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AUGUST 2023

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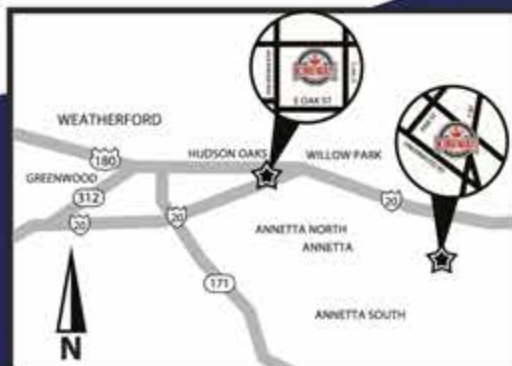
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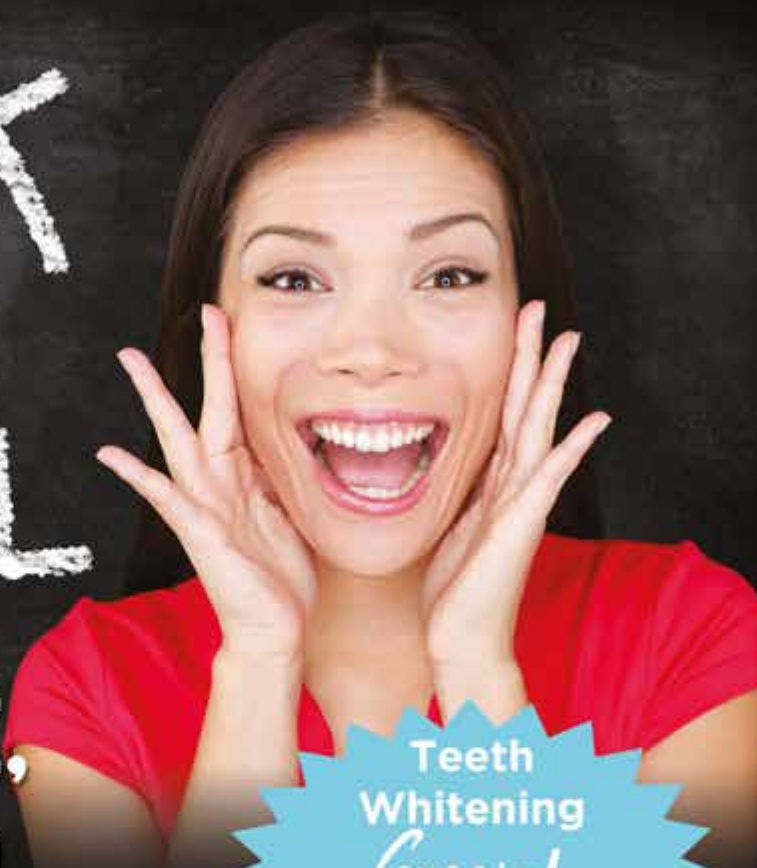




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ON THE COVER



With the help of others, Shane Harris hopes to take this nonprofit organization nationwide.

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*Amber*

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## EDITOR'S NOTE

*And ... it's August!*

Where does the time go? More than half of 2023 has come and gone. As the month of August begins and the summer winds down, students and parents are preparing for school. Others are taking last-minute vacations, and many are going about their days as always.

As for me, I am trying to spend as much time as possible with our daughter, who will graduate in May 2024. The calendar is already packed with senior event dates, and we will soak up every minute with her as she completes the school year before heading off to college next August. It seems like just last week we were cheering for our little girl from the softball field bleachers and watching her cheer from the football stands. Soon, we will be rooting for her at graduation.

Until then, we will enjoy the final days of summer. Hotter temperatures are on the way out, but there is still plenty of time to enjoy a dip in the pool or an overnight camping trip. Roasting hot dogs over an open fire with neighborhood friends is also an idea. National S'mores Day is celebrated on August 10 — the perfect time to enjoy ooey gooey marshmallows with chocolate and graham crackers. Just make sure to check the county burn ban status before sparking those flames!

August also signifies the state's Tax-Free Weekend. On August 11-13, no sales tax will be collected on qualifying clothing, footwear, backpacks and school supplies priced less than \$100. Whether it is shopping for good deals or enjoying an evening by the fire, August is the perfect time to relax and appreciate those final days of summer.

*Have fun!*



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# MAKING A Movement

*When Shane Harris speaks about Bad Enough to Wear Blue, you can hear the passion he has for the program. “As men, we’re rough and tough. We want to take care of our families. We’re not as concerned about ourselves as we should be,” Shane shared. This well-known sentiment rings true for many other men in the local community, and Shane knew he had to do something to change that perception. He took an idea mentioned a decade ago, and with the help of the Parker County Sheriff’s Posse and Parker County Hospital District, he founded Bad Enough to Wear Blue.*

The program focuses on supporting proactive and preventative health care services for men and adolescent males in Parker County. These services include preventative screenings for skin, prostate or colon cancer; screenings for cholesterol, glucose or blood pressure; and education on health-related issues.

The idea of Bad Enough to Wear Blue ignited about 10 years ago when Shane, who served as the PCSP Rodeo chairman at the time, was approached about developing a program to benefit men’s health. The program never really took off. However, the idea reignited when Shane and his wife, Judy, attended a women’s health function in October 2021. Shane mentioned to Judy and several Posse members that they needed to get more involved. A reminder from Judy about the men’s health conversation a decade before had Shane’s brain churning.

He later mentioned the need for such a program to two of his buddies. “To hear two guys’ voices crack whenever you talk about something, it struck a nerve.” At that point, Shane knew he had to do something. “There are so many things that promote women’s health, but there’s nothing out there for me,” Shane said.

After speaking to Judy and Katie Durham, who both work at the Parker County Hospital District, Shane set the plan in motion. “I don’t like to sit around. If I get something in my head now, I don’t want to wait.” That was November 2021, and at that time, Shane served as captain of the PCSP. He broached the idea with the PCSP board of directors and officers. They voted to move forward with developing Bad Enough to Wear Blue and funded the first year.

Things moved quickly. The first fundraiser dubbed A Big Ball at the Posse Grounds Gala raised just over \$100,000 in March





— By Amber D. Browne

2022. “We paid them back once we got through the gala, and then we became our own entity,” Shane explained. “I guess you could say we’ve kind of set a precedent.”

From there, they appointed a board to preside over Bad Enough to Wear Blue and hired a lawyer to develop the bylaws. The current board includes Shane as president, Randy O’Neal as vice president, Seth Denbow as treasurer and Robert Dyer as secretary. Katie also serves on the board, and Judy has been instrumental in developing the program.

Initially, Bad Enough to Wear Blue strictly focused on men’s health, but when doctors diagnosed a friend’s son with a rare disorder late last year, they voted to amend the bylaws and revise the mission statement to include support for adolescent males.

A second gala in April 2023 raised additional funds to benefit men and adolescent males in Parker County. By teaming up with the Hospital District,

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Bad Enough to Wear Blue has the resources to provide health screenings, vaccinations, education and medical assistance to locals in need.

“Even if they do have insurance, some guys just don’t want to ask for help,” Shane said. “We know they’re not going to go, so let’s take it to where they are. Let’s take these screenings to the party. Let’s take this to the places where these guys are going to be, so there’s not an excuse not to have it done.” The galas have generated



enthusiasm for Bad Enough to Wear Blue, and Shane would eventually like to speak to men’s groups, church groups and others to raise more awareness about the foundation.

The Parker County Sheriff’s Posse continues its support of the program by cooking meals and serving at the galas, as well as by providing moral support. “It’s not just the Posse members,” Shane said. “A lot of the wives or significant others are helping gather donation items. They’re cooking the desserts. They’re helping decorate.”

Each June, Shane and other Posse members swap their freshly pressed, white button-up shirts for blue ones to wear during the Bad Enough to Wear Blue night at the Frontier Days PRCA Rodeo. The event is held Friday night following Thursday’s Tough Enough to Wear Pink event. Part of the proceeds from the Thursday night event is donated to a local charity to help with women’s health. “That’s why I came up with the term Bad Enough to Wear Blue,” Shane explained. Proceeds from the rodeo’s Friday night

event support men’s and adolescent males’ health through Bad Enough to Wear Blue. “Across the nation, there are so many rodeos and committees that promote Tough Enough to Wear Pink. And our goal is to take this thing statewide to different rodeo committees.” Shane’s ultimate goal is to develop Bad Enough to Wear Blue into a nationally recognized program.

Although Shane is committed to spreading the word about the importance of men’s health, it is not always easy for him to reach out for assistance. “Hopefully, I can get to that point of preaching it and living it,” he said.

“Your health is important to survive, but it’s also important to those around you, your loved ones,” Shane said. “At the end of the day, if we’re not still around, or we are not at full capacity, we can’t take care of our families.” **NOW**

*Editor’s Note: For more information about resources for men’s and adolescent males’ health in Parker County, visit [badenoughtowearblue.com](http://badenoughtowearblue.com).*

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Zoomed In:  
Niki Heimke

By Amber D. Browne

For Niki Heimke, serving others in the community is a top priority. She is in her second term as president of the Aledo Chapter of Young Men’s Service League, where she has been a member for five years. She has enjoyed teaching her sons, Brody and Mason, about the importance of serving others. “We have a responsibility to serve our community, and we’re blessed to be able to do it.”

Niki is excited to build relationships and continue the award-winning Student Council program at McCall Elementary when she returns to Aledo ISD as a counselor this school year. She taught at Daniel Ninth Grade Center for five years before working as an elementary school counselor in Azle last year. “I loved it, but Aledo’s home.”



The 2023 Miss Parker County Peach Pageant winners pose with their crowns.



Panchal Hospitality Management celebrates the grand opening of Hampton Inn & Suites by Hilton Weatherford.



Volunteers guide children through Adventure Week at Church at the Crossing.





The Sauce, a networking event to empower local women in business, is held at Mamma Monica.



Weatherford College Police Chief Anthony Bigongiari presents his annual safety and security briefing to the WC Board of Trustees.



Nate Marable and his sister, Caroline, enjoy all things peach at the Parker County Peach Festival.



David Lasater takes orders with a smile at Chick-Fil-A in Hudson Oaks.

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BusinessNOW

# Turf Queen DFW

— By Amber D. Browne

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Tammy Moore is a business-savvy woman with a drive to succeed. She has owned multiple businesses over the past 15 years with her latest venture, Turf Queen DFW, spreading synthetic surfaces across the Dallas-Fort Worth Metroplex since January of 2023.

Tammy started training in the turf industry while working for another company in Austin. While learning the ropes of



the turf business, she realized there was a better way to offer clients improved pricing, products and service. So, after living with her daughters in East Texas for four years following her divorce, Tammy decided to move closer to family in Fort Worth and expand her business. “I wanted my kids to have a great new start in life,” she said. Tammy’s children will attend the Weatherford Independent School District this fall. “We can’t wait for this new school year.”

Turf Queen DFW provides services primarily across Parker County, but Tammy and her crews will pack everything that is needed for the job and travel across Texas and out of state for their clients. Turf Queen DFW offers artificial turf and other construction services for commercial and residential clients. “It’s great for pets, pet resorts, baseball fields, schools. We do a lot of school playgrounds, day care playgrounds and indoor gyms,” Tammy said. Many clients choose to install turf in their backyards, between pavers and around swimming pools. “Customers do not have to mow their lawns or worry about weeding. Artificial turf is maintenance-free.”







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# CookingNOW *In the Kitchen With* HEIDI WILBURN

— By Amber D. Browne



As a full-time Realtor and single mom with two active boys, Aledo resident Heidi Wilburn often prepares quick-and-easy meals. Heidi stays busy at sporting events and other activities for her boys, Chase and Gage, and is working toward her private pilot's license. She tries to carve out time to meal prep to help with life on the go. "Quick and easy is essential as we often eat in shifts," she shared.

Grilling is an easy go-to for meals, since Heidi's freezer is stocked with beef and pork from their family farm in Hydro, Oklahoma. She also prepares childhood recipes from her mother and grandmother, and trial and error develop other favorites for her boys. "Any meal when we are together is my favorite meal." **NOW**

## Peppered Steak

**1 large round steak**  
**Flour, enough to cover the steak**  
**2 Tbsp. butter or oil**  
**1 28-oz. can whole tomatoes**  
**1 cup water**  
**1/2 onion, cut into strips**  
**1 large bell pepper, seeded and sliced**  
**2 beef bouillon cubes**  
**1 tsp. garlic powder**

**1 Tbsp. Worcestershire sauce**  
**Rice, to taste, steamed**

**1.** Roll the round steak in the flour, covering it generously. In a skillet on medium heat, melt the butter or heat the oil. Brown the steak on both sides. Drain the grease.  
**2.** Add the tomatoes, water and onions to the skillet; simmer for 5 minutes. Add the bell peppers, bouillon cubes and garlic powder. Simmer for about 30 minutes.

**3.** Add the Worcestershire sauce; simmer 5 more minutes. Serve over steamed rice.

## Bacon-wrapped Asparagus

**30 asparagus stalks, washed and ends trimmed**  
**6 pieces thin-sliced bacon**  
**1 Tbsp. olive oil**  
**Salt, to taste**  
**Pepper, to taste**  
**1 8.5-oz. bottle Alessi Balsamic Reduction**

**1.** Wrap 5 asparagus spears with one slice of bacon. Use a toothpick to hold the bunch together. Repeat with remaining asparagus and bacon.  
**2.** Add olive oil to a skillet on medium heat. Add the bacon-wrapped asparagus bunches to the skillet. Salt and pepper, drizzle with balsamic reduction and flip every few minutes until the bacon is done to your liking.  
**3.** Drizzle again with balsamic reduction and serve.



## Cherry Streusel

- 1 21-oz. can cherry pie filling or fruit filling of your choice
  - 1 9-oz. box Jiffy White or Yellow Cake Mix
  - 1/3 cup brown sugar
  - 3 tsp. cinnamon
  - 1/2 cup pecans
  - 1/3 cup butter
1. Pour pie filling into the bottom of a 2-qt. microwaveable dish. Sprinkle cake mix on top of the pie filling.
2. In a small bowl, mix together the brown sugar, cinnamon and pecans with a fork. Sprinkle on top of the cake mix.
3. In a small dish, melt the butter in the microwave. Drizzle on top of the cake mix. Cook on high in the microwave for 14 minutes, rotating every 5 minutes.

## Chicken and Rice

- 1/2 stick butter or margarine
  - 2 cups Minute Rice
  - 1 10.5-oz. can French onion soup
  - 4-6 chicken breasts
  - 2 cups water
  - 1 10.5-oz. can cream of mushroom soup
  - Salt, to taste
  - Pepper, to taste
1. Melt the butter in the bottom of a 9x13-inch glass casserole dish. Layer 2 cups of uncooked Minute Rice on top of the melted butter.
2. Add a layer of French onion soup. Add a layer of chicken breasts to cover the casserole dish.
3. In a small bowl, mix together the water and cream of mushroom soup. Pour the mixture over the top of the chicken. Add salt and pepper to taste.
4. Cover with foil; bake at 325 F for 3 hours or 350 F for 2 hours. Take off the foil for the last 10 minutes of baking time to brown.

To search for more great recipes from any of the 9 NOW Magazines publications, visit [www.nowmagazines.com](http://www.nowmagazines.com).

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Some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

## 8/11

### Clays 4 Cabins:

Fundraiser event for the Pioneer Cabin Park at the Doss Center. 8:00 a.m.-2:00 p.m., Defender Outdoors Clay Sports Ranch, 8270 Aledo Rd., Fort Worth. [www.dosscenter.org/days-for-cabins/](http://www.dosscenter.org/days-for-cabins/).

## 8/11-8/13

### Texas Tax-Free Weekend:

No sales tax on qualifying items including backpacks, most clothing, etc. that are priced less than \$100. [comptroller.texas.gov/taxes/](http://comptroller.texas.gov/taxes/).

## 8/14

### Blood Drive:

Visit [redcrossblood.org](http://redcrossblood.org) and enter

parkercountyarc to schedule an appointment. 11:00 a.m.-5:00 p.m., Weatherford Public Library, 1014 Charles St. (817) 513-4663 or [melissa.rodriquez3@redcross.org](mailto:melissa.rodriquez3@redcross.org).

## 8/16

### School First Day 2023-2024:

Back to school for Aledo, Brock and Weatherford public schools. For more information, visit [aledoisd.org](http://aledoisd.org); [brockisd.net](http://brockisd.net); [weatherfordisd.com](http://weatherfordisd.com).

## 9/2-9/3

### Clark Gardens 2023 Model Train Show:

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## Second Thursdays

### Gardeners' Club of Parker County Monthly Meeting:

Each meeting includes a speaker with information relative to gardening in Parker County. 10:00 a.m., St. Francis Church, 117 Ranch House Rd., Willow Park. (817) 919-6280.

## Second Fridays

### Parker County Women's and Newcomers' Club:

Enjoy social hour, Club Shop, a special program and lunch. \$11 for lunch. Social Hour: 9:30 a.m.; meeting: 10:30 a.m., FUMC Family Life Center, 301 S. Main Street. RSVP for lunch at (817) 723-1054, [pcwnc.org/monthly-meeting](http://pcwnc.org/monthly-meeting).

Submissions are welcome and published as space allows. Send your current event details to [amber@nowmagazines.com](mailto:amber@nowmagazines.com).



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Not available for picture.

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Real Texas Beef  
by the half or quarter

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GROCERY STORE PRICES

FRESH CUT BEEF FOR YOUR FREEZER

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WE ACCEPT E.B.T.

**LOCAL TEXAS BEEF. WHY PAY MORE?**

PRIME • CHOICE • GRASS FED • GRAIN FINISHED • 100% GUARANTEED

**FAMILY SAVER**

100%  
GRASS FED

- 8 lb. Ground Beef
- 3 lb. Rib Eyes
- 3 lb. T-Bones
- 6 lb. Chuck Pot Roast
- 6 lb. Short or BQ Ribs
- 6 lb. Whole Chicken
- 3 lb. Farm Sausage
- 4 lb. Country Pork Ribs
- 3 lb. Chicken Breasts
- 5 lb. Tenderized Round Steak
- 5 lb. Rib Steaks
- 4 lb. Sirloins
- 4 lb. Thick Bacon

60 LBS.  
ALL FOR ONLY  
**\$359.95**

**FREE WITH PURCHASE  
OF FAMILY SAVER:**

10 CENTER CUT  
PORK CHOPS

**FOR THOSE WHO  
LIKE TO SAVE MONEY  
AND EAT GOOD**

**1/2 Beef  
only \$1300.00**

Steaks, Roast, Ground Beef,  
Ribs, Brisket, Soup Cuts,  
All Your Cuts

30 lb. Pork & Chicken FREE  
Avg. Weight 275 lbs.

\*Available in Prime Choice Also

**SAMPLER ASSORTMENT**

- 4 - Pork Chops
- 4 - T-Bones (10 oz.)
- 4 - Filet Mignons (8 oz.)
- 2 - Beef Roasts
- 3 lb. Spare Ribs
- 4 - Chicken Fried Steaks
- 2 lb. Pork Sausage
- 2 lb. Bacon
- 12 - Ground Beef Patties
- 2 lb. pkgs. of Ground Beef
- 4 - Rib Eyes
- 4 - NY Strips
- 4 - Top Sirloins

**FREEZER  
WRAPPED**

**\$199.95**

**FREE WITH PURCHASE  
OF SAMPLER:**

5 LB. CHICKEN BREASTS  
(BONELESS & SKINLESS)

AVAILABLE  
TEXAS PRIME  
CHOICE CERTIFIED  
CORN-FED BEEF

**THE CATTLEMAN'S PACKAGE**

Texas Grass-Fed Grain-Finished Beef



- 8 - 8 oz. Tenderloin Steaks (Filet Mignon)
- 6 - 16 oz. Bone-in Ribeyes (Cowboy Cut)
- 6 - 16 oz. T-Bone Steaks
- 8 - 10 oz. Sirloin Steaks
- 4 - 24 oz. Full Cut Tenderized Round Steak (Chicken Fried)
- 6 - 20 oz. Chuck Eye Steaks (Delmonicos)
- 2 - 24 oz. Porterhouse Steaks (King Cut)
- 5 lbs. Seasoned Skirt Fajitas (3 packages)
- 12 - Ground Chuck Patties (approx. 8 oz. each)
- 6 - 1 lb. Packs, Ground Chuck (85/15)
- 1 - 10 lb. Smoker Ready Brisket
- 1 - 7 lb. Pork Shoulder (for Pulled Pork)
- 3 lbs. Beef Short Ribs (Great for Smoker)
- 3 lbs. Thick Texas Bacon
- 3 lbs. Farm Sausage
- 12 - Thick Pork Chops
- 2 - Racks St. Louis Pork Ribs
- 3 Whole Chickens (Great for Smoker)

CUSTOM CUT!

TASTE THE DIFFERENCE

100% GUARANTEED

FREEZER WRAPPED

& LOADED FREE

ALL FOR  
**\$799.95**  
PLUS TAX

ALL ORDERS CUT FRESH

CUT OUT THE MIDDLEMAN  
and eat the best meats at a  
HUGE SAVINGS!

NEW MEXICO  
BISON & ELK  
• Ribeyes  
• Tenderloin  
• Andouille Cheese,  
Jalapeño Sausage  
• Ground Bison  
• Bison Patties  
• Ground Elk  
• Elk Sausage  
• Elk Tenderloins  
• Elk Back Strap

OUR FAMOUS  
LINK SAUSAGE  
• Italian  
• Sicilian  
• German  
• Polish  
• Texas Hot Links  
• Chorizo  
• Farm Breakfast  
Sausage

GULF OF MEXICO FRESH SEAFOOD  
• Texas Gold Shrimp  
• Red Fish  
• Black Dray  
• Grouper  
• Scallops  
• Halibut  
• Orange Roughy  
• Red Snapper  
• Salmon  
• Catfish  
• Tuna

**WE MAKE  
THE BEST  
JERKY!**

- Dog Treats
- Dog Bones
- Dog Food
- Beef Hearts
- Beef Liver
- Beef Fat
- Cheek Meat
- Pork Belly
- Ox Tails
- and much more!

EAST TEXAS  
HOT LINKS  
**\$34.95**  
5 LB BOX

SICILIAN SAUSAGE  
LINKS  
**\$34.95**  
5 LB BOX

POLISH SAUSAGE  
LINK  
**\$29.95**  
5 LB BOX

GERMAN SAUSAGE  
LINKS  
**\$29.95**  
5 LB BOX

HOT ITALIAN  
LINKS  
**\$29.95**  
5 LB BOX

SWEET ITALIAN  
LINKS  
**\$29.95**  
5 LB BOX

TEXAS  
FILET STEAKS  
**\$79.95**  
5 LB BOX

BACON WRAPPED  
FILET STEAKS  
**\$69.95**  
5 LB BOX

TEXAS  
T-BONE STEAKS  
**\$49.95**  
5 LB BOX

TEXAS  
RIBEYE STEAKS  
**\$49.95**  
5 LB BOX

FRESH CHICKEN BREAST  
**\$39.90**  
10 LBS  
\$3.99 LB

**V.I.P. PACKAGE**

- 4 - 8 oz. Filets
- 4 - 12 oz. NY Strips
- 4 - 12 oz. T-Bones
- 1 - 3 Rib Prime Rib
- 4 - 12 oz. Top Sirloin
- 1 lb. Texas Jumbo Gulf Shrimp
- 4 - 12 oz. Rib Eyes
- 2 - 14 oz. Main Lobster Tails
- 4 - Chicken Breasts
- 1 lb. Large Scallops

**\$299.95**

**SPLIT  
1/2 BEEF  
\$700.00**

FREEZER  
WRAPPED / CUT FREE

All The

Beef Cuts

15 lb. Pork &  
Poultry FREE

**RIB EYES**

10 One Pounders

**\$119.95**

16 oz. cut,  
Grass Fed  
and Grain  
Finished

**TEXAS  
FILETS**

20 8 oz.

Steaks

ONLY

**\$139.95**