The Voice of the Lions

AUGUST 2023

Calling the games are two men whose hearts bleed maroon

2023 Back to School Special Section & Lions Varsity Football Schedule



Postal Customer Postal Customer In the Kitchen With Teena Bryant

Also inside: Scavenger Hunt Crossword/Sudoku Featured Business: City Real Estate Featured Business: Ennis Doctors Center



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EQUIPPING ELLIS COUNTY TO EMPOWER THEMSELVES AND OTHERS



Community Empowerment



Self- Care



Relational Wellness

COMMUNITY WELLNESS REQUIRES A COMMUNITY APPROACH

WHEN: AUGUST 18, 2023, 8 A.M.-4:30 P.M. WHERE: WAXAHACHIE CIVIC CENTER, 2000 Civic Center Lane Waxahachie, TX 75165



This symposium is designed to equip and empower individuals to respood to the webness needs of the community. The three main objectives are wellness at home. In the workplace, and in the community.



The remainder of the day will include breakout sessions in smaller, more interate settings. Topics will relate to self care, stress management, preventative mental health, and relational health. You'll also have time to browse sublistor tables and talk with wellness professionals.



Keynotes: Dr. Nekeshia Hammond, is a bestselling author and an authority in mental health. She will be speaking on community empowerment and self-care. Dr. Tara PowelLis a renowned researcher and advocate for behavioral health interventions in disaster affected communities.



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August 2023 Volume 20, Issue 8

ON THE COVER



Jake Willingham and Jake Holland feel at home in the press box.

Photo by Bill Smith.

Publisher, Connie Poirier General Manager, Rick Hensley

EDITORIAL

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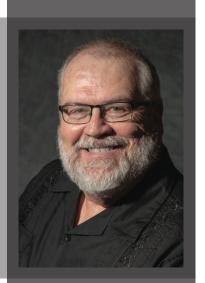
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Bill Smith EnnisNOW Editor bill.smith@nowmagazines.com (972) 843-1323

EDITOR'S NOTE

What's next?

I hope you are enjoying your summer, even as hot as it is in Texas. I love the early mornings this time of year. It was the best time to take in the spring festivals with bluebonnets and polkas. The Bluebonnet Market continues on Saturday mornings in our beautiful downtown, and if you get there early, the morning sun is still rising behind the buildings, and the heat is tolerable. Even though it is steamy out there today, fall is right around the corner, and it is my favorite season of the year.

Are you looking forward to the Friday Night Lights? Of course, I am referring to football season. The early games will be a little warm, but once the sun falls below the height of the press box, the home fans get a little shade that cools it down. (You can leave your stadium blanket at home until the playoffs get a little closer.)

Another thing that autumn lends itself to is getting out with nature again. My wife and I like to travel in our camper van, but July and August can be pretty tough unless we head north. Our last trip was to Missouri in June, and we don't have another trip planned until late September or October. By then the leaves will be starting to change, and we will enjoy the start of the new season.

Texas summers are what we have learned to live with. Sun tea becomes instant tea. Hot water comes from both taps. Your seat belt buckle can become a branding iron. We feed our chickens ice to keep them from laying hard boiled eggs!

God bless Texas!



Vivian felt like part of a team...

After Vivian experienced a bad fall, shattering her humerus, she didn't know If she would ever be able to use her arm normally again. She had two surgeries and was referred to Ennis Regional Medical Center Outpatient Rehabilitation program for rehab to help regain her strength. "My eight weeks of outpatient therapy couldn't have gone better. I felt like part of a team trying to help me make a full recovery," said Vivian, a 75-year-old Ennis resident. "When I started, I was unsure if I would be able to get back to doing what I did before the fall. Now I am back with full strength and able to volunteer and play with my great grandchildren!"



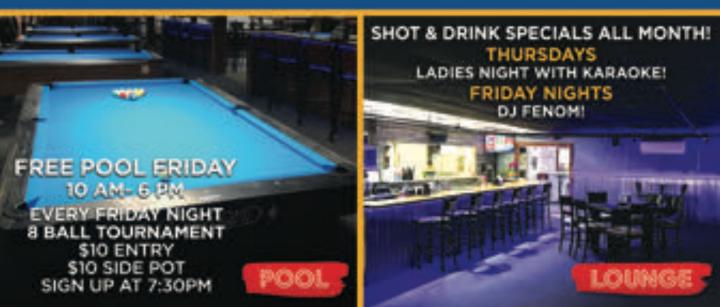


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– By Bill Smith

The EnnisFootball Facebook page often says, "Once In, Forever In" when speaking of athletes, coaches and supporters of the Ennis Lions. Jake Willingham and Jake Holland join a legacy of men who have announced Ennis football games from the press box, but the list of their predecessors is a short one. "When we took the job, they said it comes with a 40-year contract," Willingham said with a laugh.

If your memory can reach back over 50 years, you might recall when local Methodist minister, John Dowd, filled the role. Don Washburn followed John for about 25 years, then Don Howard served at the mike from 2004 until just two years ago. Howard mentioned that his spotter in the booth was originally Dr. Raymond Cook, but after Dr. Cook left, David Dickerson joined the booth for a number of years. So, Howard was in the booth just after Holland and Willingham were on the field on some very successful Lion football teams. Holland graduated in 2003, and Willingham in 2004. Both men were coached by current Head Football Coach Sam Harrell and Willingham's father, Ennis Defensive Coordinator Paul Willingham.

In the booth, the guys divide the work, with Holland focusing on the defense and special teams, while Willingham watches the offense. They have also had EHS student, Jack Barton, in the box with them providing additional insight. "Jack gives us down and distance information, and helps identify players if we need him to," Willingham mentioned. "Jack will be a senior this year, and we are looking forward to him being with us at least one more season."

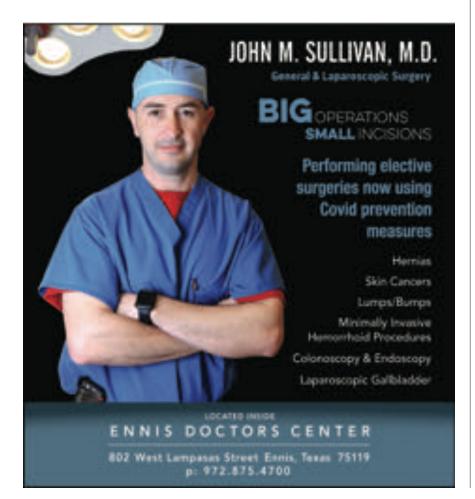
"We want to identify the players and make sure we get their names correct," he continued. "Some of the names can be a challenge, and that is another place where Jack helps, because he goes to school with them. If there are some difficult names on the other team's roster, we will ask one of their coaches if we have time. Sometimes, though, we get the names just before the game starts, so we just do the best we can."

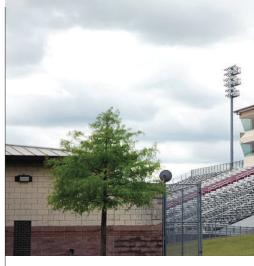
Holland mentioned that they try to "get some love to the offensive linemen" when they can. "Those guys work hard, but they get little recognition."



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When Willingham was asked to announce the games, Holland was the first person he thought of to share the booth with him. "I sent Jake a text asking him to be the spotter, and he replied, 'Sure. What's a spotter?""

Both Jakes were born in Ennis and are happy to be back here, raising their families and being part of the community. Willingham is married with two children. His vocation is real estate, and he also serves on the board of the Ennis Education Foundation. "Having previously been a teacher, I understand that the school has needs that are not provided by the state. I am proud to be a part of it. The Foundation was organized in 2014 and is off to a very good start. I think it is only going to get bigger. It is a good cause to support."

Holland is also married and has three children in the Ennis public schools. His education is in civil engineering, and he works as a project manager for The Beck Group. "Ennis is a great place to raise a family, and we are happy to be here where our kids can see their grandparents. I was on the Planning and Zoning board with the city for 10 years, and I currently serve as mayor pro tem. These are just a couple of ways to stay involved and give something back to the community."

Much more goes into preparation for calling a game than most people likely realize. "We get to the stadium early enough to get things ready, but even then, we have to be flexible," Willingham said. "Sometimes the other team is late, or perhaps their band is late. We announce the songs and the pledge. We plan, and schedule time for, a student council gift exchange before the game, but sometimes the other



school comes unprepared for that. Of course, there is the coin toss before the game with the captains and the officials. Before and during the game, we are also announcing sponsorships of things like scores and first downs. We try to get everyone the recognition that they and the fans expect. We get a printed agenda from the athletic director, but there is usually some 'tweaking' that needs to be done."

While Willingham is the announcer and Holland is the spotter, there was one game that Willingham had to miss, so Holland announced. "I called my friend, Blake Butler, and asked him to be my spotter. He said the same thing I had said to Willingham when he asked me, 'What's a spotter?'" he recalled.

These guys obviously enjoy the action on the field, but they must try to just announce the game without adding any of their own color or favoritism. "We may have been a little more colorful the second year, but our job is to just provide information and not give our opinions," Willingham related.

"We get to see some exciting football. We were amazed during Gracen Harris' first game. He had several long catches and was essentially unknown before that game. We experienced the disappointing loss to Colleyville Heritage along with every other Ennis fan, including the inadvertent time out during the last series," Willingham continued.

"I'm thankful we are able to be a part of this," Willingham said. "We learned a lot about football from our high school coaches. This job only requires about five Friday nights a year, but we don't take it lightly. It is a lot of fun, too." TAKE YOUR





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Season tickets to the public are on sale July 28th-August 23rd. All tickets are online only at https://gofan.co/app/school/TX16066

For additional information please contact the Athletic Office at 972-872-7374.

EISD Athletic Department



ALL TIMES ARE SUBJECT TO CHANGE.

LIONS TBALL SCHEDULE

FRI. 8/25 THU. 8/31 FRI. 9/8 FRI. 9/15 FRI. 9/22 FRI. 9/29 FRI. 10/6 FRI. 10/13 THU. 10/19 FRI. 10/27 FRI. 11/3

WAXAHACHIE AT MIDLOTHIAN AT COLLEYVILLE HERITAGE CORSICANA (SENIOR NIGHT) AT EVERMAN OPEN JOSHUA (HOMECOMING) MIDLOTHIAN HERITAGE AT ARLINGTON SEGUIN BURLESON (BAND NIGHT) MANSFIELD SUMMIT



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BusinessNOW City Real Estate

— By Bill Smith

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Hours: Monday-Friday: 8:00 a.m.-5:00 p.m.

Wayne and Marlene Norcross, owners of City Real Estate, are both natives of Ellis County. They have served the local community since 2009 when Wayne opened the Ennis office, although Wayne's real estate career spans many more years. "I opened an office in Waxahachie in 1991, and just a couple of years later, I met Marlene. She was transferred to Las Vegas with her position with Neiman Marcus and, because love makes you do crazy things, I followed her out there and sold properties in the booming Las Vegas market," he recalled with a smile. "During my first year in Vegas, I led the company in sales.

"We opened City Real Estate in Ennis in 2009 with five agents: Linda Rudd, Kim Lu, Jackie Junger, Liz Taylor and Amelia Valdez. The firm now employs 54 agents and five brokers."

Wayne was quick to compliment Marlene on her real estate success, saying, "She's done a really good job and has been our top producer for the past four years."

Marlene added, "The transition from retail to real estate is a natural one. It is all about building relationships and building trust, especially for first-time home buyers."

"The real estate business typically has a market adjustment about every three or four years," Wayne continued. "It has actually been about seven years since the last adjustment, but we are in one now. We have moved from a seller's market to a buyer's market. The recent change in interest rates has a psychological effect, but frankly, I was in the business for 24 years before I closed a deal under 6 percent."

"The biggest impact of the current market is on the first-time home buyer," Marlene mentioned. "Coming into the market, they may find that first home stretches them a little too far."

Wayne agreed, saying, "Now, they are starting to see the reality. It may be harder to qualify for that first loan." They both agreed that there is a lot of inventory on the market right now, because there has been a lot of new construction that has been difficult to close on. "Building materials have increased along with the interest rates," he added.

"WE GET A LOT OF SUPPORT FROM THE COMMUNITY, Including our city leaders."

"Ellis County is still one of the best real estate markets in the country," Marlene related. "There are a lot of people transferring to Texas. The buyer can get more for their money here, especially compared to North Dallas. There is still room to acquire property in the country, also."

City Real Estate is poised to lead the area in real estate transactions. "One of the unique things about our agency is the way our agents are able to build their business around themselves. They can put their personal phone number on their listings. They work together and support one another, doing what is best for their clients," Wayne added.

"We get a lot of support from the community, including our city leaders," he continued. "We also give back to the community through our work with veterans and other organizations. One of the things we have done for many years is provide scholarships for high school seniors. Last year, we were able to give 15 scholarships, each \$1,500. All of the money for them is donated from our agents from their sales commissions."

Wayne mentioned the relationship City Real Estate has with Guild Mortgage as another plus for their agency, and both he and Marlene said they are optimistic about the real estate market in Ennis. Marlene exclaimed, "Everyone gets excited about a new home!" **NOW**







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We are very proud of our school district and thankful for such a supportive community. Whether you are a lifelong resident or new to the city, we welcome you! One of the greatest strengths of Ennis ISD is the sense of family on each of our campuses.

The success of our students is a partnership between parents, s t a f, a n d c o mmu n i t y. any questions, please reach out to your child's teacher or campus principal.

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Jay Tullos Superintendent of Schools

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July 25-28 - New Employee Orientation July 31 - Staff Development Day

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Nov. 20-24 - Thanksgiving Break

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March 11-15 - Spring Break March 18 - Staff Development Day March 29 - District Holiday



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Aug. 1-9 - Staff Development Day Aug. 10 - First Day of School													

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Dec. 21 - Early Release

Dec. 22-29 - Winter Break

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Oct. 13 - Staff Development Days Oct. 16 - District Holiday

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Feb. 19 - Presidents' Day

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Jan. 1-5 - Winter Break Jan. 8 - Staff Development Day Jan. 15 - MLK Day

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- May 10 Early Release May 17 & 20 - Bad Weather/PD May 21-22 - Staff Development Day May 27 - Memorial Day
 - Early Release

Bad Weather/PD

Grading Period Ends/Begins

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5. Sam Houston Elementary 1701 S. Hall St. • Ennis, TX • (972) 872-7285	O Veterans Memorial Park
6. William B. Travis Elementary 200 N. Shawnee St. • Ennis, TX • (972) 872-74	.55 Warrent St. Heropolan A. He
7. Jack Lummus Intermediate 501 N. Clay • Ennis, TX • (972) 872-7060	luebonnet Park 2. Z at Fooswood 3
8. Dorie Miller Intermediate 2200 W. Lampasas • Ennis, TX • (972) 872-377	75 8 8 5
9. Alamo Middle School 501 N. Gaines St • Ennis, TX • (972) 872-7332	Medicar Contract D
10. Ennis Junior High 3101 Ensign Rd • Ennis, TX • (972) 872-3850	Physicians Bird By Ennis High School
Ennis High School 2301 Ensign Rd • Ennis, TX • (972) 872-3500	3 Lions Stadium 🔿
	Ennis Junior High School

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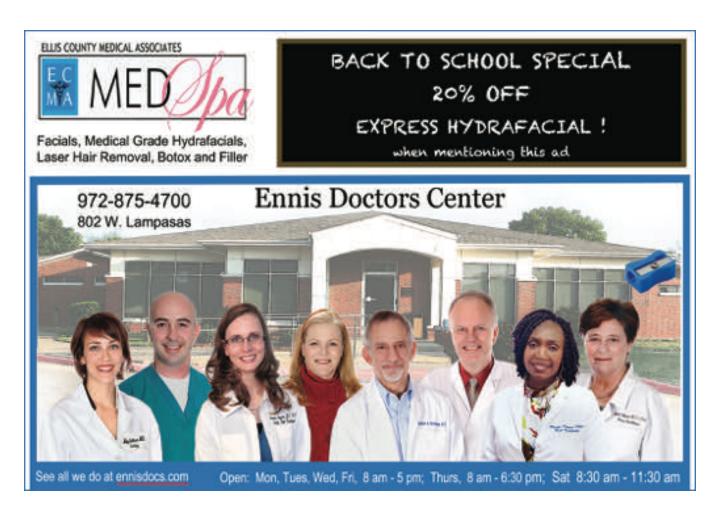
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Zoomed In: Felix Binder

By Bill Smith

Nine-year-old Felix Binder was selling lemonade in his front yard on a warm Saturday morning with a purpose. "I am saving up to buy fireworks!" he said with a measure of excitement.

Felix and his family have been in Ennis for about three years. He said he has a large family, and he is just about right in the middle with two younger sisters. "I will be in the fourth grade next year, and I am homeschooled," he said. "My favorite subject is science."

Besides school, he enjoys being outdoors. "I like to build things. I have wood, bricks and scrap metal that I use, and I like to build forts to play in."

Around Town



Magician Mike Corry entertains at Minnie McDowal Park.



Lincoln Wright tries on his new bicycle helmet.



Joseph and Clay Taylor enjoy ice cream on a warm morning at Bluebonnet Market.



Samantha Honza and Kelly Ray sign up participants for Ennis Pee Wee Football and Cheer.

NOW



Peyton and Kelton Schiffner enjoy the Ennis Puppy Patch with their dog, Mia.



Ranae Harrison and Toni Lee register kids for Vacation Bible School.



Charlie Patak brings a musical program to the Lions Club.

Does getting back to normal mean the same school struggles?

It doesn't have to. If your child experiences any of the following, we could help!



- Taking hours to do homework
- Meltdowns Forgetfulness Procrastination
- Overwhelmed by homework
- Frequently lose things
- Can't sit still Talks excessively
- Difficulty waiting their turn
- Makes careless mistakes
- Difficulty finishing tasks

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Testimonial from a teacher to a parent after being treated by Dr. Laws: "Student has shown

major improvements in his behavior socially and academically. He is able to focus and actually complete his work. He works very hard and seems to be more calm ... He is a completely different child."

D. BLAYNE LAWS, M.D. www.FamilyCareClinicForADHD.com





Teena Bryant acknowledges that there are many reasons people love to cook. "I enjoy cooking because it is fascinating to me. I always enjoy learning new recipes. Although I have never been to a culinary school, I would love to do that, even at my age," she reflected.

"I have inherited recipes, and I have included a couple of them. I don't know that I totally invent dishes, but I do alter them or make them my own," she continued. "I look at recipes as a love language. I have many cookbooks from different sources. My first job was working at Dan's Townhouse. I loved to watch Shirley Caldwell with her book of recipes. That's something she probably never knew." Now

Chili

I lb. ground meat
Shortening, as needed
I cup water
I Tbsp. chili powder
I 1/2 tsp. salt
I tsp. onion powder or grated onion
I/2 tsp. garlic powder
I/2 tsp. black pepper
I 8-oz. can tomato sauce
I 1/2 Tbsp. flour

 Brown the ground meat in a small amount of shortening in a large skillet.
 Add water, spices and tomato sauce.
 Allow to simmer for about two hours on low; then stir in the flour to thicken.

Pound Cake With Cinnamon and Brown Sugar Crumble

1 3/4 cups sugar 1 cup shortening 5 eggs

- 1 tsp. vanilla extract
- 1 tsp. lemon extract
- 2 cups cake flour
- 1/2 cup brown sugar
- 1 Tbsp. cinnamon

I. Cream the sugar and shortening together in a mixing bowl.

2. Add the eggs to a separate mixing bowl, one at a time, beating vigorously after each addition.

3. Add the eggs to the creamed sugar and shortening.

4. Add the vanilla extract and lemon extract; mix until well blended. Fold in the flour.
5. Pour 1/2 of the mixture into a baking pan. Spread the brown sugar and cinnamon around the top. Add the other half of the mixture, so the brown sugar and cinnamon are in the middle.

6. Bake at 275 F for 1 hour and 10 minutes.

Maraschino Cherry Cookies

1 cup butter, softened

- 1/2 tsp. salt
 2 tsp. maraschino cherry juice
 1/2 tsp. almond extract
 6 drops red food coloring (optional)
 2 1/4 cups flour
 1/2 cup maraschino cherries, drained
- and chopped
- 3/4 cup miniature semisweet chocolate chips

I cup powdered sugar

I. In the bowl of a stand mixer, beat the butter, powdered sugar, salt, cherry juice, almond extract and food coloring, if using. Gradually beat in the flour.

Add the chopped cherries while the mixer is on low speed. Remove the bowl from the mixer; fold in the chocolate chips.
 Drop rounded tablespoonfuls onto parchment-lined cookie sheets. Bake at 350 F for 8-10 minutes, or until slightly browned on the edges.

4. Transfer to wire racks to cool completely. Store in airtight containers.

Gumbo

3 large boneless, skinless chicken breast halves Salt, to taste Pepper, to taste 1/4 cup vegetable oil 1 lb. smoked sausage, cut into 1/4-inch slices 1/2 cup all-purpose flour 5 Tbsp. margarine (divided use) I large onion, chopped 8 cloves garlic, minced I green bell pepper, seeded and chopped 3 stalks celery, chopped 1/4 cup Worcestershire sauce 1/4 bunch flat-leaf parsley, stems and leaves, coarsely chopped, plus chopped leaves for garnish 4 cups hot water 5 beef bouillon cubes

- 1 14-oz. can stewed tomatoes with juice
- 2 cups frozen sliced okra
- 4 green onions, sliced (white and green parts)
- 1/2 lb. small shrimp, peeled, deveined and cooked

Season the chicken with salt and pepper.
 Heat the oil in a heavy-bottomed Dutch oven over medium-high heat.

3. Cook the chicken until browned on both sides; remove.

4. Add the sausage. Cook until browned; remove.

5. Make a roux by sprinkling the flour over the oil. Add 2 Tbsp. of the margarine; cook over medium heat, stirring occasionally, until brown, about 10 minutes. Let the roux cool.
6. Return the Dutch oven to low heat; melt the remaining 3 Tbsp. of margarine.
7. Add the onion, garlic, green pepper and





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celery; cook for 10 minutes.

8. Add the Worcestershire sauce, salt and pepper to taste and the 1/4 bunch of parsley. Cook, stirring frequently, for 10 minutes.
9. Add the hot water and bouillon cubes, whisking constantly.

10. Add the chicken and sausage. Bring to a boil. Reduce heat; cover and simmer for 45 minutes.

11. Add the tomatoes and okra. Cover; simmer for 1 hour. Just before serving, add the green onions, shrimp and chopped parsley.

White Bean Chili

2 tsp. olive oil 1/2 medium onion, diced (about 1 cup)

- I tsp. dried oregano
- 1/4 tsp. kosher salt, plus more to taste
- 1/8 tsp. freshly ground black pepper, plus more to taste
- 3 medium cloves garlic, peeled and minced
- 2 tsp. ground cumin
- 2 cups low-sodium vegetable broth
- 1 15-oz. can cannellini beans, rinsed
- 1 15-oz. can navy beans, rinsed
- 1 15-oz. can chickpeas, rinsed
- I 4-oz. can diced green chiles
- 1/4 tsp. ground cloves

1/8 to 1/4 tsp. ground cayenne red pepper, or less to taste Juice of 1 medium lime

Optional Toppings: Fresh cilantro

Fresh cilantro Lime wedges, to squeeze on top Scallions, sliced Onions, diced Cheese, grated Avocado, diced Organic sour cream or cashew sour cream

I. Set a medium-to-large pot over low heat. Add the olive oil, onions, oregano, 1/4 tsp. salt and 1/8 tsp. black pepper. Cook, stirring occasionally, until the onions are soft and translucent, about 8 minutes. **2.** Add the garlic and cumin. Cook, stirring frequently, for 1 minute.

3. Add the broth, beans, chickpeas, chiles, cloves and cayenne; stir to combine. Increase heat to medium-high; bring to a boil. Reduce to a simmer; cook for 3-5 more minutes until thickened a tiny bit.

 Remove from heat. Run a potato masher or fork through 5-6 times just to smash a few of the beans. This will help thicken it all up. Squeeze the lime over the top; stir. Taste and add additional salt and pepper, if desired.
 Serve with assorted toppings, if desired.

To search for more great recipes from any of the 9 NOW Magazines publications, visit

www.nowmagazines.com.



Urgent Health Warning: Men and Women Age 55 or Older!

Do You Suffer from Pain, Burning, Numbness, or Tingling from Nerve Damage Caused by Diabetes, Infection, or ANY of the Other Conditions Listed in this Urgent Special Report?

If so, now you can virtually end your discomfort, protect your health, and help you live a more active life.

Dear Suffering Friend

Tens of millions Americans have nerve damage --- a condition known as "neuropathy."

The most common symptoms of nerve damage are pain, burning, tingling, and loss of feeling in your feet, legs, and fingers — with the pain ranging from mild to almost unbearable.

if you are diabetic, and especially if you are also age 60 or older, odds are that your nerve damage has been caused directly by your diabetes — although many younger diabetics also have nerve damage from this potentially deadly disease.

But many OTHER people with these symptoms — pain, burning, and tingling — are NOT diabetic, yet also suffer from nerve damage.

According to the Mayo Clinic, the many diseases and conditions that can destroy the nerves in your extremities and limbs include:

- Alcoholism
- Autoimmune diseases
- Vitamin deficiencies
- ✓ Liver disease
- Underactive thyroid
- Repetitive motions such as typing
- Bone marrow disorders
- Certain prescription medications
- ✓ Falls, sports injuries, and other trauma
- Wearing a cast or using crutches

New hope — and better health for men and women with nerve damage ...



- Chemotherapy
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As odd as it seems, a choice between journalism and medicine was the decision facing Dr. Larry Jinks in high school. "At Grand Prairie High School, I wanted to be an athlete, but I had neither the physical attributes nor the skills to succeed, so I became the sports editor of the school newspaper to stay close to the action. At the same time, I loved the life sciences and saw many opportunities there," he said.

In the end, he and his best friend decided to pursue medicine and went to UT-Austin together. After the first



year, Dr. Jinks transferred to UT-Arlington to complete his undergraduate degree because "that was where my sweetheart, Beverly, was.

"During my first medical school interview, the professor observed that there were 500 applicants with perfect academic records applying that year. For the first time, I realized that I might not get in and considered other options," he noted. But he was accepted at The University of Texas Medical Branch in Galveston, Texas. He and Beverly were married in 1977, and they made their home on the island. Their early married life was far away from family and friends, but they would later see that as a growth experience in their marriage. "I entered medical school with a bit of a chip on my shoulder, as many thought that my chances of a successful academic career would be hampered by my marital status," he recalled. His dedication to his studies and their perseverance as a married couple paid off, and he became a physician in 1981.

Dr. Jinks did his internal medicine residency at Baylor University Medical Center and was privileged to be the first physician recruited into the newly visioned Baylor Health Care System. As a result, Dr. Jinks agreed to a three-year commitment to Ennis with plans to move to a larger city when his contract was up. "But Ennis was a great fit for our family and for my medical career, and so we stayed," he recalled.

"We want our employees to know our patients as people and not simply by their medical problems."

Over the past 39 years, Ennis Doctors Center has grown to provide a wide variety of medical services and specialties including internal medicine, family practice, cardiology, orthopedic surgery, general and vascular surgery and nephrology. "I pride myself in being a doctor that gets to know his patients, as I believe that it allows me to provide a higher level of care," Dr. Jinks related. Within one facility, there are physicians and nurse practitioners who can care for patients from pediatrics to geriatrics.

Spending time getting to know their patients is one of the things that sets Ennis Doctors Center apart. "The philosophy of personal care is an essential part of every area of the practice," Dr. Jinks continued. "We want our employees to know our patients as people and not simply by their medical problems. Our providers spend time asking questions to gain a deeper understanding of who they are as people because it allows them to provide better care. As we learn more about their life stresses and challenges as well as about the celebrations they have in their life, a more holistic approach to their care is possible."

Dr. Jinks concluded, "At the end of the day, I think everything that happens in the clinic reflects upon me personally. I want people to choose us because they trust us, and they know that we care."





Crossword Puzzle

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Across

- 1 Preceded by E. it can cause
- illness 5 Wields the
- gavel
- 11 Undoing
- 12 Elton's collaborator
- 13 Currently
- 15 Lieu
- 16 Drop the ball
- 17 Early screen Jean
- 19 Salt Lake City
- letters 20 Soft tissue
- 23 Old Ford model
- 26 Shakes led Sue astray
- 30 "Bearded"
- bloom 32 Overhead
- 33 Its occupants look for a catch

- 36 Site of a famous "galloping" bridge
 37 Bring to naught
- 38 Mushy
- 39 Complaint

Down

- 1 Collide
- 2 "I Think I'm ---Here" (Carroll O'Connor, autobiography)
- 3 A quart, and then some
- 4 Right down the middle
- 5 It owns Simon and Schuster
- 6 "--- So Fine" (The Chiffons' hit)
- 7 Skills
- 8 As a whole

- 9 Inflexible
- 10 Oozes
- 14 Image of a
- deity 18 Itsy-bitsy
- 21 Smelting by-
- product
- 22 Racket 23 Boosts
- 24 Experiment
- 25 "Saturday Night Fever" genre
- 27 Blackmore's Lorna
- 28 Dodge
- 29 Play by a different --- rules
- 31 Hit the mall
- 34 Little terror
- 35 Dissenting vote

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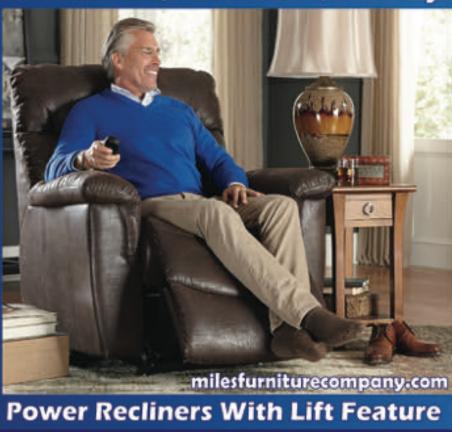
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Sudoku Puzzle

Easy									Μ	ediu	m	-						
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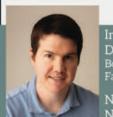
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Some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

BACK TO CHOOL

Through October

Ellis County Art Association Gallery Member Show:

Gallery members may submit up to five pieces of art online. No theme. Art on the Square Fine Art Gallery, 113 W. Franklin St. For more information, visit ecaa@elliscountyart.net.

8/3-8/13

An Evening of Culture: Faith County II:

Ennis Public Theatre presents this play by Mark Landon Smith. Amateurs take on Shakespeare. Would a play by any other name smell as disastrous? Recommended for ages 13-plus. Performances **Thursdays, Fridays and Saturdays:** 7:30 p.m.; **Sunday matinees:** 2:30 p.m., Ennis Public Theatre, 113 N. Dallas St. For ticket information, go to https://ennispublictheatre.com or call (972) 878-7529.

8/11-8/27

Twelve Angry Men: Theatre Rocks presents the play by Reginal Rose, directed by Bill Rhoten. Following the closing arguments in a murder trial, the 12 members of the jury must deliberate, with a guilty verdict meaning death for the accused, an inner city teen. Theatre Rocks!, 505 NW Main St. For showtimes and ticket information, go to www.theatrerocks.com or call (972) 878-5126.

8/18

The Wellness Symposium: Equipping Ellis County to empower themselves and others. Lunch and refreshments provided. There will also be exhibitor booths. Free. 8:00 a.m.-4:30 p.m., Waxahachie Civic Center, 2000 Civic Center Ln., Waxahachie.

8/24

Tipping the Pain Scale: A documentary following six individuals who are grappling with the systemic failures in how we have dealt with addiction and their journeys to develop and employ new, and often controversial solutions. It is a positive and uplifting, yet gritty and real story of redemption and hope. Free, but registration recommended due to limited seating. 1:00-4:00 p.m., Texas Theater, 110 W. Main Street, Waxahachie. Sponsored by Hickory Trail Hospital and IMPACT Waxahachie. Contact Reanna Liversage, director of community coalitions, at riliversage@drugfreegen.org or (972) 518-1821.

8/25 The Battle of **287** Varsity Football Game: Ennis High School vs. Waxahachie. Cheer the Lions on to victory. 7:00 p.m., Lion Memorial Stadium. Ticket must be purchased in advance through https://gofan.co/app/ school/TX 16066.

8/26

Texas Truck Invasion: This is an all-day event. For tickets and times, contact Texas Motorplex, 7500 W. Hwy. 287 at (972) 878-2641 or www.texasmotorplex.com.

Tuesdays

Rotary Club of Ennis Meeting: Lunch, club business and program. Noon, First United Methodist Church, 300 N. Sherman St.

Second Tuesdays

Ennis Masonic Lodge #369 Meeting: 7:00 p.m., 209 N. Dallas Street.

National Active and Retired Federal Employees Chapter 1191 Meeting: 11:00 a.m.-1:00 p.m., rotating between Corsicana, Ennis

and Waxahachie. For more information, contact (972) 775-2463 or rjcarey I @gmail.com.

AUGUST

Wednesdays

Ennis Host Lions Club Meeting: Noon, Tabernacle Baptist Church, 1200 Country Club Rd.

Chess Classes: 4:00-5:00 p.m., Ennis Public Library, 501 W. Ennis Ave. For more information, call the library at (972) 875-5360.

First Thursdays

Sip, Shop & Stroll: Come enjoy some sips, bites and special deals with our wonderful downtown merchants. 5:00-8:00 p.m., Downtown Ennis. Call the Ennis Welcome Center at (972) 878-4748 for more information.

Fourth Thursdays

Bookworms Reading Group:

Like to read and discuss books? Join the Bookworms at the library. Ennis Public Library, 501 W. Ennis Ave. (972) 875-5360.

Submissions are welcome and published as space allows. Send your current event details to bill.smith@nowmagazines.com. Some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

BACK TO Come

8/3-8/6 and 8/10-8/12

Always Patsy Cline: Thursdays-Saturdays: 8:00 p.m.; Sunday: 8/6: 3:00 p.m., Duncanville Community Theatre, 106 S. Main Street, Duncanville. For tickets and more information, visit https://www.dctheatre.org.

8/5

Conservation-in-Action Volunteer Work Day:

A morning of dirt therapy and camaraderie awaits. Free. 8:00-11:00 a.m., Cedar Ridge Preserve, 7171 Mountain Creek Pkwy, Dallas.

ISD Back to School Rally:

9:00 a.m.-noon, Valley Ridge Park, 2850 Park Ridge Dr., Cedar Hill.

See & Taste DeSoto:

This year we took the best of the DeSoto Living Festival and The Taste of DeSoto and created a reimagined and reinvigorated experience. Enjoy a fun-filled day of entertainment, great food, friendly competition and more! 10:00 a.m.-4:00 p.m., DeSoto High School, 900 Eagle Way.

King Shakur Performances:

Mr. Shakur, a spoken word artist, shares his strong passion for healing through poetry and expression with all ages. Free. DeSoto Public Library, 211 E. Pleasant Run Rd.

8/10

Rec in the Park: Come enjoy some fun summer yard games. Free. 10:00-11:00 a.m., Highlands South Park, 225 Cannady Dr., Cedar Hill.

Puppetry Workshop for Kids:

Linda Lee, a vocalist and ventriloquist, inspires through music and puppets. Free. 10:30 a.m., DeSoto Public Library, 211 E. Pleasant Run Rd.

8/13

Paws in the Pool-ooza: Let your furry, four-legged friend take a swim with his pet companions! This event will feature dog-friendly vendors, prizes and fun! \$5/dog. Benefits the Friends of Tri-City Animal Shelter. 10:00 a.m.-2:00 p.m., Crawford Pool, 401 Straus Rd., Cedar Hill.

8/16

Medicare Information Session: Free. 11:00 a.m.-1:00 p.m., DeSoto Public Library, 211 E. Pleasant Run Rd.

8/23 Chamber Night Out: 6:00-8:00 p.m., Crab N Bar, 305 W. FM 1382, Ste. 316, Cedar Hill.

8/26

Welcome to Cedar Hill: Are you new to Cedar Hill? Join us for breakfast and a tour of the town!. Register and learn more about community facilities and programs. Free. 9:00-11:00 a.m., Cedar Hill Government Center, 285 Uptown Blvd. (214) 714-4038.

A Night of Smooth Jazz & R&B:

Natural Change Band in concert. \$20-\$25. 7:30 p.m., DeSoto Corner Theater, 211 E. Pleasant Run Rd., Desoto. Get ticket on eventbrite.com.

First and Third Thursdays

Sit & Sew: Join a community of crafters to sew, share ideas and socialize! B.Y.O.P. (Bring Your Own Project.) 10:00 a.m., Zula B. Wylie Public Library, 225 Cedar St., Cedar Hill.

Third Fridays

Anime Club: Come watch some favorites with friends. 6:00 p.m., Black and Bitter Coffee, IOI S. Main St., Duncanville.

AUGUST

Last Fridays

Poetry on the Patio: Bring your best lines or just listen at this outdoor open mic. Free. Black and Bitter Coffee, 100 S. Main St., Duncanville.

Second Saturdays

Paws and Reading Tutors: Kids of all ages come read to friendly, trained dogs. Free. Noon-1:00 p.m., Zula B. Wylie Library, 225 Cedar St., Cedar Hill.

Third Saturdays

Duncan Switch Saturday Street Market: The event includes vendors, food and fun. 9:00 a.m.-3:00 p.m., Main and Center streets, Duncanville.

Tri-City Animal Shelter Adoptions: Come meet your new furbaby. 11:00 a.m.-2:00 p.m., 100 S. Main St., Duncanville.

Submissions are welcome and published as space allows. Send your current event details to adam.walker@nowmagazines.com.

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"I have stored up your word in my heart, that I might not sin against you. - Psalm 119:11



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Urgent Health Warning: Men and Women Age 55 or Older!

Do You Suffer from Pain, Burning, Numbness, or Tingling from Nerve Damage Caused by Diabetes, Infection, or ANY of the Other Conditions Listed in this Urgent Special Report?

If so, now you can virtually end your discomfort, protect your health, and help you live a more active life.

Dear Suffering Friend

Tens of millions Americans have nerve damage --- a condition known as "neuropathy."

The most common symptoms of nerve damage are pain, burning, tingling, and loss of feeling in your feet, legs, and fingers — with the pain ranging from mild to almost unbearable.

if you are diabetic, and especially if you are also age 60 or older, odds are that your nerve damage has been caused directly by your diabetes — although many younger diabetics also have nerve damage from this potentially deadly disease.

But many OTHER people with these symptoms — pain, burning, and tingling — are NOT diabetic, yet also suffer from nerve damage.

According to the Mayo Clinic, the many diseases and conditions that can destroy the nerves in your extremities and limbs include:

- Alcoholism
- Autoimmune diseases
- Vitamin deficiencies
- ✓ Liver disease
- Underactive thyroid
- A Repetitive motions such as typing
- Bone marrow disorders
- Certain prescription medications
- ✓ Falls, sports injuries, and other trauma
- Wearing a cast or using crutches

New hope — and better health for men and women with nerve damage ...



- Chemotherapy
- ✓ Tumors
- ✓ Infections
- Kidney disease

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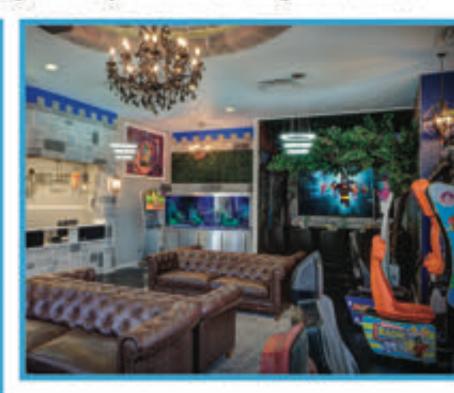


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