WeatherfordNOW

MAY 2020

MAGAZINE

Managing Crisis

Judge Deen and other leaders unify to navigate COVID-19

Also inside: Kids' Fun Page

Crossword/Sudoku

Featured Business: TexasRealEstateSavings.com

Small Space Gardening

Patios and balconies become adaptive vegetable plots

In the Kitchen With Barbara Rothrock

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So you had an MRI and your back still hurts... Now what?



Here's a little known and often surprising fact:

"If you've been waiting months or spent thousands privately to get an MRI in the hope that you'll get rid of your back pain... it's probably going to do very little to help you get rid of the pain or even accurately pin point where the problem is coming from."

And even if the MRI did show you that you have bulging discs, experts in back pain will be quick to point out that 99% of the time MRIs are taken lying down and don't reveal what's happening to the disc under pressure. A lying down MRI is not a functional test, and this is why MRIs are known to be very poor at finding the cause of a person's back pain. The Journal of Family Practice states that:

"The overall evidence for the appropriate use of MRI in low back pain is limited and weak'

And yet this diagnostic technology is touted by many as being the definitive answer for the question of why someone might be suffering with pain.

No wonder so many people are struggling to get rid of their back problems when they go down the conventional route...

And this will leave <u>you</u> still suffering with shooting, stabbing and burning pains from the low back, sometimes with additional pain through the buttocks and down the legs with little indiction that this is ever going to go away.

In severe cases you've waited so long for help that you've started to notice muscle wasting or numbness and constant tingling down to the tip of the toes.

There is a better way and you get seen almost immediately...

Specialist help is available for people with back pain in Weatherford, and it works really well even when you have been diagnosed with disc problems like slipped discs, bulges, herniations, prolapses etc.

31 year old research from China has shown that these specialist spinal techniques have a 76.8% success rate in treating people suffering from back pain from disc problems

Research conducted in 2014 into more advanced specialist techniques have a 88% success rate even when there are multiple damaged discs involved, and that's with zero recorded adverse events.

What are these specialist techniques? Known as "Non-Surgical Re-Constructive Spinal Care" These are the exact techniques used at McAfee Chiropractic.

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According to Dr. McAfee, "We use a combination of technology that has higher specificity for diagnosing the causes of back pain, and it's not found elsewhere in Weatherford.

Assuming we find that we can help we will develop a unique program for each individual to repair the damaged area causing the pain; this means superior long-term results for most people."

Your invitation for a comprehensive consultation and examination to pinpoint the cause of your back pain and sciatica...

All you have to do to receive a thorough diagnostic examination and a comprehensive easy to understand report on your state of health is call 817-594-0281.

Mention this article (CODE: NCE43SCSP10hb) and McAfee will happily reduce their usual consultation fee of \$275 to just \$27. But hurry, due to obvious reasons – this is a time limited offer – with only 50

reader consultations available at this exclusively discounted rate.

Don't suffer a moment longer...

Find out if Non-Surgical Re-Constructive Spinal Care can help you. Book a consultation with the McAfee team now by calling 817-594-0281, they are waiting to take your call today.

They actually treat the cause of your pain.

That's why hundreds of grateful patients tell them "You gave me back my life!"

Over the years, they've treated thousands of patients with back problems and sciatica. The vast majority of them have enjoyed superior, lasting relief. In fact, many who've suffered and have tried other remedies have told them they gave them back their lives!

Call them now and get a full and thorough examination to pinpoint the cause of your problem for just \$27, the normal cost of such an exam is \$275 so you will save \$248!

Cut out or tear off this valuable article now and take it to your appointment. You'll be entitled to a comprehensive examination to diagnose the cause of your problem – and you'll be on your way to safe, lasting relief! Don't delay your important diagnosis and treatment another moment!

You can even call on the weekend and leave a message with their answering service to secure your spot as they promise to return all calls; and during the week they are very busy, so if they don't pick up straight away do leave a message.

For obvious reasons they can't help everyone at this reduced price, so please call soon to secure your special opportunity.

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MANAGING **CRISIS**

> Parker County responds to disaster and plans for a bright future.

10 SMALL SPACE **GARDENING**

> Take charge of your food choices — start a vegetable patch.



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ON THE COVER

The strength of Americans can defeat any enemy even viral ones.

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Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 613-1533 or visit www.nowmagazines.com.

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MANAGING EDITOR'S NOTE

As we practice social distancing ...



During this COVID-19 pandemic, things have changed rapidly, necessitating companies make adjustments to how they do business, and we at NOW Magazines are no different. Like many of you, we are now officing from home, and our magazines may look a little different to you this month, due to some of the adjustments we have made as we navigate these challenging times. But we will get through these times together.

If you are like me, the events of the last couple of months have left you wondering what the future holds, but there is comfort in knowing our nation and the world have weathered many storms and come through OK on the other side. As I've pondered over this new reality, my thoughts have repeatedly gone back to one very brave lady named Corrie ten Boom. She and her family were Dutch Christians who lived in Nazi-occupied Holland during WWII. Their faith told them to love their neighbors as they loved themselves. So, they built a secret room in their home where, over time, they hid and saved nearly 800 Jews from the Nazi Holocaust. Eventually, they were betrayed, and the whole family was imprisoned in the concentration camps. Only Corrie survived.

In time, Corrie became an author and speaker with a worldwide ministry. Her message was one of forgiveness and reconciliation. While in college, I had the privilege of meeting Corrie's nurse, who cared for her during her last years. The stories about her life have always been an inspiration to me.

Corrie said, "Never be afraid to trust an unknown future to a known God." Wow. So much faith and trust from someone who had experienced so much hurt, loss and tragedy. She lost her loved ones, her home and her job. But she never lost her faith, and it carried her through the dark times. And on the other side of the dark, was beauty again — full of life and hope and purpose. As we navigate the dark times our world faces now, we, too, can trust our unknown futures to God.

Beautiful stories are being reported of people finding ways to help, even in this time of social distancing. From a high school robotics class making face shields for medical professionals using 3-D printers and people shopping for neighbors in high-risk demographics to ministers holding online church services and entertainers live streaming concerts to add some joy to our lives, good is happening all around us, as people love others as they love themselves. What can you do within the guidelines our leaders have established to keep us safe and healthy? It may be no more than calling a family member or a friend, but hearing your voice might be exactly what that person needs at that very moment.

Is the future uncertain? Yes. But the truth is, the future is always uncertain. We never really know what the future holds. And it is always the best policy to live a loving, giving life.

We can know peace.

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Disaster can strike at any moment. But how do you handle an unknown, aggressive threat? While most communities don't spend days contemplating pandemics, Parker County finds itself in a better position than many places during the COVID-19 outbreak. Judge Pat Deen said, "The low number of cases [21 confirmed cases with no deaths as of April 21] shows we've done a good job. We have been fortunate the steps taken have been effective."

From the beginning of the coronavirus outbreak, Judge Deen has worked with local mayors, school district superintendents, North Texas county judges and the Texas Health Department. "The safety and health of Parker County residents is our top priority," he shared.

Judge Deen, the mayors, city councils and other community leaders take the economic impact seriously. They spend much time in discussions about the best ways to handle the challenges of COVID-19 while maintaining safety for the community. "It's a fine balance," Judge Deen commented. "Nothing is done without the input of our mayors and city managers before making decisions."

With rapid situational changes, they evaluate the county status every day and collaborate with surrounding counties, as well. Community leaders remain focused on making the best decisions possible in a collaborative and team approach. Judge Deen interacts with people in the county, even putting his cell phone number online. As a result, he receives heartbreaking calls, such as single moms who can no longer work and support their children. His goal remains getting people back to work as soon as possible, without jeopardizing the health and safety of residents. "We look at how we can ease restrictions without increasing risk," he said.

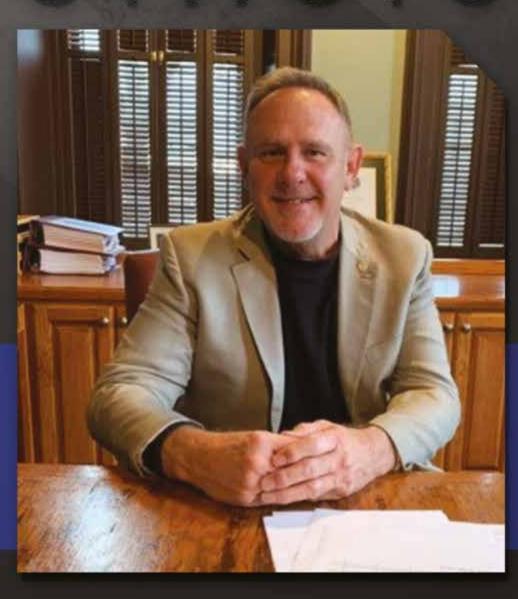
At the end of March, Parker County remained in the status of an amended declaration of local disaster. He didn't see a need for upgrading the status to shelter at home. "We essentially already did that. Parker County residents don't need more government in their lives," he explained. "For the most part, people are trying to comply." By restricting nonessential businesses, the county decreased places where people normally gathered. Although that order didn't change, on April 9, the judge signed an order requiring all Parker County physicians, public, private and commercial labs and medical facilities to report the number of COVID-19 tests being conducted.

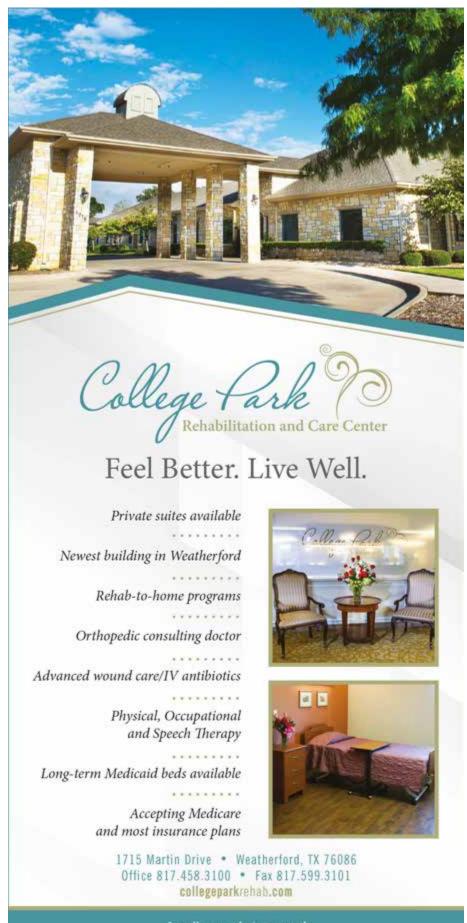
The various school districts within Parker County first moved to extend spring break and then changed to



AGING CRISIS

— By Lisa Bell





online distance learning. In response to Governor Abbott's executive orders issued April 17, Parker County schools will finish the year online. The county continues supporting all school districts.

Judge Deen commended the school districts and local churches for their efforts to provide food for those in need. "They've done a great job. We feel very comfortable that they are taking care of those needs," he stated.

Judge Deen believes the growth pattern throughout Parker County played a massive part in readiness for this disaster. When he first took office, Parker County had a part-time staff for the Emergency Operations Center with no disaster plan. He hired Sean Hughes as a full-time emergency management coordinator. "Had we not done that, this would be a nightmare," he admitted.

Although the hospitals in the community have not become overwhelmed, contingency plans exist with supplies in the pipeline. In spite of many moving parts, Judge Deen feels confident people can get medical help, which holds the key to survival. Managing this pandemic doesn't stop with tracking positive cases. "We have to be prepared for all contingencies and to act quickly." While the judge can enact emergency orders for seven days, the Commissioner's Court must approve anything beyond a week. Judge Deen keeps them up-to-date with new information as he receives it.

With a resilient community, the judge believes Parker County will bounce back. He plans to continue working with local, state and national lawmakers. "Every day our businesses are closed impacts a great number of people, especially small business owners. The backbone of America is small business," he said. Now and in the future, the county will make sure business owners have access to every tool and source of assistance available. Recovery depends on continued education, communication and support for all businesses and individuals. "Rest assured, local government is working cohesively with no politics," he added.

On April 17, Judge Deen announced the formation of a COVID-19 Task Force. In a cooperative effort, this Task Force addresses managing the disease but also provides planning and preparation for businesses to reopen; communication to residents and businesses; and a continued support of the school districts, Ministerial Alliance and community in providing needed food and services. Judge Deen stated in the announcement, "The days of governmental entities working in 'silos' is over! I want to extend a special thanks to the city of Weatherford, as well as other cities, Emergency Service Districts, the Economic Development Council, Hospital District and community leaders in this unprecedented approach to working together!"

The success of overcoming this virus comes down to personal responsibility in the way we live. The judge urges individuals to make good choices that don't harm others. Stay at home. Don't take unnecessary risks. Go to the store alone instead of taking the entire family. Be responsible for keeping the recommended space between yourself and others. If every person takes precautions, we end this threat sooner.

While the majority of people do their best to comply, county resources continue providing education. People are scared and want information. By enhancing the website, communities can learn truth and use that in the decision-making process. As the leaders learn more about COVID-19, they update information. While Judge Deen doesn't want a Facebook debate, he has no problem answering questions for anyone.

To learn more about COVID-19, latest statistics or resources available, visit the Parker County website (www. parkercountytx.com) or Judge Pat Deen's Facebook page (www.facebook.com/ParkerCountyJudge/). The county website includes a wealth of information about the virus, as well as links to other informational websites. The Texas Department of Health Services website includes a current map and updated statistics concerning this disease.

During this challenging time, be smart and patient. On the other side, the communities of Parker County will emerge stronger. With good leadership and individual responsibility in place, Parker County will continue to do everything possible to minimize the spread of this virus and prevent any loss of life.



SMALL SPACE GARDENING

By Virginia Riddle

"People are starting to understand their vegetables don't grow at the supermarket," one harried, garden center store clerk said during the beginning of the COVID-19 social distancing policy, as supermarket shortages occurred. That was the way she explained the rows and rows of beautiful floral choices and only one lonely mint plant remaining on the empty vegetable shelves. The farm-to-table and urban farming movements were already catching on in urban areas with millennials leading the way, but with more free time at home and motivation derived from fewer available foods, the pace has accelerated in suburban areas.

Improving access to fresh foods is the main goal of small-space gardeners, whether they're individuals growing veggies in pots on apartment patios or balconies, or co-ops growing produce on vacant lots. A large tract of land isn't necessary.

Other benefits include fresh air, catching the sun's rays and doing something the whole family can enjoy — all of which are important to boosting one's immune system and keeping a healthy mental outlook. Homeschooled students can learn important skills. So, let's start growing together!











An inexpensive way to obtain plants is by planting seeds. Also, some vegetables can be rooted, such as celery and onions, from parts of the plants. Start seeds in seed trays or any small container, such as recycled yogurt cups with a hole punched in the bottom. By May, however, it's best to purchase small plants from nurseries, since the plants need to be well-established by summer's heat. Good container vegetable choices for summer and fall include patio tomatoes and herbs, such as chives. Potatoes, onions, carrots and leafy greens generally enjoy late winter/ early spring climates. Larger spaces are required for most root vegetables, peppers and vine vegetables. Some flowering plants, such as marigolds and several herbs, help ward off harmful insects and can add color to vegetable plantings.

Most vegetables need six to eight hours of sunlight, and all require water, but otherwise, creativity is allowed in garden planning. A patio, deck, balcony, alleyway, window boxes, window sills or vacant spots between buildings are all options.

A container can be as inexpensive as purchasing a bag of potting soil, cutting two X's into the bag and planting a tomato into each X. Potatoes can be planted in black trash bags filled with potting soil. More expensive containers can be bought to enhance the landscape or home decor, but the vegetable doesn't care. It only wants room to grow and drain. Bathtubs, barrels, tubs, boxes, hanging baskets, plastic pipe,





urns and self-watering containers are all possibilities. Punch several holes in the container's bottom, and add a layer of gravel for drainage. Top the gravel with potting soil. For baskets, use a readymade coconut liner or structure a lining from sphagnum moss before adding potting soil. Container plants must be watered often, so make sure you have a water source and watering can or softspray hose attachment nearby. When the soil is dry a half-inch down, it's time to water. Feed plants regularly according to the fertilizer package instructions.

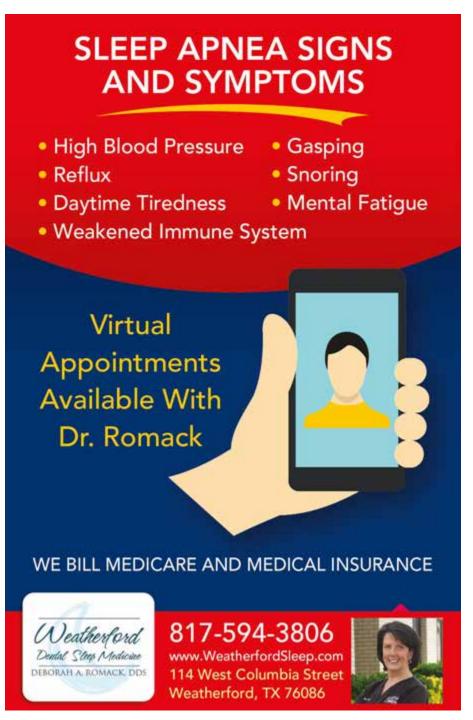
If you have a yard or vacant lot, raised beds or a tilled garden area can provide the space for rows of larger plants, such as corn and beans. Remember, however, a larger space requires more time, care and equipment to plant, water and maintain. More expensive equipment can be rented, as needed.

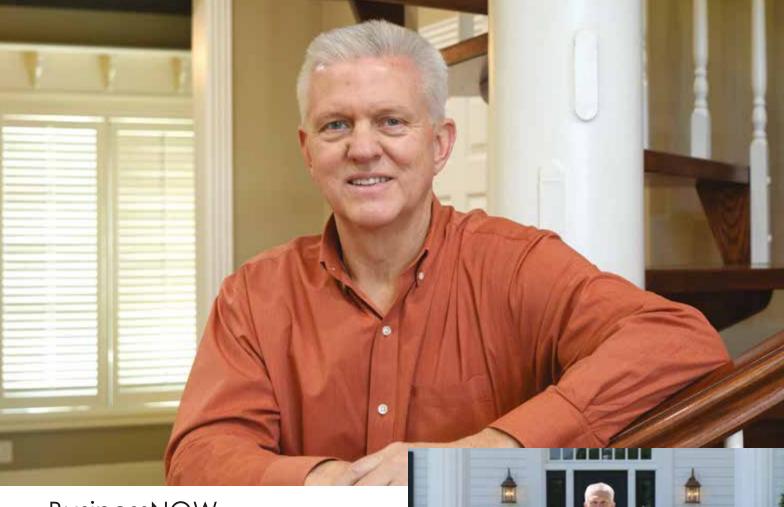
Purchasing a hydroponic system or creating one from recycled plastic bottles is also another option for small outdoor or indoor spaces if artificial light is used. Costs range depending on needs and size.

Many vegetables, like tomatoes, must be staked early in growth for stability. Frames, trellises, stakes and ties can be purchased or created from materials at home. Panty hose or rags cut into strips make great ties!

With care, vegetables may be harvested from late spring until the first frost. For best taste, harvest in the morning. An overabundance of produce can be dropped off on the porches of family, friends and neighbors or donated to an area food pantry. And don't forget that canning, freezing or dehydrating are ways to preserve the bounty for the winter months. NOW







BusinessNOW

TexasRealEstateSavings.com

— By Lisa Bell

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"The most common thing I do is educate people," Greg Willis said. "You can get full service without higher fees." With more than 23 years of experience, the owners/brokers at TexasRealEstateSavings.com interface with each of their customers. His wife, Dawn, has 15 years of experience. Although they do have one assistant, Greg and Dawn work long hours to personally meet the needs of their business. Customers work directly with the owners/brokers, not an agent who may be new to the industry.

In 1997, as a minister, Greg needed a second income, so he pursued real estate. After the required two years, he opened his own business, while living in Colorado, and did well. With two

children, Greg and Dawn wanted to be closer to their parents, near Parker County. So, in 2005, they moved back, and then in 2014, they opened TexasRealEstateSavings.com.

When Greg started, he recognized coming technological changes. Back then, buyers had to look through a large book of black and white photos, choose a house and then go look at it. Eventually, computer sites appeared where Realtors posted current pictures. Today, most people can look at a house on their phone or tablet and get notifications of new listings.

Because of technology, operating a real estate business costs less these days and enables them to help more people, which is what Greg loves about his job. He personally handles every listing and showing and writes the contracts. Dawn takes it from there, working with customers to finalize all paperwork and negotiations.

"Dawn does an excellent job of organizing," he said. "Her attention to detail is unparalleled." A lot of their business comes from past clients returning to buy a new house or

referring TexasRealEstateSavings.com to others. To Greg, that says something. He is proud of more than 200 five-star reviews on www.willisreviews.com, which goes directly to Zillow.

Greg and Dawn live locally and have great knowledge of the many different areas in the community. "We always help sellers save money," Greg shared. And they offer cash rebates to buyers, giving them an incentive to work with the Willis team.

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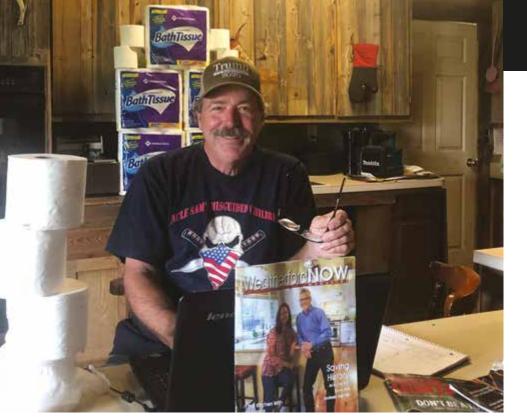
During his years in real estate, Greg has more than 1,200 sales. Yet as a former pastor and youth minister, he understands the importance of never pressuring a buyer. "Not that you can really manipulate a person into buying a home," he admitted. But he wants to be seen as someone who doesn't push. He wants people to see him as honest, with the customers' best interests in mind. After so many years, he is still passionate about helping each family find exactly what they're looking for, while saving money for both sides in the process.

Both Greg and Dawn are very accessible to their customers, often answering emails and calls late at night, on weekends and even holidays. Although they live in Parker County, they also work all over Hood County, as well as Johnson and Tarrant Counties.

Greg shared that according to the NAR, the average agent completes 11-12 transactions per year. In the last four years, Greg sold more than 400 properties. In addition, TexasRealEstateSavings.com won the 360 West Best Real Estate Agent Award in 2017, 2018 and 2019, selling more than \$25 million in real estate each year. Go online or give them a call for your real estate needs.







Zoomed In: Steve Randle

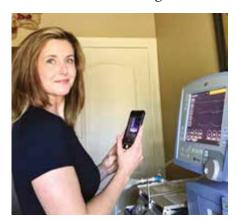
By Lisa Bell

Equipped with a laptop and cell phone, *WeatherfordNOW* sales representative, Steve Randle, works in his home office. Here he's able to reach out and stay in contact with customers who advertise in the magazine. Before communities launched shelter-in-place orders, the owner and managers at NOW Magazines, LLC. instructed employees to work at home. Although exempt as media, health and safety remain critical. Steve normally spends time each week visiting many businesses in person. While working from home means changes, he keeps a positive attitude. "I'm guarding my supplies while punching out a magazine," he said jokingly. Prepared for the long haul, Steve continues working to help bring about the great publication people expect. And now his neighbors know where to borrow a roll of toilet paper!

Around Town



Dane Browne practices casting while at home in Weatherford during COVID-19.



Tonya Piehl, respiratory care program director, records lectures from home using college lab equipment.



Kelly Staub, sonography program clinical coordinator, works from home alongside her children.



The Heather Court gang enjoys popsicles and drinks together — keeping proper social distance, of course.



Real Texas Radio weathers COVID-19 with a Proud Country concert online.



Parker County Brewing Company comes up with an innovative idea to deliver pizzas to neighborhoods.

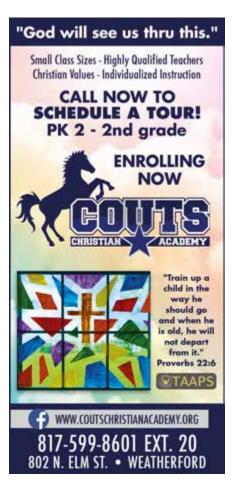


Friends gather for Liverpool Rummy before the senior center was closed due to the pandemic.



COVID-19 doesn't change Rick Mauch's priority of love.









"Some people exercise," said Barbara Rothrock, a retired first grade teacher. "I bake. The aromas throughout the house are amazing when something is in the oven." Barbara started cooking with her mother at an early age, and in adulthood, they continued cooking Sunday dinners together as next-door neighbors. Many of her recipes came from her mother, grandmother and mother-in-law.

She took classes at Central Market to learn new recipes and techniques but also follows Southern cooks and subscribes to cooking magazines. Barbara isn't afraid to search online or experiment to recreate a dish she tastes at a restaurant. "I'm currently teaching my great-granddaughters the love of cooking — mainly baking. They love to create with dough." Holidays mean every child and grandchild enjoys a favorite dish or dessert. NOW

Coconut Chess Pie

1/2 stick butter

2 eggs

1 cup milk

1 Tbsp. flour

3/4 cup sugar

I cup coconut

1 9-inch unbaked pie shell

1. Preheat oven to 350 F. Mix the first three ingredients in a saucepan.

2. When the butter is melted, add the flour and sugar. Put the coconut in an unbaked pie shell. Pour the rest of the ingredients over the coconut.

3. Bake for 45-60 minutes.

Buttermilk Pie

3 eggs 2 tsp. vanilla 1 cup buttermilk I stick butter, melted

- $1 \, 1/2$ cups sugar
- 3 Tbsp. flour
- 1 9-inch unbaked pie shell

1. Preheat oven to 350 F. Add eggs, vanilla and buttermilk to melted butter. Mix sugar and flour together; add to liquid mixture. 2. Pour mixture into the pie shell. Bake 40-60 minutes, or until center is firm. Halfway through baking, put a metal pie guard around the edge to prevent the crust from burning.

Peach Ice Cream

3 cups sugar 7 eggs 2-3 cups mashed peaches 1/2 pt. whipping cream Milk, enough to reach 2 inches from the top of the freezer can

- 1. In a bowl, add sugar to eggs; beat until the sugar dissolves and the mixture is thick and lemon colored.
- 2. Add peaches and whipping cream; stir well. Pour mixture into the freezer can. Add milk.

3. Run the freezer according to the manufacturer's instructions, until the ice cream reaches the desired frozen consistency.

Fresh Apple Cake

2/3 cup oil

2 cups sugar

2 eggs

3 cups flour

I tsp. baking soda

1/2 tsp. salt

1 tsp. cinnamon

2 tsp. vanilla

3 cups sweet apples, chopped

I cup pecans (optional)

1. Preheat oven to 350 F.

2. Mix all ingredients together; pour batter into a prepared Bundt pan. Bake at 350 F for 30 minutes. Reduce heat to 300 F; bake for another 30 minutes.

Divinity Frosting

This only takes minutes and makes a delicious frosting for any cake.

2 large egg whites

1 1/2 cups sugar

1/3 cup water

1/4 tsp. salt

2 Tbsp. light corn syrup

I. Combine all ingredients in the top of a double boiler; place over medium-high heat.

2. Beat with a mixer continuously until "crust" forms a peak.

3. Remove from heat; continue to mix until it reaches the right consistency for spreading.

Chocolate Sheet Cake and Frosting

Cake:

2 cups flour

2 cups sugar

1 cup water

2 eggs

1/2 cup buttermilk

1/2 tsp. salt

2 sticks butter, softened

3 Tbsp. cocoa

1 Tbsp. baking soda

1 tsp. vanilla

Frosting:

1 stick butter

2 Tbsp. cocoa

6 Tbsp. milk

1 1-lb. box powdered sugar

1 tsp. vanilla

1. For cake: Preheat oven to 325 F. Prepare



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sheet cake pan with nonstick spray or grease and flour to prevent sticking.

- **2.** Mix all ingredients together until well blended. Pour batter into the prepared pan; bake for 20 minutes.
- **3.** For frosting: Place butter, cocoa and milk in a saucepan. Heat over low temperature until melted, but do not boil.
- **4.** Remove mixture from heat; stir in powdered sugar and vanilla. Cool slightly; pour over warm cake.

Bread Machine Kolaches

1 1/4 cups warm water

1/2 cup butter

I egg, plus I egg yoke

1/3 cup dry milk

1/4 cup instant mashed potatoes

1/4 cup sugar

37/8 cups flour

2 tsp. active dry yeast

Apricot pie filling (may substitute any favorite flavor)

Additional melted butter (optional)

- **1.** Put the first 8 ingredients in the bread machine bucket. Set on dough; process. When finished, roll dough into 15-20 big walnut-shaped balls.
- **2.** Let rise for 1 hour. Using two fingers, make an indention in each ball of dough. Add about 1 Tbsp. of filling into each indention.
- **3.** Let rise for another 30 minutes. Bake in a 350 F oven for 12-15 minutes. Brush each kolache with melted butter.

Boiled Cookies

1 stick butter

2 cups sugar

3 Tbsp. cocoa

1/2 cup milk

1/2 cup peanut butter

2 cups oats

1 tsp. vanilla

- **1.** Place butter, sugar, cocoa and milk in a saucepan; boil together for 3 minutes at a low temperature.
- **2.** Remove from heat; add peanut butter, oats and vanilla; mix well.
- **3.** Drop by spoonfuls onto waxed paper; let cool.

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Crossword Puzzle

1	2	3	4		5	6	7			
8	-	+	t		9	T	1	10	11	12
13	\vdash	+	t		14	+	1	T	t	t
15	\vdash	1		16		+	1	\vdash	$^{+}$	+
17	\vdash	T	18	Т	\vdash		19	T	t	t
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22	23		T		24		\vdash		25	26
27	T	T	T	28		T		29	T	1
30	1			T	t		31			1
32				T	\vdash		33			T
			34	\vdash	\vdash		35		+	-

Solutions on page 28

	_				
	٨	-		~	-
- 1	м	۸ü	n	u	3

- 1 Greatest part
- 5 Pull laboriously
- 8 Fuzzy red monster
- 9 It's on top of the world
- 13 -- Turing, of "The Imitation Game"
- 14 Dark
- 15 Abner's intro
- 16 Ladies' man
- 17 Scold
- 19 Basic unit of heredity
- 20 Average
- 21 Fondle
- 22 Supercilious manner
- 24 Discontinued Chrysler marque
- 27 Bewitched
- 29 One circuit
- 30 Deliver to a judge
- 31 Opportune

Crosswordsite.com Ltd

- 32 Not destroyed or lost
- 33 Way out yonder
- 34 Defiant exclamation
- 35 View from Los Alamos

Down

- 1 Soft, dry and friable
- 2 Skateboard maneuver
- 3 Contract details
- 4 Weight unit: may be long or short
- 5 Illumination
- 6 "Daily Bruin" publisher
- 7 Composer -- Bizet
- 10 Perk up
- 11 So be it
- 12 Funerary bonfire
- 16 Amtrak unit
- 18 Urgent sale words
- 21 Write
- 22 His name is on a stadium in Queens
- 23 Large-screen format
- 24 Pool dimension
- 25 Spanish appetizers
- 26 Musical drama
- 28 Sushi option
- 31 Run into

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Sudoku Puzzle

6

5

8 7 9 5 9 5 6 6 3 9 6 8 9 3 5 9 6 4 5 8 3 9 5 6 4 6

Medium

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6

Easy

Solutions on page 28





3

5



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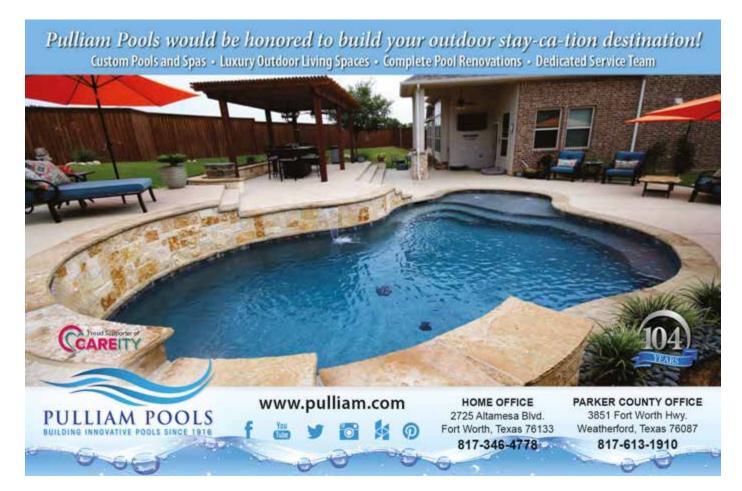
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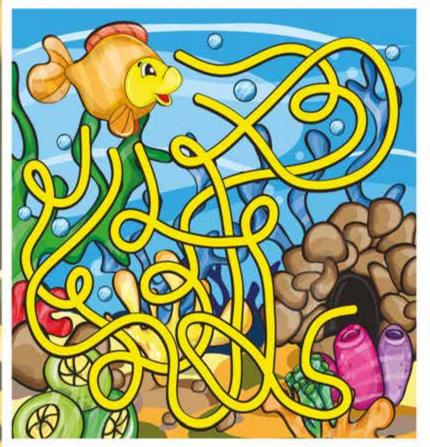


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R	В	A	N	A	N	A	A	C	В
Е	Α	Р	Р	G	S	Р	Р	0	L
G	s	S	Е	G	Α	Е	R	R	U
G	I	Т	Р	Е	Е	Α	I	N	Е
Р	L	0	Р	В	Р	C	С	0	В
L	Р	R	Е	L	Е	Н	0	L	Е
Α	Е	R	R	U	M	R	Т	Е	R
N	Α	Α	Р	Р	L	Е	R	M	R
Т	R	С	C	Н	Е	R	R	У	У
N	0	L	Е	M	R	Е	Т	A	W

APPLE APRICOT BANANA BASIL BLUEBERRY CARROTS CHERRY CORN EGG EGGPLANT MELON PEACH PEAR PEAS PEPPER RASPBERRY WATERMELON













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Crossword Sudoku Solutions

1 _M	0	S	4т		5L	6 U	G			
⁸ E	L	М	0		9 1	С	Е	10C	11A	12 _P
13 A	L	Α	N		14G	L	0	0	М	Y
15 L	1	L		16 C	Н	Α	R	М	E	R
17 Y	E	L	18 L	Α	Т		_g G	E	N	Е
		²⁰ P	Α	R		21P	Е	Т		
22 A	23	R	S		24 D	Е	S	0	25 T	²⁶ 0
27 S	М	Û	Т	28 T	E	N		²⁹ L	Α	Р
30 H	Α	N	D	U	P		31 R	1	Р	Е
32 E	Х	Т	Α	N	Т		33 A	F	Α	R
			¥	Α	Н		35 M	E	s	A

Easy

_			_		_		_	_
1	3	4	5	7	6	8	2	9
8	7	6	2	1	9	4	5	3
5	2	9	4	3	8	1	6	7
3	4	2	1	8	5	7	9	6
6	8	5	9	2	7	3	1	4
9	1	7	6	4	3	2	8	5
_		-	-		-	$\overline{}$		1
7	9	1	3	5	2	6	4	8
4	6	8	7	9	1	5	3	2

Medium

2	9	7	5	4	8	1	3	6
5	4	3	1	6	7	8	9	2
1	6	8	9	3	2	7	4	5
6	2	1	4	9	3	5	7	8
7	5	9	6	8	1	3	2	4
3	8	4	7	2	5	6	1	9
4	3	2	8	1	6	9	5	7
			_	_	_	4	_	_
				5				



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