

AUGUST 2019

Playing On This Planet

At Home With Madeline Ayoub

Legacy Athletes

These versatile students are dedicated to their sports

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Postal Customer Postal Customer In the Kitchen With Nikki Goines

> Also inside: Scavenger Hunt

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30 ALWAYS SOMETHING There is much more to see than Bigfoot in Estes Park.

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ON THE COVER

When Madeline Ayoub comes home, cool, calm colors invite a deep exhalation.

Photo by Lori Baur.

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Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 477-0990 or visit www.nowmagazines.com.

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EDITOR'S NOTE

One step at a time ...

... is all we can take. But to achieve any goal, one step at a time is all it takes. Amazingly, our whole community is taking forward steps as we enter the new school year.

I recently celebrated my nephew's future during a party recognizing his graduation from high school. His mother gave the 18-year-old a stunning gift, wrapped simply in a brown paper sack. It was the Dr. Seuss book, *Oh, the Places You'll Go!*

This book had already gone many places, moving with their family through two previous homes in two different cities. All along the way, my sister shepherded this book to every teacher who worked with her son. Each person wrote a message to the boy, whom they might never see again, about the hope they saw in him even then. Only one of the instructors wrote a brief comment — "I suppose next time you see me, I'll have no more hair" — that said nothing about his student, but everything about his perspective. All the other messages, which filled the colorful empty spaces of the illustrated poem, brought memories rushing back to mother, son, brother and father.

Families full of hope are spending this month preparing to shepherd their children through all sorts of educational experiences. And teachers full of passion are expecting to shepherd wondrous personalities exploring great opportunities. The schools in our community offer extraordinary choices to students and their parents. From preschool through high school — and on to community college — all that is needed is right here.

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PLAYING ON THIS PLANET AT HOME WITH MADELINE AYOUB







Modern with an eclectic flair describes both Madeline Ayoub and her home in the countryside northwest of Mansfield. Summers are pool time, while her interior fantasy space fully reflects both her personality and her expertise in interior design. "Politics, design and the economy are all linked," she mused. "When politics and the economy are in a lean state, the color palette gets very neutral. When the economy is more robust, the colors become more opulent." Yet Madeline has kept it cool, opting as she designed her dream home for wide-open spaces and a neutral palette — complemented by powerful purple in carefully selected art. With laser focus, she created a warm, inviting space that makes her feel her best even at the pinnacle of a career dedicated to helping her clients live their best lives.

"My degree reads Home Economics with a Housing and Consumer Science emphasis," Madeline said of the framed diploma on the wall of her spacious home office. "At the time, interior design at Texas Tech was being offered in two different departments, Art and Home Economics. Having a BS instead of a BA degree opened many avenues for me. I chose home economics, as I felt it was more diversified, and I could always teach if I decided not to practice." However, Madeline's interior design career has spanned 38 very successful years, and she has had the pleasure to work on many amazing projects — most notably the executive offices, lobbies and presidential suites of both Lockheed Martin and Bell Helicopter.

She goes home to gain solace and tranquility. "This is where I find peace," she said, reflecting on the color scheme she chose for herself in 1978. Though she tried challenging her taste over the years, she returned to the blues, grays and beiges when she designed this home in 2016. "Being true to myself opened up a whole new mindset for me. I am a lover of cool colors, so I chose a palette that has enough color to be of interest but not so much that it would make me feel nervous or keyed up. When I come home, I like to exhale. I can't do that when I am near reds, oranges and the color of fire. I recharge when I am in the color of the sea."



How fitting, then, that no less than 15 statues and paintings of mermaids punctuate corners, shelves and even the center of her morning room. "How many people are mermaids? That's a mystical, weird mentality. But to me, there is so much behind the merpeople, and why that was so significant for me," Madeline said, explaining that after a divorce in 1994, she and her three daughters lived in Southern California and frequently visited Laguna Beach. "We would be there for hours watching the sunset. The waves were always cleansing and liberating. Being at the ocean gave me so much peace. I developed a story to keep the little girls intrigued. They thought I really was a mermaid. For me, the mermaid or the 'mermaritime' are happy, free and able to go and do and be."

When she found her 4-foot-round, glass-topped mermaid coffee table, she was working with a client in a Dallas bronze gallery. "He said he wanted the table, and I said, 'I'm sorry, I can't sell you that because I have to have it," she said, recalling the event. "It was \$6,000 in 1994. I did not have any right to buy that table, but I had to have it. I called my father and said, 'I need to borrow some money.' That was the first piece of furniture I bought for my first home away from marriage with my daughters."

Other outstanding elements in Madeline's home are the two blackleather and stainless steel Barcelona chairs. "I coveted that design since I went to college, and we studied the work of Ludwig Mies van der Rohe, an architect in the 1920s who developed the steel and glass buildings," she said.





"When he started designing the stark buildings, he had to design furniture to go in them. For the German exposition in Barcelona, Spain, in 1929, he designed those chairs for the first steel and glass house." She purposed to own two Barcelona chairs someday and eventually bought her coveted chairs specifically for her previous house. "But it was traditional," she said. "So I thought, *I have to design a house to go with my chairs.*"

They were, however, only one of the key ingredients in planning this house. Another was her desire to entertain. "I have six grandchildren. I don't want to be stuck behind a kitchen sink and not be involved with what is going on," she said. Madeline looked for five years, finally deciding to buy this lot for its space for her grand room, plus gardening and a pool.

The perimeter of the pool is designed to mimic a wave. "We accomplished my desire to bring the inside outside and the outside in," Madeline said. Now, both young and old wet feet patter from the pool to the kitchen sink across beige tile floors that dry on their own. If Madeline and her 9-yearold granddaughter, Marissa, decide to paint, they set their easel near the floor-to-ceiling windows and enter the creative zone. When the day is done, the children have precious rooms to rest in while Madeline retires to her suite with Maggie, an 8-pound, liver silver miniature Schnauzer.

In the morning, coffee is served from a sleek, minimalist kitchen where she mixes traditional with modern. "That's where the warmth comes in," said Madeline, who loves good pottery. On the counter, she displays an earthy platter from a gallery in Ruidoso, New Mexico. "If you don't have a little of the earth mixed in with the sea, then you're not really on this planet."

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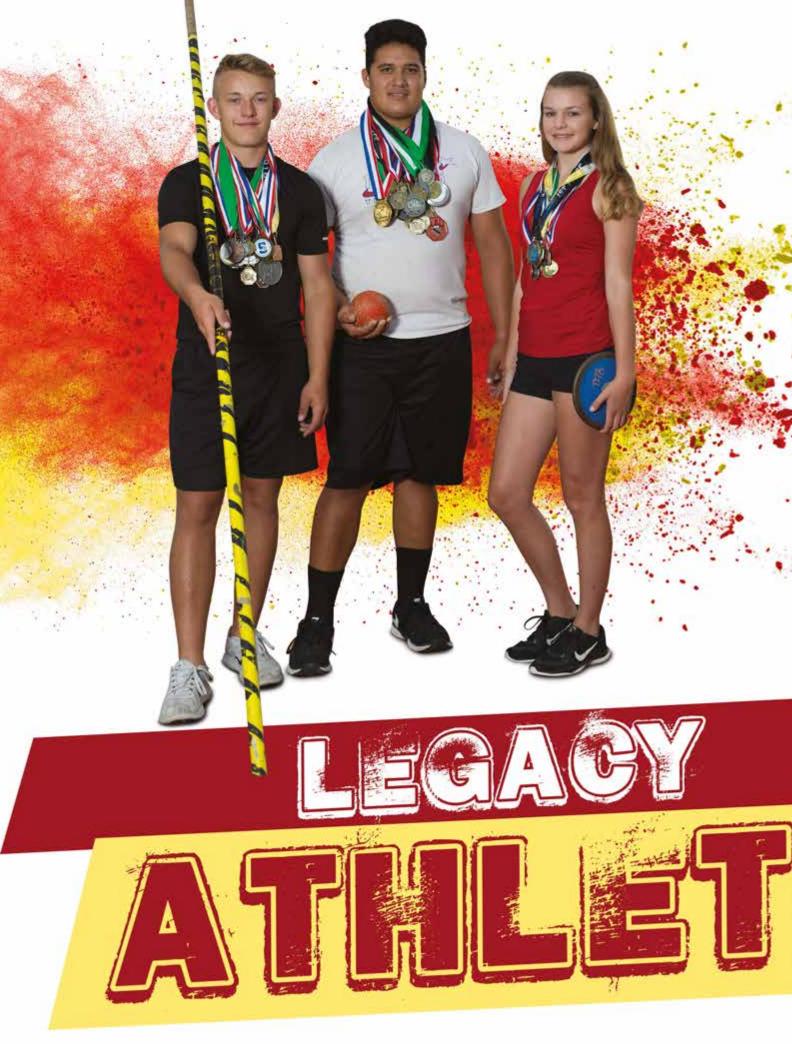


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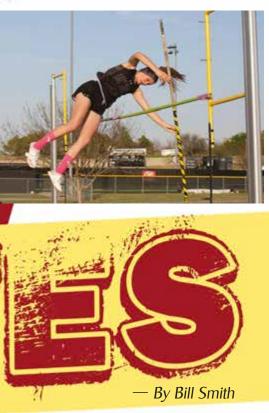


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Pull up a chair in the Stewart family room and there is a fair chance the topic of conversation will be the field events the teenagers are hard at work on, preparing for their next meet. They are all talented athletes, and while their emphasis is on field events, they also participate in other sports such as football, powerlifting and cheerleading.

Garrett Little looks forward to being a senior next year, Austin Stewart will be a junior and Savannah Stewart a freshman — all at Legacy High School. There is an emphasis, perhaps even a family "legacy," on shot put and discus, as their older sister, Samantha, broke the Legacy High record for discus in 2010. This family all agrees that excelling in field events can open up windows of opportunity. It allowed Samantha to earn a degree in biology from The University of Texas at Arlington on a track scholarship.





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Savannah's favorite event, the one she excels at, is the pole vault because, as she puts it, "It's fun to fly! I actually started vaulting at age 9. My goal is to increase my vault by 1.5 feet each year, and that is working out. In the seventh grade I was at 8 feet 6 inches, in the eighth grade, I broke my own record at 9 feet 3 inches, and at the district meet, I vaulted 10 feet, winning by 2.5 feet. My best vaults have me second in state for this year and third in the nation." Getting back to the discus throw, she added, "I qualified for the Junior Olympics last year, but I admit I didn't really work at it." Savannah has a personal best discus throw of 77 feet 11.5 inches.

Though all three represent their school, regularly qualifying for meets beyond the district level, they are also involved in USA Track & Field and AAU, the governing bodies over the Junior Olympics. Many coaches in the area are sought to help the athletes develop finer parts of their skill. Garrett said, "Shot and discus is only about 10 percent strength and speed. The 90 percent is form and technique. That is where an experienced coach, perhaps one that has been to the Olympics himself, can help so much. The stereotypical shot and discus athletes are the big guys, but the athlete with the best form still wins." That being said, Garrett is a big guy and has a personal best discus throw of 161 feet 11 inches, and a personal best shot put of 52 feet 7 inches.

Austin was into baseball, go-kart racing, football, sailing and gymnastics before concentrating on pole vaulting. "I've done my share of trying things," Austin said. "Today, I am trying to build a base, then expand into more track and field events. I am trying to get into the decathlon now. In Junior High, I was





second in discus. My current pole vault is 13 feet 2.25 inches. At most meets, I have been second in district, fourth in area. I qualified for regionals this year but was unable to compete." Everyone agrees he will be there next year.

It takes a lot of fuel to keep these athletic machines going, and though some of their friends are amazed at what they eat and how much they eat, all three of them are in outstanding condition. Garrett began, "We eat eggs every morning. Our family eats six dozen eggs every week. I carry my lunch in a mini-cooler, and usually buy four milks, and my friends give me four more."

Savannah added, "The other day my lunch was a banana, a fruit cup and yogurt. A friend sitting across from me had candy, oreos and cheese sticks."

These siblings are involved in other activities, as well, such as The Fellowship of Christian Athletes, and they all expressed an interest in volunteer work. Savannah indicated she wants to volunteer at Methodist Hospital to see if that is a path she might pursue in further education. Austin would like to be a volunteer coach at the Mansfield YMCA, and Garrett recognizes the need to help volunteer organizations through monetary donations and hopes to be a big player in that area in the future.

All three acknowledged the help their coaches have been, and they mentioned how much help their teachers are. "Our teachers do a lot to help us. Just today, I picked up some makeup work for the time I was out at regionals. The teachers support us with tutoring when we have missed an assignment, and it seems they may even go into more detail with us during those one-on-one times," Garrett added.

This is a hardworking family of athletes, obviously dedicated to their sports. Go, Legacy Broncos!







BusinessNOW Trinity Oaks Mortgage

By Melissa Rawlins

Trinity Oaks Mortgage

Mike Kilpatrick, Branch Manager NMLS#873565 1475 Heritage Pkwy, Ste. 101 Mansfield, TX 76063 (214) 995-3450 mkilpatrick@trinityoaksmortgage.com www.trinityoaksmortgage.com/mansfield

Hours: Monday-Friday: 8:00 a.m.-6:00 p.m. Evenings and Weekends: By Appointment Only

Life is exhilerating for Mike Kilpatrick, branch manager of Trinity Oaks Mortgage. As a VA loan specialist, his clients are always going through exciting times, whether they are buying a home for the first time or the sixth. In every detail of financing and refinancing, homeowners and buyers find Mike a huge help.

1475

All his business is referral based — usually from a core group of 20 Realtors he has done business with in the Arlington, Mansfield and Midlothian areas since 2009. Through all Trinity Oaks' relationships in the building business, Mike's found a newer group of 100 Realtors whom he helps with their advertising and customer relationship management.

"What initially drew me to Trinity Oaks Mortgage is the foundation: Christ. We talk the talk and walk the walk," he said. "We don't hide anything. We send out our documentation reflecting good faith estimates that are either good, bad or ugly," he explained.

"When we have a closing, we send the family an heirloom Bible. I pray with my clients. We are part of the John Houston Homes family, and the leaders go on a mission trip once every two years," Mike said. Mike will go next year, because this year he and his wife, Megan, added their newest addition, Viola, to the family. Four years ago, they welcomed their first daughter, Abigail, to their home in Midlothian. Contributing to the community is a big part of Mike's mission.

Mike established his branch in Mansfield, at the intersection of Wisteria Street and Heritage Parkway, to find a way to better the community. "I'm partnering with Target to donate sacks of groceries to the Mansfield Mission Center food pantry, and I will assist Mansfield Mission Center to do first-time homebuyer classes. For every closing we have, we're donating \$10 to that charity."

He also supports a veteran's charity once a year and provides veteran education. "I am invited to VA support groups, where I can discuss in detail what options they have," said Mike, who is not a veteran.

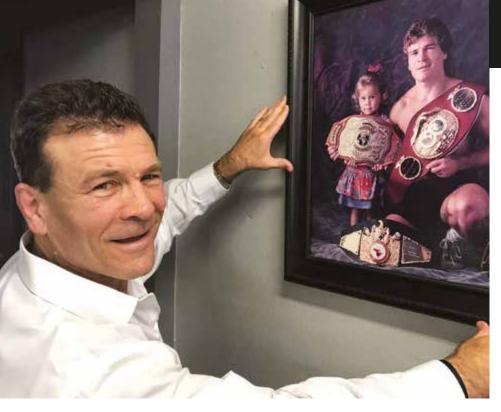
"I am a VA loan specialist, and I teach Realtors, as well, how the VA loan product works," Mike said. "For instance, I recently helped a 100 percent disabled veteran qualify for a loan that enabled him to find a home here in Mansfield that was better than anything his wife ever thought she'd be able to live in."

Call Mike to learn more about the process of buying your first home. He entered the mortgage business in 2005 with no experience and figured his way through it because it created a better opportunity financially than what he then had. "Once I started in it, it clicked," he said. Learning his way around the world of mortgages, through seminars, books and videos, Mike found what would help his clients understand how to save money on their homes and find the home they wanted to buy.

Proud that Trinity Oaks Mortgage invests in new technologies to help their clients, Mike is enthusiastic on behalf of educators this month. "We have a program where we're able to close a loan incredibly fast," he said. If you know teachers or educators desiring to move into their new home before school starts, Mike's ready to assist.







Zoomed In: Troy Dorsey

By Melissa Rawlins

Straightening a portrait in preparation for 20th anniversary celebrations at Troy Dorsey's Karate and Fitness Kickboxing, Troy Dorsey reminisced on his family. His eldest daughter, Kendra, was 2 in 1991, when she posed with her Daddy and his world title belts for boxing and kickboxing. Eight years later, acting on encouragement from his wife, Leslie, Troy moved the business he'd established in 1981, in Dallas, to Mansfield's Main Street. "I came full circle and across the street," Troy said. "In 1974, I started karate with Jim Choate, in the building where Dr. Smith, the optometrist, is now.

"In 1999, Dad helped me rebuild the former Western Auto Hardware that had been here for 42 years," Troy said. Today, he's working on exceeding 42 years' teaching students to be champions in life.

Around Town



John Mathison waits for his buddy before a hot afternoon at Mansfield National Golf Club.



Linda Brown joins her friend, Joyce Cheung, owner of this 2016 Polaris Slingshot autocycle, in celebrating Independence Day with the silly seniors of Ladera.



Abedallah Afify, managing partner of Texas Tires Mansfield, polishes the wheels displayed in front of their new operation.



Mansfield Youth Baseball Coach Mike Anguiano celebrates life with his three sons, Jacob (left), Ryan and Matthew (far right).

NOW



Mansfield resident, Trey Rutherford, gets ready to run another triathlon after an artificial disc replacement surgery by Dr. Scott Blumenthal of the Texas Back Institute.



Miss Mansfield Outstanding Teen, Kennedy Hardeman, hangs out with Hannah Wright, Miss Mansfield 2019.



Paula Williams and her girls, Symone and Lhyric, enjoy the youth art on display at MISD Performing Arts Center.

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- Virginia Woolf





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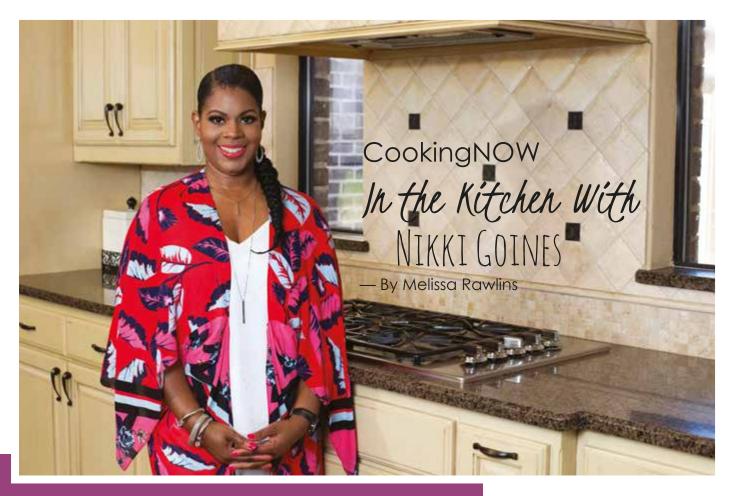
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Graduating from self-taught cooking with her Easy-Bake Oven to cooking consistently in college at Tuskegee University, Nikki Goines now instructs biology at Tarrant County College. She makes time to cook practical, comforting meals with a gournet flair for her family.

Nikki's husband, Ronnie Goines, is a pastor who is biased in his admiration of her cooking. "My husband and I try to eat lots of green leafy veggies and lean meats," she said. "Often, I cook a separate meal for my three boys."

Sundays, she prepares up to three meals, so lunches are available to take to work. Breakfast is a joy for her family, who benefit from Nikki's early-morning creativity about four days a week. For her, it's all about feeding her family's soul. Now

Stuffed Bell Peppers

- 4 cups water (divided use) 1-2 tsp. salt 2-4 chicken breasts 2 Tbsp. pepper 2 Tbsp. garlic powder 2 Tbsp. onion powder 4 medium-large bell peppers 1 15.5-oz. can pinto beans, drained 2 Tbsp. salsa 1 cup rice, cooked
- 1/4 cup cheese, shredded
- 4 Tbsp. sour cream (optional)

I. Fill a bowl with just enough water to cover the chicken. Put 1/2 tsp. salt per chicken breast in the water; let salt dissolve. Cut away the fat from the breasts; place the chicken in the salty water. Cover; tenderize the chicken by refrigerating for 3 or more hours.

2. Rinse chicken; dry with a paper towel. Boil chicken in a pot filled halfway with water seasoned with pepper, garlic powder and onion powder.

3. Once the chicken has come to a boil, remove it from the pot; place it in a bowl. Shred chicken with a hand mixer.

4. Rinse bell peppers. Remove the top and the seeds.

5. Mix chicken in a bowl with beans, salsa and rice; stuff the mixture into the bell peppers.

6. Place the bell peppers in a large Crock-Pot; cover and cook for about 3 hours on high or 5 hours on low. Bell peppers should be firm, but not soggy.
7 Once they are done, top with cheese and sour cream, if using, before serving.

Sausage, Egg and English Muffin

Nonstick cooking spray

- 1/3 cup Jimmy Dean Turkey Sausage Crumbles
- Sausage Cruit
- 2 eggs
- 1/2 tsp. salt
- 1/2 tsp. pepper
- 1/3 cup cheddar cheese, shredded
- 1 Thomas English muffin
- 1 Tbsp. butter
- 1/4 cup fruit, your choice

 Spray a small skillet with cooking spray.
 Add the sausage to the pan; stir until browned. **3.** Mix eggs to break up the yolks. Add salt, pepper and cheese; scramble with the sausage in the pan.

4. Split and toast English muffin; spread butter on top.

5. Add the sausage and egg mixture on top of each half of the English muffin.6. Serve with a side of fruit.

Barbecue Chicken Sliders

- 4 Sister Schubert's yeast rolls
- 2 cups pre-cooked chicken breast, shredded
- I bottle barbecue sauce, to taste
- 1 jar sliced pickles

 Follow the instructions on the bag to heat the yeast rolls, which are found in the frozen food section of your grocery store.
 Mix chicken with barbecue sauce, using more or less depending on whether or not you want more of a sloppy-saucy texture.
 Allow the rolls to cool for about 2 minutes. Cut them open; fill with the barbecue chicken mixture.
 Add 1-2 sliced pickles, cover with the top

4. Add 1-2 sliced pickles, cover with the to of the roll; enjoy!

Baked Potato Bar

4 large potatoes
Nonstick cooking spray
Salt, to taste
Pepper, to taste
4 tsp. butter
4 cups cheese, shredded
4 cups chicken, shredded
2 cups bacon bits or 4 strips bacon, cooked
1/4 cup barbecue sauce
1 cup chives, chopped
1 8-oz. tub sour cream
1 cup ranch dressing
I. Wash potatoes; blot them dry with a

I. Wash potatoes; blot them dry with a paper towel. Use a fork to poke holes on both sides of each potato.

2. Line a cookie sheet with foil; spray with a nonstick spray.

3. Place the potatoes on the lined baking sheet; sprinkle the potatoes with salt and pepper.

4. Bake at 400 F for about 1 1/2 hours, or until potatoes are soft. Allow to cool for about 10 minutes.

5. Cut the potatoes open; squeeze both sides together, allowing the flesh of the potato to separate from the skin. Add butter, salt and pepper; mix.

6. Mix cheese, chicken and bacon bits in a bowl. Add 1 cup of this mixture to each potato.



10. Top with barbecue sauce, chives and sour cream; then drizzle ranch dressing on each potato.

Cajun Veggie, Shrimp and Sausage Mix

2 Tbsp. butter

- 4 Tbsp. olive oil (divided use)
- 2 Tbsp. lemon juice

- 8-10 medium shrimp, cleaned and deveined
- I squash, cut into bite-size pieces
- 1 zucchini, cut into bite-size pieces
- I piece Eckrich turkey sausage, chopped
- 2 Tbsp. Cajun seasonings (divided use)
- I bunch asparagus, cut into
- bite-size pieces
- 1/4 tsp. salt
- 1/4 tsp. pepper



 In a pan, add the butter, 2 Tbsp. olive oil and lemon juice. Sauté the shrimp until they turn white on both sides.
 In a separate pan, add 2 Tbsp. olive oil; let the pan get warm. Add the squash, zucchini and sausage, to the pan; season it with 1 Tbsp. Cajun seasonings. Toss often.
 Once the veggies are a

4. Once the veggies are a little soft, add the shrimp and asparagus to the pan. Add I Tbsp. Cajun seasonings, salt and pepper to the pan; mix for about 2-3 minutes.

Sautéed Kale

I Tbsp. olive oil
 I garlic clove, minced
 I/4 cup onion, diced
 I/4 cup bell pepper, diced
 I bunch kale, cleaned and cut
 I tsp. salt
 I tsp. pepper

 In a pan, add olive oil, garlic, onion and bell pepper; stir for about 2 minutes.
 Add the kale, salt and pepper; stir until kale is tender.

To search for more great recipes from any of the 9 NOW Magazines publications, visit

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TravelNOW Always Something

- By Rick Mauch

Snow falls. Lightly at first, then a little more, and even more. Soon, it's coming down in droves. Middle of winter? Hardly. Even in mid-April, snow isn't uncommon in Estes Park, Colorado.

In fact, nothing stops. Everything goes on as usual, despite a high temperature of 32 F. This includes the annual Bigfoot Days celebration in the town's main park. Every vendor booth, every food and beverage stand — they're all open as if the sun was shining and the temperature was 80 F.

But whether it's snowing or the middle of summer, Estes Park, named after Missouri native Joel Estes who founded it in 1859, has a lot to offer folks who live there or are only staying for a short while. The small town of about 6,500 people (though that number is usually much higher when visitors are added) is nestled smack dab in the Rocky Mountains. From Denver, it's about an hour-and-a-half drive.

No trip to Estes Park is complete without stopping by the historic Stanley Hotel. Standing tall on a peak overlooking the city, this beautiful and majestic resort was the setting for the famous Stephen King novel *The Shining* and two versions of the film by the same name.

King was, in fact, a guest at the hotel before writing the book. It inspired him to change the original setting of his classic novel from an amusement park to the fictional Overlook Hotel.

The Stanley offers a variety of tours. The ghost tour is perhaps the most popular as the guide takes guests to numerous haunted sites throughout the property, including underneath the hotel through secret tunnels.

The large lobby is a great place to take a break. The restaurant offers some incredibly tasty — and large — dishes, so come hungry.

Downtown Estes Park is lined with a plethora of specialty shops. From novelty T-shirts to leather goods, and everything in between, it's a challenge to pass through and not leave with your arms full.

While in downtown, go along the Riverwalk. This is especially great during the spring thaw or after a heavy rain. Stop in at the shop with Bigfoot T-shirts and various paraphernalia in the window, and the proprietor will gladly tell you about the latest sightings of the big fella. It's a popular topic among locals, and sightings have been plentiful in the area over the years.

Many of those sightings have been in the nearby Rocky Mountain National Park. Numerous tours of the park are offered, either hiking on foot or in a vehicle, which provide a panoramic view for miles.

Trail Ridge Road, the highest continuous highway in the United States, runs from Estes Park westward through Rocky Mountain National Park. It eventually reaches Grand Lake over the legendary Continental Divide.

While visiting the park, also stop by the YMCA of the Rockies. This is not your ordinary YMCA, as it is surrounded on three sides by the Rocky Mountain National Park and features almost 900 acres that offer lodging, chances to commune with nature, hiking, biking and a lot more. It even has its own post office.

Back in town, the Rock Cut Brewing Company is a craft brewery that produces a variety of unique beers in a familyfriendly environment. There is no in-house kitchen, but a food truck from Two Chicks Wings and Henhouse is available Tuesday through Saturday for lunch and dinner — and you can always bring your own food.

The Snowy Peaks Winery features handcrafted wines from right at home in Estes Park in a family-friendly tasting room. Artisanal cheeses, gourmet foods and unique gifts from around the state are also available. Tours are also available. For those not old enough for the real thing, juice tastings and a playroom are included on-site.

So even if you're not looking for a Bigfoot, keep your eyes open while in Estes Park. There's always something going on.



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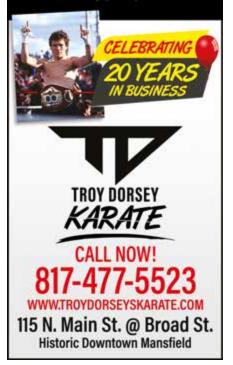
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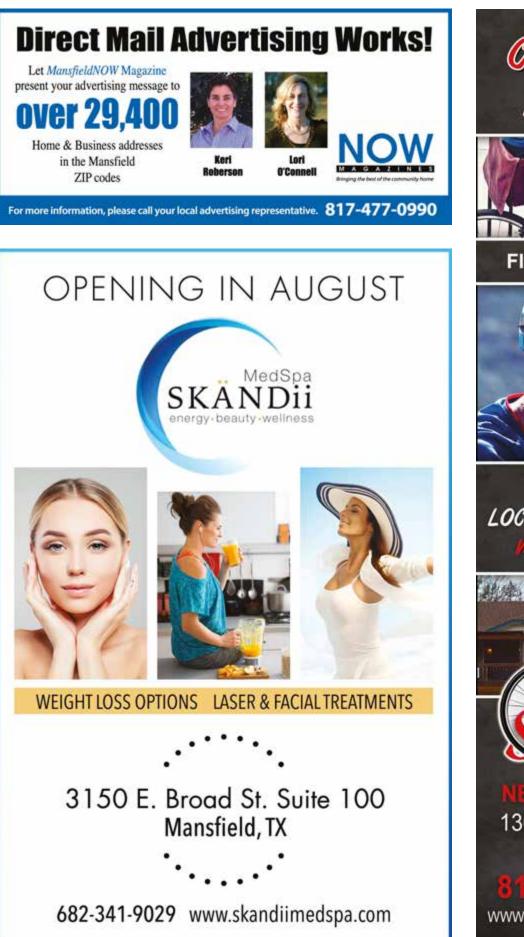
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FinanceNOW Evaluating Your Investments and Your Advisor

How do you determine if you are happy with your investment portfolio? What makes you think your financial professional is doing a good or bad job? Many times, investors compare their portfolio returns with what the media reports about general stock market indices. The problem with that is unless you only own what is included in the index, you are not making a fair comparison. A better idea might be to set goals with monetary and time elements, and then measure your progress against those goals. For example, you would like your IRA balance to be \$100,000 by December 2025. Now, you and your financial professional can develop a plan to help you reach that goal.

When evaluating your investments, another idea is to accurately assess your risk tolerance. Risk tolerance can help determine the types of investments to use based on how much gain or loss you expect over time. If your risk tolerance is low and your portfolio includes aggressive stocks and mutual funds, you might not be pleased with the volatility you experience. Something else to keep in mind is that most financial advisors have multiple ways or platforms to invest your money. You can pay up-front commissions or sales charges. Some platforms are fee based, where an annual fee is charged on a quarterly basis and is deducted from the account. Another idea is set portfolios based on your risk tolerance. Other platforms have separately managed accounts that allow you to hire a third-party money manager to actively trade the account for a fee. Never assume your advisor only has one or two ways to help you. Always ask if there are other ideas that can help you achieve your goal.

Finally, investing is not just about stock, bonds and mutual funds anymore. There are many exchange-traded funds that meet certain needs or niches. Some companies offer structured notes and market-linked CDs that can provide protection from principal loss. In some cases, annuities might offer a way to help you reach your financial goals and provide a comfortable income for retirement.

Ask your advisor if there are different ways to invest your money. Be open to new ideas and opportunities. Keep your expectations reasonable. Set realistic and attainable goals.

Please consider the investment objectives, risks, charges and expenses carefully before investing. Remember that past performance is not a guarantee of future results. All investing involves risk, including loss of principal. No strategy assures success or protects against loss. Todd Simmons is a registered representative with, and securities are offered through, LPL Financial, Member FINRA/SIPC. Investment advice offered through 360 Wealth Management, a registered investment advisor, and separate entity from LPL Financial.



Crossword Puzzle

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Across

- 1 Competitor of Bloomingdale's
- 5 Annoy by persistent faultfinding
- 8 Bathroom
- 10 Conscious minds
- 12 Heart problem
- 13 "At what time?"
- 14 Communist leader after Mao
- 15 Revolve
- 17 Wind instrument
- 19 Rider Haggard classic
- 20 It is sold in bolts
- 23 Speak
- 25 Pastor, for short
- 26 Avoid
- 28 The most famous Waugh
- 30 React to something hilarious
- 34 Region of the Moon
- 35 Three-legged support
- 37 Finishes
- 38 Airs again
- 39 Nipper
- 40 Plumps

Down

- 1 Agree formally
- 2 Dismount
- 3 Range of vision
- 4 Whitewater figure
- 5 Water-loving salamander
- 6 Horrified
- 7 German writer and dramatist
- 8 Tiny bit
- 9 Unity
- 11 Scoff
- 16 Disagreeable necessity
- 18 Expression of alarm
- 20 Cupcake filling
- 21 East Mediterranean region
- 22 Try too hard
- 24 Vacation souvenir, maybe
- 27 Short beginning
- 29 In case
- 31 Literary work
- 32 Succeeded
- 33 Denom. of many Utahans
- 36 Agent, commonly

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Sudoku Puzzle

Easy

Medium

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Solutions on page 44



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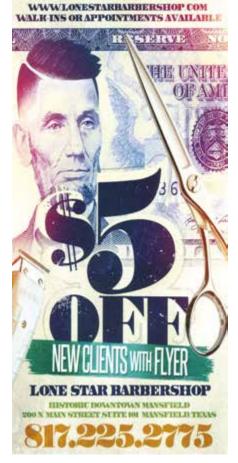
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8/2

Silver Star Gala: Support therapeutic riding by All Star Equestrian Foundation, Inc. 7:00-11:00 p.m., Villagio Resorts, 9001 CR 528, Burleson. morgan@allstarequestrian.org or (817) 477-1377.

8/3

MISD Back-to-School Bash 2019:

School supplies, student health services and more. Free to Mansfield ISD students. 8:00 a.m.-noon, MISD Center for the Performing Arts, 1110 W. Debbie Ln. (817) 299-1250.

8/7

Chamber Day at Feed the Kids:

A fun, free opportunity for community involvement. 6:00 p.m., 150 South 6th Ave. (behind the Linda Nix Care Center, 901 West Broad St.). Call Kathleen D'Agostino, (817) 864-8771.

8/8

Chamber Night With the Texas AirHogs: Unwind, and watch the ball. 6:30-8:30 p.m., 1600 Lonestar Pkwy, Grand Prairie. mansfieldchamber.org.

8/9

Movies on Main: Enjoy Incredibles 2 with your family. Free. 9:00 a.m.-noon, Farr Best Theater, 109 N. Main St. (817) 728-3680.

8/11

Back-to-School Supply Drive: Black Women's Wall Street will be taking donations for families of grade-school children. 4:00-7:00 p.m., Hilton Garden Inn, 800 N. Main St., Duncanville. JaCoi James, (682) 268-1338.

8/16

Sales Boot Camp:

\$55 with lunch. 9:30 a.m.-3:00 p.m., Mansfield Chamber of Commerce, 114 N. Main St. Pre-register: (817) 864-8771.

Health & Wellness Expo:

Especially celebrating seniors, the expo promotes lifestyle adjustments to improve your total well-being. Free. 9:00 a.m.-1:30 p.m., Mansfield Activities Center, 106 Wisteria St. (817) 728-3680.

8/24

Texas SmartScape Class: Free session on water-efficient lawn care and maintenance for North Texas. 10:00 a.m.-noon, Chris W. Burkett Service Center, 620 S. Wisteria St. Pre-register: (817) 728-3610.

8/29

Chamber Chat With Troy Dorsey:

Join us as we delve in to the journey that brought Mr. Dorsey where he is today. 8:00-9:00 a.m., Mansfield Chamber of Commerce, 114 N. Main St. Register: (817) 864-8771.

9/6-9/8

Summer Slam Pickleball Tournament: Register by August 15. Friday: 5:00-8:00 p.m.; Saturday and Sunday: 8:00 a.m.-8:00 p.m., Fieldhouse USA, 650 U.S. Hwy. 287. Greg Guse, (817) 728-3680.

9/7

12th Annual Golf Classic: Register now to play and raise funds for the Dr. Michael A. Evans Sr. Scholarship Foundation. 7:00 a.m., Tangle Ridge Golf Course, 818 Tangle

AUGUST

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Music Alley Festival: '80s music, arts and entertainment for the entire family. 4:00-10:00 p.m., Historic Downtown Mansfield. Contact the Mansfield Commission for the Arts at www.mansfieldtexasarts.org.

Third Mondays

Mansfield Art Association Meeting:

Technique demonstrations and networking with local artists. 6:30-8:30 p.m., Chris Burkett Service Center, 620 S. Wisteria St. (817) 313-6327 or www.mansfieldart.org.

Second Wednesdays

Wine Down Wednesday: Complimentary beer and wine. Network with other business professionals. 5:00-7:00 p.m., The Office, 1103 Alexis Court, Ste. 108. Visit www.theofficeinmansfield.com or call (817) 606-7059.

Submissions are welcome and published as space allows. Send your event details to melissa.rawlins@nowmagazines.com.





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Lauren Baylor, winner of S50 Amazon Grit Card from Walnut Creek Auto Clinic said, "I was excited when I found out I won!"



Garage Men's Grooming generously donated one of their S50 gift cards. Winner, Mark Ambrose, not available for picture.



Micah and Johanna Hobbs, winners of the S100 Visa Gift Card from NOW Magazines said, "The scavenger hunt is VERY fun. Sometimes it's easy, and sometimes it's hard!"

Crossword -Sudoku Solutions

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