

Red Oak

Ovella | Glenn Heights | Oak Leaf

M A G A Z I N E

AUGUST 2011

NOW

RESTORING REALITY

A new TV series stars local automotive restoration expert, Carl Meredith.

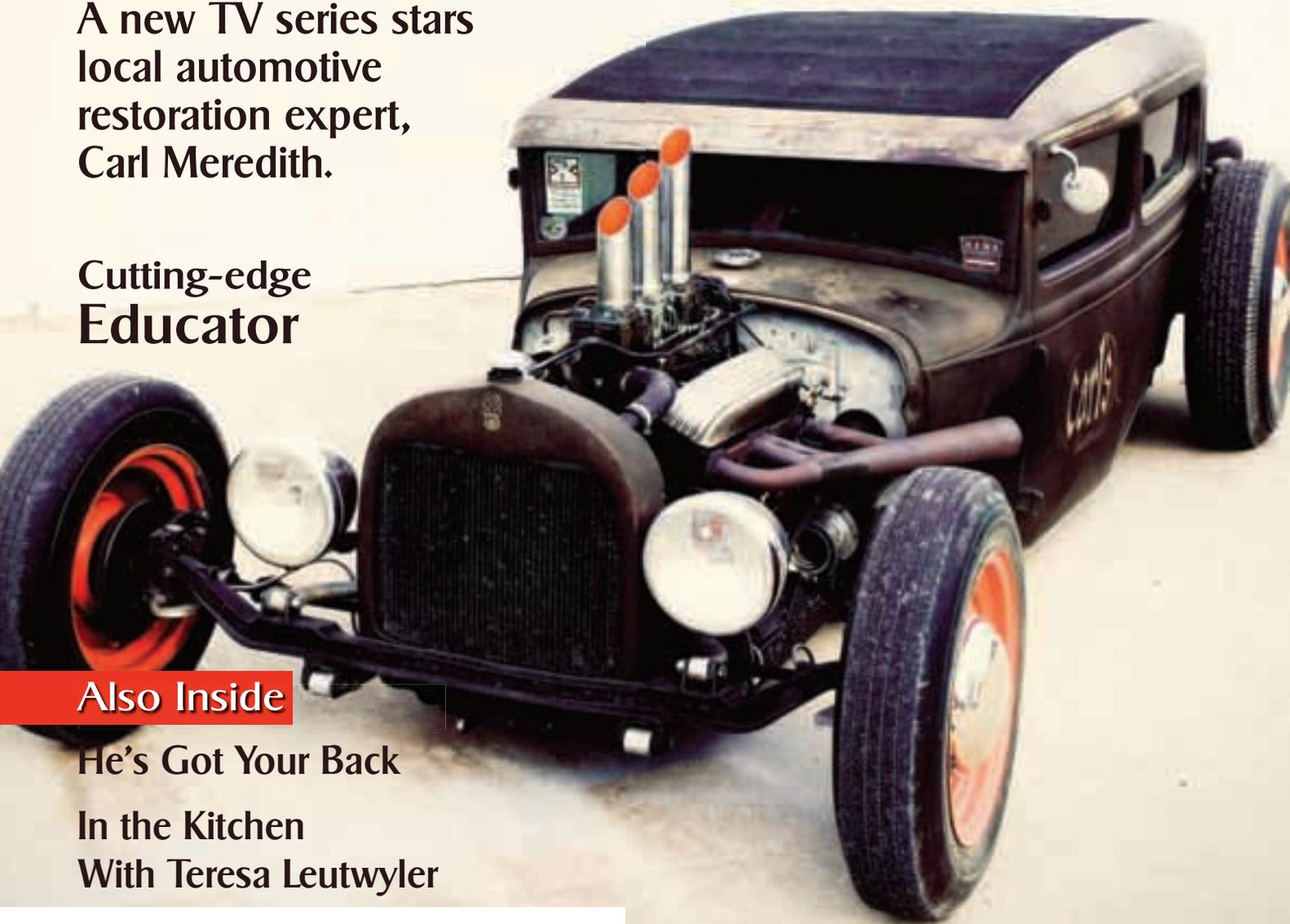
Cutting-edge
Educator

Also Inside

He's Got Your Back

In the Kitchen

With Teresa Leutwyler



Past, Present
and Future
AT HOME WITH
TATUM AND CASI THORNE

Open late.

Because your
care can't wait.



Sarah Holder, DO
Medical Director, Methodist Charlton QuickCare Clinic

The new QuickCare Clinic at Methodist Charlton Medical Center is open evenings and weekends when your health just can't wait. Get the expert non-emergency care you need with no appointment required! Walk-ins are always welcome and most insurance plans are gladly accepted. QuickCare is the smart alternative to the emergency room for non-emergency care. Plus after hours and on weekends, it's comforting to know that you and your entire family—from newborns to seniors—have a place to turn for immediate care. Conveniently located on the Methodist Charlton campus, the physicians at the QuickCare Clinic will see you now—and even later.

1-855-75-QUICK • www.MethodistHealthSystem.org/QuickCare

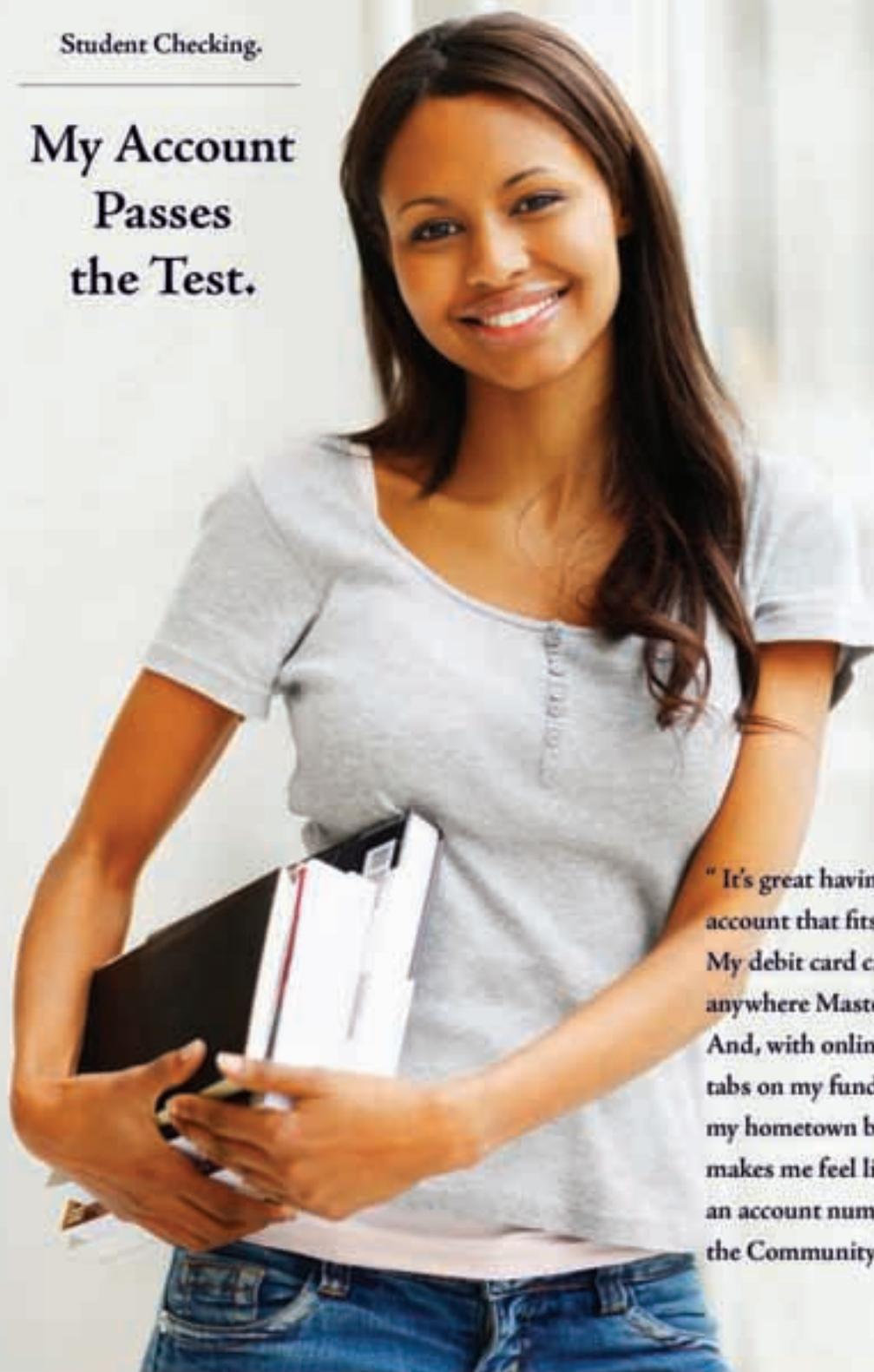


Open Evenings and Weekends

9 a.m. to 8 p.m. Monday - Friday
11 a.m. to 6 p.m. Saturday • 1 p.m. to 6 p.m. Sunday
3500 W. Wheatland Road • Dallas, TX 75237
Outpatient Center

Student Checking.

My Account Passes the Test.



"It's great having a student checking account that fits my busy lifestyle. My debit card can be used anytime, anywhere MasterCard is accepted. And, with online banking, I can keep tabs on my funds 24/7. Best of all, my hometown banker knows me and makes me feel like I'm more than an account number—I'm part of the Community."

To open a student checking account, visit a
Customer Service Representative today!



**COMMUNITY NATIONAL
BANK & TRUST OF TEXAS**

"My Community. My Bank."



www.mycommunitybanktexas.com





Call us today and talk to a friendly staff member concerning any of your prescription or health care needs.

Custom Compounds!

HUMAN COMPOUNDING

- Bio-identical Hormone Replacement Therapy
- Customized Pain-control Gels
- Specializing In Commercially Unavailable Medications

VETERINARY COMPOUNDING

- Makes Medication For Pets A Treat
- Flavored Medication
- Solves Dosage Problems



Proud to be your personal pharmacy.

Now the Only Independent / Full-line Pharmacy in Waxahachie & Red Oak
Putting customer service first for over 27 years.

THE PRESCRIPTION SHOP 972-938-2642
RED OAK DRUG 972-617-2222
1-800-551-1911

Parents Day Out Program

Monday, Wednesday, Friday

9:15-2:15

6 months to 4 years

972-617-9100

Christy Niven

903-277-5061

christyn4651@aol.com

First United Methodist Church



Red Oak

600 Daubitz Drive
www.fumcro.org



Publisher, Connie Poirier

General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker
Red Oak Editor, Angel Morris
Editorial Coordinator, Sandra Strong
Editorial Assistant, Beverly Shay
Writers, Julie B. Cosgrove . Michael Ewing
Zachary R. Urquhart
Editors/Proofreaders, Teresa Maddison
Pat Anthony . Pamela Parisi

GRAPHICS AND DESIGN

Creative Director, Chris McCalla
Artists, Julie Carpenter . Martha Macias
Allee Brand . Cherie Chapman
Marshall Hinsley . Arlene Honza
Brande Morgan

PHOTOGRAPHY

Photography Director, Jill Rose
Photographers, Amy Ramirez

ADVERTISING

Advertising Representatives,
Rick Ausmus . Teresa Banks
Linda Dean . Laura Fira . Bryan Frye
Melissa McCoy . Carolyn Mixon
Jami Navarro . Lori O'Connell
John Powell . Steve Randle . Linda Roberson

Office Manager, Angela Mixon

On The Cover



A new reality series showcases a local businessman's auto restoration skills.

Photo by Amy Ramirez.

Contents

August 2011 • Volume 6, Issue 8



14

6 Restoring Reality

Carl Meredith and his crew come to a TV near you.

14 Past, Present and Future

At Home With Tatum and Casi Thorne.

10 Cutting-edge Educator

School board member, Barb Vogler, embraces education everywhere — from the classroom to cyberspace.



28



10

22 BusinessNOW

24 Around TownNOW

26 FinanceNOW

28 CookingNOW

Red OakNOW is a NOW Magazines, L.L.C. publication. Copyright © 2011. All rights reserved. *Red OakNOW* is published monthly and individually mailed free of charge to homes and businesses in the Red Oak, Ovilla, Glenn Heights and Oak Leaf ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.

Editor's Note

Time to get back in the zone, Red Oak!

School zone, that is! As happens every year, summer draws to a close and kiddos kick off a new year of learning. While we may rush until settled into the new routine, let's be sure to at least slow down in school zones along the way.

ROISD has kids covered when it comes to returning to class on August 22. From 8:00 a.m.-noon, August 6, the Back-to-School Fair is the place to find gently worn uniform gear donated by other parents. If you have dress code-approved pieces to give, you can exchange them August 3-4 and receive vouchers for other clothing at the fair.

In addition to the uniform exchange/sale, students can receive free dental and vision screenings, immunizations and even haircuts, all at Red Oak Intermediate School, 401 E. Ovilla Road, Glenn Heights. See our calendar for more details, and join us as we get back in the zone!



Angel

Angel Morris
 Red OakNOW Editor
 angel.morris@nowmagazines.com

The Easy Move.

ACCESS SELF STORAGE AND TRUCK RENTAL

Consumer Choice Award Winner

- 16 Surveillance Cameras
- Resident Manager

Red Oak Location
 plus 6 other Dallas locations

561 E. Ovilla Road
 at HWY 342

972-515-8600

Ready for Driving School?

Red Oak Driving School

- Conveniently located across from Red Oak High School
- Flexible class times for your convenience
- Comfortable and spacious classroom
- Reliable vehicles for student safety
- Quality Certified Driving Instructors
- Payment plan available
- Get your permit in less than one week!

119 S. Hwy 342, Ste #105, Red Oak, TX
 (Across the street from Red Oak High School)

Aug 20-Sept 9 • 4:30pm-6:30pm
 Aug 27-Sept 16 • 6:30pm-8:30pm

Call for more information! 972-850-0990
 www.RedOakDrivingSchool.com
 Reserve your spot today!

Only \$325 per student. SAVE \$25 with this ad.

Miss Tammy's House

Taking care of children since 1993
 I provide the baby food!

Red Oak Area
 Infants up to 5 years old
 6:30am - 6:00pm
972-617-3809
 CCS Provider

Pampered Pooch
 All Breed Dog Grooming

"Family-owned for the family pet!"

Monica & Cindy Mathews

214-743-0403
 921 Rachele Drive
 Red Oak, Texas 75154



Family Practice, Pediatrics and Cardiology

Most commercial insurances, Medicaid and Medicare accepted.
My Clinic medical and dental plans available for uninsured.

Acute Care - Xrays - Labs - Exercise Room
Sleep Diagnostics - Pharmacy - Dentistry

Complete physical exams, well-child & well-woman exams

Walk-ins Welcome

Mon-Fri 9am-9pm
Sat 9am-5pm
Sun 12-5pm



MyClinic

972.515.8700

106 Plaza Dr. • Red Oak • (Ovilla Rd. @ I-35)
www.myclinictx.com

Professional Orthodontic Associates

BRING THIS AD TO RECEIVE YOUR

FREE iPod

with start of treatment

As of 2.18.11. While supplies last.

Licensed Orthodontists on staff
MEDICAID APPROVED
Most Insurances Accepted

Up to \$800 Discount for Patients with CHIP

Se Habla Español

701 N. Hampton Rd. • DeSoto, TX 75115
(972) 230-0155

Find us on Facebook:  Search for Harry Kizer
www.desotoortho.com





It began in a garage. More hobby than career goal, this inventive mind spent countless hours working, tinkering and creating. After many trials and many errors, he has learned the secret to making beautiful works of art from the refuse others have left behind. Four decades later, the hobby that most guys wish they had has turned into a chance for him to be in the national spotlight. Say hello to Carl Meredith, the star of a new TV series, Reality Rides.



Res



Carl started working on cars, unprofessionally, as an 8-year-old child in his uncle's hot rod shop. Ten years later, while working for a Chevrolet dealership, Carl would work on his friends' cars on the weekends to support his drag racing hobby. All that experience parlayed into the custom car industry. Since 1993, Carl and his crews have built and restored hot rods of all makes, models and vintages. With a series that takes the viewer through the process of restoring a classic car, Carl is in the center of a show coming to a TV near you soon.

Living and working in the same small town for two decades has helped Carl become the man that he is. "I've seen

Restoring Reality

— By Zachary R. Urquhart



Lisa Wise, Rich Kubitz, Bradley Meredith (Carl's son), Kenney Nowak, Carl Meredith, J.T. Tyska, Curt McKamie, Bill Hamilton and John Olivarez

Red Oak grow up, and I've grown up with it," Carl explained. Having this connection with the town means that Carl's name is known in the local hot rod scene. *Reality Rides* was not his creation, but it's his name recognition that landed Carl a starring role in the new show.

One evening, while enjoying a car exhibition at an Arlington-area Albertson's, Brian Greene got an idea for a new TV show. Fortunately, Brian is CEO and one of the lead producers for Greene HD, a production company that has specialized in reality-based TV series. Brian started looking for a local car restoration and hot rod building shop, and was quickly introduced to Carl.

Almost immediately, the two started collaborating for *Reality Rides*.

TV shows that are labeled "reality" these days are rarely that. Those that are not clearly scripted are often at least influenced by the producers. The producers for *Reality Rides* have made sure not to fall into the cliché traps of similar programs. Carl and his crew "focus on the car itself," while filming each episode. The show is unscripted, and there is no choreographed drama. Though problems come up in the building process, *Reality Rides* refrains from including personal spectacle and does not follow Carl or his crew around to display their personal lives. The show focuses on the step-

by-step process needed to rebuild a classic from scratch and even includes some how-to segments. "Anyone can do some of these things themselves," Carl explained, "so there's an instructional element to the show."

Before building and filming, Carl's shop had to be turned into a production set. It was fitted with spotlights, while windows were blacked out to prevent unwanted exterior brightness. The big lights and big cameras were easy to perform around, "but there were some smaller specialty cameras that we had to be careful working around." Though Carl and his restoration crew spent countless hours on the show, Carl had to retain

Ferne Cummings, M.D.

Red Oak Family and Pediatric Clinic
273 East Ovilla Road, Ste. 4 • Red Oak, Texas

Watch us Grow!!

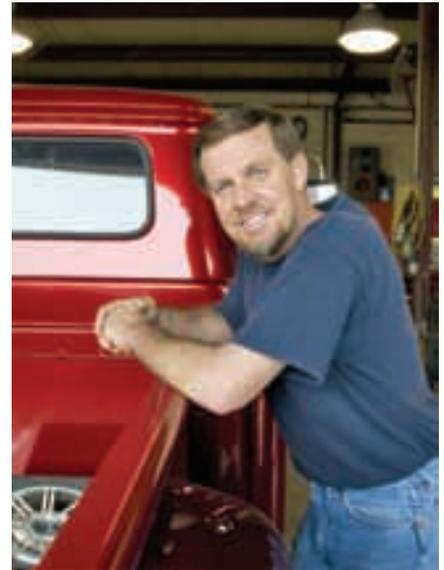
- Same day appointments available
- Saturday appointments available
- Well Woman Exams
- Most insurance accepted
- Board certified
- Se Habla Español



Dr. Ferne Cummings would like to officially
announce a new addition to
Red Oak Family and Pediatric Clinic in Red Oak.

**PLEASE WELCOME OUR NEW PEDIATRICIAN
DR. REBECA PIANTINI.**

Call today 972-617-6660



normalcy for the shop. He has always divided his crews between restore and repair work, so the challenge was not splitting time.

The show did create some new issues though, such as working in a very deliberate manner to keep background shots consistent. “Actually, some guys would bring their car in just to be in the background of the show,” Carl said.

Getting the stage set was only part of the lead-up to actual production. All of Carl’s crew had to be ready for substantial camera time, including Carl himself. Though he looks very comfortable on the show, Carl admitted, “It was a little scary the first time, and I still get nervous each time.” Most of the footage is during the actual restoring, but there are some interviews with the crew and the car owners as well. Carl also does voice-overs, where he watches previously filmed material and essentially narrates the action as it happens. Though the cameras do not delve into Carl’s personal life, *Reality Rides* includes plenty of off-site footage. For the first season, the producers saw fit to include trips to upholsterers, air conditioning experts, plating specialists and other consultants for the job.

Carl, unfortunately, has not had much input into what car the crew would restore, though his dream would be a ’55 Chevy. For the inaugural episodes, the producers made a list of criteria that excluded muscle cars — Fords and Chevys — as being too common. They knew they wanted something from the mid-1950s, and they settled on a 1955

Buick. The uniqueness of the car equaled extra challenge for Carl and his crew, as parts for a less common car were difficult to find. Carl also had to work around the challenge of re-filming, which meant doing the actual work over again.

Each 30-minute episode, which is actually just over 20 minutes to allow for future inclusion of commercials, took several days to film. One scene required the crew to “move slowly but never stop,” while a stop-motion camera filmed all day to capture what would be a one-minute introduction for the series.

The second season, parts of which just became available on the Greene HD Web site, takes on an even bigger challenge in its project. Carl flew to Denver, Colorado, with the production team to close negotiations on restoring a 1942 Dodge Command Car from World War II. Carl and his crew rebuilt this rare model for the owner of a California winery, so Carl flew to Healdsburg at the end of the project. That has been one of his favorite things about the whole experience. “I’ve



gotten a chance to fly and drive around the country with all of this,” he said.

Reality Rides has been a highly regarded Internet series. “A lot of people have told me it’s better than what they see on TV right now,” Carl said. His producers with Greene HD, who kept stressing the old adage, “It’s not if; it’s when,” have recently sold the show for airing on TV beginning January 2012 on the new Discovery HD Channel, Velocity. Season three will commence filming soon, but Carl has longer term goals for the show. He would love to be filming season eight, nine or more in the future. Maybe then he will get to restore that dream car — the ‘55 Chevy. **NOW**

Carl Meredith is owner of Carl's Automotive in Red Oak, Texas.

Totally custom...



surprisingly affordable!

Custom-built homes on your land \$85,000 - \$285,000

ZERO down
100% in-house financing
No payments for 6 months

U **United-Bilt
Homes**

Homemade just for you

Sheryl Ariens 469.525.8444
Jimmy Rodgers 817.983.5332
www.ubh.com

UBH approved credit for qualified borrowers. Licensed Residential Mortgage Lender in AZ, CA, MD, MI, OK, TX. NMLS1000862





Cutting - Edge

E D U C A T O R

— By Julie B. Cosgrove

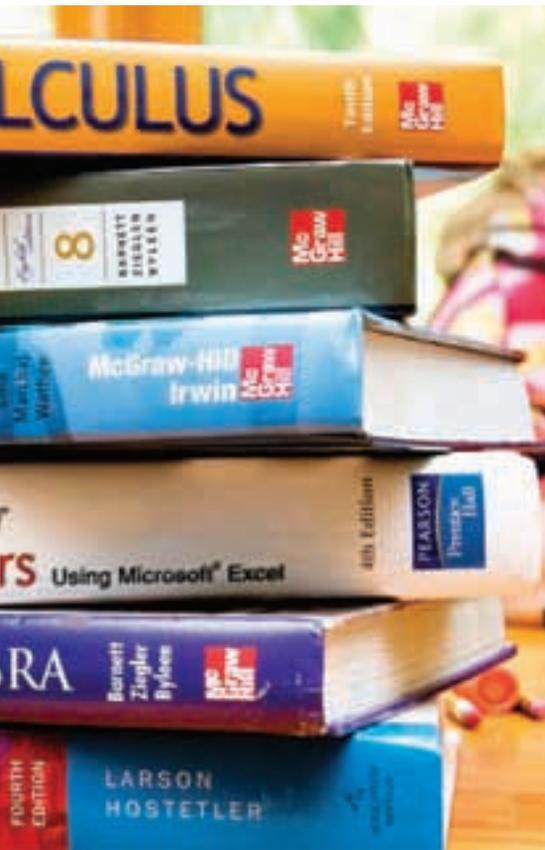
Newly re-elected school board member, Barb Vogler, sees both sides of education and its future. She has also been active in the Red Oak PTA for almost two decades. Her teaching career began in Tampa, Florida, after being a computer programmer in the 1980s. She met her husband, David, and began to work for GTE. When they first moved to Texas, they chose Red Oak for one reason

— the school district. “We vowed when we had kids, we’d become involved in the schools, too,” Barb said. “Red Oak ISD is exceptional. We wanted the smaller town influence. Country life 30 minutes from Dallas is perfect.”

Barb was able to retire, so to speak, from GTE and become a stay-at-home-mom with her children, Daniel and Laura. She knew immediately she had to get involved with the PTA. “You want to

know the power of PTA moms? At the time, Red Oak didn’t have a McDonalds. When we heard one was being built, we passed around a petition for an indoor playground, not an outdoor one like they had down the road. Here we were, young moms heading for the headquarters in Las Colinas armed with our petition and a plate of homemade chocolate chip cookies,” Barb smiled victoriously as she sat back in her chair. “McDonalds changed their design. That’s power. Never underestimate the PTA.”

This year was Barb’s last year as a PTA mom. Daniel graduated from Red Oak High School (ROHS) several years ago and is now

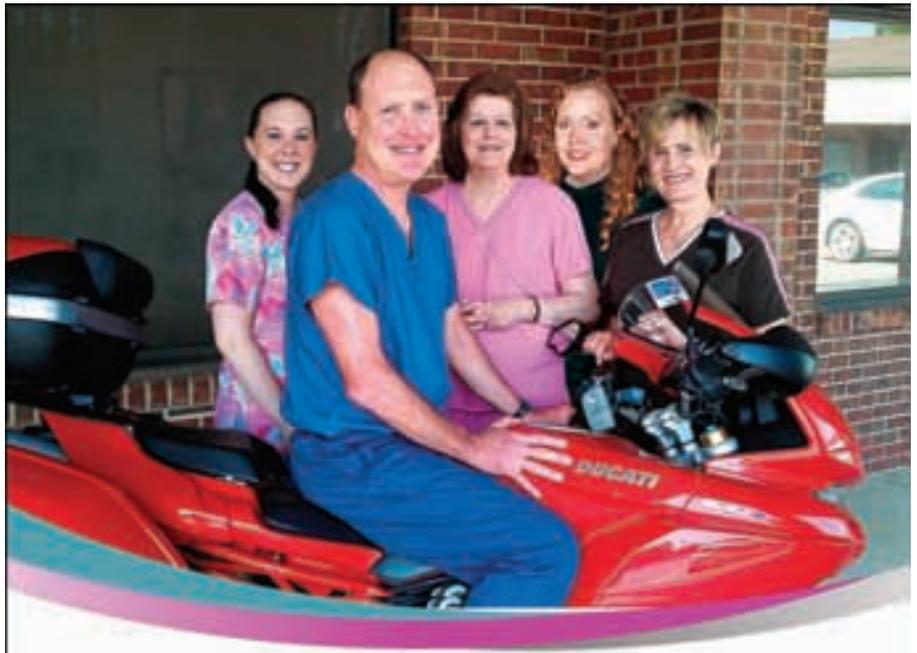


a junior at Texas Tech. Laura graduated this past school year. That doesn't mean Barb is through with PTA though. "They coaxed me into serving on the Council of PTAs. I will be in publicity, so I'll be in touch with each PTA in the district."

Barb returned to teaching at one point. "I taught at Red Oak Junior High (ROJH) for a few years," she stated, followed by a grin. "Then I graduated. I began as an assistant professor in mathematics at

"I bring a different perspective, having seen education from both sides."

Northwood University in Cedar Hill. I was on campus for seven years." While on campus, she received the Northwood Faculty Excellence Award for 2006-07. "That was an honor. I was voted in by my peers. It was something." Barb was also



We're all about making people smile

Mark C. Santamaria D.D.S.

Has purchased the office of Dr. T.J. Gary D.D.S.

Now accepting new patients

New services provided!

Payment plans to qualifying persons

Children welcome

Most dental insurance accepted

• Now accepting Medicaid •

For new patients:

Exam, checkup x-rays and basic cleaning

\$72

Not applicable with any other insurance or coupons. Must present coupon to redeem.

Call today for your appointment (972) 223-5500

712 N. Hampton Rd. • Suite 130 • DeSoto

Now accepting enrollment for fall classes.

½ OFF
Registration
Expires 8/31/11

The Children's Montessori Center
Judy Fletcher and Connie McMillen
After school pickup at Waxahachie Elementary Schools
214 Dunn Street (behind Comerica Bank) • Waxahachie • 972.937.6910

in *Who's Who in America's Teachers* while at ROJH. "I never knew who submitted my name," she said.

She left Northwood's campus to become a statistician for the Census Bureau, a job she said she couldn't turn down. But that didn't mean she left Northwood entirely. For the past several years, she has been teaching math solely online from the comfort of her dining room table with her laptop. "There are two types of online courses. The first is called hybrid, where the student spends



some time on campus in the classroom and some online. Many universities have that. They have to hand in their assignments online and things like that. The other," she continued, "is totally online. The student rarely, if ever, steps foot in a classroom."

When asked to compare online teaching versus the classroom, Barb admitted, "There are similarities. The first year of teaching you just want to make it through the year and cover everything. The second year you begin to tweak it. By the third year you've pretty much got it down and are perfecting the course. That much is the same." But this is where, Barb explained, the cyberspace class becomes different. "I have an average of 20-25 students. They're from all over, even overseas. So you have to adjust and be conscious of their time zones. It's not like being in a classroom setting."

Most of her online students are older and already have jobs. They are committed to earning their degree and take it very seriously. "The goal is to give

SUMMER SPECIAL

fast - convenient - affordable

Get results now!

½ OFF Enrollment Fee AND \$25 per month

MONTHLY DOOR PRIZES

June
\$100 Given Away in June

July
\$200 Given Away in July

★ **August BBQ Grill** ★

Experience the difference today!
Stop in, call or visit www.snapfitness.com

Red Oak
205 South Main St.
972-576-8388

Red Oak
100 Plaza Cir.
972-576-3899

fast - convenient - affordable

Limit one per household. No cash value. Access card fee, other fees and some restrictions may apply. Valid only for local residents on first visit at participating clubs. © 2010 Snap Fitness, Inc. Valid thru August 31, 2011

them the same amount of computer time as the time they would have in the classroom. The main campus I deal with is actually in Midland, Michigan.” Barb stressed that an online professor must be flexible. “Because these students are in the Adult Degree Program, they have work, families and lives. I try to accommodate them and work with them. I often renegotiate deadlines because I know they are serious about bettering themselves. Kids get sick, bosses demand overtime or travel — things like that.”

Barb views education from another angle as a third-term member on the Red Oak School Board. “I bring a different perspective, having seen education from both sides,” she said. “We have a good team, different backgrounds, but no hidden agendas. Everyone just wants what’s best for the kids.”

As a teacher, Barb worries about state budget cuts for school districts in the Metroplex and for teachers who do not know if they’ll have a job in the fall. She was quick to add, however, that was not the case for ROISD. The teachers’ jobs in Red Oak are secure. “But, here in Red Oak we have a superb superintendent. We are financially sound and have been towing the line fiscally.”

There are two challenges the school board in Red Oak faces, as Barb sees it. The first is what to do with old buildings now that the new high school is completed. “The junior high moves to the new high school, but what do we do with the old junior high? We are looking at all the angles.”

The second is the future of cyberspace classrooms. “We need to begin to prepare these kids for what hybrid university will be like. These kids learn on Wii and video games. It’s their reality already. We need to teach them time management and how to prioritize. The school board and administrators have discussed an online pilot program, but many details must be worked out,” Barb added.

“We have to train the teachers as well. It’s the future here and now. Northwood and other universities are willing to help,” Barb said. And she is one cyber-professor poised to move the district to the next level. “Just think. No more downtime for ice days. All their books will be on an iPad. No paper waste. It’s coming. We need to be ready, for the kids’ sakes.” **NOW**

RED OAK CHIROPRACTIC AND THERAPY

Full Service Family Clinic Offering:

- Chiropractic
- Massage Therapy
- Rehab
- Sports Medicine
- Auto Accidents
- Most Insurance Accepted

Curtis Begin, D.C.

307 E. Ovilla Rd., Ste. 100 • Red Oak, TX 75154 • 972-576-5501 • www.redoakchiro.com

Start every day off with a **GREAT** smile

Family Smiles

General Dentistry for Adults & Children

(972)351-9110

NEW OFFERING BRACES!

\$100 Toothache Visit
Includes Necessary X-Ray, Exam and Doctor Consultation
Reg. Price \$100
Not valid with any other offers.

\$50 Initial Exam
Includes Necessary X-Ray, Exam and Doctor Consultation
Reg. Price \$150
Not valid with any other offers.

For Patients with No Insurance
Full Mouth Deep Cleaning \$300
Simple Cleaning \$75
Most Extractions \$200
(Excludes Wisdom Teeth)

Teeth Whitening \$75
Reg. Price \$300
Includes custom fitted mouth guard & take home bleaching kit.
New Patients Only

CALL FOR FREE TRANSPORTATION
972-351-9110 • 1011 N Hwy 77 Ste. 105 • Waxahachie

Mon - Fri 9:30am - 6pm
Sat 9:30am - 2pm

Accepting Medicaid & CHIPS and all PPO Insurances
Walk-ins & Same-day Emergencies

Past Present *and* Future

— By Angel Morris

A shared history and an eye to the future makes Tatum and Casi Thorne's house a home. While they officially met in high school, their families were friends long before Tatum and Casi became a couple.

“Our parents knew each other from the time we were babies. Tatum’s mother owned a clothing store in DeSoto and my mother would buy my clothes there. It was at DeSoto High School when we actually met as we sat next to each other in U.S. history,” Casi recalled.

The two began dating the following year, September 1990, and have been

together ever since. After high school graduation, they attended Stephen F. Austin State University (SFASU) and both majored in kinesiology and special education with a desire to teach and coach.

Casi graduated a year earlier than Tatum and took a job in the East Texas town of Eustace teaching physical education and sixth grade social studies,

while coaching volleyball, basketball, track and cheerleading. Tatum finished undergraduate work at SFASU, and then the couple married July 12, 1997. Casi applied to teach in Red Oak ISD that summer.

“I was hired by Eastridge Elementary to teach special education resource, reading, language arts and math at the time. I have been teaching at Eastridge ever since and recently graduated with my master’s in counseling,” Casi said.



At Home
With Tatum and
Casi Thorne





Cole Classic Homes is kicking off their new construction at
Fox Hollow Estates

COLE CLASSIC HOMES

HOMES FROM THE 1500s • RED OAK SCHOOLS
 WATER LOTS AVAILABLE • CONVENIENTLY LOCATED BETWEEN
 RED OAK ROAD AND OVILLA ROAD ON 342
Family-owned for over 60 years

Southern Living
CUSTOM BUILDER PROGRAM
 100% FINANCING AVAILABLE FOR QUALIFIED BUYERS!

972-639-6644
 CALL US ABOUT OUR BUILD ON YOUR LOT PROGRAM

www.coleluxuryhomes.com

Initially, Tatum took a job with Nations Rent and the duo moved to Midlothian where they built their first house. In 2004, they decided to move to Red Oak and ventured out to build home No. 2. “We built it from the ground up, with every detail coming directly from us,” Tatum noted.

Bringing their love of outdoors inside, the home is best described as rustic, with a front entry lined with large cedar beams. “As you enter our house, you see a Texas star embedded in the front door and then immediately pass through a small entryway alongside stairs with iron and wood fixtures to see a 20-foot Austin Stone fireplace that reaches to the top of the vaulted ceiling in our living room,” Casi described.

Before the move to Red Oak, Tatum took a job teaching behavior adjustment with Midlothian ISD (MISD) in 1999, which started his career in education and a love for teaching. The same year, June 7, 1999, the Thornes welcomed their first child, Kennedy, who is now 12 years

We've Got Your Back!
 Adjustments Only \$20

Monthly and Family Plans Available
 No Start-up Costs • No Gimmicks • No Appt. Necessary

THE JOINT
 ...a chiropractic place

<http://redoak.thejoint.com>

The Joint at Red Oak
 Located in the Shell Gas Station Shopping Center
 278 E Ovilla Road
 Red Oak, TX 75154
 972-617-7700

New Patient Specials
Free Whitening
 with completion of x-rays & exam

Accept most insurance plans

align Orthodontic Treatment

JOHN H. KNOWLES, D.D.S.
 SPECIALIZING IN FAMILY & COSMETIC DENTISTRY

216 DALTON DRIVE
 DE SOTO, TEXAS 75115
 (972) 274-2900
 (972) 274-2024 FAX



And what athlete can live without a man cave? The stairs of the current Thorne home lead to Tatum's favorite room, which serves as the family's theater room. With a 110-inch TV screen, the family enjoys movies, while Tatum thinks there is nothing better than a Texas Rangers game or Dallas Mavericks action in larger-than-life cinema.

old. "Kennedy is your typical preteen who loves hanging out with her friends and cousins. She actually decorated and painted her own room to her particular style," Casi said. She calls her room "sophisticated but still fun," where her love of playing for the Ellis County Juniors National Volleyball Team shines through.

After MISD, Tatum spent five years at Red Oak's Shields Elementary teaching resource English, math and reading. "I also spent a year at Red Oak Intermediate," Tatum recalled. "During my first seven years in education, I also umpired high school and college baseball in the Dallas area to get my athletic fix."

After several years of teaching and umpiring, Tatum's love of all things athletic confirmed he wanted to coach, and he went to Palmer ISD to answer that calling in volleyball and softball. He also served as special education coordinator, content mastery teacher for the high school, truancy officer and district crisis coordinator — eventually becoming an administrator over behavior adjustment.

In the meantime, the Thornes' family continued to grow, and on November 22, 2004, their second child, Kash, was born. "Kash is an active 6-year-old who loves baseball and playing outside," Casi said. The kindergarten graduate's style shows



in a room of baseball memorabilia and artwork, little boy toys and every kind of ball imaginable.

"With two children constantly running around and two parents as



BRAD SCHOONOVER D.D.S. P.A.



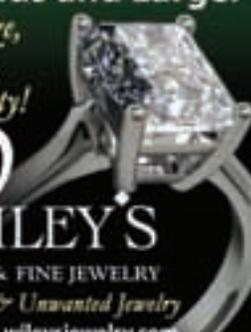
Dr. Schoonover graduated from The University of Texas in 1988, and has served Ellis and S.W. Dallas Counties for over 20 years. Convenient hours. Please call our friendly, courteous staff to schedule an appointment.

972.617.4900

NEW RED OAK LOCATION
Most insurance accepted
204 N. I-35 Service Road #D
Red Oak, TX 75154
From I-35 Exit Red Oak Road



Paying CASH for 1 ct. Diamonds and Larger
Any Size, Shape or Quality!



WILEY'S
DIAMONDS & FINE JEWELRY
Cash for Gold & Unwanted Jewelry
972-937-4422 - wileysjewelry.com

Heath Mobile Veterinary Services
Offering at-home & on-farm vet care
Large & Small Animals



469-734-7978

RED OAK
Executive Suites
 17097 DRYLAND ROAD, SUITE 2100 - RED OAK, TX 75154

Primary office and admin assistance spaces available.

Receptionist - Reception Area - Conference Room - Fax - Scan - Copier available - Internet Access - T-1 Line - Break Room - Kitchen Utilities - CAM cost included in monthly rent. Minimum 1 year lease term

CONTACT JESSICA AT 469-218-2304



MARK A. BISHARA M.D.
 Cosmetic Surgery & Hair Restoration



- ◀ Breast Augmentation
- ◀ Breast Lift - Tummy Tuck
- ◀ Mommy Makeover
- ◀ Stem Cell Transfer
- ◀ Fat Transfer with Cryobanking Option
- ◀ Liposuction
- ◀ Hair Transplant
- ◀ Laser Skin Rejuvenation
- ◀ Laser Tattoo Removal
- ◀ Laser Hair Removal
- ◀ IPL Photofacial
- ◀ Botox
- ◀ Juvéderm Ultra Plus XC
- ◀ Radiesse
- ◀ Microdermabrasion
- ◀ Facials & Chemical Peels

◀ Skinceuticals & Obagi Skin Care Lines

The Paragon
 MED • SPA

25% off ALL Spa Services

First Laser Tattoo or Laser Hair Removal is Free
 (up to a \$350 value)

Botox \$9/unit

877-70-NEW-LOOK
 www.markbisharamd.com
 theparagonmedspa.com

1830 E. Broad Street Ste. 102
 Mansfield, TX 76063

Harvard Fellowship trained
 in Aesthetic & Reconstructive
 Plastic Surgery



Nikki's
 "SWIRL SHOPPE"
 REAL SERVES BLENDED YOGURT

VARIOUS FLAVORS
 AND TOPPINGS PLUS "TWIST" OPTIONS
ROTATING WEEKLY
 ENDLESS POSSIBILITIES
 NO SUGAR ADDED, FAT FREE
 GLUTEN-FREE & KOSHER
 GUILTLESS PLEASURE

NO PRESERVATIVES!
ALL NATURAL!

AMAZING!



1035 N. HIGHWAY 77 #200
972.937.2801
 (ACROSS FROM WAXAHACHIE HIGH SCHOOL)

FOLLOW US!
 www.swirlshoppe.com

Buy one, get one FREE!
 (of equal or lesser value)

ELLIS COUNTY MEDICAL ASSOCIATES

LASER THERAPY

KRISTI LEAL & STACEY BOBALEK
CERTIFIED TECHNICIANS

**LASER HAIR
REMOVAL**
Pool Special

Underarms and bikini sides
\$125 per treatment

Underarms, lower legs
and bikini sides
\$275 per treatment

*Limited time offer

*Other services available:
Botox, Fillers, Facial Peels,
Vein Sclerotherapy & Microdermabrasion*

800 W Lampasas St • Ennis, TX 75119
(972) 875-4700 • 972-921-0567

ELLIS COUNTY MEDICAL ASSOCIATES



MED *Spa*

is proud to be the first in Ellis County to offer

TICKLE LIPO

a new minimally-invasive liposuction technology that removes fat without damaging surrounding tissue. You can lose inches in a single treatment, virtually painlessly, and with little or no bruising or downtime.



BEFORE AFTER

This revolutionary awake surgery is now a safe and comfortable surgical option.

Learn more at www.ecmamedspa.com.
Call today for a free consultation!
972-875-4700 or metro 972-921-0567

Ellis County Med Spa 800 W. Lampasas St., Ennis, TX 75119
BOTOX LASER HAIR REMOVAL VEIN TREATMENT



Adam Arredondo, MD
Pain Management

Luis Nieves, MD
Pain Management

521 N. Beaton St.
Corsicana
866-280-7246

128 Hwy. 77 North
Waxahachie
972-938-7319

www.txapmi.com

You can be
PAIN FREE

We Can Help

- Headaches & Migraines
- Back & Neck Pain
- Shingles
- Shoulder Pain
- Knee Pain
- Leg & Arm Pain



Hot Summer Savings!
10% off all paint work
with this ad

- Fence Repair & Installation
- Custom & Rough-End Carpentry
- Tile Installation & Removal
- Wood & Laminate Flooring Installation
- Tree Trimming & Removal
- Tape, Bed & Texture

No Job Too Large or Small
We Honor Competitors' Coupons
Quality Service at Affordable Pricing

Handy Man Crew
469-569-5431

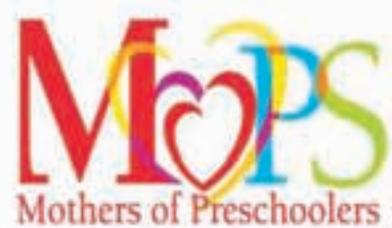


Don't Miss the Kickoff!

Kick off the school year with us!

KICKOFF SUNDAY — August 21

- New Classes for Children, Students & Adults
- State-of-the-art Childcare
- Passionate Worship Experiences
- Fresh encouragement for parents
- Family Fun Day at Camp Hoblitzelle

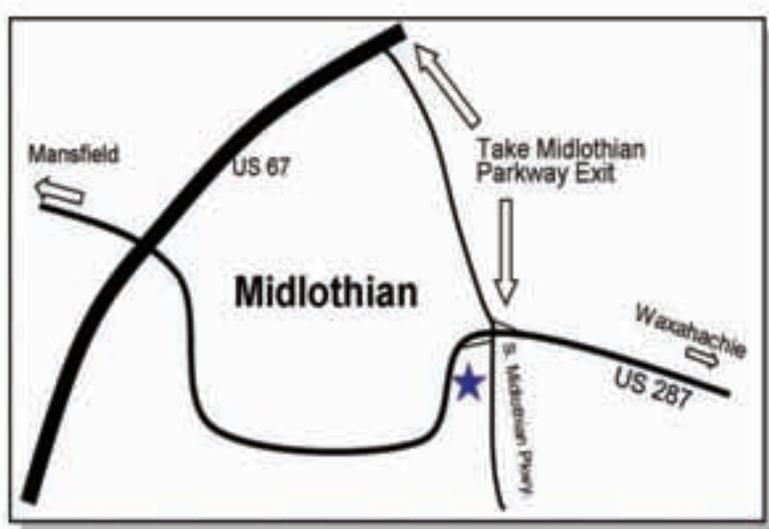


Kicking off on September 7th—MOPS

9:30 - 11:30 am at FBC Midlothian

Please preregister at www.MOPS.org

Worship with us on Sundays at 8:15, 9:30, or 11:00 a.m.



Midlothian
fbcMidlothian.org

1651 S. Midlothian Parkway
 972.723.6415

Glasses *for everyone & every budget*

- Frame & lens packages starting at \$79
- All Doctors' prescriptions welcome
- Eye doctor next door
- We welcome major insurance carriers and offer cash discounts

ALL
SUNGLASSES
ON SALE

All Optical Care
L.L.C.

972-923-3399

www.AllOpticalCare.com

800 N. Hwy. 77, Suite 100
Waxahachie • Next to HEB



Planning is never easy

Let us help you in your time of need
Ellis County's oldest Funeral Home

Pre-arrangement Plans
Cremation • Monuments
Lee Lougino, Director



Green Funeral Home
(Since 1887)



207 S. Wood St • Ferris, Tx
972-842-5777 • 800-594-2239
www.greenfh.com 24/7



teachers, I guess you could say our house is very kid friendly," Casi said.

Before building their current home, Tatum stayed in Palmer for four years, then decided he wanted to try a head coaching post. He was hired by Mike Burns as the Red Oak High School head softball and cross country coach and junior high health teacher for the 2010-11 school year. This fall, Tatum will serve as an assistant coach for Red Oak volleyball.

Most of their family lives in Ellis County, and a sister-in-law and cousin teach at the same school with Casi. Family togetherness was key in the Thornes' decision to build their second home, which they define as "very laid-back."

"We built our home with the mindset that this would be the home our children would grow up in," Casi said. "Land was important to us. We wanted plenty of room for our children to be able to play and practice sports."

To that end, the Thornes purchased 1.3 acres that back up to an 80-acre tract of land. Outdoors, Tatum has taken pride in doing all the landscape himself, and a batting cage and volleyball set give a nod to the family's sports enthusiasm.

Better teen driver
meets

**bigger
discounts**



Andrea Walton, Agent

(972) 617-7770

myagent@andreawalton.com





Together with an obvious priority, capitalized upon with the home's open floor plan and a breakfast area of knotty alder cabinets and cobblestone tile. "The kitchen is perfect for all our family meals together," Casi said.

Of course, two educators couldn't be without a designated study area, and their home features a built-in wall of shelves for displaying books, diplomas and family photos.

For their rare bit of downtime, Casi and Tatum created a "warm" master bedroom with deep mahogany furniture and French doors leading to the master bath. The large jetted tub, separate shower and huge master closet give the Thornes their own spa retreat.

Settled into Red Oak for the long haul, the Thornes are thankful their past includes a shared history and an agreement on the perfect place for their future. "We both grew up in DeSoto, and Red Oak always seemed so far away and country," Casi said. "But we ultimately chose Red Oak as our home because of the fabulous school system and the unique quality of the town. We are very glad to be here!" **NOW**

August is National Immunization Month

How many parents have current and up-to-date records on their children? Do you know what immunizations are required for entry into most public schools? How many times have the immunization records been misplaced and now you have 2 or 3 separate immunization records? Texas Department of State Health Services has a program called *ImmTrac*. It's a registry that, with the parent's or guardian's consent, immunizations can be collected and kept in an electronic format. Your privacy is protected. Only healthcare providers, public health providers, childcare facilities and schools that are registered with *ImmTrac* (registered meaning an ID number and password have been issued to specific entities) may view your child's information. You can also request a print out a immunization record for your child for school, daycare, after school facilities or camp from registered *ImmTrac* users. We welcome you to contact our offices and pick up a copy of the 2011 immunization schedule for children.

Ovilla Medical Clinic
 675 W. Main Street (Downtown Ovilla) (972) 617-6376
 Visit our Web site at Dr-Trammell.com

Got a plumbing problem?

Mention this ad and receive a **FREE Service Call**

100% Satisfaction Guarantee

G2 Plumbing
 214-399-3257
 P.O. Box 2296 • Red Oak

No dental insurance?

We have the solution. Call us for a significant savings and ask about our **APFD Smile Plan** and get the smile you always wanted.

Orthodontics • We Accept Most Insurance
 Convenient Hours • Flexible Financing • We Accept Medicaid

Aycox & Pearson Family Dentistry
 307 E. Ovilla Road, Suite 400 • Red Oak, TX 75154
 972-576-0602
www.aycoxpearsonfamilydentistry.com



Dr. Jack Nunn
The Joint @ Red Oak ... A Chiropractic Place

278 East Ovilla Road
Red Oak, TX 75154
Phone (972) 617-7700

Hours:

Monday-Friday: 10:00 a.m.-6:00 p.m.
Saturday: 9:00 a.m.-noon



Dr. Jack Nunn prides himself on a relaxed chiropractic clinic where flat fees put customers at ease. Even furry friends are welcomed by Jack's dog, Bones.

HE'S GOT YOUR BACK!

Dr. Jack offers modern chiropractic care at old-fashioned prices. — By Angel Morris

For Dr. Jack Nunn, his business slogan “We’ve Got Your Back” has a dual meaning. The man behind The Joint @ Red Oak ... A Chiropractic Place, has gained a faithful client base because of a genuine concern for patients. And care at old-fashioned costs doesn’t hurt either!

“The people are the greatest thing about being a chiropractor. I’ve gotten to meet and become friends with a lot of people since opening this office. And when you can help someone either through a chiropractic treatment, nutritional or dietary recommendations, or just by being a good listener — well, that’s hard to beat,” Dr. Jack said.

A chiropractor since 1985, Dr. Jack has seen health care in the U.S. go through many transformations. Through them all, his

goal has been to keep chiropractic care affordable for everyday people.

“Because of the rising cost of health care in this country, at The Joint we’ve lowered our overhead, which has allowed us to give more cost-affordable treatments. The most you will spend per chiropractic adjustment is \$20,” Dr. Jack said. “We also have monthly Individual and Family Plans that make the cost per treatment even more affordable.”

Dr. Jack isn’t kidding. The \$20 fee stands for any patient walking through his office doors, where The Joint offers hands-on, full-spine chiropractic adjustments. Even more unique, perhaps, is his “no appointment necessary” policy.

“The biggest difference our office offers is the price you pay

for quality healthcare, but the fact that walk-ins are welcomed and encouraged is another huge difference,” Dr. Jack said. “This makes it very convenient for our existing and future patients to get the care they need anytime.”

Along with chiropractic care, The Joint offers whole food nutritional supplement recommendations. “My No. 1 goal is to educate people about health by helping them through both chiropractic and



nutrition. We recommend and sell the Standard Process and MediHerb brands, which are very high-quality products,” Dr. Jack said.

At his current location since September 2008, Dr. Jack said he enjoys the small town atmosphere and friendly people of Red Oak. With customers from Red Oak and surrounding communities, he encourages folks to stop in and get a feel for his office before deciding if they would like to try chiropractic care.

“Come in and see the office anytime. You can meet Bones while you’re here. He’s a very friendly, male Havanese dog who has been “working” here since he was 9 weeks old,” Dr. Jack said, underscoring his office’s relaxed environment. “Ask any questions you might have, and Bones and I both look forward to seeing you.” **NOW**

LOSE WEIGHT AS IF YOUR LIFE DEPENDED ON IT.

Lose 10 Pounds In 2 Weeks.*

Being overweight increases your risk of heart disease, stroke, diabetes and cancer. But the good news is, it's preventable. Our physician-directed, non-surgical programs offer strategies unavailable to commercial weight loss programs. Only a medical doctor can customize a plan based on your unique metabolism and other weight loss issues. Call, or go online, to schedule a consultation with the doctor near you.



the center for **medical weight loss**
800-MD-BE-THIN (800-632-3844) www.mdbethin.com

INITIAL CONSULTATION FROM \$19

Definitive Rehab and Pain Management
307 E. Ovilla Road, Suite 600, Red Oak

*Based on a stratified random sample of 223 women and 99 men on a medically prescribed diet.



PHOTO: iStockphoto.com



ELLIS COUNTY AUTO REPAIR

COLLISION SPECIALISTS

100% Satisfaction Guarantee

All Foreign & Domestic Work Completed In-House

FREE ESTIMATES!



3643 Highway 77 North
Waxahachie
(north of Butcher Road)

Same Superior Service since 1972!
Call 972-937-4336



New Hope Fellowship Pastor Mike Sockman presents Ashley Moore with the church's first \$500 scholarship award.



Hayden Gomez, 2, and dad, Billy Gomez, enjoy the pony rides at Red Oak, White and Blue.



Red Oak NOW editor, Angel Morris, and son, Samuel, await fireworks at Red Oak's Pearson Park.



Helen Johnson, a resident of Red Oak Senior Care Center, enjoys learning about local motor officer patrol.



The Red Oak pool of Scarlett McGraw gets a huge splash from a group of sixth-grade girls celebrating summer.


REGIONAL ORTHOPAEDIC
 SPORTS MEDICINE CENTER

- Sports Medicine & Arthroscopy
- Joint Replacement Surgery
- Hand & Wrist Surgery
- Occupational Medicine
- Fracture Repair
- Reconstructive Surgery
 - of Elbow & Shoulder
 - of Hip & Knee
- Arthroscopic Rotator Cuff Repair
- Arthritis Surgery
- Pediatric Orthopaedics
- Carpal Tunnel Surgery
- Minimally Invasive Joint Replacement



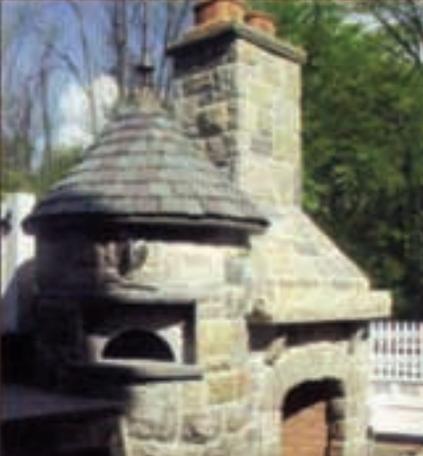


Robert P. Royce, M.D.
 Fellowship American Board of Orthopaedic Surgery
 Fellow American Academy of Orthopaedic Surgeons

1722 Brown Street, No. 100 • Waxahachie
www.regionalorthopaediceasttexas.com
 972-937-4600

Physical Therapy • Sports Medicine
 Wound Care • Work Conditioning
 Industrial Rehab • Drug Testing

What's Cookin' in Your Backyard?
OUTDOOR KITCHENS & FIREPLACES



Quality Stone and Natural Rock for all your Landscaping Projects

ROCKPILE
stone & natural rock

3626 Hwy 287 • Waxahachie
972-938-3330 • Cell 469-576-2314

The best dermatology practice *just got better!*

Uptown Dermatology is proud to announce
our new dermatologist

Dornechia George Carter, MD

BOARD CERTIFIED IN DERMATOLOGY



DERMATOLOGY
ASSOCIATES
OF UPTOWN



Kent Aftergut, MD



SERVICES PROVIDED

Medical, Surgical, Cosmetic Dermatology

610 Uptown Boulevard • Suite 102,
Cedar Hill • 972-283-8979



CAMPUZANO
mexican food

\$5.00 off
\$20.00 purchase

Expires 8/31/11 **CAMPUZANO**

Cool off with one of
our great margaritas!

Voted Best Mexican Restaurant
in Best Southwest

108 N. 8th Street
Midlothian, TX
972-723-2634

2167 N. Highway 77
Waxahachie, TX
972-938-0047

213 W. Beltline
Cedar Hill, TX
972-291-1053



Helping Prevent Falls

Comprehensive balance and dizziness evaluation
and management including vestibular and
balance rehabilitation therapy
Yulinda Kho, PT



Nathaniel Kho MD, FAAP
Board Certified in Neurology (ABPN)
& Pediatrics (ABP)

Dementias (Alzheimer's disease)

Headaches/migraines

Multiple sclerosis • Parkinson's disease

Seizures/epilepsy • Strokes

Various forms of pain



Neurology
CENTER

Adult • Geriatric • Pediatric

VNG • NCS • EMG • EEG • Ambulatory EEG
Accepts most private insurance, workman's comp & Medicare

972.247.5884
1905 West Ennis Parkway, Suite 504
Ennis
9 Medical Parkway, Plaza 4, Suite 107
Dallas

Mortgage Decisions Can Make a Big Difference in Achieving Financial Goals

If you're purchasing a new home or refinancing your existing one, you've got some mortgage-related decisions to consider. And since your mortgage may well be the biggest financial transaction you ever make — and one that can affect your long-term financial goals, such as retirement — you'll want to weigh your options carefully.

What types of choices might you face? Here are some of the most important ones:

- **Fixed or adjustable?** With a fixed-rate mortgage, your payment will remain the same throughout the life of your loan. However, if interest rates drop significantly below your mortgage rate, you may then be paying too much for your loan and will have to go through the time, effort and expense of refinancing. With an adjustable-rate mortgage (ARM), your initial rate is likely quite low, so you can afford a bigger mortgage. This could be an advantage if you know your income will be rising or you are confident you'll sell your house within the next five years. However, your ARM payment and interest rate can rise substantially, even with caps in place, and these adjustments can affect your cash flow. So, before taking out an ARM, make sure you understand the terms involved and how they will affect you down the road.

- **15-year or 30-year?** These aren't the only mortgage lengths available, but they are among the most common. The advantage of a 15-year mortgage is that you'll pay it off quicker and, in the process, potentially save thousands of dollars in interest. The disadvantage, of course, is that you'll likely need to come up with much bigger monthly payments than if you took out a 30-year mortgage. And since your mortgage payments will be lower with a 30-year loan, you'll have more money available each month to invest for the future.

Over time, these extra investments can really add up. Suppose, for example, that you invested \$100 a month to a tax-deferred vehicle, such as a traditional IRA, that earned a hypothetical seven-percent average annual return. After 30 years, you'd end up with a little more than \$117,000, before you started paying taxes on withdrawals. But if your 30-year mortgage freed up enough cash for you to contribute \$300 a month to that same IRA, earning that same seven-percent average annual return, you'd accumulate more than \$350,000 after 30 years, before taxes. That's a big difference — and the extra money could perk up your retirement lifestyle considerably. Keep in mind, of course, that these examples don't reflect the performance of any available investments. Also, you will have to pay taxes when you start taking withdrawals from a traditional IRA, and any withdrawals you make before you turn age 59 1/2 might be subject to a ten-percent penalty.

- **Larger or smaller down payment?** The bigger your down payment, the smaller your monthly payments, and the more you may have available to invest each month. But if you go with a smaller down payment, you most likely will initially have more money available for other purposes, such as paying down debt or purchasing investments. You'll have to compare the alternatives carefully.

In fact, you'll have to compare the options for each question we've looked at because mortgage issues have an emotional component as well as a financial one, and only you can make the decisions that fit your situation. So think about your choices today, as they can have a big impact on your life tomorrow. **NOW**

Michael Ewing is an Edward Jones representative based in Red Oak.

**RENT TO OWN
AN ALL-STEEL
STORAGE SHED**

**Convenient.
Saves money. High quality**



**8' X 12.5' (100 Sq. Ft.) Shed
7'5" Interior Height**

- Payment plans available
 - Fast Delivery
 - Durable - Built to Last!
- No assembly Required**

**RENT-TO-OWN
\$59⁰⁰
MONTHLY**



**My
STORAGE**

Delivering Self Storage to You

(866) 314-2454

www.mystorage.tx.com

Throughout August

Thirty-year Reunion Registration/ROHS Class of 1981: Ticket purchase deadline is September 2. Cost: \$35/person or \$50/couple in advance; \$40 at the door from 6:00-11:00 p.m. September 10 at The Studio at Las Colinas, 350 E. Royal Ln., Suite 121. Contact: reneewood1963@yahoo.com or (972) 937-1497 or (469) 297-0216 or njhdrake@yahoo.com or (972) 989-3060.

Teen Club: Begins this fall at the Red Oak Public Library, 200 Lakeview Parkway. Teens 13 and older can sign up at the library to be notified of teen club events. Please call (469) 218-1230.

August 6

ROISD Back-to-School Fair: 8:00 a.m.-noon, Red Oak Intermediate School, 401 E. Ovilla Road, Glenn Heights. Uniform exchange/sale, free dental/vision screenings, immunizations and haircuts. Uniform donations accepted during designated times at ROI Aug. 3-4. Vouchers awarded for use at sale. Call (214) 476-7972 or (972) 617-5895.

Introduction to Tennis: 9:00 a.m.-11:00 a.m., Red Oak High School courts, 122 N. SH 342. For kindergarten through sixth-graders, \$10.

E-mail Dainta.Calhoun@redoakisd.org or call (469) 337-8738.

Soccer sign-ups: 10:00 a.m.-noon, Shields Elementary, 223 W. Ovilla Rd., Glenn Heights. Red Oak/Glenn Heights Soccer Association late enrollment date for children ages 3 and up as of July 31. Visit www.redoaksoccer.com.

August 10-11

Open House: 4:00-5:00 p.m., Little Hawks Learning Center, 205 E. Ovilla Rd., Glenn Heights. Call (972) 617-4660.

August 13

Ellis County SPCA New Volunteer Orientation: Noon-1:00 p.m., 570 FM 878 Waxahachie. Meeting for new volunteers with the Ellis County SPCA or current volunteers who would like to be more involved with the organization. E-mail Kari at spcaevents@gmail.com.

Red Oak Opry: 6:30 p.m., doors open; 7:00 p.m., concert begins. Lone Star Cowboy Church, 1011 E. Ovilla Rd. Live performance of the Opry Band. Visit www.redoakopry.com.

August 21

Open House: 2:00-3:00 p.m., Red Oak Junior High School, 154 Louise Ritter Blvd. Ribbon

cutting and open house for the new junior high locale. Visit www.Redoakisd.org.

August 22

Red Oak ISD classes resume. Visit www.redoakisd.org for specific campus start times.

August 24

Red Oak Chamber of Commerce Luncheon: Noon-1:00 p.m., Red Oak Municipal Center, 200 Lakeview Pkwy. Cost: \$12 with reservation; \$15 at door; \$20 for nonmembers. Contact admin@redoakareachamber.org.

August 27

Ice Cream Social: 7:00-9:00 p.m., Ovilla United Methodist Church, 1403 Red Oak Creek Dr., Red Oak. Call (972) 617-8840 or visit www.ovillaumc.org.

September 17

33rd Annual Founder's Day and Homecoming Celebration: 9:00 a.m. parade kick off, Red Oak High School, 122 State Highway 342. Hawk Hustle 5k Run, booths, exhibitions, games, food. Call (972) 617-0906 or e-mail admin@redoakareachamber.org.

Submissions are welcome and published as space allows. Send your event details to angel.morris@nowmagazines.com.



If You Aren't at Your Last Job, Why Is Your 401(k)?

Leaving a 401(k) with a previous employer could mean leaving it alone with no one to watch over it.

At Edward Jones, we can explain options for your 401(k) and help you select the one that's best for you. If you'd like to roll it over to an Edward Jones Individual Retirement Account (IRA), we can help you do it without paying taxes or penalties. And you can feel confident that someone is looking out for you and your 401(k).

To find out why it makes sense to talk with Edward Jones about your 401(k) options, call or visit your local financial advisor today.

www.edwardjones.com Member SIPC

<p>Michael Ewing Financial Advisor</p> <p>307 E Ovilla Road Suite 200 Red Oak, TX 75154 972-576-8536</p>		<p>Jason B Mann Financial Advisor</p> <p>839 E Main Street Ovilla, TX 75154 972-515-8584</p>	
---	---	---	--

Edward Jones
MAKING SENSE OF INVESTING



In The Kitchen With Teresa Leutwyler

— *By Angel Morris*

Teresa enjoys cooking and remembers learning at a young age from both her parents. “They both cooked and were very good at it,” she recalled. “My sister and I took turns making dinner for our family a few times a week, till we were old enough to take it over; then we did most of the cooking.” Teresa cherishes special hand-me-down recipes for holidays. “My mom would make them when I was a girl at home, and her mother made the same ones for her when she was young.”

Teresa doesn’t cook as much these days, except when her sons, Shaun and Greg, are home from college. Since her husband and sons enjoy cooking, she said getting help is never a problem. “It’s the cleanup that none of us care for very much!” **NOW**

Baked Potato Soup

- 1/8 cup oil
- 1/2 cup yellow onions, diced
- 1/3 cup flour
- 3 cups chicken stock, heated (large box of broth works well)
- 2 cups potatoes, peeled and diced
- 1 cup evaporated milk
- 1/8 cup fresh parsley or 1 tsp. dried parsley
- 3/4 tsp. garlic powder
- 3/4 tsp. dried basil
- 3/4 tsp. red pepper sauce (I like Tabasco.)
- 3/4 tsp. coarse black pepper
- 1/2 cup cheddar cheese, grated
- 1/3 cup bacon bits
- Sour cream (optional)
- Chives (optional)

1. In a large stock pot, heat oil and cook onions over medium high heat, until tender.
2. Add flour, stirring to prevent lumps.

3. Cook until mixture is golden brown, then cook an additional 3 to 5 minutes. Gradually add chicken stock, whisking to prevent lumps, and cook until mixture thickens.
4. Once thickened, reduce heat to simmer and add potatoes, canned milk, parsley, garlic powder, basil, red pepper sauce and black pepper.
5. Simmer 5 to 10 minutes, but do not let it boil.
6. Ladle into bowls and top each serving with cheese, bacon bits and sour cream and chives, if desired.

The Boys’ Favorite Stuffed Pizza Creation

This was created by, and feeds, about six very hungry college boys. When I make it for the family, I cut almost everything in half.

- 1 lb. bacon (cooked crispy)
- 1/3 lb. pepperoni from the deli (thin sliced)
- 3 lbs. hamburger (I like 1/2 hamburger

- and 1/2 sausage.)
- 2 cans Pillsbury pizza crust
- 2 jars pizza sauce
- 4 cups mozzarella cheese, grated

1. In a skillet, cook meats till done.
2. Roll one can of pizza dough onto a pizza pan or a large cookie sheet.
3. Spread 3/4 to 1 jar of pizza sauce over dough and add meats, one layer at a time, leaving about 1 inch around edges.
4. Spread cheese evenly over meat.
5. Top with second can of pizza dough, folding bottom dough over top and pinching together.
6. Cook according to pizza dough directions until golden brown.
7. Use second jar of sauce for dipping.

Pork Roast With Ginger Peach Glaze

- 2 tsp. seasoned salt
- 1 tsp. ground thyme
- 2 lbs. boneless pork loin roast
- 1/2 cup peach preserves
- 2 tsp. Worcestershire sauce
- 3/4 tsp. ground ginger

1. In a small bowl, combine seasoned salt and thyme.
2. Rub on all sides of roast.
3. Bake 1 1/2 hours at 350 F or until done (160 F on a meat thermometer).
4. In a small bowl, combine preserves, Worcestershire sauce and ginger.
5. Coat roast with preserve mixture during the last 10 minutes of cooking.

Chocolate Chip Cheese Bars

- Cooking spray
- 2 tubes (18 oz.) or 2 cups refrigerated chocolate chip cookie dough
- 16 oz. cream cheese, softened to room temperature
- 1 cup sugar
- 2 eggs

1. Grease jelly roll pan with cooking spray and press one tube of cookie dough over pan.
2. Beat cream cheese, sugar and eggs until smooth.
3. Spread over crust.
4. Crumble remaining dough over top.
5. Bake at 350 F for 35 to 40 minutes, or until toothpick comes out clean.
6. Cool before cutting. Refrigerate leftovers.

CITY AUTO

972-225-2277

Low Mileage Vehicles

Late Models

Se Habla Español

www.dallascityauto.com

99%

Credit Approval

I-45 @ Dowdy Ferry Rd. - Hutchins, TX

FREE TUITION Kindergarten thru 5th Grade

Enroll your child in the school that will build a successful future: AIA Lancaster

REGISTER NOW, OPENING FALL 2011!!!

- Unique Interdisciplinary Instructional Program
- Early Literacy Instruction
- Accelerated Mathematics
- Hands-on Scientific Inquiry
- Developing Students of Outstanding Character and Academic Excellence
- TEA Certified, "Recognized" Houston Campus!
- ESL Instructors



Challenging Minds and Building Character

AIA provides a variety of instructional settings for students with disabilities.

Interviewing highly qualified teachers for all grade levels ... 4-year degree required.

Submit all resumes and inquires to (human.resources@aiahoutx.com)

901 E. BELTLINE RD, LANCASTER, TX 75146 • (972)227-2105 • WWW.AIACHARTERSCHOOLS.ORG

REAL PATIENTS. REAL STORIES.

“Advanced imaging
at Baylor caught
my cancer early.”



As a former oncology nurse with a family history of cancer, Amelia Lucio knew the dreaded disease well. Still, she was in disbelief when she received the results of her mammogram at Baylor Waxahachie. “Just the word ‘cancer’ by itself is so scary. It’s almost like hearing a death sentence,” says Amelia. While breast cancer is never an easy diagnosis, Amelia’s was caught early, before it had a chance to attack healthy tissue. After a lumpectomy and follow up treatment at Baylor, she’s a breast cancer survivor. She now encourages women to have a mammogram if something feels different in their breast. “It could be nothing, but then again it could be the ‘big C.’”

To schedule your mammogram or for more information about cancer care services, call [1.800.4BAYLOR](tel:18004BAYLOR) or visit us online at BaylorHealth.com/WaxCancer.

1405 West Jefferson Street, Waxahachie, TX 75165

Physicians are members of the medical staff of one of Baylor Health Care System's subsidiary community or all Medical Center and are neither employees nor agents of these medical centers, Baylor Medical Center at Waxahachie or Baylor Health Care System. ©2011 Baylor Health Care System. BMCW 12-7-11

 **BAYLOR**
Medical Center
at Waxahachie

FOLLOW US ON:
Username: BaylorHealth

