

# SouthwestNOW

M A G A Z I N E

AUGUST 2024

## Composing a Future

Aureus Morel's talent  
shines at the piano  
and beyond

Also inside:

Scavenger Hunt

Crossword

Featured Business:

Otise Reed

Law Group, PLLC

In the Kitchen With  
Nakia McGuire

2024 Summer Savings  
Shopping Guide

Postal Customer

\*\*\*\*\*EGRWSS EDDM\*\*\*\*\*

POSTNET STD  
U.S. POSTAGE  
PAID  
DALLAS TX  
PERMIT #4040

# MEET THE EXPERTS

FOR YOUR  
SPORTS  
MEDICINE CARE.



Jared Cloud, D.O.; Lindsey Dietrich, M.D.; Sarah Kennedy, D.O.

## Get more out of your orthopedic care.

Whether you're training for a specific sport, or just the sport of life, Sideline Orthopedics and Sports is here to provide you with patient-centered care. From sprains and strains to concussion management, our comprehensive sports medicine care has you covered. And with advanced surgical procedures as well as nonsurgical approaches, you can rest assured you'll receive personalized care tailored to your needs. That's how Texas Health cares more.



**Make an appointment today.**

817-697-0363

[THPG.org/Sideline](https://THPG.org/Sideline)





# 1 Corinthians 10:31

*At Mechanical Comfort Systems Inc. we would like to take this time to thank all of our loyal customers. We appreciate you in trusting our company to handle all your home comfort needs.*



***Mechanical Comfort Systems Inc.***

***KeepingAmericaCool.com***

***Air  
Plumbing  
Electrical  
(214)333-4410***



| Get your \_\_\_\_\_ fixed here.

Our patient navigators will be your go-to,  
guiding you throughout your healthcare journey.

At Texas Health Hospital Mansfield, our goal is to make your orthopedic journey an easy one. Our patients have full access to patient navigators who can guide you every step of the way, from initial consultation to your last day of rehab. We are also the only team in town that uses advanced robotic technology for faster recovery times. No matter what you need, you're in good hands when you choose us.



4.5 ★★★★★

Learn more at:  
[TexasHealthMansfield.org/Orthopedics](https://TexasHealthMansfield.org/Orthopedics)



Doctors on the medical staffs practice independently and are not employees or agents of Texas Health hospitals or Texas Health Resources. © 2024 Texas Health Resources





Fall 2024

## July

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## August

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## September

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## October

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## November

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## December

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## IMPORTANT DATES

Independence Day----- July 4  
First Day of School-----August 13  
Labor Day-----September 2  
Fall Break-----October 14-18  
Thanksgiving Break-----November 25- 29  
Winter Break-----December 23- January 2  
MLK Jr. Holiday-----January 20  
Presidents Day-----February 17  
Spring Break-----March 11-14  
Good Friday-----April 18  
Last Day of School-----May 22  
Memorial Day-----May 26

## MEET THE TEACHER

(6:00 - 8:00 p.m.)

Elementary: August 8  
Intermediate: August 15  
Middle: August 22  
DHS/PACE: August 29

## SCHOOL HOURS

**Elementary**  
8:00 a.m. - 3:30 p.m.  
**Intermediate**  
8:30 a.m. - 4:00 p.m.  
**Middle School**  
9:00 a.m. - 4:30 p.m.  
**High School**  
7:30 a.m. - 3:00 p.m.

## LEGEND

- Holiday, No Classes
- First/Last Day of School
- Meet-the-Teacher Night
- Professional Development, No Classes
- Teacher Work Day, No Classes
- PD Exchange Day, No Classes
- Bad Weather Day
- Nine Weeks Begins
- Nine Weeks Ends

\*Calendar Revised 7.15.2024

Spring 2025

## January

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## February

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

## March

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## April

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## May

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## June

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



ON THE COVER



Aureus Morel lives and breathes music.

Photo by  
Shane Kirkpatrick.

Publisher, Connie Poirier  
General Manager, Rick Hensley

**EDITORIAL**  
Managing Editor, Becky Walker  
Southwest Editor, Adam Walker  
Office Assistant, Kristin Bato  
Editors/Proofreaders, Rachel Rich  
Virginia Riddle

**GRAPHICS AND DESIGN**  
Creative Director, Chris McCalla  
Artists, Jerri Akers . Kristin Bato  
Martha Macias . Anthony Sarmienta

**PHOTOGRAPHY**  
Photography Director, Chris McCalla  
Photographer, Shane Kirkpatrick

**ADVERTISING**  
Advertising Representatives,  
Dustin Dauenhauer . Bryan Frye  
Cherise Burnett . Kelsea Locke  
Linda Moffett . Linda Roberson  
Karen Schaefer . Jeremy Young

Billing Manager, Angela Mixon

SouthwestNOW is a NOW Magazines, L.L.C. publication. Copyright © 2024. All rights reserved. SouthwestNOW is published monthly and individually mailed free of charge to homes and businesses in the Cedar Hill, DeSoto and Duncanville ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 283-1170 or visit [www.nowmagazines.com](http://www.nowmagazines.com).

Ask us about our  
**EASY WAY**  
**Valet Service!**  
(Within Local Area)

- All Insurances Accepted
- Complimentary Local Shuttle
- Equipped & Certified for Aluminum Repairs for all makes & models

**At Superstar Collision, we take tremendous pride in the work we do. We offer a LIFETIME WARRANTY. We will ensure that your vehicle is brought back to pre-accident condition and is repaired to your satisfaction.**

★★★★★  
*"I was pleased how they handled an issue. Very professional. I was also pleased when I visited their facility. Well staffed and organized. I will definitely recommend them to friends, coworkers and family."*  
Donnie - May 2024

Proud to be Locally Owned and Operated for Over 18 years  
[superstarcollision.com](http://superstarcollision.com)

**HOW CAN WE HELP YOU TODAY?**  
**972-299-6900**

1260 S Hwy 67, Cedar Hill (Between Cedar Hill and Midlothian)

[www.nowmagazines.com](http://www.nowmagazines.com) 4 SouthwestNOW August 2024

# EDITOR'S NOTE

*My head is full of weird stuff ...*

There are movie quotes, Muppet quotes and song lyrics. There's the color of a particular set of pants Mom had when I was a little kid and that spot on the wall that looked like a German Shepherd when I had a high fever and the poster my kindergarten teacher gave me when she left six weeks into the year.

But the dumbest thing crowding my brain has to be old phone numbers. In 1983, we lived in Garland and had the phone number 530-1212. It had previously belonged to an all-night glass repair place. When we moved to Dallas the next year, our phone number was 333-2455. That one was one digit different from a call-in prayer line. Both of them were *fun* numbers to have late at night!

At least those were my own phone numbers. For many years, you could call 844 plus any four more numbers to get the time and temperature. I called that number a lot during the summer of 1980. *The Dallas Times Herald* classifieds number was 748-1414. That newspaper went bankrupt in the early '90s. But I still remember how to call to "get results like you've never seen before!"

When I lived in Taiwan the phone number for Pizza Hut was 2393-9889, followed by the exclamation *ah!* Domino's number was 2882-5252, which was mispronounced to sound like the phrase, "I'm hungry, Daddy! I'm hungry! I'm hungry!" I never used either number and rarely ate at either establishment. There are still a few numbers for floor repair places and law practices that are stuck in my head.

*What's in your head?*



*Adam*

Adam Walker  
SouthwestNOW Editor  
adam.walker@nowmagazines.com  
(469) 285-2008

**YOU COULD  
SAVE MONEY  
WITH GEICO**



With low rates,  
personalized service,  
and a local office near  
you, it makes sense to  
switch to GEICO.

Jennifer Reed  
*¡Hablamos Español!*  
geico.com/desoto-reed  
1001 N I-35 E, DeSoto  
469-801-2700



**GEICO**  
LOCAL OFFICE

  
**YOU CAN LIVE AGAIN  
SEA MOSS STORE**

**324 E. Beltline Rd, #603 DeSoto, TX  
214-622-5755**

(located @ the front, inside Grow DeSoto)  
New Hours: Tues - Sat 11am - 6pm and Sun 11am - 3pm



Real testimony- "I went from a size 28 to a size 18 in 3 months on your sea moss! I feel like I got my life back! Wow! Thank you!" - Frances

**SEA MOSS helps with immunity, energy,  
weight loss, heart health and more!**

 youcanliveagainseamoss  
YouCanLiveAgainSeaMoss.com



**\$5.00 off**  
Minimum purchase  
of \$35.00

Cannot be combined with  
any other offer. Expires 8/31/24

**SEA MOSS FLAVORS  
ELDERBERRY, MANGO,  
PINEAPPLE, STRAWBERRY,  
PEACH COBBLER  
AND MORE!**



# Redbird Village Apartments



Look what people are saying about us!



Google "Redbird Village Apartments" and click on "Reviews"!

"...My heart is and will always be at Redbird Village." - Mary

"...Staff... treats you like you are their biological family." - Kathy

"..Family friendly community."  
- Margaret

972-298-5311 • 803 Link Dr. #11, Duncanville, 75116 • RedBirdVillageApartments.com

## TIME TO UPDATE YOUR KITCHEN?

## MTM Countertops



**COME SEE OUR  
IN-STOCK  
QUARTZ  
SELECTIONS!**

OPEN TO THE PUBLIC:  
MON-FRI: 8AM - 5PM  
OPEN SATURDAYS 10-2

- FREE Estimates • Competitive Pricing
- Up to 15-year Warranty on Some Products

**daltile**  
**ONE**  
QUARTZ SURFACES  
American Made

**2460 Hwy. 287 N. • Mansfield • For more info call 817.477.8663**  
(Northbound service road – between Callendar Rd. & Turner-Warnell)







## ANDERSON MEDICAL GROUP OF TEXAS

YOUR HEALTH. OUR CARE.

Anderson Medical Group of Texas provides comprehensive medical care for all aspects of adult medicine, including acute and chronic illnesses.



**HOWARD E. ANDERSON, II, M.D.**  
*Diplomate, American Board of Internal Medicine*

### INVESTMENT.

We invest in our employees, patients, and the community we serve.

### INNOVATION.

Whenever possible, we use technology to improve patient care.

### INSPIRATION.

We want to inspire the future generation and encourage others to continue their interest and journey in healthcare.


## We Offer A Number of Services To Improve Your Health


- ✓ **UnitedHealthCare / WellMed Tier 1 Provider**
- ✓ Same Day Appointments
- ✓ Connected Care Services for Medicare Patients
- ✓ State Of The Art Technology
- ✓ Comprehensive Wellness Programs
- ✓ Personalized Care Plans

## CONTACT US FOR AN APPOINTMENT TODAY

 469.981.2648

 [info@amgoftexas.com](mailto:info@amgoftexas.com)

 [www.amgoftexas.com](http://www.amgoftexas.com)

 1411 N. Beckley Ave. | STE. 352 | Dallas, TX 75203

# Composing a Future

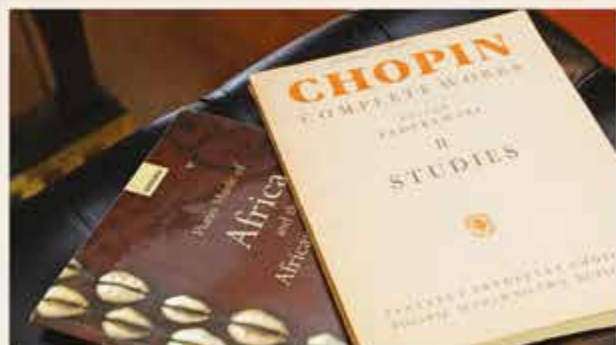
— By Adam Walker



*Music is the air that Aureus Morel breathes. A lot of people say stuff like that, but it's true of this 17-year-old student at Booker T. Washington HSPVA on a whole other level.*

"I vividly remember third grade Music Memory competition. I put in a lot of effort and won the first trophy for William M. Anderson Elementary. You're required to listen to music and memorize the titles and composers," Aureus explained.

"It's a UIL-sanctioned event," his mother, Kesha Calicutt,



added. "As a high school student, Aureus and his classmates perform the pieces for the younger students to identify. I probably should have gotten a clue from third grade."

"Then in middle school, at Harry Stone Montessori, they had piano as an elective. It came pretty naturally. I



had a great teacher in sixth grade, Miss Strayley. She suggested I should go to Booker T.”

His mother was a violinist in college, so she’s a competent musician herself. “During COVID, I started helping him with his music. I taught him the circle of fourths and the circle of fifths. But I didn’t learn music. I learned violin. He learned everything I knew in a matter of months. I decided I had to get him some books!”

Aureus started composing 8-bit music for video games. Like many artists, he’s shy about sharing his early work, but there were already hints of what was to come. “I love classical music, especially the Baroque period. I enjoy performing polyphony. It’s deceptively simple. But my favorite composers are all from the Romantic period — Chopin, Liszt and Brahms.” That makes sense for a pianist. The piano didn’t even exist during the Baroque period, and really came into its own during the Romantic period. “Some of the most challenging pieces are by contemporary composers. I’m learning a piece by Margaret Bonds. It uses a lot of chordal harmony that sounds like the Romantic period, combined with jazz progressions and hints of Black church music. It changes keys quickly.”

But music is not all serious stuff at home. They have some of those appliances that play tunes instead of buzzing to let you know they’re through. “Sometimes, I have a washing machine rap battle with my mom!”

“He’s always walked around the house humming. That also should have clued me in,” Kesha added. “He’s amazing. He can just listen and say, ‘That’s a B-sharp.’”

“If I’m saying B-sharp, we’re in a weird key!” he quipped.

Performing and composing are both fascinating to Aureus. “The part I like about performing music is that it’s ephemeral. The best way to enjoy music is at a live performance. You can’t really preserve that — as a performer or as a listener. When I’m composing, I want to be stylistically consistent with myself. Right now, I’m working on an 11-part piece for school.” Aureus has done arrangements and commissions for other people. “I’m part of an award-winning group at school. We were

# Good Shepherd Church



Planning  
your fall  
routine?  
Join us for  
church on  
Sundays!



[www.goodshepherdcedarhill.com](http://www.goodshepherdcedarhill.com)

915 Old Straus Road Cedar Hill, TX 75104

# Good Shepherd Church

FREE LUNCH

Wednesdays, 1pm  
- all are welcome!



find  
out  
more  
→



915 Old Straus Road  
Cedar Hill, TX 75104



recognized by *DownBeat Magazine*. It's a jazz fusion group. If I could play only one genre for the rest of my life, that would be jazz, because you can do anything you want. It's a Sisyphean struggle." Someone pays as much attention to vocabulary lessons as he does to music. He's already played at the 449 LA SCAT club in Harlem, at age 15. He performed "All the Things You Are."

Literary pursuits inform more than just his vocabulary. He has composed



Photo Courtesy of the Texas Cultural Trust.

a piece titled "Ozymandias," after the poem by Percy Bysshe Shelley. The poem describes a ruined statue in the desert that proclaims the eternal greatness of some forgotten ruler. Aureus' piece soars with energy and hints at Middle Eastern rhythms and then fizzles to an unresolved ending, like the poem's ending that speaks of the ruins in "The lone and level sands [that] stretch far away." It's a perfect musical interpretation of the poem.

"He composes for instruments he doesn't even play," his mother informed. "He won a competition with a string quartet. He plays piano!"

The state of Texas has recognized

the genius of this young man. The Texas Commission on the Arts has awarded him a Young Masters grant of \$10,000 dispersed over two years, to further his growth as a musical artist. "This year, I'm using the money to go to a summer program at the Boston Conservatory. I'm hoping to learn more ways to compose for more instruments. I went there last year and learned about woodwinds and mallet percussion. Next year, I won't be eligible for that program, so I'm not sure how I'll use the second part of the grant, but it will be something college related, I'm sure. I want to major in composing and minor in music business. I'm not sure where I'll go to college. I'll go where the money goes. I want to produce records, but learning to record is horribly irritating. Everything's a trade-off. To get one setting perfect, you have to give up something else. There is no best way."

There might be no best way to handle the technicalities of recording, but Aureus has a golden future in his art. This is a young man who will be doing things with a symphony that you won't soon forget. Mark his name. **NOW**

## THE MOST IMPORTANT NUMBERS A BANK CAN THROW AT YOU ARE 24 AND 7.



You call, and we answer around the clock, right here in Texas.

Visit us at 150 E Hwy 67, Suite 110 in Duncanville or call (800) 51-FROST



MEMBER FDIC





- Primary Care
- Urgent Care
- Preventative Care
- Weight Loss
- Hormone Pellet Therapy
- Hair Loss Therapy



**Unlock Your Vitality:  
Embrace Life's New  
Chapter with Hormone  
Replacement Therapy!**



**Unleash Your Body's  
Potential: Shed Pounds and  
Transform Your Body, Mind  
and Soul with Our Dynamic  
Weight Loss Program!**



**Regain Your Mane and Reclaim  
Your Confidence. Defy Hair  
Loss with Our Cutting-Edge,  
Game-Changing  
Men's Program!**



**Revitalize Your Vigor:  
Empower Your Inner Alpha  
Male with Men's Hormone  
Replacement Therapy!**

## Accepting New Patients

**Now Accepting Managed Medicare Patients** (Please Call for Details)

Same-Day Appointments & Telehealth Appointments

**972-709-3415 • 947 Scotland Dr., Ste. 107, DeSoto, TX**

[www.PhillipsFamilyMedical.com](http://www.PhillipsFamilyMedical.com) • Email: [info@phillipsfamilymedical.com](mailto:info@phillipsfamilymedical.com) • Se Habla Español •

# BEAT THE HEAT WITH OUR COOL DEAL!

## 1 MONTH FREE! \*



**ACCESS  
SELF STORAGE  
AND TRUCK RENTAL**

[accessstoragedallas.com](http://accessstoragedallas.com)

- Climate Controlled Units Available
- Local, Affordable & Friendly Storage
- Managers Live On-Site
- Unmatched Customer Service



**2140 North Hampton Rd, DeSoto, TX, 76065 | (469) 283-0123**

\*Restrictions apply. Call for details.







BusinessNOW

# Otise Reed Law Group, PLLC

## Otise Reed Law Group, PLLC

1700 N. Hampton Rd., Ste. 104  
DeSoto, TX 75115  
(945) 446-6400  
attorney@otisereedlaw.com

**Hours:** Monday-Thursday: 9:00 a.m.-5:00 p.m.  
Friday: 9:00 a.m.-2:00 p.m.  
Closed weekends

Otise Reed, new to the Dallas area, but not the practice of law, enjoys the practice of law and focuses on family, criminal and civil law matters. Otise graduated with honors from Thurgood Marshall School of Law at Texas Southern University. In addition to being licensed in Texas, Ms. Reed is also licensed on the federal level in the Northern, Eastern



and Southern Districts of Texas, where she handles issues arising out of federal law for her clients.

The practice of law requires the use of many skill sets, and one that Ms. Reed has found invaluable in her practice is negotiation. "While I was in law school, I took a negotiations course, and that really helped me with developing my skills. Negotiation is an integral part of my practice, and it touches every aspect of my practice areas. Practicing various areas of law requires executing different roles. For instance, in family law, I am often a counselor as I guide my clients through divorces, conservatorships, pre-marital agreements and child support cases. In my criminal law practice, I also utilize my counseling skills to assist my clients. With their life and liberty in jeopardy, it's important to me to treat them as human beings and protect their rights along the way. And, lastly, in my civil law practice, I'm negotiating settlements in breach of contract and personal injury cases."

Overcoming obstacles from her upbringing, she knows how it feels to be overlooked and undervalued. Therefore, Otise Reed is dedicated to helping clients feel reassured



“Practicing various areas of law requires executing different roles. For instance, in family law, I am often a counselor as I guide my clients through divorces, conservatorships, pre-marital agreements and child support cases. In my criminal law practice, I also utilize my counseling skills to assist my clients.”

and respected, whether through settlements like a recent \$300,000 personal injury case, simple matters like drafting a will or more complex matters like changing conservatorship from one parent to another or getting charges either reduced or dismissed from felonies to misdemeanors.

As her practice grows in the Best Southwest area of Dallas, Ms. Reed remains committed to maintaining a personal touch, ensuring clients always have a reliable lawyer they can contact directly. **NOW**



**CELEBRATING  
25 YEARS**

Established November 1998


## Compassion

*Because we've been through it too*



You don't have to march on alone. Allow us to walk with you during this difficult time.

811 S. Cockrell Hill Road,  
Duncanville, TX 75137  
Phone: (972) 298-2334  
jaynesmemorialchapel.com





**MS. OTISE REED, ESQ.**

**DIVORCE WOES? INJURY STRESS?  
FACING CRIMINAL CHARGES?  
WILL PREPARATION?  
WE HAVE SOLUTIONS.**



**OTISE REED**  
LAW GROUP, PLLC

**945-446-6400** ATTORNEY@OTISEREEDLAW.COM  
1700 N. HAMPTON ROAD SUITE 104, DESOTO, TX 75115

**"Life can be frustrating but taxes don't have to be"**

**bfg taxhelp**

712 N Hampton Rd, Ste 240  
Desoto, TX 75115  
www.bfgtaxhelp.com



**CALL: 469-TAX-HELP**

**From IRS representation to tax strategy and more; We've got your back!**

# FRIDAY NIG

## 2024 VARSITY FOOTBALL

### SCAN YOUR SCHOOL'S QR



**8/22** AT HEBRON (SCRIMMAGE)  
**9/6** AT SOC  
**9/14** ST. FRANCIS ACADEMY (BALTIMORE)  
**9/20** WAXAHACHIE  
**9/27** AT SKYLINE  
**10/4** BYE WEEK  
**10/11** AT DESOTO  
**10/18** LANCASTER  
**10/25** AT MESQUITE HORN  
**11/1** MESQUITE HIGH  
**11/7** AT CEDAR HILL

**8/31** CREEKSIDE  
**9/6** NORTH CROWLEY  
**9/13** MILLER  
**9/20** MESQUITE  
**9/27** AT WAXAHACHIE  
**10/11** DUNCANVILLE  
**10/18** HORN  
**10/25** AT CEDAR HILL  
**11/1** SKYLINE  
**11/8** AT LANCASTER





# HT LIGHTS

## TBALL SCHEDULES

### CODE FOR GAME DAY INFO!



**8/30** AT MIDLOTHIAN  
**9/6** AT ALLEN  
**9/13** AT RED OAK  
**9/20** DALLAS SKYLINE  
**9/27** AT LANCASTER  
**10/11** MESQUITE  
**10/18** AT WAXAHACHIE  
**10/25** DESOTO  
**11/1** DUNCANVILLE  
**11/7** AT MESQUITE HORN

**8/29** EASTERN HILLS  
**9/6** AT MARINE MILITARY ACADEMY  
**9/13** AT LIFE OAK CLIFF  
**9/20** ATLAS HOMESCHOOL  
**9/27** VENUS  
**10/4** AT GATEWAY CHARTER ACADEMY  
**10/18** AT BLOOMING GROVE  
**10/25** RICE  
**11/1** AT SCURRY-ROSSER  
**11/8** INSPIRED VISION





# THE LOCAL TABLE

One cannot think well, love well, sleep well, if one has not dined well.  
- Virginia Woolf

## B N SUSHI & GRILL

August Special



**\$5 OFF**

**\$25 or more purchase**

DINE-IN ONLY.  
EXCLUDES ALCOHOL.  
EXPIRES 8/31/24

BnSushi.com

**972-293-1009**

638 Uptown Blvd #120  
Cedar Hill

## COMBO SPECIAL BURGER

ONLY FOR \$  
**\$10.99**

SERVED WITH  
ONION RINGS  
AND A DRINK!



\*With coupon. May not be combined with other offers. Expires 8/31/24.

**TAKE OUT**  
**Burgers**

PLACE YOUR ORDER: (972) 283-5106  
795 W. Wheatland Rd., Duncanville  
Mon. - Sat. 11AM - 9PM • Sun. 12PM - 8PM

**ORDER HERE!**



## Need More Business?

Advertise your restaurant here.

For information, call:

**972.283.1170**



Bringing the best of the community home.

## CAMPUZANO mexican food



**\$5 OFF**

**\$25 PURCHASE**  
Expires 8/31/24 SWN

**CAMPUZANO**



• Waxahachie  
• Cedar Hill  
• Dallas  
(Oak Lawn)

CampuzanoMexicanFood.com



# Summer Savings

SHOPPING  
GUIDE

## STAR TRANSIT

— SERVING —

**CEDAR HILL • DESOTO  
• DUNCANVILLE •**



877-631-5278 • STARtransit.org



## End of Summer SALE

Boehm Books, the one-of-a-kind local bookstore offering tutoring in math, reading, and other challenging subjects.



**ACE YOUR  
BACK-TO-SCHOOL  
ROUTINE WITH  
CURSIVE WRITING,  
MATH, AND ENGLISH.**

**Book your tutoring session today!**

917 North Joe Wilson Rd. Ste. 102B, Cedar Hill  
Register today at 469-454-6115

## CAMP BOW WOW

DOGGY DAY CARE & BOARDING • GROOMING



\*Legal WOOD Valid only at Cedar Hill location. Campers must meet entrance requirements. Not valid with other discounts. Additional restrictions may apply.

Camp Bow Wow Cedar Hill | 1104 S. Highway 67, Cedar Hill, TX 75104  
972-296-9663 | campbowwow.com/cedar-hill



*Let me help you sell your  
home or commercial property.*



**STAN SMITH,  
REALTOR**

**"Stan The Man" -  
Your Hometown Realtor**

stan@stanleymsmith.realtor **MLS**

# 214-354-1679





**Zoomed In:** By Adam Walker  
Tom Gaubert and Shelonda Weaver

Shelonda Weaver, the current president of the DeSoto High School Parent Teacher Student Association, presented a blanket to Tom Gaubert of the Wildwood Foundation. “Mr. Gaubert and the Wildwood Foundation were sponsors for our Project Graduation initiative,” Shelonda reported. “Mr. Gaubert sponsored 500 personalized blankets to give to our DeSoto High School seniors. We wanted every senior to graduate with a gift. We got these blankets embroidered with their class theme ‘2024 — Ready for More!’”

“We presented Mr. Gaubert with one of the blankets to thank him for his generous support,” she said. “Many other community groups, including the Police Department and the PTA, also contributed to make sure all our seniors received their gifts. We’re really thankful for all the support from the community.”



DeSoto’s Chargris Hightower receives the Outstanding Technology Alumni award from Perdue.



Joe V’s Smart Shop opens in Duncanville.



Raiden, Raine and Raia Close smile for the camera in Cedar Hill.



Residents at Champions Cove play pool noodle volleyball.



Fire trucks are always a hit with young and old alike.





Barimah Amoo Asante is STEM Teacher of the Year.



Former American Airlines CEO Doug Parker speaks to the Aviation Collaboration Working Session about training future aviators at Cedar Hill High School.



Carol Conkleton, Carolyn Campbell, Felicia Wright and Phyllis Stevenson enjoy water aerobics at the Natatorium.

## Happy August!

from Split Endings Salon  
& The Haydin Insurance Group.

**Rated BEST Hair Salon Since 2010**  
Focus Daily News

Cuts and Styles for Men, Women and Children.

Expert Color and Highlights are our Specialties, including the Ombre and Balayagé!

Extensive Line of Haircare Products Available.

**New Client Specials**  
\$5 OFF Haircut  
\$10 OFF Any Color Service

**Walk-Ins Now Welcome!**  
Call, Book Online or Text Your Stylist  
[www.SplitEndingsSalon.com](http://www.SplitEndingsSalon.com)  
**972.291.7883**

**Split Endings Salon**

201 Bryan Place  
Cedar Hill  
(Corner of Straus Rd)

Amber Haydin 469-693-1582

Yoko Smith 214-808-8028

Rachel Powers 469-321-0409

Deanna Ritchie 214-235-3819

Susan Payas Quans 817-975-3400

Tamara Sanders 505-240-4572

## TRY BEFORE YOU BUY

**PRIDE** MOBILITY SCOOTERS

**VivaLIFT!** POWER RECLINER COLLECTION

**\$100 OFF**

Any Purchase of \$1,000 or More  
Cannot be used with any other offer.  
Offer expires 8/31/24.

We now accept CareCredit.

**CareCredit**  
Making care possible...today.

Two Locations to Choose From

**972-757-7636**  
100 Plaza Drive, Ste. 300, Red Oak, TX

**903-224-6273**  
3731 W. Hwy. 31 Bus., Ste. E, Corsicana, TX

[www.csemobility.com](http://www.csemobility.com)

**CSE** MOBILITY & SCRUBS

**We Sell Scrubs**





CookingNOW

## *In the Kitchen With* NAKIA MCGUIRE

— By Adam Walker

When Nakia McGuire relocated to DFW from her native D.C., her relationship with food consisted of making reservations at great restaurants. “My kitchen was an extension of my closet!” She found a group of friends who met for weekly Sunday potlucks, but they let her be in charge of paper plates. Eventually, one of the women insisted Nakia bring a dish to the next meal. “I didn’t want to show up with something awful. After several calls to my grandmother, I landed on spaghetti. While this pot of spaghetti was mediocre, at best, my friends insisted it was the best pot of spaghetti ever.”

That encouragement set Nakia on the road to owning her own catering business and mobile produce market, J. Alice Marketplace, and writing a children’s cookbook. “I love watching people enjoy a meal I prepared, and I enjoy traveling the world and learning about the native dishes of the countries I visit.” **NOW**

### **Ol’ School Mac & Cheese**

**1 cup Colby cheese, shredded**  
**1 cup Monterey Jack cheese, shredded**  
**1 cup sharp cheddar cheese, shredded**  
**4 Tbsp. salted butter, diced**  
**8 oz. Velveeta, diced**

**8 oz. elbow macaroni**  
**12 oz. evaporated milk**  
**1/3 cup heavy cream**  
**2 Tbsp. sour cream**  
**1 egg**  
**1/2 tsp. granulated sugar**  
**1/2 Tbsp. seasoned salt**

**1/2 tsp. ground mustard**  
**1/4 tsp. cayenne pepper**  
**1/2 tsp. onion powder**  
**1 tsp. garlic powder**  
**1 tsp. white pepper**  
**1/2 Tbsp. cracked black pepper**  
**1/4 tsp. ground nutmeg**  
**1/2 tsp. paprika**

**1.** Grease an 8×8-inch square dish; preheat the oven to 350 F

**2.** In a large bowl, combine the Colby, Monterey Jack and cheddar cheeses.

**3.** Add the butter, Velveeta and half of the shredded cheeses to the prepared dish.

**4.** On the stovetop, cook the macaroni according to the package directions, just past al dente.

**5.** Meanwhile, in a large bowl, whisk together the evaporated milk, cream, sour cream, egg, sugar and all seasonings, except the paprika. Beat until totally combined, with no streaks of egg.

**6.** Immediately after draining the noodles, dump them into the baking dish. Stir together, letting the noodles start to melt the cheeses. Spread everything around as



evenly as possible. Sprinkle on a thin layer of cheese, then pour the custard over it. The liquid should come just to the top of the noodles. Sprinkle on another layer of cheese, then the paprika.  
**7.** Bake for 40-45 minutes, or until browned to your liking. Let sit for at least 10 minutes before serving.

**Tater Tot Casserole**

- 1 lb. lean ground beef**
  - 1/2 white onion, diced**
  - 1/2 tsp. garlic powder**
  - 1/2 tsp. salt**
  - 1/2 tsp. pepper**
  - 2 tsp. Worcestershire sauce**
  - 1/3 cup sour cream**
  - 1 10-oz. can condensed cheddar cheese soup**
  - 1 10-oz. can cream of mushroom or cream of chicken soup**
  - 1 15.2-oz. can corn, drained**
  - 1 14.5-oz. can green beans, drained**
  - 2 cups cheddar cheese, shredded (divided use)**
  - 1 32-oz. pkg. frozen tater tots**
- 1.** Preheat oven to 350 F  
**2.** Grease a 9x13-inch baking dish with nonstick cooking spray; set aside.  
**3.** In a large skillet, fry the ground beef, onion, garlic powder, salt, pepper and Worcestershire sauce until the beef is no longer pink. Drain the grease, if necessary.  
**4.** In a large bowl, combine the beef mixture with the sour cream, soups, corn, green beans and 1 cup of the shredded cheese. Spread the mixture into the prepared pan.  
**5.** Top with an even layer of tater tots; bake for 50 minutes, until the tater tots are brown and the casserole is bubbling. Top with the remaining cheese; bake for 5 minutes longer, until the cheese is melted.

To search for more great recipes from any of the 9 NOW Magazines publications, visit [www.nowmagazines.com](http://www.nowmagazines.com).

Enjoy Life... Again

Friends Place Adult Day Services

Affordable and flexible memory care program and services.

Call today for a tour!  
972-274-2484

Enrich your loved one's life and restore your peace of mind!

- 20+ engaging activities daily
- energetic, social environment
- support for caregivers

[www.FriendsPlaceADS.com](http://www.FriendsPlaceADS.com) • 1232 W. Belt Line Rd., DeSoto, TX

START THE SCHOOL YEAR WITH A STRONG ROOF!

SCHEDULE YOUR FREE INSPECTION NOW!

**SHEPHERD**  
ROOFING & RENOVATIONS  
(972) 244-3705  
HIRESHEPHERD.COM

**ROOFING**

- ASPHALT
- TILE
- STANDING SEAM
- SLATE
- SYNTHETIC
- FLAT

**RENOVATIONS**

- SIDING
- GUTTERS
- PAINT
- FLOORING
- DRYWALL

**\$199 ROOF TUNE UP**

- THOROUGH ROOF INSPECTION USING DRONE
- SEAL ALL VENTS & PENETRATIONS
- SEAL ALL EXPOSED NAILS
- INSPECT GUTTERS
- CLEAN ANY DEBRIS ON ROOF

**UP TO \$1000 OFF ROOF REPLACEMENT**

- DISCOUNT BASED ON ROOF SIZE: \$10/SQ
- FREE UPGRADE ON VENTILATION
- ICE & WATER SHIELD ON ALL VALLEYS
- 10 YEAR WORKMANSHIP WARRANTY
- CATCH-ALL LANDSCAPE PROTECTION

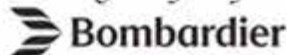
PRESENT COUPON TO REP TO REDEEM  
APPLIES TO 1 STORY HOME 7/12 PITCH OR LOWER  
MORE COMPLEX HOMES WILL BE SUBJECT TO HIGHER FEE

PRESENT COUPON TO REP TO REDEEM





Brought to you by:



"Come Together"



**Watkins Park**  
**Saturday Sep. 21, 2024**  
**9:00 AM - 2:00 PM**

**Early Vendor registration**  
**open until the August 15th**

Scan for  
 more info



**REDOAK**  
 AREA  
 CHAMBER OF COMMERCE  
*Serving Red Oak & Glenn Heights*

**Also brought to you by:**



**\$15 OFF EYE EXAM**

*Restrictions apply. Expires 8/31/24*

Anthony Peterson, O.D.

**Back to School Special**

Accepting new patients

Spanish-speaking doctor & staff (Se habla Español)

Hours: Monday-Thursday 9-6 | Friday 8-4

150 E. HWY. 67, Suite 120 • Duncanville, TX

972-298-EYES (3937) ■ [www.pecdallas.com](http://www.pecdallas.com)

Payments accepted:  
 Cash, Debit, Checks  
**CareCredit**

**(469) KOS-4KID**

**CLAIM YOUR 1 WEEK FREE CHILD CARE VOUCHER TODAY!**

Call 469-567-4543 to find out more details and redeem your 1 Week FREE Voucher

Attention DeSoto, Cedar Hill, Glenn Heights, Lancaster Families & Schools

**ARE YOU READY TO LET YOUR CHILD GROW?**

Kosmic Kids of DeSoto, is a warm and loving environment where kids can learn and grow. Your child will enjoy snacks; Nutritious Meals for Breakfast, Lunch & Dinner; have help with homework; experience daily devotional; and participate in weekly entertainment.

- Provides Before & After School Care • 0-13 Years of Age
- Faith Based • CPR First Aid Certified
- Discounts Available - Please Inquire
- The Only 4 Star Texas Rising Star Facility In DeSoto

**[www.KosmicKidsTx.com](http://www.KosmicKidsTx.com)**  
**1101 East Pleasant Run Road**  
**DeSoto, TX 75115**



# BACK PROBLEMS? MIGRAINE HEADACHES? PAIN IN YOUR BODY? WE CAN HELP?

Sciatica • Joint Pain • Migraine Headaches • Work & Auto Injuries  
Back & Neck Pain • Tingling in Hands & Feet • Arm & Shoulder Pain • Leg Pain



"I have been a patient for 2 years. The doctors are amazing, caring and can fix you right up!"  
-Elice from Dallas

## Back-to-School Special!

Mention this ad for a cost as low as

**EXAM, X-RAY & RESULTS | \$40\***

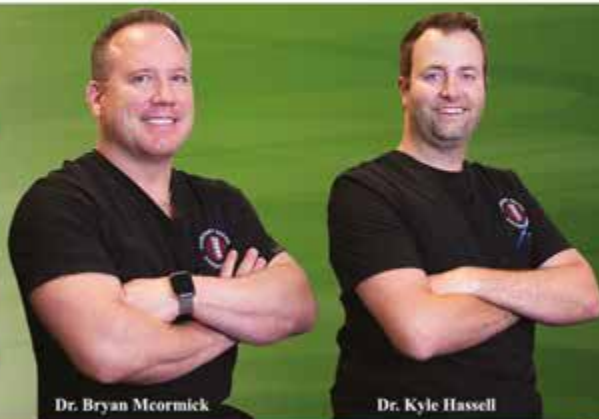
(Expires 8/31/24) \*Ask for details.



**COMFORT REHAB  
CHIROPRACTIC**

(469) 454-2169 • [ComfortRehab.com](http://ComfortRehab.com)

Cedar Hill Medical Plaza • 950 E. Belt line Road, Suite 180 • Cedar Hill  
(Next to Methodist Family Health Center East)



Dr. Bryan McCormick

Dr. Kyle Hassell

### HOURS

Monday 8:30 AM to 7 PM • Tuesday 8:30 AM to 6 PM  
Wednesday 7:30 AM to 6:30 PM • Thursday 8:30 AM to 6 PM  
Friday 8 AM to 3 PM • Saturday 9 AM to 12 PM

### EXCITING NEWS!

2ND LOCATION:  
ARLINGTON  
NOW OPEN!  
(360 6 30)

## Same Great Care, New Locations!

We are excited to announce that Kent Aftergut, MD & Cynthia Robinson, MD, FAAD, will be expanding patient care services to Dallas Associated Dermatologists, a sister brand of Dermatology Associates of Uptown.

Dr. Aftergut will see patients at the Preston Royal location on Tuesdays, and Dr. Robinson will see patients at the Las Colinas location on Wednesdays & Thursdays. Both will continue to see patients at Dermatology Associates of Uptown Cedar Hill location.

## Schedule Now!



**Cynthia Robinson, MD, FAAD**

6750 N MacArthur Blvd, Suite #260  
Irving, TX, 75039  
(214) 987-3376



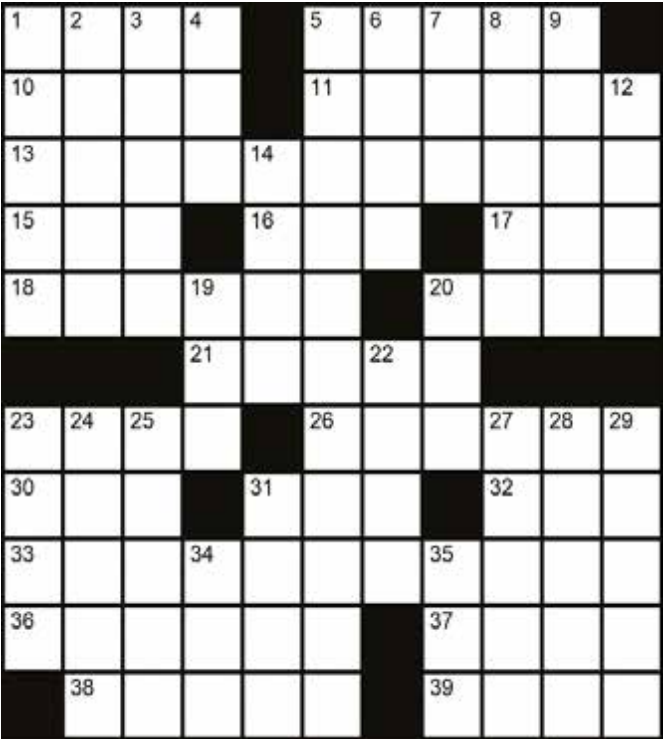
[www.dallasdermatology.com](http://www.dallasdermatology.com)

**Kent Aftergut, MD**

10703 Preston Rd.  
Dallas, TX 75230  
(214) 987-3376



# Crossword Puzzle



CrosswordSite.com Ltd

- Across**

  - 1 Dance movement
  - 5 Galley drudge
  - 10 Libya neighbor
  - 11 "Stranger Things" actress --- Ryder
  - 13 Constraining
  - 15 Ingested
  - 16 Seek to know
  - 17 --- bono (who profits?)
  - 18 French aperitif
  - 20 Football Hall of Famer, "Old Indestructible" Mel ---
  - 21 They built Machu Picchu
  - 23 Honshu seaport hit by earthquake in 1995
- Down**

  - 26 For a while, part of the world revolved round his Axis
  - 30 Stock market launch
  - 31 Dart board section
  - 32 "Call him drunken --- Hayes ..." (Johnny Cash)
  - 33 On which disorganized dancers rely for their clothes
  - 36 They're dressed for dinner
  - 37 Above
  - 38 Equivocate
  - 39 Consecrated
- 1 Fragment
  - 2 8th letter of the Greek alphabet
  - 3 Relaxes
  - 4 San Fran setting
  - 5 Food renowned for its holes
  - 6 Attack a popsicle
  - 7 Hill dweller
  - 8 Express
  - 9 Boredom
  - 12 Opposed, in Dogpatch
  - 14 Drops from the sky
  - 19 Railroad track element
  - 20 Atomic bomber, briefly?
- 22 Opera set in Memphis
  - 23 Young goats
  - 24 Kosciusko's most famous daughter?
  - 25 Gas law pioneer Robert ---
  - 27 Remain stationary at sea
  - 28 Elderly Harry Potter owl
  - 29 Hoarse
  - 31 Edifice, briefly
  - 34 Scoundrel
  - 35 Pass

Online versions and solutions available at [www.nowmagazines.com](http://www.nowmagazines.com). From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.

## Knick Knacks - Your Vintage Headquarters!

Come Visit **Junkofabuloso!**  
Back to School Back Pack Drive Starts August 1st


"Gotta get back to this shop. Every time I come to Knick Knacks I'm blown away by something." G. Ayala


215 W. Camp Wisdom Rd. • Duncanville  
972-283-9007 • [www.knickknacks.com](http://www.knickknacks.com)

# SCAVENGER HUNT WINNER!

Jacob Andrade won a \$50 cash prize courtesy of SouthwestNOW Magazine!







**EXCEL**  
FAMILY MEDICINE & PEDIATRICS

**BOOK YOUR  
SCHOOL OR SPORTS  
PHYSICAL TODAY!**

**Back-to-School  
Special \$25**

**ACCEPTING  
NEW  
PATIENTS**

**Pediatric Medicine:**  
Expert Care for Kids of All Ages.

**Family Medicine:**  
Comprehensive Care for Every Generation.

**SERVICES:**

- Newborn to Adolescent Care
- Well-Child Exams
- Vaccines for Newborns - 18 years of age
- Chronic Disease Management
- High Blood Pressure
- Diabetes
- Asthma
- Weight Management
- Hormone Replacement

**316 W Beltline Rd., Cedar Hill, TX 75104 • [www.ExcelFamilyMD.com](http://www.ExcelFamilyMD.com) • 469-206-2630**  
**Medicaid & Most Major Carriers Accepted • No Insurance Discounts Available**

**Now  
Offering  
Pre-Print  
Insert  
Services**

Call Your  
Rep Today!  
**972-937-8447**  
[www.nowmagazines.com](http://www.nowmagazines.com)

**NOW**  
MAGAZINES

**\$75 OFF** For first time repairs.  
Plus tax. Offer Expires 8/31/24

**We are here to address your  
irrigation needs or enhance your  
sprinkler system by:**

- Sprinkler System Inspection & Analysis
  - Pool & Patio Re-Routes
  - Installing Additional Zones to Existing System
- Upgrading Existing Systems to Water More Efficiently
- All Types of Sprinkler System Repairs
  - Backflow Assembly Repair, Replacement, or Testing



**ARC IRRIGATION**

Irrigator Lic #LI0012920  
BPAT Lic #BP0019018

**Call us at your earliest convenience  
for any of these services.**

**ARC IRRIGATION**  
Licensed & Insured • Antonio "Tony" Cruz  
[www.arcirrigation.net](http://www.arcirrigation.net)  
**214-683-4091 • 972-639-3446**







# WELCOME Back to School AUGUST

Some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

8/3

## Chess in the Park:

Come learn a new gambit.  
11:00 a.m.-2:00 p.m.,  
Pyburn Park, 915 Astair Ave.,  
Duncanville.

8/6

## Ctrl+Alt+Learn:

YouTube for Beginners: Adults,  
learn how to make the most  
of YouTube. Limited number of  
laptops available or bring your  
own device. Free. 6:30-7:30  
p.m., Traphene Hickman Library,  
450 Pioneer Trl., Cedar Hill.

8/8

## Foraging Workshop:

Adults, learn to identify the

edible plants growing wild in  
your community. Free.  
6:30-8:30 p.m., Traphene  
Hickman Library, 450 Pioneer  
Trl., Cedar Hill.

8/14

## Creative Writing With DAL Artist Kas Jones:

Join other seniors in creating  
an original literary work that  
becomes art on the walls of the  
Senior Center. DeSoto Senior  
Center, 204 Lion St.

8/17

## Games Day:

Come for a fun afternoon of  
favorite games. 2:00-4:00  
p.m., Trinity United Methodist

Church, 1302 S. Clark Rd.,  
Duncanville.

8/22

## Clases de Tecnología:

Youtube Para Principiantes Free.  
10:30-11:30 a.m., Traphene  
Hickman Library, 450 Pioneer  
Trl., Cedar Hill.

## Coffee With the Mayor:

Come meet the new mayor of  
Duncanville, Greg Contreras, in  
a friendly, casual setting. Noon-  
1:00 p.m., Hopkins Senior  
Center, 206 James Collins Blvd.

10/12

## 4th Annual Pink Diamonds

Community Bike Ride:  
Benefits Pink Diamonds

Survivors of Cancer Inc. The  
event will include a community  
health fair and screenings.  
\$15-\$35. Ride starts: 8:00  
a.m., D.L. Hopkins Jr. Senior  
Center, 206 James Collins  
Blvd., Duncanville. For more  
information, visit <https://www.pinkdiamondbikeride.com/>.

Submissions are welcome and  
published as space allows. Send  
your current event details to  
[adam.walker@nowmagazines.com](mailto:adam.walker@nowmagazines.com).

## Beautify Your Countertops!

Showers • Bathtubs • Countertops

Before

After

### Want To Save \$1000s? Don't Replace! 😊 Repair & Refinish

- FREE ESTIMATES •  
By Appointment Only  
2627 S. Cooper St. Ste. E12  
Arlington, TX 76015

### We Repair & Refinish Countertops Tile Showers & Walls • Fiberglass Tubs & Showers

Angie's list f www.ftworthrefinishing.com

## Summer Special

# 10% OFF

### Any Refinishing Job

\$695 or more if booked in August

## 817-633-9100

We Repair & Refinish  
Most Jobs in 2 Days  
or Less!

Offer Expires 8/31/24

## Mama Won't Fly

by Jones Hope Wooten  
directed by Jerry Ayers  
August 8-11 & 15-17

A zany whirlwind cross-country road trip for a family wedding promises lots of non-stop laughs for all!

## Great Theatre Since 1988!

### DUNCANVILLE COMMUNITY THEATRE

106 S. Main St.  
Duncanville  
972.780.5707  
[www.dctheatre.org](http://www.dctheatre.org)

CHECK OUT OUR  

## Favorite Recipes

### NEW!

[www.nowmagazines.com](http://www.nowmagazines.com)  
Searchable Recipes from the NOW Magazines Archives.

### TRY IT TODAY!

## NOW





## SouthwestNOW Scavenger Hunt



Find 5 hidden  
**Footballs**

in 5 different ads in this issue  
(not counting the one above).

Email the page numbers and  
specific ads where they are  
found, plus your phone  
number, by August 15th.  
To ensure your Scavenger  
Hunt answers go in the  
drawing, you must use the

**Scavenger Hunt Email**

[scavenger.swn@nowmagazines.com](mailto:scavenger.swn@nowmagazines.com)

One entry per person.



**\$50 Cash Prize**

Courtesy of:

**NOW Magazines**

[scavenger.swn@nowmagazines.com](mailto:scavenger.swn@nowmagazines.com)

Winner must pick up prize  
within 30 days of drawing.

Watermelons were  
found on pages 1, 15,  
17, 22, 23, 30.

July winner is:  
Tommie Rains - \$50 Cash  
from NOW Magazines

[scavenger.swn@nowmagazines.com](mailto:scavenger.swn@nowmagazines.com)



**LORENZO BROWN & ASSOCIATES**

ATTORNEYS AT LAW

**DIVORCE • PROBATE**

1700 N. Hampton Road,  
Suite 104

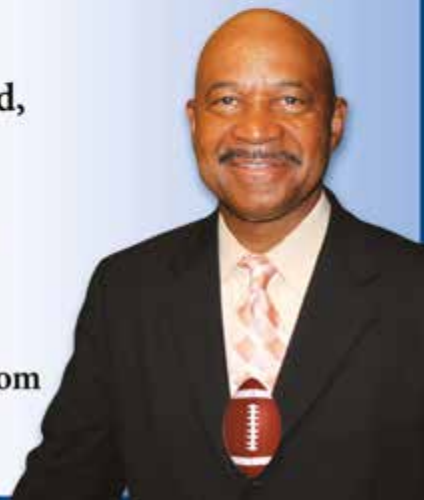
DeSoto, TX 75115

972.224.7555 - office

214.621.0036 - cell

214.237.6067 - fax

[lorenzobrownlaw@gmail.com](mailto:lorenzobrownlaw@gmail.com)



OAK CLIFF  
BIBLE FELLOWSHIP

YOUR ONE STOP SHOP FOR

**Quality  
Christian  
Resources**

**214-672-9119**

[www.ocbfbookstore.org](http://www.ocbfbookstore.org)

**Business Center  
Services:**

**PRINTING**

- Flyers • Brochures
- Business Cards • And More

**SHIPPING**

- FedEx • UPS • USPS



**1660 W. Camp Wisdom Rd.**  
Dallas, Texas 75232

Sunday 9:00am - 2:00pm

Monday-Thursday 10:00am-6:00pm

Friday 10:00am-3:00pm





# HAIR LOSS

RESTORATION CENTER

Information, Education, & Restoration

- **Non-Surgical Hair Restoration Services for Women & Men**
  - Schedule a **Complimentary Virtual Pre-Consultation**
  - Stem Cell Micropigmentation
  - Low Level Light Therapy
  - Hair Integration Services
- **Hands On Non-Surgical Hair Restoration Classes**
  - Coming in September

Contact Us:



Text: (469) 612-3493  
200 S. 14th Street Suite #194 Midlothian, TX 76065



Get Alopecia Help NOW!!

# Direct Mail Advertising Works!

Let SouthwestNOW Magazine present your advertising message to

over  
45,000

Home & Business addresses in the Cedar Hill, DeSoto & Duncanville ZIP codes



Dustin Dauenhauer

For more information, please call your local advertising representative.

972-283-1170

**NOW**  
MAGAZINES

BURLESON | CORSICANA | ENNIS  
MANSFIELD | MIDLOTHIAN  
NORTH ELLIS COUNTY | SOUTHWEST  
WAXAHACHIE | WEATHERFORD  
www.nowmagazines.com



## DALLAS AREA PATROL AND PROTECTION SERVICES

Protection With Dignity and Pride



FOCUS DAILY NEWS  
READERS CHOICE AWARD  
BEST SECURITY COMPANY  
2017 - 2024

Main Number 972-224-0920  
Texas License Number: B09406001  
Chief M. Jones  
1229 E. Pleasant Run Rd \* Suite 222  
DeSoto, TX 75115

www.dal-apps.com  
Email info@dal-apps.com

... CHECK IT OUT at ...

www.nowmagazines.com

A great new way to shop and do business locally!

**NOW** THE  
Clickbooks LOCAL TABLE

Go to [www.nowmagazines.com](http://www.nowmagazines.com) and flip through a current edition of your favorite NOW Magazine.

Burleson • Corsicana • Ennis • Mansfield • Midlothian  
North Ellis Co. • Southwest • Waxahachie • Weatherford



When you see an advertisement or coupon that interests you ... **CLICK ON IT** ... and you'll be instantly directed to that company's website.



# HCN<sup>TM</sup>

Home Care Network  
Bringing Healthcare Home

“Providing exceptional healthcare services for your loved ones who require at home attention and services. Your **Home**. Your **Health**. Your **Choice**.”



SCHEDULE YOUR INTAKE SESSION

[www.HomeCareNetwork.com](http://www.HomeCareNetwork.com)

TOLL FREE 1-877-270-2001





If you are an adult who is afraid of going to the dentist, or even just a little extra anxious, Serenity Advanced Dentistry may be just what you are looking for. "We do a lot of sedation dentistry, mostly for adults," Dr. Allala explained. "It's kind of my niche. Many adults may have some pretty serious anxiety about going to the dentist. They may not even seek care. They'd rather be in pain. I provide a place to take care of these people. When patients elect to get treatment, we lower the statistics of people living in pain. I like being able to contribute to improving people's lives."

"Coincidentally, a lot of people who are anxious about going to the dentist are also people who don't have good insurance. That's a bad combination. I have membership plans for patients without insurance, and really good discounts on implants and dentures. A membership might not be necessary if you only need one simple procedure, but if you need sedation and a lot of work, it really pays for itself."

Dr. Allala is a graduate of the Texas A&M School of Dentistry. "When I started there, it was still Baylor. My diploma has both names on it," she recalled. "I specialize in oral surgery, and we're really good at it. I'm nothing without my team. We do everything in dentistry. I like being well rounded. I enjoy being an overachiever, so I'm constantly taking continuing education, keeping up with all the

newest techniques and technology. I'm also a native Spanish speaker. I grew up speaking both languages. Our YouTube videos explaining procedures are available in both English and Spanish."

Dr. Allala is proud of the service they provide at Serenity Advanced Dentistry. "I think we give five-star service. And I know my staff is five-star. We know what works and what doesn't. I know it sounds corny, but this is my life's work. Most of my staff have been with me for years, at different locations around DFW, before I came to Cedar Hill. I met Mariela seven years ago, in Pleasant Grove. It was my first job out of school. Racine has been with me four years, and Jazmine three years, both in Red Oak. Our newest team member is Jessica. She found us three months ago when she emailed me looking for an opportunity to shadow a dentist."

**"I LIKE BEING WELL ROUNDED. I ENJOY BEING AN OVERACHIEVER, SO I'M CONSTANTLY TAKING CONTINUING EDUCATION, KEEPING UP WITH ALL THE NEWEST TECHNIQUES AND TECHNOLOGY."**

Serenity Advanced Dentistry has all the newest technology to make your experience convenient. "We have hospital-grade blood pressure machines, so we can do sedation. We also have intraoral scanners, so I can see inside your mouth, from every angle, before I ever go in for your procedure. We print dentures and place implants right here in the office. With our skills and strategies, most patients don't even feel our injections. We have TVs in every room to keep you entertained while we work. It's all about efficiency — working smarter, not harder. That's why I designed the floor plan of the office myself. And we're really big on sanitation and sterilization. It's important to maintain a sterile environment, which is why we're closed every Friday for deep cleaning the office and training."



**theserenitydentist.com | 972-634-1434**  
**Dr. Cristina Allala**  
**605 E. Belt Line Rd., Suite 101, Cedar Hill**

Paid Advertisement