

# BurlesonNOW

M A G A Z I N E

MARCH 2026

## Sharing the Mic

Terri Lynch documents  
veterans' stories

In the Kitchen With  
Voule Walker

Also inside:

Scavenger Hunt

Featured Business:

Heritage Place Independent Living

Postal Customer

\*\*\*\*\*EGRWSS EDDM\*\*\*\*\*

PSRST STD  
U.S. POSTAGE  
PAID  
DALLAS TX  
PERMIT #3450

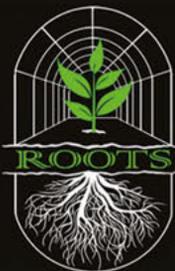
YOUR LOCAL BURLESON  
GARDEN CENTER  
& LANDSCAPING  
SPECIALIST



GET READY  
FOR SPRING!

CALL US TO SET UP  
YOUR CONSULTATION!  
**817-312-2890**

**Have our team**  
Trim Shrubs, Clean Flower Beds,  
Prep Soil & Build New Beds



**ROOTS**  
GARDEN CENTER  
& LANDSCAPING

817-312-2890  
Tue.-Sun. 8 AM-5 PM  
2117 E. Renfro St.  
Burleson, TX 76028



Find us on 

[facebook.com/RootsGardenCenter](https://facebook.com/RootsGardenCenter)





## MAKE SOMEDAY TODAY.

From colonoscopies and preventive screenings to treating chronic digestive issues, our expert team and dedicated GI nurse navigator is here to guide you every step of the way. Small changes like increasing physical activity, eating less processed foods and adding more fiber to your diet can make a huge impact — starting today.

**That's the Huguley difference.**

[TexasHealthHuguley.org/DigestiveHealth](https://TexasHealthHuguley.org/DigestiveHealth)



# STONEHAVEN DENTAL & ORTHODONTICS



WELCOME OUR NEW GENERAL DENTIST,  
**Mindy Monconduit, DDS**

Dr. Monconduit is a resident Texan by way of New Orleans, Louisiana, which means she equally likes a rodeo as much as a crawfish boil. She is a Hampton University alumna and a graduate of the inaugural class of Touro College of Dental Medicine at New York Medical College Class of 2020. Dr. Monconduit has experience treating patients in the traditional dental office setting and has previously traveled all over Texas providing care to patients in senior living facilities and in patients' homes.

As a little girl, Dr. Monconduit always enjoyed going to the dentist, so much so that at 3 years old, she dreamed of one day becoming a dentist. That dream was solidified the summer of her collegiate freshman year when she worked at a camp for people with special needs. There she was able to assist the campers with brushing their teeth, and she absolutely knew then that dentistry was her calling. The most common feedback from patients is that she is gentle and that they can tell she cares for them. Dr. Monconduit works as if working unto the Lord and strives to make dentistry as fun and painless as possible.

Outside of work, Dr. Monconduit enjoys volunteering as a videographer at church, drawing, line dancing, and running an occasional 5K. She is happy to serve the Burleson community at Stonehaven Dental and Orthodontics!



GENERAL  
DENTISTRY



IMPLANTS



ORTHODONTICS

For a full list of  
services, visit  
our website.

**Charles Town, DDS, MAGD, DABOI/ID, FAAID | Dr. Elena | Dr. Kevin Mosby | Dr. Mindy Monconduit**  
225 East Renfro Street, Suite 109 | 817-259-1828 | [THESTONEHAVENDENTAL.COM](http://THESTONEHAVENDENTAL.COM)

**Complimentary Exam and X-rays to all New Patients that mention *BurlesonNOW*.**  
Payment Plans & 0% Interest for up to 2 years | We Accept ALL PPO Insurance.



# Heritage

— PLACE —

SENIOR LIVING



Assisted Living & Memory Care

**817.813.8376**

**HeritagePlaceLife.com**

621 Old Highway 1187  
Burleson, TX 76028



Independent Living

**817.373.5664**

**HeritagePlaceLife.com**

300 Huguley Blvd.  
Burleson, TX 76028

# Experience the *Art of Living*

For nearly a decade, Heritage Place Senior Living has been a trusted choice for seniors and their families in the Burleson area. With dedicated, experienced team members and thoughtfully designed lifestyle amenities, our community empowers residents to embrace the art of living. We offer Independent Living, Assisted Living, and Memory Care, all within a welcoming and refined environment.

**Discover how Heritage Place supports you every step of the way. Tour our resident-first community today!**



**Skilled Nursing & Therapy**

Locally Owned & Operated  
Medicare Certified  
VA Contracted

**817-731-9100**

March 2026  
Volume 20, Issue 3



**Emma McKay**  
*BurlusonNOW* Editor  
emma.mckay@nowmagazines.com  
(682) 239-0010

★ **TRUMP ENDORSED** ★

**VOTE TUESDAY, MARCH 3, 2026**




**TEXANS OVER TAXES**

**Top-Tier Freshman Legislative Producer**  
Leadership Measured With Results not Rhetoric

**Fiscal Conservative with Proven Results**  
26 Bills Authored • 22 Bills Joint-Authored

**TEXANS OVER TAXES**

- 1 Eliminate Property Taxes**  
Texans deserve to own their homes and keep more of what they earn.
- 2 Ban Taxpayer-Funded Lobbying**  
Taxpayers should never be forced to fund lobbyists who work against their interests.
- 3 Enact Mandatory Term Limits**  
Public office should be about *selfless* service — not career preservation.
- 4 Keep Texas Sharia-Free**  
Sharia law has no place in Texas or America. Texas must remain rooted in the US. Constitution.

**HelenKerwin.com**

POL. ADV. PAID FOR BY HELEN KERWIN CAMPAIGN

**ON THE COVER**

Through her podcast, *Tracer Rounds*, Terri Lynch gives veterans a platform.



**Photo by**  
Lori Baur.

*Publisher, Connie Poirier*  
*General Manager, Rick Hensley*

**EDITORIAL**

*Managing Editor, Becky Walker*  
*Burluson Editor, Emma McKay*  
*Office Assistant, Kristin Bato*  
*Editor/Proofreader, Virginia Riddle*

**GRAPHICS AND DESIGN**

*Creative Director, Chris McCalla*  
*Artists, Kristin Bato . Martha Macias*  
*Katy Mirtz-Myers . Anthony Sarmienta*

**PHOTOGRAPHY**

*Photography Director, Chris McCalla*  
*Photographer, Lori Baur*

**ADVERTISING**

*Advertising Representatives,*  
*Karen Schaefer . Bryan Frye*  
*Dustin Dauenhauer . Kelsea Locke*  
*Linda Miley . Linda Moffett*  
*Linda Roberson . Jeremy Young*

*Billing Manager, Angela Mixon*

*BurlusonNOW is a NOW Magazines, L.L.C. publication. Copyright © 2026. All rights reserved. BurlusonNOW is published monthly and individually mailed free of charge to homes and businesses in the Burluson ZIP codes.*

*Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 477-0990 or visit [www.nowmagazines.com](http://www.nowmagazines.com).*

# Luck is Nice

## PEACE OF MIND IS BETTER

Award-winning personalized care at one simple monthly rate. No add-ons. No levels of care. No surprise fees. The support your loved one needs, included from the start.



*Mustang Creek Estates*

RESIDENTIAL ASSISTED LIVING & MEMORY CARE

Save \$500 with ad mention.

Call/text 817-205-3772

[burlson.sales@mce.care](mailto:burlson.sales@mce.care)

[www.mce.care](http://www.mce.care)

Facility ID 106615

## Clear Aligners Aren't Just for Easy Cases Anymore

# Orthodontics



BIRTH & FLETCHER

— [BSFORTHO.COM](http://BSFORTHO.COM) —



**BEFORE**



**AFTER**

## EMBRACE THE FUTURE OF ORTHODONTICS

Advanced technology for your smile • Non-extraction options • Free 2nd opinion

Schedule a FREE consultation to learn more!

**(817) 546-0770 BSFORTHO.COM**



# SHARING the Mic

— By Emma McKay

*In June 1991, Terri Lynch joined the United States Army Reserve’s civil affairs unit, so she could help those in need on home and foreign soil. Over the next three decades, she helped stabilize war-torn cities during peace time, acted as an emergency preparedness liaison officer in Oklahoma, aided Southern states after natural disasters and worked human resources for the U.S. Southern Command in Miami. “All my service has been human resource type work.” While in the Army Reserve, Terri worked for the city of Arlington for 22 years, before eventually applying to work for the city of Burleson.*

“I like to stay busy. Helping people and doing things that help promote community are really what’s important to me.” These days, aside from serving Burleson’s city employees during business hours, Terri devotes 30 hours of her free time each week to volunteering at Military Broadcast Radio, plus even more time working on her own podcast, *Tracer Rounds*.

“I always wanted to have a podcast, and so I was looking through the VA newsletter, and I saw an ad that said, ‘Learn how to podcast!’ And I’m like, *If that isn’t the godsend, I don’t know what it is.*” Terri reached out to MBR, who’d run the ad, and expressed her desire to start a podcast. “They’re like, ‘We think you’d be good on the platform, so we’ll

get you some training.” Memorial Day weekend of 2024, while finishing up her time in Miami, earning her master’s degree and staying on top of her job for the city of Burleson remotely, Terri released her first episode of *Tracer Rounds*.

In her show, Terri conducts conversations with veteran authors, musicians, nonprofit founders or individuals who just want to share stories of their service. “Tracers help show where your bullets are traveling and see if you’re on target or not,” she explained. “My whole premise of my show is to see if you’re on target. Are you shooting the tracer in the direction you should be going, or do you need to adjust to get back on track? I want to make sure that those messages from all these different people are getting out there and hitting their marks.”

Some of the first people she interviewed were her veteran family members, such as her brother-in-law, Vietnam veteran Ruben Gaona. Before they started recording, Ruben didn’t think he’d have much to share, but by the time their reserved hour had ended, Terri had to cut him off. “Once he started talking, he just kept talking.” After the episode aired, his family was shocked by what all he’d gone through. “[My sister] heard some of his stories, but she really hadn’t heard him open up and talk like he did. His family was so thankful that they actually got to hear the story,” she recounted. “I always knew that that’s what I wanted to do — to talk to veterans, to hear their stories. I wanted to make sure that those stories were retained for future generations to hear.”

In addition to spotlighting veterans’ stories, she’s featured the stories of other people who didn’t serve but are connected to the military. “I got to interview Gunnar Nelson from the Nelson band.” In the interview, they discussed his grandfather’s Air Force stories, which Gunnar and his brother,

Matthew, share in their book. She also interviewed a singer from the '80s tribute band Hairball. "He talked about how important it was for the bands to go overseas and play for the troops. He said that was the best place he's ever played because it mattered. He said it made such a huge impact on the band as a whole."

She also interviews first responders, many of whom endure the similar lifelong traumas veterans do. "I interviewed a police officer in New York. He has a clothing line, and some of

what he earns with this clothing line goes back to supporting mental health in the first responder community," she shared. She even interviewed a firefighter in Indiana, whose nonprofit, Horses for Heroes, allows veterans and active-duty members to decompress or rehabilitate on his ranch. "We've gotten to meet a lot of great people and support their messages. Our goal, too, is to highlight nonprofits that serve the veteran or first responder community to get their message out there, so they can get funding or they can get people coming to their organizations for help and hope."

While working to grow her own show, Terri took on a station manager role at MBR, allowing her to help other people run their shows. "Then, we had a vice president leave shortly after that, and they're like, 'You've been nominated for vice president.'" Toward the end of last year, Terri assumed the title of VP and performs those duties alongside her station manager duties.

Lately, Terri has been incorporating her knowledge of podcasting with her HR job with the city of Burleson.

"We're trying to see about creating a podcast for connecting our employees." Through this city podcast, Terri hopes to share information about all benefits city employees have access to but don't know about. "I did a pilot podcast with one of our vendors to help give our employees more information. Some of the presentations you give, people aren't listening, but if it's a conversation, people are able to engage and ask questions. We figure [a podcast is] a way for them to really understand."

Terri enjoys keeping herself busy by helping others. "What I've learned is people who work in the city and do military service all have a servant's heart. That's a resounding message that I've heard [from] everybody I've interviewed." Whether it's running a podcast, helping out around the city or spending time with veterans or the elderly, Terri urges others to go volunteer. "Having a servant's heart and mind is what we need in this climate today. When we serve others, we don't have time to worry about ourselves. We are focused on making a difference." **NOW**



## Simplify Your Finances With Our Expert Services

With the April 15 business tax deadline nearing, please call us today to book your appointment or arrange a document drop-off.



- Payroll
- Tax Planning
- Entity Set up
- Bookkeeping
- Business Tax Filing
- Individual Tax Services



**DDD**  
TRIPLE D FINANCIAL  
TAXES, BOOKKEEPING  
& BUSINESS SERVICES

817-994-3411



109 NW RENFRO ST., BURLESON, TX 76028 | TRIPLEDFINANCIAL.COM

# MEDICARE BENEFITS REVIEW IT'S NOT TOO LATE!

Happy   
St. Patrick's  
 Day

## BIG CHANGES TO ALL PLANS THIS YEAR!

Call Us At Beach Insurance Group  
**(817) 300-3031**



Scan for  
more info.

### AFFORDABLE MEDICARE PLANS

## TURNING AGE 65 OR OLDER?



**BEACH INSURANCE GROUP, LLC.**  
*"insuring everything under the sun"*

**Local Medicare Benefit Specialist**  
*"The Right Plan For Your Needs"*

We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

**CALL YOUR LOCAL MEDICARE BENEFIT SPECIALIST**

**FREE CONSULTATIONS & HOUSE CALLS**

**New To Medicare Guidance** - Information • Plan Options  
Answers To All Your Questions • Enrollment Assistance & Professional Advisor

**Already On Medicare** - FREE Medicare Benefit Review • Second Opinion  
If You Have "The Right Plan For Your Needs" Plans Change Each Year!

**47TH ANNIVERSARY**

**240 E RENFRO ST., SUITE 205, BURLESON, TX 76028**

# We Bring Your Soil Back To Life

## WITH OUR NATURAL & ORGANIC CARBON-BASED FERTILIZATION

### FREE TREE CONSULTATION

(\$200 Value) Expires 3/31/26

### FREE FIRST SERVICE WITH PAID ANNUAL PROGRAM

Expires 3/31/26

## SAVE 50% OR MORE ON WATERING

- Sick Tree Specialist
- Weed Control (that won't hurt your trees)
- Tree & Shrub Fertilization
- Disease Management
- Lawn Fertilization
- Grub Control
- Fire Ant Control
- Flea and Tick Control
- Perimeter Pest Control
- Borer Treatments
- Mosquito Control



Veteran Owned



## Trees Hurt Too Inc. Plant Healthcare Specialists

THE SMARTEST WAY TO PROTECT YOUR TREES, LAWN, AND HOME.



On Staff

Call Now and Schedule a Free Consultation!

972-521-1552 [treeshurttoo.com](http://treeshurttoo.com)





## BurlesonNOW Scavenger Hunt



Find 5 hidden  
**Horseshoes**

in 5 different ads in this issue  
(not counting the one above).

Email the page numbers and  
specific ads where they are  
found, plus your phone  
number, by March 15th.

To ensure your Scavenger Hunt  
answers go in the drawing,  
you must use the

**Scavenger Hunt Email**

[scavenger.bur@nowmagazines.com](mailto:scavenger.bur@nowmagazines.com)

One entry per person.

**WIN!**

**\$50 Cash Prize**

Courtesy of:

NOW Magazines

[scavenger.bur@nowmagazines.com](mailto:scavenger.bur@nowmagazines.com)

Winner must pick up their prize  
within 30 days of drawing.

Valentine Cookies were  
found on pages 5, 9, 10, 11  
& 14.



February winner is:

April Gates -

\$50 Cash from NOW Magazines

[scavenger.bur@nowmagazines.com](mailto:scavenger.bur@nowmagazines.com)

**BUDGET  
BLINDS**



SHUTTERS - SHADES - MOTORIZATION - AND MORE



You work hard;  
let us take over for a while.

“ We take pride in providing style  
and service for every budget. ”

- JOSEPH AND RAQUEL ELDER, OWNERS



DESIGN  
MEASURE  
INSTALL  
ENJOY

**20% OFF**  
Select Custom  
Window Coverings  
OFFER ENDS 3/31/26

Call 817.539.0155 for Your **FREE In-Home Consultation Today!**

**NBI**  
& ASSOCIATES

**EMPLOYERS... IS YOUR  
BENEFITS PLAN UP FOR  
RENEWAL? EXPLORE MORE  
OPTIONS INSTEAD OF  
SETTLING FOR ANOTHER  
RATE INCREASE.**

We help you automate  
employees' benefit  
selection and HR teams'  
benefits administration.

Our world-class  
technology solutions not  
only solve day-to-day HR  
challenges but also  
streamline processes and  
improve efficiency.

Discover our complimentary

**ONLINE BENEFITS**

**ADMINISTRATION PORTAL** -

offering online enrollment, payroll  
integration, COBRA administration,  
billing, compliance support, and  
more. Simplify and streamline  
your benefits management today!



**NBI & Associates**  
**Burleson's Benefit Advisors**

240 E Renfro, Suite #207  
Burleson, TX 76028

**CALL US TODAY.**  
**817-631-3867**

[www.nbiandassociates.com](http://www.nbiandassociates.com)

*Employer Group & Individual Plan Specialists Since 1986*



**WALK-IN VISITS AND APPOINTMENTS AVAILABLE**

*Spring is here and so is allergy season.*

**Schedule your allergy testing today and say goodbye to your allergies!**

**Allergy Testing & Treatment • Annual Physical Exams  
Family Medicine • Immunizations  
In-House Lab & Diagnostic Testing • School Physicals  
Skin Care • Testosterone Therapy • Weight Loss  
Cosmetic Services: BOTOX® and Lip Filler**

**Open 6 Days a Week**

Mon. - Fri. 8 a.m. - 8 p.m. • Sat. 8 a.m. - 6 p.m. • Sun. Closed

**1005 S. Crowley Rd, Crowley, TX**

Located near the intersection of Renfro Street & Crowley Road (FM 731)

**Call or Text Us at**

**817-297-4455**



**WWW.TOTALCARE.US**



*Happy St. Patrick's Day*

Serving our local community for 25+ years, Cables Plumbing is here to help with **ANY AND ALL PLUMBING REPAIRS.**

**SERVICES INCLUDE:**

- Leaky Faucets
- Clogged toilets
- Traditional and tankless water heater installation and maintenance
- Slab water leak/sewer leak detection and correction
- Gas leak detection and repairs
- Cast Iron Pipe replacement
- Bath remodels



For fast, reliable service, call us today at

**817-517-9185**

**A Local and Family Owned Business**

[www.cablesplumbing.com](http://www.cablesplumbing.com)

# Heritage Place Independent Living

— By Emma McKay

“Changing lives is what we work to do,” said Grant Gordon, executive director of Heritage Place Independent Living. “We work hard to simplify life. We want you to live just like you were living at home. At some point, it’s hard to go to the grocery store and cook three meals a day and do everything it takes to be a homeowner. We take a lot off of their plate, so they can actually sit back, relax



## Heritage Place Independent Living

300 Huguley Blvd.  
Burlison, TX 76028  
(817) 373-5664  
HeritagePlaceIndependentLiving.com  
Facebook.com/HeritagePlaceIL

Hours: Sunday-Saturday: Open 24 hours



and enjoy those retirement years.”

Two of the most impactful aspects in senior living communities, according to Grant, are culinary offerings and lifestyle programs. Having worked in the culinary industry for about 21 years, Grant pays careful attention to ensuring residents are served nutritious, homestyle meals, along with enough variety to meet every resident’s dietary needs. “We do a lot of those Southern comfort classics. We do a huge variety from Italian to Cajun and Creole to Asian to everything.” At each meal, residents can choose between a hearty entrée or a health-conscious entrée and pair it with one of many available sides. In addition, Heritage Place offers a soup of the day, beans of the day, catch of the day, a full-service salad bar and a menu of always-available options for diners to enjoy.

As evidenced by the plethora of choices in the dining room, Heritage Place IL makes sure their residents have choices available in all areas of

their lives. That's why they always have different events going through their lifestyles program. "We focus on three major entities: physical, intellectual and spiritual." They provide exercise and wellness classes every day. They provide a library, billiards room and community garden available for use. They also host crafting and gaming events, so residents have a designated time and space to enjoy their favorite activities with others. Each Sunday, Heritage Place invites pastors to give a nondenominational service for residents who don't want to leave the community for church. "It's about simplifying life, so you can enjoy everything there is to offer."

## "We work hard to simplify life."

In addition to offering full transportation services to and from medical appointments, Heritage Place provides shuttling for grocery runs, salon appointments and fun group outings. They also welcome visits from medical professionals to perform check-ups, lab work, hearing aid cleanings and mobility aid maintenance.

"We pride ourselves on an all-inclusive pricing." No matter if residents choose to live in a two-bedroom, one-bedroom or studio apartment, dining services, utilities such as cable and Wi-Fi, housekeeping, transportation and maintenance are all covered in the monthly rent. "We do have some additional options: emergency pendants, carport and personal laundry. Those are start and stop whenever you want." Using the emergency pendants or the pull switches set up in every restroom, residents can alert the 24/7 care team of an emergency, should the need arise. "One of our team members will quickly respond."

Grant and the team members at Heritage Place IL love caring for their residents, so they can fully enjoy their retirement years. "I hear people say, 'I should have done this years ago,'" Grant shared. "It's not waiting until you can't live at home anymore — [it's] taking advantage while you're still able-bodied and full of life, so you can enjoy everything that the community has to offer." **NOW**

5th ANNUAL  
**Light Up**  
THE  
**NIGHT**

ONE LIGHT. ONE NIGHT. ONE COMMUNITY

APRIL 11th Burleson Rec Center 6-9PM

**FREE**  
**AUTISM AWARENESS**  
**COMMUNITY EVENT**

PARTNERED WITH:  
THE CITY OF **BURLESON**  
**Country Critters** petting zoo  
**Burleson Farmers Market**

MORE INFO:

Jircik Medical Group thanks Dr. Marquart for the last 7 years with us, as she has decided to start her own practice. We wish her well in all her future endeavors.

Starting March 5th 2026 Dr. Marquart's new address will be 300 East Renfro #200 Burleson, TX and phone number 817-415-2345.

**Precious Marquart, MD**  
Family Medicine

**Frank Jircik, MD**  
Internal Medicine

**Jessica Nelson, FNP-BC**  
Nurse Practitioner  
Home Visits Only

**Brenna Young, FNP-C**  
Nurse Practitioner  
Accepting New Patients

**Cari Naukkarinen, FNP-BC**  
Nurse Practitioner  
Accepting New Patients

**JIRCIK MEDICAL GROUP**  
WWW.DRJIRCIK.NET  
**817-551-5400**  
12001 South Fwy., Suite #304, Burleson, TX 76028

• Chronic Disease Management • Routine Wellness Exams/Physicals • HOME VISITS

“OPENING  
DOORS IN  
BURLESON  
SINCE 1986”

**TEXAS**   
OVERHEAD DOOR

**817-295-0216**  
www.txohd.com

**REPAIR,  
SERVICE  
& NEW  
GARAGE  
DOORS**

Garage Door Tune-Up  
**\$75.00**

PARTS EXTRA • LIMITED AREA • CALL AHEAD

For regular business hours M-F 8-5 only.  
May not be combined with other offers.  
Call for details. Expires: 3-31-2026

Must Mention “BurlsonNOW Coupon”

**122 N.W.  
Hillery St.,  
Burleson**



**BEFORE**



**AFTER**



**TOMORROW  
ROOFING**  
(682) 255-7040  
LOCALLY & VETERAN OWNED



**10% OFF** Full Roof Replacement  
(Get an additional 30% tax credit!)

Please call for details. Expires 3/31/26

**SEPTIC CLEANING  
AND PUMPING**



**WE PRIORITIZE CUSTOMER CARE BY DELIVERING  
COMPREHENSIVE SEPTIC CLEANING SERVICES.**

*Happy  
ST. PATRICK'S  
Day*

**RENDON SEPTIC SERVICE**

**\$20 OFF  
SERVICE  
CALL**

**817-988-4779 • RENDONSEPTICTX.COM**



**Feeling Lucky?  
Your Nerves Should Too.**

**10**  
Convenient  
**DFW**  
Locations

**DON'T PRESS  
YOUR LUCK.  
TREAT THE PAIN.**

Covered by Medicare & Most Insurance  
**ARE THESE SYMPTOMS  
STEALING YOUR LUCK?**

- ✓ Numbness
- ✓ Burning pain
- ✓ Leg cramping
- ✓ Sharp electrical pain
- ✓ Pain when walking
- ✓ Difficulty sleeping
- ✓ Prickling or tingling



**Call Today: 817-774-4973**

**360 S.E. John Jones Dr., Suite 108  
Burleson, TX 76028**

Arlington | Burleson | Colleyville  
Denton | Fort Worth | Frisco | Las Colinas  
Sherman | Tyler | Weatherford

**Real Relief is**

**Better Than Luck.**



**St. Patrick's  
Day**

**ATLAS** >  
FOUNDATION CO., INC.

**Honest  
Foundation  
Repair  
of the  
HIGHEST  
QUALITY.**

*Your home is a  
big investment.  
Our family is here  
to help you fix  
your foundation  
the RIGHT way.*



*Family owned and  
operated since 1958.*

**817-478-1181**

[www.atlasfoundationinc.com](http://www.atlasfoundationinc.com)

CELEBRATING 67 YEARS  
OF SERVING OUR LOCAL  
COMMUNITIES





## Zoomed In: Abigail Rodriguez and Alejandro Robles

By Emma McKay

After attending a friend's birthday lunch at Fresco's Cocina Mexicana, Abigail Rodriguez and Alejandro Robles, along with their daughters, Sophia and Natalie Robles, took advantage of a sunny day after the freeze, and spent some time playing in Mayor Vera Calvin Plaza. "You get tired of being home," Alejandro remarked.

"We did keep each other entertained and occupied with the kids. He would go outside with them. I stayed inside," Abigail laughed. Alejandro took the wheels off their skateboards, so the girls could use them as sleds. "We also went to my mom's, and she has a big backyard. We got the golf cart, and we pulled them on an upside-down plastic table," she continued. "It feels good to be outside with the sun out."



BurlesonNOW's Advertising Representative, Karen Schaefer, celebrates her granddaughter, Kambry Greer's, 16th birthday at Olive Garden.



Xander Womack and Cassidy Burns play ball at Warren Park.



McKinley Griffin jumps on the snow clad trampoline.



Mickaela Hohnstreiter and Tricia Diaz spend the morning shopping downtown.



Talia Bueno sleds on the ice!

**SAVE \$400**  
**WHEN YOU REPLACE**  
**5 OR MORE WINDOWS**  
OFFER EXPIRES 3/31/26

**Mansfield Glass & Windows**

SINCE 1999



**FREE IN-HOME  
CONSULTATION**

**0% FINANCING  
AVAILABLE**

- ✓ Replacement Windows
- ✓ Frameless Showers
- ✓ Foggy Glass Replacement
- ✓ Mirrors
- ✓ Commercial

Call OR Text

**817-473-3909**

*Over 150 5-Star Reviews!*

**7489 Rendon Bloodworth Rd., Mansfield**  
[www.mansfieldglass.com](http://www.mansfieldglass.com)

**A+ BBB  
Rating**

# Direct Mail Advertising Works!

Let *BurlesonNOW* Magazine present your advertising message to

**over  
24,700**

Home & Business addresses in the Burleson ZIP codes



**Karen Schaefer**

For more information, please call your local advertising representative.

**817-477-0990**

**NOW**  
MAGAZINES

BURLESON | CORSICANA  
ENNIS | MANSFIELD  
MIDLOTHIAN | SOUTHWEST  
WAXAHACHIE | WEATHERFORD  
[www.nowmagazines.com](http://www.nowmagazines.com)



**Michelle McGhee**  
**LAKESIDE  
INSURANCE  
CONSULTING**



*Schedule a NO-COST  
CONSULTATION TODAY*

**Medicare or Individual Health  
Plan questions? I'm here to help.**

**682-472-0162**

[thelakesideinsurance.com](http://thelakesideinsurance.com)  
Licensed Insurance Broker  
NPN# 20646879

**A great new way to shop  
and do business locally!**



[www.nowmagazines.com](http://www.nowmagazines.com)

## SCAVENGER HUNT WINNER!



**Wendy Burke, winner of the \$50 cash prize from NOW Magazines, said, "I love all the different business advertisements which allow me to learn about them."**

## Zoomed In: William Hymes

By Emma McKay

“Shortly after COVID, I wanted to start helping my community,” William Hymes said. That’s when he joined Burleson’s Community Emergency Response Team, which educates people on how to be prepared for emergencies and aids the Burleson Fire Department during emergency or disaster situations. “I went to their basic training, and it took off from there.

“It sparked an entire career change for me,” he shared. “I got to work alongside our first responders, and I thought, *Man, I really want to do that.*” After nearly a decade in IT, William restarted his career as an EMT. “I’m currently in paramedic school,” he said. When he’s not serving the community, William spends his time with his significant other, playing with her kids and riding alongside her on their motorcycles.



Hollyn and Holter Snell experience their first snowstorm together.



Wade and Charlotte Lawrence build a snowman.



Haley Bums and Eleanor Kirchmann strengthen their friendship on the jungle gym.



Corbin Eaton has a blast going snow tubing.

# THE LOCAL TABLE

One cannot think well, love well, sleep well, if one has not dined well.  
- Virginia Woolf

## CUE THE Confetti!



NOTHING bundt CAKES®

# \$2 Off

an 8" or 10" Decorated Cake

Burleson, TX  
140 NW John Jones Drive  
Burleson, TX 76028  
(817) 426-4565

NothingBundtCakes.com

Expires 03/31/2026. Limit one (1) coupon per guest. Coupon must be presented at time of purchase. Valid only at the bakery(ies) listed. No cash value. Valid only on baked goods; not valid on retail items. Coupon may not be reproduced, transferred or sold. Internet distribution strictly prohibited. Must be claimed in bakery during normal business hours. Not valid for online orders. Not valid with any other offer. Discounts applied before tax.

Happy St. Patrick's Day

**OL' SOUTH**  
**PANCAKE HOUSE**  
FORT WORTH ★ BURLESON  
EST. 1962

**\$5 OFF**  
PURCHASE  
EXPIRES 3/31/26



ORIGINAL  
OL' SOUTH  
PANCAKE

HOURS: 6 AM - 3 PM • 7 DAYS A WEEK  
(817) 989-9090 • 225 E. RENFRO ST. • BURLESON



817-295-2700  
MAMASPIZZAS.NET  
721 SW WILSHIRE BLVD., BURLESON, TX 76028

**VIP DISCOUNT**

**\$4.00 OFF**  
20" MAMA'S SIZE  
(One Coupon Per Visit)

**\$3.00 OFF**  
16" LRG. SIZE  
(One Coupon Per Visit)

**\$2.00 OFF**  
13" MED. SIZE  
(One Coupon Per Visit)

## Need More Business?

Advertise your restaurant here.

For information, call:

**817.477.0990**

**NOW**  
MAGAZINES

Bringing the best of the community home.



Pumpkin Bread (Muffins)

# CookingNOW

## IN THE KITCHEN WITH

### VOULE WALKER

— By Emma McKay



“Cooking intimidates me, but I love baking,” said author and photographer Voule Walker. Although she started baking as a teenager, she didn’t start cooking until she had her own kitchen after she and her husband moved in together. Now, she enjoys baking and making Italian and Greek dishes for her loved ones. Her son especially loves the pumpkin muffins she makes from the recipe of her husband’s grandmother, Elizabeth Walker.

“Food and cooking are things that bring friends, family and strangers together,” she said. Voule recalls her mother teaching her to bake and her father teaching her how to make his Penne a la Vodka recipe. “He also likes to give advice when I tell him I’m trying something new, because he’s usually made it before.” **NOW**

### Zucchini Bread

(Recipe from a 1994 *Newsday* publication.)

- 3 cups flour**
- 1 tsp. baking soda**
- 1/4 tsp. baking powder**
- 1 tsp. salt**
- 2 tsp. cinnamon**
- 3 eggs**
- 1 cup canola oil**
- 2 cups sugar**
- 2 cups zucchini, peeled and shredded**
- 2 tsp. vanilla**

- 1.** Preheat the oven to 350 F
- 2.** Grease and flour a Bundt pan.
- 3.** In a medium bowl, combine the flour, baking soda, baking powder, salt and cinnamon.

- 4.** In another medium bowl, beat the eggs. Add the oil, sugar and zucchini; mix.
- 5.** Add the dry ingredients to the wet mixture. Add the vanilla; mix.
- 6.** Add the mixture to the prepared Bundt pan; bake for about 50 minutes or until a toothpick comes out clean.
- 7.** Let cool and serve.

### Peppered Penne a la Vodka

- 2 oz. vodka**
- Red pepper flakes, to taste**
- 2 medium onions**
- 2 cloves garlic**
- 2 Tbsp. olive oil**
- 1 tsp. oregano**

- Basil, to taste**
- Pepper, to taste**
- 1 tsp. Italian Seasoning Blend**
- 1 15-oz. can crushed tomatoes**
- 1 Tbsp. tomato paste, adjusted to taste**
- Sugar, to taste**
- Salt, to taste**
- 1/4 gal. heavy cream**

- 1.** In a small bowl, pour in the vodka. Add the red pepper flakes; set aside.
- 2.** In a food processor, blend the peeled onion and peeled garlic until almost a puree.
- 3.** In a pan, heat the olive oil over low heat. Add the onions and garlic. Sauté until they are clear.
- 4.** Add the oregano, basil, pepper and Italian seasoning; stir.
- 5.** Add the crushed tomatoes and tomato paste; stir.
- 6.** Add the sugar and salt to taste; stir. Cook until it boils.
- 7.** Turn the heat to low; let boil softly (more than a simmer but not lots of bubbles) for 10 to 15 minutes, stirring occasionally to keep it from sticking to the bottom of the pan.
- 8.** Add the cream; stir. Taste and adjust the spices as necessary.
- 9.** Use a coffee filter (or spoon) to remove the red pepper flakes from the vodka. The vodka will be reddish in color at this point.
- 10.** Add the vodka to the sauce. Stir, and keep on the flame for a few minutes. Remove from the flame. Add the sauce to your desired cooked pasta.

### Pumpkin Bread (Muffins)

- 2 cups sugar**
- 3 1/2 cups flour**
- 1 tsp. salt**
- 1 tsp. baking soda**
- 1 tsp. nutmeg**
- 1 tsp. cloves**
- 1/2 tsp. cinnamon**
- Dash of ginger**
- 1 cup oil**
- 4 eggs**
- 2 cups pumpkin puree**
- 1 1/2 tsp. vanilla**

- 1.** Preheat the oven to 350 F
- 2.** Grease and flour a loaf pan or a mini muffin tin.
- 3.** In a medium bowl, sift the dry ingredients together.
- 4.** Make a hole in the middle; add the remaining ingredients. Mix everything together until combined.
- 5.** For a bread loaf, bake for approximately 1 hour and 15 minutes, or until a toothpick comes out clean.
- 6.** For mini muffins, bake for approximately 10 to 13 minutes, or until a toothpick comes out clean.
- 7.** Let cool and serve.

# A Private School Designed for Students with Dyslexia

**NOW ENROLLING AT  
OUR NEW CAMPUS**

Located on the beautiful  
22-acre Camp Anothan property  
6350 Newt Patterson Rd.  
Mansfield, TX 76063

**TEXAS TEFA Funding  
Covers 50–75% of Tuition  
All families SHOULD apply!**

- TEXAS students with learning differences (including dyslexia) are being prioritized.
- **\$10,474 — or potentially thousands more.**
  - Students with a current IEP will qualify for additional funding.
  - TEFA application must be submitted by March 17th!
  - **School of Lexia also offers Need-based financial aid.**

## SUMMER PROGRAMS

Enroll by March 31 & Save \$50!

5-Week Program (M-Th)

June 22 – July 23

Morning Sessions

8am • 9am • 10am • 11am

- Reading Decoding (Grades K–5)
- Reading Comprehension & Fluency (Grades 3–5)
  - Writing (Grades 4–7)
- Multi-Sensory Math (Grades K–8)

**GRADES 1-8  
SERVING DYSLEXIA &  
RELATED LEARNING DIFFERENCES  
(ADHD, DYSGRAPHIA, DYSCALCULIA)**



## What Makes School of Lexia Special?

- Small Class Sizes – 6 to 8 Students per class
- Certified Dyslexia Therapists (CALT-QI)
- Gospel-Centered Daily Devotionals
- Fine Arts (Choir • Theater • Art)
  - Destination Imagination
- Family & Community Service Projects
- No Homework (Grades 1-5)

## AFTER-SCHOOL LEARNING THERAPY

Research-Based, Structured Programs

- Academic Language Therapy – Take Flight (Dyslexia)
  - Multi-Sensory Math
- Orton-Gillingham Writing

School  
of  
Lexia



Scan to Learn More or Apply

**682-422-9093 • schooloflexia.org**

**Admissions@SchoolofLexia.org**

KARIS

SPRING

STAMPEDE



★ ★ ★ ★ ★  
BOUNCE HOUSE  
BALLOON ANIMALS  
PONY RIDES

★ ★ ★ ★ ★  
FLOWER POTTING  
PETTING ZOO  
BBQ DJ

SATURDAY, MARCH 7  
12 - 2PM



RSVP TODAY  
KARISTX.COM

NEW HOMES IN CROWLEY

