BurlesonNoW M A G A Z I N E JULY 2024

Someone Else's Treasure Trove

At Home With Jeff and Traci Miller In the Kitchen With Andrea Lopez

Also inside:

Scavenger Hunt

Crossword

Featured Business: Connect Hearing

OTS TRIPPE SOATBOY & U OLAN XT BALLAO OSHEN TIMITPE

....ECHWSS EDDW....



Dr. Alan M Taylor II

Jennifer M., Red Oak, TX

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Jennifer lost 62 lbs. in 7 months*

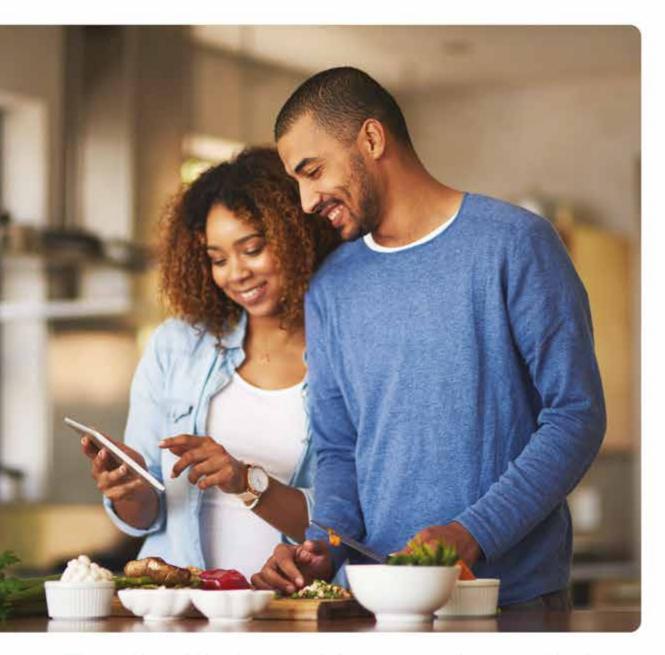
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ON THE COVER



The Millers step back in time with their home design.

Photo by Lori Baur.

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Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 477-0990 or visit www.nowmagazines.com.





EDITOR'S NOTE

Happy July!

We've made it midway through the summer, and if you're anything like me, this heat is keeping you inside. Which is a total bummer, because there's only so many things you can do inside before getting cabin fever. According to National Today, July is National Anti-Boredom Month, so what better way to beat the heat than to observe this?

Since middle school, one of my favorite summer activities has been going to the library. Along with attending their many events, you can sign up for the summer reading program to get points for every minute you spend reading and earn prizes! Maybe reading isn't your thing. Instead, check out a cookbook to try recreating a new recipe, such as Orange Chicken for Orange Chicken Day (7/15) or a fun cocktail for Legal Drinking Age Day (7/21).

July is also International Zine Month. "Zines" are self-published, handmade booklets, whose topics range from short stories and poems to social theory and historical events. All you need to make a zine is paper, colored pencils or markers and an idea. Some zine topics you could write about this month are the history of Disability Pride Month (which is celebrated in July, too!), your favorite figure in American history, a poem about fireworks or wacky fictional Slurpee flavors for National Seven-Eleven Day!

Host a movie night and watch a cheesy or blockbuster science fiction movie to celebrate World UFO Day (7/2). If you're a rom-com person, watch one of the many retellings of Jane Austen's Emma for National Emma Day (7/18). And who could forget partaking in Shark Week?

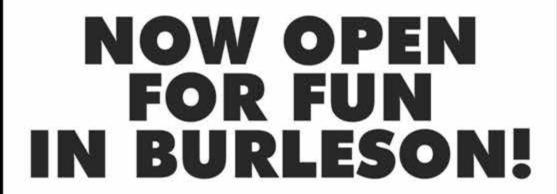
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Someone Else's

TREASURE TRO

By Emma McKay





Stepping into the Millers' home feels like being invited into the home of your favorite 1970s sitcom family. The incorporation of their vintage mid-century modern furniture, one-of-a-kind art pieces and the well cared for plant life that spills out of the house and into the yard allows house guests to become quickly acquainted with the interests Jeff and Traci Miller hold dear.

The couple fell in love with the mid-century modern design style when visiting the house of a college friend in 2000. "It was the first house like that we had ever seen, and we were like, 'Oh!" Traci said. "We were already into the furniture, but we didn't realize there were houses in the same style. It was super eye opening for us."

Once they moved to Burleson, the couple knew they wanted to draw inspiration from the mid-century modern style when renovating their home. With a background in architecture and experience remodeling their two previous homes, Jeff took on the role of general contractor for the project. "This house was built in '77." Traci stated. "This is

basically like a new house in the shell of an old house." After a year of working on it, the house was finally befitting of the mid-century furniture and decor the couple had been collecting for years.

Since the early days of their marriage, the two, along with Jeff's mom, have scoured thrift stores and estate sales for furniture pieces in that style. "His mom's a treasure hunter. She finds a lot of this stuff," Traci explained. One of their favorite pieces Jeff's mom found was the circular, light wood dining table and chair set. "It was made by an iconic mid-century modern designer. Highly sought after, and she found this at Mission Granbury! She was like, 'Y'all, look what I found.' And I was like, 'Take it!'

In addition to thrifted pieces, the Millers decorate their home with artwork made by their loved ones. A glass sculpture blown by their friend, Scott Peterson, rests on their prized dining table. In the hallway leading to the bedrooms and Traci's office hangs a cartoon line collage one of their friends drew of them for their wedding. "All of our friends are hidden in there, too," Traci added. The same friend gifted them the abstract oil painting, which hangs above the fireplace in the living room.

Jeff's dad contributed to their art collection by gifting them three vintage pinball machines he refurbished and repainted, which make their home in the garage-turnedmedia-room. On one of the machine's back glasses a ginger woman and a brunet man in '60s garb are



At Home With

Jeff and

Traci Miller

depicted dancing with their friends. "That's me and Jeff! Just kidding. It's not," Traci stated, continuing a long running joke of the couple's resemblance to the characters.

The yard is Jeff's domain. As a landscaper passionate about his craft, he literally brings his work home with him. Many of the trees growing around their yard were once unsellable saplings he nurtured back to health. "Probably 80 percent of it has come from work. I'll pull it out of the burn pile and bring it here to replant it," Jeff said.

Jeff's rescued and revived more than just trees. To the left of the front patio rests an iron saucer planter with various succulents growing inside of it.







"Those were some of the first plants Jeff brought home from work. He was given a pallet of the saddest looking succulents. I was like, 'Aw man, he's not going to get those to grow.' They got huge, so I guess he can grow stuff," Traci joked.

Sometimes, their rescued plants adopt them, like a stray cat following you home. At the center of their front yard lies an island of trees and colorful plant life thriving in their shade. Amidst the purple oxalis plants and perky Japanese maple leaves rests a massive boulder on which a cactus grows. "The rock's name is Pablo. When we got Pablo, the cactus was tiny. Now, it's huge!"

Over the years, Jeff has cultivated a landscape that perfectly complements the themes of their house. Spread throughout the front and back yards grow six different species of Japanese maples along with various other Asian flora. "There's a region of Asia that's exactly like here weatherwise," Jeff explained. "The colors and growth from of these plants work well. They've always gone along with mid-century homes. The war had just finished, and there was a newfound interest in Japanese culture."

"Those trees are my favorites. It's what I get to look out of my office window at," Traci said. "He tries to plant pretty things outside of my office, since I'm stuck inside on a computer all day."

Along with plants, Jeff enjoys incorporating non-living things into his landscape designs. In the flowerbed by the back patio Jeff laid a path of stacked stones. "You have something so rigid, but it feels like it's got flow to it like a river," Jeff said. The rocky river leads to a fractured metal tree sculpture, which most guests confuse for a real tree. "Scott made it. He'd show them at art galleries all over the world. We were over at his house, and he wanted to throw it



in the trash. I was like, 'Don't throw it in the trash! I want to take it home." Like many of his rehomed plants, Jeff added the sculpture to his garden.

With decor coming from a bygone era and an oasis of foliage spread throughout the lot, the Millers' home feels like an island separate from the world growing around it. When visiting Jeff and Traci, it is easy to see how they fell in love with the mid-century modern style all those years ago. NOW







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Around Town

Zoomed In: Collin Gregory

"My passion is helping the people of Burleson," said Collin Gregory, public engagement specialist for the Burleson Police Department. "I run all the social media, videography and photography for them."

Through this, Collin's focus is on sharing helpful information, humanizing the officers and entertaining the public. "Our citizens love our police, and our police love our citizens, but they're like kids at a high school dance on either side of the dance hall. They just need somebody to help them get into the middle, so they can unite."

In addition to running the BPD social media accounts, Collin works as a pastor at the church he and his wife founded. "I love this little town and the people here. I can't wait to do more for them."



Ryan Tessler and Cooper play at the dog park.



Adeline Renteria and Kennedy Ingle get their faces painted at the BTX Honey Tour Carnival.



The Sanderson family tries some local flavors.



Kirsten Gordon, Charlotte Flemming, Annette Flemming and Kitty Green raise money for the Burleson Animal Shelter.

By Emma McKay



Leman and Ellen Unlu sell homemade Turkish treats at the Farmers Market.



Sydney and Nate Gibson kick off summer at a local carnival.



Kasey Mathieu and Richelle Isham serve style at KC & Kasey's.



Courtney and Parker Tadsen enjoy a sweet treat in the shade.







BusinessNOW

Connect Hearing

- By Emma McKay

Connect Hearing

621 SW Johnson Ave., Ste A (817) 447-7930 Facebook: Connect Hearing (Burleson, TX)

From first visit to walk-in hearing aid cleaning, Connect Hearing works to care for all of Burleson's hearing needs. "We do full evaluations to determine what type of hearing loss each person has," Lacee Jones, hearing health provider at Connect Hearing Burleson, said. "Based upon their loss, we recommend the best products to help better their hearing." Once patients are tested and evaluated, Lacee

invites them to check out different styles of hearing aids and what kind of technology the aids offer, so they can find one that complements their lifestyle. "Once that's chosen, we fit, calibrate and customize those aids to their individual hearing needs, and we help them throughout their journey of continuing care with their aids."

One exciting new hearing aid Connect Hearing carries is the Phonak Audéo Lumity. "They have better speech recognition. The technology helps reduce ambient sounds to help focus in on conversations when the wearer is in a noisy environment," Lacee said. "They are the world's first waterproof aid, as well."

"So many people have been excited about the waterproof part of it, because how many times have you just hopped in the shower and realized, 'Oh, gosh, I forgot my hearing aids were in?" said Patient Care Coordinator Shannan Sutter. "Now they don't have to worry as much."

The ladies at Connect want patients to feel like their needs are heard because not all hearing needs are the same. To make patients feel comfortable with sharing their

concerns and struggles, Lacee and Shannan strive to make their office feel like a second home for visitors. "We want to create a safe space where you can say, 'I hate going to restaurants because it's so noisy, and I can't hear the person I'm with.' So, when you leave here, that problem is solved because now you have these hearing aids that can be adjusted to the situation," Shannan explained.

"You forget how noisy the world is until you can hear it again," Lacee stated. "As you adapt to hearing loss, you slowly forget things make a noise or sound a certain way. The only way you can help bring that back to someone is by understanding what it is they're missing and being able to understand their lifestyle and the things they enjoy. No matter what aspect of life you're in, we want to make sure we accommodate that and help bring that enjoyment back for you in the form of your hearing."

"Based upon their loss, we recommend the best products to help better their hearing."

Lacee and Shannan gladly service a wide variety of manufacturers, no matter the product's age or whether it was purchased from Connect. "Not everyone can service certain aids, so we want to have a relationship where it's OK if you didn't get them from us. You can still come see us. We want to make sure we can handle everything for you," Lacee explained.

Therefore, Lacee and Shannan work to do everything they can to make the process as simple as possible, so all you have to do is show up. This includes talking one-on-one with insurance providers. Even if you only have a question or two, the ladies at Connect are eager to help. "Come on down," Shannan grinned, "and start a conversation with us." Now

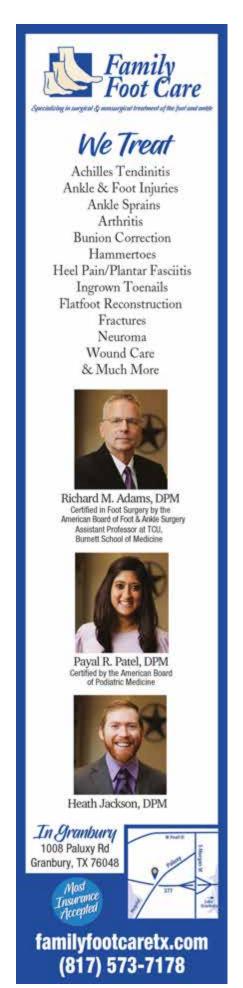
















Andrea Lopez began her cooking journey as a preteen. "Sometimes, my parents worked late, so I'd make something simple for me and my sister. I loved it because I could let my imagination run wild." These days, Andrea enjoys experimenting with recipes to share with her loved ones. "It feels good knowing I'm capable of making dishes I enjoy and seeing others enjoy them."

Andrea challenges herself by learning recipes with ingredients and techniques with which she's unfamiliar. "I joke that I have a curse. When I first try a new recipe, it comes out perfect, but when I make it a second time, everything goes wrong, and it's a disaster." The curse breaks the third time she attempts the recipe, allowing her to experiment with it. Now

Glazed Strawberry Bread

3/4 cup granulated sugar

1/2 cup 2% milk

1/2 cup canola oil

1 large egg

1 tsp. vanilla extract

2 cups, plus 2 Tbsp. all-purpose flour (divided use)

2 tsp. baking powder

1/2 tsp. salt

2 cups strawberries, diced

Glaze:

2 cups powdered sugar

2 Tbsp. butter, melted

1/3 cup strawberries, finely diced

1/2 tsp. vanilla

1-2 Tbsp. milk (optional)

1. Preheat the oven to 350 F.

2. In a medium bowl, stir together the

sugar, milk, oil, egg and vanilla. In a separate bowl, combine 2 cups of flour, baking powder and salt. Add the dry ingredients to the wet ingredients; stir until just combined.

3. In a small bowl, toss together the strawberries and the 2 Tbsp. of flour to coat the strawberries. Fold the floured strawberries gently into the batter.

4. Pour the bread batter into a greased 9x5-inch bread pan. Bake for 50-55 minutes, or until a toothpick inserted in the center of the bread comes out clean. Allow the bread to cool for 10 minutes, then remove the bread from its pan to cool completely on a wire rack.

5. For glaze: Combine the powdered sugar, butter, strawberries and vanilla in a small bowl. Mix until it is smooth. If the glaze is too thick, add 1 Tbsp. of milk at a time until spreadable.

6. Add the glaze to the cooled bread; slice and enjoy!

Flan

1 cup sugar

5 large eggs, room temperature

1 cup evaporated milk, room temperature 13.2 oz. sweetened condensed milk, room temperature 1/2 cup heavy cream 2 tsp. vanilla extract

1/4 tsp. kosher salt

- **I.** Arrange a rack in the middle of the oven. Preheat the oven to 350 F.
- **2.** Add the sugar to a pan over medium heat; stir continuously until the sugar melts and is a dark honey color. Since the sugar can easily burn, lower the heat once most of it is melted.
- **3.** Pour the melted sugar into any 8-inch baking dish; tilt to coat the bottom evenly. Set aside to cool and harden.
- **4.** Add the eggs, milks, heavy cream, vanilla and salt to a blender; blend on low speed until combined.
- **5.** Pour the custard mixture over the hardened melted sugar; skim off bubbles from the surface.
- **6.** Place the flan into a roasting pan; transfer to the oven. Once in the oven, fill the roasting pan with hot water, about halfway up the side of the flan pan, creating a water bath.
- **7.** Bake for 50-55 minutes, or until the edges of the flan are set but the center is still jiggly.
- **8.** Remove from the oven; leave the flan in the water bath for about 30 minutes. Then remove the flan from the water bath. Cover; place in the refrigerator for at least 4 hours or overnight.
- **9.** Once it's ready to serve, run a spatula or butter knife around the edge of the flan to loosen. Cover with a larger plate and flip. Remove the baking dish, serve and enjoy!









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One cannot think well, love well, sleep well, if one has not dined well.

- Virginia Woolf



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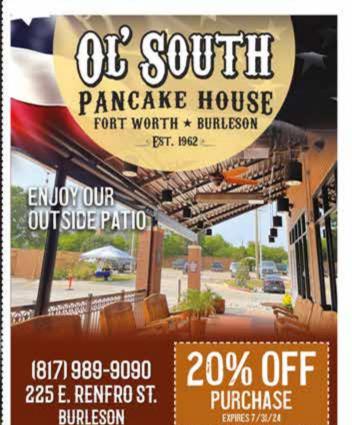
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7/4

20th Annual Burleson Independence Day Parade:

Presented by the Burleson Lions Club. Kick-off: 9:00 a.m., Old Town Burleson.

Red. White & BTX:

Bring your blankets and lawn chairs to enjoy the city's annual Fourth of July celebration, featuring food trucks, a free concert and fireworks show. Gates open: 5:00 p.m.; the headlining concert starts: 7:30 p.m.; fireworks start: 9:20 p.m., Chisenhall Fields, 500 Chisenhall Park Ln.

7/13

July Summer Watercolor & more!:

Join us as we play with paints, pastels, pens, pencils and more to create vibrant, whimsical summer-inspired art. Karen Kaiser will lead the workshop in creating a color wheel cactus. This workshop is perfect for beginners, hobbyists and artists of any skill level looking for a fun, creative afternoon with friends. Ages 12 and up. \$25 per person. Noon-2:30 p.m., Russell Farm Art Center, 405 W. County Road 714. Sign up at burlesontx.com/calendar.

7/18

2024 Women's Health and Wellness Luncheon:

Ladies of Burleson are invited to join the Power of Heels and Texas Health Neighborhood Care & Wellness for an exciting new event! We'll gather for a delicious hot lunch and enjoy a Q&A style panel with local experts in multiple areas of Women's Health. \$30 for Chamber members, \$40 for non-members. 11:00 a.m.-1:30 p.m., First Baptist Church, 317 W. Ellison St. To register or submit questions for the panelists, visit https://business. burlesonchamber.com/events.

7/22

The BRiCk Boat-nanza:

Come to the BRiCk for a fun cardboard boat race with prizes. There will be two age groups: the Lil' Captain Division for ages 6-13 and the Big Captain Division for ages 14 and up. \$5 pre-register; \$10 day of. 9:00 a.m.-noon, BRiCk indoor and outdoor pools, 550 NW Summercrest Blvd. For more information and to register, visit burlesontx.com/events.

Submissions are welcome and published as space allows. Send your current event details to emma.mckay@nowmagazines.com.



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901 A EAST HIGHWAY 377, GRANBURY, TX (1) /RANCHERSFEDBEE

TASTE THE DIFFERENCE

100% GUARANTEED

FREEZER WRAPPED FREE

rom Ranch to

FAMILY SAVERS GRASS FED

5 lb. Rib Steaks

4 lb. Thick Bacon

60 LBS.

ALL FOR ONLY

4 lb. Sirloins

- 8 lb. Ground Beef
- 3 lb. Rib Eyes
- 3 lb. T-Bones
- 6 lb. Chuck Pot Roast
- 6 lb. Short or BQ Ribs
- 6 lb. Whole Chicken
- 3 lb. Farm Sausage
- 4 lb. Country Pork Ribs \$379.95 3 lb. Chicken Breasts
- 5 lb. Tenderized Round Steak

FREE WITH PURCHASE OF FAMILY SAVER:

10 CENTER CUT PORK CHOPS

FOR THOSE WHO LIKE TO SAVE MONEY AND EAT GOOD

1/2 Beef only \$1400.00

Steaks, Roast, Ground Beef, Ribs, Brisket, Soup Cuts, All Your Cuts 30 lb. Pork & Chicken FREE Avg. Weight 275 lbs.

*Available in Prime Choice Also



AVAILABLE TEXAS PRIME **CHOICE CERTIFIED CORN-FED BEEF**

THE CATTLEMAN'S PACKAGE

Texas Grass-Fed Grain-Finished Beef



- · 8 8 oz. Tenderloin Steaks (Filet Mignon)
- 6 16 oz. Bone-in Ribeyes (Cowboy Cut) · 6 - 16 oz. T-Bone Steaks
- · 8 10 oz. Sirloin Steaks CUSTOM CUT!
- 4 24 oz. Full Cut Tenderized Round Steak (Chicken Fried)
- 6 20 oz. Chuck Eye Steaks (Delmonicos)
- 2 24 oz. Porterhouse Steaks (King Cut)
- 5 lbs. Seasoned Skirt Fajitas (3 packages)
- 12 Ground Chuck Patties (approx. 8 oz. each)
 6 1 lb. Packs, Ground Chuck (85/15)
- 1 -10 lb. Smoker Ready Brisket
- 1 7 lb. Pork Shoulder (for Pulled Pork)
- · 3 lbs. Beef Short Ribs (Great for Smoker)
- 3 lbs. Thick Texas Bacon
- 3 lbs. Farm Sausage
- 12 Thick Pork Chops
- · 2 Racks St. Louis Pork Ribs
- 3 Whole Chickens (Great for Smoker)

ALL ORDERS CUT FRESH

CUT OUT THE MIDDLEMAN and eat the best meats at a **HUGE SAVINGS!**

NEW MEXICO BISON & ELK

- Ribeyes
- Tenderloin
- Andouille Cheese, Jalapeño Sausage
- Bison Patties
- Ground Elk

- · Elk Back Strap
- Ground Bison
- Italian Sicilian German

- Elk Sausage
- Elk Tenderloins
- · Polish
 - Texas Hot Links
 - · Chorizo · Farm Breakfast

OUR FAMOUS

LINK SAUSAGE

Sausage

GULF OF MEXICO FRESH SEAFOOD

- Texas Gold Shrimp
- · Red Fish
- · Black Drum
- Grouper
- Scallops
- Halibut
 - Orange Roughy

 - Red Snapper Salmon
 - Catfish
 - · Tuna

WE MAKE THE BEST

JERKY!

EXTREME STEAK LOVERS

4 - Texas Filets 12 oz.

FREE 4 - Chopped Sirloin

- Dog Food · Beef Hearts · Beef Liver
 - · Beef Fat

Dog Treats

Dog Bones

- Cheek Meat
- · Pork Belly
- Ox Tails
- and much more!

4 - Thick Ribeyes 12 oz. 4 - Texas Filets 12 4 - Cowboy Ribeyes 16 oz. 4 - Sirloins 12 oz. 4 - Delmonicos 12 oz. 4 - Tri-tip Steaks 10 oz. 4 - Rib Steaks 16 oz.

SAMPLER ASSORTMENT 4 - Rib Eyes

- 4 Pork Chops 4 - T-Bones (10 oz.)
- 4 NY Strips
- 4 Filet Mignons (8 oz.) 4 Top Sirloins 2 - Beef Roasts
- 3 lb. Spare Ribs
- 4 Chicken Fried Steaks
- 2 lb. Pork Sausage \$219.95 2 lb. Bacon

12 - Ground Beef Patties 2 lb. pkgs. of Ground Beef

OF SAMPLER: **5 LB. CHICKEN BREASTS** (BONELESS & SKINLESS)

FREE WITH PURCHASE

SPLIT **1/2 BEEF** 750.00

FREEZER WRAPPED / CUT FREE All The

Beef Cuts 15 lb. Pork & Poultry FREE

RIB EYES

10 One Pounders \$119.95

16 oz. cut, Grass Fed and Grain Finished

4 - Tri-tip Steen 16 oz. \$329.95 TEXAS

FILETS 20 8 oz. Steaks

> ONLY §159.95

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