MansfieldNow

AUGUST 2024

Proud of My Name

Nadyne Newsom shares her family's story with the community

In the Kitchen With Travis and Michelle Guffey Also inside:

Scavenger Hunt

Featured Business: Storage Hut

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ON THE COVER



Nadyne Newsom reveals the significance of the name Newsom in Mansfield.

Photo by Lori Baur.

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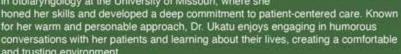


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MEET DR. UKATU

Ceisha Ukatu, MD, is an experienced ENT surgeon dedicated to diagnosing and treating both children and adults with a wide spectrum of disorders affecting the ear, nose, throat, and related structures. Born and raised in Texas, Dr. Ukatu completed her undergraduate studies at Washington University in St. Louis before earning her medical degree from Emory University. She then pursued her residency in otolaryngology at the University of Missouri, where she



and trusting environment. SPECIALTIES AND EXPERTISE

Dr. Ukatu specializes in sinus and nasal surgery, thyroid surgery, parathyroid surgery, eustachian tube dilation, and intracapsular tonsillectomy. However, she is passionate about the entire field of ENT, providing comprehensive care to all of her patients. PERSONAL

Outside of her professional life, she enjoys spending quality time with her husband and daughter, reading, playing tennis, and traveling.



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Sandra Walters MansfieldNOW Editor sandra.walters@nowmagazines.com (682) 554-1743

EDITOR'S NOTE

It's Back to School Time!

As the summer begins to wane, August marks a time of transition and new beginnings. For many, this month signifies the end of a carefree summer and the start of a fresh academic year. Whether you're a student, parent or educator, the excitement and anticipation of returning to school is visible all around.

This period is a blend of emotion — fond memories of summer fun and eagerness for the adventures that lie ahead in the classroom. The start of school brings with it the promise of new friendships, the thrill of learning and the comfort of routines that shape our daily lives. Returning to a structured schedule can be a delightful change. It provides an opportunity to set new goals and establish productive habits to immerse in the joy of learning. From discovering new interests while deepening existing passions, the school environment fosters growth and development in countless ways. For students, it's a chance to meet new teachers, reconnect with friends and dive into subjects that pique their curiosity. For parents, it's a time to support and encourage their children's academic and personal growth. And for teachers, it's time to inspire and guide the next generation of thinkers and leaders.

Let's embrace this season of change with enthusiasm and positivity. As you pack backpacks, sharpen pencils and your children step into the classroom, remember the value of education and the endless possibilities it brings. Here's to a fantastic school year filled with fun, learning and memorable experiences!

Have a great August!



I have been blessed with a tremendous career. I have served the people of Tarrant County for 33 years, with over 9 of those years serving the people in precinct 7. I am honored to be on this November's ballot. With your support on November 5th, we can bring genuine leadership and experience back to Precinct 7.

- Master Peace Officer License with over 2400 hours of TCOLE training.
- · Currently employed with Mansfield ISD PD, helping to protect our students and teachers at school.
- Retired Chief Deputy in January 2023 from the Tarrant County Pct. 7 Constable's Office.
- 22 years at the Tarrant County Sheriff's Office, 1991-2013.
- Graduated from The Institute of Law Enforcement Administration.
- 12 years as a member of the Tarrant County SWAT team.
- K9 narcotic Investigator
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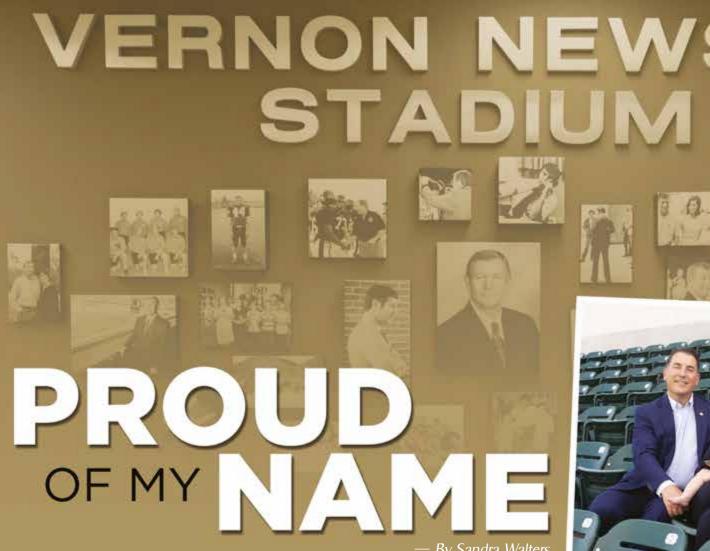
"Dr. Ola-Peters and her team were amazing! Very thorough and efficient on time. Everything was seamless, and both she and her staff were attentive and open to answer any questions or listen to any concerns I had." - Katrina

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By Sandra Walters

Vernon Newsom grew up on a farm in a small west Texas town. He played quarterback for his high school, eight-man football team, ran track and participated in tennis. However, he couldn't play baseball, since he worked on the family's farm during that season. After he graduated from high school, he enrolled in Tarleton State University to pursue a bachelor's degree in education and played cornerback and defensive back for the Texans.

continued to date, I met his loving parents, and I was considered a part of the family immediately. They were just good ole country people. We were married by August 24, 1968," Nadyne recounted.

The Newsom family moved to Mansfield in 1974 because Vernon accepted a position as a physical education teacher and football coach in the Mansfield Independent School District. "We were both educators. When our kids, Brent and Brian, grew older and played sports, I was an elementary school P.E. teacher. This allowed me to support my husband and our children in their various activities and yet work. After being a physical education teacher for about 10 years, I transitioned to teaching language arts, and I taught a total of 30 years. Throughout my career, I had the honor of teaching in Mansfield, Crowley, Burleson and Wimberley ISD," Nadyne recalled.

Vernon was always willing to lend a helping hand. Naturally, his parents instilled this characteristic into him, so as a teacher, athlete and coach, he knew how to be a team player. He listened to everyone with compassion and understanding, yet a firm belief in personal responsibility. His love could be felt throughout Mansfield ISD and the surrounding communities. He desired

As a coach in the school district, he wanted to bring gymnastics to Mansfield, but it wasn't in the budget. However, he convinced Mr. Willie Pigg with his kind, soft-spoken demeanor. Soon after, he became an assistant principal. At that time, there were approximately 1,000 students at the high school, so he had to work two positions.



"My husband gave 110 percent or more. He worked as an assistant principal for two to three years, then became the principal of Mansfield High School. During that time as principal, he and Imogene Gideon wrote the gifted and talented curriculum. In 1986, Vernon followed Lloyd Treadwell, Mansfield's superintendent, to Wimberley, Texas. They had a unique opportunity to start a brand-new school district from scratch. Eventually, he was offered the Nadyne said, "It was always his goal to be superintendent.

was difficult for our boys. Mansfield was here, and their friends were here. It was all they knew. Wimberley was much smaller than Mansfield, so it had a well, and Brent even met Michelle, who would later become his wife. Vernon and I resided in Wimberley for 10 years."





In 1996, Vernon was hired as the superintendent of Mansfield ISD. When he joined the district, three of the school board members were his former students. Nadyne said, "Even though he was a principal and superintendent, he was a family man first. He never brought work home. At least, we could never tell what was on his mind. When he came home, it was family time. We played softball, golf and basketball. We did everything together. He served in this capacity for 13 years."

In July 2009, just a few months after his retirement, Vernon and Nadyne were in an accident, and he did not make it. Shortly after, Mansfield ISD Stadium was renamed Vernon Newsom Stadium. The last name "Newsom" can be seen often in the Mansfield community. From the Vernon Newsom Stadium to candidates running for office, this legacy remains.

"Being a part of Mansfield is important to Brent and his family," Nadyne said. "That is why he is on the city council and his wife, Michelle, is a school board representative." Now Nadyne has a great-grandchild who will attend an MISD school in a few years. When asked what her thoughts are when she sees her last name on the stadium and on the campaign signs of family members who are running for office, she replied, "I am filled with pride. I am filled with lots of pride." The pride could be heard in her voice and seen in her smile. We honor Vernon and Naydne Newsom's legacy as educators and appreciate their contributions to the Mansfield community. Though Vernon is no

longer with us, his influence can still be felt in lives he was a part of and touched.

"As the 2024-2025 school year begins, let's keep the focus on the students," Nadyne said. "We must do this no matter what educational pathway children choose. At times, we must fight through the noise of discontent, the noise of social media, the noise of competing opinions and listen. Listen to our students. Listen to our children, and listen to our faith. Having these conversations, even the difficult ones, is a must. Love our students and kids where they are right now. There are no true easy answers, but being a constant in their lives is the biggest way you can make an impact. Be a positive influence and role model. Be there with loving discipline. Be there to teach respect, and practice respect. Expect remarkable things, but allow kids to fail. And be there with a helping hand when needed. This is a lot, but the path we are on as parents and educators is the path that influences our children's future and leaves imprints for years to come." NOW



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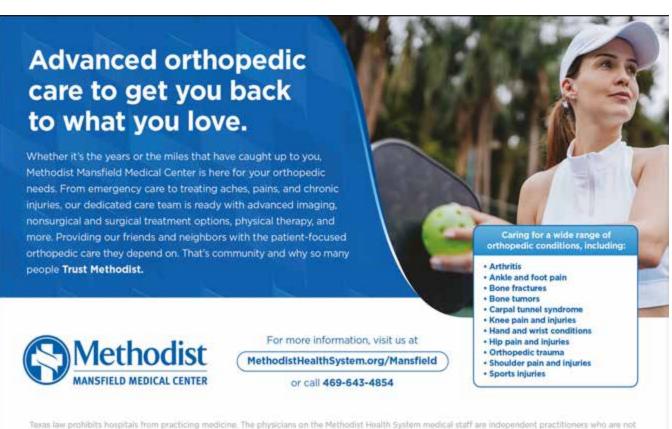


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FRI. 8/30 FRI. 9/6

THU. 9/12

FRI. 9/20

FRI. 9/27

FRI. 10/4

FRI. 10/11

FRI. 10/18

FRI. 10/25 FRI. 11/1

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AT CROWLEY AT LAKE RIDGE



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FIR. 9/6

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FRI. 9/20

FRI. 9/27

FRI. 10/4

FRI. 40/11

FRI. 10/18

FRI. 10/25

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THU. 10/31

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BURLESON (HOMECOMING)

AT GRAPEVINE

THE COLONY

AT TIMBERVIEW

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AT COLLEYVILLE HERITAGE

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John Kiefer For Tarrant County Constable PCT 7





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FRI. 9/13 AT RCHARDSON

FRI. 9/20 NORTH FORNEY

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THU, 10/3 AT MANSFIELD

FRI. 10/11 AT NORTH CROWLEY

THU. 10/17 CROWLEY (SENIOR NIGHT)

FRI. 10/25 AT WEATHERFORD

FRI. 11/1 MANSFIELD LEGACY (HOMECOMING)

FRI. 11/8 AT FORT WORTH BOSWELL

FRI. 8/30 AT MESQUITE HORN

FRI. 9/6 AT SUMMIT

FRI. 9/13 ARLINGTON MARTIN

THU. 9/19 WACO MIDWAY (SENIOR NIGHT)

FRI. 9/27 AT FORT WORTH BOSWELL

THU. 10/3 LAKE RIDGE

THU. 10/10 CROWLEY

FRI. 10/18 AT LEGACY

OPEN

FRI. 11/1 AT NORTH CROWLEY

FRI. 11/8 WEATHERFORD (HOMECOMING)



THU. 8/29 DALLAS KIMBALL

THU. 9/5 DENTON RYAN

FRI. 9/13 ARGYLE

FRI. 9/20 AT COLLEYVILLE HERITAGE

FRI. 9/27 EVERMAN (HOMECOMING)

THU. 10/3 AT ARLINGTON SEGUIN

SUMMIT

FRI. 10/18 BURLESON

FRI. 10/25 GRAPEVINE (SENIOR NIGHT)

THE COLONY



E







& Family Medicine









FRI. 11/1

OPEN

Sandra Lee For Tarrant County Constable PCT 7







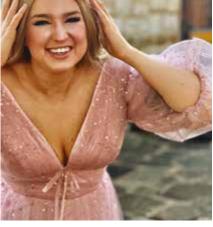
Around Town



La'Zori Page smiles as she gets ready to

head off to college.

Taylor Jasper can be found wearing a



ballgown, princess costume or fairy clothes around Mansfield parks.



The Hall family looks forward to transitioning to civilian life.

Zoomed In:

By Sandra Walters

Carmen Aquino and Francheska Santana

Carmen S. Aquino attended the H-E-B grand opening with her daughter, Francheska Santana. It was a full house, according to Carmen. "I looked around for great prices, and the cherries were \$1.47 a pound. You can't beat that! In Washington, my family grows cherries, so I buy them every season. Also, another great offer was four mangos for just \$1," Carmen said.

The new H-E-B created a lot of excitement. Many people shared their experiences by taking photos and posting videos to various sites. It's incredible how much joy and happiness a new grocery store can provide. The diligence of preparation could be observed on the shelves, in the parking lot and in the security afforded by the police. Take a field trip and see what you discover.



The Summit Lady Jags have a blast at basketball camp.



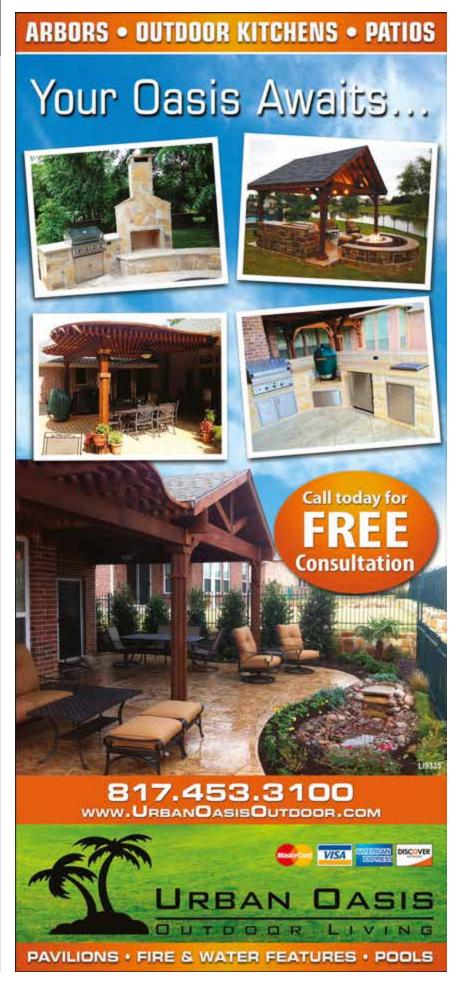
Carla Perry spends time with her grandchildren.



Kim Mullins celebrates her birthday with friends at Meehan's Chophouse.



The Ward family enjoys their vacation in Port Isabel.





Storage Hut

By Sandra Walters

Storage Hut

Owners: Hal and Kathy Mueller 355 Russell Ln. Mansfield, TX 76063 https://mansfieldstoragehut.com

Hours: Monday-Friday: 9:30 a.m.-5:30 p.m. Saturdays by appointment.

The Storage Hut was established in 1994 by Hal and Kathy Mueller. "When the Chamber of Commerce conducted the ribbon-cutting ceremony 30 years ago, we had a large celebration. I remember Hal smoking barbecue brisket, having Texas traditional sides, wine and beer. At that time, we were half the size we are today. I can't believe that was 30 years ago. Time has passed so fast. At that time, our immediate family consisted of our four daughters and one son. Now we have 12 grandkids, many who have been raised in Mansfield. It's been quite the journey!" Kathy said.

This storage facility is operated by a professional selfstorage manager in a unique Southwestern-style office, which offers climate control as well as dry storage rental spaces. Kathy describes their manager, Brooke Thompson, as a treasure. "She's the best manager in North Texas and has become family," Kathy added.

Brooke shared, "I've worked here for a very long time. My oldest son was a newborn when I started, and he graduated from high school last year. Having this position has been a blessing. Kathy and Hal are such great people. They are more like family to my sons and me. They truly care about the community and tenants. The Muellers are so down to earth. Hal and Kathy have given me the freedom to manage this place like it's my own, so I can perform with integrity. Many people find the Storage Hut office to be their haven and often come in to sit down to simply decompress. People may enter while having a bad day, but I want them to leave feeling better than they started. I learned from my

mom and grandmother-in-law, the previous Storage Hut Manager for 19 years, to offer people kindness no matter what their circumstances. I am grateful to have watched the business grow and honored to have received the opportunity to play a part in this thriving family-owned business."

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The focus at Storage Hut is their customers and community. They remain members of the Mansfield Chamber of Commerce and support local philanthropic groups including Mansfield Women's Club, Mansfield Mission Center, Salvation Army. Goodwill and some local churches. Their goal is to provide customers with a clean and welcoming storage environment and recommend unit sizes based on customers' needs. The experienced management staff is on-site, available Monday through Friday from 9:30 a.m. to 5:30 p.m. and on Saturdays by appointment. They are committed to creating an excellent storage experience for all customers and strive to ensure clients get the best value and service possible.

The Storage Hut offers a variety of storage unit sizes. The spaces include 5x10 to extra-large 20x25 areas. A vehicle may be driven directly in front of a unit, which eliminates carrying things a long distance. Most storage units have extra-large roll up access doors. Also, if you have items that need to be in a temperature-controlled environment, they offer climatecontrolled self-storage units from 5x4 to 20x10 spaces.

If you're looking for a top-notch storage solution, visit or call Storage Hut at (817) 453-8557. You can also find them online at mansfieldstoragehut. com. They would love to assist you with all of your business or personal storage needs. NOW







"My wife and I have both lived in several states — Texas, Indiana, Missouri, Illinois and West Virginia. I think growing up in large families that cooked at home influenced our food selections and desire to cook, not to mention cost savings. My mom's side is Hispanic, so I love my mom's Spanish rice, picadillo, salsa, beans and fideo. And, of course, you can't go wrong with fajitas," Travis Guffey stated.

Michelle was a culinary arts teacher in Dallas and Mansfield ISDs. Travis stated that she has taught him a lot about cooking. "My favorite thing to do is bake," Michelle said. "I have dough in the freezer, so I can satisfy a craving, whenever. 'Hostess' should be my name, since Travis and I enjoy having people over when we throw parties."

Pizza

Makes 4 12-inch pizzas.

Sauce:

1/4 cup olive oil

I cup onion, chopped

4 garlic cloves

1 28-oz. can crushed tomatoes

2 tsp. salt

1 Tbsp. sugar 1/2 cup fresh basil

Dough:

1 cup warm water

1 Tbsp. sugar

2 1/4 tsp. active dry yeast

1 Tbsp. kosher salt

2 1/4 cups all-purpose flour

I cup cake flour

2 Tbsp. olive oil

1/4 tsp. salt

1/8 tsp. pepper

1/4 tsp. oregano

1/4 tsp. garlic powder

I. For the sauce: Place the olive oil in a pan: sauté the onions with the garlic in the oil. Add the tomatoes and the remaining ingredients; simmer.

2. Cook the sauce all day in a Crock-Pot.

3. For the dough: Heat the water in the microwave for 30 seconds. Once warm, add the sugar and yeast. Let it sit and get foamy.

4. Place the yeast mixture, salt, all-purpose flour and cake flour in a mixer. Mix using a dough hook for 2-3 minutes. Knead for 10 minutes. Cover with a towel; allow to rise for 2 hours in a dark room. Punch down; divide into 4 balls. Let rest for 2 more hours.

5. When the dough and sauce are ready, roll out the dough, brush the bottom side with a little olive oil; season with salt, pepper, oregano and garlic powder.

6. On the top, add the sauce to taste, favorite toppings and cheese. **7.** Grill, smoke or place in the oven around 450 F. Cook 5-10 minutes to crust preference; serve.

Egg Rolls

1 lb. sausage

I garlic clove

1 tsp. ginger

I bag coleslaw mix

1 mushroom, sliced

1 bell pepper, chopped

Egg roll wrappers

Avocado oil

Sauce:

1/4 cup rice vinegar

1/4 cup soy sauce

2 tsp. honey

2 tsp. Sriracha sauce

2 tsp. sesame oil

I green onion

2 tsp. ginger

I tsp. orange zest

- 1. Cook the sausage with the garlic and ginger. Add the vegetables and soften, stirring occasionally.
- 2. For the sauce: Combine all sauce ingredients.
- 3. If desired, add some sauce to the sausage mixture. Let the mixture cool; fill each egg roll wrapper with the mixture.
- 4. Brush with avocado oil. Air fry until crisp.

Picadillo

1 lb. 85/15 or 90/10 ground beef

I yellow onion, diced

1 6- to 8-oz. potato

1 15-oz. can tomato sauce

2 cups hot water

2 tsp. salt

2 tsp. pepper

2 tsp. cumin

- **1.** In a 12-inch skillet over medium heat. brown the ground beef and onions.
- 2. Peel and dice the potato into chunks while the beef cooks.
- **3.** Once the beef is done, add the tomato sauce, water, salt pepper, cumin and potatoes: stir.
- **4.** Heat to a boil. Cover; simmer for 15-20 minutes. After the potatoes have softened enough to eat, serve.













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- Virginia Woolf







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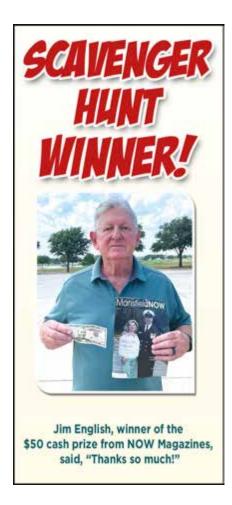
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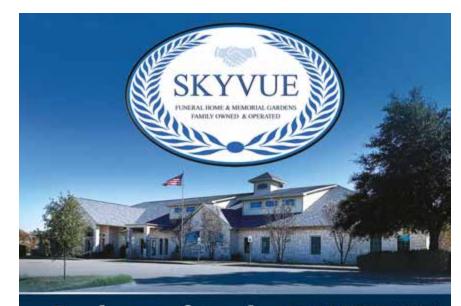












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l to School Some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

8/1-8/15

Summer Movie Clubhouse at Cinemark:

This is Mega-fun Movies for Kids. As the summer ends, take your kids to enjoy the exciting big screen during Summer Movie Clubhouse showtimes, which offer loads of entertainment! Cost: \$1.75. For more information, visit https:// www.cinemark.com/seriesevents-info-pages/summermovie-clubhouse/.

8/2

Digital Marketing and Your Message:

This workshop is focused on how to differentiate your brand from your competitors. It's all about marketing in today's world. The Mansfield Chamber of Commerce is excited to introduce the latest tool in Artificial Intelligence. Cost: \$40. Registration required. 10:00-11:30 a.m., 114 N. Main. Register at https://business. mansfieldchamber.org/ eventcalendar.

8/6

Back-to-School Bash 2024:

This event is a great opportunity for the entire community to kick off the new school year in a fun

way while also providing for MISD families in need. School supplies, health services for students, shoes, games and other exciting activities will be available. Cost: Free. 7:30 a.m.-noon, Dr. Jim Vaszauskas Center for the Performing Arts, 1110 W. Debbie Lane.

8/18

Will Baffle's Show of Wonders:

Step right up to Will Baffle's Show of Wonders, where magic and illusion converge to create an enchanting experience for the whole family. As the curtains rise, the audience is transported into

a realm where the impossible becomes possible and wonder knows no bounds. Will Baffle. with his charismatic charm and masterful sleight of hand, will captivate audiences of all ages. Cost: \$15. 3:00-4:00 p.m., Farr Best Theater, 109 N. Main.

Submissions are welcome and published as space allows. Send your current event details to sandra.walters@nowmagazines.com.







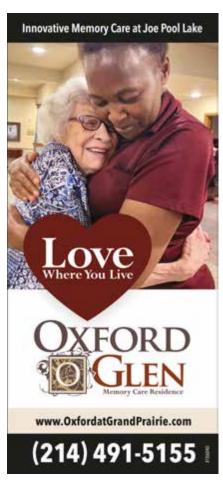
DIRECTOR OF MANUFACTURING

ATCO Rubber Products, Inc. is looking for a Director of Manufacturing in Fort Worth, TX.

Position will direct the production operations of 5 manufacturing plants across the country. Requires Master's degree in Mech. Engg, Indus. Engg, or related field and 3 yrs exp. with large-scale manufacturing operations. Must have ability for nat'l travel to 5 mfg plants across the U.S. less than 10% of time.

To review the full job description and apply, please visit https://atcoflex.com/jobs/













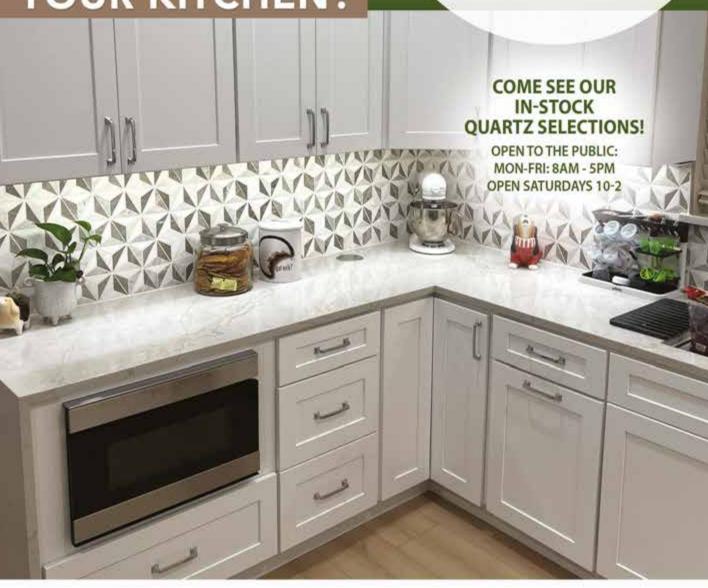




We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

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*Rabies, DAPPv & Bordetella

** Figures based on a survey of vet clinics in Denton County.







THE STAFF AND THE SERVICE HERE IS AMAZING. WE DEFINITELY HAD A GREAT EXPERIENCE WITH THEM. THEY TOOK CARE OF OUR ANIMALS LIKE THEY WERE THEIR OWN. DEFINITELY RECOMMEND THIS PLACE.

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