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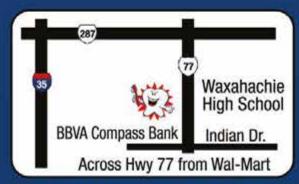
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ON THE COVER



The Sims Library staff members love their community.

Photo by Kobbi R. Blair.

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Adam

EDITOR'S NOTE

Glow little glow worm ...

I don't know how many years it's been since I heard that little ditty about fireflies, but it's been a long time. Growing up, we called them both fireflies and lightning bugs. They were a part of summer that we always looked forward to. And who wouldn't?

Evenings in late spring and early summer were filled with the magical glow of yellow-bellied bugs twinkling across the lawn, weaving among the lower branches of the trees. We chased them with butterfly nets, jars and our hands.

Holding one in your cupped palms, you could see the pulsing light leak between your fingers, as the bug tickled around on your hand. We'd keep them in pickle jars and mayonnaise jars, with a few twigs and blades of grass inside and nail holes punched in the lids.

While I was living in Taiwan, I visited a bamboo forest where the canes are triangular, rather than round, like normal bamboo. As dusk settled among the graceful stalks, the lightning bugs came out to play, darting in and out among the canes. I hadn't ever considered seeing those childhood bugs on another continent. The one truly strange thing about these fireflies was the color of their light. They were neon green, not the bright yellow of my youth.

When I lived in Solomon Islands for a few months, I don't remember seeing fireflies. But in the ocean, after dark, there was bioluminescent plankton in the water that sparkled and glittered in the waves as you swished your arms and legs about. It was like swimming in an ocean of fireflies!

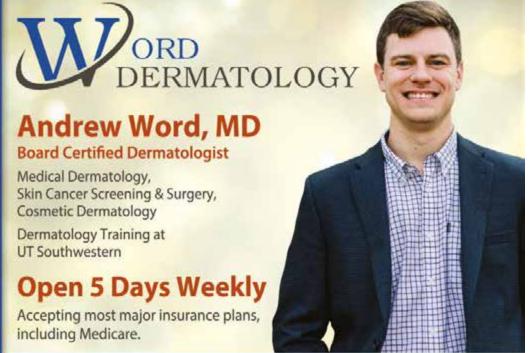
Look out for sparks of glory!



Amanda Krawietz, PA-C **Nationally Certified** Physician Assistant



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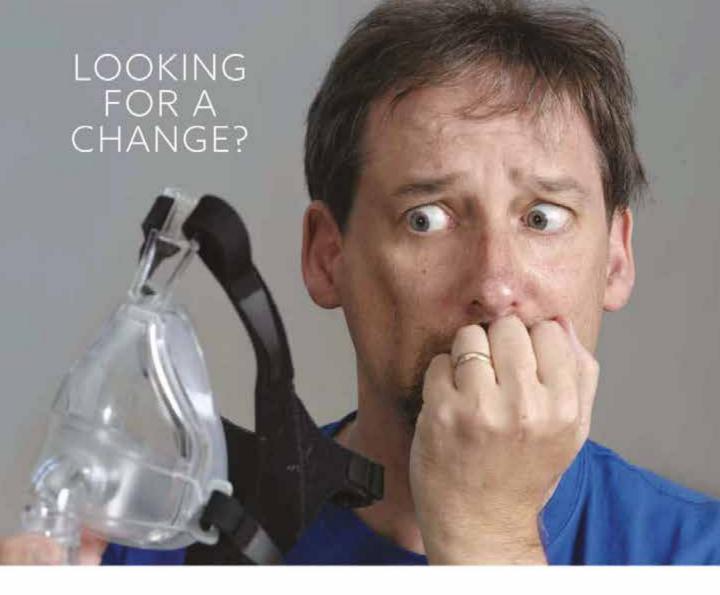
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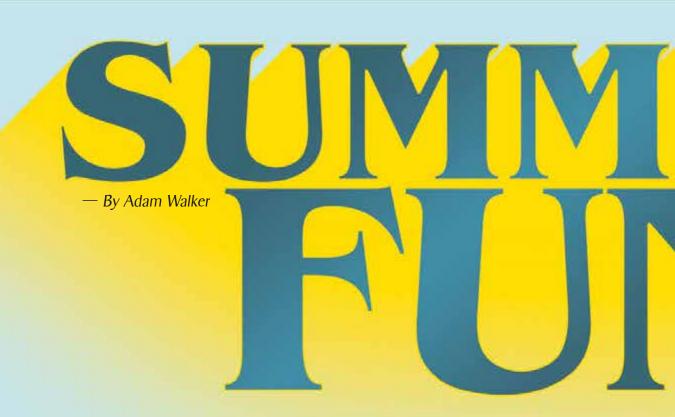


General Dentistry

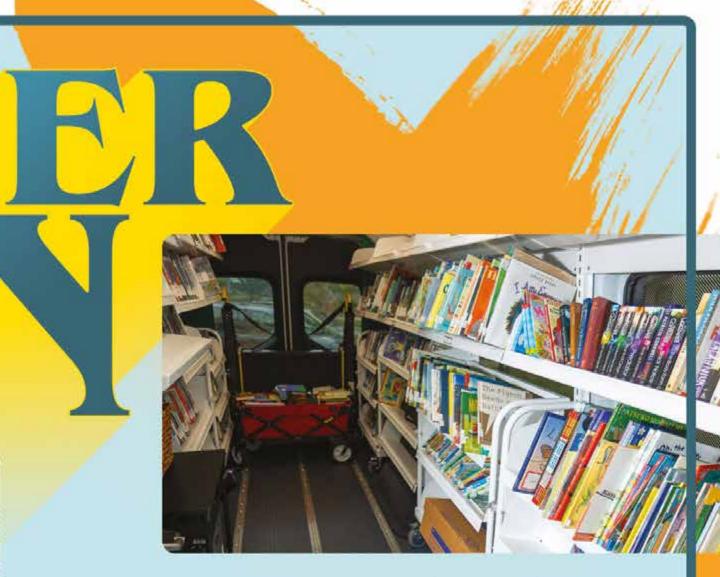


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If you're looking for educational fun for your kid (or for yourself) this summer, look no further than the Sims Library. Their summer programs are filled with fun that will expand your brain. Jennifer Graf, the community services librarian, and Sarah Lucero, head of children's programming and outreach, are the ringmasters for many of the coming attractions.

"I've been working here since January of 2019," Sarah said. "I have a background in education. I've worked with kids forever. I always loved the littles. I love story time. I spend part of my time with the kids and part doing outreach to the nursing homes and to homebound folks in the community."

"I've been with Sims Library since 2016," Jennifer said. "It was divine intervention! I applied here at the same time I was applying to library school. I started as a page. Then I was circulation manager, and then I was in youth services, for the teens and tweens. Now I'm in charge of the bookmobile. We show up at clubs and city events, like Cops and Kids. We go to day cares, retirement communities, the parks. Sarah comes along to do story time and Music and Movement at the parks."

Both of these enthusiastic book lovers are well known to those who frequent Sims Library, but they're hoping crowds of new people will show up for the summer programming. "The goal is to keep kids engaged during the summer. Everyone knows kids lose knowledge over the summer months, so this helps to keep their minds active," Jennifer explained.

"And everything we do here is free," Sarah added, highlighting that important fact. "I plan all the large family programs. Jen likes to call me the entertainer. Liset does the reading logs for the kids, Melissa for the teens and tweens and Elias does the adults. They keep track of who wins the summer reading prizes."

"I'm support. If they need help, they come to me," Jennifer added. "Sarah's in command now. I did it for a couple of years. Now I handle finding the sponsors, and they plan the Bubble and Foam Party!"







"All of the events are on the Sims Library web page, and our Facebook page," Sarah explained.

"But we also have paper programs available in the library," Jennifer added.

June 2 is when all of the fun kicks off, and the summer reading programs begin. Longtime favorites, like Professor Brainius and the magician will be back, as well as the Creature Teacher, who will be doing several extra shows this year! Touch a Truck is popular with the kids and with curious adults who want to see a squad car, firetruck or construction equipment up close. There's also an Instrument Petting Zoo, where you can get your hands on an oboe or xylophone or cello. And the Perot Museum will show up with interesting things for curious minds. For something a little more relaxed, there's an old-fashioned ice cream social on the lawn. And for the fashion-forward, or retro mavens, there's a kids craft to learn how to do tie-dye.

"Last year, we had 438 people participate in the reading challenge who logged at least one reading session. They read a total of 489,496 minutes last summer," Jennifer informed. "We had 3,519 people attend our programs. It felt like pre-COVID years again. You don't need a library card to attend any of the programs. You don't even need to be from Waxahachie. We had people come from Palmer, Milford, Corsicana and lots of other places for the programs last year. There's no registration, but some of the programs, like the Creature Teacher, do fill up. That one is in the Lyceum, upstairs, and the fire marshal will only let us have so

many people in the room! We're having back-to-back shows on two different days this year, so people won't show up and be disappointed. We did have to turn people away last year."

"A lot of our regular, year-round programming continues through the summer," Sarah added. "We still have our regular story times for the little ones, and we'll have yoga for kids. There's a lot going on."

"And the bookmobile will still be visiting around the community. We have close to 1,500 items available on it already," Jennifer boasted. "In April, we had 1,780 visitors to the bookmobile who checked out 816 items. I have another 150 items to catalog for the bookmobile, and about 90 percent of the books and media for it are donated items from the community. They're great books in great condition. We still have room on the shelves, but it's filling up fast! The first month, we had 47 people sign up for new library cards. People see the bookmobile and, for some of them, it's the first time they realized that we have a library!"



"People come for the summer programs, or one of the year-round programs, and discover that there's a community here in the library," Sarah explained. "They make friends. They say, 'I didn't know anybody in Waxahachie before I came to the library.' We're not just books."

"We're really lucky because we have the support of the city and our patrons," Jennifer added. "And the director is a strong supporter of all our programs. We're open to trying new things and bringing new ideas to the community."







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DREAM WEDDING DAZZERS

By Sandra Walters

It has become more and more common to personalize wedding details with a doit-yourself flair. As you prepare for your nuptials or finalize last minute touches, choose projects that fit your skill set. Not everyone has the ability or drive to be crafty, so, if necessary, locate a bridesmaid or family member who is an expert craftsperson. Include friends and family members who might enjoy helping you finish a DIY project. It may be a good time to interact with others and cultivate new relationships. These individuals should be dependable for completing the job on schedule and committed to helping accomplish your goals. Select assignments that best reflect you and your soon-to-bemate's personalities. Make it fun!

If you're at the beginning stages, start by making wedding invitations. Create your own unique design using Canva. Use the free or paid version to develop your original wedding invitation. If you're somewhat techie, this can be exciting. First, set up a Canva account at www.canva.com. Type "invitations" in the search bar, and play around with different invitations to begin to create. Add the desired information, and after you've completed your masterpiece, make the decision to send digital invitations or printed ones. A digital invitation will cost less money because printing and postage aren't required. However, if you wish to print them through Canva, notice the savings compared to the average cost of invitations.

Wedding favors are another distinctive DIY item that can be made. Mason jars can be utilized in a variety of ways to create a unique parting gift. It's as easy as buying Mason jars and filling them with your preferred flavored popcorn, either homemade or purchased. Additionally, as a wedding favor, you might buy bath salts in bulk in colors that go well with your theme. Next, you may make candles as presents. Finally, make a sticker with your names and the date of your wedding to attach on the jars. They can be as ornate or plain as you wish.

For the simple, yet elegant centerpiece, purchase a square glass vase. Place a single flower facing outward on each side. Then, fill the vase with iridescent clear glass marbles until the flowers stand upright. You might opt to exclude the flowers and just use a vase to display the lovely, enchanting marbles that nearly resemble diamonds. Finally, set a circular mirror on a runner that highlights the center of the table. Place the vase on the mirror, and you've finished making your DIY centerpiece. You can adorn the centerpiece by putting flowers around it or adding more sparkling components.

Constructing your very own photo booth is another fun DIY project. Select a location, and make sure you know the area's



dimensions. After designating a spot, design a backdrop. It may be eccentric or refined, depending on your style. You can purchase one and hang it in the location, or use some rustic doors that exist in the reception area. Add curtains and other items to decorate the space. Decide on the type of camera and whether to add your guestbook to this area. Buy or make playful photo props, including hats, wigs, glasses, signs, masks and jewelry. Add lighting because your reception will possibly continue into the night. Your guests can take pictures with an instant camera, write a short note with marriage advice and then place the photo in a box along with the note. Encourage guests to take pictures and post them with the hashtag #meetthe____ on social media. Fill in the blank with the new couple's last name.

Do your projects as soon as possible to eliminate stress. Planning a wedding can be exciting, yet overwhelming. However, it's possible to manage the stress by simply establishing a plan. This can help you make an authentic, memorable experience with family and friends. Consider your DIY ideas today and get started! NOW







Nereida Lara shows off her folklorico finery before dancing at the Cinco de Mayo celebration.

Zoomed In: Shelley Campbell

By Adam Walker

Shelly Campbell set up her easel on a downtown corner outside Gingerbread Antiques to join in the Ellis County Art Association's plein air painting event for outdoor painters. "I've been a member of the art association for 18 years," she reported, while adding paint to canvas. "I'm self-taught. I never went to art school. I bought a brush, showed up at a meeting and said, 'Teach me how to use this!' And they did!"

Art is an important part of Shelly's life. "If you call my phone on a Tuesday, you'll hear, 'Shelly is in therapy. She'll call you back on Wednesday.' Painting is great therapy," she said, clutching her hat against the wind. "I wanted to learn how to paint, so that's what I did."



Catie Bell helps her husband, Caleb, with his makeup for Joseph and the Amazing Technicolor Dreamcoat.



Texas Rep. Brian Harrison recognizes representatives of the Life Charter Schools family for 25 years of excellence in education.



Baylor Scott and White holds a ribbon cutting for their new surgical center.



Jane McCasland, Khrystian Jones, Floyd Ross and Gale Hagee hold a planning meeting for the Boy Scouts of Ellis County.



Denise Huddleston lets her vote count on election day.



Mike Hernandez shows his 1954 Bel Aire.



Volunteers at Ellis County Rural Heritage Farm help visitors learn about the water cycle.











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BusinessNOW

Bahama Plumbing

- By Adam Walker

Bahama Plumbing

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Hours: Monday-Thursday: 7:30 a.m.-4:30 p.m. Friday: 7:30 a.m.-4:00 p.m.

Bahama Plumbing knows that people calling plumbers are not often having their best day. "When you think of the Bahamas, you think of nice, relaxing breezes," Co-owner Bobby Mathis explained. "You don't usually think of that with plumbing, but we want to change that. When you have a problem, we send a technician out to do a thorough investigation. We explain all the options before we do any

work. We make recommendations, but we go with what the customer wants. It's never a take-it-or-leave-it option with us."

HAMA

Bahama Plumbing offers a wide range of plumbing services. "We install and repair water heaters — tank and tankless. We install fixtures, unclog drains, repair burst pipes and deal with slab leaks with reroutes and repipes," Coowner Aaron Silvia reported. "We try to find the most cost effective and efficient solution possible." That's good news for homeowners with plumbing embedded in their slab foundation. A reroute avoids breaking up the foundation by running new pipes overhead.

"We wear shoe covers and use drop cloths in your home," Aaron continued. "We clean up our mess when we leave and attempt to leave the area cleaner than when we came in. We also do camera inspections for free with all of our drain cleaning services. Many companies charge extra for that." Bahama Plumbing also guarantees their work. "Our 2-5-10 policy covers our work." The services and repairs they perform are warrantied for two, five or ten years, depending on the service.

After the big winter storm a few years ago, most local plumbers had waiting lists. "I walked a lot of people through how to safely thaw their pipes, over the phone, for no charge," Co-owner April Mathis remembered. "There were a lot of appreciative homeowners, and many of them have called us, in the time since, when they needed a plumber."

"We try to find the most cost effective and efficient solution possible."

Bahama Plumbing is right here in Waxahachie, but their service area extends well beyond. "Ellis County is our primary service area," April explained. "But we serve the entire DFW area. We are family-owned and -operated, and Bobby is an Army veteran, so we're also veteran-owned. We opened in October of 2019, right before the pandemic hit, which made it difficult, but we endured, because people like our service, our team and our integrity. We only do service work. We refer all new construction to Lucky's, and Lucky's usually refers service work to us. Additionally, due to liabilities, we must speak with the property owner. So, if you rent, have your landlord call us."

As business owners and local residents, they prioritize community involvement. "We participate in or support the Waxahachie Junior League's Christmas Market, the Chamber of Commerce, WISD's DEAR Day and South Metro Weather. I also volunteered this year for various events at Turner Pre-K Academy," April informed. "Our float in the Waxahachie Fourth of July Parade last year won Grand Champion."

Whether taking care of the community or a homeowner's plumbing, Bobby, April, Aaron and the whole team at Bahama Plumbing hope you'll give them a call. Their daughter, Caitlin, is waiting by the phone. NOW





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Photos courtesy of WISD Communications Department.























Kevin and Hannah Shelby are conscious of the benefits of healthy nutrition. "We practice 'clean' eating." Hannah offered. In fact, as owners of Shelby Symmetry, a personal training studio, they help people with their fitness goals by providing personalized meal planning.

"I cook most of the food for our family," Kevin said. "I enjoy it because it allows me to be creative and focus on providing healthy and delicious food for those I love." Kevin is self-taught through trial and error. "I don't even watch cooking shows. Recipes are born from whatever pleases the palate of whomever I am cooking for. I start with the main ingredient and expand from there. I use a lot of crushed red pepper, cayenne pepper, sea salt and ground pepper." NOW

Tuna With Asparagus and Cilantro Lime Rice

- 2 fresh tuna steaks
- I tsp. olive oil
- 4 oz. lime juice, or 3 limes (divided use)
- 1/2 Tbsp., plus a pinch sea salt (divided use)
- 1 bunch cilantro (divided use)
- I bundle fresh asparagus

- Zero calorie butter flavored cooking spray, as needed
- 1 Tbsp. garlic salt
- I microwavable pouch Uncle Ben's Plain Basmati Rice
- **1.** For tuna: Put the tuna steaks on a baking sheet with the olive oil to prevent sticking. **2.** Douse with 1-2 Tbsp. fresh lime juice; bake at 450 F for 4-6 minutes for each 1/2 inch of thickness. Steak should be flaky

- outside but pink in the center.
- **3.** Remove; add 1-2 Tbsp. more lime juice along with a pinch of sea salt and enough cilantro to lightly cover the fillet.
- **4.** Wash the asparagus. Place it on a baking sheet; spray it with the cooking spray. Top with garlic salt. Cook at 450 F for 10 minutes.
- **5.** Heat the rice per directions on the bag. Remove; add 3 Tbsp. lime juice; stir. Add 1/2 Tbsp. sea salt and 1/4 cup cilantro.
- 6. Plate and enjoy!

Bison Burger

- 2 lbs. 96% lean ground bison, divided into 4 patties
- 3 Tbsp. sea salt
- 1 tsp. ground pepper
- 1/2 tsp. crushed red pepper
- I pkg. whole wheat hamburger buns
- Tomato slices, to taste
- Dill pickle slices, to taste Leaf lettuce, to taste
- I jalapeño, sliced
- **1.** Season the patties with sea salt, ground pepper and crushed red pepper.

- **2.** Broil for 5 1/2 minutes; flip and continue for another 5 1/2 minutes for medium.
- **3.** Put a patty on a wheat bun with tomato, pickles, lettuce and fresh sliced jalapeños, if you dare.

Guacamole

4 ripe avocados
1/4 small purple onion
1 bunch cilantro
1 medium tomato
Fresh garlic, to taste
Sea salt, to taste
Pepper, to taste
1 fresh lime

- **I.** Pit and place the skinned avocados in a large bowl.
- **2.** Chop or mince the next 4 ingredients as desired; add them to the bowl.
- **3.** Mix with a large fork; add the sea salt and ground pepper.
- **4.** Add fresh-squeezed lime juice; serve with your choice of chips or raw veggies.

Sweet Potato Fries

2 large sweet potatoes, peeled and washed Salt, to taste

- **1.** Use a crinkle cutter to cut the potatoes into fries. Arrange on a cookie sheet; salt to taste.
- **2.** Bake at 425 F for approximately 10 to 12 minutes.

Wings

1 pkg. H-E-B Hill Country chicken drumettes

Spray olive oil

1 Tbsp. sea salt (divided use)1 tsp. ground pepper (divided use)

1/2 Tbsp. crushed red pepper flakes (divided use)

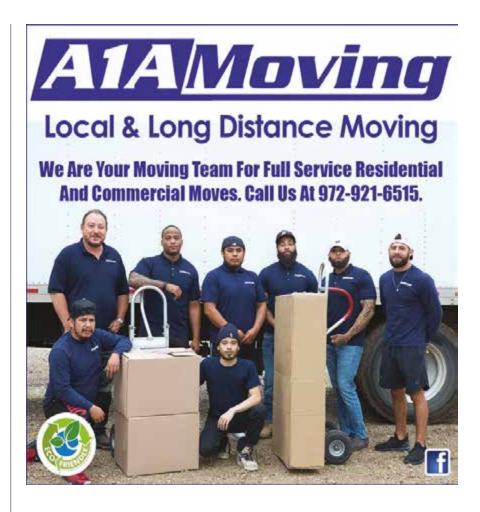
1/8 tsp. cayenne pepper, to taste (divided use) (optional)

Hot sauce of choice, to taste (optional)

- **I.** Remove the skin from the drums. Place on a broiler pan that has been coated with spray olive oil.
- **2.** Season 1 side with half of the seasonings.
- **3.** Broil for 10 minutes. Turn; season the other side with the remaining seasonings. Cook an additional 10 minutes.
- **4.** Toss in the hot sauce, or eat as they are.

Low Carb Fajita Bowl

I cup cauliflower rice 1/4 cup fresh cilantro, chopped Nonstick cooking spray 4 oz. chicken breast, sliced I tsp. fajita seasoning 1/2 avocado

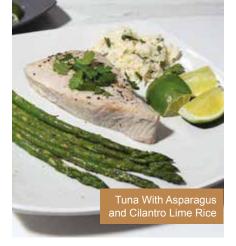




- 1/2 Roma tomato
- 1 cup romaine lettuce or shredded cabbage
- 1 Tbsp. salsa
- **1.** Steam the cauliflower rice with the fresh cilantro.
- **2.** Coat a pan with nonstick spray. Season the chicken breast with the fajita seasoning. Grill or pan sear the chicken breast.
- **3.** Place the cooked cauliflower rice in a bowl. Lay the cooked chicken over the top. Add the avocado, tomato and lettuce; top with salsa.

Low Carb Chicken Fried Rice

- I cup cauliflower rice
- 4 oz. diced chicken breast
- 1 Tbsp. garlic powder
- 1 tsp. ginger powder
- Nonstick cooking spray
- 1 egg
- I cup frozen stir fry vegetables
- 2 Tbsp. chives
- 4 Tbsp. low-sodium soy sauce
- 1 tsp. wasabi (optional)
- **I.** Steam the cauliflower rice.
- **2.** Coat the chicken with garlic and ginger powders. Spray the skillet with nonstick spray; pan sear the chicken.



- **3.** Crack the egg in the skillet with the chicken; add the vegetables and chives.
- **4.** Pour in the soy sauce; stir in the cauliflower rice. Sauté until all is warm.
- 5. Top with wasabi, if desired.

Chicken Lo Mein

- I serving heart of palm linguine noodles
- 4 oz. diced chicken breast
- 1 egg
- I cup frozen mixed vegetables, cooked
- 1/2 cup cabbage, chopped
- 3 Tbsp. chives, plus extra for garnish
- 1 tsp. ginger powder

- 1 Tbsp. garlic powder 4 Tbsp. low-sodium soy sauce Sriracha sauce, to taste
- **1.** Boil or microwave the noodles until desired softness.
- **2.** Pan sear the chicken breast. When cooked through, add the egg; scramble it with the chicken.
- **3.** Add the cooked mixed veggies, raw cabbage, chives, ginger powder, garlic powder and soy sauce.
- **4.** Stir-fry until cooked and tender.
- **5.** Serve in a bowl with a sprinkle of fresh chives and Sriracha on top.







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Dr. Maryam Raza

Dr. Raza is a Board Certified Physician in Wound Care and Hyperbaric Medicine practicing in the Dallas area since 2006. She completed her residency at Columbia University New York and has been medical director of the wound care program at Methodist Hospital Dallas since 2010. She is an ardent supporter of the concept of limb salvage and has developed a comprehensive program for healing diabetic foot wounds in a timely fashion. She is a member of Undersea and Hyperbaric Medical Society.

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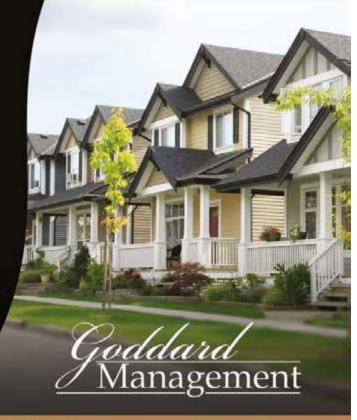
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The open road. Hours spent driving along the winding paths of an unfamiliar land. Families trying to find a fun way to pass the time as beautiful landscapes disappear in the background. Summer is the time to create unforgettable road trips with family and friends, and these tips will help make these adventures a smooth ride.

FOLLOWING MAPS

In today's world, an actual paper road map is rarely considered necessary. Most people rely on navigation and map apps on their phones to direct them to their destinations. A few trustworthy map apps include Google Maps, Apple Maps and Waze.

However, what if internet service is spotty? How will drivers know where to go? Having a backup Rand McNally Road Atlas might be the answer. Or travelers can stop and ask for directions. Preferably, plan the route before heading out on a road trip, so there aren't any directional surprises.

ENJOYING SNACKS

While traveling by car for a number of hours, it is always a treat to have snacks readily available. When snacks are easily

accessible to hungry travelers, it not only curbs their appetites, but it also cuts down on unnecessary stops, ultimately saving time on the trip.

A plastic snack tackle box or plastic organizer box with dividers makes the perfect carrier for bite-size snacks. A separate snack can be added to each section: Cheez-It Baked Snack Crackers, pretzels, almonds, M&M's, raisins, chocolate-covered peanuts, Goldfish Crackers, bite-size beef jerky, SKITTLES, banana chips, etc. A small cooler of iced drinks including bottled water and juice boxes will quench the thirst of travelers.

PASSING TIME

Any road trip might begin to become monotonous as travelers journey through city after city. To pass the time, road trippers can play classic games such as I Spy, in which a traveler picks an item of a certain color, and the others must guess it correctly. The License Plate Game keeps travelers on the lookout for vehicles originating from other states. Travelers can challenge others to Name That Tune to determine what song is playing on the radio, or they can listen to an audiobook or podcast.

Tablets and phones offer free gaming apps that do not require internet access, just in case you are driving through an area with bad reception. Movies can also be downloaded to devices or viewed from DVD players in the vehicle. Just do not forget the charger! And travelers can always just sit back and relax while reading a book or enjoying the scenery.







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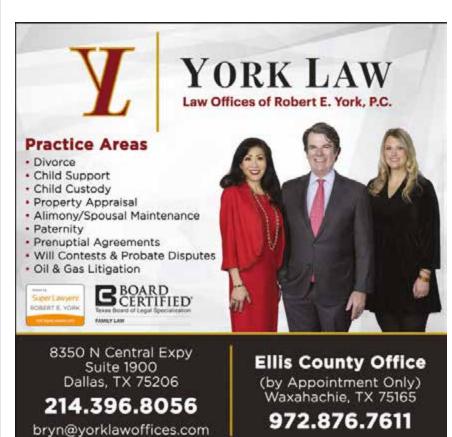
A quick nap is an added bonus to pass the time while traveling. Children and teenagers can cozy up with their favorite pillows and blankets. Co-pilots can bring along those comfy items, too, or grab a neck pillow from the store.

Drivers can pull over and rest when tired. A rest stop, park or gas station provides the perfect place to step out of the car for a few minutes until the driver is fully awake and able to resume the trip.

PLANNING ADVENTURES

The destination is the ultimate goal of any road trip. Travelers should have at least a few things in mind to pursue once they arrive. Vacations do not have to be planned out by the minute, but it is nice to arrange a couple of places to visit — museums, restaurants, amusement parks, excursions, etc.

Of course, the destination will provide unforgettable experiences, but the road trip is an adventure in itself. Enjoy every minute of it. **NOW**



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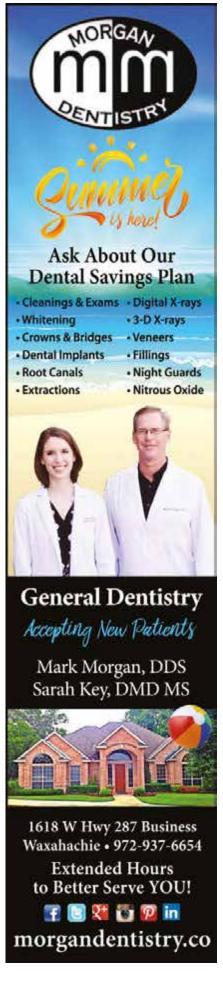












Crossword Puzzle

	1	2	3	4		5	6	7			Across	
8		T	T			9	T	T	10	11	1 Doorframe part 5 Hog thigh	19 First pair in the first garden
12	T	T	T		13		\vdash	\vdash	1		8 Vehicle on	23 Comply
14				15				16			Mars or the Moon 9 Nearing the end?	24 Anger 25 The mailman's busy this month
			17				18				12 Hell arranged scooter bash	26 Regret 27 Rocky pinnade
19	20	21			Π	22					for a potential killer 14 Arbor, MI	30 Blue super- soldier?
23					24						15 Network which created "Cribs"	33 Thick slices 34 Classified
25				26				27	28	29	16 Tina's former partner	35 Cut along the grain
30	T	T	31		T	Т	32		1	T	17 Meadow	36 Spandau's last inmate
33	t	H	╁			34			\vdash		18 Parade wrecker	
		35	+	1		36	1		-			

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Down

- 1 Fourth Gospel
 - 2 "Calling" Co.
 - 3 Director ---**Brooks**
 - 4 German city on the Weser River
 - 5 Man cave centerpiece
 - 6 Affirmative vote
 - 7 Moses' sister
 - 8 First U.S. color TV maker
 - 10 Cell brand
 - 11 First orbital
 - American 13 Game venue
 - 17 Narrative song

- 18 "Dizzy" singer Tommy --
- 19 Operandi or vivendi
- 20 "That rings --- "
- 21 Sweet secretion of flowers
- 22 Christmas decoration
- 26 Coarse file
- 27 Waiters wait for them
- 28 They might feature in 27 Down
- 29 "Something in -- " (Lorrie Morgan hit)
- 31 A sac fly collects one
- 32 Cereal grass

Online versions and solutions available at www.nowmagazines.com. From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.





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Dear Suffering Friend:

Tens of millions Americans have nerve damage — a condition known as "neuropathy."

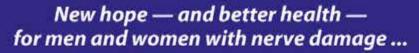
The most common symptoms of nerve damage are pain, burning, tingling, and loss of feeling in your feet, legs, and fingers — with the pain ranging from mild to almost unbearable.

If you are diabetic, and especially if you are also age 60 or older, odds are that your nerve damage has been caused directly by your diabetes — although many younger diabetics also have nerve damage from this potentially deadly disease.

But many OTHER people with these symptoms — pain, burning, and tingling — are NOT diabetic, yet also suffer from nerve damage.

According to the Mayo Clinic, the many diseases and conditions that can destroy the nerves in your extremities and limbs include:

- √ Alcoholism
- ✓ Autoimmune diseases
- √ Vitamin deficiencies
- √ Liver disease
- ✓ Underactive thyroid
- √ Repetitive motions such as typing
- √ Bone marrow disorders
- √ Certain prescription medications
- √ Falls, sports injuries, and other trauma
- √ Wearing a cast or using crutches
- √ Chemotherapy
 - √ Tumors
 - √ Infections
 - √ Kidney disease



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6/2

Community Fair: Kickoff event for the library's summer children's programs. 10:00 a.m., Sims Library,

515 W. Main St.

6/3-6/4

Gingerbread Trail:

Tour several beautiful private homes, as well as the newly renovated Ellis County Museum, the ornate Sims Library and the historic Ellis County Courthouse. 10:00 a.m.-4:00 p.m., Waxahachie. Tickets: https:// elliscountymuseum.org/events/.

McKinney-Aday **Farmhouse Tour:**

Free. 10:00 a.m.-4:00 p.m., 130 Cunningham Meadows Rd. For details, visit https:// www.ruralheritagefarm.org.

6/3-6/24

Railyard Nights Summer Concert Series:

Saturday nights in June. Food and beverages for sale on-site. Free. 7:00-10:00 p.m., Railyard Park, 455 S. College St.

6/9

Touch a Truck:

Children will get to touch, sit in and learn about different types of trucks. 10:00 a.m., Sims Library, 515 W. Main St.

6/16

Creature Teacher:

By popular demand, there will be two shows. First show: 10:30 a.m. Second show: 11:45 a.m., Sims Library Lyceum, 515 W. Main St.

6/17

Father's Day Beer Stroll:

WDMA celebrates Dad. 12 stops featuring different beers at each location. Tickets: \$20. Noon-5:00 p.m., Downtown Waxahachie.

6/24

Janie Fricke in Concert:

Doors open: 7:00 p.m.; concert: 8:00 p.m., Texas Theater, 110 W. Main Street. For tickets, visit https:// thetxtheater.com/tickets/.

7/1

Red, White, & Blue **Country Bash:**

Kick off your 4th of July weekend with live music, food, drinks and fun! Free admission. 4:00-10:00 p.m., Railyard Park, 455 S. College St.

Submissions are welcome and published as space allows. Send your current event details to adam.walker@nowmagazines.com.



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