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Editor's Note

Dear Readers,

As our world turns to blossoms and the critters who inhabit our gardens and wildscapes, I'm once again armed with my trusty cameras. I enjoy getting up close with a blossom and preserving that beauty in the only way I can — a photograph.

My first camera was a red Kodak Brownie Starflash. I had begged my parents and Santa Claus for months before Christmas for this camera with its fire hot flashbulb. Since I was still in elementary school, the camera was a long shot (pun intended), but I learned that it didn't hurt to ask.

Now many years and cameras since, I'm a professional photographer who enjoys the freezing of precious moments in time and history, whether it's a flower, family or sporting event or NOW's "Around Town" page photos. George Eastman, inventor of my Brownie, wanted to make photography "as convenient as the pencil." Wouldn't he be amazed at today's cell phones?

Keep making and sharing wonderful memories!

Virginia

Virginia Riddle
CorsicanaNOW Editor
virginia.riddle@nowmagazines.com

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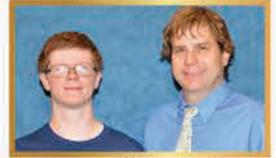
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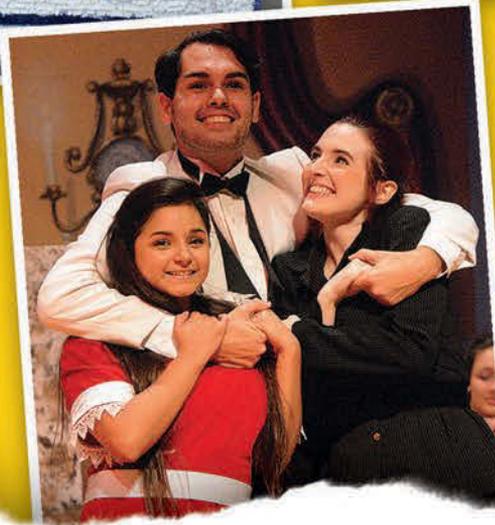
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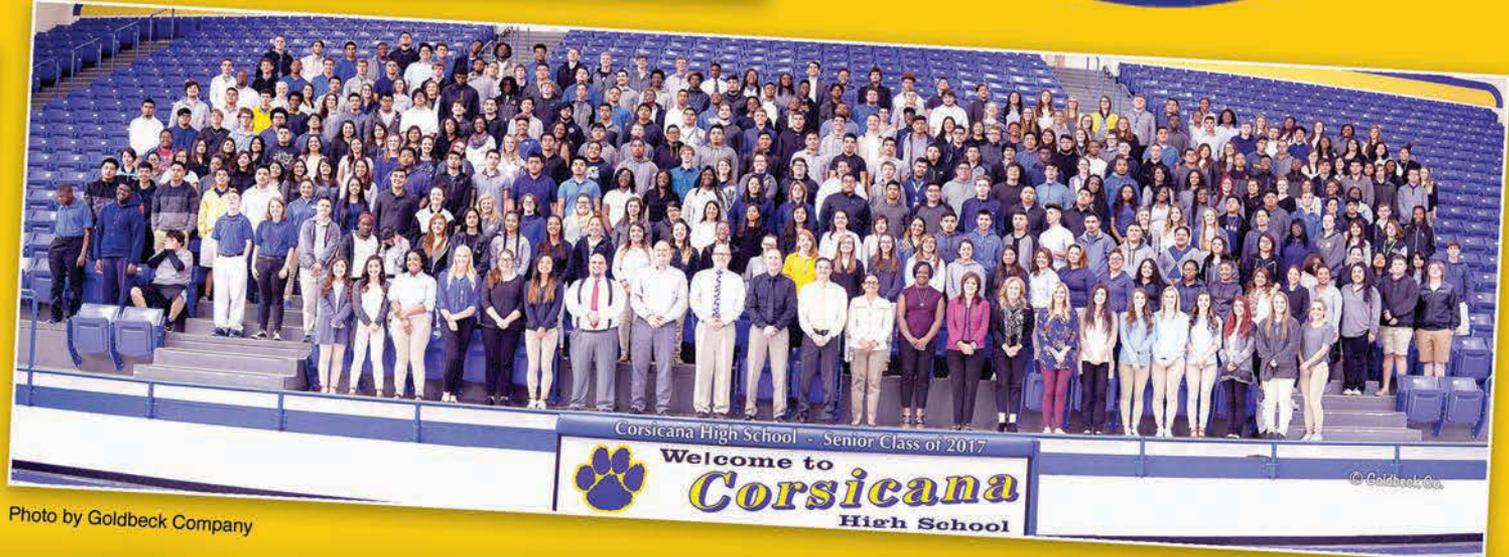


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MUSIC



ALTERNATIVE

CAL



ALTERNATIVE

— By Nancy Smothermon

They're not the gospel group your mom and dad listened to, but they do stress their aim is to share their joy and the hope of the Gospel through music. You may hear them sing some of the hymns and psalms from your favorite hymnal on Sunday mornings as they lead a congregation in worship, but this is not your normal Sunday morning choir. "We are more of what young people are calling alternative Christian music," Shane Fletcher said of the newly formed Here's To Freedom Band. Shane and Thembi Fletcher share a strong faith in God. This faith is manifesting itself in songs of praise and edification for the congregation where they worship and at another congregation where members of the band worship on Sunday mornings.

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Christian Barojas and Shane Fletcher practice together harmoniously.

Joining Shane and Thembi are several talented musicians. Singing with Thembi is Nataly Guzman. Christian Barojas plays the piano, while Emmanuel Saldana plays the drums. Helping produce a quality sound on the sound boards is Jose Antonio Moreno. The newly formed, 6-month-old band has quite the following with its most avid fans being Shane and Thembi's 2-year-old daughter, Isabella, and Jose's wife, Isamar Moreno.

The two groups met at a youth event hosted by the congregation where Shane and Thembi worship on Sundays. They hit it off and were soon coming together to play and sing their songs. Now, they are performing at open mic nights at a local venue, Lady Diana's Zen Café, located downtown on Beaton Street. When they're not leading their congregation in songs of praise or performing in front of local fans, they are working on perfecting their sound at the studio Shane built. They are writing their own songs for a CD and hope to have it produced before summer comes to an end. "Our first single was on YouTube in early spring," Shane shared with a smile. "Ours is a paradox of worship."

"We are not trying to impress people with our music. Our goal is to have our joy and faith overflow from us," Thembi expressed, with the group nodding in agreement.

The vision of the group is to spread the hope of the Gospel. Shane looked to Thembi for a scriptural reference. "Matthew 28:19," Thembi added.

"We prepare and bring the best we can," Nataly shared. "Sometimes we sing a cappella. When we lead the congregation in worship, we are giving everything to God. Hopefully, all the work we do will draw them closer to God. That is our mission as a group."

The band gets together to practice on Thursday evenings, except when open mic nights fall on Thursdays. They are rehearsing "Adonai" (Lord or Master) for their next performance. The band splits into two groups on Saturday nights when they each practice for their Sunday services. Each member of the

group has a unique story to share of how they came to understand their gift for music. Several of them have similarly unique and interesting tales about coming to America from Mexico, and in Thembi's case, from Africa.

Shane is originally from the Ft. Hood area where his father was a pastor. Fourteen years ago, his father moved his family to Corsicana and is now the pastor at his own church here. Thembi moved to Corsicana to attend classes at Navarro College. "It was a good fit," she smiled, "and a blessing since that is where Shane and I met."

Jose is originally from the Oak Cliff area of Dallas. He moved to Corsicana with his family 10 years ago. He is the oldest member of the band and works for the city of Corsicana. Nataly, his wife, and the other very talented singer, works as a nanny.

Christian and Emmanuel are cousins. They both came to Texas as children. Christian came when he was only 7 years old, and his younger cousin moved from Mexico when he was 4 years old. Emmanuel is the youngest member of the group. Christian is a purchasing agent for Cargo Craft. Emmanuel is enjoying his youth and freedom. His gift at the drums is amazing. "I've been playing the drums since I came out of the womb," he joked. He keeps the conversation light and the members laughing. This interesting group is comprised of talented and hardworking individuals who come from very different backgrounds. Together, they form a great example for others, particularly the young people they are reaching with their alternative sound.



Nataly Guzman firmly believes in the band's mission.

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Emmanuel Saldana's drumming skills take Christian music to the next level.

Emmanuel enjoys keeping the others laughing, but when it comes to playing the drums, he isn't kidding around. "I guess you could say I was self-taught. I listened and watched the drummer at church at every service. To say he caught my attention right away is an understatement," he stated. "I would 'play' the drums on anything. One Sunday morning, he was not available to play. The music leader asked me to fill in for him. I was 11 years old. When the service was over, I cried. I was ashamed of how poorly I felt I had done before God. After that Sunday, I started practicing with the worship group and did pretty well." The pastor told him later, "You did great. God put you in my heart, and I've been praying for you."

Christian began playing the piano in 2007. He was 17 years old. "I woke up early every Saturday morning in time to be in Dallas for piano lessons, back in the day when lessons were only \$20 a lesson. I convinced my parents I would work hard and practice. It worked. They raised the money for me to take lessons, and Nataly's mother drove me and her brother, Sam, every Saturday morning."

As a group, they are always eager to perform, whether at the café or at the church. They look forward to sharing their joyful music with all those attending. Their heart is also focused on the many young people they meet along the way.

Enthusiastic, joyful, faithful and hardworking, Here's to Freedom Band is making its way on the Corsicana arts scene, and they are currently heard on an Ennis radio station during their weekly evening program. They are hoping to saturate the community with their music and love of the Gospel. **NOW**

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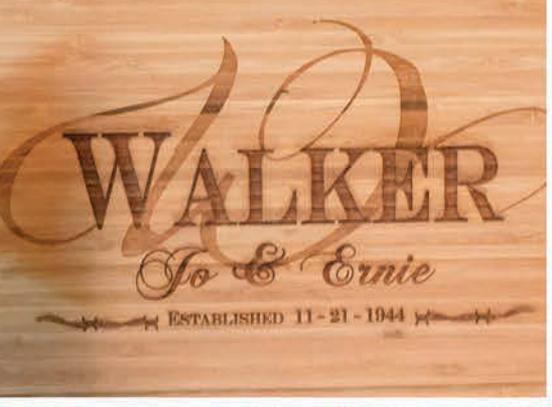
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A 72-year Love Story

— By Virginia Riddle

At Home With Earnest and Jo Walker

With the world focused on the Second World War, Earnest Walker, a recent Richland High School graduate (Yes, Richland, Texas, had a high school then!) was working on the family farm in the community of Union High and for a Corsicana grocery store on Saturdays when he chanced to meet Jo McAdory. That meeting began a love story that continues today, 72 years later. "I can truthfully say I love her more now than ever before," Earnest said.

Earnest grew up in Union High in Navarro County where he rode a horse to school until his high school days. Jo, a native of Kerens, had moved with her family to Corsicana where she graduated from Corsicana High School and had begun working by the age of 14 at the Golden Brothers Department Store and McLellan Stores to help support her sickly mother, while her older brother served in WWII. "Earnest had a car. He was taking the girl who lived next door to us out on a date. I had fallen from my bike, and we met when he helped me up. I was dating someone else, so we started double-dating. When my date left for the military, Earnest and I started dating," Jo recalled.



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Their courtship lasted just over five months. Jo was 15 years old, so she had to have her mother's permission to get married on November 21, 1944. "We went to Hubbard and were married by the same minister who had married my mom and dad," Earnest recalled. "I was 19 years old, and three days short of my 20th birthday. I got Jo for my 20th birthday," he quipped.

A military draft notice had come for Earnest, requesting his service in the U.S. Navy, but WWII ended before he could serve. The young couple set up housekeeping, and Earnest used his skills gained while farming. "I had milked cows starting when I was 6 years old," he said. He started milking cows for Don Farmer near Corbet. "I would milk the first 'chain' of cows, and then I wanted Jo to make my breakfast before I had to milk the second 'chain.' One cold November morning I came home, and she was still in bed. I dumped a half frozen bucket of water on her, and she's never made my breakfast since then."



The couple soon followed other family members to California to seek their fortune. "I attended Long Beach College, but dropped out when I could still make more money milking cows," Earnest said. They also had started selling products for Stanley Home Products together.

"She took care of the paperwork and was a natural born salesperson," Denna Green, one of the couple's daughters explained. "Since then, they've always worked together."

The firm sent the couple to a distressed Stanley Branch in El Paso

where they made it profitable again. "I had asked that we be transferred back to Texas. El Paso was as close to home as they could get us," Jo said. While working for Stanley Home Products, Jo and Earnest won multiple awards for sales and management.

A transfer to Waco got them closer to home. It was then that the couple began selling real estate in Corsicana for Wallace Pryor in 1977. Following his death, they founded Walker Realty where Earnest continues as the principal broker and Denna is the managing broker.



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Believing in their product, Earnest and Jo bought land and built their home in 1977 also. “This is the best place we’ve ever lived because family is here,” Jo said. Their daughter, Debbie Hawk, lives next door and a grandson lives across the road.

Earnest can enjoy living on his acreage with his cows these days. “The good thing about being 92 years old is that people do for me now,” he said.

With two children, six grandchildren and eight great-grandchildren, all of whom except for two live in the area, this couple has plenty of help. “The great-grandgirls come over, hang out and learn to prepare meals while helping Mom cook,” Debbie said.

The country road bends around their land. An American flag flies proudly over a yard tastefully decorated with antique farm implements, benches and bird feeders. Visitors are greeted and led into the living room with its tall grandfather clock, a 25th wedding anniversary gift, standing near the brick fireplace. A displayed tray shows the couple’s anniversary date, and their 50th anniversary is commemorated by a family photo. Jo has used the bay window as an area to show off her antiques, and her collection of Depression glass is kept safe in a china cabinet.

A family room was added to the home. “This is where we all gather and just about everything we do, we do here,” Jo said. She has a collection of family photos and her antiques include a Singer treadle sewing machine on which sets Earnest’s father’s school lunch box. Jo rides the exercise bike and plays the two organs and the piano.

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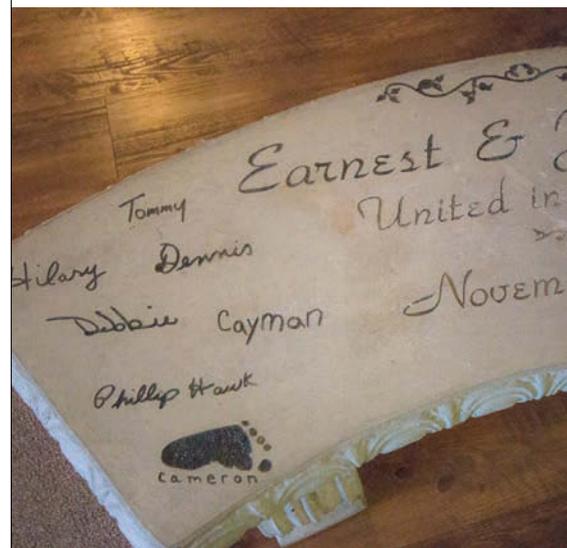
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“She taught herself to play the piano and organ, but doesn’t read music. It’s all by ear,” Debbie explained. “All the kids have taken lessons on that piano.”

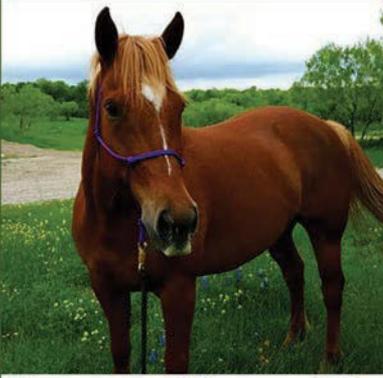
Garden wicker seating is framed by the brick of the original exterior wall. A home office computer and shelves Jo used for painting birdhouses while recovering from a stroke line one wall of the family room.

The eat-in kitchen features shining black countertops and a collection of blue pitchers on shelves above the dining table. An antique highchair awaits use by the family’s youngest generation, and Debbie’s cross-stitch hangs proudly. A concrete bench, inscribed with family members’ names and the youngest baby’s footprints was a 70th anniversary present to the couple.

The bedrooms are designed in a mother-in-law plan for multigenerational family visits. Two guest bedrooms are joined by a Jack-and-Jill bath. The girls’ bedroom is decorated in lace, roses, frilly garden hats and quilts, while the boys’ bedroom is decorated in browns and has a collection of antique wooden toys on shelves.

Earnest is proud that six generations of Walkers have banked in Dawson and several of his grandchildren have Walker as a middle name. As this couple held hands, Jo had advice for couples in all stages of married life. “Always talk everything out.”

Earnest quickly added, “We’ve been going to Pursley Baptist Church for over 30 years. A couple needs to go to church every Sunday.” For 72 years, that formula has worked for these lovebirds who share everything every day. **NOW**



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SECURING THE *Future*

— By Virginia Riddle



“Preserving Yesterday, Building Tomorrow,” Corsicana’s branding statement, expresses what is happening all around Corsicana and its fellow Navarro County cities. One of the many people dedicated to collaboratively guiding this move into the future is City and County Economic Developer Scott Jones. “Corsicana’s been hovering just below 25,000 in population for years, below 50,000 for the county. We need a more vertical growth curve to attract more interest by everything from retail to manufacturing.

“This area has an extremely diversified economy and plenty of relatively inexpensive land,” he said. “As part of DFW’s Metropolitan Statistical Area, we can leverage the Metroplex’s abundant workforce resources, but our cost of labor is lower.” Scott wants to build on recent successes:

Polyguard Products, Inc.’s 2016 announcement of a move from Ennis, several new projects in process and the redevelopment of Corsicana’s central downtown area.

After his early years as an Air Force “brat,” Scott and his family moved to Dallas. He attended Stephen F. Austin State University, and then went to work with his dad’s Dallas real estate firm, Griffin Properties. In the ensuing years, Scott worked for other commercial real estate firms, developing everything from commercial buildings and custom homes to industrial parks and retail. He worked for several banks, managing and selling their real estate portfolios on a national level. Meanwhile, he also enrolled at The University of Texas at Dallas. At age 32 with four children, he completed 54 hours in one year and graduated *magna cum laude*, earning a bachelor’s degree in economics and finance. “That wasn’t easy,” he remembered, “but the best things in life are not.”

By 2014, Scott had completed the economic development coursework for certification by the International Economic Development Council. Shifting to the public sector in mid-life wasn’t easy, either,



Scott and Sondra Jones look forward to making a difference in Navarro County.

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though his years in real estate and as a site selector prepared him well for his new role. He accepted and held an economic development director position in Odessa for two years, in the midst of the last oil price plunge. He scored some big successes for an area largely dependent on the oil industry. “But here was this fisherman living in a desert,” he quipped. Scott resigned and returned to the Metroplex to be closer to his fiancée, family and friends.

When Corsicana City Manager Connie Standridge interviewed Scott, he saw both the possibilities and needs of this area. “Historically, 80 percent of all economic development jobs come from expanding existing businesses — not from start-up businesses. So job one is to support those existing businesses. When businesses expand, they invest in capital, labor and real estate, and property and sales tax revenues rise,” he explained.

Scott thinks some of Navarro County’s greatest assets are its transportation access: dual rail lines and multiple major highways. “We’re developing two industrial parks on I-45 and TX-31,” he stated. “With the expansion of the Panama Canal and our proximity to Houston’s port, we will benefit if we have buildings or shovel-ready sites available. Buildings have been a past issue. When a modern one becomes available, it’s immediately filled. But we are working on sites in these two parks.

“To grow our population,” he stressed, “we must make our communities attractive to young people, ‘Millennials,’ who enjoy entertainment, cultural arts and more dense urban housing. Corsicana’s thriving downtown and city parks are a great start. We can build on that,” he said.

Scott researched demographic information indicating 71.2 percent of Corsicana’s employees live outside the city. That’s considered excessive, so he commissioned a housing study, available on the city’s website. “We need to invest in substantial new and affordable housing opportunities to spark growth,” he shared. “We identified 17 tracts close to utilities for housing development. New housing development attracts young families like those we need to retain.

“Population growth means healthier businesses, with more workforce resources available, more retail and dining opportunities and a better quality of



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life. It means more industries producing more products, and more taxes collected. It means healthier local government to provide services. It's the economic development circle of life."

Businesses considering Corsicana all want to be assured a profit, and "an expanding, growing population means they can expect it here. Retailers, especially downtown, should think about extending their hours," he noted, quoting a recent study showing 80 percent of shopping is done after 6:00 p.m.



Scott Jones leads a group of future business owners to local properties available for sale in hopes of bringing more retail options to Corsicana's downtown area.

Another key contributor to Corsicana's success is a workforce issue: "We need to be training and preparing our students for jobs with our existing employers. That way, once students graduate high school, a technical program or college, they could almost be assured a local job in their hometown, if we train to our industry needs," Scott said. He is reaching out to area public schools, Navarro College and the Texas Workforce Commission to aid in achieving that goal.

His long-term goals include more housing developments, more I-45 service road access for future retail businesses, creating rail-served, shovel-ready industrial sites for manufacturing and distribution/warehouse, and possibly establishing a foreign trade zone with Freeport exemptions to boost our logistics sector. "That could be a good play for this area even though warehousing doesn't create as many jobs as manufacturing," Scott said. "My major focus will be on companies involved in production and exportation of products, goods and services, since they typically

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create more jobs and pay higher wages. These are some of the most pressing issues we are addressing countywide,” he stated.

Scott learned about the intricacies of local government by serving Frisco, Texas, on the housing authority board and city council in his early days. He is a licensed Texas real estate broker and a member of the Texas Economic Development Council (TEDC), IEDC and the International Asset Management Council.



A new job wasn't Scott's only change this past year. He and his wife, Sondra, were married last November. They live at Lake Richland Chambers with their two dogs and a rather reclusive cat. "Sondra really 'took one for the team,' having to totally rebuild her business as an esthetician (lash extensions and permanent makeup at Tracy's Salon in Corsicana) after relocating from Dallas. She's been incredibly supportive and is always my hero." They like to travel, and enjoy dining and relaxing on their lakefront deck. Scott fishes and hunts. "If it runs, flies or swims, I'm after it," he said. He also plays the guitar and enjoys all kinds of music. Six wonderful, grown children and two grandchildren keep him grounded but active. "They have always been what keeps me going through thick and thin — them and my faith," he said.

With 25 current projects at last count, Scott is "keeping a lot of balls in the air." He said, "I love a challenge and seeing something I've developed still remain 20 years later, whether it's a commercial building I developed, a custom home I built, an employee I trained or a company I relocated. It's about making a difference." And Scott Jones plans to make a difference in Corsicana and Navarro County. **NOW**



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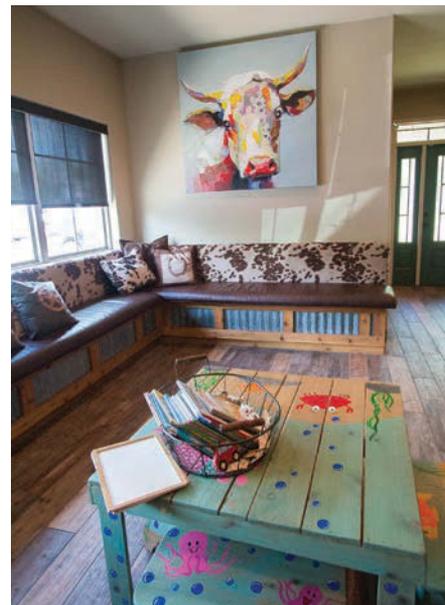


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Experience the personal touch of yesterday with the technology of tomorrow at Navarro Dental Center. — By Virginia Riddle

Soft, soothing colors and music greet patients who come through the main entrance of the expanded Navarro Dental Center, but the recent facility expansion also allows children to have their own entrance to the Kid's Korral that's complete with bright colors, TV and PlayStation games. "We now have 17 treatment rooms, a designated area for orthodontics and a drive-up area for patients who've undergone sedation. Kids can have fun in their own space," Evie Eeds, practice administrator, said.

Evie and her husband, Michael Eeds, D.D.S., opened the new dental center in 2012 with a goal of commitment — to God, patients and the community. With the additional space, more dental professionals have joined the team. "We currently have

five dentists on staff and a total of 30 employees," Evie stated. Services have also expanded to include general, restorative and cosmetic dentistry, as well as orthodontics.

Serving the community's needs is critical to these dental professionals who volunteer their services in many areas. Around Veterans Day, the team provides free dentistry to area military veterans. The practice also hosts its annual Dentistry from the Heart Day in May to provide volunteer dental care to area residents. "These are long days, but we take care of as many people as we can during these events," Evie recalled.

With the expanded facility, two highly experienced dentists were able to join the Navarro Dental Center team. Dr. Joshua

Haden and Dr. Gary Pundt. Dr. Haden's family has hailed from the Dresden/Blooming Grove area for six generations. He and his wife, Laura, have three children. Dr. Haden attended Navarro College, The University of Texas at Tyler and the University of Houston School of Dentistry. While serving in the military, Dr. Haden served a residency in advanced general dentistry at Fort Benning, Georgia. He is a member of the Omicron Kappa Upsilon, a dental honor society; the American Dental Association; and the Texas Dental Association, of which he has served as president of the 6th District and received a service recognition award. "I believe in actively listening to the patient, so I can meet his or her underlying needs," Dr. Haden stated. "It's rewarding when I can alleviate pain and create beautiful smiles. I enjoy the camaraderie and fun we have here."

Dr. Pundt relocated to Corsicana with his wife, Steffanie, and their two children. A native of Killeen, he attended Southwestern Adventist University and Loma Linda University School of Dentistry, graduating with distinguished recognition from the removable prosthodontics department. He served as an associate professor there and practiced dentistry for 11 years before joining Navarro Dental Center. Dr. Pundt donates his time and talents to international dental mission trips. He is a member of the ADA and TDA. "I enjoy making a difference in people's lives," he remarked. "A smile makeover boosts self-confidence and brings tears of joy. My dad was a dentist, and I'm blessed to have this opportunity to help people like he did. This is a compassionate, fantastic team of dental professionals. We treat patients the way we would like to be treated — as family."

Along with the highest quality service, convenience and affordability are earmarks of this practice. Bilingual English/Spanish staff are available. The practice accepts all major credit cards, personal checks, money orders and cash. Additionally, the Navarro Dental Center Savings Plan is available to individuals and families, and CareCredit is available to patients who wish to finance their dental needs. **NOW**

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Lesson #1: Creating a Budget

Help teens understand where their money is going with a basic budget.

- **Track spending.** Before deciding how to allocate expenses, teens should track where their money goes for a few weeks. Include items they might not pay for now but will in the future, such as clothing, entertainment or extracurricular activities.
- **Do the math.** Help your teen come up with an income total for each month, including allowance, gifts or after-school jobs. Then budget necessary expenses first. If there's a shortfall, discuss ways to cut discretionary spending or increase income.

Lesson #2: Saving Money

Make setting aside income second nature for your teen.

- **Be consistent.** Teens should strive to put the same percentage of their income each month toward savings goals. This will help make savings a habit.
- **Watch it grow.** Once your teen is saving consistently each month, open a savings account and explain how compound interest can increase savings.

Lesson #3: Building Credit

Teach your teen the benefits — and risks — of buying on credit.

- **Use responsibly.** By carrying a balance from month to month, your teen could pay hundreds of dollars in compound interest charges. Discourage teens from charging purchases they can't really afford.
- **Scores matter.** Explain how to build a good credit history by avoiding late payments and keeping card balances low. Good credit will help your teen years down the road when securing a car or home loan. **NOW**

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Can't seem to catch your breath? Huffing and puffing after your daily exercise? Is that rumbling cough becoming more frequent? Shortness of breath and decreased cardiovascular fitness are often attributed to being out of shape or getting old. Don't be quick to dismiss breathing difficulties. They may signal the onset of chronic obstructive pulmonary disease, a serious respiratory condition.

COPD is one of the most common respiratory diseases — and the fourth leading cause of death in the United States. It is a commonly overlooked health threat that goes undiagnosed, because the symptoms are often dismissed or attributed to other health conditions until the disease is at an advanced stage. COPD has no cure, but is both preventable and treatable.

The primary cause of COPD is tobacco use: 80 to 90 percent of COPD cases are caused by smoking. COPD can also be caused by air pollution, including secondary smoke and exposure to occupational dust, gas, chemicals and toxic fumes. People who work or have worked in industrial environments are also at risk. Poor nutrition, asthma and repeat respiratory infections have also been linked to COPD development.

The two main forms of COPD are emphysema, the destruction of the airways in the lungs, which leads to decreased oxygen absorption, and chronic bronchitis, the inflammation of the lungs' airways and build-up of mucus that causes breathing obstruction. The decreased ability of the lungs to absorb and use oxygen causes arteries in the lungs to narrow. This means that the heart has to work even harder to push blood through the smaller vessels, which can lead to pulmonary hypertension (abnormally high blood pressure in the arteries of the lungs) and possibly, heart failure. Symptoms of COPD include: a cough with mucus, shortness of breath that gets worse with mild activity, fatigue, frequent respiratory infections and wheezing. If you have any of these symptoms, bring them to your doctor's attention.

COPD most commonly affects current and former smokers, women and individuals over age 45. It affects the quality of life by severely compromising the ability to breathe, which leads to decreased physical activity and increased risk for other chronic diseases, such as obesity, cardiovascular disease and cancer.

Diagnosis. COPD can be diagnosed with a simple lung test, known as a pulmonary function test or spirometry. This test measures the amount of airway obstruction in the lungs by calculating the force and volume of air that a patient exhales over time. A blood test, a chest X-ray, electrocardiogram or CT scan can suggest the diagnosis, but pulmonary function tests are needed to be certain.

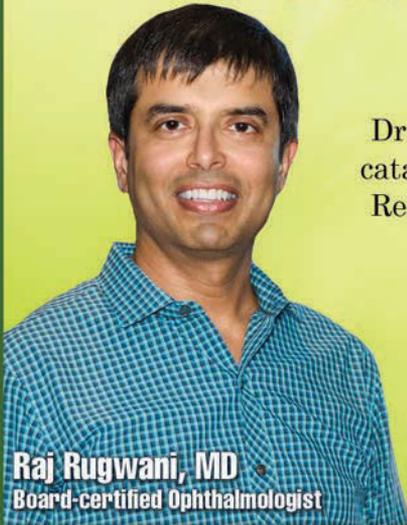
Treatment. COPD can be treated in several ways, from medication to supplemental oxygen to respiratory therapy. Pulmonary rehabilitation, a hospital-based program that combines education and exercise classes, can help COPD patients improve lung function and reduce symptoms.

People with COPD should be vigilant about getting an annual flu vaccine, since they are prone to complications from flu and pneumonia. Research has found that an annual flu vaccine actually reduces serious illness and death in COPD patients by 50 percent. Good oral hygiene is also important, to prevent germs in the mouth from developing into more serious infections. **NOW**

Remember that this information is not intended to replace the advice of your doctor, but rather to increase awareness and help equip patients with information and facilitate conversations with your physician that will benefit your health.

Shabroo Kidwai, M.D. is a family medicine physician at Medical Associates at Corsicana Crossing. Member of the medical staff at Navarro Regional Hospital.

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Through August 5

Jester Park and Bunert Park Pools: Jester Park, **Wednesdays-Saturdays**, 1:00-6:00 p.m.; Sunday, 1:00-5:00 p.m.; Bunert Park, **Wednesdays-Saturdays**, 1:00-6:00 p.m. Call pool managers to reserve a morning or evening pool party time. For more information, call (903) 654-4874.

Through August

Summer Fun at the Y: Times and dates vary for all the many activities, Corsicana YMCA. Summer programs include day camp and swimming lessons. For more information or to register, call (903) 872-2412 or visit www.corsicanaymca.org.

June 2

Senior Circle Pot Luck Luncheon: 11:30 a.m.-1:00 p.m., Navarro Regional Hospital. Bring a salad, vegetable, casserole or dessert. For more information, contact Connie Beal at (903) 654-6892.

June 3

Navarro County & City of Corsicana 2017 Clean-up Day: 7:00 a.m.-1:00 p.m., Rain date is **June 10**. Corsicana Regional Landfill, Jester Road on E. Hwy. 31. Navarro County residents can bring their junk and trash. Appliances, furniture and household garbage accepted. No tires. For more information, call (903) 654-3075.

Annual Pancake Breakfast Fly-in: 8:00-11:30 a.m., Mid-Way Regional Airport. The event will include classic airplanes and fighters, helicopter rides, fly-overs, Midlothian Classic Wheels, Gold Wing Road Riders, RC model airplanes, live music and children's activities. Breakfast tickets are \$6 for adults and children over the age of 8. Children under 8 are \$3. Parking is free. Call (972) 923-0080.

Corsicana Public Library Summer Reading Program Kick-off Party for adults and children: 10:00 a.m.-noon, face painting and balloon sculpting; Noon-2:00 p.m., Legos; 2:00-4:00 p.m., Let's Make a Better World activities; Corsicana Public Library. For more information, call (903) 654-4810.

June 5

Piecemakers' Quilt Guild meeting: 9:30 a.m., Westhill Church of Christ Fellowship Hall. Visit pgqcorsicana.com.

June 5, 12, 19, 26

Free Family Movies and Popcorn: 1:00 p.m., Corsicana Public Library. For more information, call (903) 654-4810.

June 6, 13, 20, 27

Tinker Time at the Library: 1:00-3:00 p.m.,

Corsicana Public Library. For more information, call (903) 654-4810.

June 7, 14, 21, 28

Super Summer Storytime: 10:00 a.m., Corsicana Public Library. For more information, call (903) 654-4810.

June 8, 15, 22, 29

Special Thursday Performances: 10:00 a.m., Corsicana Public Library. For more information, call (903) 654-4810.

June 9

Pioneer Early Days: 8:30-11:30 a.m., Pioneer Village. For more information, call (903) 654-4874.

June 10

Angels of Corsicana Troop Support packing: 9:00 a.m., 1020 N. Bus. 145. Donations may be dropped off at this site **Monday-Friday** 8:00-11:00 a.m. To leave the name of a deployed military person or donate, call Jean O'Connor at (903) 851-2560 or visit the group's Facebook page.

Navarro County Genealogical Society meeting: 10:00 a.m., Nancy Robert's Room, Corsicana Public Library. The public is invited to learn about the history of Fairfield from Dr. Robert Uzzel. For more information, call (903) 654-4808.

June 12

Eclectic Readers Book Club: 6:30 p.m., Corsicana Public Library. *Dewey: A Small Town Library Cat Who Touched the World* by Vicki Myron will be discussed. For more information, call (903) 654-4810.

June 13

Carter Blood Drive: 10:00 a.m.-2:00 p.m., Navarro Regional Hospital Classrooms. For more information, contact Connie Beal at (903) 654-6892.

Tennis Camp: Times vary by age groups, Mertz Tennis Center. For more information, call (903) 654-4874.

June 16, 30

Teen Parties: 6:00-8:00 p.m., Corsicana Public Library. For more information, call (903) 654-4810.

June 20

Messy Art in the Park: 9:00 a.m.-noon, Jester Park Pavilion. For more information, call (903) 654-4874.

Vietnam Veterans of America, Chapter 1009 meeting: 7:00 p.m., LaPradera Restaurant.

For more information, email Roy Messick at roy.messick@gmail.com.

Summer Teddy Bear Storytime: 7:00 p.m., Corsicana Public Library. This program is for all ages. For more information, call (903) 654-4810.

June 21

Senior Circle Lunch Bunch: 11:30 a.m.-1:00 p.m., Napoli's, 111 E. Collin St. Join Navarro Regional Hospital's Senior Circle members for fun, food and fellowship. For more information, contact Connie Beal at (903) 654-6892.

June 21 — 24

Air and Space Camp: 9:00 a.m.-noon, Cook Center. This activity is for ages 10-13. For more information, call (903) 654-4874.

June 22

Corsicana Newcomers' Club: 11:00 a.m., Kinsloe House. Guests will include representatives from the Corsicana Animal Shelter. A collection box will be available for donations to the shelter. Lunch is \$15. For more information or to confirm reservations, contact Annie Avery at (714) 345-6707 by **June 19**.

PALs Club (People for Active Living): 11:30 a.m.-12:30 p.m., Cook Center. For more information, call (903) 874-1211.

Family Caregiver Support Group of Navarro County meeting: 2:00 p.m., Corsicana YMCA Conference Room. Contact Mark Thommarson at (903) 641-9592.

June 26

Corsicana Writers' Guild meeting: 6:30 p.m., Corsicana Public Library. Meet with other area writers to share projects, ideas and critiques. Call (903) 654-4810.

June 28

Reel Fun Fishing: 8:30-11:30 a.m., I.O.O.F. Lake. For more information, call (903) 654-4874.

July 4

Rotary Club Freedom Festival: 6:30 p.m., I.O.O.F. Park. For more information, call (903) 654-4874.

Submissions are welcome and published as space allows. Send your current event details to virginia.riddle@nowmagazines.com.



In the Kitchen With Melissa Housley

— By Virginia Riddle

Growing up in the South and in a “cooking family,” Melissa Housley, M.S., R.D., L.D., was motivated not only to carry on the family tradition her parents, Harold and Lynda Housley, had begun, but she earned a bachelor’s degree in food and nutrition and a master’s degree in food science. “My philosophy is healthy cooking doesn’t have to consist of boring, tasteless or rubbery foods. I experiment with grilling meats and vegetables, steaming, stir-frying and preparing healthy meals,” Melissa said.

The office manager at Lynda Housley State Farm Insurance and an adjunct professor at Navarro College, Melissa still finds time to work with her mother on their family cookbook. “We’re continuously editing and improving modern and our tried-and-true recipes,” Melissa added, “many of which are inherited.” **NOW**

Low-fat Super Easy Oven Lasagna

Makes 8-10 servings.

- 1 lb. ground white turkey**
- 3/4 cup water**
- 1 15-oz. can spaghetti or marinara sauce**
- 1 tsp. each salt and pepper**
- Nonstick cooking spray**
- 1 8-oz. pkg. uncooked lasagna noodles**
- 1 cup fat-free or low-fat ricotta cheese**
- 1 cup fat-free or low-fat mozzarella cheese, shredded**
- 1/4 cup grated Parmesan cheese**
- Italian dressing, to taste**

- 1.** In a skillet, brown the ground turkey. Drain fat; return the meat to the skillet.
- 2.** Add the water, sauce, salt and pepper. Stir while bringing mixture to a boil.
- 3.** Spray a 2-qt. baking dish with a nonstick cooking spray. Layer ingredients into dish in this order: turkey sauce mixture, uncooked

lasagna noodles, ricotta cheese and mozzarella cheese.

- 4.** Repeat layers, ending with the sauce; cover dish tightly with foil.
- 5.** Bake at 375 F for 1 hour; garnish with Parmesan cheese and Italian dressing.

Rio Grande Southwestern Pork Loin

Roast:

- Nonstick cooking spray**
- 4-5 lb. boneless rolled pork loin roast**
- 1 tsp. garlic salt**
- 2 1/2 tsp. chili powder (divided use)**

Glaze:

- 1/2 cup apple jelly**
- 1/2 cup ketchup**
- 1 Tbsp. white vinegar**

- 1.** For meat: Preheat the oven to 325 F; spray a rack with a nonstick cooking spray.

- 2.** Place the pork loin roast on the rack; place rack in a shallow roasting pan or Pyrex dish.
- 3.** Combine garlic salt and 1/2 tsp. chili powder in a small dish; rub onto the top and sides of the roast.
- 4.** Place uncovered roast in the oven for 2 to 2 1/2 hours, or until the meat thermometer registers 165 F.
- 5.** For glaze: In a small saucepan, combine jelly, ketchup, vinegar and remaining 2 tsp. of chili powder; heat until boiling.
- 6.** Reduce heat to simmer; continue to heat for 2 additional minutes.
- 7.** Brush roast with glaze. Continue roasting 10-15 minutes longer, or until meat thermometer registers 170 F. Remove roast from oven; let stand 10 minutes.
- 8.** Serve the remaining glaze as sauce with the meat.

Morning Breakfast Casserole

Yields 8-12 servings.

- Nonstick cooking spray**
- 2 cups seasoned croutons**
- 1 lb. reduced-fat mild pork sausage**
- 4 Egg Beaters (for low-fat choice) or 2 eggs (for regular recipe)**
- 1 10.5-oz. can cream of mushroom soup (fat-free or regular)**
- 1 tsp. dry mustard**
- 1 1/2 cups milk**
- 1 1/2 cups reduced fat (or regular) cheddar cheese, shredded (divided use)**

- 1.** Spray a 9x13-inch casserole dish with nonstick cooking spray. Line the bottom of the dish with croutons.
- 2.** In a medium skillet, brown sausage; drain fat. Pour meat over croutons.
- 3.** In a separate bowl, mix the eggs, soup, dry mustard, milk and half of the cheese. Pour mixture over the meat and croutons. Cover with plastic wrap; chill overnight.
- 4.** On the next day, remove plastic wrap, and cover the casserole with foil. Bake at 325 F for 50 minutes.
- 5.** Uncover; sprinkle the remaining cheese over casserole; bake 10 additional minutes, or until the cheese is melted.

To view recipes from current and previous issues, visit www.nowmagazines.com.



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Close to Navarro Mills Lake. Peyton Place Subdivision. Just right to build that new home on 4 lots. Sold as one tract, approximately .688 of an acre.



2309 Love St.

Cute house in a nice neighborhood with 4 bedrooms and large family room. Come see today!



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111 Tiffany Lane in gated Prestidge Point 4-bedroom, 4.5-bath, soaring ceilings, 3-car, drive-thru garage. Saltwater pool. Freshly painted and new carpet.



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Elegant 5-bedroom, 2.5-bath family home located in tranquil Petty's Chapel. 3,737 square feet. Large lot and fabulous backyard. Schedule to see this one soon!



824 Winged Foot

Beautiful and roomy home in the Links with 4 bedrooms, large yard and open floor plan. You must see the interior of this home to really appreciate it!



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Perfect location for development. 7.687 acres available south of Angus on I-45. Over 1,000 ft. of road frontage. Access exits north and southbound.



UNDER CONTRACT!

504 Northwood

Classic 2-story beauty in great location with 4 bedrooms, 2 baths, fireplace, large fenced yard. **MUST SEE!**



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Charming 4/2, fireplace, large family room within walking distance to schools.



REDUCED!

Located in Blooming Grove, Texas! Opportunities are endless with this 3,700 sq. ft. building. Sits on 2.5 acres and in a great location!



**Fowler's Point
Richland Chambers Lake
Front**



613 Mills Place

The first floor of the main house has an elegant foyer, expansive formal living room, dining and morning room, both with hand-carved paneling, bookcases and architectural detailing.



REDUCED!

14439 Azure Ln.

This beautiful lake front lot offers 0.91 acres of treed beauty with a sweeping view of the lake and over 170 feet of water frontage, 30+ mature trees and a retaining wall with 5' concrete sidewalk along the water's edge.



301 Logan Dr.

Kerens. Looking for a larger corner lot on half an acre? This 3-bedroom, 2-bath home has so much to offer. Kitchen with a large laundry room attached. Living area has a brick wood-burning fireplace. 3 nice-sized bedrooms and 2 baths.



PRICE REDUCED! MOTIVATED SELLER!

Located in historic downtown Corsicana. With a little TLC this will be a great location for a restaurant, shopping or office building. The possibilities are unlimited. Great store front, large upstairs area with a loading ramp. Come see today!



REDUCED!

Well-maintained building, this property could be used for any use. This property is in a great location on a corner lot. There are many windows — great for retail. Two 5-ton units with gas heat, 200 amp electric services, large restroom, tons of storage and a large office area.



RICHLAND CHAMBERS LAKE!

Lot 61-The Shores

This boat slip with lift is being sold with a 1-acre lot located within The Shores Subdivision. Lot access is on Grandview Drive. Clubhouse and other amenities are a bonus! Mildred ISD.



RICHLAND CHAMBERS LAKE!

2004 SE PR 2164

3-bedroom, 2-bathroom doublewide located on 4.14 acres with 215' of Richland Chambers Lake waterfront. 30x40 insulated workshop with electricity. Property offers much more!



RICHLAND CHAMBERS LAKE!

3002 Rock Road

5-bedroom, 3 1/2-bath custom home on 1.5 acres. Master bedroom on lower floor, 3 bedrooms and full bath are upstairs, 1 large bedroom with space for living area over garage.



**Lot 37 - Hidden Oaks
Subdivision**

1.488-acre lot with mature trees is on a canal in Deed Restricted Hidden Oaks Subdivision. Mildred ISD.



816 Northwood

Fantastic family home with large family room, formal living and dining. Galley kitchen with breakfast area. Large laundry room with room for a freezer and office. Updates just complete!



134 SE CR 3085

Cute, clean, newer-built home! On lovely landscaped lot with mature pecan trees. 2 split bedrooms, 2 full bathrooms, open concept with breakfast bar. Nice outdoor, fenced, wide and manicured front and backyard.



731 Sunny Ln.

This outstanding home offers resort-like amenities complete with recent updates, 4 bedrooms, 3 baths, open living with views of aerated pond situated on 2.77 acres. Corner lot with fully stocked pond and trees.



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