MidlothianNOW

M A G A Z I N E

AUGUST 2022

Back to the Future

Dr. Jo Ann Fey leads
MISD forward

Talk Like a Texan

How to use slang like a native

In the Kitchen With Judie Burnham

Also inside:

Scavenger Hunt

Crossword/Sudoku

Featured Business: Cogburn Contracting, LLC

016 198899 30A5809 & U 01A9 XT 2AJJA0 00ACN TAMP399

....ECEMSS EDDW....



Global Distributor of Electronic Components

Join our Growing Team!



Now hiring for these positions

Customer Service/Sales | Developers | Internet Business/Systems | Warehouse Associates (all shifts available)



mouser.com

(800) 346-6873

1000 N. Main St. Mansfield, TX 76063 Approximately 30 mi. from Dallas & 20 mi. from Fort Worth

Apply today online at careers.mouser.com

Delivering Technology. Designing Careers.



9/10/2022 9am-2pm in Downtown Midlothian

Celebrating the History and Community of Midlothian





DAYTIME EVENTS:



- · FREE Lunch while it lasts
- · 9/11 Tribute
- · Community & Retail Booths
- Cornhole Tournament
- · Pickleball
- Larkin Newton Cabin Tours
- · Classic Cars
- Live Entertainment
- · Kid Zone
- · Pony Rides & Petting Zoo
- · Kiddie Train
- · All-Day Shuttle Service

Hosted by: Midlothian Downtown Business Association and Midlothian Community Development Corporation

For more information visit: www.midlothiantxdba.com

MIDLOTHIAN

HERITAGE NIGHT

9/10/2022 3:30pm-8pm

in Downtown Midlothian





EVENING EVENTS:

- · Wine Tasting (tickets required)
- · Beer Garden (tickets required)
- Arts & Retail Booths
- · Kid Zone
- · Food Trucks (food for purchase)
- Live Music & Street Dance featuring Byron Haynie
 & Faster Horses
- · Free Shuttle Service till 9 p.m.
- · Bring Your Lawn Chairs

Hosted by: Midlothian Chamber of Commerce and Midlothian Community Development Corporation

For more information visit: www.midlothianchamber.org

Fall Pre-Booking Savings

We all must prepare for the unpredictable Texas Fall & Winter weather.

Don't forget to call us to Pre-Book your Heating Tune-up.

CALL DURING THE MONTH OF AUGUST

To schedule your system's tune-up in September & October

PRE-BOOKING SPECIAL ONLY \$69 PER SYSTEM

Regular Price \$99 per system

Preventive Maintenance
Texas Ace Club Memberships
as low as \$14.95 per month.
Sign up in the month of August
to get your 1st Month FREE!

- ♣ Increase Energy Efficiency
- Prevent Costly Breakdowns
- Extend the Life of Your Equipment
- Priority Service with \$69 Service Calls



- Free Estimates
- \$ \$0 Down, 100% Financing
- Home Energy Audits
- Custom Ductwork Evaluation
- Precision Tune-ups
- Free Filter Program
- 24-hour Emergency Service

* on qualifying systems

Texas Ace

Heating & Air

Midlothian Family Owned and Operated

TACLA40925C service@texasacehvac.com

817-240-6701 www.texasacehvac.com

Heating & Air
Tacla40925C

817-406-2165 www.texasacehyac.com

- Record Setting Temps!
- Record Setting 100° Days!
 - Record Heat Wave!

Throughout the seasons,
Texas Ace is here for you.
Thank you all for your patience
and business as we work daily to
take care of every family.

JUNE HIGH 2022

SUN	MON	TUE	WED	THU	FRI	SAT
				82"		
5 91"	⁶ 93	⁷ 93"	890"	93°	100°	102
12	13	95	15 93°	16 100°	91-	98"
19 100°	20	100"	100°	103"	102	101
		28 92		30 100°		

JULY HIGH 2022



What will August bring?

Take a look at our pre-booking special.

Call today to be prepared for the coming harsh winter season.

- Never forget Snowmageddon 2021 -

ON THE COVER



MISD Superintendent, Dr. Jo Ann Fey, hopes to balance the city's small-town history with its continued growth.

Photo by

Kobbi R. Blair.

Publisher, Connie Poirier General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker Midlothian Editor, Angel Morris Office Assistant, Kristin Bato Writer, Virginia Riddle Editors/Proofreaders, Lisa Bell Rachel Rich . Virginia Riddle

GRAPHICS AND DESIGN

Creative Director, Chris McCalla Artists, Kristin Bato . Martha Macias London O'Connell . Anthony Sarmienta

PHOTOGRAPHY

Photography Director, Chris McCalla Photographer, Kobbi R. Blair

ADVERTISING

Advertising Representatives, Cherise Burnett . Dustin Dauenhauer Bryan Frye . Kelsea Locke Linda Moffett . Lori O'Connell William Perron . Linda Roberson Jeremy Young

Billing Manager, Angela Mixon

MidlothianNOW is a NOW Magazines, L.L.C. publication. Copyright © 2022. All rights reserved. MidlothianNOW is published monthly and individually mailed free of charge to homes and businesses in the Midlothian ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.







(972) 533-7216

EDITOR'S NOTE

Today's the day ...

A handyman crew of two is tackling a repair wish list I've had for years. From small to medium-ish tasks, this duo thinks they'll complete all of them by this afternoon. In eight hours, they're set to finish things I've awaited for years. I repeat: I've waited *years* for what they'll do in less than *one day*. (Let that sink in ...) I don't mean to sound ungrateful because I'm absolutely thrilled. I only mention this as a cautionary tale about waiting (and waiting and waiting) when you should be *doing*.

Don't get me wrong, I take care of my home and have kept an eye on basic maintenance, but these non-necessities have fallen to the wayside. (I can karate chop a throw pillow like Jackie Chan, but power tools I leave to the pros.) And since these weren't things I could do myself, they shifted way down on my to-get-done list. Plus, I'd have to ask for referrals, read reviews and interview contractors — then cross my fingers and hope to have better luck than I've had in the past with repairmen of any sort. (As homeowners out there may know, that can be a roll of the dice as unlikely as Erica Sinclair's Dungeons and Dragons 20 hit in *Stranger Things* Season 4.)

Every time I looked at one of those "little" things, I was "big" frustrated, and if SMH was an Olympic sport, I'd have taken the gold in Tokyo *and* Rio. Sure, life happens and other things take priority, but at the end of the day I'm bound to be so overjoyed, I'll be kicking myself for not doing these things sooner. Roll the dice today.

Your peace of mind is waiting!



SPECIALIZING IN Botox & Dermal Fillers

BACK TO SCHOOL

Specials! Versa Mini Lip \$275

Botox/Xeomin \$11/unit

Microneedling \$250/session

ZO Skin Health 10% off

Discounts for Teachers and School Administration **Employees!**



By Appointment Only Jen Grimes, AGACNP-BC, Owner & Injector jen@envyaesthetics.net www.envyaesthetics.net

All injections given by a Certified Nurse Practitioner

Call or Text for an Appointment. 972-437-8820 • 509 S. 9th St. • Midlothian

> Shelly Dixon, Licensed Aesthetician For appointments call or text our office or 817-709-5509.

ELLIS COUNTY'S #1 SOURCE FOR CUSTOM WROUGHT IRON FOR OVER 20 YRS.

* WROUGHT IRON FENCES & GATES *AUTOMATIC GATE OPENERS * STONE & BRICK COLUMNS * WOOD & IRON FENCE COMBOS * SERVICE AND REPAIR ALL GATE OPENERS * BALCONY RAILINGS







972-775-3091

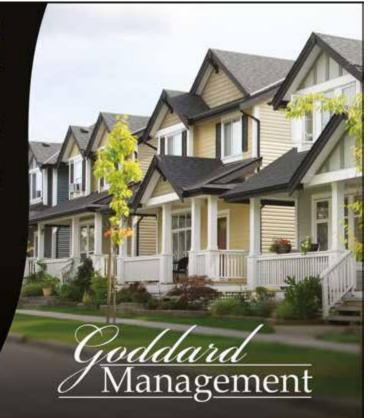
WWW.HANSONIRONWORKS.COM FREE ESTIMATES VISIT US ONLINE AT



Being available to you and your community is what is important to us.

At Goddard, we know that you pride yourself on your home and community, which is why our knowledgeable, friendly, and committed team is here to extend our hand to help build on what you have already created.

For over 17 years Goddard Management LLC has provided homeowner association management services to the DFW area. Our aim is to assist the Board without taking away the control and personal attention that only involved homeowners can give.







972-920-5474 • www.goddardtx.com





CraneLawFirm.com

BACK TO THE FUT

— By Angel Morris

Entering her second year with Midlothian ISD, Superintendent Dr. Jo Ann Fey anticipates the future, using the foundation of her past. Dr. Fey came to MISD from Southwest ISD in San Antonio, where she served in varied roles for more than 25 years. "I was a classroom teacher in Career and Technology for nine years while also serving as a head girls basketball coach. I spent one year as an assistant principal, one year as an academic dean and then took over as an interim principal before being named principal of a comprehensive high school with 3,500-plus students," Dr. Fey outlined. Then, as assistant superintendent in SWISD for seven years, Dr. Fey served in a planning role for the opening of a second comprehensive high school and a STEM project-based learning school.

An SWISD graduate herself, Dr. Fey utilized her bachelor's degree, two master's degrees and doctorate to succeed in her time there. Last year, she began looking for a new job in the Region 10 area of schools. "I was searching for a position that aligned with the size of the district where I was working as well as a district that aligned with my conservative values," she admitted.

In Midlothian, Dr. Fey saw an opportunity to balance the city's small-town history with the challenges of rapid growth. "We have new people moving to the area who all have an incredibly rich culture they bring with them. We want to find ways to embrace that without losing the things the community loved when it was small," Dr. Fey expressed. "There are ways we can do that, but we also have to make sure we have facilities to support student growth and development and enrollment growth."

Dr. Fey places further emphasis on helping students find academic, co-curricular and extracurricular balance. "Inner balance allows students to grow as learners and leaders in all areas of life. All students need to have post-secondary options, and we have a unique opportunity to invest in the development of programs that lend themselves well to creating exceptional quality of life after students go through our system," she said. "One way is through partnerships with industries in our area and aligned Career and Technology programs."

Dr. Fey believes Midlothian could be a premier district that excels academically and in Career and Technology. "I find great value in creating options for students that meet their needs and their desires while addressing the incredibly demanding transcript requirements for Texas public high school students. When I was a high school student, many moons ago, I needed approximately 21 credits. Now students need 26!" Helping students meet those demands and working to create a system that "values the dignity







of every single person — students and staff — at MISD," Dr. Fey acknowledges political challenges within schools today. "But I am encouraged by how our parents want to be engaged with their child's education. I hope to make our work transparent and centered on student outcomes and not national politics."

With that in mind, Dr. Fey started a Superintendent Advisory Council that meets monthly. "It took us four months to create a space that was safe for students to have dialogue about their experience in our system," she admitted. "It is remarkable to better understand the system as it exists through the eyes of our children. The country is in good hands, and our future is bright."

Dr. Fey is hopeful not just because of these students, but also because of her own three children with her husband, Bill, who was her high school sweetheart. Son, Jacob, recently graduated from Texas A&M-Kingsville. Now he teaches and coaches in San Antonio. Older daughter, Morgan, is a track and field athlete in her third year at Rice University. Daughter, Maddie, an incoming MHS junior, defended her state title in girl's discuss last spring, earned second in shot put for State UIL 5A and became Nike Outdoor Invitational Discus National Champion this summer.

"She is now the third best discus thrower in Texas history, tied for Best All-Time Sophomore in the U.S. and is blossoming under our coaches, Mallory Hibbert, Joey Foster, Corey Anderson and Billy Gomez!" Dr. Fey enthused.

Chasing her daughter around the





track and field scene is one hobby that encompasses Dr. Fey's free time. She also admits to a soft spot for the family's newest member, dog Max. "I got Max in the fall when I moved into my Midlothian house, and he is the light of my life!" she said.

Dr. Fey is equally enthusiastic about MISD teachers, whom she says are as dedicated to students as are the district's parents. Retaining the best educators, she said, is equal parts support and compensation. "I think we need to create a system where teachers feel supported and one where they can develop as professionals. I also think creating a pay structure for high performance will be critical to MISD and to the future of education," Dr. Fey noted.

"We must keep excellence in our classrooms. So many teachers leave the classroom because of pay. MISD has submitted our first-round application of the Teacher Incentive Allotment that came out as an option with House Bill 3, and we are currently working on our second round," Dr. Fey continued.

Depending on a teacher's evaluation and their ability to grow students academically, some staff will see "incredible increases in pay," according to Dr. Fey. "It will take us a few years to get there, but we are on the move!"

Ultimately, Dr. Fey hopes to demonstrate a commitment to excellence and inspire the same from faculty, staff and students. "Working with our students is an exceptional opportunity. They and their families attract the best educators," she said. "My focus is always on what's best for students. My first year with MISD has been tremendous, and I look forward to many more!" NOW











469-348-4084



972-841-7257



972-351-6618



REALTOR 214-929-3457



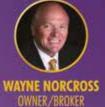
BROKER ASSOCIATE 817-271-0720



BROKER ASSOCIATE 214-686-3251



323 S. 9th St., Midlothian, TX 76065 | 469-575-3760 | citytxrealestate.com





REALTOR 817-917-5035



REALTOR 469-585-6998





SHARON COLLINS 214-502-1560



214-908-1509



512-431-4413

Home loans just became even more affordable.

- Conventional, FHA, VA & USDA financing options
- Up to 100% financing available
- Credit scores as low as 600
- Manufactured homes eligible
- First-time homebuyer programs
- Down payment assistance programs



Contact us today for your FREE CONSULTATION!



Laura Mitchell Loan Officer | NMLS #864780 101 NW Main St, Ennis, TX 75119 M: 972.743.9520

Apply Online www.lauraloan.com



J. R. Rudd Loan Officer | NMLS #1674336 101 NW Main St, Ennis, TX 75119 M: 214.454.8167

Apply Online www.ruddteam.com

Guild Mortgage Company is an Equal Housing Lender; NMLS #3274 (www.nmlsconsumeraccess.org). All loans subject to underwriter approval; terms and conditions may apply. Subject to change without notice. (17-96535)



While every corner of the world may claim its own dialect, Texas goes big toward its own communication style. People from other parts of the country have probably heard many typical Texan phrases, while some slang is purely local. Here's a beginner's guide for any recent transplants trying to acclimate to the language of the Lone Star State.

Howdy — A less fancy way of saying, "How do you do?" the greeting, *Howdy!* is even the official greeting of Texas A&M University, the state's largest university with about 70,000 students. *Howdy* is often followed by the word, *y'all*, which leads us to ...

Y'all — A contraction that means just what it clearly says: You all. *Y'all* can address two or more people, but a very large group (or multiple groups) requires a pluralized plural. That's where *all y'all* comes in. (Yes, Texans know that means "all you all," but groups can be really, *really* big here, so we don't consider it redundant.)

Fixin'ta — Although foreigners might think you're about to repair something when hearing this phrase, it actually just means you are about to *do* something. Whatever you're about to do, however, never *ever* say it with a g. *Fixing* still means repairing something, even in Texas.

Ain't — A contraction meaning: I am not, I have not, he/she has not, we are not and that is not. Certainly not exclusive to Texas, but common for natives who ain't fixin'ta use more syllables than absolutely necessary. Used in a Texas sentence: "This ain't my first rodeo!" (meaning I've actually done this before/I'm not new to this). Further abbreviations include *y'aint* (y'all are not) and *aintcha* (aren't y'all?).

Git — Because get is just plain uppity, Texans slip *git* into all kinds of phrases: *Git-r-done* (meaning to accomplish something); *all git-out* (meaning very or extremely); or *git-to-gittin*' (meaning to get started). For example, a warning between siblings about chores: "You bes' git-r-done before Pa gits-to-gittin' home or he'll be mad as all git-out."

As those examples suggest, individual words are often partnered with other phrases for emphasis in Texas. Here are some common phrases one might use to show they are Texan through and through.

Bless your heart — While this one can be sincerely stated in regard to something bad happening to someone else: "Your horse got loose? Bless your heart!" it can just as easily be meant sarcastically: "You think you know what you're doin'? Bless your heart."

Dadgumit! — A Texan's way to curse around children, suitable for use wherever a swear word is intended. Derived from *darn it* or *dang it*, *dadgumit* works well in conjunction with *shoot fire* and *son of a gun!*

Don't have a cow! — While lots of Texas-centric language actually has roots in other places, this phrase is

originally attributed to a Denton, Texas, newspaper, where a writer quoted a subject saying someone would "have a cow" if they knew about something unacceptable he had done. When telling someone, "Don't have a cow!" you're telling them not to overreact. Similar cattle-themed sayings include: Till the cows come home (meaning for a long, long time); and Take the bull by the horns, encouraging someone to tackle something head on. And, let's not forget ...

All hat, no cattle — Every state probably has its own version of Texas' slang for someone who considers themself important without reason. Perhaps a derogatory reference to city-folk imitating the fashion of actual cowboys, it can also describe a person who is all talk but little action. "That politician never keeps his promises. He's all hat, no cattle."

While many other words and phrases are commonly associated with Texas, the state's unofficial motto may be the most famous of all ...

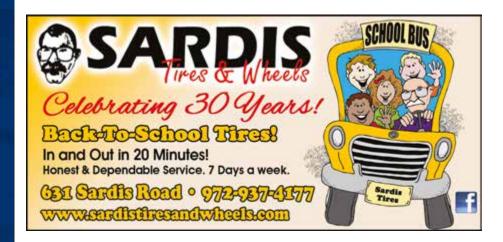
Don't mess with Texas. Launched in 1986 as an anti-littering slogan, it is widely accepted as a reminder of a Texan's toughness and a warning for anyone who might forget.

Portraying former President George W. Bush on TV's Saturday Night Live, actor Will Ferrell reminded 9-11 terrorists they should not have messed with Texas. Further proving how iconic the reference had become, it is also listed in the Advertising Hall of Fame.

Ironically, the official motto of Texas is just one word: Friendship. Tejas was the Spanish pronunciation of teyshas or thecas, the Caddoan word for ally. So, while Texan talk may be full of swagger, it tries to keep that motto in mind ... as long as you don't make a mess while you're here. NOW

Sources:

- I. https://bigseventravel.com/texasslang/.
- 2. http://wheretexasbecametexas.org/ texas-state-moto-friendship/.
- 3. https://blog.tmlirp.org/dont-messwith-texas-the-story-behind-the-slogan.
- 4 https://www.texasstandard.org/stories/ why-we-say-all-hat-no-cattle-or-callshotgun-when-we-go-for-a-ride/.







Around Town



Jeffrey Filmore, MHS Panther Regiment senior, performs at the Independence Day Parade.



Stephanie Jones cuddles Chanel and Blu at The Forgotten Ones animal adoption event.

Zoomed In:

By Angel Morris

Walter Moore and Shawn Mechler

When Walter Moore met Shawn Mechler standing in line at Walgreens, he'd recently been hospitalized after a near heart attack. The Ace Hardware employee had fallen on hard times and was living in his car. "He'd saved enough money for a deposit on an apartment but was waiting for it to be ready," Shawn recalled.

Shawn took to Facebook and, less than a month later, she and the community helped Walter stock his new apartment. "FBC Midlothian and Manna House helped get him into the apartment — and with his electricity. The community donated furniture, food, cleaning supplies and more!" Shawn listed.

Walter added, "I want to thank everyone who donated and set up my new apartment. You're a true blessing. I can't say 'thank you' enough."



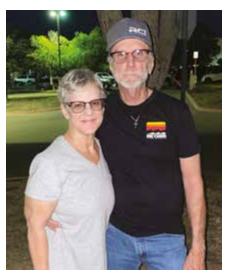
Part of the Russell Wyatt family enjoys tailgating during local July Fourth festivities.



Victoria Howard brings a friend and her dog to the city's Movie in the Park showing of Encanto.



Jackie Miles, FNP-C, along with her family, celebrates the grand opening of her new business, Midtowne Wellness & Aesthetics.



Patti and Bob Ramsden await the start of city fireworks on the Fourth of July.



The Williamson family shows its patriotic pride.





- Family and Emergency Dental Care
- Accepting New Patients of All Ages!
- Dental Implants, Clear Aligners & Cosmetic Dentistry



972.775.2377

www.sheibleyfamilydentistry.com



103 S. 7th St. Midlothian



- Sinus/Nasal Surgeries
- Allergy Testing and Immunotherapy
- Pediatric ENT Services
- Hearing Loss
- Hearing Aids
- Med Spa Services
- Head/Neck Services
- Home Sleep Studies
- Sleep Apnea Surgery/Devices
- In-Office Balloon Sinuplasty





CROSS TIMBERS

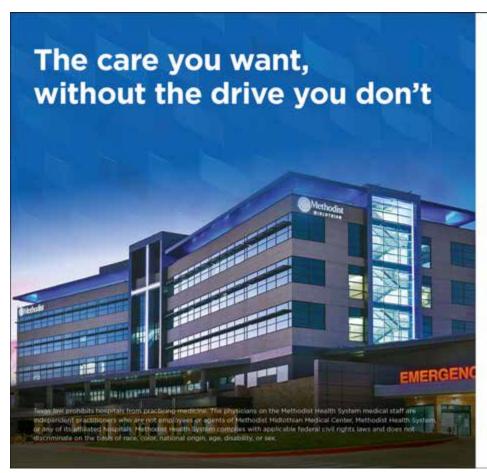
817-261-3000

2220 Bryan Place #100 Midlothian, TX 76065

Additional locations in Mansfield and Arlington

www.crosstimbersent.com www.refiningbeauty.org





In November 2020, we opened the doors of Midlothian's first hospital.

Today, Methodist Midlothian Medical Center is proud to offer comprehensive, patient-focused care, including a full-service emergency department, advanced robotic surgical options, labor and delivery, digestive care, and more. We're excited about the innovations and new patient services the future holds. Being there when and where our friends and neighbors need us. That's community, and why so many people Trust Methodist.

Visit us at MethodistMidlothian.org or call 469-846-2000.



READY TO SELL?

Look at some of the Listings SOLD by the Southern Star Home Team in 2022, We would love to add yours to the list!





















CALL OR EMAIL US TODAY!

- © 469-716-0867
- SouthernStarHomeTeam@gmail.com







- All Insurances Accepted
- Complimentary Local Shuttle
- Equipped & Certified for Aluminum Repairs for all makes & models



At Superstar Collision, we take tremendous pride in the work we do. We offer a LIFETIME WARRANTY. We will ensure that your vehicle is brought back to pre-accident condition and is repaired to your satisfaction.



"Let's put it in perspective. They've done work for me in the past. When my truck I had bought only 48 hours before got caught in the crossfire of my house fire, I told my husband that I wanted it to go to Superstar. I called Glenn, and they sent a wrecker to pick it up. Now with that said, I live 2 hours away from their shop. I didn't care what the tow bill was going to be to get it there." Christie - May 2022

972-299-6900

1260 S Hwy 67, Cedar Hill (Between Cedar Hill and Midlothian)

Proud to be Locally Owned and Operated for Over 15 years

superstarcollision.com





Cogburn Contracting, LLC

By Angel Morris

Cogburn Contracting, LLC

Cogburn Contracting, LLC is a family-owned and -operated business where great pride is taken in providing excellent workmanship and 100 percent customer satisfaction. "Since our founding, we've worked hard toward building and

maintaining a stellar reputation as a DFW contractor," Sarah Cogburn, who helps run the company with her husband, Jordan, stated.

For residential customers, Cogburn Contracting, LLC offers indoor and outdoor services. In kitchens, Cogburn handles countertops, custom cabinetry, tile backsplashes and wall moves to create more space. Services are also provided for bathrooms, where Cogburn Contracting can replace tubs and showers, flooring, counters and cabinetry, as well as create custom closets. "Whether it's a remodel or a fully gutted space, we can help clients make their kitchens and bathrooms not just more desirable, but also more functional," Sarah noted.

Home additions have become increasingly popular, as clients opt for adding mother-in-law suites and workshops to their homes rather than moving, and more and more customers are creating additional living space with outdoor projects such as patio extensions, open-air kitchens and pergolas. "We're fully prepared to tackle even the most complex projects and go the extra mile to ensure our

Before

customers are completely satisfied," Sarah promised. "We are also growing our commercial services, and those remodels are some of our very favorites. From retail to restaurants, office spaces and clinics, we've worked with several small and large business owners on projects of various sizes.

"With residential and commercial projects, our main goal is to get the job done right, every single time," Sarah continued. "These kinds of projects can get a bit complicated, but having Cogburn Contracting, LLC manage them makes it easier. We have earned a reputation as a trusted contractor by combining efficient planning with the best management practices."

A graduate of Texas Tech University where he obtained his Construction Management degree, Jordan's career had primarily been in commercial building working for large, nationally known construction companies. Like many people, he was impacted by the pandemic when demand for his job declined, and few were hiring. "We felt this was God's calling to begin our journey to start our own general contracting business and Cogburn Contracting, LLC was born," Sarah explained.

Parents of two boys, Jordan and Sarah know the importance of having a home that works for your family. "Customer satisfaction and job quality are what we pride ourselves on. We're fully prepared to tackle even the most complex projects and stand by the exceptional quality of our work," Sarah promised.

"At times, Jordan will personally pick apart a job and redo something even if the customer is already happy with it. If it's not up to Jordan's expectations, then it's getting redone."

Jordan and Sarah noted that serving the area in which their family lives and works is of special significance. "We also pride ourselves on being local and family owned, so working well with Midlothian and Ellis County residents is important to us," Sarah promised. "Ultimately, we provide clients with a wide range of services to cover all their needs. No matter what their project might be, our contracting professionals work to bring their dreams to life." NOW



Call or Text for Your FREE Estimate

214-380-3283

Info@CogburnContractingLLC.com | www.CogburnContractingLLC.com



BEAT THE HEAT WITH A COLD CAR A/CI



A/C Service
Starting at \$99 Plus freon, dye & tax

Engine Light Diagnostics
Starting at \$199
Plus tax



Full Service Automotive Repair Facility Since 1983



817-473-6901 743 Hwy 287 N., Mansfield, TX walnutcreekautoclinic.com





Judie Burnham learned to bake out of necessity when she was 8 years old. "We had a blended family of eight children, so everyone pitched in," she recalled. Judie then worked for the Pappas family after college and became a manager of a multi-million-dollar restaurant for a decade.

Judie was on the Longbranch Parent Teacher Organization Hospitality Board for four years, organizing monthly meals for teachers and staff. She is currently the Food Chairman for the Heritage High School Belles. "I prepare the menu and make sure they have food before the football games and competitions," she noted. "I also love cooking with both of my kids — one son and one daughter. My husband loves to smoke meats on his Traeger, so that's a win-win!" Now

Spaghetti Casserole

I lb. hamburger meat
I onion
I Tbsp. garlic
I6-24 oz. spaghetti sauce
I I6-oz. pkg. whole wheat dry spaghetti
I6 oz. sour cream
8 oz. provolone, sliced
8 oz. mozzarella, shredded

- **1.** Cook the meat with the onion and garlic. Add the sauce; simmer. Boil the noodles; drain.
- **2.** Spray a casserole dish with cooking spray;

layer in this order: noodles, sour cream, provolone, meat sauce, mozzarella. Bake at 350 F until thoroughly heated.

Refrigerator Yeast Rolls

1 cup shortening
1/2 cup sugar
2 tsp. salt
1 cup boiling water
2 large eggs, lightly beaten
2 1/4-oz. envelopes active dry yeast
1 cup warm water (105-115 F)
6 cups all-purpose flour
1/4 cup butter, melted

- **1.** Combine the first 3 ingredients in a large bowl; stir in the boiling water. Let cool; stir in the eggs.
- **2.** Combine the yeast and warm water in a 1-cup glass measuring cup. Let stand for 5 minutes. Stir into the egg mixture. Gradually add the flour, stirring until blended. Cover; chill at least 4 hours.
- **3.** Roll the dough to 1/4-inch thickness on a floured surface; cut with a 2-inch round cutter. Place the pieces 2 inches apart on lightly greased baking sheets. Brush with melted butter. Let rise at room temperature for 1 hour, or until doubled in size.
- **4.** Bake at 375 F for 10-12 minutes. Makes 1 1/2 dozen.

Jalapeño Popper Dip

Filling:

6-8 slices crispy bacon, crumbled 2 8-oz. pkgs. cream cheese 1 cup mayonnaise 4-6 jalapeños, no seeds and chopped 1 cup cheddar cheese, shredded 1/2 cup mozzarella cheese 1/4 cup diced green onions

Topping:

I cup crushed crackers or tortilla chips (I prefer Ritz.)

1/2 cup Parmesan cheese 1/2 stick butter, melted

- **1.** For filling: Heat the oven to 350 F. Mix together all the ingredients; place into a pie pan or 8x8-inch pan.
- **2.** For topping: Mix all the ingredients in a separate bowl before adding atop filling. Bake 20-30 minutes. Serve warm with Ritz crackers or tortilla chips.

Muffin Tin Egg Cups With Green Chilis

10 eggs
1 pt. cottage cheese
1 lb. Monterrey Jack cheese
1/2 cup flour
1 tsp. baking powder
1/2 tsp. salt
1 small can green chilis
1/2 cup butter, melted

- **I.** Preheat the oven to 350 F. Beat the eggs well with a mixer; blend in the cottage cheese and Monterrey Jack cheese. Mix in all dry ingredients. Stir in the green chilis. Butter the bottom of each muffin tin or use paper liners before filling with the mixture.
- **2.** Bake, uncovered, for 35 minutes. Let sit 1/2 hour before serving. This can be prepared in advance and reheated as needed. You can also add cooked, crumbled sausage, if desired.

Baked Oatmeal

1 1/2 cups quick oats 1/2 cup brown sugar 3/4 tsp. baking powder 1/2 tsp. salt 1 egg 1/2 cup milk 1/4 cup oil

- **1.** Mix together all the dry ingredients; add the wet ingredients. Spray an 8x8-inch pan; fill with the mixture. Bake at 350 F for 25 minutes.
- **2.** If doubling the recipe, use a 9x I3-inch pan. You can also cook in muffin tins for individual servings.

Green Chili With Tortilla Chips

large onion, chopped
 garlic cloves, chopped
 jalapeño, seeded and chopped
 tsp. olive oil
 tsp. chili powder
 tsp. cumin
 oz. tomatillo salsa





- I beer (omit and add extra chicken stock, if desired)
- 4 cups chicken stock
- I rotisserie chicken, shredded
- 4 handfuls tortilla chips (divided use)
- 4 sprigs of cilantro leaves
- 2 limes, juiced



- **1.** Cook the onions, garlic and jalapeños in olive oil until soft. Add the chili powder and cumin; cook another minute. Add the salsa, beer and chicken stock; bring to a boil.
- **2.** Add the chicken; simmer 15 minutes. Grind 2 handfuls of tortilla chips and cilantro in a food processor. Add to the chili; cook 10 more minutes. Add the lime juice to bowls before serving. Garnish with remaining chips.

People Puppy Chow

2 lbs. powdered sugar 1 18-oz. box Rice Chex 1 stick butter 16 oz. chocolate chips 2 HERSHEY'S chocolate bars 1 1/2 cups peanut butter

- **1.** Dump the powdered sugar into a large brown paper sack. Dump the Rice Chex into a large bowl. Melt the butter, chocolate chips, HERSHEY'S bars and peanut butter atop stove over low heat.
- **2.** Pour into the bowl over the Rice Chex until all are coated. Dump the cereal mix into the sack of powdered sugar. Shake until all the pieces are coated. Place on cookie sheets to cool before serving. Store in airtight container.

Dog Days of Summer Dog Food

Not for people!

- 1 lb. ground turkey
- 1 8-oz. box frozen spinach
- 1 16-oz. can carrots
- 2 cups brown rice
- **I.** Brown the turkey; cook the rice separately. Combine all ingredients.
- **2.** Cook for 5 minutes. Cool; serve to your favorite four-legged friend.











PAIN & SPINE CENTER

WE ARE GROWING!

COME VISIT US AT OUR NEW LOCATION!

1408 N. 9TH ST. MIDLOTHIAN, TX



COMPLIMENTARY CONSULT : 1 TREATMENT

Consult & 1stTreatment

CALL US (817) 724-7715

NEUROPATHY CAN FEEL LIKE THIS...





... OR THIS

Let us help you before it gets worse!

Bringing advanced surgical care to your community

Baylor Scott & White Texas Surgical Specialists welcomes colorectal surgeon Craig Olson, MD.

Our board-certified surgeons look forward to providing surgery services to the residents of Ellis County. All physicians accept most insurance plans.



Top row: Craig Olsen, MD: Elizabeth C, Hamilton, III, MD: Timothy Kelly, MD Bottom row: Mazen Iskandar, MD, FACS: Watson Roye, MD, FACS; Valerie Gorman, MD, FACS: Nathan Ludwig, MD



2460 N. Interstate 35 East, Suite 215 Waxahachie, TX 75165 WaxahachieSurgery.com 469.800.9830

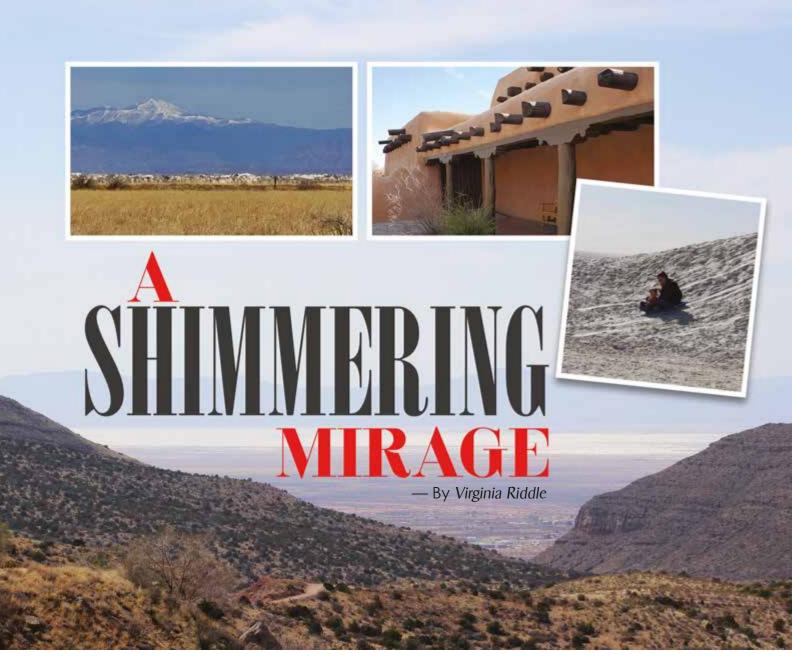
Physicians are employees of HealthTexas Provider Network, a member of Baylor Scott & White Health. ©2022 Baylor Scott & White Health. 59-PRAC-639700 BID











The most interesting road to White Sands National Park winds through Cloudcroft, New Mexico, high in the Sacramento Mountains. From two overlooks, travelers can view snow-covered mountain tops above and white gypsum sands spread across the foot of the Andres Mountain Range. The two ranges form the Tularosa Basin, which encases the sands. After a 30-minute drive from mountain cool to desert hot, more surprises await.

The best time to experience the park is in late fall to early spring due to desert temperatures. However, the park opens at 7:00 a.m., so an early morning visit before the daily temperatures rise is possible. Glowing sunrise and sunset colors enhance the group walk/talks with park rangers. The White Sands Missile Range surrounds the park, which closes each week when nearby Holloman Air Force Base schedules tests, so call ahead.

Preparation is key to enjoying this park. Bring plenty of water, snacks, sunscreen, hats, sunglasses and sleds for everyone. Not the beach, digging in the sand isn't allowed, but sledding the dunes is a treasured pastime. Many Alamogordo area lodgings check out sleds, boards and wax for free.

At the park's entrance, stop at the adobe visitors' center. Built in the 1930s in the Pueblo Revival style, it's part of a national historic district within the park. Literature, interactive museum exhibits and a short video are offered along with the only potable water source in the park. Rangers offer tips, guidelines and information, or download the free NPS app.

While neighboring mountain roads need snowplowing, Dunes Drive in White Sands NP is plowed because the sand drifts constantly. Cleared parking areas accompany three

trailheads, the Interdune Boardwalk (handicapped accessible), Backcountry Camping Trail, Lake Lucero (a playa) and the amphitheater. Roadside exhibits, shaded picnic areas and restrooms are available. When hiking the trails, always carry water and keep landmarks in sight. It's easy to get lost among blindingly white dunes. Footprints disappear within minutes.

Covering 275 square miles, this is the largest gypsum field in the world, with gypsum left behind when the Permian Sea retreated and melting glaciers dissolved the mineral eons ago. Rain and snow continue dissolving the gypsum, while wind and sun separate and break down the crystals into sand. Water, lying just inches below the sandy surface, supports plant and animal life.

Animals, such as the bleached earless lizard and the Apache pocket mouse, scurry among the plants and visitors during early mornings, evenings and overnight. Adapted to life in the sands, they grew lighter than cousins living elsewhere. They are camouflaged and stay cooler. Early morning visitors might notice, on wind-stilled mornings, mouse tracks followed by fox tracks, two of many nocturnal animals.

Dune pedestals, created by shrubs such as the skunkbush sumac, shelter many animals. The soaptree yucca grows taller in the dunes, so new leaves stay above the sand. Desert flowers add beautiful color to the trails.

As Dunes Drive reaches its cul-desac turn, the surrounding dunes are clear of plants and ready to sled. After a challenging climb to a dune peak and waxing of the sled or board so it goes faster, visitors, young and old, thrill at sledding the dunes in tandem or solo.

People have been coming to this area since the Jornada Mogollon started farming in the basin during the Archaic Period. American Indians came in the 1600s, joined by Europeans and Americans in the 1800s as railways were built. White Sands NP was created in 1933, so visitors from around the world can continue visiting and enjoying this phenomenal natural treasure.

Photos by Virginia Riddle, LLC.













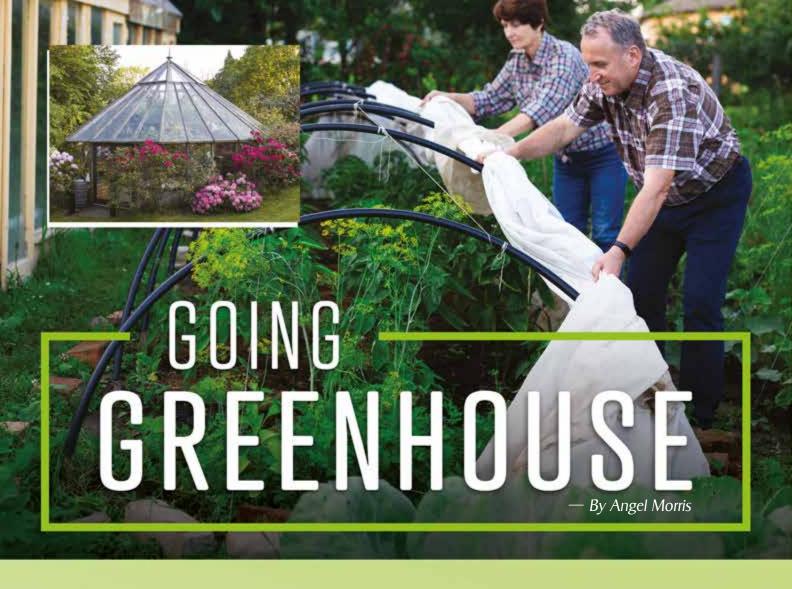












Whether you are a planting pro or a sapling novice, you may dream of creating an environment in which your flora and fauna is more likely to succeed. Greenhouses have surged in popularity as people seek hobbies that keep them close to home but still allow them to get outside.

A greenhouse lets you control your plants' environment, and can be built from a kit, from upcycled materials or from the ground up depending on your skill level. Before deciding if a greenhouse project is for you, consider the following fundamentals that will be involved in constructing one.

Choose a location. Sufficient sun exposure, proper drainage and access to water are keys in site selection, with the ideal spot allowing the longer sides of your greenhouse to face east and west. Having electricity nearby is not a requirement but can be a bonus.

Consider the construction. If your intention is a long-lasting structure, you'll want to consider at least a ground contact-rated wood base if not a cement one. If you prefer not to lay a foundation, a portable greenhouse may be for you.

You'll need to clean and level your foundation site either way, and you might consider using landscape fabric, gravel or bricks as your greenhouse floor to allow suitable drainage and avoid muddy messes in your future.

For the greenhouse frame, popular options are wood, PVC piping or aluminum steel, and those choices will impact the material you'll use to cover your greenhouse. Common wall material for greenhouses ranges from glass paneling to polycarbonate sheets or even plastic sheeting, with each offering its own pros and cons regarding durability and expense.

Glass greenhouses are popular and can be built from readymade plans or you can use your own creativity. For simplicity's sake, one could construct an A-frame roof with rafters, building the walls on the ground before raising them into place and installing tempered or safety glass walls.

A greenhouse that's green itself? A trendy DIY project is to collect and upcycle several old doors with their glass intact, securing them together to construct greenhouse walls. Because these walls will be heavy, a foundation of some sort is a must.

Once doors are fastened together, any gaps between them will need to be filled with sealant, and painting all the doors one color will beautify this DIY. A slanted roof can be made from some lightweight, waterproof material.

If this introduction to greenhouse options has your head spinning before you've even read step-by-step construction instructions, a greenhouse kit may be a better solution for you. Assembly directions and supplies will be provided in each of many greenhouse kit sizes and styles, from wood, resin, metal and more.

A kit leaves less room for error. Start by unpacking all the provided materials, comparing them to the supply list provided in the kit. Then, it's best to begin with the base and corner uprights of your greenhouse.

Next, you will likely attach your roof frame, then install wall uprights and the roof rafters. The manufacturer should describe the best order of construction to ensure a stable greenhouse outcome.

Wall panels, doors and supports will follow, with windows also offered in some kits. While you may have used a ready-made greenhouse design, you can still customize the space to your style with plant shelving, tables, benches, tool organizers and other gardening gear.

There's no shame in starting small. If even a kit sounds overwhelming, you need not give up your greenhouse dreams. A number of mini greenhouses are on the market, as are several construction options online for these tiny plant homes.

One option is to cut PVC piping to your desired size, join them with PVC fittings and cover the structure with plastic sheeting. Lightweight and portable, the PVC greenhouse is a mini masterpiece.

Akin to the DIY greenhouse made of doors idea, a mini plant house can be made from six windows of the same shape and size. A wooden frame will need to be built to dimensions that will hold the windows, with an A-frame to support the roof.

Five of the windows should be attached to the frame, followed by the sixth window attached with a hinge on one side where you can open and access the plants you keep inside.

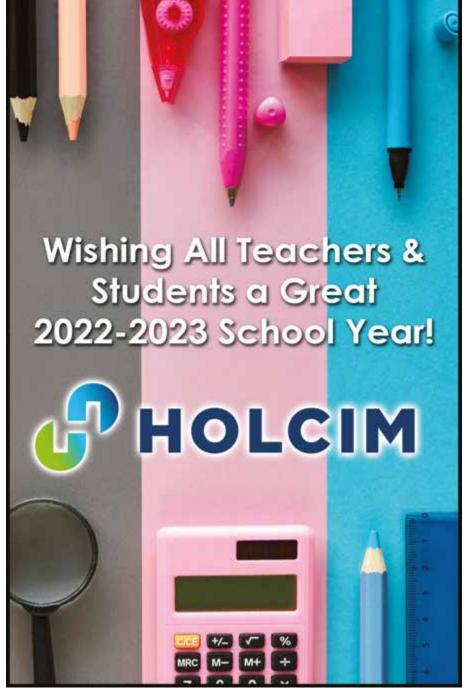
As with any project, detailed instructions abound online. Consider which greenhouse option is the best match to your construction skills and go from there. Whatever its size, shape or design, your plants will thank you by blooming as they've never done before.

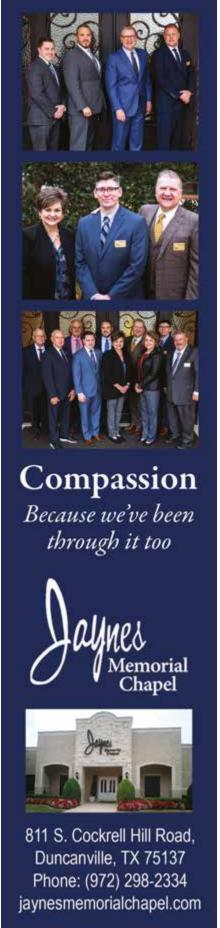
Source: https://www.homedepot. com/c/ah/how-to-build-a-greenhouse /9ba683603be9fa5395fab905443ffce.















Crossword Puzzle

	1	2	3		4	5	6	7	8	
9		T	+		10	T			t	
11		T	T		12	T		T	t	
13	T	1	T	14			15		t	16
			17	\vdash	T		18	T	t	t
19	20	21	Т	+		22		T	t	t
23	T	T	t		24		t			
25	T	T	T		26	t	T	27	28	29
	30		T	31			32			1
	33	\vdash	T	T	\vdash		34			T
	35	+	+	1	\vdash		36		+	

Crosswordsite.com Ltd

Across

- 1 Out of whack
- 4 Brass groupings
- 9 Running great --- Devers
- 10 In plain view
- 11 Approximately
- 12 More recent
- 13 Where landlubbers are found
- 15 Drink greedily
- 17 Rotation period
- 18 Wingless parasites
- 19 Sacked out
- 22 Al --- (pasta order)
- 23 Shuck
- 24 Short Egyptian boy-king?
- 25 "Avenger" Mrs. Peel
- 30 Gem State capital
- 32 Czech track champ Zátopek
- 33 Orange Muppet
- 34 Pestered persistently
- 35 Takes five
- 36 It can be the limit

Down

- 1 Rowers in a boat
- 2 Angle
- 3 Bad places to build houses
- 4 Thin as a rake
- 5 Reverential salutation
- 6 Publications from special groups
- 7 Became shorter
- 8 Hard-and-fast
- 9 Former Portuguese colony in India
- 14 Backstabber
- 16 "Aw, heck!"
- 19 --- who must be obeyed
- 20 Surplus furniture
- 21 "Rum Punch" writer --- Leonard
- 22 Batman and Robin, for example
- 24 Corners
- 27 Out of control
- 28 In apple-pie order
- 29 Catastrophic occurrence (abbr.)
- 31 Command to Rover

Online versions and solutions available at www.nowmagazines.com. From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.



OPEN POSITIONS:

Machine Operator • Forklift Drivers

BENEFITS:

- Sign-on Bonus
- Anthem Blue Cross Blue Shield Insurance (Medical, Dental, and Vision)
 - Up to 6% company match on 401K contributions
 - · Charitable matching program
 - Free lunch Fridays
 - And more

To apply go to: https://jameshardie.jobs2web.com

Sudoku Puzzle

 Base
 Action
 Medium

 3
 8
 9
 2
 9

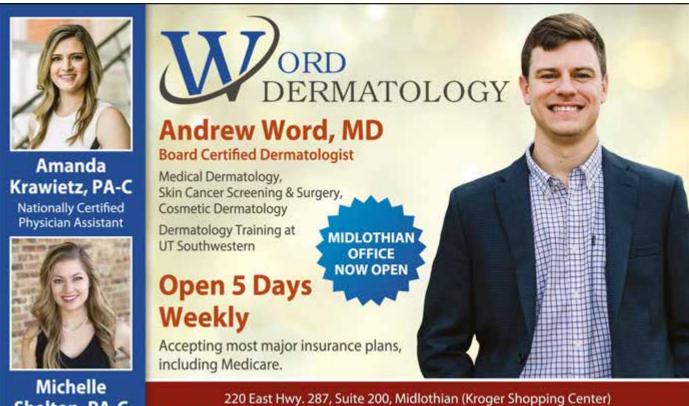
 8
 1
 9
 1
 1
 1

1990					(3.2)		157.50	
		8	1	9				
6								8
		4		2				
		6				5		1
					3		4	
5			6	4	2			
$\overline{}$	4						_	

2			9					
				8	3			4
			2	5		3		8
				6			9	
5		7	3	2				
		2	5		1			
		8	6	3	9		7	
9	6							

Crosswordsite.com Ltd

Online versions and solutions available at www.nowmagazines.com. From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.



Shelton, PA-C Nationally Certified Physician Assistant 220 East Hwy. 287, Suite 200, Midlothian (Kroger Shopping Center)
2460 North I-35E, Suite 285, Waxahachie (Professional Building Next to BS&W Hospital)

972-736-DERM (3376) | WWW.WORDDERMATOLOGY.COM







Alan M. Taylor, II MD, FACP, FACC

Kat H., Midlothian, TX

I have been on a diet roller coaster all my life causing mostly frustration with very little success. One day I met Jennifer, the Proprietor of Diet Solution Weight Loss Centers. She was very knowledgeable about weight gain and weight loss, what their program says to eat or not eat and that they don't want you to be hungry. (Really, not hungry on a diet?) I decided to try again one more time.

I've lost 22 lbs. in 4 months, with 3 more lbs. to my goal weight, and dropped two dress sizes. My energy level has been amazing! No crashes in the middle of the day or wanting to go to bed way before bedtime.

Mika and Bailey in the Mansfield Office have been very friendly, kind and so encouraging. They give us recipes, info on brand names for sauces, toppings and even have ideas for easy sugar-free desserts. They also offer shakes, bars, cookies, chips and other snacks that are made with special ingredients to benefit weight loss.

I highly recommend Diet Solution Weight Loss Centers if you are looking for success, support, accountability and a lifestyle to keep the weight off.



New Address

MANSFIELD 99 Regency, Suite 107 Mansfield, TX 76063 817-453-3438 BURLESON 821 SW Alsbury, Suite C Burleson, TX 76028 817-295-3438 WAXAHACHIE
114 Park Place Ct., Suite 201
Waxahachie, TX 75165
214-980-1414

8/1

Ellis Christian Women's **Job Corps' Fall Class Registration Begins:**

Free courses include computer training, Bible study, money management, setting boundaries, résumé writing and interviewing. Various dates: 6:00-9:00 p.m., 100 Chamber Circle, Ste. 1008, Waxahachie. Call Lauri Henderson at (972) 937-6620.

8/3

Legislative Luncheon:

Midlothian Chamber presents State Representative Brian

Harrison. 11:30 a.m.-1:30 p.m., Midlothian Conference Center, 1 Community Circle Dr. Register at www.midlothianchamber.org/ events-calendar.

8/6

Movies in the Park:

This month's community movie is Clifford the Big Red Dog. Bring chairs and blankets for lawn seating. Free. 7:00-9:00 p.m., Hawkins Spring Park, 1498 FM 1387 Movie starts at dusk.

8/7

Back to School Bonanza:

Special Kids Service: 10:00

a.m.; family-friendly blowout for all ages after church with hamburgers, snow cones, water games, activities and giveaways. Please bring swimwear and/or extra pair of clothes: Noon-2:00 p.m.. The Lighthouse Church. 1400 N. 9th Street.

8/19

Summer Beats:

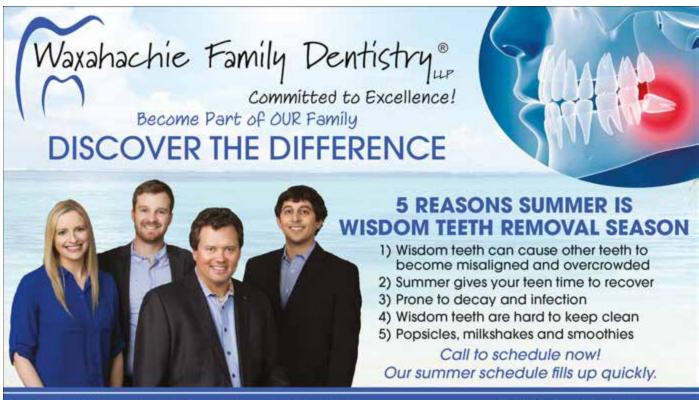
Free rock concert featuring country music with Amanda Kate Ferris. Bring chairs and blankets for lawn seating. 7:00-9:00 p.m., Midlothian Community Park Art Pierard Memorial Amphitheater, 3601 S. 14th St.

8/26

Sporting Clay Classic:

Benefiting the Ellis County Children's Advocacy Center, this event supports responsible, lawful, gun ownership and promotes safety and sportsmanship. 8:30 a.m.-2:00 p.m., Ellis County Sportsmans Club, 407 W. Sterrett Rd., Waxahachie. Purchase tickets at www.elliscountycac.org/events.

Submissions are welcome and published as space allows. Send your current event details to angel.morris@nowmagazines.com.



Scott G. Clinton, DDS, MAGD - General Dentistry 125 Park Place Blvd. • Waxahachie, TX 75165 www.WaxFamDent.com



Accepting New Patients

72.937.4370



TO LEARN MORE ABOUT US, VISIT www.dfwoms.com

972-875-7616

Dental Implants | Wisdom Teeth Teeth in a Day



Dr. Pedro F. Franco, DDS

Oral and Maxillofacial Surgeon

Dr. Jared Gilliland, DDS

Oral and Maxillofacial Surgeon

Dr. Ahmed Zaidi, DMD

Oral and Maxillofacial Surgeon

SUMMER SPECIAL

Extraction of all 4
Wisdom Teeth under IV Sedation
\$1,500.00

for uninsured patients only

We are In Network with most insurances | We Accept Medicaid & CHIP

Three Convenient Locations:

Ennis

2200B W. Ennis Ave. Suite B Ennis , TX 75119

Mesquite

2101 N Belt Line Rd. Suite B Mesquite TX 75150

Irving

2727 N. O'Connor Rd. Irving , TX 75062

P:(972) 270-6617 F:(972) 270-8381 P:(972) 594-7414 F:(972) 594-1834



FOLLOW OUR SOCIAL MEDIA



P:(972) 875-7616 F:(972) 875-7618

Hablamos Español



Dermatology You Can Trust!



Skin Cancer Acne Rosacea Psoriasis Scaly Skin Cysts & Warts



Eczema Itchy Skin Rashes

Fillers Botox®

XTRAC LASER TREATMENT AVAILABLE

141 RVG Blvd Suite 100 Waxahachie, TX 75165 Office: 972-937-1313



Schedule Online Now at: www.mdbarrows.com





CARPET AND FLOORING

FRMILY OWNED - LARGE SHOWROOM
WOOD - LUXURY VINYL PLANK
REVWOOD - TILE - CARPET

RESIDENTIAL & COMMERCIAL

KITCHEN REMODELS - SHOWERS AND TUB WRAPS
TILE BACKSPLASHES - WOOD WALLS
OUTDOOR PATIO TILE - WORKOUT & RUBBER FLOORING

Drive a little...Save a lot!

272-723-8312 305 E MRIN ST, MIDLOTHIAN, TX 76065

TIME TO MTM UPDATE Countertops YOUR KITCHEN?

FREE

18-gauge Stainless Steel Sink (\$350 value)

Call or visit our website for details! www.MTMCOUNTERTOPS.com

Granite, marble & quartz fabricator for kitchen & bathroom countertops

Extensive color selection combines beauty, function & elegance for any bathroom or kitchen!



- FREE Estimates Competitive Pricing
- Up to 15-year Warranty on Some Products

2460 Hwy. 287 N. • Mansfield (Northbound service road – between Callendar Rd. & Turner-Warnell)

For more info call 817.477.8663

