

North Ellis Co.

Red Oak | Ferris | Glenn Heights | Oak Leaf | Ovilla

M A G A Z I N E

MAY 2016

NOW

It Takes a Team

The wheels are rolling,
thanks to Tammy
Pickett's dedication

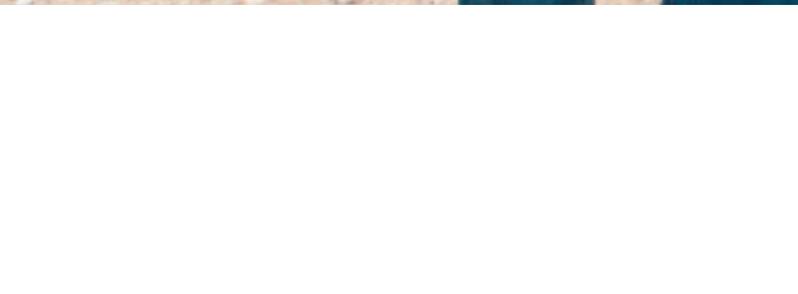
Asian Journey

At Home With Bob and Joy Cullen

Always a Model
Keeping You Independent

Dining Deals

In the Kitchen With
Melba Beam





V-Care Health Services

... Live Life Pain Free

UNIVERSITY PLAZA, 401 N. HWY 77 • SUITE #1 • WAXAHACHIE
WWW.VCAREHEALTH.ORG

WE OFFER ALL UNDER ONE ROOF:

- MEDICAL
- CHIROPRACTIC
- MASSAGE THERAPY
- PHYSICAL THERAPY / REHABILITATION
- SPINAL DECOMPRESSION
- DURABLE MEDICAL EQUIPMENT
- MEDICAL WEIGHT LOSS

RELIEVE PAIN WITHOUT SURGERY



NECK PAIN



KNEE PAIN

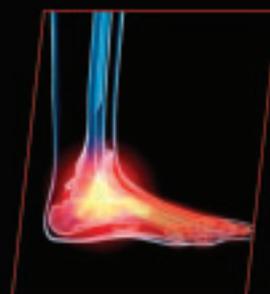
Our New State-of-the-art Facility Includes:

- DR Panel Digital X-rays
- DRX 9000 Spinal Decompression
- Lipo Lite Laser for Medical Weight Loss
- Therapeutic Electrotherapy and Physical Therapy units

**NOW
ACCEPTING
NEW
PATIENTS**



BACK PAIN



NEUROPATHY

**CALL NOW FOR
FREE CONSULTATION
214.550.0680**
or email us at info@vcarehealth.org



HEADACHES



JOINT PAIN

MONDAY TO FRIDAY 8:30AM TO 6:30PM
SATURDAY APPOINTMENTS AVAILABLE

Treatment is Safe and Easy and Requires **NO SURGERY**

We Use Natural Medicines Which Have Absolutly **NO SIDE EFFECTS** & Great Results

Treatment is Covered by Most Insurance Companies, Including Medicare

Afraid of the dentist?

Come relax with oral sedation and nitrous.

Come meet Dr. Martin and the rest of the caring Fearless team.



Mention this ad and get
FREE WHITENING FOR LIFE
when you become a patient at
Fearless Dental. **FREE** trays and then
FREE whitening gel at every cleaning.

Dr. Martin does white fillings, crowns, bridges, veneers, implants, implant dentures, root canals, extractions, Invisalign. He sees children. Our hygienist, Melinda, does deep cleanings if gum disease is present. Years of dental needs can be completed quickly and with very few appointments all in our office.

Same-day treatment available.
No-interest financing W.A.C. for up to 2 years.

Convenient Hours: 8am-6pm M-Th F 8am-1pm

In network with these major PPO plans:
Aetna, Delta, Cigna, MetLife, Guardian,
United Healthcare, Blue Cross Blue Shield of Texas,
Humana, Principal, Ameritas, Dental Select, UCCL

www.FearlessDental.com

972-617-3322 · 101 Austin Boulevard · Suite 100 · Red Oak, TX 75154

Snap on Denture

Lower only with 2
implants **\$6,995**

\$292
/month

*No interest
for 24 months



Upper or lower with
4 implants **\$8,995**

\$375
/month

*No interest
for 24 months

*With Valid Care Credit

Call our office for more details and to schedule your complimentary snap on consultation.

YOUR PARTY SUPPLY HEADQUARTERS
FOR ALL OCCASIONS!



Bear Creek Beverage & Spirits



Viniq 750ml
\$19.99



Tito's Vodka 1.75
\$28.99



Double Cross Vodka 750ml
\$26.99



Forty Creek Whisky 1.75
\$39.99



Slurricane 750ml
\$21.99



RumHaven 1.75
\$21.99



Never Too HungOver
\$3.99



972-217-1118

shawn@bearcreekbeverage.com

1350 East Bear Creek Road
Glenn Heights, TX 75154

Prices subject to change.



Publisher, Connie Poirier

General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker
North Ellis Co. Editor, Jo Monroe
Editorial Coordinator, Sandra Strong
Editorial Assistant, Rachel Smith
Writers, Virginia Riddle
Rachel Smith . Betty Tryon
Editors/Proofreaders, Pat Anthony

GRAPHICS AND DESIGN

Creative Director, Chris McCalla
Artists, Kristin Bato . Morgan Christensen
Martha Macias . Brande Morgan
Shannon Pfaff . Anthony Sarmienta

PHOTOGRAPHY

Photography Director, Jill Rose
Photography Coordinator, Amy Ramirez

ADVERTISING

Advertising Representatives,
Cherise Burnett . Bryan Frye . John Powell
Linda Roberson . Teresa Banks
Linda Dean-Miley . Mark Fox
Casey Henson . Cedrick Logan
Melissa McCoy . Carolyn Mixon
Cleta Nicholson . Lori O'Connell
Steve Randle . Joyce Sebesta

Billing Manager, Angela Mixon

CONTENTS

 May 2016 • Volume 11, Issue 5

8



ON THE COVER



Tammy Pickett (right) and Marjorie Adams (left) share a commitment to ROISD.

Photo by Amy Ramirez.

8 It Takes a Team
Tammy Pickett is constantly on the move as Red Oak ISD transportation supervisor.

16 Asian Journey
At Home With Bob and Joy Cullen.

22 Always a Model
Bullet proof vest or designer dress, Angela Barnes wears it well.



16

28 BusinessNOW
30 Around TownNOW
36 CookingNOW

North Ellis Co.NOW is a NOW Magazines, L.L.C. publication. Copyright © 2016. All rights reserved. North Ellis Co.NOW is published monthly and individually mailed free of charge to homes and businesses in the Red Oak, Ferris, Ovilla, Bristol, Glenn Heights, Pecan Hill and Oak Leaf ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.



Editor's Note

Hello, North Ellis County!

I just cannot believe that spring is here already, and the flowers are in full bloom. Nature has a great way of teaching us what we naturally should know. It is time for a fresh start.

My January resolution, to eat healthy, gave way to jelly beans this past March. So, I am making a new resolution, especially after my diet plan fizzled out, the time for going to the gym was rescheduled and that wonderful "green stuff" was no longer fun or interesting. I have decided to allow myself the option to make a new plan every few months. This has given me new hope to succeed by taking kickboxing training. The next plan may include bicycling. No matter, I will not give up my original resolution to be healthier and exercise. Whatever your plan is to be healthier, I encourage you — don't stop exercising!

From my heart and pen,

Jo

Jo Monroe

North Ellis Co. NOW Editor

joanne.monroe@nowmagazines.com

Happy Mother's Day

CELEBRATE MOM!
PURCHASE HER A SPA GIFT SHE WILL LOVE FROM LUXE TOUCH!

GIFT CARDS & CERTIFICATES AVAILABLE

50% OFF
FIRST TREATMENT OF:
-LASER HAIR REMOVAL
-EMATRIX
-ZERONA
-MICRONEEDLING

V.I.P. MEMBERSHIPS
STARTING AT **\$59** PER MONTH
Save on Laser Treatments, IPL Fotofacials, Medical Peels, Products and sooo much more

Luxe touch
laser center and med-spa

507 I-35 SOUTH, SUITE 100
RED OAK, TEXAS
(972) 576-1111
WWW.LUXE-TOUCH.COM

Pets love grooming at

AH ANIMAL HOSPITAL OF OVILLA

972-617-9996 • 3357 Ovilla Road in Ovilla
www.OvillaVet.com
7am-6:30pm Monday-Friday • grooming Tues-Thurs



Ferris ISD Open Enrollment Begins May 2nd

Ferris ISD allows students who live outside of our attendance zone to apply to become a Yellowjacket through our Open Enrollment process. The district usually screens and permits about 40-50 students to join the district each year. The registration process for Open Enrollment with Ferris ISD can be found on the district website (www.ferrisisd.org). There are two links to look for on the left side: Open Enrollment Guidelines and Open Enrollment Application. You will need to gather your child's last two years' attendance, grades, assessment scores and behavior records. Some grade levels fill up quickly so be sure and apply as soon as possible.



If you are interested in learning more about the policy or if you would like to enroll your child, please visit www.ferrisisd.org or contact Assistant Superintendent, Dr. Melinda Domain at 972-544-3858.

Home of the Yellowjackets

www.FerrisISD.org

Spoil Mom on her Special Day!

Impressions Salon Etc.

\$5 OFF
Any Product
or Service (with this ad)

\$10 OFF
Cut & Color
New client only

Free
Cut w/Color
Ask for Stephanie & Rose

30% OFF Spa Services w/Gabe

New Client Special - Wednesday's 25% OFF Hair Services

Mom would love a Gift Certificate from Impressions!

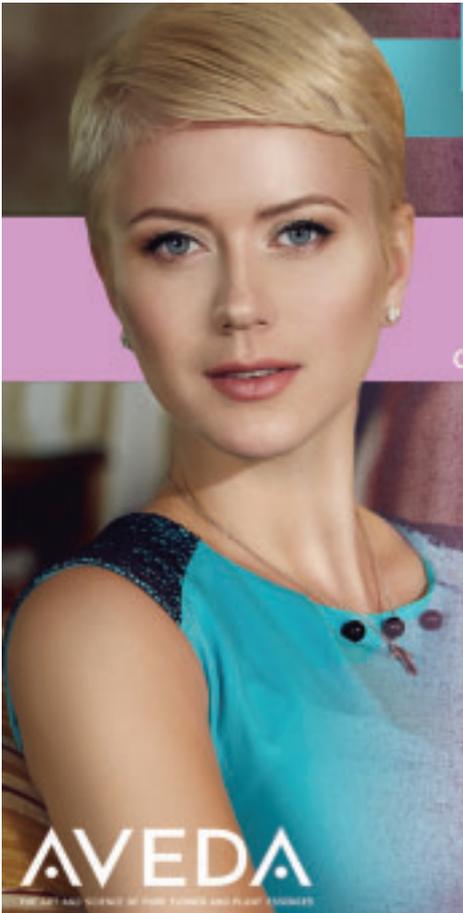
one coupon per customer, per month Exp 5.31.16

- Cut, Color & Highlights • Balayage & Ombre
- Blow Outs • Special Event Hair • Bridal Parties
- Manicures / Pedicures • Massage
- Skin Care Specialist

Hair, Skin & Make-Up Products

202 Suite B N. I-35 • Northbound Service Rd.
between Ovilla & Red Oak Rds

Red Oak • 972-617-6300 • Open at 8am Tues Thru Sat



**CALL NOW
FOR THE NEW
COUNTERTOPS
YOU'VE ALWAYS
WANTED!**



*Granite, marble & quartz fabricator
for kitchen & bathroom countertops*

*Extensive color selection combines beauty,
function & elegance for any bathroom
or kitchen!*



MTM Countertops

2460 Hwy. 287 N. • Mansfield
For more info call 866-439-1935.

(Northbound service road -
between Callender Rd. & Turner-Warrell)

FREE

**18-gauge
Stainless Steel Sink**
(\$350 value)

Call or visit our website for details!
www.MTMCOUNTERTOPS.com

- * FREE Estimates
- * Competitive Pricing
- * Up to 15-year Warranty
on Some Products



**COME SEE OUR
WIDE SELECTION!**

SHOWROOM HOURS:
MON-FRI: 8AM - 5PM
SAT 10AM-2PM



OVER
1,000
 DIFFERENT
 TYPES OF
AMMUNITION,
 IN-STOCK,
 FROM
.218
 WINCHESTER BEE
 TO .454 CASULL
 & EVERYTHING
 IN BETWEEN
LIKE
.38 SUPER

ORDER NOW AT
SWFA.COM
1.972.SCOPE IT
 (1-972-726-7348)

OR
 COME SEE US AT
5840 E. US HWY 287
MIDLOTHIAN, TX

SEE WHAT
 YOU'VE BEEN
 MISSING[®]



Like us on
 Facebook



SWFA SS HD 1-6x24
 Tactical 30mm
 Riflescope
\$999.95
SSHD162420



Springfield Armory
 XD6 Mod2 9mm 3"
 Subcomp 16rd Black
\$449.95
SPRD0099074C



S&W Bodyguard .380
 ACP 2.75" Barrel
 6 Round
\$339.95
SWD03031



Glock OEM 42 .380
 ACP 3.25" Barrel 6+1
 Capacity Fixed Sight
\$409.95
GLK042020V



ICDtac
 ICDtac GC300
 Electronic Game Call
\$79.95
ICD0300



BADGER
 Badger Ordnance
 "Bone" Shooting Bag
\$24.95
BAD000081



Magpul Hunter X-22
 Ruger 10/22 Stock
\$127.95
MAG0085LK



SilencerCo Spectre II
 22 Rimfire Suppressor
\$349.99
SCS0145



MTM Survivor Ammo
 Can
\$34.95
MTM00003



LANSKY
 Lansky T.A.S.K.
 Apocalypse Survival
 Kit
\$140.95
LANSKY001



Wise Company Five Day
 Emergency Survival Kit
 for One Person
\$62.95
WIS0000000



15 Loaded 30rd Troy
 Mags MTM Plastic
 Ammo Can .223 55gr
\$349.95
LOAD001M1V03



YETI
 YETI Rambler Bottle
\$39.99 - 18oz.
\$59.99 - 36oz.
\$89.99 - 64oz.
YET000



FIOCCHI
 FIOCCHI 50 Ammo
 9mm Luger 115gr FMJ
 50rd Box
\$12.99
FC000P



FIOCCHI
 FIOCCHI 50 Ammo
 .380 ACP 95gr FMJ
 50rd Box
\$14.99
FC000AP



FEDERAL
 Federal Ammo 5.56
 XM193 55gr 20rd
 FMJBT
\$6.99
FED00000





“I am very proud
of our team here
at Red Oak ISD.”

It Takes

At the Red Oak ISD Senior Appreciation Luncheon, Tammy Pickett moved through the tables to greet the seniors and make sure everyone was seated and served. To observers, it was clear that Tammy is a moving part of the ROISD administration team. As the ROISD transportation supervisor, Tammy is used to serving the community. She is dedicated to daily overseeing the massive responsibility of keeping ROISD students safe, while transporting them to school and back home again.

Generally, any school's transportation department will consist of a line-up of buses, a fleet of drivers, a few clipboards and a garage full of mechanics. Taking a closer look, however, you will find a school transportation department is made up of far more than the basics. Tammy's team at ROISD is as unique and dedicated as its leader.

Remember back to the nursery rhyme song about the wheels on the bus going 'round and 'round. Sounds simple, right? But in today's world, the responsibilities and liabilities to the moving of school buses loaded with students is far more complex. Tammy not only makes sure the wheels go 'round and 'round, but that they go on the right route, with the right students, at the right time. "It is my main concern to deliver



a Team

— By Jo Monroe

students to school and back home safely,” Tammy stated.

Growing up in Missouri, Tammy learned to drive in the winter weather. Her experience with driving in snow and ice, prepared her for handling the abnormal and unexpected Texas weather, which sometimes changes from rain and hail to ice and snow all in the same day. She stays ready to meet the many challenges that come with the changing weather and road conditions.

Tammy’s duties include overseeing the hiring and training of bus drivers, implementing federal and state laws, administering the transportation budget and ensuring that programs are cost effective and funds are managed wisely. In addition, she compiles, maintains and files records and other state and federal

documents required in transportation. She is also responsible for the scheduling of the fleet of 47 buses, two charter buses and a loyal team of bus drivers and monitors. She is meticulous as to the demographic and logistic concerns of parents, teachers, students and the bus drivers, as well as the ROISD team of mechanics that maintains all 49 buses, 45 district white fleet, tractors and lawn mowers. “Some of our training includes role play. One bus driver will play the student, and another will play the driver. I think it’s best for the drivers to understand what the students are going through,” Tammy added.

Transporting students on an event trip takes extra preparation. Recently in one week alone, they had 75 extracurricular trips scheduled. “Traveling to a distant football game, anything can

SCHEDULE YOUR SUMMER APPOINTMENTS TODAY!

No dental insurance?
Call us and ask about
our savings plan.

Dr. Pearson and her staff are
devoted to giving their patients
a quality dental experience.

We understand it isn't only about teeth
but it is important to remember "you"
the individual, your concerns and needs.



General Dentistry • Private Practice • Care Credit Financing

Pearson Family Dentistry

972-576-0602 • 307 E. Ovilla Rd., Suite 400, Red Oak



Tammy Pickett poses with Rodney Pickard and Keith Long.

happen. We want everyone to return safely," Tammy stated.

"Communication is key. I depend on our team lead and shop foreman, Rodney Pickard," Tammy said. Rodney has been with ROISD since 2011. "He keeps me informed. If something happens, such as a breakdown, they will call me. I have been up here at 1:00 a.m. if a driver couldn't get in the gate. It happens. I am here to help them," she added.

At the first sign of inclement weather, it is not unusual for Tammy to step into a bus, sit behind the wheel and head out, to help bring students safely home. "If a route changes, we will call each and every parent to inform them of the change," Tammy said. "And if a parent can't find their child, we will be on alert until the parent confirms that the child is safe and at home."

Tammy started driving a school bus in 2006. She eventually moved into the office and later advanced to the position of ROISD transportation supervisor. She doesn't talk much about herself, but she does like to discuss her team and the



- Burial
- Pre-planning
- Aftercare
- Online Memorials



Waxahachie Funeral Home

Celebrating life and cherishing memories with dignity and integrity.

Difficult Decisions?

Pre-planned funeral arrangements can help reduce that burden on you and your loved ones in your time of need. We offer a minimum \$200 discount on any pre-arranged, traditional funerals.

972-923-1595 | 1201 W. Hwy. 287 Bypass | Waxahachie
www.waxahachiefuneralhome.com

dedication and commitment they have to keeping the buses rolling and students safe. "I am very proud of our team here at ROISD," she emphasized.

Tammy believes it takes a very special person to drive a bus. Red Oak has seen such growth in the number of families and students. "There is one person who knows all about this, better than anyone. That is Marjorie Adams. She has been with ROISD driving a school bus since the 1986-1987 school year." Marjorie shared with Tammy, that when she started, there were only nine buses. There seemed to be a boom of families moving to Red Oak in 2003, and it has continued ever since. The current number of students riding the buses is 2,703-3,051 on any given day.

"We always try to keep the numbers on each bus to 50 students — two students to a seat. The bus capacity is 71-77, but that count is for the elementary students," Tammy stated.

"In addition, we have 89 special needs students to transport every day," Tammy shared. "The number of special needs students has grown in this district. They are very dear to my heart. I love our special needs department. They are great. We do our very best to make sure our special needs students are familiar with their bus driver and/or the monitor on their bus. It's important to have them feel safe and comfortable."

Tutorial buses require special scheduling. When a student participates in the tutorial program, they stay after school to receive the tutoring. To accommodate this schedule, the bus drivers make two trips. They deliver the first group of students home right after



Dream Horse or Night-Mare?

- Riding Lessons
- Therapeutic Riding
- Horse Training/Problem Solving
- Colt Starting
- Confidence Building

CALL TODAY!
(469) 765-6556
Like us on Facebook. 

DAKOTA HANEY NATURAL HORSEMANSHIP.COM

BEFORE EMERGENCY STRIKES, MAP YOUR PLAN.

In an emergency, there's no time to research your options. That's why it's important to map out your plan now. From which symptoms signal an emergency to the location of your closest Baylor ER, having a plan just might save your life.

MAKE A PLAN TODAY | BAYLORHEALTH.COM/EMERGENCYMAP

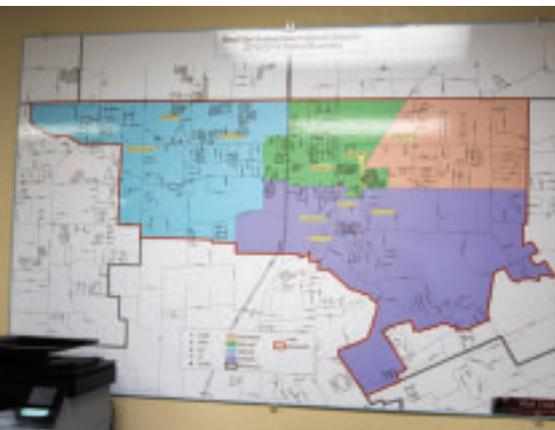


Baylor Scott & White
MEDICAL CENTER
WAXAHACHIE

2400 N. I-35E, Waxahachie, TX 75165 | 469.843.4000

Please seek a local service at the end of the road or nearest of Baylor Scott & White Health subsidiary, community or official medical center and do not provide a local service at the end of the road or nearest of Baylor Scott & White Health subsidiary, community or official medical center. Baylor Health Care System, Baylor Scott & White Health, ©2016 Baylor Scott & White Health. 01/16/16, 01/16/16, 01/16/16, 01/16/16

FOLLOW US ON

ELLIS COUNTY BBQ

Catering for Any Occasion:
INCLUDING GRADUATION AND TAILGATING PARTIES

Dine-In or Order To-Go!

COME BY AND CHECK OUT OUR DAILY SPECIALS

\$5 OFF Any Food Order \$25 or More
Excludes sales tax. Limit 1 coupon per party. Not valid with any other specials. Expires 5/31/16

705 W. MAIN ST., OVILLA, TX 75154 • 972-515-8110
MON. - FRI. 11:00 A.M. - 7:30 P.M. • LIKE US ON FACEBOOK



 **Bristol Hospice**
PATHWAYS LLC
EMBRACING A REVERENCE FOR LIFE®

WE PROVIDE:

- Pain and Symptom Management
- Counseling and Support Services
- Spiritual Counseling • Therapy Service
- Skilled Nursing Care • Home Health Aide Services
- Volunteer Services
- Supplies, Medication and Durable Medical Equipment related to the Life-Limiting Illness
- Continuous Care • Outpatient Services
- General Inpatient Services • Respite Care Services

972-923-2436
115 Park Place Blvd., Suite 100
Waxahachie, Texas 75165
www.bristolhospice.com



school is dismissed, then they return to the school, pick up the tutored students and take them home.

“The community is really great here. They inform us if they see things going wrong, which is great, because we aren’t out there all the time,” Tammy said. “When the recent tornado came through, I couldn’t believe the outpouring of help from the community and all the people who showed up with trucks and trailers. It was wonderful.”

Tammy’s task is to keep the students and the transportation staff safe. “I just want to say thank you. Thank you for calling in regarding concerns or issues,” she said. “We want to know about them, so we can address them.”

There is one thing about people who are recognized for doing well — they are humble and always give credit to the team. “I couldn’t do it without our “Transportation Family,” Tammy shared. “It takes a team to ensure your child’s safety!” **NOW**



"Where Country Living Begins"

1/2 to 27 acres in various locations

Low Down Payment

Owner Financing

Affordable Monthly Payments

972-842-3276 • 101 S Main • Ferris TX
www.LandHeadquarters.com



TURF-SCAPE

LANDSCAPE AND IRRIGATION



- Irrigation Service & Repair
- Landscape Design & Installation
- Hardscape Design & Installation
- Weed Control & Fertilization
- Backflow Prevention Assembly Device Testing
- Full Service Lawn Maintenance

972-938-2956 • www.turf-scape.co
info@turf-scape.co

Like us on



Licensed by Texas Department of Agriculture, TDA#0513565
 TCEQ Licensed Irrigator 21842 • BPAT #16386



A new kind of gun store serving Ellis County and surrounding areas.



VETERAN OWNED

507 N. Hwy. 77, Suite 404
 Waxahachie, TX
 (Next door to Big Lots)

972-755-1770

info@faitharmorytx.com

Open

Tuesday – Saturday
 10:00 a.m. – 7:00 p.m.



Find us on Facebook at Faith Armory TX

FREE

Single Letter Monogram

for Mom

on
"Game Day" tote bag **\$22**
(reg. price \$30)



CHANEY'S DESIGNS

Embroidery & More

206 S. Hwy. 342, Ste. B • Red Oak

972.576.5800 • 9-5 T-F 10-2 SAT

G&H

Glass & Carpet

Family Owned & Operated Since 1993

**Residential & Commercial
Sales, Installation & Repair**

- PLUSH • BERBER
- FRIEZE • VINYL
- CERAMIC • PORCELAIN
- HARDWOOD • LAMINATE
- INSULATED GLASS PANES
- SOLAR SCREENS
- SHOWER ENCLOSURES
- SCREEN • STORM DOORS • PATIOS
- COMMERCIAL STORE FRONTS
- GLASS & WINDOW REPLACEMENT

111 S Main, Ferris
M-F 8-5 • Sat by Appt
972.842.3075
www.ghglassandcarpet.com

NEW DAWN HEALTH AND HOSPICE

*"Where Excellent Care is Standard,
Not a Goal!"*

OUR HOSPICE SERVICES

- Physician Services
- Skilled Nursing
- Hospice Aide/Homemaker
- Medical Social Worker
- Volunteer Services
- Chaplain Services
- Dietary Counseling Services
- Therapy Services (PT, OT, ST)
- Medications, Durable Medical Equipment, Medical Supplies
- Ambulance Services
- Bereavement Services

HOW YOU BENEFIT FROM HOSPICE:

- Our staff is passionate about Excellent Care!
- Cost of Care is covered 100% by Medicare or Medicaid
- Care is provided wherever patient resides
- Hospice Team is available 24/7
- Grief Support

Experience the
"New Dawn Difference"
Call us to schedule a "no-obligation" consultation.

972-283-5590
1005 E. Pleasant Run Road, DeSoto, TX 75115
WWW.NEWDASHOSPICE.COM

★ All American ★ Painting & Handyman

No job too big or small.

- Interior & Exterior Painting • Tape, Bed & Texture
- Wood & Laminate Installation
- Fence Repair, Staining & Installation • Roof Repairs

(214) 235-9443
FREE on-site estimates.
30 years experience.
Mention this ad for
\$175 OFF 2 or more rooms!

TEACHERS WHO TUTOR

All Subjects • Certified Teachers
STAAR Test Prep
Our students have passed
STAAR for the past 3 years!

101 Tutoring
972-515-8883
3323 Ovilla Rd, Ovilla, TX

NOW ENROLLING
Summer & School Year Programs



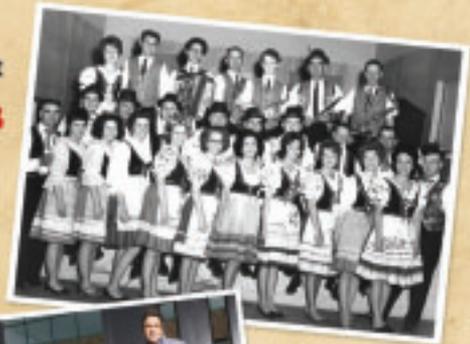
FRIDAY, MAY 27
King & Queen Dance Contest

SATURDAY, MAY 28

PolkaFest Run, Parade,
Arts & Crafts, Kolache Eating
Contest, Czech Food,
Horseshoe Tournament,
Polka Bands including
Grammy Award Winning
Brave Combo, and the
Country Concert:
Lonestar with special guest,
Jamie Richards

SUNDAY, MAY 29

Polka Bands including
Grammy Award Winning Brave
Combo, Czech Food,
Arts & Crafts and More!



(972) 878-4748
nationalpolkafestival.com



Local Services,
Measurable Savings.



Call today and see how much you can
save on Auto and Home from Farmers.

As your local Farmers agent, I can help you
understand available coverage options and
provide you with insurance coverage
options for your individual needs.
Call me today and start saving tomorrow.



NARABINE WHITE

YOUR LOCAL FARMERS AGENT
CURRENTLY OFFERS SAVINGS FOR:

- AUTO
- HOME
- LIFE
- MOTORCYCLE
- COLLECTIBLE AUTO
- BUSINESS
- RENTER
- BOAT
- MOBILE HOMES
- CONDO

COMBINE AUTO & HOME
to save hundreds!

972.223.9992

117 W OVIALL RD, GLENN HEIGHTS, TX 75041
WWW.FARMERSINSURANCE.COM



ALL EYE & OPTICAL CARE

New Patients Welcome

- Eyeglass & Contact Lens Prescriptions
- Glaucoma Treatment
- Diabetic Eye Care
- Cataract Surgery

Already have a Rx?

We gladly accept outside prescriptions!
Come browse our selection of eyewear from
budget packages to designer names.

We offer Competitive Pricing!



Dr. Raj Rugwani
Board-Certified Ophthalmologist

972-937-4433

800 N. Hwy 77 Ste 100 Next to HEB
AllEyeCare.com
AllOpticalCare.com



ASIAN JOURNEY

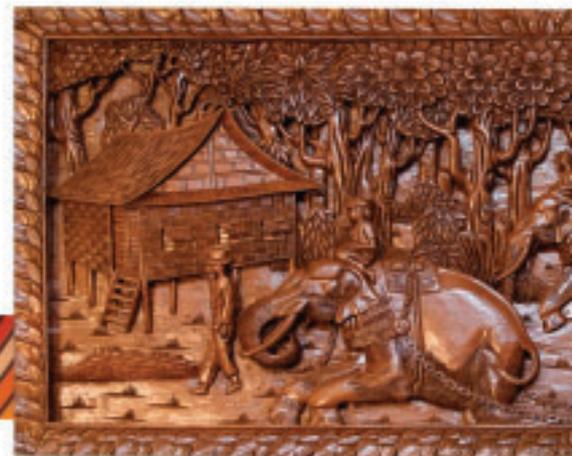
— By Jo Monroe

Many a Realtor will talk about the curb appeal of a home. Bob and Joy Cullen's home trumpets curb appeal, with clusters of red berries cradled in the branches of the evergreen bushes that veil the front porch. The eyes are drawn upward to an open door and an invitation to step through the doorway. Before you have stepped into the foyer, you know you are entering into a place most wonderful. There is a warm greeting, a welcome feeling and a Sawasdee statue (young Thai girl) directing your attention farther into the home.

To the right there is a wall carving of teak wood that launches a journey of Asian art and culture. To the left is an inviting sitting room with warm, rich tones of red and gold. The table topped with glass displays another carving so detailed one is tempted to spend hours letting their eyes



At Home With
Bob and Joy Cullen





wander through the etchings. At the end of the room is a curio cabinet filled with fans, dolls and little trinkets treasured by Joy. Many are her mother's keepsakes from places where she once traveled.

The dining room awaits guests and family with a backdrop of pearl-inlaid panels. Above the panels is a miniature trail of elephants carved in ebony wood. They suggest a past journey of their own, as they seem mysteriously lost on the shelf. Adjacent to the wall where the elephants rest is a regal china hutch, which holds the blue and white dishware from Thailand designed by Bob and Joy for their personal plating. Every piece is absolutely joyful.

Bob's office is a majestic closet of books, a collection of words of wisdom and passages from people and places offering their own life experiences. After transporting his library and teak bookcases from Asia to the states, he and Joy's brother reconstructed the



GOOD CONTRACTORS LIST

FREEDOM HEATING & AIR
Residential - Commercial - Financing Available

SPRING SPECIAL! FREE Service Call!
A \$69 value when client agrees to proceed with our recommended repairs. Cannot be combined with any other offers.

214-434-1391

- Quality Service
- Up Front Pricing
- No Hidden Fees
- Authorized Oncor Service Provider
- We Service All Brands

freedomcooling.com • TACLA29453C

GET SET TO SAVE
SALES EVENT

Ready. Set. Save on Kubota's Z700 Series Zero-Turn Mowers.

\$0 Down, 0% A.P.R. Financing for 48 Months* OR **\$500**** Customer Instant Rebate on the purchase of a new Kubota Z700 Series zero-turn mower.

Offers end 6/30/16.

Check out our complete line of quality Kubota products.

CENTRAL KUBOTA
WAXAHACHIE, TEXAS

501 NORTH I-35E
WAXAHACHIE
972-938-1770

Open Monday-Friday 8-5, Saturday 8-2

www.centralkubota.com

Kubota

*0 Down, 0% A.P.R. financing for up to 48 months on purchases of new Kubota Z700 Series equipment is available to qualified purchasers from participating dealers in select inventory through 6/30/2016. Example: \$49 month monthly-equivalent equipment lease of \$9.6 P.M. requires 48 payments of \$20 (\$200 E.O.B. financed). 0% A.P.R. interest is available to customers if dealer documentation preparation fee is charged. Dealer charge for document preparation fee shall be in accordance with state laws. Inclusion of straight-equipment may result in a higher financed A.P.R. 0% A.P.R. and low-rate financing may not be available with customer rebate offers. Financing is available through Kubota Credit Corporation, 515 N. 44th (at I-35) Ave. Dallas, TX 75246 subject to credit approval. Some exceptions apply. Offer expires 6/30/2016. Go to www.kubota.com for more information. **Customer instant rebate of \$500 is available at retail or standard rate finance purchase of new Kubota Z700 Series mowers from participating dealers. Rebate not available with 0% A.P.R. or low-rate financing offers or after completed sale. Dealer subject to state dealer's own rebate policy on qualifying purchases. Some exceptions apply. Offer expires 6/30/2016. Optional equipment may be shown.

kubota.com

©2016 Kubota Tractor-Corps. 2016



shelves that now reach from floor to ceiling. Even with the new design, there are books lined up and waiting their station on the shelves. On the wall directly behind Bob's desk is a grouping of bestowed gifts that includes a framed collection of Indonesian/Malaysian ritual knives, which are presented to young men upon their being hurled into tribal manhood. The knives' presence in the room might make even the most stalwart of men consider sitting in the



chair that awaits in the corner. Known as a burgomaster chair, its mere appearance is worthy of a king's court. One can only imagine the wisdom that comes from sitting in such a fine chair for an extended amount of time!

Leaving the office and wandering intentionally past the adjoining grand family room is a journey into Bob's culinary dream. Bob enjoys cooking for family and friends. When he enters the kitchen, there is an invitation to embrace

the fragrance and flavors of the spices he has selected for a meal. More than likely, there is curry or a Bird's Eye chili in a Crock-Pot. Most people are somewhat familiar with the unique flavor of curry. However, Bird's Eye chilies, sometimes called Thai chilies, are somewhat unique. They are small, pungent chili peppers found in rural areas of Thailand, where they are used as a substitute for green chilies. Bird's Eye chilies are not as hot as habanero chilies, but they definitely turn up the heat and flavor higher than a jalapeño.

A special event will soon be in the planning at this house. Bob and Joy's son, John, has a birthday on August 9.





**110 E. Ovilla Rd. 2A
Red Oak, TX 75154
972-576-3400**

Breakfast
Mon.-Fri. 7-11 a.m.
Sat.-Sun. 7 a.m.-12 p.m.

www.thelonestarburgerbar.com

Serving Breakfast, Lunch and Dinner. Dine-in or Takeout Available.

Daily Drink Specials
BAR IS OPEN!
Happy Hour
2:00-6:00 P.M. Mon.-Fri.

Early Bird Breakfast Special
Sunrise Breakfast \$1 OFF
from 7:00-9:00 A.M.!





Waxahachie Texas
Gingerbread Trail

48th Annual Tour of Homes
Year Five Beautiful Homes plus The Ellis County Courthouse
June 4 & 5, 2016 • 10 a.m. - 4 p.m.
Sponsored by and benefiting the Ellis County Museum
"Revisit the Past, Preserve the Future"
Antique & Specialty Shopping District Downtown
Point Historic Waxahachie MINTY DUT
Classic "Whale on the Square"
Watch for the latest decorating & D.I.Y. ideas in most homes.

Don't Miss: Chapman (601 N. Agnes) All of Key School (1021 W. Main)



Don't Miss: Jones (1000 W. Main) Don't Miss: Jones (1000 W. Main)

FREE BUS TRANSPORTATION TO TOUR HOMES.
DOWNTOWN PICKUP AT THE
ELLIS COUNTY MUSEUM

201 S. College • Waxahachie
972.957.0681
For more info visit www.gingerbreadtrail.net

"Joy saw this spot and said this was where we would build our home, so, this is where we settled."



Pre-K through 12th grade!

NOW ENROLLING

2016-17

Join us for our 25th year!

Learn about our faith-based education, athletics, fine arts & more:
ovillachristianschool.org
admissions@ovillachristianschool.org
972-617-1177



OVILLA
CHRISTIAN SCHOOL

www.IndoorSoccerSpot.com

"Get your game on!"
All Leagues
Forming now!



Eat, Sleep, Play Indoor Soccer!
* Bubble Ball * Birthday Parties

(972) 885-7768
3637 N. Highway 77 • Waxahachie
www.IndoorSoccerSpot.com

BRAND NEW TURF!



"He has made a special request for me to prepare a Thai feast for his birthday," Bob shared. This request was made well in advance to allow Bob enough time to compose the menu and the list of ingredients necessary for creating the nine-course culinary feast for his son's birthday celebration. Bob mentions the Hong Kong Market in Dallas as his destination for the essential seasoning ingredients to create his dishes.

Bob and Joy have four adult children — Jane, John, Julie and Catherine. The couple spent most of their children's lives as missionaries in Asia, living in Bangkok, Thailand; Colombo, Sri Lanka; and Penang, Malaysia. Their memories include many special events when Bob would cook. Considered to be semi-retired, Bob's full-time passion is planning and preparing meals. "It was absolutely in the plan to have a large kitchen," he affirmed.

The home includes three bedrooms downstairs. One is the master bedroom, and one is referred to as the bride's room. This room is decorated with wedding photos of Joy, her children and married grandchildren. Bob and Joy were married in Bob's home church in Abilene, Texas, on September 2, 1961. They will celebrate 55 years of marriage this year. The two made a lifelong commitment to each other that year, and in 1969, they made a second commitment by stepping out on faith and into missionary work in Asia. From that point forward, they worked together to raise their children and teach in each community where they lived. Joy has written over 20 educational books including Bible Commentaries of Old and New Testament books. She made excellent use of her degrees — the Master of Religious Education she received from New Orleans Baptist Theological Seminary and the Ph.D. in



FRIDAY, MAY 27
King & Queen Dance Contest

SATURDAY, MAY 28
PolkaFest Run, Parade,
Arts & Crafts, Kolache Eating
Contest, Czech Food, Horseshoe
Tournament, Polka Bands
including Grammy Award Winning
Brave Combo, and the
Country Concert: Lonestar
with special guest, **Jamie Richards**

SUNDAY, MAY 29
Polka Bands including Grammy
Award Winning Brave Combo,
Czech Food,
Arts & Crafts and More!

(972) 878-4748    **nationalpolkafestival.com**
in Ennis, Texas





Educational Foundations and Childhood Education from Southwestern Baptist Theological Seminary. Bob also carried his advantageous credentials from New Orleans Baptist Theological Seminary and Southwestern Baptist Theological Seminary — Master of Religious Education, Master of Theology and a Doctor of Ministry in Educational Foundations and Church Administration.



In 2003, Bob and Joy came home and brought back a cornucopia of cultural appreciation from their travels. Treasured friends shadowed them in their hearts as they returned to the states. In a less-enamored manner, their keepsakes traveled back in a shipping container.

Today, the children are grown and have found their places in the world. Jane is a missionary, and John is a pastor. Julie is a Christian counselor and therapist in private practice, and Catherine is a pastor's wife. Bob and Joy have 11 grandchildren and almost three great-grandchildren (the third was due April 24). Bob beamed and added, "Joy saw this spot and said this was where we would build our home, so, this is where we settled. It is where we all come together, the kids and the grandchildren — we all consider this home." **NOW**



FREE SEMINAR "Your Prosperity Picture"

Join us Thursday, May 26, 2016

Cynthia Luna

Financial Advisor

Call us to RSVP @ 972-576-8536

307 E. Ovilla Rd.
Suite 200
Red Oak, TX 75154

Edward Jones
MAKING SENSE OF INVESTING

Odd Fellow & Rebekah Nursing & Rehabilitation



I.O.O.F.
of Texas

RESIDENT FOCUS

Mr. Norma Brown came to the Odd Fellows and Rebekah Nursing home for rehabilitation in November 2013 after sustaining a right shoulder fracture due to a fall. Mr. Brown joined her as a resident in November 2014 due to having dizzy spells. They have been married for 60+ years and have three daughters who live as close as Waco, Texas and as far away as Mexico and Georgia. In addition, they have four grandchildren and three great-grandchildren and have visits and regular conversations with each of them very often.

The Browns have bonded and made many friends through socialization with other residents, rehabilitation and being active in events and activities. They exhibit a very strong spiritual background and take advantage of Bible studies, gospel singing, sharing God's word and uplifting others. They share a suite at the nursing and rehabilitation center and state "they couldn't ask for any better."

At a church function, a lady told Mr. Brown that "this is where God wants you." They feel they have received excellent care, a lot of assistance and through therapy sessions each feel they are getting stronger. They take regular strolls each day, which enhances their daily therapy sessions.

Administrator Gori Callender states, "They are such a delightful couple, always smiling and showing concern for others. We are so pleased they have chosen the I.O.O.F. Home and have entrusted their care to us."

- Norma and Herbert Brown



- Post-acute Hospitalization Care
- Physical, Occupational & Speech Therapy
- Pain Management
- Full-service Therapy Team
- Master Therapists with over 50 years experience
- Dementia Care

Quality Living • Quality Care

Established in 1905

2300 S. Oak Grove Rd., Ennis, Texas 75119

(Metro) 972.878.8666 • 972.875.8643

Always a *Model*

— By Virginia Riddle

A familiar face in Ferris, Officer Angela Barnes is a commissioned officer, the public information officer, a certified field training officer, mental training officer and patrol and background investigator with the Ferris Police Department. “In a smaller department, everyone has to wear many hats and be well-rounded because we pretty much have to be able to do everything,” Officer Barnes explained. “I love the citizens of Ferris, the department and the culture of a small city.”

This native of Chicago, Illinois, has traveled farther than just the miles between the two cities during her lifetime. “My mother lived a Christian life, and I grew up in the church, but also in urban Chicago, so I’m very street smart,” she said. She experienced child abuse firsthand from a family member who was never prosecuted. “A person can get mentally damaged from that experience, but I believe in prayer and God, and that’s what got me through,” she stated.

Officer Barnes met her husband, Tommy, when he was 15 and she was 13 years old. “He was my first love, but we lost touch while he was in the military,” she recalled.

She wanted to ensure a better life for her kids, so she attended Northwestern College and Barbizon Modeling and Acting School, worked for the Chicago Park District and reconnected with Tommy after his military service had ended. “He had always been one of my best friends. We dated for three years, and he proposed to me at the top of the Sears Tower,” she remembered. “That was 21 years ago, and we are still together.

“From the very beginning, Tommy has been my cheerleader,” Officer Barnes said. “He told me, ‘Angie, you are smart. You can do anything.’





That's when I became a bank manager of one of the largest banks in Chicago, and we moved to the Chicago suburbs in Joliet, Illinois. I found out that I'd always been independent, strong, with drive and ambition," she smiled. "Our children had a home where they could feel safe."

After the family moved to Texas, Officer Barnes did some ad modeling and worked for the Texas Youth Commission and Dallas County. "It was very challenging to work in a jail, and I'd always been interested in being a parole officer or going into police work. I believe my upbringing in life prepared me for that type of environment."

Tommy is a neighborhood police officer with the Garland Police Department. Officer Barnes was influenced by her husband, so she did ride-a-longs and decided she could do the job.

Police work is the best career path she has chosen. "It's a 24/7 job 365 days a year even when we're off duty," Officer Barnes stated. "I wanted to become an officer, so I could make a difference, use my life experiences to

ARBORS • OUTDOOR KITCHENS • PATIOS

Your Oasis Awaits...



Call today for
FREE
Consultation



URBANOASIS

OUTDOOR LIVING & LANDSCAPING

817.453.3100

WWW.URBANOASISOUTDOOR.COM



L19335

LANDSCAPING • SPRINKLERS • LIGHTING

Licensed and Insured



Crown Roofing & Construction

ACCREDITED BUSINESS

ATTENTION HOMEOWNERS
FREE ROOF INSPECTIONS
 Insurance Claim Assistance
Ask About Our Roofing Specials
 Upgrade from a 3-tab roof to a 30 year shingle

Services We Offer

- Roof Replacement
- Gutter Replacement
- Painting • Fence Replacement
- Electrical • Fire Restoration

Upgrade a 30 year shingle with a High Profile or Ridge Vent

These Specials Won't Last Forever
Main: 972-298-ROOF (7663)
Dallas: 972-290-0366

507 E. Fairmeadows Dr., Duncanville • info@CrownRoofingDFW.com • www.CrownRoofingDFW.com



help my community and be a positive role model. It's all about seeing and meeting needs, so we work together to bring the crime rate down. I've learned verbal judo which deescalates situations. I want to learn more about my new assignments — public information officer and background investigator," she said. Officer Barnes has worked hard to gain trust from fellow officers; Chief Eddie Salazar; city manager, Carl Sherman; the city council and Ferris citizens. She's now highly respected and admired and is a member of the Texas Municipal Police Association.

Officer Barnes works with young women and has volunteered at a women's shelter. She and her sisters-in-law, Latasha, Janeen and Quita, started the King's Daughter in which they advise young women about different things — drugs, peer pressure and having sex before marriage. "Their bodies are God's temple, and they need to know



RED OAK CHIROPRACTIC & THERAPY

Give your Mother the Gift of Massage



FULL SERVICE FAMILY CLINIC OFFERING:

- Chiropractic
- Massage Therapy
- Rehab
- Sports Medicine
- Auto Accidents
- Most Insurances Accepted



FREE 1/2 HOUR MASSAGE
 For All New Chiro Patients!

972.576.5501 • www.RedOakChiro.com
 307 E. Ovilla Rd., Ste. 100 • Red Oak, TX



READY.

My team is ready to help before, during and after any disaster. Protect your home. CALL ME TODAY.

Andrea Walton, Agent
 302 E. Ovilla Rd.
 Red Oak, TX 75154
 Bus: 972-817-7770
 myagent@AndreaWalton.com

State Farm



State Farm Fire and Casualty Company, State Farm General Insurance Company, Bloomington, IL 1501430



Medifast

972-617-5094
 866-783-THIN (8446)

For info: www.maryjanemedlock.com
 CERTIFIED HEALTH COACH ID #4090

Don't Wait! Call Today!
 5 FREE boxes with your 1st month's order! (\$85 value)

Take Shape For Life. Joining **Medifast** Meets

Driggers & Decker
 Family Funeral Home

COMING SOON
SUMMER/FALL 2016
 Red Oak, TX

For more info call
 P. Gregg Driggers at (682) 551-0837



that as young women, they have value and worth,” Officer Barnes said. “If you don’t respect yourself, no one else will.”

Considering herself a strict parent, Officer Barnes believes kids need to learn that actions have consequences. Today, she and Tommy are empty nesters and grandparents to a 4-year-old grandson. “I’m proud to be a wife, mother of three sons, grandmother and police officer,” she beamed. “Our grandson is the joy of my life. There’s a special difference between being a mom and grandmother. I’m happy in my life and my job, and love the direction the department is going. The new chief is a great leader.”

Officer Barnes has an agent and still models occasionally, though admittedly, more as a hobby than a job. She keeps fit for both police work and modeling. “My husband is a fitness guru. I have to try to keep up with him, so I get up at 4:00 a.m. every day. I do 50 push-ups, 50 sit-ups and workout on the elliptical. Later in the day, I do 50 more of each. Being healthy is most important. Five minutes fighting with a perp on the roadway feels like an eternity,” Officer Barnes said. With practice, she has become prepared for every situation she faces.

Injuries have occurred, however. “I had back surgery after a car accident in 2013, and Tommy broke his femur during a foot chase last year. Tommy’s fellow officers came to the hospital and sat with him there and when he came home. That’s what brotherhood is all about.”

FREE Service Call
For All Military Personnel
 With approved repair. Offer good thru May 31, 2016

HARDIN
HEATING & AIR
 Residential & Commercial
 Financing Available!

ACCREDITED BUSINESS **Amana** MITSUBISHI ELECTRIC

In memory of
 MGySgt
Grady F. Hardin

(972) 775-8084
 1262 Eastgate Rd., Ste. #3,
 Midlothian

tim@hardinheatingandair.net • www.hardinheatingandair.net • License # TACLA29428E

KJ CPA McDONNELL RICHARDSON CPA, PC
 Certified Public Accountants

Thanks for a Great Tax Season!

A Better Experience

Principal Office:
 714 Ferris Avenue • Waxahachie
 (972) 923-2881 • www.kj-cpa.com

TAX FILINGS | BOOKKEEPING | PROPERTY TAX CONSULTING | TAX DISPUTE RESOLUTION

Suzushii
 Sushi & Grill

Lunch **Bento Box** \$6.95
 Serving sushi roll

OPEN 7 DAYS
 Mon-Fri Lunch 11am-3pm • Dinner 4:30 - 10pm
 Sat 11-10pm • Sun 12:00-9:30pm

\$5 OFF
 Any \$25 Order
 Alcohol not included. Tax not included.
 Dine-in only. One coupon per party.

Closed Easter Sunday

638 Uptown Blvd. Cedar Hill • 972 293-1009 • www.suzushiisushiandgrill.com

36th Annual
Scarborough
 Renaissance Festival

Step Back in Time for  the Time of Your Life

April 9 thru May 30, 2016
 Saturdays, Sundays & Memorial Day Monday

23 Stages of Non-Stop Entertainment, Jousting,
 200 Shoppes, Artisan Demonstrations and so much more!

Get Discount Tickets at Tom Thumb & Albertsons TODAY!

metroPCS www.SRFestival.com  

Just 30 minutes south of Downtown Dallas/Fort Worth in Waxahatchie



Tommy and Angela Barnes have spent years serving and protecting the public.



During her off-duty time, Officer Barnes operates a home cleaning service with mostly police officers as clients. She and Tommy enjoy traveling and often visit family members who still live in Chicago. “We love to bowl, spend time with family and keep busy,” she said. “My in-laws live nearby, and I love spending time with my grandson.”

She also enjoys “girl time” with friends and singing at church when time allows. Officer Barnes, who loves all types of music, admits to being “an old soul” and has been described as a woman of faith. She said, “I believe God is real. I don’t try to offend people, but I can tell them what God has done for me. I know it’s Him who’s brought me this far. I’m living proof it doesn’t matter where you come from, but where you end up. So many people told me that I would never amount to anything, but by His grace I’ve proven that when I set my mind to do something, if it’s God’s will, I’ve been able to do it by prayer.” **NOW**

M Metal Mart

THE RIGHT MATERIALS FOR THE RIGHT PRICE!

HARDWARE & ACCESSORIES

STEEL ROOFING



Residential & Commercial

METAL BUILDINGS



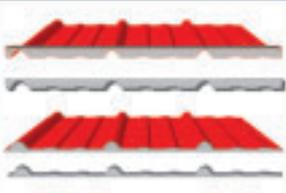
Pre-fabricated & Weld-up Buildings

ROLL-UP DOORS



& Walk Doors

PANEL CLOSURES



Universal & Vent Closures

PANELS



MAX-RIB

"E"-PANEL

CARPORTS



CUSTOM TRIM



Fabricated on-site

TOOLS



Blades & Hex Drivers

SKY LIGHTS



Polycarbonate Skylight Panels

RIDGE VENTS



RECEIVER CHANNEL



Square Tubing

INSULATION



Vinyl Back & Reflective

THE SOUTHWEST LEADER

CHECK OUT OUR ALL-NEW WEBSITE AT:

METALMARTS.COM

7200 NORTH IH-35 E. • WAXAHACHIE
972-576-0606 • 800-677-2503



CSE Mobility & Scrubs

100 Plaza Drive, Suite 300
Red Oak, TX 75154
1-888-497-7081
www.csemobility.com

Hours:

Monday: 9:00 a.m.-5:00 p.m.
Tuesday-Friday: 9:00 a.m.-6:00 p.m.
Saturday: 10:00 a.m.-2:00 p.m.
Sunday: Closed



Owner, Cole Spradlin, welcomes you to CSE Mobility & Scrubs.

Keeping You Independent

CSE Mobility & Scrubs helps customers find a product tailored to their needs. — By Jo Monroe

CSE Mobility & Scrubs was started in 2009 by Cole Spradlin. Cole was raised in our area, and he and his family still live just around the corner from where he grew up. Starting in his garage, Cole worked steadily to build a good reputation in servicing wheelchairs and mobility products. It did not take long for his business to expand to the Lancaster Square. The business quickly outgrew the floor space, so he moved to the new Red Oak location. Now customers are able to see the mobility products in person. “It is difficult to get a feel for a product looking at a photo in a brochure or on a web page,” Cole said. “We keep a huge selection in-house, allowing you to come in and ride a scooter around the store or sit in a recliner and see if it fits your needs.” In the show room, you can try out a wide array of scooters, power wheelchairs, recliners, rollators, manual

wheelchairs, transport chairs, bath safety items, canes, crutches, knee scooters and many other products.

Priding themselves in providing timely service, quality technical support and the best customer service possible, the staff is well trained in the newest product features and benefits that offer the customer the best value. They carry the highest-quality product lines in scooters, power and manual wheelchairs, chair lifts, vehicle lifts, hospital beds, accessories and parts.

In their new location, they have extended their offerings to include high-end medical scrubs. Several name brand lines of scrubs are available in colors ranging from the brightest pinks and greens to the standard navy blues and everything in between. Most are stocked in sizes from XXS-5XL, and many of them come in petite and tall pant sizes as well. “When a customer

Business **NOW**

comes in,” Cole said, “we provide personal service by helping them select the right product in the right size. Since we wear scrubs ourselves, we can tell the customer that one line may be better for their build than another.”

“Our job is to help people be more independent in their own homes.”

The CSE showroom is well organized by department and related items. “Many nurses wear compression hosiery. They see patients who wear them and know the features and benefits of the product. That’s why the compression socks are shown next to the scrubs,” Cole explained. To help with tired, achy legs, they stock fun, printed, light-compression socks for nurses or people who are on their feet all day. There is also an area for medical compression stockings. These items are great for people who have swelling in their legs or knee pain. “One of our employees has had knee pain for years and actually had a knee replacement. She took prescription pain pills daily. Now that she wears the compression socks, she almost never has to take the pain pills,” Cole shared. To complement the socks, CSE offers a full line of high-end supports, braces, sleeves and pain management products. All of these products are grouped by what they do. In one area, you can get a brace for your knee with metal hinges, an ice pack sleeve to keep it iced down after a workout and TENS devices that provide electric stimulation to help rebuild the joint and block pain.

“Our job is to help people be more independent in their own homes. It is a great feeling to know we have helped a customer be more independent while being safer in their home in the process,” Cole reflected.

CSE’s website is always there to browse, but Cole recommends a visit to the store and talking with a mobility representative, so they can recommend the best product to fit your personal needs. Come check out all they have to offer at their new location in Red Oak. They are right off of I-35 next to Mamacita’s Mexican Restaurant. **NOW**

RICHARDSON



AUTO GLASS

CRACKED WINDSHIELD?



\$150*

Windshields Installed
In shop only.
Plus, shop fees and sales tax.
Please call for appointment.
-LIFETIME WARRANTY-
Inventory Special!

SAVE

\$50 - \$150*

Off Your Deductible on a Windshield Replacement
Valid with participating insurance companies only.
Present at time of estimate.

- Lifetime Nationwide Warranty
- Insurance Claims Welcome
- Fast, Same-Day Service
- American Owned and Operated

Mobile Service Available

Free Estimates

 **Burleson**
200 Centre Dr.
817-295-2278

Waxahachie
150 W. Butcher Rd.
972-923-0402

www.richardsonautoglass.com

*Not valid with other discounts, coupons or offers. Applies in most cases. Offers expire 5/31/16.

Some things just get better with age!

Great things happened in 1939! The first televised Major League Baseball Game between Cincinnati Reds & Brooklyn Dodgers aired, the first air conditioned car, the 1939 Packard, went on show and **Wolverton Service Company** opened!

Since 1939

W

olverton Air

AIR CONDITIONING & HEATING

(972) 923-COOL (2665)



704 Solon Road • Waxahachie, TX 75165 • #TACLA132E



SETFOCUS
ACADEMICS

Math & Science Tutoring

K-12 & College

GED/SAT/ACT/STAAR
Prep

(469) 225-9548

setfocusacademics@gmail.com

Ade R. Gordon, M.S., Mechanical Engineer



RL SCHWAB CPA PLLC

Accounting & Tax Services

The Support You Deserve

972-937-9800

Small Business Accounting
Payroll Services • Tax Services
Personal Bookkeeping

600 N. Hwy. 77 • Ste. B, Waxahachie
(Inside Citi's Check Cashing) www.rlschwab.com



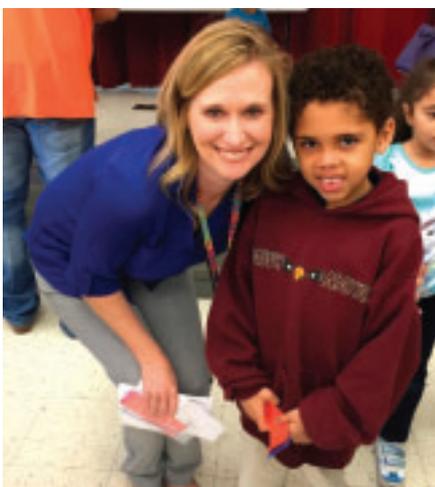
Mark Hartin shows off his 87 Corvette with blue ghost flames.



Tammy Hughes, owner of T-N-A, strikes a pose.



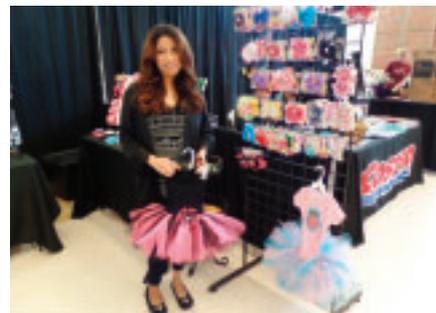
Sue Lafollett enjoys a painting class at 1796's Vintage Touch & Photography with her daughter, Stephanie Bebout.



Atticus Morris proudly holds his honor roll award ribbons at Red Oak Elementary with his teacher, Mrs. Kelly Knott.



Officer Barnes looks for clues as Investigator Gator Weiss talks on the phone. Chief Salazar looks on with a smile.



Angel Diane, owner of Lil Dolls Boutique, is all dolled up at the Red Oak Business Expo.



Several Ovilla Service league members stand ready to assist with the silent auction and dinner benefit for the Ovilla Fire Department.



Sarah Warren, client care specialist at Animal Hospital of Ovilla, is happily assisting Sherry Herndon and Allen Pritchford with their very special dog, Sobpia.



Christian and Alisha Mitchel and the Rev. Willie R. Johnson smile for the camera.

Dining DEALS



Branded Burger Co.

VOTED #1 BURGER IN ELLIS COUNTY!



RESERVE ME!

1/2 OFF 2ND BURGER

with a purchase of
1 burger, fries and drink.

Mondays & Tuesdays only. Not valid with other offers.
Expires 5/31/16. Red Oak location only.

CATERING & PRIVATE PARTIES!
CALL TO RESERVE!

HAPPY HOUR 3-7 PM

GAME WATCHING PARTIES!



Burgers so good, one location wasn't enough!

972.576.2203

205 S. Main, Red Oak, TX, Ste. 1007
(Near corner of FM 2377 & Hwy. 342)

972.775.2202

100 N. 8th St.
Midlothian, TX

www.BrandedBurgerCo.com

SUBWAY



FREE 21-oz. Drink

With purchase of any Classic Sub.

At these locations only:
Red Oak • 307 E. Ovilla Rd. • (469) 552-6851
Midlothian • 400 N. Hwy. 67 (inside WalMart)

Not valid with any other offers. 1 coupon per visit per customer.
Exp. 5/31/2016

Since 1989

Appetizer Teaser



- Corporate Lunches
- Weddings
- Banquets
- Special Events

Catering for All Occasions

NOW OFFERING THURSDAY MEALS TO-GO

Just \$8 Per Plate

Cash or Check

Order by 9 a.m. Thursday for pickup
Thursday afternoon 3:30-6:30 p.m.

Order by phone
972-617-7110

or check our Facebook page for the weekly menu & more ordering options.
www.facebook.com/dallascaterer

Pick up at 421 Buskirk Drive, Red Oak. Drive up to the back of the dock, HONK and we'll bring it out to you! Your meal will be hot and ready to eat!



www.appeteasercatering.com



Beauty Beckons

Through glass art, collector cars and one beautiful mountain, Tacoma stimulates the senses.

Perched on a hill along the waters of Washington State's Puget Sound, nestled between the shoreline and Mt. Rainier, sits Tacoma, Washington. Less than 30 minutes from Seattle-Tacoma International Airport, this town has a serious art scene — from tattooed glass artists in the hot shop, to the growling engines of classic muscle cars.

Tacoma is the hometown of world-famous glass artist Dale Chihuly, who grew up in a humble, middle-class home in Tacoma's Proctor District. Chihuly's glass sculptures are seen at the Tacoma Art Museum and at the internationally recognized Museum of Glass, where glass art is made and displayed. Visiting artists are found in the hot shop making stunning pieces found at museums, in private collections and shining outdoors.

The Tacoma Art Museum has a permanent exhibit on the art of the American West. This internationally recognized collection

includes more than 300 rotating works of art that dive into the mythology of the Old West, giving a fresh perspective on well-known cowboys-and-Indians folklore.

If there is anything that matches Tacoma's artistry, it's the city's love of chrome. The passion for collector cars is palpable from the scenic byways to the museum district. Tacoma is home to the world's largest privately owned car collections, housed in two museums.

America's Car Museum sits in shining metal next to the iconic Tacoma Dome. It houses pieces of America's golden era of automobiles. The LeMay Family Collection at Marymount offers a charming counterpoint to the polished America's Car Museum. Here you'll peek into the lives of the LeMay family. On the grounds of what was formerly a Catholic boys' school campus, see icons of the past and pop culture like the DeSoto from *Happy Days* and a two-stone wheeler from the live-action *Flintstones* films.



Don't leave Tacoma without visiting Point Defiance Park, a 756-acre urban park that jets out at the north peak of the city. The park is home to Point Defiance Zoo & Aquarium, which offers unique immersive experiences. Up-close sightings of tigers, elephants and monkeys are almost guaranteed in the five-acre Asian habitat.

No matter where you are in Pierce County, the view of Mt. Rainier is stunning. At over 14,400 feet, it is the highest point in Washington State. For the hiker, backpacker and snowshoer, amazing views await. But there is plenty to see from your car with winding roads that pass waterfalls, glacial views and scenic stopping points.

On the other side of the mountain awaits a paradise for skiers in the winter and hikers in the summer. A 10-minute ride up the Mt. Rainier gondola at Crystal Mountain — which climbs 2,500 vertical feet — leads to lunch at Washington's highest restaurant with unparalleled views of Mt. Rainier and the Cascades.

A 15-minute drive from Tacoma, in the small city of University Place, you will find Chambers Bay Golf Course. This course was rated the country's No. 1 municipal golf course by *Links Magazine*. Once an abandoned lot, it was transformed in the early 2000s to become the site of the 2015 U.S. Open. The golf course gained international attention as the site of the 115th U.S. Open Championship. This links-style golf course has become known as the St. Andrews of America with its rolling hills, stunning views and community-minded design.

For assistance planning your trip to Tacoma, as well as to purchase Tacoma Museum District Passes for steep-discount access into six premier downtown museums, visit www.TravelTacoma.com. **NOW**

By Jaime Vogt. Photos courtesy of Travel Tacoma & Pierce County.

Fibromyalgia Help

— By Betty Tryon, BSN

Fibromyalgia was a perplexing illness. Those afflicted complained of chronic fatigue and debilitating pain deep inside their bodies. There was no lab test to point to a specific illness, so sometimes, it was all chalked up to one of two things — either the patient was faking, or it was all in their head. Although the symptoms of fibromyalgia syndrome were identified as early as the 1820s, it was not until the late 1970s that the term *fibromyalgia* was given to the condition.

The most common symptom of fibromyalgia is pain in muscle tissue. According to the Arthritis Foundation, “Fibromyalgia pain has been described in a variety of ways, such as burning, aching, stiffness or soreness. It often varies according to the time of day, activity level, weather, sleep patterns and stress. Many people with fibromyalgia say that some degree of pain is always present, although the pain can come and go. For some people, the pain may be quite severe.” Distinctive to fibromyalgia are specific tender pressure points located all over the body. Having at least 11 of these pressure points usually points to fibromyalgia.

Along with pain, sleep problems, fatigue, anxiety and depression are familiar complaints. The fatigue experienced with fibromyalgia is different. It can be overwhelming, limiting and chronic. A night’s rest doesn’t help. Sleep problems could include difficulty in falling asleep and a disruption in the sleep phase called deep sleep, where the body’s restorative operations take place. Anxiety

and depression are common bedfellows with illnesses that can be debilitating in activity and pain.

There is no definitive laboratory test or X-ray one can take to diagnose this syndrome. Diagnosis is made from your presenting symptoms, medical history and ruling out other diseases that could cause the same symptoms you experience. There is no cure for fibromyalgia. A person will always have this, and there will be good days and bad days. To enjoy life is to maximize the good days.

On those days when life is too difficult, it is beneficial to already have a plan in place. Mobilize your support system for meals and chores. These can be family members, volunteers or paid help — even after-school help from a teen. Take the time to indulge yourself with a comedy or a book you’ve been meaning to read. Avoid online chat groups that focus on the pain and suffering of your condition. Utilize those who have a positive bent and encourage coping techniques. Try yoga’s deep breathing and stretching practices. People of faith may find comfort in prayer. If you have fibromyalgia, difficult days are unavoidable, so master your coping strategies to get through the day. **NOW**

Source: <http://www.arthritis.org/about-arthritis/types/fibromyalgia/symptoms.php>.
 This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

May 7

ROHS Choir Youth in Harmony Barbershop Workshop and Concert: 7:30 a.m.-9:00 p.m., Red Oak High School Band Hall.

ROHS Solo and Ensemble Band Contest: 8:00 a.m.-5:00 p.m. Red Oak High School Band Hall.

May 13

Red Oak 27th Golf Tournament: 7:00 a.m., Country View Golf Course, 240 W. Beltline Rd., Lancaster. Call Red Oak Area Chamber of Commerce at (972) 617-0906.

May 22, 23

Big Red Smokin' Blues & BBQ Festival: **Friday**, 5:00-10:00 p.m.; **Saturday**, 9:00 a.m.-10:00 p.m., Armstrong Park, 100 James Collins Blvd., Duncanville. Visit www.smokinbluesbbqfest.com for more information and to pre-purchase tickets online.

May 28

18th Annual Polkafest Run: For more information or to register, visit www.polkafestrun.com or on Facebook at Ennis Polka Fest Run.

Polkafestrun.com or on Facebook at Ennis Polka Fest Run.

May 29

Old Fashioned Decoration Day: 12:30-2:30 p.m., Ovilla Methodist Cemetery, Ovilla. Decorate the graves of loved ones. Old Chisholm Trail Chapter NSDAR will act as docents.

Ongoing:

Monthly

Matthew 7:7 Riders Motorcycle Ministry. For the next meeting and ride visit: www.facebook.com/Matthew77RidersMotorcycleMinistry or contact Mark Rose at (972)748-4076.

Tuesdays

Vets Net Group: 5:00 p.m., Ryan's Steak House, Hwy. 77 N of Hwy. 287, Waxahachie. For more information, call Mike Lamb at (214) 763-0378 or email vetsnetgrp@att.net.

Third Wednesdays

The Ellis County Christian Women's Connection: 11:30 a.m.-1:00 p.m., Waxahachie

Country Club. Cost is \$13. For reservations, women contact Margaret at (972) 825-3559.

Wednesdays and Thursdays

Red Oak Senior Citizens Group: 8:30 a.m.-noon, Lions Club Building, 207 W. Red Oak Rd. For more information, contact Becky Ives at (214) 502-9747.

Thursdays

GriefShare meeting: 7:00 p.m., The Oaks Fellowship in Red Oak, Room E-104. This is a recovery group for those who have lost loved ones. For more information, call (214) 376-8208.

Third Thursdays

Ellis County Amateur Radio Club: 7:30 p.m., Ellis County Sheriff's Office Training Center (County Farm), 2272 FM 878, Waxahachie. For more information, visit www.wd5ddh.org or contact Sharon Wrobel at (972) 978-8256.

Submissions are welcome and published as space allows. Send your current event details to joanne.monroe@nowmagazines.com.

Direct Mail Advertising Works!

Let North Ellis CountyNOW magazine present your advertising message to

over 17,200

Home & Business addresses in the Red Oak, Ferris, Glenn Heights, Ovilla & Oak Leaf ZIP codes

NOW

MAGAZINES
Bringing the best of the community home

Call for more information
972-937-8447

April's Pet Grooming

972.576.1777

600 Methodist Ste. 2130, Red Oak
(Behind Sonic & Across from Fire/Police Station)

Pick-up & Drop-off Service Available

\$3 OFF Any Full Groom Service
Includes: Shampoo, Matscut, Ear Cleaning, Toe Nail Trim
\$5 Value
Not Valid With Any Other Offer. One Coupon Per Visit. Expires 6/30/16

FREE Extra Service (\$5 Value)
Your Choice of One of the Following:
Specialty Shampoos including Flea Bath, Nail File, Paw Treatment, Facial Scrub
Not Valid With Any Other Offer. One Coupon Per Visit. Expires 6/30/16

Small Breed Groom starts at \$37

De-stress Service Available

SERVING RED OAK FOR OVER 6 YEARS

Find us on Facebook

CAMPUZANO

mexican food

Voted Best Mexican Restaurant in Best Southwest

Happy Mother's Day!

\$5.00 off \$20.00 purchase

Coupon only good from NOW Magazine! MD Copies accepted. Expires 5/31/16

CAMPUZANO

108 N. 8th Street Midlothian, TX 972-723-2634	2167 N. Highway 77 Waxahachie, TX 972-938-0047	213 W. Beltline Cedar Hill, TX 972-291-1053	2618 Oak Lawn Ave. Dallas, TX 214-526-0100
---	--	---	--



In the Kitchen With Melba Beam

— *By Rachel Smith*

A native of Oak Cliff, Melba Beam gained her skills for delicious cooking on a budget from her mother, who survived the Great Depression. “Nothing was wasted,” she explained. After passing down unique recipes from her mother to her children, she learned how to create great tastes using various spices, such as five spice, nutmeg, cinnamon, ginger, hot peppers and chili powder.

Melba is a “down-home cook from Texas” with a passion for cooking for her friends and family. “I love to experiment with recipes combining ingredients from one recipe with ingredients from another,” she said, providing the quality taste everyone would like. Sweets are her specialty, and sharing them is a great pleasure for her. “To me, no recipe is written in stone,” she admitted. **NOW**

Bread Pudding

- 4 cups bread, stale (can substitute hamburger or hotdog buns)**
- 2 cups granulated sugar**
- 1 cup brown sugar, packed**
- 2 tsp. vanilla extract**
- 1 tsp. cinnamon**
- 2 cups whole milk**
- 5 large eggs, beaten**
- 1 cup walnuts or pecans, finely chopped**

- 1.** Preheat oven to 350 F and grease a 13x9x2-inch pan. Place bread in oven and toast until brown and dry. Remove and let cool. Tear into pieces.
- 2.** Mix remaining ingredients, except walnuts or pecans, in a bowl. Mix on high until well blended; add cooled bread pieces. Let stand 5-10 minutes, making sure all bread is covered. When

- bread is completely saturated, add nuts and mix on high until smooth.
- 3.** Pour mixture into pan and place in oven for 35-45 minutes. Check with a knife; if knife comes out clean, it's done. Best served with coffee or ice cream.

Susie's Cream Pecan Pie

- 10 cups milk**
- 3 cups pecans, finely chopped**
- 6 pkgs. cook and serve vanilla pudding mix (not instant)**
- 3 Tbsp. vanilla**
- 2 9-inch graham cracker pie crusts**
- 2 cartons whipped cream**

- 1.** Fill a large pan or boiler with water; place medium pan inside and heat milk and pecans on medium heat, whisking constantly.
- 2.** Add pudding mixes separately; then add vanilla and

- stir 10-15 minutes until mixture bubbles, shines and thickens. Pecans will turn mixture a light mocha color.
- 3.** Remove from heat and pour into pie crusts. Let cool and refrigerate. Top pies with whipped cream and serve. Can be frozen for later use.

Tamale Stew

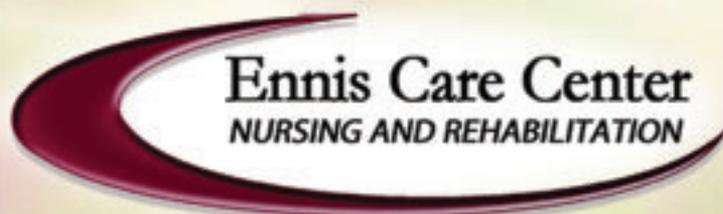
- 1 lb. ground beef, cooked and drained**
- 4 cups water**
- 2 large potatoes, cut**
- 1 can diced Ro-Tel tomatoes**
- 1 can com, drained and rinsed**
- 1 tsp. Worcestershire sauce**
- 1/2 medium onion, chopped**
- 1 bell pepper any color (can substitute 3 to 4 mini peppers, chopped)**
- 2 tsp. garlic powder**
- 1-2 tsp. chili powder**
- 1-2 tsp. cumin**
- 2 cans tamales**
- 1 cup shredded cheese**
- Combread, tortilla chips or crackers (optional)**

- 1.** In a skillet, brown ground beef; drain and set aside for later.
- 2.** In a large pot, add water with potatoes, tomatoes, com, Worcestershire sauce, onion, peppers and spices. Cook on medium heat; add meat, stirring frequently.
- 3.** When potatoes are tender, add tamales to hot stew and stir.
- 4.** Top with shredded cheese. Serve with combread, tortilla chips or crackers, if desired.

Hominy and Poblano Peppers

- 1 tsp. olive oil or coconut oil**
- 2 medium Poblano peppers**
- 1/2 medium onion, chopped**
- 2 tsp. minced garlic**
- 1/2 tsp. cumin**
- 1/2 tsp. salt**
- 2 15-oz. cans hominy, rinsed and drained**
- 2 cups water**
- 1/3 cup cilantro, chopped**
- 1 Tbsp. lime juice**

- 1.** Heat oil in a large skillet; cut peppers into small strips. Sauté peppers and onions for 5 minutes until tender. Stir in garlic, cumin and salt; reduce heat and simmer, stirring until fragrant.
- 2.** Add hominy to water and increase to medium heat; cook 10-15 minutes, stirring until water is evaporated.
- 3.** Remove from heat; add cilantro and lime juice.



Ennis Care Center
NURSING AND REHABILITATION

*Bridging the Gap
Between Hospital
& Home*

- All Private Room Transitional Care Wing with Guest Accommodations
- 5 Star Rated by CMS for Four Consecutive Years
- Private Room Secured Unit
- Located Conveniently 15 Miles from Ferris



Five-Star Quality Rated
by Centers for Medicare and Medicaid Services

1200 South Hall Street, Ennis, TX 75119

Come by for a tour anytime or visit our website at

www.enniscarecenter.com

Many insurance plans accepted.

Please call **972-875-9051** for additional information.



Scooters from
\$599

Recliners from
\$619



Wide Selection of in-stock Scooters, Lift Chairs & Power Wheel Chairs. Special Orders Available.



972.757.7636

www.csemobility.com

100 Plaza Drive, Ste 300
Red Oak, TX

Wide Selection of Scrubs & Accessories

Special orders & embroidery available.



GRAND OPENING May 2016!

100 Plaza Drive, Suite 500, Red Oak, TX 75154



www.citytxrealestate.com



Kim Lu
817-913-2693



Julissa Ortega
214-207-9273



Teresa Kelton
214-434-4585



Jenny Westmoreland
972-268-4580



Therese Winslow
214-336-6690



Stefanie Burroughs
214-499-5162



Amelia Valdez
469-658-5506



Arthur Pierot
RMLO • NMLS #258614
(214) 229-8299

apierot@guildmortgage.net

www.guildmortgage.com/officers/arthurpierot

Company NMLS #3274.

100 Plaza Drive, Suite 500, Red Oak, TX 75154

Office: (214) 229-8299 | Fax: (469) 533-1910

This branch lends in Texas.



Guild Mortgage Company is not affiliated with City Real Estate or Cooper Insures.



Let us help you find
the best insurance that
meets your needs.

We'll customize a plan just for you.
Protecting your assets since 1947.

972-576-7330

www.cooperinsures.com