JULY 2022

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Sometimes, collector Greg Brown feels like a kid again

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Also inside: Scavenger Hunt Crossword/Sudoku Featured Business: Lone Star Floorcovering









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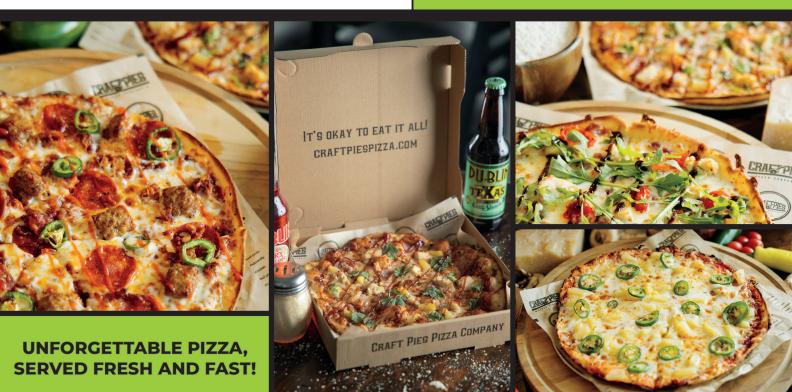
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July 2022 Volume 19, Issue 7

ON THE COVER



Greg Brown displays his collection of action figures in his man cave.

Photo by Bill Smith.

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Bill Smith EnnisNOW Editor bill.smith@nowmagazines.com (972) 843-1323

EDITOR'S NOTE

Let's celebrate!

Independence Day is here, and that is enough to celebrate for at least the entire month of July. We may tend to take our freedom for granted, until we see another nation have theirs brutally removed, or until we see some of ours gradually slip away, not realizing how precious it was until we look back and realize that it is gone.

Declared holidays help us focus on things to celebrate and remember. I'm not sure who comes up with the miscellaneous declarations, but a Google search revealed that July 3 is National Stay Out of the Sun Day, not to be confused with July 5 having been declared National Bikini Day. Perhaps those are marketing ploys for sunscreen and swimsuits.

Sunscreen can be pretty important during the dog days of summer, and a wide-brim hat may also be in order. Many of us grew up during an era of deep tans and sunburns, and some of us are paying the price for it now. A little spot my dermatologist discovered on my ear recently resulted in day surgery including a skin graft. I did not feel much like celebrating anything that day.

I'm sure we will find some time to get outside and celebrate in the Texas heat this month. I sure do not want my outdoor grill to rust from acute neglect. We will get some friends and family gathered around and have some fun outdoors, even if the occasion is not marked on the calendar. We will celebrate each other. Unfortunately, National French Fry Day and National Mac and Cheese Day don't fall on the weekend this year, but there is good news! National Ice Cream Day does!

Enjoy your summer!



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Check out our Facebook page for our Fun Events all month! Many people have collections. Coins, stamps, cars, beverage cans, all kinds of bric-a-brac, and the list is endless. Greg Brown's collection began in 1976 when he was 5 years old. He bought his first G.I. Joe action figure at Gibson's Discount Center in Ennis, added to it over the years with more figures and the accessories that support them, and he continues collecting today.



– By Bill Smith

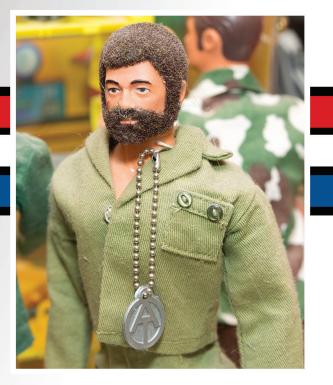
"Some of my collection was acquired as gifts at Christmas and birthdays," Greg related. I received the Hasbro Avenger Pursuit Craft from Sears as a Christmas gift. It was a vehicle that could be either an aircraft, watercraft or land vehicle. The promotional information showed it converting to four different vehicles. It was part of the G.I. Joe Adventure Team series.

"Over the years, I have purchased some of the 'latest and greatest' action figures that were being promoted at the time. I once went to the Target store and lined up outside the store before it opened. There was a new action figure, and I took my nephew with me to help race to the toy section of the store as soon as the door was unlocked. I told him where to run in the store, and I told him that the new toy would probably be on an endcap on one of the toy aisles, since it was a big promotional item. I followed behind my nephew, pushing the shopping cart. He found the right end cap, and when I got there, I swiped everything I could into the basket. We could sort them out later!" Greg exclaimed.

Greg speaks with such knowledge about the different action figures and how they have evolved over time, that it boggles the novice collector's mind. But then, knowing is half the battle, right? Yet, even he can be surprised at another collector's acquisitions. "We have a collector's club, and we meet at different locations, just going to wherever the next person is willing to host the meeting. There was a lady from Dallas who asked if she could host the next meeting. She was always pretty quiet and reserved at our meetings, but we said, 'Sure,' we could meet at her home. I was blown away as soon as I walked in! There were action figures and accessories in every room. She had one particularly rare figure on display. When I commented on it, she opened a drawer, and she had *five* of them!"













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The action figures have changed over the years. Originally the G.I. Joes were 12-inch figures. Some of the original strategy for the action figures was to have them represent the different branches of the military, but the expanded line from Hasbro throughout the 1960s saw loe as an astronaut, a deep-sea diver and a Green Beret. The Vietnam war caused the figures to fall out of favor for a while, but the toys were redesigned in 1970 with the Adventures of G.I. Joe. The figures had lifelike hair, moveable eyes and hands that were able to grip tools and weapons for the first time. Even with the changes, the figures fell out of popularity, and the line was discontinued in 1978.

Then in 1982, G.I. Joe evolved into a new 3 3/4-inch scale. *Star Wars* was popular, and there was a renewed interest in action figures. The new action figures had numerous characters, and some were heroes, others were villains. There was also a monthly Marvel comic book that supported the line. Also, during this time, an animated television series premiered and remained popular for much of the decade.

While part of the marketing strategy has been to eschew the term "doll" in favor of "action figure," Greg admitted that he has attended some doll shows in his quest to add to his collection. "I went to a doll show and basically posed as a country bumpkin," he recalled. "The dealers would have their Barbie dolls and other dolls out on the counter, but most of them would have some kind of bin under the table. I've just casually asked if they had anything else with





them, and I have found some rare jewels in the bins because they did not think they were worth displaying at the doll shows."

Eventually, Greg's hobby caused Mark Twain's famous quote, "Find a job you enjoy doing and you will never have to work a day in your life," to come true. In the late 1990s, he was hired to create a diorama made with the action figures in California. "I put together a super-long WWII diorama that depicted Normandy and the Battle of the Bulge. Locally, I have created some dioramas in store windows downtown."

Not long after creating the dioramas in California, Greg was hired by Cotswold Collectibles, and after serving several years as the company's marketing director, he was able to purchase the company and move it to Ennis. "We still have boxes of inventory from the company that are being cataloged. It's when I find some vintage stuff in those boxes that I turn into a kid again," he mused.

Greg maintains an extensive collection in the "man-cave" in his home. "My wife really surprised me when she said I could make our garage a place for my collection," he added. "My personal collection is near completion. About the only thing I am looking for today is the toys I had as a child that are nostalgic to me.

"The thing I enjoy the most is to be somewhere and see a little kid with some of these toys, and their eyes lit up with excitement. Playing with action figures is not like being on a video game. With these toys, kids learn to play using their imaginations." **NOW**



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Hablamos Español



Every year since 2005 the State Fair of Texas has had a contest known as the Big Tex Choice Awards. The concessionaires try new recipes to win the contest, and some of the recent entries have included fried beer, fried peaches and cream, deep fried seafood gumbo balls and lucky duck dumplin'. However, there are some great creations that are available in Texas that have been around for years.

Who doesn't enjoy a bowl of chili on a cold day in Texas? Chili con carne is the official dish of the state of Texas. Chili stands started showing up in San Antonio during the 1880s, and there are chili contests every year in various parts of the state at which the participants share years of experience and "secret" ingredients, trying to win the blue ribbon. Surely the most famous cook-off is The Original Terlingua International Championship Chili Cookoff, made famous by Frank X. Tolbert. There is still a Tolbert's Chili Parlor in Grapevine that is owned by Frank's daughter. To cool the taste buds as the chili is consumed, it would be hard to find a better offering than a cold, frozen margarita. The margarita may have been around for a long time, but turning it into a slushy drink started in 1971. Mariano Martinez is well known as the inventor of the frozen concoction. The first frozen margarita was delivered from a repurposed soft-serve ice cream machine and was made with tequila and pale green sherbet. The recipe has since been refined to the frozen drink served in a salt-lined glass with a slice of lime that is commonly drawn from margarita machines in restaurants across the country. Martinez's original machine now rests in the Smithsonian National Museum of American History.

Another drink that originated in Texas is Dr Pepper. Visit the Dr Pepper Museum in Waco to get the whole story, but the short version is Dr Pepper is the oldest major manufactured soft drink in the United States, manufactured and sold beginning in 1885 in Morrison's Old Corner Drug Store. A pharmacist named Charles Alderton mixed medicines, but in his spare time, he liked to experiment with flavors at the soda fountain. Eventually, he came up with the combination of fruit syrups that he liked, and Dr Pepper was born. Though there are a number of theories, the origin of the name of the beverage is still a mystery.

Baby boomers in Texas will recall the first time they ever

ate a Frito Pie. It may have been from the local Dairy Queen, or maybe from the concession stand at a high school football game. Chances are it was served in an original Frito bag, split open to allow a scoop of chili to be added. Perhaps you garnished yours with cheese, sour cream or chopped onions. While some folks from New Mexico may try to claim fame by saying the dish originated there, the preponderance of evidence seems to be in favor of Texas origins. Texans argue that San Antonio resident Daisy Doolin, the mother of Charles Elmer Doolin (who invented Fritos), dreamed up the dish, including the tradition of adding cheese and onions. It has been around since the 1930s.

Truth is stranger than fiction, but even sweet tea has Texas roots. The first sweet tea recipe came from the book, Housekeeping in Old Virgina, published in 1879 with a Texas contributor. The recipe reads: After scalding the teapot, put into it one quart of boiling water and two teaspoons of tea. If wanted for supper, do this at breakfast. At dinner time, strain, without stirring, ... through a tea-strainer into a pitcher. Let stand 'til tea time and pour into decanters, leaving the sediment into the bottom of the pitcher. Fill goblets with ice, put two teaspoons granulated sugar in each, and pour the tea over the ice and sugar. A squeeze of lemon will make this delicious and healthful, as it will correct the astringent tendency.

Texans are creative, and the first recipes for pecan pie appeared in Texas cookbooks in the 1870s and 1880s. Then along came Blue Bell Ice Cream at the little creamery in Brenham in 1907. What could be better to finish off a great plate of Tex-Mexstyle enchiladas?

Sources:

- I. Spoonuniversity.com.
- 2. Smithsonianmag.com.
- 3. Drpeppermuseum.com.
- 4. Eater.com.
- 5. Recipebinder.co.uk.





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Zoomed In: Todd Jones

By Bill Smith

Todd Jones moved to Ennis from Dallas many years ago and became a die-hard Ennis Lions football fan. He can be found at all the games, whether home or away, with the E-Train horn that he triggers each time the Lions score.

"The first game I pulled it to was in Garland, and the furthest I have pulled it to was Lubbock in 2016 for a playoff game when we were on the way to the State Championship that year. Most all stadiums welcome us. We have a good relationship with the athletic directors, and they know the noise adds to the game," Todd offered. Then, with a big smile, he quoted the mantra, "Get off the track! The E-Train is coming through!"

Around Town



Connor and Amber Stevenson spend time at the dog park with their fur baby, Ben.



Friends Alexis Vest and Disiree Hill attend the Lions spring game at Memorial Stadium.



Helping Hands of Ennis holds a ribbon cutting at their newly remodeled facility.



Linda Tolston, Jessica Tolston Liska, Reid Liska and Holden Liska enjoy Polka Festival Saturday in downtown.

NOW



Reneé Bourgeois reads a copy of EnnisNOW while listening to polka music at the SOKOL.



County law enforcement officers participate in training at Baylor Baptist Church.



Lisa Deese and Chirita Baptist bring a program about Meals on Wheels to the Lions Club.

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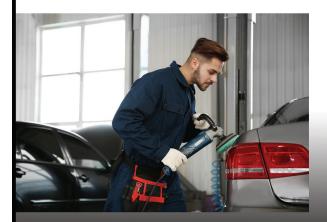
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BusinessNOW Lone Star Floorcovering

— By Virginia Riddle

Lone Star Floorcovering

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Hours: Monday-Thursday: 8:00 a.m.-6:00 p.m. Friday: 8:00 a.m.-5:00 p.m. After hours by appointment.

As a family-owned, local business, Lone Star Floorcovering has served Ellis County homeowners and businesses since 1985. With a welcoming bell chime, customers enter the soothing and relaxing interior design showroom to match products to their dream. "It's important that we fulfill customers' needs," said Jesse Law, manager and son of owners Mike and Kellie Law.



The store offers free decorating assistance to help you choose among the granite countertops, tile for backsplashes and showers, interior and exterior lighting, wood floors, waterproof floors and more. "We work with our contractors daily to install the products we sell, but also offer cash and carry," Jesse said. "Additionally, we sand and finish wood floors." Most customers come from Ellis County and surrounding cities.

Some of the flooring product lines include Daltile, Interceramic, Shaw, Mohawk, Prestige, Armstrong, Bella Cera and Mannington. "We carry carpet, hardwood, laminate, stone, tile and luxury vinyl flooring," Jesse added. Cash, check and most major credit cards are accepted as payment.

The business employs six people. "We work with great sub-contractors every day. Our contractors are true craftsmen," Jesse explained. Whether the customer's job is residential or commercial, new construction or remodeling, building a great relationship with customers is paramount. They work to accomplish this goal by creating a beautiful finished project in a timely manner. "We get a sense of pride out of a successful job and happy customers' smiles," Jesse said.

High tech has offered customers many more products from which to choose. "It's a challenge to keep up with new decorating trends, installation techniques and all the new products," Jesse explained. "We stay up-to-date through education and good relationships with our vendors." Lone Star Floorcovering is a member of the Better Business Bureau and American Home Services. The business earned 2014 Best of the Best in Ellis County honors.

Jesse grew up in Ellis County, served in the Marines from 2002-2006 and earned a business degree from the University of North Texas. "I grew up in this business, so I have a lot of hands-on experience," he said. "I was picking up carpet scraps for my dad when I was just a kid." Between owning a business and spending time with their 11 grandchildren, Mike and Kellie are seldom bored. Jesse and his wife, Madison, have contributed two boys, Dylan, 6, and Charles, 2, to the mix.

"It's important that we fulfill customers' needs."

Lonestar Floorcovering supports the local community through their sponsorship of the Ennis Polka Festival and other local charities. "My dad and I have run in the Polka Fest's 5K, and I serve the Ennis community through my membership in the Lions Club," Jesse stated.

Through all the years in business, the Law family has opened three different Ellis County showrooms, settling in their present, conveniently located Ennis showroom in 2007. "We're proud to be in Ennis! Ennis is central to the area we serve, and its growth, with so many new homes and offices, is exciting to see," lesse said.

The opportunity to meet people from all walks of life and days that are always different are just two things Jesse noted that make coming to work wonderful. "It's the legacy. I'm proud of what my dad started, and I want to carry his work forward. We take pride in our showroom, design expertise, products and in seeing a project successfully completed." **NOW**



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"I come from a family of great cooks, and we always liked to gather around the dinner table," Sharon shared. "Most of my recipes were my favorites that my mother, my grandmother or my aunts made for Sunday lunches after church or for potlucks. They were feasts, and I always associate a recipe with the one who made it.

"One of my most treasured recipes is from Tom's grandmother, Emma Toth Youngblood. *Sarma* is a Hungarian version of stuffed cabbage rolls. Her mother brought the recipe with her to Texas when she immigrated to the Ennis area in the early 1900s. I still have the folded newspaper that she used to make a pattern to show me how to fold the cabbage leaves. I love to see these recipes and traditions continuing in the family." Now

Sarma "Szárma"

From the kitchen of Nanny Youngblood.

- 1 lb. ground beef
- 1 lb. pork sausage
- 1/2 cup rice (not instant)
- 1/2 cup onion, chopped
- 1/2 bell pepper, chopped
- I tsp. salt, or to taste
- 3/4 tsp. black pepper
- 3/4 tsp. Hungarian paprika
- 1 Tbsp. Worcestershire sauce 1/4 cup water
- 1/4 cup water
- I medium head loose leaf cabbage I gt. water (Use the hot cabbage broth.)

1 qt. jar Vlasic sauerkraut or a #303 big can sauerkraut

Knead together all ingredients, except the cabbage, quart of water and the sauerkraut.
 Boil the cabbage head to loosen the leaves. When almost tender, use a knife to gently separate each individual leaf from the base of the cabbage. Be careful. The cabbage will be hot.

3. Place 1/4 cup of the stuffing in the center of each leaf. Wrap each side to the center to make a compact roll. In Budapest, these were more of a cylinder. Nanny made hers into 2-to 3-inch square bundles.

4. Chop the remaining cabbage into the bottom of an 8-qt. pot.

5. Put a layer of rolls on the layer of cabbage, cover with a layer of the Vlasic sauerkraut. Continue alternating layers until all ingredients are in the pot.

6. Add the remaining cabbage broth, the sauerkraut juice, and add enough water to cover the rolls. Bring to a boil; reduce heat to simmer, covered, for 1 1/2 hours. Shake the pot to stir, but do not stir the rolls.

Carrot Cake

From Gay Nell Collins This was always my choice for my birthday cake.

Cake:

- 4 whole eggs
- 2 cups sugar
- 1 1/4 cups cooking oil
- 2 tsp. baking soda
- 1/2 cup buttermilk
- 3 cups sifted flour
- I tsp. cinnamon
- 1 tsp. lemon extract
- 3 cups carrots, finely grated
- 1 1/2 cups pecans, chopped (optional)

Glaze: I cup orange juice I cup sugar I/2 cup grated orange zest (optional)

I. *For cake:* Mix together the eggs and sugar. Add the oil; blend until smooth.

2. In a bowl, stir the soda into the buttermilk.
3. Alternately add the flour and the buttermilk to the egg mixture, always beginning with the dry ingredient and ending with the dry ingredient. Blend completely after each addition.

4. Stir in the cinnamon and lemon extract; stir in the carrots and pecans, if using.
5. Bake at 250 F for 1 1/2 hours until a toothpick inserted into the cake comes out clean. Let the cake cool a few minutes; invert the warm cake onto a plate.

6. For glaze: Heat the juice and sugar until the sugar is dissolved completely. Mix in the orange zest.

7 Punch holes with an ice pick into the top of the cake; slowly drizzle the glaze over the cake until saturated. You may not want to use all of the glaze.

Coconut Pineapple Pie

By Sharon Tolar.

2 cups sugar
1 stick butter
1 Tbsp. flour
1 Tbsp. cornmeal
4 eggs
1 8-oz. can crushed pineapple, in its own juice (undrained)
1 cup coconut
1 tsp. vanilla
1 unbaked piecrust

 Cream the sugar and butter together; add the flour and cornmeal.
 Beat the eggs until they are lemon colored.
 Fold in the eggs and the remaining ingredients. Pour the mixture into an unbaked piecrust.
 Bake about 1 hour at 325 F until the pie is set and golden on top. This is always a potluck favorite.

Sharon's Macaroni and Cheese

1 1/2 cups elbow macaroni
 3 Tbsp. butter
 2 Tbsp. flour
 1/2 tsp. salt
 Dash pepper
 2 cups milk
 8 oz. Velveeta cheese
 Paprika, as needed





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I. Cook the macaroni in boiling salted water until tender; drain.

2. Melt the butter; blend in the flour, salt and pepper.

3. Stir in the milk. *Note: This can be done on the stove, but I usually prefer to do it in the microwave.*

4. Stir frequently until the white sauce begins to thicken, then stir in the cheese. Continue cooking and stirring until the cheese is melted through and the sauce is thick and creamy.

5. Pour the sauce over the macaroni; mix.

Pour into a 1 1/2-qt. casserole. Note: I have served it at this point and everyone likes it, or you can bake it in a 350-F oven for 35-40 minutes for a more thickened version. I like to sprinkle with paprika for extra color.

Buttermilk Pie

By Priscilla Tolar.

3 eggs 1 tsp. vanilla 1 cup buttermilk 1 1/2 cups sugar 1/8 tsp. salt
3 1/2 Tbsp. flour
1 stick melted butter
1 (or 2 thin) unbaked piecrust(s)

I. Mix in a blender in order that the ingredients are given.

2. Pour into a 9-inch pie shell.

3. Bake at 350 F until firm and brown on top. This recipe makes 2 small pies, or 1 large pie. Note: My mother-in-law would split into 2 pies using the small Ritz frozen aluminum pan piecrusts. I usually make it as one larger full-size pie.



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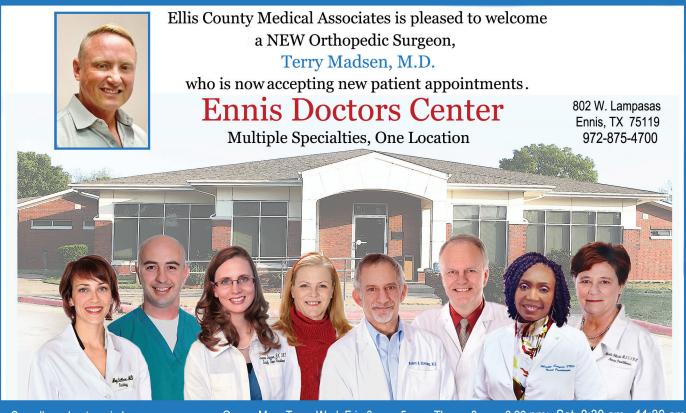
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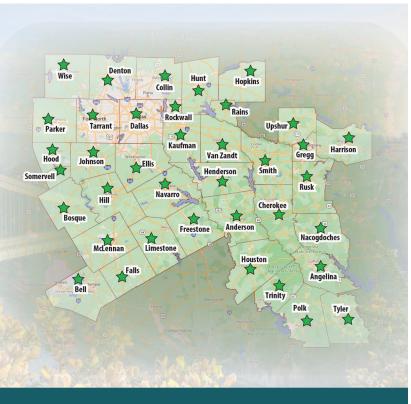
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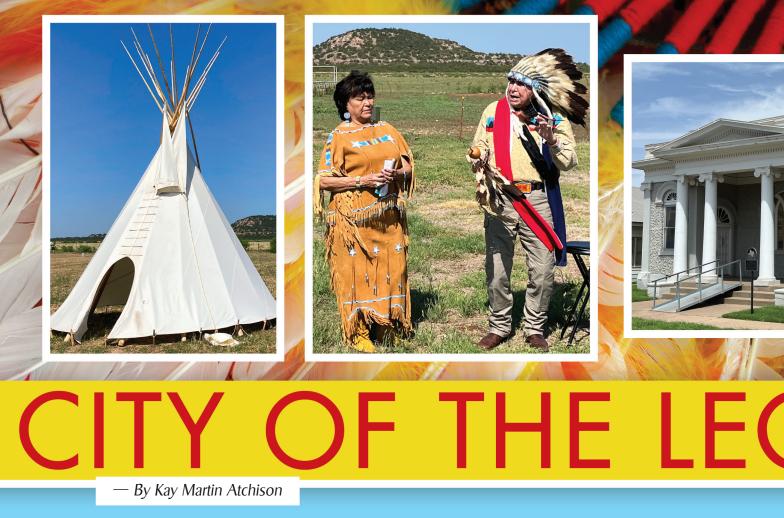
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Named for the last great Comanche chief, Quanah Parker, the town bearing his name celebrates its legacy in various ways. Quanah, the county seat of Hardeman County, is a wonderful example of a community that began at the end of the rail line alongside cattle drives, mining expeditions and people seeking a new life. It transformed into a thriving small town, rich in history. If you're looking to discover the link between Native American lands and a community rich in farming and ranching, explore Quanah!

One of the best "finds" in Quanah is the Quanah, Acme & Pacific Railway Depot Museum, which is filled with a wide variety of artifacts and memorabilia preserved from both indigenous peoples and settlers who moved into the area in the 1880s. The building itself is recognized on the National Historical Register. In addition to contributions by Native Americans, exhibits include a Veterans' Room filled with uniforms worn by locals, a railroad exhibit and several rooms dedicated by local service organizations. Rodeo fans may enjoy viewing posters and belt buckles from Lane Frost, the famous bull rider. Space enthusiasts can see an actual space suit on

loan from NASA, honoring a native son, Galen Givens — an Apollo astronaut tragically killed in an automobile accident before he went into space. In the waiting area of the depot, one can almost hear the train coming.

Another building in the museum area is the former Hardeman County Jail. Sitting behind the depot, it stands as a monument to county law enforcement until the 1970s. At one time, the local sheriff's family members lived above the jail, filling its history with all sorts of tales.

At the center of town, the Hardeman County Courthouse, designed by R.H. Stuckey, an architect from nearby Chillicothe, is also on the Texas Historical Register. The courthouse, completed in 1908, is of Neoclassical design with a domed cupola, stone columns flanking the entryways and a raised basement of Indiana limestone.

A couple blocks away on Main Street, the First Presbyterian Church, completed in 1910 and also designed by R.H. Stuckey, has a cupola like the courthouse. But its stucco exterior and stained-glass windows honor early members of that congregation. Still in use today, this structure is listed on the Texas Historical Register as well.

Many downtown buildings of Quanah have been transformed from their original intent to meet the challenge of changing lifestyles. A conversion of the former "Five & Dime" store into the 3 Rivers Foundation Ballroom, now facilitates concerts, parties, celebrations and reunions. The former First National Bank is a weekend gathering place called the Old Bank Saloon. Grocery stores and drug stores transformed into dental offices and new lodges and inns. Others are still undergoing restoration for new businesses.



The Quanah City Park, a few blocks from the downtown business district, features WPA work during the Depression. Its rock work and terrain create a space where concerts, picnics and local celebrations continue today. Recent work improved the playground and areas for other outdoor activities.

The Medicine Mound Depot Restaurant, at the east edge of town on Highway 287, combined two former rail depots, moved to that location from the nearby towns of Medicine Mound and Chillicothe. One cannot miss the five hills just east of Quanah called Medicine Mound. The descendants of the Comanches, Kiowas and other indigenous peoples, who once controlled this portion of the South Plains, claim these as a medicinal and burial place and a revered part of their history.

Visit and experience the legacy of the developing west in Quanah! History awaits you.

Photos courtesy of Shane Lance, editor of the Quanah Tribune.



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Across

- 1 "Let's get goin'!"
- 5 Barflies
- 10 Recently deceased
- 11 As a matter ---, ...
- 13 Pine
- 14 Graven image
- 15 Drops
- 17 Joshes
- 18 Omen
- 21 Devour
- 22 Ottawa chief
- 24 Malt beverage
- 26 Capricorn
- 29 Ocho ---, Jamaican resort
- 31 Mecca man, for example
- 32 To an extent
- 35 Walked
- 36 California racetrack
- 37 Bring on board
- 38 Thin
- 39 Top guns

Down

- 1 Embrace
- 2 Rambo-like
- 3 Hell is ---, (Jean-Paul Sartre)
- 4 Must
- 5 "Mayday!"
- 6 Many times
- 7 At a distance
- 8 Has hosted TV shows on all the Big Three networks
- 9 Diving gear
- 12 Dry run
- 16 Mailed
- 19 Ultimate degree
- 20 Even scores
- 23 An aunt of Bertie Wooster
- 24 Desiccated
- 25 Challenge for a shortstop
- 27 Worship
- 28 Beach cleaners?
- 30 Identical
- 33 Wicked
- 34 Endeavor

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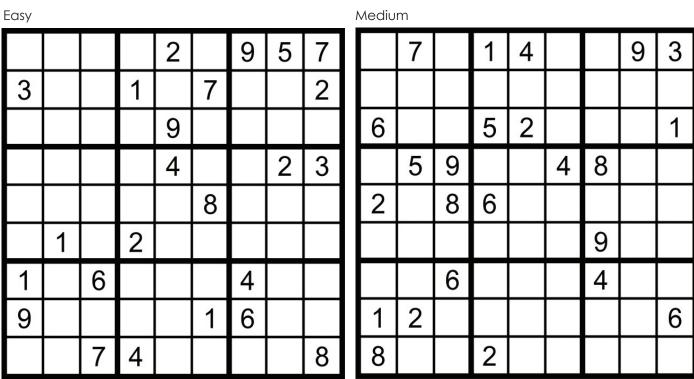
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Due to COVID-19, some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

7/3-7/4

Waxahachie Crape Myrtle Festival, Fireworks and Parade:

Sunday: Tailgate party, concert and fireworks display at the Waxahachie Sports Complex. Kid Zone will offer free activities for the children. There will be a variety of food vendors. Begins: 6:00 p.m. Monday: Veterans are invited to the Dan McClinton Veterans' Memorial Breakfast at the Chautauqua Auditorium: 8:30 a.m. Hometown parade: 10:00 a.m. For more information on the festival, or to register a veteran for the parade and breakfast, call the Waxahachie Convention & Visitors Bureau at (469) 309-4040 or visit www.VisitWaxahachie.com.

7/5

Kid's Movie: Luca. Free. 2:00-3:30 p.m., Ennis Public Library, 501 W. Ennis Ave. Call (972) 875-5360 for more information.

7/15-7/16

Creative Quilters Guild of Ellis County Quilt Show: Admission: \$8.00; men and

children 12 and under are admitted free. 9:00 a.m.-4:00 p.m., Sokol Hall, 2622 Highway 34. www.elliscountyquilters.com.

7/18

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Family Fun Basket Raffle Drawing:

Tickets on sale now for \$1 each. Lots of items in the basket. Estimated value: \$150! All proceed support the programs funded by the Friends of the Ennis Public Library. 501 W. Ennis Ave. (972) 875-5360.

7/24-7/26

Vacation Bible School: Theme: "Food Truck Party! On a Roll with God!" Free! 6:00-8:30 p.m., Baylor Baptist Church, 210 N. Preston St. (972) 875-2521.



Foster Care Village Virtual Tour:

Presbyterian Children's Homes and Services (PCHAS) invites the public to a virtual tour of the Foster Care Village. The Village is in Itasca, where siblings in foster care live together and foster parents are neighbors. 8:00 p.m. For a link, call (512) 212-5700 or write to FosterAdopt@pchas.org.

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An Important HEALTH WARNING for Men and Women Age 55 or Older!

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Dear Suffering Friend:

Tens of millions Americans have nerve damage — a condition known as "neuropathy."

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If you are diabetic, and especially if you are also age 60 or older, odds are that your nerve damage has been caused directly by your diabetes — although many younger diabetics also have nerve damage from this potentially deadly disease.

But many OTHER people with these symptoms — pain, burning, and tingling — are NOT diabetic, yet also suffer from nerve damage.

According to the Mayo Clinic, the many diseases and conditions that can destroy the nerves in your extremities and limbs include:

- ✓ Alcoholism
- ✓ Autoimmune diseases
- ✓ Vitamin deficiencies 🦳 ✓ Certain J
- ✓ Liver disease
- ✓ Underactive thyroid
- ✓ Repetitive motions such as typing
- ✓ Bone marrow disorders
- ✓ Certain prescription medications
- ✓ Falls, sports injuries, and other trauma
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