Southwest Nows

Unlearning Perfection

Jim Klipp draws on experience

Also inside:

Scavenger Hunt

Crossword

Featured Business: Art and Beyond In the Kitchen With Roderick Tasby

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ON THE COVER



The hand draws what the eye sees.

Photo by Shane Kirkpatrick.

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Creative Director, Chris McCalla Artists, Jerri Akers . Kristin Bato Martha Macias . Anthony Sarmienta

PHOTOGRAPHY

Photography Director, Chris McCalla Photographer, Shane Kirkpatrick

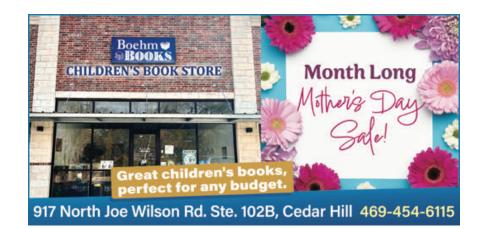
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- Sinusitis is a sinus infection. It can occur when mucus builds up in the air-filled pockets in the sinuses, causing a stuffy nose.
- As mucus accumulates in your sinuses, it creates a breeding ground for germs. Infection can set in, causing sinus pressure, inflammation and pain.

Sign and Symptoms:

- Sinus headache
- Postnasal drip (fluid from your nose draining. into the back of the throat)
- Nasal congestion
- Runny nose with green or gray discharge
- . A feeling of pressure or pain on the face
- Cough
- Fatigue
- Loss of sense of smell
- Upper tooth pain
- Sometimes low-grade fever
- · Bad breath

How is sinusitis diagnosed?

- · Review of your medical history and a physical exam
- Allergy testing
- · Rhinoscopy or nasal endoscopy

Preventing sinusitis:

- · Washing your nasal area regularly.
- · Get your recommended vaccines, including flu. COVID-19. pneumococcal vaccines.
- · Consult with your doctor to identify what you are allergic to.
- Consider treating hard-to-control allergies with immunotherapy to build tolerance to your allergens.
- Place a warm, moist washcloth over your face several times a day to soften muros.
- Drink lots of fluids to keep your sinuses. hydrated.
- · Keep nasal passages moist with saline sprays that can also rinse out mucus.

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Adam Walker
SouthwestNOW Editor
adam.walker@nowmagazines.com

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EDITOR'S NOTE

May the Fourth be with you ...

As a lifelong nerd/geek/weirdo, May has a couple of great geeky days in it. *Star Wars* Day is on May 4th, for obvious super-punny reasons. It's as bad as Pi Day being on 3/14. But while I love pie, I'm not such a big fan of pi. Math gives me hives. But *Star Wars*? I've been a fan of *Star Wars* since I was a little boy. I had the bedsheets, the pillow cases, the bedspread and the curtains. I had a lot of action figures, including the Emperor Palpatine that you had to collect labels and send away for. And I had the Darth Vader head carrying case to keep them in. All of those disappeared along the way to growing up. But my sister got me a couple of replacements for my birthday a couple of years ago. Luke and Leia are mine again.

May 6th is Free Comic Book Day. That's a day when most of the big comic book companies send free comic books to participating comic book stores and some libraries. It's a way to introduce new readers to their classic characters and reward faithful readers with a free treat. You'll find some silly stories, some dramatic stories and some fantastic artwork. I hear that the Duncanville Library will be hosting cosplay (dress up for grown-ups and near grown-ups) and some geeky-cool photo booths to celebrate.

Of course, silly days like this aren't for everyone. But those of us who enjoy such things are thankful for a day or two to meet other non-mundane people like ourselves!

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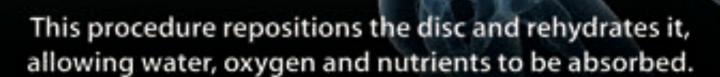
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Lady and the Tramp changed Jim Klipp's life, but it took a long time to do it. "As a kid, I saw some of the animation cels, and I just had to draw that. My drawings weren't very good. I was never happy with them, but I was never happy with anything I did. My older sister was perfect. She changed her handwriting every year, to match her teacher, and always got praised for having such beautiful penmanship. My father was a chemist, and my mother was a homemaker. At home, we had an encyclopedia in the front room and a dictionary on the dinner table. If you used a word, you better know how to spell it and know what it means. If you quoted a fact, you better be able to show it in the encyclopedia. I quit drawing because it was never perfect. I needed a lot of therapy," lim admitted.

"After we moved to Cedar Hill in 1985, my wife signed me up for a Bob Ross painting class. It was taught downtown by a lady who had actually studied with Bob Ross and taught his wet-on-wet technique. Bob taught that you can never paint a perfect tree because there is no perfect tree. That lifted the oppression of it must be perfect."

Jim and his wife love traveling. On one trip, they visited the Norman Rockwell Museum in Pennsylvania. "I found out that Rockwell cheated like crazy! He hired actors to create his paintings. He'd set the table for Thanksgiving dinner, dress everyone, pose them. Then he'd photograph the scene and project the photo onto the wall to paint it. The *Mona Lisa* was also painted using an early form of projector. I found out *everybody* cheats."

Jim enjoyed painting, but he wasn't so fond of the setup and cleanup and waiting for an oil painting to dry. "I decided to start sketching again. After I sold my business and retired, we started taking cruises. My wife is a quilter. She brought her project along and had something to do the whole time, while I sat doing nothing. The next cruise, she brought a sketchbook and told me to draw, so I did. I started sketching the other passengers. Of course, they weren't sitting for me, so they'd get up and wander off. That left me to finish the sketch however I wanted. It didn't have to look like them. Word got around on the ship,



what I was doing, and people started asking me to draw them. So then it *did* have to look like them."

After that cruise, Jim was hooked. "I wanted to continue, so I found the art group in DeSoto and joined. They encouraged me to keep my hand in. Eventually, I started a group here in Cedar Hill. We meet at the Zula B. Wylie Public Library on Mondays from 1:00 to 3:00. It's called Discover the Artist Within You, and we sketch, paint, knit — whatever."

Once Jim felt free to not be perfect, he was all in. "Now I do one or two sketches a day. I have books and books and more books of sketches. I sketch a little bit of everything, but mostly I do people. I've drawn an awful lot of people's kids, and an inordinate number of dead people for obituaries. My favorite thing to draw is whiskers and wrinkles. That's my main theme. It's hard to find the emotion in babies' faces, unless they're crying, screaming or startled. A baby at rest is the most blah thing in the world. And women



with beautiful, flowing hair are a pain to draw. But wrinkles, smile lines, worry lines — there's so much emotion. An old man at the airport, a farmer, an office worker — there's so much to a motionless face — a whole range of emotions. Their eyes reflect the fire

within." One of his sketches, a study of Barbara Bush, hangs in George W. Bush's home.

Jim also has preferences in his tools. "I use watercolor paper because it's heavy and has good texture. I used to use the whole range of pencils

from an H1 all the way up. Now I use one pencil, the Blackwing Matte, and I use them until they're gone," he said holding up a clear bag of pencils, mostly just nubs.

"It's my dream for Cedar Hill to have an art league like the one in Grand Prairie. They took over an old theater and transformed Main Street. I'd like to use the old library once they move into their new facility. I want to see guilters and whittlers and carvers and musicians. I'd like to see Family Musical Theatre productions there a real artists colony. Artists should come together and help each other, not compete with each other. We need to paint murals on ugly walls. Art brings tourists."

Jim has experienced a lot of change. "People need to hear, 'Wow! You're good.' They don't get that enough. If we got more of that, I firmly believe we could cut out a lot of drug usage and other mental problems. I think a lot of that happens because we don't get enough, 'Wow! You're good.' I believe anyone can do what I do. I'm not special. I just exercise that muscle." NOW





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Zoomed In: Kayla Bill

By Adam Walker

Kayla Bill, a fifth-grader from DeSoto, showed off her cool new manicure. "I don't get my nails done very often — maybe once every two or three months. This was a special moment. My auntie took me for a day of aunt-niece time, just the two of us. That was a really fun day.

"I got a basic white with an overlay, because the next day, I was going to a daddy-daughter dance, and I was going to wear a white dress. So, it would look really good with that. It would also work for a birthday party I was going to later that week. Also, I actually got to show it off at school the next day, so that was fun. too."



Fourth-graders at Bray Elementary enjoy reading time.



Tim Walker celebrates turning 18 with dinner at Roma's.



Assistant Principal Brittney Boyd-Edmon celebrates Taco Tuesday at Waterford Oaks.



Preschool dancers from DeSoto Karate & Dance perform at DeSoto's 74th Birthday Celebration.



Charlotte Simms and her crew from Neighborhood Credit Union enjoy networking and food at the Taste of Duncanville.



Tiffany Moline and family celebrate with Bishop Drake during the 20th anniversary of Jubilee Church.



Southwest Dallas County Amateur Radio Club (SWDCARC) makes plans for the ARRL annual North American Field Day.



Evan Fuller visits his grandfather and goes for a walk on the Roy Orr Trail.



Texas Trust employees teach CHHS students about real-life budgeting for a household.







BusinessNOW

Art and Beyond

- By Adam Walker

Art and Beyond 1425 U.S. 67 Cedar Hill, TX 75104 (972) 741-2589 artandbeyond@yahoo.com artandbeyondinc.org Facebook: Art & Beyond, Inc

Hours:

During the school year: Friday and Saturday: 1:00-4:00 p.m. Spring break and summer camps: 4 days per week: 1:00-4:00 p.m.

Art and Beyond was established in 2009, as a 501 (c) nonprofit, to provide art education for local kids. "Too often, the arts are the first thing cut from school budgets, but art is more important than people realize. Every product you buy, there is an element of art there — even in the label on the tomato at the grocery store. Someone had to design that,"

Executive Director Robin Ingle pointed out. Architecture, landscaping and product design all make use of art.

"We offer after-school programs, year-round, except when we're running our camps during spring break and in the summer." Classes at Art and Beyond are sponsored by the Genesis Inspiration Foundation, and other generous donors, so they only cost \$65 for a five-week after-school program or \$110 for a four-day-a-week spring break or summer camp experience. The classes are divided by age group. The 6- to 9-year-olds make one group, while the 10- to 18-year-olds form the other. "We divide them further sometimes, depending on how many students of one age group sign up for a session. We try to keep the classes small," Robin added.

Art and Beyond offers a wide variety of media, taught by professional artists, in its classes. "Jennifer specializes in mosaic. James, the kids call him Mr. C, does mixed media. Kelly focuses on clay. And I'm a painter," Robin explained. "We introduce kids to a lot of different mediums. Every class explores three different mediums." Students may work with

fused class, ceramics or various kinds of painting on different surfaces. "We paint with enamels, oils and acrylics. We teach pastels and drawing. We paint on canvas and wood and learn reverse painting on plexiglass."

When doing papier-mâché, they explore everything from donuts to dragons. They have a clay room for sculpting and creating pots and plates, with on-site kilns to complete the students' work. The glass room has every color of glass imaginable for creating vibrant art.

"We offen aftenschool programs, year-round, except when we're running our camps during spring break and in the summer."

"The three instructors for each class collaborate on designing a project for the students to work on," Robin explained. There are always take-home works of art at the end, but sometimes there are also group collaboration projects that go on public display or are auctioned for charity. The "totem pole" in front of the building is one such group project. "Our last group project was auctioned off to raise money for cancer research at the Children's Cancer Fund Gala put on by Dak Prescott and Troy Aikman, on April 21. It helps teach our students the importance of doing something for others and how art can change lives. The theme this year is 'Light It Up,' so our project worked with that theme."

Robin believes in what they are doing at Art and Beyond. "Bring your kids in. Let them experience art. The impact of what they create and take with them will have a positive effect on them and their families for years to come. Without creativity, we would not have the modern conveniences we have today. Creativity is needed for our society to grow and progress." NOW





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Officer Roderick Tasby lives in Waxahachie and works for the DeSoto Police Department. His mother taught him to cook when he was 12. "I grew up in Oak Cliff with both parents and four siblings. We had a home-cooked meal every day, so we learned how to cook and bake by helping in the kitchen. My inspiration comes from my mother. She used to cook and bake, sometimes without a recipe, so you had to learn how to be creative. I enjoy down-home cooking, grilling and smoking, but baking is my favorite. It takes practice and patience. My mother wrote several of her recipes down, so we made a cookbook in her handwriting. Now I enjoy cooking for family, friends and my food truck, Tasmanian Mobile Kitchen."

Smoked Beef Brisket

- 1 12-14 lb. whole packer brisket
- 2 Tbsp. coarse kosher salt
- 2 Tbsp. coarse ground black pepper
- 2 Tbsp. garlic powder
- **1.** Refrigerate the brisket. (Cold brisket is easier to work with.) Remove the silver skin and excess fat. Trim down the crescent-shaped fat section, creating a smooth
- transition between the point and the flat. Trim any excess meat and fat from the point. Square the edges and ends. Trim the top fat cap to about 1/4-inch thickness across the surface of the brisket.
- **2.** Combine the salt, pepper and garlic powder. Shake over the brisket, evenly coating all sides.
- **3.** Preheat a smoker to 225 F using indirect heat and hardwood smoke. Place the brisket with the point end facing your main heat

- source. Smoke until an internal thermometer reads 165 F (around 8 hours).
- **4.** Center the brisket on butcher paper or foil. Wrap it, folding edge over edge, creating a leak proof seal all the way around. Return to the smoker, seam side down so the brisket crimps the paper wrap down tight. Maintaining 225 F, cook until the thickest part of the meat reaches 202 F (5-8 hours).
- **5.** Remove the brisket to a large cutting board; allow to rest for 1 hour before slicing against the grain. Serve immediately.

Southern Collard Greens

- 6 small bunches collard greens
- I extra-large pkg. smoked ham hocks
- 1 Tbsp. bacon grease
- 1 Tbsp. seasoned salt
- 2 tsp. Worcestershire sauce
- 2 tsp. apple cider vinegar
- 1 tsp. crushed red pepper flakes
- 1/4 tsp. garlic powder
- 1/4 tsp. paprika
- 1/4 cup onion, finely chopped

- **1.** Tear the greens away from the stems. Roll the greens up; cut into ribbons. Wash them thoroughly with cold water to remove all grit.
- **2.** Rinse the ham hocks very well. Add to a large pot along with enough water to fully submerge the ham hocks; cover with a lid. Cook over medium-high heat for 45 minutes or until the ham hocks are almost tender.
- **3.** Add the greens and enough water to just barely cover the greens (4-5 cups). Add the remaining ingredients. Cook, covered, at least 2 hours, until completely tender.

Vanilla Buttermilk Pie Recipe

- 1/2 cup unsalted butter, room temperature
- 1 1/2 cups granulated sugar
- 3 large eggs, room temperature
- 1 Tbsp. vanilla paste or vanilla extract
- 2 Tbsp. all-purpose flour
- 1 Tbsp. plus 1 tsp. cornstarch Pinch of salt
- I cup buttermilk
- 1 Pillsbury piecrust
- 1. Preheat the oven to 400 F.
- **2.** To the bowl of a stand mixer, add the butter and sugar; beat on medium speed until light about 5-6 minutes. Add the eggs and vanilla in increments; mix until incorporated.
- **3.** Add the flour, cornstarch and salt, then buttermilk; mix until well combined.
- **4.** Pour the filling into the crust; bake 10 minutes. Reduce the heat to 350 F; bake for 60-70 additional minutes. Turn the oven off; allow to sit for 30 minutes. The pie should be golden brown, and a knife inserted should come out clean. If the crust is browning too quickly, add a pie shield or foil halfway through the bake time.

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Online versions and solutions available at www.nowmagazines.com. From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.

Medium

Sudoku Puzzle

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5/1-5/22

Storytime in a Park:

Join the Zula B. Wylie Library staff for story time in a different Cedar Hill park each Monday. Free. 10:30-11:30 a.m. See the library website for each week's park.

5/2

Nathalia!:

Join bilingual singer Nathalia! for a family-friendly concert. Free. 6:30-7:30 p.m., Library Amphitheater, outside the Zula B. Wylie Library, 225 Cedar St.

5/6

Star Wars Day + Free Comic Book Day:

Come out for free comic books,

photobooths, *Star Wars* crafts, a movie and cosplay. Free. 2:00-4:00 p.m., Duncanville Public Library, 201 James Collins Blvd.

Mother and Son Dance:

Enjoy dinner and a dance together. Mother and 1 son, \$50, additional sons \$20 each. VIP and non-residents extra fees. Registration required. 6:00-9:00 p.m., Civic Center, 211 E. Pleasant Run Rd., DeSoto.

Bluegrass Music Concert:

Purple Hulls presented by Trinity Arts South. Free. 7:00 p.m., Event Center, Dallas Int'l University, 7500 W. Camp Wisdom Rd., Dallas.

5/9

DeSoto Senior Symposium and Health Fair:

Join the police, rec center, citizens police academy and health providers for information, raffles, lunch and entertainment. Free. 9:00 a.m.-noon, Civic Center, 211 E. Pleasant Run Rd.

5/11

Party in the Park:

Have fun with your family and meet city officials. Free. 6:00-7:00 p.m., Bear Creek Park, 1620 Midlake Dr., Cedar Hill.

5/13

Bienvenidos a Cedar Hill: New residents of Cedar Hill.

come out for breakfast and a tour of the city. Cedar Hill Government Center, 285 Uptown Blvd.

Mother-Daughter Soiree:

We aRe HER presents a whimsical day of fashion, food, entertainment and pampering. Register on Eventbrite. \$10-\$20. 10:00 a.m.-1:00 p.m., Sims Rec Center, 311 E. Parkerville Rd., Cedar Hill.

Submissions are welcome and published as space allows. Send your current event details to adam.walker@nowmagazines.com.

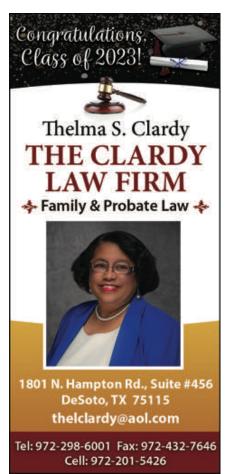
























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M. Jessen

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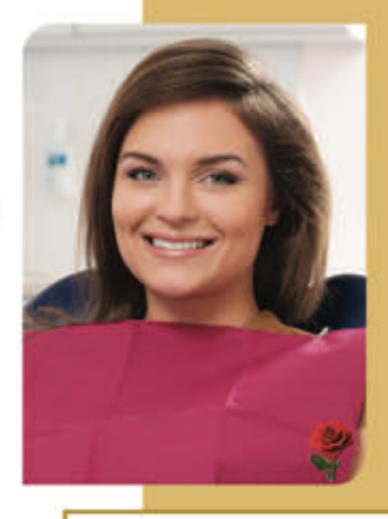
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