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In the Kitchen With Tiffani Smith Also inside: Scavenger Hunt Crossword/Sudoku Kids Craft: Fourth of July Windsock

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July 2022 Volume 17, Issue 7

ON THE COVER



Jerry Williams recounts his incredible story with us.

Photo by Lori Baur.

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andra

Sandra Walters MansfieldNOW Editor sandra.walters@nowmagazines.com (682) 554-1743

EDITOR'S NOTE

Mansfield Family ...

As we enter one of the hottest months, I'm reminded of the summer fun July symbolizes. Every Fourth of July when I was a kid, I remember getting a brand-new short set to wear to the festivities. I wasn't sure what this holiday was all about except freedom, but I thought we had already celebrated freedom the month prior. So, what was the distinction between Juneteenth and July 4th?

We seemed to do a lot of the same things, such as grilling, going to the park, staying up late and playing with family and friends. The adults, on the other hand, did grown-up things. The fireworks were what set this celebration apart. There was no other occasion when it was OK to play with fire, and I enjoyed witnessing the pyrotechnic explosions generating a spectacular display of lights and loud sounds signaling the celebration.

Eventually, I learned the significance of Independence Day. This is the day we celebrate our independence from the rule of Great Britain. As I grew older, I realized that not everyone celebrates Independence Day in the same way, since our stories differ. However, we are all Americans and benefit from the sacrifices of heroic men and women. Our nation isn't perfect, but I am proud to be an American, regardless of the history.

Many Americans take their privileges for granted while people risk their lives coming to America, looking for a better life. I challenge you to think about the positives you are offered because you are Americans.

Let's celebrate the beauty of America!



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"I AM PROUD OF MY LIFE AND THE CONTRIBUTION I'VE MADE TO MY COUNTRY. I WOULD DO IT ALL OVER AGAIN."



RING OUR

– By Sandra Walters

As we commemorate the United States of America's Declaration of Independence on July 4th, it seems appropriate to celebrate individuals who have served in the military and live in our community. We could not experience freedom without them and those who served before them. Today, we pay tribute to one of our U.S. Army veterans by sharing his story.

It all began with a casual talk with a friend. Jerry Williams recalls a friend telling him about the possibility of becoming a pilot, and he was intrigued. At the age of 20, the prospect of acquiring abilities as a professional pilot was incredibly appealing. This opportunity, however, included enlisting in the military.

"I completed a written and physical assessment soon after. The tests weren't difficult because I excelled in both academics and athletics. I enjoyed studying and competing. As a result, I qualified to train as a pilot based on my intellect and coordination skills, so I planned to travel to Dallas for an interview," Jerry explained.

He traveled to a U.S. Army recruiting office in Dallas. Initially, Jerry thought he was simply interviewing, but found himself enlisting into the United States Army that day by saying, "I, Jerry Williams, do solemnly swear that I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; and that I will obey the orders of the President of the United States appointed over me, according to regulations and the Uniform Code of Military Justice. So help me God."

When given the opportunity to call his parents, he informed them that he was leaving immediately. "I remember my mom crying inconsolably over the phone. I'm sure she thought *My baby is going to war.* Without any bags, my next stop was the Greyhound station to head to basic training at Fort Polk in Louisiana. It all happened so fast," Jerry acknowledged.

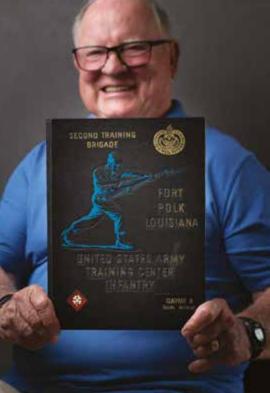
The intensity began promptly. He and his fellow recruits encountered drill sergeants who yelled and got in their faces. The recruits caught on quickly. His group was competitive. They wanted to be the best platoon. If one fell behind, they went back to help the brother who was struggling, since that is what servicemen do. They looked after each other. These relationships became similar to family.

"After boot camp as an E-5, I proceeded to Mineral Wells for five months of Primary I Helicopter Pilot Training. Then, I went to Fort Rucker in Alabama for advanced training. We were given a choice of where we wanted to serve after the final training, but there was only one option. *Vietnam, Vietnam, Vietnam, read the multiple-choice handout, so I guessed I'd be heading to Vietnam," Jerry concluded.*

When Jerry started the tour to Vietnam, he sat next to the aircraft commander while being trained until he gained the needed skills. Next, he earned the aircraft commander position. Pilots were responsible for dropping







soldiers off, picking them up, providing support if they engaged the enemy and taking supplies to them while in the field.

The enemy set booby traps for soldiers. Many got hurt and even died in this unpopular war, but there is one story that stays with Jerry. "I remember the time we received an emergency call at night to pick up an Army Ranger team that was in trouble. My crew and I got in the helicopter and journeyed to rescue the group of five. We located the team, but after two attempts due to enemy fire, we hovered in the treetops and lowered our rope ladder. We saw tracer rounds coming from several directions. Four of the Rangers used the rope ladder to get into the helicopter, but the fifth man barely made it onto the ladder, because we were taking enemy fire. We pulled the helicopter up to clear the trees and flew to the nearest friendly village nearby. Then, we gently descended from a very high hover to allow the fifth Ranger to get off on the ground. Next, we landed so the rest of the team could exit the aircraft. I checked to see if anyone was wounded and inspected the aircraft for damage. All were safe and sound, and every one of these guys came up to us with big hugs and thanks. We did not find severe damage to the aircraft and returned to home base. Yes, I was

scared, but the Army's motto then was: 'Accomplish the mission,' and we did!"

Being in combat was difficult, but simply focusing on one day at a time helped them remain on their mission and complete their duty. Often, they were alerted to go and engage the enemy. He recalls a Vietnamese band playing American music on the base while trying to sing in English to support the soldiers. They cherished the small things as they fulfilled their oaths. Care packages from home were bright spots. The servicemen shared because everybody was excited about goodies from America.

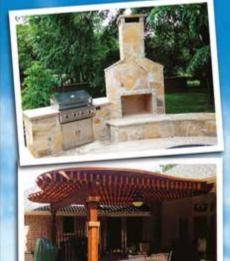
Jerry Williams served in Vietnam from May 1969 until May 1970 as a helicopter pilot and returned as a Primary I Helicopter School Instructor



Pilot at Fort Wolters in Mineral Wells. He enjoys the notoriety of being a pilot, and his love for flying is still there. "I feel blessed to have made it back unscathed," Jerry said. "I've experienced some traumatic things in combat, but I made it back home. The benefits I gained from being in the military are endless. I learned to pay attention to details, live in the moment and remain positive. I am proud of my life and the contribution I've made to my country. I would do it all over again.

"As you enjoy your freedoms daily, think about the people who put their lives on the line for you to do so," he added. "You live in a blessed country where many paid for your freedom."

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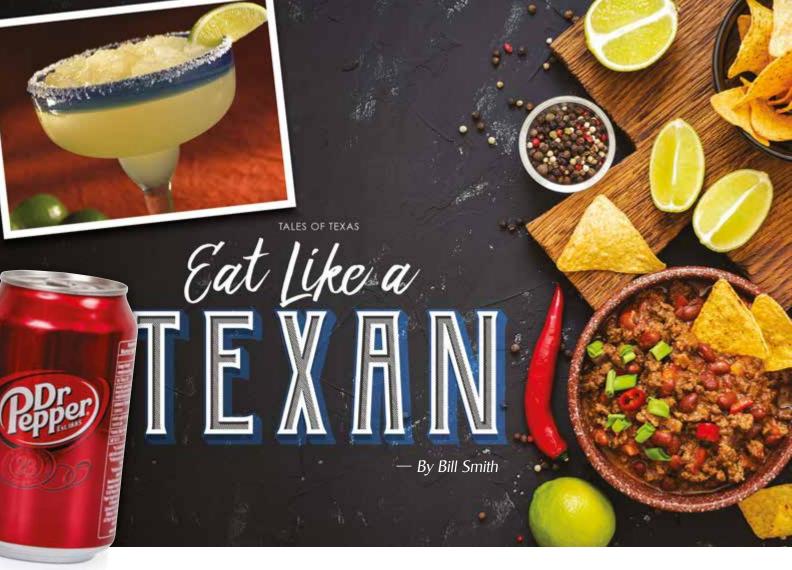


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Every year since 2005 the State Fair of Texas has had a contest known as the Big Tex Choice Awards. The concessionaires try new recipes to win the contest, and some of the recent entries have included fried beer, fried peaches and cream, deep fried seafood gumbo balls and lucky duck dumplin'. However, there are some great creations that are available in Texas that have been around for years.

Who doesn't enjoy a bowl of chili on a cold day in Texas? Chili con carne is the official dish of the state of Texas. Chili stands started showing up in San Antonio during the 1880s, and there are chili contests every year in various parts of the state at which the participants share years of experience and "secret" ingredients, trying to win the blue ribbon. Surely the most famous cook-off is The Original Terlingua International Championship Chili Cookoff, made famous by Frank X. Tolbert. There is still a Tolbert's Chili Parlor in Grapevine that is owned by Frank's daughter. To cool the taste buds as the chili is consumed, it would be hard to find a better offering than a cold, frozen margarita. The margarita may have been around for a long time, but turning it into a slushy drink started in 1971. Mariano Martinez is well known as the inventor of the frozen concoction. The first frozen margarita was delivered from a repurposed soft-serve ice cream machine and was made with tequila and pale green sherbet. The recipe has since been refined to the frozen drink served in a salt-lined glass with a slice of lime that is commonly drawn from margarita machines in restaurants across the country. Martinez's original machine now rests in the Smithsonian National Museum of American History.

Another drink that originated in Texas is Dr Pepper. Visit the Dr Pepper Museum in Waco to get the whole story, but the short version is Dr Pepper is the oldest major manufactured soft drink in the United States, manufactured and sold beginning in 1885 in Morrison's Old Corner Drug Store. A pharmacist named Charles Alderton mixed medicines, but in his spare time, he liked to experiment with flavors at the soda fountain. Eventually, he came up with the combination of fruit syrups that he liked, and Dr Pepper was born. Though there are a number of theories, the origin of the name of the beverage is still a mystery.

Baby boomers in Texas will recall the first time they ever

ate a Frito Pie. It may have been from the local Dairy Queen, or maybe from the concession stand at a high school football game. Chances are it was served in an original Frito bag, split open to allow a scoop of chili to be added. Perhaps you garnished yours with cheese, sour cream or chopped onions. While some folks from New Mexico may try to claim fame by saying the dish originated there, the preponderance of evidence seems to be in favor of Texas origins. Texans argue that San Antonio resident Daisy Doolin, the mother of Charles Elmer Doolin (who invented Fritos), dreamed up the dish, including the tradition of adding cheese and onions. It has been around since the 1930s.

Truth is stranger than fiction, but even sweet tea has Texas roots. The first sweet tea recipe came from the book, Housekeeping in Old Virgina, published in 1879 with a Texas contributor. The recipe reads: After scalding the teapot, put into it one quart of boiling water and two teaspoons of tea. If wanted for supper, do this at breakfast. At dinner time, strain, without stirring, ... through a tea-strainer into a pitcher. Let stand 'til tea time and pour into decanters. leaving the sediment into the bottom of the pitcher. Fill goblets with ice, put two teaspoons granulated sugar in each, and pour the tea over the ice and sugar. A squeeze of lemon will make this delicious and healthful, as it will correct the astringent tendency.

Texans are creative, and the first recipes for pecan pie appeared in Texas cookbooks in the 1870s and 1880s. Then along came Blue Bell Ice Cream at the little creamery in Brenham in 1907. What could be better to finish off a great plate of Tex-Mexstyle enchiladas?

Sources:

- I. Spoonuniversity.com.
- 2. Smithsonianmag.com.
- 3. Drpeppermuseum.com.
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- 5. Recipebinder.co.uk.

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Zoomed In: Alyssa Clark

By Sandra Walters

Alyssa Clark greeted guests arriving for this year's Summer Bash. This event is hosted by the Grand Peninsula Owners Association's Social Committee at the huge pool area on Grand Peninsula Street. "We haven't had an event on this scale since before the pandemic," Alyssa noted, "so it's good to have it again. The crew put in a lot of effort to bring this together."

While youngsters played at the petting zoo, engaged in lawn games and waited in line for snow cones, the adults reunited after a long time apart and met many new neighbors while eating Mexican food, hot dogs and burgers from the food trucks that surrounded the parking lot.

Around Town



Brianna Brown-Lindsey, a desk clerk at Mansfield Activity Center, shares her beautiful smile while working.



Camden, Bryce and Kaylee sell lemonade at their lemonade stand.



Robert Bruton enjoys the Scarborough Renaissance Festival.



K-9 Officer Walley and his partner, K-9 Stache, hang out at the donut shop.

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Zane Delorma appreciates a cool store on a hot summer day.



Pam Harrell helps greet residents at the summer bash.



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Attach white star stickers to the blue toilet paper roller. Use glue, if necessary, to make them stick.





Hold the toilet paper roller with the streamers hanging down. Apply some glue just inside either side of the open end of the toilet paper roller. Step 3:



Cut the red and white crepe paper into thin strips, about twice as long as the toilet paper roller.



Attach the ends of a small piece of string where you applied the glue, as shown.





Glue the crepe paper strips inside one end of the toilet paper roller. Be sure to alternate red and white strips.



Allow the glue to dry before hanging up your festive Fourth of July wind sock for everyone to enjoy!







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"Cooking is one of my main creative outlets and relaxation techniques," Tiffani Smith said. In college, I became addicted to cooking." On Wednesday nights, she reported racing home in order to catch the second episode of *Top Chef.* She continued, "I was so inspired! Some people craft with fabrics, whereas I craft with food."

Tiffany is fascinated by the art of cooking. She enjoys bringing flavors together. She said, "I find inspiration in the world around me. Being raised in a culturally diverse church piqued my curiosity about flavors. One year, a sweet 'foodie' sister in the church gifted me with several back issues of *Saveur* and *Bon Appétit* magazines. The travel writing sunk it's claws in me, and I haven't been able to shake it yet." NOW

Sour Cream Drop Biscuits

PAM Cooking Spray 3 cups flour 1 Tbsp. baking powder 1 Tbsp. brown sugar 1 tsp. salt 3/4 tsp. cream of tartar 1/2 cup butter 1/4 cup Crisco1 cup whole milk1/2 cup sour creamButter, melted, to taste

 Preheat the oven to 450 F. Spray a large baking sheet with PAM Cooking Spray; place it in the center of the oven rack.
 In a mixing bowl, whisk the flour, baking powder, sugar, salt and cream of tartar. Using a pastry blender, cut the butter and Crisco into the dry ingredients until the mixture resembles coarse, gravel-like crumbs. **3.** Make a well in the center of the flour mixture; add the milk all at once. Stir the mixture until the milk soaks in; add the sour cream all at once. Stir to combine. **4.** Use a 1/4 cup to scoop the dough onto the prepared baking sheet, spacing about 1/2 inch apart. Brush with melted butter before/after baking for extra richness and color! **5.** Bake for 12-15 minutes until the tops are golden. Transfer immediately to a wire rack to cool.

BAT Pasta

- 1 12-oz. pkg. applewood-smoked bacon
- 1 pkg. bowtie pasta
- 8-10 cherry tomatoes, quartered
- l avocado, diced
- I lush bunch basil, cut in thin ribbons
- 2-4 Tbsp. Parmesan cheese, grated

2 Tbsp. roasted garlic compound butter Rustic Italian bread or baguette, sliced

Preheat the oven to 400 F; line a baking sheet with parchment paper. Place the bacon slices on the parchment paper.
 Bake for 12-14 minutes. Once cooked, place it on a paper-towel; set aside.
 Cook the pasta according to the package directions; prepare the rest of the ingredients.
 When the pasta is cooked, reserve 1/4 cup of the pasta water before draining the pasta. Return the pasta to the cooking pot. Place compound butter into the pasta; add the pasta water to the pot.

5. Toss the pasta to coat; crumble the cooled bacon into the pasta. Combine the mixture while adding the tomatoes and avocado chunks.

6. Add the basil and Parmesan to coat the whole pot. Garnish each serving with more basil and Parmesan.

7. Serve with warmed buttered bread. Enjoy!

Summer Greek Tzatziki

I large cucumber
Kosher salt, to taste
2 large cloves garlic, minced
I 1/2 Tbsp. olive oil
I /2 lemon, juiced
I 5-oz. container full-fat plain Greek yogurt

 Peel the cucumber; cut lengthwise into 4 spears. Put the slices on a plate; sprinkle with kosher salt. Set aside for 30 minutes.
 Drain off water; blitz the spears smooth using a blender. Line a colander with a cheesecloth; drain the cucumber into the cheesecloth. Wrap the cheesecloth around the pulp; squeeze out the excess moisture.
 Transfer the pulp into a small serving bowl; stir in minced garlic, olive oil and lemon juice until fully combined. Stir in the yogurt; cover. Chill until ready to serve!

Chimichurri (Condiment)

bunch flat-leaf parsley
 2 cup EVOO
 Tbsp. fresh oregano, chopped
 Tbsp. fresh basil, chopped
 large shallot, peeled and quartered
 garlic cloves, peeled
 Tbsp. apple cider vinegar
 Tbsp. lemon/lime juice
 Pinch of salt
 Pinch of crushed red pepper

I. Add all ingredients to a blender. Blend until smooth. Smother on grilled steak, chicken and seafood.



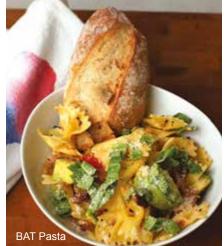




Roasted Chili Polenta With Shredded Roast & Tomatillo Sauce

I sweet onion, thinly sliced 4 cloves garlic, minced 1 tsp. ground cumin 1/4 tsp. red pepper flakes 4 Tbsp. fresh oregano, chopped 1 3-lb. chuck roast Kosher salt, to taste Fresh ground black pepper, to taste 2 cups beef stock 1 Tbsp. Worcestershire sauce 2 chipotle peppers in adobo (divided use) 1 Tbsp. bacon fat 2 cups fresh corn kernels 1 cup carrots, shredded 2 red bell peppers, roasted, seeded and sliced I Anaheim chili, roasted, peeled and seeded I pasilla chili, roasted, peeled and seeded 2 tomatillos, husked and roasted I cup polenta 6-8 oz. Icelandic Skvr 2 cups smoked cheddar, shredded 2 cups Monterrey Jack, shredded Lime juice, freshly squeezed, to taste

I. Line a slow cooker with a liner; sprinkle the bottom with onions, garlic, cumin, red

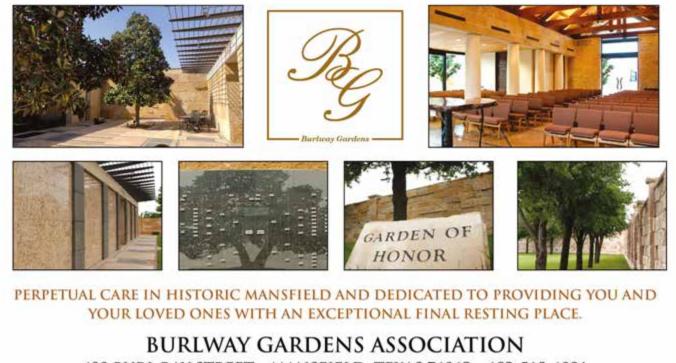


pepper flakes and oregano. Pat the roast dry with paper towels; generously salt and pepper all over. Place the roast in the slow cooker. Mix together the beef stock and Worcestershire sauce; gently pour the mixture around the roast. Place 1 chipotle pepper in adobo on the roast. 2. Cover; cook on low for 8 hours. **3.** In a cast-iron skillet, add the bacon fat, corn and carrots. Add salt and pepper to taste. Set the skillet on the grill alongside the peppers, stirring occasionally. Roast the peppers and tomatillos on the grill, turning occasionally until the skins are blistered. 4. Pour the liquid from the slow cooker equally in a small and medium saucepan. Shred the beef. Set the small pan on low;

add the remaining chipotle pepper in adobo. Put the tomatillos in the small saucepan. 5. In the medium pan, boil the liquid while whisking in the polenta. Once the polenta gets stiff, stir in the Skyr and cheeses; mix well on low. Roast the peppers until charred; place them on a cutting board. Stir the corn and carrots into the medium pan. Bring the medium pan to a boil; reduce to a gentle simmer. 6. Skin and seed the peppers. Dice the roasted red peppers; stir 1 pepper into the medium saucepan. In a blender, blend the contents of the small saucepan into a sauce. Slice the remaining peppers into strips. 7. Scoop a generous portion of polenta onto a plate. Top with ribbons of roasted Anaheim, pasilla pepper and shredded beef. Drizzle all with tomatillo sauce. Enjoy with fresh squeezed lime!

To search for more great recipes from any of the 9 NOW Magazines publications, visit www.nowmagazines.com.

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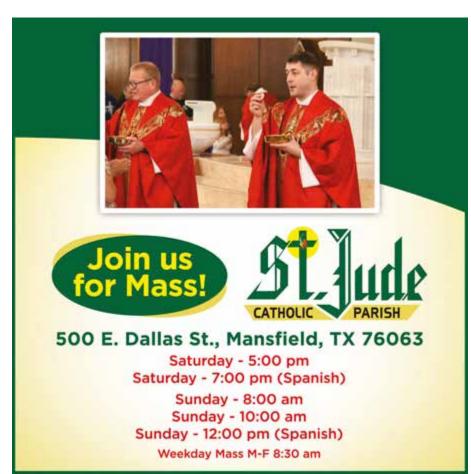


Find 5 hidden Golden Suns in 5 different ads in this issue (not counting the one above). Email the page numbers and specific ads where they are found, plus your phone number, by July 15th. To ensure your Scavenger Hunt answers go in the drawing, you must use the

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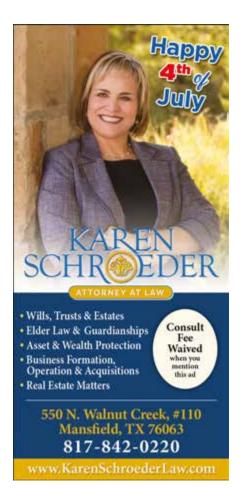
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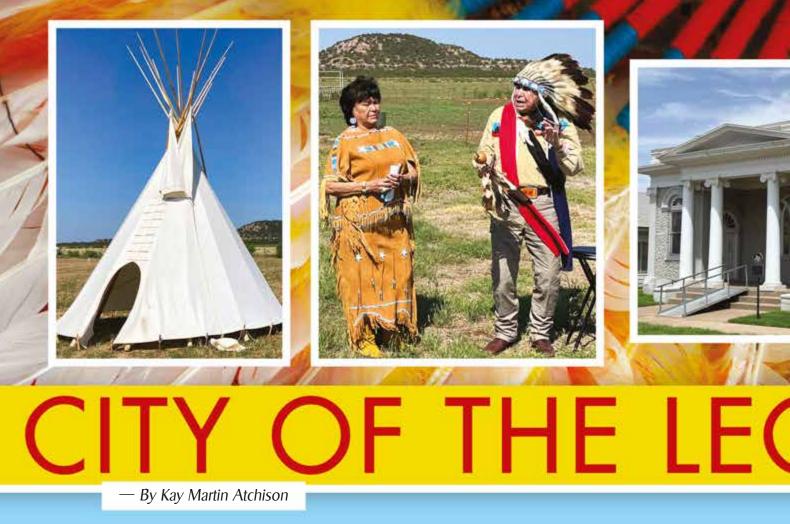
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Cherok



Named for the last great Comanche chief, Quanah Parker, the town bearing his name celebrates its legacy in various ways. Quanah, the county seat of Hardeman County, is a wonderful example of a community that began at the end of the rail line alongside cattle drives, mining expeditions and people seeking a new life. It transformed into a thriving small town, rich in history. If you're looking to discover the link between Native American lands and a community rich in farming and ranching, explore Quanah!

One of the best "finds" in Quanah is the Quanah, Acme & Pacific Railway Depot Museum, which is filled with a wide variety of artifacts and memorabilia preserved from both indigenous peoples and settlers who moved into the area in the 1880s. The building itself is recognized on the National Historical Register. In addition to contributions by Native Americans, exhibits include a Veterans' Room filled with uniforms worn by locals, a railroad exhibit and several rooms dedicated by local service organizations. Rodeo fans may enjoy viewing posters and belt buckles from Lane Frost, the famous bull rider. Space enthusiasts can see an actual space suit on

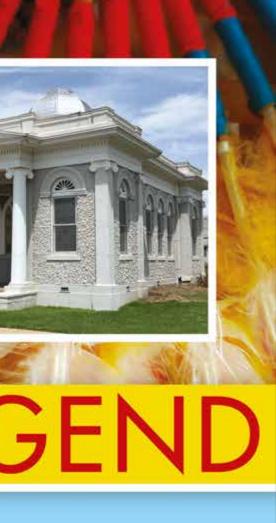
loan from NASA, honoring a native son, Galen Givens — an Apollo astronaut tragically killed in an automobile accident before he went into space. In the waiting area of the depot, one can almost hear the train coming.

Another building in the museum area is the former Hardeman County Jail. Sitting behind the depot, it stands as a monument to county law enforcement until the 1970s. At one time, the local sheriff's family members lived above the jail, filling its history with all sorts of tales.

At the center of town, the Hardeman County Courthouse, designed by R.H. Stuckey, an architect from nearby Chillicothe, is also on the Texas Historical Register. The courthouse, completed in 1908, is of Neoclassical design with a domed cupola, stone columns flanking the entryways and a raised basement of Indiana limestone.

A couple blocks away on Main Street, the First Presbyterian Church, completed in 1910 and also designed by R.H. Stuckey, has a cupola like the courthouse. But its stucco exterior and stained-glass windows honor early members of that congregation. Still in use today, this structure is listed on the Texas Historical Register as well.

Many downtown buildings of Quanah have been transformed from their original intent to meet the challenge of changing lifestyles. A conversion of the former "Five & Dime" store into the 3 Rivers Foundation Ballroom, now facilitates concerts, parties, celebrations and reunions. The former First National Bank is a weekend gathering place called the Old Bank Saloon. Grocery stores and drug stores transformed into dental offices and new lodges and inns. Others are still undergoing restoration for new businesses.



The Quanah City Park, a few blocks from the downtown business district, features WPA work during the Depression. Its rock work and terrain create a space where concerts, picnics and local celebrations continue today. Recent work improved the playground and areas for other outdoor activities.

The Medicine Mound Depot Restaurant, at the east edge of town on Highway 287, combined two former rail depots, moved to that location from the nearby towns of Medicine Mound and Chillicothe. One cannot miss the five hills just east of Quanah called Medicine Mound. The descendants of the Comanches, Kiowas and other indigenous peoples, who once controlled this portion of the South Plains, claim these as a medicinal and burial place and a revered part of their history.

Visit and experience the legacy of the developing west in Quanah! History awaits you.

Photos courtesy of Shane Lance, editor of the Quanah Tribune.



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	+		35		34	33	+	1	1	32
	\vdash		37			\vdash	\vdash	1		36
	+	+	39		+	\vdash	+	+	38	

Across

- 1 "Let's get goin'l"
- 5 Barflies
- 10 Recently deceased
- 11 As a matter ---,
- 13 Pine
- 14 Graven image
- 15 Drops
- 17 Joshes
- 18 Omen
- 21 Devour
- 22 Ottawa chief
- 24 Malt beverage
- 26 Capricom
- 29 Ocho ---, Jamaican resort
- 31 Mecca man, for example
- 32 To an extent
- 35 Walked
- 36 California racetrack
- 37 Bring on board
- 38 Thin
- 39 Top guns

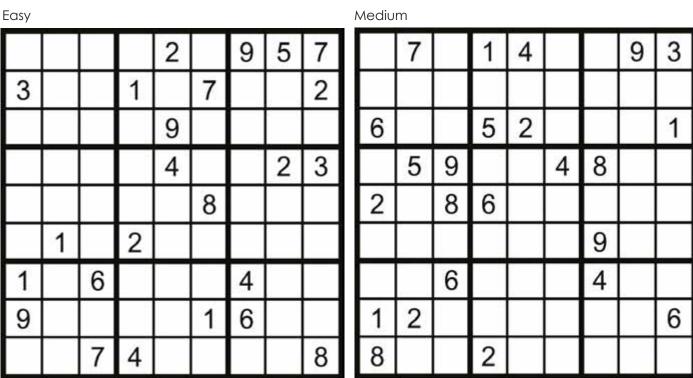
Down

- 1 Embrace
- 2 Rambo-like
- 3 Hell is ---, (Jean-Paul Sartre)
- 4 Must
- 5 "Maydayl"
- 6 Many times
- 7 At a distance
- 8 Has hosted TV shows on all the Big Three networks
- 9 Diving gear
- 12 Dry run
- 16 Mailed
- 19 Ultimate degree
- 20 Even scores
- 23 An aunt of Bertie Wooster
- 24 Desiccated
- 25 Challenge for a shortstop
- 27 Worship
- 28 Beach cleaners?
- 30 Identical
- 33 Wicked
- 34 Endeavor

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7/3

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