MansfieldNOW

MARCH 2024

M A G A Z I N E

Making An Impact

Roger and Leanne Hanna share St. Patrick's passion for missions

In the Kitchen With Shelby Henderson Also inside:

Scavenger Hunt

Crossword

Featured Business: Java Lounge

OTS TREPF SOATBOY ILU OLAN XT BALLAO OZHCA TRANSPH

....ECHM28 EDDW....



Happy St. Patrick's
Day

Dr. Alan M Taylor II

Martha B., Mansfield, TX

I began my millionth weight loss journey in May 2023. The difference has been working with the staff at Diet Solutions. Having these caring people there every week to teach and encourage me has made this time my most successful time. I have learned what works for my body and what doesn't.

I have achieved my most significant weight loss these past months, and it has made changes in my life that were totally unforeseen – like walking greater distances, reducing back pain, playing with my grandchildren, and, of course, a new wardrobe. If you are thinking about how to begin your weight loss journey, let me invite you to give DSC an opportunity to change your life.



Martha lost 53 lbs.*

may vary

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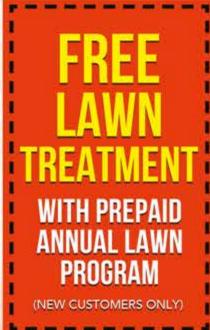
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ON THE COVER



Roger and Leanne Hanna recount their narrative with the Mansfield community.

Photo by Lori Baur.

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EDITOR'S NOTE

Mansfield Family ...

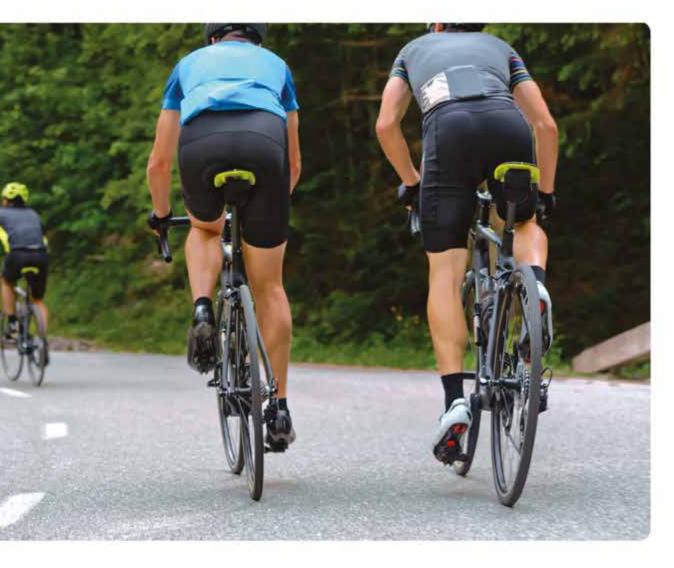
As we usher in the vibrant and hopeful month of March, a sense of renewal and growth permeates the air. The winter slumber begins to lessen, and nature unfolds into colorful scenery. Let's embrace the spirit of March by celebrating stories of the rich Irish culture and enjoying spring break.

Many educators' and children's excitement is heightened during this time as they get ready to take a desired break. Have a great time during your time off! While taking a pause, visit the World's Only St. Paddy's Pickle Parade & Palooza. I recently spoke with Amanda Kowalski, and she mentioned of dreaming about having an elaborate St. Patrick's Day event in Mansfield years ago. She discussed it with approximately 40-50 friends. They got excited and joined in to create the first event. They expected only 100 people, but 5,000 showed up to the first affair. She didn't imagine this event being what is today. Now 40,000-50,000 attend each year. It has grown into a family-friendly occasion, which includes the pickle parade, baby parade, pickle runs, pickle queens, music, fun and food.

On March 16, join the community on Main Street in reveling in the culture and traditions of Ireland. From the iconic green landscapes to the joyous festivities, Mansfield extends a hearty welcome to those who attend. During your celebration and break, reminisce about the history of Irish people immigrating to the United States, as Roger and Leanne Hanna share their story in our main feature.

Have a great St. Patrick's Day and March!





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Making An IMPACT

— By Sandra Walters

In the 17th century, a small percentage of Irish immigrants established colonies in the United States. Between 1820 and 1860, they made up about one-third of all immigrants. The Potato Famine in Ireland led to a mass migration of people to Canada, Australia and the United States, and as they moved, they took their unique culture with them.

Now every March, Americans commemorate the death of the patron saint of Ireland, St. Patrick, by celebrating the Irish culture with parades, special feasts, music, dancing, drinking and wearing lots of green attire. St. Patrick was actually an Englishman, who was enslaved in Ireland in the 5th century, prior to the nation's conversion to Christianity. While a slave, he learned the language and culture. He later escaped back to England, only to feel directed by God to return to the Emerald Isle as a missionary. He is acknowledged for having brought Christianity to various parts of Ireland, and later served there as bishop.



"Leanne and I take great pride in being of Irish descent, although we don't know our ancestors' complete history, since they came here approximately 200 years ago," Roger Hanna said. "My great-grandparents and grandparents eventually settled in as farmers in the state of Kansas, and both of my parents were born in Kansas. Leanne is from California, but now all of our parents live in Texas."

Like St. Patrick, missions work is at the center of Roger and Leanne's hearts. "I didn't grow up as a Christian, but I watched a young man in my high school," Roger shared. "He seemed to be different. I was intrigued by his positive



demeanor. One day, he shared with me about Jesus. He told me if I was interested in learning more, I should try reading the Bible. I was interested. About three weeks later, I bought a Bible. My family was at home, so I kind of snuck it into the house. After that, I began going to Christian youth group meetings with my friend, and my faith grew immensely."

Roger's dad was a fighter pilot, so their family traveled all over the world. His dad was stationed in Hawaii when Roger began college, so he attended



the University of Hawaii and received his bachelor's degree in management information systems. After that, he moved to California and worked as a software engineer, where he met Leanne, who is a nurse. After dating for a while, they got married and soon after gave birth to their first child.

While working as a software engineer, he noticed that software changed about every three years, and he desired to do something more impactful. He and Leanne discussed the possibility of working with Wycliffe Bible Translators USA. "I was very interested in serving in Bible translation ministry, and my wife wanted to help as a registered nurse. We relocated to this area, so I could attend UTA. I graduated with a master's degree in linguistics. After that, Leanne and I also received additional training from Wycliff Bible Translators."

In 1987, Roger and Leanne prepared to move to Southeast Asia shortly after they had their second child. Both of their parents were supportive. "So, we left for a large country in Southeast Asia," Roger explained. "The trip takes about 24 hours by plane. We worked in a language community of about 7,000 people. From 1989-2000, we helped a team of people translate the New Testament into their own language. There are about 7,000 languages in the world, and over 1,200 languages still do not have any Scripture, so there is still a lot of work to do. Leanne and I can speak several languages.

"During our time in Southeast Asia, we lived for part of the time in the Philippines," Roger continued. "Leanne helped deliver babies as a midwife at a clinic that catered to pregnant women who could not afford to go to a hospital. Two of our children were born in California, and the other two in Southeast Asia. During our time overseas, both of our parents came to visit us."



The Hanna kids were raised most of their lives in Southeast Asia. It was a big adjustment for them when they came back to America. "We are proud of all of our children," Roger said. "We didn't force them to follow our path. Two of them live in America, and the other two live in North Africa and Southeast Asia.

"We still work for Wycliff Bible Translators. Therefore, we frequently travel overseas for work and to visit our children and grandchildren. However, Texas is our home, and we love it here. We absolutely take pleasure in the diversity in this community. Many of our neighbors are from other countries, including Egypt, Vietnam and Pakistan. When we travel for work, we leave our keys with our neighbors, and they watch over our house. They are such a blessing. We enjoy this area," Roger concluded.

Roger and Leanne are grateful for the opportunity to serve others. For as long as they can, the Hanna family will follow their calling and continue to have a lasting impact. NOW







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Proposed Projects



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\$584,500,000

- · Lifecycle Replacements
- · Technology Infrastructure
- · Safety & Security
- Buses
- · Expand Student Opportunities
 - Career & Technical Education
 - Campus Fine Arts
 - Campus Athletics
- · Early Learners' Academy
- · Safety Operations Center/MISD Police Station



Instructional Technology

\$4,000,000

- Interactive Panels
- · Digital Signage for Campus Communications



Stadium Renovations

\$50,500,000

- · R.L. Anderson Stadium Renovations
- Newsom Stadium Safety & Security/Field Drainage
- High School Practice Fields
 - Resurface Tracks
 - Turf and Scoreboard Lifecycle Replacements



Fine Arts Additions & Phase 2 of MACs

\$85,000,000

- · Fine Arts Multi-Purpose Additions
 - · Band
 - Cheer
 - Dance
 - · Dritt Team
 - JROTC
- · Renovate Existing Band Hall for Orchestra
- Phase 2 of Multi-Purpose Athletic Complexes (MACs)
 - · Locker Rooms
 - Showers
 - Offices
 - Storage



Phase 3 of MACs

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Around Town



Julia Widman smiles for the camera as she wears her favorite color.

Zoomed In:

By Sandra Walters

Jadyn Thompson and Annika Peterson

Around the same time of day, Jadyn Thompson and Annika Peterson went to the Texas Christian University College of Music for their auditions. As they talked about their experience applying to colleges and attending auditions at various universities, they both grinned.

"We have been singing together for a while, and we were chosen for the Texas All State Choir," Jadyn remarked. Their level of talent is evident from the years they have spent competing at the state level. Both conveyed enthusiasm for what was ahead for them, including the possibility of further chances and musical experiences. In a few months, these young musicians will be freshmen on college campuses, sharing their gifts, passions and devotion.



Calvin Williamson has a blast while bowling with his family.



Charlotte Anderson Preparatory Academy educators volunteer on Spirit Night at Spring Creek Barbeque.



One of the owners of The Mill assists customers by taking a selfie.



Friends pose while taking a fun picture.



The Glovers enjoy dinner at their daughter's birthday celebration.



Timberview High School divers, Maddi Cardinale, Romen Dorrough and Daniel Henry, achieve their season best.







BusinessNOW

Java Lounge

— By Sandra Walters

Java Lounge

Owner: Kayla Bajracharya 2731 Highway 157 N. Mansfield, TX 76063 (817) 898-0283 javalounge.coffee

Hours: Monday-Thursday: 7:00 a.m.- 7:00 p.m. Friday-Sunday: 7:00 a.m.- 8:00 p.m.

Aarya and Kayla Bajracharya's journey began with hosting dinner parties in their home. Many family members and friends suggested that they open a restaurant. As the Bajracharyas continued to create gatherings, they were intrigued by the idea. Kayla said, "I used to play in the kitchen as a little girl because I have so many cooks in my family. That's how I learned to use measurements. When I grew older, I was able to be creative in the kitchen and improve my skills by spending a lot of time in the kitchen. I

watched cooking videos for inspiration and entertainment." This allowed her to perfect her gift.

Kayla previously worked as a veterinarian technician. She said, "I loved my job, but it took an emotional toll on me." So, in 2020, she and her husband considered pursuing the passion close to their hearts. "We were given the opportunity to open Java Lounge, a unique coffee shop, and we welcomed the idea. Now, we have created a community of customers in this area that we're proud of. We sponsor school spirit events and have a dog park for dog parents to enjoy. Our goals are to be transparent and create a place where people feel safe." Serving Mansfield and the surrounding area in its continued growth is a source of great pride for Java Lounge. The owners take great pleasure in actively contributing to the improvement of the community and helping to spread the word about upcoming local events. They anticipate serving more people.

The Java Lounge menu features specialty handcrafted beverages, gourmet sandwiches and fresh baked goods. They have all the favorites and offer a unique assortment of flavors

to please your taste buds. This includes Americano espresso, cappuccino, latte, cafe mocha, drip coffees, iced teas, hot teas, lemonade, hot chocolate, smoothies, iced coffee and optional flavors like mocha, caramel, salted caramel, lavender, vanilla, honey, toffee, hazelnut, white chocolate, trim, loose tiramisu, roasted marshmallow. macadamia nut and butterscotch. Also, ask about milk substitutes like fat-free milk, almond milk, coconut milk, oat milk and soy milk. If you desire to try a handcrafted drink, Java Lounge is truly the place for you.

"Our goals are to be transparent and create a place where people feel safe."

They are unique in the fact that the staff is trained to use measurements. not a specific number of pumps. The owners of Java Lounge believe in precision. "We did our research and developed handcrafted drinks. And we make sandwiches and desserts. We employ people who love the community. All of our baristas are graduates from the area. We know our regulars and welcome new customers," Kayla concluded.

Java Lounge is available from 7:00 p.m to 10:00 p.m. for private events with up to 60 people. It's a great place for an unforgettable event. The elegant decor and hassle-free parking for your guests will provide an excellent event space. Visit the Java Lounge for your daily beverage and treats or schedule your special event today! NOW





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"I stick with my Southern and West African heritage while cooking," said Shelby Henderson. "I was born in Chicago, Illinois, and raised in Memphis. My love for cooking began when I was just a little girl, and my father influenced my cooking. Being raised in a Southern home with a rich West African heritage, I challenged myself to provide a new perspective and much appreciation to typical, traditional cuisines."

She described herself as a foodie and said she would try just about anything once. "I received my culinary certificate from Le Cordon Bleu Dallas in 2019," she shared, "and God has blessed me to cook for many people across this great nation, even celebrities." Now

Chicken Cacciatore

- 1 lb. chicken legs, bone-in, skin-on
- I lb. chicken thighs, boneless
- 3/4 tsp. salt, plus additional, to taste
- 1/4 tsp. black pepper, plus additional, to taste
- 4 Tbsp. olive oil
- 1/2 onion, minced
- 4 cloves garlic, minced
- 1 cup mushrooms, sliced
- I red bell pepper, finely diced

- I cup chicken broth or white cooking wine
- 1 14.5-oz. can tomatoes, diced
- I Tbsp. fresh basil leaves, roughly chopped
- I Tbsp. capers, drained Parsley, chopped, for garnish
- **1.** Season the chicken well on all sides with 3/4 tsp. salt and 1/4 tsp. pepper.
- **2.** Heat the olive oil in a large rondeau pot over medium heat until it smokes.

- **3.** Add the chicken; brown it on both sides for about 4 minutes per side. Remove the chicken; set aside.
- **4.** Add the onions, garlic, mushrooms and red bell peppers to the pan; sauté over medium heat for 5 to 7 minutes, or until browned.
- **5.** Deglaze with the broth or cooking wine. Cook over medium heat until the liquid is almost gone, about 5 minutes.
- **6.** Pour in the tomatoes, basil leaves and capers. Add additional salt and pepper to taste: stir.
- **7.** Add the browned chicken. Place a lid on the pot; simmer over low heat for 25 to 30 minutes.
- **8.** Garnish with chopped parsley.

Southern Inspired Shrimp & Grits

- 1 lb. large shrimp, cleaned and deveined
- 2 tsp. kosher salt, plus more to taste (divided use)
- I tsp. coarse cracked black pepper
- 2 tsp. garlic powder

- I tsp. cayenne powder, or to taste
- I tsp. Old Bay Seasoning
- 2 tsp. smoked paprika
- 2 tsp. onion powder
- 3 cups water or chicken stock
- 1 1/2 cups Bob's Red Mill Brand stone ground grits
- 2 cups sharp cheddar cheese
- 2 cups white, aged sharp cheddar cheese Dash of heavy cream
- 2 Tbsp. unsalted butter
- 2-3 tsp. oil
- 1. In a mixing bowl, combine the shrimp with the next 7 ingredients. Set the bowl in the refrigerator until ready to cook.
- 2. Bring the water or chicken stock and salt to taste to a boil. Add the grits; reduce the heat.
- 3. Cook slowly for about 5 minutes. stirring occasionally.
- **4.** Lower the heat to simmer. Add both cheeses and a dash of heavy cream,
- 5. Finish the grits. Add the butter.
- 6. Remove from the heat. Cover: set aside for 2-3 minutes.
- **7.** Heat a large pan on medium heat. Add a thin layer of the cooking oil. Coat the bottom entirely.
- **8.** Sear the shrimp on one side for about 2 minutes; flip the shrimp over; sear another 2 minutes.
- **9.** Plate the shrimp with the grits. Enjoy!

Buttermilk Biscuits

2 cups all-purpose flour

2 1/4 tsp. baking powder

3/4 tsp. salt

1/4 tsp. baking soda

1/3 cup cold butter

3/4 cup buttermilk Melted butter, to taste

- **I.** Preheat oven to 400 F.
- 2. Combine the flour, baking powder, salt and baking soda in a large bowl.
- **3.** Cut in the butter until the mixture resembles coarse crumbs.
- **4.** Stir in the buttermilk just until moistened. Turn out onto a lightly floured surface.
- **5.** Roll to 1/2-inch thickness; cut with a floured 2 1/2-inch biscuit cutter.
- 6. Place 1 inch apart on an ungreased baking sheet. Lightly coat the biscuits with melted butter before baking.
- 7. Bake 8-10 minutes, or until golden brown. Serve warm.

To search for more great recipes from any of the 9 NOW Magazines publications, visit www.nowmagazines.com.



FinanceNOW

How Much Do I Need To Retire?

— By Todd Simmons

If you are still working and saving, determining your retirement income is a process that helps you identify your retirement planning needs based on your desired standard of living and the investments you will have available to generate income. For the average American, Social Security benefits and a company pension check may not fulfill all your retirement income needs. Social Security benefits will likely satisfy only a fraction of your overall retirement income needs, and most company pensions have been replaced with employer-sponsored retirement plans that are funded largely with employee contributions. A successful retirement requires planning ahead to help ensure that you have sufficient assets to generate income that will last your entire retirement lifetime. Determining your retirement income needs requires a discussion of the various stages of retirement planning, including preretirement, the transition into retirement and retirement.

For some, retirement is sometime in the future — perhaps 10 to 30 years down the road. If so, you have time on your side. The single biggest mistake people make right now is to put off thinking about retirement. The more time you have, the more you can hope

to accomplish, so the sooner you start, the better off you should be. There is a great deal to consider. Some factors include your expected sources of retirement income, your retirement income needs and the best way to use those resources to fulfill your retirement income needs.

Retirement for others is right around the corner, so you have some important decisions to make. If you haven't done so, spend some time forming a good picture of your retirement financial position. To the best of your ability, estimate your retirement income and expenses. As retirement approaches, you must consider the impact of when you retire. Early retirement and delayed retirement, through choice or necessity, can raise certain issues you will want to understand.

When you retire, there are still some issues that you may need to consider. These may include the effect of working during your retirement, and the impact of other sources of income on your Social Security benefits, income taxes and health care expenses. Also, required minimum distributions from your IRA or employer-sponsored retirement plan may be an issue. An investment professional can help you navigate various investment vehicles, such as IRAs, Roth IRAs, annuities and other income-generating investments. Excessive withdrawal rates may have a negative impact on long-term income as well. What is important is to start saving and invest as much as possible for the day you decide to stop working. NOW

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Crossword Puzzle

1	2	3		4	5	6		7	8	9
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Crosswordsite.com Ltd

Across

- 1 Dad, in the boonies
- 4 TV forensic drama
- 7 Chinese life force
- 10 Made selfconscious
- 12 Strike lightly
- 13 Competitor 15 Hawk or eagle for example
- 16 Often split in argument
- 18 Oklahomans originally from the Midwest
- 22 Jogger's companion, often
- 23 Family
- 24 Blood fluid

Down

26 They're

27 NASA to

outstanding

shake up

29 Concert Ivan

35 Mad Goneril's

men and a

36 Presidential

37 No way, old-

38 Opposite to 37

Across

HST

style

show with no

solitary actor

advisory group

created under

dodge

34 Arrest

composition

arranged for a

- 1 Baby food
- 2 Lawyers' group
- 3 Golden State
- cager 4 Poker pile
- 5 Religious splinter
- 6 "Walls have ears" or "in the soup"
- 7 Bean counter
- 8 Chinese dynasty of Christ's time
- 9 "Addams Family" cousin
- 11 Hoagy Carmichael standard
- 14 Cause of sticker shock

- 16 "--- Dark Materials* (Philip Pullman)
- 17 Take off
- 19 Its capital is Tirana
- 20 Floor covering
- 21 Connections
- 25 Doofus
- 26 Goliath's master of old TV
- 28 Simone of jazz
- 29 "The Situation Room" station
- 30 It replaced the Pan-American Union
- 31 "Superstore" network
- 32 "--- 'Havoc!' ..." (Shakespeare, "Julius Caesar")
- 33 Catastrophic occurrence

Online versions and solutions available at www.nowmagazines.com. From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.



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3/8-3/11

Arts Week 2024:

It's the Sixth Annual Arts Week! Four days of live theater, music, art exhibits, hands-on experiences and, of course, Kids Day! Costs and times vary. Farr Best Theater, 109 N. Main St. visit: https:// www.mansfieldtexasarts. org/calendar/events/artsweek-2024.

Children's Concert "Music Among Friends: The Strings":

Free. Noon, First Methodist Mansfield, 777 N. Walnut Creek Dr. For more information, visit http://www.mansphil.org/ concerts.html.

3/14

The Farr Best Open Mic Night:

Family-friendly event celebrating National Women's History Month. Invite family, neighbors and others to support you. Cost: \$5-\$8. 7:30-9:15 p.m., 109 N. Main, Downtown Mansfield. mikeguinnent.com.

3/16

The World's Only St. Paddy's Pickle Parade and Palooza:

Mansfield's historic downtown area will serve as the setting for this family-friendly event. Tons of activities for all ages. Cost: Free.

8:00 a.m.-7:00 p.m., Downtown Mansfield.

3/23

Mansfield Market Spring Fling and Craft Fair:

Many vendors will offer a variety of home decor, fashion, accessories, gifts and more. Support the Mansfield Tiger Band! Cost: Free-\$3. 9:00 a.m.-4:00 p.m., Mansfield High School, 3001 E. Broad St. For more information, contact mhsmansfieldmarket@gmail.com.

3/29

Live! Experience Good **Friday Art Event:**

Trinity Grace Church invites vou to stop in and watch local artists create their inspirations on Good Friday. Cost: Free. 3:00-6:00 p.m., 1200 Clover Hill Road.

3/30

Album Mansfield's Egg **Hunt Extravaganza:**

Go egg hunting! There will be a photo shoot with a bunny. Cost: Free. 2:00-4:00 p.m., 1350 FM-157. Call (817) 435-2000 to reserve your spot by 3/25.

Submissions are welcome and published as space allows. Send your current event details to sandra.walters@nowmagazines.com.







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MUST CALL BY 3/31/24



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- 5 lb. Rib Steaks
 - 4 lb. Sirloins 4 lb. Thick Bacon
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THE CATTLEMAN'S PACKAGE

Texas Grass-Fed Grain-Finished Beef



• 8 - 8 oz. Tenderloin Steaks (Filet Mignon) • 6 - 16 oz. Bone-in Ribeyes (Cowboy Cut)

- 6 16 oz. T-Bone Steaks CUSTOM CUT!
- 8 10 oz. Sirloin Steaks
- 4 24 oz. Full Cut Tenderized Round Steak (Chicken Fried)
- 6 20 oz. Chuck Eye Steaks (Delmonicos)
- 2 24 oz. Porterhouse Steaks (King Cut) 5 lbs. Seasoned Skirt Fajitas (3 packages)
- 12 Ground Chuck Patties (approx. 8 oz. each)
- 6 1 lb. Packs, Ground Chuck (85/15)

- 1 -10 lb. Smoker Ready Brisket
 1 -7 lb. Pork Shoulder (for Pulled Pork)
 3 lbs. Beef Short Ribs (Great for Smoker)
- 3 lbs. Thick Texas Bacon
- 3 lbs. Farm Sausage
- 12 Thick Pork Chops
- 2 Racks St. Louis Pork Ribs
- 3 Whole Chickens (Great for Smoker)

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ALL FOR

ALL ORDERS CUT FRESH

CUT OUT THE MIDDLEMAN and eat the best meats at a **HUGE SAVINGS!**

NEW MEXICO BISON & ELK

- Ribeyes
 Tenderloin
- · Andouille Cheese, Jalapeño Sausage Ground Bison
- Bison Patties
- Ground Elk
- Elk Sausage
 Elk Tenderloins
- Elk Back Strap

OUR FAMOUS LINK SAUSAGE Italian

- Sicilian
- German
- Polish
- **Texas Hot Links**
- Chorizo
- Sausage
- Farm Breakfast

GULF OF MEXICO FRESH SEAFOOD

- Texas Gold Shrimp
- Black Drum
- Grouper
- Scallops
- Halibut
- Orange Roughy Red Snapper
- Salmon
- Catfish

WE MAKE THE BEST

- Beef Liver . Beef Fat
 - · Cheek Meat

Dog Treats

Dog Bones

Dog Food

Beef Hearts

- · Pork Belly
- Ox Tails
- and much more!

SAMPLER ASSORTMENT

- 4 Pork Chops
- 4 Rib Eyes 4 - NY Strins
- 4 T-Bones (10 oz.) 4 - Filet Mignons (8 oz.) 4 - Top Sirloins
- 2 Beef Roasts
- 3 lb. Spare Ribs
- 4 Chicken Fried Steaks
- 2 lb. Pork Sausage
- 2 lb. Bacon 12 - Ground Beef Patties
- 2 lb. pkgs. of Ground Beef

FREE WITH PURCHASE OF SAMPLER:

5 LB. CHICKEN BREASTS (BONELESS & SKINLESS)

EXTREME STEAK LOVERS

- 4 Thick Ribeyes 12 oz.
- 4 Cowboy Ribeyes 16 oz.
- 4 Delmonicos 12 oz. 4 - Rib Steaks 16 oz.
- 4 Sirloins 12 oz.
- 4 Tri-tip Steaks 10 oz. 4 - T-Bones 16 oz.

FREE 4 - Chopped Sirloin

4 - Texas Filets 12 oz.

\$329.95

SPLIT **1/2 BEEF** \$700.00

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All The Beef Cuts 15 lb. Pork &

Poultry FREE

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MARCH 31ST 9AM · 10:30AM





