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ON THE COVER



Adriance Rhoades gives a new meaning to point and shoot.

Photo by Amanda Rooney.

CONTENTS

 April 2015 • Volume 10, Issue 4

8 Everything in Focus
Photography will be the means to fulfilling Adriance Rhoades' big dreams.

18 The Spice of Life
Two guys make a difference in a flavorful way.

28 Number 3 and the Letter G
At Home With James and Michelle Grizzle.

36 Outdoor Living Texas Style
Enhance your property and enjoy yourself in your own backyard kitchen.



44 BusinessNOW
46 Around TownNOW
48 FinanceNOW
52 CookingNOW

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Editor's Note

Greetings, Mansfield!

Recently, I have been utterly consumed with a strong case of wanderlust. Spring is knocking on our doors, and my desire to take off on a big adventure to explore the world is undeniable. However, the daily responsibilities of work and family remind me that packing up and venturing off at the drop of a hat is simply unrealistic. What a predicament to be in!

When I was younger, I lived for the joy of late nights and long road trips. These days, I'm much more likely to be in bed by 9:00 p.m. and dread making any drive longer than 20 minutes. Alas, I'm reminded that life is most certainly meant to be enjoyed, and that although work and family occupy most of my time, the sporadic call of the open road and the wild outdoors shouldn't be ignored.

So, let's go!

Sara

Sara Edgell
MansfieldNOW Editor
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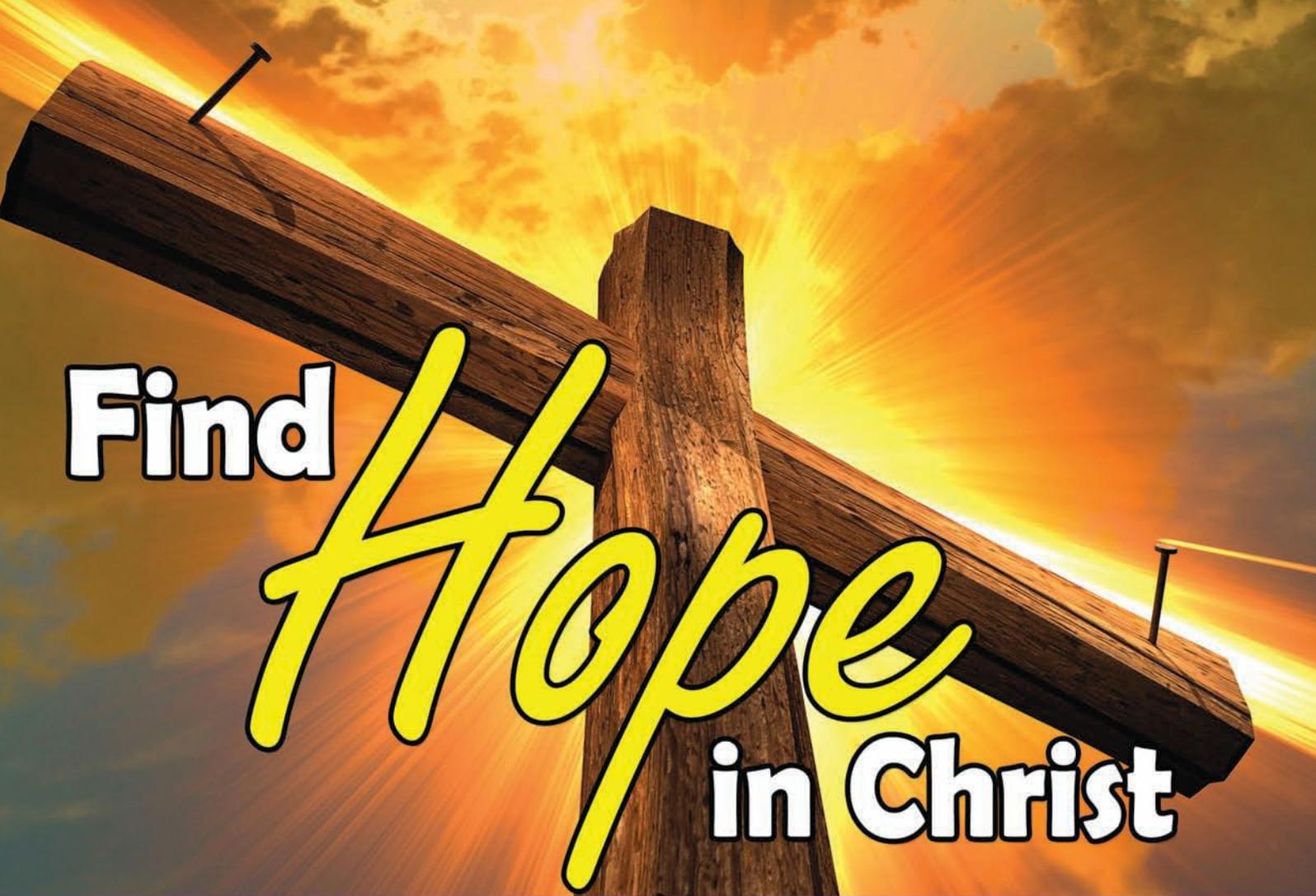
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everything in focus

— By Callie Revell

Adriance Rhoades has a collection of 20 vintage cameras, but they aren't just for show. As a senior at Legacy High School, Adriance is serving as the yearbook photo editor and cultivating her photography skills in the process. "My favorite subject at Legacy is journalism," Adriance said. "As a kid, I would get disposable cameras and take pictures with them, because my mom did scrapbooking. She was always taking pictures of me and my brother, so I've always been surrounded by photography."

Adriance didn't take a serious interest in photography until the end of her eighth-grade year. "I had just gotten an iPhone, and I was looking through apps to download," Adriance remembered. "Instagram was one, and nobody had it back then. It was a fun way to take pictures and put filters on them. That's what sparked my interest. I just started taking pictures of anything and everything."

Soon, Adriance's new obsession caught the interest of her





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mother, Joy Nelson, and eventually her teachers. "I've enjoyed watching her photography evolve," Joy said. "I'm a photographer myself, but she takes it to another level. She's way more creative than I am. When I notice the things she comes up with, it's fascinating, because I would never be able to see what she sees. She thinks outside of the box in a way I can't." Joy is pleased her daughter is receiving recognition for her talent and learning to express her passion at the same time.

Adriance started an introductory photojournalism class her freshman year, but her teacher soon noticed her talent and decided she was ready to join the yearbook staff right away. "I was the first freshman ever to switch over to the publication in the middle of the year," Adriance said. "It made me feel like I had potential." However, the transition wasn't completely smooth. Being the only freshman in a class with older students wasn't easy. "It was very intimidating. I just did whatever they asked me to do to get the experience," Adriance said.

While in her photojournalism class, Rachel Dearing encouraged Adriance to join yearbook. "I met Leland Mallett and David Mason after joining the publication," Adriance said. "David Mason



is my art photography teacher, the class I started taking my junior year.” All three of these educators have influenced Adriance by always encouraging her, challenging her and being available to give advice. “They’re the ones who have pushed me and wanted me to grow,” Adriance said. “I wasn’t that good



at first, but I got progressively better.” Adriance credits her teachers for much of her current success. “They’ve given me a lot of inspiration,” she said. “They expect greatness out of me, and it’s really pushed me to be where I am today.”

This is Adriance’s second year as yearbook photo editor. “I make sure every deadline has the pictures they need and every page has the colors corrected and the lighting edited,” Adriance said. “They have me approve the pictures on each page. I also do a lot of the scheduling to make sure everything gets covered as much as possible.” She also takes pictures for the school newspaper. Her leadership roles allow her to mentor younger students who are aspiring photographers. They have a lot of questions. “Sometimes, though, they are a bit intimidated,” she

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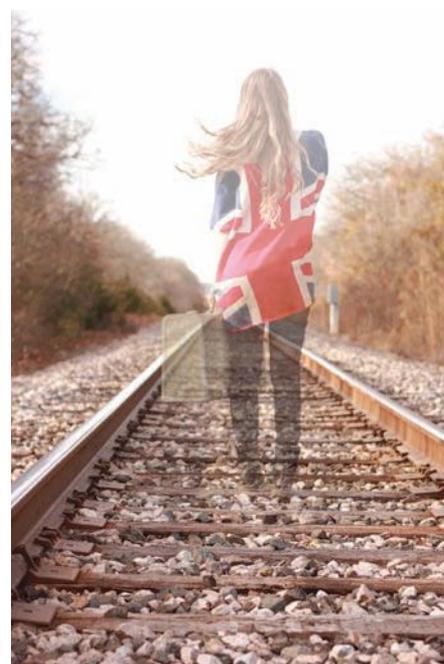


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said. She remembered a particular football game when she and her photographers arrived to set up their equipment. "I was standing there adjusting my settings, and all of them lined up next to me and looked at the settings of the person next to them," Adriance laughed. "It was pretty funny. They didn't come up and ask me for the settings. They just peeked over and passed it down, like a game of telephone."

Although Adriance knows how to shoot on film, she prefers digital photography. "I



think I was drawn to it, because you can make anything look the way you present it," Adriance said. "You can do anything you want with it in Photoshop. It's a very open and creative medium. I just taught myself how to shoot in manual, and from then on, I could basically do anything I wanted."

Adriance shoots various types of photography, including senior portraits, surreal images and journalism photos. "One of my favorite artistic ones was my hands coming out of a suitcase," Adriance said. "I had to take a compilation of pictures and edit parts to erase things. I like editing things to the point where they shouldn't be realistic, but they still look that way." For school, Adriance enjoys photographing the color guard and the dance team, because she likes the movement and bright colors. She also shoots football and baseball games and other school events.

She recognizes the changing face of photography as an artistic medium in



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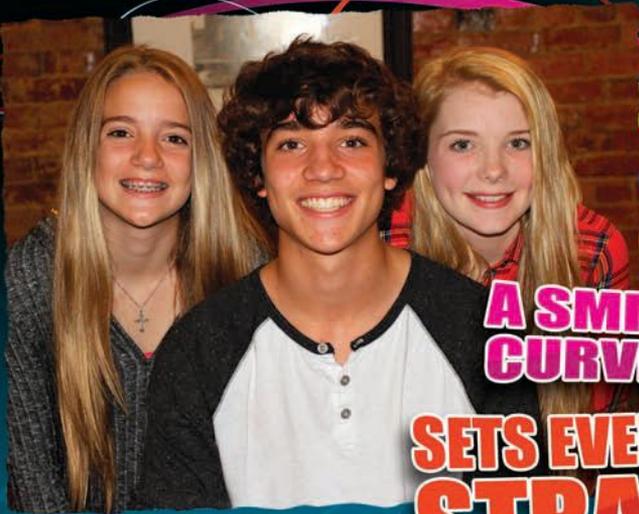


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the digital age, but she believes it will always remain relevant. In a world where everyone carries a camera everywhere in the form of a cell phone, Adriance hopes to stand out from the crowd. "When people just use their phones to take pictures, they're not really thinking about the creativity behind it," Adriance said. "They're just capturing whatever they want to capture. I have to think about the background, the lighting and all sorts of stuff that goes into the picture. A lot of people don't think about that. You need a creative eye to be able to go further with it."

Adriance has won several individual achievement awards through the University Interscholastic League, including first place news photo, first place feature photo and second place sports feature photo. She won a Tops of Texas Award in Student Life Photo



from the International League Press Conference. She also won awards from the Association of Texas Photography Instructors. Most recently, she was very excited to win a national award in the Journalism Education Association Write-Off Contest. "I spent three weeks carefully picking pictures and going over things with my teachers," Adriance said. "I worked very hard to make sure I had a good portfolio."

Adriance's awards and practice are beginning to pay off as she applies for college photography programs. She applied and was accepted at both Texas State University, and her first choice, St. Edwards University in Austin. "I would really like to work for a fashion magazine or a website for a clothing line," Adriance said. "I'm leaning more toward the journalism side, too, though. I'm stuck trying to decide which side I want to do. I love doing both." For now, Adriance is certainly enjoying the view from behind a lens. **NOW**

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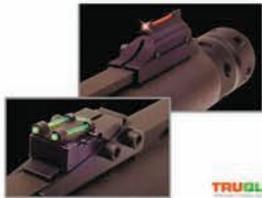
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THE SPICE OF LIFE



— By Sara Edgell

Growing up in Mansfield, Joe Jenkins has a strong love for the community. He knows the history of this town he calls home and takes great pride in the fact he is, in a sense, writing a new history that includes his distinctive charity work. In life, Joe has three simple, yet vital, loves: family, giving back and chili. By mixing them together, Joe has created the perfect recipe to go down in history.

As a child, Joe was brought up to respect others, cherish family, have fun and give back as much and as often as he could. These lessons continue to work in Joe's life as he passes them down to his children, not only by teaching, but also by doing. He never misses a chance to joke and play, as it keeps him young at heart, yet he makes it a point to take care of business, when necessary.

Despite his serious passions, Joe refuses to take himself too





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seriously. A true testament to his fun and quirky personality, Joe and wife Jennifer married on April Fool's Day nine years ago. They welcomed their first child, son Christian, in 2009 and completed their family in 2013 with the arrival of daughter Chloe. In 2011, Joe decided to formulate a perfect recipe by combining his infinite love of chili and family with his strong desire to give back and do for others. He jumped on board to help out some friends with a chili cook-off. Two years later, Joe took over the charity fundraiser reins, making it his baby and implementing big changes.

First, he brought the cook-off closer to home, moving it from Keller to the Mansfield-Arlington area, and involved Alex Alkhazsvilly, a friend and business associate who is also passionate about giving back. Alex contributed as a helper his first year but eagerly became more



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heavily involved when the opportunity presented itself. "I believe in giving back and helping the community and people in need," Alex stated. "I make an effort to give back as much as I can now since I am able to."

Next, Joe contacted CASI — Chili Appreciation Society International — the official chili cook-off governing body in the U.S. Due to the involvement of CASI, the event grew significantly in size with chili cooks from all over the country participating in order to win points to qualify for the International Cook Off held every summer in Terlingua. Last year, the event hosted about 20 professional chili competitors. "They bring their RVs and decorate based on their different themes," Joe said. "It's a lot of fun."

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in either of the two divisions offered: professional or amateur. The pros are judged by a CASI-selected team of judges and are required to follow the strict rules in the handbook — the first and most important being no beans! They must also be registered members and pay the necessary fees in order to compete. The amateur division is more relaxed and judged by a single surprise celebrity judge, although beans are still prohibited! "Once beans are added, you enter into stew territory," Joe clarified. "Chili is all meat, in my book."

Finally, Joe wanted to find a local charity that could really benefit from the funds raised on a local level. With Alex in agreement, they started looking for something where their contribution would make a real and effective impact in the community. Joe learned about Michael and Sarah Lemley at a charity golf tournament benefiting Mattie's Promise and immediately realized this was what they were searching for. The Lemleys started Mattie's Promise shortly after their twins were born premature. One of the twins, Mattie, never left the hospital. "As a parent, the Lemleys' story really hit close to home for me," Joe said.

During the weeks the Lemleys spent in the NICU, they witnessed countless families without the means to support themselves during their child's stay. Many of these families had to leave jobs and drive from all over the state to stay with their babies. Several were living out of their cars and couldn't afford to eat in many cases. Michael and Sarah knew this was their chance to take action in honor of the child they had lost, so they formed Mattie's Promise to help families of premature babies financially and emotionally.

"The amount of money we raise will be huge for them," Joe said. "They want to be involved in every step of the planning, and they are so grateful for

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our support. They are the perfect charity for us." In years past, they have raised about \$12,000 each year, but they're shooting for \$20,000 this year. With tons of vendors, plenty of chili, tasty beverages and live entertainment, this goal is certainly feasible. This year, the event will be held on April 11, 2015, at 3600 S. Cooper in Arlington from noon to 4:00 p.m. Attendees can look forward to bounce houses for the kids, chili of all kinds and flavors, beer and margaritas, a live and silent auction, as well as live performances by Michael Padgett, Justine Frizzell and others.

After many years of working together, Joe and Alex are seasoned professionals in a category all their own. Even though they spend countless hours and dollars to make the event happen each year, it's worth it all. Having a shared vision and common interests, primarily chili in this case, definitely lends to their success. "We make a good team, and we can both count on each other to get the job done and accomplish our goal," Alex said.

So why do they do it? The answer is really quite simple: to help people who need it and have a good time while doing it. But why chili? Considering chili is the official dish of the state of Texas, there is no better fit. "I am a great fan of chili. I love spicy chili and try to have it on a regular basis," Joe said. "Chili is arguably my favorite food. I could very well eat it every day. No two chilies are the same, and that's what's so fun about chili cook-offs — trying all of the different chili!"

A day filled with family, chili, music and charity has proven to be a satisfying recipe for Joe. But ultimately, having a good time, all while supporting a local charity in a meaningful way, is what it's really all about for Joe. "The event is a ton of work," he remarked with a smile, "but in the end, it's a blast and completely worth it all." **NOW**

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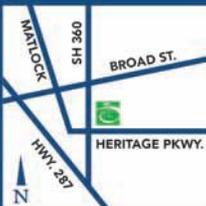
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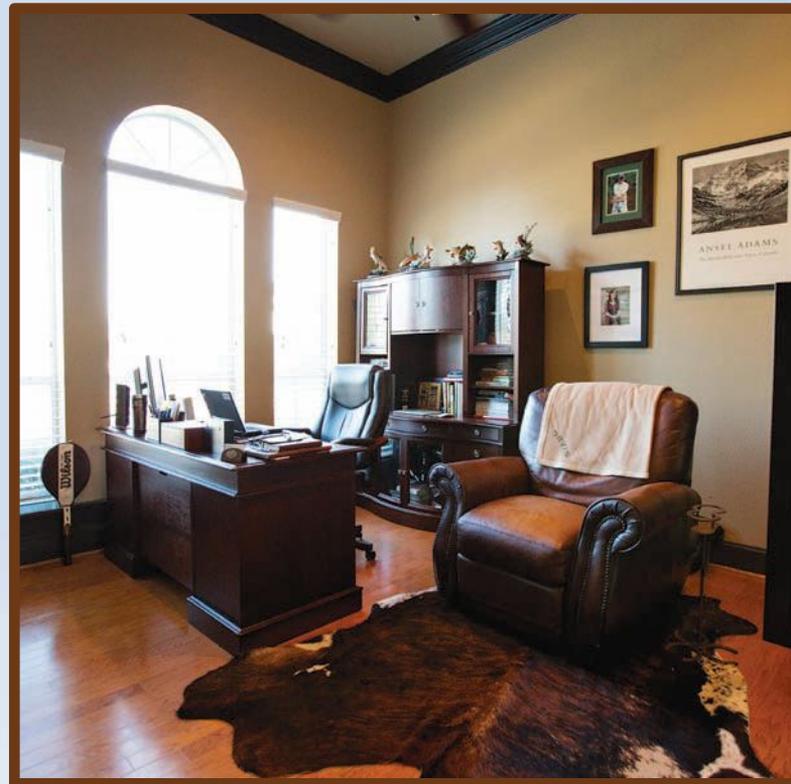
— By Carolyn Wills

At Home With James & Michelle Grizzle

James and Michelle Grizzle and their 17-year-old daughter, Paige, are uniquely at home with life's quirks, coincidences and depths of faith, love and courage. How and why they discovered their beautiful French traditional home and the ways in which they have made it their own pay testimony to that. "Even if we're not at home, you can tell a lot about who lives in our house," James smiled.

True enough. A glimpse says the owners of this 3,200-square-foot home share an affinity for Colorado and are also keen on the Texas Hill Country. They enjoy music, and by the volume of signed limited-edition books, they clearly love to read. "Paige and I are voracious readers," he added. "Also, the photography and art are from places we've actually visited."

Their four-bedroom brick home with its stately half-circle drive is both exquisite and inviting. The house was built in 1997, and the process by which the Grizzles bought it in 2012 is slightly quirky and coincidental. "Initially, we looked at the





house separately and later learned it felt like home for each of us the instant we walked in," Michelle smiled. Interestingly, the listing belonged to an old friend. "James and I used to play tennis with him, but had lost touch. It seemed he was in the process of downsizing." By the time all was said and done, the friend had fallen in love with the Grizzlies' house. They ended up buying each other's homes. Soon it was time for remodeling to begin.

"We made a ton of changes," Michelle said. First, the single, glass-paned wrought iron front door was replaced with dark-stained rustic double doors, giving the already impressive entrance more substance and warmth. Wood floors were laid in the main living areas, and new blinds were installed on all 26 windows. "We also replaced the HVAC system and put in a tankless water heater," she added.



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In the kitchen, whitewashed, maple brown cabinets were painted a smoky gray. A small sink was removed from the center island and new granite countertops, backsplash and appliances were welcomed. In the living room, the floor-to-ceiling mirror and marble fireplace were refaced with a mix of natural stones, which were also used on a new surround for the kitchen peninsula.



“Every wall, trim and door was painted,” Michelle said. Today, the variety of neutral tones throughout the home is breathtaking. “The walls tend to change with the light,” she smiled. “Sometimes they’ll be smoky gray, sometimes misty green and then sometimes blue or silver mist.” The noted exception is the dining room which is a warm and cheerful terra cotta.

“A great feature of this house is its flow,” James said. “Everything revolves around the open living area.

There’s plenty of space, yet when I’m in the study and Paige is in the living room and Michelle in the kitchen, we’re still together.”

With 14-foot ceilings, neutral walls and deep moldings, the first impression of that central area is one of openness, taste and comfort. “Michelle makes everything look good,” James explained. “Paige and I collect things, and she blends it all.”

The new “old” fireplace mantel is especially exciting. “I wanted a really special mantel,” Michelle said. Special

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showed up in the form of a 20-year-old wood beam which had once been part of an old barn. “We love it,” she said. “With scrapes, dings and worm holes, it reminds us of Colorado and Texas.” Also reminiscent of the family’s beloved geographies are a Texas flag painted on a wood pallet and hung above the mantel, a huge coffee table made from an antique door, plus a scattering of framed photographs, paintings and mementoes of places visited.

Some accents include one or both of the family’s favorite numbers. “We have a family brand,” Michelle shared. “It’s the number 3 and the letter G. The number 23 also holds special meaning.” Both numbers frequently show up throughout the house. “The significance of 23 is its prevalence in our lives,” she smiled. “James and I were engaged on the 23rd and married on the 23rd. James graduated 23rd in his high school class and, right now, Paige is 23rd in her class. It’s not unusual for us to receive a bill for something like \$23.56. For some reason, 23 is part of our family, and, then, we are the three G’s.”

“This house is home,” Paige said. “I like to hang out with friends in the living room, and my bedroom is actually in its own wing.” Paige is president of her junior class at Mansfield High School. Her schedule includes five advanced placement (AP) classes, and her goal is to become a doctor. She’s also active in her church youth group and sings with a newly formed contemporary Christian band called A Threefold Chord. Appropriately, her room is fun and colorful, with turquoise and black furniture and a bright patterned quilt.

James’ study opens to the living room, and while it offers quiet, it is also connected to the family. Beautifully furnished, it reflects his love for fly fishing and rare books.

The Grizzles are a close-knit family. They love spending time together, whether taking country and western dance lessons for Paige's birthday, fly fishing in Colorado, enjoying a meal of Michelle's peach whiskey chicken with smoked grits and pecan pie or celebrating Thanksgiving with an open invitation to guests. James is financial services practice manager for Informatica, and Michelle is a hair stylist. They met when she cut his hair and have been married for 20 years. Two other Grizzles include 10-year-old Terrier Mix, Maggie, who loves to sunbathe in the backyard, and 5-year-old orange tabby, Maximus Decimus Meridius.

This courageous family also understands the importance of faith and fortitude in the face of challenge. Finding their forever home was actually prompted by one of life's toughest challenges. Five years ago, James had arrived at the end of a long and successful battle against cancer. "I had survived surgery," he said. "I lost 75 pounds in one month, and after chemotherapy, radiation and a positive outcome, I was ready to move away from the house where I was sick."



The Grizzles' decision to move delivered more than a lovely home. Beyond hard work with outstanding results, their home is a dedication to a sometimes quirky, often coincidental and always loving family. "James and I have a running competition," Michelle grinned. "If we disagree, the one who ends up wrong must sign and date a dollar bill and give it to the winner." It's safe to say this is a family of winners. **NOW**

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Outdoor Living

Texas Style

— By Carolyn Wills

Understandably it's no surprise Texans have long loved the joys of cooking and eating "out." Where else (OK, besides California) is the climate so conducive to outdoor living and the people so inclined to share great weather and food with family and friends? Texas is where perfectly prepared barbecue reigns as the undisputed goal for bragging rights, the governor's inaugural celebration fare and clearly the all-time favorite at holidays, family gatherings and Western-style weddings.



Even our original and beloved TV show, *Dallas*, is credited with affecting America's outdoor cooking. According to www.lagrillislands.com, when the Ducane Company, a grill manufacturer, was asked to create a special island grill for the wealthy oil-drilling and cattle-ranching Ewings, their prefab design, consisting of dual grills surrounded by spacious counters, not only fulfilled the Ewings' needs but resulted in a huge demand from homeowners, which in turn, led to a whole new product line for the grilling industry.¹ The original *Dallas* series aired from 1978 to 1991, and today, that special prefab grill remains a backyard standard for many outdoor cooks.



Dallas, though, is not alone in its influence. Today, broadcast channels like HGTV and DIY Network have introduced homeowners to the bigger, brighter, fancier world of fully functioning outdoor kitchens. Outdoor kitchens, aka patio or summer kitchens, have been around for decades, but according to www.outdoorkitchenfranchise.com, it took a collapsing housing market to spark their super surge in popularity. In

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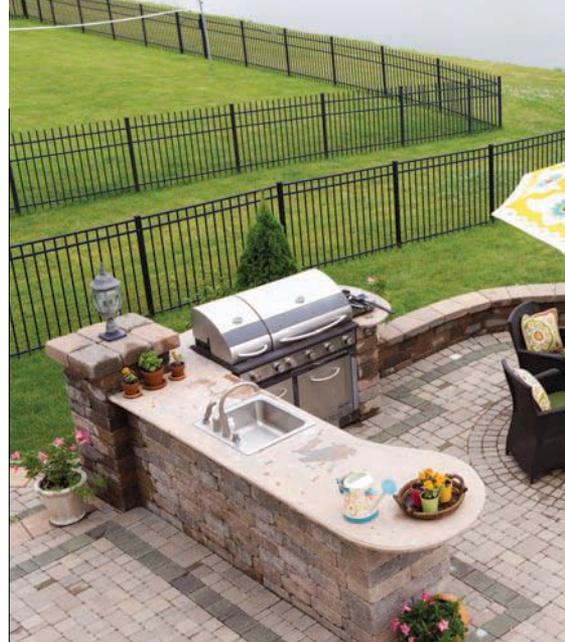
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the mid-2000s, the housing market plummeted and many homeowners saw the wisdom in and even necessity of staying home, remodeling. In the process, they realized the advantages of outdoor living, especially in climates like Texas.²

In a 2012 Residential Trend Survey, the American Society of Landscape Architects found America's infatuation with outdoor kitchens is continuing. So, what's it all about, then, this interest in cooking, dining and entertaining in the wide (or not-so-wide) expanses of the backyard?

First, the Downsides:

- An outdoor kitchen is forever linked to weather conditions.
- Kitchenware and appliances can suffer from exposure and, potentially, are also vulnerable to theft.
- Noise, smoke and odors might challenge neighbors.
- Depending on layout, materials and features, an outdoor kitchen can be costly to build, and without careful consideration of standards, values and market conditions, their end return could prove negligible.
- Costs are not declining. From a few simple features to a chef's dream, outdoor kitchens range in cost from \$3,000 to upwards of \$100,000. According to *The Wall Street Journal*, high-end outdoor equipment manufacturer, Kalamazoo Outdoor Gourmet, says their average outdoor kitchen built in 2012 cost \$40,000, up from \$30,000 in 2010.³



Now, the Upsides:

- Outdoor kitchens are fun, which is the No. 1 reason to have one. They encourage time outside, cooking, relaxing with family and friends, swimming (if there's a pool), watching TV, having parties or intimate dinners and enjoying food that can only taste so good because it's cooked outside. Let's face it, nothing compares to the flavor of a grill or an outdoor pizza oven.
- They add to a home's livable space and entertainment options.
- They help equalize cooking duties and encourage group participation with meal preparation and cleanup.
- They engender a certain pride of ownership. With luck, when it's time to sell they become a hot selling point with potential profit on investment, or at the very least, an extra drawing card for potential buyers.
- They keep heat, smells and mess outside for lower utility bills and a cleaner house.
- In North Texas, they offer year-round use (well, maybe a little less in August and September).



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What You Need to Know:

- Outdoor kitchens designed with homeowners' needs and budgets in mind offer the greatest return on enjoyment, investment and peace of mind.
- The grill must be the star attraction.
- Hiring a contractor is a good idea. (Some projects may allow for do-it-yourself skills, but professionals are needed when plumbing, electrical and gas are involved.)
- Use wisdom: Be aware of neighborhood home values, stay close to that standard and beware of overbuilding.
- Permits, codes and standards vary by city. In Texas, permits are generally required for any home improvement beyond painting or simple cosmetics. Be aware and adhere to codes and standards (another advantage in hiring a contractor).
- When designing an outdoor kitchen, it's smart to complement the home's exterior, decorate for the comfort of the indoors and resilience for the outdoors and to pay attention to flooring, walls and ceilings.
- Within budget, it's advisable to buy top-of-the-line appliances starting with the best barbecue grill.



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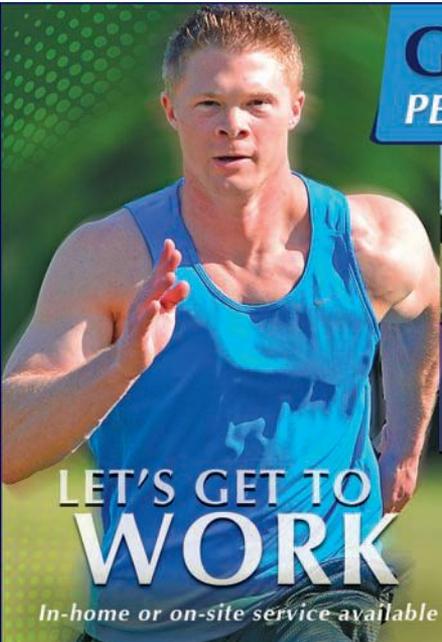
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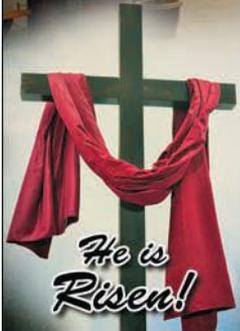
Today, outdoor kitchens can be accessorized to the hilt with the likes of Sub-Zero refrigerators, stoves, pizza ovens, bread warmers, custom cabinetry, stone work, soaker sinks, trash compactors, barbecues, espresso makers, wine coolers and kegerators. They can be shaded by a pergola, canopy or finished ceiling and accompanied by sound systems, ceiling fans, flat screen televisions, sofas, outdoor rugs, cocktail tables, fire pits, water features and fancy landscaping.

For homeowners who love cooking, entertaining and the outdoor lifestyle, the upsides of having a personal outdoor kitchen greatly outweigh the downsides. Options are endless. Building can involve do-it-yourself, budget-conscious work and the whole process can be done in stages. Texans, other than the Ewings, can also afford the joys of an outdoor kitchen, since Texas is the perfect place to have one! **NOW**

Sources:

1. "Grill Islands; Your Customizable Outdoor Kitchen." LA Grill Islands. www.lagrillislands.com.
2. "Outdoor Kitchen Market Grows as the Housing Market Shrinks." Soleic Outdoor Kitchens. Outdoor Kitchen News, Outdoor Living Industry. Posted November 29, 2012. www.outdoorkitchenfranchise.com.
3. Jackson, Candace. "Take it Outside." *Wall Street Journal*, June 21, 2013. www.wsj.com/articles/SB10001424127887324188604578543622976022866.

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Where Everybody Knows Your Name

Customers aren't just another number at this barbershop, they're family.

— By Sara Edgell

In May 2008, two sisters opened the doors of their very own barbershop for the very first time. Their fears and concerns fell away as the first customers came in for cuts, shaves and trims. In their element, Holly Heflin and Penni Holland took a risk on something they were both knowledgeable and passionate about. Although it was a major risk, the sisters gave it their all, and now, nearly seven years later, they're enjoying the rewards of their hard work and determination.

After years of learning the trade, they knew opening their own shop was the way to go, so they got to work the old-fashioned way. "We started our business before smartphones, before everyone had the Internet at their fingertips and before social media, so we relied on word of mouth and flyers," Holly recalled.

Every weekend for many months, they would drive around Mansfield looking for the perfect location for their vision. And

what they envisioned was a barbershop: an open, community-feel type of place reminiscent of the barbershops of yesterday, specializing in men's cuts. "There's a salon on just about every corner of just about any town," Holly stated. "We wanted to do something different, something classic that nobody else had.

"When we opened, we didn't even have a sign, just a giant balloon with Barbershop written on it. Businesswise, we were really flying blind," Holly said. Their philosophy was that as long as they were doing what they loved and doing it well, the business techniques would be acquired through experience. After all, the heart of Vintage Barber Shop is great customer service and great haircuts in a niche especially for men.

The entire staff shares this mentality and makes it a point to talk with each patron when they sit in the chair. Those talks are crucial, because the goal is to provide a customized cut

Business **NOW**

that matches the customer's wants and needs. "We all care so much about what our customers think and feel about the services they are receiving," Penni confirmed. "We strive to give not only the best haircuts, but to know our customers. We want people to come in once, love the experience they have and become a customer for life!"

Although the primary focus is on men, they also cater to women and children. The shop is a family-friendly place where everyone is welcome. The experienced staff includes a wide range of talents and specializations including flat tops, precision cuts and old-fashioned hot

CUSTOMER RELATIONSHIPS ARE WHAT MAKE THIS PLACE SO COMFORTABLE AND INVITING.

shaves. "There are very few places these days where you can go to get a hot lather and straight razor shave," Penni said. "And then there are flat tops! I love when someone new comes in and asks if I can do a flat top, and I can confidently say, 'Yes, sir!'"

While these services are somewhat of a specialty unique to the shop, the staff takes pride in the fact they can confidently provide any and all types and styles of cuts imaginable. "Each barber has a specialty, so we try to match up our customers with the perfect barber for what they want," Holly stated.

Customer relationships are what make this place so comfortable and inviting. People come in for a haircut but stick around for the company. "It's a really special thing that we have here," Holly smiled. In combination with the shop's nod to the traditional, classic barbershop feel, the shop has an extraordinary sense of individuality in which the sisters take great pride. Essentially, Holly and Penni's risky plan was fail-proof, and they couldn't be any happier. **NOW**

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Chuck and Joni Wilson get there groove on while dancing at the Mansfield Cares Charity Ball.



Committee Chair Mark James and Scout Master Ivy Lynn Brush recognize Senior Patrol Leader Christian Nicholas of Boy Scout Troop 2014 during Scout Sunday at The Faith Community of East Broad Outreach.



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Katie and Jason Watson and Debbie Koennecke strike a pose for the camera at the 16th Annual Mansfield Cares Charity Ball.



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Even if you qualify to convert your traditional individual retirement account to a Roth account, it doesn't mean you should. The right answer is probably tied up in concerns about personal income tax rates, your plan for your estate, the current state of your finances and, in a sense, your best guess about your future tax circumstances.

Here are the principal differences between the two IRA plans:

Traditional IRA

Created in 1974, the traditional IRA allows qualified income earners to invest a pretax amount each year into an account that grows free of taxes until the funds are paid out in distributions that are taxed as regular income. After you turn 70 1/2, you must begin taking required minimum distributions (RMDs).

Roth IRA

The Roth IRA, in effect since 1998, turned the original idea on its head. Retirement savings contributions come from after-tax money, but your investments grow tax-free and distributions taken after attaining age 59 1/2 are tax-free if you've owned the account for at least five years. You are not required to take RMDs from Roth accounts, so switching traditional IRAs into Roth IRAs appeals to many investors.

Conversion Factors

Before you decide to convert, however, here are some important considerations:

- Do you have the money to pay the taxes due on conversion? In the year you convert, you'll have to pay the taxes due on the pretax contributions and earnings,

preferably without tapping into your IRA money. If you are under age 59 1/2, you may also have to pay a 10-percent penalty.

- Your traditional IRA withdrawal counts as regular income and may throw you into a higher tax bracket. One solution may be to convert small amounts over time.
- Is time on your side? Do you have enough years between the time you convert and when you retire to allow your new Roth to regenerate the income lost to taxes?
- Will you need to take distributions in retirement and will your post-retirement tax bracket drop (say from 25 percent to 15 percent)? If so, converting to a Roth may not make sense, because you'll be paying a lesser rate on your post-retirement traditional IRA distributions than you paid to convert.
- Do you plan to leave all your IRA money to heirs? If so, converting probably makes sense, because the Roth IRA doesn't require you or your surviving spouse to deplete the funds during your lifetimes by taking RMDs.

As is the case with so many financial decisions, converting to a Roth IRA makes eminent sense for some and little sense for others. If you would like to discuss the right course for you, please don't hesitate to call your financial advisor. **NOW**

Material prepared by Raymond James for use by its financial advisors. Investors should consult a tax advisor before deciding to do a conversion.

Todd Simmons is a Raymond James Financial Advisor based in Duncanville.



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Measles Again

— By Betty Tryon, BSN

What is going on with measles? The United States was well on its way to eliminating this viral infection from this country. But today, measles (*rubeola*) is making a distressing comeback in big numbers. Recently, a visitor to Disneyland ended up bringing more than expectations for a fun-filled day. This person brought measles, which set off a reaction of contagion across multiple states and involving over 100 people. Many of those who were diagnosed with measles were directly connected to the case at Disneyland.

Over the years, there has been a steady decline in immunization rates. More and more citizens are traveling to countries that are still battling the disease. Reason dictates if you haven't been vaccinated, travel to a country with measles and come in contact with someone with the infection, you are more than likely to contract the infection and bring it home with you. Those who come in contact with you who have not been immunized will more than likely get measles, too. And, so the cycle will repeat itself until the immunization rates start to rise again.

Measles is highly contagious, which makes it so easy to catch from another person. Adding to the difficulty of contagion, measles is transmissible about four days prior to the rash's appearance. The symptoms of coughing, runny nose, sore throat, fever and conjunctivitis are symptomatic of many respiratory

illnesses. Unless someone knows they have been exposed to measles, the diagnosis of measles probably will not be made until a rash known as Koplik spots appear.

Measles is not a benign illness. Thirty percent of people who get measles also develop secondary infections such as pneumonia, bronchitis, inflammation of the brain, diarrhea and ear infections. Measles in pregnant individuals can lead to premature birth or even pregnancy loss.

If you do contract measles, rest as much as possible. Take palliative measures to ease your symptoms, such as fever reducers and drink lots of liquids. Fever can be dehydrating. A humidifier can be helpful for your cough and sore throat. Check with your doctor before taking herbal supplements or vitamins for your symptoms.

If you want to eliminate your chances of contacting measles, then immunization is the most recommended course of action. If you choose not to take advantage of immunization, then please follow your doctor's instructions on what to do in case of a local outbreak. The only way to avoid the illness is to get your shots. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

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April 1

Registration opens for Twilight Camp 5:00 a.m., To register go to www.gs-top.org/ and click the green "Register Online" trefoil. Contact Joyce Campbell at (682) 222-7401 or joycemariec@gmail.com for more details.

April 5

Easter Sunrise Service: 7:00 a.m., Town Park, 500 N Main St. For more information, visit www.firstmethodistmansfield.org/easter/.

April 9

Career Expo: 2:00-6:00 p.m., Midlothian Conference Center, 1 Community Dr., Midlothian. Free. Hosted by Tarleton State University and Midlothian Economic Development. For more information, contact Michelle Fisher at (972) 775-7249.

April 11

Kiwanis One Day Community Health Fair: 9:00 a.m.-2:00 p.m., Katherine Rose Park, 303 Walnut Creek Dr. Hosted by This event is part of the 125 anniversary celebration of the City of Mansfield and the 100 year anniversary of Kiwanis International. Several health care providers will be present performing basic

health screens. For more information, contact kiwanisclubofmansfield@gmail.com.

Big Gus & Swampadelic: 8:00 p.m.-10:00 p.m., Farr Best Farr Best Theater, 109 N. Main St. \$16-\$22 per ticket. Whether you call their music Bayou-Honky-Tonk-Soul or "Swampy Tonk," this band will deliver a high-energy, foot-stomping good time. For more information, visit www.farrbest.com.

April 16

Kindergarten Roundup: 9:00 a.m.-2:30 p.m. and 4:30-6:30 p.m. For complete details, visit www.mansfieldisd.org/page.cfm?p=5337.

April 16, 17, 18

Into the Woods: various show times, Farr Best Farr Best Theater, 109 N. Main St. Presented by the Music Place Mansfield. For more information, visit www.farrbest.com.

April 18

Rotary Day 5K: 7:30 a.m.-noon, Katherine Rose Park, 303 Walnut Creek Dr. \$25 by **April 17**; \$30 day of the event. The Rotary Day 5K partners with the Mansfield Rotary Club in an effort to promote awareness for their organization. For

more information, call (817) 473-0507 or email info@mansfieldchamber.org.

April 25

Mansfield High School's 13th Annual Tiger Golf Classic: check in, 11:00 a.m.; lunch, noon; Verde Golf Club, 7005 Golf Club Dr., Arlington. Individual Golf Entry \$150 by **April 11**; \$175 after **April 12**. Join the annual MHS fundraiser benefiting the Tiger football team. Cost of entry includes lunch, green fees, golf cart, dinner, and a Goodie Bag! For more information, contact Kim Fair at (816) 585-2678 or kim.fair@netzero.com.

Whiskey Folk Ramblers: 8:00-10:00 p.m., Farr Best Farr Best Theater, 109 N. Main St. \$16-\$22 per ticket. Their sound takes American roots music down a road less traveled. For more information, visit www.farrbest.com.

Submissions are welcome and published as space allows. Send your current event details to sara.edgell@nowmagazines.com.

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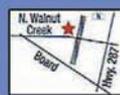
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In the Kitchen With Jeff Johnston

— By Sara Edgell

Cooking found its way into Jeff Johnston's life in the most unexpected of ways. At the age of 15, his dad told him he should make chocolate chip cookies for their family's Thanksgiving meal. "Since I'd never really cooked anything before, I read the directions which called for a cup of softened butter," Jeff recalled. "To me that meant melted, and when you pour hot melted butter over chocolate chips, they melt."

Although his first recipe didn't turn out as planned, everybody enjoyed the cookies, and seeing them happy while consuming something he prepared, made Jeff feel good. Now, he enjoys cooking for family and friends, charity and church events and holiday gatherings. "It brings me joy to see people enjoying my creations," Jeff smiled. **NOW**

Spicy Corn Dip

2 Tbsp. unsalted butter (divided use)
4 cups whole kernel corn (canned or frozen)
1/2 tsp. salt
1/4 tsp. ground black pepper
1 cup yellow onion, finely chopped
1/2 cup red bell peppers, finely chopped
2 tsp. fresh garlic, minced
2 fresh jalapeños, ribbed, seeded and minced
1/2 cup green onions (green and white parts), chopped
1 cup mayonnaise
16 oz. Monterey Jack cheese, shredded (divided use)
Chili powder, to taste

1. Preheat oven to 350 F
2. Melt 1 Tbsp. of butter in a large skillet over medium heat. Add the corn, salt and pepper. Cook for about 5 minutes, or until the kernels are golden brown, stirring occasionally. Pour the corn into mixing bowl.

3. Melt remaining butter in the same skillet; add onion and bell pepper. Cook over medium heat for about 2 minutes, until translucent, stirring often. Add garlic, jalapeños and green onions. Cook for an additional 2 minutes, until vegetables are softened. Pour vegetable mixture into bowl with corn and let cool.
4. Add mayonnaise, 8 oz. cheese and chili powder into the bowl with other ingredients. Mix well. Pour into an 8-inch-square baking dish and top with remaining cheese. Bake for 10-12 minutes, until golden brown and bubbly. Serve hot with your favorite corn chips.

Jeff's First-Place Chili

2 lbs. hot sausage
2 lbs. venison sausage
1 large yellow onion, finely chopped
3 10-oz. cans Ro-Tel
2 6-oz. cans tomato paste
Water

Salt and pepper, to taste
Chili powder, to taste
4 fresh jalapeños, ribbed, seeded and diced

1. Combine sausages and onion in frying pan. Cook over medium heat until meat is brown and onions are translucent. Reduce heat.
2. Add Ro-Tel, tomato paste and enough water to cover mixture. Then add seasonings, to taste. Stir. Simmer on low for 4 hours.
3. Right before serving, add the fresh jalapeños, stir and enjoy.

Cornbread Pudding

1 1/4 cups butter-flavored cracker crumbs (divided use)
1/2 cup butter, melted
3 Tbsp. unsalted butter (divided use)
1 1/4 cups milk (divided use)
2 cups yellow corn (canned or fresh)
1/2 tsp. salt
2 Tbsp. flour
1/2 cup yellow onion, finely chopped
1/2 cup red bell pepper, finely chopped
1 jalapeño, ribbed, seeded and finely chopped
1 Tbsp. fresh garlic, minced
1/2 tsp. onion salt
2 eggs, beaten

1. Preheat oven to 400 F
2. Set 1/2 cup of crumbs aside for later. In a bowl, combine remaining crumbs with butter. Line a 9-inch baking pan with crumb mixture.
3. In a skillet, combine 2 Tbsp. unsalted butter, 1 cup milk, corn and salt. Bring to a boil. Reduce heat and cook for about 3 minutes.
4. In a small bowl, add flour and remaining milk. Mix until smooth. Slowly pour into hot corn mixture, stirring constantly.
5. In a separate skillet, add remaining unsalted butter, onion, bell pepper, jalapeño and garlic. Cook until translucent.
6. Combine corn mixture with vegetables. Cook for 2-3 minutes, or until thick. Let cool slightly. Add onion salt and eggs slowly, stirring constantly.
7. Pour into the crumb-lined pan. Top with 1/2 cup of crumb mixture. Bake for 20 minutes.

To view recipes from current and previous issues, visit www.nowmagazines.com.



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