

Burleson

NOW

Incorporating Crowley and Joshua

M A A Z I N

SEPTEMBER
2013

Shine On

Paige Dunn sparkles
when dancing with the
Centennial drill team

Plus:

Unexpected Rewards

First Steps for London

Her Dream

Making People Beautiful

In the Kitchen With Alicia Sánchez

Caring for a Prince

At Home With
Jared Keller and
Chandra Chellappan

Lose up to 5-15 lbs. the 1st week!

Jo A. lost
44 lbs. in
30 weeks



DietSolution

WEIGHT LOSS CENTERS



Before

Individual results may vary.

Jo A. — Mansfield, Texas

"If you change nothing, nothing changes."

That phrase really epitomizes my weight loss journey. I had tried most of the diet programs on the market, which worked for me, but it was only temporary. I'd lose the weight, but then go back to eating the way I had always eaten, and therefore put the weight back on. I changed nothing. The DSC ad grabbed me, so I decided to give it a try. It IS THE SOLUTION. I now know how I have to eat daily and keep the weight off. I've gone from a size 16 to an 8, and I couldn't be happier. I believe in this program so much, that I'm a part time diet consultant, when I'm not at school, teaching elementary music. At 54 years old, I feel great!



- ✓ Medically monitored weight-loss system
- ✓ Natural and FDA-approved prescription appetite suppressants

- ✓ No prepackaged foods
- ✓ No contracts, no hidden fees
- ✓ No restrictive 500-calorie diet plan

\$25 OFF Initial Visit

when mention NOW Magazine ad

Valid September 2013

(Reg. price \$200. Not valid
with any other discount or coupon)



Follow us on Facebook



CROWLEY / BURLESON
740 S. Crowley Road, Suite 2
(Next door to I-Fit Elite Gym)

817-297-2100

MANSFIELD
920 US Hwy 287 N. Suite 306
(At Walnut Creek in Tom Thumb Shopping Center)

817-453-3438

Dr. Brian J. Caplan, M.D. • www.dietsolutioncenters.com

Change Is In The Air....
Now Is The Time To Get A Beautiful Smile.

ORTHODONTICS



BRACES & INVISALIGN

Where Smiles Come Alive

Dr. Sheila Birth
Board Certified Orthodontist

Dr. Charles Stewart

- *Free Consultation (\$150 value)*
- *No Down Payment*
- *Most Insurance Accepted*
- *Braces & Invisalign*
- *TMJ/TMD, Dental Migraines & Headache Treatment*
- *Private Treatment Rooms*



Bring in this ad for
\$250 OFF treatment!

(Comprehensive treatment and new patients only. Cannot be combined with any other offers. Prices ranging from \$2500-\$5900. Expires 12-1-13.)

817-546-0770

109 West Renfro St. | Burleson, TX 76028

www.ProfessionalSmiles.com

A solid business relationship starts with *you*
PLUS *First National Bank of Burleson.*

New limited time offer just for your business.

**Business Loan rates as low as
3.25% Fixed APR for 5 years***

for business loans of \$100,000 or more made after July 1, 2013.

*Longer terms available.

See lender for details. Some restrictions apply. Subject to credit approval.



First National Bank
of BURLESON...LOCALLY OWNED
Welcome Home!



With two convenient locations in Burleson:

899 NE Alsbury Blvd. (at I-35W)

740 SW Wilshire Blvd.

Auto Loans • Free Checking • CDs • Free Online Banking
Savings • Online Bill Pay • Visa Debit Cards
Other Personal Loans • SBA Loans • Business Loans
Safety Deposit Boxes • Business Services • Merchant Services
and Much More!



817-295-0461 • www.firstburleson.com



Publisher, Connie Poirier
General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker
Burluson Editor, Melissa Rawlins
Editorial Coordinator, Sandra Strong
Editorial Assistant, Beverly Shay
Writers, Lynn H. Bates . Lisa Bell
Erin McEndree . Betty Tryon
Carolyn Wills
Editors/Proofreaders, Pat Anthony
Pamela Parisi

GRAPHICS AND DESIGN

Creative Director, Chris McCalla
Artists, Casey Henson . Martha Macias
Felipe Ruiz . Arlene Honza
Brande Morgan . Shannon Pfaff

PHOTOGRAPHY

Photography Director, Jill Rose
Photographers, Jennifer Spears
SRC Photography

ADVERTISING

Advertising Representatives,
Melissa McCoy . Lisa Miller . Teresa Banks
Rick Ausmus . Linda Dean . Laura Fira
Mark Fox . Bryan Frye . Vicki Meeks
Carolyn Mixon . Jami Navarro
Lori O'Connell . John Powell . Steve Randle
Linda Roberson . Judy Trivett

Billing Manager, Angela Mixon

ON THE COVER



Paige Dunn and all the Sparklers are ambassadors for Centennial High School.

Photo by SRC Photography.

CONTENTS

September 2013 • Volume 7, Issue 9

8



8 Shine On

Healthy young Sparklers lift each other to new heights.

16 Unexpected Rewards

The Justice family receives intangible gifts from giving.

24 Caring for a Prince

At Home With Jared Keller and Chandra Chellappan.

30 First Steps for London

Spreading awareness about tibial hemimelia is the Sprayberys' mission.

38 Her Dream

Since she was a little girl, Joyce Breeden has loved horses.



30

44 BusinessNOW

46 Around TownNOW

48 FinanceNOW

50 HealthNOW

52 CookingNOW

BurlusonNOW is a NOW Magazines, L.L.C. publication. Copyright © 2013. All rights reserved. *BurlusonNOW* is published monthly and individually mailed free of charge to homes and businesses in the Burluson, Crowley and Joshua ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 477-0990 or visit www.nowmagazines.com.



Editor's Note

Hello Burlison, Crowley and Joshua!

The fourth Friday of this month is Native American Day. How many of us actually have family lore saying we're part Indian? I do. I also have documents proving I've got ancestors who rode on the Mayflower, survived the first winter through teamwork and grace, and contributed to the colonizing of Plymouth. I recently found an 1891 novel about a second-generation Pilgrim. Its linen binding and browned pages piqued my curiosity.

What a find! The author described the Plymouth colony lifestyle, not unlike the healthful communities many of us now yearn for. Families worked hard to care for their own, building and growing their private property, while balancing every word and deed with the colony's interests top of mind. They succeeded in early years partly because they befriended the Indians, not only relying on their knowledge of local flora and fauna but also their protection. And the Pilgrims paid it forward.

Enjoy your transition into fall!

Melissa

Melissa Rawlins
BurlisonNOW Editor
melissa.nowmag@sbcglobal.net
(817) 629-3888

HAPPY LABOR DAY!

Get ready for the holidays with our layaway!

Woolard's
CUSTOM JEWELERS

Jeweler By Trade, Artist By Heart
Bob and Caryl Woolard

437 S.W. Wilshire Blvd • Burlison, TX
Between NW Newton & Exchange
817-295-6361
woolardsjewelers.com
woolardtxbgw@aim.com

Adult and Children's Dentistry. Gentle Dental Care and friendly staff!

\$59 EXAM, X-RAY AND CLEANING
(gum treatment extra)
With coupon. Expires 9/30/13

\$10 FOR LIMITED EXAM AND X-RAY
With coupon. Expires 9/30/13

Crystal Dental
www.crystaldental.org

- **BURLESON** •
664 S.W. Wilshire Blvd. • Burlison, 76028
817.426.3331
- **FORT WORTH** •
1114 E. Seminary Dr. • Ft. Worth, 76115
817.921.0883
- **CLEBURNE** •
1301-H W. Henderson St. • Cleburne, 76063
817.641.3344

Laughing gas available for patients with dental phobia!

We accept Medicaid, CHIP & most Insurances.

The Hotel Burlison

12450 S. Freeway, Burlison
hotelburlison.com

Available for Weddings, Family gatherings or Holiday parties. Do not forget to ask about our room packages and our new lounge, coming soon.

Ask for Kathy
817-447-2000

Lifetime Powertrain Warranty | \$0 Added Cost

On EVERY New Honda & Most Pre-Owned



"I tell all my friends about the Lifetime Warranty. I say, 'If you're going to buy a Honda or even a used car ... they give the same warranty on all the cars.'"

Kim Johnson
Happy Honda Customer

Honda
of BURLESON



888-Yes-Honda

HondaOfBurleson.com
Local: 888.577.9511

632 N. Burleson Blvd in Burleson, TX 76028. If traveling South, exit Renfro and make a U-turn.



A double dose of great health care.

Your local health care options are now stronger than ever. With Texas Health Huguley joining the Texas Health family, including our advanced outpatient center, Texas Health Burleson, you now have two convenient ways to access the leading health care provider in North Texas. A comprehensive range of services is close to home including two strong emergency departments ready to care for you, heart and vascular care and a variety of advanced capabilities. Plus, we provide programs and services like primary care, screening services and fitness centers to improve the community's health and well-being. Working together allows us to offer a greater scope of services, and while this partnership is new, our commitment to the community is not. Together, we've dedicated more than 35 years to the health of our neighbors, and we plan to continue offering exceptional care for years to come.

1-877-THR-WELL



TexasHealthHuguley.org



TexasHealth.org/Burleson



GO COWBOYS!



SCORE and WIN BIG with new floors from Infinity Flooring!



HARDWOOD, TILE, LAMINATE, CARPET, VINYL, GRANITE, VINYL PLANK, SHEET VINYL, WE DO IT ALL!

<p>\$3⁹⁹</p> <p>Laminate Installed Price</p> <p>(minimum footage required) Offer expires 9.30.13</p>	<p>\$2⁹⁹ sq. ft.</p> <p>water resistant vinyl, hardwood plank Installed Price!</p> <p>(minimum purchase \$2000) Offer expires 9.30.13</p>	<p>\$5⁹⁹ sq. ft.</p> <p>1/2" Hand Scraped Engineered hardwood Installed Price!</p> <p>(minimum footage required) Offer expires 9.30.13</p>	<p>\$200 OFF</p> <p>any installed project</p> <p>(minimum purchase \$2000) Offer expires 9.30.13</p>
---	---	--	---

NO-INTEREST FINANCING FOR UP TO 24 MONTHS

Minimum purchase (with approved credit)

Coupons may NOT be combined with sale items. Coupons must be presented at time of sale

We Do Remodeling!

- Kitchen and Baths
- Fireplace Updating
- Plumbing
- Electric
- Tape, Bed, Texture, Paint
- Room Additions
- Laminate countertops

We Offer:

- Lifetime No-Exclusion Stain Warranty
- Lifetime Warranty Laminates
- Lifetime Installation Warranty from Certified Installers
- **Free** Measure and Estimates
- **Free** Design Consult



Store: 817.641.2010
After Hours: 972.345.4917
 infinityflooring2010@gmail.com
 www.myinfinityflooring.com

Financing Available with Approved Credit
 Hours: Mon-Thurs 9am-6pm • Fri 10am-5pm • Sat 10am-5pm • Closed Sun
Stop by our beautiful showroom conveniently located at ...
307 E. 12th Street, Ste B • Joshua (Next to Family Dollar)

★★★★★ Check out our 5-Star Customer Service Rating at yellowpages.com ★★★★★



Shine On

— By Melissa Rawlins

Dreams are the substance of every breath Paige Dunn takes. Three years ago, she set her sights on becoming a Kilgore College Rangerette, as well as getting her degree in dance. Her Centennial High School drill team director, Miss Drew Ellison, mentioned to all the Sparklers that she had tickets for one of the (Kilgore) Ranger football games at a reduced price. Paige went to their homecoming game and became entranced by their drill team's poise. "Their dancing ability was awesome," Paige said.



Centennial High School drill team director Drew Ellison poses with Paige Dunn.



“My family wants to keep seeing me smile and shine like the Sparkler I am!”

She researched and learned how she needed to behave in order to be a Rangerette. “Since then I have pushed every single day to raise myself to the level of being on a college drill team,” she said. “I have been running miles to build stamina, lifting weights in gym with my dad, doing abdominal workouts, kicking higher and working on posture, building muscle strength

in my back, practicing precision in each movement.” Paige will try out during the summer of 2014. Everything she does this year supports her own beautiful goals, as well as those of her colleagues on the Sparklers and her fellow students at Centennial.

At 18, Paige is the eldest of the 30 girls in the Sparklers, who perform in competitions, community functions, pep rallies,

We welcome
Leigh Anne Russell, PA-C,
joining our family September 9th.



Hoffman Family Practice ASSOCIATES



**Providing compassionate care
for your entire family!**

**Adult & Pediatric Care (newborn-adolescent)
Sports Medicine • Physicals for all ages
Allergy Testing • IN-OFFICE LAB & X-RAYS**

Mon-Fri 7:30am - 8:00pm • Sat 8:00am - 2:00pm • Closed Sundays

Call and schedule your appointment today!

817-916-5180

2730 S.W. Wilshire (Hwy 174), Burleson, TX 76028

Located at the Texas Health Burleson medical complex

HoffmanFPA.com



athletic events and at local retirement homes. Always early to practice, she is eager to learn and willing to help. She loves the team and the dance, and has grown as a person through her involvement in the Sparklers. "Dance is not the whole reason I'm here at Centennial," Paige said. "I'm here to learn and get my education. But I love being here now that I'm in an organization and get the extracurricular enjoyment of having so many friends." The diversions make it tougher to keep up her grades, yet she has still maintained a 3.2 GPA.

As a Sparkler, Paige is an ambassador for her school along with National Honor Society students, cheerleaders, musicians and athletes. When Miss Ellison started the drill team with only 12 girls three years ago, she selected girls who would be organized and responsible leaders, show positivity and be exemplary students.

Paige did not always fit this description. As a freshman, she was confused, directionless and bored. She investigated the teacher-led organization of dancing, cheerful Sparklers and found students who could be her friends. Having never been on a team, Paige immersed herself in practices both before and after school, as well as performances during football games and competition. She and her teammates bonded like sisters. "Miss Ellison was supportive of all her girls, and she helped motivate me to come to school," Paige recalled. "Now I have my family at home, and I have my family at school with my teammates."

During football season, the Sparklers perform every Friday night on the field during halftime at home games and away. During basketball season, the drill team offers home game halftime shows, revealing the dances they are preparing

for competition during the late winter. At the very end of the year, they produce their Spring Show, a big-bang finale performing every dance they've prepared for competition. Held in the Centennial auditorium, the Spring Show is one of the Sparkler's major fundraisers. The money raised helps with team expenses.

Each Sparkler gains administrative experience, accountability and leadership skills by hosting frequent fundraisers. The team members teach young girls dance technique at their much-loved youth clinics, for which they charge \$35-\$40. Besides their big Spring Show, they also participate in a performance with a silent auction during Christmas time. At that



family-friendly event, where children can get their faces painted while eating hotdogs, the Sparklers perform along with the Centennial High School Pep Squad and Show Choir and dance and gymnastics studios from around town. Their goal is to set aside the \$1,400 for each dancer who wants to fly to New York City the following summer for private dance lessons with The Rockettes.

"I'm really excited because at one time I wanted to be a Rockette, but I'm too short," said Paige, who is currently a dance officer and a senior lieutenant with her own squad of six girls called Paige's

JOHN HOUSTON
C U S T O M H O M E S

YOUR HOME. YOUR WAY.

Build your story with us

9 NEW COMMUNITIES

Visit us online for more info!

[Burleson]
BlueBird Meadows

[Fort Worth]
Legacy Pointe

[Mansfield]
Lone Star Ranch

[Ovilla]
Ovilla Parc

[Midlothian]
MidTowne

Shiloh Manor

[Red Oak]
Brian Terrace

[Waxahachie]
Katy Lake
Settler's Glen



JohnHoustonCustomHomes.com

866.699.6054



Enroll Now 2013-2014! Back-to-School

Limited Space Available



Nurturing Young Hearts and Minds
All for the Glory of God

Mothers Day Out is Back!

We have many schedule choices available,
Call to see what schedule works best for your family.

- We offer infant, toddler, pre-school, kindergarten preparatory & after-school programs. We provide flexibility to meet the needs of most schedules & budgets.
- Beautiful state-of-the-art facility conveniently located on Wilshire Blvd.
- Live streaming video to view your child while you are at work.
- Spanish and baby sign is taught in the daily curriculum.
- Music education program. Also, a monthly visit from Mr. Music!
- Morning chapel with praise and worship.
- All teachers are trained by a master-level teacher.
- A Beka Curriculum and Reading Mastery early literacy program

Mountain Valley Child Development Center

2975 S.W. Wilshire Blvd. • Burleson, TX 76028 • (817) 484-2444

www.mountainvalleychilddevelopmentcenter.com

Pearls. Paige describes her Pearls as a team inside the team. Three other dance officers, Kaylee Paige, Abby Russell and Ashton Haley, bring their squads alongside Paige's Pearls so that all four teams support each other, pushing for positivity and raising standards.

Last year's team motivator, Kaylee would yell, "United!" and the rest of the team would yell back, "We shine!" Such early-morning motivation pumps the girls up by creating unity. "When we're all separate people, we're not dancing to our best ability," Paige said. "We do things so much better when we're together."

As she develops her leadership skills, Paige relies on other Sparklers who come into the dance studio every day with huge smiles on their faces. "Because the girls are so ready to learn and dance their hearts out, we all want to be just as excited to dance, to always push for more," Paige said. "Taylor Barksdale is one of those amazing girls!" As captain, Taylor gives her heart and soul to encourage every girl on the team. One of the requirements is to get to the school every school day at 6:30 a.m. for difficult workouts.

Paige was not at all athletic before joining the Sparklers. "I sat at home and watched TV," she said, confessing to riding her bike every once in a while and running track a little bit in middle school. Now Miss Ellison has her girls out running miles and doing kicks around the track. "It was tough to get started, but I've received a lot of benefits from it. I've learned how to be healthy. I was not eating what I needed to eat, drinking enough water, nor treating my body the way it should be treated."

Her family at home loves the new Paige. "Once I joined Sparklers, I was so happy, I wanted to come to school, I had a drive in life, my grades improved, and so did the aura around me," she said. "My parents were amazed what a team can do for a person!" They took her to practice at 6:30 every morning, before she got her own car. Her parents and grandparents pitched in their money and time to support Paige's devotion, cheering her on at every performance. "My family wants to keep seeing me smile and shine like the Sparkler I am! They give me everything they possibly can, because they want to see me succeed and do great things." **NOW**



1 NURSE TO EVERY 4 PATIENTS. YOU MAY NEVER NEED A CALL BUTTON AGAIN.

We maintain an average of one nurse to every four patients – compared to the national average of one nurse per eight patients – so you'll get twice the care and attention than you'd normally get in another hospital. That probably explains our 99% patient satisfaction scores.

Pleasantly surprising.



1-888-444-USMD • USMDFortWorth.com

USMD is a physician-owned hospital.



Hello, my name is Mike, owner of Rawhide Rustic in Joshua & Cleburne. Welcome to our newest location here in Burleson. We sell more TRADITIONAL furniture at HOME SWEET HOME. We have over 10,000 selections to choose from, including Ashley & Simmons.

Our concept: "No Big Showroom means Savings to You the Customer," No Shipping Fees, Satisfaction Guaranteed.

Thank You for all your support. Come see us at any of our locations.



Wiesman Collection \$648*



Harbor Collections \$868*



Foxhill Collection \$1095*



Twin Bunk Beds \$238



Aiden Collection \$778**



Chocolate Motion Sofa & Love Seat \$998



Cappuccino Dining Table with 4 chairs \$298



Home Sweet Home Furnishings

212 NW Lorna St. • Burleson, TX
817.295.5959

* Price includes: Queen bed, Chest & 1 nightstand.
 ** Aiden Collection includes Full bed, chest & nightstand

Here when *you need us!*

Our mission is to provide personalized, quality health care in a patient friendly environment and a cost effective manner!

- Sports Physicals and Immunizations
- Travel Medicine Clinic at our Joshua Location
- Dexscan available at our Cleburne location to screen for osteoporosis
- General Surgery, Colonoscopy, EGD, Laparoscopic Surgery
- Wellness exams for newborns to elderly
- Weight Loss Center—Medifast and Phentermine
- Hormone replacement therapy including testosterone management and bioidentical hormone replacement
- ADHD evaluation and treatment
- Occupational Medicine and Workers Compensation

AASM accredited sleep lab available at our Cleburne location to evaluate patients for sleep apnea and other sleep disorders

Interactive web site that allows you to request an appointment, view labs, communicate with your physician

JOSHUA

Heather L. McKenzie, MD
Robert M. Miller, MD
J. Mike White, MD
Brian Wasson, MD
Ava J. Land, FNP-BC
Matthew Hunt, FNP-BC

CLEBURNE

John T. Dang, MD
McDavid Mahaffey, MD
Stanley J. Johnson, MD
Clinton Twaddell, MD
Rebecca J. Thomason, FNP-BC
Crissy D. Welch, FNP-BC
Kevin B. Baker, PA-C
Ashley Gentry, PA
Souksavanh Bush, PA

**Full
service
lab and
x-ray**

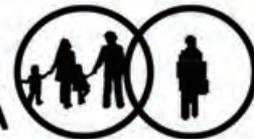
OPEN EXTENDED HOURS!

**Our Family Taking
Care of Yours**

FAMILY MEDICINE ASSOCIATES, P. A.

CLEBURNE - JOSHUA

Serving Johnson County in Primary Care for over 30 years



817.556.4800
220 N. Ridgeway, Cleburne
www.cleburnefma.com
M-Th 8-8 · Fri 8-5 · Sat 8-2 · Sun 1-5

817.447.1151
3517 S.W. Wilshire Blvd, Joshua
www.joshuafma.com
M-Th 7-7 · Fri 7-5

UNEXPECTED

Rewards

— By Lisa Bell



When Brooke Justice joined the Burlleson Rotary Club in 2008, he viewed it as a way to serve many organizations while being a member of only one. Rotarians support multiple local and international efforts, meshing well with his desires. Not long after joining, the volume of membership led the group to form a second club in Burlleson. Brooke's wife, Delight, opted for the Midday Rotary Club, while he remained active in the Morning Club.

When talking with the couple, their passion for working through Rotary beams like a bright light. Brooke's eyes sparkle as he discusses putting dictionaries into the hands of third-grade students. As a child, his parents read to him and made all types of books available, strengthening his vocabulary. Not all children receive this same advantage. "For most people, giving a child a dictionary seems like such a small thing, but there are a lot of third graders who do not own a book. Nobody reads to them," he said. "You would not believe how excited they get. Their eyes light up. We get lots of letters. Some I'm sure are initiated by teachers, but the kids are really grateful."

Although they love this project and enjoy receiving thank you notes back, the true unexpected reward for the couple came from hosting delegates from other countries. Through Rotarian participation in the Open World program and Group Study Exchange, Brooke and Delight meet people from other countries who sometimes change their lives.

Open World facilitates sending delegates to other countries, especially from areas with developing democracies. They learn as much as possible and return home prepared to make their cities, regions and countries better. Because the Rotary Club has international connections, they pair local members with these delegates. The members open their homes, becoming hosts to one or more visitors. In some cases, the groups share common language, such as the Group

CareNow

Family Doctors, Convenient Care



School Physical Special

Only \$18

(lasts until 9/30/13)



Dr. Richard Fleischer



Dr. Debra Ryder

1501 SW Wilshire Boulevard
Burlleson, TX 76028

(Wilshire and FM 731)

817-295-9400 • www.carenow.com

Get Social With Us!



ATLAS FOUNDATION CO., INC.
Serving this area since 1958...

**5 YEAR
FIXED RATE FINANCING
AVAILABLE**

Winner of 2006 Ft Worth
Better Business Bureau
Golden Torch Award

FREE ESTIMATES! NO SALESMAN

817-478-1181

Phillip Blandi
V.P. Ops

Loonie Ford
Owner/CEO

Darrel Ford
Owner/CEO

ATLAS FOUNDATION CO., INC.
817-478-1181

PRESSED PILINGS • STEEL PILINGS • SLABS • PIER AND BEAMS • MUDJACKING • DRAINAGE

  www.atlasfoundationinc.com   



Photo Courtesy Kerri Brookins Photography Model: Lacy Brookins

Danielle Elston

Hair Airbrush Make-Up
Eyelash Extensions
405.514.9106

 facebook.com/
DanielleElstonStylist

**TIGI
cosmetics**

Study Exchange team who traveled from Australia. With easy communication, friendships develop quickly.

When a group traveled from the Ukraine to Burleson, the Justice family graciously invited a delegate to stay with them. They never suspected the impact the young woman would have in their lives. One of few delegates who spoke any English, this young woman amazed them with all she had accomplished. In spite of the language barrier, they connected. Many conversations lasted late into the night and created an unlikely friendship.

Hosting the delegates, the couple joined other volunteers. They introduced them to city council meetings, parks departments, state legislation and many other opportunities to learn the way things work in America. They swore not to become too attached to this group. Yet eight days later, when the delegation left for home they all broke their agreement and cried.

“Ukraine isn’t exactly a common vacation destination,” they said. “We said goodbye, wondering if we’d ever see our new friends again.”

The language barrier didn’t prevent them from realizing a common bond of humanity. Because Brooke became president of the Burleson Morning Rotary Club in 2012, they missed an opportunity to visit Ukraine last year. As he finished his elected term in June 2013, they planned a much desired trip for late August. “We plan to hit the ground with boots on and check in hand,” Delight mentioned before they left, ready to support local projects. “We don’t know exactly what projects we’ll be working with until we get there,” she said, suspecting they would help with clean water and orphanages.

The couple planned to reconnect with members of the delegation on their home ground. One Open World delegate they met lives part time in France and the other part of the year in Ukraine. By the time they arrive, she will have left her home town and traveled back to France. Thanks to technology, the Justices remain connected to her, and they plan to stop in Paris for a chance to check on their young friend. The fears of not seeing friends again dissipated as the couple finalized travel plans. When they volunteered their home, Brooke and Delight didn't anticipate the unexpected return of potentially lifetime relationships, but they treasure the gift.

Brooke serves as immediate past president of the Morning Club, while Delight has just now concluded a two-year term serving on the Midday board of directors as international service chair. Going into the fifth year, the Midday Rotary Club focuses more on local projects, so she relishes the opportunity to participate with Brooke, while working toward involving her club more with international opportunities.

Rotarians support many different projects worldwide. The local clubs get to join with other clubs throughout the United States and in other countries. Funds raised at a local level combine with those of many Rotary Clubs to make the world a better place. An international project supported by local funds provides wheelchairs in places like the Dominican Republic. Brooke hopes to travel with a group someday to deliver huge shipping containers of wheelchairs. He wants to



Back to ~~School~~ Shopping!

SOUTHERN BELLE RESALE

20% OFF Clothing Only w/this Coupon Exp. 9/30/13

• Furniture • Clothing • Home Decor • Accessories

117 N. Commerce (Old Town Burleson)

Now Buying Gently Used Items **817-426-4486**



Alsbury Dental

• Blake Foust, DDS • Megan Belken, DDS
• Ashraf Seif, DDS

See what our patients are saying about us on **RateADentist.com**

Ask about our **NEW SMILE Protection Plan!**
Savings include: No-charge teeth cleaning & large dental discounts!

Comfortable & Affordable Dentistry for the Entire Family!

- Emergencies Seen SAME DAY
- Sedation & Nitrous Oxide
- Cosmetic Dentistry
- Veneers
- Teeth Whitening
- Implants
- X-BOX, TV
- WIFI

699 N.E. Alsbury (1/2 mile west of I-35 • Next to Sonic)
817-295-3070
www.alsburydental.com

Over 50 PPO plans accepted
CareCredit
Patient Payment Plans

<p>\$10.00 CUSTOM BLEACHING TRAYS after paid exam, x-rays & cleaning, or treatment with Harvest House donation. Regularly \$235 Expires 9-30-13</p>	<p>\$10.00 NEW PATIENT EXAM and X-rays with Harvest House donation. Regularly \$140 Expires 9-30-13</p>
---	---

Not valid w/ any other offers.



STUDIO C DANCE

Burleson's Performing Arts Training Facility

Classes in Ballet, Tap, Jazz, Hip Hop,
Lyrical, Musical Theatre and
Competitive Dance Companies

BACK-TO-SCHOOL 20/20 DANCE DEAL!

Refer a friend to
Studio C Dance
and they receive **\$20 off**
new student registration
and you receive **\$20 off**
next month's tuition!



Check us out on Facebook, for schedules, photos and info!

120 NW Newton Drive, Burleson, TX (817) 295-8277

studiocdance@sbcglobal.net • www.studiocdance.net

experience the stories he has heard of helping people who come from near and far to receive a wheelchair. "There's never enough," he said.

Rotary International joined forces with the Gates Foundation in an effort to eradicate polio throughout the world. Currently, only three countries experience the deadly and life-altering effects of a disease America once fought against. While we no longer worry about losing a child to this dreaded illness, other countries still do. The local clubs take pride in contributing to the effort.

On a local level, the Rotary clubs raise money to provide scholarships for seniors in the Burleson school district. Both clubs typically give over \$12,000 to deserving students. Both clubs provide not only funds, but often hands-on assistance to local charities such as Harvest House and Crowley House of Hope. When the tornado hit Cleburne in May, the Morning Club contacted the Cleburne club to see what help was needed. Both clubs deliver lunches through the Meals on Wheels program and participate in Burleson healthy lifestyle initiatives.

To raise funds, the clubs place and remove American flags for local business and residents who pay a fee for the service. The Rotary Morning Club initiated the Reindeer Run, which not only provides funding, but gets the community involved. Enjoying breakfast with Santa, running or walking and then sitting down to watch the Parade of Lights and the Burleson Christmas tree lighting has now become a tradition for many families.

The heart of a Rotarian isn't about meeting for fun, but about supporting the local community. Because of international Rotary connections, they can also go places inaccessible to many organizations. For the Justice family, being Rotarians is more than a club membership. Through this way of life, where they relentlessly give of themselves, they get back far more rewards than they ever expected. **NOW**

TOP AGENTS – NOW IN YOUR COMMUNITY.*



1009 Caleb Street
Burleson
3/2/2



804 Sheryn Drive
Burleson
3/2/2



2516 Buffalo Run
Burleson
3/2/2

Aggressive, full-service marketing plan.

Homes sold in an average of 72 days.

Homes sold at 98% of list price.

Melanie Brewer, Realtor/Owner
Buyers Specialist

214-923-3104

melaniebrewer@jhoustonrealty.com

Michelle Ozymy, Broker/Owner
Listing Specialist

214-534-8758

michellozymy@jhoustonrealty.com

Beth Woodall

Listing Coordinator

972-310-0415

bethwoodall@jhoustonrealty.com

The real estate market is changing.
If a move is in your future, put our team to work for you.

Call us for a **FREE CONSULTATION**
and **AUGUST LISTING SPECIALS.**

WWW.JHOUSTONREALTY.COM

*#1 REAL ESTATE TEAM IN ELLIS COUNTY 2009-2012



Call about our builder buyback program.

Ask About Our
Extended Hours



the best dentistry in Life is Free!

Worry Free...

Dental plan available for those without insurance

Ouch Free...

Gentle cleanings from our professional staff

Hassle Free...

Walk-ins always welcome

We're a Preferred Provider for HMOs & PPOs.



BURLESON
MODERN DENTISTRY AND ORTHODONTICS

Geoffrey Barnum, DDS

817-295-8884

www.BurlesonModernDentistry.com

FM 1187

Fort Worth
Sprinks Airport



**185 NW John Jones Dr, Ste 600
Burleson**

We are conveniently located in the H.E.B shopping center at NWC Wilshire Blvd. & John Jones Drive.

GET TO KNOW US SPECIALS

\$59
Exam, Digital X-Rays
& Cleaning*

Need Braces?
Braces for
as little as **\$99**/mo

With a down payment of at least \$250, offer valid on new orthodontic cases only, offer only valid with participation in monthly automatic Credit Card or bank card program. DMC. Payments may extend beyond the period for treatment, cannot be combined with any other offer.

*Regular value of at least \$290.00. In absence of periodontal (gum) disease. New patients only. Discounts may vary when combined with insurance and cannot be combined with other offers or discount plans.

Enjoy the New You.

Med Spa At Seena One

Laser Hair Removal Specials

\$999 Full LEGS

\$79 BASIC BIKINI

\$59 MICROPEEL

\$99 - 6 INFRARED SAUNA
SESSIONS

Photofacial • Laser Vein Therapy • Botox • Facial • Microdermabrasion
Massage • Sauna • Body Wrap • Laser Hair Removal

Latisse
topical prescription tretinoin 0.05%

Juvéderm XC

BOTOX
Cosmetic
onabotulinumtoxinA

701 E. Rendon-Crowley Road | Burleson

www.spaseena.com | info@spaseena.com | 817-509-0405





817•447•CIGS
(2447)

339 NW RENFRO STREET
BURLESON

Enjoy Smoking
But Need to
Quit?

Now You Can Have
The Best of Both Worlds.



Joyetech
JOY Life With E Technology

Specializing in
Joyetech
Products

**10% OFF
IN-STORE
PURCHASE**
EXP: 9/30/13

NOW ACCEPTING
APPLICATIONS

VAPOR IS SMOKE
FREE WE CARRY
ELECTRONIC CIGARETTES
PERSONALIZED NICOTINE AVAILABLE
ELECTRONIC CIGARETTE ACCESSORIES

THE ULTIMATE HEALING KIT PRESENTS



www.revvinfortheribbon.com

Saturday, September 21, 2013

1 p.m. Greet The Riders as they cross the Finish Line
1:30 - 6 p.m. VENDORS • FOOD • SILENT AUCTION • LIVE MUSIC
QuikTrip Park 1651 Lone Star Pkwy. • Grand Prairie, TX 75050



Proceeds benefit the local 501(c)3 nonprofit organization
The Ultimate Healing Kit which helps Breast Cancer Patients heal after surgery.



Announcing...
Our New
Assisted Living
and
Memory Care
Community

Heritage Place has long been known for offering superior Independent Living services to our residents, and now we are excited to announce our new Assisted Living and Memory Care community, opening in 2014. With our new community comes a fresh new look, but what isn't new is our commitment and dedication to the seniors that call our community 'home'.



Call us at (817) 568-1000
or stop by today to see how we
can help the senior in your life.

300 Huguley Blvd., Burleson, TX 76028
www.HeritagePlaceLife.com



A Sagora Senior Living Community





FREE FIRST 6 MONTHS
Weekly Pool Maintenance
with each new pool build

- ▶ WEEKLY SERVICE
- ▶ NEW CONSTRUCTION
- ▶ RENOVATIONS & REMODELING
- ▶ EQUIPMENT REPAIRS/UPGRADES
- ▶ PLASTER, TILE & COPING

- ▶ OUTDOOR KITCHENS
- ▶ DECKING
- ▶ SALT SYSTEMS
- ▶ WATER FEATURES



We ALSO offer Landscape Lighting
Let us light up your life and add beauty to your outdoor surroundings!

You can just have a pool, or you can have a BlueWater pool!
Our showroom is located at 10424 FM 1902 • Crowley, TX



817.297.7120
www.BlueWaterCustomPools.com

GAME POINT. WHERE THE SWEET SMELL OF VICTORY IS, WE ARE THERE.



LONE STAR
Orthopaedic and Spine Specialists, PLLC

- We Specialize in:
- » Minimally Invasive Spinal Surgery
 - » General orthopaedics
 - » Sports Medicine



Christopher Werner, D.P.M.



Von L. Evans Jr., M.D.



John A. Malonis, M.D.



Gupreet S. Bajaj, M.D.



John A. Thomas, M.D.

215 Old Hwy 1187 • Burleson, TX 76028
Phone (817) 926-BONE (2663)

WWW.LONESTAR-ORTHO.NET



CARING for a Prince

— By Lisa Bell

Once upon a time, Chandra Chellappan lived with her family in Houston. She and her sister often dressed up as princesses, but Chandra dreamed of becoming a doctor. With her small medical bag, she practiced on siblings, listening to hearts with a tiny stethoscope and using a pretend syringe to draw blood. Reared in Hico, Jared Keller was the middle child, an all-star athlete who fished when he had the chance and never fantasized about becoming a king. If only he had known what the future held.

After graduating from high school with college credits already on her transcript, Chandra pursued her goal of becoming a doctor, eventually studying at Texas A&M University Health Science Center College of Medicine.

One weekend in December 2004, both visited Austin with friends. On the legendary Sixth Street, Jared met a beautiful princess. She was easy going and so sweet, exactly the opposite from him.

“That was it,” he said. “I settled down from my wild ways. She probably never had any wild ways, but



At Home With Jared Keller & Chandra Chellappan

I did.” From the beginning, his family loved her, and she loved them.

“He fell for me pretty quickly,” Chandra said. “He was persistent.” She was a little more reluctant, thinking it wouldn’t last. “But after a couple dates, we both knew we had indeed found *it*.”

March 20, 2013, they celebrated their third wedding anniversary, five days after their prince, Jax, arrived. Even before they became pregnant, Jared knew he would care for their newborn. A little shaky at first, he soon grew comfortable in the role of Mr. Mom. “It’s easier than I thought it would be,” he said. “He laughs and smiles all the time and only cries when he’s hungry or needs a diaper change. Piece of cake.”

“He’s the best Mr. Mom ever,” Chandra added. In the evenings, when she plays with Jax, Jared gives her tips about what the baby likes. “I went back to work after five weeks,” she said. “I wanted to be with my patients, but I couldn’t have gone back so early without my husband taking care of our son.”

Originally, she wanted to be a sports medicine doctor hoping to be team doctor for the Dallas Cowboys. Medical school changed her mind. During her third-year OB/GYN rotation, Chandra

BEST BUY WALK-IN BATH TUBS



\$500.00 OFF

Installation

(with purchase by 9/30/13)

Visit Our Showroom

4053 Action Hwy, Granbury

817-326-3003

www.bestbuywalkintubs.com

Granbury Chamber of Commerce Member
Locally Owned And Operated

Family Owned
Texas-Built

Lifetime Guarantee
Against Leaks

Great for circulation,
arthritis, stiff joints
and relaxation.

Angie's list
Reviews you can trust.



Granite, Marble & Quartz Fabricator for
Kitchen & Bathroom Countertops

Extensive Color Selection Combines
Beauty, Function & Elegance for
any Bathroom or Kitchen!

*Making
your kitchen
dreams a reality!*

- **FREE Estimates**
- **Competitive Pricing**
- **Up to 15-Year Warranty on Some Products**



Come see our wide selection!

SHOWROOM HOURS:
MON-FRI: 8AM - 5PM
SAT 10AM-2PM

FREE

18-gauge Stainless Steel Sink (\$350 value)

Call or visit our Web site for details!

www.MTMCOUNTERTOPS.com

MTM Countertops

2460 Hwy. 287 N. • Mansfield • For more info call 866-439-1935.

(Northbound service road - between Callendar Rd. & Turner-Warnell)





found what she really loved. “Ninety-five percent of the time, it’s just happy,” she said.

As she prepared for and took board exams, Jared acted as liaison with recruiters. They wanted to stay in North Texas, in an area that felt like home. Then, as fate would have it, she received an email asking if she had any interest in Huguley Hospital, now part of Texas Health Resources. She didn’t hesitate. They wanted to move away from the

hustle and bustle of Fort Worth before starting a family, and knew Burleson would be perfect.

She heard about a home for sale in a new development near the hospital. One day after work, she drove through the neighborhood. Fortunately, she recognized a man from a Burleson After Hours networking event who was a home builder. He showed her a model home with a healthy amount of stone and a turret, which immediately caught her eye.

She always wanted a tower on her house. She knew Jared would love the open concept, and he did. With a few tweaks, they had the floor plan for their home, where they’ve lived since July 2012.

Approaching the two-story home, visitors might look up, half expecting to see a beautiful maiden peering down from the turret. Inside, a spiral staircase and spacious entry feel like a castle. The builders designed the space as a formal dining room. With an adequate dining

**Have a teen driver in your household?
Have they had a wreck recently?
WE CAN HELP!**

**Also keep them safer by replacing
that cracked windshield!**

10% OFF
All non-insurance
Glass Replacements
817-295-2278
When you mention this ad.
Not available on fleet
or insurance accounts.

FREE
Mobile Auto Glass Repair
Chip Repair

**Complete Collision Repair
PDR**
(Paintless Dent Repair)

LIFETIME WARRANTY on GLASS & COLLISION WORKMANSHIP

Auto Glass

CAMPBELLS Auto Body
an Ideal Collision Repair Company

Family Owned and Operated for 27 years!

817-295-0446
www.campbellsautobody.com
451 N. Burleson Blvd.
(west side of I35W - just south of Wilshire/174)

**Accents
of Burleson**
121 NE Wilshire • 817-447-3315

20% OFF
purchase of
Johnny loves June jewelry

Furniture & Home Decor From Rustic to Classic
Gifts for every occasion
Baby & Bridal Registry Available
Gleburne • Granbury • Keene
www.accents-home.com

“But after a couple dates, we both knew we had indeed found it.”



SUNSET WINERY
The Best Little Wine House in Texas™



Summer may be winding down, but here at the winery, we're ready to play!

Join us every week for **HAPPY HOUR!**
Fri & Sat from 4-6:30 PM!
Wine specials, frozen sangria, and free popcorn on the deck!

- 12-15th • Grapevine Grapefest
Visit us at the fest!
- 20th • Wine Down!
Born in Sept? Might be a surprise just for you!
- 28th • Cleburne Wine Festival!
Visit us at the Fest!
- 27th... • Texas State Fair
We'll see you there!

[Facebook.com/SunsetWinery](https://www.facebook.com/SunsetWinery)

ATLAS
BUILDINGS, POOLS & SPAS

Established 1981 in Texas

32
PLUS YEARS
EXPERIENCE

SEPTEMBER
SPECIALS



10% OFF

The purchase of any storage building with the mention of this ad.

MONTHLY SPECIAL GOOD THROUGH SEPTEMBER 30TH

Ask about our pools, spas, carports, garages, fences, decks, patio covers, room enclosures and more.

9600 S. FREEWAY
FORT WORTH, TX 76140
817.551.5655

1523 S. BECKLEY
GLENN HEIGHTS, TX 76140
972.230.9030

www.atlasbuildingsystems.com

NOW HIRING/TRAINING SCHOOL BUS DRIVERS



Charter a bus with us:
www.durhamcharterservices.com

CDL Training Provided
Split shift part-time schedules
Additional hours available with field trips/charters

Apply in person:
1160 SW Wilshire Blvd
Or call:
817-245-1180

Opportunities in Burleson
Industry Leading Training Provided
No experience necessary
Medical/Dental/Vision and other benefits available
Bring your children to work (some restrictions apply)
Durham School Services conducts pre-employment drug screening, criminal background and motor vehicle record checks.



area between the kitchen and back door, Chandra had other plans. She grew up playing an upright piano, but always said, "One day, I'm gonna get a baby grand." With extra space, she did. Paintings of Venice and the Sea of Galilee bring continuity to the living room and open area. Chandra's aunt created two of the paintings.

Chandra uses a small office to take phone calls, protecting patient privacy. A Texas-theme fills the room, including a historical picture of Hico. Jared modified the space to include a hidden doorway into the closet and master bathroom. The couple agreed to have less office space in exchange for more closet space. The master bath has a large separate shower and garden tub plus his-and-her sinks created with height differences in mind.

Chandra modified the master bedroom design to include a doorway opening to the patio, borrowing the idea from her parents' house. With a love for the outdoors, they wanted a direct escape to the back yard. Jared's favorite room technically lies outside of the four walls. On the back patio, an outdoor kitchen looks over a beautifully designed pool perfect for Texas summers. Gated to protect their baby and other children, they strategically placed plants around the yard and added wicker furniture. With the tropical getaway feel, they look forward to celebrating holidays and hosting cookouts with friends for many years.

Look who's found a new home at First United.

Samie Campbell has over 13 years experience in the Financial Services Industry.



Samie Campbell
Branch Manager
NMLS# 277792

Good news for Burleson area prospective homeowners

Call today to ask Samie about:

- Quick approval with no application fee
- First-time home buyer loans
- Flexible financing options
- Construction to permanent loans
- FHA, VA and USDA loans
- Jumbo loans
- Debt consolidations

308 E. Renfro St., Suite 206
Burleson, TX 76028
817-447-4443
sjcampbell@firstunitedbank.com
sjcampbell.fubmortgage.com

For all your mortgage needs, call me today!



U MORTGAGE

Banking • Mortgage • Insurance • Wealth Management

EQUAL LENDER FDIC

Inside, the kitchen features a gas stove, lots of granite, an island and plenty of space for cooking. "Jared is the cook of the family," Chandra stated.

A gracious couple, they enjoy entertaining guests. Jared's mother and aunt decorated one of the extra bedrooms with simple elegance. A second guest room has a rustic feel, although Chandra hasn't completed adding her personal touches yet.

An area complete with multiple plugs lies at the top of the stairs. Adding a desk will make it the perfect spot for children to do their homework. The upstairs looks down into the living room, reminiscent of viewing a ballroom below.

Jared's second favorite room, his man cave, opens off the game room, which holds a pool table. Complete with theater seating and a big screen TV, he enjoys time watching sports games or playing Xbox. However, he welcomes Chandra and guests into his cave for the Super Bowl or movie nights.



Chandra's favorite room in the house belongs to Jax. Opening the door transports a visitor into a little log cabin, complete with a window view of a lake and beautiful trees painted on the wall. Camouflage bedding adorns the crib. They used duck blind wrap to create curtains for the actual window in the room. Chandra looks forward to entertaining her son's friends. "I can't wait until his friends come over to play and have sleepovers," she said.

Jared envisions having acreage with a lake or river someday, where he hopes to take Jax fishing every day, and Chandra agrees. Together, they hold onto that dream for their future, while savoring the present. "I'm definitely happy with where I am in life right now," Chandra said, "just living my dream." **NOW**

September "Coop-On" Specials
Mention our ad for specials good thru 9/30/13
(Specials for hair services good w/select stylist only)

Cooper
SALON & SPA

832 E. Renfro • Burleson, Texas
817-447-1922  CooperSalonAndSpa.com

Gift Cards Available Instantly From Our Web site:

Hydrating Hibiscus Chem Peel w/Soothing Mask \$60

\$20 OFF Massages Tue & Thur

Brazilian Blowout \$135 (Save \$65)

Roller Set \$20 with Prebook (Save \$7)



 Burleson Opportunity Fund
BREAKFAST OF CHAMPIONS
Benefiting Higher Education Opportunities

Join us for breakfast as we honor
RICHARD CRUMMEL
Former Burleson Independent School District Superintendent

Celebrate with fellow community champions as we honor Richard Crummel and raise funds to expand higher education opportunities in Burleson.

THURSDAY, OCTOBER 10, 2013
7:30 a.m. - 9:00 a.m.
First United Methodist Church of Burleson
590 N.E. McAlister Rd.
Burleson, TX 76028

DON'T WAIT - RSVP TODAY!
To RSVP, please contact:
Kellye Cunningham
kcunningham@burlesontx.com
(817) 426-9682

For more information go to:
www.BurlesonOppFund.com



First Steps for LONDON

— By Erin McEndree

Music was a requirement in Demond Spraberry's family. His mom was a choir director and played piano. His grandmother always made sure he was at every lesson. Back then lessons cost between \$1 and \$5. When he started playing at church, he received \$25 on Sunday. With more experience, his pay increased. When his daughter, London Jade, was born with tibial hemimelia, music was the talent Demond used to help his family financially, while bringing awareness about her rare condition to the community. "I was always involved in music at church, so when London was born with a rare disorder, I participated in several musical benefits to get the word out about London," Demond said. "I also wanted to help other frustrated parents find hope for this one-in-a-million condition."

When you walk into the Spraberry house, the four children are playing, swimming, reading or using the iPhone

“She is a happy girl.”



apps on Shenan’s phone. They do what typical kids their age do. Even 2-year-old London plays with blocks and says words to get her family’s attention. She does not let the large apparatus on her right foot deter her from doing what 2-year-olds do. She is a happy girl and does not understand that she was born with a condition called tibial hemimelia. Her parents did not know what a long battle it would be to find a doctor who specializes in this skeletal abnormality.

The lower leg has two bones: the fibula and the tibia. Tibial hemimelia is a partial or total absence of the tibia and is the rarest form of lower limb deficiency present at birth. This causes a foot deformity, and the knee may also be affected. Demond and Shenan thought London had a clubfoot. They were devastated to learn it was the rarest form of a skeletal abnormality, which presents in many variations of malformation. London’s right tibia did not form completely, and her ankle joint is also malformed. They were even more devastated when every doctor they confided in suggested amputation. They saw every doctor imaginable to rule out every possible syndrome. “We did a lot of praying and a lot of crying,” Demond said. “Shenan searched the Internet and finally found the expert in Florida who specializes in tibial hemimelia.”

When they went to see Dr. Paley, he told them two things: “First, this is the last foot I’d cut off. Second, London will be able to walk again.” Dr. Paley

More CHOICES for *YOUR* INSURANCE NEEDS



Justice
INSURANCE

A MEMBER OF ANN GIBSON INSURANCE GROUP
SERVING NORTH TEXAS SINCE 1964

“JUST What You
Need To Save Money!”



You need an
independent insurance agent.



Delight Justice

817-295-5878 (JUST) 124 West Renfro
@ Wilson St. Conveniently located in Old Town Burleson

EASY to Operate.
EASY to Maintain.
HARD to BEAT.



© 2013 Kioti Tractor Company a Division of Daedong-USA, Inc.

Meet the compact and powerful KIOTI® CS2410. With hydrostatic transmission and a tight turning radius, hard work has never been so easy, or fun.



KIOTI.com

**0% Financing Available
or Instant Cash Rebate***

COSPER TRACTOR, LLC
Authorized Dealer for Over 25 Years
3456 S. I35 W. • Alvarado, TX
817.783.5757
www.cospertractor.com

*with approved credit

fort worth ent

EAR NOSE & THROAT

- Children to Adults
- Surgery for Hearing Loss
- Chronic Ear Disease
- Snoring/Sleep Apnea
- In-Office Balloon Sinuplasty
- Septoplasty/Rhinoplasty
- Balance Disorders
- Hearing Disorders/Hearing Aids
- Skin Cancers of Face/Neck
- Allergy/Sinus Disorder/Allergy Shots
- Thyroid/Parathyroid Surgery

817.332.8848

1250 8th Avenue, Suite 135 • Fort Worth, Texas 76104



J. Roy Lowry, DO



Jeremy P. Watkins, MD



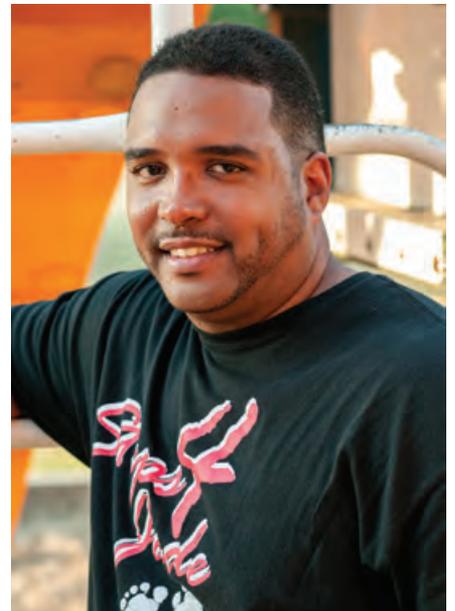
John B. McIntyre, MD



“We did a lot of praying and a lot of crying.”

was instrumental in finding new surgical techniques for the treatment of limbs. The Spraberrys were relieved. They were determined to do what ever it took to help London over this hurdle in her life. Shenan is a counselor at Sherrod Elementary, and she had to take off work to travel back and forth to Florida for treatment. London would need multiple surgeries and physical therapy to correct the malformation of her right leg.

To help finance these long trips to Florida and the upcoming surgeries, Demond performed several musicals at church. “One was a fried chicken dinner musical,” Shenan laughed. “We wanted to increase awareness of London’s condition to help others going through this. We wanted people to know there were options out there. Church seemed



COMING SOON
OUR HOLIDAY
OPEN HOUSE
AND COME SEE ALL OUR
CHRISTMAS PRODUCTS.

MORETTI'S GOURMET POPCORN

TALK TO US ABOUT OUR FUNDRAISERS & NEW FALL PRODUCTS. AND CHECK OUT OUR HOMEMADE TOFFEE AND TURTLES!

(817) 426-2100
251 SW WILSHIRE BLVD, BURLESON



the natural place to start. The musicals were a blessing because I had to take off work for so long." The family also wanted to start a nonprofit organization and a website to further help families with information and other needs.

"We kept everyone updated on how her surgery was going through the website," Shenan said. "We stayed in Florida for three months the first time to make sure every thing was working properly on the apparatus on her leg." The apparatus consists of several stationary pins in London's leg and foot. They are connected to a mechanism that lengthens London's leg and improves the angle of her foot. Shenan has to rotate the pins in her leg everyday. Ever-so-slowly London's foot is moved to the correct position.

While Shenan and London were gone, Demond did his best to take care of Amare, Christian and Korth. The kids missed their mom. They didn't understand what their mom and sister were going through. Shenan's mom, Delphine, was a blessing and tremendous help. With Demond in his last year of chiropractic school, he also had to be gone a lot. "It was not uncommon for me to make a two-hour drive to Dallas," Demond said.

After four years in the Air Force, he was a police detective for seven years. "Then my wife wanted me to change careers," Demond said. The danger and the long hours were not a good match for this family. Now, Demond is home more and not in danger, unless you

We Deliver at Baylor

(Andrews Women's Hospital Fort Worth)

*Dedication and Compassion
for Women's Health*

Texas Health Care

Obstetrics & Gynecology

(817) 924-2111

2 Locations to Serve You

1250 8th Ave. Suite 320
Fort Worth, TX 76104

12608 South Freeway
Burleson, TX 76028

(Inside Baylor Pain Management next to Half Price Books)

Alicia Larsen, M.D.

ASK VONNA

"Your Personal Decorator"

Ask me your decorating question
and check my website for tips:

www.vonnapool.decoratingden.com

"HOW CAN I PUT
THE WOW FACTOR
IN MY DINING ROOM?"

-SUE WOOD

Vonna Pool

vonnapool@decoratingden.com

When furniture, lighting, art, accessories and window treatments are all put together purposefully, an ultimately perfect and beautiful room can be easily achieved. Window treatments are sometimes the most impacting part of a room, adding color and creating a unique look.

Did you know there are virtually thousands of fabrics and design choices available to make your home's windows beautiful, functional and different from anyone else's? It's true! Designing the perfect window treatment for your home communicates a lot about you and your lifestyle. Plus, nothing adds more drama and pizzazz to your home's overall design plan than custom-designed window treatments.

I choose from a multitude of manufacturer's fabric samples to pick ones I feel will work best for my clientele's needs, desires and budget. I love finding, designing and providing a window treatment completely unique to each client. Whether you choose simple and elegant side panels or elaborate swag and jabot designs, when your preferences are combined with my expertise and fabric collections, the result is a perfect solution each and every time.

Call to schedule a free in-home consultation.

817.447.1185

RAPID BODY MAKEOVER

The Fat Burning Begins NOW!

Women Only!

Four weeks of fun, energizing outdoor activities designed to help you reach your fitness goals **FAST!**

ALL SHAPES, SIZES, AGES AND FITNESS LEVELS WELCOME!

BURLESON

ADVENTURE
BOOT CAMP

HURRY!
Camp Starts
SEPT. 16TH
Sign up online

SIGN UP ONLINE! (817) 719-0355

MetroplexBootCamp.com

count Dallas traffic. He has one more year of chiropractic school. "I am on the downhill side, so that is a good thing," Demond said.

To relax, Demond plays music on just about every instrument you can think of. He writes songs, too. "If I'm playing music, it is late at night after family time or early Sunday morning," Demond said. Reading music was hard when he was a kid, but his grandma would wake him up early every Saturday morning for lessons. "That was back when they still paddled



your hands with a ruler," Demond explained. "I didn't like it, but I'm glad I stuck with it."

When London is older, she will be thankful her mom and dad stuck with trying to find a solution for her condition. For now, she is turning into a rough and tough little girl with two older brothers who are very protective. London is pretty popular in her community, and she even appeared on a TV show. *Inside Edition* came to the first surgery and filmed all day. They followed London through pre-op, surgery and post-op. They also filmed an older girl whose surgery had been successful to show what the goal was for London.

"We were frustrated and knew nothing about tibial hemimelia," Demond explained. "I want to help others be aware of their many options, so they can decide what is best for their situation and their family." Demond will always play his heart out for his daughter. He knows God has given him a gift of music — one he uses to benefit his family and glorify God. He wants to share with others London's journey of taking her first steps. **NOW**

Editor's Note: For information about London and tibial hemimelia, visit www.steps4Jade.com.

Get Ready

Embark on an active lifestyle at Bethesda Gardens!

With social and recreational activities, it's an adventure every day.

- No Long-Term Contracts
- Elegant Living Atmosphere
- Spacious Floor Plans
- Transportation Available

Bethesda Gardens
A BETHESDA SENIOR LIVING COMMUNITY

Bethesda Gardens

Assisted Living and Memory Care

5417 Altamesa Blvd. Fort Worth, TX 76123

817.292.8886 • www.BethesdaSeniorLiving.com

TRENDY FASHIONS

GREAT PRICES

10%
off purchase
with this ad

It's A Cowgirl Thing
Fashion Boutique

Located behind Burleson Walmart
785 West Hidden Creek Pkwy
817.980.8046 Tues - Sat 10am - 7pm

**Fabulous Fall
Microdermabrasion Special
Buy 4 get 2 of equal
or lesser value FREE**

Microdermabrasion \$85
*Superficial exfoliation of the skin
to improve texture, tone and acne scarring.*

Medical Microdermabrasion \$95
*More aggressive treatments with our surgical-grade
machine allowing removal of deeper layers
of the skin and faster results for the hard-to-treat areas.*

Enhanced Microdermabrasion \$110
Includes progressive layer of enzyme

✦ Laser Hair Removal ✦ Skin Rejuvenation ✦ Laser Vein Removal
 ✦ Skin Tightening ✦ Facials ✦ Dermal Fillers
 ✦ Botox ✦ Microdermabrasion ✦ Chemical Peels
 ✦ Body Contouring ✦ Sclerotherapy

CONVENIENTLY LOCATED INSIDE
 FAMILY MEDICINE ASSOCIATES

3517 SW Wilshire Blvd., Joshua
220 N. Ridgeway, Cleburne

817-447-5270
www.laserrejuv.com

LASER REJUVENATION

Owned & operated by family physicians & nurse practitioners.

**How To Get Rid Of
Knee Pain Once And
For All...Without Drugs,
Shots, or Surgery**

*Now, in Fort Worth, TX, one doctor is helping local
residents with knee pain live
more active, pain-free lives.*

**Do You Have Any of the
Following Conditions?**

- Arthritis
- Knee pain
- Cartilage damage
- 'Bone-on-bone'
- Tendonitis
- Bursitis
- Crunching & popping sounds

My name is Dr. Denton James, owner of Fort Worth Spine & Disc Center. Since we opened, we've seen many people with knee problems leave the office pain free.

If you're suffering from these conditions, a new breakthrough in medical technology may completely eliminate your pain and help restore normal function to your knees.

**Finally, An Option Other
Than Drugs or Surgery**

This pain-free, non-surgical approach works by stimulating the body's natural healing processes, providing pain relief and reducing injury damage. This leading-edge technology has an impressive success rate of returning patients to work, sports and competitive activities, as well as everyday life.

Here's What Patients Say ...

"Before I started laser treatments at Fort Worth Spine & Disc Center, my knees hurt all of the time, especially at night. After 2 or 3 treatments, both knees hurt less. After finishing the prescribed treatment plan, both knees hurt NO more! Thanks"
- Ray, age 84

**Fort Worth Spine & Disc Center
Denton James, D.C.
4747 S. Hulen St. #101
(across from Hulen Mall)**

**CALL TODAY TO
SCHEDULE YOUR \$35 KNEE PAIN
EVALUATION**

(Most doctors charge \$250 or more for these services!)
AVAILABLE TO THE FIRST 25 CALLERS!

www.jameschiropractic.net | 817-292-3553

Direct Mail Advertising Works!

Let Burleson*NOW* magazine present your advertising message to

**over
35,800**

Home & Business addresses in the Burleson, Crowley & Joshua ZIP codes

For more information please call your local advertising representative.

817-477-0990



Melissa McCoy



Lisa Miller

NOW
MAGAZINES
Bringing the best of the community home

**We Do Country
And We Do Rock!**

Pulliam Pools
www.pulliam.com

Other:
Renovations
Pool Covers
Fireplaces
Outdoor Kitchen

817.346.4778
2725 Altamesa Blvd.
Fort Worth, TX 76133

817.613.1910
3292 Fort Worth Hwy
Hudson Oaks, TX 76087

Pulliam Pools would be honored to build your outdoor stay-ca-tion destination!
Pulliam Pools was ranked 2012 Top 5 Pool Builder in the Nation by *Pool & Spa News*.

Comprehensive, quality medical care *for the entire family.*

We now offer
the most advanced,
noninvasive
procedure for leg
pain and varicose
veins!

OUR SERVICES INCLUDE:

- Family Medicine
- Urgent Care
- Allergy Testing
- Varicose Veins
- Men's Low-T Treatment
- Women's Bioidentical Hormones
- Weight-loss Management
- ADD/ADHD
- Depression
- Anxiety
- Complete Physicals
- Well-child visits & school physicals

Men's Low-T
Treatment!



Kevin Kallal, M.D.



Aron Nigh, P.A.-C

LET US EXCEED YOUR EXPECTATIONS

For over 20 years, Dr. Kevin Kallal has been providing exceptional medical care to families in Keller and the surrounding communities, and since April 2013, he has brought his knowledge and experience to a new clinic in Mansfield.

Dr. Kallal and his team, including lead clinician, Aron Nigh, P.A.-C, want to earn your trust as they focus on patient satisfaction and personalized care.

"Our focus has never been on volume, we strive to exceed our patient's expectation of health care."

-Dr. Kevin Kallal

With experienced staff and informative providers, we are sure to meet your family's health needs!



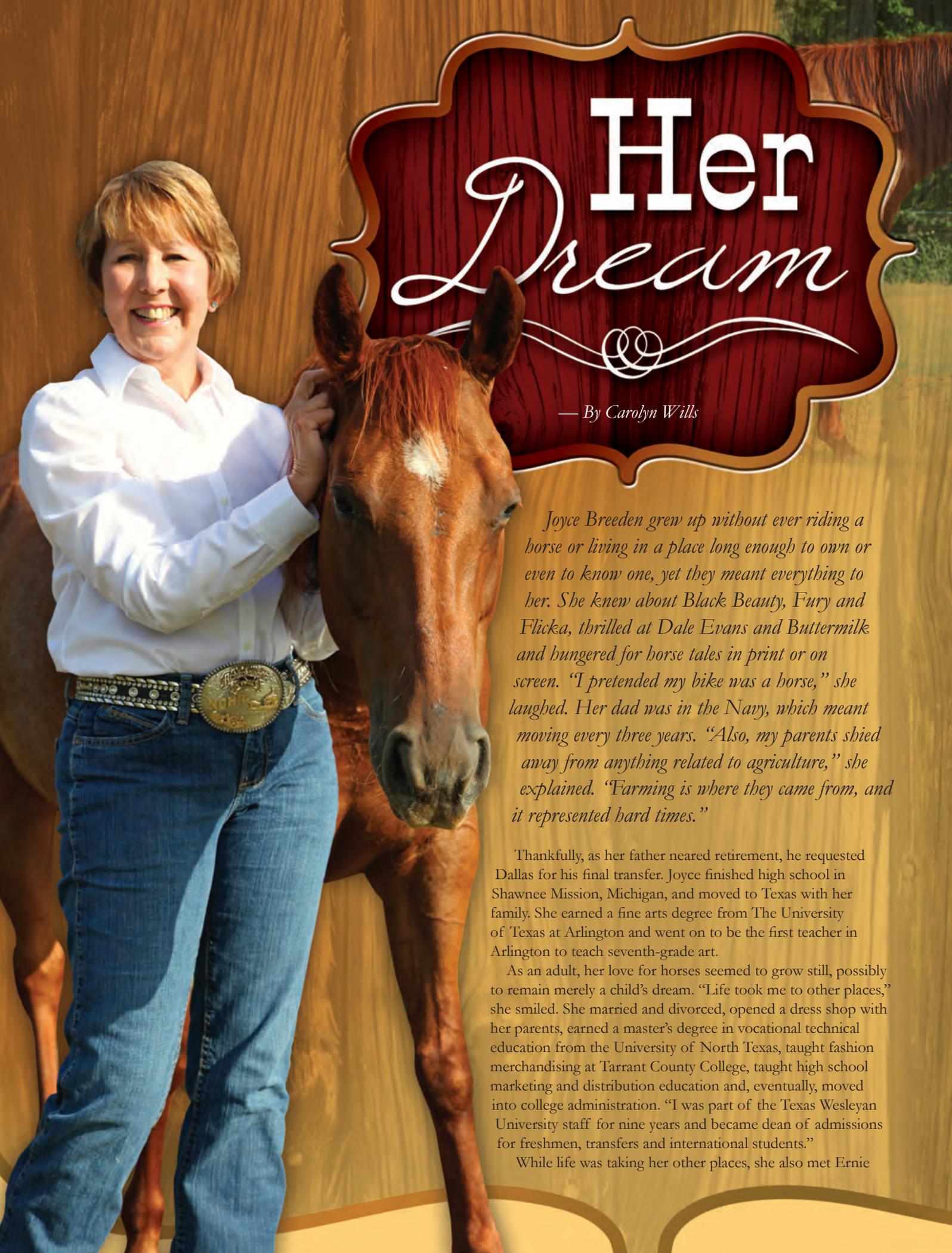
KALLAL MEDICAL GROUP

MOST INSURANCES ACCEPTED ■ OPEN MONDAY- FRIDAY 8 AM - 5 PM

Call TODAY for an APPOINTMENT **817 405-0200**

2170 Matlock Road, Suite 102
@ Country Club
Mansfield, Texas 76063

www.kallalmedicalgroup.com

A woman with short blonde hair, wearing a white long-sleeved shirt and blue jeans with a large silver belt buckle, stands next to a brown horse. She is smiling and has her hands on the horse's neck. The background is a wooden wall. The title 'Her Dream' is written in a decorative font inside a dark red, ornate frame. The author's name '— By Carolyn Wills' is written below the title.

Her Dream

— By Carolyn Wills

Joyce Breeden grew up without ever riding a horse or living in a place long enough to own or even to know one, yet they meant everything to her. She knew about Black Beauty, Fury and Flicka, thrilled at Dale Evans and Buttermilk and hungered for horse tales in print or on screen. “I pretended my bike was a horse,” she laughed. Her dad was in the Navy, which meant moving every three years. “Also, my parents shied away from anything related to agriculture,” she explained. “Farming is where they came from, and it represented hard times.”

Thankfully, as her father neared retirement, he requested Dallas for his final transfer. Joyce finished high school in Shawnee Mission, Michigan, and moved to Texas with her family. She earned a fine arts degree from The University of Texas at Arlington and went on to be the first teacher in Arlington to teach seventh-grade art.

As an adult, her love for horses seemed to grow still, possibly to remain merely a child’s dream. “Life took me to other places,” she smiled. She married and divorced, opened a dress shop with her parents, earned a master’s degree in vocational technical education from the University of North Texas, taught fashion merchandising at Tarrant County College, taught high school marketing and distribution education and, eventually, moved into college administration. “I was part of the Texas Wesleyan University staff for nine years and became dean of admissions for freshmen, transfers and international students.”

While life was taking her other places, she also met Ernie



"I've just turned 65 and will now show in the senior classes. I have wonderful trainers, don't take terrible risks, and I've ridden enough to not confuse my horse."



Breeden. "It was 1974. I was divorced and living in a neighborhood where I didn't know anyone," she said. "I was working, going to school, barely keeping my head above water and not doing a very good job of caring for the yard and house." Slowly, she noticed that somehow things were being tended to and, eventually, traced the kindness to two young men just home from Vietnam. One of them, the one with a mustache and aviator glasses, asked her out. "We started talking, didn't quit, soon became inseparable and married on May 13, 1976." Two years later, they welcomed their daughter, Carlette.

When Carlette was not yet 6

READY TO GIVE YOUR KIDS THE BEST START FOR THE UPCOMING SCHOOL SEASON?

- Free vaccines for children ages 0-18 years of age.
- Sports Physicals - \$20

- PEDIATRICS
- ADULTS
- GYNECOLOGY
- MINOR EMERGENCY D.O.T.
- SPORTS PHYSICALS

Quality Affordable Healthcare
for the Whole Family



Heather Gardiner FNP-BC



Rusty Short FNP-BC



Jack Short D.O.

Jack Short D.O. Rusty Short FNP-BC
Heather Gardiner FNP-BC

817.295.5200
WWW.SHORTFMC.COM

101 NW Ellison ST, Burleson TX 76028



GOLF ETC.
We Fit Your Game.

YOUR PERFORMANCE FITTING CENTER

Authorized dealer of all major brands on the PGA tour.

FULL REPAIR SHOP IN HOUSE
Custom Fit • Custom Built

50% OFF
Driver & Iron Fittings
w/ Coupon Exp. 9/30/2013

2650 SW Wilshire, Ste 100
Burleson, TX 76028
Store: 817.484.2833 • Fax: 817.484.9833
www.golfetc.com

GENTLE TOUCH
Services, Inc.

Serving the needs of the
Disabled • Senior Citizens • Veterans.

NEED A RIDE?
Non-Emergency Transportation
Private pay or Medicaid accepted
24-hour advance notice required for yourself & guest.

CALL
(817) 289-0160
OR (817) 709-0914
YOU MAY ALSO
VISIT US AT
WWW.GTS3.NET
TRIMIAR@GTS3.NET

12300 BEAR PLAZA, SUITE 412 BURLESON, TX 76028

Fall Back in Love with your look.

Grand salon.spa
 HOURS: TUES.-SAT. 9A-6P

	  	25% OFF ANY PERMANENT MAKEUP	FREE EYEBROW WAX OR HAIRCUT WITH ANY CHEMICAL SERVICE	\$10.00 OFF 1 HOUR OR MORE MASSAGE
---	---	--	---	--

*WITH PARTICIPATING PROFESSIONALS EXP. 9-30-13

780 Alsbury Blvd. Suite D • Burleson • 817.426.4615 • WWW.GRANDSALONSPA.COM

Buying or Selling?
 Visit our website at www.wethingtonteam.com

Give Us A Call and we will get you **MOVING**

KELLER WILLIAMS.
 REALTY

like us on  817.929.3189

The Wethington Team

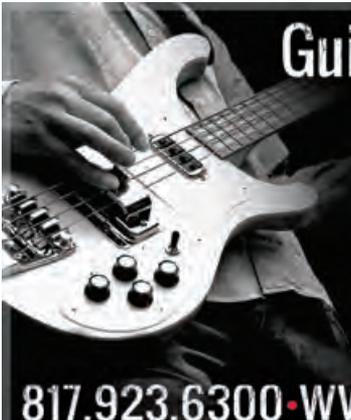


Guitar Service & Repair
by Tradition® Guitars inc.
Electric & Acoustic

Open Tuesday thru Saturday 10AM - 4PM
 or call for an appointment.
 In Burleson off East Renfro St. (old Alvarado Hwy.)

109 Blackjack Ln.

817.923.6300 • WWW.TRADITIONGUITARS.COM



Lending that has you covered.

ServiceFirst MORTGAGE

- FHA
- VA
- USDA
- CONV
- Purchase
- Refinance
- New - Construction
- Rehab

 Terrie Goodloe Sr. Loan Officer NMLS# 206828 817-925-8306	 Ronnie Gonzalez Sr. Loan Officer NMLS# 274830 817-658-1940	 Lisa Keese Branch Manager NMLS# 206895 817-233-9226
--	---	--

817-447-7300, 124 W Renfro #200, Burleson, TX 76028



months old, Ernie asked Joyce, “What’s the one thing in your life that you’ve wanted and never had?”

“Of course, my answer was a horse,” she said.

To which, Ernie replied, “Well, let’s find you one.”

“No one had ever said yes,” she smiled.

Their quest began with very little knowledge. “We did everything you’re not supposed to do,” she admitted.

They bought a little palomino mare and called her Sassy. Then, with no clue about caring for her, they found a place to board her. “It was a barn filled with horses belonging to 4H kids who loved to show,” Joyce said. “That’s when we really started to learn.”

“Of course, one horse wasn’t enough,” she smiled. “Ernie dreamed of a buckskin like Matt Dillon had.” When a quarter horse arrived at the barn as a rescue and, against warnings that the horse was unknown and possibly “wild as a March hare,” Ernie purchased him. “Baron was a buckskin and the sweetest, kindest horse anyone could ever find,” Joyce said. “He taught us so much.” Carlette was barely sitting up when she began to ride him with her dad.

“I believe horse people are born,” Joyce said. “It’s an innate passion that unfortunately comes with risk.” If harm is rendered, the result may become the real measure of passion. Joyce was finally living her dream and was soon tested.

“I was walking with an empty bucket in the pasture ahead of Carlette,” she

said. "I saw horses running toward us and knew I would be surrounded. I yelled for Carlette to leave. The next thing I felt was a hoof to my left arm." Her humerus was shattered, the radial nerve severed and her arm was attached only by skin. "That was the beginning of my storm," she said. "Microsurgery saved the arm, and three terrible years of immobilization, pain, weight loss, medication, therapy and, finally, determination to think of it as a broken wing, at last, restored the function."

In 1982, she and Ernie bought five acres in what was then the outskirts of Burleson. There was a place for horses, yet Joyce's accident had left her petrified. "Carlette was demonstrating so much talent, though, that I finally decided my fear would not affect her. Thankfully, we discovered Pony of the Americas (POA)."



From the age of 8 through high school, Carlette's life revolved around horses, shows and horse people. "We ended up with a barn full of POAs," Joyce smiled. "Carlette was definitely our horse person. She rode and trained, won ribbons and trophies and raised POA babies." They became part of the POA community, and Joyce served as a three-term president of the Texas Breed Association.

Eventually Carlette's interests shifted, not surprisingly, to quarter horses and, specifically, to the competitive world of cutting. The Breeders' property was now a full-fledged horse ranch with barns, fences, a new garage and a second house. They had owned, bred, trained and sold horses.

PAIN RELIEF
with **COLD LASER THERAPY**
& **Spinal Decompression**

FREE CONSULTATION
Pain management for fibromyalgia,
headaches, arthritis & failed back surgeries

Can N. Ho, D.C. **682-472-4011**
www.DrHoClinic.com

BURLESON PAIN & WELLNESS CLINIC
230 N.E. Wilshire @ Hillery, Ste A, Burleson

Happy Tails
complete pet care & boutique

School's Started!!
Now let's talk about ME!!

www.happy-tails.net
Mon.-Tues.-Thurs. & Fri. 7:30am to 6:00pm Wed. & Sat. 8:00am to 5:00pm
113 NE Johnson Ave., Suite 300 • Burleson • (817)-529-9993

Woman-owned business since 2007

\$1,000 OFF
\$15,000 Remodel

J3
Construction

FREE ESTIMATES

28 Years in ALL Construction:
Contact Lisa Perkins
RIVR Media/HGTV Preferred Contractor

817-798-6054

Will YOU

be the ONE?

Texas Baptist Home for Children
Foster Care & Adoption Services

Become a **foster** or **adoptive** parent today. There are over **1,000 children** ready for foster and adoptive parents in North Texas.

Christian Agency
TBH Adoption serves families **all over Texas**
TBH Foster Care serves families in **North Texas**

Bedford Office 817-355-1700
Waxahachie Office 972-937-1321

www.tbhc.org

DICKEYS
BARBECUE PIT
SERIOUSLY. PIT SMOKED.

251 SW. WILSHIRE BLVD. • BURLESON, TX • 817.295.2006
 VISIT US ONLINE AT DICKEYS.COM

**BUY ONE, GET ONE
 1/2 OFF**

BUY ONE DINNER & 2 LARGE DRINKS AT
 REGULAR PRICE AND GET THE SECOND
 DINNER OF EQUAL OR LESSER **1/2 OFF.**

Not valid with other offers. One coupon
 per person per visit. Burleson
 location only. Expires 09/30/13. **254**



Ready to Buy or Sell ?
 Personal Service For All Your Real Estate Needs

James McMath
 817-627-5741
 Your Hometown Choice

Since 1966

Four Star
 Top Choice
ORR & ASSOCIATES
 REAL ESTATE

Cabinets Built for Your Storage Needs

Over 40
 Years in
 Business

The Cabinetry
 Kitchen & Bath Showroom

Design and Installation

817-360-0044 • www.thecabinetrytx.com
 915 N. Nolan River Rd. • Suite F
 Across from Cleburne High School

When Carlette left for college and then married, Joyce and Ernie found themselves at a crossroads. “We still had high-bred cutting horse mares,” Joyce said. She and Ernie decided to jump back in. They bred the cutting mares, found a training barn and promptly purchased a Futurity prospect. They were back in the saddle, and, this time, Joyce was ready to ride.

“When it was clear our Futurity horse wasn’t ready for professional competition, I switched him to amateur status. I hadn’t ridden in 20 years,” she laughed. “I told



RED WING SHOES

1001 S.W. Wilshire Blvd.
 Suite E • Burleson, TX • 76028
 Shafer Plaza Shopping Center
 817.426.0030

Our gift certificates make
 great gifts for any occasion!

**LET THE HUNTING
 GAMES BEGIN.**

\$25.00 OFF WITH COUPON
 EXP 9-30-13

Burleson
 MEMBER OF

Mon.-Fri. 9A.M. – 6P.M. • Sat. 10A.M. – 5P.M.
 burlesontx.redwingshoestore.com

Ehab Hanna, MD

Board Certified
 Internal Medicine
 Primary Care
 Physician
 817-945-1682

The Vine Medical Center located in
 11797 South Freeway • Burleson, TX
 (inside the Hugley Hospital 2nd floor suite 254A)
 www.thevinemedicalcenter.com

Walk-In 1-4 Tues-Thurs
 Most Insurance Accepted • Medicare Accepted • Cash Price Promotions

our trainer he had 45 days to teach me to ride and, specifically, how to cut!”

Today, she has hours of long trotting, loping and cutting under her belt. “I’ve won checks and buckles, but my victories are not always monetary,” Joyce smiled. “I’ve just turned 65 and will now show in the senior classes. I have wonderful trainers, don’t take terrible risks, and I’ve ridden enough to not confuse my horse.”

Currently, she competes on a mare named Hope who actually belongs to Ernie. As soon as her horse, Maria, weans her filly, Joyce will show her, too. Carlette has returned to live on the property with her 8-year-old son, Blake, and is again the vital horse person. “We have a colt and a filly at home, and Carlette works with them,” Joyce said. “I’ll be in my 70s before I can ride them, but I will.” After all, this has always been her dream. **NOW**

GGA Ennis Gun Show

Sokol Lodge
2622 East Hwy 34
Ennis, TX 75119



Doors open to the public:
Nov. 9: 9 am - 5 pm
Nov. 10: 9 am - 4 pm

Vendor space still available! 8-ft table, \$75. Free parking!
Book online at gga1.org or over the phone, 817 659 9249
Admission \$8 per person, kids 12 & under free w/paid adult.



Waxahachie's Holiday Showcase

Arts, Crafts & Unique Gifts

Sign up online at www.gga1.org or over the phone,
817.659.9249

VENDOR CALL!

Nov. 15-17
Inside the beautiful
Wax. Civic Center
10x10 Booths, \$225



Style Up



Photo courtesy of
DAYDREAM
PHOTOGRAPHY



Like us on
Facebook for
weekly specials!



Hip Together

Made fresh daily

116 N. Main St.
Historic Downtown Mansfield
817-510-SHOP

Mon-Sat 9:30am-5pm
www.hiptogether.com
facebook.com/hiptogether

THE HOLISTIC FAIR
Sept. 8th 11am-5pm
(2nd Sunday of each month)
COMFORT SUITES 817-426-6666
321 S. Burselon Blvd. Burselon, 76028

Featuring 20+ facilitators of
Complementary & Alternative Modalities,
Nutritional Consultations & Products, along with
Energy Medicine Practitioners & Intuitive Readers

FREE ADMISSION
15-20 minute sessions available
Prices for products and sessions may vary
For more info, email jason@sigmamailing.com

GYPSY TRAMPS
JUNK REVIVAL
Antique Sale

EARLY BIRD SALE & DANCE FRIDAY	SHOW
OCTOBER 25TH 4PM - 9PM \$5 Admission	OCTOBER 26TH 9AM - 5PM \$3 Admission
Come in your grooviest duds and dance the evening away to our DJ & enjoy Photoholic's Photo Booth.	LAKE GRANBURY RESORT & CONFERENCE CENTER 821 E. Pearl Street Granbury, TX 76048

Facebook.com/GypsyTramps
GypsyTrampsJunk@gmail.com

Burleson Overhead Door

Control your garage door with your smartphone! Ask us how

- ★ Spring Repair Specialists
- ★ New Installation
- ★ Commercial & Residential
- ★ 24/7 Emergency Service

817-988-4191
Burleson owned and operated
www.BurlesonOverheadDoor.com



Danielle Elston

Upper Cut Salon
 137 N.W. Hillery
 Burleson, TX 76028
 (405) 514-9106
 dmsfs06@gmail.com
[https://www.facebook.com/
 DanielleElstonStylist](https://www.facebook.com/DanielleElstonStylist)

Hours:

Tuesday & Thursday: 9:00 a.m.-8:00 a.m.
 Wednesday: 3:00-7:00 p.m.
 Friday: 9:00 a.m.-6:00 p.m.
 Saturday: 9:00 a.m.-4:00 p.m.



Danielle Elston, whose favorite color is cheetah, specializes in styling and coloring hair, airbrushing makeup and eyelash extensions.



Making People Beautiful

With a flair all her own, Danielle Elston brings confidence to women's faces.

— By Melissa Rawlins

Anywhere she can help women feel good about themselves is a place Danielle Elston likes to be. On Wednesdays, you'll find her at Fleurdeleys Inc., off of Rendon New Hope Road in Ft. Worth, doing perms, colors, styling and roller sets for some of the residents. "I love it," Danielle said. "I frequently visited my grandmother, who worked at a nursing home, and grew up going to play bingo with the ladies. I've always enjoyed that environment."

Another favorite place for this professional stylist and makeup artist is behind the scenes at weddings. "I love being in the backroom with all the girls while they're getting ready.

There is something about it that makes me so happy. I'm a part of their special day, and seeing them all pretty when they first walk out is so exciting," Danielle said.

When she starts, she talks to each person in the wedding party about whether they wear a lot of makeup and what kind of look they're going for, so that, in the end, they're not going to go home and try to correct it. Her goal is to make the bride, her friends and family happy. She recommends Dinair Airbrush makeup because it is sweatproof. "If you're going to stand out in the sun while you're getting married, the makeup will not run down your face," Danielle said. "It will last through

the day and all night long.” In fact, she explained, you’ll have to scrub it off with exfoliant. Some women prefer Toni & Guy makeup, which Danielle offers to the public.

When eyelash extensions became popular about two years ago, Danielle saw she could fulfill women’s dreams of fuller, thicker fringes around their eyes. “It is a luxury,” she warned, “and like nails, it is a luxury you have to maintain by getting them filled every two or three weeks.” In a process that takes about two hours, Danielle disinfects her tweezers, tapes down her client’s eyelashes, and glues the Nova Lash upper-lash extensions onto each individual eyelash inside a calm, private and highly sanitized environment.

Her glassed-in room is another of her favorite places. Here she tends to her clients’ unique needs surrounded by her favorite colors. The styling robes are cheetah print, and the curtains are red. The owner of Upper Cut Salon, where Danielle works, redid all the stations to match the color of her curtains. “If cheetah print, could be a color,” Danielle joked, “it would be my favorite!”

Her eye for color extends to her clients’ hair. Danielle has found Wella offers great color choices and conditioning when she styles her customers’ hair. “I usually throw in a glossing treatment at the end of my color treatment,” Danielle said, “because it helps seal in the color and makes the hair look really shiny.”

Over the past seven years, Danielle has given perms, global keratin taming treatments and haircuts to women desiring a quality hairstyle. She got her cosmetology license in high school in Paris, Texas, and moved here three years ago because her husband, Taylor, is from Burleson. For two years she worked with another salon. One year ago, she found the freedom to set her own schedule when she began working from her red-and-cheetah room in Upper Cut Salon. She has found her niche making people beautiful. “Seeing ladies walk out feeling good about themselves,” Danielle said, “that does it for me!” **NOW**

YOGI BEAR'S™ Fall Fiesta
STAY & PLAY!

WITH US WEEKENDS IN OCTOBER

Weekend Events Include :

- Trick or Treat in the Park
- "Ghoulish" Glow Parade
- Scary Movie on the Hill
- Pumpkin Derby
- Punkin' Chunk
- Magic Pumpkin Patch
- Inflatable Corral
- Haunted "Hey, Hey, Hey" Ride
- Lost Maze

Open to the Public with wristband purchase

Don't Miss It!
 We're Heating The Water At Pirates Cove On Weekends this Sept & Oct!

NorthTexasJellystone.com

TM & © Hanna Barbera. (s13)

INFLATABLE MANIA

PINOCCHIOS
 GELATO - COFFEE - PANINIS

Movie Screens

We're A BISD Approved Vendor

Bounce Houses

Bounce-mania.com • 817.692.2363

ilovepinocchio.com • 817.426.6900

Don's
 Computer Sales & Service

- Tune-ups
- Repairs
- Upgrades
- Virus Removal
- & Advice

104 Forest Green St
 Burleson, TX 76028

817.887.0203 • dontop@att.net

Fancy's
 Plus Size Resale Shop

Sizes 1X - 5X
 Buy • Sell • Consign

220 E. Renfro
 (Next Door to City Market)
 817-426-4944

We Also Carry Shoes, Jewelry, Purses and Accessories
 www.fancysplussizersaleshop.com



A small group gathers at one end of the banquet table at Our Place during the weekly breakfast meeting of Widowed Persons Service of Tarrant County.



Eric Neeley plays the euphonium with the Centennial Brass Quartet at Veterans Memorial Park.



Pam Ochoa out shops with her grandkids and their puppies, Pebbles, Scooter and Oreo.



The Sanders siblings and their friend, William, investigate the Burselon Police Department command vehicle manned by Sgt. Craig Bastible.



Billy Ayars, Wanda Page, Donald Wakeman and Sam Moore serve the community in Burselon.



Lonestar Orthopedic and Spine host a grand opening and ribbon cutting.



Sandra Pendergras, registered dental hygienist, mentors Robyne Harbin, who plans to enter dental hygiene school.



Steve Kelly with his sons, Trenton and Tatum, hit baseballs and have fun.



Caitlin Claver, general manager of It's A Congirl Thing Boutique, makes a deal with Lisa Miller, sales rep for NOW Magazines.



Michael Gage and Gabriel Deboyos, with Renee Nelms of AT&T Pioneers, who host over 50 visually impaired students at the Fort Worth Stock Show and Rodeo.



The Lättig family gathers for dinner at Babe's Chicken Dinner House.



Roberto and Joanne Hernandez take a break from the heat inside Hide Out Burgers where they do crossword puzzles and read.

The journey toward home begins here...

Using our state-of-the-art therapy gym, we provide a wide array of rehabilitation services to meet your needs. From our elegant surroundings, to our professional and friendly staff, our facility is the ideal setting for short-term stays, and even better for your long-term care needs.



"Experience the difference" at



For inquiries or admissions: 817-455-7628
920 East FM 1187, Crowley, TX 76036
817-297-5600



Artistic Motion

dance academy

Now enrolling for 2013-2014 dance season
Pageant coaching, Autism Movement Therapy

Ballet • Pointe • Tap • Jazz • Lyrical • Hip-hop • Modern
Musical Theater • Mommy and Me • Creative Dance/Tumble
Clogging • Cardio Hip-hop • Pilates • Adult Classes • Competition Teams

We've Moved to Our New Burleson Location
4,000 square feet - 3X the size!

Dance for a studio with Boundless Expectations!

817-575-7785

1420 E Renfro • Burleson, TX 76028
www.amdacademy.net

Bring in this coupon for

\$10 OFF

ENROLLMENT FEE
New students only Coupon expires 9/30/13

That little leak could be costing you

BIG



Voted
Mansfield's
BEST
PLUMBER
FOR 2011, 2012
& 2013
by Mansfield Mirror

Call the experts.

MANSFIELD MP PLUMBING

Full Service Plumbing Company

Residential • Commercial
Mon-Fri 8am-5pm

- ✓ **Warranty on Every Service**
- ✓ **Senior Discounts**
- ✓ **Best for Less Guaranteed**
- ✓ **Chamber Member Discounts**

\$50 OFF

ANY SERVICE

with this coupon. Exp. 9/30/13

817-473-8888

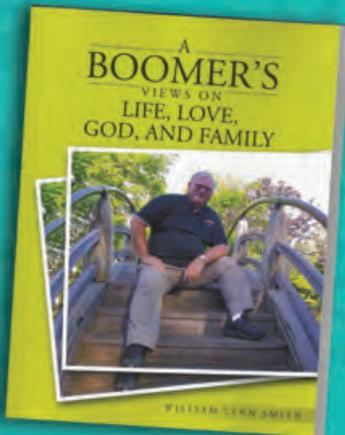


License #M#36261 M-40253

www.mansfieldTXplumbing.com

A BOOMER'S VIEWS ON LIFE, LOVE, GOD, AND FAMILY

By: WILLIAM LYNN SMITH
LOCAL AUTHOR



This is a book of poetry for
the Baby Boomers. ON
Amazon and
Barns and Noble ON LINE.

MONTICELLO DIAGNOSTIC IMAGING



MRI - CT - XRAY ULTRASOUND

817.295.5477

Same day appointments available
649 NE. Alsbury Blvd. #101 • Burleson
Mon-Wed 8am-7pm Thur & Fri 8am-5pm

BURLESON'S FIRST
PATIENT FRIENDLY
HIGH FIELD WIDE BORE 1.5T MRI

Tips for Setting — and Pursuing — Financial Goals

You can get lucky by finding a parking meter with time left on it. You can luck out by having nice weather on your vacation. You can even be lucky at love. But when it comes to financial matters, you're better off not counting on Lady Luck — and focusing instead on setting and pursuing goals.

Here are some suggestions for establishing and pursuing your financial objectives:

Be specific. You probably have a lot of ideas about what you want to do, but if you're going to turn these wishes into reality, you need to get specific. So, for example, instead of telling yourself that you want to retire early, set a goal of retiring at, say, 62. You can then use this target number to help

guide your overall investment strategy. To illustrate: You can determine that you need to invest a certain amount of money each year, and earn a certain rate of return, to be able to retire at 62. You can also estimate about how much money you can afford to withdraw from your investment accounts each year to sustain a retirement that begins at 62.

Prioritize your goals. Of course, you want to achieve all your financial goals — and you can have a better chance of doing so if you rank these goals in terms of both importance and timing. For example, you may want to send your kids to college, purchase a vacation home and still be able to retire at age 62. How should you allocate



www.edwardjones.com

Happy Labor Day

As we celebrate the economic and social achievements of workers past and present, we want to wish you a safe and relaxing holiday. And also to thank you for your business.

Lynn H Bates Jr, AAMS®
Financial Advisor

115 N W Newton Drive Suite E
Burlison, TX 76028
817-447-9446

Edward Jones
MAKING SENSE OF INVESTING

Member SIPC

Gary W. Chandler, D.P.M.
Medical & Surgical Podiatry
Board Certified
Serving Johnson & Tarrant County for 28 years.

NOW ACCEPTING
aetna™

817-295-3799
809 SW Alsbury, Suite 4 • Burlison
Most Insurance Accepted

SEMFI CONSTRUCTION SERVICES, INC

Specializing in Residential and Commercial.
• interior finish-out and remodel • all phases of new construction

Personalized customer service.
Free estimates within 25 miles
of the Burlison area.

Please contact Stephen Martin
at 817-295-0745, or
semficonstruction@hotmail.com
We welcome the opportunity to bid
any project, large or small.

your resources to each of these goals? Should you invest more at any given time for a specific goal? What types of investments are best for each of these goals? Prioritizing your goals can help you answer these and other questions — and help direct your overall investment strategy.

Be prepared to change your goals.

Over time, your family and financial circumstances can change considerably — which means you shouldn't be surprised or alarmed if you have to change your goals accordingly. And you'll find it easier to maintain this flexibility if you've worked diligently to create an investment portfolio with sufficient resources to allow you to change direction, as needed.

Review your progress regularly.

If you're going to eventually achieve your goals, you absolutely need to measure your progress along the way. Are your investments performing the way you had anticipated? Are your goals becoming more expensive than you had initially envisioned? To achieve these goals, are you taking on too much — or too little — risk? To answer these types of questions, it's a good idea to review your overall progress at least once a year and then make whatever adjustments may be necessary.

As you can see, it will take considerable effort to set, review and (hopefully) achieve your goals. And it can be somewhat complex, too, so you may want to work with a financial professional — someone who takes time to talk with you about your goals, understands your risk tolerance and family situation, and has the training and experience necessary to help you work toward your objectives.

But in any case, think hard about your goals and how you might accomplish them. And don't delay in taking action — because goals are generally easier to attain if you have time on your side. **NOW**

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Lynn H. Bates is an Edward Jones representative based in Burleson.

Herbal Health Stop
 Crowley's **VERY** own Health Store
 Since 1996

20% OFF
 OF \$50.00 PURCHASE
CANNOT COMBINE OFFER EXP. 9/30/13

WWW.HHSTOP.COM
 817.297.4385 FAX: 817.297.0017 • 444 E. MAIN ST • CROWLEY TX

JIM ENGEL, C.N. • OWNER

HERBS • VITAMINS • MINERALS • PURE WATER • MASSAGE THERAPY

HAVE YOU HAD “THE TALK” ABOUT TEEN DRIVING YET?



Get your copy of our Parent-Teen Driving Agreement.

It's never too early to talk to your teens about driving safe. The Allstate Foundation Parent-Teen Driving Agreement gives you important tips on how to discuss good driving habits. And when it's time for them to get behind the wheel, it helps you and your teens agree on the ground rules and consequences together. Call me or come in today for your free copy.

Mark Jameson
(817) 447 1139

558 SW Wilshire Blvd
 Burleson
 mark.jameson@allstate.com



Source: Insurance Institute for Highway Safety Fatality Facts 2007-2009. Allstate Fire and Casualty Insurance Company © 2012 Allstate Insurance Company

A Fungal Mess

— By Betty Tryon, BSN

“What happened to your nail?” is a question usually delivered in tones of incredulous disbelief. Nail fungus is unsightly, and if you have it, you want to get rid of it. This condition occurs when one or more of your nails become infected with a fungus that grows in your fingernail or toenail. Fungi (plural for fungus) are microscopic organisms that like to live in warm, moist places.

Nails with a fungal infection may present as being thick, brittle, discolored and crumbling. They may have an odor, may separate from the nail bed and may become painful. It all starts as a white or yellow spot under the nail where the fungi have entered from small scratches in the skin or where the nail separates from the nail bed. Once the nail is affected, the infection will not go away on its own. It just continues to grow until treated. When that first spot appears, it is time to see your doctor before the fungus causes too much damage to the nail or spreads to the surrounding area.

This condition shows up in men more than women and in older people more than the young. Nail growth may slow down as one ages and may also thicken. This can increase the possibility for nail fungus. There may be a hereditary aspect to this also. Having pedicures under less than sanitary conditions can make you susceptible to fungal infections. Also walking

barefoot in public swimming areas and gym showers and damp locker rooms increases your risk. If you perspire heavily and wear socks and shoes where your feet receive little to no ventilation, the environment is great for fungi to grow and thrive.

Nail fungus can be difficult to treat. There are anti-fungal medications you can purchase over the counter. Sometimes these are ineffective, and stronger medication from a physician is necessary. They may prescribe topical and/or oral medication for treatment. In severe cases, an option is removal of the nail surgically or by laser therapy. Treatment in many cases takes weeks or even months before relief is seen. Unfortunately the fungal infection is subject to reoccurrence. It is important to keep your hands and feet clean and dry. Change socks throughout the day. Wear sandals or other protective footwear when walking on wet surfaces. Avoid places of business for manicures and pedicures that do not uphold stringent hygienic practices. Some home remedies for treatment may bring results. Research these treatments carefully, and check with your doctor before implementing them. It takes work, but you can be free of nail fungus. **NOW**

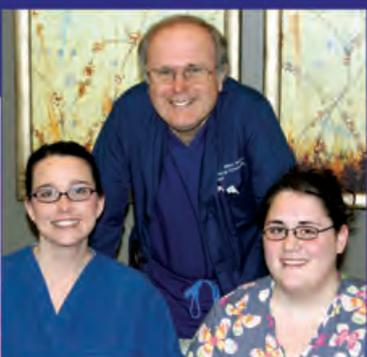
This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

We deliver at Baylor
(Andrews Women's Hospital Fort Worth)

Women's Health Care
Obstetrics | Gynecology | Infertility
Board Certified
Accepting Most Major Insurances



Texas Health Care
Dr. David L. Holmes, M.D.
817-782-8210



12608 S. Freeway (Inside Baylor Pain Center, Next door to Half Price Books) Burleson, TX

NOW OPEN

Art Works
Create Shop Learn

140 W. Bufford St.
682-202-2776

We are excited to announce
MAVERICK DRIVING ACADEMY
has moved to **BURLESON!**

\$299⁰⁰ with this ad for **Teen Driver's Ed**

FREE SHUTTLE PICK UP from BHS, CHS and JHS!
Please call for details.

Off 174 • 509 SW Wilshire Suite D
(next to the Burleson Car Wash
behind the old barber shop)

817-556-4644
www.maverickdrivingacademy.com
(for Calendar)




Serendipity
A Complete Beauty Escape

THERAPEUTIC THURSDAY
Massages for just \$50
add a Body Detox for \$75
every Thursday in September.

817.426.1900
110 S. Main St. (next to Fresco's)

September 4 — 7

10th Annual Langdon Review of the Arts in Texas: 9:00 a.m.-10:00 p.m., 308 E. Pearl St., Granbury. Art-lovers welcome for presentations, screenings and more. Contact (817) 279-1164.

September 9

Metro Beekeepers meeting: 6:30-8:30 p.m., Cana Baptist Church, 2309 E. Renfro St. Visit www.metrobeekeepers.net.

Burleson Independent School District Board meeting: 6:30 p.m., Boardroom at 1160 S.W. Wilshire Blvd. Call (817) 245-1000 for more information.

September 9, 16, 23, 30

Joshua Young Life meeting: 7:02 p.m., the "old gym" at Joshua High School. Contact Theresa Boydston at (817) 368-0349.

September 10 — October 29

Youth Dance Clinic: Tuesday evenings, Centennial High School dance studio. 5:30-6:30 p.m., K-fourth grade; 6:30-7:30 p.m., fifth grade and up. This is a fundraiser for The Sparklers. Contact Miss Ellison, (817) 245-0270.

September 12

Meals-on-Wheels Golf Benefit: 7:30 a.m. and 1:30 p.m., Hidden Creek Golf Course. Help provide food and friendship for our homebound elderly neighbors throughout Johnson and Ellis counties. For more information, visit www.servingthechildrenofyesterday.org or call (817) 558-2840.

Free Horticultural Seminar: 6:00 p.m., Burleson Public Library, 248 S.W. Johnson Ave. Hosted by the City of Burleson and Keep Burleson Beautiful and conducted by master gardeners from the Texas A&M Agrilife extension. Call David Lenartowicz, (817) 426-9842.

September 14

Community Appreciation Day: 10:00 a.m.-2:00 p.m., 124 NW Newton St. The bounce house, free hot dogs and fun are hosted by State Farm Insurance, Sharon Robinson. Call for more information: (817) 295-2000.

September 20

Power of Heels: 11:30 a.m.-1:00 p.m. BRiCk. Includes Lunch, Networking and Inspirational Presentation by Coach Krista

Gerlich, women's basketball coach from The University of Texas at Arlington. \$15 BACC Members; \$20 Non-Members. RSVP to (817) 295-6121.

September 25

20th Annual Golf Tournament: 8:00 a.m., Southern Oaks Golf Club, 13765 Southern Oaks Dr. Proceeds fund the Leonard Morfeld Memorial Scholarship. Call (817) 297-4211 to register.

October 5

Casa Superhero Run: 7:30 a.m., 210 Featherston, Cleburne. Benefiting CASA of Johnson County, community volunteers who act as voices in court for abused and neglected children. Contact Cheryl Price, (817) 558-6995, or raceinfo@casajohnsoncounty.org.

Feed the Need: 8:00 a.m., 590 NE McAlister. 5K & Family Fun Run hosted by First United Methodist Church of Burleson to provide food for the hungry in Johnson, Tarrant and Ellis counties. \$15 for two-legged walkers and runners, or \$3 for leashed pets. Register at www.funburleson.org.

Submissions are welcome and published as space allows. Send your event details to melissa.nowmag@sbcglobal.net.

SHEAR CREATIONS

- Waxing • Cuts • Styles • Color
- Highlights • Perm

Walk-ins

Adult cuts \$15
Kids cuts \$10
(10 and under)

Call to set your appointment
817.557.7504
785 W Hidden Creek Pkwy Suite 1112

Juanita "Allison" Neda Saleh and Staci Loftin



The Mobile Beancounter

We come to you!
Call or email us today!
817.945.6475

- Bookkeeping • Accounting
- Individual & Business Taxes
- Small Biz Consulting • Software and More!

TheMobileBeancounter.com • patricia@themobilebeancounter.com

Patricia E. Vermeire, CPA - years of knowledge and education, focused on your financial needs.



Dr. Gene DeWitt, DDS

General Dentistry

What the Patient Needs: *No More, No Less!*

- Implants • Root Canals • Sleep Apnea/ Snoring Appliances

Serving the community for over 32 years

3513 SW Wilshire • Joshua, TX 76058
817-295-4500 • 817-295-2001

www.drde Wittdentistry.com CareCredit





In The Kitchen With Alicia Sánchez

— By *Melissa Rawlins*

In her third year of life, Alicia Sánchez began helping her father cook breakfast. She also helped her mother and grandmothers flip tortillas. When her mother noticed her daughters creating multilayer cakes with nuts in their Easy-Bake oven, she offered to teach them to use the real oven, and Alicia found herself to be a good cook. Watching Julia Child on PBS, she discovered a whole new world of cuisine. Now the owner of Justice Insurance Specialists in Old Town, Alicia cooks for family and friends and enjoys grilling meats and vegetables. In her home state of New Mexico, chile appears in most dishes. Ever creative, Alicia enjoys the challenge of finding ingredients to attempt new dishes, cooking an array of recipes from around the world. **NOW**

Hamburgers

- 1 cup baby bella mushrooms,**
finely diced
- 1/2 stick butter**
- 1 Tbsp. parsley**
- 1 Tbsp. thyme**
- 1 tsp. salt**
- 1 cup Reisling wine**
- 1 lb. ground beef**
- 8 oz. Gouda cheese**

- 1.** In a skillet, sauté mushrooms in butter, thyme, parsley and salt for 5 minutes; add Riesling wine, reduce heat to simmer; continue cooking until wine is reduced and flavor locked in. Remove mushrooms from heat; cool.
- 2.** Add cooled mushroom mixture to ground beef. Form into patties of 1/8 lb. each.
- 3.** Insert Gouda between two patties; press edges together to make one patty.
- 4.** Cook hamburgers.

Chile Relleños

Serves 4.

- 8 Hatch chiles**
- 2 16-oz. blocks cheddar cheese**
- 4 cups vegetable oil**
- 8 eggs, room temperature**
- 3 Tbsp. flour**
- 1 tsp. salt**

- 1.** Place oven rack on the highest level; cover the bottom oven rack with aluminum foil to catch fluid from chiles as they roast. Set oven on broil.
- 2.** *To roast chiles:* Place chiles onto top rack under broiler; broil until chiles begin to blister and skin turns brown. Rotate chiles until all the skin is blistered. Remove chiles; place in a bowl covered with a towel to steam for 30 minutes. Remove peels and seeds; leave stem intact. Rinse off any remaining peels; pat dry.
- 3.** *To make relleños:* Cut cheese into sticks

the length of the chile. Cut a 1/4-inch slit in the top of each chile; stuff with cheese sticks. Avoid making the hole too big, as the cheese likes to escape!

- 4.** Meanwhile, fill a large frying skillet half full of oil; heat to 375 F (usually this occurs when the batter begins to fry when dropped in the oil).
- 5.** *To make batter:* Separate egg whites and yolks. Add salt to egg whites; beat to a firm peak. Add flour, one Tbsp. at a time. Add 4 yolks to mixture, 1 at a time.
- 6.** Dip the stuffed chiles into the batter; fry until golden brown.
- 7.** Place chile relleños on a napkin to remove excess oil before serving.

Green Chile Stew

- 2 cloves garlic, finely diced**
- 1 lb. pork meat, diced**
- 2 Tbsp. salt (divided use)**
- 1 Tbsp. flour**
- 4 large potatoes, diced in small pieces**
- 1 28-oz. can diced tomatoes**
- 1 cup green chile, diced**
- 4 cups water**
- 1/2 tsp. basil**
- 1/4 tsp. oregano**

- 1.** Mix garlic, pork and 1 Tbsp. salt in large soup pot. Cook meat thoroughly.
- 2.** Add flour; let brown. Add potatoes, tomatoes, and green chile. Add enough water to cover all ingredients; add herbs. Bring to a boil.
- 3.** Simmer until potatoes are tender; salt to taste.

Pomme Frites (French Fries)

- 1 cup vegetable oil**
- 4 golden potatoes, sliced into sticks**
- 1 Tbsp. Parmesan cheese**
- 1/4 tsp. parsley**
- 1/8 tsp. truffle oil**
- Salt, to taste**

- 1.** Heat oil to 350 F. Drop a portion of potatoes into oil; pan fry for 1-2 minutes.
- 2.** After all potatoes are par-fried, put all fries back in the oil and fry until golden brown, about 3 minutes. Remove the crispy fries from pan into a mixing bowl.
- 3.** Sprinkle Parmesan cheese, parsley, truffle oil and salt onto potatoes; toss gently.

Visit www.nowmagazines.com.



**When it comes to breast care,
we provide plenty of support.**

Schedule a mammogram.

At Texas Health Harris Methodist Outpatient Center Burleson, we're all about making breast care and early detection more convenient for you. That's why we offer digital screening mammograms close to home. We also offer an online Breast Cancer Risk Assessment to determine your risk factors. Because when it comes to breast care, there's too much at stake not to stay abreast. During the month of October, we will be offering Saturday morning appointments. Call or go online to schedule your digital mammogram today.

817-782-8025 | TexasHealth.org/Breast





Get your Back-To-School SMILE On!

 **iKids**
Pediatric Dentistry
and Orthodontics

A Whole New Dental Experience!



Ross Hamilton, DDS, Randy Hamilton, DMD,
and Blane Hamilton, DMD

Unsurpassed care and treatment in a kid-friendly environment! In-office oral & IV sedation



BURLESON
809 SW Alsbury, Ste. 100
817-295-1144

*DFW's Premier Children's
Dental Office*



OPEN Monday-Saturday - Most Insurances Accepted - Medicaid/CHIP Approved