking powder
- 2 Tbsp. ground cinnamon (divided use)
- 1/4 tsp. salt
- 2 cups vegetable oil for deep-fat frying 1/4 cup confectioners' sugar, to taste
- **I.** In a large bowl, beat eggs. Add milk, water and vanilla until well blended.

### **2.** In another bowl, whisk flour, sugar, baking powder, I Tbsp. cinnamon and salt; beat into egg mixture until smooth.

- **3.** In an electric skillet or deep-fat fryer, heat oil to 375 F, testing temperature with a candy thermometer.
- **4.** Cover the bottom of a funnel spout with your finger. Ladle 1/2 cup batter into the funnel. Holding the funnel several inches above the oil, release your finger and move the funnel in a spiral motion until all the batter is released, scraping with a rubber spatula if needed.
- **5.** Deep fry 2 minutes on each side, or until golden brown. Drain on paper towels. Dust with 1 Tbsp. cinnamon mixed with confectioners' sugar; serve warm.

# To search for more great recipes

from any of the

#### 9 NOW Magazines

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## THE LOCAL TABLE

One cannot think well, love well, sleep well, if one has not dined well.

- Virginia Woolf



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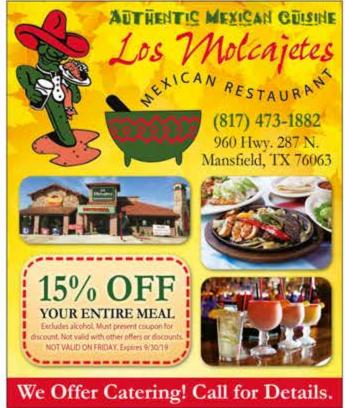
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## THE LOCAL TABLE

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- Virginia Woolf





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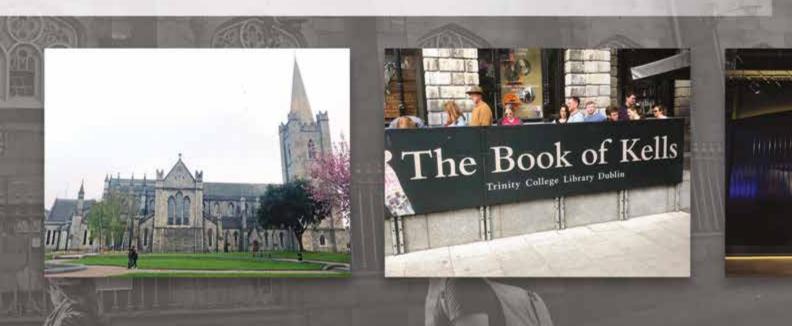
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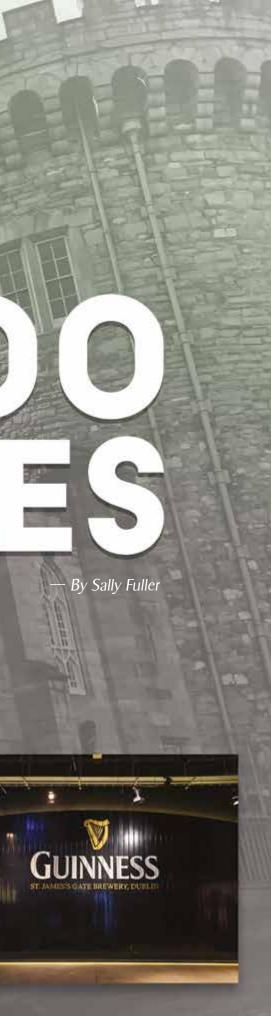


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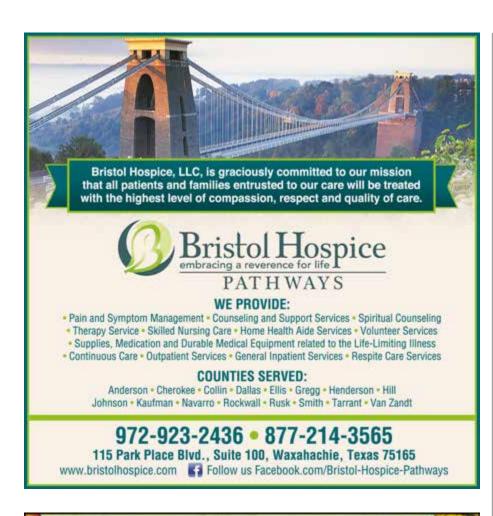
"Céad míle fáilte!" This traditional Irish greeting, which translated means "One hundred thousand welcomes!" is a fitting phrase to describe Ireland's capital. With a settlement of some kind present here for nearly 2,000 years, Dublin is the perfect mix of ancient and contemporary, with castles, cathedrals and hundred-plus-year-old pubs rising from stone and brick streets next to Dunnes Stores (think Macy's) and Insomnia coffeehouses (think Starbucks).















Whether you're a history buff, a literature lover, a "barley pop" devotee or on an ancestral pilgrimage, Dubliners enthusiastically welcome you. Explore their centuries-old castles and churches, laugh at stories of their famous authors and the timeworn pubs they loved, relax with a pint of your favorite beverage and be awestruck by the country's most treasured relic.

Ashtown Castle in Dublin's Phoenix Park and Malahide Castle, located nine miles from the city center, are both selfie-worthy, but to delve a wee bit deeper into Dublin's history, a tour of Dublin Castle is a must. Built atop the ruins of a Viking fortress dating to 930 A.D., the exterior of the castle is a hodgepodge of centuries of repairs and additions. Inside, a checkered history of rulers and rebellions lives on, amid beautifully appointed apartments and somber memorials.

The stunning architecture of St. Patrick's Cathedral alone makes this a necessary stop. Add to that its matchless claim as the spot upon which St. Patrick baptized the first Irish into Christianity around 450 A.D., and it can easily become the highlight of a Dublin tour. Standing in the church gardens and staring in wonder at the 141-foot spire (the tallest in all of Ireland), imagine yourself on the very spot where a group of pagan converts professed new faith in what was then a new religion. This stop can evoke a sense of the Divine in even the most earthly minded.

A visit to Trinity College Dublin for a peek at the country's crown jewel is also a necessity. *The Book of Kells*, housed (and guarded — no photos allowed) on the ground floor of Trinity's Long Library, contains a copy of the four Gospels

that date back to about 800 A.D. The Books, written entirely on calfskin, were compiled by monks who obviously were more than mere scribes. Each page of the Books contains spectacular illustrations and calligraphy in still-vibrant colors.

After a day of castles, cathedrals and Kells, spend an evening with two local actors, as they regale you with stories of some of Ireland's most famous authors on Dublin's Literary Pub Crawl. Starting at The Duke Dublin, you crawl to and through such places as Davy Byrnes, McDaid's and Neary's, where Irish literary greats such as James Joyce, Brendan Behan and Oscar Wilde whiled away many nights — and possibly some days — in the company of their compatriots and a pint of stout.

Speaking of stout, no trip to Dublin is complete without a tour of the Guinness Storehouse at St. James's Gate. While there, visitors learn about the beverage's unique brewing process, view the 9,000-year lease Arthur Guinness extracted from the city as an assurance the drink synonymous with the country will endure, and learn to "pour the perfect pint" at the Guinness Academy.

After the tour, make your way to The Brazen Head, Ireland's oldest pub. Established in 1198, The Brazen Head's nightly live entertainment with a menu boasting an extraordinarily creamy seafood stew as well as the staple fish and chips makes this a great place to eat, drink and be merry in the most Irish sort of way.



The Temple Bar district is synonymous with nightlife in Dublin. The narrow, cobbled streets down which you travel to reach not only the famous Temple Bar Pub but the plethora of other bustling after-dark spots remind you that amid the shining neon signs, you trod upon centuries-old streets here as in every other part of the city.





# BRIDAL DIY

— By Angel Morris

Whether you have unlimited funds or are building your wedding on a budget, it never hurts to save money. It can also lessen stress when you prepare as many decorative items as possible in advance. From flowers to photography, thinking creatively is important to arrange your wedding successfully.



#### Do-It-Yourself Invitations

Assuming you have chosen wedding colors — the primary shades you'll use in decor — one of the next steps is to select invitations. While etiquette suggests invitations need not be sent until about three weeks prior to your event, they are an item you can create as soon as you set the date and reserve venues.

While some couples still choose traditional, engraved invitations, many take advantage of online printing services or print them at home. Some even hand draw invitations if that speaks to their personal style. Printing services abound on the web, and customer reviews let couples know which companies are best.

Office supply stores offer not only online printing, but also have many stationery options for couples wishing to print invitations at home. Keep in mind, the invitation is one of the first items guests see related to your wedding, and they should relate to the style of your event, as well as your personality. Check these off your to-do list as early as possible, and plan the rest of your decor around them!





Volunteers Needed for the 2019 Fall Creekside Cleanup

Saturday, Oct. 12 Clean up: 9:00 - 11:00 a.m. Lunch: 11:00 a.m. - noon



Register yourself, your family, or a group to help pick up litter along Walnut Creek. Attention scout leaders - patches and badges can be earned for participating!



For more information and to register, contact Rebecca Sales - email Rebecca.Sales@mansfieldtexas.gov or call (817) 728-3610

# & SHRED DAY

Saturday, Oct. 5, 8:00 a.m. - 12:00 p.m. Chris W. Burkett Service Center 620 S. Wisteria Street



- Tree limb & yard waste drop off at 24 N. Mitchell Road
- Pickup available for senior and disabled residents - email ecc@mansfieldtexas.gov or call (817) 728-3610

PROOF OF RESIDENCY REQUIRED NO BUSINESSES OR CONTRACTORS





#### Do-It-Yourself Florals

While fresh flowers are beautiful, they can also be expensive. Faux flowers can be pricey, too, but since they last forever, the choice may be worth the investment. Another option is to use a blend of real and faux flowers to best meet your budget.

Wrist corsages are making a comeback, replacing traditional bridesmaid flowers and even the bridal bouquet. This is a money-saving option and, with faux flowers, can be prepared in advance.

Smaller than bouquets, corsages not only cost less but can also be just as pretty with faux flowers. You'll only need one or two dominant stems and filler such as greenery or baby's breath. Online search engines offer step-by-step creation instructions, plus images of corsages from which to take inspiration. Similarly, groomsmen boutonnieres can also be made inexpensively.

When it comes to floral centerpieces for tables, some couples prefer to use fresh flowers, as these will be seen more closely by guests than corsages and boutonnieres. If you can find faux florals that meet your standards, however, this is another excellent way to save money and prepare in advance.

Collecting a mix of bottles and vases of different sizes and shapes is relatively easy by checking craft and thrift stores. They are also offered online at discounted prices when you buy in bulk. It only takes a few stems (faux or fresh) to fill small bottles with narrow necks and grouping several containers together — perhaps tied with ribbon — makes a lovely centerpiece.

# Z ~ T >0

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#### Do-It-Yourself Photo Booth

Photo booths have been on trend for years but still hold out as a great way to involve guests in festivities. Preparing a designated spot and asking guests to send you their pics from your event is an excellent way to capture photos without increasing what you spend on your wedding album.

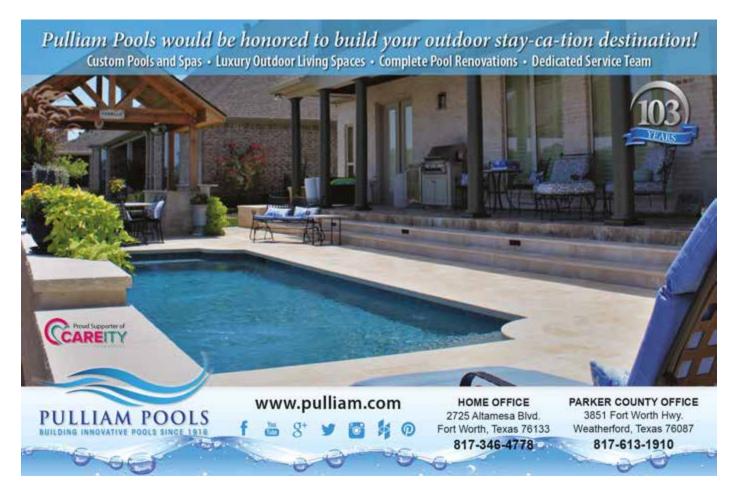
While many agree hiring a professional photographer or talented friend to capture your wedding is an essential part of the budget, the photo booth is a way to get more images at little cost.

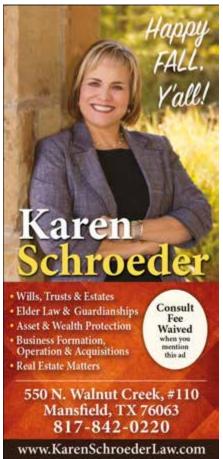
Scout out your venue and take note of what is already on hand, such as beautiful doorways or decorative wall spaces that can easily serve as your backdrop. Remember, florals from your ceremony can move to your reception area to beautify your backdrop, too.

A little decor goes a long way in photo booths, as you want the focus to be on your subjects anyway. Consider a couple of tall potted plants for each side of the booth and perhaps an overhead garland of faux greenery or fairy lights.

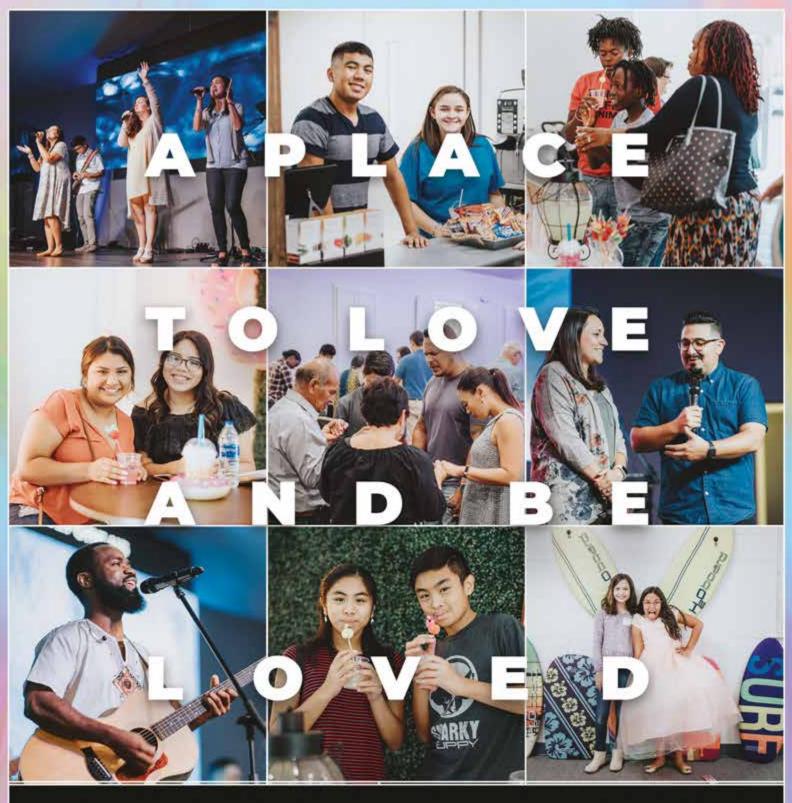
Ready-made props are available at party stores and online, but a creative couple can make their own or enlist crafty friends to create them. Booth setup is a great responsibility to delegate to a creative friend and one less thing for the couple to fret over.

Remember, asking friends to give of their time and talent in lieu of store-bought gifts is a way to save money and involve loved ones in special ways — from floral design to photography. Wedding DIY opportunities are endless and a wonderful way to prepare in advance and save money when designing your perfect day.









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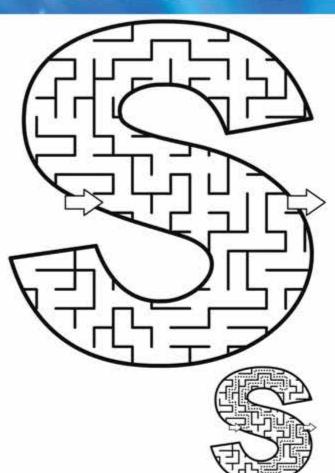








# Mis Fun Page



## **Maze game**



#### Colors

E	0	1	S	Α	L	Р	W	Н	1
G	R	N	N	0	M	U	K	В	Т
N	Α	D	Ε	L	Р	R	N	L	E
o	G	1	0	R	G	P	1	U	K
R	Ε	н	С	E	E	Т	G	Ε	Н
K	N	L	Ε	Y	N	U	R	Α	Α
c	W	L	О	U	Q	R	В	Υ	K
Α	0	0	1	S	Ε	Α	Ε	Ε	1
L	R	w	R	Ε	D	т	1	G	С
В	В	M	Α	G	Ε	N	N	Α	Υ

Find all the words from the word list (ignore spaces and dashes):

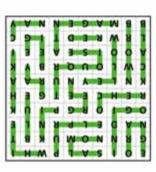
BEIGE BLACK BLUE BROWN CYAN GRAY GREEN INDIGO KHAKI

**MAGENTA** 

OCHER
ORANGE
PINK
PURPLE
RED
SALMON
TURQUOISE
WHITE
YELLOW

This is a zigzag word search puzzle.
Words go left, right, up, down, not diagonally, and can bend at a right angle.
There are no unused letters in the grid, every letter is used only once.

#### ANSWER:





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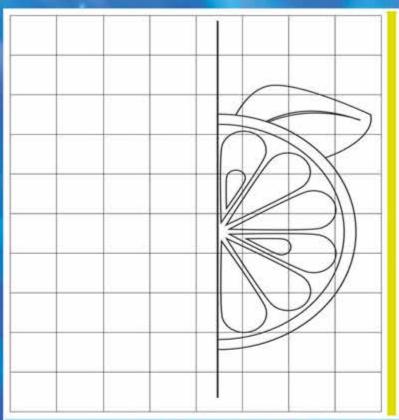
Please send resume to info@childrenstherapysolutions.org

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# Mis Fun Page



Oo Orange

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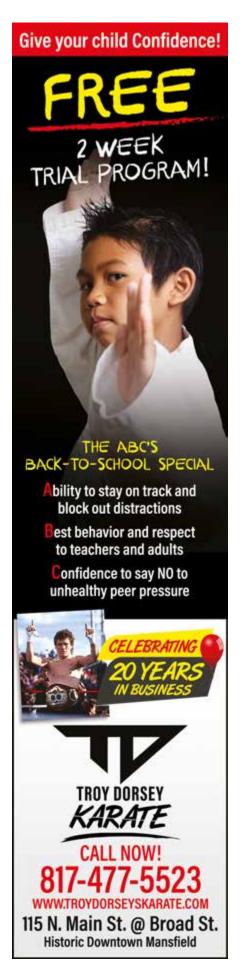
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#### **Crossword Puzzle**

1	2	3	4	5		6	7	8	9	
10		T	+	$\vdash$		11		$\vdash$	$\vdash$	8
12	1	T	$\vdash$	+		13		t	t	14
15	1	T		16	17			18	t	t
			19	┪	t		20		t	t
21	22	23	Т	+	+	24		T	t	t
25	1	t	t		26	+	t			
27		T		28		T		29	30	31
32	1	$\vdash$	33			34	35			1
	36	T	t	T		37	$\vdash$		T	T
	38	+	+	+		39	+		+	+

Crosswordsite.com Ltd

#### Across

- 1 Color of an unclouded sky
- 6 Memorable pop Mama
- 10 Immigration essentials
- 11 Aussie gemstone
- 12 Not capable
- 13 Later in this text
- 15 Outmoded taper's buy
- 16 Recede
- 18 Gone by
- 19 For each
- 20 Mogadishu-born model
- 21 Breakfast greeting
- 25 Musical phrase
- 26 Chisholm Trail state
- 27 The whole lot
- 28 Gave food
- 29 Sports org. producing "Deuce" magazine
- 32 Picture border
- 34 Bury
- 36 Separate article
- 37 With a single voice
- 38 Wooden-soled Japanese shoe
- 39 Puts the plane down

#### Down

- 1 Tel follower in Israel
- 2 It galvanizes
- 3 Employer
- 4 Talk music
- 5 Respect
- 6 "Twelve Angry Men" star
- 7 Emulate
- 8 Italian sausage
- 9 Catchphrase
- 14 "The World of Suzie ---": 1960 film
- 17 Penniless
- 19 Email attachment format
- 20 Tavern
- 21 Match for Agassi
- 22 Roughneck's workplace
- 23 Not long ago
- 24 Tire type
- 28 Govt. disaster relief org.
- 29 100 cu. ft. for a nautical measure
- 30 Look after
- 31 America's C-in-C
- 33 Encountered
- 35 Cryptographic org.

For online versions, visit nowmagazines.com

Solutions on page 52











#### Sudoku Puzzle

Easy Medium

	1	8	9			7		
	2		5	4				
9			4	8				2
	3				5	6		
		4						1
							7	4
6				7		1		
5	9							6

6				7	2			
		9			3			
			5				6	
							8	
	5	8				1	2	
4		3	9					
	6			8				
		4			1	2	5	
				5		9	3	6

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Solutions on page 52

















## Through October

#### **Mansfield Farmers Market:**

Enjoy a congenial morning buying locally grown produce, prepared foods and locally made quality arts, crafts and more. 8:00 a.m.-noon, 703 E. Broad St. mansfieldtxfarmersmarket.com.

#### 9/5

#### Yoga for Adults:

Beginners experience how to breathe and develop strength and flexibility. Bring your own yoga mats. Free. 6:00-7:00 p.m., Mansfield Public Library, 104 S. Wisteria St. Faria Matin, (817) 728-3690.

#### 9/7

#### 12th Annual Golf Classic:

Register now to play and raise funds for the Dr. Michael A. Evans Sr. Scholarship Foundation. 7:00 a.m., Tangle Ridge Golf Course, 818 Tangle Ridge Dr. Jeanetta Racy, (817) 473-1236.

#### **LinkedIn for Beginners:**

Teens and adults in the job market learn to create an attractive profile and the do's and don'ts of social media. Free. 1:00-2:30 p.m., 104 S. Wisteria St. Register at www. mansfieldtexas.gov/calendar.

Music Alley Festival: '80s music, arts and entertainment

for the entire family. 4:00-10:00 p.m., Historic Downtown Mansfield. Mansfield Commission for the Arts, www.mansfieldtexasarts.org.

#### 9/9

#### Apple Picking Pre-school Story Time:

Parents and their kids will enjoy apple-themed stories with coordinating snack, crafts and fun during these weekly meetings, starting on 9/9. Free. 10:00-10:45 a.m., 3001 Gertie Barrett Rd. Register online at www.bisbeebaptistchurch.com.

#### 9/10

#### **Girls in Action:**

Grow with other first-through sixth-grade girls in faith, service and friendship during these weekly Mansfield-South Arlington Community Group meetings, starting on 9/10. Free. 6:15-7:30 p.m., 3001 Gertie Barrett Rd. tarrantbaptistga.com.

#### 9/12

#### Life After the Pause:

Enjoy lunch and Q&A with a doctor to learn about new solutions for the discomfort that comes during women's transitional stages. \$10-\$15. 11:00 a.m.-1:00 p.m., 114 N. Main St. (817) 453-1080.

#### 9/13

#### Stop the Bleed:

The general public is welcome to learn simple bleeding-control techniques that effectively slow blood loss and save lives. Bystanders with little or no medical training can become lifesavers. Free. 11:30 a.m.-1:00 p.m., 114 N. Main St. DeLisa Aldridge, (817) 453-1080 or delisa@mansfieldchamber.org.

#### 9/19

#### **North Texas Giving Day:**

Show your support for any of the many local charities and nonprofits benefiting our community daily. All day, multiple locations. For more information, visit Northtexasgivingday.org.

#### 9/20

#### Love & Logic Parenting Class:

MISD raises the odds for developing responsible behavior. Free. 8:30-9:30 a.m., Carol Holt Elementary School, 7321 Ledbetter Rd, Arlington. PatriciaRobinson@misdmail.org.

#### 9/24

#### Voter Registration or Update:

Adults exercising the right to vote can have a say in how local, state and federal governments are run. Volunteer deputy registrars help get citizens registered. Free. 10:00 a.m.-7:30 p.m., Mansfield Public Library, 104 S. Wisteria St. Faria Matin, (817) 728-3690.

#### By Appointment

#### **Mansfield Mission Market:**

Families, seniors or anyone in MISD who needs access to food is welcome to call. Pets are provided for, as well. 8:00 a.m.-4:00 p.m., Mansfield Mission Center, 777 N. Walnut Creek Dr. For more information, call (817) 473-6650 or visit www.mansfieldmission.org.

#### Second Weekends

#### Household Hazardous Waste Dropoff:

Bring your paint, aerosol cans, electronics and recyclables along with proof of Mansfield residency. A list of accepted items is at www.mansfieldtexas. gov/ecc. **Thursday and Friday:** 3:00-7:00 p.m.; **Saturday:** 10:00 a.m.-3:00 p.m., Mansfield Environmental Collection Center, 616 S. Wisteria. (817) 728-3655.

#### Mondays

#### **Miracle Mondays:**

We pray at no charge for people with any issues, and teach others to pray for healing and wholeness. 10:30 a.m.-1:30 p.m., The Healing Place, 600 Strada Circle, Ste. 210. Bill Dasch, (817) 319-0129.



#### 9/18

Coffee and Conversation: Ask your legislators anything during these round table discussions. Free. 8:00-9:30 a.m., The Center for Performing Arts, 1110 W. Debbie Lane. (817) 864-8750 or lori@mansfieldchamber.org.

#### Third Mondays

#### **Mansfield Art Association** Meeting:

Enjoy a demonstration of technique while networking with local artists. 6:30-8:30 p.m., Chris Burkett Service Center, 620 S. Wisteria St. (817) 313-6327 or www.mansfieldart.org.

#### Mondays, Wednesdays and Fridays

**Veterans Support Groups:** The Combat Trauma Support

Group is a fellowship for combat veterans. The Veteran Caregiver Group is a support group for spouses and caregivers of our combat veterans. They share experiences and information regarding the invisible wounds of war and how their families are affected. 6:00-9:00 p.m., C Building, First United Methodist Church, 777 N. Walnut Creek. (817) 477-2287, ext. 231.

#### Mondays-**Fridays**

**Senior Lifestyles Program:** If you're age 55 or older, enjoy

vital services and life-enhancing activities, such as devotional singing, bridge, ceramics, exercise, bingo, games, crafts, Red Hat Society and dance classes. Day trips are also planned for participants, as well as parties and restaurant excursions. 9:00 a.m.-2:00 p.m., Mansfield Activities Center, 106 S. Wisteria. (817) 728-3680, ext. 3687.

#### Mondays-Saturdays

Mansfield Mission Center **Thrift Store:** 

Monday-Friday: 9:00 a.m.-7:00 p.m., Saturday: 9:00 a.m.-5:00 p.m., 703 E. Broad St. (817) 225-4868.

#### Wednesdays

#### mindForge:

This free mindfulness session teaches evidence-based insight meditation. 7:00 a.m. and 7:00 p.m.: Calibration Chiropractic, 408 S. Main St., Ste. B. Call Dr. Jordan Adams at (817) 779-3435.

Submissions are welcome and published as space allows. Send your event details to melissa.rawlins@nowmagazines.com.



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# SCAVENGER



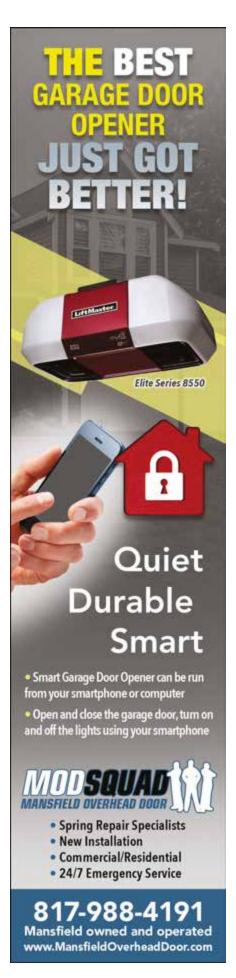
Kodi, the dog, poses with Brian Aylor, winner of the S100 Visa Gift Card from NOW Magazines said, "I enjoy the monthly scavenger hunt AND MansfieldNOW!"



Jacy Dale, winner of the S50 Visa Gift Card from Window Genie said, "Thank you Window Genie & MansfieldNOW for blessing my family!"



Scotty Roberson, owner of MTM Countertops. donates a \$50 Texas Roadhouse Gift Card. Winner, Megan Sowards Gardner, not available for picture.



## Crossword -Sudoku Solutions

A	Z	3 U	<sup>4</sup> R	٤E		°C	<sup>7</sup> A	*S	s	
10 V	T	S	Α	S		10	P	Α	L	
1	N	E	Р	Т		13 B	E	L	0	14W
٥ ٧	С	R		16 E	17 B	В		18 A	G	0
			19 <sub>P</sub>	E	R		20	М	Α	N
G	220	23	D	М	0	24 R	N	-1	N	G
R	1	F	F		<sup>26</sup> K	Α	N			
A	L	L		F	E	D		29 A	30 <sub>T</sub>	31P
F	R	Α	33 M	E		34	35 N	Т	E	R
	36	Т	Ε	М		37 A	S	0	N	E
	38 G	Ε	Т	A		39 L	A	N	D	s

#### Easy

3	6	5	7	1	8	4	2	9
4	1	8	9	2	3	7	6	5
7	2	9	5	4	6	3	1	8
9	7	6	4	8	1	5	3	2
8	3	1	2	9	5	6	4	7
2	5	4	3	6	7	8	9	1
1	8	3	6	5	2	9	7	4
6								
5	9	7	1	3	4	2	8	6

#### Medium

6	4	1	8	7	2	5	9	3
5	8	9	1	6	3	7	4	2
2	3	7	5	9	4	8	6	1
								4
7	5	8	3	4	6	1	2	9
4	2	3	9	1	8	6	7	5
3	6	5	2	8	9	4	1	7
9	7	4	6	3	1	2	5	8
8	1	2	4	5	7	9	3	6

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Friday 8am-4pm • Saturday 9am-5pm



Mark A. Bishara, M.D. Harvard Fellowship trained in Aesthetic & Reconstructive Plastic Surgery Diplomate of ABHRS



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