# BurlesonNOW

MAGAZINE

APRIL 2021

# Lady Warriors Centennial Spartan

Welcome Spring With an Easter Wreath

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In the Kitchen With Holly Hodge

wrestlers include athletes
from all over Burleson

Also inside:

Scavenger Hunt

Crossword/Sudoku

Featured Business:
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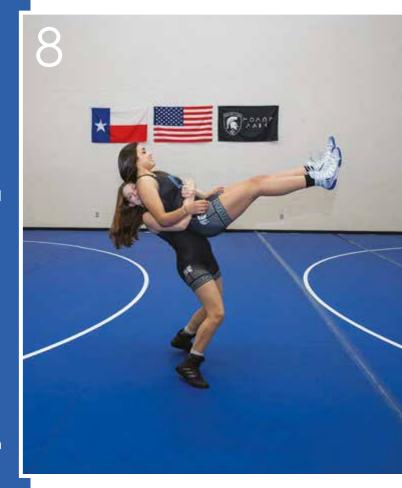


# LADY WARRIORS

Female athletes take on a traditionally male sport and find new confidence.

14 WELCOME SPRING WITH AN EASTER WREATH

With very few supplies, you can put your stamp on the holiday.



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Publisher, Connie Poirier | General Manager, Rick Hensley

#### **EDITORIAL**

Managing Editor, Becky Walker | Burleson Editor, Lisa Bell Editorial Assistant, Lori Widdifield Writer, Angel Morris Editors/Proofreaders, Lisa Bell . Rachel Rich . Virginia Riddle

#### GRAPHICS AND DESIGN

Creative Director, Chris McCalla | Artists, Kristin Bato . Martha Macias Anthony Sarmienta . Jennifer Stockett

#### **PHOTOGRAPHY**

Photography Director, Chris McCalla Photographer, SRC Photography

#### **ADVERTISING**

Advertising Representatives, Keri Roberson . Cherise Burnett Dustin Dauenhauer . Bryan Frye . Kelsea Locke . Linda Moffett Lori O'Connell . Linda Roberson . Joyce Sebesta

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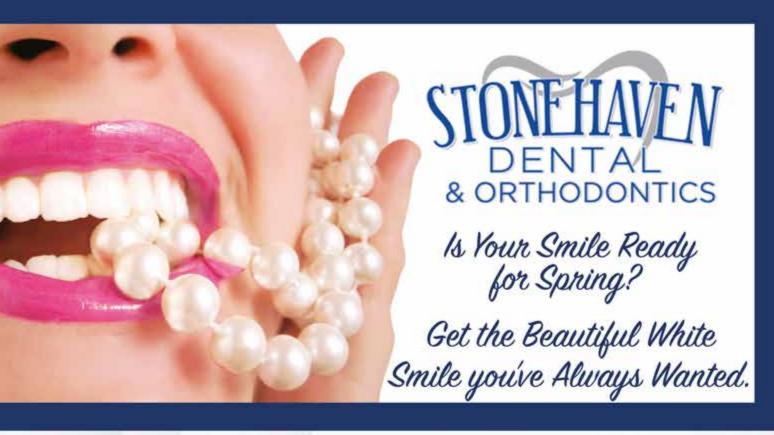
### ON THE COVER

With style, beauty and confidence, three Spartan wrestlers prove girls can compete well.

**Photo by** SRC Photography.

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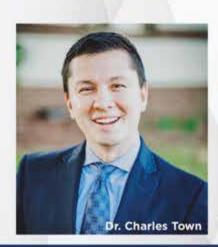




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# **EDITOR'S NOTE**

April showers ...

Well, you know the rest. April produces life after months of cold barrenness. From leafless trees, brown grass and chilly rain, something transforms. Nature revives itself, mostly without our help. We see signs of it everywhere. Life breaking free from the dreariest of times, at moments, captures our breath, leaving us in awestruck wonder. Flowers bloom. Trees bud. New grass appears — alongside pesky weeds. Among my personal favorites, bluebonnets line the highways and pop up in strange places.

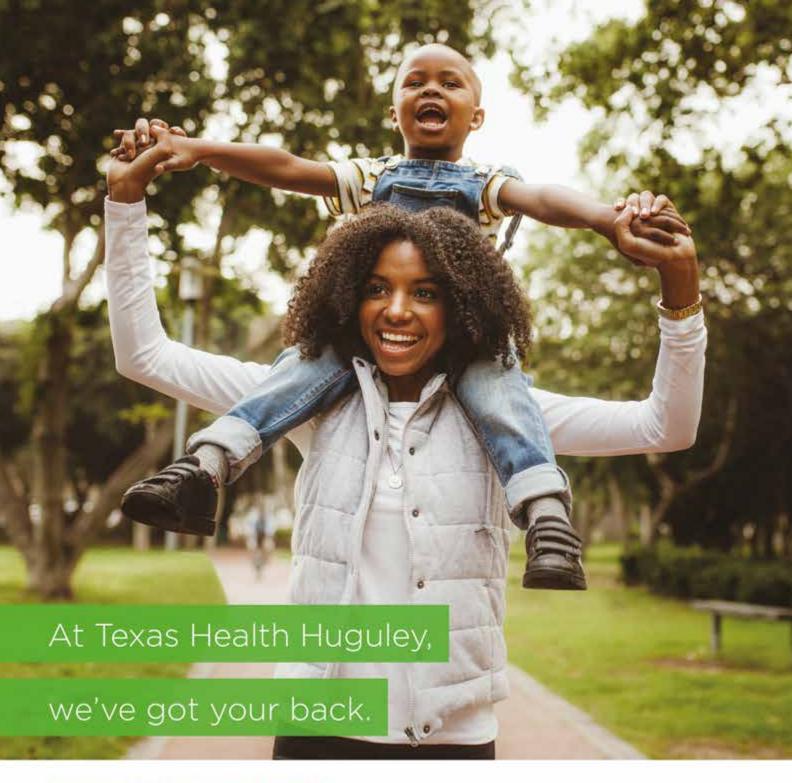
In the middle of harsh conditions, we don't always see what goes on below the surface. That's true in nature and in ourselves. With bitter winds howling, we hunker inside, wishing for spring. Waiting. Pleading. Praying. Then, suddenly, the sun shines a little brighter. Days extend their fingers longer, and life brightens.

For over a year, our spirits have endured a pandemic, and the vast majority found ways to move forward. We're resilient like that. In the same way, April brings hope of new life. We still hope for a brighter future. After all, isn't that really what we celebrate this month? Hope. Life. Faith. And in the middle of it all, we turn to those we love and celebrate again. As spring breaks, fresh and vibrant, may our hearts also arise from the coldness of winter and share hope and life with all we meet. Enjoy the frivolity of Easter eggs and bunnies, but never lose sight that it represents new life in the hearts of mankind.

Enjoy the Easter season!







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- · "LOOKS AND **FEELS GREAT"**
- MOTHER OF 8 & 10 YEAR OLD BOYS
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  - Nikki Hopps



- IN 6 MONTHS...
- LOST 58 POUNDS DROPPED A1C BY 2.2 POINTS
- GOT OFF METFORMIN COMPLETELY
- REDUCED WAIST SIZE BY 8 INCHES Ricki Ingalis



- LOST 50 POUNDS IN 3 MONTHS
- ENERGY WAY UP!
- OFF MULTIPLE MEDICATIONS
- MORE ACTIVE WITH HIS KIDS!
- Wes Adair



- LOST 50+ POUNDS
- THANKFUL FOR 1-ON-1 SUPPORT
- ENERGY GREATLY IMPROVED
- **NOW IN CONTROL** OF HER WEIGHT LOSS
- Cecilia LeBoeuf



- LOST 70+ POUNDS
- NO MORE KNEE PAIN
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- CAN NOW HIKE, GO UP & DOWN STAIRS. AND SWIM
- Mike Mabry



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In ancient Greece. wrestling took its place among favorite sports. Although ancient Spartans trained young girls, no one took them seriously, and most competitions between women meant nothing more than trivial entertainment. According to Encyclopedia Britannia, wrestling became an Olympic sport in 1896. Finally, in 2004, Women's Freestyle Wrestling entered the coveted realm of Olympic Games, gaining legitimacy. Yet in high school, few girls pursued local wrestling teams until several years ago when a group of girls in Burleson wanted to compete.

When you see Kenna Fabela, Trinity Reyna or Aubrey Yauger around town, you think, What beautiful young ladies. To varying degrees, they are the girliest of girls. Put them on a stage in a wrestling competition, and the warriors inside these three Burleson Centennial Spartans rise to the occasion.

Coach Casey Hudson said, "The female wrestlers are girly-girls, but not. They're soft-spoken and super nice, but they are also tough." When he arrived at Centennial High School as the wrestling coach, he didn't hesitate to form a girls' team. "I was originally kinda worried, but we have no drama. It's, 'Yes, sir. No, sir.' Just fantastic."

In a traditionally male sport, these three, and all lady wrestlers in Burleson, hold their own, confident in skills and determined during matches. That confidence spills over into life, and all three young ladies declared wrestling brought it to the forefront. Coach Hudson and their mothers confirmed the improved self-confidence.

Despite a shortened season for 2020-2021, Trinity, Kenna and Aubrey rank top in their weight classes. Like any student athlete, all three have distinctive reasons for joining the wrestling team

and where it may take them in the future. In most tournaments, the girls only wrestle females, but during practice and training, they have no problem taking down one of the male wrestlers.

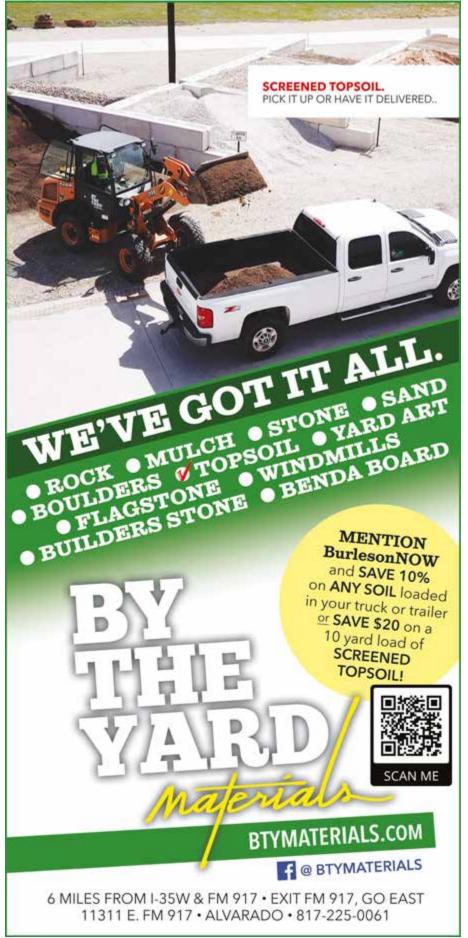
Trinity, a senior, admitted she first got interested in wrestling because of a former boyfriend. Extremely timid and soft-spoken, she knew nothing about wrestling. She quickly learned, becoming passionate about the sport. In her first year on the JV team, Trinity worked hard and qualified for regionals, moving to varsity the next year. "It's an individual sport, but the team works to make everyone better," she said. "Wrestling the guys is definitely a challenge — keeps me on my toes."

Her mother, Robyn Reyna, initially balked at the idea because she didn't want Trinity giving up engineering to wrestle. "She has scholarship offers," Robyn said. Instead, Trinity gave up softball to wrestle year-round. The combination of wrestling and engineering makes Trinity unique as a woman, but she values the lessons of wrestling. Along with engineering, Trinity has an AP English 4 class and looks forward to college. Whether she continues wrestling, she takes with her









discipline in eating, working out and mental areas. "Coach taught me things I'll never forget," she said.

Kenna pursued wrestling on a dare. Like Trinity, she became quite passionate. Her mother, Patty Welch, said, "At first, I said no. I was born to be a dance mom." When Kenna came home and announced she joined the wrestling team, Patty accepted it. "I was gonna be involved with whatever she was in."

Kenna, also a senior and honor student, likes the camaraderie. "Coach describes it as a family," she said. "Discipline is huge. I learned to understand my body, controlling my eating, drinking water and working out. Without wrestling, I don't think I'd know how to keep pushing."

Because of a wrestling injury, Kenna became interested in the medical field. Uncertain of her path, she probably won't continue wrestling. "The experience has been great, but I don't want to keep focusing so much on nutrition and workouts."

Aubrey began wrestling at the end of seventh grade. Now a junior, she wants to continue throughout college. She enjoys the individual aspect of the sport. "I was always aggressive, wrestling with my brother. Mom was a professional fighter," she shared.

Her mother, Alice Yauger, didn't necessarily want Aubrey to follow in her footsteps, but she and Aubrey's dad, Bryan, remain very supportive. "It really helped with her confidence. Team sports didn't work," Alice said. "It's up to her to get in workouts and enough sleep. I love it. The best gift you can give your child is self-defense. I've never seen her happier than when she's wrestling."

In the future, Aubrey sees herself as a





high-school wrestling coach. Although not opposed to a professional route, that isn't her goal. "It's more about inner confidence and strength," she said. "Don't listen to what a girl should or shouldn't do."

With supportive mothers and families behind them, these three girls set an example for others who decided to pursue a typically all-male sport. More than competent to compete, they remain beautiful young ladies in every sense of the word. These girls see Coach Hudson as a mentor, not only in wrestling but in discipline and pursuing life with passion. They quoted him, saying, "Once you've wrestled a 6-minute match, everything else in life is easy."

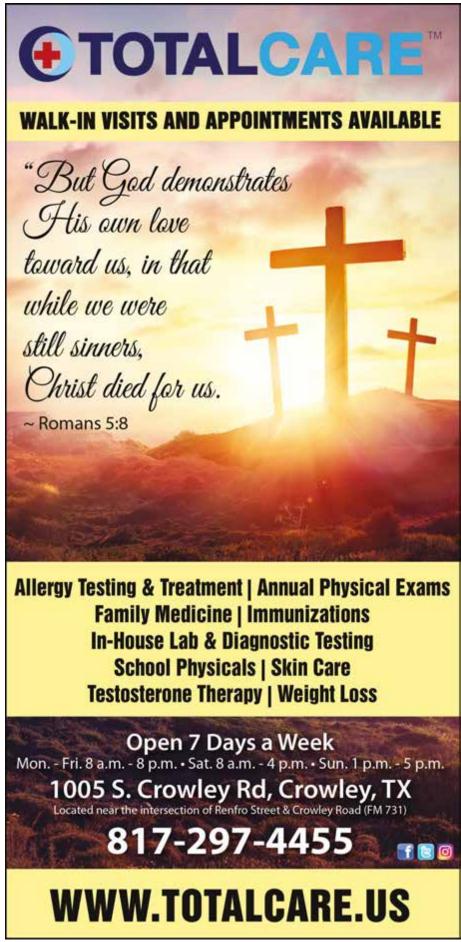
Patty commented, "They have to commit to any sport. With wrestling, they win, or they learn, but they overcome a challenge." All the moms agree on worrying less about their daughters going out into the world.

Kenna said, "If you do wrestling, it'll probably be the best thing you'll ever do."

Trinity encouraged other interested girls, saying, "If you're timid, don't have strength or courage, try it. Wrestling brings out the best in you. It builds confidence and brings you out of yourself."

Admittedly, Aubrey felt self-conscious when she started building muscle, especially when wearing dresses, but not now. "I should be confident in girl's clothes. Own it," she said. To those considering wrestling she declared, "Go for it. Don't hold back."

Wrestling depends entirely on an individual's commitment and skills. While the team supports every member, each must take responsibility for performance, unable to blame anyone when they lose. The character-building skills they take away might indeed be the best part of this sport. NOW







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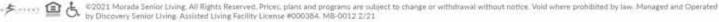
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# Welcome Spring With an EUSTEI WHO WITH AN WITH AND WITH A

— By Angel Morris

From florals to faux eggs, decorating an Easter wreath is a simple way to usher springtime into your home. While tulips and speckled eggs are traditional Easter wreath add-ons, you can count on DIYers to get more creative and craftier. Whether emphasizing the religious significance



or using all things bunnythemed, an Easter wreath lets you put your stamp on the holiday, which falls on Sunday, April 4, this year.



If you don't want to invest in a premade wreath but you're a first-time DIYer, starting with a simple grapevine wreath may be for you. These can be pricey at craft stores, but they can often be found for half the price, or cheaper, at yard sales and thrift stores.

Very few supplies are needed to transform a grapevine wreath into a holiday- or season-specific piece of decor. Dollar stores have really upped their floral game, and are a great place to find everything you need to create your springtime door decor.

#### **Supplies:**

- · Grapevine or willow wreath in the size of your choice
- $\cdot$  Florist wire (Pipe cleaners or bread ties work, too.)
- · Wire cutters
- $\cdot$  2-3 faux flower stems (Tulips are used here, but any spring flower will do.)
- $\cdot$  2-3 stems of smaller flowers or greenery (optional)
- · Item to cover where stems meet (A wicker butterfly is shown, but you could use a bird's nest, a crafted bunny, a wooden monogram letter, a bow made of ribbon, etc.)

#### Easy Approach —

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Starting at the right (where our image shows a butterfly), space your stems one by one curving around the wreath toward the opposite side.

**Step 2:** Use your floral wire to secure each flower to the point where you want it to sit on the wreath. (Some crafters prefer hot glue to floral wire. It's your choice, but using wire allows you to swap out florals from season to season with the same grapevine wreath as your base!)

**Step 3:** Fill in vacant spots with your second set of stems, using leafy greenery to help hide floral wire.

Step 4: Place your focal item (wicker butterfly, bow, monogram letter, etc.) at the point where your floral stems first meet on the right side. Secure it with floral wire or hot glue.

**Step 5:** Wrap a wire or pipe cleaner into a circle atop the back of your



grapevine wreath, twisting the ends together through a good portion of the wreath's stems for security. This is how you will hang your wreath, either to a nail, hook or wreath hanger made for doors.

**Easier Approach** — A twist on this first approach to an Easter wreath is to simply encircle the top of your grapevine wreath with your tulips, leaving no portion of your wreath uncovered. In this case, you follow the same steps, but completely cover the wreath's surface.

While there is no need for a ribbon or decorative item to cover where the floral stems started, anything could still be added directly atop the flowers, if desired. Speckled craft eggs could easily be tucked around this type of wreath, either by gluing them to floral sticks, or gluing them directly to the wreath itself.



**Easiest Approach** — Perhaps the simplest take on a springtime Easter wreath is to take your two stems of flowers, without cutting each flower off, and place them end to end, so that the stems overlap and one set of buds is on the right, the other on the left.

Secure the stems atop one another with one wire, then secure the entire bundle to your grapevine wreath with a second wire. Bend the stems so the flowers are angling around the wreath, and cover the stems with a large bow. You can even just secure a single set of stems to your wreath for the simplest approach of all.

There are, of course, countless options when it comes to ringing in spring with an Easter wreath that depicts your style. Whimsical or modern, religious or secular, have fun creating a minimalist or over-the-top crafty piece that says, "Happy Easter, Happy Spring" to you! NOW







**BusinessNOW** 

# JM Family Wellness Center

- By Lisa Bell

JM Family Wellness Center 821 SW Alsbury Blvd., Ste. E Burleson, TX 76028 (817) 439-9081 www.jmfamilywellness.com

Hours: Monday-Friday: 9:00 a.m.-6:00 p.m. Saturday: 10:00 a.m.-3:00 p.m.

A longtime dream for Dr. Misty Stasney, a nurse practitioner with her doctorate, came true on August 17, 2020. In the middle of a pandemic, she opened JM Family Wellness Center, alongside five other women who all share her passion to serve the Lord and the community. "In March, COVID-19 shut down my previous position, and patients called me, crying, with nowhere to go," she said. "I said, 'OK, Lord. This is it."

"It's been Misty's dream forever," said Dr. Amanda Akin, DO and medical director. "She's the driving force." The two women

worked together at a local ER. Misty admired Dr. Akin's interaction with patients, and they became close friends.

Misty admitted she had a lot of help from the other members of her staff, including her daughter, Jamie Stasney, also a driving force. Joining the team as a licensed esthetician at only 20, a partnership with her mother made sense. She is also a phlebotomist and covers the front office. Dr. Akin said, "Jamie is passionate about what she does."

Christina Applegate, also a nurse practitioner, brings years of experience. A bilingual medical assistant, Alondra Zamora, rounds out the group helping with all patients, but especially those with limited English skills. Delaina Sanchez is the glue behind the scenes as the office and billing manager.

All six women passionately agree with the center's mission — to serve the community with affordable and accessible health care and holistic medicine. "It's a huge need in this day and age," Christina commented. "We try to do what we can in one visit." They may see an entire family during the same visit.

JM Family Wellness Center offers family care that covers

issues specific to women, children, teens and more. They currently offer rapid COVID-19 testing. In addition, the center makes telemedicine available to patients. Services available include wellness visits, sports and school physicals, treatment of minor illnesses, lab work, well-woman exams and general adult medicine. Partnerships with other health providers offer needed services at the lowest costs possible and connections with labs, imaging and more.

All six women passionately agree with the center's mission – to serve the community with affordable and accessible health care and holistic medicine.

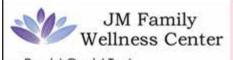
The center already provides pap smears, lab tests and general care for diabetes, hypertension, asthma and general overall health care. Soon, Misty wants to include hormone therapy and transformation rather than mere weight loss. The group believes in a holistic approach to wellness. In addition, they plan to offer IV hydration and BOTOX.

JM Family Wellness Center also plans to designate a month to local nonprofits, donating a percentage of their income to it. A local resident, Dr. Stasney wants to support organizations in Burleson.

This group of women attributes their great working relationships to common goals and mindsets, honest communication and strong friendships. "It's exciting that we are all centered in Christ. All healing ultimately comes from God," Dr. Akin said. "The clinic is my little happy place."

Christina once believed she'd do international missions. Then she discovered her true mission existed locally. "Health care can be stressful, but I have no anxiety going to work," she shared.

Dr. Stasney agreed, "I just want to give and serve the Lord." Everyone at JM Family Wellness Center feels the same, as each does her part to make the clinic a joyful place for herself and the patients. NOW



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# **Around Town**



Amy and Stacey make a great team at

# Burleson Bakery.

The Funderburk family enjoys a walk on a spring day.

# Zoomed In:

# Amanda Cadenhead

By Lisa Bell

Preparing for Library Loot takes time, but Amanda Cadenhead, community engagement librarian, works diligently to hand out packages the second week of the month. Created for children, teens and adults, this program provides a collection of materials, gathered for those who register. "Loot" may consist of books, audiobooks, DVDs, graphic novels and more. "In March, we added a package of colored pencils and coloring sheets," Amanda said, cutting apart adult coloring pages. "Using preferences, we prepare the packs for easy pickup." The program provides a fun way to stay involved while minimizing time in the Burleson Public Library, keeping patrons safer. The librarians continue innovative ways to provide services without increasing risk. Check out their website to learn about other programs available.



Students sign commitments during BISD's signing day. Congratulations to all.



Burleson Area Chamber of Commerce members return to in-person, afterhours networking.



Without electricity, the Cook family stays with Grandma JuJu and makes snow ice cream.



Kerri Edwards and Travis Blackwood share friendship, while searching for the best spot to fish.







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Holly Hodge experienced southern cooking as a way of life, especially at church potlucks. She still appreciates cooking alongside her mom and twin sister, Dolly. "As a certified holistic health, wellness and weight-loss coach, I understand the importance of what we put in our bodies," she said. "I have chosen a gluten free/keto lifestyle for over five years, and I genuinely enjoy the foods I cook."

At 16, Holly's experiences revealed to her the importance of paying attention to detail in cooking. Wanting to make something special for her dad, she plopped an entire two-pound package of hamburger meat in the pan. "Boy, was it hard to flip over," she said, laughing. "We all ate it by ripping pieces off, trying to make individual burgers." NOW

## **Cowboy Casserole**

From Dolly Payne.

- 1 16-oz. pkg. dried pinto beans (may substitute 2 15- to 16-oz. cans)
- 1 lb. ground beef
- I small onion, chopped
- 1 10-oz. can Ro-Tel tomatoes Salt. to taste
- 1. Cook pinto beans according to package directions.
- 2. Brown beef and onion; drain grease. Add tomatoes.

- 3. Mix beef mixture with beans; add salt as desired.
- 4. Serve with combread.

#### Low-carb Cornbread

This low-carb cornbread tastes like the real thing — fluffy and moist, with a slightly sweet taste.

- 1 1/2 cups almond flour
- 1/3 cup Swerve confectioners' sugar
- I tsp. baking powder
- 5 Tbsp. unsalted butter, melted (plus more for greasing the dish)

- 4 large eggs I tsp. vanilla extract Sugar-free syrup (optional) Scallions (optional) **Cheddar cheese (optional)**
- 1. Preheat oven to 350 F. Grease sides of an 8x8-inch dish; line bottom with parchment paper.
- 2. Whisk almond flour, sugar and baking powder in a mixing bowl until well mixed.
- 3. In a separate bowl, beat butter, eggs and vanilla extract using an electric hand mixer until combined, about 30 seconds on low speed.
- 4. Add dry mixture to the bowl with the wet mixture; beat until incorporated and smooth. Batter should be thick.
- 5. Transfer batter to the prepared baking dish; use a spatula to spread batter to edges and corners and to smooth surface.
- 6. Bake at 350 F until an inserted toothpick comes out clean, about 25 minutes. Let cool in dish 5 minutes.
- **7.** Slide a knife around edges to release sides. Cut into 9 pieces; serve warm or save for later.
- **8.** Drizzle with sugar-free syrup to dial up the sweetness. Add scallions and cheddar for a savory version.

#### Low-carb Chili

Makes 6 servings.

I lb. ground beef, plus extra
Salt, to taste
Pepper, to taste
Garlic, to taste
I/2 large onion, chopped
I large red bell pepper, chopped
I 8-oz. can tomato paste
3/4 cup water
2 sticks celery, chopped
I large tomato, chopped
I tsp. cumin
I 1/2 tsp. chili powder
Toppings of your choice

- **I.** Brown meat in a frying pan until halfway done. Season with salt, pepper and garlic.
- **2.** Add onions and peppers; continue cooking until meat is done.
- **3.** In a large pot, combine meat mixture, tomato paste, water, celery, tomato and spices.
- **4.** Bring to a boil. Lower heat; simmer 1-2 hours, stirring occasionally.
- **5.** Serve topped with shredded cheddar cheese, sour cream, jalapeño or anything else you like.

### Keto Cookie Dough Fat Bomb

Makes 16 cookies. Serving size: 1 cookie.

1/4 cup butter, room temperature2 oz. cream cheese, room temperature

1/4 cup erythritol sweetener

1 cup almond flour

1/8 tsp. salt

1/2 tsp. vanilla extract

1/2 cup sugar-free chocolate chips

- **I.** In a mixing bowl, stir the butter, cream cheese and sweetener together until smooth.
- **2.** Add almond flour, salt and vanilla; stir well to combine. Fold in chocolate chips.
- **3.** Scoop into 2-Tbsp. size balls and chill.

# One-pan Keto Green Chili Chicken

Makes 4 servings.

1 Tbsp. butter

1 Tbsp. minced garlic

I jalapeño, seeded and chopped

I cup unsweetened almond milk

1/4 cup heavy cream

3 oz. cream cheese

1 4-oz. can green chilies

1 tsp. chili powder

1 tsp. cumin

1/2 tsp. onion powder

1 1/2 cups shredded cheddar cheese (divided use)

4-5 cups cooked and shredded chicken





- **1.** In a 12-inch skillet, over medium heat, melt butter. Add garlic and jalapeño; sauté for 30 seconds.
- **2.** Add almond milk, heavy cream, cream cheese, undrained green chilies, spices and I cup cheddar cheese.
- **3.** Whisk the mixture until it is smooth and the cheese is melted.
- **4.** Stir in shredded chicken, and top with remaining cheese. Reduce heat to low; cover and simmer 10 minutes.

#### **Keto French Toast Muffins**

1/2 cup almond flour
1 tsp. cinnamon
Pinch of nutmeg
1/2 cup Swerve confectioners' sugar substitute
2 tsp. vanilla extract

1/4 tsp. almond extract

5 eggs

3 Tbsp. butter, melted

1/4 cup heavy whipping cream

- 1. Preheat oven to 350 F.
- **2.** Combine all ingredients together in a mixing bowl; blend on high until smooth and well combined. *Note: Batter will be thin and watery and will firm up when cooked.* Finished product has the consistency of a

thick custard or bread pudding.

- **3.** Pour batter into 8 very well-greased sections of a muffin tin; bake 20-25 minutes until browned well on top and completely cooked through.
- **4.** Serve with keto-friendly syrup for dipping if desired.

# Easy Keto Cheddar Biscuits Makes 12 biscuits.

.......

2 eggs 1/2 cup sour cream

4 Tbsp. melted butter

1 1/2 cups almond flour

1/2 Tbsp. baking powder

1/4 tsp. salt

1/2 tsp. garlic powder

1/2 tsp. Old Bay seasoning (optional; may substitute with an additional

1/4 tsp. salt)

I cup cheddar cheese, shredded

- **1.** Preheat oven to 400 F; line a baking sheet with parchment paper.
- **2.** In a medium-size bowl, mix all ingredients, except for cheese, starting with wet ingredients.
- **3.** Fold 2/3 cup shredded cheese into the dough, setting aside 1/3 cup for top of biscuits.

- **4.** Place 12 blobs of dough on the baking sheet; bake for 8 minutes on the center rack of oven.
- **5.** Remove from oven; evenly top each biscuit with remaining cheese. Place back in oven for 3-5 minutes until they start to turn golden brown.
- **6.** Enjoy. Place any leftovers in the fridge for up to 3 days; reheat in microwave for 15-20 seconds.





# Victoria **Johnson**

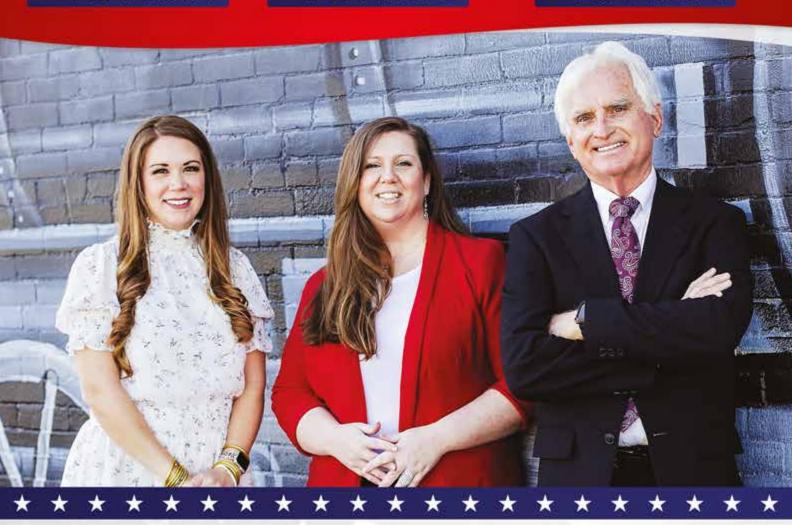
★ For Place 1

# Katherine

★ For Place 3

# Dan Reading McClendon

★ For Place 5





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# THE DALLAS MYSTIQUE

- By Bill Smith

Underneath the familiar 10-gallon hat was a genuine Texan, not just a character from Hollywood groomed for his world-famous role. Larry Hagman was born in Fort Worth, Texas, on September 21, 1931, and though having spent some of his childhood in California living with his grandmother, he returned to the Lone Star State and graduated from Weatherford High School.

Larry maintained ties with his hometown even after his most well-known character was in syndication. Former Parker County Judge Mark Riley recalled the actor returning to Weatherford in the mid-1980s to speak at a benefit for the local library. "Some years earlier, while I was working for a radio station, I received a large picture of Larry Hagman. I really did not know who sent it or why I kept it for so long, but I knew my mother was a huge fan of Hagman. Mom was in the hospital and could not attend the event, and the word we had from Hagman's advance crew was that he was not going to do interviews nor sign autographs. However, I mentioned having the picture and wanting to get it signed for Mom to one of the organizers of the event. He told me to bring the picture and keep it at my table, and he would see what he could do. To make a long story short, Hagman autographed the picture To Maurine, Love you, Larry Hagman. I was able to put the picture in Mom's room, and it was the best medicine she ever had. We don't always see that side of celebrities like Larry Hagman."

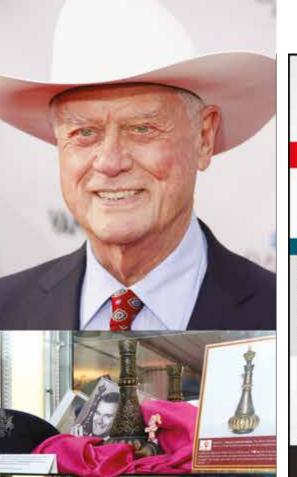
Like most thespians, Larry took many small roles in theater and television before his rise to stardom, but being the son of Mary Martin, aka "Peter Pan," certainly appears to have assisted his career. They acted together during a long run of *South Pacific* in London before he joined the United States Air Force, where much of his activity included producing and directing others in live military productions.

There was even a starring role in the popular soap opera *The Edge of Night* that Larry commanded for two years, before his widely recognized role as the bumbling astronaut Major Anthony Nelson in *I Dream of Jeannie*, where he starred alongside Barbara Eden. The sitcom drew consistently high ratings for five seasons. In the first episode, the marooned astronaut finds Jeannie in a bottle, and though their relationship is one of master and genie, the sexual tension between the two characters was thick, and many agree that the tension was the glue that held the show together. After the characters Nelson and Jeannie married during the fifth season, the tension was lost, and ratings fell to the demise of the program.

We probably never consider Larry as a vocalist, but many of his stage performances were musicals, and he appeared in the TV version of the musical *Applause* with the great Lauren Bacall. That was in 1973, but the role that brought Larry his greatest success and fame was to come along five years later, when the hugely popular prime-time drama *Dallas* debuted.

Each episode began with the popular theme song that everyone can hum along with and a view of Dallas as a helicopter panned the iconic Reunion Tower and the rest of the Dallas skyline. Perhaps the idea of playing a villain like J.R. Ewing appealed to him because it was contrary to his nature. If the rest of the world did not already believe everyone in Dallas, Texas, wore big hats and western boots, lived on a ranch and owned oil wells, they soon did due to the addiction to the highest-rated television show of the era.

Other television shows drew high ratings by ending a season



with a cliffhanger — The Fugitive from the 1960s for instance — but none captured the attention of the world like "Who Shot J.R.?" We were left wondering whether J.R. lived or died, and, of course, wondering who pulled the trigger in the final episode of Season 3. Larry was negotiating his contract with the producers of *Dallas*, and reportedly consideration was given to using the "shot" as a way of writing him out of the script. Negotiations worked out, and J.R. appeared in the final minutes of the first episode of Season 4, but we did not find out who shot J.R. until the fourth episode of the season.

While the J.R. Ewing character may have been the stereotypical Texan to much of the world, Larry Hagman may have been his alter-ego, based on the charitable nature he exhibited later in his career. There are conflicting accounts about where his ashes were spread after his death and cremation in Dallas in November 2012, but at least some of his fans believe they are all over Southfork Ranch. NOW

Sources: IMDb.com larryhagman.com

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# **Crossword Puzzle**

	1	2	3			4	5	6		
7		t		8	7	9	T		10	
11	1	t	t	+		12	1		$^{+}$	13
14	T	t	t	+	15				t	t
			16	t	$\vdash$			17	t	t
18	19	20	Т	+	T	21	22		$\vdash$	t
23	$\vdash$	t			24	$\vdash$	$\vdash$			
25	T		26	27		$\vdash$		28	29	30
31	1			T		32			1	T
	33	$\vdash$	$\vdash$	T		34	$\vdash$		1	T
		35	+	+		5	36		+	

Solutions on page 44

Crosswordsite.com Ltd

### Across

- 1 Nickname
- 4 Engine speed measure
- 7 Kind of farm
- 9 Panache
- 11 Much the same
- 12 B vitamin acid found in spinach
- 14 Lebensraum, a driver of Nazism
- 16 Zilch
- 17 "The Man --- Would Be King" (Kipling)
- 18 They precede deliveries
- 23 Slender pussycat
- 24 John or Jane could be anyone
- 25 Vision tester
- 31 Largest Flickertail State city
- 32 Thomas Edison, the Wizard of --Park
- 33 Folk tale
- 34 Dissipate
- 35 Ready
- 36 Enterprise's Captain kept one

### Down

- 1 Pickle parlor
- 2 Such as Yale or Princeton
- 3 Sweltering
- 4 Zebras
- 5 Stone-in-pond sound
- 6 Formerly Nyasaland
- 7 Amigo
- 8 Big Red?
- 10 Corner of the market
- 13 Corporate big cheeses
- 15 Forest open space
- 18 College "Teach"
- 19 Settle up
- 20 Unspeaking actors
- 21 Possible response to "Who did this?"
- 22 Grain
- 26 Big brute
- 27 Pyrenean peak
- 28 Keen on
- 29 Slimy pest
- 30 Eclipse

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### Sudoku Puzzle

Easy Medium 

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Solutions on page 44









4/1

### **Bunny Storytime:**

Join the Burleson Public Library for a fun children's time. Free, but registration is required. Check the link for additional events during April. 10:00 a.m., City Hall, 141 W. Renfro. www.burlesontx.com/1539/ Story-Time.

4/7

### **National Walking Day:**

Enjoy The BRiCk's outdoor walking track, and participate in our first National Walking Day. All participants receive a free goodie bag with healthy items. All ages welcome. Free.

6:30-7:30 p.m., BRiCk, 550 NW Summercrest Blvd. www.burlesontx.com.

4/12

### Women's **Self-defense Class:**

Ages 12 and up. Hands-on free class equips women with personal protection techniques. 7:00-8:00 p.m., BRiCk, 550 NW Summercrest Blvd. www.burlesontx.com/2149/ Burleson-Recreation-Center-Brick.

4/19

**Adult Virtual Book Discussion Group:** 

loin a discussion on Alex Trebek's book The Answer Is ...: Reflections on My Life. 5:00 p.m. via Zoom. For more details, visit www.burlesontx.com/2214/ Virtual-Programs-for-Adults.

### 5/20

### **BACC Golf Tournament:**

Hosted by the Burleson Area Chamber of Commerce, this is the perfect time to network with other businesses and meet potential customers. \$600/team. Check-in: 7:30 a.m.; Shotgun Start: 9:00 a.m., Southern Oaks Golf Course, 13765 Southern Oaks Dr. For more information, visit www.burlesonchamber.com.

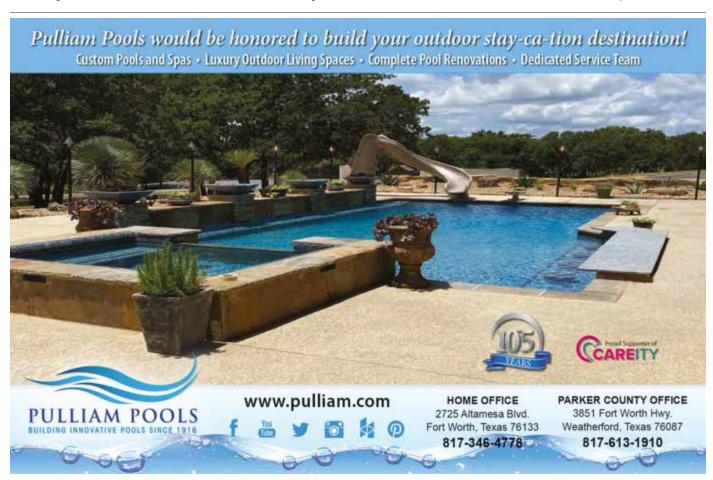
### **Tuesdays**

### Virtual Craft Time:

Geared toward teens, Burleson Public Library shares crafts easy to make at home. Links to past crafts available on the library website.

10:00 a.m., Facebook live. For more information, visit www.burlesontx.com/1694/ Virtual-Programs-for-Teens.

Submissions are welcome and published as space allows. Send your current event details to lisa.bell@nowmagazines.com.











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# Crossword Sudoku Solutions



### Easy

1	4	7	2	8	9	3	6	5
						4		
						1		
8	5	3	9	4	7	6	2	1
6	2	1	8	5	3	9	7	4
						5		
3	8	6	4	2	5	7	1	9
						2		
4	7	2	1	9	6	8	5	3

### Medium

1	7	6	9	3	8	5	4	2
5	8	9	6	4	2	7	3	1
4	2	3	5	7	1	6	8	9
					5			
					7			
6	1	7	3	2	4	8	9	5
7	9	2	4	8	3	1	5	6
8	6	5	2	1	9	3	7	4
					6			



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