

Red Oak

Ovella | Glenn Heights | Oak

M A G A Z I N E

JULY 2012

LOW



Ready, Set Goal!

Chuck Steger just keeps
going and going

Doubly Blessed

At Home With Jason & Laine Smith

Plus: Puppy Love at First Sight ·
High-standard Storage ·
In the Kitchen With Rhonda Real

ROISD Back to School and Health Fair



The Red Oak ISD Council of PTAs & ROISD is sponsoring a
**Uniform Exchange/Sale on Saturday, August 4th from 8am to 12pm
at Red Oak Intermediate School for Red Oak ISD Students**

Haircuts ★ Uniform Exchange ★ School Immunizations ★ Dental & Vision

Red Oak ISD Transportation Dept., Child Nutrition Dept., and After the Bell representatives will be available on-site.

All immunizations must be current in order for students to register and pick up school schedules.

All items should be in good condition. Items can be exchanged one for one or purchased at \$2.00 an item

*This is a service project for the Council and proceeds will be donated
to ROISD's Provision Fund for needy students.*

If you would like to donate any uniform item(s), the item(s) will need to be dropped off at Red Oak Intermediate School, Wednesday, August 1 from 10 - 2 and Thursday, August 2 from 10 - 2 and 5 - 8. A voucher will be issued for each item donated that can be used on Saturday while quantities last.

If you have any questions, please contact Donna Knight 972-617-4658.

★ ID required to receive services ★

We were in a race for Ed's heart, and won.



What began as a relaxing day of gardening for Ed quickly turned into a heart-pounding race against the clock. His day had been interrupted by a heart attack. From the time Ed arrived at Methodist Health System to the time a balloon catheter opened his blocked artery, a mere 18 minutes had ticked by — among Methodist's fastest door-to-balloon times and 72 minutes ahead of the national benchmark. Fast indeed, and a good thing too, because Ed had some yard work to finish.

Get the full story at www.MethodistHealthSystem.org/Cardio



Where life shines bright.™



I-20 at Hwy. 67 • 214-947-0000



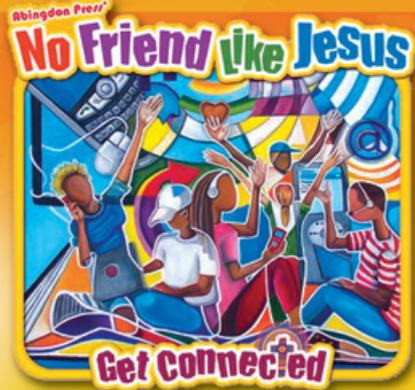
**FIRST UNITED METHODIST CHURCH
VACATION BIBLE SCHOOL**

No Friend Like Jesus

**Sunday, July 15th through Thursday, July 19th
5:30pm to 8:30pm**

Dinner is provided from 5:30pm to 6:00pm

**Ages 3 years old to entering the
sixth grade are welcome to attend**



Register online at
www.fumcro.org
or by stopping
by the church

972-617-9100

600 Daubitz Rd., Red Oak, TX 75154
www.fumcro.org



Happy Independence Day from all of us at

★ ★
★ *Impressions* ★
★ *Salon Etc.* ★

\$20 OFF
Any Service

with Gabriel, Ashley & Kimberly
New client only

\$5 OFF
Any Service

with this ad



AVEDA
THE ART AND SCIENCE OF PURE FLOWER AND PLANT ESSENCES

Hair, skin & make-up products, bags, jewelry & accessories
25 yrs experience

- Cut & color specialist
- Bridal parties
- Special event hair
- Manicures / pedicures
- Skin care specialist

202 Suite B N. I-35 • Northbound Service Rd. between Ovilla & Red Oak Rds
Red Oak • 972-617-6300 • Open at 8am Tues Thru Sat

Publisher, Connie Poirier

General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker
Red Oak Editor, Angel Morris
Editorial Coordinator, Sandra Strong
Editorial Assistant, Beverly Shay
Writers, Katie Almond . Dianne Reaux
Editors/Proofreaders,
Pat Anthony . Pamela Parisi

GRAPHICS AND DESIGN

Creative Director, Chris McCalla
Artists, Julie Carpenter . Martha Macias
Connie VanderBeek . Allee Brand
Marshall Hinsley . Arlene Honza
Brande Morgan

PHOTOGRAPHY

Photography Director, Jill Rose
Photographers, Opaque Visuals

ADVERTISING

Advertising Representatives,
Rick Ausmus . Teresa Banks
Linda Dean . Kelly Feld . Laura Fira
Bryan Frye . Melissa McCoy . Lisa Miller
Carolyn Mixon . Jami Navarro
Lori O'Connell . John Powell . Steve Randle
Linda Roberson

Office Manager, Angela Mixon

On The Cover



Chuck Steger proves it's never too late to get fit.

Photo by Opaque Visuals.

Contents

July 2012 • Volume 7, Issue 7



6 Ready, Set Goal!
Perseverance is paying off for Chuck Steger.

14 Doubly Blessed
At Home With Jason and Laine Smith.

10 Puppy Love at First Sight
When Jennie Dunaway found Cabela, she found a blessing in disguise.



22 BusinessNOW
24 Around TownNOW
28 CookingNOW

Red OakNOW is a NOW Magazines, L.L.C. publication. Copyright © 2012. All rights reserved. *Red OakNOW* is published monthly and individually mailed free of charge to homes and businesses in the Red Oak, Ovilla, Glenn Heights and Oak Leaf ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.



Editor's Note

Here's to Yankee Doodle and a dandy daddy!

Everyone recognizes the month of July for Independence Day, but in our little corner of the world this month houses another significant event — my husband's birthday.

He's not a Fourth of July baby, nor does he expect parades or fireworks on the anniversary of his birth on July 18. His favorite celebration, in fact, was coming home to balloons tied to our mailbox and shouts of "Surprise!" from no one other than our

little boy and me. A few streamers, a homemade cake, and I've never seen him look more pleased.

What a blessing to have a husband and father who appreciates simple things. What a reminder that while independence is a treasure, being able to depend on someone is an equally important gift. Here's to celebrating those who maintain our freedoms and those we rely on each and every day!

Angel

Angel Morris
Red OakNOW Editor
angel.morris@nowmagazines.com

Paying too much for Storage?
AceStoreIt.com • 972.268.7112
 24 HOUR ACCESS • 16 SECURITY CAMERAS

10x15 unit:
~~\$75~~ **\$70**
RECEIVE 2ND MONTH FREE!
 Valid with ad. Expires 7/31/12

Red Oak Executive Suites
 309 E. Ovilla Road, Suite 2100 • Red Oak, TX 75154

Primary office and admin assistance spaces available.
 Receptionist • Reception Area • Conference Room • Fax
 Scan • Copier available • Internet Access • T-1 Line
 Break Room • Kitchen Utilities • CAM cost included in
 monthly rent. Minimum 1 year lease term

Contact Jessica at 469-218-2304

Riley's Bakery
 469.684.4615

LET US MAKE ALL OF YOUR SPECIAL-OCCASION CAKES & YUMMY TREATS!

We offer a wide assortment of pies, cakes, cookies, cupcakes & other treats.

VISA MASTERCARD

Turn Your **Gold** and **Diamonds** into **CASH**

972-937-4422
 wileysjewelry.com

WILEY'S
 DIAMONDS & FINE JEWELRY

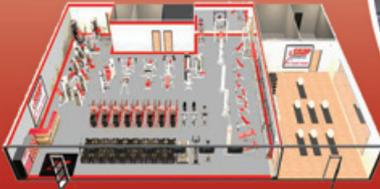
American Barns Inc.com

Barn Homes start @ \$65 sf locally!

Post-Frame Builders
 Barns, Shops, Homes & More!
817-341-7400

Summer Special

1/2 OFF
Enrollment Fee
AND
\$25 per month



Red Oak
205 S. Main St. Suite 1901
972-576-0388
www.snapfitness.com/redoak
www.facebook.com/redoaksnap



SNAP
FITNESS • 24-7
fast • affordable • convenient
Your 24 Hour Fitness Solution!

- Fitness on Demand Classes - Pilates, Yoga, Kickboxing, Aerobics & Much More

- 5,000 Square Feet
- Personal Training
 - Bootcamp
 - No Contracts
 - Safe, Friendly Environment

Drop in today for
One FREE
ZUMBA Class
FITNESS
Expires 7/30/12

Achieve success close to home

Tarleton State University offers students affordable, high quality degree options conveniently in Midlothian at Navarro College.

Bachelor's Completion Degrees: Business, Psychology, Criminal Justice Administration, Manufacturing & Industrial Management

Master's Degrees: Counseling, Counseling Psychology

For Additional Information
972.775.7244

Tarleton
State University
MIDLOTHIAN
TARLETON.EDU/MIDLOTHIAN

Ready, set GO!

— By Katie Almond

One look at Chuck Steger and you'd say he's been exercising faithfully and eating healthy every day of his life. Nothing could be further from the truth. "Actually, I didn't start until I was over 50," Chuck confessed. At 51, a routine visit to his physician revealed both high cholesterol and high blood pressure. The doctor advised Chuck to start walking 45 minutes a day, five to six times a week, to get his heart rate up. "Look, I'm in construction, that's all we do," he replied. "We're out there working and hustling in the sun and all that." The doctor was unimpressed with Chuck's response. In fact, he laughed.

Chuck took his doctor's advice and started walking regularly. He hit the pavement nearly every day and just kept going through heat, cold and rain. "Even when I didn't want to, when I wanted to quit, I just stuck with it. I just kept doing it," Chuck stated.

One day while he was walking with his wife, Lois, everything changed. "We were out walking in Bryan Terrace when a girl ran past us, and I thought to myself, I wonder if I could run? I wonder if I could do something like that? So, I set myself a goal to be able to run around that subdivision," Chuck recalled. It didn't happen overnight, though. It took significant time and effort to achieve his goal. "I'd run and walk, and huff and puff. But finally, the day came when I was able to run around that thing twice," Chuck grinned.

That was just the beginning. Twice around Bryan Terrace was quickly followed by a new goal: Bryan Terrace to Ovilla Road and back. "I would run and walk and run and walk. It's just baby steps, and I finally got to where I could consistently run for 30 to 35 minutes. I just built up my time," Chuck declared. The next goal was running from Red Oak to Waxahachie. "It's very addictive," Chuck admitted, "but in a good way."

The advantages of running were starting to show. Chuck's





“If your mind is determined, your body will come along.”

cholesterol and blood pressure returned to normal range, but an even greater benefit surfaced. “I could tell after I ran that stress had no effect on me. So, running is very beneficial both physically and emotionally,” Chuck said.

Diet was another area where Chuck was slowly changing his habits. While he was still in his walking phase, an acquaintance inquired if he had ever really read the food labels in the grocery store. Chuck was curious and asked for more explanation.

“She gave me all these key words, which I don’t even think I knew what they meant, like hydrogenated and enriched to look for,” Chuck said. He did a little research and then went to the grocery store. “I walked through there, reading labels, and I came out thinking, Man alive, I can’t eat anything in this store. What in the world can I eat? It was a bittersweet moment,” he said.

Chuck’s attitude toward nutrition was starting to change. “When I go to Red Lobster and I get seven Sprites because of free refills, maybe it’s not good for me,” Chuck confessed. He switched from soft drinks to juice as he was learning, little by little, how to make better choices. “I finally switched over to water with just a little lemon in it. I started to be very particular about what I ate. I quit eating fried food. I ate less red meat,” he explained. “I started eating more chicken and lots more fish.”

That series of small steps led to big results. “I was losing weight. I was feeling better, and I was handling stress a lot better,” he confessed. “I just felt better, so I determined to keep going.”

Setting and achieving goals is a recurrent strategy in Chuck’s success. It works for him, whether it’s a long-term or short-term goal. “I remember one time I was running from Waxahachie to Red Oak. I was running up the hill by the cemetery and the golf course. It’s a hill, and I was feeling the effects of it, but I’m saying to myself, I can make it to the next telephone pole. And once I got there, I said, ‘Well, I can make it to the next one.’ And before you know it, I was on top of that hill,” Chuck explained.

Chuck went on to emphasize the importance of mind over



Mobile Vet Care for Horses

EMERGENCY
CALLS

FARM
CALLS

972-935-3993

General medicine • Lameness • Reproduction • Dentistry

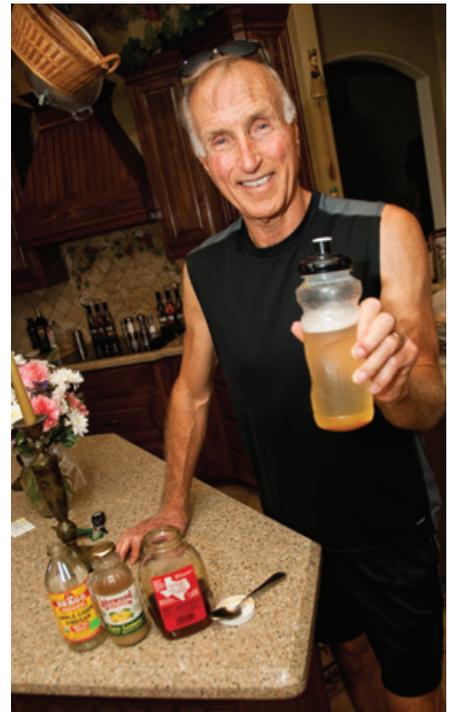
HENDRICKS EQUINE VETERINARY SERVICES

Rohn Hendricks, DVM, MS

Over 20 Years Experience



matter. “It’s like talking to your mind, telling it, I can make it here. If your mind is determined, your body will come along. It may not like it, but it’ll come along,” Chuck declared. “I still do it today. If things get tough, I hunker on down and



say, Well, I can turn it up one more notch. It’s the kind of thing that goes through your mind as long as you’re still setting goals,” Chuck maintained.

That attitude provided the foundation for Chuck’s next big goal. “That’s basically the story of how it all started. From there, I got pretty good at running.

**KUBOTA
REWARDS**
It Pays to Own Orange

**Think you can't afford a Kubota?
Think again.**

Kubota quality pays – and at a much lower cost than you might think. Let your authorized Kubota dealer show you how affordable and rewarding it is to own Kubota's L3200F – the quality compact tractor that works hard for you today and holds its value tomorrow.



Kubota L3200F
as low as

\$11849*

- 3-cylinder, 31.9 HP Kubota diesel engine
- Reliable 8F/4R shuttle transmission
- Category I, 3-point hitch with over 1,998 lbs. of lift capacity
- Easy-to-read instrument panel and power steering



Currently located at
**501 North I-35
in Waxahachie
800-207-3276
www.centralkubota.com**

We're Open Monday – Friday: 8AM-5PM and Saturday: 8AM-2PM

Kubota
EVERYTHING YOU VALUE
www.kubota.com

Check out our complete line of quality Kubota products.





I ran for about an hour and a half a day. So, what do you do for an encore, you know?" Chuck wondered.

Turns out the encore was pretty impressive — he ran a marathon. "I told my wife, 'I've heard about these marathons up in Dallas. I think I've got to go do one of those things.' I found out when it was, and I entered," Chuck said. He had it all planned out, knew what his pace would be and told his wife what time he thought he'd finish. He was right. Chuck ran his first Dallas White Rock Marathon at age 55. He ran 26.2 miles in under four hours. His official time was 3:56. "I was still standing at the end, feeling all right. That's quite an accomplishment, considering I started when I was over 50 years old," Chuck stated. Since that first race, Chuck has run five additional marathons.

He's also run the Turkey Trot, an eight-mile race held annually on Thanksgiving Day. "I was coming over the bridge on mile seven, and I remember thinking, 'I'm running eight miles today and in two weeks, I'll be running 26 miles.'" Chuck continued, "Your mind and your body just come together when you know what your goal is. For that day, it was run the eight miles. In two weeks it would be run the 26.2 miles."

Whether running an eight-minute mile, completing the 100-mile leg of the Cow Creek Classic Bike Ride or working the treadmill like a full-time job, Chuck's determination continues to take him across the finish line in style. **NOW**

Red Oak Family and Pediatric Clinic

REBECA PIANTINI, M.D. and
FERNE CUMMINGS, M.D.

- Board-certified
- Same-day appointments
- Most insurances accepted
- Well-child exams
- Well-woman exam
- Complete physical exams
- Sports physicals
- Se habla Español



Red Oak Family and Pediatric Clinic
273 East Ovilla Road, Ste. 4 • Red Oak, Texas

Call today 972-617-6660



Puppy Love at First Sight

— By Dianne Reaux

When meeting Jennie Dunaway for the first time, her animation is apparent. She is warm and friendly and converses easily. But if you want Jennie to really light up, ask her about her dogs. “I’ve been dog-crazy since the day I was born,” she said excitedly. “When I was 5 years old, my father built me a wooden doll

bed. And for Christmas my grandmother gave me my first puppy, and that puppy slept in the doll bed,” she explained. “I’ve never been without a dog.”

Jennie is currently the proud owner of four German Shorthaired Pointers, 6-year-old Cabela, her off-spring: 2-year-olds Cooper and Kip, and from Cabela’s latest litter of pups,

7-month-old Maggie. Her older dogs have played flyball, the national racing sport for dogs. In 1999, she helped form Hearts of Thunder, the first therapy dog group in Ellis County.

She has enthusiastically participated in all of these activities, but as she talks about her dogs, it becomes obvious her passion is showing them. She shows her dogs in three different venues — the American Kennel Club, the United Kennel Club and the International All Breed Canine Association. All four of her show dogs have garnered various levels of distinction during these competitions.

While Jennie loves all of her dogs, it's clear that she has a special bond with Cabela. To understand this bond you have to know their story. In 2005, Jennie had two German Shorthaired Pointers, Nicky, 14, and Clyde, 9, both of whom were advancing in age when she made the decision to get another puppy. She made arrangements with a breeder to take possession of her puppy when the litter was old enough. While she waited for the litter to arrive and reach the customary age of 8 weeks, life threw Jennie an unexpected curve.

Jennie had been participating in a sail boat race in Corpus Christi Bay when the boat she was racing in collided with a competitor's boat. She fell through the hatch and broke four ribs. She also sustained a concussion. At the hospital, a CAT scan was ordered to evaluate the severity of the concussion. As doctors viewed the scan, they discovered a brain tumor. Jennie underwent surgery that lasted nine hours.

She had been back home in Red Oak for exactly one week recovering from surgery when she received a call that her puppy was ready. She immediately felt overwhelmed and remembered thinking, "I don't think I can handle this. I can barely bend over and pick things up, let alone take care of a puppy." But when the puppy was delivered, Jennie took one look at the tiny little bundle and it was "love at first sight." "The puppy was absolutely beautiful," she remembered. For three weeks they laid together in a recliner while Jennie recuperated, with Cabela curled up sleeping on her chest and the bond began.

As Jennie looks back at that season of her life, she believes that Cabela had a



Adam G. Arredondo, M.D.
Pain Management

You can be
PAIN FREE

We Can Help

- Headaches & Migraines
- Back & Neck Pain
- Shingles
- Shoulder Pain
- Knee Pain
- Leg & Arm Pain

903.872.4777

521 N. Beaton St. • Corsicana

972.938.7319

128 Hwy. 77 N. • Waxahachie

www.txapmi.com

**texaspaindoctors
@gmail.com**

\$19*

Adjustment

no appointments
convenient hours
licensed chiropractors

THE JOINT

...the chiropractic place®

278 E. Ovilla Road, Red Oak, Tx. - 1 Mile East of I-35
(972) 617.7700

Mon-Fri 9am-6:30pm, Sat 9am-12:30pm, Closed Sunday

Walk-Ins Welcome | thejoint.com

*Offer valid for first visit only. Initial visit includes consultation, exam and adjustment.

No dental insurance?

We have the solution. Call us for a significant savings and ask about our APFD Smile Plan and get the smile you always wanted.

Orthodontics • We Accept Most Insurance

Convenient Hours • Flexible Financing • We Accept Medicaid

Aycox & Pearson

Family Dentistry

307 E. Ovilla Road, Suite 400 • Red Oak, TX 75154

972-576-0602

www.aycoxpearsonfamilydentistry.com



Jeremy Vaughan, MD, PA

Cedar Hill WOMEN'S CENTER

Our office provides a full range of women's health care services

- Obstetric Care
- Well-Woman Exam
- STD Testing
- PMS or Menopause Management
- Family Planning
- Urinary Incontinence Therapy
- Female Sexual Dysfunction
- Colposcopy/Cervical Biopsy
- Obstetric/Gynecologic Sonography
- Endometrial Biopsy and Endometrial Ablation
- Minimally Invasive Laparoscopic Surgery
- Hysteroscopy & Essure Sterilization



210 S Broad St • Cedar Hill • 972-294-7112
www.cedarhillwomen.com



therapeutic effect on her recovery. "It's hard to sit and feel sorry for yourself when you have something so full of life bouncing around. I really feel like she got me up and going, instead of me sitting around feeling sorry for myself," she stated. "I didn't have a choice."

Once Jennie began to regain her strength, she wanted to socialize Cabela, so she enrolled her in handling classes. Like any proud new mom, Jennie had always believed her new puppy was special. But it was the feedback she received from other puppy owners that convinced her she wasn't just being maternally biased. Cabela was special. "She's beautiful! She has beautiful lines! She moves so well!" were just some of the compliments received from other puppy owners and canine instructors. The glowing attributes to her puppy's appearance and form gave Jennie the confidence to start showing Cabela competitively.

In the past six years, Jennie and her dogs have won more than 100 awards. Cabela alone has won over 49 Best in Show awards. "We are currently undefeated in the International All Breed



Emma's Bridal Boutique

15% OFF
all regular priced items
Valid 7/1/12 - 8/1/12

NOW FEATURING:
Laughing Willow Clothing

204 N. I-35 Suite C Red Oak
972-515-8800 • EmmasBridalBoutique.com

the Laughing Willow

HAPPY 4TH OF JULY!

Donut House

972-576-5200

205 S. Main
(behind Shell station at 342 & Louise Ritter)



Canine Association Family Group Best in Show, having won the award for the last five years straight,” Jennie said.

The shows have taken Jennie and her award-winning dogs all over the southwest. They have shown throughout Texas and competed in Michigan, Missouri, Georgia, Louisiana and Oklahoma. It isn't uncommon for Jennie to log more than 35,000 miles annually showing her beloved companions.

Traveling with four dogs isn't an easy undertaking, which is why Jennie relies on her best friend, Audrey Reed, to help her. Jennie considers Audrey, who is also the owner of three German Shorthaired Pointers, to be eyes and ears at the competitions.

Another cause close to her heart is the Cedar Hill pet memorial project. When it was discovered that the 1.8-acre plot of land was going to be auctioned off due to delinquent mortgage payments and taxes, Jennie and others with pets buried at the park galvanized and the nonprofit organization was formed. They started working last October to raise funds to save the Pet Memorial Park. Last March, they submitted the winning bid at the foreclosure auction.

Many consider dogs to be the most faithful companion a pet owner can have. “Dogs are always excited to see you after you've been gone, even if you're just returning from an eight-hour work day,” Jennie explained. “They defend you courageously, even if it's only from the mailman. Their love is truly unconditional.”

And any true pet lover will tell you — you don't forget the faithful companions that are no longer here with you. Jennie will continue to faithfully train and care for her four current charges. She will also display the same passionate devotion to their nonprofit organization's oversight of local pets' resting places — ensuring that, Nicky, Clyde and Porsche, her three canine angels, can continue to rest peacefully at the Pet Memorial Park in Cedar Hill. **NOW**



ACLogistics

Heat & Air

“Bringing cold air to you”

American Standard

**Second
Opinion on
Compressor
Failure!**

SERVICES:

- 24 Hour Emergency Service/7 Days a Week
- NO Overtime charges EVER
- All makes and models
- Heating and Cooling
- Attic Insulation
- Residential/Commercial
- Licensed and Insured Professionals





\$19.95 Service Call

FREE

with repair

One lb. Freon FREE if needed (\$60.00 Value)

ACLogistics

Not valid with other offers. Offer expires 8/15/12

Precision Tune-Up

\$49⁹⁵

Reg. \$99

NO BREAKDOWN GUARANTEE*

ACLogistics

Offer expires 8/15. Some restrictions may apply. Call for details. \$49.95 refunded per system serviced. Breakdown must be diagnosed and repaired by AC Logistics. Tune-up recommended repairs must be made to qualify for No Breakdown Guarantee. Not valid with any other offer or promotion.

Locally Owned & Operated in Red Oak
License #TACL45374E

972-576-0222

Celebrate Independence Day!



25% OFF SALE

on 4th of July

Lead Over Heels

Shoe Boutique

Tues-Fri: 9am to 7pm • Sat 9am to 5pm

600 Methodist • Red Oak (across from Fire Station) 972-576-1990



GOOD DISCOUNT FURNITURE AT

GOOD PRICES!

Name brand merchandise!
Overstocks, Liquidations,
Scratches & Dents





New shipments every week!



Direct Central Discount Furniture

233 E. Ovilla Rd. | Red Oak | 214.202.0449

www.direct-central.com next to Dollar General store

Hours:
M-F 10am-7pm
Sat: 10am - 6pm

Doubly Blessed

— By Angel Morris

Jason and Laine Smith always knew they wanted children. While dating in college they considered the importance of adoption and even dreamed of opening an orphanage overseas. God seemed to be planting seeds in their hearts that would bloom years later, however unexpectedly.

Currently the student minister for Hampton Road Baptist Church (HRBC) in DeSoto, Jason had initially worked in engineering, while Laine did social work after their marriage in 2002. When Jason felt called

*At Home With
Jason & Laine Smith*



to the ministry, he entered seminary school, and he and Laine were thinking of starting their family.

“We were part of a big Sunday school, and it seemed everyone we knew there was pregnant. We were having baby showers for two and three families at once,” Laine remembered. “We hadn’t gotten pregnant in four years, so we did fertility testing, only to have the doctors say there was nothing wrong.”

Jason and Laine saw their wait as confirmation from God to adopt. After his three years in seminary, Jason received the job at HRBC and the Smiths’ lives became a whirlwind of activity, including efforts toward adoption.

In March 2009, they purchased a home in Oak Leaf to be closer to Jason’s new job. They used their first-time homebuyer credit to make a few property repairs, then put the remainder into joining the Gladney Center for Adoption’s African-American and biracial program.

“It is the less expensive of domestic adoption programs, but we still had to empty our bank account just to get started,” Jason said. “We had the first \$5,000 but no idea where the remaining \$10,000 would come from.”

Friends, acquaintances and HRBC members became aware of the new pastor and his wife’s adoption goals. A week after the couple enrolled in the Gladney program, in fact, an unexpected blessing came from the community of people who’d heard their story.

“A church administrator walked into my office and said he’d had a call from an anonymous donor who was willing to donate \$10,000 toward our adoption,” Jason said.

With the adoption fees taken care of, the Smiths still anticipated a year or





ALERT! **We do not believe in white knuckled dentistry!**

Never be afraid to go to the dentist again!



Specializing in sedation dentistry and comprehensive care for ages 14-104

Carol Randolph Wald DDS, PC **972-617-3322**
101 Austin Boulevard, Suite 100 **Red Oak, TX 75154**

**Child Care 24 Hours a Day
7 Days a Week**

NOW OFFERING
 Kindergarten & PreK
 with a Texas certified teacher who has 30 yrs. experience

Spa day • Traffic safety school
 Tea parties • Sports camp • Gardening

We accept CCS • No child left behind
 Manipulative, hands-on learning

A Bright Beginning Learning Center

972-617-2260

2607 W. Ovilla Rd. • Red Oak






RED OAK CHIROPRACTIC & THERAPY

Full Service Family Clinic Offering:
 Chiropractic • Massage Therapy • Rehab
 Sports Medicine • Auto Accidents
 Most Insurance Accepted
 Aetna, BCBS, Cigna, United Healthcare, & many more

CURTIS BEGIN, D.C.
307 E. OVILLA RD., STE. 100
RED OAK, TX 75154

(972) 576-5501



had put an image of us in this 17-year-old girl's mind."

One-quarter African-American, one-quarter Hispanic and half Caucasian, the baby would not qualify for the African-American/biracial adoption program, but the Smiths were not

through infertility and watching others get pregnant through the years. As all of this was happening, I prayed God would protect our hearts, and that He would close the door on this process if this was not meant to be our child."

The Smiths got a call that doctors were inducing the birth a week earlier than expected, and their son was born the day before Thanksgiving in 2009. With a 48-hour waiting period before being able to sign over her child, the birth mother had second thoughts. Two days after the birth, the case worker called and told the

two wait before getting a child. They were only one month into the very involved process of pre-adoption paperwork when another miracle occurred.

"Jason's mom called and said a very good friend of the family had a daughter who was pregnant and going through Gladney," Laine said. "She had reviewed many family files and none fit the image of the family she wanted for her child."

Jason and Laine e-mailed photos and a snippet of information about themselves to the young mother. "It was amazing to find out that we were exactly the people she was looking for," Jason said. "God

required to pay additional funds for a different program and, with Gladney's approval, moved forward with adoption efforts for this child.

"It was just more proof that adoption was for us, and God had put us on this path. We couldn't have afforded another \$20,000 in fees for other adoption routes," Jason said.

Nonetheless, Jason was cautious about his and Laine's emotions as the process began to move very quickly. "My wife's heart had been



Don't want this to be the color of your skin?



July is UV Safety Month and we want you to be safe while in the sun and choose your cover.



- Wear a hat
- Wear sunglasses that wrap around the eyes and block UVA and UVB rays
- Seek shade
- Use cover ups and clothing made with UV protection in the fabric
- Use sunscreen that is waterproof/sweatproof and has an SPF 15 or higher



Dr. Stephen Trammell
 675 W. Main Street (Downtown Ovilla) (972) 617-6376
 200 Dalton Dr. • DeSoto (972) 223-7575
 Visit our website at Dr-Trammell.com

The Easy Move.

ACCESS
SELF STORAGE
AND TRUCK RENTAL

Consumer Choice Award Winner

- 16 Surveillance Cameras
- Resident Manager



Contractor's Special
20% OFF 10X25
 New Customers Only

561 E. Ovilla Road
at HWY 342
 Red Oak Location
 plus 6 other Dallas locations
972-515-8600

Celebrate Independence Day!



CUSTOM FENCING AT AFFORDABLE PRICES!

- FENCE REPAIR
- FENCE STAINING
- RETENTION WALLS
- CONCRETE STAINING
- OUTDOOR COOK AREAS
- ARBOR, PERGOLAS & DECKS
- LANDSCAPING & IRRIGATION SYSTEMS

FREE Estimates

VINYL • WOOD • WROUGHT IRON FENCES • ELECTRIC GATES CUSTOM OUTDOOR PATIOS • GUTTERS • CONCRETE STAINING

Ross FENCING

COMMERCIAL & RESIDENTIAL CONSTRUCTION

1604 N HWY. 67 • MIDLOTHIAN
(9th St Exit, North Bound Frontage Road)

Call 972-904-1904

\$200 OFF

Wooden Pergolas

10 X 10 or larger

Hurry! Offer Ends 7/31/12

\$200 OFF

Full Fence Purchase

Hurry! Offer Ends 7/31/12

CAMPUZANO

mexican food

\$5.00 off
\$20.00 purchase

Coupon only good from NOW Magazine! NO Copies accepted. Expires 7/31/12



HAPPY 4TH OF JULY!

Celebrate with a Beer Rita or Big Red Rita!

Voted Best Mexican Restaurant in Best Southwest

108 N. 8th Street
Midlothian, TX
972-723-2634

2167 N. Highway 77
Waxahachie, TX
972-938-0047

213 W. Beltline
Cedar Hill, TX
972-291-1053

ALL EYE & OPTICAL CARE

New Patients Welcome

All Major Insurance/Medicare Accepted

- Complete Eye Exams
- Eyeglass & Contact Lens Prescriptions
- Eyeglasses for Every Budget
- Glaucoma Treatment
- Diabetes Eye Care
- Cataract Surgery



Dr. Raj Rugwani
Board-Certified
Ophthalmologist

972.923.3399
800 N. Hwy 77 Ste 100
Next to HEB
AllEyeCare.com
AllOpticalCare.com

Don't forget to use your Health Savings/Flex Benefits



Both boys have their own rooms, and the family room also houses favorite toys and even a pup tent for indoor camping.



Call us today and talk to a friendly staff member concerning any of your prescription or health care needs.

Custom Compounds!

HUMAN COMPOUNDING

- Bio-identical Hormone Replacement Therapy
- Customized Pain-control Gels
- Specializing In Commercially Unavailable Medications

We accept most all prescription cards, including Express Scripts & we welcome your CVS/CareMark Prescription Cards

Proud to be your personal pharmacy.

Now the Only Independent / Full-line Pharmacy in Waxahachie & Red Oak
Putting customer service first for over 27 years.

THE PRESCRIPTION SHOP 972-938-2642
RED OAK DRUG 972-617-2222
1-800-551-1911

VETERINARY COMPOUNDING

- Makes Medication For Pets A Treat
- Flavored Medication
- Solves Dosage Problems



Feing **OPEN For Summer Hours Tuesday-Friday 10am-3pm**

French Macarons • Cupcakes
Truffles • Cake Balls • Custom Cakes
Decorated Sugar Cookies

972-576-5005

103 South Main Street
located in historic downtown Red Oak

Relax Cleaning
of North Texas

Call before July 15 on your first
Cleaning Service
and receive
20% OFF
Over 12 years experience

Call for a **FREE Estimate**
214.406.9335



Support and Assistance with Your *Labor of Love*

Breastfeeding is good for you and best for your baby. At **Kessler Women's Healthcare**, we want to help you realize your personal breastfeeding goals with our medical lactation consulting service.

Medical Lactation Consulting educates you and helps you prepare before your baby is born, and then provides care, advice and encouragement every step of the way after the birth of your baby.

Let us help you provide the best possible start for your baby.

1330 N. Beckley Ave.
Dallas, TX 75203
214-941-7200



Now Offering Medela breast feeding products!



pack stack
personal and business storage

FREE TRUCK & LOCK
*with move in

no deposit or admin fee • coded access gates
surveillance cameras • on-site managers

Offices & Office Warehouses For Lease
Just Ask!

TOLL FREE 1-866-295-5163
201 Brothers Blvd. Red Oak
www.selfstoragetexas.com

*Free Truck Rental With Move-In — Some restrictions apply. Ask manager for details. One of seven D/FW Area Locations.



Need Gifts?

Host a Qualifying Party to Earn Free & ½ Price Scentsy! EXCLUSIVE REWARDS for Hostesses Only in July!

Shop Local

Phone Orders Welcome
Call for an Appointment!

Need Cash?

Call Debi to Start Your Scentsy Business Today!



Debi Mangan

www.eFlameless.com
debimangan@sbcglobal.net
(972) 937-1440 Office (903) 258-3513 Cell



Let us transform your existing surface into a **spectacular show** of color and design!

Mention this ad for **10% OFF**



Concrete and More.com

Decorative Resurfacing

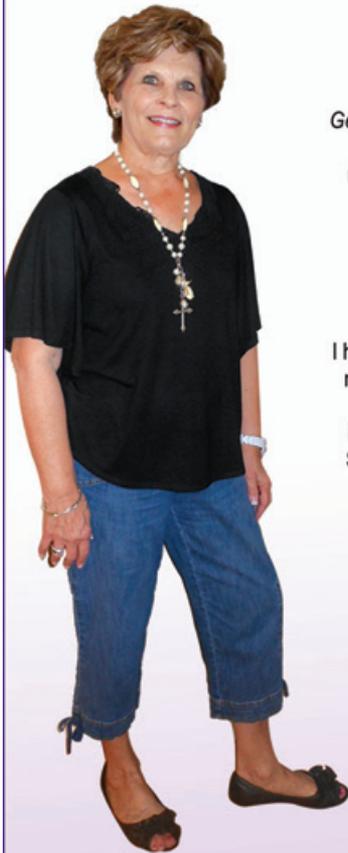
We can cover your existing surface with a decorative layer of acrylic cement to create any look you can imagine.

Call Now! 972.217.9880 Red Oak



My **GET MOVING!** Success Story

A "No-Sweat" Gym



I have gone to *Get Moving!* since January, 2012. Just in this very short time, I have lost several inches. I have better circulation and have more energy than I have had in a long time. My balance has even improved and I am more toned! *Get Moving!* is different from any other exercise program I have tried. The machines do the work for you but you can add more intensity to the exercise by helping the machines as they work. The routine is really simple. You lie on 10 tables for 10 minutes each. I use half of the tables one day and the other 5 the next. I end my workout with the wonderful vibrating table which is good for circulation and very relaxing. The staff is helpful, attentive and cheerful.

I have seen several clients' mobility improve greatly after 2 or 3 months. Everyone I talk to that comes regularly says they feel better and have more energy as the result of *Get Moving!* I have recommended *Get Moving!* to all my friends and family. Some of them have joined and they really like it, too! I am still telling everyone about *Get Moving!* and would encourage anyone to come by and give it a try.

Marva Cooke
Waxahachie Resident

**One Month
Unlimited Visits**

Only **\$79**

Up to one session per business day.
With coupon. Expires 7/31/12

**Six
Sessions**

Only **\$59**

With coupon. Expires 7/31/12

GET MOVING!

A "No-Sweat" Gym

 **203 N. GIBSON STREET • WAXAHACHIE** 
972-923-1441

**Hate to exercise?
Want to exercise, but can't?**

Relax on our motorized tables as they gently and effectively move and stretch joints and muscles
Improves ... Circulation, Flexibility, Posture & Strength See results quickly!

Smiths the birth mom had decided to keep the baby.

"It was the most difficult time in both our lives. We were wrestling with all these emotions," Laine said. "But even during all that, God had reassured us that He was still good."

Four days after the heartrending call, on December 1, 2009, the case worker phoned again and told the Smiths to come get their son after all. "The birth mom did the most sacrificial thing, and I could see how difficult the decision was for her," Laine said. "I saw a sense of peace come over her when she handed me her son."

Three months into their new role as parents, the Smiths got news they never expected to hear. "Laine was pregnant," Jason revealed. Baby Eli was delivered December 1, 2010, and joined big brother, Eyan, one year to the date of Eyan coming home with the Smiths.

With babies 12 months apart in age, the Smiths were thankful the





previous owners of their new three-bedroom, two-bath home had made recent improvements. New paint, light fixtures, flooring and kitchen counters gave the home an updated feel, and they look forward to adding more of their own personal touches — including landscaping — as time and budget allows.

For now, a favorite room is the dining room with the first set of new furniture purchased since their move and a favorite print from San Antonio showcased alongside Laine's growing china collection.

Both boys have their own rooms, and the family room also houses favorite toys and even a pup tent for indoor camping. "We love playing with them, and we love snuggling," Laine said.

The home's large yard was a selling point for the Smiths who, even before becoming parents to two rambunctious boys, knew they would one day need land where their children could play.

The family-friendly home is often filled with children and young adults from HRBC and always with the beautiful noise of the Smith sons. Someday, the couple admits, they hope to add more children to the mix. "We would like to adopt an older sibling group. It's just something God has put on our hearts," Jason said.

Meanwhile, Jason continues to guide those in his ministry while Laine focuses on being a stay-at-home mom. "The most important aspect of our home is having a safe, comfortable place for our children to grow and play," Laine said. "We love the down-to-earth feel of our community, and we're so glad to have started our family here." **NOW**

License# 128926

"Giving New Meaning to Life"

The Only CERTIFIED Alzheimer's Care in South Dallas.

SUMMERTIME SPECIAL: SAVE \$500

Arbor House Dallas • 8027 West Virginia • Dallas • (972) 298.1331
Across Wheatland from Chariton Methodist

Are you uninsured?
\$1 a day, or less, covers your family's medical or dental needs! Ask about our membership plans for the uninsured and underinsured today!

Family Medicine and Cardiology

Acute Care • X-rays • Labs • Exercise Room
 Sleep Diagnostics • Pharmacy • Dentistry

Walk-ins Welcome
 Mon-Fri 9 A.M.-9 P.M.
 Saturday 9 A.M.-9 P.M.
 Sunday 12-5 P.M.

Complete physical exams, well-child and well-woman exams.

Most commercial insurances, Medicaid and Medicare accepted.



MyClinic

972.515.8700

106 Plaza Dr. • Red Oak • (Ovilla Rd. @ I-35)
www.myclinicnow.com



Pack & Stack

201 Brothers Blvd.
Red Oak, TX 75154
(866) 227-0000

Hours:

Monday-Friday 9 a.m.-6 p.m.
Saturday 9 a.m.-3 p.m.



Joel Ward, director of operations at Pack & Stack Self Storage indicates competitive rates, customer service and Internet options make life easier for his customers.

High-standard Storage

Pack & Stack offers secure, climate-controlled facilities at competitive rates.

— *By Angel Morris*

When evaluating a location for any business, one must take into account certain conditions. Is there a need for their type of business in this community? How many competing businesses are in the area? Is this a neighborhood that they would personally want to grow their business around? For Joel Ward, director of operations at Pack & Stack Self Storage, and Carolyn Larey, supervisor, Red Oak was a good answer to their business questions. “We found that not only was Red Oak an ideal location for our storage facility based on the city’s projected growth, existing population and the community’s need for our type of business at the time, but we were also attracted to the city itself and the warm vibe Red Oak offers,” Joel said.

The self-storage business is a simple concept in that the

lockers are either empty, or they are full. It is also a price-driven industry. With more than 15 years in the business, the Red Oak owners offer self-storage and business suites at competitive rates. “We are confident we offer some of the lowest self-storage rates in the Dallas area. We also offer a free lock and free use of a moving truck to all of our tenants,” Joel said.

Joel and Carolyn have a shared philosophy of treating tenants more as guests in their large home with multiple storage rooms, rather than paying renters at a storage facility. “Our onsite managers take great pride in ensuring that every single one of our tenants is tended to in a warm, professional and courteous manner,” Joel said.

The self-storage industry has become extremely competitive

Business **NOW**

with new facilities constantly being built nationwide. One of the biggest changes in the industry though, has been the implementation of new technology, specifically the Internet. "The Internet allows us to offer some very convenient tools for existing and prospective customers. Our online quote generator provides prospective renters with the ability to obtain a quick quote for their storage needs and our online payment and accounts options, assist existing tenants with tracking and maintaining their accounts with us," Carolyn noted.

Joel and Carolyn hope to grow the business and make it profitable. "We realize this can only be accomplished

We are confident we offer some of the lowest self-storage rates in the Dallas area.

by providing our customers with the highest level of customer service, while offering competitive storage rates at the same time. Pack & Stack also offers prospective and existing customers the ability to participate in monthly draws and giveaways. "In the past, we have given away several iPods and floor seats to the Dallas Mavericks' games. We're always coming up with new promotions," Joel said.

Joel and Carolyn, along with the Red Oak onsite managers, said they feel fortunate to have relationships with the people of Red Oak. "People are what shape communities, and the people of Red Oak are amongst some of the friendliest and warmest people we have encountered," Carolyn said. "We have met some great individuals in the Red Oak community throughout the years, and we feel quite fortunate having done so." **NOW**



Grand Opening Specials
Downtown Waxahachie

2 for 1
Natural Looking Permanent Makeup
Both for you or one each for you and a friend!

FREE
Eyebrow Makeover
Includes waxing, tweezing & refining.

With ad. Offer Expires 7/31/12

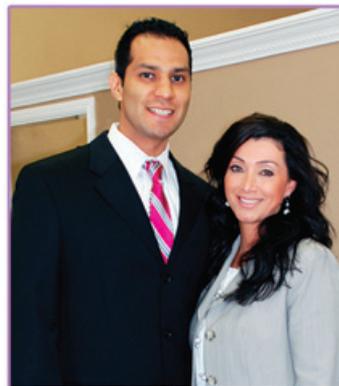
Complimentary Skin Care Consultation

Let Erika's 22 years of experience in Dermatology and Plastic Surgery help you have your best skin ever!

Paramedical procedures ♥ Antioxidant Scans ♥ Microdermabrasion
Galvanic Treatments for the face ♥ Cellulite Treatments 

Call Erika
214-597-0254
Visit my website at
www.tylerlainestudio.com

Hometown Chiropractic



Drs. David and Natasha Marcial

Fibromyalgia:
"It just hurts all over ..."

Fibromyalgia is a chronic disorder characterized by widespread musculoskeletal pain, fatigue and multiple tender points. These "tender points" refer to sensitivity that occurs in precise localized areas, particularly in the neck, spine, shoulders and hips.

People with this syndrome may also experience sleep disturbances, morning stiffness, irritable bowel syndrome, anxiety and other symptoms.

Other symptoms that are less common but can occur are constipation or diarrhea, headache, difficulty concentrating, tingling sensation in the hands and severe or excessive fatigue.

A recent study in the Journal of Manipulative and Physiological Therapeutics stated that more than 60 percent of the participants who underwent chiropractic treatments showed significant reductions in pain intensity and improvement in their overall fatigue and quality of sleep.

Our chiropractors will take a comprehensive approach in evaluating and designing a specific care plan for those who suffer from fibromyalgia. Nutrition, exercise and regular chiropractic adjustments have all been shown to play a role in reducing pain and other symptoms, while improving whole body health.

Free initial consultation
Most Insurances, PIP, Attorney's Letter of Protection
All patients seen within 15 minutes • Hours: Monday - Friday 8:30 A.M. - 7 P.M.

Dr. David Marcial
112 S. McKinney, Ennis
972-875-8600

Dr. Natasha Maza-Marcial
607 Ferris Ave, Waxahachie
972-923-1003



Red Oak Police Department participates in the annual Special Olympics Torch Run.



Ashlynn Bishop has a blast on the slide at Pearson Park with Chelsea Chambers and Bill Story.



Rose breeder, Steve Reinhart, of Opus Roses is hard at work in the garden.



Red Oak volunteers participate in the Drug Enforcement Administration drug take back program for safe and proper disposal of unwanted or expired medications.



Wee Resale owners Freda and Bob Brand collect books and magazines to donate to the Dallas VA Hospital.



Kiddos have bounce house fun at the Burrow-Gressett Family Reunion.



CELLIS COUNTY AUTO REPAIR

COLLISION SPECIALISTS

Our Guarantee to You

It is our mission to provide you the highest quality repairs and customer service. We will treat you with honesty and professionalism throughout the collision repair process. We focus on doing the job right the first time. Our staff is committed to returning your damaged vehicle to its pre-loss condition to best of human ability. We will continue on our path to deliver perfection in all aspects of our business through employee training and using the most current industry recommended equipment and repair methods available.

Craig & Rhonda Anderson

- ✓ Written Lifetime Warranty
- ✓ All Insurance Claims Accepted
- ✓ Certified Technicians
- ✓ Expert Hail Repair



3643 Highway 77 North • Waxahachie • [north of Butcher Road]
Call 972-937-4336



**New Location
OPENING
JULY 5TH**

New store hours:
Tuesday-Friday 10am-8pm
Saturday 10am-5pm

Turquoise Haven

120 N. Hwy. 77, Suite G
Waxahachie
Davie Kujawa 972-937-0337
www.turquoisehaven.com

All photos provided by shaunamathisphotography.com



Board Certified Specialists in Pediatric Dentistry

Jon Ousley, DDS, MSD, Ronald Garza, DDS, MSD & Nasim Alegha, DDS

**NOW OPEN
IN ENNIS**

Dentistry for infants, children and teens!

Accepting Most Insurances & Medicaid/CHIP

Se habla Español!

Like us on
Facebook!



972.351.9700

Emergency pager: 214.314.6289

1710 W. Bus 287 • Ste 140
Waxahachie, Texas

www.JustForKidsDental.com



Reliable Service Begins with Reliable People

- Remodels
- Renovations
- Leak Detections
- Mastic Cleaning
- Equipment Repair
- Equipment Upgrade

(214) 577-4843
Bob Bauer
bbauer@aircanopy.net

FAMILY CARE OF TEXAS

BEAT the HEAT

Summer is here, and it's an important time to review vital hydration safety tips for seniors.

Family Care of Texas is committed to keeping our patients and the communities we serve healthy. As a skilled nursing provider, we recognize that the best defense against dehydration is prevention.

Are you at risk for dehydration? What are the symptoms?

First symptoms:

- Thirst
- Dry mouth
- Fatigue
- Dark yellow urine
- Irritability



Action:
Drink water

Life threatening symptoms:

- Dizziness
- Feeling of blacking out when sitting or standing
- Confusion
- Muscle weakness/cramps
- Sunken eyes
- Low blood pressure or increased heart rate



Action:
Go to ER or contact your physician right away

Together we can Beat the Heat this summer!

Call us today
for more information
on how together we can
prevent dehydration!



Serving:
Waxahachie
972-923-1853
www.angmarholdings.com

Living Hope Church
of the Nazarene

Angels of Faith Preschool



ABEKA curriculum
Music, Spanish
Summer Program
Before & After-School Care
Ages 6 weeks to 4 years

\$25.00 OFF
Enrollment Fee

*With this ad.
Limited time offer.*



*Our teachers have
over 65 years of
combined experience.*

2420 Brown St.
Waxahachie
972-937-2324

COMING SOON ...

- Hot yoga
- State-of-the-art wellness center
- Physical therapy
- Aquatic therapy

EMPLOYMENT OPPORTUNITIES AVAILABLE!

- ▶ Seeking full time yoga instructor/manager
- ▶ Licensed physical therapy assistant
- ▶ Occupational therapist-Part time



definitive **REHAB**
& pain management

307 E. Ovilla Road, Suite 600
Red Oak • 972-576-2920



CarSmart
INC

We help customers with CREDIT ISSUES
Here, your job is more important than your credit

- Low down payments
- Affordable payment options
- Trades accepted



www.BCARSMART.com - 972.938.8102

Direct Mail Advertising Works!

Let Red OakNOW
magazine present your
advertising message to

over 14,200

Home & Business addresses
in the Red Oak, Ovilla,
Glenn Heights & Oak Leaf
ZIP codes

NOW
MAGAZINES

Bringing the best of the community home

Call for more information
972-937-8447

Calendar

JULY 2012

July 3

PrimeTimers Senior Group: 10:00 a.m.-2:00 p.m., Oaks Fellowship, 777 S. I-35 East. Open to seniors for fun, food and fellowship. RSVP at (214) 376-8208.

July 4

Happy Independence Day!

July 5

Local Author Group: 6:00-7:30 p.m., Museum Room, 200 Lakeview Pkwy. A discussion/critique group run by author Donald Horne. Open to public. For more information, call (469) 218-1230.

July 14

Ellis County SPCA volunteer training: 11:00 a.m., 2570 FM 878, Waxahachie. Meeting for new volunteers with the ECSPCA or current volunteers wanting to be more involved with the organization. E-mail coordinator@elliscountyspca.org.

July 15-19

Vacation Bible School: 5:30-8:30 p.m., First United Methodist Church, 600 Daubitz Dr. For more information, call (972) 617-9100.

July 21

Red Oak Class of 1981 Reunion: 6:00-10:00 p.m., Sleep Inn, 1701 U.S. Hwy. 77 North, Waxahachie.

Cost: \$15. Contact Renee Bryan Wood at (214) 399-7017 or reneewood1963@yahoo.com or Nancy Halloway Drake at (972) 989-3060 or njhdrake@yahoo.com for more details.

July 23-27

Daniel's Courage in Captivity Vacation Bible School: 9:30 a.m.-noon, Ovilla Road Baptist Church, 3251 Ovilla Rd. For more information, call (972) 617-8544 or visit office@orbcc.org.

July 25

Red Oak Chamber luncheon: Noon-1:00 p.m., Red Oak Municipal Center, 200 Lakeview Pkwy. Members with reservations: \$12. Members without reservations: \$15. Nonmembers: \$20. RSVP for this catered event: katherine@redoakareachamber.org.

Thursdays through July 26

Summer Reading Club: 7:00-8:00 p.m., Red Oak Library, 200 Lakeview Pkwy. Free monthly educational presentation by various guests for adults, teens and children. No library card needed but registration is required. Contact (469) 218-1230.

Ongoing:

Sundays

Griefshare: 2:30-4:00 p.m., Cowboy Church of Ellis County. A grief recovery group focusing on

the journey from mourning to joy.

Mondays and Wednesdays

Mommy & Me: 11:30 a.m.-noon, Red Oak Library, 200 Lakeview Pkwy. Mondays offer music and instrumental play for toddlers and their parent; 10:00-10:45 a.m. Wednesdays the library hosts craft/story time for children and their parents. For more information, call (469) 218-1230.

Fourth Mondays

Blue Star Mothers of America meetings: 7:00 p.m., Ovilla Community Center, 1404 Red Oak Creek Rd. Blue Star Mothers of America is a patriotic educational, social and service organization. Contact Cheree at (972) 679-9425 or visit bluestarmothers.org.

Third Tuesdays

Veterans Networking Group meeting: 5:00 p.m., Ryan's Steak House, Hwy. 77 north of Hwy. 287 Bypass, Waxahachie. For information, call (214) 763-0378 or e-mail vetsnetgrp@att.net.

We want to publish your summer activities for families and children! Send your event details to angel.morris@nowmagazines.com.



Carl's
AUTOMOTIVE
COMPLETE AUTO REPAIR

**ALL MAKES, ALL MODELS
FOREIGN & DOMESTIC**

Get your family car repaired & serviced or your dream car restored

- BRAKES • TUNEUPS • CLUTCHES
- TRANSMISSION REPAIR
- AIR CONDITIONING
- COMPLETE HOT ROD SHOP
- COMPUTER CONTROLLED DIAGNOSTICS UPDATE & PROGRAMMING
- 24-HR TOW SERVICE

502 N. CENTRAL BLVD (HWY 342)
RED OAK 972-617-9400



Stay & PLAY!

FREE PIRATES COVE TICKETS!
See Website for Details
Limited Time Offer

JELLYSTONE PARK
Yogi Bear's
North Texas
CAMP-RESORT

PIRATES COVE

- Family Fun Resort
- Camping/Cottages
- Group Facilities
- Firetruck & Hayrides

Making Fun Funner!

- Open to the Public
- Water Play Park
- Indoor Fun Center

No need to stay at Jellystone Park to visit Pirates Cove
NorthTexasJellystone.com **PiratesCoveFunZone.com**

888-855-9091 - Burleson, Texas



In The Kitchen With Rhonda Real

— *By Angel Morris*

Rhonda Real uses cooking as a creative outlet and to express love for family and friends. “One of the best parts of my day is dinner with my husband and son. Sometimes we have simple, fast meals. Other times I make meals that get a ‘You’re the best cook ever, Mom!’ Regardless of the food, it’s our time to talk about our day. Making a nutritious, tasty meal is one of my many ways to say I love you.”

Rhonda likes to discover the taste of new recipes or spices. “I go to the Asian or Mexican market for food we’ve never tried. Sometimes I have to ask the cashier how to fix it, but it’s a fun way to broaden our horizons!” **NOW**

Breakfast Casserole

- 1 lb. pork sausage**
- 1 cup cheddar cheese, shredded**
- 1 cup Monterey Jack cheese, shredded**
- 1/2 cup white onion, finely chopped**
- 1 4-oz. can chopped green chiles**
- 1 Tbsp. minced jalapeño pepper, optional**
- 10 eggs**
- 1 tsp. chili powder**
- 1 tsp. ground cumin**
- 1 tsp. salt**
- 1/2 tsp. garlic powder**
- 1/2 tsp. black pepper**

- 1.** Preheat oven to 375 F. In large skillet, cook sausage until no longer pink; drain.
- 2.** Place sausage in a greased 13x9x2 baking

dish and layer with cheeses, onion, chilies and jalapeño (if desired).

- 3.** In a bowl, beat eggs and all seasonings. Pour egg mixture over sausage mixture.
- 4.** Bake uncovered for 18-22 minutes or until knife inserted near center comes out clean.

Stuffed Peppers

- 1 brick cream cheese, cubed**
- 1 lb. hot pork sausage (or mild sausage for jalapeño peppers)**
- 1 cup shredded cheese (your choice of flavors)**
- 8 large Anaheim peppers or 16-20 jalapeño peppers**

- 1.** Set cream cheese out to warm to room

- temperature. Preheat oven to 350 F.
- 2.** In large skillet, cook sausage until it is no longer pink, then drain.
- 3.** Remove skillet from heat; add cream cheese and shredded cheese.
- 4.** Slice peppers in half, lengthwise. Remove seeds.
- 5.** Using tablespoon, stuff peppers and place on greased cookie sheet.
- 6.** Bake for 30 minutes or until cheeses have melted.

Cauliflower Salad

- 1 small head cauliflower, flowerets thinly sliced**
- 1 cup chopped celery, chopped**
- 5 green onions, thinly sliced**
- 1/2 cup pimento stuffed olives, sliced**
- 1/2 cup mayonnaise**
- 1/4 cup French salad dressing**
- 1 tsp. sugar**
- 1/2 tsp. salt**
- 1/4 tsp. black pepper**

- 1.** Combine cauliflower, celery, onions and olives.
- 2.** In separate bowl, mix remaining ingredients. Pour dressing over vegetables and mix well. Chill for at least 2 hours and serve.

Balsamic Roasted Onions

- 4 lbs. red onions, medium sized**
- 1/4 cup olive oil**
- Salt and pepper, to taste**
- 6 Tbsp. butter**
- 3 Tbsp. sugar**
- 2 Tbsp. balsamic vinegar**
- 1 Tbsp. fresh parsley, chopped**

- 1.** Preheat oven to 500 F. Line 2 baking sheets with foil.
- 2.** Cut onions through root end into 3/4-inch wedges. Place in a medium bowl with oil and toss.
- 3.** Arrange onions, cut side down, on baking sheets. Sprinkle with salt and pepper.
- 4.** Roast until onions are brown and tender, rotating pans in oven and turning onions once, in about 45 minutes.
- 5.** Meanwhile, melt butter in saucepan over medium-high heat. Add sugar; stir until it dissolves.
- 6.** Remove from heat; add balsamic vinegar. Return to heat and simmer until mixture thickens slightly, about 2 minutes.
- 7.** Drizzle glaze over onions; sprinkle with parsley.



THE LOFTS
at Crossroads Centre

Welcome Home
Waxahachie

LEASING OFFICE NOW OPEN

Luxury Apartment Homes

COMMUNITY AMENITIES

- Fitness Center
- Resort Style Pool
- Package Receiving
- Social Room
- Barbecue Grills
- Business Center
- Emergency Maintenance
- Garages and Storage Units Available
- High Speed Internet Access
- Pets Allowed
- Clubhouse Available for Rent for Private Parties

APARTMENT AMENITIES

- Large Closets and Bathrooms
- Handsome Faux Wood-Grain Flooring
- Ceramic Tile in Bathrooms
- Designer Wood Cabinets
- Crown Molding
- Washer and Dryer in Unit
- Dishwasher and Garbage Disposal
- Microwave
- 24-Hour Emergency Maintenance
- Private patio/balconies with views
- Cable Ready

The Lofts at Crossroads Centre is conveniently located near the intersection of I-35 and US 287 – just a short drive to and from the Dallas/ Fort Worth Metroplex Right behind the Waxahachie Civic Center.

411 Alliance Blvd | Waxahachie, Texas 75165 | 972-937-9290

Visit us at www.Loftscc.com

Baylor Waxahachie. Nationally recognized
for quality in patient care. Again.

THOMSON REUTERS



Thanks to the quality care we provide to our patients, Baylor Medical Center at Waxahachie has been named one of the top 100 hospitals in the United States for the second year in a row by Thomson Reuters, a leading source of intelligent information for businesses. The Thomson Reuters 100 Top Hospitals® study evaluates the performance of almost 3,000 hospitals in 10 areas, including mortality, complications, patient safety, patient satisfaction and dedication to following quality standards of care. We are proud of this award, and very grateful for the opportunity to provide excellent health care to the Ellis County community.

For a physician referral or for more information,
call **1.800.4BAYLOR** or visit us online at
BaylorHealth.com/Waxahachie.

1405 West Jefferson Street, Waxahachie, TX 75165

Physicians are members of the medical staff at one of Baylor Health Care System's subsidiary, community or affiliated medical centers and are neither employees nor agents of those medical centers, Baylor Medical Center at Waxahachie or Baylor Health Care System © 2012 Baylor Health Care System BMCWAX_2275_2012 NOW CE 05.12



FOLLOW US ON:
Username: BaylorHealth

