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MAGAZINE

SEPTEMBER 2015

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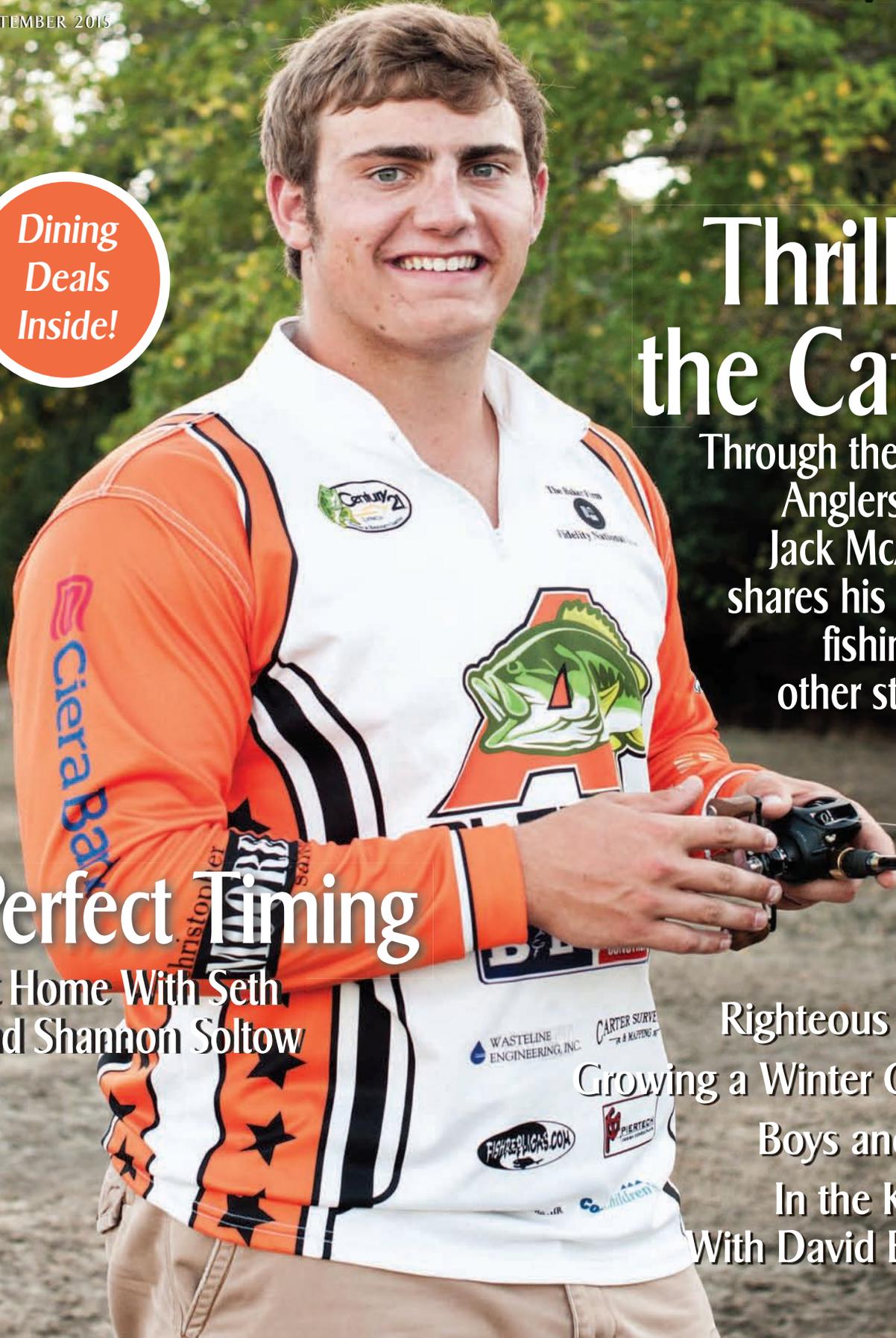
## Thrill of the Catch

Through the Aledo  
Anglers' Club,  
Jack McAdams  
shares his love of  
fishing with  
other students

## Perfect Timing

At Home With Seth  
and Shannon Soltow

Righteous Riding  
Growing a Winter Garden  
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Writers, Gregg Davis . Erin McEndree  
Virginia Riddle . Betty Tryon  
Editors/Proofreaders, Pat Anthony

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Creative Director, Chris McCalla  
Artists, Kristin Bato . Morgan Christensen  
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## ON THE COVER



*As a senior at Aledo High School, Jack McAdams plans to spend time fishing local lakes for the big one.*

*Photo by Jen Thompson.*

# CONTENTS

September 2015 • Volume 5, Issue 9



**8 Thrill of the Catch**  
Jack McAdams founded Aledo Anglers' Club, which provides members the opportunity to earn scholarship money.

**16 Perfect Timing**  
At Home With Seth and Shannon Soltow.

**24 Righteous Riding**  
On the back of a motorcycle, B.J. Sharp finds his voice.

**30 Growing a Winter Garden**  
Cooler temperatures don't necessarily mean a gardener's work is done.



36 BusinessNOW  
38 AroundTownNOW  
40 FinanceNOW  
44 CookingNOW

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## Editor's Note

*Happy September, WeatherfordNOW Readers!*

Although the temperatures may allow us a few more weeks of swim time, the official start of fall will be here soon. Autumn is my favorite season, and I can't wait to enjoy the cooler temperatures and soak in the multitude of earthy colors as the leaves change. Students are back in school, and I plan to make the most of our free time on the weekends with my children. We will roast a few marshmallows and assemble s'mores around the campfire during the cooler months.

Labor Day falls on September 7 this year. According to the U.S. Department of Labor, the day was first observed as a national holiday in 1894 to celebrate the social and economic accomplishments of the American workforce. Labor Day recognizes all that American workers have contributed to benefit the prosperity of the United States.

Enjoy yourselves!

### Amber

Amber D. Browne  
WeatherfordNOW Editor  
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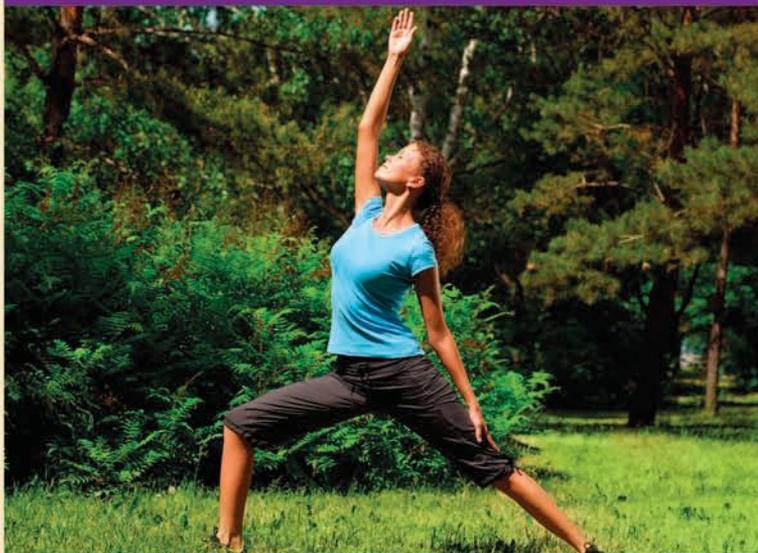
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# THRILL OF THE CATCH



— By Amber D. Browne

*Young and old alike have delighted in sitting lakeside or out on the waves, casting their lines in hopes of hooking the fish that will become the subject of retold tales. The big catch is always in the back of a fisherman's mind as he or she waits patiently for a tug on the rod's line. Jack McAdams, a senior at Aledo High School, has been fishing since he could hold a rod, and the thrill of each cast sustains his love of the sport. He becomes animated as he speaks about hooking a big fish — any fish for that matter. "It's awesome. You never know whenever you cast if you're going to catch that fish because you can't see him."*

Jack wanted to share his love of fishing, and with the help of his mother, Leigh McAdams, his dream has become a reality. After a lot of legwork and research, Jack founded the Aledo Anglers' Club at Aledo High School in 2013. Coach Brad McCone signed on as the faculty advisor, and Leigh assists him with the administrative side. "We decided to form a club and compete in these tournaments for scholarship money," Jack explained, "and maybe a chance to fish beyond the high school level."

Sanctioned high school fishing tournaments have become popular in recent years. "I think it's gotten so big because there's

no gender bias, there's no tryout process or certain level of athleticism involved," Leigh shared. "I call it the great equalizer." The Aledo Anglers' Club is part of the West Division of the Texas High School Bass Association, which also includes East, Central and Houston Divisions. Five tournaments are held throughout the year in each division to qualify for the regional championship, which includes a chance to win scholarships. In the 2014 Regional Championship, Jack and his partner, Carson McCone, placed 58th and each won a \$30 Bass Pro gift card. Student anglers can also win scholarships and prizes at the Lake Fork Open each July.

Aledo Anglers' Club members fish in the qualifying tournaments, but they also fish recreationally. Before each tournament, members prefish the lake to determine the best spots for bass fishing and learn what the fish are biting. Each tournament includes about 80-100 boats, which hold two club members and a boat captain from area schools. Most of the Aledo captains are fathers of student anglers and provide their personal watercraft for tournaments. "They're out there for safety reasons. They have a phone handy in case there is a problem," Jack explained. The captain is the only person authorized to operate the combustion engine, but the student anglers make the decisions as to where the captain takes them. Anglers can use electronic devices, such as radar and GPS, but they are banned from using the devices for social media or communication during a tournament.

The Aledo Anglers' Club boasts nearly 60 members, with the tournament team comprised of more than 20 students. Weekend tournaments are a commitment and require teams to check in as early as 5:00 on Saturday mornings. "The Sunday after that, you're just sleeping," Jack smiled. Leigh is at every



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tournament, even if Jack isn't competing. She is on the THSBA board, so she helps with registration.

The THSBA tournaments are catch and release, and organizers stress conservation and fish health. Jack thinks the tournaments are beneficial to the fishing industry and local communities. "It gets people out there," he shared. "It makes people aware to help clean up the lake and take pride in their area."

Each team of two turns in the five best fish at their specified weigh-in time. Penalties are given for dead fish, and points are deducted if the team is late. "When you go to the tournaments, you realize that people are very competitive," Leigh said. Many times, student anglers won't divulge what type or brand of bait they are using to catch the fish.

The top team overall wins the tournament, and points accumulate for each school's teams for an overall school winner. Jack has high hopes for the Aledo Anglers' Club in 2015-16. "It's our last chance to leave our mark in Aledo," he said. "We have a huge senior fishing class, so we really want to go out with a bang and leave a legacy."

Fishing is a hot topic for Jack and his friends. "We have a little competition amongst ourselves. We have a good time and make new friends," he shared. "I hope it continues when I graduate. I think that we have people who will step up and do that." Fishing isn't the only activity Jack is involved with at the high school. He plays defensive tackle in football, throws discus and shot put for the track team and is a member of the National Honor Society.



It's been a busy road, but Leigh has enjoyed her time volunteering with the club. "It's fulfilling, as a mother, that Jack is getting to pursue something he loves," she said. Jack is looking at several universities, and one of his deciding factors is that the school is near a lake. Although Leigh will be sad to see Jack leave next year, she is encouraging him to move off to college. "It's a big world out there. He's ready. I'll miss him like crazy. I'll cook him hamburgers, so he'll come back and see me," she smiled.

Jack appreciates how supportive his mother has been in founding the club and volunteering with the THISBA. "She



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helps out a ton. She does a lot of behind-the-scenes work that doesn't really get noticed," he said. "Her work is very crucial to the club. It wouldn't be what it is without her."

Jack's father, Gordon McAdams, is able to captain two other anglers at tournaments, occasionally. Coach McCone, a seasoned tournament fisherman, is the boat captain for Jack and his son, Carson. "Coach McCone gives great advice on fishing. He's a great coach and mentor," Jack shared.

The Aledo Anglers' Club has gained numerous local sponsors since its inception, including Jerry's GM as the primary sponsor. "They believed in us at the very beginning," Leigh shared. The anglers have also gained a few fans, including Donna Young. "She is our biggest cheerleader," Leigh grinned. "She loves fishing. She even has a necklace made of lures — without the hooks on them."

Jack showcases a \$30 Topwater lure in his room and has discovered \$400, hand-painted lures online. "I don't know why anyone would want to throw that in a lake," he grinned. As Jack shares his fishing stories, he smiles and becomes bright-eyed. "You never know — the fish you catch might be the lake record. You won't catch that fish of a lifetime if you don't go out and fish." **NOW**

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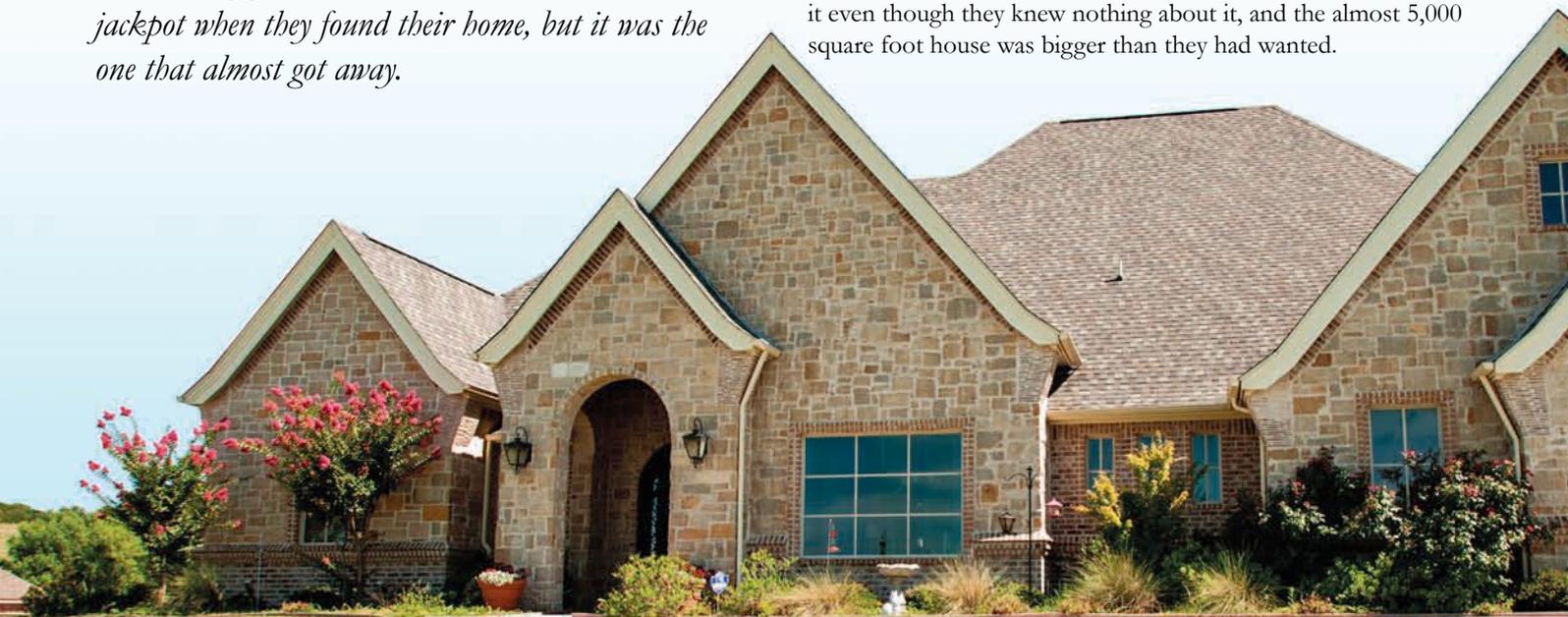
# Perfect Timing

— By Erin McEndree

## ❧ *At Home With Seth and Shannon Soltow* ❧

*Finding a new home is a time-consuming and emotional process. It is especially hard when looking in another state and relying on real estate sites via the Internet. The location has to be perfect, along with the schools, neighbors and proximity to work. Not knowing the area also poses its own challenges. There has to be a perfect space for kids, parents and entertaining guests. Seth and Shannon Soltow hit the jackpot when they found their home, but it was the one that almost got away.*

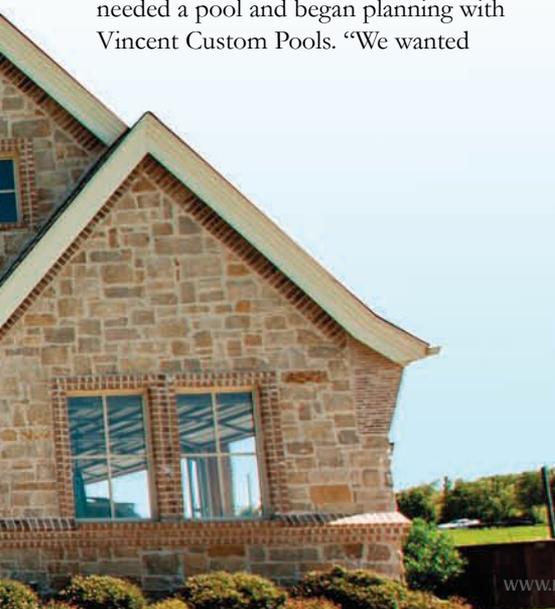
Four-and-a-half years ago, Seth and Shannon began searching for a home from Oklahoma. They needed a home close to Fort Worth and also convenient to Mineral Wells, where Seth works for PECOFacet. “I traveled a lot with work and would commute to the area. I had time to look everywhere,” Seth said. “People told me Aledo was the place to be.” They sold their home and came to Aledo to find a house in one weekend. “I had about five or six on the short list to look at,” Seth said. “Our home was not on that list, and it took so long for the Realtor to show up that we gave up and were literally backing out of the driveway to leave when the Realtor arrived.” They decided to take a look at it even though they knew nothing about it, and the almost 5,000 square foot house was bigger than they had wanted.





The house showed poorly. There were lots of dogs and lots of little kid stuff everywhere. The patio was a disaster, and the home was in disarray. However, Shannon felt an emotional attachment she did not have with any other house they looked at. "I fell in love with the house right away," Shannon said. "The kids' bedrooms are downstairs with the master, and there is a guest room and media room upstairs." They put a contract on it immediately, and it was accepted. The lot is two acres with only a handful of houses on the dead-end street. "There are lots of kids on our street to play with our kids, Katelyn and Erik. It is a safe neighborhood, and I don't have to worry," Shannon said. "It's close enough to Tulsa, where our families live, for visits."

The summer they moved to Texas was the hottest on record for the Dallas-Fort Worth area, with 71 days of over 100 degree temperatures. They knew they needed a pool and began planning with Vincent Custom Pools. "We wanted



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raised planting boxes that Seth built are full of the season's vegetables. Katelyn and Erik help pick the garden and help eat the strawberries and blackberries. "I love to garden. It is my hobby," Shannon said.

"Shannon and I are outside all the time," Seth said, "either tending to the pool or the garden." An impressive fort that Seth built, with two slides, a rock-climbing wall and picnic table, commands a large part of the backyard. To relax from the heat and strenuous play, the covered patio is the favorite place to unwind. Two propane heaters flank the large, iron furniture with dark green cushions. It is the perfect place to watch TV or sit by the fireplace in the winter.



the stone pool to match the Tuscan flare of the house," Shannon said. "We chose curved and leaner lines and planted Italian cypress." The tall, narrow evergreen trees give a visual backdrop to the ocean blue water flowing into the pool through two water fountains. Two huge terra-cotta bowls full of colorful flowers and greenery flank each side of the pool. Beyond the water, eight square

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"We spend even cold days on the patio," Seth said.

Inside the glass French doors, the gourmet kitchen has white cabinetry set off with iron handles that Shannon chose. The coarse-grained granite throughout the house has interlocking tan and dark brown swirls on a bed of cream. Other iron accents include the lighting fixtures and medallion above the six-burner stove.

The foyer has great acoustics for the piano with its unique dome ceiling. Gibson guitars, which Seth played while in a band, hang above the piano. Other musical items in the space are the Edison phonograph from Seth's grandparents and a banjo that is also hanging on the wall. The office, just steps from the foyer, has a box beam ceiling where Shannon prepares for the anatomy and physiology class she teaches part time at Weatherford College. She has a master's degree in bio medical science from the University of Tulsa.

Katelyn's room fits her personality. Her bedspread is covered in pastel flowers and butterflies. Stuffed animals in the same color scheme are placed around the room. Pastel butterflies hang from the ceiling, and a zebra pattern is on a set of drawers used for storage. Katelyn is involved in gymnastics, piano and cheerleading. Connected to Katelyn's room by the Jack-and-Jill bathroom, Erik's room is beige and trimmed with white crown molding. LEGOs and toy guns are neatly kept in baskets. Paintings of a football and a soccer ball hang above his bed. Erik enjoys basketball and playing the guitar. Both rooms have many

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# KATELYN



art pieces. "We try to develop all areas of their brains," Shannon said.

Opposite the kids' rooms is the master suite with a dramatic inverted tray ceiling. It is a large room with dark tan walls. Several antique pieces from Seth's family and more guitars make up the decor. Floor-to-ceiling window treatments cover the large windows. The bathroom has a large whirlpool tub and a large half-moon shaped, walk-in shower with two shower heads.

The living room is used all the time. The white stone fireplace "pops" from smoked blue-gray walls. The dark brown sectional is the perfect place to watch TV and where Romeo the dog perches on a blanket. A wooden octagonal table from Seth's parents sits in the corner and is used for card and board games. A wall of windows is accented by floor-to-ceiling curtains, which are blue with brown panels. The wood and iron staircase opposite the room leads to a media room with chocolate brown walls, a red sectional and a 133-inch projection screen. "Erik plays his gaming system here, and I love to watch football," Seth shared. The extra bedroom holds more music memories from Seth's time playing and managing a band named Caroline's Spine. Hanging on the wall is the gold album from the soundtrack of *Varsity Blues*. More Fender and Les Paul guitars are waiting to be picked.

Seth and Shannon have moved several times, but say they are here to stay. They found the perfect schools, neighbors and community for their family. They also found the perfect home that did not get away. **NOW**

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# Righteous RIDING

— By Amber D. Browne



*Enjoying God's country while riding along twists and turns on the back of a motorcycle can be both exhilarating and relaxing. B.J. Sharp started riding about eight years ago when his co-worker introduced him to the pastime. Several years later, he was called to do more than just soak in the scenery.*

Sitting in Westwood Christian Fellowship Church, B.J. listened as Duane Gryder, national leader for HonorBound Motorcycle Ministry, shared his story with the congregation. The coincidence prompted B.J. to learn more about the ministry. On Duane's second speaking engagement at the church, B.J. was convinced. He could incorporate his love of riding motorcycles with helping others. B.J. visited with about a dozen other motorcycle riders at the church, proposed the idea to the



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pastor and founded the local chapter of HonorBound MM.

People may have misconstrued perceptions of motorcycle riders, and the HonorBound MM members are trying to change those views. "Some people want to put everyone in a certain category and label them as bikers or outlaws. That's a very small number of people who fit that category," B.J. shared. "I think it's important for people to see people on motorcycles working out in the community and doing good for the community."

The group holds local bike rallies, which are referred to as fun runs, to raise funds for families and nonprofits in need. One such nonprofit is the Faith Hope Family Children's Home. The Turner family runs the nonprofit and takes in children from parents unable to care for them. HonorBound MM has hosted toy runs for the Pythian Home and the Mineral Wells Fire Department. They've ridden alongside Patriot Guard members in processions for veterans' funerals and visited hospitals to meet with motorcycle riders who have been injured in crashes. Each year, the local chapter hosts a Jericho Ride that begins in Weatherford and continues through the local area. "We ride the motorcycles around to nearby cities and stop at city halls. We pray for city officials at each stop," B.J. shared. The ride ends back in Weatherford at the Parker County Courthouse.

HonorBound MM members travel the country visiting with bikers at rallies. "We go out to different functions and, basically, try to be the hands and feet of

Jesus.” They set up booths to provide water, perform bike blessings, bike washes and Sunday morning prayer services at the rallies. “Not everybody is going to come to the church,” he shared. “If you get out there in their element, in their world, they’ll feel more comfortable coming up and speaking to you. That’s the way we can share the Gospel and talk to them.”

As a deputy with the Parker County Sheriff’s Office, B.J. isn’t shocked by the stories he’s heard from bikers over the years. He’s always been outspoken and enjoys talking with people and listening to their stories. At a swap meet, B.J. and other HonorBound MM members asked a man who was limping if they could pray for him. The man informed them he didn’t know how to pray but gave them permission to do so. “Being able to explain to somebody that there’s not a whole lot of science to it, that you are just having a conversation with God — for that man, it really opened him up. He had no idea it could be that easy.”



Members wear vests with the HonorBound MM patch while riding around town or at bike rallies. The local chapter’s vests state: “As iron sharpens iron, so one man sharpens another” (Proverbs 27:17). Many notice the patch and may approach them asking for guidance. “The people who know about HonorBound in the motorcycle world know what it stands for,” B.J. said. Members must have been alcohol-, tobacco- and drug-free for at least one year to join HonorBound MM and continue to be so to remain in the group. Members must also be active members in church and attend regularly. The public and potential members are welcome at

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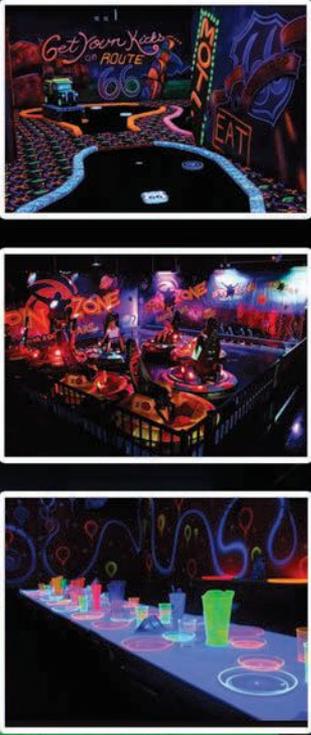
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the chapter's monthly meeting the first Sunday of the month at Westwood. "You need to grow spiritually before you go out and try to help somebody else mature and grow," B.J. shared. "You can make that connection with them. When they thank you afterward, you can tell there's a big difference being made out there."

Besides helping others through HonorBound MM, B.J. is reaching out to the younger generation. After graduating from Brock High School in 1995, he attended the Weatherford College Law Enforcement Academy. While in school, he worked at the Parker County Jail and moved into patrol after graduating from the academy. He worked in patrol for a while and was assigned as a school resource officer in the Poolville and Peaster Independent School Districts about 10 years ago. "Working with schools, you really get the chance to change the course of a student to make better decisions in life," he said. B.J. enjoys working with the students because they are teachable. "If the school, the parents and law enforcement all work together, I believe you have a better chance at taking a child who may be a little troubled and helping him get straight before he becomes an adult and gets in serious trouble."

It's not all work and no play for B.J. He and his wife, Karen, who is also a member of HonorBound MM, take leisurely motorcycle rides together. They enjoy family time, too. The Sharps have two children: Bryson, 13, and Kenna, 6. Bryson attends school in Peaster and loves to ride B.J.'s Harley-Davidson with him. He is looking forward to getting his own motorcycle in the near future. B.J. is trying to find a small motorcycle, so Bryson can get used to riding it. Kenna is a student at Couets Christian Academy and can't wait to go riding with her father when she's older.

For now, B.J. will continue his devotion to ministering to those who need a little help. "We need to sharpen one another and lift each other up," he shared. "When you have others who are willing to come along beside you and help you with your walk through life, the good times and the bad times, it makes it easier." **NOW**

*Editor's Note: For more information, visit [www.facebook.com/HonorBoundMMWeatherford](http://www.facebook.com/HonorBoundMMWeatherford).*

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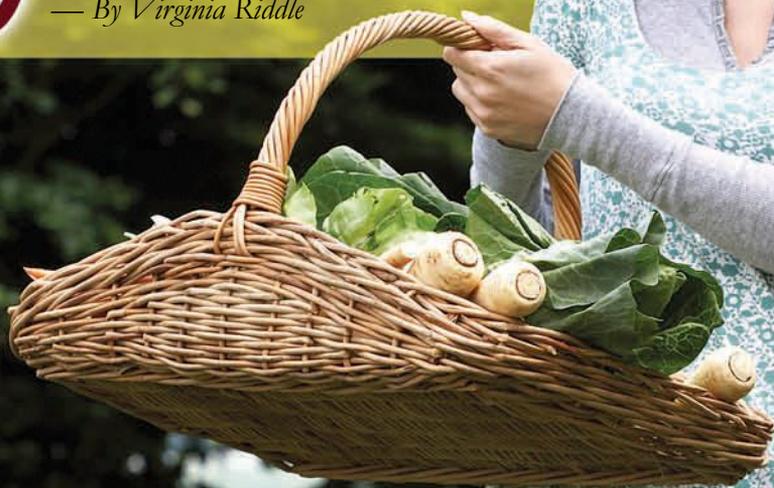


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 GROWING A 

# Winter Garden

— By Virginia Riddle



*As September nights start to take on that “fall’s coming soon” feeling, gardeners might consider their hard work to be over for the year, except for harvesting the last of the summer’s bounty. While letting the soil rest after the first frost and throughout the winter months is a choice, gardeners this far south can enjoy planting cold-weather vegetables and herbs, which can’t be grown during the hot, late springtime and even hotter summers. September is decision-making time.*

*Should you start closing down gardening for the year or start thinking green for winter and enjoy growing food for the table well into the coming year?*

## **Take a Break, But First ...**

Fall and winter crops have a better flavor, since they are not under the stress of the summer sun. Fewer insects and diseases also help their growth. Those second plantings of tomatoes in August are going to taste great in November. Keep on a regular watering and feeding schedule and enjoy the bounty of

vegetables that results from cooler fall days and nights.

With the approach of the first predicted frost, protect container-grown plants by covering them or storing them temporarily in a protected place. Veggies from your last harvest can ripen when set on paper towels in window sills or, in the case of green tomatoes, enjoy using them in chow-chow (relish) or fried green tomato recipes.

As plants die during the summer and into the fall, gardens have space to fill. Before retiring a garden space until spring, plant a winter cover crop — rye, wheat, oats, ryegrass, hairy vetch or legumes. Sow between August and mid-October, so the roots will become established before the first freeze. These plants hold in soil and will add organic matter back to the soil when tilled under in the spring.



Clean, oil, sharpen and repair garden tools before storing. Follow manufacturers' instructions for storage of all power equipment.

## Planning Your Cold-weather Harvest

As the fall nights cool, it's the perfect time to get winter crop seedlings started. Cool winter plant choices center on roots and leafy veggies and herbs: kale, spinach, Brussels sprouts, Swiss chard,

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occasional dry periods. Plant roots will not freeze as easily if the surrounding ground is watered prior to a freeze. Remember to feed the winter crops every two to four weeks with a well-balanced fertilizer.

If a severe winter is predicted, spend some time this fall by building and/or collecting some season extenders. Repurposed old shower doors and glass window frames along with hay bales for insulation become cold frames. Hotcaps or *cloches* (the French word for bell) are mini greenhouses, which retain the warmth from the sun and protect the plant from being covered in frost. Plastic milk jugs with cut-a-way bottoms or garage sale plastic punch bowls make great *cloches* to protect low-growing greens. Another, but more expensive protective solution is to build hooped row tunnels and covers. Detailed instructions, photos and videos for all of these suggestions can be found on the Internet.

## Hot Soups Need Herbs

Culinary herbs can be grown in pots that can be easily moved inside when temperatures dip below 40 F, or they can become a true kitchen garden by setting pots on the kitchen counter or in a sunny window sill. Keep the plants watered and use a mister on the leaves to keep them from drying out in the heated house. Turn each plant every day for even growth. Once plants reach 4-5 inches in height, cooks can harvest from the top. Herbs that are easy to grow inside include: parsley, rosemary, thyme, chives, marjoram, savory, oregano, sage, basil and scented geraniums. If a kitchen has no space and/or light, a grow light and stand will work in any room.

## Planning the Spring Garden

As days get shorter, it's time to think of next spring's garden. What worked well this past season, and what new crop will be included for next year? Did



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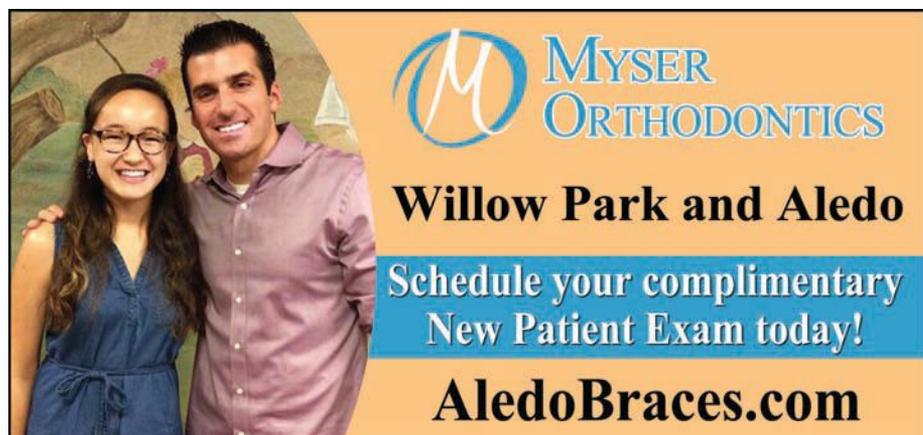

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the family enjoy eating fresh veggies? If so, think of adding fruit and nut plant varieties to the garden between December and February, the dormant time span for most fruit and nut plants in Texas. These months are also the time to prune fruit trees that are already a part of your garden plan and to build frames



for berries. The most popular fruit and nut varieties — blackberries, blueberries, figs, grapes, pears, plums, strawberries, native pecans and black walnuts — will be available at local garden centers during these months.

## Enjoying the Harvest

Whether the shelves are stocked with canned vegetables or freezers are full of frozen produce, households that grow veggie crops can enjoy great-tasting foods and memories made at many upcoming meals and special occasions. There's also the satisfaction of turning sunny portions of a grass lawn into a productive food source and teaching children to grow what they eat. During the long winter nights there will be plenty of time to dream of the new gardening adventures that await you in the spring. **NOW**

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# Boys and Bulls

*Championship Bull Riding provides an avenue for cowboys to show their bull-riding talents and win big. — By Amber D. Browne*

Eight seconds may not seem like much time to many, but for professional bull riders, it can put them at the top in bull-riding competitions. The cowboy must hold the rope tightly as the bull tries feverishly to buck him off during the competition, but if the time is met, he will move one step closer to the prize. Championship Bull Riding in Weatherford offers cowboys from across the globe the opportunity to compete atop some of the best bulls in the industry.

“A lot of people watch bull riding for the danger and for the wrecks,” said Chelsea Murphy, CBR chief operating officer. “That’s not what we want.” Instead, CBR wants their cowboys to have great rides on strong bulls. “We want our cowboys to make money. We want our stock contractors to make money.”

A bull rider can purchase a permit to compete in the CBR

Horizon Series, which features rodeo competitions across the U.S. An invitation provides the top CBR bull riders access to compete in the Fox Sports-televised, 13-tour Mahindra Road to Cheyenne competition, which culminates each July at Cheyenne Frontier Days in Wyoming.

Each event includes 24 riders in the first round, and the top 12 cowboys are selected based on ride scores and times. Once the top four bull riders are selected, the scores reset to zero, so every cowboy has a chance for the big cash prize. “The pot is up for anybody to grab. It makes it fun to root for somebody, because everybody has a chance,” explained Kay-Lee Pearson, CBR event coordinator.

CBR’s events are full of excitement with fireworks, concerts and, of course, the dangerous sport of bull riding. “It truly is

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about good bulls and good cowboys making good rides,” Kay-Lee shared. “They have to prove they can walk the walk and talk the talk. It’s a tough group of bulls and a tough group of guys.”

Most of the cowboys ranked in the top CBR standings are also in the top Professional Rodeo Cowboys Association world standings. “The way that CBR is structured is appealing to them,” Chelsee explained. “We don’t limit them to where they can compete.”

**“It truly is about good bulls and good cowboys making good rides.”**

CBR’s 2015 list of competitors features more than 100 cowboys, including Cody Teel, Chandler Bownds and the Mahindra Young Guns: Corey Bailey, Eli Vastbinder and Cody Rostockyj. CBR also has some great rookies, including 18-year-old Wyatt Rogers. “He’s exclusive to us at this point. He won \$43,000 in the state of Texas, which is the biggest purse in CBR history,” Kay-Lee shared.

Championship Bull Riding was founded in 2002. CBR’s corporate headquarters moved from the Fort Worth Stockyards to downtown Weatherford in December 2014. The move has been a welcome change. “We really like the town. It’s the Cutting Horse Capital of the World,” Chelsee remarked. Chelsee and Kay-Lee enjoy it when locals stop by the storefront and share their rodeo stories. Visitors can get a peek of the trophy from Cheyenne and learn more about the CBR cowboys.

CBR offers a very personalized relationship with the cowboys and stock contractors. At each rodeo, the bull riders compete for more than \$30,000, while the bull contractors vie for over \$45,000. The 2015 season wrapped up with the CBR World Finals in July. The 2016 season is now in full swing, with cowboys and bulls, once again, putting on a show for CBR spectators. Chelsee shared, “We want them to make those eight seconds.” **NOW**

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# No Secrets to Investment Success

Many people look for the secrets to investment success. Is it timing the market just right? Is it finding those hot stocks or getting in on the ground floor of the next big thing? Actually, these types of moves have little relevance to the vast majority of investors — even the most successful ones. So let's take a look at some steps you can take that can be effective in helping you work toward your financial goals.

•*It's time in the market — not market timing.* Some investors think they can succeed at “market timing” — buying when the price is low and selling when the price is high. And this would indeed be a good strategy if they could predict highs and lows. No one can accurately forecast these peaks and valleys, though. So, instead of ducking in and out of the market in a vain attempt to catch the highs and lows, simply stay invested. The more time you spend in the market, the lesser the impact you're likely to feel from short-term price swings. And if you're always invested, you'll always be in a position to benefit from the next market rally.

•*It's buy and hold — not buy and sell.* Even if you aren't trying to time the market, you may be tempted to buy and sell frequently as you look for new and better opportunities. Yet, this constant buying and selling can be costly. Frequent trading, with all the additions and subtractions from your portfolio, can make it hard for you to follow a consistent, unified investment strategy. You're better off purchasing quality investments and holding them for the long term, until either your needs change or the investments themselves no longer possess the same attributes they did when you purchased them.

•*It's building a strong foundation — not getting in on the ground floor.* Many people regret not being one of the initial investors of a company that has done spectacularly well. But most new companies don't achieve anywhere near that level of success. So, instead of looking for the next big thing on the ground floor, try to build a strong foundation consisting of a mix of quality investments suitable for your risk tolerance, goals and time horizon. This type of investing may not sound glamorous, but a strong foundation is better equipped than a possibly shaky ground floor to withstand the shifting winds of market forces.

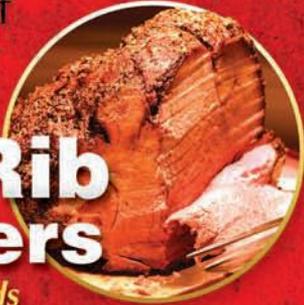
•*It's cool-headed thinking — not chasing hot stocks.* If you browse the Internet or watch one of the investment shows on cable television, you are bound to read or hear about hot stocks. But by the time the news reaches you, these stocks may already be cooling off. Even more importantly, they might not be right for your needs in the first place. Instead of chasing after hot stocks, which, by their nature, carry a strong emotional component (namely, the desire for quick, big gains), try to coolly and dispassionately analyze your situation to determine which investments are really most appropriate for your goals.

There really aren't any shortcuts to reaching your desired financial destination. But by taking the slow and steady path, you can work toward getting there. **NOW**

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Gregg Davis is an Edward Jones representative based in Willow Park.*

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## In the Kitchen With David Barclay

— By Amber D. Browne

For David Barclay, a tasty dish is all about bragging rights. Backyard cooking became David's favorite pastime when he began towing his smoker to Texas Christian University football games in the '90s. He moved to Weatherford nearly eight years ago, and his smoker is still at his side.

Each year, David attends a family hunt in Evant. "The boys all try and outdo each other on creating meals that will top the ones from the year before," David said. David also enjoys sharing his favorites with family and friends at his annual July Fourth barbecue, for which he begins cooking two days prior. He also, occasionally, caters for friends. "I love cooking outdoors and backyard grilling. These recipes will definitely bring your friends and neighbors back for your next backyard grill out!" **NOW**

### DDD Rub

- 1 1/2 cups paprika
- 1/2 cup coarse-ground pepper
- 1/2 cup salt
- 1/2 cup brown sugar
- 4 Tbsp. chili powder
- 4 Tbsp. garlic powder
- 4 Tbsp. onion powder
- 2 tsp. cayenne pepper
- 2 tsp. ancho chili powder

1. Combine the above ingredients and use as a rub on various meats before grilling or smoking.

### Barclay's Brisket

- DDD Rub or Angelo's Rub
- Brisket, size of your choice
- Aluminum foil

1. Prepare smoker at 220 F. Cover entire brisket with rub. Cook 6-8 hours.
2. Wrap with heavy aluminum foil. Put brisket in a pan fat side down and finish cooking in smoker or oven at 220 F for another 6-8 hours. Slice after cooling.

### Award-winning Ribs

- Ribs, size of your choice
- DDD Rub (divided use)
- Aluminum foil
- 1/4 cup brown sugar
- 1 12-oz. can beer of your choice

1. Prepare smoker at 225 F. Cover ribs thoroughly with DDD Rub, and let them sit for 1/2 hour; smoke for 2 to 2 1/2 hours.
2. Wrap ribs in heavy aluminum foil. Cook another 2 to 2 1/2 hours, or until they bend when picking them up with tongs.

3. Heat grill to 225 F; add ribs. Combine 2 Tbsp. DDD Rub, brown sugar and beer in a bowl to make a wet mop; brush mixture on top of ribs and grill until caramelized.

### Bacon-wrapped Dove

- 1 12-oz. can beer of your choice (divided use)
- 3 Tbsp. DDD rub
- 2 Tbsp. Worcestershire sauce
- 24-30 dove, cleaned
- 2 lbs. peppered bacon, cut into thirds
- 3-4 jalapeños, seeded and julienned
- 8 thick slices cheddar cheese, quartered

1. Combine 1/2 of beer in a bowl with next 2 ingredients.
2. To de-bread dove, slide your thumb on the dove breast and pop it off the bone into medallions. Add medallions to beer mixture; soak for 30 minutes.
3. Remove dove breasts from mixture and place them on a piece of bacon; add a jalapeño sliver and piece of cheese. Wrap dove and secure with a toothpick; repeat steps until all dove breasts are wrapped.
4. Add bacon-wrapped dove breasts to grill or smoker. Cook at 250 F until bacon is cooked on all sides.

### Rakisha's Jalapeño Poppers

- 8-oz. cream cheese
- 1/2 cup shredded cheddar cheese
- 2-3 Tbsp. minced garlic
- 1 Tbsp. paprika
- 12 large jalapeños
- 2 lbs. thick-cut bacon
- 2 Tbsp. brown sugar

1. Mix together first 4 ingredients.
2. Hollow out jalapeños and cut in half, lengthwise. You can leave a few seeds in if you want more heat. Fill each half with cheese mixture. Wrap with a slice of bacon; secure with a toothpick.
3. Grill until bacon is done; put in a baking dish. Sprinkle with brown sugar; bake at 275 F for 15 minutes.

To view recipes from current and previous issues, visit [www.nowmagazines.com](http://www.nowmagazines.com).

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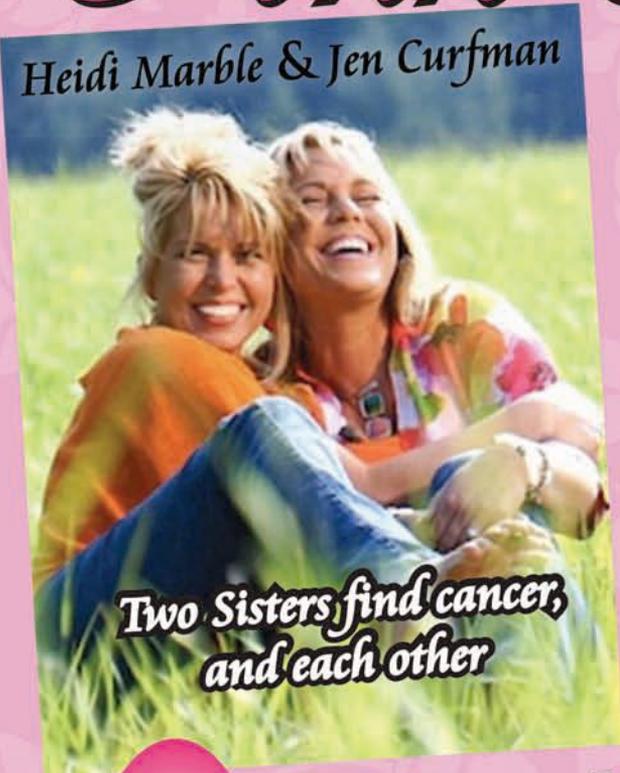
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