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M A G A Z I N E

MAY 2021

Catching Dreams

Determination creates
a bright future for
Raigan Robinson

In the Kitchen With
Kathi Campbell

Also inside:
Scavenger Hunt
Crossword/Sudoku
Featured Business:
Atlas Foundation



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Lisa G.

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ON THE COVER

*Volunteering confirms
Raigan Robinson's desire to
pursue nursing.*

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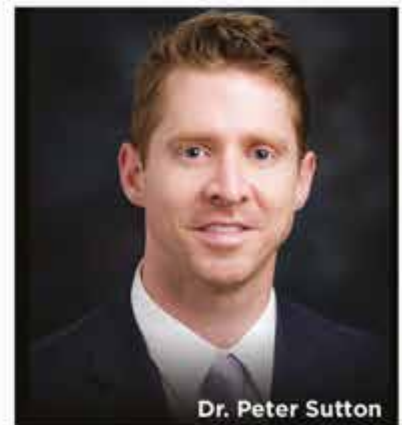


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EDITOR'S NOTE



Lisa

Lisa Bell
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Ahh ... the sweet scents of late spring ...

Not so long ago, we shivered in our homes. Hunkered down beneath thick blankets, quilts and layers of clothing, we huddled near fireplaces, burning flashlights. Personally, I pulled out a rarely used decorative oil lamp, overjoyed at my foresight to purchase fresh oil. Some had no water for over a week. When the flow returned, we boiled it the same way our ancestors did. I encouraged my grandchildren to imagine living without electricity or running water. We wholeheartedly agreed — modern conveniences make life easier and more pleasant.

As the sun floods our homes with warmth and brightness, snowmageddon dims in the recesses of our brains, a distant memory we don't want to relive anytime soon. Hopefully, we won't — for a long time anyway. Why bring this up now? As Winston Churchill said, "Those who fail to learn from history are doomed to repeat it."

While we have the warmth of late spring, we can prepare for emergencies. Texas also knows the devastation of tornadoes, floods and other natural disasters. Never take anything for granted — especially the people you love. Be ready in and out of season. We can all become more proactive with small steps. I don't particularly want to live in fear. However, storing water, planting gardens and learning to can or freeze fresh produce not only helps in emergency situations, it can also make life better in general. Who doesn't want garden-fresh summer vegetables when fall arrives? Plan now for later.

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Ricki Ingalls

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CA

While most little girls play with dolls, Raigan Robinson took a unique approach. Even as a 2- or 3-year-old toddler, she cared for her babies until they healed from pretend illnesses or injuries. Her mother, Jackie Robinson, said, "She'd tell me, 'I healed her.'" In her young mind, that was the way to play with dolls — caring for the sick and bandaging their hurts.

By fifth grade, Raigan declared she wanted to be a baby nurse, later discovering the proper term of neonatal nurse. Having been around many babies in her life, Jackie nicknamed Raigan "The Baby Whisperer." The 20-year-old has a knack for calming babies and children, which will work well in her future.

"It's always been a part of me, even before I can remember," Raigan admitted. "I just always wanted to take care of them." Through the years, that desire never faltered.

By the time she reached high school, Raigan had a plan in place to achieve her dreams. Failure has never been an option. She doesn't have a Plan B, believing that the path she chose will happen. So far, everything has fallen into place exactly as she envisioned.

Starting with classes in Centennial's nursing program, giving up cheerleading to do so, Raigan graduated with her CPCT license. As a Certified Patient Care Technician, she can do anything a Certified Nurse Assistant can do, plus she is a phlebotomist and can monitor EKGs. As a senior in high school, she did clinicals at the hospital and elementary schools.

Following high school, Raigan received a two-year scholarship through the Burleson Opportunity Fund to attend Hill College. The fund comes from individual and business donations and assists local students in taking basic courses near home. Extremely close to her parents, she deemed it the best path rather than dual credit during high school. Focusing on critical nursing classes, she wanted to come out of school with A's to pursue her ultimate dream

*"HER CARING FOR OTHERS IS SECOND TO NONE,
AND SHE TRULY HAS A SERVANT'S HEART."*

TECHNICAL

— By Lisa Bell

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of becoming a nursing student at The University of Texas at Arlington. At Hill College, Raigan made the president's list twice with a 4.0 GPA and the dean's list three times.

"UTA is one of the best nursing schools," she divulged. "They have a smart hospital there, which can convert to an authentic working hospital if needed." On March 3, Raigan received acceptance to UTA, where she must complete five pre-nursing classes prior to applying to the nursing school. It is the next step in her plan of becoming a neonatal nurse. "I always knew I'd go to UTA," she shared. "I want the best of the best." Entering with a high GPA, she will start in the summer as a member of Phi Theta Kappa Honor Society.

In September 2019, she began volunteering at Texas Health Huguley Hospital. Until the pandemic, she spent her volunteer hours on the blood disorder/oncology floor. "Working in the neonatal unit requires a BSN," Raigan explained. "But volunteering helped confirm my decision to become a nurse eventually."

Working with Angela Trompler, Texas Health Huguley's nurse manager, as a mentor, Raigan earned a spot as an intern. That meant she got to help with patients — bathing, transporting to dialysis and such, and in general, taking care of them.

"Raigan is a great example of why the Burleson Opportunity Fund is both beneficial and successful! I have had the opportunity to develop a relationship with Raigan, as both a mentor and a friend," Angela commented. "I saw her passion for caring for patients and her willingness to learn and try new things. She was able to give back to her community by volunteering at Texas Health Huguley on our Med/Surg unit, all while continuing her

education toward nursing school. I see a lot of myself in Raigan, as I am also a former recipient of the BOF. We both love helping people and utilized the opportunities to reach nursing school."

The young woman draws on inner strength every day to achieve her goals, which she declared comes from God. "He gave me the desire to be in that profession. He will give me the strength to be with sick babies and handle it."



"She never changed her mind, and nothing will stand in her way," admitted Jackie. "She's the sweetest, kindest person and so grounded. God gave her every skill she needed to be the best person possible. She has the heart of a lion."


Her father, Donnie Robinson, doesn't hide his pride. "She's awesome. I'm very proud of the work she's done and that she refuses to settle for less," he said. "Raigan is the most resilient, hardworking, compassionate young lady I have ever had the privilege of knowing. Her caring for others is second to none, and she truly has a servant's heart. She has remained dedicated and steadfast to her dream. She amazes me in so many ways."

At the core of who she is, Raigan has a heart that wants to heal, and while efforts don't always produce the desired outcomes, she also believes she can offer comfort when needed. After graduating with a BSN, hopefully within the next three years, she wants to work at Cook Children's Hospital. That is her third life goal.

"I'm stubborn with my determination," she said with a smile. "Strive for your dream. Don't give up. Strive for what you believe in and what you want to do with your life. Dreams can come true." As this young woman from Burleson chases her dreams, she moves forward, poised to catch them all. **NOW**

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BusinessNOW

Atlas Foundation

— By Lisa Bell

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In the 1950s, Willard Murdock worked as a residential flooring contractor. Before long, he realized many homes needed leveling before they could install new flooring. With few companies providing that service, he saw a massive need and the opportunity to meet it. In 1958, he started Atlas Foundation. Twenty years later, he handed control of the business over to his son-in-law and daughter, Glenn and Mary Ford. She ran the office, while he leveled homes.



In time, their sons, Darrel and Lonnie, joined the family business, learning all facets. Now co-owners, still involved in every aspect, they prepare their children to take ownership, eventually, and continue the legacy. Darrel's daughter, Lindsay Green, works as the office manager. Lonnie's son, Kyler Ford, continues learning the business from his father and uncle.

Although Lindsay and Angie Esparza, her office assistant since 2014, have first contact with a customer, Lonnie and Darrel remain the faces of Atlas. They meet with customers to provide estimates. Based on the integrity ingrained into them from birth, they provide estimates only on needed services after confirming the homeowner has a foundation problem. "There's almost always settling with a house in this area," Lindsay shared. "Sometimes, the concerns are nothing more than settling and need only to be watched."

The company began with repairs primarily on pier and beam homes. While they continue leveling those structures, they

also take care of concrete foundations and tunneling for plumbing repairs. With the newer techniques of Foam Injection Concrete Lifting, they can repair driveways, parking lots, sidewalks, patios, pool decks and more.

When Atlas Foundation completes the work, they provide a lifetime, transferable warranty. The lifetime applies to the home's life, and they don't charge a transfer fee if the owner sells. "At Atlas, if you live in a house we repaired, the warranty is valid," Lindsay stated.

The company covers Johnson County plus much of Tarrant, Midlothian, Weatherford, Granbury, Aledo and other areas. They pride themselves on acquiring all permits needed for a job according to city requirements. "Permitting is a big part of foundation repair. You must be fully insured to pull permits," Lindsay divulged. When hiring a company for leveling, be sure to ask about permits. A reputable, fully insured business should have no problem with handling a city's requirements.

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Lindsay loves working at Atlas Foundation with her family. "I love the vibe that's going on here," she said. "What I'm doing helps the many people I talk with. I can help them learn the process and take the stress away."

Working with family strengthens the bond at Atlas Foundation. Lindsay enjoys seeing her dad daily and having a chat as the day begins. The entire family works well together. "Each person has their own role," she added. "What you see is what you get. Angie and I know we can be honest with customers, counting on everyone else to do the same."

The best prevention to avoid repairs comes from watering around the slab, using a soaker hose. Keep a constant moisture level in the soil to decrease risks. Pier and beam structures require different maintenance, such as avoiding water pooling. If you have concerns, give Atlas Foundation a call and let them assess your situation. **NOW**



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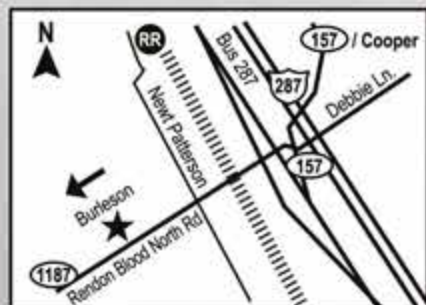
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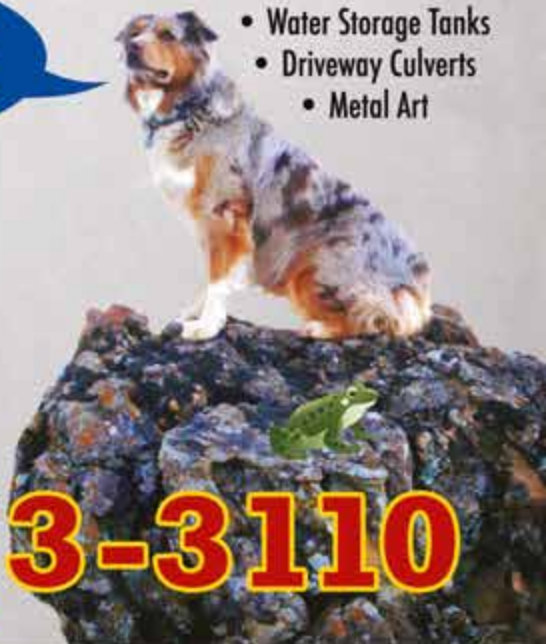
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Zoomed In: Doris Robinette

By Lisa Bell

In June 2016, *BurlesonNOW* introduced Doris Robinette and her sweet companion, Natasha. For years, the endearing duo continued volunteering at schools, libraries and nursing homes, loving every moment. “Unfortunately, due to the pandemic, we haven’t been able to volunteer much,” Doris shared. “Now, we have officially retired.” Natasha is a Reading Education Assistance Dog and a licensed therapy dog. Although they will miss volunteering, over the years both Doris and Natasha made the world brighter for many, and retiring will not likely stop that from happening. “She’s still a joy and as smart as ever,” Doris added. Their love for people, patience and wisdom live on in those who know them.



Angel Figueros and Boston Roberson pause for a photo at Academy of Okinawan Karate of Texas.



DJ Taye keeps the party going and has fun, too.



The Peek family enjoys getting together.



One-and-a-half week old Bunny gives Jenna Leatherman a kiss.



Burleson celebrates Easter weekend at Chisenhall Fields.



Presley Rose Cox enjoys her first Easter.



Dana Isaac spends time drawing root vegetables at Russell Farm.



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CookingNOW

In the Kitchen With

KATHI CAMPBELL

— By Lisa Bell

With a military father, Kathi Campbell claims an accidental birth in California, but she grew up in Fort Worth in a native-Texan family. The mother of five sons and grandmother of 10 grandchildren said, “I’ve always been interested in cooking and baking. I sat at the table and looked through my mom’s collection of cookbooks for hours.”

Kathi’s genuine love of cooking came after marriage and children. Admittedly, she prefers baking and has a massive sweet tooth. After finding herself at work wishing to be at home baking, she quit her job and launched Five to Nine Cakes. “My mother-in-law was a big influence on me,” she shared. “She spent a lot of time showing me how to do things instead of just reading it from a cookbook.” **NOW**

Baked Chicken

1/2 cup salt
1/2 cup sugar
1/2 gal. water
1 whole chicken, cut into pieces
(natural with nothing injected)
1/2 cup olive oil

1/2 cup lemon juice
2 tsp. dried rosemary
1 tsp. garlic powder
1 tsp. dried basil

1. In a very large bowl, combine the salt and sugar with the water; stir until the salt and sugar dissolve.

2. Place the chicken pieces in the water; cover and refrigerate for 1 hour.
3. In a separate bowl, mix the oil, lemon juice, rosemary, garlic powder and basil.
4. Remove the chicken from the water mixture; place it in the bowl with the olive oil mixture. Cover; refrigerate for 30-45 minutes.
5. Heat the oven to 400 F. Place the chicken pieces, skin side up, on a foil-lined sheet pan. Bake for 30-40 minutes.

Italian Beef

Salt, to taste
Pepper, to taste
1 4-lb. rump roast
2 Tbsp. oil
1 medium onion, sliced
2 green bell peppers, sliced
2 red bell peppers, sliced
3 cups beef broth
2 tsp. garlic powder

- 1 Tbsp. Italian seasoning
- 1 pkg. sub rolls

1. Generously salt and pepper the rump roast; heat oil in a pan. Sear all sides of the roast until brown.
2. Place the roast and all other ingredients in a 6-quart Crock-Pot; cook on high for 6 hours.
3. Shred the beef; serve on sub rolls with some of the au jus spooned over the beef.

Southwest Chicken Enchiladas

- 1 15-oz. can green or red enchilada sauce (divided use)
- 1 1/2 lbs. baked or rotisserie chicken, shredded
- 1 8-oz. tub sour cream
- 1 4-oz. can green chilies
- 1 10-oz. can Ro-Tel, drained
- 1/2 cup black beans
- 1/2 cup frozen corn, thawed
- 2 cups cheddar cheese, shredded (divided use)
- Tortillas, as needed

1. Heat the oven to 350 F.
2. Pour half of the can of enchilada sauce in a baking dish to cover the bottom.
3. Mix together the shredded chicken, sour cream, green chilies, Ro-Tel, beans, corn and 1 cup of the cheese.
4. Place 2 Tbsp. of the chicken mixture in the center of a tortilla; roll up and place seam side down in the baking dish on top of the sauce. Repeat with the remaining chicken mixture.
5. Pour the remaining enchilada sauce over the top of the enchiladas; sprinkle with remaining cheese.
6. Bake 30-40 minutes until heated through.

Shipwreck

- 4-6 potatoes, washed and diced
- 1/4 cup bell pepper, chopped
- 1/4 cup onion, chopped
- 4 Tbsp. oil
- 1 tsp. salt
- 1/2 tsp. garlic powder
- 1/4 tsp. black pepper
- 8 strips bacon, cooked and chopped
- 8 eggs, beaten

1. In a large skillet, add the potatoes, peppers and onions to the oil; cook on medium heat until tender and browned.
2. Stir in the salt, garlic powder and pepper.
3. Mix in the bacon; pour the eggs over the top. Stir until the eggs are cooked through.

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Cheesecake

Cheesecake

Crust:

2 cups graham-cracker crumbs

8 Tbsp. melted butter

Filling:

4 8-oz. pkgs. full-fat cream cheese, room temperature

1 2/3 cups sugar

1/4 cup cornstarch

1 Tbsp. vanilla extract

2 large eggs

3/4 cup heavy cream

1. Preheat the oven to 350 F.

2. *For crust:* Mix the graham-cracker crumbs and melted butter together; press into a 9-inch springform pan. Bake for 9 minutes. Remove from oven; let cool.

3. Increase the oven temperature to 375 F; place a pan of hot water on the bottom oven rack.

4. *For filling:* In a large bowl, using an electric mixer fitted with the paddle attachment, beat the cream cheese, sugar and cornstarch on low until creamy, scraping down the bowl a few times.

5. Increase the mixer speed to medium; add the vanilla and eggs, one at a time, beating well after each addition.

6. Mix in the heavy cream just until blended.

Do not overmix. The filling should be light and creamy.

7. Pour the filling over the crust. Place the cheesecake on the center rack; bake for 30 minutes.

8. Lower the oven to 300 F; bake for 1 to 1 1/2 hours until the edges are lightly brown, and the center barely jiggles. If still soft at the edge, bake 10 more minutes.

9. Remove the cake from the oven; place on a wire rack to cool for 2 hours without touching or moving. After 2 hours, cover and refrigerate overnight.

10. Release and remove the side of the springform pan; slice with a sharp, straight-edge knife. Refrigerate the leftovers.

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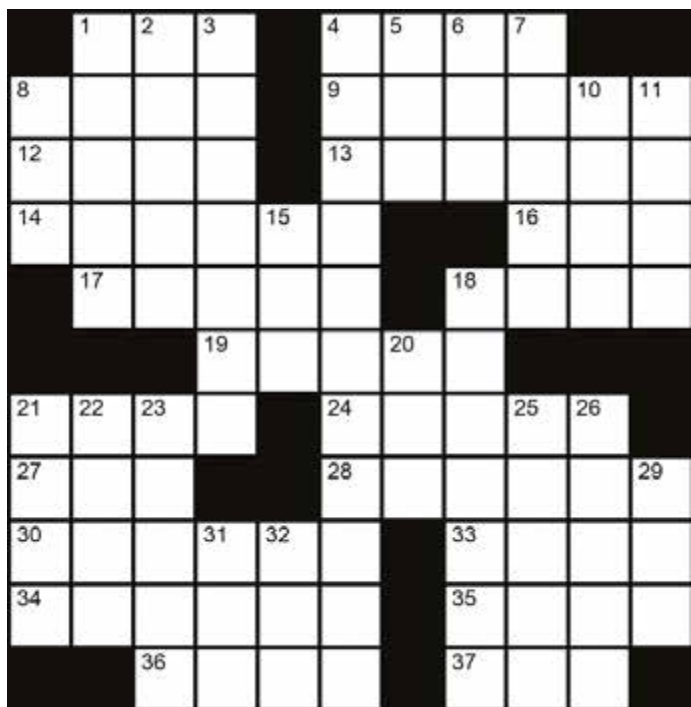
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Across

- 1 London radio and TV network
- 4 "As --- alone, by blue Ontario's shores" (Whitman)
- 8 Miles of "Psycho"
- 9 Incendiary gel
- 12 Wide smile
- 13 Oscar winner --- Loren
- 14 Brush expert
- 16 Surgical procedures
- 17 Up and about
- 18 Essay
- 19 --- Hauptmann, the Lindbergh kidnapper
- 21 Twenty-four were baked in it
- 24 Overtake
- 27 Neuman's mag
- 28 Bay State capital's nickname
- 30 Native American village
- 33 Partiality
- 34 Executioner
- 35 Formerly, one sixteenth of a rupee
- 36 Woodpile
- 37 Stage joke

Down

- 1 He coined the comment: "A nickel ain't worth a dime anymore"
- 2 Cockneys, Liverpoolians et al.
- 3 Incredulous response
- 4 Trainers
- 5 Portuguese holy one
- 6 Software program, briefly
- 7 California border lake
- 8 Computer monitor letters
- 10 Hot --- (M A S H role)
- 11 Nuts
- 15 Respectful form of address
- 18 Carryall
- 20 "Forget it!"
- 21 Current units
- 22 Revere or Robeson
- 23 Best possible
- 25 Crockery
- 26 --- He (Chinese river)
- 29 Youth org.
- 31 Letters on some party invitations
- 32 Section of a race

Solutions on page 36

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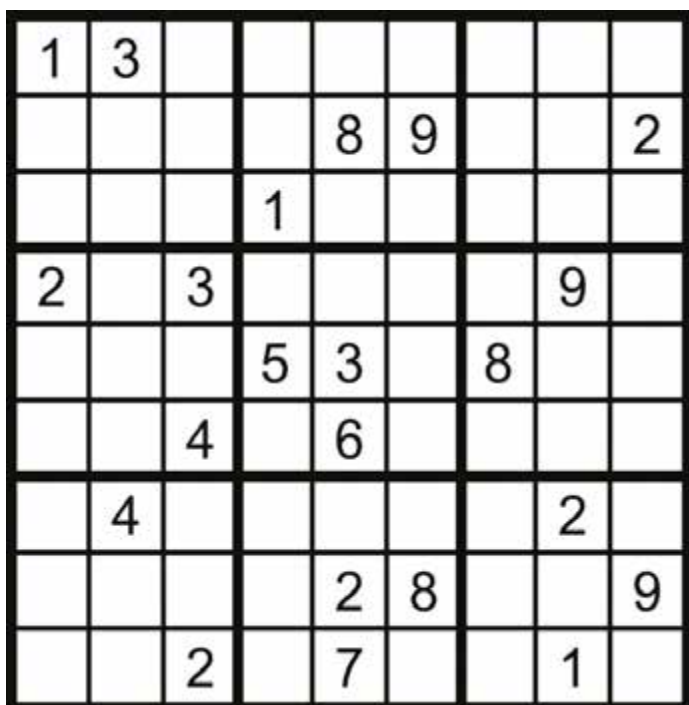
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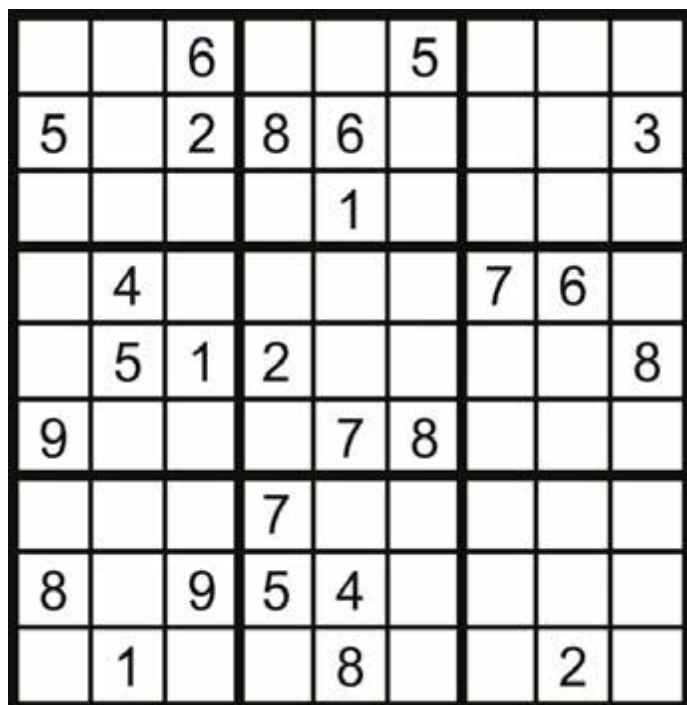
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Solutions on page 36



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MAY

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5/1

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www.burlesontx.com/elections.

Texas Heritage Festival:

Live music, food, vendors, hay rides and demonstrations celebrating our Texas Heritage. Free event. 9:00 a.m.-4:00 p.m., Russell Farm, 405 W. County Rd. 714. (817) 447-3316 or www.burlesontx.com/1848/Texas-Heritage-Festival.

National Fitness Day:

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5/8

Family Scavenger Hunt:

Visit the farm for this fun family activity. Free. 11:00 a.m.-12:30 p.m., Russell Farm, 405 W. County Rd. 714. www.burlesontx.com.

Family Play Day at the Park:

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An Evening With the Cowboy Princess:

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5/20

BACC Golf Tournament:

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5/28

Hot Sounds of Summer:

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Submissions are welcome and published as space allows. Send your current event details to lisa.bell@nowmagazines.com.

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PRESSURE WASHING | GUTTER CLEANING | WINDOW FILM



LEAVE THE DIRTY WORK TO US!
SAFE, CONTACT FREE SERVICE

HOUSE WASHING

Starting at \$179 *
'Soft Wash' Removes:
Dust, Dirt and Mold.

PRESSURE WASHING

Starting at \$139 *
For Flat Surfaces: Driveways,
Walkways, Patios, Pool Decking & Retaining Walls.

WINDOW CLEANING

\$139 * Exterior ONLY:
20 Windows / Doors
\$189 * Interior & Exterior:
20 Windows / Doors
Must be Entire Home

WINDOW FILM

Residential & Commercial
Ceramic, Traditional & Decorative. Reduces
Glare & Heat and Protects Flooring
& Fabrics from UV Light.

* RESTRICTIONS MAY APPLY. FOR ABOVE OFFERS, PLEASE CALL FOR DETAILS. EXPIRES JUNE 15, 2021.



We Clean Windows and a Whole Lot More!
a neighborly company

Hey Burleson...

FOR THE CLEANEST WINDOWS IN TOWN CALL US!

817-378-4727

WindowGenie.com/south-fort-worth



Crossword - Sudoku Solutions

1	B	B	C		I	S	A	T			
8	V	E	R	A		9	N	A	P	A	L
12	G	R	I	N		13	S	O	P	H	I
14	A	R	T	I	S	T				16	O
17	A	S	T	I	R				18	T	E
						19	B	R	U	N	O
21	A	P	I	E		24	C	A	T	C	H
27	M	A	D			28	T	H	E	H	U
30	P	U	E	B	L	O			33	B	I
34	S	L	A	Y	E	R			35	A	N
						36	L	O	G	S	
									37	G	A

Easy

1	3	8	2	4	6	9	7	5
4	6	5	7	8	9	1	3	2
7	2	9	1	5	3	4	8	6
2	5	3	8	1	4	6	9	7
6	9	7	5	3	2	8	4	1
8	1	4	9	6	7	2	5	3
5	4	6	3	9	1	7	2	8
3	7	1	4	2	8	5	6	9
9	8	2	6	7	5	3	1	4

Medium

1	9	6	3	2	5	8	4	7
5	7	2	8	6	4	1	9	3
3	8	4	9	1	7	2	5	6
2	4	8	1	5	3	7	6	9
7	5	1	2	9	6	4	3	8
9	6	3	4	7	8	5	1	2
6	2	5	7	3	1	9	8	4
8	3	9	5	4	2	6	7	1
4	1	7	6	8	9	3	2	5



Best Care. Lowest Cost.

BRING COUPON FOR

FREE RABIES VACCINE

*Cannot be combined with other TCAP offers. Limit 1 per household.



Services:

Spay and neuter, vaccinations, dental cleanings, microchips, heartworm testing, flea/tick control



Burleson walk-in vaccine hours:

Monday - Friday 9 a.m. - 12 p.m.



TEXAS COALITION for
Animal Protection

www.texasforthem.org • 817-426-3777

344 SW Wilshire Blvd. Suite E, Burleson, TX 76028

Orthodontics



BIRTH & FLETCHER



DIAMOND+
TOP 1%
INVISALIGN
PROVIDER
2020

Seeing is believing.

Take a selfie and simulate your new smile with SmileView™ by Invisalign®!

Thanks to some powerful technology, we can simulate the outcome of your personal transformation in seconds with SmileView™. Take a smiling selfie and we'll show you what Invisalign® treatment can do for you.



Must be connected to WiFi or have strong cellular connection for simulator to work.

Our Commitment to Safety

Your safety is our top priority. Visit our practice with confidence and the assurance that we have heightened sanitation and infection control procedures in accordance with all CDC, ADA and OSHA recommendations. Our team is confidently and safely serving smiles today...and every day.

**\$550
OFF***

invisalign®

Take advantage of this Special Offer!

Arlington

817-527-5310

2011 W. Bardin Rd
Arlington, TX 76017

Burleson

817-476-1262

109 W. Renfro St
Burleson, TX 76028

Fort Worth

817-653-8131

3060 Sycamore School Rd
Fort Worth, TX 76133

Keller

817-522-3234

4420 Heritage Trace Pkwy, Ste 300
Keller, TX 76244

VISIT BSFORTH.COM

*Must mention offer to receive discount. Valid for new patients only. Offer expires 30 days after receipt. May not be combined with any other offer, discount, or reduced-fee program. Discount for insurance patients may vary. Not valid on previous treatment or treatment already in process. Free consultation included (\$150 value).
ADA 0150, 8080, 8090, 9310.