# BurlesonNOW

**MAY 2020** 

MAGAZINE

### Navigating Crisis

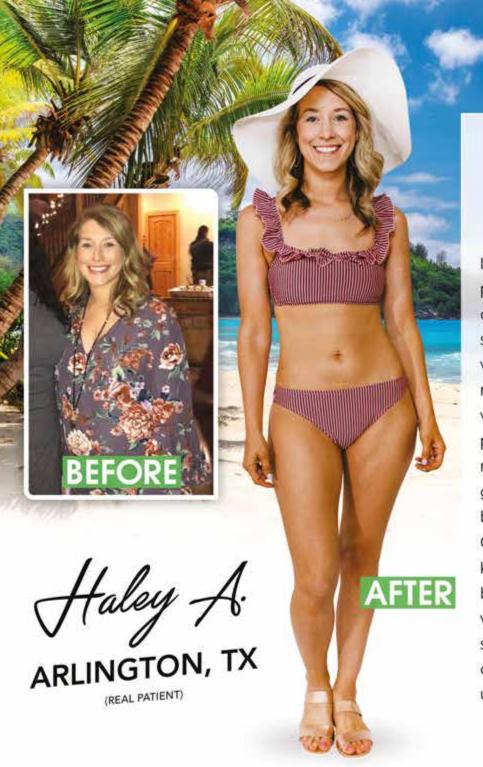
Mayor Ken Shetter leads the city during the COVID-19 threat

In the Kitchen With Isaac Rowel Also inside: Scavenger Hunt Kids' Fun Page Crossword/Sudoku

Featured Business: Texas Snow

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### **NAVIGATING CRISIS**

Growth pattern and foresight help community leaders as they guide Burleson through the current disaster.

BUSINESSNOW Texas Snow

16 AROUND TOWNNOW

20 COOKINGNOW



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### ON THE COVER

With the spirit of America, Burleson strives to remain strong.

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### MANAGING EDITOR'S NOTE

As we practice social distancing ...



During this COVID-19 pandemic, things have changed rapidly, necessitating companies make adjustments to how they do business, and we at NOW Magazines are no different. Like many of you, we are now officing from home, and our magazines may look a little different to you this month, due to some of the adjustments we have made as we navigate these challenging times. But we will get through these times together.

If you are like me, the events of the last couple of months have left you wondering what the future holds, but there is comfort in knowing our nation and the world have weathered many storms and come through OK on the other side. As I've pondered over this new reality, my thoughts have repeatedly gone back to one very brave lady named Corrie ten Boom. She and her family were Dutch Christians who lived in Nazi-occupied Holland during WWII. Their faith told them to love their neighbors as they loved themselves. So, they built a secret room in their home where, over time, they hid and saved nearly 800 Jews from the Nazi Holocaust. Eventually, they were betrayed, and the whole family was imprisoned in the concentration camps. Only Corrie survived.

In time, Corrie became an author and speaker with a worldwide ministry. Her message was one of forgiveness and reconciliation. While in college, I had the privilege of meeting Corrie's nurse, who cared for her during her last years. The stories about her life have always been an inspiration to me.

Corrie said, "Never be afraid to trust an unknown future to a known God." Wow. So much faith and trust from someone who had experienced so much hurt, loss and tragedy. She lost her loved ones, her home and her job. But she never lost her faith, and it carried her through the dark times. And on the other side of the dark, was beauty again — full of life and hope and purpose. As we navigate the dark times our world faces now, we, too, can trust our unknown futures to God.

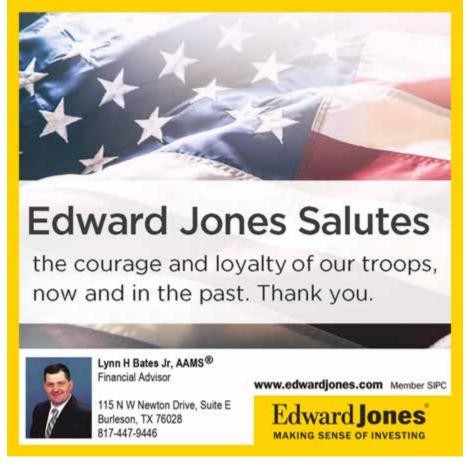
Beautiful stories are being reported of people finding ways to help, even in this time of social distancing. From a high school robotics class making face shields for medical professionals using 3-D printers and people shopping for neighbors in high-risk demographics to ministers holding online church services and entertainers live streaming concerts to add some joy to our lives, good is happening all around us, as people love others as they love themselves. What can you do within the guidelines our leaders have established to keep us safe and healthy? It may be no more than calling a family member or a friend, but hearing your voice might be exactly what that person needs at that very moment.

Is the future uncertain? Yes. But the truth is, the future is always uncertain. We never really know what the future holds. And it is always the best policy to live a loving, giving life.

We can know peace.

Becky Walker, Managing Editor · becky.walker@nowmagazines.com · (972) 937-8447







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In Texas, communities prepare for disasters, such as severe thunderstorms, tornados and the aftereffects of hurricanes. But a disaster caused by an unknown virus isn't a normal part of preparation. Nevertheless, Mayor Ken Shetter and other community leaders are moving forward during this difficult time in the history of America. Weathering a different kind of storm, he fully believes Burleson will emerge stronger at the end of this current threat.

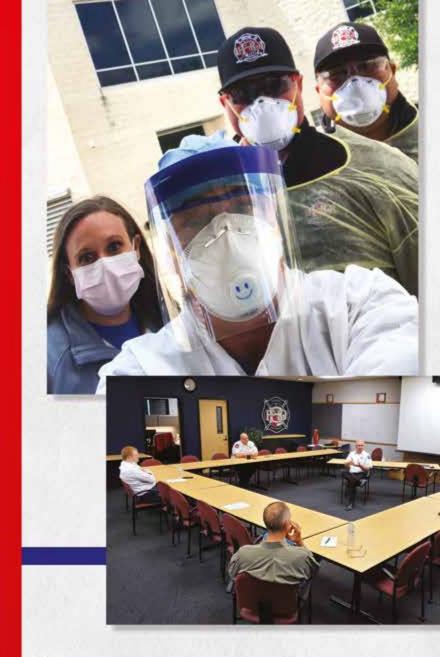
In the beginning of 2020, Fire Chief K.T. Freeman saw the virus in China as a potential issue. "The Fire Chief decided to stock up on supplies as a precautionary measure," Mayor Shetter shared. Early in March, Mayor Shetter and two other city council members attended the National League of Cities in Washington, D.C. Two other members opted to stay in Burleson for various reasons. "Immediately after our return, everything started snowballing," Mayor Shetter said.

Between March 12 and 15, he began discussions with Emergency Management and other leaders in the community. They followed Texas State Health Department and CDC guidelines, working closely with Tarrant County and MedStar. Then on March 16, the city of Burleson filed the declaration of state disaster. That move limited large gatherings to less than 250 people. Over the next week-and-a-half, the city council ratified amendments to the declaration. By March 25, they issued the "stay at home — work safe" declaration. Essentially, the declaration meant limiting the times and reasons for being out of the house. The marketing department, headed by DeAnna Phillips, did a great job of communicating with the community, which helped dissolve confusion.

In the wake of those decisions, Burleson's number of confirmed cases remains relatively low. However, after holding at five cases within the city limits for days, the number jumped to eight on April I. A week later, the city reported 17 confirmed cases, three having recovered and no deaths.

According to Mayor Shetter, Texas still has a lack of testing capabilities. He suspects more cases exist than what we see reported. "Don't rely on the official number," he said. "There are more out there." He continues watching the hospitals and ICU numbers and remains hopeful.

Currently on the fifth amendment to the declaration, which lasts until April 30 unless extended, the city of Burleson is taking additional steps for the community. With Dr. Steven Martin appointed as a public health official, they now can receive information directly from



# NAV

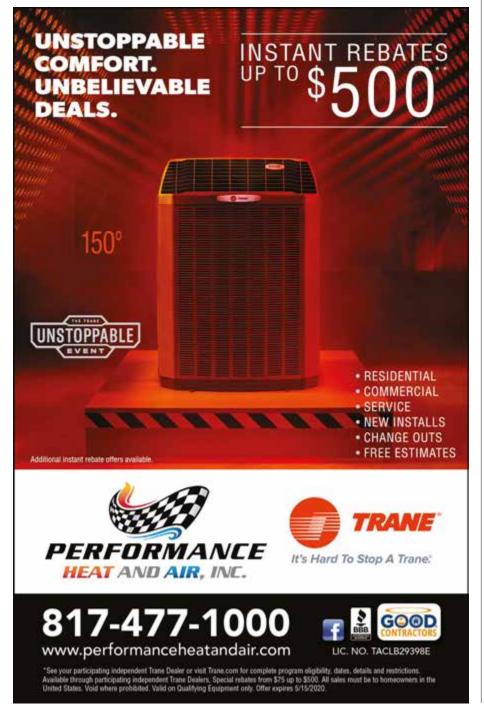
the state rather than have it flow through the counties. "Dr. Martin will also be a valuable resource to our emergency management team and city council as we weigh any further policy decisions that may arise as a result of this ever-changing situation," Mayor Shetter shared. "We also believe it will put us in a better position to manage the testing and containment procedures that are vital to control the spread of the virus."

In partnership with Questcare and Texas Health Resources, the city set up a drive-through testing facility at the Burleson Recreation Center, which they expect to provide sufficient testing



# IGATING By Lisa Bell RISIS S The second of the second





capacity and help them more accurately identify active COVID-19 cases. By identifying cases, they believe they can more effectively contain the spread of the virus from those cases.

The increase in known instances of the virus proves the virus exists in Burleson like Mayor Shetter suspected. As people in the community take the virus seriously, opting to stay home and practice social distancing, he expects Burleson won't see a raging increase in cases. Still, the mayor and city council want to take every precaution possible to guard the safety of Burleson's citizens.

"It's excruciating to make these decisions. Excruciating for businesses and individuals," the mayor said. "I'm proud of our businesses. The essential ones are doing business in a way that provides services and maintains safety. Most people are taking it seriously."

During the week of April 13, the city rolled out a program to provide \$500,000 in economic development funds to local businesses. Utilizing these funds, the city helped mitigate the economic impact of the disease. While many small business owners struggle, the program brings hope — especially for those hardest hit due to forced closures.

Mayor Shetter also complimented the way citizens utilize the parks during this outbreak. "It's amazing to see families enjoying the parks. While they cluster as families, they also keep adequate distances from others. And that is the key to flattening the curve."

Mayor Shetter pointed out two critical elements. One — let social distancing work. Without it, he sees the current state prolonged with increased deaths. Second — he sees a need to get the testing capacity up. Without it, the issue will remain for months instead of weeks. While he understands why harder hit areas receive priority for testing, he favors looking a step ahead. At the mercy of state and national government for testing, he continues working with them. Having the drive-through facility helps with this concern.

In the meantime, the mayor persists in doing what he can. By connecting businesses and individuals with all available help, he hopes to ease burdens. The city does business at a local level as much as possible. Looking at economic development resources, he searches for more tools. And with other leaders. Mayor Shetter wants to put policies in place to prevent a resurgence of the virus. "We all have to make sure policies are in place, so we don't go backward," he shared.

Under the current growth pattern and diverse tax base of the city, Burleson has resources smaller communities might lack — a definite plus. He's looking for creative and innovative ways to move forward. While businesses will change, the mayor views it as a positive thing — positioning to thrive not merely survive COVID-19.

Whether as a business or individual, this challenge produces different ways of doing things. "There are always positives on the other end. I imagine there will be permanent things in place," Mayor Shetter said. While he realizes life won't return to normal on day one, the mayor feels confident Burleson citizens will find common ground when the crisis ends. "It's critical that we look for ways to celebrate together when that time comes."

Mayor Shetter encourages each individual to take this threat seriously. "It is real. It isn't a hoax," he assured. "No one is invincible." Many people feel less vulnerable, the mayor included. Yet he stated, "If we help spread it to vulnerable people, then that's on us. Be part of flattening that curve."

The mayor reminds each individual to be gracious and patient with one another. Remember, the front-line people are doing their jobs. Be kind and understanding. When others act with impatience, treat them with compassion, too. Finally, remain hopeful. We will get through this. Find joy in little things. During this time, enjoy time with family you don't usually get. Help each other through the crisis. And slow down. As a nation, we tend to run fast, and if anything good comes from COVID-19, the reminder to relax may be the best one.

Throughout the crisis and as recovery begins, above all, remember the characteristics that make Burleson a great place to live. Rest assured, in looking back, things may appear different. Embrace the challenges for innovation and creativity, and prepare to celebrate together. NOW



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### **BusinessNOW**

### Texas Snow

- By Lisa Bell

**Texas Snow** 1490 SW Wilshire Burleson, TX 76028 (817) 648-9047 www.texassnow1836.com

Hours: Monday-Sunday: 3:00-9:00 p.m. (Open until 10:00 p.m. during the summer.) Mobile parties year-round by appointment.

While Texans don't see much snow falling, one welcome sight during warm weather comes in the form of Texas Snow shaved ice. In response to COVID-19, they will open their drive-through only on May I. Already hypervigilant, they continue with sanitary practices, changing gloves after every customer to prevent cross-contamination and by adding gloves for accepting cash payments. A card reader outside the window allows customers to use the preferred payment (debit/credit cards) without any contact.

After many years of working in the dental industry, Amy Roberts wanted to do something fun. In 2017, at 45 years old, she started the business, providing a treat most everyone adores.

"I love children and have a big heart for families," she divulged. "I want our customers to have a good day at Texas Snow. We want a safe, fun place for grandparents [or parents] to take kids."

A grandmother herself, Amy likes having a place that brings families together. After the pandemic ends, they will open seating outside again. She said, "After losing Adam [her grandson] in a car wreck, I needed some joy in my life. God gave me Psalm 40:3, so it became part of my logo." And the joy she finds in making others smile definitely puts a song in her heart.

Texas Snow creates a way back to basics, allowing children to be kids and adults to regain a sense of childhood. "One couple met here," Amy said. "We got to do snow cones at their wedding."

Amy's passion comes from customers. Two had a friendly

competition to see which one filled a reward card faster. A family scheduled a professional photo shoot because of fun memories there. In 2019, one regular customer's family came to buy a Texas-size snow cone for her when she ended up in ICU.

Texas Snow offers soft drinks and 100 flavors of snow cones. They also make a sugar-free alternative in all flavors, except the Unicorn (a blend of two cotton-candy tastes), using natural sweeteners instead of artificial ones. The kids love Worms 'n Dirt with cookie crumbs and gummy worms hidden in the snow. For adults, the Jalapeño-Pineapple tops the favorites list alongside El Paso Sunrise, a citrus rainbow, resembling a West Texas sunrise.

The joy she finds in making others smile with a snow cone definitely puts a song in her heart.

In addition to the stationary location, Amy can take Texas Snow anywhere throughout the year. She has served snow cones at birthday parties, weddings, community events, vacation Bible schools and more. She looks forward to revived group events.

As a BISD-certified vendor, she gives back by helping schools with fundraisers. Amy partnered with schools for fall festivals and to raise money for the dance team, STEAM and other projects. Normally, she participates in a birthday party for foster kids in partnership with the Royal Family Kids Camp. She hopes that still happens this year. With permit status as a caterer, Texas Snow can provide service at almost any event.

As her fourth summer begins, Amy looks forward to making new friends and seeing former customers return, even if they must drive through instead of hanging out. Her granddaughter, Bailey, knows all about snow cones and welcomes customers, too. Look for the mascots, Bailey and Adam, on her truck, and be sure to drive through frequently to try all the wonderful flavors. NOW







### **Around Town**



Ava Summerhill receives her certification from Texas State Florists' Association.

### **Zoomed In:** Kelsea Locke

By Lisa Bell

Just as it impacts most people, the COVID-19 outbreak changes the way *BurlesonNOW* representative, Kelsea Locke, works. Early in March, NOW Magazines, LLC. instructed employees to work from home — difficult for someone who spends much time visiting businesses. Her son, Harvey, adjusted too, staying home instead of spending his time in day care. "It's difficult because Harvey isn't quite old enough to entertain himself," she said. "Fortunately, he takes long naps, so I get a lot of work done then." When not napping, the adorable assistant, almost 2 years old, helps Mom his way. Kelsea continues reaching out to customers, doing her part to bring a great publication to the community, while staying connected safely.



David Matthews sets up Zoom for a cross-country family gathering.



During a Pathway Church food drive, volunteers mask up or maintain distance.



The BISD Child Nutrition staff keeps kids fed during COVID-19 outbreak.



Laura McBride admitted her dog, Alice, adores long walks.



The BISD technology staff keeps everything running smoothly for distance learning.



John Haley takes care of yard work, while staying home during COVID-19.



Paula Peckham spends time sewing face masks.











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# SCAVENGER



Letha Grace McCoy, winner of the \$50 Cash Prize from NOW Magazines, said, "What good news during tough times! Thank you BurlesonNOW Magazine. I am thankful and blessed."



Robert Rutt, winner of the 2nd \$50 Cash Prize from NOW Magazines, said, "Thank you for printing this magazine. I enjoy reading it each month."







Born in New Orleans, Louisiana, Isaac Rowel admitted his mother inspired him to cook. "She was an amazing cook. Food is so much of our culture, there's no way not to love it," he said. "It will bring family or even total strangers together." He loves making people happy with food.

After his mother passed, he succeeded in recreating her dishes. "She taught me to make a roux and a few other things. Her recipes were just in my heart and soul." Isaac does some catering and manages a restaurant in Crowley. "With any skill or craft, I think everyone reaches a point where teaching is vital," he said. "It shows how much you've grown and passes on all of your knowledge." Now

### **Barbecued Shrimp**

I stick butter
I cup olive oil
Salt, to taste
Pepper, to taste
3 cloves garlic, minced
I-2 Tbsp. Worcestershire sauce
I Tbsp. liquid smoke
Juice of one fresh lemon
Parsley, to taste

### 2 lbs. large shrimp, peeled and deveined Skewers (if using wooden ones, soak in water)

- **I.** Melt the butter; mix with all other ingredients, except shrimp. Reserve some of the marinade for basting.
- **2.** Place the shrimp in a large, re-sealable plastic bag. Pour the remaining marinade over the shrimp. Seal tightly; marinate in the refrigerator for 2 hours or overnight.

- **3.** Preheat grill to a medium-low heat. Thread shrimp onto skewers, piercing near the tail and head. Discard the marinade.
- **4.** Lightly oil the grill grate. Cook shrimp for 5 minutes per side until opaque, basting frequently with reserved marinade.

### **Crawfish Etouffee**

- 3 Tbsp. butter
- I onion, chopped
- I clove garlic, minced
- I each of orange, red, yellow and green bell peppers, chopped
- I bunch green onions, greens only, chopped
- 1 gt. chicken stock
- 1 lb. crawfish tails

Parsley, to taste

Salt, to taste

Pepper, to taste

Slap Ya Mama Cajun Seasoning, to taste (optional)

**1.** In a large pot, melt butter over medium heat. Sauté onion, garlic, peppers and green

onions until soft. Pour in chicken stock.

- **2.** Add crawfish tails and seasonings. Reduce heat to low and simmer 5 to 10 minutes, or until crawfish is cooked but not tough.
- **3.** Serve with rice.

### **New Orleans Style Red Beans**

2 lbs. dry kidney beans
I onion, chopped
I each of red, green, yellow and orange bell peppers, chopped
I lb. smoked sausage
Pork tails, to taste
Water to cover ingredients
Salt, to taste
Pepper, to taste

- **I.** Soak dry beans in water overnight; drain and rinse.
- **2.** In a large pot, sauté onions and peppers over medium heat. Add beans and meats. Pour in water to cover all ingredients. Add salt and pepper.
- **3.** Bring mixture to a boil; reduce heat. Simmer on low for 1-2 hours until beans are completely tender. Add other seasonings, as desired.

### **New Orleans Hurricane Cocktail**

Makes one cocktail.

Ice in shaker
2 oz. passion fruit juice
Sugar, to taste
1 oz. lime juice
1 oz. orange juice
2 oz. light rum
2 oz. dark rum
1/2 oz. grenadine
Orange slices, for garnish

- **1.** Put ice in a shaker. Add all other ingredients, except the orange slices. Shake until blended completely.
- **2.** Strain and pour into a hurricane-style glass. Add an orange slice as garnish. Sip slowly.
- **3.** Note: Add or subtract amount of sour and sweet components to suit your taste buds.

### **Shrimp Creole**

3 Tbsp. butter 1 onion, chopped

I bunch green onions, chopped

I green bell pepper, chopped

2-3 stalks celery, chopped

I gt. chicken broth

1 14.5-oz. can no-salt-added diced tomatoes, undrained

1 6-oz. can tomato sauce

2 lbs. shrimp, peeled and deveined Parsley, to taste





Salt, to taste Pepper, to taste Slap Ya Mama Cajun Seasoning, to taste (optional)

- **1.** Melt butter in a large pot over medium heat. Sauté onions, pepper and celery; cook until tender.
- **2.** Pour in chicken broth; add tomatoes and tomato sauce. Increase heat; bring to a boil.
- **3.** Stir in shrimp; cook for approximately 5 minutes until shrimp is thoroughly cooked. Add seasonings.
- 4. Serve with hot cooked rice.

### Jambalaya

Double or triple recipe for large crowds.

Oil, for sautéing

3-4 stalks celery, chopped

I green pepper, chopped (bell or other type based on spiciness desired)

I onion, chopped

Garlic, minced, to taste

- 1 4- or 5-lb. chicken, cooked, deboned and shredded or diced
- I lb. sausage, cooked and sliced or chopped
- 1 qt. low-sodium chicken broth
- 1 14.5-oz. can diced, no-salt-added tomatoes



1 6-oz. can tomato paste Parsley, to taste Salt, to taste Slap Ya Mama Cajun Seasoning, to taste

- **1.** Heat oil in a large stockpot over medium heat. Add celery, peppers and onions. Sauté until brown; add garlic. Cook another minute or two.
- **2.** Stir in chicken, sausage, chicken broth, tomatoes and tomato paste; mix well. Add seasonings, reduce heat; let simmer.

### Crab Cakes

1/2-1 onion, diced 3-4 stalks celery, diced

red bell pepper, diced
 bunch green onions
 (greens only), diced
 cloves garlic, minced
 lb. lump crab meat
 Parsley, to taste
 Pepper, to taste
 Morton's Season-all Seasoned Salt, to taste
 Tbsp. oil, for cooking

- **1.** Mix all ingredients, except oil, together until well blended. Shape into small cakes. Heat oil in a skillet over medium heat.
- **2.** Pan-fry the crab cakes in the heated oil until brown on one side. Flip and repeat until the other side browns. Remove from heat and serve.





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### **Crossword Puzzle**

1	2	3	4		5	6	7			
8		+	+		9	$\vdash$		10	11	12
13	T	$\vdash$	t		14	T		T	T	1
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22	23				24		$\vdash$		25	26
27	T	T		28		t		29	T	1
30	1		T	T	T		31			1
32		$\vdash$	T	T	T		33			T
			34	+	1		35		+	+

Crosswordsite.com Ltd

### Across

- 1 Greatest part
- 5 Pull laboriously
- 8 Fuzzy red monster
- 9 It's on top of the world
- 13 -- Turing, of "The Imitation Game"
- 14 Dark
- 15 Abner's intro
- 16 Ladies' man
- 17 Scold
- 19 Basic unit of heredity
- 20 Average
- 21 Fondle
- 22 Supercilious manner
- 24 Discontinued Chrysler marque
- 27 Bewitched
- 29 One circuit
- 30 Deliver to a judge
- 31 Opportune
- 32 Not destroyed or lost
- 33 Way out yonder
- 34 Defiant exclamation
- 35 View from Los Alamos

### Down

- 1 Soft, dry and friable
- 2 Skateboard maneuver
- 3 Contract details
- 4 Weight unit: may be long or short
- 5 Illumination
- 6 "Daily Bruin" publisher
- 7 Composer -- Bizet
- 10 Perk up
- 11 So be it
- 12 Funerary bonfire
- 16 Amtrak unit
- 18 Urgent sale words
- 21 Write
- 22 His name is on a stadium in Queens
- 23 Large-screen format
- 24 Pool dimension
- 25 Spanish appetizers
- 26 Musical drama
- 28 Sushi option
- 31 Run into

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Medium Easy 

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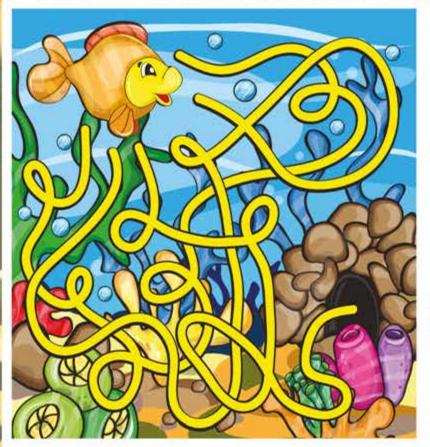
Crosswordsite.com Ltd

Solutions on page 28





## Mis Fun Page



Help dog find his favorite food







Answer:

















R	В	A	N	A	N	A	A	C	В
Е	Α	Р	Р	G	S	Р	Р	0	L
G	s	S	Е	G	Α	Е	R	R	U
G	I	Т	Р	Е	Е	Α	I	N	Е
Р	L	0	Р	В	Р	C	С	0	В
L	Р	R	Е	L	Е	Н	0	L	Е
Α	Е	R	R	U	M	R	Т	Е	R
N	Α	Α	Р	Р	L	Е	R	M	R
Т	R	С	C	Н	Е	R	R	У	У
N	0	L	Е	M	R	Е	Т	A	W

APPLE APRICOT BANANA BASIL BLUEBERRY CARROTS CHERRY CORN EGG EGGPLANT MELON PEACH PEAR PEAS PEPPER RASPBERRY WATERMELON













MYSTERIOUS WORD:













### TOTAL BLESSINGS

This organization assists people, expecially women and children, escape from domestic violence situations, offering hot lines and crisis intervention, mental health services and protection against abuse. 1095 Remington Circle, Burleson, TX 76028. totalblessings.org

### RACEHORSE REMEMBER ME **RESCUE FOUNDATION**

This organization has rescued many racehorses that otherwise likely would have been sent to slaughter. Not only does it find them new homes, it helps retrain them for life after racing. 4100 Conveyor Dr., Burleson, TX 76028. teamkeen.com or remembermerescue@live.com

### SLEEP IN HEAVENLY PEACE

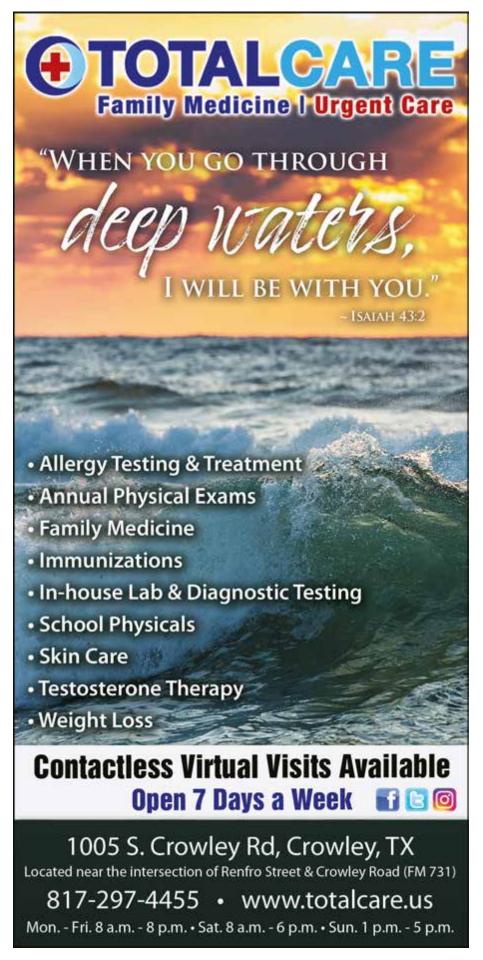
TX-Johnson County Chapter No Kid Sleeps on the Floor in Our Town. With the help of sponsors and volunteers, this nonprofit builds and delivers beds to children (3-17) who do not have a bed of their own. Bruce and Krista Crenshaw, (817) 718-0228 or www.shpbeds.org.

### **HARVEST HOUSE**

The Harvest House provides basic necessities, spiritual encouragement, education and care to individuals and families in our community. Their vision is to help families break the cycle of hopelessness by providing resources that assist in restoring their dignity and independence. Jennifer Woods, Director jennifer@yourharvesthouse.org harvest@yourharvesthouse.org (817) 295-6252

### A WORLD FOR CHILDREN

A World for Children is the first foster/adopt child placing agency in Burleson. They recruit, train and license families right here in Johnson County to become both foster and adoptive families. Patti Rooks, Regional Director, Dallas, Burleson, Tyler: RooksP@awfc.org (972) 616-0095 or (469) 818-1389 www.awfc.org







### Crossword -Sudoku Solutions

1 <sub>M</sub>	0	3 S	<sup>4</sup> T		5 L	6 U	G G			
<sup>8</sup> E	L	М	0		9 1	С	Е	10C	11A	<sup>12</sup> P
13 A	L	Α	N		14G	L	0	0	М	Y
15 L	1	L		16C	Н	Α	R	М	E	R
17 Y	Ε	L	18 L	Α	Т		9G	E	N	Е
		200 P	Α	R		21P	Е	Т		
<sup>22</sup> A	23	R	S		24 D	Е	S	0	25 T	<sup>26</sup> 0
27 S	М	Û	Т	28 T	E	N		29 L	Α	P
30 H	Α	N	D	U	P		31 R	1	Р	Е
32 E	Х	Т	Α	N	Т		33 A	F	Α	R
			Y	Α	Н		35 M	E	S	A

### Easy

1	3	4	5	7	6	8	2	9
8	7	6	2	1	9	4	5	3
5	2	9	4	3	8	1	6	7
3	4	2	1	8	5	7	9	6
6	8	5	9	2	7	3	1	4
9	1	7	6	4	3	2	8	5
2	5	3	8	6	4	9	7	1
		1						
4	6	8	7	9	1	5	3	2

### Medium

2	9	7	5	4	8	1	3	6
5	4	3	1	6	7	8	9	2
1	6	8	9	3	2	7	4	5
6	2	1	4	9	3	5	7	8
7	5	9	6	8	1	3	2	4
3	8	4	7	2	5	6	1	9
4	3	2	8	1	6	9	5	7
			2					
			3					





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