BurlesonNow

JULY 2020

Beauty in Motion

Addie Tackett gives her all for fun

Also inside: Seavenger Hunt Kids' Fun Page Crossword/Sudoku Featured Business: Patties Burgers & Fries



Postal Customer

In the Kitchen With David Cavin

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Linda W.

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An energetic 9-year-old beauty queen helps provide hearing aids.

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ON THE COVER

Addie Tackett models a sweet mix of grace, humility and fun.

Photo by SRC Photography.

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Lisa Bell BurlesonNOW Editor lisa.bell@nowmagazines.com (817) 269-9066

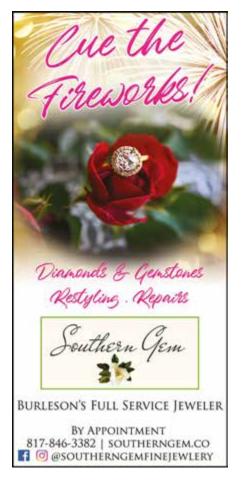
EDITOR'S NOTE

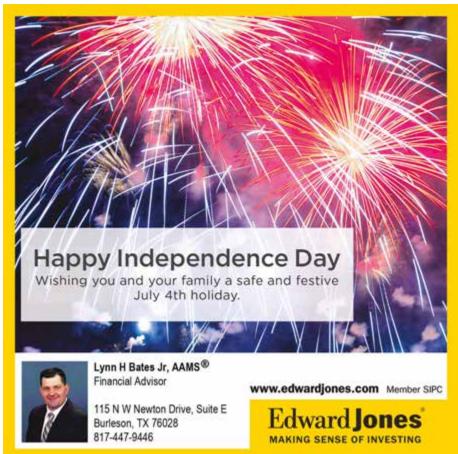
What does freedom mean to you?

This month, we celebrate America. In some ways, the upcoming holiday feels like a timeless tradition, but it also celebrates somewhat of a rebirth after a rough spring. Many of us tasted a morsel of living without freedom. Yet, we maintained the ability to do most of what we wanted. People still picked up food, did some shopping (online or with curbside pickup) and even met and worshiped as groups through technology. And did we come through everything stronger? Of course, we did. That's the pride born into our nation. We face adversity and overcome it, whatever that requires.

As we enter July, I am grateful for the blessings in my life. I'm thankful for a job where I have the privilege of telling beautiful stories even when times get tough. I believe good comes from everything, and I don't say that lightly. Some of you aren't celebrating — yet. Let me encourage you. Find inspiration in looking back at history. I'm sure during the beginning days of America, many people wanted to give up. Tired, cold and filled with sorrow, they had little strength. But they didn't quit. They kept pushing forward, and I'm glad they did. Because of our ancestors, we experience freedom, and in that freedom, we find strength. We stand undefeated, no matter what. As we celebrate America's birthday, may we also celebrate the liberty we perhaps take for granted. The right to live in a free society cost much, but our forefathers thought it was worth the price.

Happy Birthday, America!





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Beauty in Builton By Lisa Bell Motion

"I don't have time to sit down," stated Addie Tackett. The active 9-year-old pageant queen loves life. When she talks about sports, acting or dance, her enthusiasm bubbles up and spills out. Mix these three with other activities and you understand why she can't sit still. With a world full of opportunities to figure out what she enjoys most, this bundle of vitality doesn't dare slow down long. Of course, some of that changed during the past few months because of the coronavirus.

Addie didn't spend her toddler years participating in beauty pageants, and she doesn't compete in all of them either. When she won the Texas title last summer in the National America Miss pageant, it was only her second contest in two-years of competition. Her best friend, Ashlyn Favors, got her interested by sharing all about NAM.

"She and her best friend are joined at the hip," said Addie's mother, Brandi Tackett. Since first grade, the two girls have been in the same school. Both of their moms have long-term friends in their lives, so it's natural to the girls.

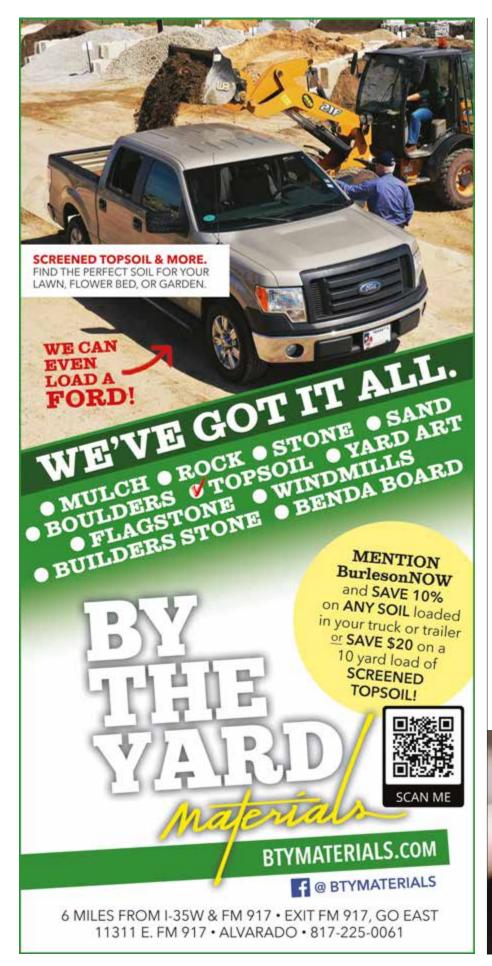
Addie spends most of her downtime with Ashlyn. "Cheryl [Ashlyn's mother] is a second mom," she admitted.

In her initial competition, Addie won third runner-up. Winning in 2019 came as a surprise. "I'm really competitive," Addie said. But in all



"Just let go, and trust yourself."





honesty, she wanted to wear the big, pretty dress. For state, she donned a hot-pink gown, and at the national level, she went for blue, but purple is her all-time favorite color.

NAM targets building self-confidence, the ability to excel in public speaking and building character. Winning at the state level out of 102 girls paves the way to enter the national competition. The girls receive a \$1,000 scholarship to help cover expenses with the flight and costs of attending the national competition. However, the queen's court (first through fourth runner-ups) can also compete at the national level in a separate contest titled "All American." At nationals, 35 girls competed last November in Anaheim, California. Although Addie didn't win, she placed seventh, an admirable feat for any young girl.

As the National America Miss Texas, Addie represents her home state. Maintaining and protecting her crown and sashes, she gets to attend NAM pageants in other states as royalty. Plus, she presents a role model, not only for pageant contestants, but for all girls. She must show confidence in herself and participate in community involvement.

As an added bonus, not part of NAM, she got to attend New York's fashion week in February, acting as an ambassador for one of the clothing brands. She seated people, worked backstage, kept up with some social media and hung out with VIPs.

In order to fulfill community involvement, Addie and her family want to create a nonprofit near to her heart. Born with a hearing defect, Addie wears a Bluetooth-style hearing aid that works like listening over a headphone and can connect to phones or computers. "I have



the best hearing aid ever," she admitted. "But some kids and even adults can't afford any hearing aid."

Her dad, Kevin, also wears them. The nonprofit would raise money to provide hearing aids for those who can't afford to purchase them or don't have insurance to cover the cost adequately. In the meantime, Addie volunteers her time at Mission Arlington, handing out food items to people in need. She also helps at Hope Supply, creating diaper packs for those in need, and volunteers with Ronald McDonald House, playing bingo.

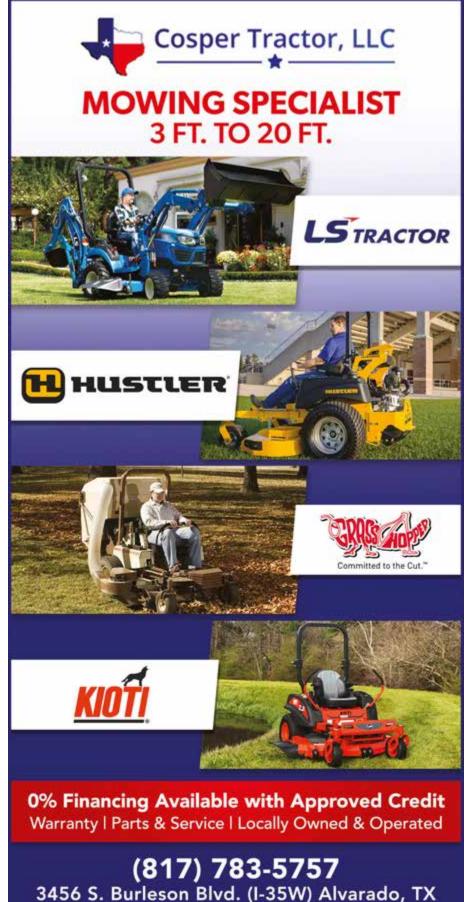
Addie does some modeling and acting and attends classes for the latter. During normal times, she also takes five dance classes including her hip-hop crew, which happens to be her favorite style. She enjoys all types of dance and does tumbling, as well as playing basketball and volleyball. She is in choir, guitar lessons and runners' club. "You gotta start when you're little, so you know what you like," she said. "But my parents said, 'No,' to softball. She can't fit it in without giving up something.



Brandi added, "We let them try and decide what they like. It's important to let them figure it out."

A straight-A student, Addie likes writing, science and math. She seldom has any homework. "I like learning division because it's fun. But I love spending time with Millie, my puppy."

In early 2020, Addie competed in a virtual version of International Junior Miss because of the coronavirus. Although she took the first runner-up position, the dynamic girl mostly wants to have fun and keep trying. "Keep on trying," she shared. "Don't let anything stop you from being who you are. Just let go, and trust yourself." She models those sentiments well.



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— By Lisa Bell

Patties Burgers & Fries

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Hours: Monday-Friday: 11:00 a.m.-7:30 p.m. Saturday: 11:00 a.m.-7:30 p.m. Sunday: 11:00 a.m.-2:00 p.m.

Although Patties Burgers & Fries owners, Noel Moran and Pattye Robles, have lived in Burleson since 2002, they didn't open the business until August 2019. The mother-and-son team wanted to fill a need they observed.

"The area we're in needed a good place to eat that serves fresh food with high-quality ingredients," Pattye said.

Noel added, "I used to call it the Rendon food crisis." Located east of Interstate 35, the available space initially attracted them. But Noel grew up in the area. Both he and Pattye are familiar with the community and involved with people who live nearby. "We come from a long line of restaurant owners," Pattye shared.

RESH BAKED BUNS

Market research and evaluation confirmed their belief. The general population in the area eats a bunch of burgers. So, they opted to do one thing well — make the best burger possible. People tell them they achieved that goal by offering the best burger they've ever had. Patties Burgers & Fries always uses 100 percent fresh Angus beef, never frozen. Of course, they also cook up fries, onion rings and mozzarella sticks to go alongside the tasty burger options. In addition to the classics, they also serve a few dressed-up versions, all on a grilled pub-style bun.

With an influence of different countries, Pattye and Noel create a unique flavor, but the atmosphere enhances the dining

experience. When designing the building, they purposely included an open kitchen blueprint. "You can watch every step of food being made, packaged and brought to you at your table," Pattye shared. "In our family, we're all foodies. And we prefer open kitchens."

While rare to find in a restaurant, the open design allows customers to participate in the creation of their meal, if they desire. "It's like standing at the bar, watching your mom or brother making your food. It feels like family," they said. At Patties Burgers & Fries, they welcome suggestions such as, "That's enough mustard," or, "More pickles, please." The immediate feedback helps them serve better burgers.

The open kitchen also demands constant cleaning, which is not only good for guests, but also for employees. And in the current environment, that's even more important. Pattye and Noel agree that their setup helped tremendously during the coronavirus outbreak. As a newer business with few employees, they felt less impact from the partial shutdown in the industry.

"We come from a long line of restaurant owners."

As a young business, they haven't yet reached a place to support local organizations much. Nevertheless, they allow first responders to eat free. That's the best way they know of to give back to the community. Pattye admitted, "The community support for small businesses [during COVID-19] has been incredible — beyond what I expected. I hope to see the community stick to that mindset."

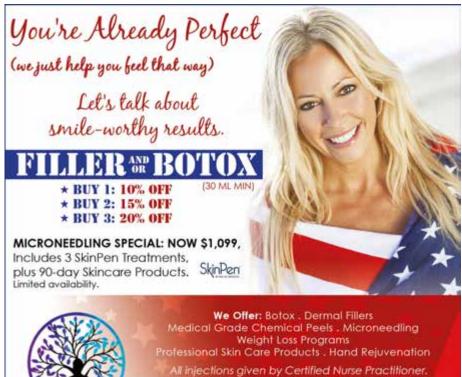
While Patties Burgers & Fries isn't fast food, they serve quickly, and you can call ahead to save time once you get there. Often large groups come and linger. People enjoy hanging out and sometimes have meetings. "It's a relaxed atmosphere, where people don't want to leave," Noel said.

As they move forward, both Pattye and Noel want to be generous and considerate with their customers. According to this mother and son, "Everything is always made with love lots of it."





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MM

Janie Lee, winner of the \$50 Cash Prize from NOW Magazines, said, "I enjoy your magazine and the articles you write each month. Thank you so much!"



Mary-Linda Henderson, winner of the 2nd \$50 Cash Prize from NOW Magazines, said, "I enjoyed playing the scavenger hunt. I loved hearing the good news of being this month's winner. Thank you!"

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Zoomed In: COVID Testing Providers

In spite of hot summer days, the dedicated team at the COVID-19 mobile test location near BRiCK in Burleson continues serving with compassion. Nameless and faceless, they remain positive and kind while taking care of people who require testing. One team member shared, "With Huguley moving to less testing so they can better care for patients, we'll likely be around for a while." The team still sees dozens of testers each day. "We never see test results," they said. "We send off the tests and move on." So, in masks and gowns as the sun beats down on them, those who staff the site persist. And for their service, we should all be grateful.

Around Town



Students of the Academy of Okinawan Karate of Texas train via Zoom.



Tricia Guzman enjoys a little fishing while furloughed.



Coronavirus doesn't keep Chicken Salad Chicks from serving food in a fun, safe environment.



The Sires family enjoys a fun summer day.

By Lisa Bell

NOW



Through technology, Governor Greg Abbott connects with local small business owners.



Sparta soccer resumes practices.



Swimmers stop for a time of instruction at the BRiCK pool.



Workers make progress on the Old Town City Green project.







¹Substance Abuse and Mental Health Services Administration. (2018). Key substance use and mental health indicators in the United States: Results from the 2017 National Survey on Deug Use and Health (HHS Publication No. SMA 18-5066, NSDUH Series H-53). Rockville, MD: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration.

Start talking with your kids about the facts. For tips on how—and when—to begin the conversation, visit www.underagedrinking.samhsa.gov.



Reach Across Johnson County is a community coalition dedicated to reducing youth substance misuse through implementing programs that support safe and healthy choices vital to the well-being of our youth, families and community. For tips on helping your kids find healthy ways to deal with stressful situations and for resources on safely disposing of any unused or expired Rx, visit us on Facebook: https://www.facebook.com/reachacrossjohnsoncounty/



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Growing up in the kitchen with his mom launched David Cavin's love of cooking. He still makes many of her recipes for his kids but enjoys creating new dishes. "Sometimes, all you have is what is in your kitchen, and that is the best time to create new meals," he shared. "That's how the Smoked Tilapia With Cajun Shrimp Rice happened."

Cooking provides an escape for David, an opportunity to play with new foods and ingredients, inspired by his wife and children. "I get the chance to create new meals with things I know they will eat," he said. "I enjoy smoking meat more than anything. Brisket, ribs, pork chops, even fish. If I can fit it in my smoker, I will make a recipe and make it fit!" NOW

Buffalo Chicken Dip

- 6 5-oz. cans chicken breast
- 2 cups sharp cheddar cheese, finely shredded
- 8 oz. blue cheese crumbles (divided use)
- I cup ranch dressing
- I cup buffalo sauce
- 1 Tbsp. hot sauce
- Additional sharp cheddar cheese, to taste

Preheat oven to 400 F. Drain canned chicken; add to a 9x 12-inch casserole dish.
 Shred the chicken while spreading it across the bottom of the pan, making sure not to leave any large chunks. Top with cheddar cheese.

3. Evenly layer 4 oz. blue cheese crumbles across the cheddar. Pour ranch dressing over the cheeses. Pour buffalo sauce and hot sauce into the pan.

4. Using a spoon, gently mix the ingredients in the pan and flatten out evenly. Sprinkle remaining 4 oz. blue cheese on top of the mixture.

5. Sprinkle additional cheddar cheese across top of dish to cover. Bake at 400 F for 18 minutes.

Brown Sugar Glazed Ribs

Rub:

3 Tbsp. paprika 1 Tbsp. whole peppercorn 2 Tbsp. onion powder 1 Tbsp. cumin 1 Tbsp. salt 2 Tbsp. garlic powder 1/2 cup light brown sugar *Ribs*:

I rack ribs I 12-oz. bottle squeeze butter Heavy-duty foil For rub: In a food processor, mix all rub ingredients. Process until fully blended.
 For ribs: Remove any membranes from the ribs, if necessary. Grab the squeeze bottle of butter; apply butter, liberally, to both sides of the ribs.

3. When completely covered with butter, add rub to both sides of the ribs, making sure to cover the entire rack well.

4. Smoke the ribs at 220-225 F, unwrapped, for 2 hours, bone side up. Remove from smoker. Add more butter and rub to bone side.

5. Completely wrap the ribs with the heavy-duty foil, making sure no meat is exposed. Place ribs back in the smoker for an additional 2 hours.

6. Remove from the smoker and enjoy!

Smoked Tilapia With Cajun Shrimp Rice (Spicy)

Makes 6 servings.

Rice and shrimp: 2 cups white rice 2 Tbsp. butter 1 Tbsp. shrimp/crab boil 1 lb. shrimp 2 tsp. Old Bay Seasoning 1 tsp. lemon pepper 1 tsp. garlic powder 1 tsp. cayenne pepper

Tilapia:

Tbsp. olive oil
 Tbsp. lime juice
 Tbsp. lemon juice
 Tbsp. garlic powder
 Tbsp. lemon pepper
 tilapia filets, thawed
 Cedar planks, for grilling
 Parmesan cheese, to taste

I. For rice and shrimp: Cook rice according to package directions. When done, add butter and shrimp/crab boil. Remove tails from the shrimp.

2. Add remaining seasonings to the shrimp. Mix well; pan fry. When the shrimp are fully cooked, add the rice to the frying pan with the shrimp.

3. *For tilapia:* Mix oil, lime juice, lemon juice, garlic powder and lemon pepper, making a rub for the fish.

4. Apply the rub to the top of each filet. Place the tilapia on cedar planks; place on a smoker at 175 F for 1 hour.

5. After smoking, remove the tilapia; top with cheese. Bake at 350 F for 12 minutes. On each plate, place some of the rice/shrimp mixture; top with tilapia and enjoy.





Coupon Expires 7/31/2020

Debbie, LMT #132573

Bacon Blue Cheese Chops

Rub: I Tbsp. salt I Tbsp. black pepper I Tbsp. garlic powder I Tbsp. onion powder I Tbsp. paprika I Tbsp. cumin 6 Tbsp. brown sugar

Chops: 1 pkg. thin-cut pork chops 1 pkg. bacon Sharp cheddar cheese, to taste 4 oz. blue cheese crumbles

I. *For rub:* Combine all seasonings in a small bowl; mix well.

 For chops: Apply a good amount of the rub to the pork chops. Using the entire package, wrap bacon around each pork chop.
 Place chops in a casserole dish; cover with cheddar cheese. Sprinkle blue cheese on top of the cheddar. Bake at 400 F for 25 minutes.

Breakfast Casserole

1/2 loaf bread, any type

1 lb. breakfast sausage

l pkg. favorite bacon, maple recommended



6 eggs 1/2 Tbsp. cinnamon 1/4 tsp. vanilla extract 2 cups milk 1/4 tsp. maple extract (optional) Sharp cheddar cheese, shredded, to taste Maple syrup, to taste

I. Preheat oven to 400 F. Cube the bread; place it in the bottom of a greased casserole dish. Brown the sausage; mix the sausage into the pan of bread.

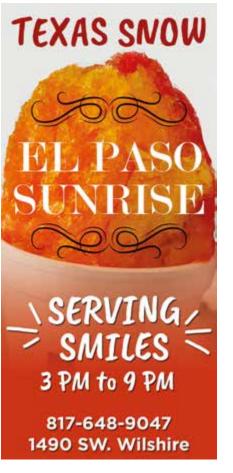
2. Cook the bacon until done. Dice the bacon; add it to the pan.

3. In a large bowl, whisk together the eggs, cinnamon, vanilla and milk. Add maple

extract for additional flavor, if desired. Pour over the meat and bread mixture. **4.** Top with as much or little cheese as desired. Bake at 400 F for 15-20 minutes, or until there is no longer any liquid in the pan.

5. Drizzle maple syrup on top; cut and serve.

To search for more great recipes from any of the 9 NOW Magazines publications, visit www.nowmagazines.com.





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LIBRARY NEWS

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Many events scheduled for July and August will take place virtually. Check the website for details on events, times and virtual delivery methods. With the ever-changing environment, be sure to check back as dates approach for additional updates.

Although summer reading programs began in May, you still have time to participate until the end of July. Add extra badges by completing activities in addition to daily reading.

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TravelNOW Hill Country Secret

— By Lisa Bell

Between Austin and San Antonio, 16 short miles north of San Marcos, lies a delightful community inhabited by about 3,000 people. The center of Wimberley, Texas, sits at the convergence of Cypress Creek and the Blanco River. Spectacular views alone might draw visitors. But look a little closer. When searching out a nearby getaway, Wimberley rates as a perfect spot for a summer retreat from the Metroplex.

Like many historic towns, Wimberley Square features various shops, restaurants, dance halls and honkytonks. The hub of community events, the coronavirus created some

changes, but it didn't shut them down for long.

Jacob's Well, an interactive natural area, offers trails for hiking and water for cooling down. A human sundial and a giant, metal spider web make great photo backdrops. Normally, you can find extra activities, but be sure to check the website for current restrictions. The "well" itself springs from the Trinity Aquifer. It hosts the second-largest submerged cave in Texas. You must reserve a time to swim in the amazing, deep hole.

Hidden near the center of Wimberley, Blue Hole Regional

Park provides an abundance of nature. The park includes four miles of trails, picnic areas, a basketball court, sand volleyball court and more, plus the Blue Hole Swimming Area. The park reopened to visitors on June I, 2020, after months of shutdown. During summer months and some fall weekends, clear water beckons guests. Because of COVID-19, reservations are now required, so be sure to make yours in advance. You don't want to miss this amazing area.

Tucked away at the edge of town, Emily Ann's Theatre & Garden offer an amazing way to spend an hour or a day. At this remarkable spot created in memory of Emily Ann Rolling, who loved live theater and the great outdoors, watch adult and children's productions when available — some virtually for a season. The theater only captures half of the area honoring the young namesake who lost her life at 16.

Roaming nature trails throughout the park only begin the beauty. Walkways wind between displays of public art and well-maintained gardens, incorporating a children's memorial area and multiple stages. At the top of the hill, the Veterans Memorial celebrates every branch of the military — an amazing place to reflect and remember the sacrifice of many. Spectacular views add to the atmosphere. As a perfect ending to the day, watch the sun slip behind the horizon. Then, walk back through lighted pathways with a sense of peace and restoration.

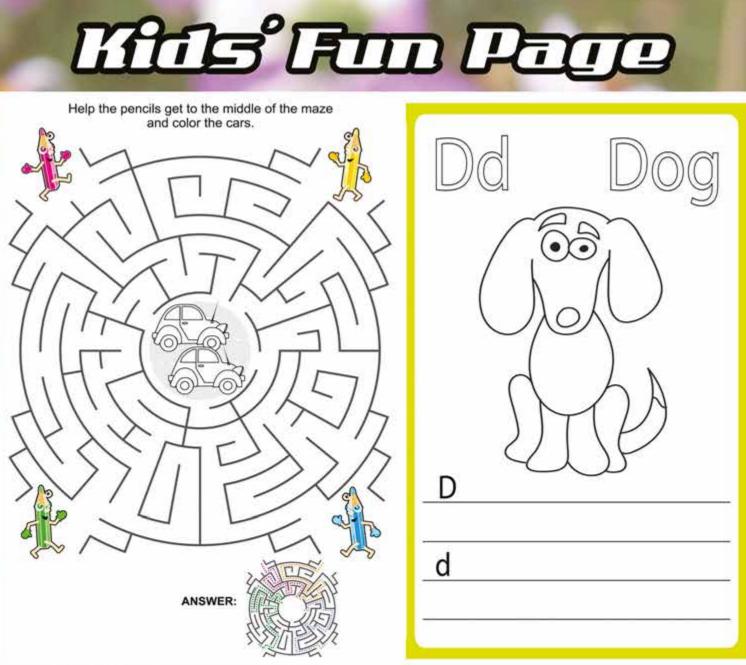
In Wimberley, you can watch artisans at work blowing glass, creating pottery and more. And several parks provide additional outside areas to gather. As Texas reopens, rest assured every business follows guidelines to keep employees and customers safe. With splendid lodging, including cabins on the square, play hard and retreat for the evening. Remember to practice social distancing, but don't let a virus keep you from discovering this charming treasure. **NOW**

For more information and to make reservations, visit www.visitwimberley. com. Photos by Lisa Bell. Receive 10% OFF 1 Custom School Shirts 20% OFF 5 Custom School Shirts 20% OFF 5 Custom School Shirts 20% OFF 5 Custom School Shirts 20% OFF

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Fill in the missing numbers

1	+	7	=		3	-	=	
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	-	2	=			+	=	9

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Crossword Puzzle

9	8	7	6	5			4	3	2	1
	┢	+			11		\vdash	+	\vdash	10
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28	27	26				25		1		24
\vdash	+		31				30	1		29
	+		33			\vdash	1	+	-	32
	+		35	P.			-	+		34

Across

- 1 "Summertime" singer --- Fitzgerald
- 5 Long for
- 10 Quick look
- 11 Diddy record label
- 12 Constant
- 14 Long-leaved lettuce
- 15 Baby weight units
- 16 It's boring to be stuck in one
- 17 Cosmetic ingredient, often
- 19 Audition sample
- 20 Can cause temporary blindness
- 21 Drones might attack you here
- 22 Some docs' degs
- 23 Bond's M
- 24 To be unwell
- 25 Pony ---, for small beer perhaps
- 26 DoJ enforcer
- 29 Interrogation aid
- 32 Starts an answer to "What's in the paper today?"
- 33 Goat's milk cheese
- 34 Snug shelters
- 35 Horatian works

22 Much-lampooned Alaskan politico 23 High-speed streams

21 Very important

20 Sunni counterpart

Down

4 Copy

7 Cut short

18 LA article 19 Solved

8 Book

1 Huge in scope

3 Ever-decreasing

5 Elevator chambers

2 Former "Tonight Show" host

6 Vitamin-bottle abbreviation

9 With an --- (mindful of)

13 Used to move 20 Across

11 Sacred name in baseball history

- 25 In Florida, they're 113 miles long
- 27 Schlep
- 28 Italian monks
- 30 "Who ---?" (Saints' chant)
- 31 Corp's money mgr.

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3

Solutions on page 36

						Ν	Sudoku Puzzle									
	7	5			8				4		5	2			7	
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Easy

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Solutions on page 36

3

8

1



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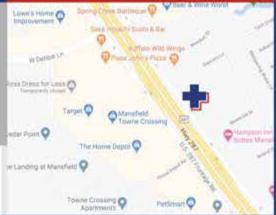
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Council approved the Lions Club parade with changes to allow for social distancing. The city's annual fireworks display at Chisenhall Fields will take place, but without a concert or concessions.

7/3-7/5

Wild West

Independence Day:

Celebrate with the Chisholm

Trail Outdoor Museum. Fun

for the entire family. Enjoy the

trail, a John Wayne tribute, pie

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p.m. daily, 101 Chisholm Trail,

Cleburne. Visit www.facebook.

com/chisholmtrailmuseum, or

call (254) 998-0261 for details.

7/4

July 4th Parade

and Fireworks:

At the June 15 meeting, the City

nels

Updates for time and details coming soon and available at www.burlesontx.com and www.facebook.com/burlesonTX.

7/31

Full Circle Women's Conference: FCWC goes virtual. Join for a full day of fun and fellowship as women learn, inspire and grow in business and personal relationships. 9:00 a.m-4:00 p.m. Register to receive virtual meeting details at www.fullcircleconference.com.

8/8

WORDfest SW:

Free virtual event that gives writers a chance to chat with fellow writers, literary leaders and industry pros to learn how to take your work to the next level. 10:00 a.m.-4:00 p.m., multiple social media outlets, wordwriters.org.

Third Tuesday Heart & Soul Writers: A Christian writers group designed to encourage, support and improve skills. Zoom option may be available. 7:00-9:00 p.m., Alsbury Baptist Church, 500 NE Alsbury Blvd. Contact lisabell@bylisabell.com, (817) 269-9066.

Submissions are welcome and published as space allows. Send your event details to lisa.bell@nowmagazines.com.

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Crossword -Sudoku Solutions

'E	² L	³ L	⁴ A			⁵ C	⁶ R	⁷ A	٥V	ε
¹⁰ P	Ε	Е	Ρ		¹¹ B	A	D	В	0	Y
12	N	S	E	¹³ P	A	R	A	В	L	Ε
¹⁴ C	0	S		15 L	В	S		R	U	Т
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	20 S	N	0	W		21 H	1	۷	Ε	
22 P	н	D	S		23 _J	U	D	1		
24 A	1	L		28 K	Ε	G		²⁶ A	²⁷ T	28 F
29 L	1	Ε	30 30	Ε	Т	Е	³¹ C	Т	0	R
32	Т	s	A	Y	S		³³ F	Е	т	A
34 N	E	S	т	S			35	D	E	S

Easy

3	2	9	6	7	5	1	4	8
7	1	4		3	2	5	9	6
5	6	8	9	1	4	7	3	2
9	3	7	1		6	8	2	4
4	5	1	3	2	8	9	6	7
2	8	6	4	9	7	3	5	1
6	9	3	7	4	1	2	8	5
1	4	2	5	8	9	6	7	3
8	7	5	2	6	3	4	1	9

Medium

8	3	4	6	5	2	9	1	7
9	5	1	7	8	3	6	4	2
2	6	7		1	9	8	5	3
4	7	6	9	2	1	5	3	8
3	8	2	5	6	4	1	7	9
5	1	9	3	7	8	2	6	4
6	2	8	1	3	7	4	9	5
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