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JULY 2012

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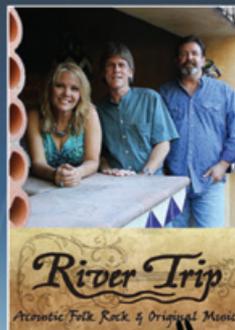


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Facial Cosmetic and Surgical Center welcome our new associate, Dr. Meagan Hill M.D. She has her boards in family medicine and has a specialty interest in cosmetic procedures. She previously practiced in a cosmetic oriented facility in Austin but relocated back to North Texas to be near family.

Dr. Hill is currently in our office in Weatherford on Wednesday each week and will be transitioning toward a full time position with us after the first of the year.

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On The Cover



Delving into the archives of American history, David Barton restores interest in forgotten heros.

Photo by Thomas Freylack.

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Editor's Note

Happy Fourth of July!

This July 14 marks the 28th annual Parker County Peach Festival. That means I have some vintage T-shirts in my closet! Although I lived out of town, every July between 1999-2003, my mother would give me a Peach Festival T-shirt. When I met Taylor Hall, coordinator of the Parker County Peach Festival, at a recent Weatherford Noon Lions Club meeting, I asked what this year's T would look like. Talk about an excited answer! Taylor went on and on

about how this year they worked with a local designer to create a fresh logo to call to mind Weatherford's heritage. So the designer embedded various characters into every letter of every word in the logo. When you look at the advertisement or the T-shirt, see if you can pick out the various stylized representations of people and places: Mary Martin, with her hands on her hips; cutting horses and our Parker County courthouse.

Melissa

Melissa Rawlins
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PROCLAMATION,

IT having pleased the righteous Governor of the World, for the punishment of our manifold offences, to permit the Sword of War still to harrass our Country, it becomes us to endeavour, by humbling ourselves before Him, and turning from every evil way, to avert His anger and obtain his favour and blessing: It is therefore hereby recommended to the several States,

That WEDNESDAY the twenty-sixth day of April next, be set apart and observed as a day of FASTING, HUMILIATION and PRAYER, that we may with one heart and one voice implore the Sovereign Lord of Heaven and earth, to remember mercy in his judgments;—to make us sincerely penitent for our transgressions;—to prepare us for deliverance, and to remove the evils with which he hath been pleased to visit us;—to banish vice and irreligion from among us, and establish virtue and piety by his divine grace;—to bless all public Councils throughout the United States, giving them wisdom, firmness and unanimity, and directing them to the best measures for the public good;—to bless the Magistrates and people of every rank, and animate and unite the hearts of all to promote the interest of their Country;—to bless the public defence, inspiring all Commanders and Soldiers with magnanimity and perseverance, and giving vigour and success to the military operations by sea and land;—to bless the illustrious Sovereign, and the nation in alliance with these States, and all who interest themselves in the support of our rights and liberties;—to make that alliance of perpetual and extensive usefulness to those immediately concerned, and mankind in general; to grant fruitful seasons, and to bless our industry, trade and manufactures;—to bless all schools and seminaries of learning, and every means of instruction and education;—to cause wars to cease, and to establish peace among the nations.

And it is further recommended, That servile labour and recreations be forbidden on the said day.

DONE in CONGRESS the eleventh day of March, in the year of our Lord One thousand seven hundred and eighty, and in the fourth year of our Independence.

SAMUEL HUNTINGTON,
President.

Attest.
CHARLES THOMSON, Secretary.

— By Melissa Rawlins

If David Barton had his way, he would be sitting in the middle of his Aledo property on his horse, talking to no one. “But that’s not an option,” David said. Instead, he teaches people a key he has discovered: “Just because you have rights and liberties that are guaranteed, doesn’t mean you have freedom. Fifty-six guys signed our Declaration of Independence, but 17 did not live to see the end of the Revolutionary War.”

David likes to remember John Adams’ statement about posterity: “You’ll never know how much it cost my generation to provide freedom to yours.”

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S I R,

HAVING received from you a letter of the 24th inst. Livingston, and in answer thereto, under the signature of the said Livingston, I have published what follows: Paris, April 24th 1793. I have shown a letter of the 24th inst. which I was told

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residents and the school was 1-A. “We didn’t have talented and gifted programs back then,” David said with a grin. “I graduated highest guy in my class. Two gals beat me.”

Surprisingly, David hated history throughout school and preferred math and science. He taught both those topics at Aledo Christian School, which he founded and where he served as principal. Cheryl taught special education in Aledo Junior High School before rearing their three children.

In 1987, David came across an original 1844 U.S. Supreme Court decision that changed his life. “It said if the government will run the school, it must teach the Bible in school. I saw that it did not say what my textbook had said it said,” David remembered, his eyes flashing with the same shock he felt at the revelation. Eventually, his knowledge of math and science combined with a drive to learn more about Americans’ constitutionally guaranteed rights. He decided to publish a book, *America To Pray or Not to Pray*.

“That first book we published was nothing but statistics,” David explained, and with it, his new career as a researcher, author, public speaker and consultant had been launched. Sales of his first book funded acquisition of new documents, which in turn inspired publication of new books whose sales funded further research. Sometimes he would ride to the WallBuilders office on his horse, tying him up to a tree outside while he wrote new books.

“Now we have 100,000 original documents, and that’s what we use to write textbooks today,” David said. The library overflows, as well, with artifacts from the Revolutionary War era, such



as: swords, mailbags, cooking pots and medical instruments. David hosts researchers in his archives, gives school tours and has published over 40 books. In his textbooks and during tours, David emphasizes having children read the original documents. Likewise, he has watched *The New York Times* bestseller list and learned that American adults buy and read history and historical fiction. "People are paying money to learn what they are supposed to be able to learn in school. We're publishing biographical history, placing a lot of emphasis on persons. We look through the eyes of participants, not at the sequence of battles."

David prefers to teach facts by revealing the actual thoughts and experiences of personalities who lived our history. Through his experience as an

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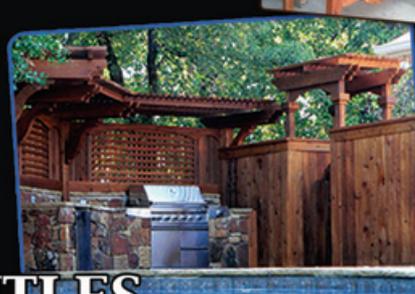
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educator, David knows that kindling an interest in the dramatic lives of the people in our past will bring to life the ideals they strived for. "A lot of the way I think has been shaped by reading writings of our founding fathers," said David, referring to the 56 signers of the Declaration of Independence. "A book we'll release on the Fourth of July is called *The Founders Bible*, and is literally a Bible with the thoughts of the founding fathers."

One quote from John Quincy Adams David uses to guide his life is: "Duty is ours, results are God's."

"I don't have much emotion," David said. "It's the right thing to do, to share this knowledge and help teach the next generation. It doesn't matter how I feel about it." Yet clearly he is living passionately, telling stories of forgotten heroes: female spies in the Revolution, black and Hispanic soldiers and patriots, even Cuban ladies, who raised the funds for George Washington to keep the troops in the field.

Another quote that David never forgets was penned by another founding father, Benjamin Rush. "He basically said it's pure selfishness to do what you want to do, but God has given you this life to spend and be spent for the good of mankind. Benjamin Rush demonstrated that in ways that blow our minds," said David, who thrills to delve into his archives to show people sheepskin pages covered in flowing ink and revealing the hearts of men and women whom David considers heroic.

David repeats their stories and philosophies to professional groups around the country. Last year alone, he made 440 presentations. He serves as a consultant to state and federal legislators, participates in Supreme Court cases and helps develop social studies standards for numerous states. After 34 years of marriage, Cheryl enjoys accompanying him on every trip.

Earlier in their lives, their three children went with them — riding in their family van once to Alaska and at least three times to the other 49 states. "We counted and last year, we were probably on the road nine out of 10 days. It's not necessarily a lot of fun to travel all the time, but that's what God's got me doing," David said. "America's history is awesome. We just didn't know it!" **NOW**

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Finding Peace and Peaches

— By Amber D. Browne

At Home With Gary and Peggy Hutton

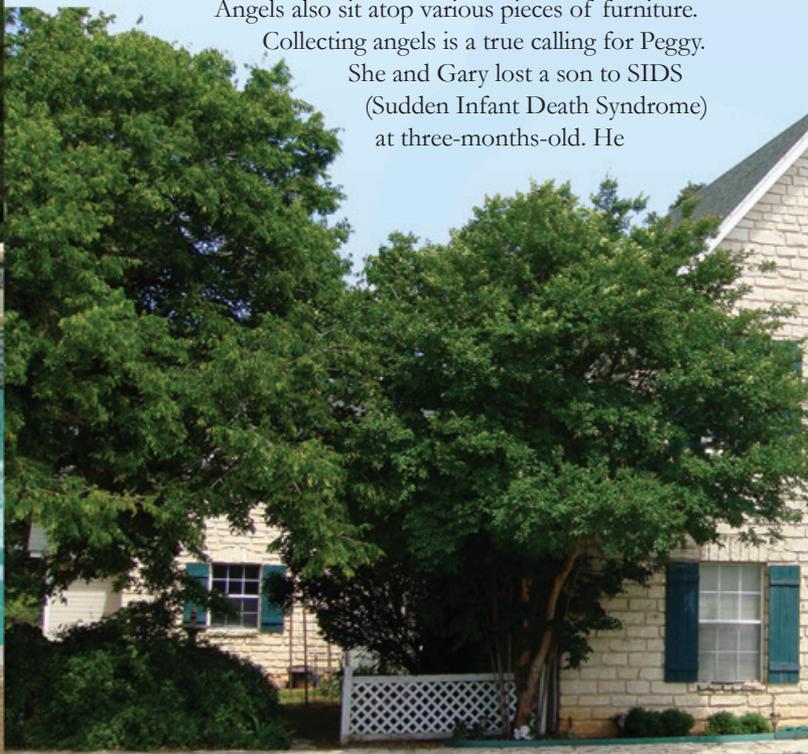


Gary and Peggy Hutton have made their home in a peaceful, countryside setting. An inviting pathway guides you across the front lawn to the door, where recently rescued Olivia and Jax greet you with questioning barks. Once inside, the two Chihuahuas make friends and quiet down, as the light shines through the windows brightening the open floor plan of the home. "This is my retirement home," Peggy said.

Peggy has made it her own with several collections and plants galore. Antiques are scattered throughout the home. On her favorite piece, she displays her snow globes. Her son, Jay, played select soccer growing up, competing in Hungary and Germany when he was 15. "He brought one back for me," Peggy explained. Over the years, Peggy and her family members have added to the collection from cities across the globe.

Angels also sit atop various pieces of furniture.

Collecting angels is a true calling for Peggy. She and Gary lost a son to SIDS (Sudden Infant Death Syndrome) at three-months-old. He





would have turned 18 in February. Peggy now wears an angel pin on her lapel each day, because she feels her son, Garrett, is always watching over her. "Most people don't know why I wear an angel, they just know I always have an angel," she explained. "It's easier to talk about now. He was a joy during the short time that we had him."

Artwork gives a touch of country to her living room walls. She proudly displays several of her mother-in-law's framed pieces featuring nature scenes and farm houses. Her children picked up the artistic gene from their grandmother, Lafreita. Gary and Peggy's daughter, Maegan, attends Lubbock Christian University and is minoring in art. Both Maegan and her brother have painted several pieces that are displayed in their rooms upstairs.




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Peggy loves the openness of the home. “As you’re cooking, you’re still a part of the family,” she said. The kitchen is right off the living area and includes a long island where she can entertain. Bright, red and white Coca Cola memorabilia is also sprinkled throughout the kitchen and dining area. Aged Coca Cola photos are displayed along with other trinkets on top of shelves and white cabinets.

The couple enjoys spending time out beyond the kitchen window relaxing in their in ground pool and hot tub. Gary is the primary caretaker of the pool. “I need to get my kids to do that,” he grinned. Gary will take a dip in the pool at night to relieve stress. He works long hours at their peach orchard during the summers, so it’s a good outlet for him to relax.

Gary’s family purchased their first peach farm, J.K. Johnson’s, in the early



1980s. He remembers his father taking him and his brother to different fruit farms to get peaches during the summer when they were younger. His family had always talked about owning a peach orchard. “Years later, my mom circled an ad in the paper. She saw this fruit farm

for sale in Parker County,” he said. That advertisement turned out to be for J.K. Johnson’s farm. “We all went out and looked at it,” he added. Gary had worked at a bank after high school and began playing the stock market. “My brother and I had money saved up, and we all went in together on it.” Hutton Farms now includes three peach orchard sites. They also run cattle and own a honey business.

Gary enjoys farming the orchards because of the independence that comes along with it. Peggy works full time at the Weatherford Chamber of Commerce and also promotes the family business.



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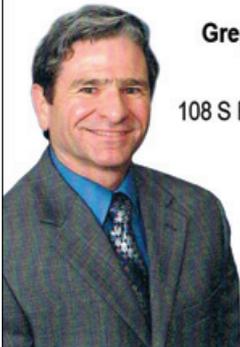


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When Maegan is home from school, she sells produce from the family's fruit shed. Yearlong, Jay maintains his orchard responsibilities — everything from feeding cattle to pruning trees or bottling honey and delivering it to farmers markets in the Fort Worth area. The family's busiest day of the year is the Parker County Peach Festival.

Peggy is no stranger to peaches. Her grandparents owned an orchard in Parker County, so she grew up picking peaches and taking them to the market. "So, when I married him, I said 'I've done my time,'" she grinned.

The Huttons moved to their home five years ago after living on campus in the administrator's home at the Pythian



Home for 17 years. They repainted and made some renovations before moving in. Gary is glad they're now settled. "We're not moving. There is too much stuff to move," he joked. It is all about family roots. "They just run so deep, we're not going to pull them up," Gary said.

Still planning future renovations to the home, their next step is replacing the carpet in the master bedroom with wood floors to match the living area. Red, white and blue is prominent in the master bedroom. Peggy has always been a fan of patriotic decor. "My parents raised me to show respect," she said. Her father served in the National Guard for 22 years. "Not everybody comes back," she admitted, "so we have to honor those who have given their lives for our freedom."

For the master bathroom, she chose purple and green. The colors were inspired by her favorite angel picture, which



hangs on one of the walls. The bathroom includes a claw foot tub, two sinks and a custom-made medicine cabinet.

Wedding photos line the entry hallway. Jay and Maegan's rooms are up a winding staircase. Their bedrooms are connected by a Jack-and-Jill bathroom. A bonus area also serves as a television room for Jay. The upstairs hallway and staircase are lined with family photos and needlepoint artwork marking the children's births.

Peggy and her children knew the previous owners and often attended birthday parties at the home. "We had been here before and loved it," Peggy said. They also knew a lot of people already living in the community. "It's nice to know you are being looked out for." They often have block parties, complete with bounce houses, hay rides and delicious food. "It just seems like it's been a part of our life for a long time. I guess because we fit in with the neighborhood and just feel very comfortable," she explained. "You don't usually get that."

The couple has been happily married for 24 years, and they are content in their home away from the city. "This is it for us," Peggy said. She and Gary get regular visits from neighborhood deer, and road runners can be seen gliding down the street in front of their home. With just over an acre of land with mature trees, they have a beautiful view of forest covered hills. "Just knowing that it's ours, knowing that we're settled," Peggy said. "It's a feeling of contentment." **NOW**



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Playing Ball

— By Amber D. Browne

Baseball. It is America's favorite pastime. It also gives a father a chance to get out in the backyard and play a little ball with his son. Logan Hewitt's dad, Paul, is one of those fathers who spends afternoons practicing baseball, so his son will excel in the game



Logan and some other local Little League players got together in the fall of 2010 to join a select league team and formed the Texas Regulators. "We were trying to figure out an avenue for them to play more competitive baseball," his father, Paul, said. The 10-year-old and his teammates now travel the region playing in weekend tournaments.

Paul helps manage Logan's team. "Each year, it seems like we're growing. We're growing almost faster than we can stand. We've actually had to turn other teams away that wanted to join," Paul said. The Texas Regulators now have six teams, ranging from 8 to 12 years old, based on experience level.

The different age groups play in regional tournaments for

the Pony Elite, Super Series and Triple Crown Leagues. "We get to play a lot of challenging teams," Logan said of participating in tournaments across the local area. He fondly remembers one tournament game when he was on the pitcher's mound. "It was the last inning, and I was pitching. My coach called a change-up. I threw it and struck the guy out for the last out of the game." Logan's team won that game, six to five.

Logan's team usually plays in two tournaments each month. Each weekend tournament generally includes two games



on Saturday and up to three games on Sunday, based on single elimination. The Texas Regulators sent four teams to the Pony Elite State Championship in Burleson last year. They won three first-place victories, taking state championships in three different age groups.

"We were the last team off the field that night. So, all the teams, as they won, kept trickling over to our field to watch. By the end, you had all three teams cheering us on. It was a pretty fun weekend for us," Paul said.

The coaches and parents also set a goal to travel to two tournaments each year so the players can spend the night in a hotel. They competed in the Oklahoma-Texas Shootout last year in Ardmore, Oklahoma. They won second in that tournament. "It gives you variety and several choices of different places

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to go. We played one weekend in Waco," Logan's mother, Michelle, explained. "That was an awesome tournament. They were way behind on the finals and came back to win it," she beamed.

"It's fun. Really fun," Logan grinned. "You get to spend time with your teammates and stay in hotels," he said. The team has a few laughs while on the road playing silly games. They also make a few friendly wagers with their coach,



Wes Shook. "He said if we won the game, he would wear pink pantyhose and he did," Logan chuckled.

Trophies are handed out after every select league tournament. The walls of Logan's room are lined with shelves full of trophies and memorabilia. "It's almost like they have a goal at the end of the week," Paul said. Logan's team has also placed second in state in the Super Series League and got rings. Logan wears his proudly. Last summer, the team finished the season by competing in the Super Series World Series.

"I love it. I love sports. I love watching him play," Michelle said. "It drives me nuts when I miss a game." Michelle also taxis around Logan's sister, Haley, to cheer. Haley attends as many games as she can, but Logan says she stays buried in her iPhone. Michelle says the two siblings are very competitive, but they support each other.

The Weatherford Independent School District fourth grader thinks he will play baseball for a long time. He ultimately

wants to become a professional baseball player. Logan attended a few Texas Rangers games last year. "They were really good. I liked the games," he said.

"I like fielding, hitting, and I've always loved to play baseball ever since I was in T-ball," Logan added. He plays pitcher, short stop, centerfield and occasionally, he will suit up and get behind home plate as catcher. His favorite position is centerfield. "You get to catch pop

flies and throw people out when you're way in the outfield," he explained.

"Even though he's very active in sports, he has always been on the A honor roll," his mother said proudly. Logan's favorite subjects are math and science. His parents both work full time as engineers, so they think he comes by it naturally.

Logan's parents want to make sure

he keeps challenging himself and playing against other talented players in the region. They compare select leagues to Little League All-Star teams. However,

"I like fielding, hitting, and I've always loved to play baseball ever since I was in T-ball."

if the team is not dominant, coaches and parents can find a level to compete and win tournaments. "You're not always against the top tier players," Paul explained. "To see their skill sets develop



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over the years has been fun. "It's amazing as they transition through each age group how they become better players, and the things that they're good at, they get a lot better at."

Although he does not go to school with his teammates, Logan enjoys hanging out with them outside the baseball diamond. The players' parents get along, too, and socialize outside of baseball. "We're really lucky that all the parents get along so well," Michelle said.

Paul enjoys being involved in the program with his son. "It becomes addictive," he admitted. He traveled for work a lot when Logan first started T-ball, so he was not very involved with the sport at first. Once Paul changed jobs and had more free time, he started coaching. "Each season, it seems like I get more involved with it," Paul confessed. "As soon as Logan walks through the door, he's immediately hollering at me to go to the batting cage."

The Hewitt family has a batting cage in their back yard, so Logan has plenty of time to catch up on batting practice. The neighborhood kids enjoy it, too. "You'll see eyes poking through the slats, and they'll come join us in the back. They'll bring their bats and helmets. It gets a lot of use," Paul said.

"I got a new bat, so I've been hitting in the batting cage ever since I got it," Logan said. He does not mind practicing for his select league team and even takes private lessons each week. "I think it makes me a better player each time I practice." **NOW**

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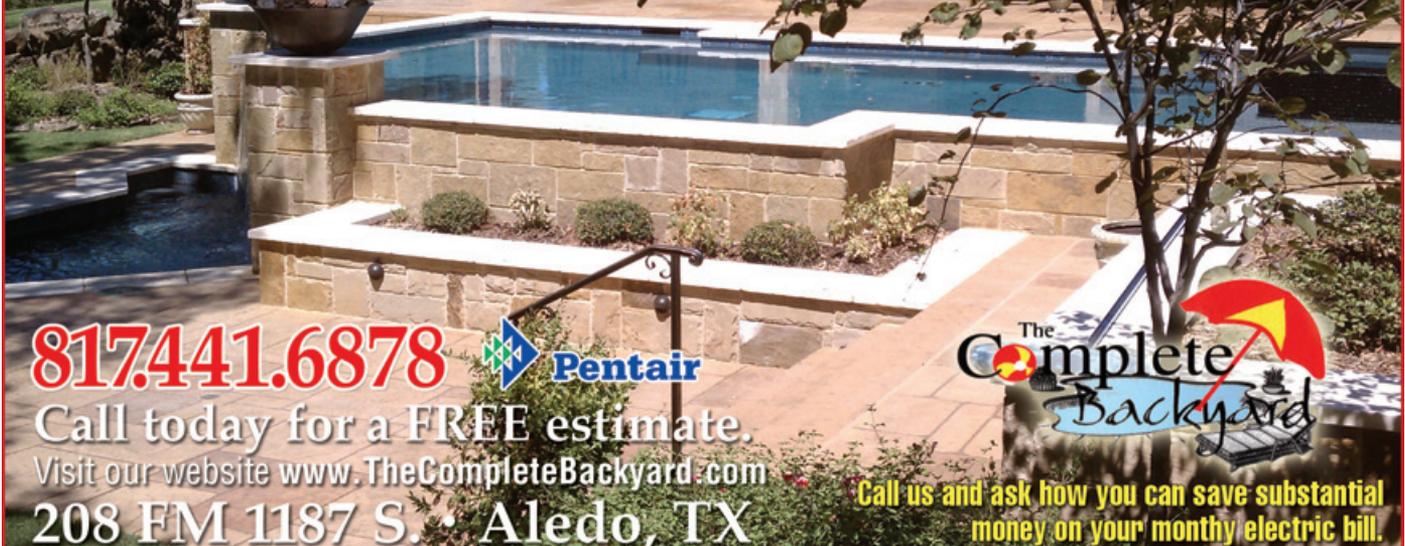
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From left:

Martin Talley, Cindy Vaszauskas, Pat Hamilton and John Hinton are lenders with Plains Capital Bank Weatherford.

On a Mission

Investing in Weatherford's progress, Plains Capital Bank cultivates relationships with friendliness.

— By Melissa Rawlins

A big bronze buffalo watches over customers in the Plains Capital Bank lobby, adding an air of calm assurance to the friendliness of lobby personnel, tellers and loan officers. Available six days a week, these people stand ready to assist with individual and business banking. Don't let their old-fashioned service fool you, though.

Plains Capital Bank just rolled out their first android mobile banking app. And they recently enhanced two other 21st century services: with Mobile Bill Pay, customers may use their smart phones to pay bills and make external transfers to other banks and person-to-person payments to friends and family; and with Mobile Deposit Capture, customers can snap a photo of a check and deposit it remotely.

Bank officers, however, have found that online banking has not replaced their customers' desire for interaction with helpful people. "Personal banking is our everyday business," Pat Hamilton, Plains Capital Weatherford Bank president, said. "Our three locations in Fort Worth and one in Arlington allow folks working in the Metroplex to swing by and take care of business during the work day. Or, we're here in Weatherford for them to stop by before returning to their house."

Plains Capital Bank's conveniences are as much a draw as the personalized attention people in Weatherford receive from lenders, lending assistants and tellers. "We're all one force on a mission here," Pat said. Whether helping customers with mortgages — via the bank's partners at Prime Lending — or

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operating loans for commercial businesses, consumer loans and agricultural lending, the relationships forged with every interaction develop trust.

“Giving back to the community is just second nature to the people here.”

The shining moment of Pat’s career was when he began working for Plains Capital Bank in 2006. The Weatherford branch started in the strip center across from First Monday grounds. “The people didn’t know a lot about Plains Capital — except that we sponsored a post-season college football bowl,” Pat said. “On a windy Monday morning in April, with help from Plains Capital Fort Worth staff setting up card tables and chairs in the parking lot, we had people lining up who knew me, Bob Glenn, Doug Bennett, Martin Talley, Cindy Vaszauskas.” The following October, they moved the business into its current building.

The bank has grown to over \$220 million in deposits, and is part of a \$5.5 billion bank with 23 locations in Fort Worth, Lubbock, Dallas, Austin, San Antonio and Weatherford. Plains Capital Bank Weatherford is an integral part of the progress of the city. “We support the livestock show, the rodeo, Weatherford College, Doss Heritage and Culture Center, Habitat for Humanity and the East Parker County and Aledo area,” Pat said. “Giving back to the community is just second nature to the people here.

“You know, it means a lot to my wife and me to have been able to return in 1979 to raise our two daughters around their aunts, uncles and grandparents,” said Pat, a Weatherford native. “It’s a real special deal to come back and watch our town grow.” Though people sometimes struggle with change, Pat’s philosophy is, “I’d rather have it growing than decaying.” **NOW**



Samantha Piani, Chris Brady and Sabrina Piani have fun on the swings at Cherry Park.



Rahr Beer tasting at Twisted Snifter in Weatherford brought out Erin Rahr (right) Louis Villanueva (left) and the owner, Neil Kennedy (center).



Cyndi and Steve Smith bring their daughter, Elisabeth, to The Aledo Diner for a family breakfast.



Lori Bennett, Baby Bree and Ruth Ann Hartness at the square with Jason, Cason and Dewayne Bennett.



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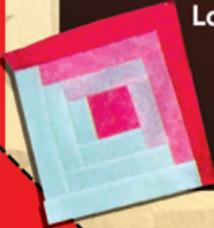
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Have a Drink

— By Betty Tryon, BSN

You should drink eight glasses of water a day. No, you should drink only six glasses per day. Or, perhaps three glasses is enough. So, what is the right answer? When you consider that your body is 60-percent water and every day you lose some of it by breathing, urinating and perspiring, it should be clear and incontrovertible how much you need to replenish it. It should be, but it is not. The optimal amount of fluids your body requires may change depending on the circumstances. The hydration needs of a sweaty athlete practicing in the hot sun will be monumentally different from a person who spends most of their time on the couch in a comfortable room.

The standard amount most often given as a starting point is eight eight-ounce glasses of fluids a day. Contributing to that eight-glass total can be fluids such as: broth, soft drinks, milk, Jell-O and juice. However, water is the ideal drink, because your body does not need to process extra substances, such as sugar, alcohol or caffeine. You also can receive a great percentage of water through your food, especially fruits and vegetables.

Here are a few guidelines to consider for your hydration needs:

- If you exercise, and particularly if you perspire heavily, you must increase your intake of fluids to stay hydrated.
- Pregnancy and breastfeeding requires more liquid to support the baby and to produce milk.
- Extreme temperatures will affect your intake. When it is very cold, use of indoor heat is very drying and causes your skin to lose moisture.

Likewise, hot temperatures cause sweating, and that water needs to be replaced.

- Illnesses that cause vomiting, diarrhea or fever increase your need for fluids. Some illnesses require limiting your liquid intake. When advised of this by your health care professional, guidelines should be strictly monitored.
- Although alcoholic beverages and drinks containing caffeine are included in the daily fluid count, you may have to drink more water because of the diuretic action these liquids have on the body.
- Diets that contain large amounts of salt or fiber will create a need for extra water.

You can tell if your body is receiving the proper amount of fluids each day. Dark colored urine may be a sign of not enough fluids. Don't try to reach your daily total amount of fluids in one sitting. Spread your drinks throughout the day. Once again, water is the best choice for your body. If you have an aversion to drinking plain water, add lemon or cucumber slices to jazz it up a bit. Try not to get thirsty, and if you do, have a drink! **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

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Your 401(k) offers tax-deductible contributions, tax-deferred growth of earnings potential and a variety of investment options — so it's a great tool for building retirement savings. Yet like all tools, your 401(k) must be used properly to get the best results. That's why you should review your 401(k) at least annually and make whatever adjustments are needed.

Depending on where you work, you may get some 401(k) review help from your plan provider. But if that assistance isn't available, you might want to consult with a financial professional to make sure you're getting the maximum benefit from your plan.

As you begin to review your 401(k), your first question should probably be this: "How much should I contribute?" At the very least, try to put in enough to receive your employer's matching contribution, if one is offered. If you don't earn this match, you are essentially walking away from "free money." Beyond this, though, the amount you put into your 401(k) might depend on what other retirement savings vehicles you have available. For instance, if you're eligible, you may also want to contribute to a Roth IRA, which offers tax-free growth potential, provided you've had your account for five years and don't start taking withdrawals until you're 59 1/2.

Of course, it's not only how much you put into your 401(k) that determines its success — it's also how you choose to allocate your investment dollars. (Keep in mind that asset allocation does not guarantee a profit or protect against loss.) Your 401(k) may have a dozen or more investment choices, such as stock funds, bond funds and money market funds. To choose the right investment mix, you'll need to consider a variety of factors, including these:

• **Your age** — Generally speaking, the younger you are, the more aggressive you can afford to be with your 401(k)

investments, because you'll have decades in which to potentially overcome the inevitable down periods of the market. As you get older, you may wish to invest somewhat more conservatively, but you'll still need some growth potential in your 401(k) portfolio.

• **Your goals** — Everyone has different goals for retirement. You might want to retire early and travel the world, while your co-worker desires to work as long as possible and then, upon retirement, stay close to home and pursue hobbies. Because you each have different goals, with different income needs, you also may need to follow different investment strategies within your 401(k).

• **Your other retirement income sources** — If you have a variety of retirement income sources — a pension from another job, an IRA, a spouse with generous retirement benefits — you may need to invest differently, perhaps less aggressively, than if you had fewer options for retirement income.

Apart from putting away as much as you can into your 401(k) and choosing the right investment mix, what else can you do to get the most out of your plan? Here's a suggestion: If you have worked at various jobs and acquired multiple 401(k)s, consider rolling them over into one account. You might save money on fees and reduce paperwork, but more importantly, you'll be able to concentrate your resources and pursue a unified investment approach, with your investment dollars working together toward your ultimate retirement goals. As you can see, a 401(k) review and rollover can reward you in many ways — so do whatever it takes to maximize your 401(k)'s performance. **NOW**

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Gregg Davis is an Edward Jones representative based in Willow Park.

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Through August

Box fan drive: 8:00 a.m.-5:00 p.m., Weatherford Police Department, 801 Santa Fe Drive, or the Parker County Senior Center, 1225 Holland Lake Drive. Weatherford officials are prepared to assist anyone who needs a box fan. Drop them off at Weatherford Police Department or Parker County Senior Center. For more information, contact: Detective Wendy Field at (817) 598-4345 or wfield@weatherfordtx.gov.

Through July 21

The Digital Artistry of Don Lambert: **Tuesday-Saturday**, 10:00 a.m.-5:00 p.m., **Sunday**, 1:00-5:00 p.m., The Doss Heritage and Culture Center, 1400 Texas Drive. Don Lambert created his artwork using different computer software programs, a computer painting stylus and a pressure sensitive tablet. He takes his original photographs and creates something truly unique. Admission: adults: \$5, seniors (60-plus)/students: \$3, children under 6 and members: free. For more information, visit www.dosscenter.org or call (817) 599-6168.

July 2

Monster Hunters Unlimited: 2:30-3:30 p.m., Weatherford Public Library, 1014 Charles St. Know your enemy! Never be afraid of the dark again. Learn the lore and legends of the big three: vampires, werewolves and ghosts.

July 4

Boomin' 4th: 4:00-10:00 p.m., 210 North Lakeshore Drive, Hudson Oaks. Come out for the first annual Boomin' 4th extravaganza to celebrate Independence Day. Produced by the East Parker County Chamber for the benefit of our great community, Boomin' 4th provides families a chance to celebrate our freedoms with a thrilling, 25-minute fireworks show, brought to you by Jerry's GM & Southwest Auto Group, plus live music, food booths, crafts, children's play venues and more. For more information, contact (817) 441-7844.

July 6

First Friday Outdoor Concert and Show & Shine Car Show: 6:00-9:30 p.m., Aledo's historic downtown.

The Aledo City Council and Aledo Economic Development Corporation host food, shopping and family fun, including an outdoor movie at Aledo Church of Christ at dusk. Plus, enjoy the free concerts on July 6 and August 3 to promote Aledo's businesses. Southern Heritage Band plays **July 6**. Texas Backroads Band plays **August 3**. Bring your lawn chairs and stay for the elaborate fireworks show! For more information, contact Angela Kell at (817) 704-8223.

July 10-12

Kids Go Green Science Camp: Doss Heritage and Culture Center, 1400 Texas Drive. Children finishing fifth through seventh grades can have a hands-on science experience with Alicia D. Osborne, a certified teacher with a bachelor's degree in biology and a master's in environmental science. Class size is limited and the three-day camp costs \$45. To sign up visit www.dosscenter.org, go by the museum or call (817) 599-6168.

July 13

Parker County Women's and Newcomer's Club meeting: 10:00 a.m., Doss Student Campus on the Weatherford College campus. Simone Cobb, a food chef and health coach, presents a program titled "You Are What You Eat!" Lunch is available for \$10 and reservations are required. Make reservations by calling (817) 954-01256 by **Sunday, July 8**. Guests are welcome. For more information, visit pcwnc.org.

July 14

Parker County Peach Festival: 8:00 a.m.-5:00 p.m., historic downtown Weatherford, 119 Palo Pinto Street. Event features: 42 domino tournament, arts and crafts, food, live music and children's activities. Coby Sohn, a resident of Weatherford, will be available to sign copies of her book, *The Peach Named Parker*. For more information on parking, etc., visit www.peachfestivaltx.com.

24th Annual Peach Pedal Bike Ride: 7:30 a.m., Weatherford High School. The Peach Pedal Bike Ride is in its 24th year,

and organizers expect more than 2,000 riders from across Texas and beyond. Hosted by the Weatherford Chamber of Commerce and the Weatherford College Foundation, the ride features routes of 100 kilometers, 39 miles, 26 miles and 9 miles. All routes start and finish at Weatherford High School and feature the beautiful countryside of western Parker County. Each rider will receive a free pass to the Parker County Peach Festival, a Peach Pedal T-shirt, a water bottle and a commemorative drawstring bag provided by Durant Toyota. After the ride, participants will enjoy bluegrass music, free food from Rosa's Cafe and other goodies in the WHS Outback. Online registration, route maps and other information are available at www.peachpedal.com. Registration: by **June 30**: \$25, **July 1-13**: \$30 and **July 14**: \$35. For information, contact bbaker@wc.edu or (817) 598-6275.

July 14

Weatherford Comancheros Riding Club play day: 2:00 p.m., newly renovated arena on Osage Trail, off of Horseshoe Bend. Nine different age groups from 3 to 80 years old. Family event. Bring proof of Coggins test. For directions at call Varsi at (817) 721-8057 or Pat Farns (817) 228-2015.

July 23

Don Eddy Basketball Camp: 8:15 a.m.-4:00 p.m. This camp is designed to improve basketball skills for boys and girls in third through 12th grade. A special focus will be on ball handling, one on one and shooting. Bring a sack lunch and a water bottle to refill. There will be no concessions. For more information, visit www.debb.com, e-mail christina.wright@live.com or call (817) 360-9649.

Submissions are welcome and published as space allows. Send your event details to melissa.rawlins@nowmagazines.com.



In The Kitchen With Russell Carter

— *By Melissa Rawlins*

In November 2009, Russell Carter started smoking. He bought a backyard smoker at a garage sale. Before smoking a turkey for Thanksgiving, he wanted to practice a little. “I decided to smoke a chicken for the family,” Russell said. They loved his first smoked chicken, and Russell gained confidence. He generally cooks for family and friends, and enjoys cooking chicken, ribs and brisket.

Once a year, he competes in a BBQ competition fundraiser for Camp Craig Allen (www.campcraigallen.org), which is building a camp for children and adults who are wheelchair bound. At competitions and at home, Russell likes giving people different meats with good flavors. A Weatherford-native, Russell has friends who also like to cook BBQ. “I would say they are my favorite cooks.” **NOW**

Moink Balls

20 beef meatballs
20 slices bacon
1/2 cup BBQ rub
1 cup BBQ sauce

1. Make your own beef meatballs or use frozen ones. If you use the frozen ones, make sure they are thawed when you cook them. Take your meatball and wrap a slice of bacon around it. Stick a toothpick through the bacon to hold the bacon onto the meatball.
2. Sprinkle with your favorite BBQ rub. Throw the Moink Balls on the grill and cook until the bacon and the meatballs are cooked through.
3. Brush with your favorite BBQ sauce, and then return to grill.
4. Meatballs are done when the sauce has caramelized. Eat as is or brush on more BBQ sauce.

BBQ Chicken

Whole chicken
1/2 cup BBQ rub (your favorite)
1/2 cup honey

1. Rub chicken all over with BBQ seasoning.
2. Squirt as much honey as you like inside the chicken.
3. Smoke the chicken at around 250 F for about 4 hours.
4. Around an hour-and-a-half to two hours into the cook, wrap the chicken in foil and keep it wrapped until it's done. The honey will caramelize inside the chicken. When you remove the chicken from the foil, be careful. It will be very juicy.

BBQ Sauce

2 cups ketchup
1/4 cup cider vinegar

1/4 cup brown sugar
2 Tbsp. molasses
2 Tbsp. mustard
2 Tbsp. Tabasco sauce (optional)
2 Tbsp. BBQ rub (your favorite)
2 tsp. liquid smoke
1/2 tsp. black pepper

1. Mix all ingredients in a saucepan. Bring to a boil, stirring occasionally. Serve warm or cold.

ABTs

Serves 10

10 jalapeño peppers
1 8-oz. cream cheese
10 slices bacon
1/2 cup Jess Hall's Serendipity rub
 (made locally in Weatherford)

1. Cut jalapeños in half. Scrape out seeds.
2. Fill inside of each pepper with cream cheese (may not need entire 8 oz.) and sprinkle with Serendipity rub.
3. Wrap one slice of bacon around each and throw them on the grill. When bacon is done, the ABTs are ready to eat.

Trash

3 sticks butter
5 1/2 oz. Worchester sauce
3 Tbsp. Tabasco sauce
1 1/2 cups bacon grease
Pinch of garlic
Pinch of salt
3 large boxes of Crispex cereal
1 large box Cheerios
1 large bag of mini-twist pretzels
2 medium-sized cans of mixed nuts with cashews

1. Combine first 6 ingredients in saucepan. Bring to a boil. Simmer, stirring frequently. Once the smells burn your nostrils, remove from heat.
2. Pour all dry ingredients into a large trash bag. Mix thoroughly.
3. Pour sauce into trash bag and mix well.
4. Pour small batches into roasting pan and bake at 300 F, stirring frequently and baking until mixture is dry. Once dried, remove from oven and repeat with next batch.
5. Freeze the snack and eat straight from the freezer.



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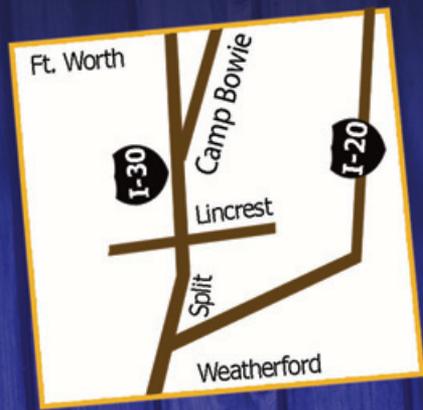
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