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ON THE COVER



Chris Accardo leads the public library in serving the community.

Photo by Kenzie Luke.

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Editor's Note

Hello, Weatherford Friends!

What an incredible month in Weatherford. Of course, celebrating America's birthday is a big deal. But July also means peaches — juicy, sweet, Texas-heaven-of-flavor bursting in your mouth and running down your chin. I can't wait for the festival and all that comes with it! For anyone new to Parker County, the Peach Festival is a big deal in Weatherford — as it should be. Who doesn't love peaches?

I'm thankful for the freedoms we have in America, times when a community can join on the historic square and simply have a good time. Whether watching a parade and fireworks on the Fourth of July or enjoying the many items made with peaches, may we never take for granted our patriots who fought so hard for our liberty. Remember what the creation of America cost, and thank God for our freedom.

Have a wonderful Fourth of July!

Lisa

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“There is no other place in our society where you can walk in with any kind of issue, and people will help you find what you need to do, free of charge, like the library does,” Chris Accardo, director of library services for the city of Weatherford, said. “Whether it’s grant applications for college funding, trying to find a job, a need for the Internet or more, we are here to help and serve our citizens.”

For the last five decades, serving is exactly what the Weatherford library has been doing. While the library originally began as a children’s library in the 1950s, the city and county funded and officially recognized the Weatherford Public Library in 1966, which operated in an old Weatherford College building on Main Street. The library building at 1014 Charles St. was dedicated on June 20, 1976. To celebrate 40 years at the same location, there have been special events all throughout the summer, complete with birthday cake and festivities to commemorate the library’s impact on the community.



DECADES OF LITERATURE & SERVICE



The library is in the final stages of completing a facility-needs assessment in an effort to plan for the library’s future. “We want to reflect the community in our activities and events, so this study will help direct us to what is important, and we can plan accordingly,” Kellie Boyd, community and events librarian, said.

With so many services and activities taking place at the library daily, there is something for everyone, be it the Summer Reading Challenges for kids and teens, the Adult Summer Library Challenge, weekly teen events, crafts, story time and much more. In fact, during the summer the library schedule is packed with at least one activity every day.

“For the adults, we offer monthly events: coloring classes, book clubs, knitting and crochet classes and everything in between,” Kellie said. “We aim



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— *By Lindsay L. Allen*

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Kelly and Brady Ticzkus love all the services and activities the library has to offer.

to partner with local businesses and organizations to provide events and services in fulfillment of our role as a civic and cultural hub of the community.”

The library really wants to stress to the public the variety of services they offer. To help do this, Kellie has created the Adult Summer Library Challenge, in which participants receive a raffle ticket for each challenge completed. That translates into an opportunity to win big prizes at the end of the summer. Challenges include downloading a library e-book, reading in different categories (mystery, science fiction, etc.), listening to audiobooks, locating an ancestor in the genealogy room, attending library events, placing an item request in the library catalog and finding a journal article using a certain database, to name only a few.

Not only adults have the opportunity to complete challenges and win awesome prizes. Youth Summer Reading Challenges provide incentives for kids and teens to come in and read when school is out. “The challenges are designed to keep their skills up over the summer and avoid ‘summer slide,’ where students might lose reading comprehension during this time period. Our goal is to keep the kids reading,” Chris said. The prizes vary, based on levels, but include food and ice cream



certificates, prize chest selections, new books and medals.

Summertime events at the library can get crazy and fun with magicians, puppet shows, science experiments and animal encounters that bring in snakes, lizards, rabbits, foxes and insects, among other things. This summer has been no different, except for the extra activities to commemorate the library's 40 years in their building.

Of course, none of this could happen without the faithful dedication of the library's volunteers. "If you were to total all the hours by the volunteers, both adult and teen, you would find that they equate to a bit more than a full-time position," Chris said.

"Our volunteers help with a variety of tasks, from moving material on and off the shelves, processing books, preparing for programs and assisting with book sales," Kellie explained.

She points out that another service the library offers the public is free access to Ancestry.com. "This year, we have been focusing on organizing our genealogy records and converting historical documents to digital format. In addition, we have some volunteers who are able to help with this from home by cutting out the weekly obituaries and adding them to the genealogy collection," Kellie explained.

If the 100,000 items on the shelves at the library or the 1,000 new items rotated in each month don't have what the citizens need, then the online portion of the library should have it. The purpose of the PEACH program, Preserving and Expanding Access to Culture and History, is to collect and digitize local historical documents and recordings, and then



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make them easily available. Anyone can log onto the library's website and find their yearbook, from any Parker County high school, then download it to their own device. Additionally, numerous oral history recordings from residents discuss what it was like to grow up in the area.

After celebrating 40 years in the building, the city is looking toward the future of the library and how best to meet the needs of the 10,000-12,000 users who pass through its door monthly. "Currently, we don't have individual study rooms, small group study rooms or couches for parents in the kid's area, and our floor space is limited. We are relying on this needs assessment to see what our users want, so we know where to add space and what features to maximize to offer the public what they need," Chris stated.

The 40-year celebration isn't just a time for looking ahead, but it's also a time for looking back. When asked about a unique memory from his time at the library, Chris smiled as he told the story of a gentleman who had since moved away from the area but had checked out a book while the library was still operating as a children's library. "That would have been back in the 1950s. But a few years ago, he found the book, complete with the checkout receipt, and returned it to the library," he said. "A television news crew accompanied him to mark the unusual event."

It doesn't take long to discover that the staff at the library is only interested in what is best for the citizens of Weatherford and Parker County. Chris pointed out that many organizations use the library for meetings, but meeting room space is limited. He hopes the needs assessment will show them if they should expand in this area or not. As the library staff celebrates four decades in one building, many wish them the best of luck in serving Weatherford and Parker County residents for another four-plus decades. **NOW**

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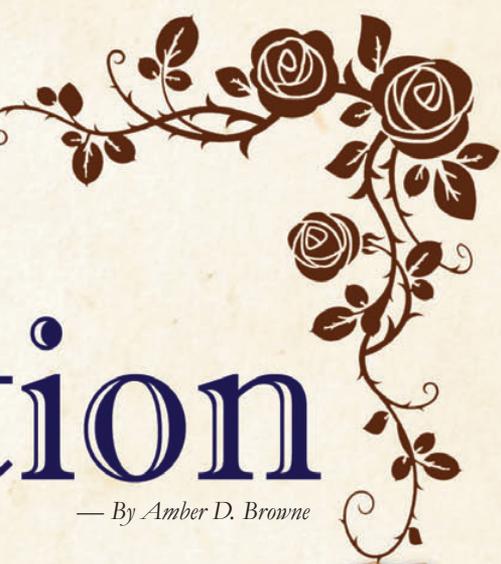
Historic Preservation

At Home With
Nathan Lowe &
Abby Hamesley Lowe

Sounds of a toddler's laughter fill the home of Nathan Lowe and Abby Hamesley Lowe. "Baby Tate" can often be found tromping through freshly cut grass out front, as his parents watch joyously from the porch swing. The family moved to the historic McFarland home near Cherry Park last July and have been renovating the house to its previous glory ever since.



After an overview of the home, experts determined the plumbing and electrical systems should be replaced. Both systems were updated and a new HVAC system was installed. The wooden floors were recently refinished and revealed honey brown tones. The home, built in 1910, still boasts original doors with glass doorknobs. The exterior doors and a few interior doors feature beveled glass panels. Originally French doors, the entry from the front porch has been replaced with an oversized glass-pane door that allows natural light in.



tion

— By Amber D. Browne



A Craftsman fireplace provides for warm winters cuddled up on the honey-brown leather couch in the living room. Shortly after moving in, Abby spent about eight hours cleaning the soot-covered brick to reveal the true Craftsman design. Light-blue barrel ceilings in the living room resemble a clear sky. She repainted the walls tan to offer a neutral background for decor destined to hang from picture rails that encircle each plaster wall in the home.

Owning and caring for a historic home can be a big undertaking, but Abby believes the hard work is worth it. "I was raised by men who knocked on

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walls looking for studs,” she explained. Her father, Gordon Hamessley, was instrumental in a few remodel projects at the home. After noticing a crack in the living room plaster wall, he realized it indicated a hidden door. “It all started to make sense,” she said. Her father cut the door back in, and it now leads to a guest bedroom, which previously served as the master bedroom.

The master has been moved upstairs to the airplane bungalow. “This is called an airplane bungalow because if you stand in the middle, you have a cockpit view,” Abby explained. The second story was

added to the home in 1931. More than a dozen original windows line the gray walls, providing a 180-degree view of the neighborhood. A half wall divides the room with one area serving as the bedroom, and the other as an office and sitting area. The early 20th century addition includes a large closet and full bathroom with original tile and fixtures. The downstairs bathroom was also remodeled in 1931 and features black and light pink tile.

The kitchen has been completely renovated. During demolition, Abby’s father discovered original wainscoting,



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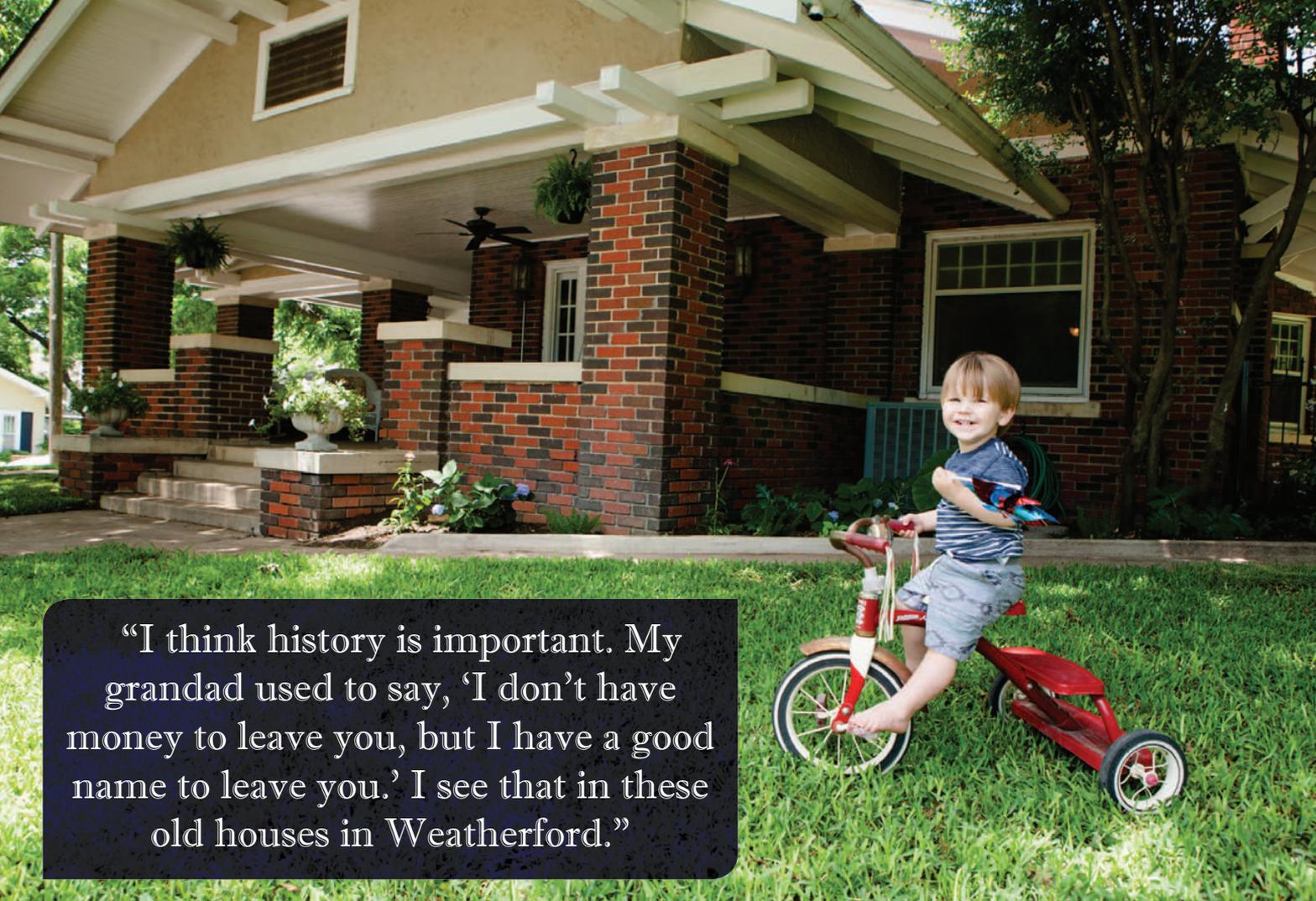
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“I think history is important. My grandad used to say, ‘I don’t have money to leave you, but I have a good name to leave you.’ I see that in these old houses in Weatherford.”

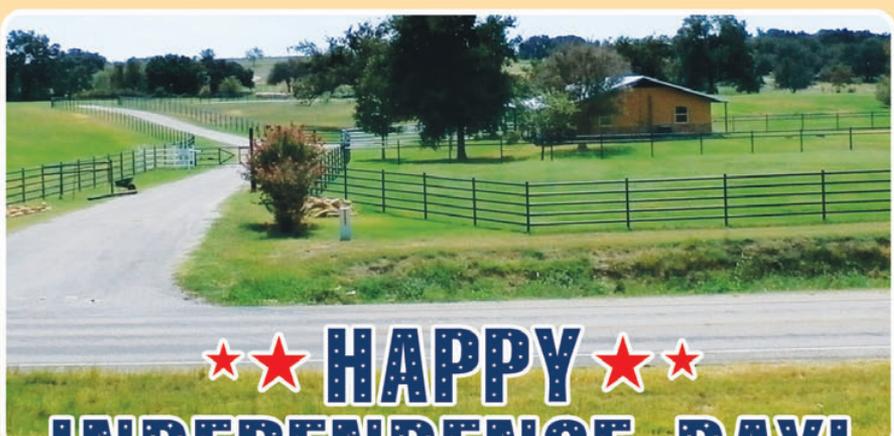


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MAKING SENSE OF INVESTING

They decided to change the layout, rearranging the refrigerator and stove to allow more room to gather and share stories while creating family meals. Nathan and Abby purchased two ovens from a historic building in Deep Ellum in Dallas and used one for spare parts to rebuild their current 1943 Chambers



high back stove. The burgundy walls were repainted white, and the dark mahogany cabinets and built-in hutch were painted a vibrant blue. A framed pie recipe passed down from Abby's grandmother hangs proudly in the kitchen. The kitchen is Abby's favorite area of the home. "We spend a lot of time in there," she shared. "The best conversations happen in the kitchen. Toddlers eat a lot, so we're in there a lot," she grinned.

A breakfast nook sits off the kitchen. Through wooden swinging doors, visitors find the dining area, which features a chandelier added during the 1931 remodel. A local artisan built the dining room table from wood rescued from an old barn in Gordon, Texas. A large entryway features tri-fold doors and leads into the living area, where the couple showcases antique furniture. A teller's desk from a Colorado County bank has been transformed into an entertainment center. "I gravitate toward the old, and because of that," she said, "I also have a lot of my grandparents' and great-grandparents' stuff."

Abby is originally from Grand Saline, and most of her family still resides in East Texas. Nathan is from Burleson. "We're lone wolves out here, but that's OK, because we have met the most wonderful people," Nathan shared.

"When you have nobody, suddenly you find people you can depend on," Abby added. "We have a very large group of people out here that we love. They're our family."

Nathan's father introduced Abby and his son at a football game in 2003. Nathan had recently graduated from Texas A&M University. The two met again at Christmastime that year and were married in August 2004. They lived in Austin for about six years, allowing Abby time to finish her degree at Texas State University. They decided to make Weatherford their home after both were hired at Lockheed Martin. "I knew I wanted an old home, and I knew there were old homes out here," Abby said. They did not want to live in a subdivision, and mature trees were a must-have for Nathan. They purchased their first historic Weatherford home on Spring Street in 2011 and began renovations. "I think history is important. My grandad used to say, 'I don't have money to leave you, but I have a good name to leave you.' I see that in these old houses in Weatherford."

Their nearly 2-year-old son, Tate, was born about 10 years after Nathan and Abby married. They needed more space, so they sold the house on Spring Street and purchased their current homestead. One of Abby's sisters often questions why they've chosen the lifestyle of making historic homes their own. "It's important to see the history of Weatherford and that it's up-kept and loved," Abby shared. "It's our way of giving back to the community. It's another member of the family."

Abby has retired from Lockheed, where Nathan continues his employment. She now plans children's birthday parties through her business, Abby Hamessley Events. She also serves as vice president of the Parker County Heritage Society and plans the organization's Tour of Homes. "Out-of-towners are moving in because of the charm of the city," Abby stated. "I can't say enough about how efficient the city is. We've become townies."

As Nathan and Abby settle into their newly renovated, historic home, they'll enjoy creating memories, both inside and out. The front porch swing is Nathan's favorite spot to relax and chat with his father or watch Tate play in the sun. "There's something magical about a porch swing," Nathan shared. "There's nothing like sitting on the porch and hearing children laugh and play." **NOW**

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Heart for Helping

— By Lisa Bell



Born in 1945, Ruth Goodwin did what many women of that time did. She left high school before graduating, married young and started a family. In it for good or bad, she stood by her husband when he fell 200 feet while working. She took care of him for four years before he passed, leaving her a young widow with children ages 8, 11, 13 and 15.

But Ruth didn't give up on life. She got a job to support her kids and, eventually, took a leadership position with a singles' group at her church. In the 1980s, she sensed a call from God to enter full-time ministry, quite a feat for someone without a high

school diploma. Ruth got her GED and, in 1987, returned to school. She never thought she could do much for God, but she wanted to even as a little girl. "God was my good daddy, because my father wasn't," she revealed.

A professor told another student, "Ask Ruth. She's smart." The thought surprised her. "I really didn't know I was smart. I'd never been told I was smart," Ruth said. "One time, a single young

woman confided, 'I'm schizophrenic.' I told her, 'So? That doesn't make you any less of a person.' Then I went home and looked up what schizophrenic meant. I had no clue." Ruth laughed at that memory. She's come a long way.

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Eventually, Ruth ended up at Southwestern Baptist Theological Seminary to pursue her master's. Right before starting school, she wasn't sure about God's calling. She asked Him to confirm it by sending someone she had never helped. Before getting off her knees, Ruth received a phone call — a young woman in tears desperately needed someone to listen. She resigned from her job and, the next day, received an unexpected check, which covered her first semester. At 42 years of age, Ruth headed to Texas for the interview. Not only did they accept her into the psychology program, she also had a dorm room and a job in the registrar's office. The job happened to involve financial aid, so she ended up with a scholarship that paid for her education.

Ruth has deep faith because she so often sees God work in supernatural ways. In 1995, she became a licensed counselor in Texas. Having remarried, she and her husband chose to live in Weatherford when she went to work for Azle Pastoral Counseling Center. During her career, she worked at John Peter Smith Psychiatric ER; Pecan Valley MHMR; in South Georgia for a year; and in Colorado, where she did counseling at her church. That didn't work very well. After a 12-hour day, she took in \$20. Her last client entered, crying. She needed diapers for her baby. "There went the \$20," Ruth said, laughing.

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She came back to Texas for her doctorate. Although she worked full time, Ruth saw a disturbing trend. People with good insurance or a fat bank account had no problem getting counseling. But those who couldn't afford the high rates gave up. Even people with decent jobs didn't necessarily have the means to pay for more than a few sessions. Often, they needed more help to overcome the loss of a loved one, divorce, any variety of addictions or other psychological issues.

So, she stepped into the ministry role in a much greater capacity and founded a 501(c)(3) nonprofit organization called Safe Harbor. Dr. McCarty donated office space and helped her get started. Initially, she saw one or two people after work. Gradually, she spent more time at Safe Harbor, working about 75 percent of the time at her job. Then she reached a 50/50 split between the two. Eventually, she got down to working about one-quarter of the time and ministering to people at Safe

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Harbor for whatever they could afford to pay. Finally, she took the plunge to full time at the organization.

The first week, she looked at her paycheck and drove home crying. The amount wasn't anywhere near enough to pay bills. Her retired husband was terminally ill. She wept and prayed while driving. "I can't do this, Lord," she cried. By the time she got home, Ruth's prayer changed to, "I can't do this, Lord, but You can." After a pleasant evening, she went to the mailbox the next day and had a check for \$1,000. She knew God would provide.

Safe Harbor offers counseling at a sliding rate based on income. Those who can't pay anything exchange two hours of community service for every hour of counseling. Others pay far less than the average rate of \$130 dollars per hour.

While Ruth uses volunteers as much as possible, she needs staff to run the organization. Counselors make up one of the potentially highest expenditures. In a win-win solution, Dr. Ruth acts as the supervisor for those who have finished their master's program and passed a state-required test, but need clinical experience. In Texas, a counselor must have 3,000 hours of supervised practice before acquiring full licensure. Having more than the required five

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years of licensed practice, Dr. Goodwin provides supervision. About 13 interns and counselors provide contracted services, paid 75 percent of what they bring in. They also get paid \$15 for pro bono cases.

Although the money isn't great, the majority of these counselors simply have a heart to help people, and Ruth loves teaching them. While she must give them an hour each week for state requirements, she spends at least two hours every week in supervisory instruction, and more when necessary. "I love to see them grow more confident," she said.

Since Safe Harbor opened, the organization keeps growing. Out of space, they need a larger facility. Counselors sometimes venture outside to a picnic table for sessions. One day, Dr. Goodwin's office was in use, so she met with a client in his pickup truck.

After finding what they thought was the perfect place, the new home for Safe Harbor appraised for less than what they needed to borrow. Even though they have been approved for a loan, time will tell whether the purchase goes through. In the meantime, they need funds for remodeling and every day expenses, so they constantly deal with fundraising.

At 70, Dr. Ruth Goodwin still provides counseling and supervising. Eventually, she will retire — when the right replacement comes along. Until then, she continues standing on several verses from the biblical book of Haggai. "God makes us like a signet ring," she said. "We want to see God in everything we do." He shines brightly through her heart to help. **NOW**

Editor's Note: For more about Safe Harbor, visit www.safeharborcounseling.org.

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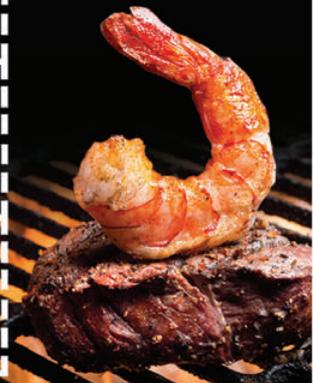
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— By Lisa Bell

At one time, every home included an indispensable appliance — a sewing machine. Most families used them daily. Randy Luster grew up with a dad who sold Singer machines in the '50s and '60s, then went independent in 1967.

In the 1970s and '80s, ready-made clothing became more available and less expensive. At the same time, women joined the workforce, limiting their time to pursue the art of sewing. As years passed, sewing needs declined, but Randy Luster never lost his love for the industry.

In 1975, Randy started working in his father's sewing machine store. Eventually, in 1996, they opened a Grapevine location. After his father closed a store on Jacksboro Hwy., Randy and his wife, Stacey, noticed many Weatherford customers traveled

to Grapevine. They decided to open a local store for his loyal customers and the growing Parker County area.

Randy's longtime friend, Clint Cook, joined Sewing World as a technician in 2004. "When he came out here, I've never seen anyone work so hard," Randy said. "[He's a] good guy to have around. The ladies love him. He wins them over."

During the last 10-15 years, they have seen a resurgence in sewing — especially with home decor, embroidery and quilting. Embroidery and quilting are big trends. People have been quilting and embroidering for thousands of years, but now it's a whole lot easier.

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In addition, Clint has exceptional knowledge. He enjoys answering questions after the sale. The business offers basic classes covering the functionality of the brands they carry. "People have been putting in needles backward forever," Randy said. "A machine won't work with the needle backward." Some of their machines actually prevent inserting a needle backward.

Every quarter, Stacey offers instructional classes for the upper-end machines and Brother ScanNCut. All others are one-on-one with shop staff. A stickler for customer service, Clint encourages customers to come back or call with questions. "You'll get the best personal service," he said.

For those looking for a new sewing machine, Randy said, "spend as much as you can and get what you want." Hundreds of dollars may buy a decent machine, but when it breaks, a replacement costs less than repairs. Both mechanical and computerized machines perform well, but a computerized one is much easier to use. Also, be sure to check their website for coupons and class schedules.

Whether looking for a small machine for home use, professional embroidery, or a long-arm quilting machine, visit Sewing World. Rest assured Clint and the rest of the staff will be there during your journey of continuing or joining the amazing art of sewing. **NOW**



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Don't Keep Family in the Dark About Your Plans

You might work diligently at building a financial roadmap for your retirement years and a comprehensive estate plan. But you can't just create these strategies — you also have to communicate them. Specifically, you need to inform your spouse and your grown children what you have in mind for the future — because the more they know, the fewer the surprises that await them down the road.

Let's start with your spouse. Ideally, of course, you and your spouse should have already communicated about your respective ideas for retirement and have come to an agreement on the big issues, such as when you both plan to retire, where you'll live during retirement and what you want to do as retirees (volunteer, travel, work part time and so on).

But what you both might have let slip through the cracks are the important specifics related to financing your retirement. You'll need to answer several questions, including:

- When will you each start taking Social Security?
- Are there strategies for maximizing both of your Social Security payments?
- When will you need to start tapping into your respective retirement accounts, such as your IRA and 401(k)? And, once you do start withdrawing from these accounts, how much should you take out each year?

You may want to work with a financial professional to address these issues, but however you proceed, you and your spouse need to be on the same page regarding the key financial components of your retirement.

Now, consider your grown children. You need to clearly communicate your estate plans to them, not only for the sake of openness and honesty, but also because they may well play active roles within those plans. So when talking to your children, make sure you cover these areas:

- **Durable power of attorney.** You may well decide to give one of your grown children the durable power of attorney to pay bills and make financial choices on your behalf if you are unable to do so.
- **Estate executor.** An executor is the person or entity you name in your will to carry out your wishes. An executor has a variety of responsibilities, so you'll want to choose someone who is honest and capable of dealing with legal and financial matters. Again, you could ask a grown child to serve as your executor, but to avoid potential conflict of interests among your children, you might want to go outside the family. Talk with an attorney about how best to name your executor.
- **Status of will and living trust.** Assuming you have already drawn up a will, share it with your grown children. The same is true with a living trust, a popular estate-planning tool that may allow your survivors to avoid going through the time-consuming, public and expensive process of probate. A will and a living trust will obviously contain a great deal of information your children should know about, so take the time to explain your thinking when you created these documents.

You want to enjoy a comfortable retirement, and you want to leave a meaningful legacy through your estate plans. To help accomplish both these goals, you need to include your loved ones in your arrangements — so open those lines of communication. **NOW**

Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning attorney or qualified tax advisor regarding your situation.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Gregg Davis is an Edward Jones representative based in Willow Park.

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Displaced Trouble

— By Betty Tryon, BSN

One of the latest fads among the trendy people is nasal septum piercing. Although it definitely gives the wearer a different look, the nasal septum is not there to be a supporting structure for a fashion accessory. It does serve a purpose, and if there is something wrong with it, your quality of health may be affected.

One of the things that can go wrong is having a deviated septum. The nasal septum is a structure consisting mostly of cartilage and is located inside your nose. Its purpose is to divide the nasal cavity in half. About 80 percent of us have a septum that is somewhat displaced or off-center, but if the displacement is significant, the deviated nasal septum, DNS, can cause problems.

As one side pushes into the territory of the other cavity, the function of that cavity is compromised, and you may have difficulty breathing through your nose. Other symptoms may be nasal congestion; headaches; postnasal drip; sinus drainage problems; allergic reactions; sleep disruptions, such as snoring; and frequent sinus infections. Symptoms can be more severe on the side of the blockage.

Treatment may be as conservative as antihistamine medication to prevent allergic reactions and reducing nasal swelling with decongestants. Always take the recommended dose of these medications, and seek the advice of a physician if your symptoms do not improve. Nasal corticosteroid sprays are

prescribed for the inflammation. If medication does not solve the difficulty or ease the problem, surgery is another option. Septoplasty is a surgical procedure that is performed inside the nose. When repairing the septum inside the nose, some surgical indications call for rhinoplasty (a nose job) to be combined with the septoplasty. These procedures are performed during outpatient surgery.

A DNS can be present at birth or occur from an injury to the face. Prevention involves being aware of possible situations that could cause harm, such as being in an automobile accident or certain sports activities. Always wear seatbelts to minimize your risks of injury to any part of your body and wear protective headgear when playing contact sports and riding bicycles, motorcycles and all-terrain vehicles.

Many of the symptoms with DNS can arise from other sources and difficulties. If you think your problems may be originating from DNS, see a medical doctor who is a specialist in diagnosing and treating ear, nose and throat disorders (an otolaryngologist) for a more definitive diagnosis. Together you can formulate the best plan for treatment and relief. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.



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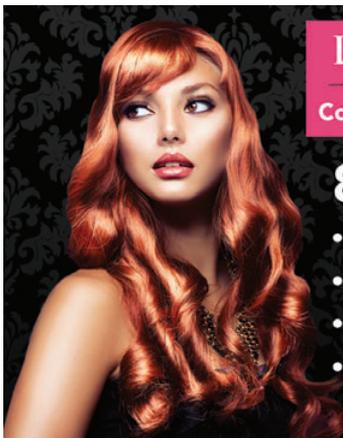


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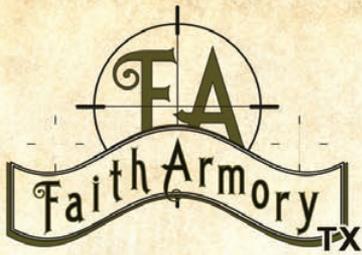
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Calendar

JULY 2016

July 4

Spark in the Park: 4:00-10:00 p.m., Heritage Park, 315 Santa Fe Dr. City of Weatherford free fireworks display and live performances by Charlie Robison and Tommy Alverson. Visit www.weatherfordtx.gov/1839/Spark-in-the-Park.

Boomin 4th – 2016: 6:00-10:00 p.m., Gene Voyles Park, 210 N. Lakeshore Dr., Hudson Oaks. Free event with great fireworks, a food court and kids center. Fireworks show starts at 9:15 p.m. Visit www.boomin4th.com to learn more.

July 5

Discovery Station: 2:30-4:30 p.m., Weatherford Public Library. Programming for kids that is both entertaining and educational with two sessions: 1st to 3rd grade – Global Playgrounds and 3rd to 5th grade – Medieval War Machines. Visit www.weatherfordtx.gov/142/Library for more information.

July 5-22

Summer Kid's Theatre Camp for Grades K-9: Theatre Off the Square, 114 N. Denton St. Call (817) 341-8687 or visit www.theatreoffthesquare.org.

July 6

Summer Film Festival: 2:30 p.m., Weatherford Public Library. *Descendants*, G 120 minutes.

Can the offspring of fairy tale villains succeed in the same school as the children of their goody-two-shoe enemies? For more information, visit www.weatherfordtx.gov/142/Library.

July 9

32nd Annual Peach Festival: 8:00 a.m.-5:00 p.m., Historic Downtown Weatherford. Over 200 arts, crafts, food and activity booths. Live music, children's activities, Peach Pedal Bike Ride and "42" Domino Tourney. Tickets; adults \$5. Children under 12, free. Visit www.parkercountypeachfestival.org to learn more.

July 11

Teen Legion; Mars Colony: 2:30-4:00 p.m., Weatherford Public Library. In this hands-on workshop, teens 12 to 18 pit creativity and smarts against some of the challenges astronauts have to overcome. Visit www.weatherfordtx.gov/142/Library.

July 14

Summer Spectacular, Motivational Magic: 10:30-11:30 a.m., Weatherford Public Library. Magician Brett Roberts will keep you on the edge of your seat. Pick up your free ticket at the library, available starting July 7 at noon.

July 16

Family Science Day: 10:30 a.m.-noon, Weatherford

Public Library. Welcome to Mars. Kids and parents can learn about the red planet by collaborating on fun science demonstrations. Visit www.weatherfordtx.gov/142/Library.

July 21

Summer Spectacular, Preschool Dance Party: 10:30-11:15 a.m., Weatherford Public Library. Musical guest, Gene Davis of The Que Pastas, hosts the best party in town. This event is only for those aged 7 or younger. Pick up your free ticket at the library, available starting July 14 at noon.

July 28

Summer Sounds of Science: 9:30 a.m. and 11:00 a.m., Weatherford Public Library. Bill Meadows, resident scientist of *Dangerous Edison's Magnificent Traveling Science Emporium*, delights the whole family with fantastic science demonstrations. Pick up free tickets at the library, starting July 21 at noon.

Submissions are welcome and published as space allows. Send your event details to lisa.bell@nowmagazines.com.

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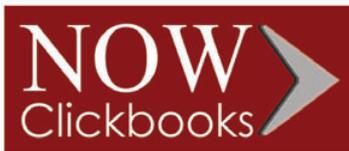
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In the Kitchen With Andria Latham

— *By Lisa Bell*

Andria Latham, a three-year member of the 4-H Food and Nutrition project and member of Cooking Club of America, lives on her family's farm. At one time, 12 family members lived there, so every meal became a feast. "My mom and sister, Natalie, always made it a meal to remember," Andria said. At 12, she challenged herself to make 52 new recipes in a single year and succeeded.

Through 4-H, Andria competes at different levels. She met her best friend, Addy, at her first food project meeting. They quickly teamed up for Food Challenge, a competition similar to the TV show *Chopped*. "My mom's meatloaf is actually the best meatloaf I have ever tasted," she said. "I will definitely be taking that recipe with me when I get married." **NOW**

Sour Cream Chicken Enchiladas

Makes 4-6 servings.

- 1 cup shredded cheddar cheese
- 1 1/2 cups shredded jalapeño Jack cheese (divided use)
- 1 1/2 pints sour cream (divided use)
- 1/2 cup yellow onion, chopped
- 1/2 tsp. garlic salt
- 1 lb. chicken
- 1/4 tsp. cumin
- 1 pkg. 6-inch flour tortillas
- 1 10.75-oz. can cream of chicken soup
- 1 15-oz. can green chili enchilada sauce

1. Preheat oven to 350 F. Mix 1 cup cheddar, 1 cup Jack, 1/2 pint sour cream, onion and garlic salt and set aside.
2. Cook chicken with cumin; de-bone and

shred. Add meat to cheese mixture; spoon into center of tortillas. Roll and place in ungreased baking dish (not too closely).

3. Mix cream of chicken soup, 1 pint sour cream and 1 can green chili enchilada sauce. Spoon over top of enchiladas.
4. Sprinkle tops with remaining cheese. Bake 20-30 minutes until bubbly and cheese has melted.

Balsamic Cucumber Salad

Makes 6 servings.

- 1 large English cucumber, halved and sliced
- 2 cups grape tomatoes, halved
- 1 medium red onion, halved and thinly sliced
- 1/2 cup balsamic vinaigrette
- 3/4 cup crumbled feta cheese

1. In a large bowl, combine cucumber, tomatoes and onion. Add vinaigrette; toss to coat.
2. Keep cool and covered, until serving. Just before serving, stir in cheese. Serve with a slotted spoon.

Vegetable Dip

Makes 16 servings.

- 1 cup mayonnaise
- 1 cup plain Fage Greek yogurt
- 1 Tbsp. olive oil
- 1 pkg. Italian salad dressing mix

1. Add all ingredients to a medium-size bowl and mix well. Cover and refrigerate overnight before serving.
2. Serve in a small bowl with your favorite vegetable tray assortment.

Crock-Pot Greek Chicken

Makes 6-8 servings.

- 2 Tbsp. extra-virgin olive oil
- 1/3 cup sun-dried tomato spread
- 2 tsp. minced garlic
- 2 tsp. onion powder
- 1 Tbsp. Greek purple basil
- 1/2 tsp. black pepper
- 1/4 tsp. Himalayan salt
- 2 lbs. skinless, boneless chicken breasts or thighs, fat trimmed
- 2 lbs. Roma tomatoes, seeded and quartered lengthwise (about 5 cups)
- 1 4-oz. can small, sliced black olives, drained
- 1 cup crumbled garlic and herb feta cheese

1. Add first 7 ingredients to a slow cooker crock; stir well to combine.
2. Add chicken, Roma tomatoes and olives to the mixture and stir together. Cover and cook on low for 8 hours.
3. Before serving, transfer chicken pieces to individual plates using tongs. Stir in the feta cheese, then spread the tomato-feta mixture over each serving of chicken. Serve each portion of chicken with 1/2 cup cooked rice, if desired.

To view recipes from current and previous issues, visit www.nowmagazines.com.



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