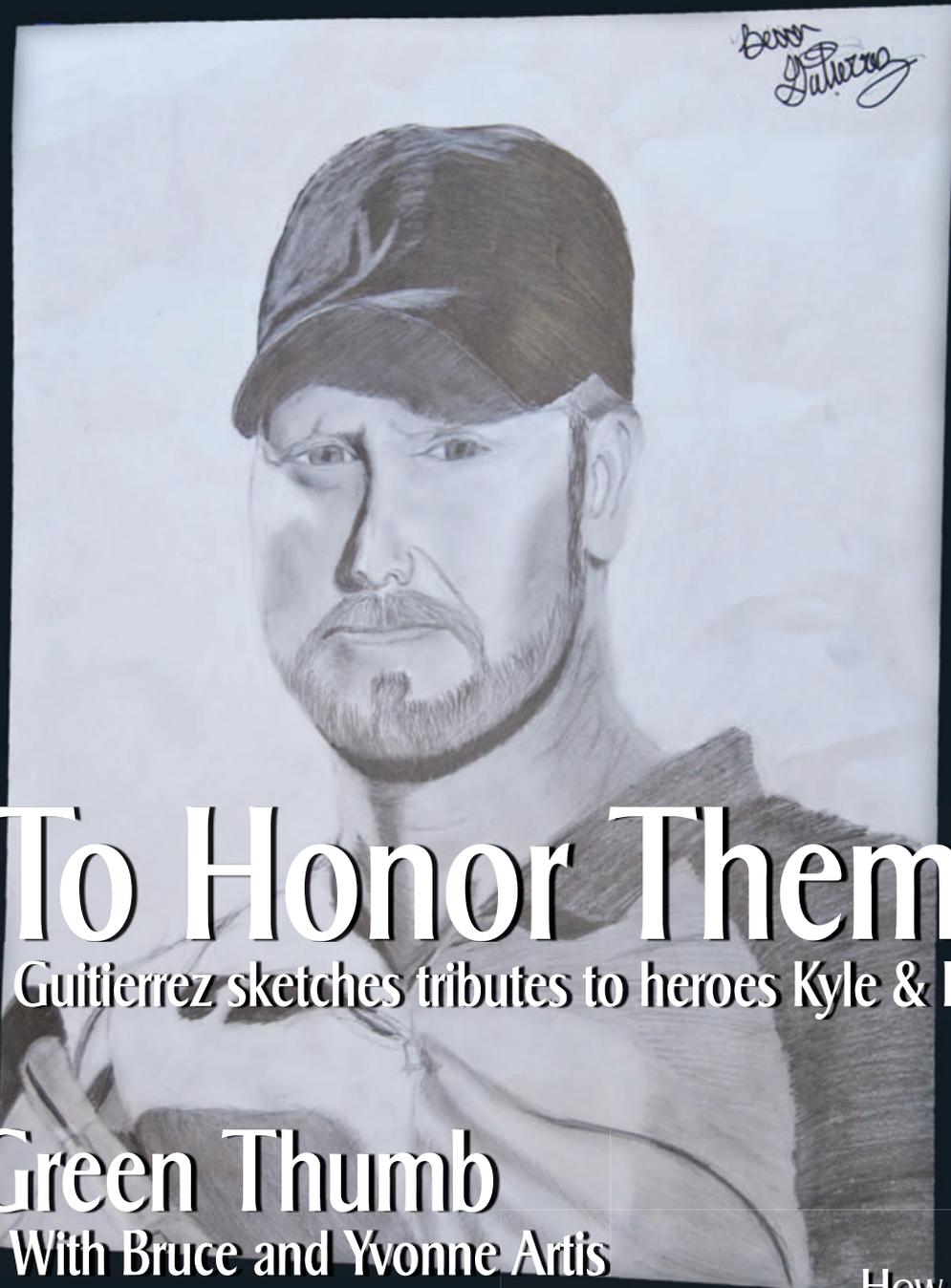


Midlothian

M A G A Z I N E

MAY 2013

NOW



To Honor Them

Rebecca Gutierrez sketches tributes to heroes Kyle & Littlefield

Her Green Thumb

At Home With Bruce and Yvonne Artis

Plus:

How You Finish
The Silver Lining
Up for the Count

Independent All the Way

In the Kitchen With the McElhenys

WELCOME HOME FURNITURE

1411 N. Hwy 67 | Midlothian, TX | 972.775.7575
Tuesday-Saturday 11 am-7 pm | facebook.com/WelcomeHomeFurniture



iScholars Magnet AcademySM

of Red Oak ISD

**A Virtual Online School
For Texas Students in Grades 3-8
With Progressive Expansion through High School**

**Accepting Applications for
2013-2014 School Year**

**Offers a FREE
Texas Accredited Curriculum**

**Flexible and Attractive Option for
Home School & Private School Families**

All Academic Courses are Honors-Level

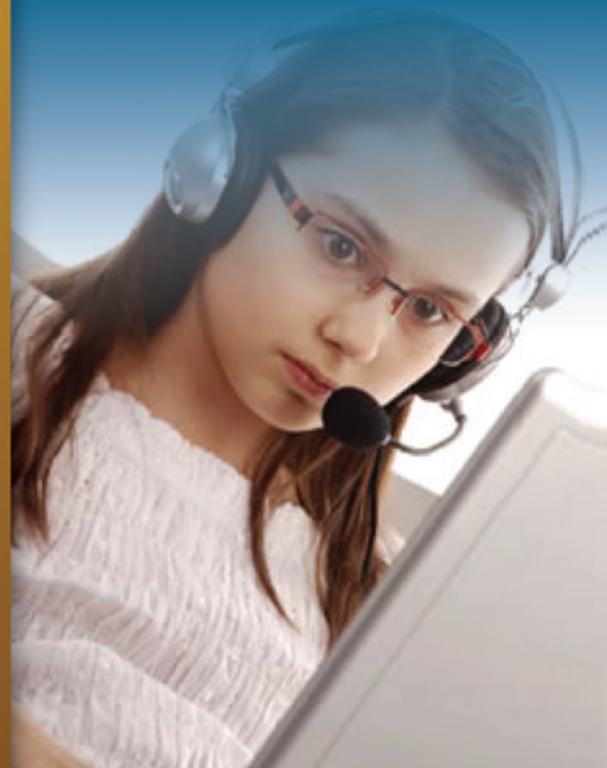
**Red Oak ISD Virtual School Teachers
Texas Education Agency Certified**

**Transcripts Recognized by all
Texas Public Schools & Universities**

**Acceptance Based on
Entrance Criteria
www.ischolarsmagnetacademy.org**



ENROLL NOW!



**ischolars@redoakisd.org
www.ischolarsmagnetacademy.org
972-617-4747 • Cassie Fulton, Principal**



CRYO-WHAT?

Whole Body Cryotherapy is a hyper-cooling process that lowers a person's skin temperature to approximately 40° F for a period of up to three minutes.

HOW IT WORKS

The cryosauna is a tall, cylindrical chamber inside which the client stands. Within the chamber, the body is surrounded by hyper-cooled air at an average temperature of -220 F for two-and-a-half to three minutes.

Cold sensors in your skin send a signal to the brain causing blood to rush to your core. As blood is circulated through the core, toxins are flushed, and the blood becomes enriched with oxygen and all the necessary enzymes. The temperature levels in the cryosauna are brisk but tolerable. Many compare the sensation to standing in front of a freezer door.

During and immediately after Whole Body Cryotherapy, all crucial life processes are accelerated. Any deficiencies in the performance of organs and muscles are remedied as much as possible by this enriched blood. Recovery time is shortened and energy levels are dramatically increased, which lead to higher performance and a competitive edge.

Muscles are rejuvenated, and fatigue and soreness are significantly reduced or eliminated. Also, lost time due to injury is greatly reduced through the acceleration of the healing process in the body. Many feel significant benefits after just one session. For continued benefits, one session per week for one month with continued sessions one to two times per month is recommended. For relief of significant pain or skin disease, 10 sessions in close succession is recommended for maximum results.

Cryotherapy accelerates the body's ability to restore and recover. The process is now being used by numerous chiropractors, medical professionals, dermatologists, athletic trainers, rehab clinics and professional sport franchises around the nation. Everyone from elite athletes to the average person looking for pain relief or recovery is using Whole Body Cryotherapy for its therapeutic effects. Midlothian Spine & Sport is proud to feature this innovative process designed to support the body's natural and unique ability to heal. Decades of studies from numerous institutions have shown cryotherapy to be safe and effective for treatment of a staggering variety of conditions.

SOME BENEFITS OF CRYOTHERAPY:

PAIN RELIEF:

Including arthritis, tendonitis, fibromyalgia and migraines.

IMPROVED PERFORMANCE:

Enhance muscular endurance, increase speed and strength, speed recovery and train more intensely.

INCREASED METABOLISM:

Burn calories quicker, increase immunity, lose weight and increase energy.

IMPROVE SKIN:

Reduce cellulite, tighten skin, treat dermatitis and psoriasis and repair tissue.

ASSIST ENDORPHINS:

Improves depth of sleep, resolves stress and PTSD and relieves depression and anxiety.

JOIN THE LIST OF ORGANIZATIONS THAT USE CRYOTHERAPY:

USA Triathlon, Dallas Cowboys, Houston Rockets, Dallas Mavericks, CrossFit Dallas Central, Phoenix Suns, New York Knicks, Nike, Texas Rangers, New York Rangers, USA Track & Field, SMU, TCU Toronto Raptors, Minnesota Timberwolves, San Antonio Spurs and ESPN Wide World of Sports.



CONTACT US TODAY ABOUT HOW TO MAKE
WHOLE BODY CRYOTHERAPY WORK FOR YOU.

MIDLOTHIAN SPINE & SPORT • 525 E. MAIN MIDLOTHIAN, TX 76065 • (972) 723-1155
WWW.MIDLOTHIANSPINEANDSPORT.COM

PAID ADVERTISEMENT

Publisher, Connie Poirier

General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker
Midlothian Editor, Betty Tryon
Editorial Coordinator, Sandra Strong
Editorial Assistant, Beverly Shay
Writers, Dianne Reaux
Zachary R. Uroquhart
Editors/Proofreaders, Pat Anthony
Pamela Parisi

GRAPHICS AND DESIGN

Creative Director, Chris McCalla
Artists, Julie Carpenter . Casey Henson
Martha Macias . Felipe Ruiz
Arlene Honza . Brande Morgan
Shannon Pfaff

PHOTOGRAPHY

Photography Director, Jill Rose
Photographer, Opaque Visuals

ADVERTISING

Advertising Representatives,
Rick Ausmus . Teresa Banks . Linda Dean
Laura Fira . Bryan Frye . Melissa McCoy
Vicki Meeks . Lisa Miller . Carolyn Mixon
Jami Navarro . Lori O'Connell . John Powell
Steve Randle . Linda Roberson . Judy Trivett

Billing Manager, Angela Mixon

ON THE COVER



Rebecca Gutierrez's sketch honors Chris Kyle.

Photo by Opaque Visuals.

CONTENTS

 May 2013 • Volume 9, Issue 5

8

8 To Honor Them
Rebecca Gutierrez did what she does best to show appreciation.

16 How You Finish
Adrian Casados does not let his amputation hold him back.



16

24 Her Green Thumb
At Home With Bruce and Yvonne Artis.

30 The Silver Lining
Amy Ballard believes art classes offer her students creative freedom.



30

38 Up for the Count
David Bostwick rolls out the mats for Midlothian's youth.

44 BusinessNOW
46 Around TownNOW
52 CookingNOW

MidlothianNOW is a NOW Magazines, L.L.C. publication. Copyright © 2013. All rights reserved. MidlothianNOW is published monthly and individually mailed free of charge to homes and businesses in the Midlothian ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.



Editor's Note

Hello, Midlothian!

In this turbulent world of extreme possibilities, there can be a tendency within oneself to question or doubt your own potential. To overcome this and excel requires a special brand of courage and perseverance. As this year's students graduate, the next big step toward success awaits. Along the way will be many failures as well as triumphs. The key is to never give up. Winston Churchill said, "Success is not final, failure is not fatal: it is the courage to

continue that counts." With faith and perseverance, I know you will reach your goal!

On April 17, 2013, the lives and community of West, Texas, was forever changed. We at NOW Magazines would like to offer our thoughts and prayers for the injured and the families who lost loved ones. Our most heartfelt gratitude is extended toward the families of the first responders who lost their lives. May God bless as you heal individually and as a community.

Betty

Betty Tryon
MidlothianNOW Editor
betty.tryon@nowmagazines.com

FREE
Initial Exam
with Farm Call and Spring Vaccines
For NEW CLIENTS. Redeem before 5-30-13



CALL NOW to book your appt.
972-935-3993
HENDRICKS EQUINE
VETERINARY SERVICES
Rohn Hendricks, DVM, MS



Your Hometown Full-Service Residential & Commercial Builder

We Specialize in
New Homes, Offices, Retail and Remodels

New Home Construction



Large Residential Remodels



Commercial Construction



Services Offered

- New Construction
- Remodels
- Outdoor Living
- Decorative Concrete
- Additions
- Work Shops
- Roofing
- Concrete

972-743-3139 • 214-850-6342 www.ssconstructionsrvcs.com

Dental Implants & Orthodontics

making confident
smiles

Summer Specials

\$39

**Dental and Specialty Exam
all included with X-rays**



Dr. Yaritza Vazquez, Periodontist

Dr. Vazquez obtained a certificate in advanced graduate studies in General Practice Residency at Tufts University School of Dental Medicine in 2006 where she concentrated her training in special needs and medically compromised patients. In June 2009 she completed her residency in Periodontics at Boston University and her Masters Degree in Oral Biology, which was focused in inflammatory processes. During her Periodontology residency she refined her skills in periodontal procedures including Cosmetic surgeries and implant placements.

Are you...

- ...Missing one or more teeth?
- ...Having trouble with dentures or partials?
- ...Unhappy with your bridge?

Dental Implants with Certified Periodontics

Dental implants are replacements that look and feel just like your own. Gone are the inconveniences of unretained dentures, partials and missing teeth while eating and drinking whatever you like. They look and feel like real teeth for a flawless and natural smile.

A Confident Smile with Certified Orthodontics

Orthodontic braces can align teeth, fix your bite, and create a more healthy, attractive smile. Contact us today to learn more about this process, which helps create a more confident smile for you in a relatively short time.

General and Cosmetic Dentistry for All Ages

Dr. A. Reddy, DDS



Picasso Dental

www.myPicassoDental.com

WAXAHACHIE, TEXAS

1540 Highway 77 North, Suite 7

Waxahachie, Texas 75165

(972) 937-7787

MANSFIELD, TEXAS

1811 Highway 287 North, Suite 160

Mansfield, Texas 76063

(817) 453-1001

**Call Picasso Dental Today for details and to learn
about our amazing prices for these procedures!**





YOUR NEW HOSPITAL OPENS IN THE FALL OF 2014.
New location at I-35 East and US Highway 287

Plans include expansion of Women's Services (including Labor & Delivery),
 General Surgery, Imaging, Neurosciences, Orthopedics, Oncology,
 Digestive, Cardiovascular and Emergency Services.

Our roots are deep. Our commitment strong.

It is exciting to be a part of a hospital that has served the citizens of Ellis County for nearly 100 years. Our dedication to this beloved community continues to grow. In fact, our centennial year will see the building of a brand new hospital with an even broader range of health services including expanded women's services and the Baylor Charles A. Sammons Cancer Center at Waxahachie. We're breaking ground this April and looking forward to another century of care.

For more information about our services, go to BaylorHealth.com/Waxahachie or call **1.800.4BAYLOR**.

1405 West Jefferson St.
 Waxahachie, TX 75165



FOLLOW US ON:
 Username: BaylorHealth



Physicians are members of the medical staff at one of Baylor Health Care System's subsidiary, community or affiliated medical centers and are neither employees nor agents of those medical centers, Baylor Medical Center at Waxahachie, or Baylor Health Care System. © 2013 Baylor Health Care System. BMCWAX_313_2012 725 CE 04.13



Kickboxing

GROUP FITNESS

All Classes FREE with Membership



Yoga



Hip Hop Hustle



No Contracts!

Open 7 Days a Week

WE OFFER:

- Personal Training
- Group Fitness
- Cardio Machines
- Plate-loaded Machines
- Pin-loaded Machines
- Child Sitting

NO INITIATION FEE

(Offer good thru May 20, 2013)

MAIN STREET GYM

1000 E. Main Street • Midlothian • 972.723.5005
www.mainstgym.net



King Pools, Inc.

New Pools • Gazebos/Arbors • Outdoor Kitchens • Fireplaces/Fire Pits
Fencing • Remodels • Weekly Cleaning • Service/Repair • Retail Store

972.723.2800

104 N 8th St. • Downtown Midlothian
www.kingcustompools.com

"Pools built for a king." A+



Afraid of the dentist? Come sleep through your dental work.

Come meet Dr. Martin and the rest
of the caring Fearless team.



Mention this ad and get
FREE WHITENING FOR LIFE
when you become a patient at
Fearless Dental. **FREE** trays and then
FREE whitening gel at every cleaning.

Dr. Martin does white fillings, crowns, bridges, veneers, implants, implant dentures, root canals, extractions, Invisalign. Sees children. Our hygienist Melinda does deep cleanings and laser gum treatments if gum disease is present. Years of dental needs can be completed quickly and with very few appointments all in our office.

Same day treatment available.
No interest financing W.A.C. for up to 2 years.

Convenient Hours: 8am-6pm M-Th F 8am-1pm

In network with these major PPO plans: Aetna, Delta, Cigna, MetLife, Guardian, United Healthcare, Blue Cross Blue Shield of Texas, Humana, Principal, Ameritas, Dental Select, UCCI.

www.FearlessDental.com

972-617-3322 • Red Oak, TX 75154
101 Austin Boulevard • Suite 100

TO HONOR THEM

By Betty Tryon

"It shouldn't have happened. I don't think people should be killed like this," said 16-year-old Rebecca Gutierrez, as she struggled to make sense of an event that was indefensible and heartbreaking. Two remarkable Midlothian residents, Chris Kyle and Chad Littlefield, were struck down February 2, 2013. Kyle was a decorated United States Navy Seal. He became famous for being the most lethal sniper in American military history. His book, American Sniper, became a New York Times bestselling autobiography. He was also an advocate for veterans suffering with post-traumatic stress disorder. Chad Littlefield was helping his friend, Chris, work with a troubled veteran on the day they were killed. Although Littlefield was not in the military, the Patriot Guard Riders honored him at his funeral because of his work with veterans. He will be remembered because of his efforts to help and because of his character.

As the Midlothian community mourned their loss, Rebecca wanted to do something to show she cared and respected their lives. The method she chose is the one she does the best — sketching. When one sees Rebecca's charcoal sketches of Kyle and Littlefield, striking and realistic are two words that come to mind. As early as age 3, Rebecca's talent in art was evident. "I would draw a lot at day care," she remembered. "I would bring it home, and my family would hang it up. I did that every day. As I got older and better at it, that's when I knew I liked to draw. My mom always made a big deal out of what I drew. When I was 3, I drew her boss a picture, and he hung it in his office and has kept it up since then. It was a picture of a doctor, or rather, what I *thought* a doctor would look like."

In second grade, Rebecca, with the help of her teacher, submitted a picture of a horse to the Ellis County Art Show, where she received an Honorable Mention. Feeling somewhat nonplussed at what it all meant, she waited until her teacher explained it to her before getting very excited at being recognized by the judges at the art show. Rebecca continued to draw throughout childhood with various art teachers in elementary school. "I feel that the first art teacher I had helping me one on one was in junior high school," she said.

As a sophomore at Midlothian High School, Rebecca currently is taking a pre-AP art class. "The art teacher I have now says he thinks I'll go far with my art," she stated. "He



"I aspire to his legacy. So, when I heard he had passed away, I wanted to do a tribute about Chris Kyle the hero."

America's favorite
sub-compact tractor —
better than ever.



New For 2013!

For over 10 years, Kubota's versatile,
easy-to-use **BX Series** has been the
choice of property owner nationwide.

Now, it's better than ever!

See all the upgrades at your Kubota dealer.



501 NORTH I-35
WAXAHACHIE
800-207-3276

Open Monday-Friday 8-5, Saturday 8-2 • www.centralkubota.com

Check out our complete line of quality Kubota products.

Kubota
EVERYTHING YOU VALUE

www.kubota.com
Optional equipment may be shown.
©Kubota Tractor Corporation, 2012



has taught me how to do shadow, mix colors, how to shade and how to show the light of the color. I'm good at sketches but like to try new things and find what I'm good at. I've used different materials like pastels, colored pencils and mixed media."

Rebecca's first attempt at painting was done in acrylic. She used a palette of red and pink colors blending into each other as the background. The moon was in the shape of a heart, and to complete the picture, she drew shadowy trees at the base. "I painted it because I like the colors," she explained. "The moon is the sign for love, and I painted the trees because I love nature and wanted to include it."

Another rare painting from Rebecca was for a school project about her great-grandparents. Using different pictures from her grandpa's collection, she combined all of them into one picture. She positioned the couple in the front part of the landscape, and behind them, Rebecca painted a cotton patch, a barn and a farmhouse. Although she enjoyed her few excursions into painting, sketching with charcoal remained her favorite.

One of her more unusual sketches is of a handgun firing. However, instead of bullets exploding out of the barrel, she drew musical notes. "I play the clarinet in the school band," she noted. "I like music, and with everything going on with the shootings, I thought of doing something different that wouldn't



represent bad but something good with guns. So I drew it with music coming out of it.”

Another sketching that is near to her heart is the one she drew of Tristen Fort, a Midlothian teenager who passed away last year in a car accident. “We were good friends,” Rebecca shared, “and I did the sketch in memory of her. She was such a happy person and smiled all the time. She made me laugh, so I wanted to show people her smile.”

A more carefree sketch Rebecca drew was of Louis Tomlinson, a member of singing group, One Direction. She is a fan of his. Unlike her other charcoal sketches that are strictly black and white, she used a blue pencil to shade in color in his clothing.

Rebecca is familiar with the challenge of capturing a person’s image on paper

smile design ORTHODONTICS



Orthodontists receive an additional 2-3 years of specialized education and training to learn the proper way to align and straighten teeth

GRAND PRAIRIE OFFICE
325 W. Westchester
Pkwy Suite 100,
Grand Prairie TX 75052

MIDLOTHIAN OFFICE
800 Silken Crossing, Suite 112,
Midlothian TX 76065
(@ Dental Center of Midlothian)

(972) 263-1755

www.smiledesignortho.com



Fernan Rodríguez, DDS, MS
Orthodontic Specialist



smile design
ORTHODONTICS

Bring in this coupon for

\$500 OFF

Invisalign teen or traditional braces
Must present this coupon at consult. For new patients.
Some restrictions apply • Offer expires 5.31.13

invisalign | teen

Financing Available & Insurance Accepted.

Office Hours
 Mon-Thurs
 8:30-5:30
 Friday
 8:00-3:00
 Open Saturday

DENTISTRY FOR Children

WELCOMING NEW PATIENTS

SHELLY K. CLARK D.D.S.
 Diplomate, American Board of Pediatric Dentistry
(972) 723-0111
 We accept most PPO dental insurance plans
*Midlothian is now accepting
 CHIPs insurance*

211 W. Belt Line Rd. • Cedar Hill
 4450 East Hwy 287 • Midlothian www.drshellyclark.com



or canvas. To bring the face alive, an intrinsic quality of who that person is must be brought forth. "I look for things people notice," Rebecca explained. "When I see something, I like to show people what it is I see in my drawing." Rebecca sought to share that in her sketches of Kyle and Littlefield.

"I heard about Chris Kyle and his legacy when he came and spoke to the schools," she said. "I didn't get a chance to meet him, so I wanted to read his book to know what he went through in the war. There is a lot of description in the book about what heroes go through. I aspire to his legacy. So, when I heard he had passed away, I wanted to do a tribute about Chris Kyle the hero. I've thought about doing a piece on American heroes for a while. They made this country what it is. If it wasn't for them, we wouldn't have the things we have now."

Rebecca wanted to honor Littlefield also. She shared, "I didn't know much about Chad Littlefield until I heard he had died. I heard things about him that were very good, such as, he volunteered to help with the veterans. He had a big role. They both should be recognized and not just the one. This was my way to honor them."

It is difficult to describe the wounded heart of a community, even as the grief was shared by millions across the country. With their tragic deaths, a community held hands and mourned. Even with the darkest night, a tiny flicker of candlelight can banish the darkness and light and hope can live again. Rebecca sought to be one of the symbolic candles of light and hope with her pictures. **NOW**

CLARK DENTAL GROUP
BRIAN CLARK, D.D.S.

New Patients Are ALWAYS Welcome

Free Whitening
 three systems to choose from
ZOOM!, BOOST, or Take-home Whitening
 to all new patients w/cleaning, exam & x-rays. Exp 5.31.13

(972) 723-2300
 211 W. Belt Line Rd. • Cedar Hill
 4450 East Hwy 287 • Midlothian www.BrianClarkDDS.com

Ross FENCE & CONSTRUCTION

Commercial & Residential



**Custom Work
At Affordable
Prices**

Call about our
**MAY
Specials!**

- Fences •
- Vinyl, Wood & Wrought Iron
- Farm & Ranch •
- Fencing & Chain-Link
- Decks, Arbors & Pergolas •
- Covered Patios •
- Concrete Additions •
- Aluminum Patios •
- Gutters •
- Electric Gates •

Visit our newly updated website!
www.rossfencing.com

For FREE Estimates call 972-904-1904

1604 N. Hwy 67 • Midlothian (9th Street Exit, N. Bound Frontage Road)

Chameleon medical spa

Your Gateway to Transformation

CALL NOW
(972) 296-2045

SERVICES WE OFFER

LASER HAIR REMOVAL (STARTING AT) PER TREATMENT	\$30.00
BOTOX/DYSPOUR PER UNIT	\$30.00
SPIDER VEIN REMOVAL PER TREATMENT	\$89.00
MICRODERM + PEEL	\$60.00
MICRODERM + CO2 MASK	\$75.00
DELUXE FACIAL	\$50.00
CELLULITE REDUCTION PACKAGE OF 6 TREATMENTS	\$899.00
BODY CONTOURING PACKAGE OF 6 TREATMENTS	\$899.00

WWW.CHAMELEONMEDSPA.COM

Dive into Summer

WITH OUR
SUMMER
SPECIAL!

Treat anything from cellulite reduction, spider vein removal, laser hair removal and much more!

**INTRODUCING A BRAND NEW TECHNOLOGY
THAT IS CURRENTLY THE ONLY FDA CLEARED
MACHINE TO TREAT SCARS!**

ACNE SCARRING



\$150 per treatment

STRETCH MARK REDUCTION



\$200 per area

SUNSPOTS



\$100 per area

SCARS REMOVAL



\$150 per treatment

941 York Dr, # 200 • DeSoto, TX 75115

Comprehensive Medical & Surgical Treatment of the Foot & Ankle

OUR DOCTORS



John R. Landry, DPM, FACFAS
 Joe T. Southerland, DPM, FACFAS
 R. David Warren, DPM, FACFAS
 Linnie V. Rabjohn, DPM, FACFAS
 Ryan N. Lawrence, DPM, AACFAS

- Advanced wound care with bioengineered skin substitutes
- Digital x-rays
- Treatment of problematic pediatric deformities
- Treatment of sports injuries and foot & ankle trauma

Two Convenient Locations

ONLY 11 MILES FROM MIDLOTHIAN

Mansfield
 2800 East Broad St, Suite 312
 Mansfield, TX 76063

Arlington
 400 W. Arbrook Blvd, Suite 201
 Arlington, TX 76014

Serving DFW Since 1986

ARLINGTON / MANSFIELD
Foot & Ankle Centers

A Division of PMPT, PA

Visit us at: www.footanklecenters.com  

got sleep?

Do you or a loved one suffer from snoring or sleep apnea?
 Are you unable to wear your CPAP machine every night?
 Oral appliance therapy may be for you!

Give us a call today to set up your sleep consult!

Medical PPO's accepted.



Legacy
 DENTISTRY

151 Walton Way, Suite 102 • Midlothian
 972.723.1148 • www.legacydentistry.com



*Sparkling Style, Stellar Service,
 Incomparable Results.*



Jan Davis
 ABR, ASP, CRS, GRI, SRES

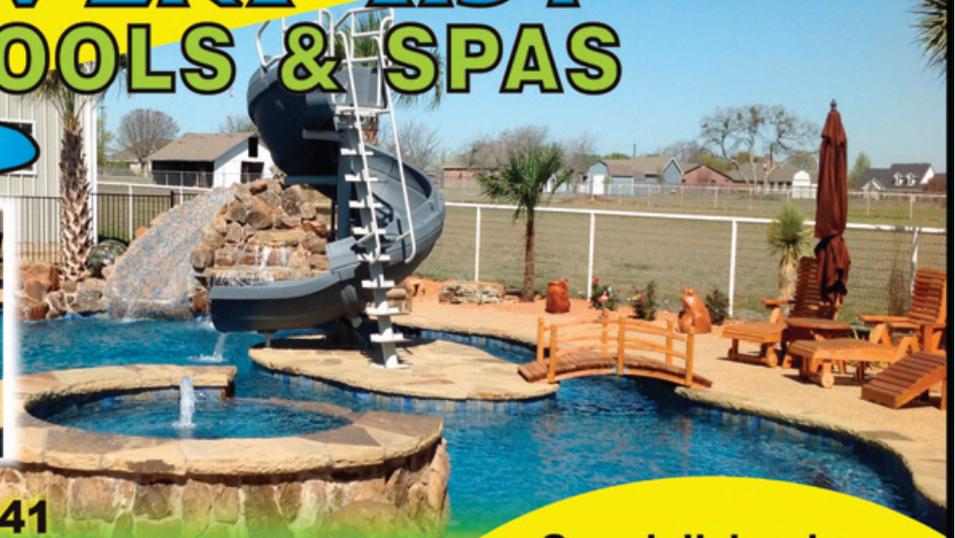


Top Office Individual
 Producer 1989-2012
 Company-Wide Top 30
 Historic Home Specialist

(972) 283-7519
jandavis@ebby.com
www.calljandavis.com

RIVER MIST POOLS & SPAS

Your Ellis County Home
Town Custom Pool Builder



Office: 972.723.1441

Bill Atterberry :972.965.1530

Jeremy Atterberry: 972.351.4218

www.RiverMistpools.com

Specializing in:

New Pools / Remodels
Outdoor Living Areas
Cabanas / Arbors
Fireplaces

ENCORE

Upscale Resale

"Finest Resale Shop in Ellis County"
Over 10 years in business



**15%
OFF**

Clothing
purchase with
coupon only
Exp. 5/31/2013

Women's & children's clothing & accessories
Consignment & buyout options
Baby Furniture & gear

600 Ferris Avenue
Waxahachie • 972-935-1197
Mon-Fri 10 AM - 6 PM • Sat 10 AM - 5 PM

YOU DON'T DRESS
LIKE THIS EVERYDAY,
BUT YOUR DIAMONDS
FROM WILEY'S
MAKE YOU
FEEL LIKE
YOU DO.

*Wiley's Premier
ideal cut diamonds...
mined in Siberia,
handpicked by
Kendall in Antwerp.*

WILEY'S
DIAMONDS & FINE JEWELRY

wileysjewelry.com 972-937-4422 225 I Brown St. #102 Waxahachie

HOW YOU



FINISH



The little baby had part of his destiny settled when his mother gave the necessary permission for his tiny leg to be amputated at the age of six weeks. When Adrian Casados was in his mother's womb, the umbilical cord was wrapped around his knee in such a manner that it affected the circulation to that limb. "When I was born, it was a dead limb," Adrian stated. "The surgery to amputate was done at Texas Scottish Rite Hospital for Children in Dallas. That's a hospital for pediatric orthopedic conditions."

“My prosthetic
has never
held me back,
and I’ve
never used
it as an
excuse.”

By Betty Tryon

Throughout his life, Adrian has had four surgeries on his knee. He healed quickly after each one. “It has never taken me more than one-and-a-half months to start walking after my surgeries,” he said. “I had my last surgery during my senior year, and I started walking in three weeks. I pushed it, because I had a goal. I had never been to homecoming throughout my high school years, and I told myself, ‘I am not going to homecoming on a cane or with crutches. I’m going to walk and dance.’”

Now 18, Adrian looked back on his childhood and mused about how normal

PLUMBING PROBLEM?
WE CAN FIX IT

A-1-PP

A1 PLUMBING & PIPING

Jeff Lindenmeyer (469)383-2866
Emergency Service Available 24-7
www.a1plumbpipe.com
Insured • License M17730

SATISFACTION GUARANTEED!

**RESIDENTIAL • COMMERCIAL
REPAIR & SERVICE**

We Can Get You Back
to Normal With Excellent
Service at a Fair Price!
Just Like The Good Old Days.

So much more than flowers!

MAKE HER FEEL

Special

THE
FLOWER
SHOPPE



by Jane



Tyler
CANDLE COMPANY®
Experience the Difference®

MOTHER'S DAY + BRIDAL ARRANGEMENTS

**118 N. 8TH + DOWNTOWN MIDLOTHIAN
972-775-1090**

You can be **PAIN FREE**



Adam G. Arredondo, M.D.
Pain Management

We Can Help

- Headaches & Migraines
- Back & Neck Pain
- Shingles
- Shoulder Pain
- Knee Pain
- Leg & Arm Pain

521 N. Beaton St. ■ Corsicana 128 Hwy. 77 North ■ Waxahachie
903-872-4777 **972-938-7319**

www.txapmi.com • texaspaindoctors@gmail.com

Commitment to **Quality**



Approved Home Health Care provides a variety of nursing and therapy services to patients and their families in Ellis, Johnson, Tarrant, Dallas counties and surrounding areas. We're locally owned and operated by hometown folks with over 50 years of combined home health experience.

The Community Health Accreditation Program, Inc. (CHAP) rewards agencies for their Core & Home Health Standards of Excellence. Approved Home Health Care continues to hold CHAP Accreditation status as we go into our sixth year!

Best Little Home Care Agency in TX!
Family Owned and Operated Since 2005

Call **972-723-2933** or email
info@approvedhhc.com



it all seemed. It was after all, his normal. However, even though he thought there was nothing out of the ordinary about his amputated leg, some of the children he encountered sought to remind him. "There is always the scrutiny of kids when you're growing up. Every kid gets picked on because of some disability or



if they have something odd. I dealt with that and never let it bother me, because I was always active playing sports. I liked swimming, and I was big on soccer. My dad got me in soccer and boxing, and I boxed for two years."

Adrian remembers encountering resistance from football coaches when he tried out for football at Thomas C. Marsh Middle School in Dallas. "I was really young, and I remember the coach looking at me in a weird way, as if wondering whether or not I could do it. When I started middle school and got into football, I went to all the practices and started getting some playing time. In the seventh grade, I didn't get to play football, because the coaches thought I couldn't do it. I learned fundamentals and the game of football that year. I had two-a-days, summer workouts and went to every single practice, and the coaches noticed."

They didn't just notice. They apologized to Adrian for doubting his ability to handle the strenuous training. So, beginning in the eighth grade and through his junior year in high school, Adrian played as a starter on the football team. The only reason he did not play

varsity football during his senior year is he moved in with his mom who lived in another school district. District rules prevented him from participating.

When asked how hard it is to play on one leg, Adrian cannot answer that because, in his personal experience, he has nothing to compare it with. However,

he has a strong conviction about where he wants to go and what he wants to accomplish. "I've never had a single problem playing sports, ever," he declared. "My prosthetic has never held me back, and I've never used it as an excuse. I gave it my best and hoped for the best."

His determination to continue even in the face of extreme pain won accolades from one of his

coaches at Thomas C. Marsh Middle School. "One day in practice, there was a moment Coach Campbell still talks about to this day," he shared. "My knee had been giving me problems for a while, and I was wondering what was wrong with it. We had been doing our running drills, and all of a sudden, I felt a sharp pain in



my knee. I took off my prosthetic and noticed that I had busted open my knee, and the skin had peeled open. He asked me why I wouldn't ever sit down and take it easy. I said, 'If you love a sport so much then you bleed for it, and that's what I'm doing.' To this day he tells all of his



Free

Chocolate Chunk Cookie Sundae

With purchase of any adult meal



387 E. FM 1382 • Cedar Hill, TX 75104 • 972-293-0022
 2009 CFA Properties, Inc. Good only at Cedar Hill Location. One coupon per person per visit. Coupon not valid with any other offer. Closed Sundays, Coupon valid from NOW magazines only. Please use by May 31, 2013.



Granite, Marble & Quartz Fabricator for Kitchen & Bathroom Countertops

Extensive Color Selection Combines Beauty, Function & Elegance for any Bathroom or Kitchen!

Making your kitchen dreams a reality!

- FREE Estimates
- Competitive Pricing
- Up to 15-Year Warranty on Some Products



FREE
 18-gauge Stainless Steel Sink (\$350 value)
 Call or visit our Web site for details!
www.MTMCOUNTERTOPS.com

MTM

Countertops

2460 Hwy. 287 N. • Mansfield • For more info call 866-439-1935.
 (Northbound service road - between Callendar Rd. & Turner-Warnell)



I CRAVE my workout

"I crave Jazercise because it makes me feel rejuvenated and stress free."
 — Piper, 35

FIRST MONTH FREE

Offer valid at participating locations. Joining fee and auto-pay registration required. Other restrictions may apply. Expires 05/31/2013.

FIND A CLASS NEAR YOU
 jazercise.com | (800)FIT-IS-IT

Jazercise Midlothian Fitness Center
 220 W Avenue F (upstairs)
 Midlothian • 214.957.9395

jazercise. real Results

Photo not retouched!

**No one sells more
 Real Estate
 than
 RE/MAX®**

**Its a GREAT
 time to SELL!**

RE/MAX®
 Suburban South

138 N. 8th St • Midlothian
972-723-2553

Search the MLS at www.suburbansouth.com

athletes my story. I learned from my dad to not quit — never give up on *anything*.”

In addition to football, Adrian had a passion for service and was enrolled in the Reserve Officers Training Corps (ROTC) at the middle school. It was there where he won his national championship for ROTC. When he graduated to become a freshman at the high school, he continued doing the Corps program, along with football. Only now football was a little more intense. “I started playing for 5A. It was my first time playing high school football, and I loved it. School was going great, but I started having problems at home. I talked to my ROTC teacher who gave me good advice,” he shared.

When Adrian’s father moved out of the family home, Adrian joined him and switched his enrollment to Moisés Molina High School in Dallas for his junior year and continued to play football. This was the year he received another honor that showcased his growing skills on a not-quite-level playing field. “When I was playing for the Molina Jaguars, I got on ESPN,” he stated. “I received the annual Monday Night Chalk Talk Award. They go state to state every year and choose outstanding athletes. One of my coaches nominated me, because I was doing wrestling and football and also had good grades. The award is for being a good student in the classroom and being a great athlete. They acknowledged that I was doing on one leg what everyone else was doing on two.”

After graduation, Adrian was accepted by Navarro College in Midlothian. Rebecca Britt, a Midlothian resident and retired teacher, generously offered to let him stay with her while he attended college. “I’ve known her my whole life,” he said. “She also taught my dad.”

Adrian wants to make sports history by being the first walk-on amputee in football at Texas A&M University. “It all comes down to how you look at yourself and how your peers look at you,” he acknowledged. “You have the satisfaction of knowing you achieved something you wanted to do, and you also have the satisfaction of knowing you’re helping others by what you’re doing. I have a strong mindset. Nobody is going to remember you for what you *tried*. They’ll remember you for what you’ve *done* and for what you *finished*.” **NOW**

HANSON

IRON WORKS

**ELLIS COUNTY'S
#1 SOURCE FOR CUSTOM WROUGHT IRON
FOR OVER 20 YRS.**

** WROUGHT IRON FENCES & GATES * AUTOMATIC GATE OPENERS * STONE & BRICK COLUMNS
* WOOD & IRON FENCE COMBOS * SERVICE AND REPAIR ALL GATE OPENERS * BALCONY RAILINGS*



(972) 775-3091

VISIT US ONLINE AT

WWW.HANSONIRONWORKS.COM FREE ESTIMATES



 **BEST TEXAS**
INSURANCE SERVICES, LLC
411 North 8th St. • Suite 100 • Midlothian, Tx
972.291.9556

SAVE \$\$\$

CALL TODAY
TO COMPARE RATES

PROGRESSIVE TRAVELERS 



Safeco Insurance™
Member of Liberty Mutual Group

**Ask about our new
sublimation process!**



1832 FM 66 Waxahachie
972-938-8778 • 972-937-1959
www.JeanettesCustomEmbroidery.com



HILLCREST

CHRISTIAN ACADEMY

Now enrolling Pre-K4 through Second Grade

Come to an informative Open House

Monday, May 13 • 7:00 PM

Hillcrest Baptist Church

It is with great anticipation that we begin this exciting mission of educating and growing children! Hillcrest Baptist Church has loved families and children for more than ninety-two years! Our ultimate goal is to quickly expand into a full academy, offering an exceptional education to children from preschool through grade twelve.

For more information, please contact our admissions office. **Come and let your children grow with us!**



www.HillcrestCA.com • (469) 575-5328

admissions@hillcrestca.com • 265 W. Pleasant Run Road, Cedar Hill, Texas 75104



Help us spread the word
facebook.com/HCAedu



@HCAedu

Hillcrest Christian Academy admits students of any gender, race, color, national/ethnic origin, to all rights, privileges, programs, and activities available to students at the school. It does not discriminate on the basis of gender, race, color, or national/ethnic origin in administration of its education practices, policies, scholarships, athletics, or other school-administered programs. All persons are encouraged to apply.

FREE
LUMINEERS
Consultation

Family Dentist

Full Service Family Dental

FREE
WHITENING
Consultation

FREE Braces Consultation • Low Monthly Payments

Friendly Motivated Staff

Preferred Providers:

- Aetna PPO • Delta Dental • Metlife PPO
- Guardian PPO • Cigna PPO • Fortis DHA
- United Health Care PPO
- Take all PPO Insurances

Walk - Ins Welcome

GM Family Dental

972-988-3333

2507 Medical Row #104
Grand Prairie, TX 75051



Rose Park Dental

817-473-1159

217 N. Walnut Creek
Mansfield, TX 76063



**Open
Saturdays**



Grand Prairie Office Hours:

Mon. - Wed. 9 to 6 • Thurs. 7 to 3

Mansfield Office Hours:

Tues. - Thurs. 9 to 6 • Fri. 7 to 3 • Sat. 8 to 1

Se Habla Español • Vietnamese Spoken

"Under Same Ownership"



Find us on
facebook.

Like us on facebook and look for special promotions and contests!



Welcome!

TIO TONY'S
fine mexican food

RELAX IN THE BAR!

SHOOT POOL IN THE GAMEROOM!

HAPPY HOUR EVERYDAY
4-7pm at Rosa's Cantina
\$1.49 drafts
\$1.99 wells & margaritas
Sun 5-close 99¢ drafts & margaritas

\$5 OFF
any \$25 ticket
Expires 5/31/13.
Alcohol excluded. Must present coupon.

Ask for Wednesday's Senior Citizen Discount!
Breakfast tacos \$1.69 &
8" burritos \$2.29 any two items

972-775-2390 **110 13th St.**
Next to Tim Tobey Insurance behind Shell convenience store

WANTED

A GREAT FITNESS PLAN
...you got it!

FIT-N-TRIM FITNESS CENTER
EST. 2003

Find us on Small mixed group classes,
beginners to advanced.

50% Off First Month, First Time Client.
Pool Exempt

NO Contracts • NO Sign-up Fees
SUMMER POOL WORKOUTS
men, women & teens
MIDLOTHIAN
Trish Donahue 214 • 718 • 8639



parentheses have a place
but not on your face

So smooth and natural,
everyone will notice
(but no one will know).

ASK YOUR DOCTOR
ABOUT NEW



Millennium

Laser & Medical Aesthetics

R. Paul Kare, MD

Botox Cosmetic

Physicians' Network Member

\$50 Medical Microdermabrasion
with a purchase of Botox of \$300 or more.

Call for a FREE consultation!
972.938.8200

NEW
FROM THE
CREATORS OF



BOTOX[®] Cosmetic is a
pharmaceutical drug,
available by prescription only

120 S Grand, Ste 3 • Waxahachie • www.drkare.com • 972-938-8200

**SCOTT
KOELKER**
FOR MISD SCHOOL BOARD



Vote May 11th

www.meetscott.net

Principled Family Man
Trusted Attorney
Sound Leadership



Pol. Ad. Scott Koelker



Inventory is low...
call us today to get your home sold!

Your #1 Residential Agents in Ellis County for four years in a row!



Beautiful two story with
pool, hickory wood floors
and granite kitchen.

6031 Hill Drive
Midlothian
4-3-1-2



Energy efficient home
with dream kitchen and
backyard paradise with pool.

202 Williamsburg Lane
Ovilla
3-2-1-2



Amazing home with
pool, beautiful trees,
and a creek.

5021 Vernon Point
Midlothian
4-3-2



Custom built
JHouston home in the
gated community of
Texanna Ranch

7214 Cattle Barron Court
Midlothian
4-3-2

Call today for a free market analysis
of your home in today's market!



Put us to work for you.

WWW.JHOUSTONREALTY.COM

202 N. 135 E. STE. C • RED OAK



Multi-Million Dollar Producers

MICHELLE OZYMY

Broker/Owner

(214) 534-8758

michelleozymy@jhoustonrealty.com

MELANIE BREWER

Realtor[®]/Owner

(214) 923-3104

melaniebrewer@jhoustonrealty.com

Call about our builder buyback program.

Her Green Thumb

By Zachary R. Urquhart

AT HOME WITH Bruce & Yvonne Artis

Some houses tell you their story before you even make it down the driveway. With hints of decor peeking from the back or side yard, they give a sense of what awaits inside and beyond the house itself. Bruce and Yvonne Artis have one of those houses, tucked neatly in the Ashmore neighborhood heading toward Ovilla from Midlothian. With fun landscaping in the front and a small glimpse of the art and decoration spread throughout the backyard, Bruce and Yvonne have created their own little Garden of Eden.





Bruce and Yvonne met in the late 1990s through a friend. She, laughingly, recalled, "After we first met, he had a party at his place, and I was invited. I think after that, I never really left." They started dating and found out they lived mere miles from each other. They had taken different paths to end up within an ear's shot of one another, though his address was Kennedale, and hers was Arlington. "I guess we did leave his place, because he didn't have dishes or pots and



Life is Good!

- Environmentally friendly office
- Invisalign teeth straightening
- Enjoy sedation dentistry • Implants
- Now in-network with PPO insurances



Travis Spillman, DDS

800 Silken Crossing, Ste 112
adjacent to Ellis Co. BBQ • Midlothian

972.723.3567

dentalcenterofmidlothian.com

FREE
Teeth Whitening
For New Patients Take Home Trays

*with purchase of X-Rays, Cleaning and Exam

Some restrictions may apply. Offer expires 5.5.13. Call Today!

pans or anything,” she smiled. “He had a bigger, nicer house, but I was the one that had all the stuff. We called his place the *Miami Vice* home.”

Yvonne had been a local girl for years, but Bruce had a less-typical story. He was selling cars in Kentucky in the 1980s, and he decided to move south. “I had been in the business, and there was more opportunity to make money in Texas,” he explained, “so I came all the way



here.” He is now a general manager for AutoNation Honda in Lewisville. After his move, Bruce and Yvonne ended up meeting and marrying and built quite a home for themselves.

The house boasts of a large, welcoming entryway, from which you can head upstairs or into the living areas. The living room is large, and the kitchen has a great open feel. To the side of the foyer, Bruce has his office full of sports memorabilia, including several signed football jerseys. “We bought the Gale

Sayers jersey and wanted him to sign it, but all I had was the receipt,” Yvonne said. “So we have a jersey and signed receipt from Gale Sayers.”

Moving upstairs, several things stand out. The stairwell is decorated half in cowboy and western and half in nostalgia. Yvonne has put frames with old photographs along the wall going up the stairs. Though it first seems to be a history of the family, Yvonne corrected that misconception. “Other than two, all of those are just pictures

Are allergies or asthma affecting you or your child?



Scot Laurie, M.D.

Dr. Laurie is a Board Certified, UT Southwestern trained allergist who can provide immediate expert care in the diagnosis and treatment of children and adults with:

- Nasal allergies • Food allergies • Asthma
- Sinus headaches • Sinus infections
- Hives and skin allergies • Bee, wasp and ant allergies

Take control of your allergies today!

1305 W. Jefferson, Suite 115

At Baylor Medical Plaza adjacent to Baylor-Waxahachie Hospital

Waxahachie, Texas 75165

P: 972-217-9564 • F: 214-750-7204

Serving All of Ellis County
www.waxahachieallergy.com



Allergy & Asthma Center
at Waxahachie

Origami Owl
CUSTOM JEWELRY

LovePeaceOwls.OrigamiOwl.com
Tammy Boetsch
Independent Designer
214.243.9978

Graduation Lockets

Swim Lessons

Classes start June 10

Levels I-VII • 5 sessions over the summer
American Red Cross Curriculum Taught

Swim Town Daytime & Evening Classes Available
972.723.8199
swimtownmidlothian.com

33rd Annual
Scarborough
 Renaissance Festival

APRIL 6
 THRU MAY 27
 Saturdays, Sundays
 Memorial Day Monday
 10AM TO 7PM

Step Back in Time for the Time of Your Life
 Buy discount tickets at Tom Thumb TODAY!
www.SRFestival.com
 Just 30 minutes south of Dallas/Fort Worth in Waxahachie

Be Our Guest

FREE Advance Planning Seminar

**Jeter & Son
 Funeral Home**
Cedar Hill Chapel

Thursday, May 16, 2013
 10:00 a.m. or 6:00 p.m.
 332 Cedar St
 Cedar Hill, TX 75104
 972-291-4500
www.jeterandson.com

FEATURING LOCAL EXPERTS

Legal Tools Charles Sharpe, Sharpe & Associates
Financial Planning Jason Mann, Edward Jones
Advance Funeral Planning Leon Stone, Prearrangement Specialist

Join your neighbors and friends to gain information ~ Enjoy refreshments in a relaxing and friendly atmosphere ~ Enter a door prize drawing. The seminar date is quickly approaching, so please call us at 972-291-4500 to make your reservations TODAY!

For more information regarding prepaid funerals and consumer rights and protections under Texas state law, visit www.prepaidfunerals.texas.gov.

AESTHETIC & IMPLANT DENTISTRY

actual patient

Buy one Zoom!
 Whitening at
 regular price and
 get one for FREE!

See our website for details.
 Davis W. Morgan, DDS 972.723.5544
WWW.DFWSMILEDESIGN.COM

Sundays in May

A Living Faith

the influence of godly women

VBX Sports and Specialty
 Summer Camp
 June 17-21 \$55
 Register online at midlothianbible.org

Midlothian Bible Church
www.midlothianbible.org
 4250 FM 663 • 972-723-0002
 (2 miles south of 287 bypass)



WALTON'S
MUFFLER, BRAKE & TIRE

Voted #1
Automotive
Repair Center
in Ellis County

TOTAL CAR CARE
Computerized Diagnostics • Brakes • Tune-Ups • Tires • Hitches
Ranch Hand Bumpers • Motor Home Service • Truck Accessories
Shocks & Struts • Transmission Service • Flow Master Exhaust
4-Wheel Alignment • **Air Conditioning** • Catalytic Converters

WE NOW DO DIESEL ENGINE REPAIR!

Have a Safe and
Happy Memorial Day!

972.938.9922
1530 Hwy 287 Bypass | Waxahachie, TX
www.horsesunderthehood.com



\$15 OFF*
Any Service

*Excludes Oil Change
Expires 5-31-13



I got at estate and garage sales over the years,” she explained. For many years, she made a living from selling antiques that she found at garage and estate sales. “My friends always said I had an eye for treasures. Also, I buy guitars and things like that and embellish them with old jewelry,” she added.

Upstairs, Yvonne uses some of the pieces she has created to decorate what she describes as most people’s favorite room. “My antique room is one I really have spent a lot of time with,” she confessed. “All of those years buying and selling antiques, I have found things I wanted to put in this room. A lot of people, especially women, comment on this room in particular.” Yvonne’s sense for decorating does not stop inside, though. The real beauty of the home is what lies outside the walls.

The back porch, which is one of several seating areas, has an island bar feel, with a drink serving area, rustic bar stools and a large-screen television, perfect for relaxing and watching a game. There is a modest swimming pool, which is one of the few things Bruce and Yvonne did not add after they moved in. “When we moved here in 1999, the backyard was mainly just briars from the creek all the way to a drop off just beyond the pool,” Yvonne stated. They built on to their patio and included several wood and stone walkways throughout the landscape. All of that work has taken time and the help of some friends. “When we moved here, we were lucky to have some great neighbors,” Yvonne remembered. “Jim and Debra Morris, who live next door, are great. A lot of the work we have done



Holcim

Commitment to Innovation



John Baugh

2012 Innovation Award Winner

Strength. Performance. Passion



has actually been because of Jim. And then every Sunday, they walk on over, and we hang out by the pool, at the bar or just sit inside and relax.”

Throughout the yard, interspersed in the gazebos and trees, Bruce and Yvonne have decorated with dozens of pieces of lawn art. “Really, she does it all,” Bruce explained. “I provide the money, and she does the buying and decorating.” There are metal sculptures ranging from rusted to brightly painted and from abstract designs to

playful animals. Even though Yvonne gets help from Bruce and her friends, she probably spends eight or more hours a day on upkeep most of the year.

Yvonne has spent over a decade purchasing her sculptures, mainly from one place. “I tell people, if you know what The Greenery in Waxahachie looks like, you know what my house looks like. I buy so much stuff there. They definitely know me pretty well.” Yvonne even remembered her first purchase. “My mariachi trio was one of the first ones, but the musician frog was the first,” she said. “After I bought that one, I pretty much never stopped.”

A greenhouse and a large tool shed provide the space Yvonne needs to maintain her outdoor paradise. The shed is decorated with vintage signs, but the interior is a different story. “No one can go in there,” Yvonne laughed. “I decorated the outside, but the inside is a mess.” The greenhouse is an essential part of what Yvonne does, as she uses it to keep plants thriving all year long.

The crowning piece of her work, however, is definitely the large pond she finished this past winter. “I had a small, little pond, but I decided I needed more,” she said. “I figured out what I wanted, and we started building.” The result is a beautiful, large rock waterfall that trickles into the first of a series of koi ponds. In the spring, large elephant ears sit opposite the pump-handle water spigot that feeds into the secondary pond. Seeing the final product, it’s clear all the hard work has paid off, and now Bruce and Yvonne can sit back, relax and enjoy the fruits of her green thumb. **NOW**

“Dedicated to Customer Satisfaction Since 1939”



Wolverton Air

CENTRAL AIR CONDITIONING & HEATING
COMMERCIAL • SALES & SERVICE • RESIDENTIAL

704 Solon Road • Waxahachie, TX 75165
(972) 923-COOL (2665)

Free Estimates

Lic: TACLA000132E • www.wolvertonair.com



LONG family

A legacy of smiles. | DENTAL

Dental Care for your family

Preventive *care* - Professional cleanings, laser gum therapy
Restorative *care* - **Implants placed**, fillings & crowns
Comfort *care* - **IV sedation** & oral sedation
Financial *care* - Customized financial arrangements, including Care Credit




Dr. Robert Long Dr. Chris Long

**DO YOU
SNORE?
FREE
SLEEP APNEA
CONSULTATION**

Most insurances accepted

CALL TODAY FOR APPOINTMENT

972-775-3192

4470 E. Hwy 287 Suite 1200
Midlothian, TX 76065
www.longfamilydental.com

The Silver Lining

— By Dianne Reaux

Kindergarteners at Midlothian are gathered in art class. The room is full of excitement, as royalty will be visiting the class. Suddenly, the door opens, and in waltzes the main attraction. Dressed a bit like royalty and carrying her scepter, Ms. Queen Ballard brightly says, "Hello boys and girls!" Little eyes light up and the children are fascinated by what they see and hear. This is how learning begins in Amy Ballard's art class.

Amy has an effervescent personality that bubbles with enthusiasm, and her warmth and charm are infectious. Life has thrown her its share of curves, but she's been resilient, because she's armed with a bright disposition that constantly searches for the good in all things. It's an



outlook she's had since birth. "I'm adopted," she shared. "My parents went through Methodist Mission Home in San Antonio, and they knew they were getting me before I was born. I was born on a Thursday, but at the time adoptions were only finalized on Wednesdays. So, I had to spend almost a full week in the nursery before my parents could take me home. I like to say that I was at a sleepover in the nursery while I waited for my parents to pick me up and take me home!" Amy's search for the silver lining is constant, and it has served her well.

Amy grew up north of Dallas in the Carrollton/Farmers Branch area. After graduating from high school, she attended Texas Tech University, where she majored in elementary education and minored in art. Texas Tech is also where she met Steve Ballard, a fellow Red Raider and her future husband. The couple recently celebrated their 23rd wedding anniversary.

Three years after graduating, Amy started her teaching career in Midlothian Independent School District as a third grade classroom teacher. After teaching a variety of subjects, primarily English and Language Arts, the position for an art teacher at Vitovsky was posted. "At first, I was a little

NEW DAY SALON



HAPPY
Mother's Day

RELAX IN ONE OF OUR MASSAGE
OR FACIAL ROOMS!

JEWELRY!

GIFT CERTIFICATES!

WWW.NEWDAYSSALONANDSPA.COM

972.775.6495 • 134 N. 8th St • Midlothian TX

Liberty Cheer All-Star Competitive
Cheerleading has open spots!

Email today! carrie@libertycheerallstars.com
or Come in Mon-Thurs 5pm-9pm



Liberty Dance Company Open Auditions! May 11th at 11am.
Be There!



972-322-8363 or 972-775-5323
1080 Dividend Rd Midlothian • www.libertycheerallstars.com

Shouldn't Your Needs Be Your Investment Advisor's Top Priority?

- ✓ Meet with Client
- ✓ Listen to Client's Needs
- ✓ Develop Client's Investment Strategy
- ✓ Follow-up w/ Client

Let us help you create a retirement strategy that is designed to meet your individual goals and objectives, while maximizing your investment potential.

Why You'll Love Us:

- Integrity & Trust
- Local Expertise
- Personal Service



Richard Bolgiano

Get started on your financial future today!

(469) 537-7353

200 S. 14th, Ste 150, Midlothian
www.bolgianocapital.com



Kyle Ballard



BOLGIANO
CAPITAL MANAGEMENT



hesitant, but then I thought to myself, *Well, I do have my certification in art. I decided to give it a try,*" she smiled. "And I loved it — I absolutely loved it!"

Amy taught core subjects for 14 years, but her objective as an art teacher is completely different. "It's been to help

"It drives me batty when people say, 'I can't draw,' or 'I can't be creative.' Everyone is creative!"

people realize they have the ability to create," she stated. "It drives me batty when people say, 'I can't draw,' or 'I can't be creative.' Everyone is creative! Some people are creative getting out of situations. Some are creative with their finances. Others are visually, musically or physically creative with expressive forms of movement. I believe that everyone can create."

As a visual arts teacher, Amy's job is to inspire creativity. "It's my job to help my students see things in new ways. It's something I call artist eyes." According to Amy, artist eyes are, "eyes that see things that regular, everyday eyes don't see." A perfect example of Amy's artist eyes is when she spied an old chair sitting outside a thrift store. "Everyone else saw an abandoned, winged-back chair with outdated red, velveteen upholstery," Amy explained. Amy saw something entirely different. "That chair still had life," she remembered. She purchased the chair, cleaned the fabric and painted the legs an elegant, gilded gold. Now the chair has a new dignity, as it sits proudly in the



VIP REFERRAL:
REFER A FRIEND WHEN THEY USE US
YOU EACH RECEIVE
\$10 OFF - ALWAYS



ALL ABOUT DOGS
GROOMING • TRAINING • BOARDING
972.775.7800
840 E. Main St. • Midlothian, TX
(IN THE BACK OF MIDLOTHIAN VET CLINIC)
facebook.com/allaboutdogs.midlothian



FREE BLUEBERRY DOGGIE FACIAL
WITH ALL FULL SERVICE GROOMINGS
Exp. 5/31/2013

ALWAYS FREE GROOMING
for Certified Service Dogs
serving our community!

VIP LOYALTY:
AFTER 10TH GROOM, THE
NEXT IS FREE - ALWAYS



Retreat Salon & Spa

Mother's Day Specials

Peppermint/Lavender
Body Scrub or
1 hr Swedish Massage

\$45

Stylist/nail-Tech booth available

Gift Certificates • Hi/Low Lights • Colors • Ombre's • Waxing

Across from Campuzano's
972-723-7838

111 N. 8th St. • Downtown Midlothian
RetreatSalonandSpaMidlothian@yahoo.com

middle of her classroom's "sharing" area where the children pay rapt attention when Ms. Queen Ballard is perched on her throne.

"Art is a vital part of the academic curriculum," Amy shared. "When we send our children off to school, the majority of their day is filled with problem-solving to come up with the correct answer. They have to follow a specific set of steps to get from point A to point B. But art is the one area where they have the liberty to express themselves creatively and not worry that the outcome may be wrong. For my students, art is creative freedom."



When Amy began her teaching career 23 years ago, she had also recently become a new wife, and soon after, a new mother to son, Brad. "It was a difficult time for me. As a wife and new mother, I developed a very unhealthy relationship with food," she confessed. "Trying to juggle a career with the responsibilities of being a wife and a mother — at times it was overwhelming. Fast food wasn't healthy, but it was convenient, and I would often eat because I was sad or lonely, and I wasn't active."

Eventually, the bad habits took a toll on Amy's health. "When I turned 40, everything started going downhill. I developed Type II diabetes, high blood pressure, and I had to have knee surgery twice," she shared. "I was 40, but I felt 80." Amy decided enough was enough. After consulting with her physician, Amy decided to have gastric bypass surgery, and now, two years later, she has lost over 130 pounds. But Amy is quick to point

The Real Estate market is heating up ...

If you are thinking about **BUYING** or **SELLING** Don't delay.

Call your Elite agent today!



Janet Calvert
214-695-9079



Michelle Blakes
817-939-4194



Gayla Tucker
214-577-9876



Lisa Yarbrough
972-839-1292



Linda Winfield
214-460-8768



Keri Turner
214-415-2765



972-72ELITE • 110 Roundabout Drive

(FM 663 & the 287 bypass)

www.eliterealtytexas.com

"LIKE" us on Facebook

"Your Complete Satisfaction is My Concern"



Jeff L. Sorrels
Internet Sales Manager

Mobile:
214.532.2350



Chuck
FAIRBANKS
CHEVROLET
DeSOTO, TEXAS

OFFICE: 972.223.7611

1-35 South at Pleasant Run Exit (629 N. I-35 • DeSOTO)
JSORRELS@CHUCKFAIRBANKSCHEVY.COM



Weddings | Rehearsals
Showers | Quinceañeras
Family Reunions | Trade Shows | Meetings + more!

1 Community Circle
Midlothian, TX 76065
www.midlothiancenter.com
972-723-7919

“ Lone Star installed the “WOOD LOOK” PORCELAIN TILE all throughout my house and I LOVE IT. It looks so much like traditional wood flooring it is difficult to see the difference! ”

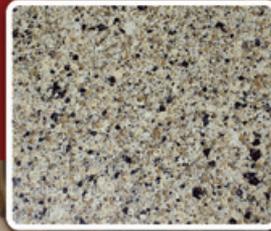
Ann Major
MIDLOTHIAN, TX



LONE STAR
FLOORCOVERING
Interior Design Showroom

Visit Our Facebook Page To See More Pictures of the Ann's Home
Call for a FREE ESTIMATE • 972-872-9811
2203 W. Ennis Ave. in Ennis • lonestarfloor.com
Tues.-Fri.: 10-6 & Sat.: 10-3 or by appt.

Kitchen
Quartz Countertop



Lighting,
Carpet,
Hardwood,
Tile,
Laminate,
Vinyl,
Area Rugs
& More



Kitchen
Backsplash



out that the surgery was just one of the tools she has used to lose and maintain a healthy weight. “I am a food addict,” she admitted, “and every day is a challenge. I have to be careful each and every day not to fall back into the habits that sabotaged my health in the first place.”

Amy laughed as she added, “My weight loss has had its comical moments. Every once in a while when we are out together, someone will see us. They’ll recognize Steve and smile, but because they don’t recognize me, they’ll give me dirty looks, because they think he’s out with someone else!” To help maintain her weight loss, Amy started exercising and became a certified Jazzercise instructor on her 46th birthday. “It’s amazing to think I’ve gone from sucking wind in class to actually teaching the class.”

Amy and Steve are diehard Texas Rangers fans. She watches the games from home, while Steve, as an employee for the Rangers organization, works on the field. Brad is now a graduate of the University of North Texas-Denton, and everyone is looking forward to his upcoming nuptials this fall. “His fiancée is a doll, and we just love her,” Amy beamed.

As for Amy, she is constantly viewing life through an artist’s eyes. And though it began as an artistic concept, it can also be thought of as a philosophy for life. Because whether you’re rummaging through a thrift store or facing a tough moment, you can try to see a new perspective by visualizing something better. It’s a golden outlook for life. Through the eyes of an artist, there is always a silver lining. **NOW**

Now registering for
summer classes, summer
dance camp and the
2013-2014 season.

End of year recital:
Saturday, May 18 5pm
at SAGU in Waxahachie.



All About
DANCE

ZUMBA *Tap * Ballet * Jazz * Hip-Hop * Tumbling * Adapted Dance * Mommy & Me
505 George Hopper Rd, Midlothian, TX (next to MidTowne Donuts)
214.577.2636 • www.allaboutdancetx.com

AFFORDABLE KITCHEN REMODELING
QUALITY AT THE BEST PRICE

**Your Complete
Remodeling Company.**

Cabinet Refacing, New Cabinets,
Countertops - Granite & Laminate,
Tile Backsplash

**FREE IN-HOME
ESTIMATES**

469.232.8690

**Turquoise Haven
Wholesale**
120 N. Hwy. 77, Suite F • Waxahachie
www.turquoisehavenwholesale.com
972-937-0337

TURF-SCAPE

LANDSCAPE MANAGEMENT

Proudly Serving Our Community for Over 20 Years

Look familiar?



Contact Turf-Scape, Inc.
Licensed by State of Texas Commission
of Environment Quality - Lic. Irrigator #8552

- Irrigation System Installation & Repair
- Irrigation System Checks and Maintenance
- Water Conservation Specialists
- CAD Designed Irrigation & Landscape
- Backflow Preventor Testing & Repair
- Installation of Rain/Freeze Sensors

972-938-2956 • www.turf-scape.co
info@turf-scape.co

Visit our website for our full range of services.

Backflow Prevention
Assembly Tester #BP0013903

Like us on Facebook



Make MOM HAPPY with the
Savings & a Great Smile!



Adult & Children's
Dentistry, Gentle Dental
Care & friendly staff!

Laughing gas
available for patients
with dental phobia!

www.crystaldental.org

FORT WORTH

1114 E. Seminary Drive
Ft. Worth 76115
817.921.0883

MANSFIELD

2880 N. FM 157, Ste. 102
Mansfield 76063
817.473.6200

**\$10 FOR LIMITED
EXAM & X-RAY**

With Coupon. Expires 5/31/13

**\$59 EXAM, X-RAY
AND CLEANING**
(gum treatment extra)

With Coupon. Expires 5/31/13

Ovilla
Medical
Clinic

May 12-18, 2013 is National Food
Allergy Awareness Week

I have firsthand knowledge of how a food allergy can change your life in the kitchen. My nephew, Reid, started out life with allergies to eggs, milk and peanuts. Going to the grocery store before Reid came to my house was a chore!! I had to read ingredients of every product before serving them to Reid. My sister and her husband had to use recipes that were altered by replacing milk and cheese products with a different product or leave it out all together. Reid has had a few allergic reaction episodes. Most memorable for me: a serving utensil was used in a bowl of vegetables that contained butter. The same spoon was also used to scoop vegetables, from a small bowl with no butter, to serve Reid. He reacted and had all of us in a panic!! He then suffered a severe allergic reaction. He had a wheezing type of cough, broke out in rash, starting around his mouth, and then began to itch all over. Over the last couple of years, his allergy specialist has had him do an egg challenge and milk challenge, which involves introducing these foods (in a medical setting) a little bit at a time. I'm happy to say, Reid can eat milk and cheese products that have been cooked using certain methods... peanuts are still on the No-No list. Reid wears a bracelet to alert teachers, adults and friends he has a food allergy. Always ask about food allergies if having guests or children over at your house and are serving food items. Your adult guest, with food allergies, will enjoy your menu prepared with them in mind. The parents of children, with food allergies, will be most appreciative that you acknowledge a medical condition their children live with daily and you were willing to accommodate their particular situation.



Dr. Stephen Trammell

675 W. Main Street(Downtown Ovilla) (972) 617-6376

Visit our website at Dr-Trammell.com

Need Cash?

Start Your Business Today!
Call me to talk about Scentsy's
great compensation plan!

Phone Orders Welcome
Call for an Appointment Today!



Love Scentsy?

Host a Qualifying Party
to Earn Yours
Free & 1/2 Price!

Debi Mangan

(972) 937-1440 Office
(903) 258-3513 Cell
www.eFlameless.com
debimangan@sbcglobal.net

Scentsy
INDEPENDENT
CONSULTANT

MAY SPECIALS!

verizonwireless

4G LTE

Premium Retailer

Stop in to take advantage!



Verizon Wireless Network

Local Customer Service

Free Wireless
Account Analysis
For Any Carrier

15% OFF
Accessories

*with this ad
Midlothian location only



CellularCentral INC

910 E. Main St.
Suite 700, Midlothian
972-775-3600

stay & PLAY!

YOUR KIDS WILL LOVE YOU!




RESERVE NOW FOR FAMILY FUN!

- * PLANNED ACTIVITIES
- * KARAOKE
- * CANDY BAR BINGO
- * ULTIMATE BIRTHDAY PARTIES
- * CABIN, CAMPER & RV SITE RENTALS
- * GROUPS, SCHOOLS, CHURCHES WELCOME!

PIRATES COVE

OPEN TO PUBLIC









NORTH TEXAS JELLYSTONE.COM
BURLESON, TX



CarSmart
INC

We Finance EVERYONE;
Good, Bad or No Credit

Here, your job
IS your credit!

- Financing with as low as \$1000 down
- Flexible terms Monthly payments around \$300
- Quality, late-model cars



3947 S Hwy 287
Between Waxahachie & Ennis
www.BCARSMArt.com
972.938.8102



Add Some Wild Style

to Your Closet

Want Free & 1/2 Price?

Book Your qualifying
party to earn



Free & 1/2 Price fashions!



Love Style?

Start your own
business &
Start Earning Today!

Debi Mangan

Independent SuperStar Director
(972) 937-1440 / (903) 258-3513 C
www.debi.graceadele.us
debimangan@sbcglobal.net



Build Your Look Online

Honor Mom with May

"Flowers"
from



MANSFIELD

Fine Jewelry

30 YEARS
OF SERVICE!

Custom Design Expertise
2 Bench Jewelers on Premises



Alma, Thomas III and John Pressley

817.473.4008

1292 Hwy 157 N, Ste 104

(South of Debbie Ln towards downtown)

www.mansfieldfinejewelry.com

**FREE
Ring
Cleaning**

(\$20 value)

with coupon thru 5/31/13

It's our Birthday!

Thank you, Ellis county for 2 great years of serving you with the
best frozen yogurt in town!

Merry Toppins 
practically perfect in every way!

12 different rotating flavors
including sugar-free

Over 50 designer toppings
including candy, nuts & fruit
Most of our flavors are gluten free!

Gift Cards available.

2

Fill it
Top it
Weigh it
Pay it



791 N Hwy 77 • Ste 501E
WAXAHACHIE

972-923-1500 • Next to Fuzzy's Tacos
MerryToppins.net

UP FOR **THE COUNT**

By Zachary R. Urquhart

Maka Foster and David Bostwick teach kids how to handle adversity, both on and off the mat.



Growing up in Oklahoma, David Bostwick had wrestling in his blood. He is from the small town of Morris, near Tulsa, and his school did not actually have a team. Instead of wrestling, David was involved with amateur boxing while growing up, so he was used to competition and fighting. Now, several decades later, he is at the helm of Midlothian Youth Wrestling, rolling out a mat for anyone who wants to go a few rounds.

David moved to Texas in the mid-1980s and ended up going to school at Tarrant County Junior College. In 1992, he was working in Duncanville and looking for a new place to live. "I had a co-worker who had a place to rent in Midlothian," he shared. "I came, and I've been here ever since." David has three adult sons: Kevin, Eric and Brian. He and his wife, Angie, also have three school-age children. Brandon, 12, loves to play sports. Faith, 10, and Gracie, 7, both play soccer and cheer for the local youth organizations.

Though David did not have the chance to wrestle during his own childhood, Brian developed an interest, so David and his son spent many days going to and from practice and meets. Some people are not aware of the local organization, but Midlothian has had youth wrestling for about 15 years. David accounted, "Jim Berman, who was with the Parks and Recreation Department, had wrestled back East and thought we should have a program here. In the late '90s, he got the team going with his kids and a few others. Brian joined a few years later, when he was in eighth grade." Brian ended up wrestling for the youth program for a year and found immediate success. "He got third in state his first year, and then he wrestled off and on throughout high school," David recalled.

KIDS BOWL FREE

SUMMER FUN BOWLING PASS

WWW.KIDSBOWLFREE.COM

FREE GAMES OF BOWLING A DAY ALL SUMMER!

REGISTER YOUR CHILD ONLINE FOR

Ennis **ALL STAR BOWL**

SUMMER LEAGUES NOW FORMING!

Bar & Grill • Video Game Room
 Birthday Parties • Company Parties

972-875-7827

2303 W Ennis Ave, Ennis Tx.

COLDWELL BANKER

1817 S Duncanville Road S • Cedar Hill



GORGEOUS EXECUTIVE HOME ON 14 ACRES*TOTALLY REDONE*GRANITE ISLAND KITCHEN OR DESK* DOUBLE OVEN*TILE BACKSPASH* MARBLE & WOOD FLOORS THRUOUT*5 SKYLITES* ROCK FIREPLACE*WOOD VAULTED CEILING*FRENCH DOORS*2 INCH BLINDS*CUSTOM DRAPES*JACUZZI* MARBLE SHOWER*CEDAR CLOSET*WETBAR* STEAM SHOWER* POOL W AGGREGATE DECK BRICK COPING*HOTTUB*ROCK GAZEBO*2-40x50 & 40x60 INSUL BLDGS* 12X20 HORSE BARN* FRUIT & PECAN TREES*ROCK & IRON FENCE*ELECTRIC GATE* \$499,000



Donna Lasater
 Top Selling Agent
972.569.7003
www.dlasater.com



**WE'RE SMALL ENOUGH
TO KNOW YOU & LARGE ENOUGH
TO SERVE YOU!**

MIDLOTHIAN
972.723.3320

WAXAHACHIE
972.935.0322

DALLAS
214.350.9957

RED OAK
972.617.9977

TOLL FREE
800.962.1245

TACL #A013190E
LIC # M-36775



DIRECT SERVICE COMPANY

AIR CONDITIONING • HEATING • PLUMBING
Residential & Commercial



The new degree of comfort.™

WWW.DIRECTSERVICEAIR.COM



“But watching him wrestle, I fell in love with it.”

Years later, David’s youngest son developed an interest as well, and at a much younger age. “Brandon loves sports. He plays football, but when he was 5, he decided to start wrestling,” David explained. “He ended up getting second in state, and he has wrestled ever since.” Brandon’s participation and success have fostered David’s interest and involvement in the sport and the league. With a few coaching changes several years ago, his level of involvement would soon increase greatly.

After Jim, David Stewart took over the program for a few years, which is when Brandon joined. Then Jim came back for a while. David clarified, “A few years ago, Jim was moving to Glenn Heights, so he wasn’t going to continue coaching. He came to me and asked if I would take over so that the youth program wouldn’t die.” David got certified to coach wrestling and has been in charge of the program since then.

Though he is always one of the coaches, David makes it a point to find other skilled people to help with the instruction part of his role. “I’d been familiar with it, so Jim knew I could handle it,” David conveyed. “But a lot of what I’ve done is to find the best coaches I can to teach the kids the fundamentals.” David always finds great people, and he is grateful for the help and support from coaches and parents alike. “I had one guy come from Michigan, and he had moved here partly because he knew of our

Mother's Day Special

\$10 OFF
3-Month Special
Valid May 6-12

310 E. Parkerville Road • 972-293-5288
For details visit cedarhilltx.com

MAKING SMALL BUSINESS WORK.
Let me help you. Call today!

Bookkeeping QuickBooks Help
Tax Preparation Payroll Services

RENEE PRINCE
Certified Public Accountant and QuickBooks ProAdvisor

972.637.3101 • renee@reneeprincecpa.com

Brandon's participation and success have fostered David's interest and involvement in the sport and the league.



program," David said. "Last year, Shane Roller, who is known in the mixed martial arts circle, came and was one of our coaches. This year, Maka Foster showed up just before the season started."

One of David's most important tasks is recruiting and bringing people into the program. Since many residents are not aware of the organization, just getting information broadly disseminated is part of his focus. "There is a mixture of me recruiting others and people finding me. One of the first things I did was to start an Internet site," he said. "We are also on the city of Midlothian Web site."

From year to year, there are usually about 30 kids, but that number fluctuates during the October through February season. "We aren't going to tell a kid it's too late, even if he just wants to come



SUBURBAN SOUTH
www.juliemckeever.com

Julie McKeever
972-824-6017

604 Lark Lane
Oak Leaf, TX
MLS#11874159

Great large family home w/ 2 separate living quarters. First floor has 3 bedrooms, 2 full baths, living, dining & laundry w/ 2 car garage. 2nd floor consists of kitchen, 1 bath & 3 bedrooms, living area, gameroom & laundry. Plus, a 30 x 40 shop!!! 1 acre. This is a must see!!!!

111 Sequoia Court
Midlothian TX
MLS#11918157

4 bdrm, 4 bath, 2 living, 2 dining, breakfast bar, upstairs gameroom, mudroom, in-ground pool, outdoor kitchen, playhouse, fenced, sprinkler system, security system. Master has walk thru shower w/spray wands & jetted tub. Kitchen w/ granite countertops, copper island w/ sink, knotty alder cabinets, Hand scraped wood floors.

Coch Steve Cross, US National Taekwon-Do Team
2011 World Championships

Teaching the Art of Life

Family Plans • Private Lessons • NO CONTRACTS

Midlothian, Texas

3 months for \$199
Includes uniform and t-shirt

3271 S. FM 663 • Midlothian
972-775-1857 • www.crosstkd.com

Check out our website for more details

Call about Manager's Special Discounts



- Climate-controlled Units up to 10 X 25
- On-site Managers
- Video Surveillance
- Individually Alarmed Doors
- Your Lock, Your Key
- 24/7 Computer-controlled Access

ABBY'S STORAGE
 1150 S. US Highway 67 (exit Mt. Lebanon)
 Cedar Hill, TX 75104 • 972-293-5880

start learning for the last month of practice or so,” David admitted. “But kids even quit after the first week sometimes. It’s so tough that a lot of kids don’t want to stick with it. The majority of our kids each season are rookies. Only a few stay with it more than a year or so.” In the tournaments, wrestlers are broken down by age, weight and experience. Rookies are followed by novices. Everyone wrestling in their third year or more wrestles in an open division.

Along with recruiting kids and finding coaches, David does a lot of the prepping and coaching himself. The team has practiced at T.E. Baxter for years, and David is usually the first one there getting the mats ready every day for practice. “We don’t have keys, but they open it up for us a few nights a week,” he stated. “I unroll the mats and get the room ready, and then we have to get everything put up before we leave.” David does all he can to be a good coach, as well, and he knows that teaching the kids as much as possible is key to the overall success of the program.

David is realistic about the goals for the program and the individual kids involved. “There aren’t many scholarships, especially in Texas, but we can teach them fundamentals,” he said. “If you get a kid that sticks with it for several years, by the time he gets to high school, he will be pretty good.” Once he had the youth program going, Jim Berman worked until he convinced Midlothian Independent School District (MISD) to start a team at the high school. Though many kids enter as freshmen having never wrestled, the high school coaches appreciate the work David and the youth program put in to getting kids more ready for high school competition. And the team has had a good deal of success throughout its tenure. “Pretty much every year we have kids that win state in their divisions,” David emphasized.

Winning is not the only goal, of course. “When I meet a new potential coach, I always want to know what their priorities are. We want kids to know how to wrestle, but we also want to teach some life lessons.” For several years now, David has been using wrestling to show kids how to grapple, how to face adversity and, mostly, how to carry themselves, on and off the mat. **NOW**

ARBOR STORE

OUTDOOR LIVING AREAS CUSTOM MESQUITE FURNITURE

DFW's BEST ARBOR BUILDER

**Arbors, Patios,
 Outdoor Kitchens,
 Furniture, Mantels
 & More!**

**\$300 Off Any Arbor Or
 Outdoor Kitchen**
(Minimum purchase is required)

Call James Fleming: 817.821.6142
www.TheArborStore.com



WWW.DRMORRISSEY.NET



ACHIEVE *your* GOALS

Look and feel more confident and youthful

Tummy Tuck • Breast Augmentation/Lift
Breast Reduction • Liposuction • Post Weight Loss Surgery
Mommy Makeover Packages & Financing Available

J. Michael Morrissey, MD

Board Certified, American Board of Plastic Surgery
Plastic, Reconstructive and Cosmetic Surgery



Waxahachie Office:
Baylor Medical Center
1505 W. Jefferson, Suite 120
Waxahachie, TX 75165

Dallas Office:
Methodist Dallas Medical Center
221 W. Colorado Blvd.
Pavilion II, Ste., 727 - Dallas, TX 75208

For A Complimentary
Consultation
Call 214.943.9222

CAMPUZANO

mexican food

\$5.00 off
\$20.00 purchase

Coupon only good from
NOW Magazine! NO Copies
accepted. Expires 5/31/13



Happy Mother's Day!

Voted Best Mexican Restaurant
in Best Southwest

108 N. 8th Street
Midlothian, TX
972-723-2634

2167 N. Highway 77
Waxahachie, TX
972-938-0047

213 W. Beltline
Cedar Hill, TX
972-291-1053

& Everything Nice
208 n. main street
duncanville, tx 75116
f andeverythingniceTexas
PHONE 972-296-6423
www.andeverythingnice.com

Wedding
GIFTS



*Chevron Tote
With Monogram.*
PERFECT for Summer Outings
for Shopping TRIPS, CRUISES,
BIG enough for any OCCASION

Celebrate MOM
Join us Sat. May 11th
(any sort of Mom)
get a free GIFT!



teacher
APPRECIATION
WEEK
MAY 6-10

Mom... let's get "HIP"
to honor all the "HIP" Moms ---
our Vera HIPSTERS will be
25% OFF! only on MAY 10 & 11



*Graduation
GIFTS
are HERE!*

and... show your school I.D.
& purchase \$100 or more
Vera Bradley... & get a
V.B. tote FREE!

20% OFF
REGULAR \$ **Coupon**
EXPIRES 5-31-13



Best Texas Insurance Services, LLC

411 N. 8th St.
Suite 100
Midlothian, TX 76065
(972) 291-9556
1 (800) 595-5865
tuckerins@sbcglobal.net

Hours:

Monday-Friday: 8:30 a.m.-5:00 p.m.



From left:

Dennis Tucker, Brenda Tucker, Barbara Harvey and Lindsey Miller all work together to provide the best insurance policy for your personal needs.



Independent All the Way

Dennis Tucker started Best Texas Insurance to give his customers more choices.

— By Betty Tryon

Choice is good, and Dennis Tucker of Best Texas Insurance wants to give his customers a great one. After 31 years in the insurance business, he found a way of better serving his customers by becoming an independent agent and opening his own company, where he could offer multiple lines of services to his customers. “I got to a point in my career where I felt I needed more choices for my customers,” he stated. “I saw other opportunities, so in 2011, I made a career change. It was a hard decision to make. I feel better about my business today than I have in years. Things are going well. I love every minute of it.”

Before opening his own business, Dennis worked as an agent, a district manager and in a corporate office. “During my time at the corporate office, I earned two professional degrees in life

insurance,” he shared. “One of which is CLU which stands for Charter Life Underwriter and Life Underwriter Training Council Fellowship. It’s called LUTCF. Those degrees are equivalent to getting a college degree in life insurance and are done through the life insurance industry.”

Dennis was previously located in Cedar Hill but with the start of the new business, he relocated to Midlothian. It was only natural since he and his family have lived here since 1999. Dennis sells all types of insurance as a multiline agent, with the help of his customer service representative, Barbara, and his assistant, Lindsey. “By being a multiline agent with multiple companies, those companies know you have a choice whether to place business with them or not,” he stated.

Business **NOW**

Looking at other options helps when you need the best product at the best price for policies such as small businesses, automobiles, houses, rental houses and rental properties. Dennis also sells liability insurance. "Liability insurance is your first line of defense when it comes to protecting your assets." It covers costs

"We are committed to stay in Midlothian. Come by anytime; have a cup of coffee; bring in your policies; and let's compare."

in case something goes wrong.

Dennis is particularly interested in selling life insurance. Although his primary job is being a multiline property casualty agent for auto, home, life, etc., he believes life insurance is an important part of everyone's daily life. "Life insurance is a topic that a lot of people are uncomfortable talking about," he said.

"Most of our customers just want a simple explanation about the role life insurance plays in their life. I ask my customers, 'What do you want life insurance to do for you?' Life insurance is money when the family needs it the most. I identify the need, so we can match the product. I try to put myself in their shoes, so I can understand what their concerns are. We try our best to customize to their needs."

Dennis and his wife, Brenda, are very active with the Methodist church and are also involved in many charitable events, such as scholarship programs and fundraising projects. "We are committed to stay in Midlothian. Come by anytime; have a cup of coffee; bring in your policies; and let's compare." **NOW**



**JOHN HOUSTON
CUSTOM HOMES**

YOUR HOME. YOUR WAY.

Build your story with us



"We have referred several of our friends because we know they will do whatever it takes to make them as happy as we are!"
~ The Berry Story

Home is where your family grows, generations meet, and memories are made. A home is birthdays, holidays, and graduations. It is friends, neighbors and small groups.

At John Houston Custom Homes, we believe your family deserves a home built around your needs.

Call us today and ask how we can help build your family's home.

BUILT ON YOUR

JohnHoustonCustomHomes.com | 866.699.6054

Find us online:        



Peyton, Taylor and Tobi McKay help vacuum their mom's car at Panther Car Wash.



Captain Jeff Silva "washes the pad" at MFD Station No. 1.



LaRue Miller Elementary Bluebonnet Book Bowl Team compete in the annual MUSD event.



Romeo and Juliet Garcia have fun at Experience Midlothian Community Expo.



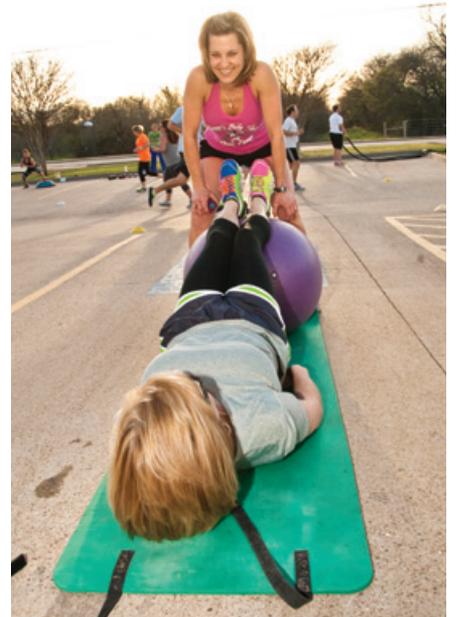
Cyclists Paul Stephenson and Rick Presser prepare for an evening ride across Midlothian.



Jozette Childres enjoys lunch at Compuzano's with Gracie and Bree Larkin and Karlee and Kaden Jones.



Triston Young sports a utility hat from TXI.



Andy Bayless receives encouragement while doing hamstring curls at Dionne's Body Shock Boot Camp.



Cecelia Tisdell, Rhea Northcut and Laura Meine represent Approved Home Health Care at Experience Midlothian Community Expo.



Tammy Day shops for toys at Family Dollar with Autumn and Addison Newcomer and Amanda Glancy.

TELL YOUR BILLS TO SAY, "CHEESE."

Introducing Picture Pay™. It's a new way to pay bills with the snap of your phone's camera. And, First Financial is the first bank in the country to offer it. Try it today with the First Financial Mobile Banking App.

Learn more at ffin.com/smartphone

1490 E. Main St., Midlothian, TX 76065

972-723-7121 | firstmybank.com

**FIRST
FINANCIAL
BANK**

YOU FIRST

MEMBER FDIC

ARBORS • OUTDOOR KITCHENS • PATIOS

Your Oasis Awaits ...



Call today for
FREE
Consultation

Happy
Mother's
Day



URBANOASIS
OUTDOOR LIVING & LANDSCAPING

817.453.3100

WWW.URBANOASISOUTDOOR.COM

PayPal LI9335

LANDSCAPING • SPRINKLERS • LIGHTING

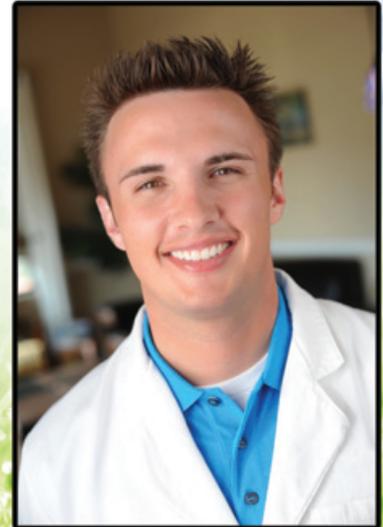


ELLIS COUNTY FAMILY DENTISTRY
DR. SETH ATKINS

*We provide your entire family
with healthy, beautiful smiles.*

New Patients Welcome

We accept most insurance plans, all
major credit cards, and financing
through Care Credit.



1408 W. Jefferson, Waxahachie
(directly across from Baylor Hospital-Waxahachie)
972.937.8433 • www.elliscountyfamilydentistry.com



Suzushii
Sushi & Grill

Lunch
Bento Box
Start at
\$6⁹⁵



Served sushi roll
over **70**
items



OPEN 7 DAYS

Mon- Fri: Lunch 11am-3pm • Dinner 4:30 - 10pm
Sat: 11-10pm Sun: 12:00-9:30pm

\$5 OFF

Any \$25 Order
(Exclude Mix-Drink), Dine in Only
One coupon per Table.

638 Uptown Blvd. Cedar Hill • 972 293-1009 • www.suzushiiisushiandgrill.com

BEST BUY WALK-IN BATH TUBS



Mention this ad for
FREE LED Lighting System
or **Inline Heater Upgrade**
with Purchase.

Visit Our Showroom
4053 Action Hwy, Granbury

817-326-3003
www.bestbuywalkintubs.com

Granbury Chamber of Commerce Member
Locally Owned And Operated



Family Owned
Texas-Built

Lifetime Guarantee
Against Leaks

Great for circulation,
arthritis, stiff joints
and relaxation.



Recharge
Your Hearing

Join Us In May
For Our
Spring Test Drive Event

Schedule your test drive appointment and receive:

Complimentary Hearing Screening and Consultation
Special 45-day Test Drive on Siemens Hearing Devices.
Plus 12 Months 0% Financing (WAC)



Test Drive the New Ultra-discreet Pure!
Tiny technology that automatically
adjusts to your surroundings.
Up to \$1000 in savings
Satisfaction Guaranteed



Locally Owned & Operated
by Mike & Kerri Gleason



**Lone Star
Hearing Center**

WAXAHACHIE

101 Executive Court • Suite 100 B

Call Today! Appointments are Limited (972) 351-9136



APN

**Behavioral
Healthcare, LLC**

Child, Adolescent and
Adult Psychiatry

Barbara Miller
Nurse Practitioner

Scott Layton
Physician Assistant

Diagnostic evaluation and
medication management for
various psychiatric needs,
including but not limited to:

- Attention Deficit Hyperactivity Disorder
- Oppositional Defiant Disorder
- Depression
- Anxiety Disorder
- Bipolar Disorder
- Aspergers

No alcohol/addiction treatment

Accepting most insurance,
excluding Medicaid/Medicare

Call for an appointment.



503 W MAIN ST
WAXAHACHIE, TX 75165

972-937-5252

apnbehavioralhealthcare.com

SUMMER is Coming!

Are you ready to show
off your shape?

NO ENROLLMENT FEE!
1/2 PRICE ACCESS KEY
YOUR 12TH MONTH IS FREE!

**Group Exercise Classes and Tanning are
included with your membership**

Classes Include: Insane Cardio, Zumba, Piyo & Spin
with this ad. Exp. 5-31-13

Hours: Mon-Thurs. 9am-9pm
Fri 9am-7pm, Sat 10pm-2pm
Member access 24/7

**ANYTIME
FITNESS**

800 Silken Crossing, Suite 102 • Midlothian • 972-775-8447

Plumbing Problems? We Can Help!

Available 24/7 • Complimentary Estimate • No Additional Charges For Nights, Weekends Or Holidays
 Friendly Professional Technicians • Background Checked and Drug Screened • Locally Owned and Operated

\$50 Off Any Plumbing Service

Coupons may not be combined with any other offer. This month only.

\$100 Off Water Heater Install With Purchase Of A Water Heater

Coupons may not be combined with any other offer. This month only.

FREE Video Inspection

In Main Sewer Line On Exposed Clean-Outs With Paid Drain Cleaning

Coupons may not be combined with any other offer. This month only.

\$249 New Niagra Toilets

Includes New Toilet & Normal Installation. Call Now To Take Advantage Of This Sale

Coupons may not be combined with any other offer. This month only.

1-800-PLUMBER

972-298-8600 • 1-800-758-6237
 www.1800plumber.com
 TX Plumbing License #M19066




Spiegel
 Properties LLC

Property Management Specialist

I bring owners and clients together.

214-497-8615
 sixspiegels@aol.com

Buying Silver, Gold, Diamonds and Any Unwanted Jewelry



WILEY'S

DIAMONDS & FINE JEWELRY
 972-937-4422 • wileysjewelry.com

Edge STUDIO

Salon • Nails • Spa

Swing into Spring!

Deep Tissue/Ortho Medical Massage

\$59





New Customer Invitation

FREE HAIR CUT

with any chemical service with ad



\$5 OFF Any Pedicure

117 Ave. B & 8th • Midlothian
 972-723 EDGE (3343)
 www.edgestudiosalonandspa.com

Gift Certificates Available

Unleash Your Inner Outlaw



Riding Boots
 Leather Chaps and Vest
 Goggles
 Helmets
 And Much More

THE SHOP

315 W. Main, Suite 13 • Waxahachie
 972-937-9777 Tues - Fri 11-6, Sat 10-6, Sun 12-5

We have some exciting news!

Our Red Oak magazine is expanding and the name is changing to North Ellis Co. NOW Magazine. We are proud to be serving Red Oak, Ferris, Bristol, Pecan Hill, Oak Leaf, Glenn Heights and Ovilla, increasing the circulation of this publication to 17,200. With publications in 10 markets, our total NOW Magazines circulation is over 245,000. Thanks for being a part of our growing family!



Bringing the best of the community home.
www.nowmagazines.com

May 1 — 4

Midlothian Early Voting City Council Election for Place 3 and Place 4: 8:00 a.m.-5:00 p.m., Midlothian Conference Center, 1 Community Circle. (972) 775-7101.

May 3

American Cancer Society Relay for Life: 7:00 p.m., Frank Seale Middle School Track. Contact Kyle Shelton, kyle.shelton@cancer.org, (817) 570-0620, www.RelayForLife.org/MidlothianTx, Facebook.com/RFLMidlothian.

May 4

Midlothian High School Prom: 8:00 p.m., Southfork Ranch.

May 6, 7, 11

Midlothian Early Voting City Council Election for Place 3 and Place 4: 7:00 a.m.-7:00 p.m., Midlothian Conference Center, 1 Community Circle. (972) 775-7101.

May 6 — 10

Midlothian ISD Teacher Appreciation Week.

May 6, 20

Indian Trail Chapter of the Texas Master

Naturalist Program Wildflower and Bird Walk: 10:00 a.m., Mockingbird Nature Park, Hike is half-mile. Will identify the wildflowers and birds. Public is invited. Free event. Participants should bring drinking water and binoculars for bird watching. Visit: <http://txmn.org/indiantrail/>, Email: Information@itmnc.com.

May 10, 11

MHS Almost Broadway Concert: 6:30 p.m., MHS Auditorium.

May 11

Movies in the Park: dusk, Hawkins Spring Park. Visit the Disney Pixar *Brave* Web site to watch the trailer, play games and other fun activities.

May 14

2nd Annual Midlothian ISD Citizens Academy: 8:30-11:30 a.m. Contact Jana Hathorne at (972) 775-8296, ext. 1037 or e-mail info@midlothian-isd.net.

May 18

Heroes of Midlothian Benefit 5K Run: 8:30 a.m., MISD Multi-Purpose Stadium, 1800 S. 14th St., Midlothian. Event honors the families of Chris Kyle and Chad Littlefield

and the Heroes of Midlothian Foundation. Sponsorships are available. For more information, call (214) 395-0143 or visit www.heroesofmidlothian.org.

May 23

Awaken: An Evening With Priscilla Shirer: 7:00 p.m., The Oaks, 777 N. I-35 Service Rd., Red Oak. The event is free. Must register at <http://awakenmay2013.eventbrite.com/>.

June 1

Annual Pancake Breakfast Fly-in: 8:00-11:00 a.m., Mid-Way Regional Airport, Midlothian. Event includes classic airplanes and fighters; helicopter, open cockpit bi-plane and DC-3 rides; full motion simulator instructional flights; skydivers; fly-overs; Midlothian Classic Wheels; Gold Wing Road Riders; live music and activities for the children. Breakfast tickets: 8 and over \$7, 7 and under \$3. Parking is free. For more information, call (972) 923-0080 or visit www.mid-wayregional.com.

Submissions are welcome and published as space allows. Send your event details to Betty.tryon@nowmagazines.com.



Ticket Prices:
Adult \$15, Child \$7
Purchase Tickets before
May 24 to receive
\$3 OFF Adult & \$2 OFF Child
Call 972-937-0681 for details

45th Annual Tour of Homes
Tour 5 Beautiful Homes plus the Ellis County Courthouse
June 1 & 2, 2013 • 10am - 4pm
*Sponsored by and benefiting the Ellis County Museum
"Revisit the Past, Preserve the Future"*

Arts & Crafts Fair with Live Music at Getzenlander Park
Antique & Specialty Shopping District Downtown
Paint Historic Waxahachie PAINT OUT
Classic Wheels on the Square

The Hamilton Home - (910 W. Marvin) The Balch Home - (1117 W. Jefferson)



The Riley Home - (600 W. Jefferson)

The Knight Home - (900 Brown) The Swatt Home - (415 Brown)

FREE BUS TRANSPORTATION TO TOUR HOMES
DOWNTOWN PICKUP AT THE ELLIS COUNTY MUSEUM

201 S. College • Waxahachie
972.937.0681
www.gingerbreadtrail.net



Enrolling Now for Summer & Fall classes!

Competitive & Non-competitive teams
Jazz • Tap • Ballet • Pointe • Lyrical • Clogging • Hip Hop
Come and see our new 3300 sf facility with state-of-the-art dance floors!



Visit our website to learn more about our qualified staff!

1071 Eastgate, Midlothian
972-775-3646
www.otmdance.com



In The Kitchen With the McElheney's

— *By Betty Tryon*

During the early years of Billy and Renee McElheney's marriage, her culinary expertise extended to simple dishes, such as wieners and tomato sauce, with occasional onion slices to spiff it up. Now, cooking at the McElheney's home is a family affair with Billy as the head chef. Krystal and Christopher have their dad's flair for cooking, and the family loves trying to recreate recipes from new dishes they have tasted during their travels.

Billy has a special Brussels sprouts recipe that Renee loves. "Billy makes it hard to duplicate his recipes, because he never really cooks the same thing, the same way twice. He is always tweaking and improving and creating new variations," Renee said with a smile. "It's job security." **NOW**

Billy's Brussels Sprout Pasta

2 servings pasta of your choice
Base salt stock (1 Tbsp. per quart of water)
1/4 cup olive oil
3 cups Brussels sprouts, sliced
1 medium onion, sliced
1 cup mushrooms, sliced
1/2 cup toasted pine nuts

1. Cook pasta in base salt stock. Do not discard stock.
2. In olive oil, sauté vegetables over medium heat in heavy pan.
3. Add pasta to sautéed mix using 4 to 6 oz. of pasta stock. Mix in pine nuts and serve.

Christopher's Pecan-crusting Dijon Salmon

5 Tbsp. butter, melted
4 Tbsp. stone-ground Dijon mustard
2 Tbsp. honey
1 cup bread crumbs
1/2 cup pecan pieces, chopped
1/4 cup fresh parsley, optional and to taste
1 lb. skin-on salmon filets cut into 2-inch wide strips
Salt and pepper, to taste
Lemon wedges for garnish

1. Preheat oven to 400 F.
2. In a small bowl, stir together butter,

- mustard and honey. Set aside.
3. In another bowl, mix together bread crumbs, pecans and parsley.
4. Brush each salmon fillet lightly with honey mustard mixture and sprinkle the tops of the fillets with the bread crumb mixture.
5. Bake salmon 12 to 15 minutes in the preheated oven or until it flakes easily with a fork.
6. Season with salt and pepper. Garnish with a wedge of lemon.

Renee's Ice Cream Brownie Pie

1 cup sugar
1/2 cup flour
1 stick butter
2 eggs
4 heaping Tbsp. cocoa
1 tsp. vanilla
1/4 tsp. salt
1/2 cup chopped pecans
Chocolate or butterscotch sauce, fresh mint, strawberries or raspberries for toppings

1. Combine all ingredients, except nuts and toppings; beat for 5 minutes.
2. Stir in nuts; pour batter into a buttered 8-inch pie pan.
3. Bake at 350 F for 25 minutes. Allow to cool.
4. Serve with a scoop of ice cream. Add chocolate or butterscotch sauce, fresh mint, strawberries or raspberries as desired.

Krystal's Chicken and Wild Rice Soup

1 qt. veggie stock
1 qt. water
1 cup wild rice
10 oz. chicken
1 Tbsp. rosemary
1 tsp. sage
2 slices onions, chopped
1/2 lemon, juiced
Salt and pepper, to taste

1. Bring stock and water to a boil.
2. Add rice, chicken and herbs; reduce heat and cook for 30 minutes.
3. Take chicken out and shred. Put back in soup; add onion and lemon juice.
4. Cook for additional 10 to 15 minutes. Salt and pepper to taste.

Because You Want the Best

Family Owned, Locally, by Hobart Ambuehl.

You've known him for years as



Over 35 years of Experience in:

- Automatic and Standard Transmissions
- Foreign and Domestic
- Clutch Service
- Transfer Cases

- Free Towing w/major repair
- Senior and Military Discounts
- Financing Available
- Free Diagnosis



Hwy 67 Transmissions
1602 N. US Hwy 67, Midlothian
972-723-5300
www.hwy67transmissions.com
M-F 7a-5p

I-35 Transmissions
1462 N. I-35E, Lancaster
972-228-9905
www.i35transmissions.com
M-F 7a-5p



WAXAHACHIE AUTOPLEX

DODGE

CHRYSLER

Ford

Jeep



- America's best selling truck for 36 years
- Integrated trailer brake control
- Exclusive eco-boost technology
- Outboard mounted rear shocks
- Best in class towing and payload



- 2013 Truck of Texas
- Best in class 25mpg hwy
- Class-exclusive torque, elite 8 speed transmission
- 5 year/100,000 mile powertrain limited warranty
- Class-exclusive link coil and air suspension

*Eggs are cheaper in the country, and so
are the vehicles at Waxahachie Autoplex!*



\$20
Oil Change
Inc. tax+fees

EXPRESS QUICK LUBE
Now Open on Sundays

Mon-Fri 8-5
Sat-Sun 8-4



**WAXAHACHIE
COLLISION CENTER**



Free Estimates — All Makes & Models — Free Loaners
**We work with any insurance company,
handling the hard work so you don't have to.**

Serving Midlothian and Surrounding Areas

888-405-5606

WWW.WAXAHACHIEAUTOPLEX.COM