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empowers families and
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ON THE COVER



Dr. Tamara Liddell and Sandra Peña smile as they consider collaborating with parents.

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MORE THAN A PROGRAM

— By Sandra Walters

As the 2026–2027 school year begins, Mansfield Independent School District is once again placing families at the center of student success with the return of its impactful Parent University program. Based at the district's administration office, this initiative reflects a clear belief: family engagement isn't just important, it's essential.



Dr. Tamara Liddell, the director of federal programs, shared, "I grew up in a small town in Mississippi where parent involvement in the day-to-day aspects of school looked very different than it does today. That didn't mean parents weren't supportive because they were. Many of the parents in our community, including my own, were first-generation college graduates. They worked hard to achieve success and wanted the same for their children."

For her parents, school involvement typically happened only during scheduled parent conferences. However, she vividly remembers one moment that stood out. The school counselor thoughtfully contacted her father to encourage him to allow her to drive to school instead of riding the bus. "I simply wanted to drive, and I remember feeling an incredible sense of pride that

she would speak to my father on my behalf. In that moment, I felt seen, heard and supported."

That single interaction has stayed with her and continues to inspire the work she does today. It reinforced how powerful it is when an educator reaches out to build meaningful connections with families and supports them in navigating the school experience, whether by equipping parents with the tools and knowledge to understand the curriculum, preparing for college or encouraging involvement through volunteerism.

Parent University offers a range of workshops and events designed to help families support their children academically and emotionally. Topics include college preparation, academic readiness, social-emotional learning and how to navigate school systems. Sessions take place across campuses and are designed to be practical, not overwhelming. Rather than taking a one-size-fits-all approach, the program focuses on meeting families where they are. Some sessions walk parents through college planning step by step. Others offer hands-on help with technology platforms like Skyward, Canvas and Xello, so parents can stay connected to their child's progress.

Sandra Peña, the family engagement coordinator, echoes that same sense of purpose. "School was hard for me growing up," she said. "My parents didn't speak English, so reading and writing were a challenge. They wanted to help, but they were learning, too." As an ESL student, Peña often felt the gap between what she needed and what her family could provide. That experience now drives her commitment to supporting others. "I know what it feels like to need help and not have it," she said. "That's why this work matters so much to me. I desire that students and families feel confident and capable, no matter what barriers they face." Parent University is designed with that kind of inclusivity in mind. Sessions are



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offered both in person and online to fit different schedules. Translation services are available in Spanish and Vietnamese, helping ensure more families can fully participate.

This program reflects the diversity of the Mansfield community. Past events have included new parent orientations, high school readiness workshops, mental health awareness sessions and college and career planning. There are also unique opportunities like Fathers Read events and college tours, which help families connect with schools in different ways.

"Outreach plays a key role in making the program effective. School counselors often help connect families with resources, whether participation is voluntary or court ordered. Giving families tools that actually improve their children's education is the constant objective," Dr. Liddell continued. "Parent University is unique in that it emphasizes practical impact. It goes beyond simply sharing information. It's about creating

opportunities. Families can access free summer resources, attend college tours with their children and learn strategies they can use right away at home."

This work ties directly into the district's broader mission: to prepare students to become productive citizens. Mansfield ISD sees education as a shared responsibility between schools and families, and that partnership is reflected in everything Parent University offers. The district coordinates its family engagement efforts alongside several programs, including preschool, special education, gifted education, career and technical education, bilingual and ESL services and family literacy initiatives. Each of these programs plays a role in supporting students and their families at different stages.

Accessibility is also a priority. The district works to ensure that all families, including those with limited English proficiency, children with disabilities or unique living situations, have meaningful

opportunities to participate. Information is shared in clear formats, whenever possible, and in languages families understand. Feedback is another important part of the process. Each year, Mansfield ISD gathers input from parents, students and staff through surveys. That feedback helps shape future programming and ensures Parent University continues to meet the evolving needs of the community. At its core, Parent University is about connection. It brings together schools, families and the community with a shared purpose: helping students succeed.

As the new school year begins, that commitment remains strong. Through continued outreach, practical support and a focus on real-life needs, Mansfield ISD is building more than academic success. It's building confidence in families, stronger relationships and a foundation for long-term growth. Because when families feel empowered, students don't just get by. They thrive! **NOW**



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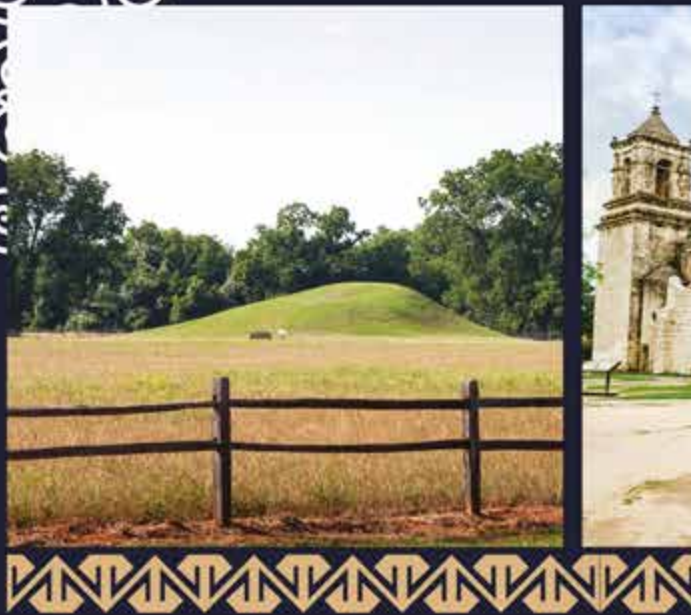
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TALES OF TEXAS

The Early Entrance to Texas

— By Bill Smith



For 20 years, a visitor to the Six Flags over Texas amusement park could enjoy a 10-minute river boat excursion known as La Salle's River Adventure. The ride commemorated one of the six flags, that of the French. The flag of France briefly flew over Texas in the late 1600s, when the French explorer René-Robert Cavelier, Sieur de La Salle, got lost looking for the mouth of the Mississippi River. La Salle had sailed from French-occupied Florida and overshot his goal, landing somewhere near today's Garcitas Creek.

The Spanish were not at all pleased with the possibility of a French settlement in the territory and sent numerous expeditions in search of the French fort. Their early ventures were unsuccessful, until ruins of the fort were found. In 1722, historians believe, Garcitas Creek was likely the stream along which La Salle established Fort St. Louis, and upon the remains of the fort, the mission Nuestra Señora del Espíritu Santo de Zúñiga, also known as La Bahía, was constructed.

However, this was not the first Spanish mission to be built in Texas, as soon after the French colony was discovered, word was delivered to the Spanish that the Tejas Indians were seeking Christianity. The legend of "The Lady in Blue," who seems to have been a miraculous incarnation that visited the Tejas, led the Spanish in 1690 to send a military and evangelical expedition to establish missions among the Tejas. Soon after, the foundation for San Francisco de los Tejas mission was laid, and the first mass was celebrated. This would be the beginning of the

establishment of El Camino Real de los Tejas.

"El Camino" translates to "the way" or "the road" in English. One of the earliest recorded uses of the road by a citizen of the United States was Moses Austin, as he traveled along the way westward to San Antonio, with plans to establish a colony. Of course, we know that Austin died before his plan could come to fruition, although he did meet with Baron de Bastrop, and soon after his meeting, Governor Antonio María Martínez endorsed the idea. His son, Stephen F. Austin, picked up his father's mantle and traversed the path to San Antonio to complete the contract with the Mexican government.

Settlers coming to Texas from the east typically crossed the Sabine River at Gaines Ferry and then continued on through Nacogdoches and along El Camino Real de los Tejas to the interior of the southern part of the state. As the colonies expanded and relations between the settlers and the Mexicans deteriorated, the road was a valuable route for the volunteers who came from the United States to the various battles around San Antonio de Béxar, including San Antonio de Valero, better known as the Alamo.

Texas heroes Sam Houston and David Crockett would certainly have followed the road when they came to Texas. *The Handbook of Texas Online 2001* indicates Crockett's route "was ... across the Red River, through Clarksville, to Nacogdoches and San Augustine; and on to San Antonio." Had Crockett not met his fate at the Alamo, history records that his plans included traveling farther down the road to the Rio Grande.

Today, one can travel El Camino Real de los Tejas and see a number of historic sites along the National Historic Trail as designated by the National Park Service. Villa Antigua Border Heritage Museum in Laredo showcases the region's history, culture, industry and populations through a series of changing exhibits and educational seminars. The NPS.gov website states, "This restored two-story brick building was once home to two early Laredo merchant families. With its size and pivotal location on the banks of the



Rio Grande, this Italianate-style residence is representative of the grand houses that populated the San Agustín District in the early 20th century."

The Stone Fort Museum in Nacogdoches previously served as a trading post, private home, church, jail and saloon. While the original structure was torn down in 1902, the Texas Centennial Commission built a replica in 1936 on the Stephen F. Austin University Campus.

Other sites along the way include Caddo Mounds State Historic Site near Alto, Mission Delores State Historic Site at San Augustine, Mission Tejas State Park at Grapeland and McKinney Falls State Park near Austin. You would be hard pressed to visit all these historic sites in one trip, but there is a lot of Texas history scattered along El Camino Real de los Tejas. Every piece is a state treasure Texas has proudly preserved. **NOW**

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Mansfield Celebrates a New Chapter for Fire Station No. 1

The City of Mansfield celebrated the grand re-opening of Fire Station No. 1 at its new home located at 203 S. Walnut Creek Drive, near the intersection of Walnut Creek Drive and Broad Street. This marked an important milestone for Mansfield Fire and the City Council's continued investment in public safety.

Many have asked the question, "Why move Station No. 1?" There are a number of reasons, but it comes down to three main priorities: improving emergency response, enhancing firefighter safety and supporting the continued growth of Historic Downtown Mansfield.

For almost three decades, the previous location served the community well. However, as

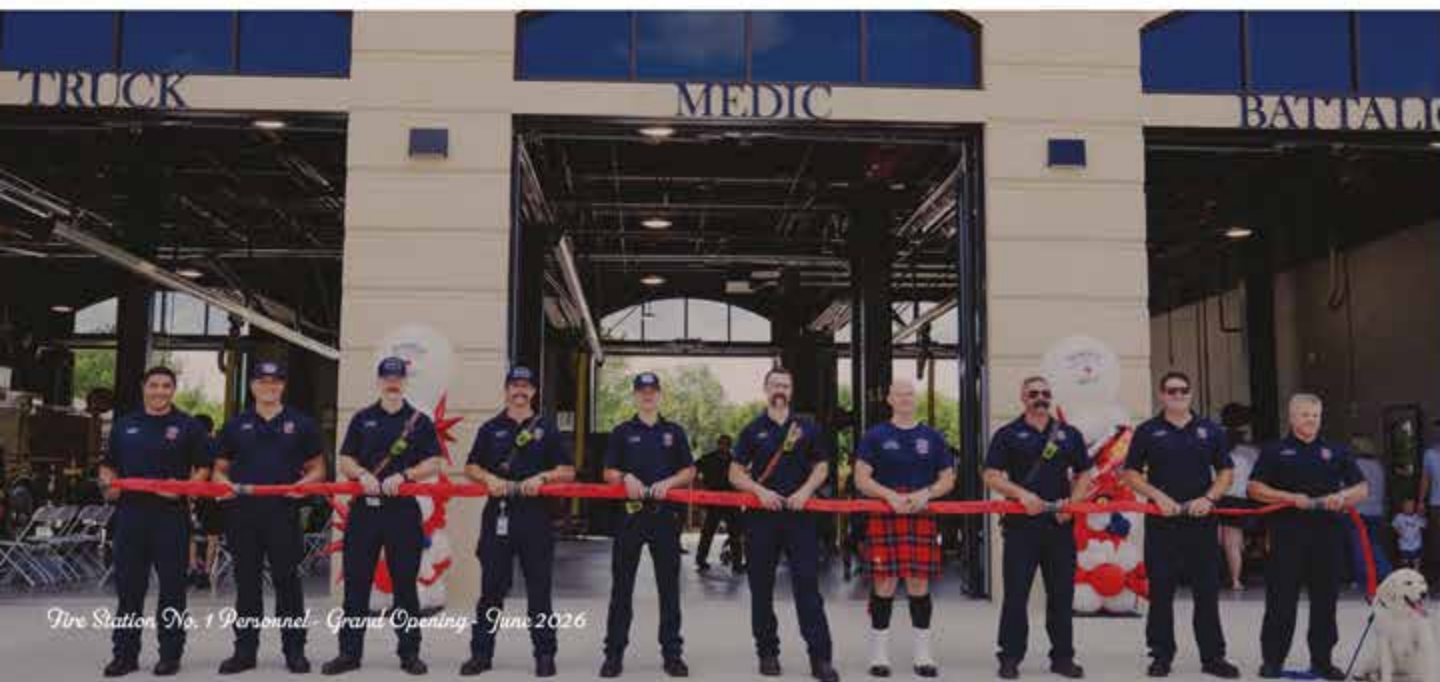
Mansfield has grown, its location and layout were no longer the best. The new facility will allow firefighters to better respond to calls through improved roadway access.

The move also supports the growth of Historic Downtown Mansfield. Whenever community events or festivals were hosted in downtown, it was necessary to stage fire crews and equipment elsewhere due to road closures and increased pedestrian traffic. Its relocation allows the team to maintain operational readiness while also giving downtown the flexibility to host the events Mansfield has come to know and love.

Additionally, this new station reflects the City's commitment to the health and well-being of its

firefighters. Featuring a dedicated bunker storage room with a separate air filtration system, isolates contaminants firefighters encounter on calls, reducing their exposure to cancer-causing carcinogens. The station also features a specialty alert system in the bunks, so that firefighters are only notified when their specific apparatus is called for duty. This minimizes sleep interruptions, to aid in a rested team, ready to respond.

"Our firefighters respond often on our worst days. Investing in Fire Station No. 1 is the City Council's commitment to both our staff and community, ensuring they have the resources they need to protect Mansfield today and for years to come," said Council Member Tamara Bounds.



Fire Station No. 1 Personnel - Grand Opening - June 2026

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Zoomed In: Jenoah Mobley

By Sandra Walters

For one 6-year-old football player, the adventure is just getting started. Every young athlete starts somewhere. As you can see, Jenoah Mobley is sporting his practice attire and fancy gloves in preparation for playing with the Apache Little League Football Team. “He wants to be a running back,” his mother said. He is eager to improve his catching ability, footwork, juke movements and overall understanding of the game because his passion is undeniable. His mother hopes to connect him with others who can boost his confidence in order to support his passion for the game. In the future, he will experience various opportunities to learn. Being an athlete teaches numerous life lessons like discipline, teamwork, resilience, respect, accountability, humility, sportsmanship and leadership.



Joel Bogar celebrates two graduates — his son, Grant, and his wife, Dr. Laurance Bogar.



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Zoomed In:
**Jandel Crutchfield
and Paige Bueckers**

By Sandra Walters

When Mansfield ISD School Board President Jandel Crutchfield, saw the Dallas Wings’ basketball standout Paige Bueckers enjoying lunch, her visit to a nearby restaurant became an extraordinary experience. “I politely walked over, introduced myself and asked if she would be willing to take a selfie with me,” she said. Paige kindly consented, spending a few minutes chatting and grinning for the picture. Mrs. Crutchfield’s day was brightened, and a treasured memory was formed by the small act of kindness. These kinds of encounters serve as a reminder that even fleeting encounters can have a profound impact. For years, she can proudly share this story with her family and friends.



Sam, Shelby and Sloane Porter are excited about the soccer games.



The city of Mansfield conducts the ribbon-cutting event for the Texas Health Mansfield Stadium.



Mansfield firefighters share safety tips in preparation for the Fourth of July.



Jerri Lynn Murin enjoys the holiday along with her grandbabies.

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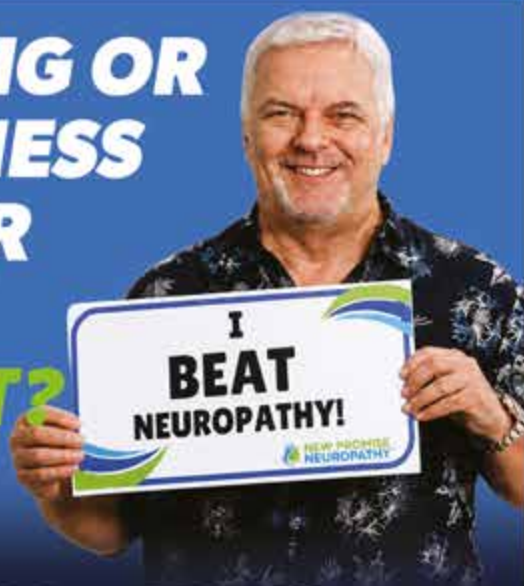
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Refreshing Summer Recipes

Summer calls for light, refreshing dishes that celebrate the season's bounty of fresh produce and bright flavors. These recipes are designed to keep you cool and satisfied, featuring crisp vegetables, juicy fruits and vibrant herbs that capture the essence of warm-weather dining at its finest. **NOW**

Watermelon Feta Salad

- 6 cups seedless watermelon, cubed
- 1/4 cup fresh lime juice
- 2 Tbsp. honey
- 1/4 tsp. salt
- 1 cup crumbled feta cheese
- 1/2 cup fresh mint leaves, chopped
- 1/4 cup red onion, thinly sliced
- 1/4 tsp. black pepper

1. Place the watermelon cubes in a large serving bowl.
2. In a small bowl, whisk together the lime juice, honey and salt until well combined.
3. Drizzle the lime dressing over the watermelon cubes.
4. Sprinkle the feta cheese evenly over the watermelon. Add the mint leaves and onions.
5. Gently toss all the ingredients together until evenly distributed. Season with black pepper.
6. Chill in the refrigerator for 15-20 minutes before serving for best flavor.

Lemon Herb Grilled Chicken Skewers

- 2 lbs. boneless chicken breast, cut into 1-inch cubes
- 1/4 cup olive oil

- 1/4 cup fresh lemon juice
- 3 cloves garlic, minced
- 2 Tbsp. fresh oregano, chopped
- 1 Tbsp. fresh thyme, chopped
- 1 tsp. salt
- 1/2 tsp. black pepper
- 1 red bell pepper, cut into chunks
- 1 yellow bell pepper, cut into chunks
- 1 red onion, cut into chunks

1. Place the chicken cubes in a large bowl.
2. In a separate bowl, whisk together the olive oil, lemon juice and garlic.
3. Add the oregano, thyme, salt and black pepper to the marinade.
4. Pour the marinade over the chicken cubes; toss to coat evenly.
5. Cover; refrigerate for at least 1 hour or up to 4 hours.
6. Soak wooden skewers in water for 30 minutes to prevent burning.
7. Thread the marinated chicken onto the skewers, alternating with chunks of red bell pepper, yellow bell pepper and red onion.
8. Preheat a grill to medium-high heat; oil the grates.
9. Grill the skewers for 10-12 minutes, turning occasionally, until the chicken is cooked through and the vegetables are slightly charred.
10. Remove from the grill; let rest for 3 minutes before serving.

Strawberry Sorbet

- 2 lbs. fresh strawberries, hulled and halved
- 3/4 cup granulated sugar
- 1/2 cup water
- 1/4 cup fresh lemon juice
- 1 tsp. lemon zest
- Pinch of salt

1. Place the strawberries in a blender or food processor.
2. In a small saucepan, combine the sugar and water over medium heat, stirring until the sugar dissolves completely.
3. Remove the sugar syrup from the heat; let it cool for 10 minutes.
4. Pour the cooled syrup over the strawberries in the blender.
5. Add the lemon juice, lemon zest and salt.
6. Blend on high speed until completely smooth and no chunks remain.
7. Pour the mixture through a fine-mesh strainer to remove any seeds, if desired.
8. Transfer to a shallow container; freeze for 1 hour, then stir with a fork.
9. Continue freezing, stirring every 30 minutes, for 3-4 hours until the sorbet reaches a scoopable consistency.
10. Serve immediately or store in an airtight container in the freezer for up to 2 weeks.

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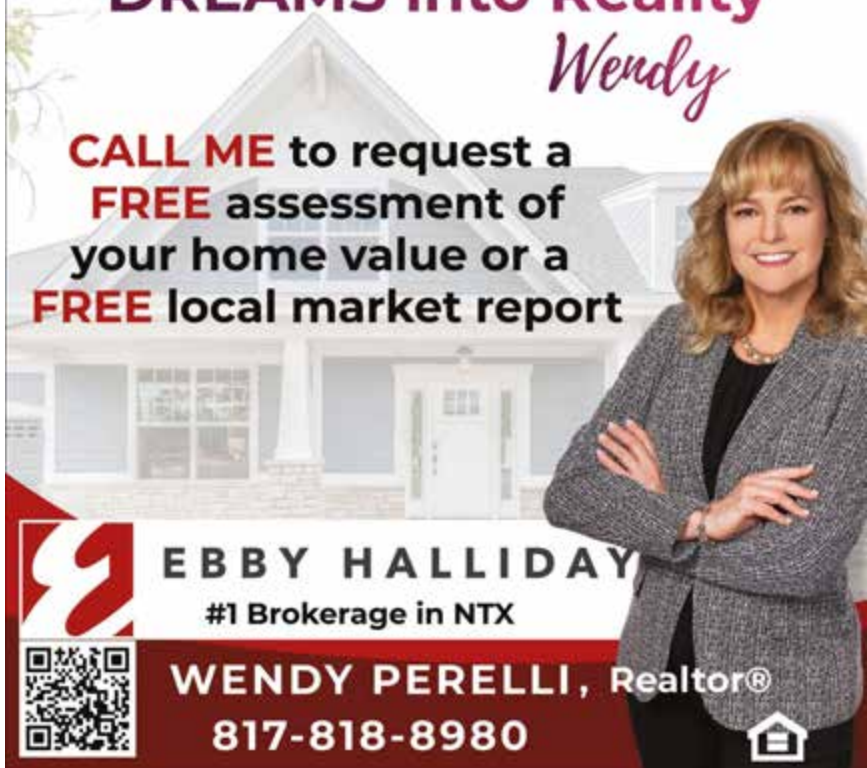
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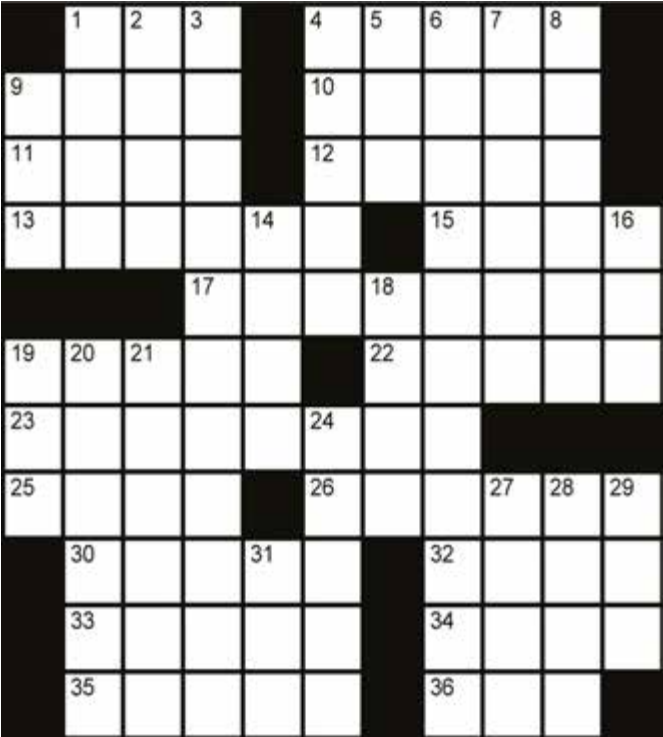


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Crossword Puzzle



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Across

- 1 "Brave --- World"
4 Outfits
9 Bean in Peru?
10 Crosswise, nautically
11 Prince Charles or Tony Blair, for example
12 Auntie's other half
13 Grave
15 Cash box
17 Legible
19 Momma's partner
22 Occupied
23 Getting going
25 47 for silver or 79 for gold
26 Cipher
30 Sun-dried brick
32 Bandit's refuge
33 Thin cookie
34 Supporter
35 Slashed seats for something valuable
36 Informer

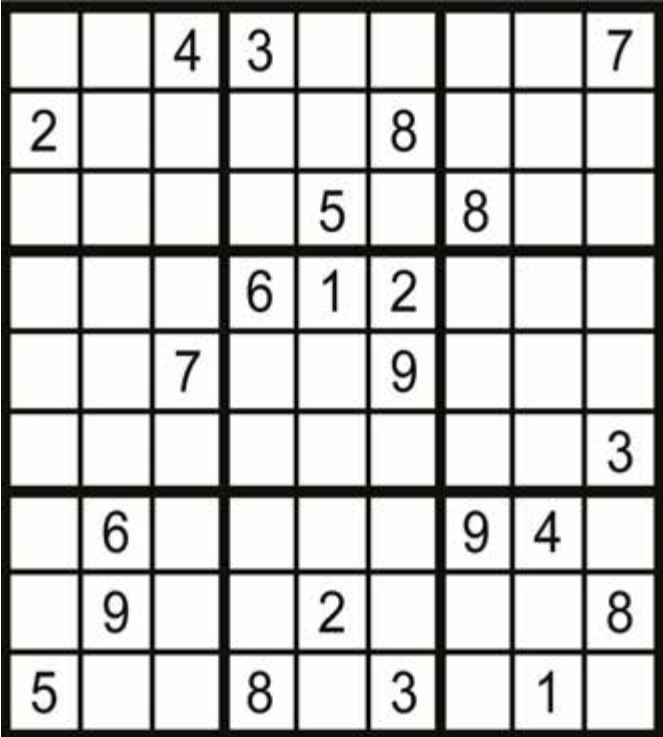
Down

- 1 Iron out actor's last name
2 "--- and the Detectives" (1964 Disney movie)
3 Makes impervious to the rain
4 The animal kingdom
5 "Son of" in Arabic
6 Urgent! Clara must organize shape
7 Coconut liqueur
8 Bouquets
9 A kg. is about 2.2 of these
14 Flesh
16 Downwind
18 "Saw" actress - -- Meyer
19 Snappers' org.
20 Capital where Senators skate on thin ice
21 Bamboo-eaters
24 Lifeless
27 Festive occasion
28 Fencer's grip
29 Have a go
31 Gathering for a specific purpose

Find puzzle answers within this magazine. Online versions and solutions are also available at www.nowmagazines.com.

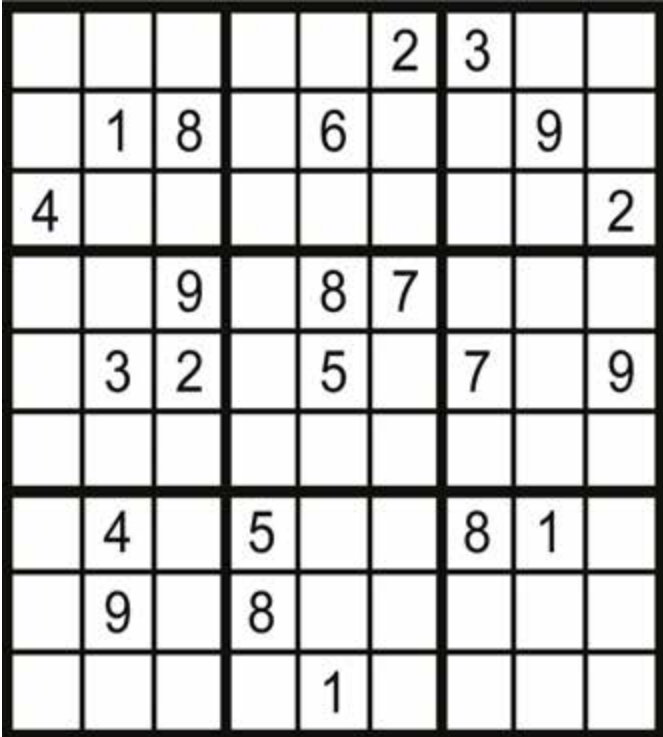
Sudoku Puzzle

Easy



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Medium



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After shadowing different careers in college, Dr. Cristina Allala discovered her calling in dentistry. Ten years later, she brings specialized expertise and a spa-like atmosphere to Cedar Hill through Serenity Advanced Dentistry, a solo, minority, woman-owned private practice.

Dr. Allala graduated from Baylor College of Dentistry in 2016 and completed her Bachelor of Science from The University of Texas at San Antonio in 2012. Since opening her practice, she has built a loyal following of patients who have followed her from her previous office, drawn by her gentle approach and commitment to patient care.

What sets her practice apart is her advanced certification in Level 2 moderate sedation — a qualification most dentists do not have. This certification requires at least 60 hours of specialized instruction and successfully administering sedation to at least 20 patients under supervision. For patients who experience dental anxiety, this option can transform their experience, making procedures like extractions comfortable and stress-free.

"Another thing that sets our practice apart is our skill with dental surgeries," Dr. Allala said. "Here are some of my favorite quotes from patients:

"Regarding implants: 'My implant surgery went smoothly. They explained everything, kept me relaxed, and I had very little discomfort afterward.'

"Regarding tooth extractions: 'I had oral surgery done and was extremely nervous, but the doctor and team made me feel comfortable the entire time. The procedure was painless, and recovery was easy.'

"Regarding tooth fixed dentures: 'My experience with fixed dentures was great. Dr. Allala planned everything digitally, the surgery went smoothly, and I had no complications. I can eat comfortably now, and they feel like my own natural teeth.'"

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"We are not a corporation," Dr. Allala said. Unlike larger corporate dental practices, Serenity Advanced Dentistry remains independent, allowing Dr. Allala to focus on building genuine relationships with patients. All assistants are bilingual, ensuring Spanish-speaking patients feel comfortable and fully understand their treatment options.

Dr. Allala lives in DeSoto, just 10 minutes away from her office, keeping her deeply connected to the community she serves. She gives back by supporting the Friends of Tri-City Animal Shelter through monthly contributions, a cause close to her heart as a devoted pet lover. For families seeking personalized dental care in a welcoming, professional environment, Serenity Advanced Dentistry offers an alternative to corporate dental chains.

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Steven graduated from North Mesquite High School and attended The University of Texas at Arlington. For the past 12 years, he has lived in Grand Prairie with his wife, Claudia, their two sons, and three Maltese. Steven enjoys mountain biking and snowboarding and his family attends St. Jude Catholic Church in Mansfield.

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