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M A G A Z I N E

JULY 2020

Amazing Artistic Instincts

A teen
discovers
he has a
great gift

Also inside:

Scavenger Hunt

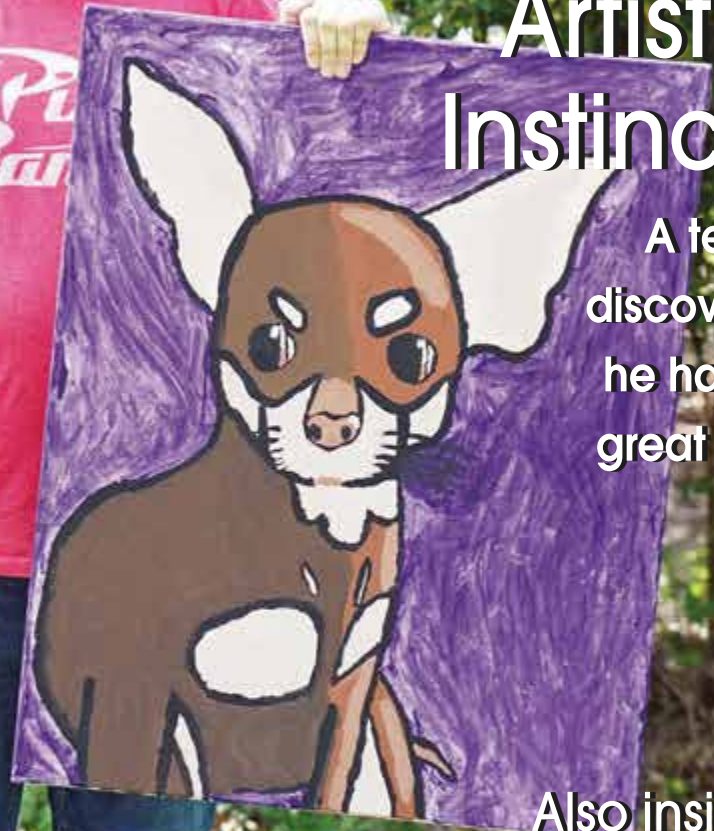
Kids' Fun Page

Crossword/Sudoku

Featured Business:

CBD American Shaman of
Cedar Hill

In the Kitchen With
Arlin Meyer



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JULY 2020

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2020-2021 Enrollment Available Online

Given recent guidelines from the Centers for Disease Control, Texas Education Agency and Dallas County Health and Human Services, DeSoto ISD is working to finalize a plan for school re-entry that considers the health, safety and security of every student, family and staff member in our system. With that in mind, the district will offer a largely virtual school experience for the upcoming school year designed to offer families choices in their child's educational experience which emphasizes competency-based learning and mastery.

In order to reserve your place in DeSoto ISD for the upcoming school year, all returning students must re-enroll each year to ensure we have the most current information on file for each student. Please complete the registration process below to secure your space:

1. Visit our website: DeSotoISD.org/Enrollment.
2. Click on Student General Enrollment
3. Update any required information and submit

The Selective Enrollment window is also open. This option is for students who are not currently zoned to attend school in DeSoto ISD and are looking to transfer to a district campus.

1. Visit DeSotoISD.org/Enrollment.
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Visit www.DeSotoISD.org/preenrollment for three- and four-year-old early childhood applicants.

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Back To School Fair Set for August 15

As a district of the community, it is our goal to equip our Eagles to soar for the 2020-2021 school year!

This year, DeSoto ISD will host a virtual back to school fair with a drive-thru school supply pick-up. While maintaining social distancing, we will continue to support students to ensure that they are academically prepared.

The 2020-2021 Back to School Fair will take place from 9 am to noon, Saturday, August 15, 2020, at DeSoto High School located at 600 Eagle Dr., DeSoto, TX 75115.

Registration for the event is now open for students and families. For those interested in supporting DeSoto ISD as we prepare for the upcoming school year, there are opportunities to donate materials for students and sponsorships.

For more information, visit www.DeSotoISD.org/BackToSchoolFair

Upcoming Calendar

- Independence Day: July 4, 2020
- Board Meeting: July 27, 2020
- Board Meeting: August 10, 2020
- Back To School Fair: August 15, 2020
- First Day of School: August 17, 2020
- Board Meeting: August 24, 2020

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ON THE COVER

*Orlando Lopez Jr. expresses
his passion through paint.*

Photo by
Shane Kirkpatrick.

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Adam

Adam Walker
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EDITOR'S NOTE

Drip, drip, drip...

July means summer, and summer means different things to different people. When I was a little kid, in the summer of 1980, it meant sitting on the curb, popping the bubbles that formed in the road tar with my big toe. It meant snow cones from Aunt Stelle's and whining when Mom wouldn't let us stay out during the heat of the day.

As a teen, it meant a break from the drudgery of school work. In college, it meant time to get in extra classes during intensive mini terms.

Now, it mostly just means hot. I've lived in tropical countries. It never gets as hot there as it does here in Texas. The humidity may be extreme, but it doesn't get Texas-hot. When I worked in the international student office of a college, I remember the African students complaining about the Dallas summers. Of course, they were no bigger fans of our winters! In fact, about the only students I don't remember hearing complain about Texas summers were the Kuwaitis, Egyptians and Israelis, oh and some of the Indians, depending on which part of that country they were from.

I complain, too. But this is home, and as hot as it gets, I still love it. Summer may make me long for winter, or rainy season, but I do love having the sun up in the sky from early morning to late into the evening. Short days get me down.

You may not find me at the beach or at the water park. But I just might spray myself with the garden hose!

Here's to long days, and a little sweat!

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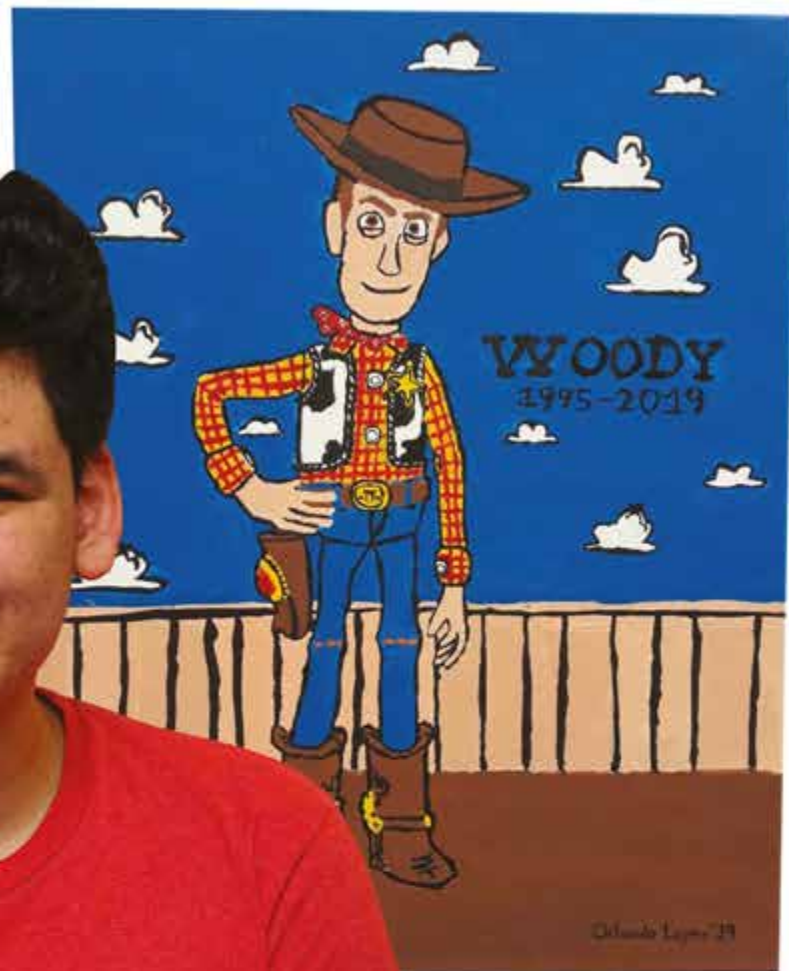
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Amazing ARTISTIC INSTINCTS

— By Susan Simmons

When Orlando Lopez Jr. was just 9 years old, he began to Google pictures of his favorite cartoon characters, and then make identical drawings of them freehandedly. “His friends would come over and insist that he had traced them, but Orlando would show them that he could reproduce the pictures freehand,” Orlando Lopez Sr. explained. “Around then he became interested in all kinds of artistic endeavors. He started with fuse beads. He would find a picture on his phone and use tweezers to intricately create them with the fuse beads. LEGOs also really sparked his interest. He would quickly build the kit project, but then he would find a picture on his phone and use the LEGOs to build it without any instructions. He began building two-dimensional figures and soon progressed into more complex three-dimensional ones.”

When Orlando was in the fifth grade, he began to take art in school. By the seventh grade, his teacher, Curtis Ferguson, had introduced him to painting and encouraged him to give it a try. “My very first painting was Rita from the movie, *Flushed Away*,” Orlando shared. “I painted her on a thin canvas with a Union Jack background because the movie happens in London.”

“He has been fascinated with London since he watched *Flushed Away*,” Nora, Orlando’s mother, said.

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Orlando added, "I thought I wanted to move to London when I grew up and work in a London museum and maybe have my paintings there. If the paintings didn't work out, I would just work in the museum. But then I changed my mind because I think I would rather stay here closer to my family."

Next, Orlando painted a large painting that he named, *The Duke*. It is a portrait of his cherished pet Chihuahua painted with a certain Picassoesque flair. He chose bright colors and bold lines that perfectly symbolize Duke's bold personality.

"When Orlando was around 9 years old, I began to notice how he could see things differently than I could," Orlando Sr. said. "Once, we were walking through an antique shop, and he said, 'Wow, look at that star!' I couldn't see a star, but when he took me over there to it, there were several antiques that were sitting together in the shape of a star. He had seen the group of antiques as one image of a star. Once he explained it, I completely understood. That day, I realized how creatively his mind works," his dad added proudly.

Orlando was diagnosed as being on the autistic spectrum when he was 2 years old. Even though autism has been a challenge at times, it has also been an adventure. "Orlando has always been such an extremely caring and protective boy. We have goats and dogs, and we can rely on Orlando to take great care of them. He is very responsible, and we never have to worry that he will forget because he has an amazing memory and enjoys being independent," Nora explained.

"Other than his animals, Orlando's interests are related to creative and artistic activities. His art teacher has





really helped grow his interest in painting last year in the eighth grade," Nora said. "Recently, he told me that he was painting Donkey from the movie *Shrek* at school. For several days, he had been working on it, and when he finally announced he was finished, I asked him to bring it home. He told me he couldn't bring it home because it was on the wall. I thought he meant the teacher had hung his picture on the wall. Finally, I was at the school a few weeks later, and there was Donkey painted directly on the wall of the school! Communication can sometimes be a challenge," Nora laughed.

"Last year, Orlando discovered Minecraft," Nora said. Minecraft is a computer game that allows the user to create and fabricate buildings, cities and other entities through computer-aided design. "He built our entire house and yard on Minecraft without any instruction," Orlando Sr. offered.

"I also created my dream house on it," Orlando exclaimed enthusiastically. "I designed it with a kitchen, a bathroom with a bathtub, a laundry room, a living room, a bedroom downstairs for my dog and a hallway that leads all the way from downstairs to my upstairs bedroom. It also has a pool in the backyard with a diving board!"

As Orlando spends the next few years in high school, he plans on taking all the art classes he can. His enthusiasm for painting has really grown this year, and he has been commissioned by several friends and family members to paint portraits of their pets. When asked why he likes to paint, Orlando replied with a sincere grin on his handsome face, "Because it is the best thing to do! After I sketch my painting, I just make sure to use the right color and, hopefully, don't mess up." **NOW**

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know that it can be grown to clean up polluted land, but that means that hemp for human consumption has to be grown in clean land, or it picks up heavy metals and even radiation. So, we test for all of that."

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Carrie enjoys educating about what CBD does and doesn't do. "Many people are confused about CBD. There's a long list of conditions that CBD can help with, but CBD, itself, doesn't actually fix the condition," she explained. "It binds to receptors in the endocannabinoid system of the body and helps keep the body in balance. The endocannabinoid system regulates the rest of your body's systems, so even if you don't have a condition now, it helps prevent one from developing, improving your quality of life. It improves sleep and stress management. I encourage people to do their own research using reliable sources, but it can be confusing, since there are no solid definitions of many terms."

Since it's difficult to get solid answers, part of Carrie's mission is in-store education. "A physical location with employees present to answer questions is important," she said. "We offer free samples of many products, so you can try without the expense of buying something you're not sure about, to see if something is palatable to you. That's not something you can do through an online business. And we accept returns. Right now, you can shop in the store, but we can offer curbside pickup or ship to you depending on your level of comfort during the pandemic."

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Zoomed In: Pastor Rickie Rush

By Adam Walker

Pastor Rickie Rush of IBOC mounted Copper to celebrate the University of Dreams preschool graduates. "We always make a big deal about their graduation. We act like they're straight from Harvard, because they are that, in seed form. This year, instead of remembering it for a bad reason, we wanted them to remember it for a good reason. Instead of a knight in shining armor, they got a pastor in academic regalia! We want to reach every child in *their* world. Our motto is, 'Open a school to empty a prison.'"

Horses are important to Pastor Rush. "Children connect with animals. If you can teach them to care for something less than human, and here's this animal caring for them, then they will certainly care for other people."



The Campbell kids perfect their tie-dye skills.



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Kimberly Mosley and her family celebrate the teachers of Ruby Young Elementary.



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CookingNOW

In the Kitchen With

ARLIN MEYER

— By Adam Walker



Arlin Meyer, from Southern Illinois, moved to The Netherlands where he met and married his Minnesotan wife, Margaret. “Our lives have been full of a lot of adventures. Between the two of us, we have been to most of the European countries,” he said. After 30 years of Dutch hospitality, they have returned to Texas.

The Netherlands is a multicultural nation, so Arlin picked up recipes from several cultures while there. “We came to love the variety of cuisine and recipes there. Occasionally, we will share a meal with friends here and cook something we learned from living overseas.”

Arlin is a fan of fish of all kinds, but he warns against substituting mackrel. “I tied that once with my mother’s tuna casserole. Yuk! It tasted horrible!” **NOW**

Runder Zuurvlees/Hachee met Aardappelen en Bruine Bonnen of Rode Kole (Simmered Sour Stew-beef With Mashed Potatoes and Brown Beans)

Serves 4.

1 to 1 1/2 cups flour
2 lbs. stew beef

1/3 cup (approximately) cooking oil
2 bottles dark brown beer, such as Shiner Bock (or substitute with 2-3 cups water, 1/2 to 3/4 cup red wine vinegar and 2 Tbsp. dark brown sugar)
1 tsp. pepper
3-4 fresh garlic cloves, crushed or finely chopped
4 medium onions, halved and cut in strips
2 bay leaves
6-8 whole cloves

1/2 tsp. cumin (optional)
1/2 tsp. coriander (optional)
1 beef bouillon cube, crumbled (or 1 tsp. salt)
4-5 potatoes for mashing
1 large can brown beans (or red cooked cabbage)

1. Place the flour in a large mixing bowl. Add stew beef, coating thoroughly with the flour.
2. In a large, deep pan, add the cooking oil; brown the meat on medium heat until slightly brown, turning frequently. It will start to become thick and pasty; do not allow to burn!
3. Lower the heat. Add the beer; keep stirring until the mixture becomes a thick liquid. (If using a Crock-Pot, you will need to brown the meat first in a deep skillet, and add the liquid prior to transferring to the Crock-Pot.) Add next 8 ingredients. Stir together thoroughly. Let simmer on low heat for 2-3 hours, or until the meat is well cooked. The meat should become very tender.
4. While the meat is cooking, peel the potatoes; cut into medium cubes. Place them in a large cooking pan with enough water to

slightly cover. Cook until done. Mix with a mixer to make mashed potatoes.

5. Open the brown beans; heat on low heat. Serve hache meat over the mashed potatoes and beans.

6. Variation 1: Substitute the brown beans with cooked red cabbage.

7. Variation 2: If using the red wine vinegar option, slowly add the water first to make a semi thick mixture; then add brown sugar and red wine vinegar. The dark brown sugar can be added in both variations.

Boeren Stampot met Rookworst (Mashed Potatoes With Kale and Smoked Sausage)

Serves 3-4.

- 1/2 lb. thick-sliced bacon or finely sliced pork belly**
- 2 lbs. potatoes (approximately 4-5 large potatoes), peeled and cubed into medium chunks**
- 1 large bag chopped kale**
- 1 large plain smoked sausage ring (no Italian or other flavors)**
- 1/2 stick butter, or to taste**
- 1/4 gal. milk, or more as needed**

- 1.** Fry the bacon or pork belly to doneness, but do not overcook. Drain the fat off; set aside.
- 2.** Place potatoes in a large, deep cooking pan; add enough water to slightly cover. Place kale on top. Cover with a ventilated cover. Bring to a boil; reduce heat to simmer. After approximately 10-15 minutes, poke potatoes to test for doneness. When done, remove from heat; drain excess water, being sure not to lose any kale off the top.
- 3.** While potatoes are cooking, fill a separate deep cooking pan with 3-4 inches of water. Bring the water to almost boiling. Reduce heat; place the sausage in the water to cook. Do not overcook.
- 4.** Crumble the bacon or pork belly into medium-size pieces; add to the potatoes and kale. Add butter and milk, as needed. Using an electric mixer, mix until you have thick mashed potatoes. Cover the pan with a lid to keep warm.
- 5.** Drain the water from the sausage. Cut into large 1/4-ring portions. Serve potatoes on a plate with the sausage on the side.
- 6. Variation 1:** Substitute 1 drained jar of sauerkraut for the kale. Small shallots may be added. Proceed as above.
- 7. Variation 2:** Substitute endive for kale. Proceed as above.
- 8. Variation 3:** Peel 3-4 large, hard carrots and 1 large onion. Cut into medium-size chunks. Place on top of potatoes instead of kale. Proceed as above.



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Ezo Gelin (Turkish Soup)

1 medium onion, chopped
2 Tbsp. butter, plus more for sautéing
1 large Tbsp. tomato paste
10 cups chicken broth (or water and bouillon cubes)
1 cup red lentils
1 cup bulgur
2 Tbsp. flour
1/4 cup dried mint
1 tsp. rosemary

1. Sauté onion in a little butter. Add tomato paste; stir until absorbed. Add broth, lentils and bulgur; cook about 30 minutes.
2. In a small saucepan, melt 2 Tbsp. butter. Add flour; stir until brown. Add to soup. Add mint and rosemary. Cook an additional 5-10 minutes.

Indonesian Chicken

1 medium onion, chopped
2-3 cloves garlic
1-2 Tbsp. olive oil
2 chicken breasts, cubed
2-3 pieces fresh lemon grass
3 tsp. turmeric, or more to taste
1 Tbsp. crushed coriander
1 chicken bouillon cube



Ezo Gelin
(Turkish Soup)

2-3 cups carrots
2-3 cups green beans
Hot water
2-4 boiled eggs, shelled
1 can coconut milk

1. Sauté onions and garlic in oil. Add chicken; cook until done, about 10 minutes.
2. Add spices. Add carrots, green beans and water to cover the vegetables. Heat and cook until done, about 10-15 minutes.
3. Cut 3 small slits on each egg before

gently adding to the pot. Let simmer 20-30 minutes to blend spices.

4. Add the coconut milk; let it blend for 5-10 minutes. Serve over rice.

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TALES OF TEXAS RIDING *The* RAILS

— By Angel Morris

You may have heard of the Missouri-Kansas-Texas Railroad, but the Katy Railroad may sound more familiar. That's the better-known nickname of the first railroad to connect Texas from the north with the rest of the United States.

Since the railway was often called “the K-T” — representing the Kansas-Texas division of the Missouri Pacific railroad — the moniker, “Katy,” was born. The railway was a gift to Texas, in the sense that it went into operation on Christmas Day, 1872.

Laying Its Tracks

Two years prior, the Union Pacific Railway Southern Branch started in Kansas and joined a number of smaller railways to traverse the state. It would branch out a month later, extending beyond Kansas and into what was then known as Indian Territory — today's Oklahoma.

On December 25, 1872, the Missouri-Kansas-Texas Railway would begin servicing the Lone Star State by crossing the Red River bridge at the city that would later become Denison and creating a link between northern states and Texas' central and eastern portions. According to the Texas Transportation Museum's website, “Both the federal government and the first post-Civil War Texas legislature had offered all kinds of inducements, as both considered it desirable for the nation to

be connected by commerce as quickly as possible.” This was the beginning of a railway that would ultimately last more than 100 years.

Chugging Along

It may have officially hit Texas in the early 1870s, but it would take many years of construction and acquisition before the railway could service much of the state. In 1886, the Katy reached Dallas, and in 1888, it reached Waco. A Galveston branch in Houston opened in 1893.

In a wild public relations stunt, General Passenger Agent William Crush dreamed up the idea of a mock train crash to introduce more people to the Katy Railroad. William named the temporary town of Crush, Texas, after himself and choreographed the head-on collision of two Katy engines. Despite three people being killed — not to mention that a train crash should have probably been considered negative publicity — the Crush Crash was a success.

On the day of the stunt, the fake city of Crush had the second highest population in the state, with folks coming from all around to witness the collision. The Katy's growth continued, with other milestones, such as building its own line from San Marcos to San Antonio in 1901 and unveiling a premium fast train from San Antonio to St. Louis in 1915.

Stopped in Its Tracks

In the 20th century's later half, travel and transport by train began to lessen. Mergers between railways occurred, and the

Missouri-Kansas-Texas Railroad joined Union Pacific. Fun fact: You'll recall that Union Pacific was M-K-T's original name back in the 1800s.

Today, many of these railways are dormant, although some have become hike-and-bike destinations thanks to the Rails-to-Trails program. The Rails-to-Trails Conservancy has benefited Texas with 34 rail-to-trail conversions spanning 305 miles. Fifteen additional projects are in the works, for another 139 miles of potential rail-trails.

Back on the Rails

Rails-to-Trails Conservancy is the largest trails organization in America, with a mission of repurposing disused railway tracks for use by the general public as walking paths, cycling, horseback riding and even for activities like snowmobiling. Since 1986, Rails-to-Trails Conservancy has spearheaded the rail-trail movement to benefit communities and continue the spirit of the railroad — connecting people.

Also continuing to celebrate M-K-T Railroad, the Katy Railroad Historical Society brings together railway fans through social and educational activities. Founded in 1977, its membership collects and compiles Katy Railroad data and paraphernalia.

The group's annual Spring Meet is held at locations on or near the Katy lines, where displays of Katy artifacts are showcased. A business meeting and banquet feature guest speakers knowledgeable about the Katy Railroad and general transportation. The event culminates in a tour of railroad-related facilities.

Those interested in KRHS membership or research may email krhsinfo@katyrailroad.org for more details. The group's magazine, *The Katy Flyer*, provides information on the M-K-T Railroad through the years and is just another way the railways of days gone by are still connecting people today. **NOW**

Photos courtesy of the Katy Railroad Historical Commission.

Sources:

1. texashillcountry.com
2. railstotrails.org
3. katyrailroad.org
4. txtransportationmuseum.org

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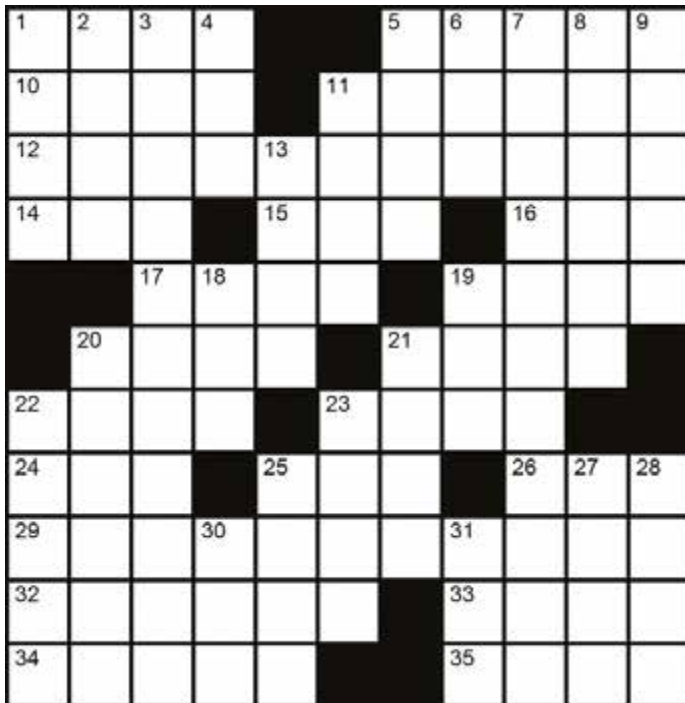
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Solutions on page 36

Across

- 1 "Summertime" singer --- Fitzgerald
- 5 Long for
- 10 Quick look
- 11 Diddy record label
- 12 Constant
- 14 Long-leaved lettuce
- 15 Baby weight units
- 16 It's boring to be stuck in one
- 17 Cosmetic ingredient, often
- 19 Audition sample
- 20 Can cause temporary blindness
- 21 Drones might attack you here
- 22 Some docs' degs
- 23 Bond's M
- 24 To be unwell
- 25 Pony ---, for small beer perhaps
- 26 DoJ enforcer
- 29 Interrogation aid
- 32 Starts an answer to "What's in the paper today?"
- 33 Goat's milk cheese
- 34 Snug shelters
- 35 Horatian works

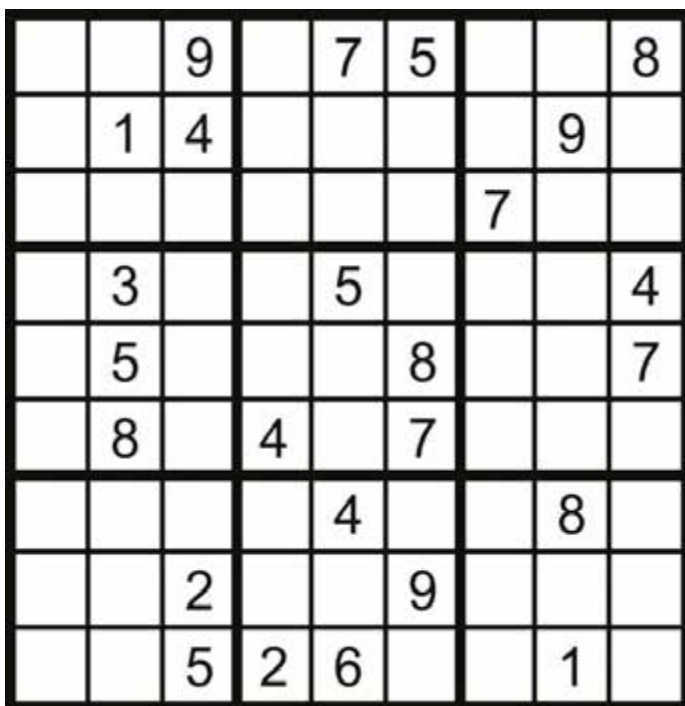
Down

- 1 Huge in scope
- 2 Former "Tonight Show" host
- 3 Ever-decreasing
- 4 Copy
- 5 Elevator chambers
- 6 Vitamin-bottle abbreviation
- 7 Cut short
- 8 Book
- 9 With an --- (mindful of)
- 11 Sacred name in baseball history
- 13 Used to move 20 Across
- 18 LA article
- 19 Solved
- 20 Sunni counterpart
- 21 Very important
- 22 Much-lampooned Alaskan politico
- 23 High-speed streams
- 25 In Florida, they're 113 miles long
- 27 Schlep
- 28 Italian monks
- 30 "Who ---?" (Saints' chant)
- 31 Corp's money mgr.

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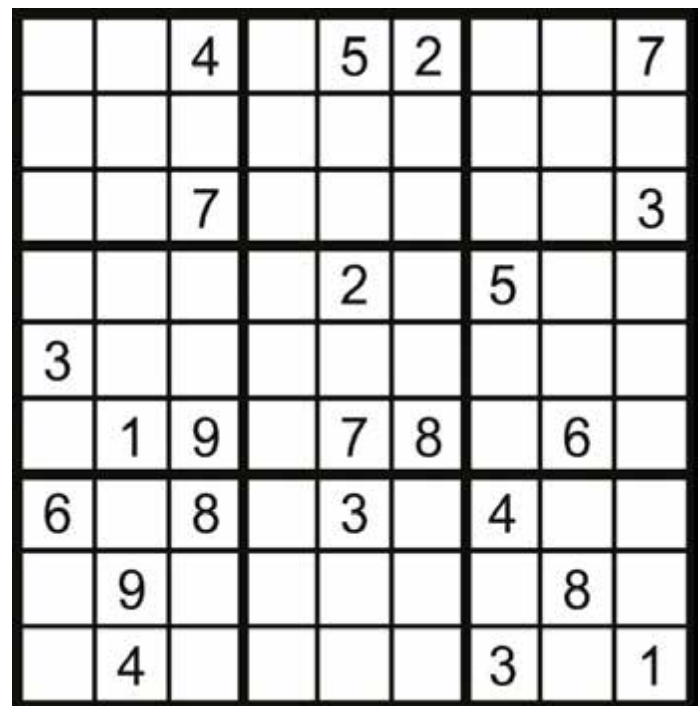
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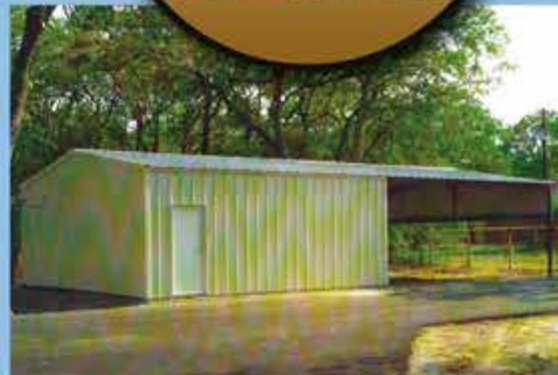


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Trinity Church 1232 E. Pleasant Run Rd., Cedar Hill.

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Submissions are welcome and published as space allows. Send your current event details to adam.walker@nowmagazines.com.



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1	E	L	L	A				5	C	R	A	V	E			
10	P	E	E	P				11	B	A	D	B	O	Y		
12	I	N	S	E		13	P	A	R	A	B	L	E			
14	C	O	S			15	L	B	S			16	R	U	T	
						17	A	L	O	E		18	D	E	M	O
						20	S	N	O	W		21	H	I	V	E
22	P	H	D	S							23	J	U	D	I	
24	A	I	L					25	K	E	G		26	A	T	F
29	L	I	E	D	E	T	E	C	T	O	R					
32	I	T	S	A	Y	S					33	F	E	T	A	
34	N	E	S	T	S						35	O	D	E	S	

Easy

3	2	9	6	7	5	1	4	8
7	1	4	8	3	2	5	9	6
5	6	8	9	1	4	7	3	2
9	3	7	1	5	6	8	2	4
4	5	1	3	2	8	9	6	7
2	8	6	4	9	7	3	5	1
6	9	3	7	4	1	2	8	5
1	4	2	5	8	9	6	7	3
8	7	5	2	6	3	4	1	9

Medium

8	3	4	6	5	2	9	1	7
9	5	1	7	8	3	6	4	2
2	6	7	4	1	9	8	5	3
4	7	6	9	2	1	5	3	8
3	8	2	5	6	4	1	7	9
5	1	9	3	7	8	2	6	4
6	2	8	1	3	7	4	9	5
1	9	3	2	4	5	7	8	6
7	4	5	8	9	6	3	2	1

Happy 4th of July!

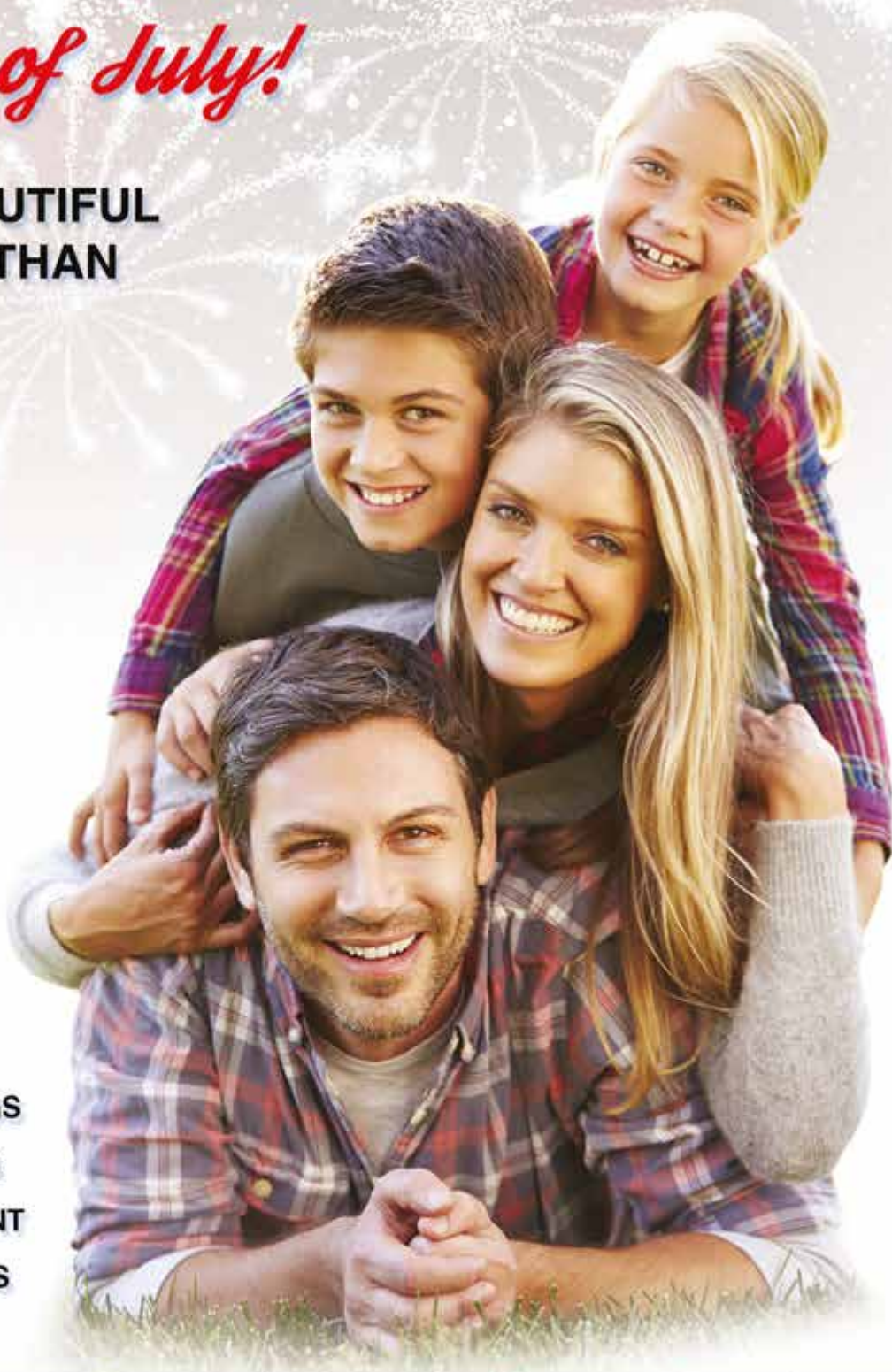
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