

Southwest

Cedar Hill | DeSoto | Duncanville

M I A G A Z I N E

MAY 2013

NOW



Partying With Purpose

A sidewalk conversation led to friendships of a lifetime

A Place for Everyone

At Home With James and Janet Harris

Plus:
Solving the Problem
A Man of Medicine
In the Kitchen
With Brandon Rodriguez

GRAND OPENING!

@ Camp Wisdom & US-67

ONLY \$10 A MONTH

BURN CALORIES, NOT CASH!



JUST \$10 A MONTH

HURRY IN! OFFER EXPIRES WEDNESDAY MAY 29, 2013

*Home Club only. Billed monthly to a checking account. Subject to \$29 annual membership fee in October. Includes T-shirt.



PLANET FITNESS

3200 Camp Wisdom Road
(next to Redbird Mall
and WhataBurger)
Dallas, TX 75237

(972) 296-0802

HOURS OF OPERATION:

Sun Midnight-Fri 9pm
Sat & Sun: 7am-7pm

For franchise info or to join online visit
www.planetfitness.com





HILLCREST

CHRISTIAN ACADEMY



Now enrolling Pre-K4 through Second Grade

Come to an informative Open House

Monday, May 13 • 7:00 PM
Hillcrest Baptist Church

It is with great anticipation that we begin this exciting mission of educating and growing children! While this is the first year for the **Hillcrest Christian Academy**, it is well-known that Hillcrest Baptist Church has loved families and children for more than ninety-two years! We are delighted to now begin an academy that will couple spiritual training with high academic excellence to grow children into godly men and women. Hillcrest Christian Academy is fully committed to provide certified Christian teachers to partner with families in providing a superior academic experience integrated with a consistent, Christian approach to learning.

Our ultimate goal is to quickly expand into a full academy, offering an exceptional education to children from preschool through grade twelve. For more information, or to request a registration packet, please contact our admissions office. **Come and let your children grow with us!**

Apply for enrollment online today!



Preparing students
for life.



www.HillcrestCA.com • (469) 575-5328

admissions@hillcrestca.com • 265 W. Pleasant Run Road, Cedar Hill, Texas 75104



Help us spread the word
[facebook.com/HCAedu](https://www.facebook.com/HCAedu)



@HCAedu



Hillcrest Christian Academy admits students of any gender, race, color, national/ethnic origin, to all rights, privileges, programs, and activities available to students at the school. It does not discriminate on the basis of gender, race, color, or national/ethnic origin in administration of its education practices, policies, scholarships, athletics, or other school-administered programs. All persons are encouraged to apply.

iScholars Magnet AcademySM

of Red Oak ISD

**A Virtual Online School
For Texas Students in Grades 3-8
With Progressive Expansion through High School**

**Accepting Applications for
2013-2014 School Year**

**Offers a FREE
Texas Accredited Curriculum**

**Flexible and Attractive Option for
Home School & Private School Families**

All Academic Courses are Honors-Level

**Red Oak ISD Virtual School Teachers
Texas Education Agency Certified**

**Transcripts Recognized by all
Texas Public Schools & Universities**

**Acceptance Based on
Entrance Criteria
www.ischolarsmagnetacademy.org**



ENROLL NOW!



**ischolars@redoakisd.org
www.ischolarsmagnetacademy.org
972-617-4747 • Cassie Fulton, Principal**



Publisher, Connie Poirier

General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker
Southwest Editor, Beverly Shay
Editorial Coordinator, Sandra Strong
Writers, Dennis Brock . Rick Hope
Sydni Thomas . Betty Tryon
Editors/Proofreaders, Pat Anthony
Pamela Parisi

GRAPHICS AND DESIGN

Creative Director, Chris McCalla
Artists, Julie Carpenter . Casey Henson
Martha Macias . Felipe Ruiz
Arlene Honza . Brande Morgan
Shannon Pfaff

PHOTOGRAPHY

Photography Director, Jill Rose
Photographer, Opaque Visuals

ADVERTISING

Advertising Representatives,
Linda Dean . John Powell . Jami Navarro
Rick Ausmus . Teresa Banks . Laura Fira
Bryan Frye . Melissa McCoy . Vicki Meeks
Lisa Miller . Carolyn Mixon . Lori O'Connell
Steve Randle . Linda Roberson . Judy Trivett

Billing Manager, Angela Mixon

ON THE COVER



These four couples have become more than mere neighbors — they are as close as family.

Photo by Opaque Visuals.

CONTENTS

May 2013 • Volume 7, Issue 5



8 Partying With Purpose

Four families know what being good neighbors is all about.



18 Solving the Problem

Teachers are finding new and creative ways to prepare their students.



28 A Place for Everyone

At Home With James and Janet Harris.

42 BusinessNOW

44 Around TownNOW

46 FinanceNOW

48 HealthNOW

52 CookingNOW

SouthwestNOW is a NOW Magazines, L.L.C. publication. Copyright © 2013. All rights reserved. *SouthwestNOW* is published monthly and individually mailed free of charge to homes and businesses in the Cedar Hill, DeSoto and Duncanville ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 283-1170 or visit www.nowmagazines.com.



Editor's Note

'Tis the merry, merry month of May ...

So just what is it that makes May merry? Perhaps it is the transition of spring into summer and anticipated summer vacations, picnics and time without the pressure of school and homework. Perhaps it includes celebrating moms, graduates and the freedoms soldiers have secured for us.

Looking back over my years of rearing children, I remember the many milestones — how I enjoyed all their “firsts,” nine years of baseball games, watching

my daughter play, laughing when a mother from another team wondered why someone would name their son Mary. Go figure, right? May also marks one of my personal milestones: 33 years of marriage to the same man. Who else would have put up with me that long?

May your May be filled with moments of gratitude for all the blessings in your life, and may you have time to pull up a lawn chair and relax, while reading this issue of *SouthwestNOW* (of course)!

Beverly

Beverly Shay
SouthwestNOW Editor
beverly.shay@nowmagazines.com

Elect *Stan* **SMITH** for Duncanville City Council District 3

**MAN WITH A HEART
FOR DUNCANVILLE**

5th Generation Duncanville
Pioneer Family, Duncanville High
School Graduate, Resident of
Duncanville for over 50 years

- Family Oriented
- Community Involvement
- Business Driven
- Proven Leader



Vote May 11 to Elect Stan Smith

Early voting April 29 -May 7, 2013

StanSmithForDuncanville.com
Facebook.com/StanSmithForDuncanville

214-354-1679

Pol. Ad Paid for by the Stan Smith Campaign, Doyce Smith treasurer.



Dallas Back Pain Management

- Non-Surgical Interventional Treatments
- Lumbar epidural steroid injections
- Nerve root blocks
- Facet blocks

Dr. Ghermay is board certified in both pain management and anesthesia. Specializes in all lumbar and cervical pain and has a special interest in persistent postoperative pain syndromes. D Magazine, "Best Doctor in Dallas," 2011

7515 Greenville Ave, Suite 1000
Dallas, TX 75231

200 Bryan Place
Cedar Hill, TX 75104

214.445.5077
dallasbpm.com

INTERNATIONAL MUSEUM OF CULTURES
PRESENTS
**TRAVIS ANTHROPOLOGY
SUMMER CAMP
& Art Explosion**

Join us this summer if you are interested in learning about other cultures around the world by examining museum objects, sampling food, enjoying music, dance and exploring nature, playing games, scavenger hunts and more!!

June Daily Camps \$15/child/day, 9am-12:30pm
July Weekly Camps Choose one of 3 sessions
July 8-12; July 15-19 and July 22-26, \$65/child/week,
Students K-6: 9am to 12:30 pm
June & July Art Explosion \$100/child/week.

Combine Art Explosion with the July Weekly Camps for a full day, full week of fun, including a snack/lunch for \$170.00 child/week.

Call for additional information: 972.572.0462 or email: info@internationalmuseumofcultures.org
411 E. Hwy 67 • Duncanville
www.internationalmuseumofcultures.org



Hormone Revitalization LAKEWOOD HILLS INTERNAL MEDICINE

A DIFFERENT APPROACH TO HORMONAL WELL-BEING

At Lakewood Hills Internal Medicine we employ truly unique approaches to obtaining and maintaining your hormonal well-being. Are you looking to rediscover your sense of health and vitality? Let Lakewood Hills Internal Medicine partner with you on your quest for wellness.

Talk with Us About Hormone Revitalization

This innovative protocol is devised to support your body in establishing or reestablishing hormone balance. It is different from most hormone replacement approaches that ignore or override your body's capabilities and just "do it for you." The protocol entails low dose prescription creams and/or over-the-counter nutritional supplements to stimulate and optimize your body's current hormone production capacity. Quarterly office visits and bloodwork are utilized to monitor safety and efficacy.



Felicia Lewis, MD
Internal Medicine
Board Certified

Are You:

Age 30-64 or older?

Perimenopausal or a male looking for renewed vitality?

Postmenopausal?

Unhappy with previous hormone therapy?

In possession of at least part of one ovary (even if you do not have a uterus)?

Revitalization is:

MD created and supervised care

Tailored to you as a unique patient

Monitored for safety & efficacy by regular blood work and clinical evaluations

Excellent quality medical care at competitive pricing

Experience renewed hormonal well-being.

Get started with Hormone Revitalization right away by scheduling your initial consultation. Appointments may be available as early as the same day you call:

972-875-7770

2203 W LAMPASAS St, Ste 111 • ENNIS, TX 75119
972-875-7770 PHONE FOR APPTS • 972-875-7775 FAX
www.LHinternalmedicine.com



Campus Teachers of the Year



Elizabeth Hunter
Acton



Whitney Scarbrough
Alexander



Brandi Bradford
Bilhartz



Felicia Graham
Central



Rachel Arteaga
Fairmeadows



Derek Gammon
Hastings



Misty Parker
Hyman



Felecia Adams
Merrifield



Tara Flatt-Ferguson
Smith



Treva Millarr
Brandenburg



Tracy Padilla
Daniel



Doria Telsa
Hardin



Jessica Drummond
Byrd



Maria Hust
Byrd



LaCheryl Prince
Kennemer



Carlean Robson
Kennemer



Terrence Chase
Reed



LaShunda Foster
Reed



Kimberly Baker
Duncanville HS



Blanca Patlan
Duncanville HS



Jeni Tahaney
Duncanville HS



Dianne Williams
Duncanville HS



Becky Friesen
PACE HS



Linda Lawson-Kennedy
Summit

Teachers are the single most important influence on the quality of learning, and Duncanville ISD believes that it is vitally important to recognize and honor those who exemplify quality teaching. As part of the district's commitment to valuing teacher contributions, Duncanville ISD conducts an annual Teacher of the Year program in conjunction with the Texas Teacher of the Year program.

Duncanville ISD campus Teachers of the Year are nominated and selected by their peers. Twenty-four educators have been named 2013 Duncanville ISD Campus Teachers of the Year and are now candidates for the district's Elementary and Secondary Teacher of the Year honors that will be announced at the annual Staff Appreciation Event later this spring. District Teachers of the Year will advance to Region X competition, and then to the Texas Teacher of the Year program.



Scan the QR code to the right to download the app or simply search for the app "Dville2Go"

802 South Main Street
Duncanville, Texas 75137
p. 972.708.2000 f. 972.708.2020

ENGAGING
HEARTS AND MINDS
DUNCANVILLE ISD

NORTHWOOD UNIVERSITY MBA

Early Decision Scholarship - Deadline May 26th

The proven MBA



12-Month Daytime • 24-Month Evening • 24-Month Weekend

The DeVos MBA is strategically aimed at transforming your managerial and leadership skills sets. We take you beyond the standard classroom environment and put you in the role of the decision maker through case study analysis.

► **MBA highlights include:**

- Learn from a case-study focused curriculum
- Strengthen your critical thinking and problem solving skills
- Enhance your professional communication
- Opportunities to engage in consulting and simulation projects

On Campus Information Session

May 13th , 6:30pm; “Why of an MBA?”

Online Webinar Information Session

May 28th, 7:00pm

Please register at www.northwood.edu/graduate or call 972.293.5448 to schedule an individual appointment.



mbatx@northwood.edu
www.northwood.edu
1114 W. FM 1382 • Cedar Hill





We live in a day and age where nobody seems to know their neighbors anymore. However, on one block in Cedar Hill, that is definitely not the case. Four families on that block seem to be the exception rather than the rule. They live within a short distance of each other and have made a point of sharing in each other's lives, laughing at each other's children, eating each other's food and enjoying the greatest of friendships.

The friendships began about five years ago when Savern and Camellia Varnado were walking in the neighborhood. This had long been their routine, but that particular day was going to offer an encounter that would bring a very positive change to their lives. As they were walking, they met Jesse and Janá White, who were standing in their front yard. The Whites were new to the neighborhood, so the Varnados decided to stop and visit with

them. They discovered they had several things in common, including the fact both Savern and the Whites had grown up in New Orleans. Interestingly, he and the Whites had even attended the same high school. Before long, the Whites were introduced to the Joneses and Raineys. Glen and Stephanie Jones were the first of the four couples who had moved into the neighborhood. Tracee and Louis Rainey moved to the area in 2005, after Hurricane Katrina hit their Louisiana home. Before long, the four couples became inseparable. To say they all instantly hit it off would be an understatement.

Nobody can really remember exactly when they started having their get-togethers. But once they started, they have never stopped. "I think the first one was at the Joneses' house," Jesse said. That first gathering led to many pool parties, barbecues and even some game tournaments. "The men are the Taboo champions of the block," Jesse admitted.



PARTYING

WITH

By Rick Hope

“Every one of these dear friends has been so supportive. They are just **AWESOME!**”

“When we’re together, we talk about anything.”

D

D

D

D

O

S

E

Suzushii

Sushi & Grill

Lunch Bento Box Start at \$6.95

Served sushi roll over 70 items

OPEN 7 DAYS
 Mon- Fri: Lunch 11am-3pm • Dinner 4:30 - 10pm
 Sat: 11-10pm Sun. 12:00-9:30pm

\$5 OFF
 Any \$25 Order
 (Exclude Mix-Drink), Dine in Only
 One coupon per Table.

638 Uptown Blvd. Cedar Hill • 972 293-1009 • www.suzushiisushiandgrill.com



Think You May Have a Hearing Loss?

- Small and Discreet
- Sleek Design

Introducing Starkey's wireless hearing aids, designed to make listening easy & enjoyable again.



Whether you are looking for small and invisible, high power for maximum hearing potential, or simply the latest technology with a sleek design, there is a Series that can be customized for you.

PrescriptFit™ Assessment

- ❖ Free Hearing Test
- ❖ Lifestyle Assessment
- ❖ Acoustic Analysis
- ❖ Speech Demonstration



214 North Main • Duncanville, TX

972-296-1600

“Make that ‘trying to be’ the champions,” Tracee added. Both agreed the tournaments began with a very competitive spirit, but it has all been in good fun.

“The pool parties are always the best,” Janá explained. “The kids have a great time and everybody brings food and drinks. Of course, that’s not all we do. We also have some spontaneous get-togethers.”

“When we’re together, we talk about anything,” Jesse confessed. “We are not shy about anything. Everything is out on the table, and everyone can express an opinion. We might not share the same opinions, but a real argument never occurs.”

With a smile, Janá recalled coming home from a trip she and Jesse had taken in honor of their fifth wedding anniversary. When they arrived back home, they walked into a party given in their honor by the friends who had become family. “It really touched me,” Janá confessed. “I couldn’t believe they had gone to all that trouble for us.”

Frequently, the gatherings are more than just a social event. “We like to party with a purpose,” Tracee said. As a result of Louis’ suggestion, donations were gathered at the very first party to give to a cancer survivor. This hit close to home,

since Stephanie won her battle with the disease. Often, Tracee will contact the Cedar Hill food pantry to find out what is needed. At the next party, each person attending from each family is asked to bring that item with them. Later, Glen and Louis deliver those items to the pantry.

The families involve their children in making some of the parties not only fun, but educational and enlightening. Savern and Camellia have three children — Charity, Ashleye and Sydney. The Whites have Angelle, Damien and Jace, while Tracee and Louis are the proud parents of Louis IV. The Joneses' six adult children are no longer living at home, yet Stephanie



and Glen support the neighborhood kids as if they were their own.

Janá is quick to add the children enjoy all the parties as much as their busy schedules will allow. "Sometimes, they are gone most of the summer, due to camps and stuff. When they call to check in, they'll ask us how many parties we had and what we've done," she said.

As the families have continued to grow closer, they find themselves having holiday celebrations together and even attending each other's churches whenever one of the children is involved in a program or pageant. Every Good Friday, the families get together for a crawfish boil and then join each other again on

Aralile Weight Management. EAT YOUR OWN MEAL AND LOSE WEIGHT!



Before



After

HCG diet available.
Check out our
2nd Saturday Special.

Aralile Cosmetic Surgery & Weight Loss Center

aralilecosmetics.com

1700 N. Hampton Rd., Ste 100 • DeSoto, TX 75115
972-228-3670 • Fax 972-228-3672

1704 N. Hampton Rd., Ste 202 • DeSoto, TX 75115
972-228-9600, 972-748-3555 • Fax: 972-228-3878

Plano: 1110 E. Parker Rd. #101A, Plano, TX 75074 • 972-228-9600

Office Hours 8:30- 5:00 • Se Habla Español



Ask about Fresh Cell Treatments, now available.



Imagination
Experience
Knowledge
Diversity
Faith

BE A SAINT!

Your Future Starts Here

St. Elizabeth of Hungary Catholic School
Now Enrolling for 2013-14

4019 S. Hampton Rd., Dallas, TX 75224
214-331-5139 • www.saintspride.com



Saturday for an Easter egg hunt complete with family-style relays. “Jesse can boil some turkey necks that are more than just delicious. They’re out of this world!” Tracee said.

“Last Halloween was great!” Tracee said, as she related how both her 5-year-old son, Louis IV, and Jesse had dressed up as Batman. Jesse took pictures in front of a friend’s black truck that looked just like the Batmobile. The families walked the neighborhood together, collecting candy. Last Thanksgiving, the families visited a homeless shelter and helped serve dinner. “We wanted to spend that holiday giving back to the community,” Janá added.

Another tradition is the families get together on Christmas night. That is when they always choose a charity project that hits close to where they live. For example, since Stephanie is a breast cancer survivor, the group found a family that had been affected by the disease and contributed money and gifts. The Varnados’ daughter, Charity, was born premature, and one Christmas, the family reached out to a family struggling with the same issue. This past Christmas, the families decided to volunteer and make donations to the Ronald McDonald House.

Recently, the tight-knit group rallied in support of Janá and her family when she



FIGHT CANCER

When I was diagnosed with cancer, I chose to partner with Texas Oncology. They’re part of the largest network of cancer specialists, researchers and treatment centers in the country, yet they’re right here in my hometown. In fact, Texas Oncology has more than 100 practices and 300+ physicians across the state. With the support of my care team, my family and my friends, I can fight this disease. And I’m glad Texas Oncology is on my side.

METHODIST CHARLTON CANCER CENTER
3555 W. Wheatland Rd.
Dallas, TX 75237

METHODIST DALLAS CANCER CENTER
1441 N. Beckley Ave., Suite 101 & 102
Dallas, TX 75203

To schedule an appointment at either site call 972-780-3414 (We also see patients in Corsicana, Ennis and Waxahachie)

1-888-864-I CAN (4226) • www.TexasOncology.com

TEXAS ONCOLOGY
More breakthroughs. More victories.®

HOW TEXANS FIGHT CANCER.



WWW.DRMORRISSEY.NET



ACHIEVE *your* GOALS

Look and feel more confident and youthful

Tummy Tuck • Breast Augmentation/Lift
Breast Reduction • Liposuction • Post Weight Loss Surgery
Mommy Makeover Packages & Financing Available

J. Michael Morrissey, MD

*Board Certified, American Board of Plastic Surgery
Plastic, Reconstructive and Cosmetic Surgery*



Waxahachie Office:
Baylor Medical Center
1505 W. Jefferson, Suite 120
Waxahachie, TX 75165

Dallas Office:
Methodist Dallas Medical Center
221 W. Colorado Blvd.
Pavilion II, Ste., 727 - Dallas, TX 75208

For A Complimentary
Consultation
Call 214.943.9222

DOGWOOD CANYON Audubon Summer Adventure Camps CENTER AT CEDAR HILL

Join us for a week of fun & educational adventures in our 205 acre outdoor classroom centrally located in North Texas.



- ◆ Camps run Mon – Fri, 9am – 3pm
- ◆ Campers bring a sack lunch daily
- ◆ \$198 for members
- ◆ \$220 for nonmembers

Canyon Critters (Ages 5-6) 6/24/13 - 6/28/13

Explore different North Texas animals and the adaptations that help them survive.

Texas Animals (Ages 7-9) 7/8/13 - 7/12/13

Discover the animals in your backyard and how you can protect and learn from them.

Canyon Survival (Ages 10-12) 7/22/13 - 7/26/13

Learn outdoor survival skills at our exciting Canyon Survival camp.

For more information, call 469-526-1988. Register online at dogwoodcanyon.audubon.org
1206 W FM 1382 | Cedar Hill TX 75104

Shine Dental Care

Family and Cosmetic Dentistry

Tonjolique J. Jackson, DDS

950 East Beltline Road
Suite 130
Cedar Hill, TX 75104



972-293-8033 | www.shinedentalcaretx.com



Be **REALLY SURE** with Essure®

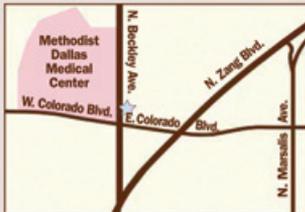


Patricia LaRue, MD; Teresa Patton, MD;
Kecia Foxworth, MD;
Sandra Lozano, MD

**Outstanding Obstetrical and Gynecological
Care for every stage of a woman's life**

Full range of women's healthcare services:

- Obstetrics, including sonograms
- Gynecology and Gynecologic Surgery
- Hormone Replacement Therapy
- Reproductive Health
- Laparoscopic Hysterectomy
- In-Office Surgery
- Beautiful Environment - Wonderful Patients!
- DaVinci Robotic Surgery Experts



Hours: Mon. - Thurs. 7am - 6pm; Fri. 7am - 5pm

Are you sure that your permanent birth control is really permanent? Based on a recent study of 5 years of clinical data, safe, hormone-free Essure® is the **MOST EFFECTIVE** permanent birth control available – even more effective than tubal ligation or vasectomy! Unlike those and other methods, Essure® is virtually recovery free - Essure® is performed in our office... No invasive surgery is required! Most women are on their way home 45 minutes after the procedure and return to their normal activities in less than a day. And now, the cost of Essure® is usually covered by most insurance plans!!

Over 600,000 women have trusted Essure® for their permanent birth control method.

**Call us today at 214.941.7200 for more information about
Essure® and how we can help you be **REALLY SURE****

1330 N. Beckley Ave., Dallas TX 75203

www.kesslerwomens.com



was diagnosed with leukemia, seemingly out of the blue. Party planning was put on hold as she went through immediate treatment. Janá has responded to the treatment and is doing fine and regaining strength. "Every one of these dear friends has been so supportive. They are just awesome!" Janá remarked.

Clearly, the families have found a special bond, and all agree the benefits are immeasurable. They walk with each other through the good times, and they lean on each other during the bad times. They laugh together, and they cry together. They're not just good neighbors — they're genuine friends who care deeply for one another. Such camaraderie between four couples is fairly rare to find in 21st century America. "When we first moved here, we were hoping for good neighbors. We had experienced that in New Orleans, but not in any other place we have lived since. We weren't expecting it here," Jesse admitted, "but, we definitely found it." **NOW**

EAGLE EXPRESS



CROSS THE LINE: Choose to be the BEST!

DeSoto opens full-day Pre-K classes

DeSoto ISD is launching full-day pre-kindergarten (Pre-K) classes at all seven elementary schools. "Our goal is to prepare DeSoto children for school," said Superintendent David Harris.

With that goal in mind, DeSoto ISD will have full-day Pre-K registration on Wednesday, May 8 from 7:30 a.m. to 7:30 p.m. and Thursday, May 9 from 7:30 a.m. to 4 p.m. at the DeSoto Town Center Bluebonnet Room. DeSoto ISD's Full Day Pre-K will serve eligible students age 4 on or before September 1, 2013.

ELIGIBILITY:

- qualify for free or reduced meals; or
- unable to speak / understand English; or
- homeless child; or
- child of active duty military member; or
- has been or under conservatorship of the state.

Give Your Child The Eagle Advantage



Full Day Pre-K

Registration

May 8 • 7:30a - 7:30p

May 9 • 7:30a - 4:00p

DeSoto Town Center

more info: www.DeSotoISD.org

PLEASE BRING:

- Parent photo ID; utility bill for residents
- Student's Social Security Card; birth certificate; immunization record

Contact Myla Wilson at 972-223-6666 or myla.wilson@desotoisd.org

SUMMER PROGRAMS

DeSoto ISD offers an array of summer school, test preparation, enrichment program, sports camps and free meal programs for students of all ages. Summer school and test preparation are primarily for students who need intervention based on previous results. Programs are free for all elementary students and test preparation. Secondary students pay \$125 for grade replacement or acceleration courses.

Enrichment camps include the new STEM Academy for students in grades 6-8 to explore a variety of hands-on activities including CSI, Graphics and Gaming, and Robotics! Eagle Summer Sports Camps include volleyball, football, basketball, swimming, and tennis. DeSoto's FREE Summer Meal Program for children through age 18 will take place at four different campuses. Details for these programs and more are online at www.desotoisd.org

Calendar of Events

Th., May 2, 10 a.m.-1 p.m. - Eagle Olympics, Eagle Stadium

Fri., May 3, 5 p.m. - Hall of Honor Induction Ceremony, DHS

May 6-10 - Teacher Appreciation Week

May 8-9, 7:30 a.m. - Pre-K RoundUp and Registration, Town Center

Saturday, May 11 - Election Day (School Board Election)

May 16-17, 5:30 p.m. - iSTEAM3D Experience, East Middle School

Sat., May 18 - DeSoto ISD Math Olympics, DHS

Mon., May 27 - Memorial Day Holiday, No School



Middle school make-over for project-based learning

DeSoto ISD is unveiling a new program at all three middle schools starting in the fall, but you can get a sneak peek May 16-17 into iSTEAM3D!

This project based learning program for selected students in grades 6-8 will integrate science, technology, engineering, arts and mathematics.

Each iSTEAM Academy will be housed in a renovated wing of each school with five teachers trained to guide experiential learning that builds student engagement, collaboration and problem solving.

iSTEAM3D Experience: Thursday, May 16 & Friday, May 17

- A 30-minute presentation plus a hands-on tour will start each half hour beginning at 5:30 p.m. until 7:30 p.m.

DeSoto ISD Enrollment

- **Kindergarten Registration** - all incoming kindergartners registration will be held May 20-31, 2013 from 8 to 11 a.m. and 1 to 3 p.m. at each elementary campus.
- **New Student Registration** - will be held August 13-23, 2013 from 8 to 11 a.m. and 1 to 3 p.m. at each campus. Parents should review the attendance zone maps online to determine their assigned campus prior to registering.
- **Open Enrollment Requests** - Students outside DeSoto ISD boundaries interested in attending DeSoto ISD schools must complete an Open Enrollment Packet from Student Support Services. Packets may be submitted at anytime.
- For questions regarding transfers and enrollment, please call Student Support Services at 972-223-6666 x214.



Grand Prairie Orthodontics



Dr. Marlon Henderson
Diplomate, American Board
of Orthodontics



Dr. Jim Morrow
Diplomate, American Board
of Orthodontics



www.grandprairieorthodontics.com

4927 Lake Ridge Pkwy., Ste. 135, @ Camp Wisdom (NW corner) Grand Prairie, TX 75052

- ▶ Free initial consultation including x-rays
- ▶ \$300 OFF case price with presentation of this ad at time of consultation. New patients only through 6/15/13.
- ▶ Most Insurance Accepted
- ▶ Saturday appointments available

(972) 263-8700



Making your kitchen dreams a reality!



Granite, Marble & Quartz Fabricator for Kitchen & Bathroom Countertops

Extensive Color Selection Combines Beauty, Function & Elegance for any Bathroom or Kitchen!

FREE Estimates

Competitive Pricing

Up to 15-Year Warranty on Some Products

FREE 18-gauge Stainless Steel Sink (\$350 value)
Call or visit our Web site for details!
www.MTMCOUNTERTOPS.com

SILESTONE
by COSENTINO



Come see our wide selection!

SHOWROOM HOURS:
MON-FRI: 8AM - 5PM
SAT 10AM-2PM

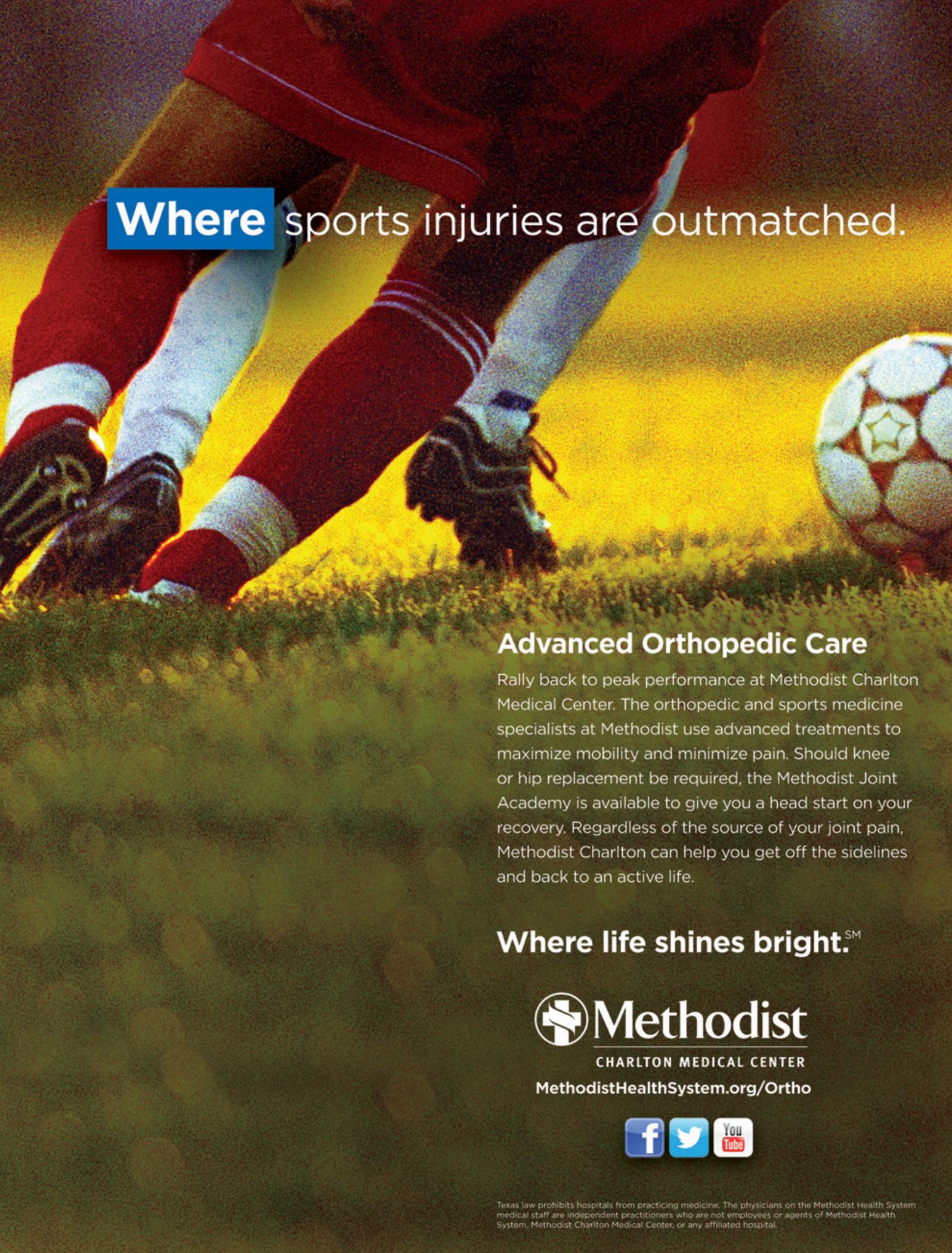
MTM

Countertops

2460 Hwy. 287 N. • Mansfield • For more info call 866-439-1935.

(Northbound service road - between Callendar Rd. & Turner-Warnell)





Where sports injuries are outmatched.

Advanced Orthopedic Care

Rally back to peak performance at Methodist Charlton Medical Center. The orthopedic and sports medicine specialists at Methodist use advanced treatments to maximize mobility and minimize pain. Should knee or hip replacement be required, the Methodist Joint Academy is available to give you a head start on your recovery. Regardless of the source of your joint pain, Methodist Charlton can help you get off the sidelines and back to an active life.

Where life shines bright.SM



Methodist
CHARLTON MEDICAL CENTER

MethodistHealthSystem.org/Ortho



Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Health System, Methodist Charlton Medical Center, or any affiliated hospital.

S. McCOWAN MIDDLE SCHOOL
1800 MAJESTIC MEADOWS

Solving P

— By Sydni Thomas

With only 48 hours before the deadline, teachers Rojean Land and Shawnda Tate spent two sleepless nights writing a 43-page grant that would bring \$300,000 in new technology, parent resources and extended learning time to their students at DeSoto ISD's McCowan Middle School. The purpose of the Algebra Readiness grant is to implement programs that increase the preparedness of students to meet standards and pass future assessments in Algebra I. The grant also equips school leaders in supporting teachers as they take on the new intervention program, as well as create opportunities for teachers to receive in-classroom coaching to improve instructional effectiveness based on best practices in mathematics. The grant includes financial support for planning time for teachers, extended class time, principal

Rojean Land and Shawnda Tate worked together on an Algebra Readiness grant that provides tools for teachers, students and parents alike.



the problem

support, parent involvement, resources, student engagement and technology.

Rojean, a math teacher at McCowan, had attempted to participate in Cycle 1 of the Algebra Readiness Grant back in 2009 but learned the school had not been in existence long enough. She did not think they would qualify for Cycle 2 and placed the grant out of her mind. In 2010, she received a phone call about the program and was told the school was qualified to participate. The deadline was only days away, but Rojean knew she couldn't let this opportunity slip by for her students. "The first thing I did was ask our principal if it was possible," Rojean said. "Then I told her I was going to need some help if I was going to get this 43-page grant written in a few days."

Rojean enlisted the help of Shawnda, a McCowan English teacher. Rojean and Shawnda have worked together since 2000 when they taught at East Middle School. This would be the second grant they completed together, but this proposal was significantly more challenging. "Ms. Land would write out what she wanted to say, and it would only be a few sentences," Shawnda explained. "It was

my job to turn a few sentences into a few paragraphs. She would read what I wrote and say, 'Did I say all that?' It was interesting to see the math mind versus the English mind. They are very different, and I think that is what made this project work."

Rojean and Shawnda lived at the school, with Shawnda's husband bringing them dinner and checking to see if



SUMMER CAMPS

2013

SKY★RANCH

Day Camp, Ages 5-11

June 3-7
June 10-14

Monday-Thursday
9am-3pm
Friday, 9am-2pm
with Closing Ceremony at 2,
parents invited

Before- and after-camp care available
7am drop-off
6pm pick-up

Day camp = \$259/week
Before/aftercare = \$5/hour
Day camp + full before/aftercare
= \$384/week



COUGAR CAMPS

Athletic Training

Boys and Girls
Entering 1st-9th grades
Monday-Thursday
June 24-27, 9am-Noon

Girls entering
4th-9th grades
Monday-Thursday
July 15-18, 9am-Noon

\$100 per camp



TIMES DATES

COST

BASKETBALL

VOLLEYBALL

Free Preview and
Parents Night Out
Friday, May 10
6-10 pm!

Sky Ranch Registration:
<http://skyranch.org/launch-camp/>
scroll down to LOCATIONS, Canterbury

Athletics Camp Registration:
972-572-7200, x152,
or VaughanS@TheCanterburySchool.org

THE
CANTERBURY
EPISCOPAL SCHOOL

972.572.7200 x108 www.TheCanterburySchool.org
email: BillupsR@TheCanterburySchool.org
1708 N. Westmoreland Road DeSoto, Texas 75115



they were surviving. It didn't matter what time of night it was, Rojean and Shawnda kept working until it was finished. They finished late Sunday, and after figuring the budget, they had it driven to Austin, because the post office would not be

Dermatology Institute

Expert Treatment For:

- Skin Cancer • Acne
- Fingernail/Toenail Infections
- Psoriasis • Moles • Cyst • Hair Loss

Skin, Hair & Nail Diseases



We Offer Free Skin Cancer Screenings

Dr. Bill V. Way, FAOCD
Katie Heimer, PA-C
Kerbi Elsenbroek, PA-C
Shevonee Echeta, PA-C
Teresa Martin, Licensed Esthetician
Se Habla Español M-F 8am-5pm

Dermatology Institute is staffed by fully licensed dermatologist, physician assistants and an esthetician who are dedicated to the highest quality patient care, education and research.

972.780.0707 www.dermatologyinstitute.us
706 W. Center St., Duncanville



able to deliver it by the deadline. "I really didn't think we stood a chance of finishing it on time," Rojean said. The only thing left for them was the waiting.

With each phase of deliberation, the Texas Educators Association would post online who had made it to the next round. When Rojean saw McCowan had made it through the first cut, she knew all the hard work and time spent was about to pay off. Sure enough, McCowan won the \$300,000 Algebra Readiness Grant effective January 1, 2011 through May 31, 2013.

FREE BUFFET!

This coupon entitles you to a
FREE ADULT BUFFET
with the purchase of an Adult Buffet and 2 Lg To-Go Drinks!
Not valid with any other offer. Expires 5-31-13. Coupon accepted from Southwest NowMagazines only.



Coupon valid at Cedar Hill Location only.
140 W. FM 1382 • Cedar Hill • 972-291-7888



One of the first things McCowan purchased was new technology for the math department. Classrooms received SMART Boards, the TI-Nspire Navigator System, calculators and laptops. Next, the math department teachers received

money to attend conferences and workshops to help them learn new ways to prepare their students for algebra. Their classroom time was also extended, allowing them to establish small group centers where students could work together to solve problems.

A parent center was also established in the library to provide teachers and parents with opportunities

to communicate more frequently about student progress in mathematics. Parents come to the school during extended hours, so they can brush up on their math skills, thus giving them a chance to help their children at home. They also have access to computers giving them options like using school software, such as Rosetta Stone, to learn a foreign language or Internet resources. Their children get help with their homework assignments from teachers at the parent center.

Shawnda's help was enlisted again for



SESSIONS HAIR NAILS & SKIN



Gift Certificates Available!
Great Gift for Mother's Day, Prom, Wedding!

20% Off

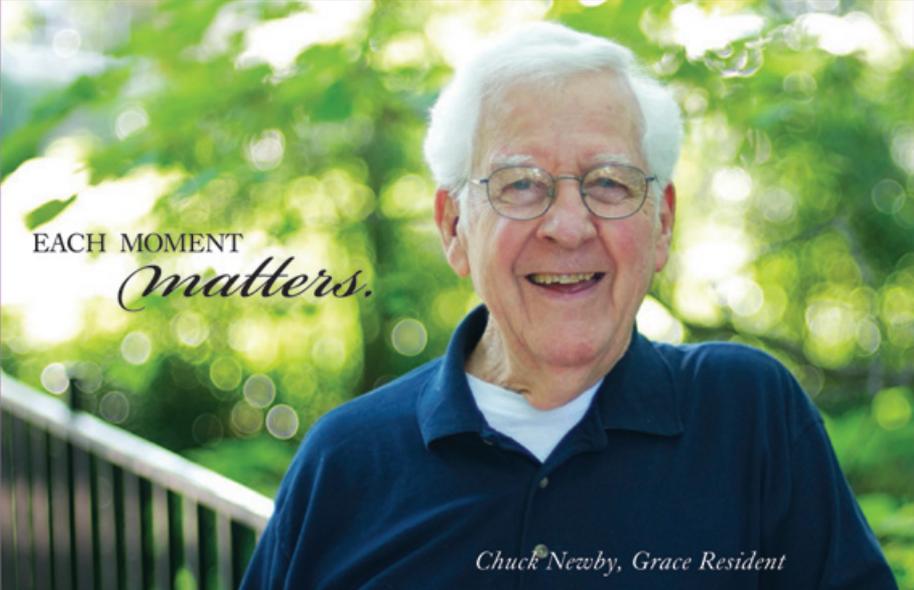
PEDICURE

For first time customers.

Hair Care • Manicures • Pedicures • Nail Extensions • Waxing • Massage • Facials
Extensive line of Hair Care Products & Gift Items

972-780-9799 • SESSIONSONSANTAFE.COM
300 SANTA FE TRAIL • DUNCANVILLE, TX 75116

EACH MOMENT
matters.



Chuck Newby, Grace Resident

Family. Friends. Joy. Security.
Active lifestyle options.
Maintenance-free living.
So much to be thankful for at
Grace Presbyterian Village!

With a full continuum of services, you can enjoy the independence of your own home within our beautiful 27-acre community, knowing that enriched care is available when and if you need it. It's a decision that leaves you free to pursue your interests, take part in a wide variety of activities and get involved in a vibrant community of accomplished people.

Move into your new apartment or cottage by June 30, 2013 and receive one month free rent.



**GRACE
PRESBYTERIAN
VILLAGE**

550 Ann Arbor, Dallas, Texas 75216
214.413.4110
www.GracePresbyterianVillage.org



ALF#000541

COTTAGES • APARTMENTS • ASSISTED LIVING • NURSING • HOSPICE • DEMENTIA CARE • REHAB

Plumbing Problems?

We Can Help!

Available 24/7 • Complimentary Estimate • No Additional Charges For Nights, Weekends Or Holidays
 Friendly Professional Technicians • Background Checked and Drug Screened • Locally Owned and Operated

\$50 Off Any Plumbing Service

Coupons may not be combined with any other offer. This month only.

\$100 Off Water Heater Install With Purchase Of A Water Heater

Coupons may not be combined with any other offer. This month only.

FREE Video Inspection

In Main Sewer Line On Exposed Clean-Outs With Paid Drain Cleaning

Coupons may not be combined with any other offer. This month only.

\$249 New Niagra Toilets

Includes New Toilet & Normal Installation. Call Now To Take Advantage Of This Sale

Coupons may not be combined with any other offer. This month only.

1-800-PLUMBER

972-298-8600 • 1-800-758-6237
www.1800plumber.com
 TX Plumbing License #M19066




“Our students will be better prepared for those courses if they choose to be a part of the program because of what the grant has brought to our school.”

the extended learning time. “I traded my English hat for a math hat as I assisted students in the computer lab with the new software,” Shawnda said. With self-paced and individualized practice, students can brush up on needed areas that traditionally are only possible through afterschool tutorials. With the Algebra Readiness Grant, students had study opportunities during the school day, so more students were accommodated effectively.

“The grant money allowed us to do so many different things to get these students ready for Algebra I,” Rojean said. “Many of the parents of our eighth-graders have told us that they don’t know what they will do next year when their kids attend a different school, and they lose their access to the parent

Offering the Latest in Hearing Technology

- Latest in Hearing Instrument Technology
- 30-day Hearing Aid Trials
- Diagnostic Hearing Evaluations
- Hearing Aid Repairs
- Batteries and Hearing Aid Supplies
- Custom Swim Molds
- Medicare Accepted



Barbara J. Parker, Ph.D. CCC-A
 Audiologist
www.swshc.com

Hearing Solutions

Serving Our Community Since 1997
 2715 Bolton Boone, Suite C • DeSoto, TX 75115
 Near Charlton Methodist Hospital • 972-572-5582




Chameleon medical spa

Your Gateway to Transformation

CALL NOW
(972) 296-2045

SERVICES WE OFFER

LASER HAIR REMOVAL (STARTING AT) PER TREATMENT	\$30.00
BOTOX/DYSPOORT PER UNIT	\$30.00
SPIDER VEIN REMOVAL PER TREATMENT	\$89.00
MICRODERM + PEEL	\$60.00
MICRODERM + CO2 MASK	\$75.00
DELUXE FACIAL	\$50.00
CELLULITE REDUCTION PACKAGE OF 6 TREATMENTS	\$899.00
BODY CONTOURING PACKAGE OF 6 TREATMENTS	\$899.00

WWW.CHAMELEONMEDSPA.COM

Dive into Summer

WITH OUR
SUMMER
SPECIAL!

Treat anything from cellulite reduction, spider vein removal, laser hair removal and much more!

INTRODUCING A BRAND NEW TECHNOLOGY THAT IS CURRENTLY THE ONLY FDA CLEARED MACHINE TO TREAT SCARS!

ACNE SCARRING



\$150 per treatment

STRETCH MARK REDUCTION



\$200 per area

SUNSPOTS



\$100 per area

SCARS REMOVAL



\$150 per treatment

941 York Dr, # 200 • DeSoto, TX 75115

Ask
About Our
Extended Hours



the best dentistry in Life is Free!

Worry Free...

Dental plan available for those without insurance

Ouch Free...

Gentle cleanings from our professional staff

Hassle Free...

Walk-ins always welcome

We're a Preferred Provider for HMOs & PPOs.

GET TO KNOW US SPECIALS

\$59

Exam, Digital X-Rays
& Cleaning*

Need Braces?
Braces for as little as **\$99**/mo

With a down payment of at least \$200, offer valid on new orthodontic cases only, offer only valid with participation in monthly automatic credit card or bank card program. OAC. Payments may extend beyond the period for treatment, cannot be combined with any other offer.

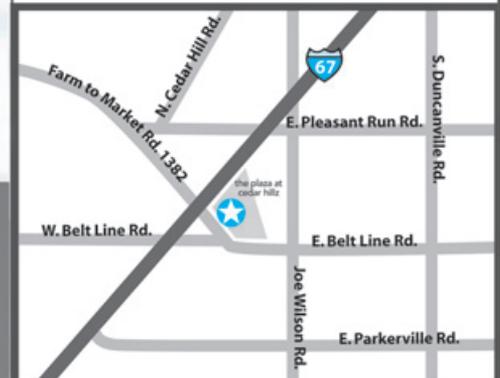
*Regular value of at least \$290.00. In absence of periodontal (gum) disease. New patients only. Discounts may vary when combined with insurance and cannot be combined with other offers or discount plans.



CEDAR HILL
MODERN DENTISTRY

Dr. Gladys Stigger, DDS
972.291.6262

www.CedarHillModernDentistry.com



**398 E. FM 1382 | Suite B
Cedar Hill**

On the SE corner of US HWY 67 and FM 1382
in the Ross Shopping center

Be Our Guest

FREE Advance Planning Seminar

**Jeter & Son
Funeral Home**

Cedar Hill Chapel

Thursday, May 16, 2013
10:00 a.m. or 6:00 p.m.
332 Cedar St
Cedar Hill, TX 75104
972-291-4500
www.jeterandson.com

FEATURING LOCAL EXPERTS

Legal Tools Charles Sharpe, Sharpe & Associates

Financial Planning Jason Mann, Edward Jones

Advance Funeral Planning Leon Stone, Prearrangement Specialist

Join your neighbors and friends to gain information ~ Enjoy refreshments in a relaxing and friendly atmosphere ~ Enter a door prize drawing. The seminar date is quickly approaching, so please call us at 972-291-4500 to make your reservations TODAY!

For more information regarding prepaid funerals and consumer rights and protections under Texas state law, visit www.prepaidfunerals.texas.gov.



center. It's one of the most successful parts of our program."

Results from this year's test compared to last year's test, when their grant funding had just begun, will give them an idea of how the new technology, extended learning time and extra teacher resources have played a role in the students' understanding of the material. Even though the grant is scheduled to end in May, McCowan has created a self-sustaining program that will allow them to continue with the parent center, use of technology and supplemental materials.

Another opportunity for student success through the Algebra Readiness Grant could be seen in student enrollment into the DeSoto Collegiate Magnet Program. Rojean felt this was another way the Algebra Readiness Grant would benefit her students in the long run. Through this program, DeSoto High School students have the opportunity to enroll in college courses and obtain an associate degree before graduating from high school. Program participants would have to enroll in advanced algebra courses. "Our students will be better prepared for those courses if they choose to be a part of the program because of what the grant has brought to our school," Rojean said.

Writing grants is not easy, but with dedicated teachers like Rojean and Shawnda, students have greater opportunities for success. Rojean has applied for and won more grants since receiving the Algebra Readiness Grant. "The students will surprise us sometimes," Rojean said. "They are excited about what we are doing here, and I can see the progress they have made. Students rock, and they are the reason we keep doing this. In the end, that's all a grant committee wants to know. **NOW**

KFN Summer Camps are Christ centered camps that seek to provide children ages 5-12 with an unforgettable, multicultural, camp experience. Campers love our fun activities, positive environment, and dynamic worship. We invite you to be a part of our amazing summer this year!

KFN Summer Day Camp is one, two or three weeks of fun for ages 5-12

Session 1: June 17- 21
Session 2: June 24-28
Session 3: July 8-12

Living barefoot KFN Preteen Impact is an overnight camp specifically for preteens, ages 10-12
Dates: July 22-25

For more information visit:
www.kidsforthenations.com
214.302.6335

kfn kids for the nations

Blue Diamond
Roofing & Construction
469-360-1578

Let us work with your insurance company to replace your storm damaged roof due to hail or high wind.

- ◆ Interior Construction
- ◆ Painting
- ◆ Fencing
- ◆ Outdoor Fireplaces
- ◆ Emergency Repairs

▶ **Free Inspections**
Insurance Claim Specialist
Locally Owned & Operated



Life.Science.Hope.



A cancer diagnosis can be overwhelming. At 'The Cancer Institute of Dallas', our experienced and trained medical staff will be there to help every step of the way. We opened our first office in Southwest Dallas in 1996 and believe that cancer care is best delivered in a multi-disciplinary environment. The Cancer Institute of Dallas has an on-site diagnostic imaging center, IMRT Radiation, HDR Brachytherapy, a full infusion suite and a complimentary, on-site, staffed fitness center.

Please call 972.283.2389 to schedule an appointment.

The Cancer Institute of Dallas

310 East Highway 67
Duncanville, TX 75137

2301 S. Hampton, Suite 500
Dallas, TX 75224

Phone (972) 283-2389

www.cancerinstituteofdallas.com

Our Medical Team:

- Maria Juarez, M.D.
- Maryada Reddy, M.D.
- Ritu Lapsiwala, M.D.
- Faheem Ahmed, M.D.
- Revathi Angitapalli, M.D.
- Charles Lee, M.D.

ABC ORTHODONTICS

"A Southwestern Orthodontics Experience!"

\$2,000 OFF BRACES!

BRACES FOR CHILDREN & ADULTS!

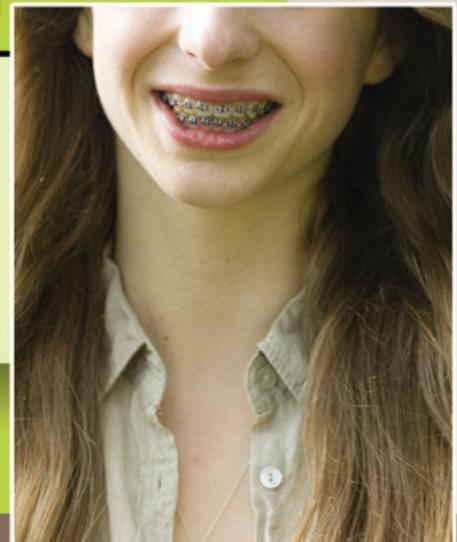
Adrienne N. Carmichael, DDS

**Most Insurance Accepted*



7005 Pastor Bailey Dr
Dallas, TX 75237

FREE
Consultation
(A \$200 Value)
Limited Time Offer!



972-296-3349

MYDALLASBRACES.COM

Friends Place Adult Day Services

Specialized Alzheimer's Daytime Care & Programs

An adult activity center designed to enable individuals to maintain a life with dignity, meaning and purpose, while remaining as independent as possible.

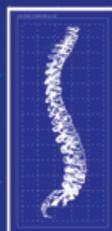
- ✿ Mind Fitness Programs
- ✿ Companionship & reassurance
- ✿ Wellness program - full-time nurse
- ✿ Offering more than 20 planned indoor/outdoor activities
- ✿ Information & referral for families
- ✿ Reliable, compassionate & well-trained staff with 1:5 ratio

Now Open!

DeSoto
1232 W. Beltline Rd.
972.274.2484

Locations Also in McKinney & Richardson

WWW.FRIENDSPLACEADS.COM



TUCKER CHIROPRACTIC

your blueprint to a better life

- Spinal Decompression
- Massage Therapy
- Animal Chiropractic
- D.O.T. Physicals & School Physicals
- Back & Neck Pain
- Headaches
- Chiropractic Adjustment



CERTIFICATE TO HEALTH

\$225 Value for \$20

This certificate entitles you to a

- Consultation
- Exam
- Report of Findings
- X-rays

Please call for your appointment today.

Offer Expires 5-31-13. Not valid for Medicare patients due to Medicare regulations.

SOME RESTRICTIONS MAY APPLY

712 N. Hampton Rd. #100 • DeSoto, TX
972.230.8900 • WWW.TUCKERCHIROPRACTIC.NET

PARTY LIKE Picasso

Have Fun, Paint, Eat & Drink
Leave with Your Own Masterpiece!

Join us the 3rd Thursday of every month or Contact us to book your own party
Register Online or call 972-293-1117 Today!



PAINT PARTY THURS. MAY
16TH 7PM-9M \$35PP



ENCAUSTICS WORKSHOP Wax Painting

MAY 18TH FROM 1:30 - 4:30

\$75-All Supplies Included

In this workshop 2 works of art will be created. Artist will leave with the ability to fuse, create texture, & use transfers with encaustic medium.



Summer Art Camps



Join our kids to teens
1-5 day Summer Art Camps
starts at \$45-\$110

SUMMER ART CAMP SCHOLARSHIP ART & BEYOND, INC. ARE GIVING OUT SCHOLARSHIPS FOR CAMPS AT VISUAL EXPRESSIONS! TO APPLY FOR A SCHOLARSHIP GO TO

WWW.ARTANDBEYOND.HOMESTEAD.COM/NEWS.HTML

AND FILL OUT THE SUMMER ART CAMP APPLICATION TODAY! APPLICATIONS MUST BE POSTMARKED BY MAY 24, 2013. SCHOLARSHIPS ARE ON FIRST COME FIRST SERVE BASIS.



SESSION 5 ADULT, TEEN, & KID ART CLASSES START JUNE 24

6 WEEK CLASS ONLY \$169
& KIDS 6 WEEK CLASS AS LOW AS \$76
OFFER ENDS 6/22/13 SO SIGN UP TODAY FOR THE CLASS OF YOUR CHOICE.

(PRICE DOES NOT INCLUDE FEE. DEAL IS NOT VALID WITH ANY OTHER OFFERS OR PROMOTION)



VISUAL EXPRESSIONS

972-293-1117 • 1425 N. HWY 67 Cedar Hill TX 75104

Afraid of the dentist?

Come sleep through your dental work.

Come meet Dr. Martin and the rest of the caring Fearless team.



Mention this ad and get **FREE WHITENING FOR LIFE** when you become a patient at Fearless Dental. **FREE** trays and then **FREE** whitening gel at every cleaning.

Dr. Martin does white fillings, crowns, bridges, veneers, implants, implant dentures, root canals, extractions, Invisalign. Sees children. Our hygienist Melinda does deep cleanings and laser gum treatments if gum disease is present. Years of dental needs can be completed quickly and with very few appointments all in our office.

Same day treatment available.
No interest financing W.A.C. for up to 2 years.

Convenient Hours: 8am-6pm M-Th F 8am-1pm

In network with these major PPO plans: Aetna, Delta, Cigna, MetLife, Guardian, United Healthcare, Blue Cross Blue Shield of Texas, Humana, Principal, Ameritas, Dental Select, UCCL

www.FearlessDental.com

972-617-3322 · Red Oak, TX 75154
101 Austin Boulevard · Suite 100



2013 BEST Sandwich Shop

Specialty Sandwiches,
Soups, Desserts and
Old Fashioned
Soda Fountain

Inside Ben Franklin Apothecary
Duncanville • (972) 298-8698

1/2 OFF
Any Ice
Cream Dessert

Expires 5/31/13

Not valid during Happy Hour. Limit 1 per customer. No cash value. Not for sale. One coupon per customer per visit. One in only. Cannot be used for prior purchases or combined with any other offer. Coupon must be surrendered at time of purchase. Unauthorized reproductions of this coupon will not be accepted. Additional exclusions may apply. See store for details.

FREE
Fountain Drink
With purchase of
any Deli Meal!

Expires 5/31/13

Limit 1 per customer. No cash value. Not for sale. One coupon per customer per visit. One in only. Cannot be used for prior purchases or combined with any other offer. Coupon must be surrendered at time of purchase. Unauthorized reproductions of this coupon will not be accepted. Additional exclusions may apply. See store for details.

Your Home for Unique
& Special Gift Items

HAPPY MOTHER'S DAY!

Teacher Appreciation Week
May 6 - May 10

Mother's Day Sale
May 4-11

Mother's Day
May 12

Memorial Day: May 27

BEN FRANKLIN APOTHECARY
Pharmacy ~ Gifts ~ Kitchens Deli

302 N. Main St. • Downtown Duncanville
Find us on [f](#) [t](#) [r](#) 972-298-1147
www.BenFranklinRX.com

Video

A Place *for* Everyone

— By Beverly Shay



At Home With **James and Janet Harris**

James Harris grew up in Killeen, Texas. His wife, Janet, grew up in Greenville, Texas. They met in church, Eastgate Missionary Baptist Church in Oak Cliff, to be exact. In less than a year they were married. "We actually worked across the street from each other. I was a real estate agent and property manager. James worked for the United States Social Security Administration," Janet said. "Both of us were happily single, extremely active and not looking for anyone." They honeymooned in the Bahamas.

Their son, Justin, was born in 1985 while they were living in their Oak Cliff home. They stayed until 1990, when they moved closer to Duncanville. Seven years later, their daughter, Jaimee, was born. "We lived for 13 years in the Cedar Ridge sub-division. Our children attended Duncanville schools for their entire education. Because of being part of the Duncanville ISD, we became very active in that community," Janet explained.

"When my father retired from the military in 1962, he worked with a moving and storage company near Fort Hood," James remarked. "I worked with him during the summers. I always wanted to have my own business, and so I started Justin Moving and Storage in 1996." Another of James' dreams was to own a two-story house, which was bigger than



The Harris family.
Back row, left to right:
James and Justin.
Front row, left to
right: Jaimee, Justin's
son, K.D., and Janet.

BahamaBeachDallas.com



Make a Splash!

WHAT MAKES BAHAMA BEACH SUCH A GREAT VALUE?

- 45-Foot Tall Slides & 1,000 Foot Lazy River
- Water Playground w/ 1,000 Gallon Dumping Bucket
- Two Zero Depth Entry Beaches
- Birthday, Group Rates & Packages
- Private Cabanas, Party Rentals, and More

Bahama Beach Family Waterpark

\$2.00 OFF

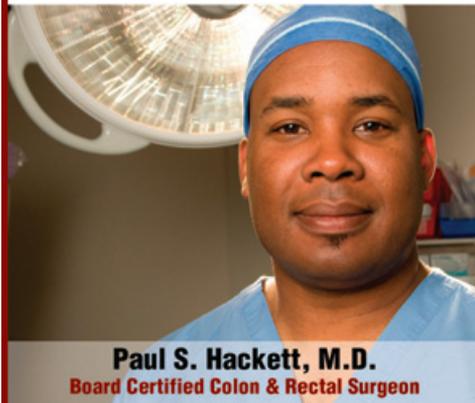
Valid For Up to 4 Regular Priced Admissions.
Not Valid With Any Other Offer.
Coupon Code: SNOW

1895 Campfire Circle | Dallas, Texas 75232
TEL 214-671-0820 | info@bahamabeachdallas.com

We are conveniently located just 10 minutes south of downtown Dallas on the west side of US 67 between Loop 12 W and Hampton.



Colon Cancer can be prevented with a Colonoscopy.



Paul S. Hackett, M.D.
Board Certified Colon & Rectal Surgeon

Conditions Treated:

Hemorrhoids, Constipation,
Crohn's Disease, Ulcerative Colitis,
Colon Cancer

Services: Colonoscopy,

Minimally Invasive Surgery,
Surgical & Non-Surgical Care



TRINITY
colon & rectal surgery clinic

Office Hours: Mon-Fri 9am - 5pm

777 E. Wheatland Road, Ste. 105
Duncanville, TX 75116
972-709-9300 • www.trinitycolonrectal.com

Se Habla Español



cooked or baked,” Janet remarked. “But what I like most is watching people enjoy what I serve!”

James’ favorite spot in the house is the “second” living area up front. There he has his beautiful tan cloth-covered pool table, music and his TV for watching

their other house. “I figured the kids could have upstairs all to themselves, and we could have downstairs. Jan wasn’t sure she wanted a two-story, but I convinced her, and we both love it,” James stated.

They had their 3,200-square-foot, four-bedroom, three-and-a-half-bath home built. “We got to make all the selections on colors, flooring and appliances,” Janet said with a big smile. “The kitchen is definitely my favorite room, because we spend a lot of time there. It’s a great conversation spot. I like to cook, and I love serving hors d’oeuvres and other delicacies I have

sports. “It’s my own little world,” he admitted. Near the claw-footed Cannon pool table is a pub/bar table with leather stools around it, as well as a cabinet with music, karaoke and gaming supplies. A gorgeous filigreed wall hanging lends an elegance befitting the classy pool table. With three living areas, everyone can have their own little world of space.

“Since we knew what we wanted,” James remarked, looking around their comfortable home, “we asked for a black backsplash in the kitchen and an extended arched entryway. We later added laminate floors in the kitchen and den.”



Community Fair

Saturday, June 8 • 12noon - 4pm
200 W. Center Street, Duncanville





Diabetes
Blood Pressure
Cholesterol Check ups
ADHD testing and more

FREE FOR THE PUBLIC

Drawings for: ipods, tablet,
Certificate for cremation,
Coupons for food at various
restaurants and more!

BBQ Sandwiches for Sale

For additional information contact:
Tammy Garcia @ 214-779-4844 Seventh
Covenant Productions: Event Coordinator.

Sponsored by David Clayton & Sons Funeral Home/Little Bethel Memorial Park

Carter Blood Care, Sam's Club,
Duncanville Fire and Police,
Bear Creek Dental, H&R Block
Medicaid, Dr. Leslie Nelson, MD
and many additional vendors!

Little Bethel
Memorial Park

1800 S. Cedar Hill Rd.
Duncanville (972) 298-4550

David Clayton &
Sons Funeral Home

200 W. Center Street,
Duncanville (972) 298-7222



www.davidclaytonfuneralhome.com

WELCOME HOME FURNITURE

1411 N. Hwy 67 | Midlothian, TX | 972.775.7575

Tuesday-Saturday 11 am-7 pm | [facebook.com/WelcomeHomeFurniture](https://www.facebook.com/WelcomeHomeFurniture)



GO AHEAD ... Eat what you want!

Visit Dr. William A. Brown, D.D.S. in the morning, have the "Mini-Implant System" placed in less than two hours, then go out and enjoy your favorite lunch.

This is a one-step procedure that involves minimally invasive surgery, no sutures, nor the typical months of healing.

Call for your complimentary consultation

972-298-8515

**WILLIAM A.
BROWN, D.D.S. F.A.G.D.**

GENERAL DENTISTRY
226 N. CEDAR RIDGE RD.
DUNCANVILLE, TX 75116

FAMILY & COSMETIC DENTISTRY



Arches are a major theme in their home. They're found between rooms, as well as framing the gracious windows.

Janet likes to decorate and furnish spontaneously. "If we see something we like, we just get it. And I like to change things out. My idea of style is comfort — where people who come to visit don't have to be careful," she stated. A large area rug with a leaf design in browns and neutral colors ties the den together, setting off the leather-covered coffee table. The dining room, open to the den, features a large, dark walnut table and chairs covered with striped upholstery. Beyond the dining room and open to the den, the kitchen is black and white with dark granite countertops and black appliances. The island has four bar stools "for those conversations that always happen in the kitchen," Janet reiterated.

The master bedroom is spacious with large furnishings, including a four-poster bed of wrought iron, a large armoire and a huge oval standing mirror framed in metal. Two easy chairs add to the ambience of the inviting room decorated in taupe and brown. The master bath continues the same color scheme with accents of moss green towels and mats around the garden tub, ceramic shower and double-sink vanity. Janet's cosmetics and perfumes are found in a series of open shelves.

Just about every room in the house has some form of the families' initials J and H as part of the clever personal decor. On the landing of the switchback stairway is a truly unique hanging made up of 15 hemp-covered, horizontal spears. At the top of the stairs is another living area where Justin and Jaimee spent time entertaining their friends. The



JIM McDONALD
Agent



STATE FARM INSURANCE COMPANIES
HOME OFFICES: BLOOMINGTON, ILLINOIS

314 North Main Street
Duncanville, Texas 75116
Office # (972) 298-4491
Fax # (972) 298-3005
jim.mcdonald.b4ee@statefarm.com

"Like a good neighbor, State Farm is there"®



Present this ad & receive

\$5 OFF

of any appetizer

Present this ad to receive a free appetizer value up to \$5 with the purchase of an adult entrée. Not valid with any other offer or discount. Tax & gratuity not included. Expires 12/31/13. Only valid at: The Cedar Hill Joe's Crab Shack.

735 NORTH HWY. 67 • CEDAR HILL • (972) 293-9612



room is not quite as neutral in color as the downstairs area. Burgundy throw pillows brighten up the silvery green couch, love seat and chairs surrounding an entertainment center. A throw rug covered in ovals, squares and rectangles of rust, black, brown gold and moss seems to invite sprawling. One wall is covered with burgundy curtains, while very large playing cards — joker, king, queen and jack of hearts — adorn the other wall.

Like the rooms below, the upstairs rooms are spaciouly spread with wide arches between. The entry to the bedroom “wing” is yet another diagonal arch. To the right is Justin’s room done in black and various neutral shades, with “his” bath in the hall. Jaimee’s room with its attached bath reflects her personality in the deep purple wall she painted herself, her black leather couch, the black, grey and purple striped comforter and a black-framed mirror. “Jaimee is in her last year at Texas A&M University-Commerce, where she is studying athletic training,” Janet remarked. “She wants to be a trainer to professional football players.” Justin works for the family business and is a great asset. His 2-year-old son, Keymoney Dakota, more commonly called K.D., gets the remaining bedroom for his toy room, although traces of his once-a-month visits can be seen throughout the house with a tiny toy chest and highchair downstairs.

The home lovingly reflects those who live there and is a great place for entertaining or simply relaxing after a busy day of work. Whether they spend their time together or each resort to one of the living areas, they certainly enjoy their home. **NOW**

WELCOME TO THE WORLD OF EDIBLE ARRANGEMENTS®

SAVE \$5*
on any order
Code: frui0929

DELICIOUS FRUIT DESIGN®
With dipped strawberries

To order, please call or visit:
Edible Arrangements | 617 Uptown Blvd., Ste. 105
Cedar Hill, TX 75104 | (972) 293-2848
Edible Arrangements Mansfield | 120 W. Debbie Lane, Ste. 130
Mansfield, TX 76063 | (817) 453-2500

EdibleArrangements.com

Edible®
ARRANGEMENTS

Make life a little sweeter.™

*Offer valid at participating locations. Valid on arrangements and dipped fruit boxes. Offer expires 05/31/13. Cannot be combined with any other offers. Offer code must be used when placing order. Containers may vary. Arrangements available in a variety of sizes. Delivery not available in all areas. EDIBLE ARRANGEMENTS & Design® and all other marks noted are trademarks of Edible Arrangements, LLC. ©2012 Edible Arrangements, LLC. All rights reserved. Franchises available; call 1-888-727-4258 or visit eafanchise.com

**WE'RE SMALL ENOUGH
TO KNOW YOU & LARGE ENOUGH
TO SERVE YOU!**

DALLAS
214.350.9957

MIDLOTHIAN
972.723.3320

WAXAHACHIE
972.935.0322

RED OAK
972.617.9977

TOLL FREE
800.962.1245

TACL #A013190E
LIC # M-36775

DIRECT SERVICE COMPANY

AIR CONDITIONING • HEATING • PLUMBING
Residential & Commercial

WWW.DIRECTSERVICEAIR.COM



HARD TO RESIST THE CALL OF

ALBUQUERQUE,

NEW MEXICO

New Mexico's unassuming demeanor and charm welcomes visitors to the southwestern United States, where the soul meets the sky. At the forefront of many of its distinctions is Albuquerque, where Bugs Bunny should've made that left turn. It's a city that calls you to your next jaunt out West.



Neither new nor Mexico, this state's culture is centuries old. Its flag features the ancient sun symbol of a Native American people called the Zia. The Rio Grande Valley itself has been populated and cultivated since as far back as 2,000 B.C., long before the first Spanish settlers arrived in Albuquerque in 1540. Albuquerque officially became a *villa* (city) in 1706 under the permission of King Philip of Spain.

While modern Albuquerque is a center of high-tech industry and research, it retains vital connections to the past, blending Native American, Spanish and Western cultural influences. Many of the traditional techniques and skills of the Pueblo people have been handed down through the generations and are practiced to this day. When you visit the city's beautiful cultural centers, you'll taste how Albuquerque has developed into the multicultural city it is today.





Chile — the staple ingredient of New Mexican cuisine — has been in existence for over 10,000 years and is still being enjoyed by New Mexicans. When spelled with an “e” (the correct spelling in Spanish), chile refers to New Mexico’s official state vegetable, which is harvested each fall. Classified as a fruit by horticulturists and a berry by botanists, the crop comes in two varieties: red and green, depending on its ripeness when picked. Whether you call it a fruit, vegetable or berry, this crop is tasty.

Red Oak Driving School

- Conveniently located across from Red Oak High School
- Flexible class times for your convenience
- Comfortable and spacious classroom
- Reliable vehicles for student safety
- Quality Certified Driving Instructors
- Payment plan available
- Get your permit in less than one week!

119 S. Hwy 342, Ste #105, Red Oak, TX
(Across the street from Red Oak High School)

May 4 - May 24	6:30pm - 8:30pm
May 18 - June 7	4:30pm - 6:30pm
May 25 - June 14	6:30pm - 8:30pm
June 8 - June 28	8:30am - 10:30am
June 15 - July 5	12:30pm - 2:30pm

Call for more information! 972-850-0990
www.RedOakDrivingSchool.com

**Only \$340
per student
SAVE \$20 with
this ad.
Exp. 05/31/13**

DO YOU SUFFER FROM DIABETIC FOOT ULCERS?

We are now enrolling qualifying individuals in an on-going clinical research study.

All study supplies are included • Stipend for transportation

Call us at 214-330-9299

*Providing foot care to the community for 19 years.
Board Certified in wound care.*

RICHARD C. GALPERIN
D.P.M., FAPWCA

www.drgalperin.com • 2909 S. Hampton Rd. • SUITE #F132 • Dallas, TX




 "Giving New Meaning to Life"
"We're with you every step of the way"
The Only CERTIFIED Alzheimer's Care in South Dallas.
www.arborhouseliving.com
 8027 West Virginia • Dallas • (972) 298.1331 Across Wheatland from Charlton Methodist
 License# 123926



Chile, beans and corn make up the basic ingredients of the addictively flavorsome New Mexican cuisine found all over the state. These ingredients give chile a different flavor than that of Mexican and Tex-Mex food. Visit in September during the green chile harvest to enjoy propane-powered roasters pumping the aroma of chile into the air.

You can find chile on the menu year-round in Albuquerque. Some local favorites include green or red chile stew, blue corn enchiladas and carne adovada (pork simmered in a red chile-based stew) and for dessert, *sopapilla*, a fried puffy pastry best enjoyed with a drizzle of honey. If your mouth isn't watering yet, that's OK. Albuquerque has a diverse array of culinary offerings that will satisfy any appetite.

With weather this gorgeous, opt to enjoy your meal *al fresco* at one of the many pooch-friendly patios. When airport has been replaced by sunport at the city's official aircraft transportation hub (Albuquerque International Sunport), you know you're in for some big rays.

Albuquerqueans enjoy over 310 days of annual sunshine, making it nearly impossible to spend a few days here without getting a serious dose of vitamin D. The Sandia Mountains, making up the tail end of the Rockies, blush a vibrant pink at sunset. It's no accident that *sandia* means watermelon in Spanish.



CAREGIVERS CONNECTION4U



SENIOR HOUSING CHOICES 4U
We do the research and footwork at NO COST to you.

Are you looking for senior housing: Independent, Assisted, Memory Care? Before starting your search, call us. Our advocate will:

1. Sit down with you and listen to your needs and desires
2. Gather and organize information
3. Compare staff, services, and costs
4. Visit available locations within your parameters
5. Collaborate with you in determining suitable options
6. Accompany you during on-site tours
7. Advocate for you in finalizing

Call Carolyn, 214-718-1286, for questions. Available 24/7.
210 B SOUTH CEDAR RIDGE, STE 100 DUNCANVILLE, TX 75116

Since 1976
THE VACUUM SHOP
 SALES • SERVICE • SUPPLIES
 NEW & USED VACUUMS

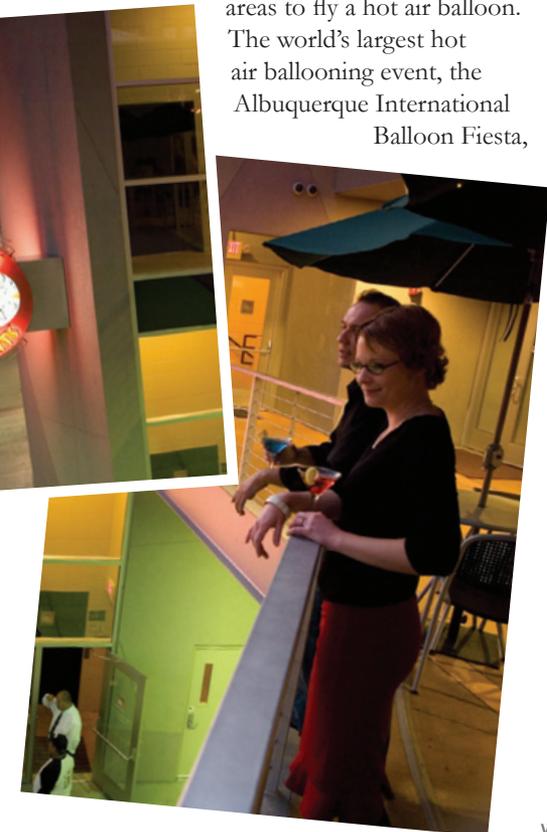
SPECIALIZING IN
ORECK

400 W. Jefferson, Waxahachie
 Monday -Friday 8:30 to 5:00
 Saturday 9:00 to Noon
(972) 937-3900
www.vacuumshoponline.com

SALES AND SERVICE OF ALL MAJOR VACUUM BRANDS



Sunshine combined with a surprisingly high elevation of 5,326 feet make this high-desert city a four-season destination. The city boasts a ski area located just 30 minutes from the metro that adventurers can drive to or arrive at via North America's longest aerial tram, The Sandia Peak Aerial Tramway. Albuquerque also enjoys over 400 miles of bike paths and trails, some of the Southwest's most beautiful — and affordable — golf courses, paddle craft opportunities along the Rio Grande and an “Albuquerque Box” wind pattern that makes it one of the country's most lucrative areas to fly a hot air balloon. The world's largest hot air ballooning event, the Albuquerque International Balloon Fiesta,



Would you let your mom feel bad?

Help her to be the mom she wants to be by giving her the gift of health
Less pain, more energy, less weight

ProAdjuster Advanced New Technology for the Care and Treatment of Pain

- Comfortable •
- Computer Assisted •
- Consistent •



Dr. Lesa G. Ansell, D.C., R.N.

PROADJUSTER 

Pro-Adjuster Physical Medicine and Chiropractic Clinic

Call (972) 291-1992

103 E. Beltline Rd., Ste. G, Cedar Hill, TX 75014
(Behind Braum's Ice Cream)

Follow us on   www.proadjusterchiropracticclinics.com

\$49
for EXAM and 1st adjustment
(Not valid on federally funded programs)



2
FREE GAMES OF BOWLING A DAY ALL SUMMER!

KIDS BOWL FREE

REGISTER YOUR CHILD ONLINE FOR

SUMMER FUN BOWLING PASS

WWW.KIDSBOWLFREE.COM

like us on 

Ennis

ALL STAR BOWL

SUMMER LEAGUES NOW FORMING!

Bar & Grill • Video Game Room
Birthday Parties • Company Parties

972-875-7827

2303 W Ennis Ave, Ennis Tx.



Ruth's Choice

to cater to our client's needs with :

COMPASSION DIGNITY & RESPECT

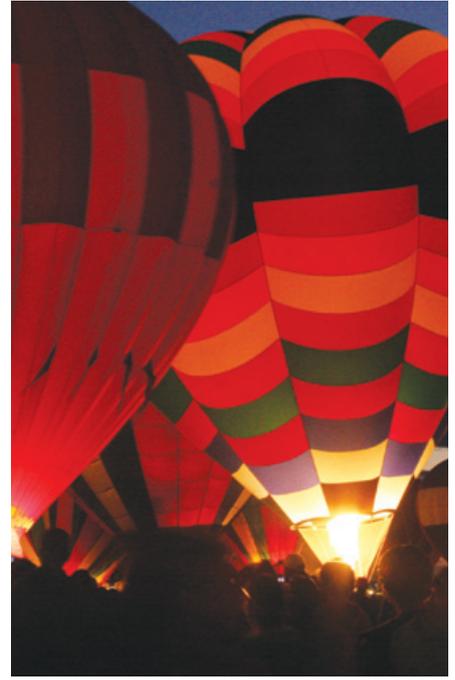


we provide care for seniors all within the comfort of the home, be it a private residence or other living facility. Our caregivers are available for as few as four hours and as many as 24 hours.

(972)298-5555

WWW.RUTHSCOICE.COM

HIRING COMPASSIONATE CAREGIVERS



welcomes hundreds of thousands of visitors each October.

Great weather, excellent tax incentives and the ability to transform into nearly any city or location (including Mars) make Albuquerque an ideal location for film and television crews. From *Breaking Bad* to *The Lone Ranger*, this Southwestern city hosts many filming projects. Check out a local film tour for a glimpse at popular site locations. It's Hollywood without the frill, and film crews seem to like it that way.

It would be difficult to visit Albuquerque and not stumble upon Central Avenue, what was formerly known as Route 66. The city grew up along the nation's Mother Road and still flashes vintage neon signage along with aesthetic treatments modernized from the route's heyday. A visit along Central Avenue will take you from the volcanoes on the city's far west side past Old Town, the ABQ BioPark, into downtown and through the trendy Nob Hill district. It's one of the longest preserved stretches of Route 66 in an urban area.

Lunch SPECIALS!
MONDAY - WEDNESDAY • 11AM - 3:30PM

MENU

 Kids HAIR CUT & STYLE 50% OFF	 Women HAIR CUT, COLOR & STYLE 20% OFF	 Men HAIR CUT \$5 OFF	 Senior Citizens (62 YEARS +) ALL SERVICES \$10 OFF
--	---	---	--

goodHAIRday SALON

Book Online!
www.goodhairday.net

(972) 296-0640
259 South Cedar Ridge Dr.
Duncanville, TX 75116

ANY EVENT. ANY SIZE. WE CATER!
PERFECT FOR WEDDINGS & GRADUATIONS!

DICKEY'S BARBECUE PIT

CALL TODAY FOR A FREE QUOTE!

DICKEYS NOW OPEN FOR BUSINESS IN DUNCANVILLE

106 E HWY 67 SR DUNCANVILLE TX 75137 - 972-584-9099
642 UPTOWN BLVD CEDAR HILL TX 75104 - 972-291-3060

BUY ONE, GET ONE FREE!
BUY ONE DINNER & 2 DRINKS AT REGULAR PRICE AND GET THE SECOND DINNER OF EQUAL OR LESSER VALUE FREE.
Not valid with other offers. One coupon per person per visit. Valid at Cedar Hill and Duncanville locations. Expires 5/31/13. **290**

15% OFF
YOUR CATERING ORDER
Not valid with other offers. Valid at Cedar Hill and Duncanville locations. Expires 5/31/13.



EAGLE BOAT & RV STORAGE

(vehicle storage available)

817-453-7525

845 South Holland Rd., Mansfield, TX 76063

Conveniently located less than 2 miles off of Hwy 287 and Hwy 360

www.eagleboatandr.com

FULLY ENCLOSED STORAGE UNITS

FULLY FENCED/WALLED PERIMETER

FIRST MONTH \$1.00
WITH
6 month contract
Must mention NOW Magazine ad for discount, please!

- Lighted Units, Concrete Driveways, RV Dump Station/Washout area
- Electronic 24-HR Gate Access, On-line Payments
- Mansfield Police Association Office on site



John D. Abdulian, M.D.

Board Certified in Gastroenterology



- heartburn
- indigestion
- chronic diarrhea
- constipation
- abdominal pain
- colon cancer screening
- swallowing disorders
- liver disorders
- rectal bleeding
- poor appetite/weight loss
- anemia

For an appointment please call our office at

(972) 875-1800

Most insurance plans accepted

Three Locations to Serve You!

Southwestern Digestive Health Physicians

1441 Midlothian Pkwy., Suite 100A
Midlothian

2800 E. Broad Street, Suite 318
Mansfield

2200 Physicians Blvd, Suite C
Ennis



Karen James
972-283-7548
karenjames@ebby.com



Waxahachie • \$299,900
Beautiful Country Home
Located on apx. 2.5 acres
4 spacious bedroom + study
2.5 baths
Large kitchen
Over 3,000 SF



Mother's Day Special

\$10 OFF
3-Month Special
Valid May 6-12



310 E. Parkerville Road • 972-293-5288
For details visit cedarhilltx.com

& Everything Nice
 208 n. main street
 duncanville, tx 75116
 f andeverythingnice Texas
 PHONE 972+296-6423
 www.andeverythingnice.com

Wedding GIFTS



Chevron Tote With Monogram
 PERFECT for Summer Outings
 for Shopping TRIPS, CRUISES,
 BIG enough for any OCCASION

Celebrate MOM
 Join us Sat. May 11th
 (any sort of Mom)
 get a free GIFT!




teacher APPRECIATION WEEK
 MAY 6-10

Mom... let's get "HIP"
 to HONOR all the "HIP" Moms---
 our Vera HIPSTERS will be
25% OFF! only on MAY 10 & 11



and... show your school I.D.
 & purchase \$100 or more
 Vera Bradley... & get a
 V.B. tote FREE!

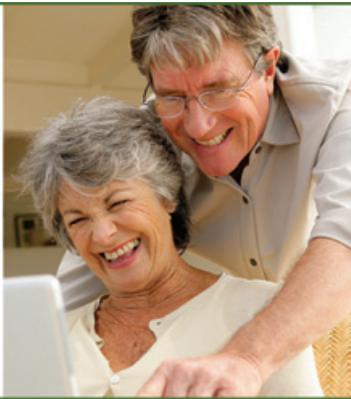
Graduation GIFTS are HERE!

20% OFF 1 ITEM
 REGULAR \$ **Coupon**
 expires 5-31-13



Champions Cove

1600 South Main St.
 Duncanville, TX 75137
 972.298.5545
 www.ChampionsCove.com



Voted #1 Senior Living Community in SW Dallas 7 Years in a Row

Summer Program will be available, offering field trips/activities, breakfast and lunch. Afternoon snacks included! Starting June 10th ending August 16th Inquire within for pricing.

Accepts children 6 weeks to 12 years

Monday-Friday 6:00am-6:30pm

Before- and after-care
 Tutoring Offered
 Military discount offered

Where Kidz Connect Academy



www.wherethekidzconnectacademy.com

Bring this ad and your application fee will be waived.

513 Straus Road Cedar Hill, TX 75104 972-293-6767
 3814 Swiss Ave. Dallas, TX 75204 214-821-4900
 148 J Elmer Weaver Frwy Cedar Hill, TX 75104 972-293-1872

Albuquerque's neighborhoods are as diverse as its culinary offerings. For familiar, upscale retail and dining options, check out the ever-developing ABQ Uptown, the city's newest shopping district. Visit Old Town for a taste of Southwestern history with local shops, galleries and museums. Enjoy dinner and a cocktail in trendy Nob Hill, featuring some of the city's best restaurants, boutiques and nightlife options.

New Mexico is commonly referred to as The Land of Enchantment. How appropriate that enchantment, by definition, means to fill (someone) with great delight; charm. Whether it's the people, the sky or the chile that beckons you, prepare to be enchanted by Albuquerque. It'd be hard to resist such an invitation. **NOW**

By Kelly Ryan. Photos by Albuquerque Convention & Visitors Bureau. For more information on planning your trip to Albuquerque, please visit www.ItsATrip.org or @VisitABQ on social media.

WAXAHACHIE, TEXAS
Gingerbread Trail

45th Annual Tour of Homes
 Tour 5 Beautiful Homes plus the Ellis County Courthouse
June 1 & 2, 2013 • 10am - 4pm
Sponsored by and benefiting the Ellis County Museum
"Revisit the Past, Preserve the Future"

Arts & Crafts Fair with Live Music at Getzenderan Park
 Antique & Specialty Shopping District Downtown
 Paint Historic Waxahachie PAINT OUT
 Classic Wheels on the Square

The Hamilton Home - (910 W. Marvin) *The Balch Home (1117 W. Jefferson)*



The Riley Home (600 W. Jefferson)



The Knight Home - (900 Bryson) *The Sasser Home - (415 Brown)*



Ticket Prices:
 Adult \$15, Child \$7
 Purchase Tickets before
 May 24 to receive
\$3 OFF Adult & \$2 OFF Child
 Call 972-937-0681 for details

FREE BUS TRANSPORTATION TO TOUR HOMES
DOWNTOWN PICKUP AT THE ELLIS COUNTY MUSEUM
 201 S. College • Waxahachie
 972.937.0681
 www.gingerbreadtrail.net

KUSI FORDJOUR, MD PA

Personalized Care With A Compassionate
 Physician & Mid-Level Providers.

WE SPECIALIZE IN:

- Diabetes • Hypertension
- Asthma • COPD/Emphysema
- Weight Management
- Employment Physicals
- Wellness Evaluations / Exams
- Thyroid Diseases • Heart Diseases

WALK-INS & SAME DAY APPTS. WELCOME!
972.283.9100
 Board Certified
 INTERNAL MEDICINE
 ASK ABOUT SATURDAY CLINIC HOURS!



FROM LEFT:
OLIVA PACANA RN, FNP-BC
KUSI FORDJOUR, MD
KARLA SMITH, ARNP, FNPC

2505 Bolton Boone Dr., Ste 101 • DeSoto Texas, 75115
 (NEAR METHODIST CHARLTON MED. CENTER)

FLEXIBLE PAYMENT PLANS & MOST MAJOR INSURANCE PLANS ACCEPTED

We serve the community
 YOU call home.

Cedar Hill Branch
 755 N Hwy 67
 Cedar Hill, TX 75104

\$50 VISA Gift Card
 When you bring in this ad
 and open a savings and checking account.
 Visit our branch for details.



WEBSITE: **Resource One** CREDIT UNION
 www.r1cu.org Member owned. Not-for-profit. DALLAS (214) 319-3100
 Federally insured by NCUA.

Call about Manager's Special Discounts

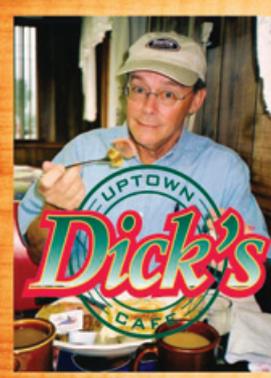


- Climate-controlled Units up to 10 X 25
- On-site Managers
- Video Surveillance
- Individually Alarmed Doors
- Your Lock, Your Key
- 24/7 Computer-controlled Access

Free Use of our Move-In Truck!

ABBY'S STORAGE
 1150 S. US Highway 67 (exit Mt. Lebanon)
 Cedar Hill, TX 75104 • 972-293-5880

Have you tried our
"Teril's Takeout" casseroles?
 Get **10% off** of ANY FROZEN DISH
 in May with this coupon
present to cashier when ordering - valid through May 31, 2013



Dick's UPTOWN CAFE

Call NOW to Book Your Private Party
 Graduation, Anniversary, Rehearsal Dinner

610 Uptown Blvd, Cedar Hill • 972-293-9944 • www.dicksuptowncafe.com

Kusi Fordjour, MD

2505 Bolton Boone Dr.
Suite 101
DeSoto, TX 75115
(972) 283-9100

Hours:

Monday-Friday: 8:00 a.m.-5:00 p.m



Dr. Fordjour and his ethnically diverse staff encourage and empower their patients toward lifestyles of health and wellness.

A Man of **Medicine**

Dr. Fordjour and his staff provide encouragement and empowerment while improving patients' health.

— Beverly Shay

Kusi Fordjour was born in the Republic of Ghana, in West Africa. He knew he wanted to be a doctor from the time he was in kindergarten, mostly due to the fact two of his brothers were doctors. In fact, his second oldest brother, the late Dr. Yaw Safo, was in medical school at the University of Ghana, when Kusi was in kindergarten. “The African schools I attended are somewhat like European-modeled schools in that, while you are in high school, you follow a specialized track to prepare you for your college education,” Dr. Fordjour remarked. “On my part, I specialized in math and the sciences.”

Following his graduation from high school, Dr. Fordjour came to America, where he spent four years at Prairie View A&M University, majoring in chemistry. He spent his four years

of medical school at the University of Wisconsin-Madison, and his three years of residency training in internal medicine at East Carolina University.

“I’ve been a Texan for 13 years now!” he quipped, having begun his practice in Texas in 2000. Dr. Fordjour was a hospital-based physician for four years. He then worked in a group practice in Arlington for another four years before opening his own practice here in DeSoto. “I like the convenience of being so close to Methodist Charlton Medical Center, which is directly across the street,” he said.

Dr. Fordjour never really wanted to be a surgeon, because it requires being on your feet so much in a rather cold operating room. “That just didn’t appeal to me. So I thought about urology,

Business **NOW**

but that also required similar physical efforts and climatic adjustment in a cold surgical room. Given the fact I enjoy deeper analysis and thinking things through to find the proper diagnosis, as well as running tests to confirm my findings, I decided internal medicine would provide the challenge I wanted to meet.” Because he finds it easier to bond with adults, his practice treats patients, both men and women, ages 18 and above.

His staff includes two nurse practitioners, an office manager and four nursing assistants. “As a team, we work toward encouraging and empowering our patients. But it is also very important for our patients to participate. With their participation and our efforts, we will see an improvement in their health,” Dr. Fordjour emphasized. “We treat each patient individually with very personalized care. If we need to refer them to a specialist, we try to find one near their home or at Charlton. We have patients from Corsicana, Waxahachie and even Ft. Worth.”

The diverse staff helps patients of all ethnic backgrounds feel comfortable. “Our friendly, compassionate staff feels each patient is part of us — like a family,” Dr. Fordjour smiled. “And I am proud to say that we provide monthly home visits for those who cannot easily get out and about. That way they only need to come by once every three months or so for exam services we cannot provide in their homes. Seeing people regularly helps catch problems while they are small and can be more easily treated.”

Dr. Fordjour specializes in diabetes, hypertension, asthma, COPD/emphysema, thyroid and heart diseases, weight management, employment physicals, wellness evaluations and programs. “Diabetes is more prevalent in America than I thought it would be. Lifestyle and diet changes, with medication as needed, can be effective if it is diagnosed early,” Dr. Fordjour remarked.

Besides time spent at the office, he enjoys time with his family. Dr. Fordjour’s wife, Stephanie, is a social worker. They have three daughters, Grace, Amber and Ashley, ages 6, 8 and 15. **NOW**

POLEWSKI ASSOCIATES

ATTORNEYS



**ASK
JOHN**

www.PolewskiLaw.com

Over 25 Years of Experience

Serious Injuries • Malpractice • Business

We want to be your lawyers.

Call 972-230-6200









www.PolewskiLaw.com

540 E. Pleasant Run Rd. • DeSoto, TX 75115

The Perfect Gift for Mother's Day!

A SIMPLE TOUCH
day spa & salon

Full Service Salon & Spa offering:

- Massage • Facial • Nails • Hair • Skin Care
- Waxing • Body Treatments • & More!

Melinda Gross Owner/Esthetician,
Becky Odgers Stylist and Nail Tech!

1431 N. Hwy 67, Suite 100
Cedar Hill, TX 469-272-3111

www.asimpletouch.net



Melinda Gross Becky Odgers



Free

Chocolate Chunk Cookie Sundae

With purchase of any adult meal



387 E. FM 1382 • Cedar Hill, TX 75104 • 972-293-0022
2009 CFA Properties, Inc. Good only at Cedar Hill Location. One coupon per person per visit. Coupon not valid with any other offer. Closed Sundays, Coupon valid from **NOW** magazines only. Please use by May 31, 2013.

www.nowmagazines.com 43 SouthwestNOW May 2013



Elizabeth and Ford Bartlett find the perfect gardening buckets at Michael's in Cedar Hill.



Mathus Howard buys a bottle of water from Sherry Hurnes at Blue Cow Coffee Company.



Many people take part in the Taste of Duncanville event.



The race is on at Cedar Hill's inaugural Green Run 5K at Uptown Village.



Bethany Iry enjoys breakfast goodies with her daughters, Peyton and Iry, in DeSoto



Charles Washington performs the military press with perfect form at the DeSoto Recreation Center.



DeSoto's Sherice and Tim Brown - former Heisman Trophy winner - support Canterbury Episcopal School at its annual Spring Gala.



Patrick Criss washes the wheels of his '95 Cadillac at Kwik Kar Wash in Duncanville.



Natalie Proctor and Sarah Borrelli shop for vintage vinyl at Half Price Books in Cedar Hill.



Members of the Duncanville Soccer League boy's team Mysterious smile for the camera at Armstrong Park.



Let us make you smile.



Before After!

Before After!



Scan this image to meet Dr. Florence

Brandon K. Florence, DDS, PLLC
 Joe W. Potter, DDS, PA
 Call for an appointment
(972) 291-1501
www.LoneStarSMILE.com

Family and Cosmetic Dentistry
 207 W. BELTLINE ROAD | CEDAR HILL, TX 75104

Thomas Deacon, M.D.
 Board Certified



Accepting New Patients
 Birth - 18yrs



Pediatrics Southwest
 2828 Duke of Gloucester
 Suite 106
 DeSoto, Texas 75115
972-298-3888
pediatricsouthwest.com

33rd Annual
Scarborough Renaissance Festival




APRIL 6 THRU MAY 27
 Saturdays, Sundays
 Memorial Day Monday
 10AM TO 7PM

Step Back in Time for the Time of Your Life
 Buy discount tickets at Tom Thumb & Randalls TODAY!

www.SRFestival.com
 Just 30 minutes south of Dallas/Fort Worth in Waxahachie

What's a Bond Investor to Do?

Investment Outlook for Interest Rates:

Sluggish economic growth is expected to continue for 2013. This is important for bond investors, because the low growth environment keeps interest rates very low. These low interest rates are forcing those investing in bonds for income to either accept very low rates or take additional risk. But, given the current low-rate environment, is the additional risk worth the extra yield?

Investment Strategies for Bonds:

Bond investors are having a challenging time generating income. With interest rates so low, investors are looking for higher yields in riskier bond investments. For example, consider long-term, investment-grade bonds with yields over 4 percent. Here the risk is, if interest rates rise quickly (and they can), you could see a decline in the NAV of your bond/fund by 5-10 percent. Income investors reaching for higher yields also like to invest in "high yield" bond funds. The reason these funds have high yields is because the debt held by the fund is low-quality debt. If the economy were to slow dramatically

or go back into another recession, these funds would be hard hit. The final area of interest for investors looking for higher yields is emerging markets debt. The yield may be several percent higher than U.S. debt, however the risk there can be very high. Some of the risks associated with emerging markets debt are: currency, political and economic. While some of your bond portfolio could be in more risky bond investments, the bulk should be in short-term to intermediate-term bonds.

A Note on Annuities:

For income in the future, an alternative may be certain annuities that focus on income generation. Many of these annuities allow you to accumulate a guaranteed interest rate of 6-7 percent on your income account without the risk of a decline in value. **NOW**

*Dennis Brock
Haydin Insurance Group*

Feeling like you paid too much in taxes this year?

This year, evaluate whether you can benefit from:

1. Tax-advantaged investments.
2. Tax-advantaged retirement accounts.
3. Tax-advantaged college saving accounts.

Call or visit today to learn more about these investing strategies.

Edward Jones
MAKING SENSE OF INVESTING

Darryl L. Fenton
Financial Advisor
104 W. Bellline Rd., #10,
Cedar Hill, TX 75104
(In Miryard Shopping Center)
972-291-6685

www.edwardjones.com
Member SIPC

PHOTO ENLARGEMENTS
Canvas Prints

Banners
Same Day

Printing & Shipping

Wall CRAWLERS
Posters

214.388.0211
512 N. Hampton Road
DeSoto, TX 75115

MOODY & SON
air conditioning & heating services

Add A/C "Check Up" to your Spring Cleaning List. Call for Details.

Call Today (972) 274-4400

Repair and Installation • All Makes & Models

WHY US?
Over 20 Years of Experience • Licensed, Insured, Trained, and Certified • Outstanding Customer Care
FREE Estimates on New Equipment!

DeSoto, TX moodys_ac@yahoo.com

Join Our Frequent Camper Club and SAVE!

Save up to 24% on daycamp as an exclusive club member!

Limited memberships available. Not valid with other discounts. Offer expires May 31, 2013.

CLUB BOW-WOW

Camp Bow Wow/Home Buddies SWDallas
519 E. Highway 67
Duncanville
972-296-WOOF (9663)
swdallas@campbowwow.com
www.campbowwow.com/swdallas

DISCOUNT SALES AUTO & TRUCK STUFF

631 E. Hwy 67, Duncanville, TX
972-709-6552 • www.autoandtruckstuff.com

TIRES:

Major Brands to Private Label



WE CARRY:

- Auto body parts
- Custom parts and wheels
- Stereos
- Auto alarms
- Wood dash
- Rotate & Balance Tires \$29.95

\$10 OFF
\$100.00 PURCHASE

With this ad. Expires 5/31/13

We match
Ultra Product
coupons
(products only)



Focus News
Readers' Choice
Awards 2013
*Best Salon
(4th yr in a row)

**Spring
Special**
\$5 OFF
Haircuts
\$15 OFF
Hilites
(New Clients Only)

Your Personal Image

Is Our Success!

Full Service Family Salon

• Heather is a Certified Great Lengths Extensions Stylist

Get gorgeous hilites for Graduation
and summer OR a beautiful updo for
Prom and Weddings.

Split Endings Salon

972.291.7883

Gift Certificates Available

201 Bryan Place Cedar Hill (Corner of Straus Rd)

Trinity Church



Sundays

9am &
11am

1231 E. Pleasant Run Rd. Cedar Hill. 972.291.2501
www.trinitychurch.org

stay & PLAY!

YOUR KIDS WILL LOVE YOU!

RESERVE NOW FOR FAMILY FUN!

- * PLANNED ACTIVITIES
- * KARAOKE
- * CANDY BAR BINGO
- * ULTIMATE BIRTHDAY PARTIES
- * CABIN, CAMPER & RV SITE RENTALS
- * GROUPS, SCHOOLS, CHURCHES WELCOME!

PIRATES COVE

OPEN TO PUBLIC

NORTH TEXAS JELLYSTONE.COM
BURLESON, TX

DOES THE
RECENT
DOWNTURN
HAVE YOU
WORRIED?

PFA
PREMIER FINANCIAL ALLIANCE

Seeking a
Tax-Free
Retirement?

- ▶ Strategies for keeping more of what you earn
- ▶ Are you a business owner looking for an alternative to the cost and complexity of retirement plans?
- ▶ Are you losing tax dollars unnecessarily?
- ▶ Do you make too much money to contribute to a ROTH IRA?
- ▶ Tax strategies and asset protection
- ▶ Are you an individual looking for an alternative to risky 401(k).

Tim Sampson | 972.230.3900 EXT. 105

Help for a Good Day

— By Betty Tryon, BSN

Your first conscious feeling when you wake up in the morning could be a great barometer for determining whether this will be a good day or a bad day for you. Your mental health can lift you up or hang around your neck like a wet blanket. It is just as important as your physical health, and the month of May is designated as National Mental Health Month in the United States. This month, advocates for good mental health hope to raise the awareness of its importance and the realities and challenges of mental illness.

Your mental health is defined as your overall approach to life. Those who enjoy a good sense of mental health generally boast positive feelings of well-being and are able to appreciate their life and enjoy other people. The challenges that come with day-to-day living can be handled in an appropriate and satisfying manner if you have a positive outlook. Many factors determine your mental health. How you are physically is one factor. If you are suffering from a chronic, debilitating disease, the stress associated with the disease will negatively impact your mental outlook. Stress is unavoidable in life, but an overload of it can literally kill you. Sometimes, in addition to your physician, a mental health care professional can offer just as much in the area of treatment.

Your mental health status reaches into every corner of your life. For example, it can affect how you eat. Many times, food is used for comfort. Overeating can lead to obesity and a host of complications. Having an unhealthy self-image and a lack of self-confidence can lead to destructive eating patterns. A teenager experiencing this may engage in bingeing or become anorexic.

There are many things you can do to improve your mental mood. Sometimes, it helps to get a fresh perspective: take a walk in the fresh air, chat with a trusted friend, avoid the company of those who have a negative outlook, watch an upbeat and positive movie, exercise, get a good night's sleep, take the time to work on something that brings you pleasure. If you need help, do not hesitate to contact a mental health professional. Contacting one no longer has the stigma it did in the past. Because of the efforts of those who diligently work in the field of mental health, attitudes have changed for the better. People are more open to help and are more accepting of mental illnesses. Just as you guard your physical health, your mental health needs attention, too. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician for questions regarding this topic.

CAMPUZANO

mexican food

Voted Best Mexican Restaurant in Best Southwest

\$5.00 off

\$20.00 purchase

Coupon only good from NOW Magazine! NO Copies accepted. Expires 5/31/13

Happy Mother's Day!

108 N. 8th Street Midlothian, TX 972-723-2634	2167 N. Highway 77 Waxahachie, TX 972-938-0047	213 W. Beltline Cedar Hill, TX 972-291-1053
---	--	---

All-Levels Welcome

to Daily Classes Taught by Sandy Pruitt, 500 Hour CYT, and Alex Hamby, 200 Hour RYT. Check our site for schedule.

Introductory Offer

10 DAYS for \$10⁰⁰

Transform your body, mind and life today!

626 Big Stone Gap
Duncanville, TX 75137
469-726-9642
www.ChooseAgainYoga.com

Introducing FDA-approved Laser Treatment for Nail Fungus

Baseline

5 months after treatment

- Nail Care
- Bone Spurs
- Diabetic Foot
- Infections
- Bunions
- Ankle/foot pain
- Heel Pain/Spurs
- Sports Medicine
- Diabetic Toes
- Flat Feet
- Corns/calouses
- Fractures

Inwood National Bank Building

1801 N. Hampton Rd., #340 • DeSoto, TX

Call for appointment 972-274-5708

www.infinityfootandankle.com

FOOT & ANKLE

Infinity

Dr. Parul K. Patel, DPM

C.A.R.S.

Carlin's Automotive Repair & Service

It is getting HOTTER outside, is you're A/C working properly?

HALF OFF

A/C LEAK AND PERFORMANCE CHECK

\$4250

\$85 dollar service

With coupon. Exp. 5/31/13

209 S. Hastings • Duncanville

972-298-4869

www.carlinscars.com



**Southern Star
Construction
Services**

Your Hometown Full-Service Residential & Commercial Builder

We Specialize in
New Homes, Offices, Retail and Remodels

New Home Construction



Large Residential Remodels



Commercial Construction



Services Offered

- New Construction
- Remodels
- Outdoor Living
- Decorative Concrete
- Additions
- Work Shops
- Roofing
- Concrete

972-743-3139 • 214-850-6342

www.ssconstructionsrvcs.com

RIVER MIST POOLS & SPAS

Your Ellis County Home
Town Custom Pool Builder



Office: 972.723.1441

Bill Atterberry :972.965.1530

Jeremy Atterberry: 972.351.4218

www.RiverMistpools.com

Specializing in:
New Pools / Remodels
Outdoor Living Areas
Cabanas / Arbors
Fireplaces

Calendar

MAY 2013

May 2

Eagle Special Olympics (for DeSoto ISD special needs students): 9:00 a.m.-Noon.

62nd Annual National Day of Prayer: 7:00-9:00 p.m., CH High School.

May 4

Extravagant HOPE Spring Trunk Sale: 10:00 a.m.-4:00 p.m., Hope Mansion. (972) 293-3370.

Mother & Son Dance: 7:00-9:00 p.m., DeSoto Civic Center: \$30/couple; \$15/additional son.

May 10

Mother's Day Fashion Show: 11:00 a.m., Cedar Hill Senior Center, 1740 Mansfield Rd. Fashions modeled by seniors: \$5. RSVP: (972) 291-5353.

May 16, 18, 23, 26

Music in the Park: 5:30-9:00 p.m., DeSoto Amphitheater. **May 16:** Don Diego; **May 18:** RL Griffin Band; **May 23:** Inspiration Band; **May 26:** The Richardson Symphony.

May 20

2nd Annual Hope Mansion Golf Tournament: 7:30 a.m., Thorntree Country Club, 825 W.Wintergreen Rd., DeSoto. (972) 293-3370 or keith@hopemansion.org.

May 25 — August 11

Crawford Park Pool daily hours: 1:00-5:45 p.m., 530 Krantz Rd., (972) 291-5130.

May 31, June 1

American Cancer Society's Relay for Life Best Southwest/South Dallas: May 31: 7:00 p.m.-June 1, 7:00 a.m., Duncanville High School. (407) 340-1466.

June 1

Youth Fishing Tournament (ages 4-16): 8:00 a.m.-Noon, Village Ridge Park Pond, 2850 Park Ridge Dr., Cedar Hill. (972) 291-5130 or cedarhilltx.com.

Mosley Pool opening day: 11:00 a.m.-7:00 p.m., 1300 Honor Dr., DeSoto.

Creekfest: 3:00-10:00 p.m., DeSoto Civic Center. Food, fun, music.

June 1 — July 31

DeSoto Art League Annual Art Show,

City Center, 211 E. Pleasant Run Rd. **Entries accepted through May only.** (469) 337-8367 or dalspringshow@gmail.com.

Ongoing

Tuesdays

Acting for TV/film (ages 10 and over): 7:00-8:00 p.m., CH Rec Center. \$60/month: (972) 293-5288 or cedarhilltx.com.

Wednesdays:

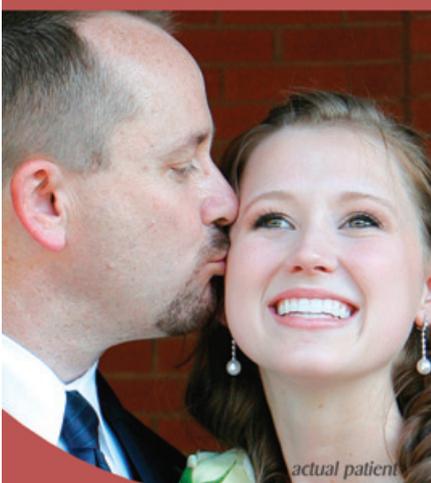
3D Voice: Public Speaking for Children, ages 10-14: Wednesdays: 6:00-7:00 p.m.: 310 E. Parkerville Rd. \$60/4wk. (972) 293-5288 or cedarhilltx.com/classes.

Third Thursdays

NAMI Dallas Family Member Support group: 7:00-8:30 p.m., Trinity United Methodist Church, 1302 S. Clark Rd. (972) 298-9378.

Submissions are welcome and published as space allows. Send your current event details to beverly.shay@nowmagazines.com.

AESTHETIC & IMPLANT DENTISTRY



actual patient

Buy one Zoom! Whitening at regular price and get one for FREE!

See our website for details.

Davis W. Morgan, DDS 972.723.5544

WWW.DFWSMILEDESIGN.COM

Jerkins Pest Control

Residential & Commercial



\$100 OFF Complete Termite Treatment

FOR ALL NEW CUSTOMERS THAT MENTION THIS AD!
(*Cedar Hill, Duncanville & DeSoto only)
Expires 5/31/13

- termites
- bed bugs
- ants
- roaches
- raccoons
- possums
- rats
- squirrels
- water bugs
- fleas
- mosquitos
- and more!

"Give us a try, you will NOT be disappointed!"

972-291-9359

Visit our website at www.jerkinspestcontrol.com

License #PCL 7808

proudly presents

Duncanville Community Theatre

Blithe Spirit

by Noel Coward

directed by Danielle Clemens

May 9-11 & 16-18 • 8 p.m.

An eccentric medium mistakenly summons Charles' first wife creating hilarious havoc

★ ————— ★

Reservations Recommended

972-780-5707 or boxoffice@dctheatre.org

DCT located at 106 S. Main, Duncanville

www.dctheatre.org

★ ————— ★

Offering great theatre since 1988!

- Free Estimates
- Packing / Unpacking
- Loading / Unloading
- Small Move Welcome



JUSTIN MOVING

AND STORAGE

"The People's Mover"

972-709-6650

www.justinmoving.com

\$25 OFF with this ad

We have some exciting news!

Our Red Oak magazine is expanding and the name is changing to North Ellis Co. NOW Magazine. We are proud to be serving Red Oak, Ferris, Bristol, Pecan Hill, Oak Leaf, Glenn Heights and Ovilla, increasing the circulation of this publication to 17,200. With publications in 10 markets, our total NOW Magazines circulation is over 245,000. Thanks for being a part of our growing family!



Bringing the best of the community home.

www.nowmagazines.com

MUSIC IN THE PARK

May 16, 18, 23
Shows start at 7:00 P.M.



Thursday, May 16
Don Diego



Saturday, May 18
RL Griffin Band



Thursday, May 23
Inspiration Band

Sunday, May 26
5:00 - 8:30 P.M.

Richardson Symphony
Orchestra

Free Memorial Day
Concert featuring a
musical program of
your patriotic favorites

CREEKFEST

Saturday, June 1
4:00 - 10:00 P.M.

Musical Guests include:

Key of M Band,
featuring Tony Smith
Vinjac, featuring
Eddie McMarvelous
McWoods
IBOC Sons of God,
and more!

Creekefest - food,
vendors, kid's activities
and much more



In The Kitchen With Brandon Rodriguez

— *By Beverly Shay*

Brandon Rodriguez, now 20, began cooking for the sake of competitions, which really worked for him. He has won 72 ribbons and two Best of Shows at the State Fair of Texas over the past eight years. “Now, I find cooking brings out the creative side of me,” Brandon admitted. “In fact, a personality profile I took recently indicated I would be very successful as a chef.”

While his mom taught him the basics of cooking, he is influenced by his father’s Cuban parents and the fact he went on many international vacations with his grandparents, thus tasting food from many countries. “I love to prepare an entire meal on the grill or smoker, because the smoke adds an additional layer of flavor.” All recipes below are Fair winners! **NOW**

“Best of Show” Tomato Pie

Crust:

- 1 stick butter**
- 2 oz. cream cheese**
- 1 1/4 cups flour**
- 1/4 tsp. salt**
- 1 Tbsp. sugar**

Filling:

- 4 large tomatoes**
- 6 green onions, chopped**
- 8 basil leaves, chopped**
- Salt and pepper, to taste**
- 1 cup mayonnaise**
- 1 cup cheddar cheese, grated**
- 1 cup mozzarella cheese, grated**
- 2 Tbsp. Parmesan**

1. For crust: Combine butter and

cream cheese; beat for 2 minutes. Add flour, salt and sugar. Beat at medium speed until crumb texture forms; scrape sides of bowl; beat 10 seconds more.

2. Form into disk; press into metal, deep-dish pie plate, crimping edges. Cover with plastic wrap; refrigerate 1 hour; freeze for 20 minutes. Remove from freezer; line with foil and pie weights. Bake at 375 F for 20 minutes. Remove from oven; remove foil; cool.

3. For filling: Slice tomatoes into 1/2-inch slices; salt and layer in paper towels to drain for 2 hours or overnight.

4. Preheat oven to 350 F. Layer tomatoes, green onion and basil in pie crust; salt and pepper.

5. In medium bowl, combine mayonnaise, cheddar and mozzarella;

spread over tomatoes. Sprinkle with Parmesan; bake for 30 minutes.

Squash Casserole

- 1 cup cracker crumbs (divided use)**
- 2 cups yellow squash, steamed and mashed**
- 1/4 cup sugar**
- 1/2 cup mayonnaise**
- 1/2 cup cheddar cheese, grated**
- 1/2 cup onion, chopped**
- 1 egg, beaten**

Topping:

- 1/2 cup cracker crumbs**
- 1/4 cup butter, melted**
- 1/2 cup pecans, chopped**

1. For casserole: Sprinkle 1/2 cup cracker crumbs in small casserole dish. Combine squash, sugar, mayonnaise, cheese, 1/2 cup cracker crumbs, onion and egg; place in dish.

2. For topping: Combine topping ingredients; spread over squash mixture.

3. Bake at 350 F for 40 minutes.

Elote Dip

- 6 ears corn in husks**
- 1 cup mayonnaise**
- 1 Tbsp. hot sauce**
- 2 Tbsp. fresh lime juice**
- 1 tsp. kosher salt**
- 1 tsp. fresh ground pepper**
- 1 tsp. sugar**
- 1/4 cup chicken stock**
- 1/4 cup Cotija cheese, crumbled**
- 2 tsp. cilantro, chopped**
- Ground red chili pepper**
- Tortilla chips or Frito’s Scoops**

1. Roast corn over medium-high flame for about 10 minutes, turning occasionally; set aside to cool. Shuck when cooled; cut kernels off cob.

2. Preheat oven to 350 F. Mix mayonnaise, hot sauce, lime juice, salt, pepper, sugar and chicken stock in bowl. Mix in corn kernels, half Cotija cheese and half cilantro. Pour into small casserole dish; garnish with remaining cheese and cilantro. Sprinkle with red pepper. Bake for 20-25 minutes or until heated through. Serve with chips.

Celebrate Mother's Day

SUNDAY, MAY 12
9:00 AM, 10:30 AM, & 6:00 PM

Mom. She taught you right from wrong. She drew you back when you wandered. She was always there—encouraging, comforting, rejoicing with you—always holding you in the circle of her love. Whether you've been influenced by a great mom or are a mom yourself, join us this Mother's Day at **Hillcrest Baptist Church** for a special time of fellowship and joy as we thankfully honor the moms in our lives.



WITH SPECIAL GUEST *Ergun Caner*

Dr. Ergun Caner is Provost and Vice President of Academic Affairs at Arlington Baptist College in Arlington, Texas. Raised as a devout Sunni Muslim along with his two brothers, Caner converted to Christianity in high school. He surrendered to the ministry a year later, and began his studies soon thereafter. Along with his brother, Dr. Emir Fethi Caner, he has written or contributed to twenty books.



265 W. Pleasant Run Road
Cedar Hill, Texas 75104



(972) 291-3521

www.hillcrestbc.com



Come see our newly remodeled center offering state-of-the art digital X-ray & Spinal Decompression machines



COMFORT REHAB
CHIROPRACTIC • MASSAGE
PHYSICAL THERAPY

Our patient-centered approach has been successful in treating problems once believed to be untreatable, using the most advanced non-surgical methods to treat pain: Back and Neck Pain, Headaches, Carpal Tunnel Syndrome, Fibromyalgia, Joint Pain, Sports and Auto Accidents, Work Injuries, Pain Management.

We offer the following services:

- Family Chiropractic Care
- Weight-loss Program
- Physical Therapy
- Therapeutic Massage
- Vibration Therapy
- Spinal Decompression

On Site: Pain Management / ESI Injection - Medical Doctor

Mention this ad for

NEW PATIENT EXAM, X-RAY, & RESULTS. | \$59

SPECIAL! ONE-HOUR MASSAGE | \$40

Gift certificates available.



Dr. Bryan McCormick



Mon 9-7pm
Tue - Thur 9-6pm
Fri 9-4pm • Sat 9-5pm
Open Lunch

CEDAR HILL MEDICAL PLAZA
950 E. BELT LINE ROAD, SUITE 180 • CEDAR HILL
(Next to Methodist Family Health Center East) • 469-272-7000

Visit ComfortRehab.com or DallasAccidentandInjuryRehab.com to sign up for our newsletter, special offers, and Facebook. Get a Virtual Consultation® and more.



Gentle Affordable Dentistry For The Entire Family



CEDAR RIDGE
DENTAL CARE

Call Today for Appointment
Emergency • Same Day Service

(972) 296-3600

**210 S. Cedar Ridge (Suite A)
Duncanville**

(Behind Pizza Hut)

Open Monday Thru Friday

Se Habla Espanol

FREE

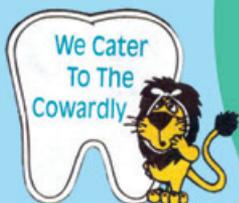
**Dental Exam,
Necessary X-Rays,
and Consultation**

For New Patients Only
(\$200 Value)

Excluding Emergency Visits
Good for Each Family Member
Offer Valid thru 5.31.13
With mention of this ad



David Johnston D.D.S.



Aetna ASSURANT

HUMANA **MetLife**

BlueCross BlueShield **Principal Financial Group** **GUARDIAN**

UnitedHealthcare & other PPO Plans



Interest Free Financing Available, Insurance Accepted. Extended Hours