

CEDAR HILL | DESOTO | DUNCANVILLE

# SouthwestNOW

M A G A Z I N E

APRIL 2020

## Learning Flames

Cedar Hill  
High School  
prepares students  
to fight fire

## Wrapped Up In Fashion

Florence Okonkwo  
sews modern tradition

In the Kitchen With  
Alex Goss

Also inside:  
Scavenger Hunt

Featured Business:  
JP and Associates, Realtors

PSNRT STD  
U.S. POSTAGE  
PAID  
DALLAS TX  
PERMIT #3450

.....ECRWSS EDDM.....  
Postal Customer

2020-2021



# New Student Registration Opens Wednesday, April 1

Visit [chisd.net/register](https://chisd.net/register)

Families with students in grades K-12 who will be new to Cedar Hill ISD must register their scholar!





**DESOTO**  
INDEPENDENT  
SCHOOL DISTRICT  
**EAGLE EXPRESS**  
**TOGETHER WE WILL**

APRIL 2020

## **DeSoto ISD Closed Indefinitely Due to Coronavirus**

To slow the spread of the coronavirus disease (COVID-19) in our community, all DeSoto ISD schools will close indefinitely.

This action follows advice from the Dallas County Health and Human Services department (DCHHS).

We recognize the significant impact this extended closure will have on the entire community, especially for families who depend on the district for critical services.

We have designed and published distance learning plans online for parents to facilitate with their children during campus closures. This plan includes tech-based and paper-based learning activities for all students at every grade level available in both English and Spanish.

DeSoto ISD will continue meal service to students Monday through Friday from 9am to 1pm at The Meadows Elementary, Frank D. Moates Elementary and DeSoto High School.

A food truck will be available to distribute meals Monday through Friday from 9am to 11am at Woodridge Elementary and from 11am to 1pm at Amber Terrace.

Find information regarding distance learning, meals and other important district updates at [www.DeSotoISD.org/CoronaVirus](http://www.DeSotoISD.org/CoronaVirus)

## **2020-2021 Enrollment Available Online**

Following the recommendation of public health officials and the Texas Education Agency, all events and activities have been suspended.

Additionally, all pre-kindergarten and early childhood round-up enrollment events have been cancelled and will transition to a fully- digital online process.

More information will be available at [www.DeSotoISD.org](http://www.DeSotoISD.org) regarding PK2 through 12th grade enrollment opportunities for the 2020-2021 school year.

## **Testing for SAT, ACT, and KJ Postponed; STAAR Waived**

Parents and families who submitted applications to the Katherine Johnson academic admissions-based program are required to undergo test-based assessments as a prerequisite used to determine acceptance.

All testing dates have been postponed. Additional information will be available on the campus' website regarding a revised testing schedule.

College entrance exams like ACT and SAT have been postponed. Gov. Greg Abbott issued a waiver for spring STAAR testing for students across the state.

**#EagleStrong**  
**FOCUSED ON THE FUTURE**

[WWW.DESOTOISD.ORG](http://WWW.DESOTOISD.ORG) | 972.223.6666  
200 E. BELT LINE RD.  
DESOTO, TX 75115

# CONTENTS

## 8 LEARNING FLAMES

Firefighter Jason Patrick and student Philip Lotaire blaze a new trail at CHHS.

## 14 WRAPPED UP IN FASHION

Fabric becomes art in Florence Okonkwo's hands.

## 30 EGGSTRAVAGANT CREATIONS

Brighten up your Easter with the onion skin dyeing technique.



18 BusinessNOW

20 Around TownNOW

24 CookingNOW

*Publisher, Connie Poirier | General Manager, Rick Hensley*

### EDITORIAL

*Managing Editor, Becky Walker | Southwest Editor, Adam Walker  
Editorial Assistant, Rachel Rich | Writer, Angel Morris  
Editors/Proofreaders, Lisa Bell . Sally Fuller . Virginia Riddle*

### GRAPHICS AND DESIGN

*Creative Director, Chris McCalla | Artists, Kristin Bato  
Martha Macias . Anthony Sarmienta . Jennifer Stockett*

### PHOTOGRAPHY

*Photography Director, Chris McCalla  
Photographer, Shane Kirkpatrick*

### ADVERTISING

*Advertising Representatives, Dustin Dauenhauer . Bryan Frye  
Cherise Burnett . Kelsea Locke . Linda Moffett . Lori O'Connell  
Steve Randle . Keri Roberson . Linda Roberson . Joyce Sebesta  
Melissa Stacy*

*Billing Manager, Angela Mixon*



## ON THE COVER

*You can figure firefighters will help — today and tomorrow.*

**Photo by**  
Shane Kirkpatrick.

*SouthwestNOW is a NOW Magazines, L.L.C. publication. Copyright © 2020. All rights reserved. SouthwestNOW is published monthly and individually mailed free of charge to homes and businesses in the Cedar Hill, DeSoto and Duncanville ZIP codes.*

*Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 283-1170 or visit [www.nowmagazines.com](http://www.nowmagazines.com).*



# Prekindergarten Round Up



## ENROLLMENT

Pre-K Round Up  
April 18 & 20-21, 2020

Acton Elementary  
7095 W. Wheatland Rd.  
Dallas, Tx 75249

Time:  
April 18  
8:30 am - 3:30 pm

April 20-21  
5:00 pm - 8:00 pm

Students must be 4 years old on  
or before September 1, 2020.

## QUALIFICATIONS

Must meet at least one of the listed  
criteria:

Economically Disadvantaged

Limited English Proficiency

Homelessness

Foster Care  
(currently or formerly)

Child of an Active Member of the  
Armed Forces or Killed/Injured  
During Active Duty

Child is a Dependent of a  
Star of Texas Recipient

## DOCUMENTATION

Items must be presented  
at time of registration:

Current Utility Bill

Guardian's ID

Student's  
Birth Certificate

Student's Social Security Card  
(optional)

Student's Up-to-Date  
Immunization Record

Proof of Income  
for Free Pre-K

Visit [www.duncanvilleisd.org/Pre-K](http://www.duncanvilleisd.org/Pre-K) for more information.

## EDITOR'S NOTE



Adam

Adam Walker  
SouthwestNOW Editor  
adam.walker@nowmagazines.com  
(469) 285-2008

*April showers bring May flowers ...*

Well, in Texas, they come earlier. The crocuses in the backyard bloomed during the warm days in January. The paperwhites and jonquils bloomed in February. And the irises come earlier, too. But whenever they come, they make me think of Auntie.

That's how we all knew my grandmother's oldest sister. To her younger sisters, she was simply known as Sister, but to the rest of us, she was Auntie. I had plenty of other aunts: Aunt Dot, Aunt Sue, Aunt Rosie, Aunt Etta May. Auntie had a first name, but no one called her Aunt Mada. She was just Auntie — and she loved flowers.

I spent hours following her around her greenhouse, her yard and her house, listening to her tell me about the different blooming things that inhabited every pot she could fit in a corner or shelf. She knew how much water, light and food each one of them needed, and I loved listening to her. Sinningias, African violets and lantanas, but also philodendrons, elephant ears and pineapple plants always make me think of her.

She's been gone for well over 30 years, but I still think of her often — especially in October, when both our birthdays come — and any time green growing things catch my eye. Her love for plants is a part of me. And that's a good thing.

*May good things grow in your life!*

**HOP IN FOR AN EGG-CELLENT SMILE!**

**Kids@Heart**  
PEDIATRIC DENTISTRY

450 North Highway 67 - Suite 100  
Cedar Hill, Texas 75104  
(972) 291-5720

Who's Your Kid's Dentist?

www.kidsatheartdentist.com  
f kidsatheartpediatricdentist  
@\_kidsatheart\_dentist



CANALES  
FURNITURE

15 YEARS  
IN BUSINESS

# Duncanville

## SPRING SPECTACULAR SAVINGS



WEST RIVER  
**\$1599**  
~~\$2,682.30~~

BEDROOM SET 4PC  
QUEEN BED  
+ DRESSER  
+ MIRROR  
+ NIGHTSTAND



OLSBERG  
**\$1199**  
~~\$1,181.19~~

LIVING ROOM  
SOFA + LOVESEAT



KAVARA  
**\$599**  
~~\$969.30~~

DINING ROOM  
TABLE  
+ 8 BARSTOOLS

VISIT ANY OF OUR 15 LOCATIONS IN DFW

BRING THIS AD AND RECEIVE

**\$100 OFF**

Your minimum purchase of \$1099 required  
Offer valid ONLY at our New Duncanville Location  
VALID THROUGH APRIL 30<sup>TH</sup>, 2020

FINANCING  
OPTIONS  
Available

18 MONTHS No Interest



NO CREDIT Needed



[WWW.CANALESFURNITURE.COM](http://WWW.CANALESFURNITURE.COM)



**DUNCANVILLE**

7320 S. COCKRELL HILL RD  
DALLAS TX 75236  
(214) 579.9561



CANALES  
FURNITURE



# HILLCREST AT HOME

## Join us for Church Online

Even during uncertain times when we are experiencing social distancing and even quarantine, the church is still active and engaged!

Join us for worship each Sunday at 10:30 AM. Experience uplifting worship and a message of faith and hope as we navigate life together.

- **English** at 10:30 AM  
[hillcrestbc.com/live](https://hillcrestbc.com/live) or [facebook.com/hbcministries](https://facebook.com/hbcministries)
- **Español** a las 10:30 AM  
[hillcrestbc.com/vivo](https://hillcrestbc.com/vivo) o [facebook.com/hillcrestespanol](https://facebook.com/hillcrestespanol)

 [hillcrestbc.com](https://hillcrestbc.com)

 [hbcministries](https://facebook.com/hbcministries)

 [hillcrest\\_bc](https://instagram.com/hillcrest_bc)



# Easter

AT HOME

SUNDAY, APRIL 12 • 10:30 AM

Join us for Easter online!  
[hillcrestbc.com/easter](https://hillcrestbc.com/easter)

 **Hillcrest** BAPTIST CHURCH  
Mike Simmons, PASTOR

265 W. Pleasant Run Road • Cedar Hill, Texas 75104  
office, 972.291.3521 • website, [hillcrestbc.com](https://hillcrestbc.com)

# Don't be Afraid of the Dentist.



Sedation  
Available

972-617-3322  
www.FearlessDental.com



We offer full smile makeovers, crowns, bridges, implants, dentures, root canals and extractions. Complimentary second opinions.  
Se habla español.



DENTURE



SNAP-ON  
DENTURES



FIXED  
DENTURES

For self paying patients, starting at:

13K/Arch

17K/Arch



Limited Time Offer | Financing Available  
Same Day Procedures Made Possible With Sedation

## Smiles for Vets

PROGRAM

Join us and provide critically  
needed dental care to U.S. Veterans  
Significant implant discounts for U.S. Vets



101 Austin Boulevard · Suite 100 · Red Oak, TX 75154

*Cedar Hill ISD is doing something new at the high school. They're partnering with firefighters like Jason Patrick to provide students like Philip Lotaire with a path to service under some of the most grueling circumstances in which we call on our public servants. "This is a joint effort between the fire academy, the high school and El Centro Community College," Jason shared. "We're part of Cedar Hill High School's Career and Technical Education program. Students who finish this three-year program will have triple credit — for high school, 18 hours of college credit and a basic firefighter's certificate."*

Jason has years of experience educating the public through outreach for the fire department and with the Boy Scouts' Explorer program. "The Explorer program is all about providing hands-on experience. But I also work with the Life and Fire Safety program and the Fire Clowns, so I already had experience working with youth. When Cedar Hill asked me if I was willing to help with this program, I jumped on board!"

— By Adam Walker

Despite his experience working with youth, Jason has found that the classroom is a whole new world. "It's a different environment, and I'm still learning how to be a better teacher. There are six of us from the fire department, all of us shift firefighters, including two drivers and one captain, who are teaching these students. We have 17 students — seven females and 10 males — in the program right now, and this is just the second semester it's existed."

Senior, Philip Lotaire, is one of those students. "I've always been an ambitious person. I love a challenge. I'm all about difficult goals. All of us in this program are. I've known half of them for three to four years, some of them since we were in diapers! I want to be a doctor, either a neonatal diagnostician or an ER doctor, and this program will help me get there." Philip is an AP student who is on the football team, a powerlifter and competes in shot put and discus, so a program that is both physically demanding and academically rigorous is right up his alley.

It probably comes as no surprise that students in this program have to do a lot of physical work. "Tuesdays are our PT days, when we do physical training," Jason explained. "We run, do push-ups, jumping jacks, burpees, drag hoses from the hydrant. We don't do the same exercises each time. We keep it interesting and challenging." But the physical training is more than just a creative workout. "We do skills days on Saturdays. We put them in full gear, and they have to get it on in under one minute, with no breaks in the Velcro, zipped all the way up."

# LEARNING FLAMES





**FARMERS**  
INSURANCE



*Jane Moore, Owner*  
jmoore@farmersagent.com  
1314 S. Main St., Suite 100  
Duncanville, TX 75137  
Ph: 469-759-6996  
Fax: 469-759-6997  
Cell: 469-597-9929

*Happy Easter*



*Small Town Service for*  
**AUTO HOME BUSINESS LIFE**

# FAMILY & COSMETIC DENTISTRY

## Services Offered

Hablamos Español

Low Radiation Digital X-Rays  
Nitrous Gas Sedation  
Intraoral Cameras: you see what we see.  
Teeth Whitening  
10% Senior Discount

## Most Insurances Accepted

In addition, we are preferred-providers for:

Metlife PPO	Delta PPO   AARP Dental
Cigna PPO	United Healthcare PPO
Guardian PPO	Blue Cross/Shield PPO
Humana PPO	Principal/Ameritas PPO
Assurant PPO	United Concordia PPO
Aetna PPO	Connection PPO

**Don't have dental insurance? We offer reduced fees for many services including crowns, dentures and deep cleanings.**

**\$89**

(a \$222 Value)

## New Patient

Exam, Basic Cleaning  
& X-Rays  
Not valid with insurance



**Dr. Emilio Lopez,**  
DDS, PC

**972.291.2591**

**110 E. Belt Line Rd.**  
Suite 100  
Cedar Hill, TX 75104

**CedarHillDentist.com**

We just held a drill with the DeSoto Fire Department at their fire academy, ventilation drills, or as I call them, chainsaw appreciation days. We give them axes, and they have to cut a 4-foot by 4-foot hole in a plywood wall, while wearing all their gear. It has to be big enough to get through the wall wearing everything. After they cut those holes by hand, they really appreciate chainsaws!"

"Our PPE, personal protection equipment, weighs about 55-70 pounds," Philip added. "We have heavy steel-toed boots, and the clothes are really thick and restrictive. It gets hot in there, and you can't run in those pants. They also make us do things like learning how to pick up a coin while wearing our gloves. Those gloves are super thick! At first, it's almost impossible to unbutton your pants while wearing them. Now I can pick up a penny!"

But, as demanding as the physical part is, the academic part is just as challenging. "This is a slow program, but it covers a lot. In a normal fire academy class, we cover one book in 16 weeks. Here we cover that book, plus 6 college courses, in three years. We cover things like fire chemistry, where we study fire at the molecular level. It's hard to wrap your head around, but our cadets are amazing. They're able to pick it up. It's just fantastic to see what they can accomplish."

Philip will only be able to complete one year of the program, since he is already in his senior year. "I won't get





full credit before I graduate, but I'll go on to El Centro to finish the program in summer school, so I can work as a firefighter to help pay for college. I'll be able to help people while I get my paramedic certification, which will give me experience for medical school." If it sounds like Philip is driven, he isn't the only one. "I'm a senior, and a pretty smart dude. But we're all really competitive. There's this girl, Honesty. She's really smart. We're always trying to get the top grades. One recent test, this other guy came out of the blue and blew us both out of the water. We couldn't let that happen, so we had to study even harder."

Philip isn't intimidated by physical challenges or by tough academics, so the tough part of the program lies elsewhere for him. "We work hard at all the hands-on stuff. And we take a lot of notes — the fire triangle, the fire tetrahedron and fire chemistry. The physical part isn't hard. And the academic part isn't, either. The challenging part is being the lieutenant in our class. I have to help the younger cadets figure things out. It's a leadership role. The younger cadets look to me for help, and I have to be ready to do that."

"This is just our second semester," Jason reminded. "We have a lot of growing to do. But we have a lot of support. Siddons-Martin Emergency Group has 100-percent donated a fully functional fire engine to the program. The fire chief and the deputy chief have both been more than supportive of the program and of all of us teaching the cadets, helping us become better teachers. This program is really going to make a difference." **NOW**

*Big Al's* **CELLULAR REPAIR**

**972-223-2615**

**SPRING SPECIAL!**

**\$10 OFF**  
\$40 REPAIR OR MORE  
EXPIRES 4/30/20

We Fix Cell Phones  
All Makes & Models  
SCREEN CRACKS - WATER DAMAGE - CHARGING PORTS

[www.BigAlCellularRepair.com](http://www.BigAlCellularRepair.com)

MON.-FRI., 10 AM-7 PM SAT., 10 AM-5 PM  
208 SOUTH HAMPTON ROAD, STE. #102, DESOTO

**Graduate of the University of North Texas,  
Denton, Texas.**

**U.S. Army veteran with honorable discharge.**

**My dedicated office team and I are committed to  
personal service of your insurance needs. We would  
appreciate your business and opportunity to  
serve you.**

**Call us today for a rate quote on your auto, home,  
condo, or renters policy at (972) 298-4491 or  
1 (800) 250-9919.**



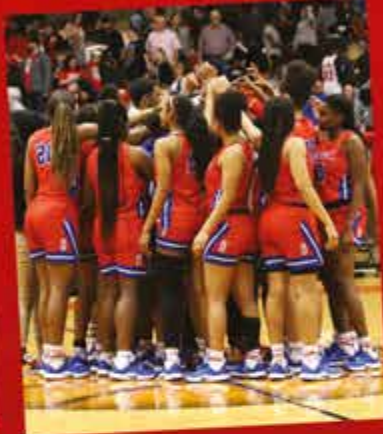
**JIM McDONALD**  
Agent

314 North Main Street  
Duncanville, Texas 75116  
Office # (972) 298-4491  
Fax # (972) 298-3005  
[jim.mcdonald.b4ee@statefarm.com](mailto:jim.mcdonald.b4ee@statefarm.com)  
*Se Habla Español*

There when things go wrong.  
**Here to help life go right.™**



**STATE FARM INSURANCE COMPANIES**  
HOME OFFICES: BLOOMINGTON, ILLINOIS



# CONGRATULATIONS DUNCANVILLE PANTHERETTES 2020 Class 6A State Champions



Stan Smith



# WE ARE VERY PROUD OF YOU!



## UME: Giving Time Back to the *Family*

Tuition Free Public School

Open to All Students

Serving Two Locations  
Dallas & Duncanville

**NOW ENROLLING**  
**[www.umeprep.org](http://www.umeprep.org)**

UME is hiring for the 2020/2021  
school year. Contact Anita at  
**[hr@umeprep.org](mailto:hr@umeprep.org)**



## UME PREPARATORY ACADEMY K-12

Where learning reaches  
beyond the classroom and  
extends into the home.

The unique UME Model strives to  
partner the on-campus professional  
teacher with the involved  
parent with shorter school days.





WRAPPED UP IN

# Fashion

— By Adam Walker

Florence Okonkwo has an eye for color and a passion for fashion. And both draw on her heritage as an Igbo woman from Nigeria. "Growing up, I was always interested in fashion. I was always the best-dressed kid. I won the award for best dressed in high school. We didn't buy clothes in stores, but I had access to so many different styles. All of our clothes were handmade. We had tailors, so if I saw a picture of an outfit I liked, I had it made. My parents liked us to wear custom-made clothing."

As she grew up, her love of fashion and her artistic bent never went away, but she studied for a master's degree in public health. "Nigerian parents expect their children to go to school to be lawyers, doctors or other professionals in other fields. They respect the arts, but do not think that you can make a living with art, but this is my passion. Eventually, I told my father this is what I want to do, and my parents decided to support my decision."

Florence makes many kinds of clothing, but women's headwraps have a special place in her culture. "The fancy ones that you tie yourself are called gele. There are many ways to tie a gele. It's an accessory to your outfit. It's a form of self-expression. People go to fashion school to learn new ways to tie a gele. There are contests for who can tie one the most creatively. The younger crowd already knows how to tie a gele. There are videos all over YouTube. But the older crowd doesn't want to spend the time, and prefer the premade ones. I also make soft-fabric gele headwraps that you just put on like turbans, for everyday wear, that have two tails you can wrap and tie to look like something more complicated. They are great for



**OXFORD**  
CROSSROADS CENTRE



Ask us about our  
**Preferred Employer Discounts!**

**APARTMENT AMENITIES:**

- Beautiful Sparkling Pool
- Business Center
- Gated Community
- 24-hour Fitness Facility
- Clubhouse
- 24-hour Emergency Maintenance
- Large Walk-in Closets
- Private Patios/Balconies
- Full-size Washer & Dryer in Every Unit
- Designer Wood Cabinets
- Friendly Staff
- Quiet Location





**972-937-9290**  
411 Alliance Blvd. • Waxahachie  
Near the intersection of I-35 and US 287  
VISIT US AT [WWW.OXFORDCROSSROADSCENTRE.COM](http://WWW.OXFORDCROSSROADSCENTRE.COM)

**CAMP BOW WOW.**  
DOGGY DAY CARE & BOARDING

*Egg-citing News*



**Get \$5 off a 5 pack of Enrichments!\***

519 E. Highway 67, Duncanville, TX 75137  
972-296-9663  
[campbowwow.com/swdallas](http://campbowwow.com/swdallas)

\*LEGAL WOOF: Offer valid only at SW Dallas location. Free first day valid only for interview day. New customers only. Camper must meet entrance requirements. Coupon expires 4/30/2020

**DOWNTOWN**  
**church of CHRIST**



332 Cedar Street  
Cedar Hill, Texas 75104  
P: 972.291.0087  
www.dttoc.church

**NO SERVICES AT THIS TIME. OUR HOPE IS TO CONTINUE WITH NORMAL CHURCH SERVICES BY APRIL 5TH.**

**PLEASE CHECK OUR WEBSITE FREQUENTLY FOR UPDATED CHURCH SERVICES & TIMES.**



**BUILDING UP**      **SHINING**      **REACHING OUT**



**ACCESS SELF STORAGE AND TRUCK RENTAL**  
PREMIER STORAGE FACILITIES  
New State-of-the-Art Self-Storage

**START SPRING CLEANING NOW**

**Need Boxes, Moving Supplies or Extra Storage? We have you covered!**



**NOW OPEN DeSoto • 469-283-0123**  
SE Corner Hampton Rd. & Daniel Dale

**20% OFF storage units**  
Some restrictions apply. Call for details. Exp. 4/30/20

<b>Midlothian • 214-236-7474</b> 1630 Hwy. 67	<b>Lancaster • 972-224-4545</b> 1040 Cedar Valley Dr.
<b>Red Oak • 972-515-8600</b> E. Ovilla Rd. & TX-342	<b>Oak Cliff • 214-372-3880</b> 3427 Marvin D. Love Frwy.

**www.accessstoragedallas.com • 888-247-5603**

when you want a little extra color to go to the gym or out shopping, or when you have a bad hair day. They are still made from the colorful African cloth."

That African cloth is very important to everything Florence does. "I don't like to use kente cloth or other commercialized African prints. There are so many beautiful, colorful African prints available. I don't make my own fabrics. I don't have that skill. But people think I make them, because they aren't the prints they expect. All my cloth is imported from Nigeria, but people might not know it is an African print when they see it. They will just know that it is beautiful." She veers away from the stereotypical, toward the authentic and modern, but remains firmly attached to tradition. "I use African prints, but modern Western cuts. That's what's in vogue now. My clothes are something you can wear to a formal event and feel at home."

Part of the art of the gele is the cloth itself, which is a naturally stiff fabric, so it will hold its shape when tied. "This cloth is not starched. No one would have time



## A HEADWRAP IS A WAY OF SHOWING RESPECT FOR THE CULTURE OF NIGERIA.

for that! You can tell the quality of the cloth by touching it. The fake one feels waxy — it's poor quality cloth that has been treated. The fabric I use is not like that. A headwrap is a way of showing respect for the culture of Nigeria. When you wear one to church, it shows respect to God by covering your head. If you are going to a formal event, you tone down the way you tie it. If you are going to a party, you can get very creative."

Florence makes lots of other things, as well. She makes elastic headbands and hair ties, for a smaller statement in headwear, but she also makes dresses, shirts, ties and jackets suitable for men or women, and also clothing for children. All of it celebrates the art of African color and patterns. She has done fashion shows under her Flobinna label. "I love to see people wearing my stuff. Sometimes, they tag me on social media, wearing my clothes. It makes me happy that they enjoy what I made. I don't want everyone to think, *Oh, that's an African print*, just, *Oh, that's a gorgeous outfit!*" **NOW**



**Celebrate Spring in a new home!** We invite you to redefine and rediscover yourself for a happy and successful retirement. Stop by or call today!



*Champions Cove*  
Award Winning Senior Living

1600 South Main St.  
Duncanville, TX 75137

**972.298.5545**

[ChampionsCove.com](http://ChampionsCove.com)



**PURELY  
CBD**

**SAVE  
20%  
ON  
ANY PRODUCT**  
NEW CUSTOMERS,  
WITH COUPON

**FREE  
SAMPLES!**

**100% Natural US Hemp Oil**

**Your Kangen Water Source**  
Alkalized, Anti-Aging,  
Detoxifying (Free Samples)



Find us on:  
**facebook.**

**(972) 998-0737 • [www.thepurelycbd.com](http://www.thepurelycbd.com)**  
**241 East FM 1382 #321 • Cedar Hill**  
In the Kroger shopping center around the corner from Fuzzy's Tacos (Facing Hwy 67)



## BusinessNOW

# JP and Associates, Realtors

— By Adam Walker



### **JP and Associates, Realtors**

613 Uptown Blvd, Ste. 107  
Cedar Hill, TX 75104

Cindy: (972) 978-5544

Katrina: (469) 877-0524

Stefan: (469) 454-0162

[cynthiapeterson@jpar.net](mailto:cynthiapeterson@jpar.net)

[katrinamccormick@jpar.net](mailto:katrinamccormick@jpar.net)

[stefanpeterson@jpar.net](mailto:stefanpeterson@jpar.net)

[CynthiaPeterson.jphomesforsale.com](http://CynthiaPeterson.jphomesforsale.com)

[KatrinaMcCormick.jphomesforsale.com](http://KatrinaMcCormick.jphomesforsale.com)

[StefanPeterson.jphomesforsale.com](http://StefanPeterson.jphomesforsale.com)

**Hours:** By appointment, contact any time.

Cindy Peterson; her son, Stefan; and daughter, Katrina McCormick, are a family of real estate agents who stand ready to help your family find your next home. "I've been in real

estate for 15 years," Cindy explained. "I was raised in a military family, and my husband was career Air Force. We moved a lot, experiencing good and bad real estate agents, so I know what it's like." Katrina and Stefan each have about seven-and-a-half years of experience in the industry.

"I've been a licensed property insurance adjuster since 2005, and a Realtor since 2013," Katrina said. "Real estate is 24/7, not part time. People want service immediately, so we strive to be accessible. We are even available to our clients on holidays. We love helping first-time homebuyers navigate the home buying process. It's important to be honest, dependable and easy to communicate with."

Cindy recommends that potential customers research and compare agents' education history on the Texas Real Estate Commission's website. "We three have numerous real estate certifications and well over the state-required amount of continuing education, so we can better serve our clients,"

Cindy said. Katrina's paralegal degree provides another layer of advantage for their clients.

"We work locally," Stefan added. "You can't give the best service if you don't know the area. We focus on southern Dallas County and northern Ellis County, but also parts of Tarrant. We only handle residential real estate, not commercial or farm and ranch, but we have people we can refer you to for those transactions. I also help tenants find lease properties. We can draft all of your paperwork on paper or electronically, even via text. If you need me to write up a contract for you while I'm in the Six Flags parking lot, I've done that before!"

This trio of Realtors values their reputations for getting the best deals for their clients. They value working well with other area agents, also. "Having great relationships with other agents helps ensure a pleasant transaction for everyone involved," Katrina explained.

"We want a collaboration, not confrontation," Stefan added. "The seller wants to sell. The buyer wants to buy, and we want to help make that happen the best way possible."

A good real estate agent can help with many things you may not realize you even need help with. "We don't just assist with buying and selling pre-owned homes," Katrina informed. "We also work with new home builders. Often people think they don't need a real estate agent when buying a new home, or that they can save money by not using one. Folks don't know what they don't know. Realtors actually make the process go a lot smoother and save the homebuyer many headaches. Most importantly, it doesn't cost the homebuyer extra, since the Realtor's fee is already built into the cost of the home, whether the buyer uses one or not."

Potential buyers must obtain a pre-approval letter from their loan officer before they begin the touring process. Cindy, Stefan and Katrina will guide you through the entire process and have a vetted list of referral partners for all your needs. "We are active in this community, and cater to the special needs of first-time homebuyers, veterans, active service personnel, investors and seniors when buying and selling homes." **NOW**



**JP & Associates REALTORS**

**613 Uptown Blvd., Ste. 107**

**Cedar Hill, TX 75104**  

**Stefan Peterson REALTOR®**

**(469) 454-0162 CELL**

**Katrina McCormick REALTOR®**

**(469) 877-0524 CELL**

**Cynthia (Cindy) Peterson REALTOR®**

**(214) 810-1118 CELL**

**(972) 836-9295 EXT. 9005 OFFICE**

MOBILE BANKING.  
ONLINE BANKING.  
AND GOOD OL'  
FACE-TO-FACE BANKING.



Frost is here whenever and wherever you need us, with the technology you want and the service you deserve.

Visit us at [frostbank.com/expectmore](http://frostbank.com/expectmore) or nearby at 150 E. Highway 67 in Duncanville.



MEMBER FDIC



## Zoomed In: Sgt. Grady Kirkland

By Adam Walker

Sgt. Grady Kirkland works in the support services division of the DeSoto Police Department coordinating public relations and school resource officers, among a list of other duties. “I’ve been with the department for 15 1/2 years,” Sgt. Kirkland reported. “We just set up this art exhibit celebrating Black History Month today. Jaimie Kovar, the fine arts director at the ISD, approached us about this. This art is from our middle school students. It lets us interact with kids in a positive manner. People will vote for their favorite piece, and then we’ll present the winner with a monetary gift card.”

Keeping up with all his duties is easy for Sgt. Kirkland. “I’m a self-motivated person. My mom was military, so I’m task oriented!”



Children learn about Chinese New Year at the Zula B. Wylie Library.



Brandon Andrews, casting consultant for Shark Tank, poses with Mayor McCowan and Kenneth Govan from DeSoto Chamber of Commerce.



Cedar Hill High School culinary arts students serve at IBOC.



Members of Lighthouse Church hold a Connect Home Group meeting in Cedar Hill.



Cedar Hill honors MLK Day with a peace march.



Bellwether Ridge Apartments celebrates its ribbon cutting with DeSoto Chamber of Commerce and Mayor McCowan.



Perot Museum Educator Marsha teaches First Methodist School kindergarten students about meteorology.



Claydron Hunter, Caleb Lynn and Clayton Hunter salute Black History Month Wakandan style.

## Compassionate Support for an Independent Life

Allow us to help you or a loved one live independently despite health challenges that limit the ability to perform the activities of daily life.

- ✓ Personal Care
- ✓ Home Management
- ✓ Escort to doctor's appointments
- ✓ Caregiver Respite

Available through Medicaid and private pay.  
Call us today for support: 800.286.4812

[www.kindredathome.com](http://www.kindredathome.com) © 2019 Kindred at Home 1900136, EOE

**Girling**  
Community Care  
An Affiliate of Kindred at Home



## ALLERGY & ASTHMA CENTER OF DUNCANVILLE

### WE CAN HELP WITH SPRING ALLERGIES.

When it comes to allergies and asthma, knowing the best course of treatment is critical. Dr. DelasAlas and his team provide advanced and effective therapies to those who are suffering with the following: Eye, ear, nose and throat allergy • hayfever/sinus • sinus headaches • recurring sinus and respiratory infections • Cedar fever • asthma • cough • respiratory, breathing and chest symptoms • food allergy and sensitivity • hives and/or swellings • eczema, atopic dermatitis and dry skin • skin allergy and allergy rashes • contact dermatitis, chemical allergy and poison ivy



"I'm glad I chose Allergy and Asthma Center. My grandson's allergies are under control since he has been going here three years now. I will recommend this center to anyone." ~ Sonya

### Dr. Harold DelasAlas

MD, PharmD, FAAAAI, FAAP, FACP

Board Certified in Internal Medicine,  
Adult & Pediatric Allergy, Asthma and Immunology

626 W. Wheatland Rd., Suite B  
Duncanville, TX 75116

O: 972-709-6673 | F: 972-298-8590

Web: [AAACOD.COM](http://AAACOD.COM)

Most health insurances are accepted including most PPO's,  
HMO's, private plans, TriCare, Medicaid, and Medicare.





# TEXAS STRONG

The can-do spirit of Texas is one of resilience, compassion and faith. From localized, natural disasters like tornadoes, floods or fires to regional ones like Hurricane Harvey, Texans rally together when there is a crisis. Together, we fight the problem, and together, we solve it.

The COVID-19 social distancing measures may feel completely unnatural to how we normally deal with emergencies, but, actually, by following these guidelines and keeping each other safe, we actually *are* all fighting this *together*. We can also fight together by supporting local businesses, calling or messaging loved ones, buying groceries for people in high-risk populations and praying for one another.

Here at NOW Magazines, we are committed to helping our local economies by helping promote our local businesses. We hope to help ease some of the discomfort of social distancing by bringing some of the best of the community home to you through our stories on local residents. And though some of the events or competitions mentioned in some of this month's articles may have been cancelled after we went to press, we hope that you will be encouraged by reading about the good and positive things that are a part of your hometown.

*Becky Walker, Managing Editor | NOW Magazines*

**WE ARE TEXANS. AND WE ARE STRONG — TOGETHER.**



*For more information, contact your local or county health department or contact the Texas Department of State Health Services COVID-19 Call Center at 1-877-570-9779 or [coronavirus@dshs.texas.gov](mailto:coronavirus@dshs.texas.gov)  
Monday-Friday: 7:00 a.m. - 6:00 p.m.*

# A delivery made special because of you.



## Thanks for making us Ellis County's Best Place to Have a Baby.

Winning awards is nice. But winning over moms and dads is even Better. It's been an honor to share so many special moments with a community that feels like family.

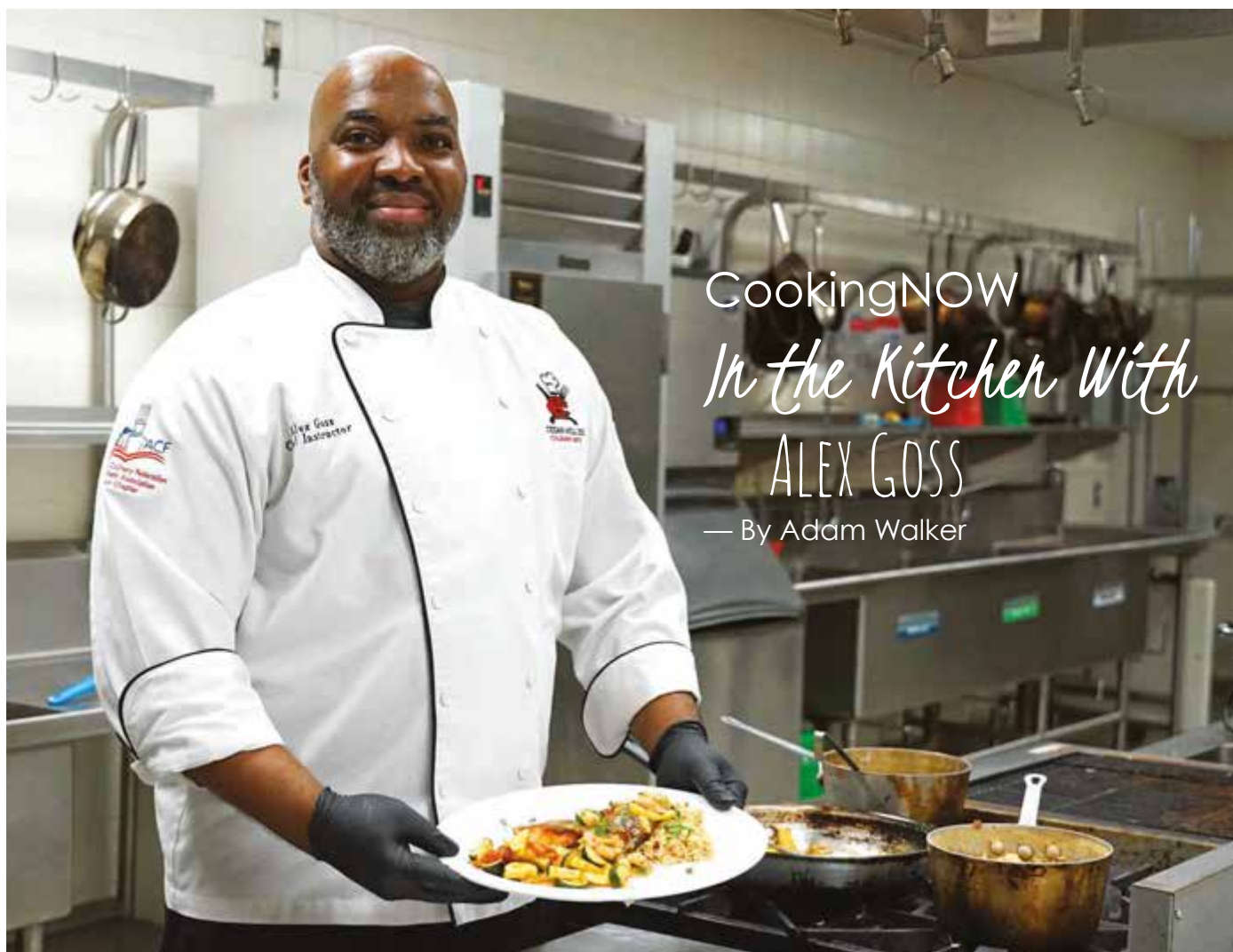
[BSWHealth.com/Waxahachie](http://BSWHealth.com/Waxahachie)



**Baylor Scott & White**  
MEDICAL CENTER  
WAXAHACHIE

Changing Healthcare For The Better™

Photography may include models or actors and may not represent actual patients. Physicians provide clinical services as members of the medical staff at one of Baylor Scott & White Health's subsidiary, community or affiliated medical centers and do not provide clinical services as employees or agents of those medical centers or Baylor Scott & White Health. ©2020 Baylor Scott & White Health. 99-WH-73360 SRH



# CookingNOW

## *In the Kitchen With*

### ALEX GOSS

— By Adam Walker

Alex Goss found his mission in life when he started cooking at age 6 with his parents. He graduated from the famous Le Cordon Bleu school. Now he teaches in the culinary arts program at Cedar Hill High School. “I enjoy teaching others how to cook, because some people are not sure, in the beginning. When I teach them the simplest technical skills, I see the lightbulb go on, and that’s when I receive my joy.”

Chef Goss enjoys Hispanic cuisine, soul food and grilling meats, but he likes to create as well. “My new recipes come from the Lord up above. I allow Him to create thoughts in my mind, the flavor profile. Then I put them together and out come some flavorful foods!” **NOW**

### Blackened Tilapia

**4 oz. lemon juice**  
**4 6-oz. tilapia fillets**  
**4 oz. unsalted butter**  
**1 1/2 tsp. paprika**  
**1 tsp. dried oregano**  
**3/4 tsp. garlic powder**  
**1/2 tsp. cumin**  
**1/4 tsp. cayenne pepper**  
**1 tsp. salt**

**1.** Squeeze fresh lemon juice over tilapia fillets. Melt butter in the microwave; pour over the tilapia.  
**2.** Combine the paprika, oregano, garlic powder, cumin, cayenne pepper and salt in a small bowl; mix until well combined. Sprinkle the spice rub evenly over both sides of the tilapia fillets.  
**3.** Preheat oven to 350 F. Place the blackened tilapia in the oven for 10-15 minutes, or until the fish flakes easily with a fork.

### Sautéed Squash and Zucchini

**2 medium yellow squash**  
**2 medium zucchini**  
**1 small onion**  
**1 Tbsp. olive oil**  
**1 garlic clove, minced**  
**Pinch of salt**  
**Pepper, to taste**

**1.** Cut yellow squash and zucchini into 1/4-inch-thick slices. Cut onion into julienne cuts.  
**2.** Sauté vegetables in olive oil in a large skillet over medium-high heat for 5 minutes.  
**3.** Add minced garlic; sauté for 1 minute. Sprinkle mixture with salt and pepper, to taste.

### Dirty Rice

**1 14-oz. can chicken broth (divided use)**  
**1 1/2 cups water**  
**1 bay leaf**  
**1 1/2 cups long-grain rice**

**1 Tbsp. bacon grease**  
**1 cup onion, small diced**  
**1 cup celery, small diced**  
**1/2 red bell pepper, seeded and small diced**  
**1/2 green bell pepper, seeded and small diced**  
**2 cloves garlic, minced**  
**1/2 tsp. salt**  
**2 tsp. Cajun seasoning blend**  
 (any brand containing smoked paprika, salt, garlic powder, black pepper, onion powder, cayenne, thyme)

**1.** Set aside 1/2 cup of the chicken broth; pour remaining chicken broth into a medium saucepan. Add water and bay leaf; bring to a boil. Add rice; cover and cook 20 minutes.  
**2.** Heat bacon grease in a skillet; add onion, celery, red bell pepper and green bell pepper. Cook, stirring occasionally, until the vegetables are softened. Add garlic; continue to cook for 5 minutes.  
**3.** Add Cajun seasoning. Add reserved chicken broth. Let simmer 1 minute. Remove bay leaf from rice. Add vegetables to the rice. Keep the heat on while you stir. Once it is combined well, remove from heat.

## Étouffée Sauce

**1/4 cup olive oil**  
**1/4 cup all-purpose flour**  
**1 cup celery, small diced**  
**1 bell pepper, small diced**  
**1/2 cup onion, small diced**  
**4 garlic cloves, minced**  
**2 cups clam juice or pre-made fish or shellfish stock**  
**1 Tbsp. Cajun seasoning**  
**1 Tbsp. sweet paprika**  
**Salt, to taste**  
**1 lb. shrimp, shelled**  
**Hot sauce, to taste (optional)**  
**3 green onions, small diced, for garnish**

**1.** Heat the olive oil in a heavy pot over medium heat for 1 to 2 minutes. Stir in the flour, making sure there are no clumps. Let cook, stirring often, until it turns a very dark brown, about 10 minutes.  
**2.** Add the celery, bell pepper and onion; mix well. Cook over medium heat for 4 minutes, stirring occasionally. Add the garlic; cook for another 2 minutes.  
**3.** Measure out 2 cups of the clam juice or fish stock; slowly add it a little at a time, stirring constantly so it incorporates. The roux will absorb the stock and seize up at first, then it will loosen. Add additional stock as needed.  
**4.** Add the Cajun seasoning and paprika; mix well. Add salt to taste; mix in the shrimp.



## Five-star Medicare plan.

### Five-star quality and service.

Take advantage of a top-rated Medicare Advantage plan — only from UnitedHealthcare®

UnitedHealthcare is proud to receive 5 out of 5 stars\* in 2020 - which means you can enroll in this plan at any time throughout the year. AARP® Medicare Advantage (HMO-POS) plan may include:



\$0 monthly premium



Dental, vision and hearing coverage



\$40 for health and wellness products



Get \$115 in rewards for staying active\*

**Go ahead, take advantage.**  
You can switch to a five-star Medicare Advantage plan anytime. Call me to find out more.



**Deshaundra Jones**  
 Licensed Sales Representative  
 214-571-8922, TTY 711  
[MyUHCagent.com/deshaundra.jones](http://MyUHCagent.com/deshaundra.jones)



**Medicare Advantage**  
 from **UnitedHealthcare**

Every year, Medicare evaluates plans based on a 5-star rating system. \*CMS Star Rating applies to H4590-043-000, which includes AARP® Medicare Advantage (HMO-POS) in the state of Texas. This plan is rated 5 out of 5 stars for 2020. You may enroll only once during the Special Enrollment Period (SEP), December 8 - November 30. Benefits, features and/or devices vary by plan/area. Limitations and exclusions apply. \*Rewards are offered for participating in walking program, or other approved activity for members with limited mobility. Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. AARP and its affiliates are not insurers. You do not need to be an AARP member to enroll. AARP encourages you to consider your needs when selecting products and does not make specific product recommendations for individuals. AARP does not employ or endorse agents, producers or brokers.  
©2019 United HealthCare Services, Inc. All rights reserved.  
H4590\_191029\_113532\_M

SPRJ51855  
00238754



**Sacred Inc.**  
*"Where Platinum Services Are Rendered"*




**Funeral Home - Florist**  
**PreNeed - Printing**  
**Luxury Transportation - Travel**

1395 N. Highway 67 South, Cedar Hill  
 214-376-7273 OFFICE | 214-376-7272 FAX  
 Email: [sacredfh@live.com](mailto:sacredfh@live.com)  
 Website: [www.sacredfuneralhome.com](http://www.sacredfuneralhome.com)



Cover the pot; turn the heat to its lowest setting. Cook for 10 minutes. Add hot sauce, if desired. Garnish with green onions.

## BJ Green Jell-O Salad

- 1 cup crushed pineapple, drained with juice reserved**
- 3 cups water (divided use)**
- 1 pkg. lime Jell-O**
- 1/2 cup pecans, chopped**
- 1/2 cup celery, small diced**
- 1 8-oz. pkg. cream cheese, softened**

- 1.** In a large measuring cup, add all of the reserved pineapple juice; add enough water to the juice to make a total of 2 cups. Pour juice into a pot; cook until just boiling.
- 2.** Add the lime Jell-O mix to the boiling pineapple juice and water. Stir until dissolved. Remove from heat; allow to cool just slightly.
- 3.** In a mixing bowl, combine the crushed pineapple, chopped pecans, diced celery and 2 cups of cold water. Slowly stir in the Jell-O mixture until all is incorporated.
- 4.** Add the softened cream cheese to the liquid mixture. Mix until the cream cheese is broken up.
- 5.** Pour mixture into an 8x8-inch glass casserole pan. Cover; refrigerate for at least 4 hours, preferably, overnight.



Sautéed Squash and Zucchini

## Homemade Watermelon BBQ Sauce

- 1 cup watermelon puree**
- 4 oz. fresh garlic cloves, minced**
- 4 oz. ketchup**
- 1/4 cup light brown sugar**
- 1 Tbsp. balsamic vinegar**
- 1 Tbsp. white vinegar**
- Salt, to taste**
- Pepper, to taste (if needed)**

- 1.** Combine watermelon puree, garlic, ketchup, brown sugar and vinegars in a

medium saucepan. Heat to boiling; lower to a simmer.

- 2.** Simmer until thickened, about 10 minutes. Season with salt and pepper to taste. Cool and serve.

To search for more great recipes from any of the 9 NOW Magazines publications, visit [www.nowmagazines.com](http://www.nowmagazines.com).

## Compassionate Approach to Breast Health



**Valerie J. Gorman, MD, FACS**, is a breast surgeon who specializes in surgical oncology and surgical diseases of the breast. She is board-certified by the American Board of Surgery and serves as Chief of Surgery and Medical Director of Surgical Services at Baylor Scott & White Medical Center - Waxahachie.

Dr. Gorman performs breast surgery that includes mastectomy and lumpectomy, allowing the cancerous tissue to be removed through a single incision made in a cosmetically appealing area while preserving the natural shape of the breast and reducing any visible scarring. Dr. Gorman is dedicated to offering her patients an advanced, personalized and targeted approach to breast surgery and the treatment of breast cancer.

[BSWHealth.com/Valerie-Gorman](http://BSWHealth.com/Valerie-Gorman)



[TexasSurgicalSpecialists.com](http://TexasSurgicalSpecialists.com)

469.800.9830

2460 North IH-35E, Suite 215 | Waxahachie, TX 75165

Physician is an employee of HealthTexas Provider Network, a member of Baylor Scott & White Health. ©2018 Baylor Scott & White Health, HTSN, 4432\_2218 B&W

# THE LOCAL TABLE

*One cannot think well, love well, sleep well, if one has not dined well.*

*- Virginia Woolf*

**We are STILL OPEN and serving hot food for lunch and dinner available for PICK-UP ONLY.**

*Please call in your order and we will make it fresh for you and your family!*

**\$3.99**

**QUARTER POUND BURGER WITH FRIES AND DRINK**  
No limit. Expires 4/30/20

**UPGRADE TO ONION RINGS \$1.00**

**2 PIECE FISH DINNER FRIES & DRINK**

**\$6.99**

**PHILLY CHEESESTEAK & FRIES**

**\$7.99**

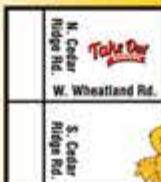
**4 BURGERS + 4 FRIES**

**\$12**

**BURGERS ARE MADE WITH 100% FRESH BEEF!**

**Take Out BURGERS**  
(972) 283-5106

795 W. Wheatland Rd., Duncanville



## B N SUSHI & GRILL

We would like to announce for a limited time only until further notice, **"We will be doing delivery orders."**

Due to the unfortunate circumstances that our community is going through, we understand that our services are not available. We would like to work with our community and help those who would like to enjoy our food.

**All delivery orders must be cash only \$20 or more within a 5-mile radius and will have an automatic service fee of 15%.**

*Thank you for all your cooperation and let's be safe! -BN Family*

BnSushi.com  
**972-293-1009**  
638 Uptown Blvd #120  
Cedar Hill



## Need More Business?

Advertise your restaurant here.

For information, call:  
**972-283-1170**

**NOW**  
MAGAZINE

Bringing the best of the community home.

## CAMPUZANO

mexican food

We are all in this together, and so in order to provide for you and your family during this time of crisis, we are still serving hot and fresh Mexican Food.

**Take-out and Curb-side Available**

Midlothian 972.723.2634 Cedar Hill 972.291.1053



**We Truly Thank You For Your Patronage**

CampuzanoMexicanFood.com

# Finding the Best-Fit School for Your Child

## FROM CHARTER SCHOOL TO INNOVATION DESIGN ENTREPRENEURSHIP ACADEMY IN DALLAS ISD

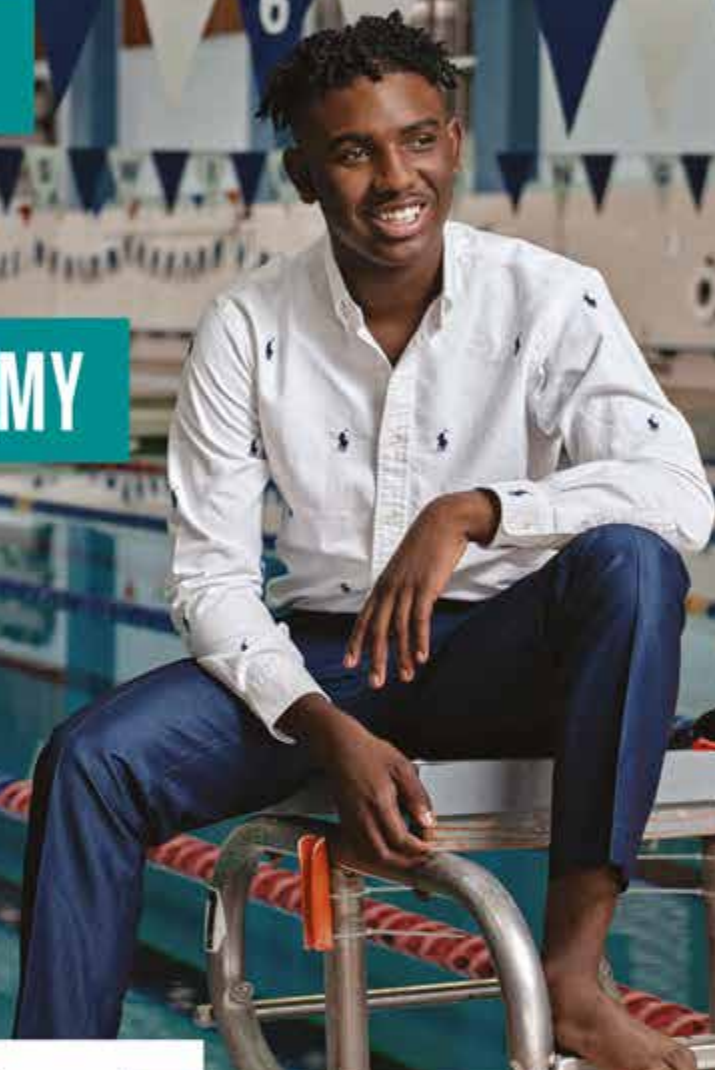
I wanted a more **diverse community** and a **well-rounded education** for my son.

Now he is **swim team captain** for Carter High School and attends a quality choice school.

Sports and extracurricular activities help him **excel academically and socially**.

Dallas ISD has given us an **experience** that we would not have found at a charter school.

*- Kathlyn Freeman*



TO LEARN MORE ABOUT THE CHOICES OFFERED IN DALLAS ISD, VISIT: [WWW.DALLASISD.ORG](http://WWW.DALLASISD.ORG)



# LIFE-CHANGING. IN MORE WAYS THAN ONE.



Being severely overweight can cause serious health issues, from diabetes to hypertension and more. So when you're ready to change your life for the better, turn to the weight-loss surgery team at Methodist Charlton Medical Center.

Our specially trained physicians will meet with you one on one to understand your unique health issues and discuss your options. Methodist Charlton offers a full range of surgical weight-loss services as individual as you are, including:

- Laparoscopic inverted gastric sleeve surgery
- Gastric balloon
- Revision weight-loss surgery.
- Gastric bypass
- Adjustable gastric banding

A post-surgery care plan, including specific diet and exercise routines, will help you change your lifestyle for long-term weight management. Weight loss can transform your life in so many ways. Aren't you ready for a change?

Committed to our community. Committed to your care. **Trust. Methodist.**

**Call 972-709-7110 for a free weight-loss physician referral  
or visit [MethodistHealthSystem.org/Charlton-WLS](http://MethodistHealthSystem.org/Charlton-WLS).**

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Charlton Medical Center, Methodist Health System, or any of its affiliated hospitals. Methodist Health System complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

# Eggstravagant Creations

— By Angel Morris

If you're looking for a new take on an old tradition, consider dyeing this year's Easter egg assortment with onion skins. It may sound odd, but the technique results in a beautiful stained-glass appearance, making the eggs both colorful enough for hunting and lovely enough to decorate with inside your home. Whether you're a DIYer or simply looking for something new for the kids to try, onion skin dyeing is a reasonably easy approach to Easter egg decorating. Note: The end result will be decorative, not edible eggs!





SAME-DAY APPOINTMENTS AVAILABLE

### Our Services Include:

- Primary Medical Care for the WHOLE Family
- Special Care Services for SENIORS
- Women's Services  
(PAP Smears and Help with Menopause)
- Treatment & Care of Diabetes  
(Diabetic Educator on Staff)



Courtney & Amy, RN



**Tired of Your Doctor Not Listening to You? WE WILL!**

#### Lipo Laser Program

Lose Inches • Lose Weight  
**ONLY \$85 Per Session**  
People typically lose  
1/2 inch per session!



#### Hormone PELLET Therapy for Women & Men

Feel Younger, Lose Weight, Stop Aches, Increases Sex Drive

**WE'RE ACCEPTING NEW PATIENTS!**  
We Take Medicare & Most Other Insurance.



**Pamela Phillips**  
PhD, RN, FNP-C  
Certified Family Nurse Practitioner

#### Weight Loss Plans That Work Includes Training Books & Medications to Assist with Weight Loss

Our weight loss program is the only one that accepts your health insurance for payment!

972-709-3415 • 947 Scotland Dr., Ste. 107, DeSoto, TX 75115

[www.PhillipsFamilyMedical.com](http://www.PhillipsFamilyMedical.com) • Email: [Info@PFMed.net](mailto:Info@PFMed.net)

Friend us on Facebook • Nosotros hablamos Español!

## Now Offering Pre-Print Insert Services

Call Your Rep Today!

**NOW**  
MAGAZINES

972-937-8447

[www.nowmagazines.com](http://www.nowmagazines.com)

*An affordable adult activity center designed to keep individuals active and engaged in a compassionate, supportive and safe environment.*



## Friends Place Adult Day Services

Due to the Coronavirus outbreak, we are currently closed. Support groups are canceled for now. The Revive & Refresh Workshop for Caregivers will be rescheduled. We want to support caregivers through this and will give personal calls if needed. Please call **972-274-2484** and leave a detailed message and someone will call you back. You are not alone!

[www.FriendsPlaceADS.com](http://www.FriendsPlaceADS.com) • 1232 W. Belt Line Rd., DeSoto, TX

## Step 1 – Assemble the necessary supplies.

### Supplies:

Eggs, however many you want to dye  
Scraps of cloth, about 8 inches square, or nylon stockings  
Onion skins, brown skins for autumn-colored results; purple for lilac/pink shades  
Rubber bands  
Saucepan  
Water  
Slotted spoon  
Bits of textured items, such as leaves, rice or flowers to add to your eggs' designs during boiling  
Optional: Mod Podge or cooking oil

## Step 2 – Prepare for the dyeing process.

Start with a clean work surface upon which to lay out clean scraps of cloth. Peel five to six layers of onion skin, and place them atop the cloth. The skin will be in bits and pieces, which ultimately creates your egg's unique design.

Place bits of other small items, such as leaves or rice atop the peels. Remember, these added items need to be able to withstand boiling temperatures to have an impact on your final egg design.

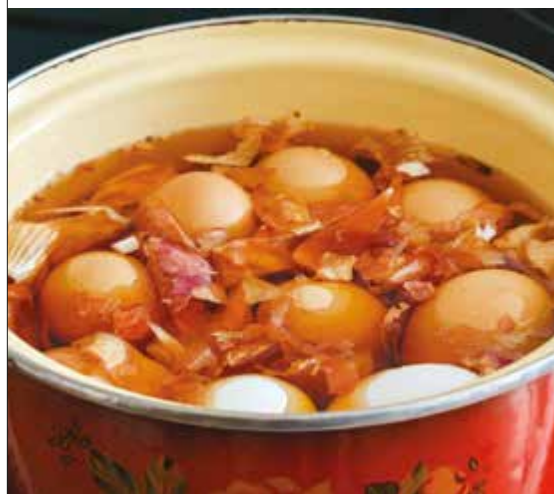
Now you are ready to place one egg atop the peel. You may use blown eggs, taking extra care with them because of added fragility, if you'd like. Securely wrap the cloth around the egg and peelings. Wrap the egg as tightly as possible without breaking it in order

**Spring has arrived at Knick Knacks!**  
*Time to refresh your home!*  
**Antique, Vintage & Contemporary furnishings and decor.**



215 W. Camp Wisdom Rd. • Duncanville  
972-283-9007 • [www.knickknacks.com](http://www.knickknacks.com)



to ensure a better final design. Tie the open ends together with a rubber band at the top of your egg. Complete this entire process with as many eggs as you wish to decorate.

Note: If using a nylon stocking, place leaves or flowers on the egg and wrap it at each end. With this variation, the onion skins are boiled in the pot with 2 tsp. of vinegar, not inside the cloth.

### Step 3 – Time to boil.

Fill your pot or saucepan about half to three-quarters full with water, and bring to a boil. Once the water is boiling, insert a few wrapped eggs at a time. Eggs should have room to move freely about your pan rather than touching one another. Use multiple pans, if you'd like to boil several at once, and add water as it evaporates to keep the eggs covered.



### Step 4 – The big reveal.

After boiling for about 30 minutes, remove each egg with a slotted spoon. Place them on an old cloth or paper towel-lined plate to cool. Allow the eggs to completely cool before gently removing the rubber band and cloth.

To make the eggs shiny, you cover them with Mod Podge Gloss or a bit of cooking oil. Mod Podge may increase the strength of your eggs, as well.

You are now ready to hide-and-seek your creative eggs, or simply display them to show off your creative Easter DIY skills. Either way, your onion skin-dyed creations will be fun to make and one of a kind. **NOW**

Source:  
Wikihow.com

**FREE CONTACT LENS FITTING**  
WITH THE PURCHASE OF  
A COMPLETE EYE EXAM  
Restrictions apply. Expires 4/30/2020

Anthony Peterson, O.D.

**Happy Easter!**

- Accepting New Patients
- Walk-ins welcomed
- Spanish-speaking doctor & staff (Se habla Español)

Hours: Monday-Thursday 9-6 | Friday 8-4 | Saturdays by appointment  
150 E. HWY 67 Suite 120 • Duncanville, TX  
**972-298-EYES (3937) ■ www.pecdallas.com**

Payments accepted:  
Cash, Debit, Checks  
**CareCredit**

Logos: vsp, Aetna, Superior Vision, EyeMed, block vision, MetLife, Safelens, MultiPlan, Medicare, UnitedHealthcare, Blue Cross Blue Shield, CHSNA

**Want to boost your immune system?**  
**We've got you covered!**

*CBD supports balance in all the systems of the body, including the immune system.*  
*These are our top 3 products for an extra immune boost:*

**CBD plus Omega-3**  
Coromega's emulsion for omega-3 fish oil has clinically demonstrated a 300% absorption advantage over other fish oil supplements.

**CBD plus probiotics**  
Our 10-strain probiotic is hand-crafted and pH balanced to survive stomach acid

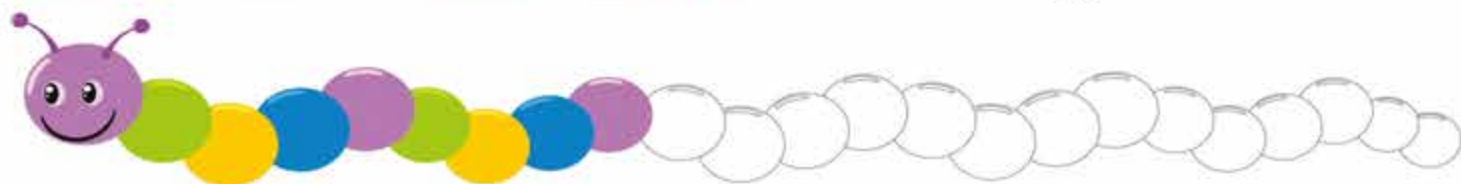
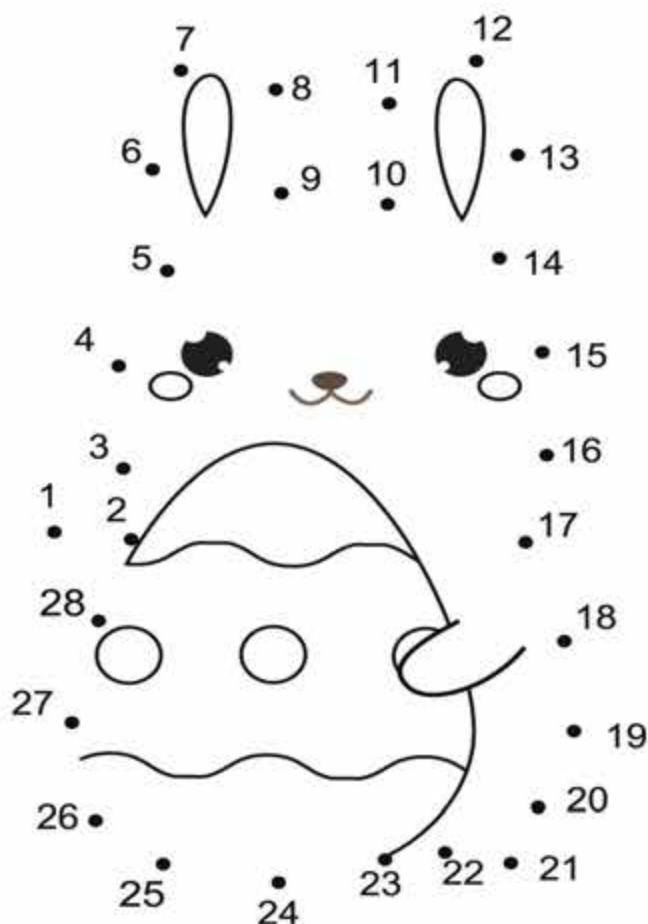
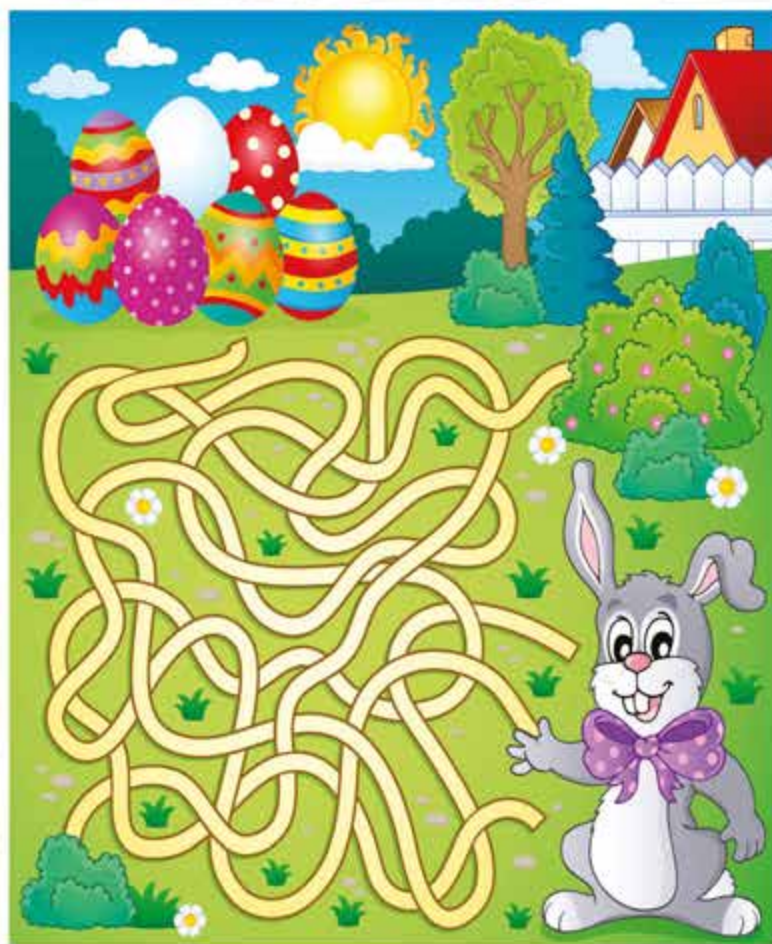
**CBD plus Turmeric**  
DocTurmeric is made with all real turmeric and ginger root, and raw honey.

**\$15 OFF \$40 or more**  
EXPIRES 4/30/20  
COUPON VALID ONLY AT CEDAR HILL LOCATION

Grown, Processed and Extracted in the USA

**214-225-2500 • CedarHillCBD.com**  
Mon.-Sat.: 10 AM-7 PM • Sun.: 12-6 PM  
642 Uptown Blvd, Suite 200, Cedar Hill, TX 75104

# Kids' Fun Page



Ovilla Family Dentistry Is Pleased To Welcome Our New Dentist  
**Dr. Bethany Sharpe!**



**972-223-0313**

105 Ovilla Creek  
Court #200 • Ovilla

[OvillaFamilyDentistry.com](http://OvillaFamilyDentistry.com)



Come meet our new dentist and receive **FREE** X-rays and  
an exam when you mention this ad through May 1st!



**COMFORT REHAB  
CHIROPRACTIC**

**GOT SPINE & JOINT PAIN?  
WE CAN HELP!**

Specializing in difficult cases and chronic conditions like:

Sciatica • Joint Pain • Migraine Headaches • Work & Auto Injuries  
Back & Neck Pain • Tingling in Hands & Feet • Arm & Shoulder Pain • Leg Pain

On-site: Pain Management / ESI Injection - Medical Doctor  
Treating Doctor for Federal/DOL/OWCP & TX Work Comp.



Dr. Bryan McCormick, D.C.



Dr. James, D.C.



Dr. Hassell, D.C.

*Spring New Patient Special!*

Mention this ad for

**EXAM, X-RAY  
& RESULTS | \$20**

(Expires 4/30/20.)

Gift certificates available.

**HOURS**

Monday 8:30 AM to 7 PM • Tuesday 1 to 6 PM  
Wednesday 7:30 AM to 6:30 PM • Thursday 8:30 AM to 6 PM  
Friday 8 AM to 3 PM • Saturday 9 AM to 12 PM

**(469) 454-2169 • [ComfortRehab.com](http://ComfortRehab.com)**

CEDAR HILL MEDICAL PLAZA  
950 E. BELT LINE ROAD, SUITE 180 • CEDAR HILL  
(Next to Methodist Family Health Center East)

# WE'RE RETHINKING SUMMER CAMP



SKYLARK IS AN ALL-SUMMER, ALL-DAY CAMP  
FOR KIDS ENTERING 1ST - 6TH GRADE  
ENROLL NOW AT [CAMPSKYLARK.COM](http://CAMPSKYLARK.COM)

265 W. PLEASANT RUN ROAD, CEDAR HILL, TEXAS 75104 REGISTER BY APRIL 1 TO RECEIVE THE EARLY BIRD RATE

## .... CHECK IT OUT at ....

[www.nowmagazines.com](http://www.nowmagazines.com)

A great new way to shop and do business locally!

**NOW** > THE  
Clickbooks LOCAL TABLE

Go to [www.nowmagazines.com](http://www.nowmagazines.com) and flip through  
a current edition of your favorite NOW Magazine.

Burleson • Corsicana • Ennis • Mansfield • Midlothian  
North Ellis Co. • Southwest • Waxahachie • Weatherford



When you see an advertisement or coupon that interests you ...

**CLICK ON IT ... >**

and you'll be instantly directed to that company's website.

# TIME TO UPDATE YOUR KITCHEN?

# MTM Countertops



## FREE

18-gauge  
Stainless Steel Sink  
(\$350 value)

Call or visit our website for details!  
[www.MTMCOUNTERTOPS.com](http://www.MTMCOUNTERTOPS.com)

**COME SEE OUR  
WIDE SELECTION!**

SHOWROOM HOURS:  
MON-FRI: 8AM - 5PM  
SAT: 10AM - 2PM

- FREE Estimates • Competitive Pricing
- Up to 15-year Warranty on Some Products



**2460 Hwy. 287 N. • Mansfield • For more info call 817.477.8663**  
(Northbound service road – between Callendar Rd. & Turner-Warnell)



## Your choice for medical imaging



When your health is in  
question, you want answers.

At Center for Diagnostic Imaging (CDI) we understand your need to know, so we provide high-field MRI, CT, ultrasound and X-ray services. 3D mammography and breast cancer risk assessment are available at our convenient outpatient location in DeSoto, and we offer cardiac calcium scoring in Mansfield.

Interventional services at DeSoto include uterine fibroid embolization (UFE), and treatments for peripheral artery disease (PAD) and varicose veins.

Easy scheduling with same- and next-day appointments is part of our commitment to you.

[myCDI.com](http://myCDI.com)



**SCHEDULE AN  
APPOINTMENT**

main 214.420.5400  
interventional services 214.420.5429

**DESOTO**  
1750 N. Hampton Rd.  
DeSoto, TX 75115

**MANSFIELD**  
2975 E. Broad St., Suite 101  
Mansfield, TX 76063

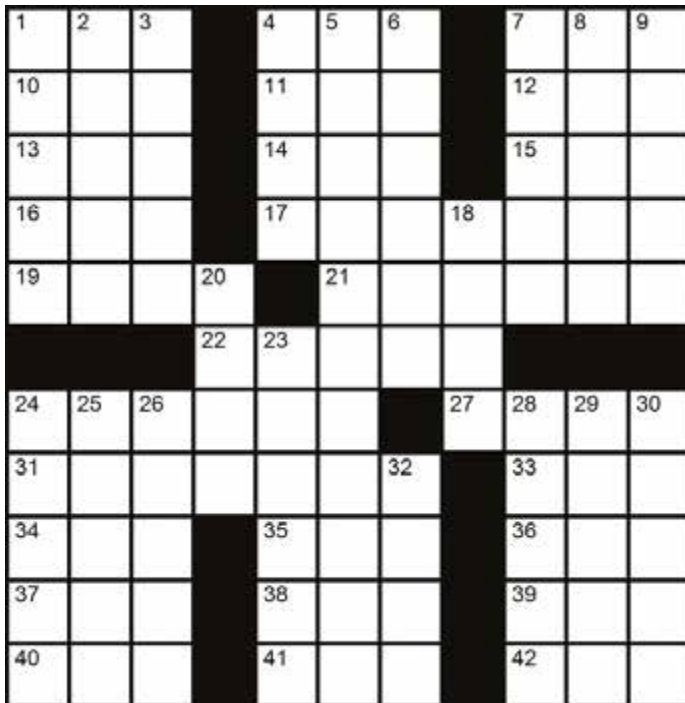
*We specialize in answers.*



DIAGNOSTIC IMAGING®

Center for Diagnostic Imaging is a DeSoto Park Health Services, Inc. (DeSoto Park Health Services, Inc. is a Texas not-for-profit corporation, and any officer or employee of DeSoto Park Health Services, Inc. who is involved in the operation of the Center for Diagnostic Imaging is an agent of DeSoto Park Health Services, Inc. in the state of Texas. The operations and staff who provide services at the imaging centers are not employees or agents of DeSoto Park Health Services, Inc. in any of the other states. © 2019 Center for Diagnostic Imaging 000000

# Crossword Puzzle



Crosswordsite.com Ltd

Solutions on page 44

## Across

- 1 Rugged auto
- 4 Besides
- 7 Print leaver
- 10 Startling exclamation
- 11 Fish eggs
- 12 Instruction to a Mexican hen?
- 13 Hogwarts mail deliverer
- 14 Outdated computer monitor type
- 15 Slender metal fastener
- 16 Memory size unit
- 17 Condescended
- 19 Donkey cry
- 21 You and me
- 22 "The Treasure of the Sierra —"
- 24 What became of the OSS?
- 27 Longest African flower
- 31 Commentary
- 33 Gallic refusal
- 34 Corporate ending
- 35 Program that performs repetitive tasks
- 36 Whale group
- 37 Very skilled person
- 38 Corroded
- 39 Application
- 40 Shelter
- 41 Breach
- 42 Conference and source of online talks

## Down

- 1 Manhattan Project goal
- 2 High building
- 3 Its delta lies near Astrakhan
- 4 Electrical discharges
- 5 Flickertail state
- 6 Inconvenient orange road sign
- 7 The old man
- 8 Outlander
- 9 Proceeds
- 18 Augury
- 20 Geneva-based youth org.
- 23 Car safety device
- 24 Experiment
- 25 Therefore
- 26 Event host
- 28 Two cents' worth
- 29 Unfettered
- 30 Finished
- 32 Pace

For online versions, visit [nowmagazines.com](http://nowmagazines.com)

**Keep Your *Independence.***  
**Let Us Do the Housekeeping!**

**Crescent Point**  
*Exceptional Retirement Living*

- 3 Delicious Meals Provided Daily with a Fine Dining Atmosphere
- Weekly Housekeeping Services Included
- Transportation to Doctors and Shopping at No Additional Charge
- 24-hour Concierge Service
- Small Pets Welcome
- Covered Parking Available



**A Capital Senior Living Community | Call Us Today to Schedule a Tour | 972-299-6551**  
**235 W. Pleasant Run Road, Cedar Hill, TX 75104 | WWW.CRESCENTPOINT.ORG**



OAK CLIFF  
BIBLE FELLOWSHIP

YOUR ONE STOP SHOP FOR

Quality  
Christian  
Resources



214-672-9119  
www.ocbfbookstore.org



1660 W. Camp Wisdom Rd.  
Dallas, Texas 75232  
Monday - Friday 9 am-7pm  
Sunday 9:30am-2pm

## COMPASSIONATE CARE

*Let us ease your journey*



Jaynes  
Memorial  
Chapel



811 S. Cockrell Hill Road  
Duncanville, TX 75137  
Phone: (972) 298-2334  
jaynesmemorialchapel.com

2020-2021 PreK-7th Grade New Student Applications  
Now Being Accepted!

Welcoming Academic Excellence Community Inspiring  
Engaging Global Passion Leadership Innovative Service Purpose Resilience  
Connected Relationships United Selfless



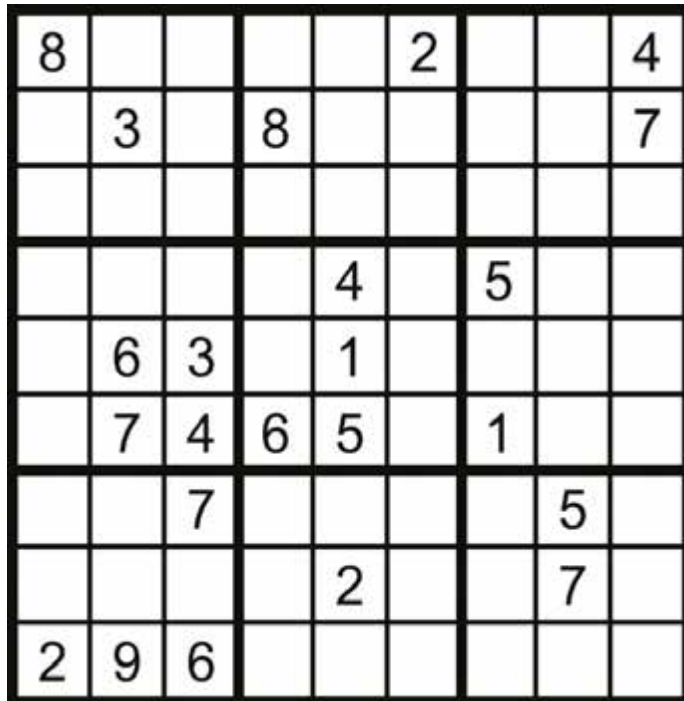
- Reading/Writing Workshop Model
- STEM Lab, Art, Music & Library Time
- Spanish, PE and Recess Daily
- Low Student-to-Teacher Ratio
- After School Care & Enrichment Programs
- Located in North Oak Cliff, Convenient to Downtown Dallas



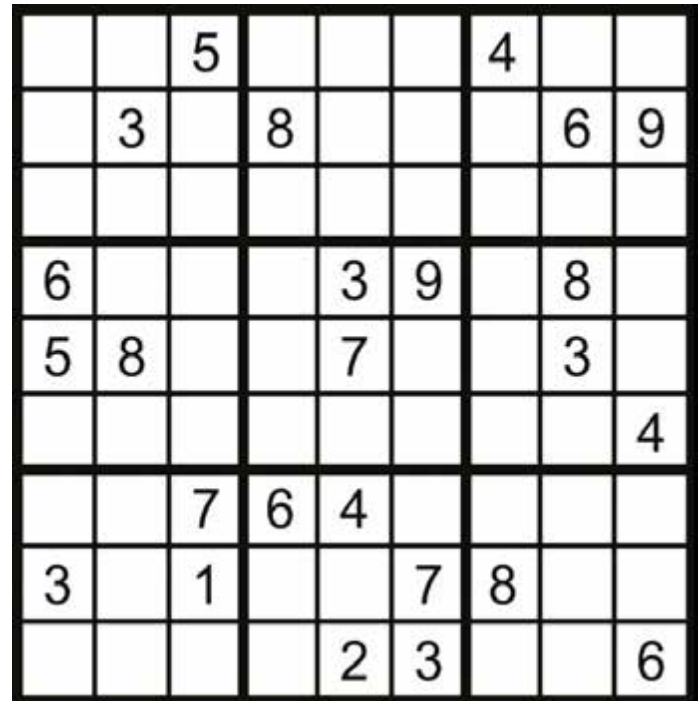
CALL TO SCHEDULE A TOUR 214.942.2220  
THEKESSLERSCHOOL.COM

# Sudoku Puzzle

Easy



Medium



For online versions, visit [nowmagazines.com](http://nowmagazines.com)

Crosswordsite.com Ltd

Solutions on page 44



Bristol Hospice, LLC, is graciously committed to our mission that all patients and families entrusted to our care will be treated with the highest level of compassion, respect and quality of care.

**Bristol Hospice**  
embracing a reverence for life  
**PATHWAYS**

**WE PROVIDE:**

- Pain and Symptom Management • Counseling and Support Services • Spiritual Counseling
- Therapy Service • Skilled Nursing Care • Home Health Aide Services • Volunteer Services
- Supplies, Medication and Durable Medical Equipment related to the Life-Limiting Illness
- Continuous Care • Outpatient Services • General Inpatient Services • Respite Care Services

**COUNTIES SERVED:**

Anderson • Cherokee • Collin • Dallas • Ellis • Gregg • Henderson • Hill  
Johnson • Kaufman • Navarro • Rockwall • Rusk • Smith • Tarrant • Van Zandt

**972-923-2436 • 877-214-3565**  
115 Park Place Blvd., Suite 100, Waxahachie, Texas 75165  
[www.bristolhospice.com](http://www.bristolhospice.com) Follow us Facebook.com/Bristol-Hospice-Pathways



**DAPPS**  
DALLAS AREA PATROL  
AND PROTECTION SERVICES

**FOCUS DAILY NEWS  
READERS CHOICE AWARD  
BEST SECURITY COMPANY  
2017-19**

**CHIEF M. JONES**  
CHIEF OF OPERATIONS

MOBILE NUMBER 214-632-4202 MAIN NUMBER 972-224-0920



1666 N. HAMPTON RD., SUITE 204-A, DESOTO, TX 75115  
[WWW.DAL-APPS.COM](http://WWW.DAL-APPS.COM) • [INFO@DAL-APPS.COM](mailto:INFO@DAL-APPS.COM)

**\$75 OFF**  
**FIRST TIME REPAIR**

Coupon only valid when presented at the time of the appointment. Offer expires 4/30/20



**Licensed Landscape Irrigator  
&**

**Backflow Prevention Assembly Tester**  
**Serving both the commercial and residential clients**

**SPRINKLER SYSTEMS**

- Inspections
- Installations
- Repairs
- Re-routes
- Upgrades

License #LI0012920

**BACKFLOW ASSEMBLIES**

- Testing & Inspection
- Troubleshooting
- Repairs
- Removal & Installation
- Reporting

License #BP0019018

**Licensed & Insured • Antonio "Tony" Cruz**  
**214-683-4091 • 972-639-3446**

*Burdett  
Financial  
Solutions*

**Take the first step  
toward financial  
freedom with the  
United Credit  
Protection Plan**

**PLAN INCLUDES:**

Credit Repair  
Credit Monitoring  
Budget Planner  
Debt Payoff Calculator  
Identity Monitoring  
Will and Trust Preparation  
Power of Attorney  
Financial Lockbox  
And More!

**CALL TODAY FOR DETAILS!**

**972-901-0384**

[WWW.BURDETTFINANCIALSOLUTIONS.COM](http://WWW.BURDETTFINANCIALSOLUTIONS.COM)



**WILLIE BURDETT, Agent**

COACH  
*Ana Rhoden*  
LIFE & HEALTH COACH FOR WOMEN

READY *for*  
WELLNESS

**21 DAY FIX**  
SIGNATURE WELLNESS PROGRAM

I help you manage your health and happiness through  
transitioning to a healthier diet & lifestyle.

**LEARN HOW TO HOLISTICALLY MANAGE:**

Fatigue  
Chronic Stress  
Hair Loss  
Gut & Hormonal Imbalances

TO TAKE THE NEXT STEP VISIT [WWW.READYFORWELLNESS.COM](http://WWW.READYFORWELLNESS.COM)  
OR CALL 214.421.2000



## SouthwestNOW Scavenger Hunt



Find 5 hidden chicks in  
5 different ads in this issue  
(not counting the one above).  
Email the page numbers and specific  
ads where they are found, plus your  
contact information and phone  
number, by April 15th to  
[scavenger.swn@nowmagazines.com](mailto:scavenger.swn@nowmagazines.com)  
One entry per person.

..... **WIN!** .....

**\$50 Cash Prize**

Courtesy of:  
NOW Magazines  
972-937-8447

[www.nowmagazines.com](http://www.nowmagazines.com)

**\$50 Cash Prize**

Courtesy of:  
NOW Magazines  
972-937-8447

[www.nowmagazines.com](http://www.nowmagazines.com)

Winners must pick up prizes  
within 30 days of drawing.

Horseshoes were found on pages  
13, 17, 21, 35, 44

March winners are:  
John Hillman - \$50 Cash  
from NOW Magazines  
Trophene Hickman - \$50 Cash  
from NOW Magazines



**NORTH TEXAS LEADING SPRINKLER REPAIR SERVICE**



# McGRAW'S

IRRIGATION SYSTEMS

## \$50 OFF Service Call & First-time Repair

OFFER EXPIRES 4/30/20

COUPON VALID ONLY WHEN PRESENTED TO TECHNICIAN AT TIME OF APPOINTMENT

## HAPPY Easter



**SPRAY HEADS**



**ROTORS**



**DRIP TUBING**



Foundation Drip Tubing Systems Installation

LIVE US ON  
**facebook**



**LI #21678**



# 972-438-4196

[www.McGrawsIrrigation.com](http://www.McGrawsIrrigation.com)



**NEW!**

[www.nowmagazines.com](http://www.nowmagazines.com)  
Searchable Recipes  
from the  
Now Magazines Archives.

**TRY IT TODAY!**

# NOW

MAGAZINES

# Batteries + Bulbs®



Need something?  
Use curbside pickup.

Order at [batteriesplus.com](http://batteriesplus.com).  
Call us to request curbside pickup.  
We'll bring your purchase  
outside when you arrive.



## Delivery Available

For our neighbors who are  
quarantined or high-risk.  
Call us.

**Cedar Hill**  
420 E. Pleasant Run Road  
469-272-4533  
Hours: M-F 8am-8pm  
Sat 8am-7pm  
Sun 11am-6pm  
[batteriesplus.com](http://batteriesplus.com)

**10% Off** +  
When You Buy Online,  
Pick Up In-Store

Valid online only. Code: CDP10011

Some exclusions may apply. Limit one coupon, discount, or special offer per item. Limit one shipping and order total offer per order. Not valid with business pricing. No cash value. See store for complete details.



## Phone & Tablet Repairs

Batteries, Screens & More!

Duracell is a registered trademark of Duracell U.S. Operations, Inc., used under license. All rights reserved. All registered trademarks are the property of their respective owners.

# SCAVENGER HUNT WINNERS!



Joanne Stripling is the winner of a  
\$50 cash prize courtesy of  
*SouthwestNOW Magazine*.



Kristy Beatty is the winner of a  
\$50 cash prize courtesy of  
*SouthwestNOW Magazine*.



Sandra Gant is the winner of a  
Eagles gift basket courtesy of  
DeSoto ISD.



Daniel C. Haydin, Jr.  
[danhaydin@sbcglobal.net](mailto:danhaydin@sbcglobal.net)

At Haydin Insurance Group, we know there are many unanswered questions about health insurance- individual, employer groups and even Medicare Plans. There will be changes and allowances made on plans that we know will come, but as of this moment, we don't have all of the

information. We are in touch with our carriers, and they tell us they will pass that info to us as soon as they can. If you are a client, let us hear from you with your questions. If you aren't a client, but you have questions, please contact us, and we will get back to you as soon as possible.

Regards,  
Daniel C. Haydin, Jr.

**We offer Medicare Advantage plans, Medicare Supplement plans, Prescription drug plans, benefits for Employer Groups, Life Insurance, Disability and Long Term Care**

**PH (972) 299-5355**

Rated A+ by the Better Business Bureau



**HAYDIN INSURANCE GROUP, LLC**

201 Bryan Place, Cedar Hill, TX 75104  
Corner of Bryan Place and Straus Rd



# Direct Mail Advertising Works!

Let *SouthwestNOW Magazine* present your advertising message to

# over 56,200

Home & Business addresses in the Cedar Hill, DeSoto & Duncanville ZIP codes



**Dustin Dauenhauer**



**Bryan Frye**

For more information, please call your local advertising representative.

## 972-283-1170

# NOW

MAGAZINES

Bringing the best of the community home

## Crossword - Sudoku Solutions

1	A	2	T	3	V	4	A	5	N	6	D	7	P	8	A	9	W
10	B	11	O	12	O	13	R	14	O	15	E	16	O	17	L	18	E
19	O	20	W	21	L	22	C	23	R	24	T	25	P	26	I	27	N
28	M	29	E	30	G	31	S	32	T	33	O	34	O	35	P	36	E
37	B	38	R	39	A	40	Y	41	H	42	U	43	M	44	A	45	N
46	S	47	M	48	A	49	D	50	R	51	E	52	C	53	I	54	A
55	T	56	H	57	E	58	C	59	N	60	I	61	L	62	E	63	
64	R	65	E	66	M	67	A	68	R	69	K	70	S	71	N	72	O
73	N	74	O	75	N	76		77	B	78	O	79	T	80	P	81	O
82	D	83	A	84	C	85	E	86	A	87	T	88	E	89	U	90	S
91	E	92	E	93	G	94	A	95	P	96	T	97	E	98	D	99	

Easy

8	1	9	5	7	2	3	6	4
6	3	5	8	9	4	2	1	7
7	4	2	1	6	3	9	8	5
1	2	8	3	4	7	5	9	6
5	6	3	2	1	9	7	4	8
9	7	4	6	5	8	1	2	3
4	8	7	9	3	1	6	5	2
3	5	1	4	2	6	8	7	9
2	9	6	7	8	5	4	3	1

Medium

8	9	5	3	6	2	4	1	7
7	3	2	8	1	4	5	6	9
1	4	6	7	9	5	3	2	8
6	1	4	2	3	9	7	8	5
5	8	9	4	7	6	2	3	1
2	7	3	5	8	1	6	9	4
9	2	7	6	4	8	1	5	3
3	6	1	9	5	7	8	4	2
4	5	8	1	2	3	9	7	6

**CREATING A BEAUTIFUL  
SMILE IS EASIER THAN  
YOU THINK.**

**DENTISTRY CAN  
BE PAIN FREE &  
AFFORDABLE.**

**CALL US  
TODAY!**

**AVAILABLE  
SERVICES:**

- INVISALIGN
- WHITENING
- CROWN AND BRIDGE
- TOOTH COLORED FILLINGS
- IMPLANTS/MINI IMPLANTS
- PERIODONTAL TREATMENT
- DENTURES AND PARTIALS



**WILLIAM A. BROWN, D.D.S. F.A.G.D.**

**972-298-8515**

**[www.williamabrowndds.com](http://www.williamabrowndds.com) • [williamabrowndds@gmail.com](mailto:williamabrowndds@gmail.com)**

**GENERAL DENTISTRY • 226 N. CEDAR RIDGE RD. DUNCANVILLE, TX 75116**

# FIND ONLINE COMMUNITY AT TRINITY CHURCH

Even though we are in an unprecedented time of social distancing and quarantine, we are still here! Distance doesn't have to mean isolation - we want to stay engaged with you.

Join us online for services, Bible studies, kids' ministry, youth ministry, and daily devotionals from our pastoral staff.

Make sure to follow us on social media to get and stay connected!

- 🖱️ [trinitychurch.org](http://trinitychurch.org)
- 📷 [trinity\\_online](#)
- 🐦 [trinity\\_online](#)
- 📘 [trinitychurchcedarhill](#)
- 📺 [trinitychurchcedarhill](#)

