MansfieldNoW

MAY 2022

A Celebration of Culture

The Nguyens share their beautiful Asian **American story**

Power That Moves

This dancer finds any kind of music **inspirational**

In the Kitchen With Sonyci Dorsey

Also inside: Scavenger Hunt Crossword/Sudoku

Featured Business: Dirty Job Brewing

Postal CustomerECHM28 EDDW....

2022 - 2023 Student Faith Formation Registration begins May 1

Come to the Church Office during Business Hours IN MAY to Register



Session A (G K-5) - Sunday: 8:45 am - 9:45 am Session B (G K-5) - Sunday: 11:30 am - 12:30 pm



Jr. High (G 6-8) Sunday: 11:30 am - 12:30 pm

For Elementary Faith Formation & Sacramental Preparation, REGISTER EARLY to save a spot for your child! Office business hours are posted online.





Session (Y2) 8:45 am - 9:45 am Session (Y1) 11:30 am - 12:30 pm

The model is for your teen to begin Confirmation Preparation in the 9th grade, by attending our 'Faith Formation' sessions.

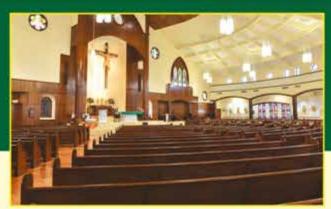
The following preparation classes would then be offered as part of the 10th grade school year.

(This culminates with the candidates receiving the sacrament in the spring semester of Sophomore year.)



Saturday - 5:00 pm Saturday - 7:00 pm (Spanish)

Sunday - 8:00 am Sunday - 10:00 am Sunday - 12:00 pm (Spanish)





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Alan M. Taylor, II MD, FACP, FACC

Barbara M., Burleson, TX

I am a 58-year-old grandma and wife. I have tried most every diet, and after time, the weight came right back on!

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I saw a DSC ad on Facebook, and I did some checking on them for about a month. I messaged them and told them about my thyroid disease and fibromyalgia health problem. They said they never had had anyone with the fibromyalgia, but it did great on thyroid disease. So I went in and said my main goal was not the weight loss as much as I was wanting the pain to get better, and if I lost weight that would be great!

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CELEBRATION OF CULTURE

Asian heritage is honored in the Nguyens' American home.

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ON THE COVER

Miller and Malitha Nauven allow the community to enjoy their unique story.

Photo by Lori Baur.

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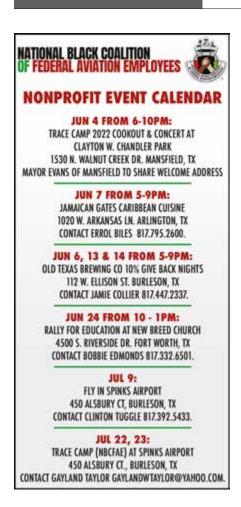
Mansfield Family ...

"You're living the life," my husband says frequently, and I am, which includes writing and editing for MansfieldNOW. He jokes, "You're like a celebrity."

It's been only nine months, and I've had the pleasure of meeting and talking to some of the most incredible people in this community. Because of your generosity, I have been treated to lunch, had dinner cooked for me and received endless hugs. I even received an encouraging text from the mayor saying, "Keep up the good work, and we are pulling for you." This was all unexpected. Thank you for inviting me into your world. It is an honor to engage and serve such wonderful people.

Your stories are inspiring, and conversing with many of you makes my days even better. I am cooking more than before because the cooking features motivate me to experiment with different recipes. As I journey throughout the city taking pictures for the Around Town feature and interviewing for the articles, I find it rewarding because people aren't accustomed to being celebrated. In a world that focuses on people's imperfections, I have the unique opportunity of celebrating people. Our actions and positive words have power. Simple words can change a person's day, week, month, year and life. Today, I challenge you to encourage someone and build them up with your words or small gestures.

Have an outstanding month!







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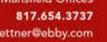






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A Celebration of Culture

— By Sandra Walters

In the United States, the cultural history and practices of Asian Americans and Pacific Islanders is known as Asian Pacific American Heritage Month. This celebration is held annually during the month of May and honors the contributions Asian Americans and Pacific Islanders have made to America. Miller and Malitha Nguyen share their unique story.

"I was born in Sri Lanka, but my family left with only one suitcase when I was about 9 months old," Malitha Nguyen said. "My brother had a heart condition that could be treated in the U.S., so my parents applied for a medical visa. Fortunately, it was granted. We arrived in America, and my brother underwent surgery as well as treatment."

Malitha's family intended to return after the procedure, but their homeland was in the midst of a civil war. As a result of the unrest, they desired to stay in the U.S., so they completed the applications to become permanent residents. In order to help, Malitha, her brother and her mom learned English and assimilated into American culture more quickly, her dad hung a note in their apartment that read, *English Only*. "In 1985, we went through the naturalization

process. I am blessed to have United States citizenship now and the opportunities it has provided," she said.

The Sri Lankan Civil War began around 1983 and ended in 2009. During the 26-year war, the Sri Lankan government and the Tamil Tigers, an insurgent group, were at odds. Even though the Sinhala-majority south was far removed from the island's northern and eastern battlegrounds, Tamil minorities endured ethnic conflict and discrimination everywhere.

Miller began to share his story, "We came to America when I was 4 months old. My parents left Vietnam with 10 children while my mom was pregnant with me."

During the Vietnam War, North Vietnam's communist government was opposed by South Vietnam and its main ally, the United States. The ongoing Cold War between the United States and the Soviet Union exacerbated the issue. The Vietnam War claimed the lives of approximately 3 million people, including more than 58,000 Americans, with Vietnamese civilians accounting for more than half of those killed.

"My father translated for the American and Vietnamese soldiers and worked with the U.S. Embassy," Miller said. "I believe this relationship helped us escape. I was named after the ship, *Sgt. Andrew Miller*. The U.S. military in Vietnam used this ship to evacuate after the fall of Saigon. We first traveled to the Philippines, but ultimately, we made it to a refugee camp in Arkansas in 1975. Many people perished trying to escape Vietnam, but my entire immediate







family, along with some other relatives, made it to America. I'm grateful to live in the United States. It's by God's grace that we made it."

While living in Arkansas, Miller's family was informed about more opportunities in Texas, so they relocated to the Dallas/Fort Worth area. Upon arriving here, his parents thought opening an Asian grocery store would be profitable. Therefore, the Nguyens worked hard and saved money to open the Vietnam Market. However, around 1987, his parents sold the store to his uncle who renamed it Vietnam Plaza. This uncle went on to open a few more stores in other parts of DFW. Moving to the Lone Star State proved to be beneficial.

Establishing a new life in the United States presented difficulties at first, and learning the language and culture while appreciating their own heritage was a challenge. "As a child, I attended school and lived in a neighborhood with some people who lost loved ones or had family members who served bravely in that unpopular war. There was resentment and blame toward us. My siblings and I were called derogatory names for Vietnamese and Asian people," Miller added.

"But we assimilated into the American culture and continued our traditions as well. We celebrate the Lunar New Year, commemorate memorials and respect our elders. That's huge in our culture."

As time went on, they adjusted. Eventually, Malitha and Miller entered the field of education after graduating from college, and their paths crossed. They taught at the same school in Fort Worth, and before long, the two married.

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The Nguyens moved to the Mansfield area in 2004 and began teaching in Mansfield Independent School District shortly after. Then, they started their family. Miller and Malitha have four beautiful girls: Eliana, Addie, Olivia and Lila, and are also raising their niece, Lan. Their children are growing up in a very diverse place, so they don't have the challenges their parents endured.

"I see some of our traditions are disappearing, but we try to preserve some values from our Asian cultures," Malitha added. "For example, my parents live with us now, and it's not uncommon for Asian families to have multiple generations living under one roof. It is our responsibility to take care of our aging parents, and in turn, they help provide care for their grandchildren.

"At some point, our girls will visit Sri Lanka and Vietnam. My hope is that our cultures and language won't fade away," Malitha continued.

As an educator at Jandrucko Early Learners Academy, one key component Malitha shares with her pre-K students and parents is the idea of embracing their culture. "Encourage your children to keep their native language alive and remember their roots," she advised.

Miller is currently the language acquisition teacher at Cabaniss Academy of Young Scholars. He previously taught third grade at two other MISD schools. He concluded, "I love serving my students and parents! Being from another culture helps me empathize and relate to their needs as immigrants in this great country." The Nguyen family takes great pride in sharing their heritage with the Mansfield community. NOW



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Music and its rhythms have always moved Nancy Sandoval, even as a baby. "My mother told me I danced before I walked," Nancy said. "She remembers me holding on to my crib and moving up and down and side to side when I was 9 months old."

Born in El Paso, Texas, Nancy was raised in Juárez, Mexico, just across the Rio Grande River. "I started dancing at the Citlali, a folkloric academy, at age 4," Nancy shared. "My instructor was the academy's owner, Lupita Bernal. We performed with the academy, both in Juárez and El Paso, every month." The dances performed were traditional dances from each state in Mexico, as well as from Spain, other countries and Hawaii. "I really enjoyed all the dances I learned, but the Hawaiian dances were some of my favorites," she recalled. "I loved my pretty hula skirt and how it moved." Seamstresses at the academy

made the traditional Mexican dance costumes and other needed costumes, but each dancer's mom added decorations, such as beads and colored glitter, to personalize the outfits.

By high school, Nancy was in cheer competitions. After graduating high school in Mexico, she studied at The University of Texas at El Paso, graduating with a degree in psychology and sociology. "I kept busy creating choreography for quinceañeras and attending dance classes at a local gym," she shared.

Nancy married, and in 2005, her family moved to Slidell, Louisiana, for her husband, Hector's, job. Although away from her family for the first time, Nancy felt welcome in Slidell. She worked as a fitness instructor and dance teacher. "We moved to Mansfield in 2010 with our kids Hector, Michelle and Santiago. Now, I am a Zumba and group fitness instructor at Lifetime Athletic Mansfield celebrating 10 years. She brought her choreographing skills to local quinceañeras and weddings and has been a volunteer performer during Hispanic Heritage celebrations at area elementary schools. Nancy also started

volunteering at the Mansfield Public Library and later became an employee at the library in 2013 as a bilingual storyteller for preschool children. She's also been a Spanish language reader in nearby Arlington's Saint Matthew Parish.

Any kind of rhythm or beat inspires Nancy to move in dance to that beat. "I love dancing to Latin music, but I also like African beats, belly dance. soca dance from Trinidad and Tobago in the Caribbean and hip-hop," she stated. "Each rhythm has a unique beat that makes dancing a whole different experience. I think my background study makes a big difference. By studying at the dance academy, I feel I didn't just train my body to move to different rhythms, but I trained my ears, as well, to 'read music.' I feel confident performing in front of people. I don't get butterflies or stage fright. Instead, I get excited every time I teach or perform. My main mission or purpose in sharing my talents is to make people aware of how our bodies have the power to move to different rhythms to express our emotions and feelings."

When not dancing or working, Nancy enjoys going to movies, traveling, cooking, tasting new foods and spending time with her family. She cites the cultural diversity she's found in Mansfield as a plus.

When asked what advice she gives to younger dancers in training, Nancy replied, "It's important to follow his or her dreams. Dancing is something that can be used forever, and having dance as part of one's life is very rewarding."

She enjoys connecting with audiences. "I'm always sincere and authentic," she said. "I do many facial expressions while dancing. I feel that helps audience members have a connection with the music, so they are dancing with me. In that way, I transmit my energy to each of them.

"I love to dance. It makes me feel happy and allows me to express myself in a unique way," she added. "Dancing makes me feel in the moment, and dancing to special songs also brings back memories I've made during all the stages of my life." Music and dancing are important aspects of Nancy's memories and will continue to be part of making new memories and friendships in her future. NOW

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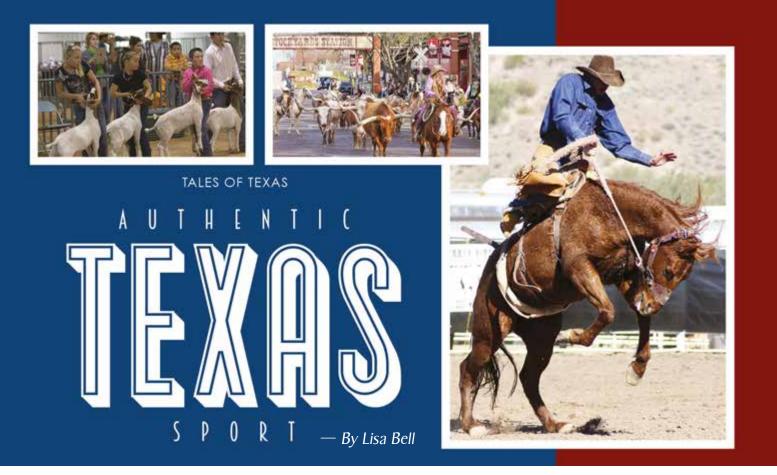
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While Texans adore Friday night lights and other sports across the state, there is nothing guite like a rodeo. In the smallest counties across Texas, communities gather for both annual and regular events. That shouldn't surprise us, considering the Lone Star State took a leadership role at the beginning of this beloved sport.

Rodeos grew from the cattle industry, though no one knows for certain where or when the new sport began. Several towns inundated with cows claim the first rodeo. Santa Fe, New Mexico, claims they held the first one in 1847. Deer Trail, Colorado, boasts an event in 1869. But Pecos, Texas, declares an authentic rodeo in 1883 — the first that offered prizes.

Rebuilding from war, large ranches and cattle drives ushered in a golden era of cowboys, attracting young men seeking adventure. As young men do, they showed off skills through competitions, often inviting cowboys from other ranches to claim bragging rights or money.

As the industry flourished in the Southwest, West Texas and areas in the Panhandle of Texas established large ranches. John S. Chisum, Oliver Loving and Charles Goodnight became wellknown names, smaller ranches popping up beside them.

When fencing arrived in the late 1880s, however, the range cowboy experienced confinement. With communities building near ranches, holidays became social events and a perfect environment for cowboys to shine with abilities of roping, riding and wrangling. Some even honed their singing talents.

The railroad expanded, changing the way cowboys worked. During the off-season, many joined shows and rodeos, exhibiting ranch life skills. Rodeos became annual events in various places, enticing cowboys to follow. While some held only small contests, the first two rodeos on record consisted of the 1883 one in Pecos, Texas, and one held in 1888 in Prescott, Arizona, which was the first rodeo to charge admission. The first indoor rodeo took place in Fort Worth, Texas, during 1917.

According to World Atlas, more than in any other professional sport, residents of Texas played major roles in the development and leadership of rodeos. Texas boasts more hall of fame honorees than any other state, with more than 50 on record. And the Lone Star State quickly became the focal point of the professional sport native to the Southwest.

Then in 1997, the state legislature voted rodeo as the official state sport of Texas. Only two other states, Wyoming and South Dakota, share that designation for rodeo. In 1993, Mesquite, Texas, received a legislative declaration as Official Rodeo Capital of Texas because the city hosts more rodeo events than any other in the state.

Today, rodeo participation includes far more than the lonely range cowboy. The Women's Professional Rodeo Association will celebrate its 75th anniversary in 2023. Once thought of as a choice between glam or grit, most women who ride professionally maintain both. They work and ride as hard as any man, looking beautiful doing it. Once considered a shameful

display for women, professional female rodeo riders now command respect, admiration and wide publicity. Women compete, enjoying wonderful careers. Many use their fame for good causes.

Children, both boys and girls, also get involved at young ages. Many compete in mutton busting while between 35 and 55 pounds. Mini-bull riding events also bring in competitive kids, geared to their size and skill-levels. State requirements protect these junior rodeo lovers, especially their heads and faces. Like men and women of rodeo, the youngsters simply love the competitive aspect.

Throughout the years, Texas continued supporting the rise of rodeos. There are many organizations, like the Texas Senior Pro Rodeo Association, created in 1978, Texas Youth Rodeo Association, which caters to families, Texas Junior and Texas Junior High Rodeo Associations, and more. Anyone interested can find support and information. Many colleges in Texas also offer rodeo teams.

Often coupled with stock shows in Texas, the love of rodeo continues growing. The events provide an opportunity for families to experience something they may never live. A long way from the initial days of cowboys competing on the open range, Texans — both native and transplanted have the chance to experience the thrill of animals and riders doing what they love.

While the sport of rodeo changed over the years, the spirit of competition remained the same. Everyone involved wants to do their best, ride away with bragging rights and perhaps with a little money in their wallets. NOW

Sources:

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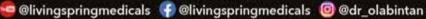
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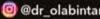


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Around Town



Young and Younghee Kim, owners of Crispy Chicken and Seafood, greet customers with a smile.



Steve Farmer shares his amazing story while having lunch with a friend.

Zoomed In:Everly Henshaw

Everly Henshaw rushed into Half Price Books with her father and began collecting books with excitement. Everly asked, "Dad, can I sit right here?" After receiving permission, she sat down with a determined expression on her face and dove into her enormous stack of books.

Reading is a serious undertaking for Everly, who was devoted to reading the *Five-Minute Princess Stories*. Wearing her yellow soccer uniform from her Saturday-morning game, perhaps Everly is imagining herself dressed as one of the characters in her books.



Kyla Lee hugs her student, Jackson Sheffler, at The Bethlehem Academy.



Kyra Taylor and Molly Minyand celebrate their accomplishment of being inducted into the National Junior Honor Society.

By Sandra Walters



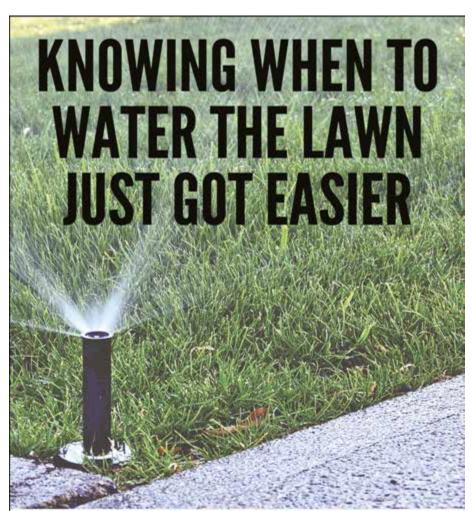
Isaiah Price shares his ribbons from the Math Olympics for Seventh Grade Computation.



Wakely Henshaw adds to her collection with another Harry Potter book.



Lake Ridge High School Baseball player, Chris Velasquez, heads to school.



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BusinessNOW

Dirty Job Brewing

By Sandra Walters

Dirty Job Brewing 117 N. Main St. Mansfield, TX 76063 (682) 518-1791 Derek@dirtyjobbrewing.com https://www.dirtyjobbrewing.com Facebook: Dirty Job Brewing Twitter: @dirtyjobbrewing Instagram: @dirtyjobbrewing

Hours: Sunday: Noon-6:00 p.m. Monday-Tuesday: 2:00-8:00 p.m. Wednesday-Saturday: Noon-10:00 p.m.

Derek Hubenak started volunteering at a brewery helping to bottle beer in the early 2000s. "I watched the process and asked the brewers questions while assisting," he said. "I found

the process to be creative and intriguing. It is a science, an art. I fell in love with craft beer. The beer tasted different than the beer bought from the grocery stores. It was a better quality. I bought a home brewer's kit and began experimenting. This procedure reminded me of cooking, so I learned to follow instructions and make recipes."

Lashawn Hubenak, his wife, arrived home one day to find their brand-new floors soaked with a liquid. Derek had been brewing and spilled 15 gallons of beer all over. She inquired, "What are you doing?" Derek replied, "It's a dirty job, and someone's gotta brew it!" They had no idea this experience would help them create the name of their business, but this is where the name Dirty Job Brewing was born. From this point, Derek continued to perfect his skills. He made unique flavors by adding fruit and other ingredients. His wife joined him in the process by assisting with quality control, since that's her expertise in corporate America. She made batch records for

quality assurance and took notes of the recipes for the future.

Eventually, they opened Dirty Job Brewing. At first, Dirty Job Brewing was strictly a brewery, but when the pandemic hit, they made adjustments to allow them to keep their staff employed, who they refer to as "family." They started serving food, and that kept them going. They became Dirty Job Brewing and Craft Kitchen. Behind the bar, the establishment has a full kitchen. They serve appetizers, pizzas, brats, salad, soup and desserts. The new menu has been popular. "Our regulars kept us open with their word-of-mouth advertisements. People would get beers and food to go, and we're still growing," Derek said.

Once they reopened, they reconvened with their weekly and monthly activities, which make them stand out among the competitors. "We play Brews & Brains Trivia every Friday. We also have a book club called Let's Get Lit that meets once a month. We even provide space for the Hair of the Downward Dog Beer and Yoga group. They work out two hours before we open. And last week, we had a crawfish boil," Derek continued. "We actually host many private events, from birthday parties, baby showers, retirement parties to weddings and receptions. Lashawn is our events coordinator at the brewery."

People travel from everywhere to try their beer. Someone from New Hampshire came to visit the Dirty Job Brewing and enjoyed it so much. Derek said, "I sent him home with beer for his friends, and eventually, those people vacationed in Mansfield to taste more of our beer."

Dirty Job Brewing offers cucumber wheat, pickle wheat, spicy pepper pickle blonde ale, vanilla oatmeal stout with cinnamon nutmeg, blueberry agave wheat, maple pecan porter and honey blonde ale, raspberry hefeweizen, wheat and Citra hop ipa, black ipa and mango orange hard seltzer, cucumber ipa, and Lashawn has a brand-new beer coming out soon. The Hubenaks and family suggest that you simply drive or walk to downtown Mansfield and have a great time at Dirty Job Brewing. NOW







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"My love of cooking started at the age of 6 and baking at 9. I have heard that cooks hate to bake, and bakers hate to cook. But I love them both," Sonya Dorsey said. She has been creating recipes since she was a little girl. Sonya finds cooking to be therapeutic. "When I am in the kitchen, it's my zone. I can create and experiment while finding peace." She attended culinary arts school and graduated in 2015. Before culinary school, she was a self-taught baker. Her mom was a pastry chef, and her dad's mom was a chef as well. Cooking is in her blood. "My food has a big Texas flavor with a Louisiana flare," she said, "because I'm originally from Shreveport, Louisiana." Now

Louisiana Stuffed Shrimp

Stuffing:

12 jumbo shrimp, peeled, de-veined, tails-on

- 1 Tbsp. butter
- 1/2 cup onion, finely chopped
- 1/4 cup celery, finely chopped
- 1/2 cup green pepper, finely chopped
- 1/4 cup fresh parsley leaves, finely chopped
- 1/2 Tbsp. roasted minced garlic

- 1 cup seasoned breadcrumbs
- 1/3 cup sour cream
- 1/2 tsp. organic sea salt
- 1/4 tsp. cayenne pepper
- 1/2 tsp. lemon pepper seasoning
- 1 Tbsp. Dijon mustard
- 2 tsp. Worcestershire sauce
- I tsp. fresh lemon juice
- 1 egg

I lb. fresh crab meat, shell and cartilage removed

Frying:

Cooking oil

I extra-large egg

1/2 cup milk

2 cups flour

1/2 tsp. ground organic sea salt

1/2 tsp. cayenne pepper

1/2 tsp. lemon pepper

1/2 cup cornmeal

Lemon wedges

- **1.** For stuffing: Split the shrimp down the bottom center. Flatten the shrimp; set aside.
- **2.** In a large skillet, melt the butter, add onions, celery and green peppers; sauté. Add the parsley and garlic; cook for 1 minute. Remove from heat to cool.
- **3.** Mix the breadcrumbs, sour cream, organic sea salt, cayenne pepper, lemon pepper seasoning, mustard, Worcestershire, lemon juice and egg. Stir until well blended. Stir in the onion mixture. Fold in the crab meat; do not break the lumps apart. Stuff the shrimp with the stuffing mixture.

4. For frying: Heat the oil in a deep-frying pan. Mix the egg and milk in a bowl. 5. In another bowl, mix the flour, sea salt, cayenne pepper, lemon pepper and commeal together. Roll the shrimp in the dry mixture, and then dip them in the egg and milk wash. Fry until golden brown; serve with lemon wedges.

Homemade Tartar Sauce

I cup real mayonnaise

I cup remoulade sauce

1 Tbsp. crushed capers

1/2 tsp. Worcestershire sauce

I tsp. organic sea salt

2 Tbsp. dill pickle relish

1 Tbsp. lemon juice

2 tsp. hot sauce

1. In a mixing bowl, mix all ingredients until well combined. Chill and serve.

Bacon Wrapped Chicken Breast With Spinach Cream Cheese Filling

I bag baby spinach

1 1/2 Philadelphia cream cheese loafs

1 tsp. ground basil

I tsp. ground thyme

I tsp. ground garlic

1 tsp. ground onion

I tsp. ground parsley

I tsp. organic sea salt

4 chicken breasts

12-16 pieces of bacon

1 Tbsp. olive oil

- **1.** Preheat the oven to 375 F. Chop the baby spinach into shreds, add the cream cheese and half of the herbs and spices; set to the side.
- 2. Split the chicken breasts down the middle. Stuff each chicken breast with the cream cheese mixture. Sprinkle with the remaining spices. Gently wrap each chicken breast with bacon until completely covered.
- 3. In a deep baking pan, pour the olive oil. Add each wrapped chicken breast to the pan. Wrap the pan with foil; bake, covered, for 30 minutes. Remove the foil: return to the oven for 20 minutes: serve hot.

Baked Sweet Potatoes With Cinnamon Butter

6 sweet potatoes 1/2 cup, plus 1 Tbsp. water (divided use) 1/4 tsp. cinnamon 6 Tbsp. sweet cream butter 1/2 cup brown sugar





Please call for more details: 817-225-2200

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- **I.** Preheat the oven to 365 F. Wash the sweet potatoes; wrap them with foil. Put the sweet potatoes in a deep baking pan. Pour 1/2 cup water in the bottom of the pan.
- **2.** Bake the potatoes until tender; allow to cool. Peel the sweet potatoes; cut them into medium cubes.
- **3.** In a clean pan, add the potatoes, cinnamon, butter and brown sugar. Add I Tbsp. of water; bake until the top is crisp. Serve immediately.

Seasoned Skinny Fries

1 tsp. organic sea salt 1/2 tsp. cayenne pepper 2-3 large russet potatoes Crisco Oil, for frying

- **I.** Mix the organic sea salt with the cayenne pepper.
- **2.** Slice the potatoes 3 inches long and 1/16 to 1/8 inch thick. Soak the potatoes in water for 15-20 minutes. Remove the potatoes from the water; dry on a paper towel.
- **3.** Heat the oil on minimum heat. Fry the potatoes.
- **4.** Take the fries out of grease; place them on a paper towel to drain. Sprinkle with the sea salt and cayenne pepper mixture to taste.



Country fried cabbage

I large head cabbage 6 pieces smoked bacon 1/4 cup onion, sliced 1/2 tsp. organic sea salt 1/4 cup water

- **I.** Wash and cut the cabbage into thin slices. Slice the bacon into 1-inch pieces.
- **2.** In a deep skillet, fry the bacon on medium until crisp; keep the fat.
- **3.** Place the sliced cabbage, onion and sea salt in the pan. Fry for 10-15 minutes; add water. Cook for another 10 minutes. Remove from heat: let set for 15 minutes. Serve.

Old-fashioned Lemonade Tea

6 cups spring water (divided use)
2 cups pure cane sugar
2 cups freshly squeezed lemon juice
2 tea bags

- **1.** Combine 4 cups of water and the sugar in a medium saucepan. Boil over mediumhigh heat, stirring constantly, until the sugar dissolves. Add the lemon juice.
- **2.** In a pot, boil the remaining water with the tea bags until the tea is completely dark; let sit for 1 hour.
- **3.** In a pitcher, mix the lemonade and tea, cool in the refrigerator until chilled.





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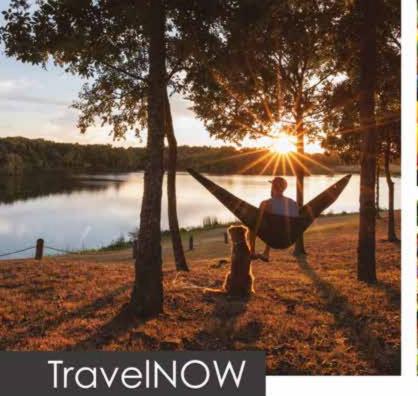




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Small Town, Big Advent

If you are looking for a weekend getaway that's packed with adventure and full of small-town charm, look no further than Denison, Texas. Just 75 miles north from the heart of Dallas, you'll be in town and checked in before you know it with plenty of time left to explore!

Known as the gateway city, Denison was founded in 1872 in conjunction with the Missouri-Kansas-Texas Railroad and was the entry point of the first non-Texas-based railroad. The historic Katy Depot still stands today and can be reserved for private events and weddings. You can also visit the Red River Railroad Museum one block away at 124 W. Main Street.

Denison is the birthplace of President Dwight D. Eisenhower. He was the only one of David and Ida Eisenhower's seven children born in Texas. David brought his wife and their two young sons, Arthur and Edgar, from Hope, Kansas, in 1889 to pursue a new life in Texas, working on the railroad. His home has been restored and is open to the public for tours.

The home of T.V. Munson, who saved the French Wine Industry from devastation in the 1800s, Denison is rich with

craft beverages that you cannot get at home. Take a stroll through the vineyards at Hidden Hangar Vineyards and Winery. From 1928 until the 1950s, the land the vineyard sits on served as a training airport for "wanna-be" pilots and a fuel stop for those traveling between Oklahoma City and Dallas. The tasting room is open Thursday-Sunday from 12:00-6:00 p.m., where you can sip on varietals such as Riesling, Cabernet Franc, Malbec and Syrah.

For whiskey lovers, Ironroot Republic Distillery is a must. The name "Ironroot" pays tribute to T.V. Munson and the "iron" roots that helped save the French wine industry. The distillery is family-owned and -operated by the Likarish brothers (Robert and Jonathan) along with their mother Marcia, and everything is mashed, fermented, distilled, barrel-aged and bottled on-site in Denison. The spirits are made using high-quality heirloom and non-GMO corn from local farms to capture the authentic flavor of North Texas. The distillery is open for tours every Saturday at noon and 2:00 p.m.

If you like farm-fresh ingredients, check out the Downtown Denison Farmers Market. From farm-fresh eggs, meat, produce and even canned goods, purchase something locally grown and get to know our farmers! You can catch the market Saturdays on the 700 block of Main Street from the beginning



ure

of May through October.

After you've hit up the Farmers Market, take a stroll down Main Street, where you will find antique shops, boutiques, breweries, wineries and restaurants. Peruse the public art displays, galleries and studios and even create a masterpiece of your own to take with you. And in the summer, you can enjoy Music On Main, the 10-week free summer concert series on Friday nights.

For the outdoor lovers, Denison is surrounded by picturesque parks, trails and natural beauty. From biking around Waterloo Lake, to camping at Eisenhower State Park or striper fishing on Lake Texoma, you're sure to relax, unplug and unwind.

Rebecca Robinson Marketing & Tourism Coordinator Denison, Texas Photos courtesy of the city of Denison, Texas.











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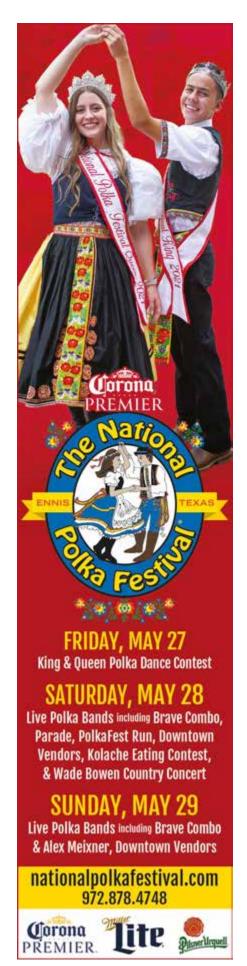




















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Solutions on page 52

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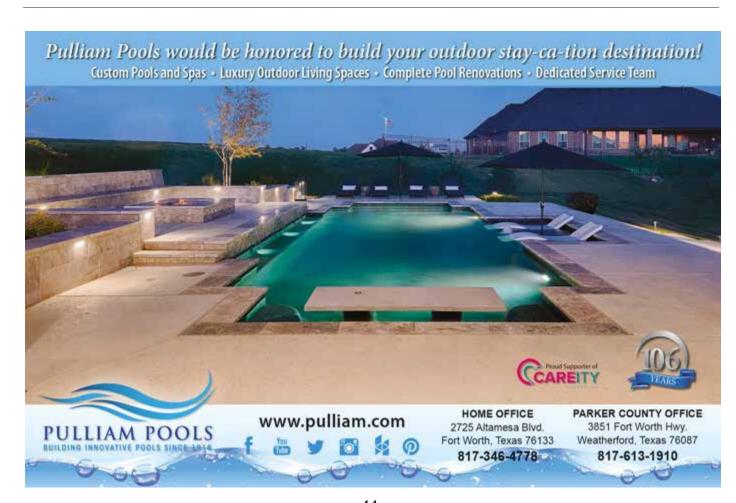
Across

- 1 "--- in 'Sierra"
- 4 Turn in a horizontal plane
- 7 European peaks
- 9 Duelist's assistant
- 12 Suffer from the heat
- 13 Wonder Woman's General, Steven -
- 14 This crowd controller's a real weepie
- 16 First of her kind
- 17 Iroquoian word for "beautiful water"
- 18 Scientific truth
- 19 "I --- be sedated" (Ramones)
- 21 Jayhawk state
- 24 Got agitated
- 28 Lawyers' league
- 29 Merry
- 30 Alamo commander
- 32 Travail
- 33 Cat shy about floaters
- 34 Took --- loan
- 35 Tire inflation measure
- 36 Enunciate

Down

- 1 Looked after
- 2 Unfamiliar
- 3 Bug's last sound
- 4 Public faces
- 5 Poker bullet
- 6 Original
- 8 No-one wants the short one
- 9 Durable type of steel
- 10 Old Chevy model
- 11 Pulled a gun
- 15 Tagger's art
- 20 "I shall not find myself so --- die": (Antony, "Julius Caesar")
- 21 Houston suburb
- 22 Start of an incantation
- 23 Civil rights org. since 1909
- 25 Religious
- 26 Short-lived Argentinian First Lady
- 27 Holdup
- 31 Old tape letters

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Sudoku Puzzle

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Medium

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Easy

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Solutions on page 52





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5/4-5-24

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5/6

Open Mic Night:

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5/7

2022 Spring Style Show & Raffle:

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Outdoor Movie Series — Jungle Cruise:

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5/7-5/28

Walking Tour:

Mansfield's historic preservation officer and his volunteers will conduct guided walking tours of Historic Downtown Mansfield. Free, but registration is required. 9:00-10:30 a.m., Mansfield Historical Museum and Heritage Center, 102 N. Main Street. (817) 473-4250.

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