

# BurlesonNOW

M A G A Z I N E

JULY 2023

## Crafting Memories

At Home With  
Karen Schaefer

In the Kitchen With  
Lucille Wellborn

Also inside:

Scavenger Hunt

Featured Business:  
ChampionX Artificial Lift

Postal Customer

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## Hailey R., Burleson, TX

I am really grateful that my mom suggested I do this program with her. I was able to learn and understand how I should treat my body and what I need to do to achieve my goals. I lost 27.2 pounds and 5 inches off my waist in just 16 weeks! I didn't really have a reason to lose the weight besides just wanting to, but I am thankful I did because I feel and look great! Hopefully I will be able to continue this program even when I go back to school! Heather has been amazing help, and I am grateful to have had her support through this.

  
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### Dr. Bill Luu

Born and raised in Midland, Texas, Dr. Bill Luu earned his Bachelor of Science in Biomedical Engineering from The University of Texas at Austin and then enrolled in the Texas A&M University Baylor College of Dentistry. After dental school, he received further education and training in orthodontics at the University of Connecticut Health Center, where he earned his certificate in orthodontics and Master of Science in Dentistry. Dr. Luu believes in providing quality, compassionate, patient-centered care by treating his patients as he would his own family and working with them to create beautiful smiles tailored to their individual needs. Dr. Luu looks forward to taking care of your orthodontic needs.



### Dr. Kelsey Greene

Dr. Kelsey Greene, DDS completed her undergraduate degree in biochemistry with a minor in biology at Roanoke College. She graduated from VCU School of Dentistry in 2018 and went on to do additional training in general dentistry at the Washington DC Veterans Affairs Hospital. Dr. Greene enjoys practicing all areas of restorative and cosmetic dentistry. She is focused on keeping up with the latest dental technology and practices, and she continues to exceed the hours of continuing education each year. During her free time, Dr. Greene enjoys volunteering at dental service projects, cooking and spending time with family. She looks forward to meeting you!

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ON THE COVER



Karen Schaefer cherishes the building blocks of her family memories.

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Emma

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## EDITOR'S NOTE

*How do you do, July?*

As the second month of summer dawns, festivities commence in an explosive way. In just a few days, many Americans will celebrate a holiday associated with the dumping of tea and the freedom from an unjust monarchy. Of course, you know which holiday I am referring to: July Fourth, Alice in Wonderland Day. This year marks the 161st anniversary of the date Lewis Carroll took part in humanity's oldest tradition, verbal storytelling, by crafting a tale for Henry Liddell's three daughters about a young girl traversing through a strange, new world. The story would be published three years later in 1865 with the title *Alice's Adventures in Wonderland*.

On July 4, 1862, Charles Lutwidge Dodgson, who wrote under the pen name Lewis Carroll, sailed from Oxford to Godstow in the company of Liddell's daughters, Alice, Lorina and Edith. The girls were so enthralled by the story, they begged him to tell it again and again. Ten-year-old Alice, the eldest of the Liddell sisters and the main character's namesake, requested he write it down.

Since its conception, the world of Wonderland has captivated the imaginations of many. The book has been translated into nearly 200 languages and has been retold in countless adaptations. Carroll's cultural impact is vast. People can't help but think of Alice when comparing smiles to Cheshire cats or wondering why a raven is like a writing desk.

This Fourth of July, celebrate Alice in Wonderland Day by writing a fantastical story with tardy rabbits and unhinged milliners for your friends' kids. Who knows, it could become a children's literary classic.

*Have a Very, Merry Unbirthday!*



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# Crafting Memo



## At Home With Karen

*Karen Schaefer decorates her home with family memories like she would the pages of a scrapbook. Heirlooms and art projects and mementos fill her single-story brick house, reminding her family where they've come from and telling their guests where they've been.*

Karen moved from West Fort Worth to her house in Burleson in 1997. "We moved to Burleson because of a church — The Church of Burleson. We knew the music minister there." God, church and family are important to Karen, and the way those are reflected in the community of Burleson is the reason she has stayed so long. "Everybody in church made you feel a part of them," she recalled. The

same sense of belonging followed her when she enrolled her kids in BISD. "The kids' parents all jelled. It became like another family for us. Burleson is truly a fun place to live. There are just really great people who have kept me here."

It was spending time with these parents that got her invested in one of her favorite hobbies. "I love to scrapbook," Karen exclaimed. "I started scrapbooking when my son was a senior, and one of the dads was going to pay \$400 for a scrapbook to be made for his son's senior year. I thought, *There's no way I'm going to pay \$400. I'll make it!* So I went to the Embellish It scrapbooking store, and I learned with friends. I've spent well over \$400 on this hobby!" After her son's senior scrapbook was finished, she then started a scrapbook of her daughter's first child, her first grandchild. Her home office is filled to the brim with craft supplies, along with various LEGO sets her father built while he lived with her. Karen's favorite sets include the grand piano, which made its home on her upright piano, and the Sydney Opera House that sits on a filing cabinet in the office.

In 2017, Karen moved her parents, Kenneth and Joyce Ross, from their home of 40 years in Denver, Colorado, to her house in Burleson. "As they aged, [their home] became not the safest place for them to live in anymore," Karen explained. Deciding what to do when one's parents can no longer live independently is hard. Karen is glad she had the ability to let them move into her home. Before getting



# ories

— By Emma McKay

## Schaefer

hired as the advertising representative for *BurlesonNOW*, Karen worked in medical sales and several senior living facilities, so she understands how expensive it can get for seniors.

“When both of my kids moved out of the house, I had three empty rooms. So, after speaking to all the siblings, we agreed it would be a good place for them.” Kenneth and Joyce moved into the old room of one of their grandkids and converted another into a TV room. “They could have their own space. I could have a little bit of my own space, and then we could do a lot of things together.”

The back patio is a monument to a hobby they all shared at one point: bird-watching. While it was Joyce who initially began their venture into ornithology, Kenneth kept it going. From the branches of trees and on hooks planted into the ground, he set up multiple feeders, each catering to the different birds that nested near their home. A birdbath stands in the

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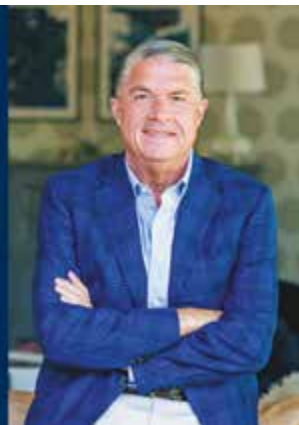
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middle of the concrete patio, which was poured to allow Kenneth easier access to the backyard. Past the trees at the edge of the property are two birdhouses, one of which a new family of chickadees moved into recently. To commemorate the parent and daughter's love of birds, Karen's sister, Cheryl Wells, commissioned a sign for their patio which reads *SchRoss Aviary*. The peculiar name comes from the combination of Karen Schaefer's and Kenneth and Joyce Ross' last names.

Since the SchRoss Aviary is visible from the dining room table, it is the prime place to work. While he was still alive, Kenneth would spend hours at the table, meticulously assembling his many LEGO sets, which can still be found on display around the house. Like many methodical builders, he would open the bags sequentially as he went through the instructions, only allowing one to be open at a time. He wouldn't stop building for the day unless he had finished using all the LEGOs in the open bag. Occasionally, he'd look out the window to watch his beloved birds. Karen recalled walking



in on him still building at midnight and having to urge him to go to bed. "No, I just have a little bit more that I have to put together," he would protest like a teenager. Depending on the size of the set, it would take him anywhere from a few days to a week to finish a build. These days, Karen honors her father by sitting in his spot, working and occasionally glancing out the window to watch over his beloved birds.

Along with artwork from her kids and grandkids, Karen decorates her home with heirlooms from her own grandmother. Upon entering the living room, directly to the right stands

Karen's favorite possession from her grandmother — a Richmond piano from the 1930s. "It's not something you would put in a church and play," Karen explained. "It's got a twang because of the rusted strings, and if you tried to tune them, they'd break." Despite its wear, the instrument holds sentimental value for Karen. "When we would stay at my grandmother's house, we would stay in the basement where that piano was, so I would just bang on it and play with it." When her grandmother passed, Karen had the piano moved from her grandmother's home in Nebraska to Burleson. Nowadays, when Karen's own grandbabies come to visit, they play around on the keys, picking out the only song they know: "Heart and Soul." Karen smiled, "The kids love coming and playing on it. It's been an entertainment center."

As evidenced by her home, family is everything to Karen. Therefore, she is grateful that she could share Burleson with her parents. "[Their move] worked out for the best," she said. It allowed them to be much closer to the rest of the family and build lasting memories. **NOW**

An advertisement for Energize With Sunrise. The top half shows a close-up of solar panels on a roof with a green callout that says "30% Tax Rebate Is Back!". Below this is a white box with the text "Have Power and Water When the World Doesn't!". The bottom half shows a close-up of a solar inverter and a QR code. At the very bottom, the text "OFF GRID LIVING • BATTERY BACKUP SOLAR POWER • GENERATORS" is displayed in white on a red background, followed by the company logo "ENERGIZE WITH SUNRISE" and the phone number "817-657-0465" and website "EnergizeWithSunrise.com".

An advertisement for Rendon Church of Christ. The top half features a photograph of the church building, a single-story brick structure with a white steeple and a ramp leading to the entrance. Below the photo, the church's name "Rendon Church of Christ" is written in large blue letters, followed by the address "12220 Rendon Rd." in black. A blue banner with white text reads "WORSHIP TIMES: SUNDAY". Below this, the text "We offer FREE Bible correspondence courses." is displayed. To the right, the worship schedule is listed: "Bible Study: 9:30 AM", "Worship: 10:30 AM", and "Worship: 4:00 PM". The bottom section states, "Each second Sunday we have a potluck meal following the morning service. Then we meet at 1:15 for the evening service. The Bible is our only standard for learning God's will for men. Please contact us with any questions." and provides the phone number "817-483-1240" and email address "rendonchurchofchrist@gmail.com".



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## Zoomed In: Dalton Cort

By Emma McKay

College student Dalton Cort recently returned home to Burleson for the summer. Over the past three years, he has been spending his breaks working at BRiCK and creating connections with those who visit the recreation center. “I used to go here for the summer camps as a little kid,” he smiled, explaining how he came to work there. “[The summer camps are] one thing I always really loved.”

Dalton will begin his final semester at East Texas Baptist University in the fall. After receiving a degree in health science in December, he anticipates achieving one of his life’s goals: “I want to do physical therapy because I want to help people.”



Charles Allison and Adilynn Greer have fun during BISD’s fourth grade Field Day at BHS football field.



Kayla Pruitt from Keep Your Fork helps prepare Matthew Chandler for the workforce at the Hughes Middle School Mock Interview event.



Mike, Charlotte and Nathan Torres listen to the performers at the BTX Honey Tour Carnival.



David and Maki Clerk celebrate as their son, Daniel, gets inducted into the Kerr Middle School NIHS.





Gracelynn, Jessica and Bo Fontana celebrate the grand opening of their boutique, Live N Grace.



John Metz and Major take a relaxing stroll around Bailey Lake.



Cyclists compete at The Burleson Area Chamber of Commerce Honey Tour Bike Ride.

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BusinessNOW

# ChampionX Artificial Lift

— By Emma McKay

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ChampionX Artificial Lift's Harbison-Fischer, Inc., business unit moved into its manufacturing facility in Crowley at the end of 1982 and has been a top employer in the area ever since. Currently, the Crowley ChampionX facility, which includes manufacturing for both Harbison-Fischer and PCS Ferguson, has 277 employees. However, it doesn't feel so big one can get lost in the crowd. "We have a lot of employees who have family members who work here as well. It is very much like a family here, as big as we are. But people are



extremely close. Employees always tell me, 'Wow, I've made so many great friends here.' It's such a wonderful place to work because of the people," Neil Thomas, director of manufacturing operations, explained.

Due to his admiration of the company's genuine investment in its employees, Neil has worked with the company for 18 years. He originally worked as a floor worker at a ChampionX facility in Utah. After having done some improvement activities in Texas with Harbison-Fischer, Inc., Neil "got really interested in Texas and the people down here." In 2013, the Crowley location was searching for an operations manager. Neil accepted the promotion and moved his family to Texas.

ChampionX leadership shows concern for their employees through continuous improvement efforts. "We rely heavily on our employees," Neil said. "We look to them for ideas on how to improve their daily work. We're very open in that regard. We almost require the employees to answer, 'What are your ideas to make your process better? How can you work smarter? What can we do?' We go



through a lot in terms of investing in our employees.” Not only does the company want employees to be as productive as they can be, but they want them to feel heard. “Because at the end of the day, they’re the ones that deal with all the problems. They know what the issues are.”

**“WE RELY HEAVILY ON OUR EMPLOYEES. WE LOOK TO THEM FOR IDEAS ON HOW TO IMPROVE THEIR DAILY WORK. WE’RE VERY OPEN IN THAT REGARD.”**

Once a month, the Crowley facility hosts a luncheon for its employee recognition program, Kaizen Orange. The name derives from the Japanese term for “change for the better” and Harbison-Fischer’s signature color. At the luncheon, employees can share what projects their teams have completed and their ideas for continuous improvement. Leadership then votes on which team best exemplifies the ideals of Kaizen Orange, and the winning team receives a basket of oranges. The cheeky prize might not seem like much, but it’s highly coveted by employees. “We had to suspend Kaizen Orange when COVID started,” Neil said. “People were so glad we brought it back.”

ChampionX is always looking for motivated workers to join their team. “Come with whatever background you have. What we focus on is their potential for growth,” Neil said. Leadership knows their employees are smart and capable. They give them space, opportunities and tools to foster personal professional development. If an employee discovers a safer, more efficient way of running things, they are open to the change. “We don’t want people to just blindly follow processes simply because that’s how things have been done. Most of all, [we want] somebody who is logical, who can do what they need to do in terms of safety or quality or production, but who are not afraid to challenge the status quo as well.” **NOW**



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## BurlesonNOW Scavenger Hunt



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Beach Balls were found on pages 2, 16, 17, 19 & 26

June winner is:  
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# CookingNOW

## *In the Kitchen With*

### LUCILLE WELLBORN

— By Emma McKay

The oldest of 12 siblings, Lucille Wellborn grew up in the country, where her family raised livestock and tended a farm. She began cooking with her mother at age 8. “I loved to help her in the kitchen, as she was so busy raising all of us,” Lucille said. She continues to find joy in cooking for her family through making healthy dishes for and with her great-grandson.

In recent years, Lucille’s health has led her to experiment with low-sodium, low-fat and lactose-free recipes. Due to this and an abundance of asparagus in her garden bed, she discovered her Cream of Asparagus Soup recipe. In addition to cooking, Lucille enjoys sewing, gardening and swapping recipes with her family. **NOW**

5. Bake for 1 hour, or until a toothpick comes out of the middle clean.

### **Cream of Asparagus Soup**

**2 lbs. asparagus**  
**2 Tbsp. olive oil (divided use)**  
**Salt, to taste (divided use)**  
**Pepper, to taste (divided use)**  
**1 onion, chopped**  
**2 cloves garlic, minced**  
**2 medium Yukon Gold potatoes**  
**4 cups vegetable or low-sodium chicken broth**  
**2 cups half-and-half**  
**1 lemon, juiced**  
**Parmesan, freshly grated, to taste**  
**Grilled bread, for serving (optional)**  
**Chives, for serving (optional)**

**1.** Preheat the oven to 400 F.  
**2.** Place the asparagus in a 1-gallon Ziploc bag; and add 1 Tbsp. olive oil and season with salt and pepper. Toss to coat. Roast for 10 to 15 minutes until the asparagus slightly softens.

### **Tropical Banana Bread**

**1 cup butter**  
**2 cups sugar**  
**4 eggs**  
**2 tsp. vanilla**  
**6 ripe bananas, mashed**  
**1 8-oz. can crushed pineapple, drained**  
**4 cups flour**  
**2 tsp. baking soda**  
**1 tsp. salt**

**1 cup pecans or walnuts, chopped**

**1.** Preheat the oven to 325 F.  
**2.** Cream together the butter, sugar, eggs, and vanilla. Add the mashed bananas and pineapple.  
**3.** In a separate bowl, sift the flour, baking soda and salt. Add to the butter mixture; mix well. Stir in the nuts.  
**4.** Pour into 2 greased and floured loaf pans, or 7 small aluminum pans.



3. Heat the remaining olive oil in a large stockpot over medium heat. Add the onions and garlic; cook for about 20 minutes, until the onions are translucent.
4. Add the potatoes with additional salt and pepper. Cook with the onions and garlic for a few minutes.
5. Pour the broth and half-and-half in; bring to a boil. Reduce heat to a simmer for about 20 minutes, until the potatoes are tender.
6. Add the roasted asparagus. Use an immersion blender to blend the soup until it is smooth and creamy. You can do it in a blender in small batches.
7. Stir in the lemon juice; top with grated Parmesan to taste. Serve with grilled bread and chives, if desired.

### Pork Chop Dinner in a Pot

- 4 center cut pork chops, seasoned to taste
- 1/2 cup flour
- 1/4 cup oil
- 1 medium onion, chopped
- 5-6 medium carrots, cut into 1-inch pieces
- 12-15 small new potatoes, halved
- 1 10.75-oz. can cream of mushroom soup
- 1/2 can water
- 1 Tbsp. Worcestershire sauce

1. Season the pork chops; dredge in flour.
2. Heat the oil in a large pot with a lid. Brown the chops for 3 to 4 minutes on each side. Remove chops; set aside.
3. In the heated oil, sauté the onions. When the onions are tender, add the carrots and potatoes.
4. In a bowl, mix the soup, water, and Worcestershire sauce.
5. Stir the soup mixture into the veggies; lay the chops on top.
6. Lower the heat to a simmer; cover. Cook until the veggies are tender.

To search for more great recipes from any of the 9 NOW Magazines publications, visit [www.nowmagazines.com](http://www.nowmagazines.com).



“Therefore there is now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For what the Law could not do, weak as it was through the flesh, God did: sending His own Son in the likeness of sinful flesh and as an offering for sin, He condemned sin in the flesh, so that the requirement of the Law might be fulfilled in us, who do not walk according to the flesh but according to the Spirit.”  
Romans 8:1-4 NASB1995

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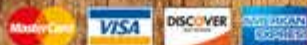
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Some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

## JULY

7/4

### 19th Annual Burleson Independence Day Parade:

The Burleson Lion's Club presents their annual Independence Day Parade. Kickoff: 9:00 a.m., Burleson Collegiate High School, 517 SW Johnson Ave.

### Red, White & BTX:

Bring blankets and lawn chairs to enjoy the city's annual Fourth of July celebration. Gates open: 5:00 p.m.; headlining concert: 7:30 p.m.; fireworks: 9:20 p.m., Chisenhall Fields, 500 Chisenhall Park Ln.

7/7

### Old Town Art Walk:

Stroll through Old Town, and enjoy a variety of art from local and professional artists! Be sure to stop by the Farmers Market for a very special date night while you're here. 6:00 p.m., Old Town Burleson.

7/11

### Network@Night:

A night of networking, cocktails, appetizers and door prizes. Meet new clients, promote your business and expand your network. 4:30-6:00 p.m., First Financial Bank, 1900 SW Wilshire Blvd.

7/14

### Teen Water Balloon War:

Battle the summer heat! Ages 10 and up can bring their water guns. We will provide the balloons. 4:30-5:30 p.m., Burleson Public Library, 248 SW Johnson Ave.

7/21

### Craf-Tea Afternoon:

Join us for tea, and learn how to make your own fairy garden! All ages 14 through adult are welcome! Supplies are limited. 1:30-3:00 p.m., Burleson Public Library, 248 SW Johnson Ave.

7/22

### The BRiCK Boat-nanza:

A fun cardboard boat race with prizes. \$5 pre-register; \$10 day of. 9:00 a.m.-noon, BRiCK indoor and outdoor pools, 550 NW Summercrest Blvd. Register your team at [burlesontx.com/events](http://burlesontx.com/events).

Submissions are welcome and published as space allows. Send your current event details to [emma.mckay@nowmagazines.com](mailto:emma.mckay@nowmagazines.com).



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[www.roomredux.org](http://www.roomredux.org),  
[www.facebook.com/RoomReduxDFW](https://www.facebook.com/RoomReduxDFW),  
(817) 226-6764.

## HUMANE SOCIETY OF NORTH TEXAS

Known for helping cats and dogs, the HSNT also places horses and other livestock, some available locally in nearby Joshua. Visit often to find your animal to love.

[www.hsnt.org/equine-and-livestock](http://www.hsnt.org/equine-and-livestock),  
(817) 891-6203.

## PROMISES COMMUNITY MINISTRIES

A ministry started by First Baptist Church, Burleson, the Promises organization provides food to families in need who live in Johnson County. They also assist with finding and applying for programs.

[www.firstburleson.org/promises](http://www.firstburleson.org/promises),  
(817) 295-9384.

## RUSSELL FARM ART CENTER

This local farm offers a glimpse into history, but they also provide many opportunities for children and adults to spend time together. Throughout the year, they plan community events for free or low-cost, many of which occur outdoors.

[www.burlesontx.com/1215/Russell-Farm](http://www.burlesontx.com/1215/Russell-Farm),  
(817) 447-3316.

## BURLESON TOASTMASTERS CLUB

Burleson Toastmasters is a local club that promotes the public speaking and leadership skills of its members in an encouraging, supportive environment. They are affiliated with Toastmasters International. [www.toastmasters.org](http://www.toastmasters.org),  
[www.facebook.com/BurlesonToastmasters](https://www.facebook.com/BurlesonToastmasters),  
(682) 301-0084.

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Fort Worth, TX 76133

### Keller

(817) 522-3234  
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