

Waxahachie **NOW**

M A G A Z I N E

SEPTEMBER 2015

Building Character

Coach Becca Prohaska uses her role as coach to mentor and mold young lives

Weathering the Firestorm

At Home With Mark and Dana James

Living Their Purpose
Picking Up the Intensity
Growing a Winter Garden
Truth in the Treatment
In the Kitchen
With Chef Dré Johnson

Dining Deals Inside!





V-Care Health Services

.....Live Life Pain Free

WE OFFER A MULTITUDE OF SERVICES - WE SPECIALIZE IN:

STOP SUFFERING FROM _____
Back Pain, Neck Pain, Joint Pains
Including Shoulders, Elbows, Hips,
Knees and/or Ankles



We have a great solution for you

- FDA approved natural medications with **NO SIDE EFFECTS**
- Treatment is very safe and effective with **NO surgery required**
- Treatments are covered by most insurances including Medicare

NEUROPATHY

Do you suffer from:

- **Neuropathy**
- **Diabetic Neuropathy**
- **Numbness and tingling**
- **Pins and needles**
- **Painful hands and feet**

Come learn about a safe, new, advanced treatment for **NEUROPATHY!**



RELIEF AT THE SPEED OF LIGHT!

Lose Weight Now
Ask Us How

Lose up to **30 POUNDS** in 30 Days



Introducing Our New

Medical Weight-Loss Program

- Safe and Effective
- Affordable
- Physician Supervised
- Rapid Weight Loss
- Sustainable Results
- Special Focus on Problem Areas

Ask about our introductory offer!

We Accept almost all Major Medical Insurance Including Medicare

GET INSTANT RELIEF FROM HEADACHES

MEDICAL BREAKTHROUGH IN THE TREATMENT OF HEADACHES AND MIGRAINES

Do you suffer from:

- Pounding, throbbing pain that affects your entire head?
- Sensitivity to light, noise or odors?
- Constant band-like pain around your head?
- Pain that lasts from 30 minutes to several days?
- Pain on one side of your head?

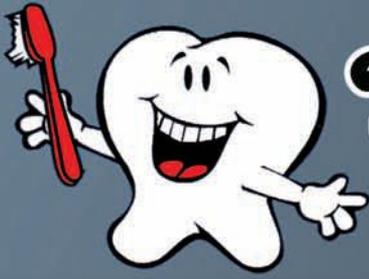
Try Our New Headache Treatment

- Very Safe and Effective
- Immediate Results
- FDA Approved Medicines
- Insurance Covered Treatment



CALL NOW FOR FREE CONSULTATION
214.550.0680

University Plaza, 401 N. Hwy 77 Suite #1
Waxahachie, TX 75165
Visit us at www.vcarehealth.org



Start every day off with a GREAT smile **Family Smiles**

General Dentistry for Adults & Children
(972) 351-9110

¡Hablamos Español!

- Games & movies
- Laughing gas
- TVs in every room
- Kid-friendly environment



\$59 **Dental Checkup**
NEW PATIENTS ONLY
(Regular price \$150)

Come meet our experienced professional staff today & get your dental checkup!
Simple cleaning • Necessary X-rays
Excludes deep cleanings. Offer applies only in the absence of gum disease. Expires 9/30/15

\$20 **Toothache Visit**
NEW PATIENTS ONLY
(Regular price \$100)

Includes necessary X-rays, exam and doctor consultation

Not valid with any other offers. Expires 9/30/15

For Patients with No Insurance

Full-mouth deep cleaning \$275
Simple cleaning \$75
Most extractions \$150

Excludes wisdom teeth. Expires 9/30/15

\$150

Limited exam & X-ray with a single extraction
(Regular price \$300)

Excludes wisdom teeth. Expires 9/30/15



**1011 N. Hwy. 77 Ste. 105
Waxahachie, TX 75165**

**Mon-Fri 10 a.m.-6 p.m.
Sat 9 a.m.-2 p.m.**

Dr. Amandeep Basrai DDS & Associates

Payment Plan Available

Accepting Medicaid & CHIPS, All PPO Insurances, Walk-ins & Same-day Emergencies

*Sample prices only. Actual prices may vary based on the dental condition of the patient.

Afraid of the dentist?

Come relax with oral sedation and nitrous.

Come meet Dr. Martin and the rest of the caring Fearless team.



Mention this ad and get
FREE WHITENING FOR LIFE
when you become a patient at
Fearless Dental. FREE trays and then
FREE whitening gel at every cleaning.

Dr. Martin does white fillings, crowns, bridges, veneers, implants, implant dentures, root canals, extractions, Invisalign. He sees children. Our hygienist, Melinda, does deep cleanings and laser gum treatments, if gum disease is present. Years of dental needs can be completed quickly and with very few appointments all in our office.

Same-day treatment available.
No-interest financing W.A.C. for up to 2 years.

Convenient Hours: 8am-6pm M-Th F 8am-1pm

In network with these major PPO plans:
Aetna, Delta, Cigna, Metlife, Guardian,
United Healthcare, Blue Cross Blue Shield of Texas,
Humana, Principal, Ameritas, Dental Select, UCCI.

www.FearlessDental.com

972-617-3322 · 101 Austin Boulevard · Suite 100 · Red Oak, TX 75154

Snap on Denture

Lower only with 2
implants **\$6,995**

\$292
/month

*No interest
for 24 months



Upper or lower with
4 implants **\$8,995**

\$375
/month

*No interest
for 24 months

*With Valid Care Credit

Call our office for more details and to schedule your complimentary snap on consultation.

Publisher, Connie Poirier
General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker
Waxahachie Editor, Sandra Strong
Editorial Assistant, Rachel Smith
Writers, Dianne Reaux . Virginia Riddle
Adam Rope . Melissa Swedoski
Betty Tryon . Carolyn Wills
Editors/Proofreaders, Pat Anthony

GRAPHICS AND DESIGN

Creative Director, Chris McCalla
Artists, Kristin Bato . Morgan Christensen
Martha Macias . Brande Morgan
Shannon Pfaff . Michael Richardson
Felipe Ruiz . Anthony Sarmienta

PHOTOGRAPHY

Photography Director, Jill Rose
Photographer, Amy Ramirez

ADVERTISING

Advertising Representatives,
Bryan Frye . Carolyn Mixon
Teresa Banks . Cherise Burnett
Linda Dean-Miley . Mark Fox
Melissa McCoy . Cleta Nicholson
Lori O'Connell . John Powell
Steve Randle . Linda Roberson
Joyce Sebesta . Shelby Veldman

Billing Manager, Angela Mixon

ON THE COVER



Coach Prohaska and Assistant Coach Moore lead the volleyball team to victory.

Photo by Amy Ramirez.

CONTENTS

September 2015 • Volume 12, Issue 9



8 Building Character
Coach Becca Prohaska uses volleyball to teach the value of working together in unison.

18 Living Their Purpose
Three local women are paying it forward one day, one event and one need at a time.

28 Weathering the Firestorm
At Home With Mark and Dana James.

36 Picking Up the Intensity
David Christiansen takes fitness to the next level.

44 Growing a Winter Garden
Cooler temperatures don't necessarily mean a gardener's work is done.



52 BusinessNOW

54 Around TownNOW

56 FinanceNOW

59 HealthNOW

60 CookingNOW

WaxahachieNOW is a NOW Magazines, L.L.C. publication. Copyright © 2015. All rights reserved. *WaxahachieNOW* is published monthly and individually mailed free of charge to homes and businesses in the Waxahachie ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.



Editor's Note

Happy Autumn!

Autumn conjures up many fall visuals. **A** is for the apple pie that will soon be baking in my oven. **U** is for the unmistakably cooler temperatures, which I love. **T** is for the toe socks that are now keeping my feet warm. **U** is for the unspeakable beauty found in the fall-colored leaves. **M** is for the meaning this time of year holds for me. **N** is for the natural way things change from season to season.

Yes, I love autumn for these aforementioned reasons and so many more. It's the beginning of the holiday season, for me. I begin planning for the special occasions between now and the end of the year — anniversaries, birthdays, Thanksgiving and Christmas. I look forward to the baking, the family gatherings and the memories that will surely be made along the way. And I can't forget the family game of Farkle. Let the dice land where they may!

Sandra

Sandra Strong
WaxahachieNOW Editor
sandra.strong@nowmagazines.com
(972) 765-3530

Rock on into *Fall* with a shiny new black wooden **PORCH ROCKER!**

September Special
Only \$99

The Studio
Open Mon-Sat: 9-5:30
3671 Hwy. 77 N. • Suite 200
Next Door to The Greenery
Waxahachie • 972-617-7740



Seth Atkins, DDS
General Dentistry



Providing healthy, beautiful smiles for your entire family.

New Patients Welcome

We accept most insurance plans, all major credit cards and financing through Care Credit.

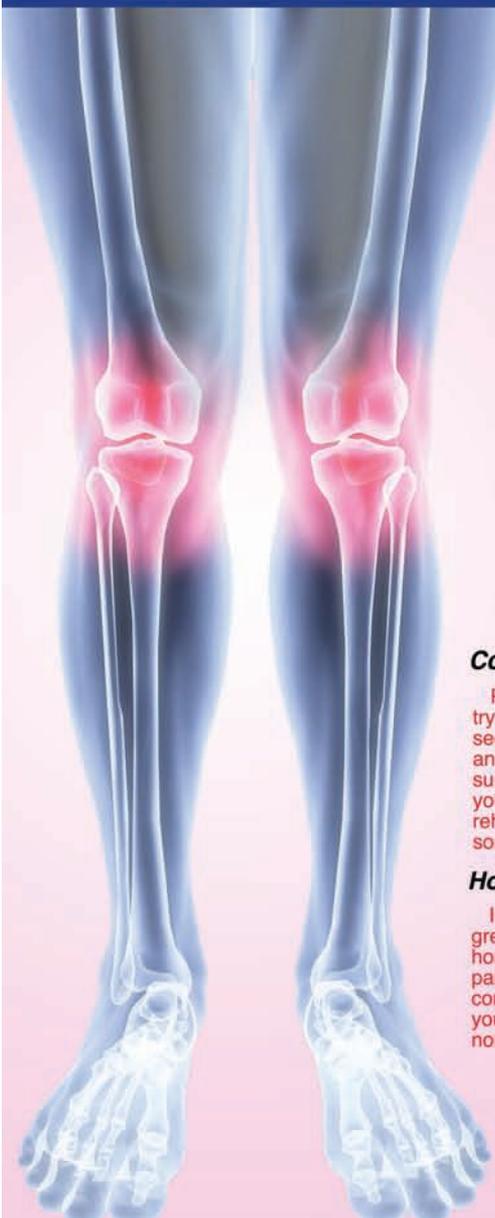


Visit our new website at
www.elliscountydentist.com

1408 W. Jefferson, Waxahachie • 972.937.8433

KNEE PAIN SUFFERERS FIND NEW HOPE IN FDA APPROVED TREATMENT

Treatment Covered by Most Major Health Insurance Plans - Including Medicare



Who is a **good candidate** for this treatment?

- Have you been diagnosed with osteoarthritis?
- Do you wake up with knee pain?
- Does your knee pain keep you from certain activities?
- Have you been told you need a knee replacement?
- Are you active and sometimes suffer from sore knees?
- Do you have difficulty going up and down stairs due to knee pain?
- Do you take medications for knee pain?
- Are you considering surgery to alleviate knee pain?
- Have you suffered a knee injury during a sporting event?
- Does your knee ever feel like it is "giving way" or unstable?
- Has a recent car accident caused you a knee injury?
- Have you had a direct blow to the knee from a fall?

Consider these facts before surgery.

People who suffer from knee pain typically try supplements or pain medications before seeking help from a doctor. When all else fails, and the pain is too much, some feel that surgery is the only option. Before you put yourself through months of immobility, pain, rehab and hefty medical bills, consider something else.

How do I know that this is right for me?

In most cases, if you have knee pain, this is a great solution. Our doctors will give you an honest and fair evaluation of your particular knee pain. Call today to schedule your FREE knee consultation. Now is the time to take control of your life and say goodbye to knee pain the nonsurgical way!

	Hometown Physical Medicine	Surgery
Cost	Covered by most insurance plans including Medicare	Deductible, co-pay, medications, time off work, etc.
Risk	No known side effects	Complications, poor outcome, addiction to pain medications
Pain	Little to none	Can be severe for months
Recovery	Immediate	Months/years

— Dr. Natasha Maza, D.C.

— Dr. Michael K. Shrader, M.D. Medical Director

— April Morgan Family Nurse Practitioner

Call now to change your life. You can live pain free.

SPACE IS LIMITED



HOMETOWN PHYSICAL MEDICINE

607 Ferris Ave. • Waxahachie

972-923-1003

CALL TODAY TO SCHEDULE YOUR

FREE CONSULTATION

www.hometownchirotx.com

2200 W. Ennis Ave. • Suite A • Ennis

972-875-8600

El Doctor Habla Español

Disclaimer: Due to Federal Law some exclusions may apply. Copyright © Epic Marketing 2013



Sept. 19, 10AM - 8PM
 Free Admission • Free Parking

OKTOBERFEST

WAXAHACHIE CIVIC CENTER

Fun for the whole family!

- Children's Games
- Silent & Live Auctions
- Raffle Drawings
- Biergarten
- Karaoke Contest
- German Food & BBQ Plates
- Live Music
- Shopping



St. Joseph Catholic School

WWW.STJOSEPHOKTOBERFEST.COM



MIKE'S DELIVERY INC
 Mike & Mary Minter



WAXAHACHIE ANESTHESIA CONSULTANT SERVICES, INC.



Citizens National Bank Of Texas
 Your Bank Since 1869



Mark D. Griffith
 Griffith & Associates
 Criminal Defense Attorneys
elliscountycriminaldefense.com

The Shelton Family • John Sullivan, MD • The Toker Family
OKF Co-Chairs: Marissa Geary, Heather Hall, Kristin Morrow

Jenny Vidrine, State Farm • Interbank • Blake Family • Dart Container
 Waxahachie Cleaners • Dr. Frederic C. Puckett, PLLC • Dr. and Mrs. Robert Bennett
 Links Renovation • Victron Energy • Acme Brick • Deepak C. Patel, MD
 John C. Wray, Attorney at Law • Handprint Graphics • Mike and Kim MacLeod
 College Street Printing • Rainmasters Irrigation • Misty Culpepper, CPA • Hunter Excavation

Thank you, Sponsors!

Thank you Ellis County for 20 great years!



Excellent Dentistry • Comprehensive Care • Exceptional Experience

"We credit our success to our faith, the support of family, friends and colleagues, and our outstanding patients.

Thank you for letting us serve you."

- Dr. Shaw, Angie, Melisa and Charlotte

Accepting New Patients

972-223-0313

Family Dentistry

Margaret Shaw, DDS



135 W. Ovilla Road at Hampton
Glenn Heights

www.MargaretShawDDS.com



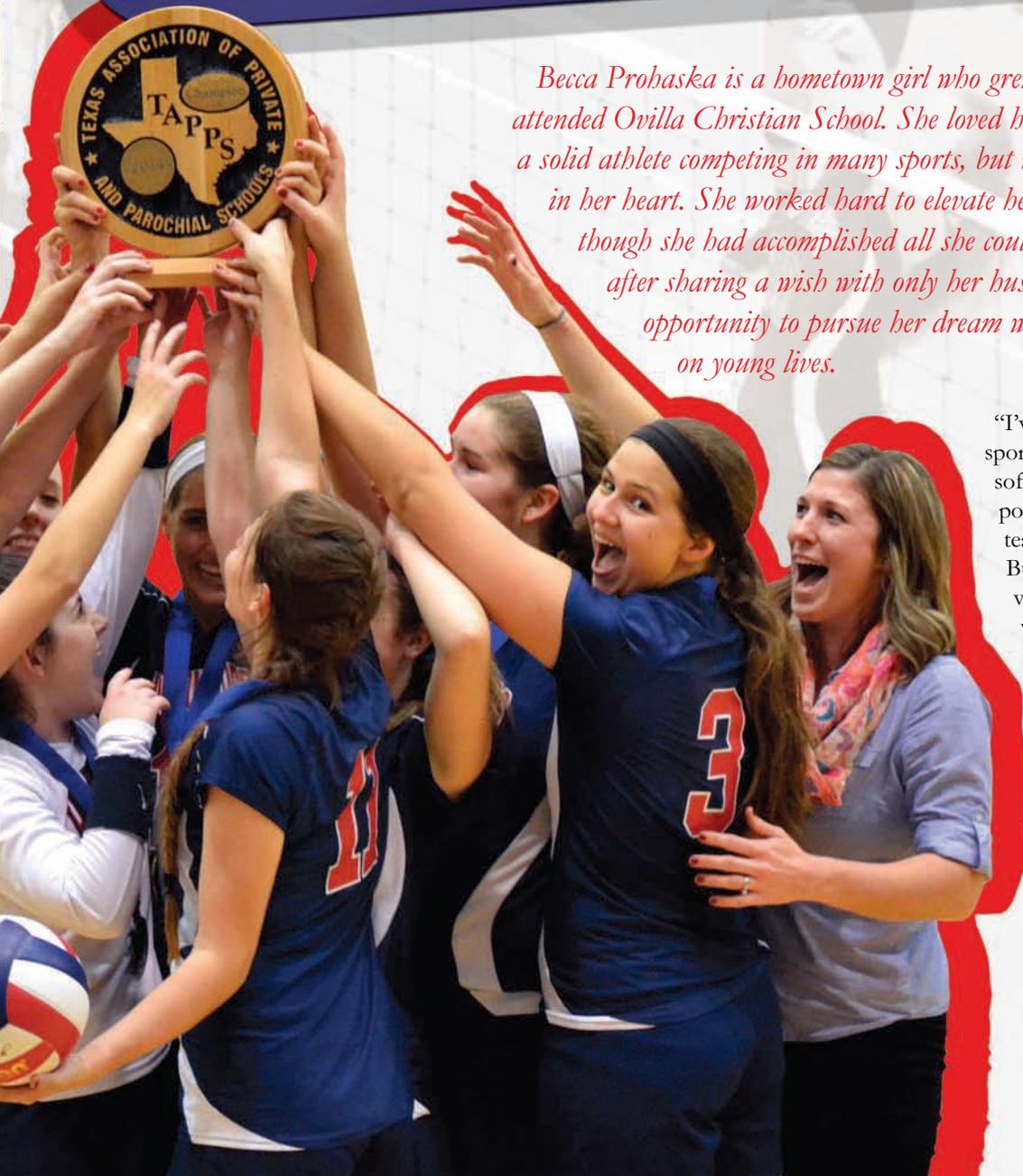
BUILDING CHARACTER

— By Dianne Reaux

Becca Probaska is a hometown girl who grew up in Waxahachie and attended Ovilla Christian School. She loved high school athletics and was a solid athlete competing in many sports, but volleyball held a special place in her heart. She worked hard to elevate her game but never felt as though she had accomplished all she could with the sport. Years later, after sharing a wish with only her husband, she would have the opportunity to pursue her dream while also making an impact on young lives.

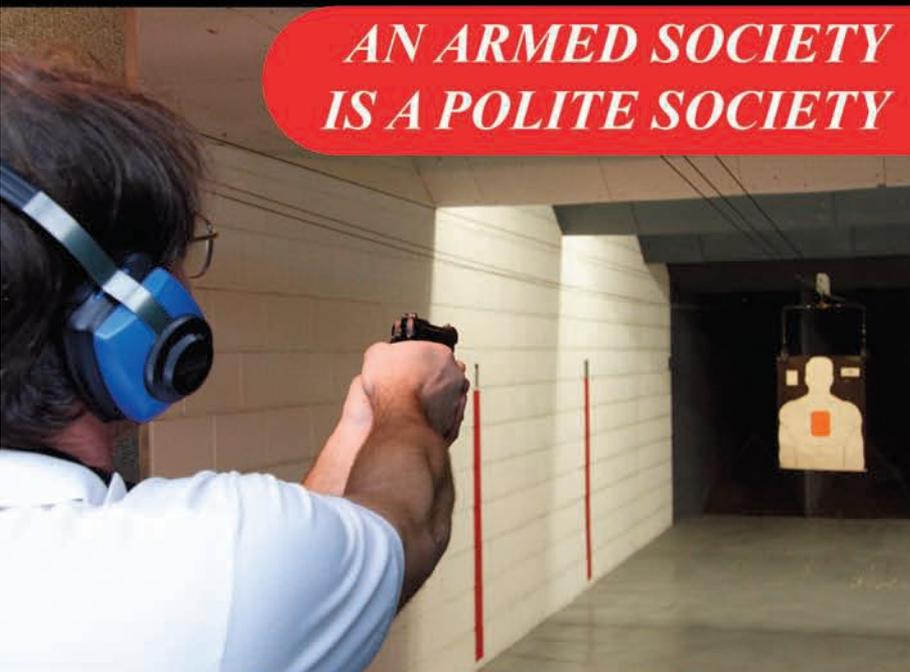
“I’ve always really enjoyed playing sports,” Becca shared. “I played softball in high school at the catcher position, and we had a really great team. We won the championship. But my favorite sport was volleyball,” she admitted. “I always wished that I could have devoted more time and effort into developing the fundamental skills of the game.”

Becca graduated from high school, attended Navarro College, and in 2006, she met the love of her life, Luke Probaska. They were married, and soon Becca and Luke started their own family. She loved being a wife and mother, but she had a desire to do more. “I’d always wanted to be a coach,” she admitted. In January 2013, she shared her dream of coaching





**AN ARMED SOCIETY
IS A POLITE SOCIETY**



CONCEALED HANDGUN LICENSE



**GUN REPAIR
PERSONAL PROTECTION
NEW & USED GUN SALES
FREE DISPOSAL OF OLD GUNS & AMMO**

**972-938-2800 • 1037 W. Hwy 287 Bypass
Ste. A, Waxahachie**
Owned & Operated by Texas Families for Texas Families



volleyball with her husband. “I told Luke it was something I wanted to do, regardless of whether I was coaching girls at the YMCA, a school, a select team or a recreational league, it was a dream that I didn’t want to let go of.”

Not long after her conversation with her husband, Waxahachie Preparatory Academy launched a search for a volleyball coach. Waxahachie Preparatory Academy, or WPA, is a university-model school where students attend classes on a Monday, Wednesday, Friday or Tuesday, Thursday schedule. On days when students aren’t on campus, they continue their studies via satellite-home classroom.

Shelly Slack is the athletic director for WPA, and she knew Becca would make an ideal candidate for the coaching position. “Becca had a reputation as an accomplished athlete at Ovilla Christian School. But most importantly, we could see her commitment to her faith. She lives out her faith in front of her team as a strong Christian woman, and she pushes her players to be the best they can be as individuals,” Coach Slack shared.

Last year, the volleyball team won the TAPPS-1A Division (Texas Association of Private and Parochial Schools) State Volleyball Championship. “Winning last year in San Antonio was like a dream come true,” Coach Prohaska exclaimed.

“It felt great,” Hannah Strength added. “It was an honor to be a part of WPA’s first state volleyball championship! I will always cherish the accomplishment and memories we achieved together as a team.”

Coming off of a winning season, Coach Prohaska is excited about the



Coach Prohaska; team captain, Hannah Strength; and Assistant Coach Moore share a love for volleyball.

upcoming school year. “We lost a couple of really good players last year, but we’ve also gained some really good players,” she shared. And Hannah, one of the team’s strongest athletes, will return next year as the volleyball team captain. “Not only is Hannah a skilled player, she has strong character and leadership skills. She’s level-headed and keeps her composure under pressure, and she always thinks of others before herself.”

Like Coach Prohaska, Hannah also has a passion for volleyball. “I enjoy playing volleyball because it’s a team sport,” Hannah shared. “Every member of the team has to work in unison to achieve the goal, and through teamwork, comes great

Build Your Story With US

~ The Thompson Story



Model Now Open!

Autumn Run
401 Autumn Run Dr.
Midlothian, Tx 76065



JOHN HOUSTON
CUSTOM HOMES

YOUR HOME. YOUR WAY



866.646.6008
JOHNHOUSTONCUSTOMHOMES.COM





CHEESESTEAK • CHICKEN CHEESESTEAK
BURGERS/FRIES • FRESH SALADS
GRILLED/FRIED CHICKEN SANDWICHES
KIDS MEALS (CHICKEN NUGGETS/STRIPS)

972.923.0202
110 E. MAIN ST., WAXAHACHIE
ACROSS FROM THE ROGERS HOTEL

Voted #1
SANDWICH SHOP
IN WAXAHACHIE AND ELLIS COUNTY

Come see what all the fuss is about!

\$5.99



**6" CHEESESTEAK,
FRIES, DRINK**

NOT VALID WITH OTHER OFFERS. EXPIRES 9/30/15



Allie Hatten works on strengthening her serve.

friendships and great memories.” And she has nothing but words of admiration for her coach. “Coach Prohaska is not only a great volleyball coach, she is an influential Christian leader for her team. She relates volleyball to everyday life lessons we can use to glorify God,” Hannah explained.

As with everything else in Coach Prohaska’s life, her faith is first and foremost, and it’s also a part of her coaching philosophy. “We work hard every day on the fundamentals of the game. We focus on skills like passing and serving, and we also have fun developing our defensive/offensive game with skills like hitting and blocking.” But for Coach Prohaska, there is another aspect of the game that is just as important, if not more so, than the fundamentals. “It’s not always about winning. I try to use the game of volleyball to build the character of my players.”

She is also quick to credit those who support her efforts as team coach, including the athletic director, Assistant Coach Caryn Moore and the parents of her players. “I learn so much about life and godliness just by watching them live their lives. I couldn’t be the coach that I am without the supportive atmosphere they create for me.” And she also shares her thoughts on what makes WPA such a special school. “Our school is very family-oriented. Parents are really



Women’s health care begins here and lasts a lifetime.

Women’s bodies are always changing, so their health needs change along with them. Our expertise across many medical specialties means you’ll receive quality health care when you need it most. We’re now part of the largest not-for-profit health care system in Texas, and we’re here to be your health partner for life.

For a physician referral or for more information about women’s services, call **1.800.4BAYLOR** or visit us online at BaylorHealth.com/Waxahachie.



LONGLIVEWOMEN.COM

2400 North Interstate 35, Waxahachie, TX 75165

Physicians provide clinical services as members of the medical staff at one of Baylor Scott & White Health’s subsidiary, community or affiliated medical centers and do not provide clinical services as employees or agents of those medical centers, Baylor Health Care System, Scott & White Healthcare or Baylor Scott & White Health. Not all services available at all locations. Photography may include models or actors and may not represent actual patients. © 2015 Baylor Scott & White Health. BSWMCW_14_2014 04.15

FOLLOW US ON:

Username: BaylorHealth





Jumping for joy in our new Sandlin home!



SANDLIN HOMES

Family building since 1957

SandlinHomes.com

(800) 821-HOME (4663)

FROM THE \$190s TO \$390s

WAXAHACHIE

1. Katy Lake
\$320s-\$390s
Large homesites
& golf course views

2. The Arbor at Willow Grove
Now Open
\$190s-\$230s

3. Summit Estates
Now Selling out of Katy Lake location
\$330s-\$390s
1-3 acre homesites



Quick Move-In Homes!

At Sandlin Homes, our family-owned and operated business has been building dream homes for 58 years.

Three Waxahachie Locations

We have several new homes under construction, that will be **ready for a Quick Move-in** soon!

Visit now to take advantage of our **special Design Center incentives on these homes!** Discover why you'll be jumping for joy about owning a new Sandlin Home.



NMLS # 178251 817.799.2859
2350 Airport Frwy., #600, Bedford, TX 76022

All loans subject to underwriter approval, terms and conditions apply. Subject to change without notice. Equal Housing Lender. PrimeLending is not affiliated with Sandlin Homes.

Jerry's Tires & Wheels

Our Tire Prices INCLUDE
Tax, Mounting & Balance.
Does theirs?

Serving Ellis County
for 38 years!

(972) 935-0304

1509 W. Hwy. 287 Bus.
Just west of Grand Avenue in Waxahachie

**Now carrying most
sizes in-stock!**

OPEN

Mon-Fri 8:00 a.m. - 5:30 p.m.
Sat 8:00 a.m. - 2:00 p.m.



Katherine Terminella practices her defensive skills.

involved with their students, and the students are accountable to their parents for their actions.” Coach Prohaska believes that when students are held accountable, they learn to be respectful. And being respectful is an important pillar in building character.

When Coach Prohaska isn't coaching, she enjoys being a wife and a mom to 7-year-old daughter, Madi, and two sons, 6-year-old Tyson and 2-year-old Graham. “Working with my husband building homes is also a large part of my life outside of volleyball. I design all of the finishes for the houses Texas Pro Properties builds in North Oak Cliff,” she shared. They are active members of Stonegate Church, and they enjoy going camping and creating memories together as a family. “Our kids go to WPA, so on the days I'm not coaching, I homeschool our children,” Coach Prohaska said.

The WPA volleyball team Scripture is I Timothy 4:8, which teaches that physical training is important, but training for godliness holds the most value because it lasts for this life and the next. “So that's my coaching philosophy,” Coach Prohaska explained. “I make sure that the team has fun, and I join in with them when we practice. Of course, we like to win, but our main goal is to have a platform to share our love of Christ with others.” **NOW**

12TH
ANNUAL

WAXAHACHIE CIVIC CENTER
PRESENTS THEIR

BRIDAL EXTRAVAGANZA

FEATURING:
TRUNK SHOW + SALE

SAVE *The* DATE



{ NOON TO FOUR }

FOR MORE DETAILS: 469-309-4040
WAXAHACHIECIVICCENTER.ORG
DSMITH@WAXAHACHIE.COM
NOW ACCEPTING VENDOR APPLICATIONS

Switch to a
bank where
you *m*atter.

Bank *m*Powered

Open an account online today!

www.cnboftexas.com



**Citizens
National Bank
Of Texas** MEMBER FDIC

Your Bank Since 1868

972-938-4300 1-877-938-4300

SEE WHAT YOU'VE BEEN MISSING[®]



MOJO Outdoors
Critter Sitter
\$73.95
MOJHW2309



BOG Gear Tripod /
Bipod Cover
\$19.95
TIP1 GREEN



MOJO Outdoors Clip On
Dove Decoys (4-pack)
\$13.95
MOJHW9004



Red Rock Gear Hunting
Series Camouflage
Netting
\$19.95
RA0680



ThermaCELL Mosquito
Repellent Appliance
\$26.95
MRFJ



MOJO Outdoors Dove Live
Action Kit
\$11.95
MOJHW8102



The Hunter's
Essential Low-Profile
Vest All Day
\$137.95
THE200380205



Bushnell BackTrack D-Tour
Bear Grylls Edition GPS
\$74.95
BUS360310B6



MOJO Outdoors
Voodoo Dove
\$46.95
MOJHW2300



The Hunter's
Essential F.A.S. Bag
\$63.95
THE200270101

Bushnell



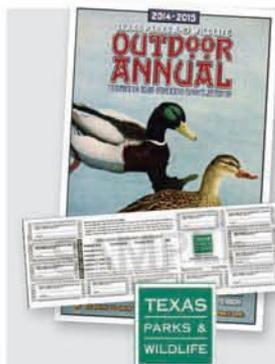
GameGuard Mesquite
MicroFiber Shirt
\$49.95
GAM1003MSQL



GameGuard Ladies'
Cotton Tee
\$19.95
GAM115GGCL

GAME GUARD

GAME GUARD



**HUNTING & FISHING
LICENSES
SOLD HERE!**

**OVER 1,000 DIFFERENT TYPES OF AMMUNITION,
TOTALING OVER 1 MILLION ROUNDS IN STOCK**

VISIT OUR NEW
RETAIL LOCATION!
NOW OPEN
5840 E. US HWY 287
MIDLOTHIAN, TX 76065



ORDER NOW AT SWFA.COM
1.972.SCOPE IT
(1.972.726.7348)



Remington.
FIOCCHI
Texas Dove Loads
By Remington, Fiocchi,
Winchester, and Rio



We Build It Right!

SAVE
ENERGY!
SAVE MONEY!



- Commercial Roofing • Residential Roofing
- Carports • Steel Buildings • Farm and Ranch Structures

**24-Hour
Lead Time**
for most
trim orders

M Metal Mart
THE RIGHT MATERIALS FOR THE RIGHT PRICE!

www.metalmarts.com

- Energy-Efficient Products
- Heavy Duty Metal is Hail & Fire Resistant
- Do-It-Yourself Packages Available (No Welding Required)



7200 NORTH IH-35 E. • WAXAHACHIE • 972-576-0606 • 800-677-2503

Living Their Purpose

— By Sandra Strong



Vicki Grady, Shelley Huskins and Sharon Hawthorne are the heart and soul of Our Sunflower Friends.

“God equips the called. Paying it forward does make a huge difference.”

Everyone has a purpose in life. Vicki Grady understood this soon after she started the Purpose Driven Life Bible study at her church. She felt compelled to do something. “God told me I needed to be doing more in my life,” Vicki remembered. “I needed to be more involved in the lives of others.”

Shelley Huskins soon learned of Vicki's desire, and she too felt the need to do something to help others. Soon thereafter, the two ladies got together to discuss the endless possibilities. “We really didn't know what we were getting into,” Vicki said, referring to the first few months. “The need was so much greater than we imagined.”

From the beginning, their mission has been to be involved in event/fundraising for children and adults within Ellis County who suffer from a life-threatening disease or life-altering injury. They initially decided to help two individuals per year. The two recipients their first year were Penny Jurkash and

CONGRATULATIONS TO THE WINNERS OF OUR ALLIE CUT-OUT CONTEST!



Allie enjoyed all the fun adventures you took her on this summer. Congratulations on winning and enjoy your time at Six Flags!



DENTISTRY FOR CHILDREN

Shelly K. Clark, D.D.S., P.A.

4450 East Hwy 287 | Midlothian | 972-723-0111
 211 W. Belt Line Rd. | Cedar Hill | 972-291-0111
 2828 Duke of Gloucester | DeSoto | 972-572-0111
 (Next door to Pediatrics Southwest)

 www.drshellyclark.com



New Patients Are ALWAYS Welcome

Free Whitening

Three systems to choose from
 ZOOM!, BOOST or Take-home Whitening
 to all new patients w/cleaning, exam & X-rays. Exp. 9-30-15



Brian Clark, D.D.S.

(972) 723-2300
 4450 East Hwy 287 | Midlothian
 211 W. Belt Line Rd. | Cedar Hill
www.BrianClarkDDS.com



Delta Dental Premier, Humana, Cigna Radius, Assurant, DNOA

OUR WAXAHACHIE OFFICE IS NOW OPEN!



YELDELL, WILSON, WOOD & REEVE, P.C.
CERTIFIED PUBLIC ACCOUNTS



Accounting Services ■ Auditing ■ Bookkeeping ■ Tax Planning ■ Tax Preparation

611 S. Clay St., Ennis, TX 75119
405 Sycamore St., Waxahachie, TX 75165

972-878-2611 YWCOPA.COM



Isabella Day with trophies from the Golf Tournament fundraiser.



Methodist

FAMILY HEALTH CENTERS

Where life shines bright.SM



Christopher Broadway, MD
Brent Baker, MMS, PA-C

Now Accepting New Patients

Convenient hours • Same-day appointments available
Most insurance plans accepted • Pediatric patients accepted
Flu shots and immunizations

Schedule an appointment today at 972-937-1210.

Hours: Monday through Friday 8 a.m. to 5 p.m.

Location: 1410 W. Jefferson St. | Waxahachie, TX 75165

For more information, please visit
MethodistHealthSystem.org/Waxahachie.

Methodist Family Health Center – Waxahachie is owned and operated by MedHealth and staffed by independently practicing physicians who are employees of MedHealth. The physicians and staff who provide services at this site are not employees or agents of Methodist Health System or any of its affiliated hospitals.

Brooke Foster. Penny was diagnosed with leukemia as a kindergarten student. Brooke, at age 16, was diagnosed with Stage IV Osteosarcoma. Both of these recipients lived in Waxahachie.

As the second year of the organization got underway, a third member came on board, completing the heart and soul of Our Sunflower Friends. Sharon Hawthorne also realized there was a need, and she had a yearning to do something more than sit on the sidelines. “I had an unrelated connection with one of the first-year recipients, and I also knew of another little girl who needed help,” Sharon explained. “I fully believe God brought our different talents together to form this group of caring women.”

Each of the three brings something different to the table, that when added together, makes for a mighty strong team. Vicki, who grew up in Waxahachie, graduated from Midlothian High School and now resides in Italy, is the PR person, and she has a spirit that doesn't give up or take “no” for an answer. She is also the face of the organization. “I'm a good talker,” she admitted. “I have a passion for the cause for several reasons.”

Shelley, from Italy, comes with an extensive background in education. In her day job, she is an oncology nurse. She comes with the knowledge of the diseases the group will face as they continue to grow their organization. “I have a personal base of friends and colleagues I can call upon,” Shelley said. “This organization means so much to me. I can't close my eyes to the needs around me.”

And last but definitely not least, Sharon, from Red Oak, comes with the experience to complete the necessary paperwork. She arrived with 30 years' experience in a legal environment. “I know how to organize and prepare

papers for filing,” Sharon confided. “I had the resources at my fingertips to get the nonprofit status we needed early on.” The group incorporated as a nonprofit under the name Our Sunflower Friends and obtained tax exempt status from the IRS. A ribbon cutting was held for Our Sunflower Friends on March 26, 2014, at the Waxahachie Chamber of Commerce offices.

What they do as a group is a true labor of love. They have seen the families they have served go without so many personal things to care for their loved ones — those battling an illness as well as those who have remained healthy. Each of the women feels called to do what they are doing, and honestly, they wouldn’t have it any other way. “Until now, I think I must have been living under a rock,” Sharon confessed. “There are so many people with needs, who are living right under our noses.”

“What we do is so time-consuming and intensive,” Vicki said, “but it’s necessary. It’s definitely a calling.”

“It’s all about stomping the pavement,” Shelley stated. “It is a lot of work with very little glory, but it’s all worth it when you see the faces of the families you help.”

The second-year recipients who are currently benefiting from Our Sunflower



The Best of Times Waxahachie Chamber *Auction*



Black & White Affair

Dressy Casual

Saturday, October 3, 2015

Waxahachie Civic Center • 6:00 PM

\$75 Per Person

Dinner, Dancing and Live Auction

TITLE SPONSOR:

Baylor Scott & White Medical Center - Waxahachie

For more information and to reserve tickets contact the chamber at 972-937-2390 or email kmaxwell@waxahachiechamber.com

DOING MORE, WITH LESS **C & M** RESIDENTIAL & COMMERCIAL

CONCRETE STAINING AND OVERLAY
www.concreteandmore.com

FREE ESTIMATES
Call Now! 972.217.9880
Local References, Insured, Guaranteed

Concrete Countertops | Stained Floors | Shower/Tub Renovations
Patios | Pool Decks | Interior Floors | Walkways | Driveways

Don't Tear It Out... Resurface It!




just for kids.

Board Certified Pediatric Dentists
Jon Ousley, DDS, MSD & Associates

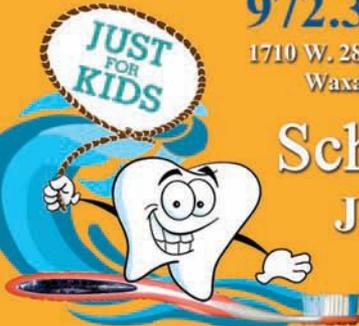
- Kid-Friendly Atmosphere
- Balloons, Stickers, Prizes
- Wii Games & Movies
- Hospital & In-Office Sedation Available
- Most Insurances Accepted






972.351.9700 **972.875.5437**
1710 W. 287 Bus., Suite 140 Waxahachie, TX
711 S. Clay St., Ennis, TX

Schedule Online Now
JustForKidsDental.com



f t YouTube p e

Friends are Isabella Day, from Red Oak, and once again, Brooke. Isabella and her twin sister were born on July 25, 2011. At her regular 9-month checkup, the pediatrician found a mass in Isabella's stomach. Test results showed she had Stage IV Neuroblastoma. She is still courageously battling the disease.

After a year of extensive chemotherapy and treatments, Brooke's doctors discovered that a large, softball-sized lump had redeveloped above her right knee. The tumor she'd been fighting had not only returned, but it was four times its original size. Because of this recurrence, the group chose to benefit her family for a second year.

Many events are held throughout the year for the recipients and their families. In May, the group held a community garage sale, a charity golf tournament and the Painting With a Purpose event. In September, they are planning to host a huge bake sale. The largest fundraiser each year is a family festival held in October. This year, it will fall on Saturday, October 3. The benefit concert and show will also include silent and live auctions, a 5K run/walk, classic car show, chili cook-off, children's events and much more. "There are so many opportunities to get involved," Vicki said. "There really is something for everyone."

As they reminisce about the events that have taken place thus far, they are still in awe of the giving spirits found in Ellis County. In early December 2014,

NEW LASER TAG ARENA

4,000 sq. ft. of LED, Laser & Fog

Get your friends together for some great team action.

Team competitions starting soon!

- ★ New Arcade Games
- ★ 24 Bowling Lanes
- ★ Bar & Grill Featuring Drinks & Delicious Food
- ★ Parties & Special Events Available

WE MAKE
BIRTHDAY PARTIES
FUN!



Family Entertainment Center

2303 W. Ennis Ave., Ennis, TX

972-875-7827

www.BowlEnnisTx.com



"The Best Little
Airshow in Texas"

\$10.00
per Person or
\$20.00
per Car

FREE
ADMISSION
to Veterans,
Active Military
Personnel and
Their Families

RIDES
WILL BE
AVAILABLE
IN SEVERAL
WARBIRDS
FRIDAY &
SATURDAY

SEVENTEENTH ANNUAL
CORSICANA
AIRSHO



Hosted by the Coyote Squadron
of the Commemorative Air Force



SATURDAY
SEPTEMBER 26, 2015

CORSICANA MUNICIPAL AIRPORT
GATES OPEN 9:30 A.M.
www.coyotesquadron.org





Bridge of Hope

Providing a safe, nurturing environment to address and assist clients in resolving individual, family and interpersonal conflict.

**COUNSELING AVAILABLE FOR
ADOLESCENT & ADULT INDIVIDUALS, COUPLES AND FAMILIES.**

Treatment Specializations Include:

- Marital and Family Therapy
- Adolescent Issues
- Depression
- Anxiety
- Grief/Loss



Robert Saenz
LPC

Shanell Deats
Office Admin

Patty McGinnis
LPC-S

102 Professional Place, Suite #101
Waxahachie 972-937-1984
bridgeofhopewaxahachie.com



the group conducted a “Fill the Boot for Brooke” campaign where they stood on a busy street corner in Waxahachie. “We had collected over \$7,000 dollars in just four hours,” Vicki said. “It was crazy good!” At last year’s bake sale, a man wanted to give all the money he had in his wallet as a donation.

All the money received at each of these fundraising events goes back to the families —100 percent! The money is given to the two families to pay expenses as they see fit.

“There are so many sad, yet wonderful stories,” Sharon said. “Every story brings hope, and God is found in each one.”

Vicki, Shelley and Sharon found their purpose, their true destiny and so much more in Our Sunflower Friends. The future goal is to grow to a size that will allow them to meet the needs of more than two individuals a year. Vicki and Sharon, both closer to retirement than Shelley, are looking to make this a full-time mission.

“Love is the purpose and the main goal,” Vicki stated.

“God equips the called,” Sharon said. “Paying it forward does make a huge difference.”

“We are setting examples for our children and grandchildren,” Vicki added. “There’s no better lesson than giving back to those in need. One person really can make a big difference in the life of another.” **NOW**

**Don't wait in LONG lines ...
Get your hunting & fishing
license here!**



Join us for our Midlothian

GRAND OPENING!

**Friday & Saturday, Sept. 11 & 12
FREE lunch & lots of prizes, both days!**

Waxahachie

209 S. Highway 77

972-937-8860

Open Mon-Fri 8 to 6 * Sat 8 to 5

**COME SEE
US!**

Midlothian

502 W. Main Street

469-612-5050

Open Mon-Fri 9 to 5:30 * Sat 9 to 1



www.arkcountrystore.com





2200 Highway 287 Business, Waxahachie
972-548-9590
 landmarkeq.com

Ask us about the new mFORCE 105P!

4WD, CAB, 105hp, 95hp PTO, 24x24 PowerShuttle with
 8 creepers, Tier IV Final.

\$859/mo*



Offer good on all Mahindra mFORCE Series. Shown: mFORCE

Mahindra
 Rise.

Durable, Hard-working, and Dependable Performance
#1 Selling Tractor in the World
 Simple. Easy. Value.

* \$0 down, 0% interest for 84 months with approved credit. Program restrictions may apply. See dealer for details.

Family Practice Since 1996

Accepting New Patients!

Experts in Creating
Beautiful
Smiles!



DENTIST
 Main Street
 Dental Arts, PC
 BRACES

Quiet, private
 atmosphere!

Most insurance accepted
*even if we are
 not on your list*

Personal general & cosmetic
 dentistry & orthodontics

Craig V. Smith, DDS

516 W MAIN STREET • WAXAHACHIE

Located across from Sims Library

972-937-1841

Weekend and evening appointments available

**Free
 Bleaching**

with Cleaning
 Please present coupon.



Residential • Commercial • Industrial • Motor Fuel



FACT: When you exchange your 20 lb. tank at a retailer, you only get 15 lbs. of propane.

We fill your 20 lb. tank to a full 20 lbs. of propane!
That's **20% MORE** for less! Refilled while you wait!

\$12 for 20 lbs. (standard BBQ grill tank)
or \$4 OFF larger bottles

With coupon. One refill per coupon. Expires 9/30/15



*Family owned and operated
in Waxahachie since 1962.*

101 S. Hwy 77 Just south of Downtown • M-F 7-5 Sat 7-Noon • 972.937.1951



Fresh Produce • Great Food • Baked Goods • Arts and Crafts • Kids' Activities • Music

LIVE MUSIC 10AM- 12:30PM

**Jeff Hopson performing
on Sept. 5th**



**Gladys & Maybelle
performing on Sept. 12th**



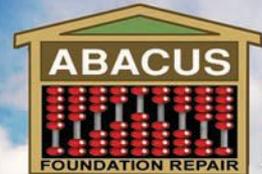
www.ennistx.com/farmers-market

972-878-4748 Like Us on Facebook



Texas
Department of
Agriculture
Certified
Farmers Market

**Cracked Walls?
Doors Won't Close?
Call Today!**



Previous Awards
2013, 2011 - 2006



**\$500 OFF
any foundation
repair**
(Good Day of Estate.
Not good in conjunction
with other offers.)

866-406-9007

abacusfoundationrepair.com



- Slab Foundation Repairs
- Pier and Beam Repairs
- Drainage Systems • Root Barriers
- Elevation Surveys



The Industry Standard of Excellence

NOW HIRING
Shift Mechanic
HR Generalist
City Truck Driver

Visit our website to view postings and apply.

www.dart.jobs

Dart Container is an equal opportunity employer and will consider all candidates for employment without regard to race, color, religion, sex, national origin, age, marital status, disability status, protected veteran status or any other characteristic protected by law.

972-937-7270

850 Solon Road, Waxahachie

We Accept Medicare, Insurance & Private Pay

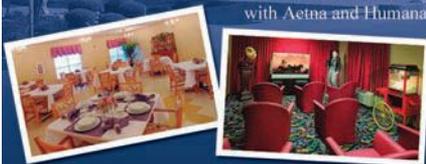
TRINITY NURSING & REHABILITATION

Formerly
Trinity Mission Health & Rehab of Italy

*"Where Hometown Charm
and Loving Care Awaits"*



Now contracted
with Aetna and Humana



FOR INFORMATION PLEASE CALL
972-483-6369

WWW.DAYBREAKVENTURE.COM

A1A Moving

- Portable Storage Containers • Boat & RV Storage
- Local & Long Distance Moving 



• LOCAL & LONG DISTANCE MOVING 

972-921-6515

Weathering the Firesform

— By Carolyn Wills

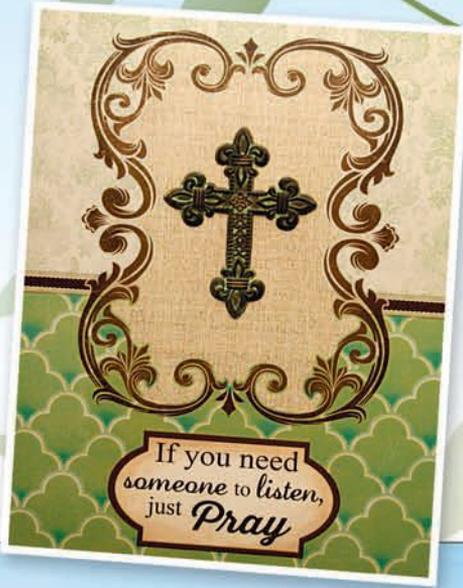
At Home With Mark and Dana James



The day was November 17, 2014, the first cold day of the year and four days before Mark and Dana James' 16th anniversary, when a neighbor saw the smoke and called 911. Dana was at work, Mark on an errand and their daughters were in school. The fire started in an exterior wall of their 1,822-square-foot home, and except for two boards and back window frames, very little actually caught fire. "Heat and smoke damage did it all," Mark said. "The interior had to be gutted to the studs."

While they lost most of their belongings including, and most importantly, their beloved cat Jake, Mark and Dana were determined to rebuild and, especially for their children, to find blessings in the process. "We cannot say enough about our neighbors, family,





friends, schools, churches and the Waxahachie and Maypearl volunteer fire departments, Red Cross and so many others who helped us through this," Mark affirmed. "We love this community. Waxahachie is big enough to thrive on its own, yet still has the heart of a small town."

Today, it's hard to imagine their home as anything but a traditional beauty inside



RL SCHWAB CPA PLLC
Accounting & Tax Services

The Support You *deserve*

Offering Personal Service for Individuals & Businesses

Free Consultations
www.rlschwab.com

972.937.9800 • 600 N. Hwy. 77, Ste. B, Waxahachie, TX
(Inside Cliff's Check Cashing)

- Small Business Accounting
- Payroll Services
- Personal Bookkeeping
- Tax Services

**You Can Lose 4" to 14" in an Hour!
Offer Allows You To Experience for FREE ...**



- ✓ Inch Loss all over your body with just one treatment!
- ✓ Secret weapon in a detoxification or weight-loss program!
- ✓ Try it for yourself ... you'll see the difference in your clothing before your treatment ... compared to after your treatment!
- ✓ This specific formula has shown to be effective now for over 30 years ... don't be fooled by the new fad body wraps ... try the wrap that started it all!



Before *After*

We are so Confident that You'll Lose 4" to 14" in an Hour, that We are Willing to Prove it to You!

**Come in For A
FREE Body Contouring Package**

**Call Today for Details and to See if You Qualify at
469-732-0880**

Offer expires when slots are all booked so act fast!

**Project You Weight Loss
& Rejuvenation Center**



and out. From insulation to Sheetrock to finished materials, though, everything on the inside is new. “The house was built in 2006,” Mark said. “It was move-in ready when we bought it, so the floor plan, colors and finishes had already been chosen.”

The fire called for a total remodel. Dana became the interior decorator with professional contracting and design help from her uncle and aunt, Scott and Shelly James. “We rented a house for four months while we worked on ours,” Dana said. When all was said and done, this family that had endured so much returned to a stunning customized home. “We updated, opened up and made changes to better fit our lifestyle,” she smiled.

By last May, Mark, Dana, 14-year-old Madelynn and 7-year-old twins Addison and Emma had come home again. “We still have blank walls and spaces to fill,” Mark said. Fortunately, before the fire, he had stored the family photos on a flash drive and kept them in a fire-proof box, so when the time is right to enlarge and frame, there will be many choices.

The James’ variegated brown brick home shares a neighborhood with other distinctive traditional and country-style homes with spacious yards and large lots. The fire left the timeless exterior of their home untouched and the interior virtually a blank canvas.

Today, all of the carpets are replaced with dark wide-plank, hand-scraped wood, and areas like the entryway, kitchen and bathrooms with contemporary rectangular tile. For a more open look, the once cove-edged ceilings in the living room are now straight-edged, trimmed with white molding and accented by cam lights. “We also gained square footage by removing the fireplace,” Dana said.

Walls throughout the house are painted a grayish-taupe, a color that changes with the light according to Dana. “Brighter rooms appear as a light taupe,” she said. “In other rooms, especially at night, the gray is dominant.”

The core of the home features an open living/kitchen/dining area that has all been transformed. The kitchen peninsula has been shortened and straightened to widen the space between the dining area and kitchen, and the kitchen is now the picture of perfection. Beautifully patterned tiger-oak custom cabinetry is soft-closing, extends to the ceiling and is loaded with amenities like pull-out spice shelves, cookie sheet/baking pan holders and extra storage.

DINE IN • DELIVERY • TAKE OUT • CATERING

COWBOY CHICKEN

WOOD FIRE ROTISSERIE
SINCE 1981

\$5.00 WEDNESDAYS!
PURCHASE 2 FAMILY SIDES AT REGULAR PRICE AND
GET YOUR CHOICE OF ONE, TWO OR MORE
WHOLE CHICKENS FOR JUST \$5 EACH!

Limited Time Offer

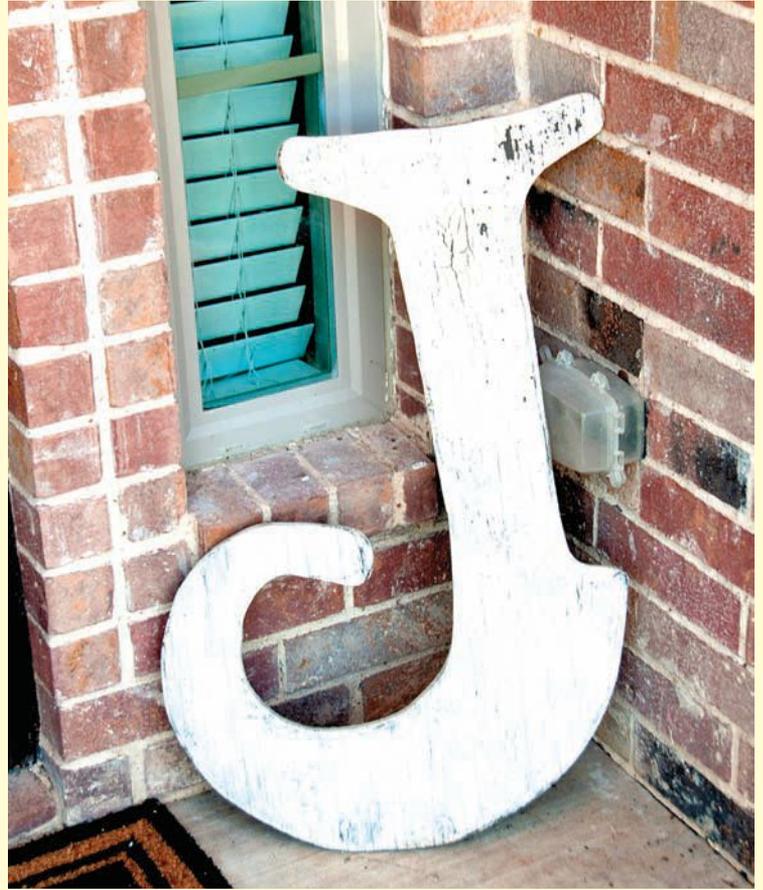
508 N. Hwy. 77 • Waxahachie • 972.937.8600 • cowboychicken.com

Once Upon A Table Catering

*Brunch, Lunch, Dinner
Weddings & Special Events*

Call: Mickey or Shae Hillcock
903.654.0432
onceuponatable01@gmail.com

“We love this community. Waxahachie is big enough to thrive on its own, yet still has the heart of a small town.”



Consistently providing you with honesty, integrity and professionalism.



1796 S. WESTMORELAND, OAK LEAF - \$319,900

Looking for the country feel but wanting a spacious custom-built home with all the upgrades? Well this is it! This beautiful 4-bedroom, 3-bath home features a split-bedroom design and open floor plan throughout the living areas. The living room has hand-scraped wood floors and features windows looking into the backyard. The master has its own fireplace and the master bath is a must see! All of this on a 2-acre treed lot with a creek!



1887 ASHFORD LANE, MIDLOTHIAN - \$259,900

Often sought out, but hardly found! This beautiful 4-bedroom, 2-bath home features a great, flexible floor plan. Fourth bedroom is oversized and would make a great office! Beautiful hardwood floors and crown molding! The kitchen features granite counter tops, SS appliances and tiled back splash. The lot is private and features a wood privacy fence with room for the kids to play or to add a shop! Outside City Limits!



THE OLIVER TEAM
Chris & Holly Oliver

3711 OVILLA ROAD,
OVILLA, TX 75154
DIRECT: 972-921-5797

RE/MAX
ARBORS

www.facebook.com/theoliverteam | coliver@remax.net | hollyoliver@remax.net

972-515-8111

Difficult Decisions?

Pre-planned funeral arrangements can help reduce that burden on you and your loved ones in your time of need. We can help design a plan for you and your family.



Waxahachie Funeral Home

Celebrating life and cherishing memories with dignity and integrity.

Burial • Pre-planning • Online Memorials • Aftercare

972-923-1595

1201 W. Hwy. 287 Bypass | Waxahachie
www.waxahachiefuneralhome.com



The rich wood patterns are so distinctive that each dark-finished cabinet is like a piece of art. A light-colored travertine backsplash, gorgeous granite counters, neutral tile flooring and shiny stainless steel appliances complete the dream kitchen and, importantly, the place where Dana once again creates her family-famous sesame chicken and cinnamon cheesecakes. Three bedrooms are to the left of the central area. “We had used one bedroom as the media room, but our youngest daughters really wanted their own rooms,” Mark smiled. Second-graders, Addison and Emma, spend a lot of time together. They’re fraternal twins who, like most best friends, also enjoy time apart. At first glance, their rooms appear to be identical with matching quilts, zebra-patterned chairs and mounds of stuffed animals. Emma, though, is quick to point out that *her* animals are ducks and bears, precisely three ducks and four bears, and Addison will clarify that *hers* are bunnies and, in fact, a favorite bunny was returned to her by a fireman on the day of the fire.

The middle bedroom belongs to ninth-grader, Madelynn. She, too, has a zebra print chair but her bed is full-sized and, from the abundance of trophies and photos, she’s clearly an avid athlete. “Madelynn has played soccer since she was 3 years old,” Dana smiled. “She’s on the Lady Dragons soccer team.” Lady Dragons gained fame as a top Texas recreational team by winning the U14 Girls Division in the 2014 North Texas Soccer Association’s Tournament of Champions and, last April, placing first in the 30th Annual Waxahachie Soccer Association’s Tournament of



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

<p>YMCA Afterschool</p> <p>Bolster Work Ethic</p>	<p>Improve Academic Success</p>	<p>Gain Self Confidence</p>
---	---------------------------------	-----------------------------

ACHIEVEMENT, CHARACTER AND A PLACE TO BELONG

YMCA AFTERSCHOOL

Do you know that after school programs accelerate achievement in children’s test scores, grades and classroom behavior?

Join the YMCA’s Afterschool program in Waxahachie and help your child develop a passion for learning.

Make your kid a Y kid at:

Dunaway*	Shackelford
Felty	Wedgworth*
Marvin*	Clift*
Northside	
(*transports to Northside)	

Is your kid a Y kid?

469-348-YMCA (9622)
www.YMCADallas.org/Afterschool

FINANCIAL ASSISTANCE AVAILABLE

YMCA Mission: To put Christian values into practice through programs that build healthy spirit, mind and body for all.



Champions. “She lost a lot of trophies in the fire and, then, also suffered an injury last June when she broke her femur during an indoor soccer game,” Dana explained. “It’s been tough, but she’s definitely a winner.” Madelynn is also a fan of country music and the TV show, *Nashville*.

The master suite is located on the opposite side of the house. “We updated our bathroom and enlarged the shower by taking in part of the bedroom,” Dana said. They managed to create a spa-like bathroom while maintaining a beautiful and spacious master bedroom.

After the fire and remodeling, the backyard also needed attention. “We have 1.25 acres that back up to a creek,” Mark said. “We like encouraging the girls to spend time outside, so we’re re-establishing our garden.” Toward the back of the lot, Mark has built a pond for the family’s 10-year-old Labrador Retriever, Cameron. “We’ve also expanded the back patio,” he said. Using doors from an old armoire, he removed enough exterior brick to make an outside cabinet for a TV. With furniture and a fire pit, it’s become another living space. When he’s not inside, the patio is a favorite lounge for the newest family member, 9-month-old Bruno, a handsome Maine Coon cat.

They are a young, active family. Dana is an instructional coach for the Waxahachie ISD and three years ago, Mark established his own landscape business after serving many years as a YMCA counselor. “We feel very blessed,” Mark smiled. “We’re thankful, especially, that our children weathered the ‘firestorm’ and are now home again.” **NOW**

Heritage Plus IN-HOME CARE

Does Mom or Dad Need Help at Home?

We offer up to 24/7 care.

Our company is licensed & insured.

Our caregivers are bonded for your protection. Our rates are reasonable and you can pick your own care package.

Call today for a FREE assessment. (972) 283-8124



Cook Meals • Bathing/Grooming • Light Housekeeping • & Much More

Join Us **3rd Annual Event!**



dentistry smile. it's free.
from the heart®

FREE DENTAL CARE

**Waxahachie
Family Dentistry**

Event date:
Saturday
Oct 10, 2015

This is the day when we give back to a community that has been so wonderful to us.

Choice of **Extraction or Cleaning** will be performed for those 18 years and older who can't get dental care elsewhere.

ARRIVE EARLY—REGISTRATION STARTS AT 7:30 AM
Patients will be seen on a first-come, first-served basis.

First 50 patients are guaranteed to be seen!

Patients are encouraged to arrive early, dress appropriately for the weather and to bring chairs, blankets, water, snacks, etc. as they may be outside waiting to be seen.

For more information, please contact:

(972) 937-4370 | www.waxfamdent.com

125 Park Place Blvd. | Waxahachie, TX 75165

Event Hours: 8:00 a.m. until 4:00 p.m.

Protect Your Family & Home From Pests

Mention this ad and receive 10% off any service!

Pest Control

Termites

Fire Ants

Mosquitoes

Rodents

Urban Wildlife



sureguardpest.com

972-996-7559

817-453-6133



Judy Finch (Bonds)
 Dustie Jones (Personal),
 Wendy Frank (Commercial)
 Kirk Davis (Owner),
 Gayla Clark (Commercial)
 Joanna Ridlehuber (Agency Mgr.)
 Dixie Smith (Personal)

ecia

ellis county insurance agency

Your Full-service
 Independent Insurance Agency

103 Executive Court, Suite 3
 Waxahachie
 972-938-2801 • www.eciaonline.com



Calling all Teachers, Individuals & Small Business Owners

Tired of the High Cost of
 Health Insurance?

I Can Help

Making sure you are covered for unexpected events while meeting your budget can be quite a challenge. I can help! Our innovative Premier family of products provides you with budget-conscious coverage today, and the ability to move to a short-term major medical plan with no additional underwriting if you need it, when you need it.



Health & Life Insurance Agent

Marvin L. Brooks

(972)-921-0354

marvin.brooks@ushadvisors.com
www.ushagent.com/marvinbrooks

Insurance underwritten by
 Freedom Life Insurance Company of America
 National Foundation Life Insurance Company

*Not all products are available in all states.
 Exclusions and limitations apply.
 USHA072015MLB

*Flexible, Affordable,
 Customizable Insurance Coverage*

24-hour Coverage, On & Off the Job!

Supplemental Coverages for

- Critical Illness Insurance •
- Excess Medical Accident Insurance •
- Short-term Accident Disability Income Insurance •
- Dental PPO Insurance •

NINOS
 MEXICAN RESTAURANT
 A Waxahachie Tradition, Est. 1982

Tuesday
 All-U-Can Eat
 Dinner Plates
\$8.99

Wednesday
 Kids 10 and
 Under Eat
FREE
Offer good for
 dinner only.

Friday Fajitas
 (Beef or Chicken or BBQ Pork)
 with Rice and Beans
\$7.50 (4oz.) | **\$9.50** (8oz.)

\$5 OFF With \$20
 Purchase
Offer good thru 9.30.15
 May not be combined with any other offers.

972.923.3442
www.eatatninos.com

401 N. Hwy. 77, Suite 2
 University Plaza, Waxahachie

Ennis Care Center
NURSING AND REHABILITATION

**5 Star Rated for
3 Consecutive Years!**

We are proud to announce a
**Zero Deficiency
Survey for 2015**

from The Centers for Medicare
and Medicaid Services!

Many thanks to all of our staff!

Ennis Care Center has given the best care to my mother. Everyone has really been wonderful. I can sleep at night and not have to worry about Mom. I want to give special recognition to Mimi, Judy, Elaine and Micki in nursing and Griff and Jennifer in therapy. ~ Short-term Rehab Family Member

I have been to several other rehab facilities but now that I have been to Ennis Care Center, I will never go anywhere else. The staff at ECC are some of the nicest people I have ever been around. Everyone really listened to me! ~ Short-term Rehab Patient

I came to Ennis Care Center for rehab because of nurse Hattie. She provided such great care to my mother-in-law when she was in rehab. Our family will always come to ECC! ~ Short Term Rehab Patient

For more information, please visit our website at enniscarecenter.com, call us at **972-875-9051** or stop by anytime at **1200 South Hall Street, Ennis, TX 75119**.

Fall is
Here!

- Switches
- Home theaters
- Smoke alarms
- Breaker boxes
- Plugs
- Ceiling fans

**WHOLE HOME
SURGE
PROTECTION**

Reeves
ELECTRICAL
CONTRACTING

Serving Waxahachie & Ellis County

(972) 938-0893



follow us on
FACEBOOK

beginning September 13

explore
GodTM

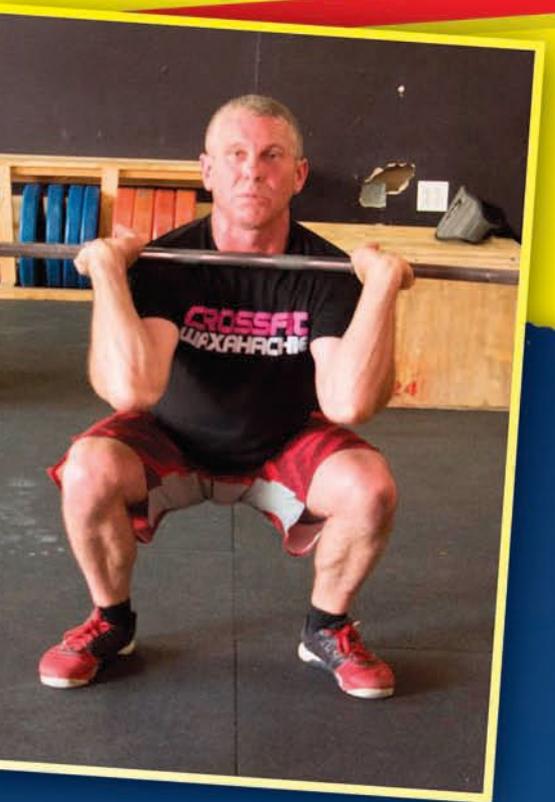
waxahachiebible.org

PICKING UP THE INTENSITY

— By Melissa Swedoski

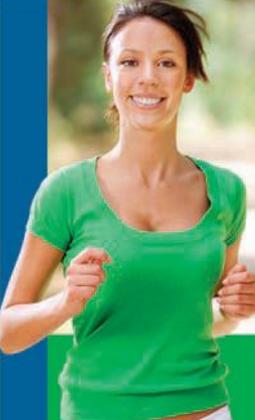


Fitness crazes come and go, but the reality of a strong, fit, healthy individual rings true for all ages. As David Christiansen began his journey of self-improvement, he only had plans to be physically fit, ready to enjoy the second half of his life with energy and passion. However, his competitive streak simmered just below the surface, and as he built his CrossFit skills over the years, he soon discovered he has what it takes to compete with the best, regardless of the winds of time.



CrossFit emerged on the sports fitness scene in 2000, introducing a strength and conditioning program with constantly varied functional movements executed at high intensity. With classes in gyms, or in CrossFit terminology, “boxes,” there is camaraderie and motivation — part of the reason that earlier this year David found himself in the top 200 in the world in his age division. Jokingly referring to himself as “one of the old guys,” the 56-year-old competes in the 55-59 age division of the CrossFit Games. After finishing at number 208 in 2014, David decided that 2015 was going to be the year he broke through.

“I wrestled in high school, but I wasn’t a jock,” David said. “As a contractor, I’ve worked all my life with my hands, so CrossFit fits me perfectly because of the functional movement. And I happen to be a little competitive,” he added with a wide grin. He started working out at the CrossFit Waxahachie box about five years ago, where his wife and several friends were already training. “It was fun, I was having a blast,” he recalled. “My wife did the first competition they hosted, and as I watched, I decided I wanted to do this.”



Free Yourself From Pain!



- Headaches & Migraines
- Back & Neck Pain
- Shingles
- Shoulder, Knee Pain, Leg & Arm Pain

Relief Starts Today!

128 Hwy. 77 North • Waxahachie | 972-938-7319
www.txapmi.com

521 N. Beaton St. • Corsicana | 903-872-4777
texaspaindoctors@gmail.com



Apartment Amenities:

- Beautiful Sparkling Pool
- 24-hour Emergency Maintenance
- Theater Room
- Large Walk-in Closets
- Business Center
- Private Patios/Balconies with Views
- Free Basic Cable
- Full-size Washer & Dryer in Every Unit
- 24-hour Fitness Facility
- Designer Wood Cabinets
- Clubhouse

972-937-9290

411 Alliance Blvd | Waxahachie, Texas 75165
Near the intersection of I-35 and US 287

Visit us at www.Loftsc.com | Like us on Facebook

FREE

Medicare Plan Consultation



RED OAK DRUG & THE PRESCRIPTION SHOP CAN HELP YOU SAVE \$\$\$ ON YOUR MEDICARE PLAN. BENEFIT FROM A PERSONAL PHARMACIST'S KNOWLEDGE OF THE DONUT HOLE AND ALTERNATIVE DRUGS AND YOU CAN SAVE AS MUCH AS \$1000 PER YEAR ON YOUR COPAYS. COME BY TODAY!

ask us about iMedicare

RED OAK DRUG

106 E. Ovilla Rd., Suite 1

Red Oak, TX 75154

P. 972-617-2222 F. 972-617-6020

THE PRESCRIPTION SHOP

120 S. Grand Ave.

Waxahachie, TX 75165

P. 972-938-2642 F. 972-937-5681

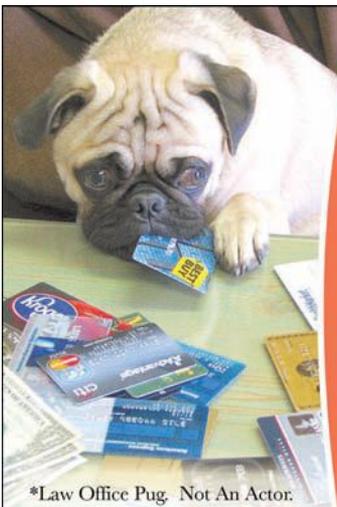
WWW.REDOAKDRUG.COM



That interest began to evolve, as David knew he wanted to enjoy himself while working out. He also had a very good health reason, having watched his own father die at the young age of 49. He found that his CrossFit training meant having fun while spending time with "good people, good Christians," with the occasional in-house competitions between members. As the CrossFit Games began to approach in 2014, David decided he wanted to see how he would fare with others across the globe, so he started with Stage 1, the Open.

During Stage 1, competitors are given five different workouts for five weeks. They complete the workouts in front of judges in their home box and then log the information into the CrossFit website. In order to advance to Stage 2 Regionals, a competitor must be in the top 200 in his/her division, and since David landed at 208, that was the end of the line. Although he admits he was "surprised a little bit" at finishing that well in his first year, the fires of competition had clearly been lit. "I'm up there thinking, *What's going to get me to the next rank?* I had worked out three times a week, nothing special. So I set my goal for the top 200, and I kicked it into high gear."

Since CrossFit is about functional movement, much of it is lifting and pushing, using a combination of body weight and barbells. A WOD, or workout of the day, might include flipping tires,



*Law Office Pug. Not An Actor.



DEBT BRINGING YOU DOWN? INJURED?

Confidential Legal Assistance

Free Consultation

LAW OFFICE OF
VICKI MCCARTHY
Helping Individuals & Small Businesses for over 25 Years

DEBT RELIEF

- Eliminate or Pay Debt Back at 0%
- Stop Foreclosures • Refinance Vehicles

PERSONAL INJURY ASSISTANCE

- Auto Accidents • Construction Site Accidents • Death Claims

CALL US TODAY 972.296.9971

Visit our new office now conveniently located to serve Ellis & Surrounding Counties at:

114 South 5th Street
Midlothian, TX 76065



“I would not do any of this if I didn’t have fun.”

pushing a sled, carrying sandbags and more. Hailing originally from Minnesota, David grew up working on a farm where he spent much of his days working with his hands, and CrossFit reminds him of it. “It can look scary, because it’s always changing,” he said, “but you don’t ever get in a rut. It fits me.” As David began his training for the 2015 CrossFit Games, he focused on core workouts and the constant variation of what he was doing. “To compete, you need to be good at a lot of things,” he said.

After the CrossFit Open in spring 2014, David occasionally competed in other Masters-level events for competitors age 40 and over. He also worked out at a box in Austin, where he met other Masters and bonded over their common experience. David gained insight into how he stacked up against other athletes in his division.

THE PIKE TEAM

Home Remodeling Specialist • Kitchen & Bathroom Remodels

WE PAINT! • Exterior & Interior

**Happy
40th Birthday,
Nicole Barron.
We Love You!**

**Lordy, Lordy,
LOOK Who’s 40!**

FROM KITCHEN CABINETS
TO A NEW ROOF...

WE DO IT ALL!

Call 817-715-6871

for a FREE No-Obligation Quote

TO SEE OUR WORK VISIT: www.thepiketeam.com &

Call 817-715-6871

for a FREE No-Obligation Quote

Angie’s list.
Reviews you can trust.

Canterbury Court

We Carry
Brighton.

309 N. Beaton • Corsicana • 903.875.1577

Tuesday - Saturday: 10-5

✦ canterburycourt@email.com ✦

New accepting
NEW PATIENTS
in Midlothian!

Southern Star
 Foot & Ankle

Christopher D. Schmitt, DPM
 Associate, American College of
 Foot and Ankle Surgeons

1441 S. Midlothian Pkwy, Ste 120
 Midlothian, TX 76065
 located behind Vintage Bank in Baylor complex
 phone 972-755-4620 fax 972-755-4622

southernstarfootandankle.com



David Christiansen poses with his coach, Chris Biles.



In the summer of 2014, he competed at WODapalooza in Austin, where he finished second place at the Masters level. "It was the first time I went somewhere to compete," he said. "I realized I had to pick up the intensity. I learned how to compete and asked myself, 'How can I go faster?' It was a very good learning experience." He finished in second place after moving up from fourth place on the very last workout of the day.

Then came 2015 and the chance to see if he could improve his international rank. David began the Open portion, but a vacation to Hawaii during the five-week period did make competing a little difficult. "My first three were real good, but those last two ... I did one in Hawaii, and it was a nice box, but I was just too exhausted from vacation," he admitted.

K CPA McDONNELL RICHARDSON CPA, PC
 Certified Public Accountants

A Better Experience

Principal Office:
 714 Ferris Avenue • Waxahachie
 (972) 923-2881 • www.kj-cpa.com

TAX FILINGS | BOOKKEEPING | PROPERTY TAX CONSULTING | TAX DISPUTE RESOLUTION

Timco Logistics
 Sept. 14-18, 2015
 National Truck Driver Appreciation Week

gotimco.com

Timco Logistics is celebrating National Truck Driver Appreciation Week, Sept. 14-18, 2015, commemorating the spirit of Timco driver's and the over 3 million others in this country. We salute you American Truck Driver and invite you to stop by our offices, meet our staff and enjoy a tasty treat, or lunch.

972-351-9565 • Ovilla Rd., Waxahachie, Texas 75167

See What's New!
New Warmers,
New Catalog, New Scents!
 Host a Qualifying Party
 of your choice to Earn
Free & 1/2 Price Scentsy!



Order Today!
Phone Orders Welcome
 Or Call for an
 Appointment Today!

16 LED Color Options
 3 Mist Settings
 1 Amazing Lifetime
 Warranty!



Debi Mangan
 Independent SuperStar Director
 www.eFlameless.com
 debimangan@sbcglobal.net
 (972) 937-1440 Office • (903) 258-3513 Cell

Scentsy
 INDEPENDENT
 CONSULTANT

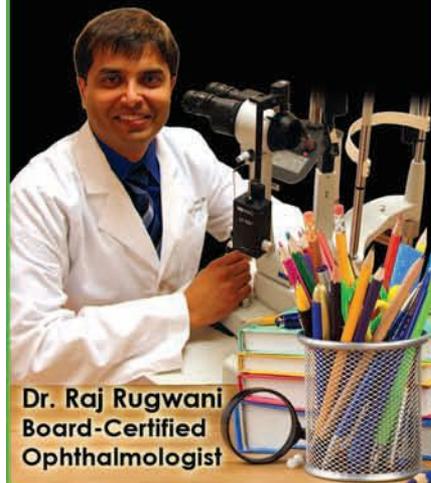
ALL EYE & OPTICAL CARE

New Patients Welcome

- Complete Eye Exams
- Eyeglass & Contact Lens Rx's
- Eyeglasses for Every Budget

**All Major
 Insurance/Medicare
 Accepted**

**Back-to-School
 Children's Packages
 Available!**
 Warranty included at no
 extra charge.



Dr. Raj Rugwani
 Board-Certified
 Ophthalmologist

972-937-4433 
 800 N. Hwy 77 Ste 100 • Next to HEB
 AllEyeCare.com • AllOpticalCare.com

LIFE MAY NOT BE PERFECT, BUT YOUR COMFORT CAN BE.

The Ultimate Comfort System™ is
 a groundbreaking home heating
 and cooling system that makes
 perfection possible.



RECEIVE UP TO
\$1,700 **OR** NO PAYMENTS AND
IN REBATES* NO INTEREST UNTIL
 with the purchase of a qualifying
 Lennox® home comfort system. **2017***

\$58.00 FALL TUNE-UP SPECIAL*

C & C Refrigeration, Inc.

972-938-0033

NATE-Certified * BBB Member * 24/7 Emergency Service
 1400 Ferris Ave., Waxahachie, TX 75165
 lennoxdealer.com/ccrefrigeration
 Family-owned business servicing the Ellis County area for
 more than 40 years

TACLAA004051CA
 Offer expires 11/27/2015.
 *On a qualifying system purchase. Lennox system rebate offers range from \$200 to \$1,700. Some restrictions apply. One offer available per qualifying purchase.
 See your local Lennox Dealer or www.lennox.com for details.
 © 2015 Lennox Industries Inc. Lennox Dealers include independently owned and operated businesses.



TURF-SCAPE

LANDSCAPE AND IRRIGATION

Proudly Serving Our Community for Over 20 Years



Introducing
Susanna Neal,
*Landscape
Designer.*

- ANNUAL LAWN CARE CONTRACTS
- LANDSCAPE DESIGN & INSTALLATION
- FERTILIZATION & WEED CONTROL
- RETAINING WALLS & STONE PATIOS
- IRRIGATION SERVICES & REPAIR - LICENSED TECHNICIANS
- BACKFLOW TESTING
- TREE TRIM & REMOVAL



972-938-2956 • turf-scape.co

TCEQ LI 21842 | TDA 0513565 | BPAT BP0016386



Patricia, David and Dane Christiansen enjoy working out together.

Ultimately, David finished 191 out of 2,013 in his division in which the top 200 moved to the Masters Qualifier round. After competing in the Qualifier, his final placing was 159 in the world among men 55-59. While he missed the cut to go to the Finals in California (top 20 in the world), he successfully achieved this year's goal.

David has already set his goal for next year, as he plans on being in the top 100. He plans on reaching his goal through his home box, where his coach and fellow Master, Chris Biles, competes, along with a third Master, Kara Brown. All three compete regularly together, and Chris said, "Where our box shines is in the Masters Class. The average age is 35, so we cater to that crowd. When David decided to compete in the Games, we didn't know how good he was, and we're proud of his achievement."

David said the accountability, support, encouragement and teaching he receives at CrossFit Waxahachie is what keeps him on track. He grinned as he said, "I keep the young guys honest. I'm stronger when they first start, but they catch up quickly. But once in a while, I have a great day, and I really push them." David's wife, Patricia, and son, Dane, also work out with him, and with another broad grin he shared, "I would not do any of this if I didn't have fun." **NOW**



SARDIS

Tires & Wheels

Come see us 7 days a week.

In & out in 20 minutes!

Guaranteed lowest prices!

631 Sardis Road • 972-937-4177

www.sardistiresandwheels.com

(Just off 287 between Waxahachie & Midlothian in Sa



Welsh VETERINARY CLINIC

Call Us Today!

www.welshvetclinic.com

4470 E. Hwy 287, Midlothian

972-775-7570



ELLIS COUNTY MEDICAL ASSOCIATES



MED *Spa*

972-875-4700

www.ecmamedspa.com

What can we do for You?

Coming soon -
Professional Airbrush Makeup!

Experience the difference only a physician-directed medspa can make!

On Staff - 2 Licensed Estheticians
Massage Therapist
Nail Design Technician



Microneedling **NEW!**

Botox

Eyelash Extensions

Filler

HydraFacial MD

Anti-Aging Facials
Laser Photo Facials

Teeth Whitening

Therapeutic Massage

Nail Services

Laser Hair Removal

Exfoliating Scrubs
Body Wraps

Maid's of Perfection
682-228-0946

RESIDENTIAL • COMMERCIAL
NEW CONSTRUCTION EXTERIOR CLEAN
WEEKLY • BI-WEEKLY • MONTHLY

Jewelry Repair Center

While You Wait Services: Repair Estimates, Jewelry Inspections & Basic Ring Cleaning (no charge), Watch Battery Replacement, Basic Watch Band Sizing

Next Day Services: Ring Sizing & Basic Repairs, Ring Revitalizing (Clean, Polish, Tighten Stones & Rhodium, if needed)

WILEY'S
DIAMONDS & FINE JEWELRY

972-937-4422 ♦ wileysjewelry.com
2251 Brown St #102 ♦ Waxahachie

Get an award winning smile at Morgan Dentistry!

Mark Morgan, DDS
Mackey Morgan, DDS
Chungmi Jo, DDS
General Dentistry

- Cleanings & Exams
- Crowns & Bridges
- Digital X-rays
- 3-D X-rays
- Veneers
- Root Canals
- Night Guards
- Extractions
- Fillings
- Dental Implants
- Whitening
- Oral Sedation & Nitrous Oxide

Accepting New Patients

Best Dentist*
in Ellis County 2015

*As voted by Waxahachie Daily Light readers.

MORGAN DENTISTRY **469.773.4073**
1618 W Hwy 287 Business
Waxahachie, TX

morgandentistry.co

 GROWING A 

Winter Garden

— By Virginia Riddle



As September nights start to take on that “fall’s coming soon” feeling, gardeners might consider their hard work to be over for the year, except for harvesting the last of the summer’s bounty. While letting the soil rest after the first frost and throughout the winter months is a choice, gardeners this far south can enjoy planting cold-weather vegetables and herbs, which can’t be grown during the hot, late springtime and even hotter summers. September is decision-making time.

Should you start closing down gardening for the year or start thinking green for winter and enjoy growing food for the table well into the coming year?

Take a Break, But First ...

Fall and winter crops have a better flavor, since they are not under the stress of the summer sun. Fewer insects and diseases also help their growth. Those second plantings of tomatoes in August are going to taste great in November. Keep on a regular watering and feeding schedule and enjoy the bounty of

vegetables that results from cooler fall days and nights.

With the approach of the first predicted frost, protect container-grown plants by covering them or storing them temporarily in a protected place. Veggies from your last harvest can ripen when set on paper towels in window sills or, in the case of green tomatoes, enjoy using them in chow-chow (relish) or fried green tomato recipes.

As plants die during the summer and into the fall, gardens have space to fill. Before retiring a garden space until spring, plant a winter cover crop — rye, wheat, oats, ryegrass, hairy vetch or legumes. Sow between August and mid-October, so the roots will become established before the first freeze. These plants hold in soil and will add organic matter back to the soil when tilled under in the spring.



Clean, oil, sharpen and repair garden tools before storing. Follow manufacturers' instructions for storage of all power equipment.

Planning Your Cold-weather Harvest

As the fall nights cool, it's the perfect time to get winter crop seedlings started. Cool winter plant choices center on roots and leafy veggies and herbs: kale, spinach, Brussels sprouts, Swiss chard,

Yogi Bear's™ Fall Fiesta

Stay n Play with Us
Every weekend in October
and Last Weekend of September
for a Funtabulous, Frightening,
Fall Fiesta!

See detailed activities schedule for each week at
www.northtexasjellystone.com

JELLYSTONE PARK™
Yogi Bear's
Barleson Texas
CAMP-RESORT

WWW.NORTHTEXASJELLYSTONE.COM

Some things just get better with age!

Great things happened in 1939! The first televised Major League Baseball Game between Cincinnati Reds & Brooklyn Dodgers aired, the first air conditioned car, the 1939 Packard, went on show and **Wolverton Service Company** opened!

Since 1939

Wolverton Air
AIR CONDITIONING & HEATING
(972) 923-COOL (2665)

704 Solon Road • Waxahachie, TX 75165 • #TACLA132E

CAMPUZANO
mexican food

Voted Best Mexican Restaurant in Best Southwest

Cool off with our Absolutely Phenomenal Margaritas!

\$5.00 off
\$20.00 purchase

Coupon only good from NOW Magazine! NO Copies accepted. Expires 9/30/15

CAMPUZANO
mexican food

108 N. 8th Street Midlothian, TX 972-723-2634	2167 N. Highway 77 Waxahachie, TX 972-938-0047	213 W. Beltline Cedar Hill, TX 972-291-1053	2618 Oak Lawn Ave Dallas, TX 214-526-0100
---	--	---	---



Seventh Annual Pumpkin Patch Month

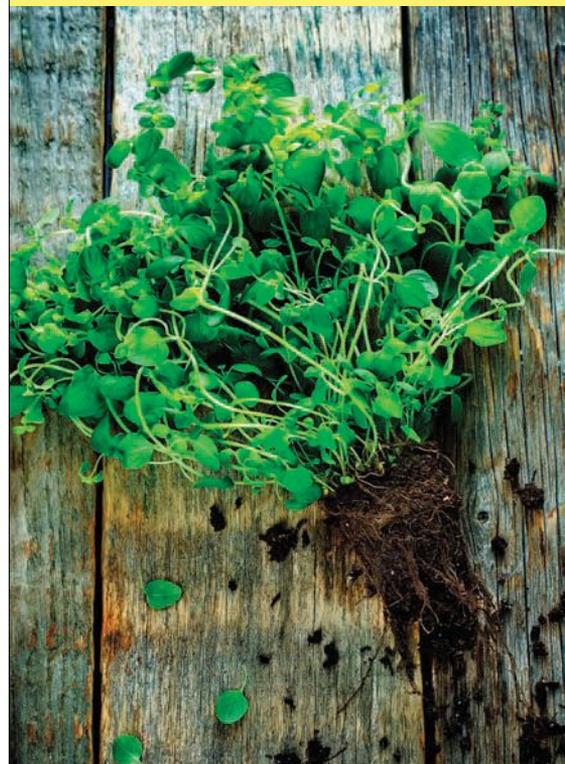
Eat in our haunted restaurant, pick out a pumpkin and take some great family photos. Haunted Wagon Rides will be available.

Starts October 1st!

New Serving
Our Famous Great Pumpkin Dessert



972-937-9468
814 Water Street • Waxahachie, TX
Wed-Fri 5-9pm • Sat 11-9pm • Sun 11-8pm
www.catfishplantation.com



Divine Flowers

Voted Best Florist in Ellis County

Your Homecoming Headquarters!



Divine Made Mine!

972-923-9900
401 N. Hwy. 77 • Suite 19
Waxahachie, TX
www.divineflowerswax.net



Medifast

972-617-5094
866-783-THIN (8446)
For info: www.maryjanemedlock.com
CERTIFIED HEALTH COACH ID #4090

Don't Wait! Call Today!
5 FREE boxes with your 1st month's order! (≈\$100 value)

 **Take Shape For Life.** featuring  **Medifast Meals**

THE VACUUM SHOP

SALES • SERVICE • SUPPLIES • NEW & USED VACUUMS Since 1976

Vacuum Cleaner Tune-up
\$29.95

Check electrical, motor & wiring
Test brush roll and suction
Clean inside and out - Replace bag & belt
Present Coupon, Expires 9/30/15

400 W. Jefferson, Waxahachie • (972) 937-3900
www.vacuumshoponline.com
Monday -Friday 8:30 to 5:00 • Saturday 9:00 to Noon

varieties of lettuce, cauliflower, collards, kohlrabi, mustard greens, garlic, radishes, turnip greens, asparagus, English peas, rutabagas, alfalfa (as an herb used in salads, sandwiches and teas), tarragon, beets, leeks and carrots. Rosemary, an evergreen herb, is a wonderful choice. Plant the seeds in starter kits available at local garden centers or directly into tilled gardens or containers.

While rain might be plentiful in the winter, keep a water source handy for occasional dry periods. Plant roots will not freeze as easily if the surrounding ground is watered prior to a freeze. Remember to feed the winter crops every two to four weeks with a well-balanced fertilizer.

If a severe winter is predicted, spend some time this fall by building and/or collecting some season extenders. Repurposed old shower doors and glass window frames along with hay bales for insulation become cold frames. Hotcaps or *cloches* (the French word for bell) are mini greenhouses, which retain the warmth from the sun and protect the plant from being covered in frost. Plastic milk jugs with cut-away bottoms or garage sale plastic

punch bowls make great *cloches* to protect low-growing greens. Another, but more expensive protective solution is to build hooped row tunnels and covers. Detailed instructions, photos and videos for all of these suggestions can be found on the Internet.

Hot Soups Need Herbs

Culinary herbs can be grown in pots that can be easily moved inside when temperatures dip below 40 F, or they can become a true kitchen garden by setting pots on the kitchen counter or in a sunny window sill. Keep the plants watered and use a mister on the leaves to keep them from drying out in the heated house. Turn each plant every day for even growth. Once plants reach 4-5 inches

Stop Dreaming ...
Call us today to make it a reality.

Mortgage Loans • Interim Construction Financing • FHA Loans
One-time Close Construction Loans • Remodel/Refinance Loans

ESB MORTGAGE COMPANY

www.esbmortgage.com

972-878-5866 • 815 W. Ennis Avenue • Ennis, TX 75119

AESTHETIC & IMPLANT DENTISTRY

15% OFF
tooth-colored fillings
EXP. 10/31/15

DO YOU NEED A FILLING?
DO YOU HAVE OLD SILVER FILLINGS THAT SHOW WHEN YOU TALK AND LAUGH? NOW IS THE TIME TO IMPROVE YOUR SMILE, WITH BEAUTIFUL, TOOTH-COLORED FILLINGS. CALL TODAY FOR DETAILS.

Davis W. Morgan, DDS 972.723.5544
102 South 7th St. | Midlothian
[WWW.DFWSMILEDESIGN.COM](http://www.DFWSMILEDESIGN.COM)

Register NOW!

Ages: 18 Months - 8 Years
Player Development Through Proven Curriculums

BASEBALL
Mascots (2 yrs.)
Minors (3 yrs.)
Majors (4 yrs.)
Hall of Famers (5 yrs.)
Sluggers Plus (6-8 yrs.)

SOCCER
Kittens (18 - 25 Mos.)
Cubs (25 - 35 Mos.)
Cheetahs (3 - 3.5 yrs.)
Panthers (3.5 - 4 yrs.)
Lions (4 - 5 yrs.)
Premier Classes (5-8 yrs.)

BASKETBALL
Tiny Bouncers (2 yrs.)
Crazy Jumpers (3 yrs.)
Big Hoppers (4 yrs.)
Slam Dunkers (5 & 6 yrs.)

TEXAS PREMIER YOUTHSPO RTS
SINCE 2004

We keep it Fun Indoors!

972-978-8530 • Apex in Mansfield
www.TexasPremierYouthSports.com



Commercial Renovations
 Design-Build
 Security Entrances
 Interior Design Services

Kevin Poirier - 972.741.9508
 kevinpoirier@fpconstruction.net



in height, cooks can harvest from the top. Herbs that are easy to grow inside include: parsley, rosemary, thyme, chives, marjoram, savory, oregano, sage, basil and scented geraniums. If a kitchen has no space and/or light, a grow light and stand will work in any room.

Planning the Spring Garden

As days get shorter, it's time to think of next spring's garden. What worked well this past season, and what new crop will be included for next year? Did the family enjoy eating fresh veggies? If so, think of adding fruit and nut plant varieties to the garden between December and February, the dormant time span for most fruit and nut plants in Texas. These months are also the time to prune fruit trees that are already a part of your garden plan and to build frames for berries. The most popular fruit and nut varieties — blackberries, blueberries, figs, grapes, pears, plums, strawberries,



ALL AUTO MAINTENANCE
 Oil, Lube & Tune • State Inspections
 Coolant, Transmission & Engine Flushes
 Belt Service • Tire Rotation • Tune-ups



\$10 OFF YOUR CHOICE
 Transmission, Coolant or Engine Flush
OR Fuel Injection Service
 Expires 9/30/15 • Limit One Coupon Per Visit

\$5 OFF
 Full-Service Oil Change
 Expires 9/30/15 • Limit One Coupon Per Visit

MIDLOTHIAN 400 Silken Crossing 972-775-8275	WAXAHACHIE 411 Ferris Avenue 972-923-3636
--	--

Owned & Operated by 5th-Generation
 Ellis County Resident, Craig Rudolph

**Building RELATIONSHIPS
 & portfolios is what we do!**

**The POPE
 FINANCIAL GROUP**
of
RAYMOND JAMES®



Donald R. Pope, CFP®, WMS
Senior Vice President, Investments

Jonathan A. Pope, AAMS®, WMS
First Vice President, Investments

222 E. Wheatland Rd.
 Duncanville, TX 75116
www.PopeFinancialGroup.com
 972.780.0533 • 888.230.1558

©2013 Raymond James & Associates, Inc., member New York Stock Exchange/SIPC.
 Raymond James is a registered trademark of Raymond James Financial, Inc.



BiteLock
TEETH IN A DAY

Smile, speak, and laugh
with *confidence!*

Pedro F. Franco, DDS

Do **YOU** want to eat your favorite foods again?

Call today **(972) 875-7616**

to schedule your FREE

BiteLock-Teeth in a Day Consultation

- ❖ Wisdom Teeth
- ❖ TMJ Surgery
- ❖ Dental Implants
- ❖ Facial Trauma
- ❖ Facial Cosmetic and Rejuvenation
- ❖ Oral Pathology



Oral &
Maxillofacial
Surgery

2200 W. Ennis Ave. Suite B Ennis, Texas 75119 www.dfwoms.com

Now Enrolling For Fall Classes!

Call the studio or email at stagedoormidlothian@gmail.com



50% OFF Siblings

Stage Door
School of Dance



Ballet • Tap • Jazz • Hip Hop • Pointe
Tumbling / floor gymnastics • Contemporary / lyrical
Liturgical / praise dance • Modified / adapted dance
Modeling / pageant technique classes • Acting / musical
theatre Twirling • Cheer • Pomdance • Drill team technique
Leaps and Jumps technique • Competition dance teams

972.775.8199 • 214.675.0131 • www.stagedoorschoolofdance.com

PISTOLS & PEARLS

FINE WESTERN WARES



LADIES, MEN'S
AND CHILDREN'S
APPAREL

10% OFF
Regular Priced
Items
With ad. Exp. 9/30/15

2210 PLAINVIEW RD • MIDLOTHIAN
WWW.FACEBOOK.COM/PISTOLSANDPEARLSTX
469.612.5044



native pecans and black walnuts — will be available at local garden centers during these months.

Enjoying the Harvest

Whether the shelves are stocked with canned vegetables or freezers are full of frozen produce, households that grow veggie crops can enjoy great-tasting foods and memories made at many upcoming meals and special occasions. There's also the satisfaction of turning sunny portions of a grass lawn into a productive food source and teaching children to grow what they eat. During the long winter nights there will be plenty of time to dream of the new gardening adventures that await you in the spring. **NOW**

Direct Mail Advertising Works!

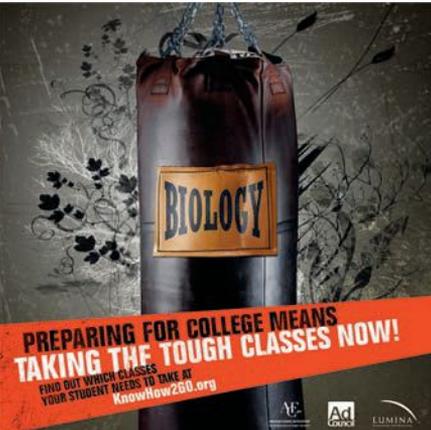
Let WaxahachieNOW magazine present your advertising message to

over 19,800
Home & Business addresses
in the Waxahachie
ZIP codes

NOW

MAGAZINES
Bringing the best of the community home

Call for more information
972-937-8447



**PREPARING FOR COLLEGE MEANS
TAKING THE TOUGH CLASSES NOW!**
FIND OUT WHICH CLASSES
YOUR STUDENT NEEDS TO TAKE AT
KnowHow2Go.org

Ad
LUMINA



TIRE TOWN
FAMILY OWNED & OPERATED
SINCE 1966
1000 PATTER ST WAXAHACHIE, TEXAS 75165

TIRE TOWN IS WHERE TO GO FOR
**ALL YOUR VINTAGE
TIRE NEEDS!**

TIRE SALES AND REPAIR
Come see why we've been in business over 33 years!
972.937.1100 www.tiretownwaxa.com

feeling the squeeze of

PRESSURE!



JOIN US ON SUNDAYS AS WE DISCOVER HOW TO MANAGE
THE EVERYDAY PRESSURES WE FACE.



fbcmidlothian
Connect Grow Serve *Change*
1651 S. Midlothian Parkway
972.775.9000

fbcmid.com

SUNDAY MORNINGS AT
8:15, 9:30, & 11:00



Ellis County Back Institute & Project You Weight-loss and Rejuvenation

905 Ferris Ave.
Waxahachie, TX 75165
(972) 937-0086
www.elliscountybackinstitute.com

Hours:

Monday, Wednesday, Thursday:
8:30 a.m.-1:00 p.m.; 3:00-6:00 p.m.

Friday: 8:00 a.m.-noon

Project You:

Monday-Thursday: 9:30 a.m.-1:00 p.m.;
3:00-7:00 p.m.



From left:

Dr. Gavin Wolff, Michelle Fain and Dr. Josef Verhaert, along with their dedicated staff members, find great rewards in helping others live longer, healthier lives.



Truth in the Treatment

Patients are learning to live healthier, more productive lives.

— By Sandra Strong

Born in Belgium, Europe, Dr. Jozef Verhaert attended Catholic University of Leuven, Belgium, for two years, and completed his bachelor's degree in physical therapy in 1982 from Coloma Institute in Mechelen, Belgium. In 1984, he journeyed to the United States, completing his Doctor of Chiropractic studies at Palmer College of Chiropractic in Davenport, Iowa. He vividly remembers the event that changed his career path and gave him cause to relocate to the United States. "I was in a serious car accident while still living in Belgium," he shared. "Chiropractic care got me back to health." His goal from the start still lies in clinical practice and helping patients the same way he was helped. "I want to teach

patients how to lead healthier and more enjoyable lives," he added.

After completing a two-year internship in private practice in Louisiana, Dr. Verhaert moved to Texas to start his own clinic. This year marks his 28th year in Waxahachie. The truth he lives by and extends to his patients is quite simple: "It's your life ... live it in health." He's a doctor who leads and teaches by example by working his own program for optimum overall health. To accomplish these life changes in his patients, he uses a combination of chiropractic care, advanced nonsurgical treatments and a plethora of nutritional aids to help patients in a safe and highly effective way to rid their bodies of toxins.

Business **NOW**

The staff at Ellis County Back Institute & Project You Weight-loss and Rejuvenation has a heart for what they have been called to do. Dr. Verhaert remembers meeting Dr. Gavin Wolff, one of the many staff members, when he was 7 years old. "I gave Gavin his first chiropractic adjustment," Dr. Verhaert explained. While serving in the military, Dr. Wolff had a desire to change lives in the same manner Dr. Verhaert had changed his. After a lengthy conversation, Dr. Verhaert told Dr. Wolff he had a home when he completed his chiropractic studies. Needless to say, Dr. Wolff is home.

Two years ago, Dr. Verhaert added weight-loss and rejuvenation to his overall program. In doing so, he was able to bring Michelle Fain back home, too. "Michelle left about seven years prior to go back into nursing," Dr. Verhaert stated. "I was able to hire her back when we introduced Project You." Under Michelle's guidance, Project You has seen fantastic results. "It works, without fail, once the patient learns the truth about their body," Dr. Verhaert admitted. "Once they learn how to undo the bad, they will begin to see the positive effects of Project You. We really are seeing great results."

Those interested in feeling their best can attend one of the free Tuesday night seminars. This seminar is the portal for information. The second phase of the process is an assessment. During this meeting, the doctor will determine the program that's right for the patient. "Since we are all different, each program is designed for the individual patient," Dr. Verhaert said. "The patient is the project."

Ellis County Back Institute & Project You Weight-loss and Rejuvenation offers a new beginning. When the weight comes off, you will not only look and feel so much better, your organs get healthier, thus you live longer. "How you live today will determine the quality of the last 15-20 years of your life," Dr. Verhaert stated. "We are designed to leave this life when our bodies are done living, not when organs fail because of toxic living." **NOW**

Have a Safe & Happy Labor Day!

HARDIN HEATING & AIR

Residential & Commercial
Financing Available!



(972) 775-8084

621 Primrose Drive • Midlothian

tim@hardinheatingandair.net • www.hardinheatingandair.net • License # TAGLA29428E



CONSTRUCTION INC.

**READY FOR THAT COVERED PATIO,
CEDAR ARBOR OR BRAND NEW FENCE?**

Give us a call! 682-232-6030



**Locally Owned • Quality Workmanship
References available on request.**



Olivia Lawrence, soon-to-be 3 on September 4, has fun playing on the slide at Getzender Park.



A large crowd gathers for the ribbon cutting for Instrumental Benefits Consulting.



Easton McIntosh and Zane Robinson hug the matching elephants they got at The Ringling Bros. Circus.



Natalie de Dios finds a squeaky toy in the tomatoes while grocery shopping with her mom.



J.R. McMahan and Susan Gilliland share their talents at the Waxahachie Farmers Market.



Jeannie Derryberry paints her weathered fence making it a perfect white.



Waxahachie Chamber of Commerce welcomes new member eTeam Travel.com.



Alberto Zuniga works extra hours at HEB to make a little extra money to help with his college expenses.



Josiah and Alana show off the prizes they won at the Lions Club Carnival.



Rebecca Gregory and her son, Kayden, age 6, walk to town each day so she can go to work at the Dove's Nest and he can help his dad at Detailed Wright.

Dining DEALS

MO & HARI'S

ITALIAN BISTRO-BAR & STEAKS

*Come in
& Enjoy our new menu*
prepared by
Executive Chef Justin Citron

Receive
15% off with ad
(excluding alcohol)
Expires 9/30/15

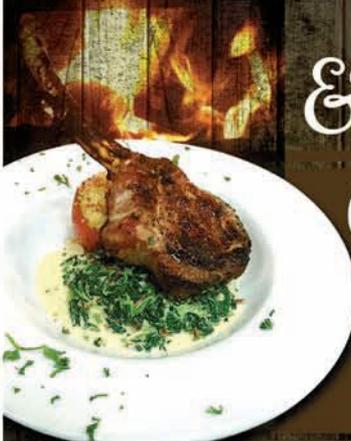
Open 10-9 Daily; Fri. & Sat. till 10
Happy Hours 12-6
Reservations recommended
for parties of 8 or more

We Cater
972-775-5786

Opening in October
Mo's Italian Cafe
in Downtown Midlothian

4470 Hwy 287
Midlothian, TX. 76065

All our steaks and fish
are cooked on a wood-burning grill.



Toshio's

Taste of Japan

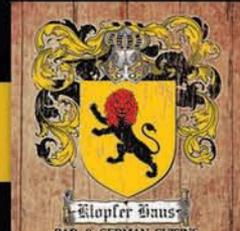
The area's only
Authentic Japanese
Restaurant.

Authentic German Food

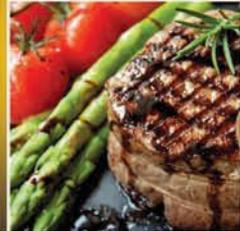
Full Bar • Fine Wine
Rare Bourbon • Rare Scotch
11 Beers On Tap

Happy Hour 5-7 Monday - Thursday
Open Sundays

\$6 OFF
Purchase of \$30 or more
Not valid with other offers. Code:WAX Expires 9.30.15

 Klopfer Haus
BAR & GERMAN CUISINE

100 N College St
in the Historic
Rogers Hotel
Waxahachie
972.923.4425




NOW HIRING SMILING FACES

www.MyLocalMcDs.com

**BUY ONE SANDWICH
GET ONE FREE**
EQUAL OR LESSER VALUE

Expires: 12/31/15

Signature: *Jingles*

Excluding Dollar Value Menu & More

Redeemable Only At:
McDonald's
1207 Hwy. 77
Waxahachie, TX
972-937-0844

1203 E. Ennis Ave.
Ennis, TX
972-875-7600





Prices may vary. Plus tax & applicable. Cash value \$1.75 per one coupon. Not valid with any other coupons or offers. Present coupon before ordering. © 71825 McDonald's Corporation.

DINE IN • DELIVERY • TAKE OUT • CATERING

COWBOY CHICKEN

WOOD FIRE ROTISSERIE
SINCE 1981

**BUY ONE ENTRÉE
GET ONE FREE**
WITH PURCHASE OF TWO DRINKS

508 N. Hwy. 77
Waxahachie
(972) 937-8600
cowboychicken.com

No Cash Value. Not Valid With Any Other Offer.
Not Valid for Delivery. Expires 9/30/15.



MENTION THIS CLAWSOME AD TO RECEIVE

\$5 OFF

YOUR \$25 PURCHASE*

735 NORTH HIGHWAY 87 • CEDAR HILL, TX 75104
972-293-9612

 JOE'S
CRAB SHACK

*Not valid with any other offer or discount. Not valid on alcoholic beverages, tax or gratuity.
No cash value. Expires 12/31/16. Valid only at the Cedar Hill location.



Merry Toppins

practically perfect in every way!

Buy one, Get one
25% OFF
Expires 9/30/2015

Gift Cards Available.

972-923-1500 • MerryToppins.net • Next to Fuzzy's Tacos
791 N Hwy 77 • Ste 501E, Waxahachie

Fill it
Top it
Weigh it
Enjoy it



What to Know About Co-signing a Loan



Your friend or family member wants to take out a loan, but they don't qualify. They could, however, if someone co-signs, so they ask you. Before you jump in to help, understand how the decision potentially impacts *your* credit. Consider the following carefully.

What Happens When You Co-sign

There are potential risks when co-signing a loan.

- *You are 100-percent responsible for the debt.* When you co-sign, you agree to pay the loan back in full — plus any late fees or collection costs — if the primary borrower defaults or misses just one payment. If you can't pay, the lender could sue you or garnish your wages.

- *It can lower your credit score.* The primary borrower's late or missed payments can prevent you from qualifying for personal loans or other lines of credit in the future.

Before Co-signing: Factors to Consider

Think about the following before agreeing to co-sign a loan.

- *Is the borrower able to make payments on time?* If the primary borrower doesn't have a steady source of income, making on-time payments may become an issue.

- *How can you protect your credit?* Ask the borrower to make any missed payments within 30 days to ensure your credit score (theirs, too) doesn't take a hit.

Your Investment Is Key

If you're comfortable co-signing a loan, treat the debt like it's your own.

- *Set a timeline.* Agree on a specific date to get your name off the account. To do this, the primary borrower must refinance the loan or close the credit card.

- *Monitor the account.* Review online statements to make sure the primary borrower is regularly making payments. **NOW**

Adam Rope is a State Farm agent based in Waxahachie.

VOTED BEST INSURANCE AGENT IN ELLIS COUNTY – 2014 & 2015

**Ride with
the #1 car
insurer in
Texas.**



Adam Rope, Agent
#gotrope

1314 West Highway 287 Bypass
Waxahachie, TX 75165
Bus: 972-938-3232
Adam@AdamRope.com
Se habla español

With competitive rates and personal service, it's no wonder more drivers trust State Farm®. Like a good neighbor, State Farm is there.®
CALL FOR A QUOTE 24/7.



1001142.1

State Farm Mutual Automobile Insurance Company
State Farm Indemnity Company
Bloomington, IL

OVILLA
SMALL TOWN
BIG HEART

Presenting Sponsor
WAXAHACHIE
AUTOPLEX

Entertainment featuring
Red Oak Opry
Live Country & Gospel Music

Additional Entertainment
by She Dances
Old Classics & New 2016 Cars

FUN FOR THE WHOLE FAMILY!
Food, Vendors,
Games, Bounce House,
Petting Zoo & More!

Ovilla Heritage Day
September 26 • 9:30 a.m. to 2:30 p.m.
Behind Ovilla City Hall • Parade Begins at 9:00 a.m.

Diamond Sponsors

Community Sponsor

VERTICAL CHURCH
Visit the Vertical Zone

CARLISLE
CHEVROLET • BUICK • GMC • CADILLAC

Branded Burger Co.

Burgers so good,
one location wasn't enough!

1/2 OFF 2ND BURGER
with a purchase of 1 burger, fries and drink.
Mondays & Tuesdays only. Not valid with other offers.
Expires 9/30/15. Red Oak location only.

GAME WATCHING PARTIES!

HAPPY HOUR 3-7pm

Voted #1 burger
in Ellis Co.!

NOW OPEN IN RED OAK!

972-576-2203

205 S. Main (Near corner of FM 2377 & Hwy. 342)
100 N. 8th St., Midlothian, TX
www.BrandedBurgerCo.com

September 4, 5

Dale Hansen Football Classic:
Lumpkins Stadium.

September 12

Around the World Poker Sip, Snack & Stroll:
downtown Waxahachie.

September 19

Oktoberfest: Waxahachie Civic Center.

Downtown Sidewalk Sale:
downtown Waxahachie.

Odd Fest presented by IOOF Waxahachie
Lodge #80: 10:00 a.m.-6:00 p.m.,
Singleton Plaza.

Waxahachie Symphony Association –
Imperial Brass: 7:00 p.m., SAGU Hagee
Communication Center Performance Hall,
1200 Sycamore. For more information,
visit www.waxahachiesymphony.org.

September 20

12th Annual Bridal Extravaganza: Noon-4:00
p.m., Waxahachie Civic Center. Currently
accepting vendor applications. For more

information, call (469) 309-4040 or visit
www.waxahachieciviccenter.org.

September 21

Lighthouse for Learning Community
Education: The fall/holiday semester begins.
There are over 50 classes to choose from. For
more details on available classes, call WISD at
(972) 923-4631 or visit www.wisd.org.

September 23 — 26

Crossroads of Texas Film Festival: For more
information, visit www.crossroadsoftx.com.

September 25

Plaque Dedication for Bessie Coleman:
5:30-7:00 p.m., Mid-Way Regional Airport.
Admission is free.

September 25, 26

Holy Homes Marriage Conference with Clay
and Renee Crosse: **Friday**, 7:00-9:15 p.m.;
Saturday, 8:30 a.m.-noon, Cowboy Church
of Ellis County, 2374 W. Hwy 287 Bypass.
Tickets are on sale now for \$20 each. Contact
the church office for tickets by calling (972)
935-9801. Doors will open 30 minutes before
conference starts times each day.

September 26

Chautauqua Assembly – Chautauqua
Celebrates Flight: 9:00 a.m.-5:00 p.m.,
Chautauqua Auditorium, Getzendaner Park.

Take It To The Box Prescription Drug
Return: 10:00 a.m.-2:00 p.m., WHS parking
lot, 1000 N. Hwy 77, Waxahachie; 10:00
a.m.-1:00 p.m., Italy Police Department, 101
W. Main St., Italy. The “box” is a place to
dispose of unused or expired medications
quickly, safely and anonymously. For more
locations within Ellis County, contact
IMPACT Waxahachie at (972) 937-1531 or
IMPACT Ennis at (972) 921-5156 or online
at www.dpri.com.

Telico Volunteer Fire Department 30th
Annual Barn Dance: 4:00 p.m., Sokol Hall,
2622 E. Hwy 34. For more information and
to purchase raffle tickets, contact Chief Van
Fowler at (972) 878-2083 or Marvin Trojacek
at (972) 875-6655.

*Submissions are welcome and published as
space allows. Send your current event details to
sandra.strong@nowmagazines.com.*

SEPTEMBER *Spectacular!*

**WE
BEAT
ANY
PRICE!**

**CANALES
FURNITURE / MUEBLERIA**
WWW.CANALESFURNITUREUSA.COM

Limited time offers!



\$799

Jaquelyn Cherry Queen Bed, Dresser,
Chest, Mirror, and Nightstand



\$599

Julson Sofa and Loveseat



\$599

Bastrop Sofa and Loveseat

Visit one of our 10 locations!

<p>★ MANSFIELD ★ 1301 Hwy. 287 N. Suite 101, 76063 (817) 225-0330</p>	<p>ARLINGTON 2002 E. Abram St. 76010 (817) 303-7735</p>	<p>ARLINGTON OUTLET 2202 E. Randol Mill Rd. 76011 (817) 945-6460</p>	<p>BEDFORD 510 Harwood Rd. 76021 (817) 473-2626</p>	<p>DALLAS 602 S. Hampton Rd. 75208 (214) 946-2635</p>
<p>DALLAS 2639 W. Davis St. 75211 (214) 946-2659</p>	<p>DISTRIBUTION CENTER 2202 E. Randol Mill Rd. 76011</p>	<p>FORT WORTH 4200 S. Fwy. Suite 1240, 76115 (inside La Gran Plaza) (817) 921-1690</p>	<p>S. FORT WORTH 6901 McCart Ave. 76133 (817) 423-8370</p>	<p>MESQUITE 2034 Town East Mall 75150 (In front of El Chico's Restaurant by main mall entrance) (972) 682-4305</p>

Allergy Triggers

— By Betty Tryon, BSN

Achoo! It isn't springtime, but your constant sneezing and runny nose make a box of tissues your best friend. During the spring, allergies are expected and have become almost a rite of passage through the season, for some people. However, fall allergies come as a surprise to many. These allergies are called seasonal because the allergens are present in sufficient quantity during specific times of the year. Perennial allergens are located in the atmosphere year-round. The symptoms, in addition to sneezing and a runny nose, can include watery eyes, an itchy nose and itchy throat and eyes. They all appear as early as August and last through October.

There are several causes or triggers for the onset of allergic symptoms. Ragweed is the most common. Ragweed can be found almost anywhere, but particularly in the Eastern and Midwestern part of the United States. The pollen released from the blooming plant is a fine powder that has been detected up to 400 miles out to sea!

Another contributor to fall allergies is mold. Mold is a fungus that thrives in moist areas and is virtually everywhere. Its spores are small, light and easily airborne. Mold is not only found in damp areas in your bathroom, under sink areas prone to leakage and basements but outdoors in compost heaps, under leaves and in the soil. It has an earthy smell and a fuzzy appearance. Check ceilings and floors where there are water stains, look for the source and correct it.

If you are allergic to cedar and live in Central Texas, most people can expect some allergy problems. The trees are quite numerous in this region. The heaviest times of pollination will occur in the months of December, January and February.



The best way to escape the plague of being an allergy sufferer is to avoid its triggers, if at all possible. Practical suggestions would be to keep your home as dust-free as possible. Before you turn on your heating system for the year, clean your vents and use a high-efficiency particulate air filter known as a HEPA filter. Use air conditioning in your home and car to avoid the offending pollen. Shower and change your clothes when coming in from outside. Wear masks with yard work. Some of the remedies, such as antihistamines, decongestants, cough medications and nasal sprays found over-the-counter, may or may not be advisable for you. Check with your doctor if your symptoms do not decrease. You may need allergy shots or prescription medication. There are ways to lessen your misery, but you may need help. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

Get your smile ready for

FRIDAY NIGHT LIGHTS!

Promo Code: GO MO

FREE CONSULTATION

(Includes Iscan, X-ray, Exam - a \$249 Value)

Get started by September 30th and receive

\$200 OFF!



Laura Morgan, D.D.S.
Your Smile Specialist
 Orthodontics Children & Adults

- Same day treatment
- Digital scanner-no goopy impressions
- Most insurances accepted
- Convenient, flexible financing

Call us today
972-268-6065

104 Professional Place
WAXAHACHIE
www.morganortho.com







In the Kitchen With Chef Dré Johnson

— *By Sandra Strong*

Chef Dré Johnson's cooking was influenced by his grandparents. "After church on Sundays, my family would always meet up at my house," Chef Dré said. "We didn't have a wide variety of food when I was a kid, but whatever was on the menu was very tasty."

As an adult, Chef Dré's grandfather, who had also been a chef, encouraged him to go to culinary school to earn his certification. "I decided to go to school at Aims Academy of Culinary Arts, graduating in 2006 at the top of my class," he shared. His career as a chef has taken him to so many wonderful places, landing him happily at Renfro Nursing Home. "I believe this is my calling," he said, "to please the elderly and the disabled." **NOW**

Fire-spice Roasted Chicken

- 1/4 cup soy sauce
- 2 Tbsp. fish sauce
- 1 Tbsp. Asian sesame oil
- 1 Tbsp. brown sugar
- 2 tsp. fire spice seasoning
- 1/2 tsp. kosher salt
- 1 Tbsp. garlic, finely chopped
- 2 tsp. chopped ginger
- 3 1/2 lbs. chicken legs and thighs

1. Preheat oven to 375 F. Combine the soy sauce, fish sauce, sesame oil, sugar, fire spice seasoning and salt in a large bowl; mix well. Stir in the garlic and ginger. Add chicken pieces, turning to coat.
2. Cover and refrigerate for at least 1 hour or overnight. Turn the pieces now and then so that the marinade coats them evenly.
3. Place chicken in a roasting pan. Cook for 30 to 45 minutes.

Chipotle Plum BBQ Pork Ribs

- 1/4 cup hot water
- 1 tsp. instant coffee
- 3/4 cup plum sauce
- 1/2 cup fresh-squeezed orange juice
- 2 Tbsp. minced chipotle in adobe with sauce
- 2 Tbsp. brown sugar
- Salt and pepper, to taste
- 2 1/2 lbs. pork back ribs

1. Mix hot water with coffee to dissolve. Once dissolved, combine with plum sauce, orange juice, chipotle sauce and brown sugar in a small saucepan over medium heat.
2. Bring sauce to a boil; reduce heat. Simmer until sauce thickens, about 5 minutes.
3. Season with salt and pepper, to taste.
4. Coat both sides of the ribs with sauce, saving 2/3 cup of sauce for basting. Arrange the ribs, meat side up, on a lined baking sheet.

5. Cover lightly with foil. Bake at 350 F for 1 hour, basting throughout with the remaining sauce. Allow to cool before slicing.

Daisy Mae's Tea Cakes

- 1 cup butter, room temperature
- 1 1/2 cups sugar
- 1 tsp. baking soda
- 1/2 cup buttermilk
- 3 eggs
- 4 cups all-purpose flour
- 2 tsp. baking powder
- 1/2 tsp. salt
- 1 tsp. ground nutmeg
- 1 tsp. vanilla flavoring

1. Cream butter and sugar until well-blended. Dissolve soda in buttermilk; add to butter/sugar mixture. Stir in all remaining ingredients in the order listed. Mix until dough forms.
2. Roll dough out lightly on a floured board. Cut dough with cookie cutters of your choice. Bake at 400 F on an ungreased cookie sheet until lightly browned.

Strip Steak With Rosemary Butter

- 1/2 cup butter, softened
- 1 Tbsp. fresh rosemary
- 2 tsp. grated lemon rind (divided use)
- Salt and pepper, to taste
- 1 Tbsp. dried Italian seasoning
- 1 1/2 Tbsp. olive oil
- 2 garlic cloves
- 1 tsp. pepper
- 1/2 tsp. salt
- 4 6-oz. beef strip steaks, 1/2-inch thick
- Rosemary sprigs, optional

1. Stir together butter, rosemary, 1 tsp. lemon rind, salt and pepper. Cover and chill until ready to serve.
2. Combine Italian seasoning and next four ingredients in a small bowl. Stir in remaining lemon rind. Rub mixture over steaks. Cover and chill for 1 hour.
3. Cover steaks with grill lid and grill over medium/high heat (350 F) for 3 to 4 minutes on each side, or until desired doneness.
4. Serve with butter mixture. Garnish with rosemary sprigs.

To view recipes from current and previous issues, visit www.nowmagazines.com.

NOBODY in the World Sells More Real Estate Than RE/MAX.

RE/MAX REALTY GROUP
(972) 935-0095

103 Executive Court, Suite 2 • Waxahachie, TX 75165

OUR TEAM



Steve Miller

Cell: 214.718.2854



Mary Woods Stanley

Cell: 972.935.3991



Heather Michaels

Cell: 254.715.2409



Donna David & Jamey Cosper

Donna: 972.523.4664
Jamey: 972.268.5493



Donna Byers

Cell: 254.715.2406



Kim Jansonius

Ofc: 972.515.8111



Shannon Beddingfield

Cell: 214.808.2720



Melissa Jones

Cell: 972.351.6270



Ginny Jilbert

Cell: 214.802.2023



Hablamos Español

The Ramirez Team

Frank: 972.670.6635
Maggie: 972.896.9362



The Stevens Team

Tiffany: 214.463.9551
Brian: 214.463.9555



The Blaine Group

Bob: 972.935.3239
Mary Jo: 972.935.3240

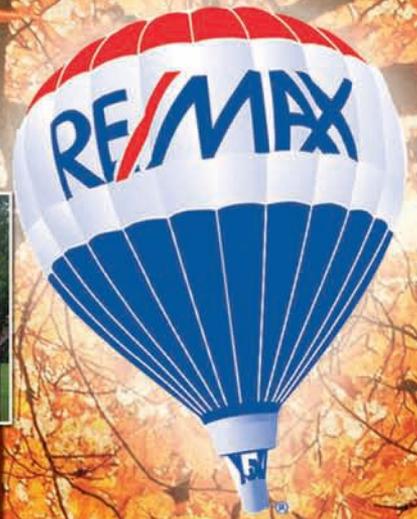


The Majors Team

John: 972.921.8215
Leslie: 972.921.6880



Each office is independently
owned & operated.



106 S. Haven

Recently remodeled 3bd, 2L, 5-car garage. Backyard has plenty of room for a pool and even a horse. Concrete drive has room for parking a travel trailer or boat. Beautiful drive up appeal with large front yard. Located in a quiet cul-de-sac outside city limits. \$265,000



407 Oldham St., Waxahachie

Gorgeous historical home on a half-acre corner lot. Spacious interior with 3 beds, 2.5 baths, 2 living and 2 dining. Fabulous wood floors and original details throughout with 6 fireplaces. MLS#13214244. \$325,000



510 Sycamore, Waxahachie

Inviting & livable layout with 3 bed, 2 bath, formal dining, sunroom and 2 living areas complete with pine-planked walls, fireplace with built-ins and a new roof. Located on over a half acre, corner lot with mature trees & storage shed. \$245,000



731 Rock Hill, Red Oak

Fabulous 4/3.5/2 situated on one acre. Room sizes are amazing with home featuring over 4,000 square feet. Master bedroom a showstopper. Come see this home now! \$299,900



109 Traveller St., Waxahachie

Beautiful pre-owned Megatel home in Saddle Brook. Energy-efficient 4/2.5 with bonus room. Open floor plan with tons of upgrades, granite countertops, stainless steel appliances, butler's pantry and more. \$267,000

www.elliscountyrealtorgroup.com
TWO Additional Locations to Serve YOU.

RE/MAX Bluebonnet Country
206 S. Clay St. Ennis, TX 75119
(972) 878-2200 • www.remaxb3027.remaxtexas.com

RE/MAX Arbors
3711 Ovilla Rd., Ovilla, TX 75154
(972) 515-8111 • www.remaxarbors.com

VOTED BEST MORTGAGE COMPANY IN ELLIS COUNTY 2013, 2014 & 2015



GATEWAY MORTGAGE GROUP IS A REGISTERED SERVICE MARK OF GATEWAY MORTGAGE GROUP, LLC. NMLS 7233

WE PROMISE:

- Community-first Approach
- Local Underwriting
- Reliable Closings & Services for a Lifetime

CONSTRUCTION LOANS
NOW AVAILABLE

Your GATEWAY to HOMETOWN Service and Expertise:

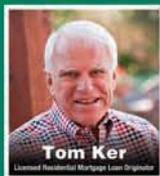
The Waxahachie office has over **90 COMBINED YEARS** of experience in the mortgage industry.

So, whether you are purchasing a new home, considering refinancing or even seeking access to your home's equity, we have the right solution to meet nearly any mortgage need.



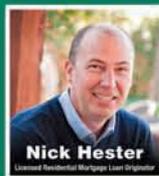
Jeff Schmidt

817.681.7897
Regional Manager



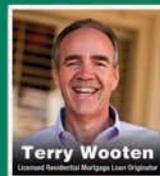
Tom Ker

972.365.7022
Senior Loan Officer



Nick Hester

469.855.9262
Senior Loan Officer



Terry Wooten

214.949.9285
Senior Loan Officer



Lupe Diaz

682.241.2902
Senior Loan Officer

Se habla Español

www.TheSchmidtGrp.com | 972.937.2200 | 1332 W. Hwy. 287 Bypass, Suite 1, Waxahachie



WAXAHACHIE

AUTOPLEX

HAPPY
LABOR DAY!

DODGE

CHRYSLER



Jeep



- America's best-selling truck for 39 years
- Integrated trailer brake control
- Exclusive eco-boost technology
- Outboard mounted rear shocks
- Best-in-class towing and payload



- 2014 Truck of Texas
- Best-in-class 25mpg hwy
- Class-exclusive torque, elite 8-speed transmission
- 5-year/100,000-mile powertrain limited warranty
- Class-exclusive link coil and air suspension

Eggs are cheaper in the country and so are the vehicles at Waxahachie Autoplex!



EXPRESS QUICK LUBE

Now Open on Sundays

OIL CHANGE
\$25 customers*
\$30 noncustomers

Includes tax+fees. *Customer must have purchased the vehicle from us.

Mon-Fri 7-6 • Sat 8-4 • Sun 8-2

WAXAHACHIE COLLISION CENTER



- Free Estimates
- All Makes & Models
- Free Loaners

We work with any insurance company, handling the hard work so you don't have to.

SERVING ELLIS COUNTY AND SURROUNDING AREAS
WWW.WAXAHACHIEAUTOPLEX.COM

888-405-5606