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Magical Moments

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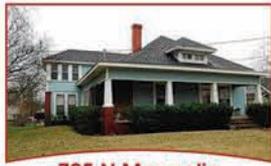
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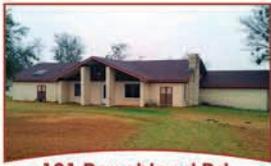
Super-nice, spacious 2/2 home in excellent neighborhood that sits on approx .0861 ac with fenced backyard!



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900 Winged Foot

Just perfect and move-in ready! construction completed in 2013, open concept, perfect floor plan w/ 4 beds (split bedrooms), 2 baths & 2 dining.



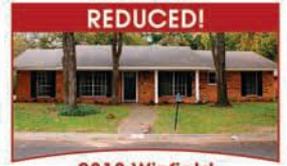
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820 Winged Foot

David Anderson custom home in The Links 3 Bed, 3 Bath Gated Subdivision



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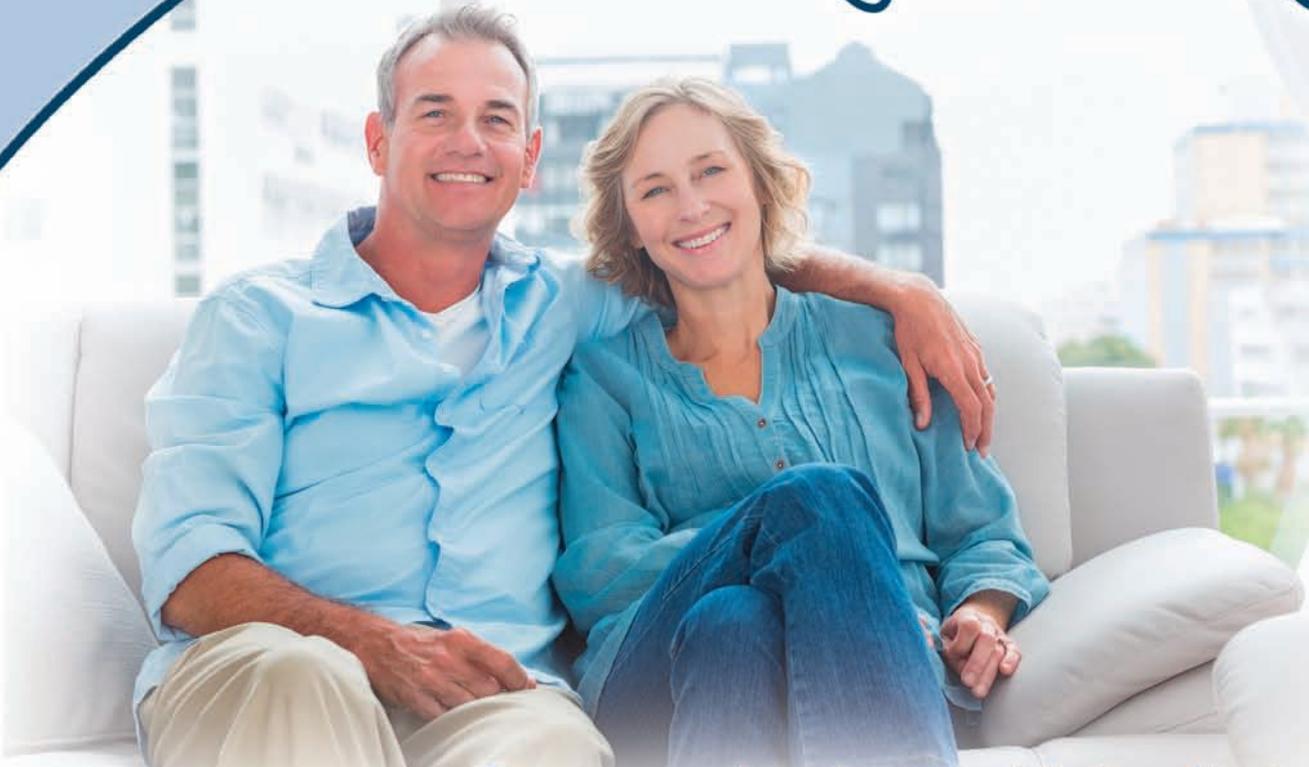


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ON THE COVER



Smiles set CHS aglow in anticipation of the Special Prom.

Photo by Memories by Melissa.

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Editor's Note

Go Green, Corsicana!

Our world is starting to wake up with new spring blooms. I love to see the azaleas brighten up Corsicana gardens with their brilliant colors every spring. Gone is the dead of winter. Personally, it's been a really special spring. I was able to visit Washington, D.C., during the Cherry Blossom Festival while also visiting my kids and grandkids who live in Fairfax, Virginia. What a beautiful display of color that represents friendship between the

U.S. and Japan.

This month, we celebrate Earth Day on the 22nd. Join in the celebration by pledging to recycle, use CFL light bulbs, use cold water for laundry loads and to walk or bike to work. These small changes in lifestyle can help save the planet, save money and help keep us healthier by increasing our exercise. Earth Day is a win-win celebration!

Virginia

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Magical Moments

— By Virginia Riddle



It's prom time in communities everywhere as the school year winds down toward summer, and this month, Corsicana High School's Special Prom will again live up to its name. The idea wasn't new to CHS special education teacher, Kelsey Whiteley, who had taught, coached and helped with a special prom at Athens ISD before coming to CHS three years ago. "When a CHS senior told me he had never gone to a prom and couldn't

afford to go, I figured we could come up with a way to make prom happen for him," Mrs. Whiteley said.

That was during the 2011-2012 school year. CHS' Special Prom has grown each year and is a truly magical experience, not only for the special education students for whom the prom is designed and their peer coach dates, but also for their families and area business people.

Elegantly dressed and coiffed students, proud and misty-eyed parent and staff chaperones, great dance music, beautiful



decorations and a full, elegant meal make this prom a very special experience for all who attend or contribute to its success. Memories by Melissa's, Melissa Stacey, remembers the prom's first year when she volunteered her services to take photos of prom attendees, their dates and families. "When the kids were announced, they had the biggest smiles and were so excited. They felt so important."

"I cried like a baby that year," Mrs. Whiteley added.

Last year, Melissa and her oldest son, Jacob, not only were official photographers for a second time, but they were the proud family of Clayton, a Special Prom attendee. "It means

so much to the other parents and me. Our children's lives are usually so restrictive, but we get to see our child in a normal environment during this prom. It means so much," Melissa revealed.

There are some "special" changes from the regular prom's tradition. One change is that the Special Prom is held on campus and during a regular school day. "We can give our special education students the medical, physical and staff support they need. We have these resources on campus," Mrs. Whiteley said. Another change is that there is no cost to the students or parents. Preparations begin early. Throughout the school year, special

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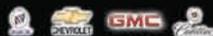
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education students raise prom funds with their traveling coffee cart from which they sell their baked goods, coffee and flavored tea to staff. "The students cook and serve everything," Mrs. Whiteley said. However, businesses also donate their services or charge only at-cost prices. Donations from community members, parents and special education staff help defray expenses. Finally, CHS general education students who help in the special education classes throughout the school year must anxiously wait to be asked to the Special Prom by a special education student. "The peer coaches are so excited to be asked!" Mrs. Whiteley exclaimed.

Clayton, a CHS junior, has attended the Special Prom for the last two years. "We get the hottest dates on campus," he said. "I like the dancing and get to take a date to the dance. The prom makes me feel good."

The Special Prom is a student-centered learning opportunity. The high school's culinary arts students cater and serve the meal. The graphic arts students use their



Top row: Maggie Phinney, Deven Day, Karla Monge. Bottom row: Sha Sha Taylor, Sandra Garay, Tyshiana Anderson.



Left to right: Kristian Paezaguirre, Courtney Graham, Sandra Garay, Danielle Lopez, Josh Raney.

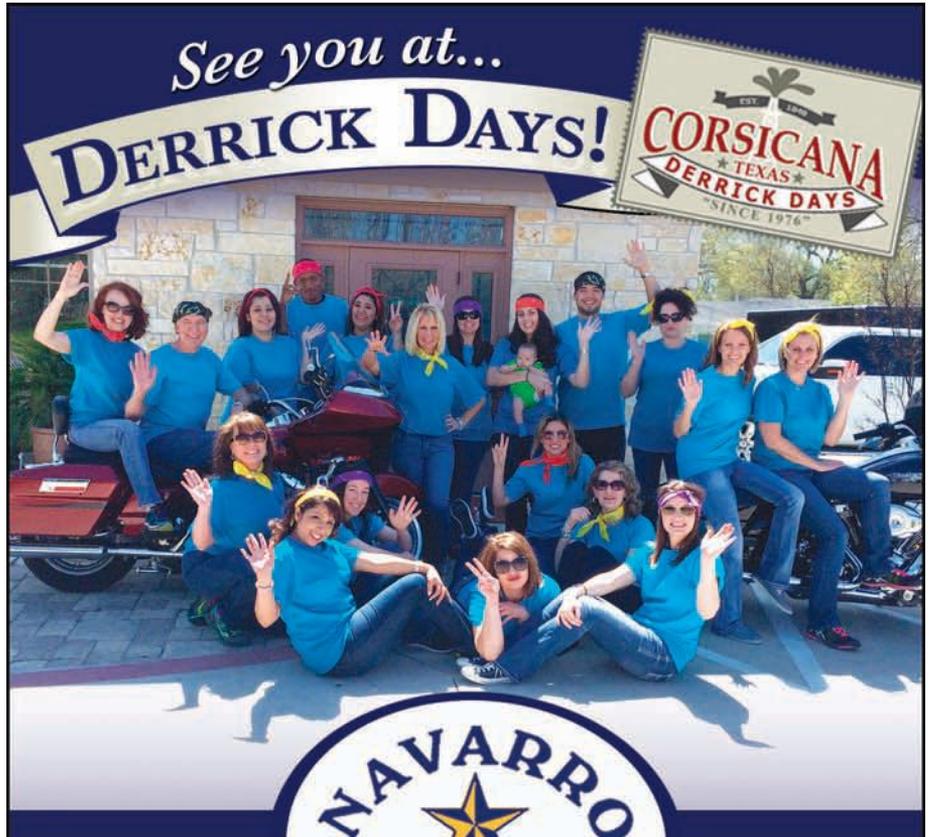
artistic abilities to create certificates. CHS cosmetology students provide hair and makeup services. A campus student is elected to be the DJ, and the CHS girls' basketball team helps fundraise and clean up. "Our overall goal is to make this a very student-oriented experience," Mrs. Whiteley stated. "It's a joy to watch the general education students get excited about participating in the Special Prom." These general education students learn so much. They learn the joy of giving.

In many ways, the Special Prom resembles any other spring prom. This prom has a king and queen, a royal court and awards. Danielle Lopez, a graduating senior, was crowned the 2014 Prom Queen after having been named a prom princess in 2013. A reminder of many of these students' medical vulnerability came when Danielle passed away on June 20, 2014. The prom and Danielle's school days meant so much to her, that Danielle's family chose to bury Danielle wearing her queen's crown.

The magic will happen again this year when the Calicos' dance studio is transformed into *The Great Gatsby's* most elegant party venue by Tom Adams and his wonderful crew at Victorian Sample.

"I want to really emphasize how much school and community support it takes to pull this event off. Shelby Curl, Misty Fletes, and many of our fellow teachers and coaches are all involved," Mrs. Whiteley stated. "A special thanks goes out to the administration for allowing this to happen."

Classrooms become dressing rooms. Male coaches and paraprofessionals help



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Bottom row: Jamaal Mitchell, Lucas Farr.
Middle row: Sandra Garay, Clayton Stacy.
Back row: Kelsey Whiteley.

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dress the boys in their tuxes provided by Lone Star Western Wear. The girls' prom dresses are donated. "We now have about 50 dresses. CHS paraprofessionals alter the dresses to fit perfectly, and Corsicana Cleaners donates the cleaning and pressing of the dresses and tablecloths. The Spa of Corsicana's Lori Hippard creates prom up-dos. Boutonnieres and corsages are donated by the Corsicana Police Officer's Association and Wives Auxiliary. Steve Morgan provides snow cones and Erin Abay of 22TZU donates her photography services.

"It takes all of the special education team to make this event happen. Our wonderful team always works together to help in every way. We have the most supportive parents, grandparents and family friends who volunteer much of their time in assisting. My husband, James, is also super supportive," Mrs. Whiteley, a busy mother of two, said. "It takes a village."

"I've gotten to know these students. It's wonderful to watch the girls look into the mirrors, turn in circles and smile," Melissa said.

"And they are all giggles," Mrs. Whiteley added.

"Everything about this celebration is to create memories for our students and their parents. We have a father/daughter and mother/son dance, as well as a family photo," Mrs. Whiteley explained.

The adjective "special" can be applied to Mrs. Whiteley. "The Special Prom would never have happened without Mrs. Whiteley," Melissa revealed. "She is a caring, sharing teacher who goes above and beyond." **NOW**

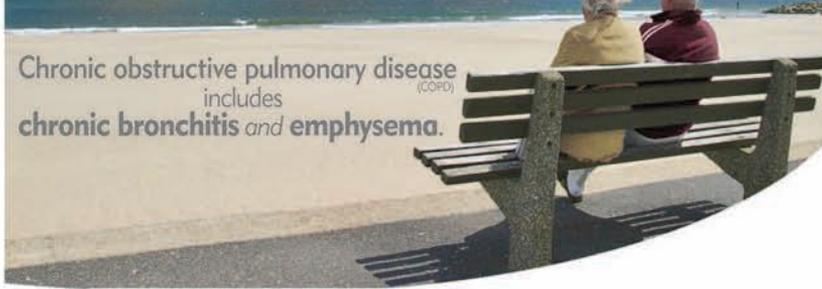
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Crow's Nest View

— By Callie Revell

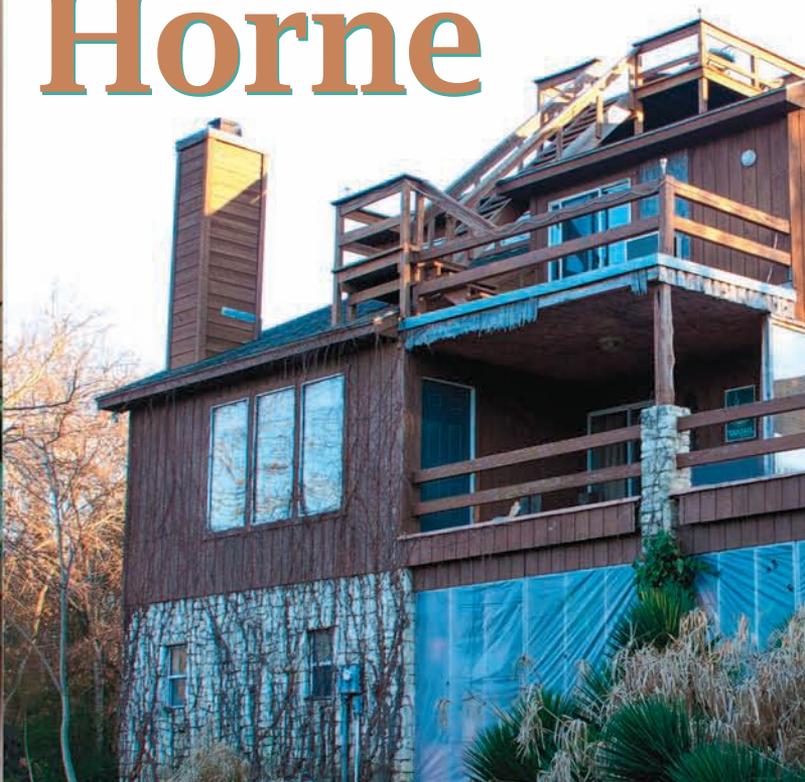
When Barry Horne came to coach basketball at Dawson in 1978, the job ended up leading him down a road he never expected. “The father of one of my students was a carpenter, and I started working for him part time,” Barry remembered. “It sort of got in my blood, and I went from carpentry to building houses for the past 30 years.” Barry and his wife, Doris, have been together 32 years. They love living in their custom-built, three-story lake house with their cat, Gizmo.



They decided to build on the Navarro Mills Reservoir after finding a prime location with 15 acres and lots of trees. Barry mentioned the property to a friend who ended up buying it right away. He sold Barry and Doris three of the 15 acres, and that is where they built their house. They love the location, which isn't too far from the big city but allows them to still enjoy country life.

Designing and building the house turned out to be quite the undertaking. The house was completed in 1997, but at the same

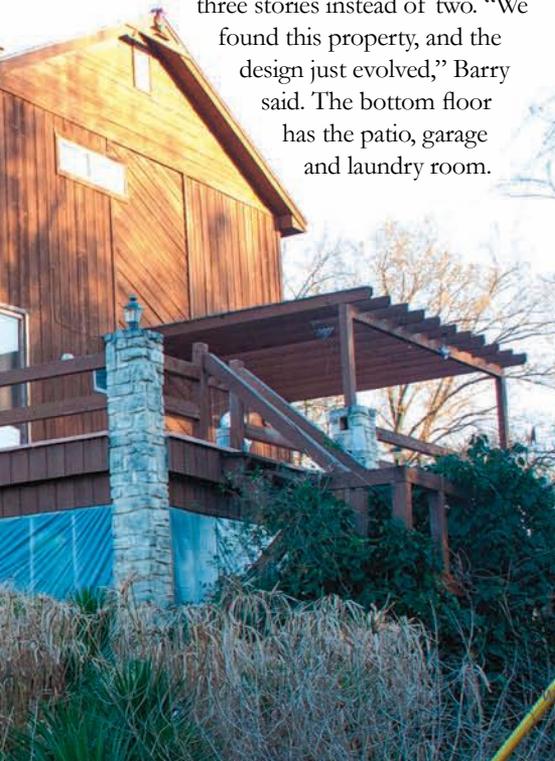
At Home With Barry and Doris Horne





time, it will never be truly “complete.” “It’s a constant work in progress,” Barry said. “The design and style was inspired by the lake, and I also like the Southwest style. So, it’s got a southwestern-lake split personality. We’ve really got the best of both worlds.” The Southwest decor fills the main part of the house, and the tropical lake decor is most obvious in their cantina-inspired patio.

The house is separated from the lake by a line of large trees. In order to see the lake from the house, the Hornes needed elevation. That meant building three stories instead of two. “We found this property, and the design just evolved,” Barry said. The bottom floor has the patio, garage and laundry room.



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The second floor features a living room, kitchen, guest room and bathroom. The third floor holds the master bedroom, master bathroom and office loft. "I hear living in three-story houses helps you live longer because of the exercise," Barry laughed. "One of the first things we did was get rid of our stair-stepping machine!"

For Doris, having a homebuilder as a husband is a definite plus. "He builds houses, so he'll come home and I'll say, 'Oh, I want tile around the mirror like you did at so-and-so's,' and he'll do it for me," she said. Some of their favorite features are the private decks for both bedrooms and the large adobe-inspired fireplace in the living room. The open concept in the living room and kitchen fits their needs perfectly.

Barry and Doris have many Southwestern touches in their home,

but one decoration is repeated in several places. "I put a few Kokopellis up, and then everyone started giving us Kokopelli stuff," Barry said. "It's everywhere in the house! I finally had to say, 'No more!'" Barry also hung colored lights around their patio and above several big windows in the house. They believe having touches of bright colors here and there makes everything feel more cheerful.

The most unique feature of the home is the deck on the uppermost roof, which they call the Crow's Nest. It can be accessed by a set of stairs leading up from the third floor patio. "When we were building the house and roofing it, I said, 'Man, I need something on top,'" Barry said. "So, about seven years ago, we built a lookout, so we could see everything." The Crow's Nest offers a fantastic view of the lake and, at night, a brilliant view of the stars. "I love astronomy," Barry said. "We get all the stars out here that you don't get in the city."

One of Barry's other hobbies is landscaping. According to Doris, he has a "green thumb." Barry has grown ivy and honeysuckle on the side of the house. Most of his plants surround the patio,

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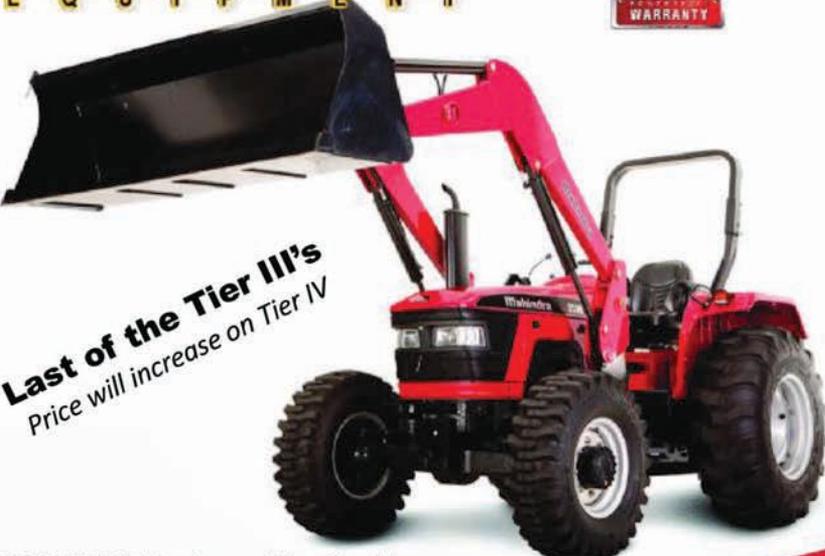
Some of their *favorite* features are the private decks for both bedrooms and the large adobe-inspired fireplace in the living room.



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including palm trees and flowering trees. He is most proud of his banana trees, which have huge leaves and actually grow bananas. "It's just one of my hobbies. I enjoy doing it," Barry said. "There are times during the year when it takes a lot of work, and there are other times when it's really manageable." Barry enjoys working outside and the benefits of living out in the country. "I love nature," he said. "I



couldn't live in the city. No way." Doris likes to socialize. That's why she finds satisfaction as a salesperson in the insurance business, while Barry enjoys staying home. But Doris thoroughly loves life by the lake, too. They enjoy a variety of things like bird-watching, hiking, campfires, fishing and lake activities, such as jet skiing, boating and sailing. Since the reservoir is managed by the Corps of Engineers, they can't build a dock, but they do have a path from their backyard that leads to a nice beach area. According to Doris, the lake is usually peaceful and private. "During the holidays like Labor Day and Memorial Day, it gets pretty busy on the lake," she said. "Otherwise, it stays pretty quiet."

Both Barry and Doris say their favorite room is their patio, which they use as a game room, TV room, bar and garden. "This was going to be a carport at first, but it turned into our game room," Barry said. The room is decorated in a tropical cantina style with a fully outfitted bar,



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a pool table, a big screen TV and green plants everywhere you turn. The ceiling is paneled in rough cedar, and one of their friend's windsurfing sails hangs from the ceiling. In the summer, the room is open to the outdoors, and the Hornes put plastic up in the winter to enclose it. The bar can be accessed through the garage and features a refrigerator, sink and counter. "It has an eclectic feel with a lot of different elements," Barry said. The decorations fully capture the atmosphere of a beach bar.

The patio is a favorite spot for the couple's many guests. "We enjoy entertaining," Barry said. "We have lots of friends, and we have big get-togethers in the summertime and on New Year's Eve." Barry is also a musician, and his friends



come down to the lake house to play music with him. Their house is a huge hit among their friends. "Once they get here, they don't want to leave," Barry admitted.

Since Barry is always looking for a new project, he and Doris are already discussing turning the second floor



deck into another bedroom. They love their home for its openness, versatility and closeness to nature. "I want to live here forever, until I can't get up the stairs anymore," Barry said. After some consideration, he added, "Then, I'll have to put an elevator in!" **NOW**

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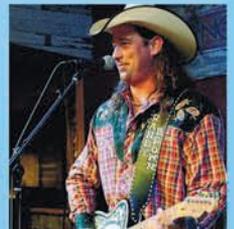
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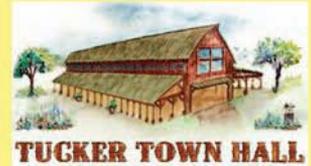
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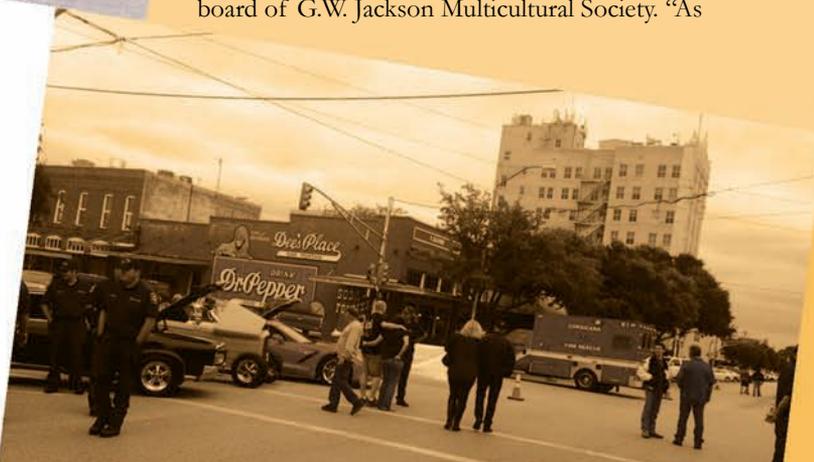
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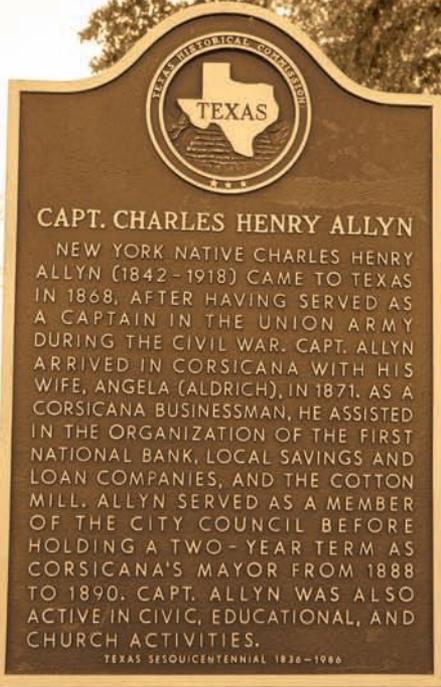


of volunteers to make this vision a reality in 10 years or less. "I want to grow downtown Corsicana and make it a living, breathing and functioning destination," Sara Beth said.

Wearing many hats might be exhausting for most folks, but Sara Beth seems to thrive on being so involved. These past months have been full of discovery for her. In addition to serving as Main Street director, she is part of the city's tourism department. As such, she is Corsicana's tourism director, sits on the board of the Convention and Visitors Bureau and is the preservation officer. Sara Beth also works with the Youth Expo committee and sits on the board of G.W. Jackson Multicultural Society. "As

It's the year 2015, and downtown Corsicana has become the place to be for area residents, as well as visitors from near and far. That's the vision Sara Beth Wilson has for her adopted city. In the position as Main Street director since May 2014, she has a lot of responsibilities and is working diligently with downtown building and business owners, developers and a host





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downtown preservation and businesses get busier, my job is going to get more challenging but much more enjoyable and fun,” Sara Beth expressed. “A lot of people have approached me wanting to become involved. Just about everyone is interested in working to make Corsicana a real destination.”

A team of those interested people make up the Main Street Advisory Board with which Sara Beth directly works. The board is 100-percent volunteer. “These volunteers live and/or work in Corsicana and are a huge influence on me, as well as Corsicana,” she explained.

Four other volunteers man the visitor center three days a week. “These volunteers are so valuable. They know Corsicana’s history well and help by telling stories and giving valuable information to visitors. We are looking for more of these volunteers,” Sara Beth said.

Before taking this position, this Tyler native’s main impression of Corsicana had been formed during her college years traveling between her home and Baylor University in Waco. “I spent many years

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driving through Corsicana and knew it as the town with no turning lanes,” Sara Beth revealed. “A lot of people view Corsicana as ‘that city’ between Tyler and Waco or Houston and Dallas. It is truly a hidden gem. My ultimate goal is to encourage people to stop, shop, tour and stay awhile.” Being aware of a major problem inhibiting tourism is just one of the many strengths this 2012 BU graduate brings to her position.

Sara Beth first used her expertise in Dallas working as a corporate event planner alongside Lisa Buchanan with



Hello! Texas Destination Management. “Lisa was a true mentor. She let me learn from mistakes and taught me everything I know about the hospitality business,” Sara Beth said, “but community event planning is much more satisfying. We are planning for local folks to come and have fun growing downtown.”

Corsicana area residents have enjoyed the events that Sara Beth has coordinated including the expanded Second Saturday series and returning Pumpkin Patch, as well as the Taste of Downtown, which was an extremely popular new event.

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"I approached all the restaurants with the Taste of Downtown idea, and they were immediately onboard. We only had two weeks to get the word out, and we expected to sell about 50 tickets. Instead, we sold 128 tickets! It's fun to see the event become so successful and see the smiles when kids get out and have fun," Sara Beth explained.

Downtown is enjoying a makeover and facelift. Fourteen buildings have been sold since Sara Beth came to town. "I love working the design aspect of this position — new colors, designs,



Vintage cars line Beaton Street on some Second Saturdays.

windows and awnings. We now have many buildings undergoing renovation," she said.

Investors and developers have seen the potential of new businesses moving into those buildings. "Most of the downtown businesses are family-owned and -operated," Sara Beth said. "Downtown has a real homegrown, down-home feeling. We work with the owners to promote the businesses through grand openings, creating an online presence and rebuilding and building of new Main Street sandwich board signs.

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Recent visitors and business owners have commented on the increasing parking problem along Beaton Street. "Parking is a great problem to have! It means people are utilizing the downtown businesses and supporting the local business owners," Sara Beth said.

Downtown is becoming a popular residential area with developers offering loft apartments above stores for lease or for sale. "This is another success story. Most people in this area don't realize there are more than two dozen people living downtown," Sara Beth revealed.

Another aspect of her job is the operation of the electronic billboard located at I-45 and State Highway 31 (7th Street). "Its sole purpose is to attract visitors into the city to shop in our stores, eat in our restaurants and spend the night in our local hotels," Sara Beth said. "It's a primary draw into the city along with advertising in print media, such as *CorsicanaNOW*."

A typical day for Sara Beth begins by checking emails at 8:00 a.m. in her office at the visitor center. She spends about 50 percent of her day in her office and 50 percent downtown when not in meetings. "I check in with business owners regularly to get feedback and see if they need anything that we can help with. I love working downtown and developing relationships with owners," she said. Her day often goes into the evening hours with meetings or events.

The only child of Mike and Melody Wilson, Sara Beth credits her parents as being her lifelong mentors. "Whenever I've had an idea, they would just say, 'How high will you jump?'" Both parents play tennis competitively, and Sara Beth loves to join them when she has spare time. A love of travel takes her to Napa, California, often, and Sara Beth studied abroad in Spain while at Baylor.

Future plans are to increase the number of benches and bronzes (two are already funded) and sandwich board signs. Sara Beth's five-year plan includes a completely revitalized downtown with every building occupied with businesses and/or residents. With her enthusiasm and professionalism combined with the cooperative efforts made by volunteers and the city of Corsicana staff and officials, Sara Beth is right to believe, "It won't be out of the ordinary for people to say, 'Let's go downtown!'" **NOW**

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Jim Karrh stands ready to help customers step into their new homes.

Customized Affordability

Four States Mobile Homes and Land offers special financing packages. — By Virginia Riddle

Searching for a perfect home becomes easier when prospective homebuyers contact Jim Karrh, owner of Four States Mobile Homes and Land. Not only can today's manufactured homes be customized to the latest designs and amenities, but Jim can help customers find a home, land and financing that fits their individual situation. "We treat everyone with respect and provide the right home for their budget and personal family needs," Jim stated.

Four States gets its name from the area in which Jim does most, but not all, of his business — Texas, Oklahoma, Louisiana and Arkansas. While Jim has homes on his lots that customers are welcome to tour, a purchase doesn't require a tour, since the transaction can be completed by visiting the Four States Mobile Homes and Land website. Customers can choose their style, floor plans, pricing and financing. "I can have a home shipped to any

site, anywhere, by working with customers through the website, email and/or fax," Jim revealed, "and bilingual staff are available."

Choices abound within the Clayton-branded, Heritage, Energy Homes, Fossil Creek, Triumph, Monarch Residential and Southern Energy brands of manufactured/modular homes carried by Four States. "Our Clayton-branded line is our most cost competitive, utilitarian and best valued — the most 'bang for your buck' home on the market today. Absolutely no one can beat our prices on one of these homes. Or you might opt for one of the more upscale tape and textured site-built looking, modular-type homes. Prices depend upon the number of options and upgrades chosen by customers," Jim revealed.

Financing is available for almost everyone! "We have credit managers available with mortgage banking experience. We also

have a reputable credit repair agency on staff,” Jim said. Loan approval may not happen overnight, but usually within 90 days, we have approval,” Jim stated. Complete land/home packages, FHA, VA, USDA, conventional, First Time Buyer and Second Chance home loans are available. “We also have one manufacturer with ‘in house’ financing available regardless of whether a customer has a Social Security number, as long as they can prove income and have 15 percent down,” Jim added.

“We treat everyone with respect and provide the right home for their budget.”

Jim knows his business well even though he began his career in the mortuary business. It didn't take him long to switch directions after he discovered he liked the housing industry much better. He has been selling manufactured homes for the last 20 years. Two years ago, Jim founded Four States Mobile Homes and Land and launched its website. He is licensed through the Texas Department of Housing and Community Affairs.

Jim has initiated a program which makes a charitable donation of \$500 from each sale's profit in the customer's name to the customer's choice of either St. Jude's Children's Research Hospital or the Texas Scottish Rite Hospital for Children. “It's a humanitarian act which costs the customer nothing and is a blessing for both the customer and me,” Jim said.

“I listen to customers' needs and try not to set them up for financial failure. Customers' specific needs are different, which makes each sale unique. Every business day is different for me,” Jim said. “I am available every day to customers, having inherited a strong work ethic from my mother and father. It's a joy, when at the end of the day, I have helped someone get the home they wanted.” **NOW**

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- People in your life complain that you don't seem to listen to them
- You find yourself drifting off in thought during conversations
- Trouble organizing • Procrastination • Lose things often
- Feel restless like you have to be doing something (on the phone, playing games or doing something with your hands)
- Problems waiting in line

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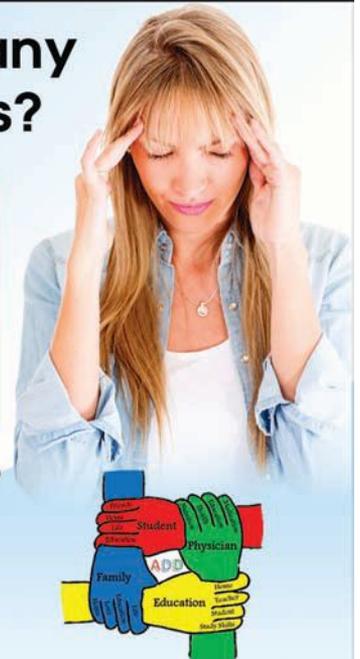
- "I wish I had known about my ADHD as a child. I would have had more confidence. I know now, without a doubt, it wasn't my fault."

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Rachel Brake proudly displays her Valentine made at the Corsicana Public Library to her older sister, Jillmarie Brake.



Reba Poole and her 50s era car are a hit at the Cars of Navarro County Car Show.



Laura Herrin, YMCA staff member, introduces the other fitness instructors to the Navarro Regional Hospital's Healthy Woman workout participants.



Nancy Willingham, Susan Copeland, Peggy Clay and Mary Wensel are the newly installed officers of Corsicana Newcomers Club.



Deb Miller, Wendy Darley and Dolores Stone view the artistic talent of the Graham Family Art at the Warehouse Living Arts Gallery.



Lilly Schramko, Nikki Parker-Mazock and Bayle Williams arrange silent auction items for the James Collin Catholic School's 60th Anniversary Gala.



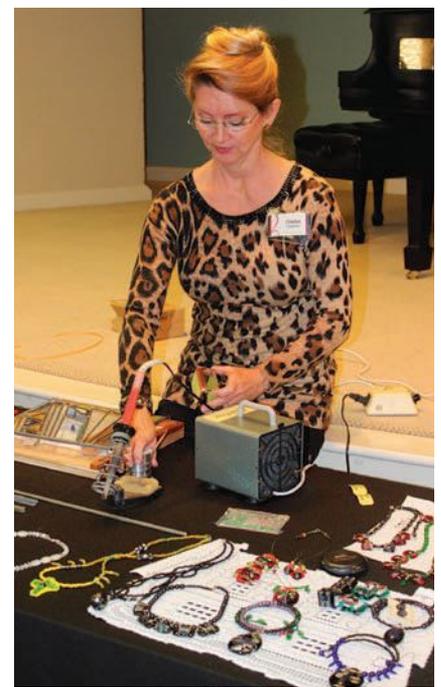
Kristen Smith, Madison May and Laura Clagett with son, Caleb, are Valentine's Day participants in the Heart for the House Fun Run-Walk benefitting the House of Refuge.



Margaret Thomas and Betty Partain help host the James Blair Chapter DAR's George Washington Tea.



Fashions of the last century were presented by models at the joint meeting of the Kerens Garden and Literary Clubs.



Gladys Espenson demonstrates her skills in creating stained and etched glass treasures for the Corsicana Newcomers Club members.

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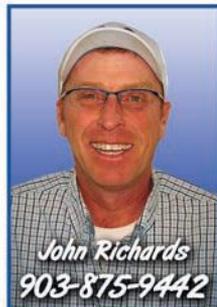
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Don't Get Tricked by These Tax Scams

Each year, the Internal Revenue Service (IRS) releases a "Dirty Dozen" list of common tax scams. The following ranked high in 2014, so keep an eye out for them.

Telephone Tax Refund Scams

Scam artists may pose as IRS employees or law enforcement in an attempt to steal your money or identity. These fraudulent callers might say you owe money or are entitled to a large refund.

- **Red Flags:** Callers generally use common names and false IRS badge numbers. They may be able to recite the last four digits of your Social Security Number, and some might even issue threats.
- **Protect Yourself:** Never give out any identifying information over the phone, no matter what the caller threatens. Hang up and contact the IRS to verify any issues with your return or refund. If there aren't any, report the tax scam to the Treasury Inspector General for Tax Administration at (800) 366-4484.

Phishing Emails or Websites

Scammers may use well-crafted, fake versions of tax-related websites and emails bearing the IRS logo to steal personal information.

- **Red Flags:** Emails claiming to be from the IRS (which doesn't contact taxpayers to request personal information) or websites that ask for personal or financial information in order to receive a refund.

- **Protect Yourself:** If you receive an email regarding your tax refund, do not reply, open any attachments or click any links. If you think you have found a suspicious website, let the IRS know.

Phony Return Preparers

While most tax preparation consultants file their clients' returns honestly, some will commit tax fraud scams or identity theft. You are responsible for your tax return even if you didn't prepare it, so do your research before letting someone else file for you.

- **Red Flags:** Preparers who don't offer electronic filing, who offer to file your return without a W-2 form or who don't sign your return or enter their Preparer Tax Identification Numbers (PTINs).
- **Protect Yourself:** Before selecting a tax preparation consultant, review their history and the status of their license. Make sure they have a PTIN, and avoid preparers who base their service fees on your refund amount. If you're looking for a safe, reliable way to file your return, try Turbo Tax. This tax preparation service is also affordable, thanks to special offers from State Farm. **NOW**

Lynda Housley is a State Farm agent based in Corsicana.

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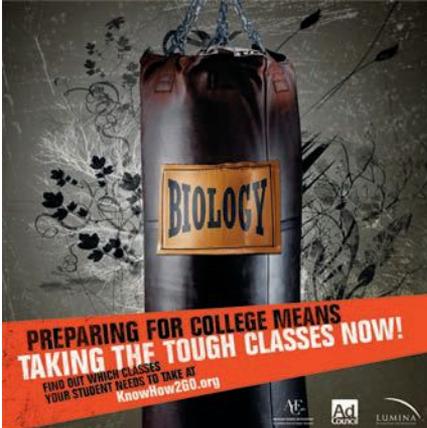
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Measles Again

— By Betty Tryon, BSN

What is going on with measles? The United States was well on its way to eliminating this viral infection from this country. But today, measles (*rubeola*) is making a distressing comeback in big numbers. Recently, a visitor to Disneyland ended up bringing more than expectations for a fun-filled day. This person brought measles, which set off a reaction of contagion across multiple states and involving over 100 people. Many of those who were diagnosed with measles were directly connected to the case at Disneyland.

Over the years, there has been a steady decline in immunization rates. More and more citizens are traveling to countries that are still battling the disease. Reason dictates if you haven't been vaccinated, travel to a country with measles and come in contact with someone with the infection, you are more than likely to contract the infection and bring it home with you. Those who come in contact with you who have not been immunized will more than likely get measles, too. And, so the cycle will repeat itself until the immunization rates start to rise again.

Measles is highly contagious, which makes it so easy to catch from another person. Adding to the difficulty of contagion, measles is transmissible about four days prior to the rash's appearance. The symptoms of coughing, runny nose, sore throat, fever and conjunctivitis are symptomatic of many respiratory

illnesses. Unless someone knows they have been exposed to measles, the diagnosis of measles probably will not be made until a rash known as Koplik spots appear.

Measles is not a benign illness. Thirty percent of people who get measles also develop secondary infections such as pneumonia, bronchitis, inflammation of the brain, diarrhea and ear infections. Measles in pregnant individuals can lead to premature birth or even pregnancy loss.

If you do contract measles, rest as much as possible. Take palliative measures to ease your symptoms, such as fever reducers and drink lots of liquids. Fever can be dehydrating. A humidifier can be helpful for your cough and sore throat. Check with your doctor before taking herbal supplements or vitamins for your symptoms.

If you want to eliminate your chances of contracting measles, then immunization is the most recommended course of action. If you choose not to take advantage of immunization, then please follow your doctor's instructions on what to do in case of a local outbreak. The only way to avoid the illness is to get your shots. **NOW**

This article is for general information only and does not constitute medical advice. Consult with your physician if you have questions regarding this topic.

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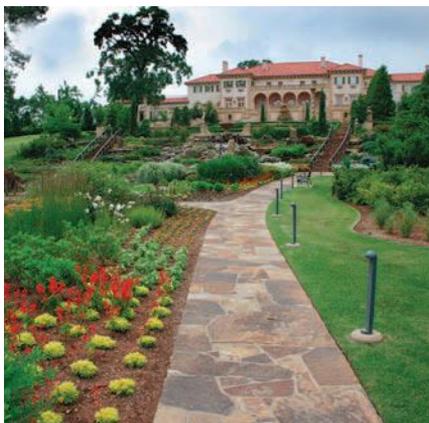
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The Renaissance of Tulsa

Full of cultural diversity, artistic elegance and vibrant venues, Tulsa surprises visitors with charm, friendliness and a one-of-a-kind, relaxed cosmopolitan vibe. Just a four-and-a-half-hour drive north of Dallas, Tulsa boasts an eclectic mix of big-city extravagance and small-town charm. Cosmopolitan arts like the Tulsa Ballet, Tulsa Opera, Tulsa Performing Arts Center and Tulsa Symphony Orchestra collide with the classic cowboy charisma found in the infamous Cain's Ballroom, historical Gilcrease Museum and world-renowned horse shows.

Premiere attractions like the Tulsa Zoo, Oklahoma Aquarium and Tulsa Air & Space Museum and Planetarium are destinations for all ages with interesting creatures and learning experiences to excite and educate young and old alike. Residents and visitors both appreciate unique shopping districts like Utica Square, festivals like Mayfest and Oktoberfest, fine dining, gaming, horse racing and more. Outdoor enthusiasts enjoy over 26 miles of outdoor trails winding along the Arkansas River, perfect for hiking, biking or running.

In this dynamic city, you'll find a renaissance spirit — to renovate, reinvent, revitalize and restore. Newness and change are ongoing, but the city respects and holds dear its historic landmarks. While the entire metro area reflects a broad scope of styles and vibes, downtown is a stand-alone experience. A new arena, baseball stadium, renovated hotels, restored attractions and venues, as well as the vibrant nightlife and entertainment options, create a one-stop spot for friends and family looking for fun. Downtown's anchors — the BOK Center and ONEOK Field, reflect just a portion of the nearly \$1 billion recently invested in the area.

Known for its funky vibe, the historical Brady Arts District is booming, with plans underway to create an entirely walkable arts district. A number of the older buildings have been renovated and several more are in the process, like the Mathews Warehouse, which will soon house art collections from Philbrook Museum of Art, The University of Tulsa and the Woody Guthrie Archives. The recently completed Guthrie Green brings an urban park to the Brady. Named for famous Oklahoma singer and songwriter Woody Guthrie, the park features an outdoor stage for music and films by night, while the trails, gardens and fountains provide a peaceful escape and family activities for day-time visitors.

The Blue Dome District is another center for downtown nightlife. Situated around a 1920s gas station that once attracted Route 66 travellers with its art deco-style blue dome, this district is now the place to enjoy pubs, restaurants, a vintage bowling alley or regional bands. The interesting art deco architecture of the Blue Dome district is something Tulsa is known for, ranking among the top three highest concentrations of art deco in the country, following New York and Miami.

All of this awaits visitors to Tulsa. A few days in the city will wet your whistle to return to explore the community's modern renaissance. **NOW**

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April 1, 8, 15

VITA (Volunteer Income Tax Assistance)
Site: 1:00-4:00 p.m., Kerens Public Library.
Volunteers will assist elderly and low income tax payers with their returns. For more information or to schedule an appointment, call (281) 682-0928.

April 1 — 17

Monica Moody Art Exhibit: Warehouse Living Arts Center Gallery. For more information, call (903) 872-4556

April 2

Hop Downtown: 3:30-5:30 p.m. 101 N. Beaton. This annual Easter event will feature a bounce house, drawings for a bike and Easter baskets, refreshments and photos with the Easter bunny in nearby Pocket Park. For more information, call (903) 654-4852.

April 2, 7, 9, 14

VITA (Volunteer Income Tax Assistance) Site: 2:00-7:00 p.m., Corsicana YMCA. Volunteers will assist elderly and low income tax payers with their returns. For more information or to schedule an appointment, call (281) 682-0928.

April 3

Legos at the Library: 1:00-3:00 p.m., Corsicana Public Library. There will be thousands of Lego and Duplo blocks suitable for all ages so the whole family can play along with Lego storybooks and how-to books. For more information, call (903) 654-4810.

April 6

Piecemakers' Quilt Guild meeting: 9:30 a.m., Westhill Church of Christ Fellowship Hall. This will be a Quilt Guild Community Work Day with a workshop on children's quilts, Breast Cancer Pillows, and Quilts of Valor projects. There will be a Show and Tell and business meeting. Bring a sack lunch and stay for the Sit and Sew. For more information, visit pgcoursicana.com.

April 7

Kimble Art Museum Trip: 9:30 a.m., Gander Mountain parking lot. The Corsicana Art League is sponsoring this trip. There is no admission charge for the museum, and members and guests will have a fun time carpooling together. For more information, contact Gladys Espenson at (903) 874-7856

April 9

Friends of the Corsicana Library meeting: 10:00 a.m., Nancy Roberts Meeting Room, Corsicana Public Library. For more information, call (903) 654-4810.

April 10

Navarro County Retired Teachers Association

meeting: 9:45 a.m., Northwest Apartments Community Center. The speaker will be Sara Beth Wilson, Main Street and Tourism Director, City of Corsicana. All retired school personnel are invited. For more information, email pk2@airmail.net.

Senior Circle Pot Luck Luncheon: 11:30 a.m. -1:00 p.m., Navarro Regional Hospital. Bring a salad, vegetable, casserole or dessert and enjoy a round of bingo after lunch. For more information, contact Connie Beal at (903) 654-6892 or email connie_beal@chs.net.

April 10, 11

The Chronicles of Narnia: 7:00 p.m., Palace Theatre. Students of Collins Catholic School bring to the stage this lion, witch and wardrobe story. For more information or to purchase tickets, call (903) 874-7792.

April 14

Eclectic Readers Book Club: 6:30 p.m., Corsicana Public Library. The book being discussed this month is *Far from the Madding Crowd* by Thomas Hardy. For more information, call (903) 654-4810.

April 15

The Mavericks: 8:00 p.m., Palace Theatre. For more information, call (903) 874-7792.

April 17, 18

Mrs. Texas Pageant: 6:00 p.m., **Friday**; 5:30 p.m., **Saturday**, Palace Theatre. For more information, visit www.mrstexas.net.

April 18

Oil Baron's Ball: 6:00-10:00 p.m., Lake Halbert Park. Cost is \$175 per person or tables of eight for \$1,500. Dinner is by Chef Tom Perini and entertainment will be provided by the Bellamy Brothers. Transportation will be available from the chamber parking lot and parking will be available on-site. All proceeds benefit VOICE and Derrick Days. For more information, call (903) 872-0180.

April 18, 19

Rumble at the Fort, an official Wounded Warrior Event: Gates open to the public at 8:00 a.m., That Church, 3640 N. Business 45, Corsicana. This free event for the whole family will feature special guest, Vietnam veteran, Dave Roeber, on Saturday, a fun run, bike games, a car and bike show, live bands, a fishing tournament, raffle, and food and merchandise vendors. All proceeds will benefit the Wounded Warrior Project. For more information, email Wes at rumbleatthefort@gmail.com or visit the event's Facebook page.

April 18 — 25

Derrick Days: For a complete listing of all the many activities, times and forms, contact (903) 493-7205 or visit www.derrickdays.com.

April 21

Vietnam Veterans of America, Chapter 1009 meeting: 7:00 p.m., LaPradera Restaurant. For more information, email Roy Messick at roy.messick@gmail.com.

April 23

Corsicana Newcomers' Club: 11:00 a.m., Kinsloe House. A women's self-defense program will be presented by Virginia Riddle. For more information or confirmed reservations, contact Annie Avery at (714) 345-6707.

Navarro Regional Hospital's Lunch and Learn: 11:30 a.m.-1:00 p.m., Hospital Classroom. Dr. Willig will speak on new and interventional radiology. For confirmed reservations, call Connie Beal at (903) 654-6892 a week prior.

Kerens Library and Kerens Pioneer Literary Club 5th Annual Author's Luncheon: Noon, First Baptist Church, Kerens. Reavis Z Wortham will review his book, *The Rock Hole*, part of a series about an aging constable in Lamar County in the early 1950s. Tickets are \$10. For more information or to make confirmed reservations, contact Betty Partain at (903) 396-7337.

April 24

Planetarium Starry Nights: 7:00 p.m. "Through the Eyes of Hubble"; 8:00 p.m. "Hubble Vision"; Cook Center Planetarium. Free Admission. For more information, call (903) 874-1211.

April 30

Ballet Folklorico "Quetzalli": 7:30 p.m., Palace Theatre. For more information or to make reservations, call (903) 874-7792.

May 1

Corsicana & Navarro County Chamber of Commerce 2015 Annual Golf Classic Tournament: Corsicana Country Club. For more information, call (903) 874-4731.

May 2

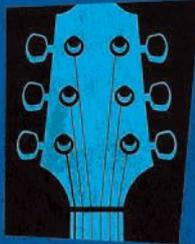
Great Balls of Fire featuring Pete's Dueling Pianos: 6:00-11:00 p.m., Cook Center. This Immaculate Conception Catholic Church fundraiser will include dinner and live and silent auctions. For more information, call (903) 874-4473.

Submissions are welcome and published as space allows. Send your current event details to virginia.riddle@nowmagazines.com.



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In the Kitchen With Lea Dominy

— *By Virginia Riddle*

Lea Dominy takes her own advice, since she is in training to run a half marathon. Her weekly meal planning for her husband, Wes; son, Collin; and daughter, Lily, is completed each Sunday. “We plan, cook ahead and pack healthy snacks, so we don’t eat fast-food. I have a very supportive family. Everyone has the same amount of time. It’s how you use it,” Lea said.

As a personal trainer, she recommends eating more protein and green veggies, less salt and sugar, drinking water, getting enough sleep and exercising daily. “Take baby steps toward realistic goals. It all sounds simple, but while hard to do, it’s not impossible. I love watching lives change!” Lea said energetically. **NOW**

Breakfast Smoothie

1 cup plain Greek yogurt
1 scoop powder protein
1/4 cup fresh blueberries
1/4 cup fresh strawberries
1/4 cup fresh pineapple
Handful of fresh spinach
8 oz. ice
8 oz. water

1. Combine all ingredients in a blender; mix well.

Zucchini Muffins

Muffins:

1 cup whole wheat flour
2/3 cup all-purpose flour

1/2 cup sugar
1 tsp. cinnamon
1 1/4 tsp. baking powder
1/2 tsp. baking soda
1/4 tsp. salt
1 1/3 cups zucchini, shredded
1/2 cup fat-free milk
2 Tbsp. canola oil
2 Tbsp. honey
1 large egg
Cooking spray

Topping:

1 Tbsp. sugar
1/4 tsp. cinnamon

1. For muffins: Preheat oven to 400 F.
2. Level the measurements of both flours with a knife; combine flours with sugar,

cinnamon, baking powder, baking soda and salt; blend well.

3. In a small bowl, combine zucchini, milk, oil, honey and egg; blend well.

4. Make a well in the center of the flour mixture; add milk mixture and stir until moist.

5. Coat 12 muffin cups with cooking spray; spoon batter into cups.

6. For topping: Combine sugar and cinnamon; sprinkle over muffin tops.

7. Bake 15 minutes or until golden brown; remove from pan; cool.

Wes’ Meatloaf

1 3/4 lbs. lean ground chuck
2 eggs, beaten
1/2 cup milk
2/3 cup fine, dry breadcrumbs
1/4 cup onion, finely chopped
1 tsp. salt
1/2 tsp. chili powder
Dash of pepper
1/2 cup ketchup
2 Tbsp. brown sugar
1/2 tsp. dry mustard

1. Mix first 8 ingredients; shape into a loaf.
2. Place into loaf-baking dish; bake at 350 F for 1 hour; drain fat.
3. Combine last 3 ingredients; spread over baked loaf.
4. Return loaf to oven; bake 10 additional minutes.

Salmon Fillet With Citrus and Thyme

Hint: Serve with brown rice and asparagus.

3 lbs. salmon fillets
1 tsp. olive oil
Dash of sea salt and black pepper
1 small orange, thinly sliced
1 lemon, thinly sliced
8 thyme sprigs

1. Preheat oven to 375 F.
2. Place salmon on a baking sheet lined with parchment paper; drizzle with oil and sprinkle with salt and pepper. Bake 20-25 minutes.
3. Place baked salmon on a serving dish; top with orange and lemon slices and thyme.

To view recipes from current and previous issues, visit www.nowmagazines.com.

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