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SEPTEMBER 2019

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Bricks and Beauty

Biking, running, swimming – Mike Frankos does it all

2019 Downtown Fall Sales Guide

In the Kitchen With Tonya Dearen

Also inside:

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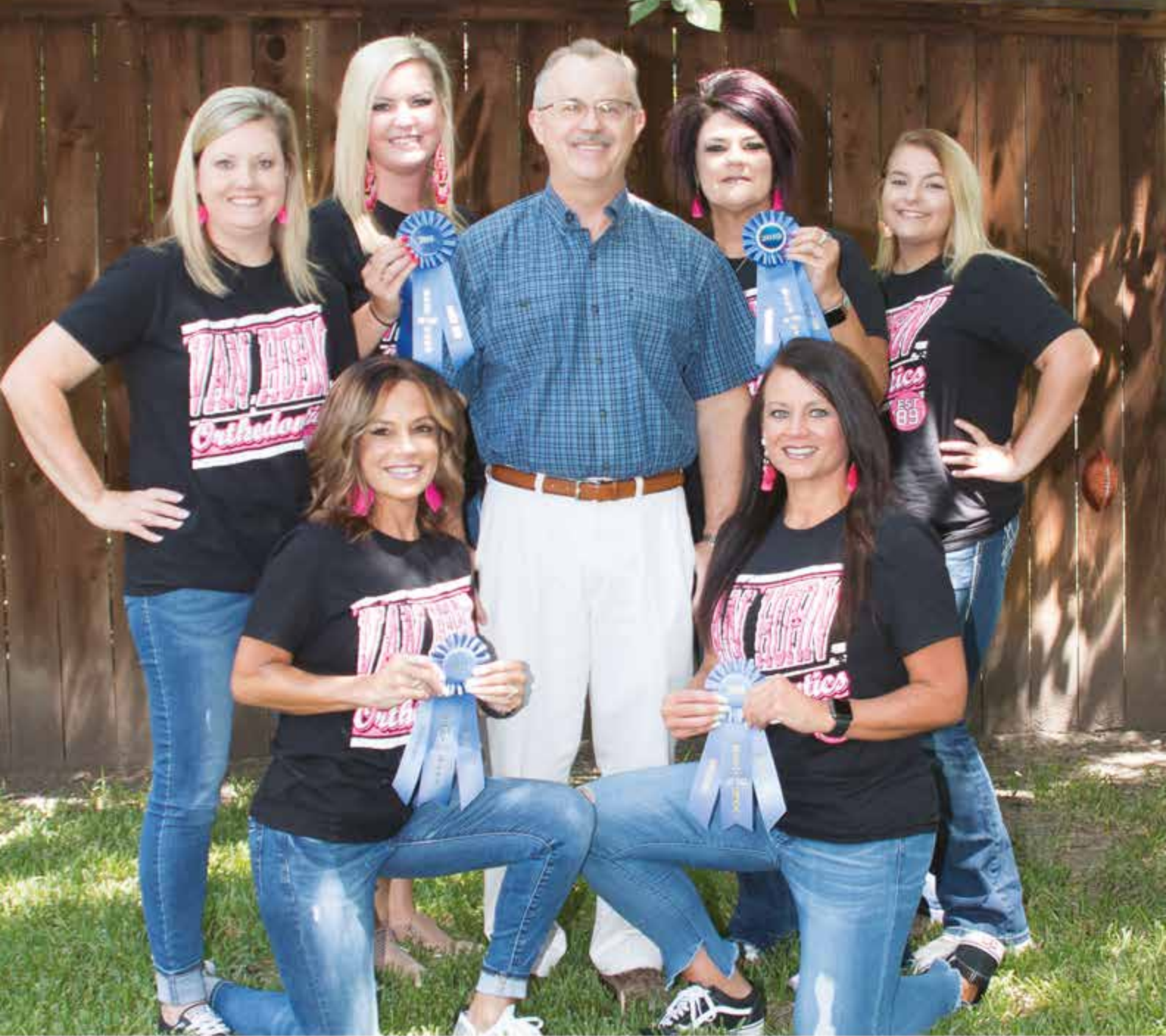
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SENTINELSON

September 2019 | Volume 16, Issue 9

8 CALLED TO SING
Nathan Guerry's music is inspired.

14 BRICKS AND BEAUTY
Mike Frankos' athleticism fostered the Tour of Corsicana Bike Stage Race.

30 CITY OF 100,000 WELCOMES
Tread on centuries-old streets for a blend of history and modern adventure.



18 BusinessNOW

20 Around TownNOW

24 CookingNOW

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ON THE COVER

The sun's shining brightly on this musician's future.

Photo by
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Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (903) 875-0187 or visit www.nowmagazines.com.

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EDITOR'S NOTE

Celebrating workers everywhere!

Labor Day has always been an ending and a beginning point in my years, both as a student and teacher. It used to signal the end of summer fun days with the pool closing. No more laying out in the sun, swimming laps, friends playing Marco Polo or practicing our crazy dives from the high board. Labor Day swim races and diving contests were followed by watermelon seed spitting contests, which couldn't last too long into the evening, since it was a school night. That's right, the first day of school used to also dawn on Tuesday after Labor Day. Appropriate, don't you think, since students and teachers were back in the saddle laboring away at reading, writing, arithmetic, history and science?

In Corsicana, we're so blessed to have a parks and recreation department and library that provide safe fun for kids of all ages throughout the summer months. Here's hoping area families had a great time making new memories.

As always, I spent some of my summertime with my grandchildren and their parents having fun with them in far-flung places. Graduations from the youngest in kindergarten to one of the oldest in college, swim lessons, horseback riding and showing, hiking and biking — it was a full schedule with memories made.

I also got to spend time with my three sisters — a very rare event these days. We shared much laughter and joy while visiting and pouring through old family photo albums.

Until we meet again Around Town!

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The ultimate venue for the expression of Nathan Eden Guerry's musical gift is yet to be determined, but it is clear that wherever he is, he will be happy as long as he can make music. "I have performed in coffee shops and small churches. I spent the summer as an intern leading worship in a large Methodist church in Woodlands, Texas," Nathan shared. "I believe I will be happy leading worship for a church or writing songs and performing in Nashville. I just want to follow wherever Jesus leads me."

CALLED TO *SING*

— By Bill Smith

During his first month of the summer internship, much of his time during the week was spent practicing for leading worship on Sunday. Nathan estimated the auditorium would seat about a thousand people. The second month included trips to various youth camps in Texas, serving as a worship leader with the band from the church. A time in Nashville followed and included some songwriting and a chance to work in a music studio, and finally, he went on a weeklong mission trip with other members to Costa Rica.

Although Nathan does not have deep personal experience in music to draw upon at this point in his young career, he does have an inspirational legacy that he is following. His grandfather, Elmo Guerry, was a talented musician. "He always played the guitar when I was a child," Nathan explained. "He made me fall in love with music. Long before I could hold a guitar, Grandpa had me sitting in his lap with the guitar, and I would strum the strings with my fingers."

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"My grandpa was in a bluegrass gospel band. His main instrument was the fiddle. Though both my grandpa and my grandma passed away over 10 years ago, I like to think of them looking down from heaven and smiling as I play and sing."

Though there's no doubt that his grandfather was his inspiration, Nathan did not start playing the guitar until about two years ago. "About the time we were graduating from Mildred High School, my friend, Macee Shealy, and I started learning the guitar together," he explained. "We had only been learning about four months when my youth pastor, Keith Dunnahoo, at Mildred Baptist Church asked if we would lead the worship music for the youth group. I have to admit, I was still a little 'rough.' My youth pastor had us leading the music regularly on Wednesday evenings, and it really helped us mature as musicians. We learned very quickly. It was a real motivation for us."

Those experiences helped Nathan overcome any timidity he had regarding performing in front of groups of people. "Soon after that, I started getting gigs in front of other groups, such as coffee shops. My grandpa's favorite song was 'Go Rest High on that Mountain.' A few months ago, on the 17th of May, I played that song during a gig at Mita's Coffee Lab. I know my grandpa enjoyed it."

Friends and family support have obviously been important as Nathan's journey continues. This past spring, he was helping lead worship at a local Methodist church. "My friend, Isaiah Johnson, was helping lead worship there.



I got involved in a college worship event, Amplify, at Navarro College every Tuesday night. I started leading there and met a Methodist pastor. He saw me singing and playing the guitar and asked me to lead one Sunday and then asked me to join the worship team.

Regardless of which path Nathan chooses, whether worship leading or performance, he knows that



he has the support of parents, friends and family. "There's a difference between leading worship and performing," Nathan added. "Worship leading is all about God. The attention is not drawn to me, but it is drawn to Him."

Although he knows music is his future, Nathan is still a generalist in his college studies. He is currently at Navarro College but is looking forward to continuing his education at the university level. There are no definite plans, but Nathan indicated he is leaning toward studying music production. Having written several songs, he has one particular song he would like to record this year. He did not want to give away the title or theme of the song yet, but it is sure to be something to look forward to.

"I actually use my first name and middle name, Nathan Eden, as my stage name when I am performing. I'm not sure right now where my love for music will take me, but I am sure that my career will include music, whether it be music ministry or performing. I will go where the Lord leads me. My favorite Bible verse is John 1:5, 'The light shines in the darkness, and the darkness has not overcome it'" (NIV). Like the lyrics of a song by Barry Manilow, Nathan "writes the songs that make the whole world sing." He just has not released them yet! **NOW**



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A photograph of a male cyclist in a yellow and blue jersey riding a white Ridley road bike on a brick street. The cyclist is wearing a white helmet and is looking forward. The background shows a brick wall and a poster with a woman's face.

BRICKS AND BEAUTY

— By Virginia Riddle

Flashes of color whiz by on Corsicana's challenging brick streets as riders gain speed and negotiate slippery turns of the downtown approximately one-mile Criterium Race, one leg of the Tour of Corsicana Bike Stage Race. Spectators and volunteers delight in the Kids' Race that precedes the Criterium, which attracts serious biking individuals and teams from sites in Texas and beyond for the weekend of challenges. "Making the turn from West 3rd onto Beaton and heading toward the finish line — that's an incredible experience," Mike Frankos, the race's coordinator, revealed.

Mike knows that competitive thrill. At 68 years young, he's earned Ironman rights eight times, competed in 16 half-Ironman triathlons, run 18 marathons and, occasionally, with the Corsicana Fruitcakes, participated in 12 Hotter'N Hell Hundreds in Wichita Falls. "I've been in lots of races over the years, but I've been a runner since my Marine Corps days," Mike explained. At age 46, he took up bike riding and swimming as part of his knee surgery rehab. Born in Wisconsin, Mike was raised in California. "I was a surfer, not a swimmer," he said.



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Retirement from a career as a financial planner and banker in North Dallas suburbia brought Mike and Laura, his wife of 44 years, to Lake Richland Chambers 10 years ago. "One of the joys of the race is the interaction with the riders and clubs," Mike said.

It was this interaction and encouragement from a neighbor, Bruce Howard, coupled with a desire to give back to the community, that prompted Mike to connect with Zac Lytle, a bike race promoter; Paul Hooper, Corsicana & Navarro County Chamber of Commerce president at the time; the CVB; and Corsicana city officials to get the first race going in 2011. "With luck and God's grace, we had 85 riders that first year. We've grown to the mid-300s this year, bringing in an estimated \$45,000 to the city," Mike stated.

Busy coordinating the spokes in the wheel of volunteers, racing officials, bike clubs and medical, police and fire support, Mike doesn't compete in the race, but he does lay out the course. "As race weekend approaches, it feels like the circus is coming to town with all the different acts, animals and people," Mike half-joked. A volunteer himself, he credits the race's success to the help he gets from the Chamber staff and ambassadors, city personnel and friends from the "Fruitcakes" and "Lakerz."

"Coordinating this race keeps me focused during the winter and gives me the opportunity to give back to the community," Mike stated. The Texas weather is Mike's biggest challenge.





One of the few stage (multi-day) races in Texas, a 5-mile time trial, the Kids' Race and the Criterium on Saturday are followed by an 88-mile Road Race on farm-and-market roads and a separate 92-mile gravel ride. "This is a sanctioned event, so our race is a big deal for these riders. They can earn points toward becoming a professional," Mike explained. "All that's needed to ride are a helmet, bike and shoes, but the basic competitive level bike will run about \$1,400 and upwards to \$7,000 or more." Upgrades to gearing, electronics and a lighter frame run the cost up. The Kids' Race is the exception — every kid gets a free helmet, and four kids receive free bicycles!

For Mike, a race is the "gravy." He said, "I love training." Mike watches his nutrition before a competition, swims at the lake and the YMCA and does about 90 miles of roadwork weekly. He earned his first Ironman in the Great Floridian Triathlon. "Six weeks beforehand, I crashed on a downhill and separated my shoulder," Mike recalled.

Laura decides the destinations, Mike races, and then they vacation with friends and family. His two most memorable races were his first Ironman and first Whiterock Marathon when his parents and Laura were there. "In Florida, Laura and my mom 'ran' across the finish line with me. Those moments were hugely emotional, and then my dad passed away four months later. It's a bittersweet memory."

Four bike wrecks haven't deterred him from creating future memorable moments. Mike concluded, "I do this because I love it, and because I can. So, if you see a lone bike rider or runner on Highway 287 east of town, it's probably me. Feel free to honk and say, 'Hi!'" **NOW**

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BusinessNOW Stewart Insurance Agency

— By Virginia Riddle

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customers — what they do, what they like to do, where they're from and what brought them to Corsicana," Paula explained.

Stewart Insurance Agency is a member of the Independent Insurance Agents of Texas, Trusted Choice and the Corsicana & Navarro County Chamber of Commerce. The agency sponsors the Navarro County Youth Expo lamb show and supports the Derrick Days Rodeo, which helps provide for the Go Texan Scholarship. The staff enjoys making thank-you baskets for area first responders and loves filling shoeboxes at Christmastime for Operation Christmas Child. "We also help with fundraisers for community folks who have a devastating illness or urgent need," Paula recalled.

A Navarro County native, Paula grew up near Blooming Grove. She graduated from BGHS, Navarro College and Sam Houston State University with an accounting degree. "No one says, 'When I grow up, I want to be an insurance agent,'" Paula quipped. She was working as an accountant when she met and married Badie. "He's the reason I'm in insurance, and I'm so thankful we've been able to share this career. We enjoy working in the same office, and he's taught me so much," Paula added. She has been licensed to sell property, casualty and life insurance since 1997.

Parents of four children, the couple have three grandchildren and are members of Corsicana First Baptist Church. "We love the out-of-doors and spend most of our free time at the farm fishing and riding 4-wheelers with the kids, enjoying our time together as a family. Personally, Paula volunteers with CASA of Navarro County, the House of Refuge and serves on the Salvation Army's board of directors.

Challenges arise. "Keeping up with industry changes and so many insurance companies' changing rates and coverage keeps us busy," Paula explained. "We want to keep our customers protected and, at the same time, keep their insurance affordable. I can see now that every job I've had before this one was God's way of preparing me for where I am today." **NOW**



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Zoomed In: Nancy Dixon

By Virginia Riddle

False eyelashes flutter over her headlights as Nancy Dixon drives, befitting her zany modeling poses that add to style show fun. Her wry wit welcomes visitors to Uniquely Yours Treasures. A Dallas native, Nancy's the real-life sis to Carol Langham, the establishment's owner. "I have an older sister who still bosses me around," Nancy quipped. "How we got together down here still amazes me!"

Since moving to Corsicana 13 years ago, Nancy, now widowed, enjoys Corsicana's wonderful energy. A nail tech who owned her own Dallas business for 20-plus years, she admits, "Dallas would be a strange place for me now. I'm a homebody who takes in strays. Her current, all neutered, menagerie includes four dogs and eight cats."



Family and friends honor fallen Officer Brent Thompson at the dedication of his statue in downtown Corsicana.



Larry's riding his giant strawberry, with Laura Castaneda and Veronica Marino in the pool at Jester Park for the annual Pooch Paddle benefiting the HSNC's SpayNeuter Program.



The ladies are all smiles at the Cowgirls of Cowboy Church of Corsicana's summer event.



Business After Hours hosts from American RV Park Corsicana congratulate the door prize winners.



Braxton and Asher Stoner and Maddox Dill have a blast at the new Altitude H2O in Corsicana.



Ashlee Freese and Alfonso Castillo II participate in the Angelita Vineyard & Winery's annual harvest party.



Corsicana Newcomers Club president Bobbie Hathcock helps Zanada Talley-Schoepert dance to old rock melodies at the group's summer social.



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Pencil was found on pages 15,
18, 23, 27, 38

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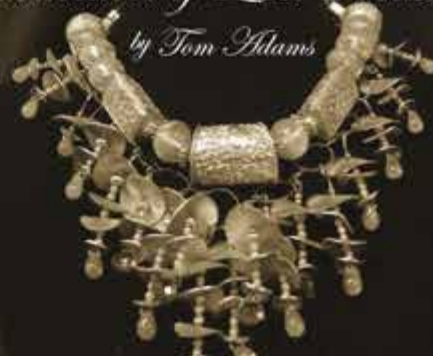
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CookingNOW

In the Kitchen With

TONYA DEAREN

— By Virginia Riddle

Fitness is important to Tonya Dearen. “When it comes to my health and fast-paced lifestyle, I want to make sure I take care of myself,” she said. As the welcoming face at Lott’s Physical Therapy, she works out in the accompanying gym often. Busy with family and her job, Tonya spends weekends cooking ahead and meal prepping for some of Lott’s members. “I enjoy cooking for my health and helping others, too,” she added.

Tonya learned to cook at a young age from her mother. Also, her grandmother owned the Keren’s Dairy Mart, and Tonya enjoyed cooking with her during summer breaks. Always on the lookout for new recipes, Tonya enjoys adding her own touches and helping others prepare the recipe. She concluded, “I spread it out among friends and family.” **NOW**

Healthy Shrimp Pasta

8 oz. linguine pasta
2 Tbsp. butter (divided use)
1 small onion, finely chopped
2 garlic cloves, minced
1/2 yellow pepper, chopped
1/4 cup crisp wine
3/4 cup shrimp or vegetable broth
1/4 cup light cream
5 oz. light cream cheese
Dash each of salt and pepper
1/3 cup Parmesan

Lemon zest, to taste
12 oz. shrimp, tails removed
3 cups fresh spinach

1. Cook pasta according to package directions.
2. In a 3-qt. pan, heat 1 Tbsp. butter over medium-high heat. Add onions; cook 2 minutes, or until softened.
3. Add the garlic and peppers; cook about 3 minutes, or until fragrant. Reduce heat to medium; add wine, broth, cream, cream cheese, salt and pepper.
4. Cook about 6 minutes, or until the

mixture begins to thicken. Stir in Parmesan and lemon zest; simmer another 4-5 minutes. Remove from heat.

5. In a small pan, heat remaining 1 Tbsp. butter; add shrimp. Cook for 2-4 minutes, or until done. Add shrimp to the cream sauce.
6. Add spinach to the small pan; heat for 3 minutes, or until wilted.
7. Stir spinach into the shrimp with cream sauce mixture; pour over pasta.

Classic Stuffed Peppers

4 very large (or about 5 small) green bell peppers, tops and seeds removed
1/2 lb. ground beef or turkey
1/3 cup onion, chopped
1/8 tsp. each of salt, black pepper, garlic powder
1 cup brown or white rice, cooked according to package directions
1 15-oz. can tomato sauce (divided use)

1. Place the peppers in a large saucepan; cover with water. Bring to a simmer; cook for 3 minutes, or until peppers are slightly softened. Drain; rinse with cool water. Set aside on paper towels.

2. In a skillet, heat the ground beef and onion. Cook until no pink remains; drain.
3. Add salt, pepper, garlic powder, rice and half of the tomato sauce; stir well.
4. In an ungreased baking dish, place the peppers upright. Fill each pepper with the ground beef mixture; top with the remaining tomato sauce.
5. Bake at 350 F for 25-30 minutes; serve warm.

Sautéed Cabbage and Sausage

- 1-2 strips bacon
- 12 oz. turkey sausage (or sausage of your choice)
- 2 Tbsp. butter or cooking oil
- 1 medium onion, chopped
- 2 tsp. garlic, minced
- 1 tsp. paprika
- 1 tsp. Creole seasoning, or to taste
- 2 medium tomatoes, diced
- 1/2 green bell pepper, diced
- 1 medium head of cabbage (9-10 cups), sliced or chopped
- 1-2 tsp. Worcestershire sauce or chicken bouillon
- 1 tsp. white pepper
- Salt, to taste
- 1 tsp. pepper flakes

1. In a large skillet, sauté bacon over medium heat until brown; set aside.
2. Brown sausage for about 2 minutes. Add bacon; set aside.
3. Add butter to skillet followed by onions, garlic, paprika, Creole seasoning and sausage; simmer for about 2 minutes, stirring occasionally.
4. Add tomatoes and bell pepper; continue cooking for 5 minutes; add cabbage, Worcestershire sauce, white pepper, salt and pepper flakes. Bring to a simmer, covered, for 10-14 minutes.

Avocado Chicken Salad

Meat:

- 1 rotisserie chicken, deboned and chopped
- 1 bunch scallions, chopped
- 4 stalks celery, chopped
- 2 avocados, 1 halved and 1 chopped (divided use)
- 1/4 cup lemon juice (divided use)

Dressing:

- 1/4 cup olive oil
- 2 Tbsp. rice vinegar
- 2 Tbsp. mayonnaise
- 1/2 cup parsley leaves
- 1/4 cup dill, chopped
- Salt and freshly ground black pepper, to taste
- Toasted bread or whole wheat crackers

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1. For meat: In a large bowl, toss the chicken, scallions and celery; gently stir in the chopped avocado and 1 Tbsp. lemon juice.

2. For dressing: In a blender, add the remaining avocado and lemon juice, olive oil, vinegar, mayonnaise, parsley and dill; puree until smooth with the consistency of mayonnaise. Add 1-2 Tbsp. water, if needed for thinning.

3. Pour dressing over the chicken mixture; gently toss to coat. Season with salt and pepper.

4. Salad can be stored up to 2 days in an airtight container in the refrigerator. Serve on toasted bread or whole wheat crackers.



Classic Stuffed Peppers

Easy White Chili

- 2 Tbsp. olive oil
- 2 onions, chopped
- 4 garlic cloves, minced
- 4 cooked, boneless chicken breast halves, chopped
- 3 14.5-oz. cans chicken broth
- 2 4-oz. cans green chili peppers, chopped
- 2 tsp. ground cumin
- 2 tsp. dried oregano
- 1 1/2 tsp. cayenne pepper

- 5 14.5-oz. cans Great Northern beans, undrained
- 1 cup Monterrey Jack cheese, shredded

1. In a large pot, heat oil on medium heat. Add onions and garlic; sauté 10 minutes, or until onions are tender.

2. Add the chicken, broth, chili peppers, cumin, oregano and cayenne pepper; bring to a boil.

3. Reduce heat to low; add beans. Simmer for 20-30 minutes. Serve in bowls; top with cheese.

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- 2 cups Kodiak Cakes Mix
- 1 cup milk
- 1 egg
- 1/2 cup brown sugar
- 1/4 cup butter, softened, not melted
- 2 ripe bananas
- 1 cup dark chocolate chips or chopped walnuts (optional)

1. Combine all ingredients in a mixing bowl; blend until smooth.

2. Fill greased muffin cups 3/4 full; bake at 350 F for 14-18 minutes, or until golden brown.

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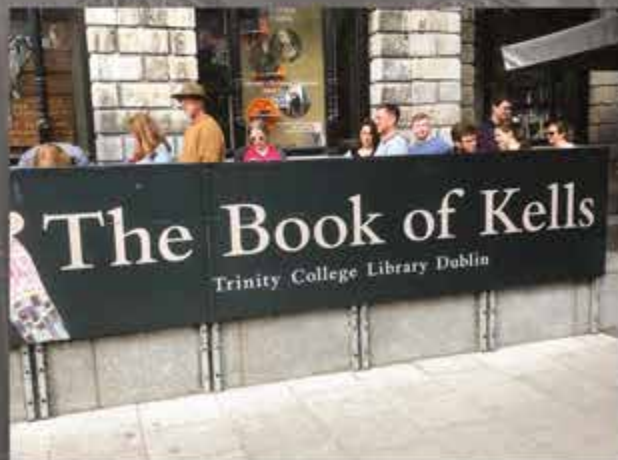
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DOES

— By Sally Fuller



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Whether you're a history buff, a literature lover, a "barley pop" devotee or on an ancestral pilgrimage, Dubliners enthusiastically welcome you. Explore their centuries-old castles and churches, laugh at stories of their famous authors and the timeworn pubs they loved, relax with a pint of your favorite beverage and be awestruck by the country's most treasured relic.

Ashtown Castle in Dublin's Phoenix Park and Malahide Castle, located nine miles from the city center, are both selfie-worthy, but to delve a wee bit deeper into Dublin's history, a tour of Dublin Castle is a must. Built atop the ruins of a Viking fortress dating to 930 A.D., the exterior of the castle is a hodgepodge of centuries of repairs and additions. Inside, a checkered history of rulers and rebellions lives on, amid beautifully appointed apartments and somber memorials.

The stunning architecture of St. Patrick's Cathedral alone makes this a necessary stop. Add to that its matchless claim as the spot upon which St. Patrick baptized the first Irish into Christianity around 450 A.D., and it can easily become the highlight of a Dublin tour. Standing in the church gardens and staring in wonder at the 141-foot spire (the tallest in all of Ireland), imagine yourself on the very spot where a group of pagan converts professed new faith in what was then a new religion. This stop can evoke a sense of the Divine in even the most earthly minded.

A visit to Trinity College Dublin for a peek at the country's crown jewel is also a necessity. *The Book of Kells*, housed (and guarded — no photos allowed) on the ground floor of Trinity's Long Library, contains a copy of the four Gospels



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Speaking of stout, no trip to Dublin is complete without a tour of the Guinness Storehouse at St. James's Gate. While there, visitors learn about the beverage's unique brewing process, view the 9,000-year lease Arthur Guinness extracted from the city as an assurance the drink synonymous with the country will endure, and learn to "pour the perfect pint" at the Guinness Academy.

After the tour, make your way to The Brazen Head, Ireland's oldest pub. Established in 1198, The Brazen Head's nightly live entertainment with a menu boasting an extraordinarily creamy seafood stew as well as the staple fish and chips makes this a great place to eat, drink and be merry in the most Irish sort of way.



The Temple Bar district is synonymous with nightlife in Dublin. The narrow, cobbled streets down which you travel to reach not only the famous Temple Bar Pub but the plethora of other bustling after-dark spots remind you that amid the shining neon signs, you trod upon centuries-old streets here as in every other part of the city. **NOW**

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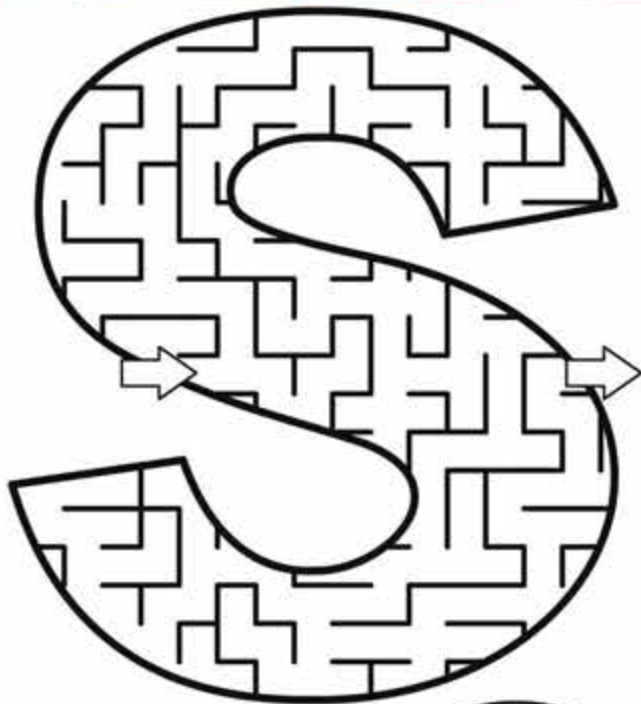
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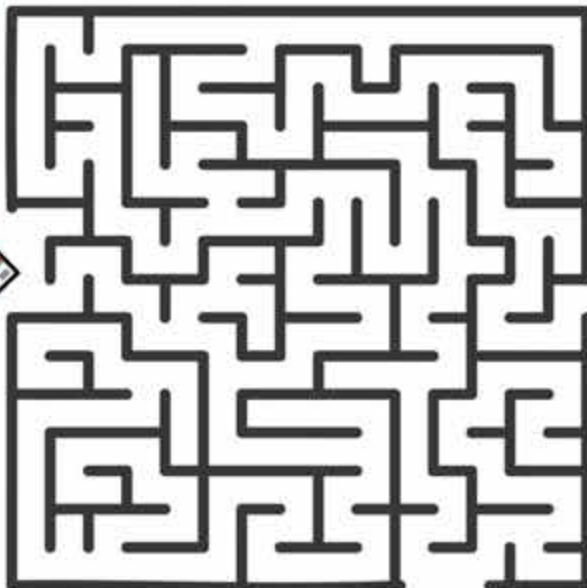
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Kids' Fun Page



Maze game



Colors

E	O	I	S	A	L	P	W	H	I
G	R	N	N	O	M	U	K	B	T
N	A	D	E	L	P	R	N	L	E
O	G	I	O	R	G	P	I	U	K
R	E	H	C	E	E	T	G	E	H
K	N	L	E	Y	N	U	R	A	A
C	W	L	O	U	Q	R	B	Y	K
A	O	O	I	S	E	A	E	E	I
L	R	W	R	E	D	T	I	G	C
B	B	M	A	G	E	N	N	A	Y

Find all the words from the word list (ignore spaces and dashes):

- | | |
|--------------|-----------|
| BEIGE | OCHER |
| BLACK | ORANGE |
| BLUE | PINK |
| BROWN | PURPLE |
| CYAN | RED |
| GRAY | SALMON |
| <u>GREEN</u> | TURQUOISE |
| INDIGO | WHITE |
| KHAKI | YELLOW |
| MAGENTA | |

This is a zigzag word search puzzle. Words go left, right, up, down, not diagonally, and can bend at a right angle. There are no unused letters in the grid, every letter is used only once.

ANSWER:





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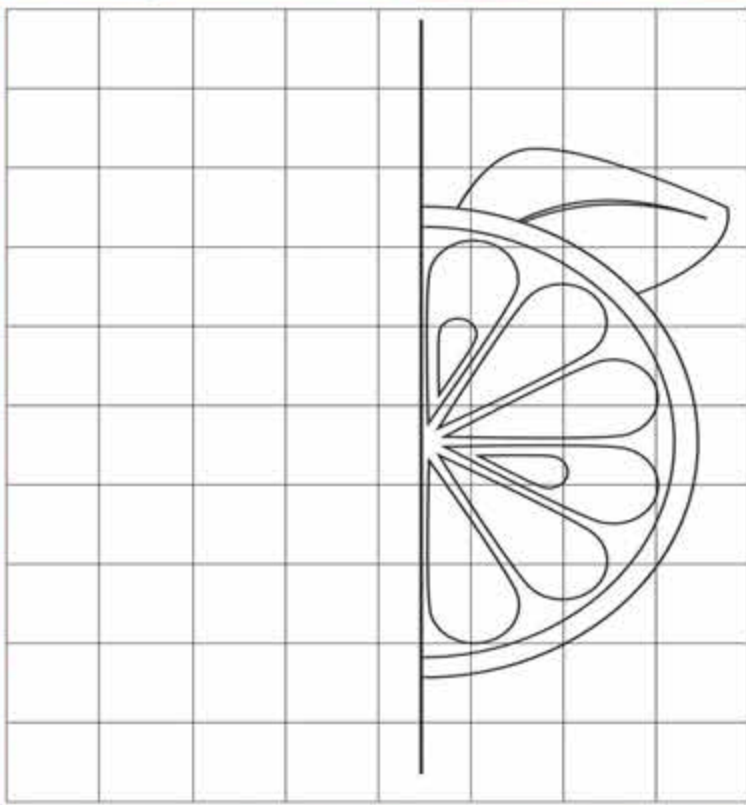
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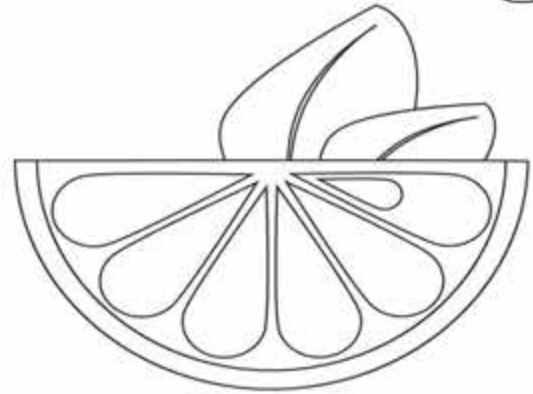
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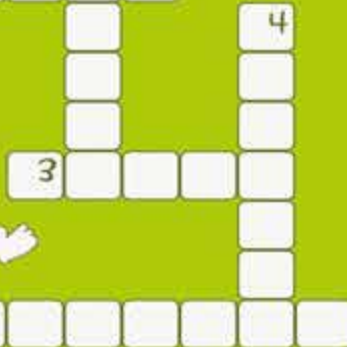
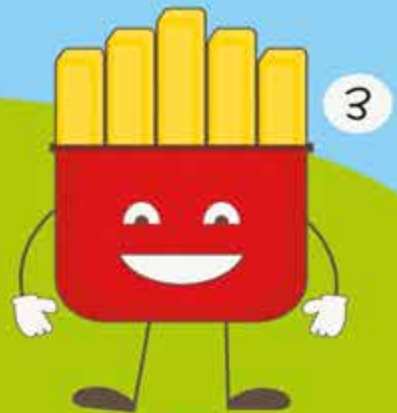
Oo Orange



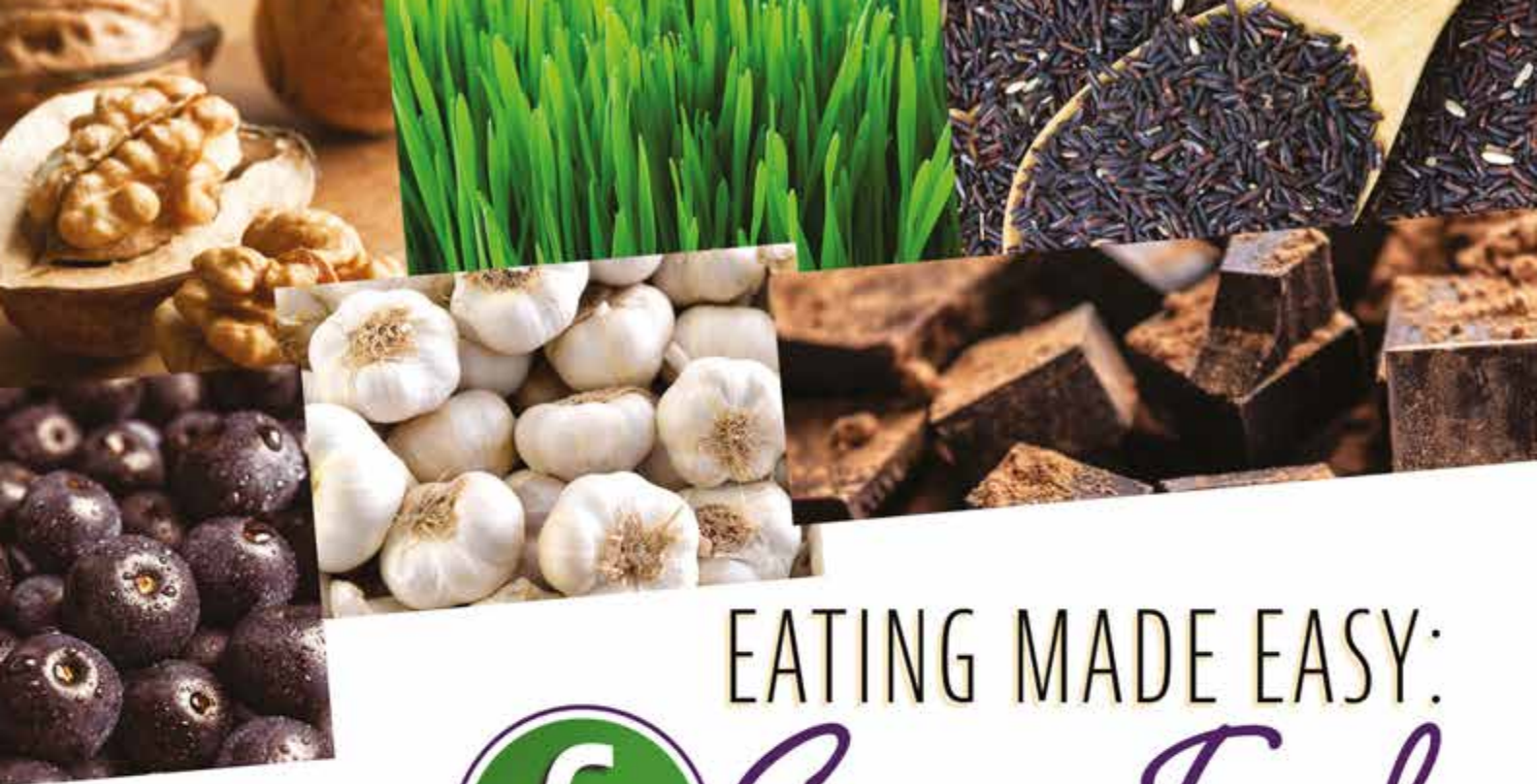
O

o

CROSSWORD for KIDS



1 - donut 2 - burger 3 - fries 4 - hot dog 5 - chicken 6 - coffee



EATING MADE EASY:

6 Super Foods

— By Melissa Rawlins

With a little research, it's easy to make a list of all the necessary vitamins and minerals to take into your body every day. Scientists recommend 23 specific elements in regular doses to keep a human body healthy. Since it's most fun to get that vital nutrition from food, try eating a daily dose of eggs, greens, lentils and tuna. Though commonplace, they're honest-to-goodness super foods that show up repeatedly as best sources of most of those 23 vitamins and minerals.

Here are a few of our favorite, more glamorous, super foods:

1 Walnuts simply taste great, but most people consider them holiday foods. It would behoove us to eat them daily, since they provide vitamin E for healthy organs, as well as essential fatty acids, selenium and iodine to improve memory, alleviate irritability and prevent dementia. And their vitamin B levels promote reproductive health in both men and women.

2 Acai berries, known as “beauty berries,” are rich in antioxidants, which serve to protect the body from free radicals that break down cellular function. Acai berries are heart-healthy, since they contain fatty acids 3, 6, 7 and 9. The juice complements walnuts in a smoothie, and is a tastier alternative to fish oil, wouldn't you say?

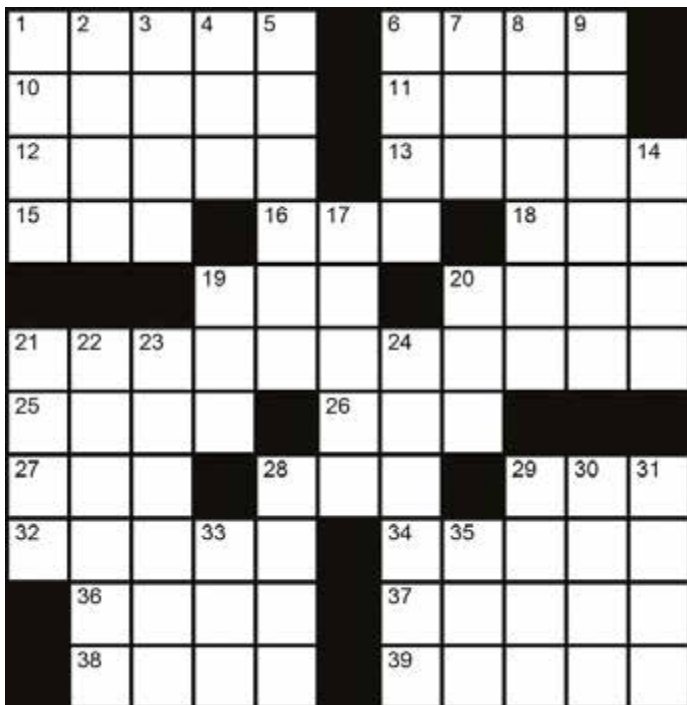
3 Purple or black rice is an “heirloom” grain, rich in fiber and naturally gluten-free. High in anthocyanins, a powerful class of phytonutrients, this ancient source of all 22 amino acids also provides the simple sugars every cell in the body needs to function as originally designed. Regulating blood sugar levels, boosting cognitive function, lowering cholesterol, maintaining a healthy heart, improving digestive health and reducing inflammation never tasted so good.

4 Garlic is an herb, a medicine and a prebiotic. This means it feeds the probiotics living in healthy guts. As a medicine, garlic stimulates the immune system, removes plaque buildup in arteries, lowers blood pressure and acts as a natural antibiotic. As an herb, garlic makes other foods taste better and, therefore, is a perfect salt substitute.

5 Dark chocolate is, like garlic, a prebiotic. It also provides heart-healthy benefits, like garlic. It contains fiber, iron and other necessary minerals, which together improve blood circulation to the brain and body. Unlike garlic, dark chocolate requires sugar and sometimes cream to taste exceptional and, therefore, must be used in moderation.

6 Wheatgrass promotes detoxification and healthy living, while it minimizes fatigue. Containing eight essential amino acids, antioxidants, blood-building chlorophyll and vitamins A, C and E, as well as iron, magnesium and calcium, this grass is best when juiced, and a little goes a long way. **NOW**

Crossword Puzzle



CrosswordSite.com Ltd

Across

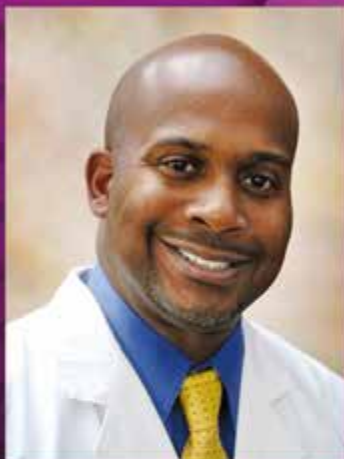
- 1 Color of an unclouded sky
- 6 Memorable pop Mama
- 10 Immigration essentials
- 11 Aussie gemstone
- 12 Not capable
- 13 Later in this text
- 15 Outmoded taper's buy
- 16 Recede
- 18 Gone by
- 19 For each
- 20 Mogadishu-born model
- 21 Breakfast greeting
- 25 Musical phrase
- 26 Chisholm Trail state
- 27 The whole lot
- 28 Gave food
- 29 Sports org. producing "Deuce" magazine
- 32 Picture border
- 34 Bury
- 36 Separate article
- 37 With a single voice
- 38 Wooden-soled Japanese shoe
- 39 Puts the plane down

Down

- 1 Tel follower in Israel
- 2 It galvanizes
- 3 Employer
- 4 Talk music
- 5 Respect
- 6 "Twelve Angry Men" star
- 7 Emulate
- 8 Italian sausage
- 9 Catchphrase
- 14 "The World of Suzie ---": 1960 film
- 17 Penniless
- 19 Email attachment format
- 20 Tavern
- 21 Match for Agassi
- 22 Roughneck's workplace
- 23 Not long ago
- 24 Tire type
- 28 Govt. disaster relief org.
- 29 100 cu. ft. for a nautical measure
- 30 Look after
- 31 America's C-in-C
- 33 Encountered
- 35 Cryptographic org.

Solutions on page 44

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SCAVENGER HUNT WINNERS!



Bobby Greene, winner of the NOW Magazine \$100 gift card says, "This was my first time to play the game. It was pretty easy except for one that gave me a little bit of a challenge. Thanks CorsicanaNOW for doing these games and for picking me as a winner."



Karen Tate and grandson Conner, winners of the 4 Gallon Wet/Dry Vac from Gilfillan Paint and Hardware, say, "We love CorsicanaNOW Magazine because it is home-town and people we know and love. Thanks NOW and Gilfillan!"



"My triplets try to beat me to the mailbox so they can get CorsicanaNOW first. They really enjoy the scavenger hunt. Thank you NOW Magazine and Pack n Mail for your popcorn prize donation," says Samantha Capehart.



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September

9/1-9/14

Faces and Places of the Chihuahuan Desert:

Friday: 10:00 a.m.-4:00 p.m.;

Saturday: noon-4:00 p.m.,
Cook Education Center,
Navarro College.

[www.pearcemuseum.com/
events-2/](http://www.pearcemuseum.com/events-2/) for admission details.

9/7

Corsicana AirSho:

Come and be entertained by
paratroopers, aerobic events,
precision flying teams and
tours of WWII airplanes and
many other planes. \$10 per
person/\$20 per carload.

Gates open: 8:30 a.m.;
show begins: Noon, Corsicana
Municipal Airport. For more
details, contact Margie Taylor,
margietaylor@airmail.net.

9/9

Piecemakers' Quilt Guild Meeting:

9:30 a.m., Westhill Church of
Christ Fellowship Hall.
www.pqgcorsicana.org.

9/12

Texas Country Legends in Concert:

Gary P. Nunn, Ray Wylie
Hubbard and Jack Ingram.
7:30 p.m., The Palace Theatre.

For more information,
call (903) 874-7792 or visit
www.corsicanapalace.com.

9/13

Corsicana Ghost Walk:

\$20 per person. 8:30-10:30
p.m., Corsicana Opry.
For more information, visit
www.corsicanaopry.com.

9/15

15th Annual Patriot's Day:

10:00 a.m., Freedom Park.
(903) 874-4731.

9/17

GW Jackson Multicultural Society presents Thelma Houston:

7:30 p.m., The Palace Theatre.
For more information,
call (903) 874-7792 or visit
www.corsicanapalace.com.

9/21

Come Eat Breakfast With Us:

8:00-11:00 a.m.,
MLK Center, 1114 E. 6th Avenue.
(903) 874-7259.

9/24

State of Education:

This Corsicana & Navarro
County Chamber of Commerce
presentation will be conducted
by Navarro College.

Tickets: \$20 for members,
\$25 for non-members.
11:15 a.m.-1:00 p.m., Cook
Center. For more information,
call (903) 874-4731.

9/25-10/2

The Curious Incident of the Dog in the Night-Time:

7:30 p.m., Warehouse Living
Arts Center. (903) 872-5421.

9/26

Corsicana

Newcomers' Club:

Lea Blackard with the Palace
Theater will be the speaker.
11:00 a.m., Kinsloe House.
Annie Avery at (714) 345-6707.

Corsicana & Navarro County Chamber's Business After Hours:

5:32-7:02 p.m., Superior Care
Funeral Services, 701 W. 7th
Avenue. (903) 874-4731.

Johnny Lee:

7:30 p.m., The Palace Theatre.
(903) 874-7792 or visit
www.corsicanapalace.com.

9/27

Art After Hours:

A strolling event with open
studios to meet artists,
concluding with coffee and
dessert with the WLAC current
presentation's cast.
5:00-10:00 p.m., Corsicana
Visitors Center, Ashton Kantor,
(903) 654-4852.

9/28

Relay for Life of Navarro County:

Come celebrate your favorite
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of fighting cancer.

1:00-9:00 p.m., I.O.O.F. Park.

For more information, visit
navarrocountyrelay4life@gmail.com.

Tellico VFD 34th Annual Fundraiser, "The Barn Dance":

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9/30-10/25

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Saturdays:

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For more information, visit
www.pqgcorsicana.org.

10/3

Jimmie Fortune:

7:30 p.m., The Palace Theatre.
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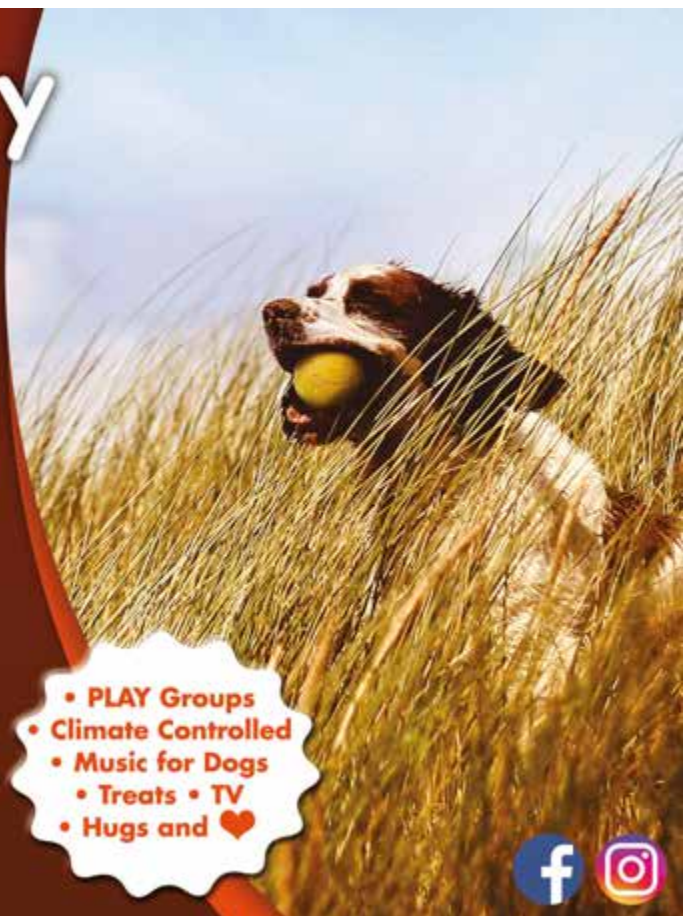
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10	V	I	S	A	S	11	O	P	A	L	
12	I	N	E	P	T	13	B	E	L	O	W
15	V	C	R			16	E	B	B		A
						19	P	E	R		I
21	G	O	O	D	M	O	R	N	I	N	G
25	R	I	F	F		28	K	A	N		
27	A	L	L			28	F	E	D		A
32	F	R	A	M	E						
						34	I	N	T	E	R
						36	I	T	E	M	
						38	G	E	T	A	

Easy

3	6	5	7	1	8	4	2	9
4	1	8	9	2	3	7	6	5
7	2	9	5	4	6	3	1	8
9	7	6	4	8	1	5	3	2
8	3	1	2	9	5	6	4	7
2	5	4	3	6	7	8	9	1
1	8	3	6	5	2	9	7	4
6	4	2	8	7	9	1	5	3
5	9	7	1	3	4	2	8	6

Medium

6	4	1	8	7	2	5	9	3
5	8	9	1	6	3	7	4	2
2	3	7	5	9	4	8	6	1
1	9	6	7	2	5	3	8	4
7	5	8	3	4	6	1	2	9
4	2	3	9	1	8	6	7	5
3	6	5	2	8	9	4	1	7
9	7	4	6	3	1	2	5	8
8	1	2	4	5	7	9	3	6

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