Waxahachie NOW
MAGAZINE
MARCH 2023

Reading
los Libros
David Flores creates quality bilingual books for children

Pallets of Living Color
Get creative with plants, discarded wood and a few tools

The Forgotten 1,102
During WWII, WASP helped the Allies win

Also inside:
Scavenger Hunt
Crossword/Sudoku
Best of In the Kitchen: Grilling
At Superstar Collision, we take tremendous pride in the work we do. We offer a LIFETIME WARRANTY. We will ensure that your vehicle is brought back to pre-accident condition and is repaired to your satisfaction.

"There are so many wonderful things I can say about the service I received at Super Star Collision, Glenn was so awesome and professional! He kept me updated twice a week on the progress of my vehicle! Great service!" Alexandria - November 2022

Proud to be Locally Owned and Operated for Over 15 years
superstarcollision.com

HOW CAN WE HELP YOU TODAY?
972-299-6900
1260 S Hwy 67, Cedar Hill (Between Cedar Hill and Midlothian)
Start every day off with a GREAT smile

Family Smiles
General Dentistry for Adults & Children
(972) 351-9110

ALL-ON-FOUR "FULL ARCH" IMPLANTS DONE HERE

Now Offering INVISALIGN
Free Consultation

- Movies
- Laughing Gas
- TVs in Every Room
- Kid-friendly Environment

¡Hablamos Español!

$99 NEW PATIENTS ONLY
Dental Checkup
(Regular price $150)
Come meet our experienced, professional staff today & get your dental checkup!
Simple cleaning + Necessary X-rays
Excludes deep cleanings. Offer applies only in the absence of gum disease. Expires 3/31/23

$25 NEW PATIENTS ONLY
Toothache Visit
(Regular price $100)
Includes necessary X-rays, exam and doctor consultation
Not valid with any other offers. Expires 3/31/23

For Patients with No Insurance

$250 Limited exam & X-ray with a single extraction
(Regular price $300)
Excludes wisdom teeth. Expires 3/31/23

Amandeep Basrai DDS and Sudha Lakhwani DDS
Mon-Fri 9 a.m.-5 p.m.
Selective Saturdays

Care Credit
Now Accepting United Healthcare
Dual Complete (Medicaid/Medicare), Humana Gold Plus, Cigna Health Spring Medicaid,
Denta Quest Superior Star Plus Medicaid, All Medicaid, CHIP & PPO insurances
Walk-ins & Same-day Emergencies

Sample prices only. Actual prices may vary based on the dental condition of the patient.
Happy St. Patrick’s Day!

In our office, we understand that every child is unique, which requires individualized, compassionate care. We treat them as if they are our own! We take pride in providing an exceptional dental experience that will lead to a lifetime of great smiles. It is important to us that your child feels safe and comfortable, so they will look forward to their next dental visit. Our goal is to give your child a dental home from childhood all the way through their teenage years. At Just For Kids, we believe that every kid deserves a special dentist!

justforkidsdental.com  |  972.351.9700
1710 US-287 BUS, Suite #140, Waxahachie
**Porch Pour**

Farm-to-fork dining, fine wines, craft beers, and hand-crafted cocktails.

Open Wed. through Sun.

---

**Copper Rose**

A stylish boutique featuring the latest trends in women's clothing, shoes, and accessories.

Opening Soon

---

**Founders Row**

Exclusively at

Midlothian, TX

---

**Relic Root**

Design consultation for business or home interiors, lighting, accents, windows, furnishings and more.

Open Tue. through Sat.

---

**Wilson's Seafood & Grill**

The freshest seafood cooked to perfection with tasty ingredients, served in a warm and casual place.

Opening Soon

---
David Flores shows off the many books he’s published.

Photo by
Kobbi R. Blair.

WaxahachieNOW is a NOW Magazines, L.L.C. publication. Copyright © 2023. All rights reserved. WaxahachieNOW is published monthly and individually mailed free of charge to homes and businesses in the Waxahachie ZIP codes.

Subscriptions are available at the rate of $35 per year or $3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (972) 937-8447 or visit www.nowmagazines.com.
What do you do for fun?

I’m a firm believer that we all need something that we do just for fun, not to make money, not a side hustle. Hobbies are what we do to relax and refresh. My dad never really understood that. His highest praise for any artistic endeavor was, “You could make money off of that!”

I sometimes say I collect collections, but the same is true of other pursuits. I collect hobbies, too. I never seem to pursue any of them to any great degree of proficiency. No one will be particularly wowed by my crochet skills, or my erhu playing. I’ll never win an arm wrestling tournament or win a prize at the State Fair for my cookies. I have monetized my writing, so I can’t really count that as a hobby any more, but oil painting still qualifies. And I don’t have any plans to turn collecting superhero action figures into a business empire, even when I make my own.

Hobbies make interesting stories. Why did you become so passionate about gardening? Why did running become the happy place in your life? What does restoring old cars do for your soul? When did you become fascinated with antique kitchen equipment? Is carnival glass your passion? Is needlepoint the only way you decompress?

Hobbies are a way of stepping away from the hustle and bustle. They are a way of finding some pleasure in something you love, for your own reasons. Other people may share your passion and gather for club meetings. Or they may look at you and ask, “You do what? Why?” There probably is a reason why, but there doesn’t have to be, not beyond, “It’s fun.”

Let me know what you love!
Healthy teeth, healthy gums and now . . . healthy sleep!

We provide treatment for snoring and sleep apnea. Start living a healthier, more productive life through better sleep.

Dental Sleep Medicine
of North Texas, PA

Scott G. Clinton, DDS, MAGD
General Dentistry

DENTAL SLEEP MEDICINE OF NORTH TEXAS
(972) 73-SLEEP | SleepApneaWaxahachie.com
125 Park Place Blvd., Waxahachie, TX 75165
Do you have experience as a principal investigator?

We’re opening a new clinical research site in Waxahachie this summer, and we’re looking for a few experienced principal investigators (MD or DO).

- Part-time contract positions until the volume supports full-time PI
- Work is during normal business hours
- Hourly compensation
- Some travel to investigator meetings (1-2 per year)
- Very low time-demand until 1st study is enrolling

If you’re interested, please send CV to lacey@toplineclinical.com or text 972-965-3247
David Flores grew up in El Salvador and immigrated to the U.S. as a teen. Two things that are very important to him are reading and soccer. “Growing up in El Salvador, soccer was huge. I was passionate about the game. I’d watch five games every weekend with my family — El Salvador, Mexican League, Real Madrid and Barcelona.” Later on, he would even meet his wife because of soccer. They both played in college.

But reading was not as important. “I didn’t read a lot. We didn’t have books at home, except an encyclopedia and the Bible. The Bible isn’t exactly child vocabulary. I would look through the encyclopedia and trace the maps and flags of the different countries. I had a whole collection on my walls. My wife grew up in Mesquite, and reading was part of her culture. Now, in our family, books are very important.”

David is well known to local kids and their parents as “Coach Brownie.” I started coaching soccer and created a curriculum called Soccer Little where I use soccer to teach literacy. I’ve been teaching for several years now and using sports as a ministry. I decided that I wanted to write books for kids.”

As a father in a bilingual home, he felt the need for good bilingual and Spanish-language children’s books. Many classic American story books and picture books have been translated into Spanish, but the translations are often not very good. “Sometimes, they look like they were translated by Google Translate, and sometimes they feel like they were translated by people who aren’t native speakers. I was teaching pre-K and noticed there weren’t a lot of books for Latino children, and even fewer for mixed children. And as a teacher, I have access to more, and better quality, books than many
So he decided to write a board book for his little ones. “My own first born, as soon as she could walk, she’d go into her room and flip the pages of a book, pretending to read it. So, I knew kids love books, if you give them the chance.”

He had already learned a lot about publishing a book when he created his curriculum for Soccer Little. “I couldn’t find a publisher who was interested in bilingual children’s books. I had made a lot of mistakes when I was publishing my curriculum, but I educated myself about self-publishing. It’s a steep learning curve. I learned about editing and designing and ISBNs. I learned that ISBNs are very expensive in the U.S., but as a Salvadoran national, I can get one through the National Library for free. They are free in most other countries. I found an illustrator in Indonesia who was great to work with for my board book Mis Chanclas and My Chones.” It’s a book about body parts and clothing. Papá calls them by their Spanish names, while Mommy calls them by their English names.

His second book, Tita la Gallanita, is a retelling of The Little Red Hen, centered around tamales. “I thought about using a Salvadoran food like pupusas, but I decided to target tamales because they are more Latin generic. They may be different sizes and have different wrappers or fillings in different countries, but we all have a dish called tamales. I do a lot of readings at schools. One day, I was reading this book at the elementary school in Italy. There was this one Latino boy in the class. When I asked who liked tamales. He threw up his hand and yelled, ‘I know them! My mom makes them all the time!’ He just lit up.

DO YOU SUFFER FROM...

- Leg or Ankle Swelling
- Leg Pain, Aching or Cramping
- Restless Legs • Varicose or Spider Veins
- Leg Heavyness or Fatigue • Burning or Itching Skin • Skin Changes or Rashes

If you answered yes to any of the symptoms above, then you could have Venous Reflux Disease. If left untreated, Venous Reflux Disease may worsen over time and develop into a more serious form of Venous Disease called Chronic Venous Insufficiency.

Texas Vein Experts

Call for your comprehensive evaluation and ultrasound.
(940) 808-0949
Office Locations:
Weatherford • West Fort Worth • Plano • Denton • Waxahachie
Hurst • Dallas • Frisco
Medicare and commercial insurances accepted.

www.nowmagazines.com 10 WaxahachieNOW March 2023
"I’m thinking about doing a retelling of The Gingerbread Man that I’m calling Pupusa! Pupusa! That will highlight Salvadoran food. We love our pupusas!"

His most recent picture book is a little different. It’s available in Spanish, English with some Spanish words and a bilingual version. The English version is called The Boy Who Cried ¡Falta! While the Spanish version is ¡Falta, Arbiito! This one is a charming variation on The Boy Who Cried Wolf motif that fits perfectly with professional soccer’s well-known, and often mocked, penchant for faking injuries to draw fouls, faltas. The naughty little boy learns his lesson, or almost so, about faking injuries, just in time to discover handballs. “I worked with an illustrator from Brazil, Felipe Cardoso, for this one. He gets soccer. He’s Brazilian, so, of course! He perfectly captured how naughty this little boy is and the drama of faking injuries. He was amazing to work with!”

Part of the story takes place at the Dallas Cup, at the Cotton Bowl. He includes things that only the parents or grandparents reading the book will catch, like a nod to the Dallas Torneados, the original pro team in the area. And local folks may recognize some of the logos on the stadium walls. “I ran out of money. It’s expensive to do this right. So I thought, if the stadiums can sell advertising on their walls, why can’t I sell space on the wall in my book?”

David and his wife have done a good job of fostering a love of reading in their own kids. “They get mad if we don’t read to them. If they misbehave, we tell them, ‘No books tonight if you don’t behave.’ And it works! It’s a cliché that Latinos don’t read, but more and more Latinos in America do. They just need more authentic books that tell their stories.”

www.nowmagazines.com  WaxahachieNOW March 2023
Dermatology You Can Trust!

MATTHEW BARROWS, MD

Skin Cancer
Acne
Rosacea

Psoriasis
Scaly Skin
Cysts & Warts

HOLLY GLOVER, PA-C

Eczema
Itchy Skin
Rashes

Fillers
Botox®

XTRAC LASER TREATMENT AVAILABLE

141 RVG Blvd Suite 100
Waxahachie, TX 75165
Office: 972-937-1313

Schedule Online Now at:
www.mdbarrows.com
HCN
Home Care Network
Bringing Healthcare Home

We specialize in helping patients with the following:

- Diabetes
- Congestive Heart Failure
- Skilled Nursing
- Orthopedic Issues
- Medication Management
- Bowel & Bladder Issues
- Physical Therapy
- Specialty Programs
- In-Home Assistance
- In-Home Cardiac Care
- Social Services
- Lymphedema Therapy
- Occupational Therapy
- Physical Therapy
- Pulmonary Physical Therapy
- Orthopedic Physical Therapy
- Occupational Therapy
- Speech Therapy
- And so much more!

We Bring Healthcare into the Home with visiting nurses, therapists and even in-home X-Rays.

1701 N. Hampton Rd., Ste. E, DeSoto, TX 75115
Mon.-Fri. 8am-5pm
www.homecarenetwork.com

24/7 Intake | Toll Free: 877-270-2001
Including all holidays
For years, do-it-yourself enthusiasts have searched for ways to turn discarded wooden pallets into furniture, signs or even backsplashes for kitchens. Available for free or at a low cost, they are ideal to use as the base for a backyard garden.

After acquiring your wooden pallets, remove nails and any broken boards. Clean and sand the pallets, and then varnish or paint them to protect the wood from rotting. For a more colorful option, consider a rainbow of colors as a fantastic way to use leftover paint from other projects.

Of course, you can always deconstruct the pallet and simply use the boards to create a standard planter. But if you want to employ creativity, here are a few ideas to wow your friends.

**Wall Pallet Plant Holders**

Prepare your pallet as instructed above, and carefully remove the back and side slats. If desired, use a jigsaw to cut the boards into a shape. Paint the pallet to match or contrast a wall or fence. Add eye hooks or S-hooks to the bottom for small hanging plants. If hanging the pallet on wood, be sure to locate the studs and screw it in place. For brick walls, use a mortar drill bit and an all-in-one screw and anchor (Walldog) with a metal washer to secure the pallet. Drill a hole in the mortar, not the brick. Repeat for additional Walldogs to secure the hanging. Then measure, mark and drill holes in the pallet. Thread the screw through the washer, drill through the pallet, and attach to the brick wall using pre-drilled holes.

After attaching the hanger to the wall, add lightweight planters and decorations using S-hooks. If desired, purchase decorative S-hooks to give the hanging garden more character. Fill the planters with soil and plants as desired.

**Free-standing Vertical Wall With Attachments**

After preparing your pallet, turn it so the slats run horizontally. If desired, secure the pallet to an external wall, fence or other stable object. You can build an A-frame to hold the wall vertically or use stabilizers.

Drill holes and screw hose clips into the boards. Add as many or as few as desired. Fill recycled jars, cans or small traditional pots with gravel, soil and plants. Place the jars inside the clips and tighten them to hold the jars securely in place. For an added touch of flair, paint, stencil or burn the names of the plants on the wood, or you can use chalkboard paint that allows you to write names.

**Raised Pallet Garden**

Prepare your pallets as previously instructed, and then turn them over so the bottom side faces up. Lay out and cut a sheet of garden fabric to cover the bottom and sides with a few inches to overlap.
the top. Using a staple gun, secure the fabric to the pallet’s bottom. Turn the pallet over and staple the overlapping fabric to the top. Place the pallet in its preferred location, add topsoil and add your plants or seeds.

The boards separate the plants, allowing for a variety of flowers or vegetables. Identify the plants with a brightly painted word or picture — or add a purchased bright stake identifier. Stacking various sized pallets at angles creates a tiered garden. With the sturdiness of the base material, stacking works well.

**Vertical Wall Garden**

Prepare your pallet and stand it up with the boards in a horizontal position. The front and back create the sides of your “planters.” Remove some boards for a deeper planter and nail them in place as the “bottom” of each planter. Pre-drill holes to avoid splitting the wood. Add garden fabric to the back to avoid soil from spilling.

Position the garden wall and secure it in place to a wall or fence, or stabilize the bottom with A-frames, wedges or other stabilizers. For free-standing wall gardens, make sure to secure it well, so it remains upright. Pea gravel or drainage rocks in the planter’s bottom increases drainage, or you can drill small holes in the bottom before adding soil. Add topsoil and place plants in each planter box. Plants with trailing flowers or herbs work best in the vertical wall garden.

Get creative and enjoy your pallet gardens for years. With a variety of styles, adding color to your yard won’t take much effort or a ton of money.

**Sources:**
Zoomed In:
Isabella Shelley

By Adam Walker

Isabella Shelley — Bella to her co-workers at the Sims Library — enjoys serving the literacy needs of Waxahachie’s youngest citizens, by helping them check out a good book ... or 20. “I’m a student at SAGLI, and I’m doing this as my work-study. I started working here at the library last semester, and I enjoy working with the kids.”

The sophomore, majoring in general studies and Church leadership, tries to live in the now. In answering some good-natured ribbing about where she’ll be in the future by a fellow children’s librarian, she responded, “I don’t plan much more than a year out, so who knows where I’ll be in four years!” Then, she proceeded to check out the next armload of books in the busiest room at Sims.
The WHS swim team is ready for Regionals.

Martha Dean shows off her Valentine’s tree.

Ilen Davila studies art with her teacher, Madelyn Brown.
Bringing advanced hernia surgical care to your community

We are proud to treat the Ellis County community and beyond.

Our experienced surgeons specialize in hernia repairs and the management of hernia complications. With the use of advanced tools and newer techniques, we are able to handle complex, large and recurrent hernias.

Mazen Issa, M.D., F.A.C.S

Baylor Scott & White Center for Hernia Surgery

2460 N. Interstate 35 East, Suite 215 | Waxahachie, TX 75165

BSWHealth.com/WaxHerniaSurgery

469.800.9832
An Important HEALTH WARNING for Men and Women Age 55 or Older!

Do You Suffer from Pain, Burning, Numbness, or Tingling from Nerve Damage Caused by Diabetes, Infection, or ANY of the Other Conditions Listed in this Urgent Special Report?

If so, now you can virtually end your discomfort, protect your health, and help you live a more active life.

Dear Suffering Friend:

Tens of millions Americans have nerve damage — a condition known as “neuropathy.”

The most common symptoms of nerve damage are pain, burning, tingling, and loss of feeling in your feet, legs, and fingers — with the pain ranging from mild to almost unbearable.

If you are diabetic, and especially if you are also age 60 or older, odds are that your nerve damage has been caused directly by your diabetes — although many younger diabetics also have nerve damage from this potentially deadly disease.

But many OTHER people with these symptoms — pain, burning, and tingling — are NOT diabetic, yet also suffer from nerve damage.

According to the Mayo Clinic, the many diseases and conditions that can destroy the nerves in your extremities and limbs include:

- Alcoholism
- Autoimmune diseases
- Vitamin deficiencies
- Liver disease
- Underactive thyroid
- Repetitive motions such as typing
- Bone marrow disorders
- Certain prescription medications
- Falls, sports injuries, and other trauma
- Wearing a cast or using crutches
- Chemotherapy
- Tumors
- Infections
- Kidney disease

New hope — and better health — for men and women with nerve damage...

CALL US TODAY TO MAKE AN APPOINTMENT
469-732-0880 or 972-937-0086

or email us at: completehealthmedicalcenter@gmail.com

COMPLETE HEALTH MEDICAL CENTER • 905 FERRIS AVENUE • WAXAHACHIE

WWW.COMPLETEHEALTHMEDICALCENTERS.COM
Following Amelia Earhart’s famous transatlantic flight in 1932, American women grew interested in aviation. In 1929, Ninety-Nines, a group open to all female pilots, formed. From 117 invitations, 99 ladies became charter members. With rumblings of WWII, these women wondered how to help. The attack on Pearl Harbor on December 7, 1941, drove deep desires of flying against the enemy. Unfortunately, at the time, the U.S. military didn’t accept women pilots.

One Ninety-Nines member, Nancy Love, earned her pilot’s license at 16. Earning a degree from Vassar College, she worked as a pilot for a company her husband started. Knowing many opportunities for pilots outside combat existed, she believed women could handle those jobs. In early 1940, Nancy wrote to the Army Air Force. The men in charge, including General Hap Arnold, declared they needed more planes, not more pilots.

Jacqueline (Jackie) Cochran, one of the most accomplished pilots of her era, also insisted women pilots could free men to join combat. Writing letters in 1939, she also met rejection. Late in 1942, with heavy war casualties, General Arnold finally agreed. They needed women to ferry aircraft in the U.S. Nancy Love headed up a squadron that included Betty Gillies, Cornelia Fort and others from the Ninety-Nines. On September 5, 1942, after qualifying for the program, the ladies became WAFS—Women’s Auxiliary Ferrying Squadron.

Jackie returned to America from England a few months later. While she believed in women pilots’ capability, her plan included training more women. With Hap Arnold’s approval, she headed the Women’s Flying Training Detachment in Houston, Texas. Over 25,000 women applied, but only 1,074 women successfully completed the program, and joined WAFS countrywide.

The Houston facilities, down the road from Ellington Field where combat pilots trained, had no barracks or dining facilities for women. Early in 1943, under Jackie’s leadership, WAFS and WFTD joined forces as Women’s Airforce Service Pilots. Of the 1,102 WASP, 38 died during service.

The training center moved to Avenger Field in Sweetwater, Texas, where a museum remembering the WASP remains today. They adopted Fifi as mascot, referring to Fifinella, the imaginary female gremlin who supposedly caused crashes. In summer, without air conditioning, they slept outside sometimes. More than once, women woke up with scorpions or rattlesnakes as bedmates.

Although the women experienced the same grueling training as military pilots, Nancy and Jackie agreed to keep the WASP civilian to get the programs moving. Denied benefits of male pilots, they covered personal costs for food, lodging and transportation much of the time. Many combat pilots admired and respected these women.

Some, like Betty, had special blocks made to reach aircraft pedals. They used pillows to increase their height. While combat pilots generally trained on one aircraft, the WASP learned to fly multiple planes.

Initially ferrying only small aircraft, the women gained experience and took on challenges of flying bombers. They accepted any job that supported winning the war. Besides ferrying planes, WASP flew missions some men didn’t dare accept. When a plane got a dangerous reputation, a WASP flew flight demonstrations, encouraging men to accept the risk.

For training, WASP flew planes with live rounds of ammunition aimed at their trailing banner, often landing a plane riddled with bullet holes. They flew by instrument only while avoiding searchlights. They towed gliders for combat
pilots learning to maneuver the silent aircraft that delivered supplies behind enemy lines.

Many WASP served as instructors for military pilots, provided air taxi service for military bigwigs and played the enemy during dogfight training. These women also served as maintenance test pilots, a job most veteran pilots, civilian and military, refused.

A handful flew in top-secret experiments, developing drones. The drones of WWII required a “mother ship” for direction. While beep pilots learned to control drones, WASP piloted the mother ship and two of them served as safety pilots on the drones.

Despite everything, in 1944, Congress refused to militarize WASP with full benefits, mostly because of misinformation. Disappointed, the women still wanted to serve, but in December 1944, the military ended the program.

In their short lifespan, the WASP flew 60 million miles. Some joined the military in allowed roles, but many returned to civilian life. They didn’t receive benefits like other pilots who served in WWII.

Through continued efforts, the WASP finally received retroactive military status in 1977. In 2010, they received the Congressional Gold Medal. Only a handful remained alive by that time, but everyone agreed — they’d do it again without hesitation. The women known as WASP didn’t seek glory, fame or wealth. They simply wanted to use their gifts to defend against tyranny, and they allowed no one to stop them.

Editor’s Note: Visit www.waspmuseum.org to learn about the National WASP WWII Museum.

Photos by Lisa Bell with permission of the National WASP Museum.

Sources:
Planning for Tomorrow ... Today

(972)937-1802 • 102 Professional Pl., Ste. 106, Waxahachie
Securities offered through LPL Financial. Member FINRA/SPIC

LPL Financial

Lee Straley-Miller
Financial Consultant
Robyn Jones
Registered Administrative Assistant
Winnie McPherson
Administrative Assistant
Denise Allison
Financial Consultant

Happy St. Patrick's Day

Financial Reviews
Investment Advice
Retirement Planning
Long-term Care Solutions
IRA - Transaction Assistance

TIMES ARE TOUGH!
INCOME LOSS OR REDUCTION?
GOVERNMENT RELIEF IS AVAILABLE THROUGH A
PERSONAL OR SMALL BUSINESS BANKRUPTCY.

Confidential Legal Assistance • Free Consultation

LAW OFFICE OF
VICKI MccARTHY
Helping Individuals
& Small Businesses for over 35 Years

DEBT RELIEF
• Eliminate or Pay Debt Back at 0%
• Stop Foreclosures
• Refinance Vehicles

The Federal Bankruptcy Program was written to help individuals and businesses get through their financial crisis. You are entitled to a bailout also!

CALL US TODAY 972.296.9971
Consultations Available via Video Conference and Telephone Conference
Our office is conveniently located to serve Ellis & surrounding counties at:
114 South 5th Street, Midlothian, TX 76065
Spinal Decompression Treats Back & Neck Pain Without Surgery or Injections

Spinal Decompression Therapy specifically targets herniated, bulging and degenerative discs in the lower back. By relieving the pressure and allowing those discs to rehydrate, it takes away the symptoms of back pain, back spasms and shooting/stabbing pain down the legs to the feet, sciatica and more.

This procedure repositions the disc and rehydrates it, allowing water, oxygen and nutrients to be absorbed.

CALL US TODAY TO MAKE AN APPOINTMENT
469-732-0880 or 972-937-0086
or email us at: completehealthmedicalcenter@gmail.com

COMPLETE HEALTH MEDICAL CENTER • 905 FERRIS AVENUE • WAXAHACHIE
WWW.COMPLETEHEALTHMEDICALCENTER.COM
For those of you who are spending time outside grilling these days, we thought you might like some new recipes to change things up. We have selected one recipe from each of our nine market areas to add some flavor to your day!

**Fire Roasted Black Bean and Corn Salsa**
Provided by Matt Mellott for the January 2013 issue of North Ellis Co.NOW Magazine.

1. Place the tomatoes on a hot grill; char the outsides. Cool in a bowl.
2. Place whole jalapeños and serranos on the grill. Grill until skin is charred; place in the bowl with the tomatoes. Cover with plastic for 5 minutes.
3. Place freshly husked corn on the grill until it is golden brown. Cool; cut corn from the cob. Reserve the corn in a separate large bowl.
4. Remove plastic wrap from the peppers. Scrape charred peppers with a knife to remove the skins. Also remove the seeds. (If using your bare hands, wash right away with soap, and avoid contact with your eyes. Or wear latex gloves to remove the seeds.)
5. Place the peppers and tomatoes in a blender; pulse to desired consistency (5 to 6 times is recommended).
6. Pour pepper/tomato mixture into the large bowl with the corn. Add cilantro, black beans, garlic, cumin, coriander and salt; stir to mix.
7. Refrigerate for 4 hours; serve.

**Steak Balsamico**
Provided by Cindy Pechal for the July 2016 issue of EnnisNOW Magazine.

1. Place 4 beef steaks, your choice of cut cooked turkey burger, pineapple slice and red onions. Drizzle with teriyaki sauce; add top bun.

**Grilled Bourbon Peaches**
Provided by Charles “Chuck” Burns for the April 2018 issue of WaxahachieNOW Magazine.

1. Prepare grill for direct heat cooking and preheat.
2. Brush the flesh side of the peaches with oil.
3. In a saucepan, on high heat, flambé the bourbon; add the butter, brown sugar, vanilla and apple juice.
4. Simmer; let it turn to syrup.
5. Remove from heat; let cool.
6. Lay the peaches skin side down on the grill rack; cook for 2 minutes, or until charring starts. Turn over; cook for an additional 2 minutes.
7. Remove the peaches from the grill; serve with ice cream and bourbon syrup.

**Island Turkey Burger**
Provided by Matt Boggs for the April 2019 issue of MidlothianNOW Magazine.

1. In a mixing bowl, combine the ground turkey, egg and Panko breadcrumbs. Form into patties, pressing firmly together. Grill until the internal temperature is 155 F.
2. While the turkey is cooking, grill pineapple on both sides, just enough to warm pineapple but not to where it falls apart, about 2 minutes on each side.
3. On the bottom half of the bun, place the cooked turkey burger, pineapple slice and red onions. Drizzle with teriyaki sauce; add top bun.

6 ripe peaches, pitted and halved
1 Tbsp. oil
1/4 cup Bulleit Bourbon
3/4 stick butter
2/3 cup brown sugar, firmly packed
1 tsp. vanilla extract
2/3 cup apple juice
Vanilla chocolate swirl ice cream

1. Prepare grill for direct heat cooking and preheat.
2. Brush the flesh side of the peaches with oil.
3. In a saucepan, on high heat, flambé the bourbon; add the butter, brown sugar, vanilla and apple juice.
4. Simmer; let it turn to syrup.
5. Remove from heat; let cool.
6. Lay the peaches skin side down on the grill rack; cook for 2 minutes, or until charring starts. Turn over; cook for an additional 2 minutes.
7. Remove the peaches from the grill; serve with ice cream and bourbon syrup.

**Steak Balsamico**
Provided by Cindy Pechal for the July 2016 issue of EnnisNOW Magazine.

1. Place 4 beef steaks, your choice of cut cooked turkey burger, pineapple slice and red onions. Drizzle with teriyaki sauce; add top bun.

2/3 cup balsamic vinaigrette
1/4 cup fig preserves
4 beef steaks, your choice of cut
1 tsp. ground sea salt
1 tsp. freshly ground pepper
1 6.5-oz. container buttery garlic and herb spreadable cheese (Alouette suggested)

1. Combine first two ingredients in a blender until smooth; pour into a shallow dish or large zip-top plastic freezer bag. Add steaks; marinate in the refrigerator for at least 2 hours.
2. Remove steaks; discard marinade. Grill over medium-high heat for 5-7 minutes on each side, or to desired degree of doneness. Remove to serving platter. Sprinkle with salt and pepper; cover to keep warm.
3. Heat cheese spread in a small saucepan over low heat, stirring often until melted, 2-4 minutes. Serve cheese sauce in hollowed-out lemon halves with steaks.

Firecracker Marinade
Provided by Phyliss Peel for the April 2018 issue of WeatherfordNOW Magazine.

1/4 cup peanut oil
3 Tbsp. soy sauce
2 Tbsp. balsamic vinegar
2 green onions, sliced
1 tsp. crushed red pepper flakes
1 tsp. brown sugar
1/2 tsp. sesame oil
1/2 tsp. garlic rub (or 2 fresh garlic cloves, minced)
1/2 tsp. ginger/citrus rub (or 1 tsp. fresh grated ginger)
Dash of sea salt
Dash of fresh ground pepper

1. Mix all ingredients; marinate meat for 3-5 hours before grilling. Great for salmon, chicken and pork.

Rob's Famous Brisket Rub
Provided by Rob and Stephanie Schoendienst for the August 2015 issue of MansfieldNOW Magazine.

2 Tbsp. kosher salt
2 Tbsp. black pepper
1 tsp. paprika
1 tsp. cayenne pepper
1 tsp. granulated garlic
1/2 tsp. ground cumin
1 12-oz. can beer, any brand
1/2 cup apple cider vinegar
1/2 cup water
1/2 cup vegetable oil
2 Tbsp. Worcestershire sauce
1/3 cup brown sugar

1. Mix all ingredients together in a large mixing bowl. Use as a rub and injection solution for brisket prior to cooking. Perfect for a 10-lb. brisket.
Armadillo Eggs
Provided by Robert Boot for the April 2016 issue of BurlesonNOW Magazine.

20 large jalapeños
2 8-oz. pkgs. Philadelphia cream cheese
2 16-oz. pkgs. extra-thick bacon

1. Cut off the heads and gut the jalapeños. Soak jalapeños in water for a couple of hours before stuffing.
2. Stuff jalapeños with cream cheese. Wrap each jalapeño with bacon. (It usually takes me two toothpicks per jalapeño to get the bacon wrapped well.)
3. Put the peppers on the grill until the bacon is cooked and jalapeños are soft. (Cook over indirect heat; do not put directly over the flame.)

BBQ Chicken-on-the-Grill
Provided by Caleb and Oliver Jackson for the July 2011 issue of CorsicanaNOW Magazine.

1/2 cup ketchup
1 Tbsp. mustard
1 Tbsp. molasses
1 Tbsp. Worcestershire sauce
2 cloves garlic, chopped (optional)
2 cups water
6 chicken breasts

1. Make barbecue sauce by mixing together all ingredients, except water and chicken, in a bowl.
2. Using aluminum foil, form a pan to fit the grill.
3. Add water to the foil pan.
4. Place chicken breasts in the aluminum pan.
5. Close the grill lid; cook about 20 minutes.
6. Open the lid and baste the chicken with barbecue sauce every 10-15 minutes, keeping the door closed until the chicken is done.
7. Total cooking time is about 50 minutes.

Summer Grilled Chicken Salad
Provided by Carla Hollie for the September 2014 issue of SouthwestNOW Magazine.

2 split chicken breasts
2 Tbsp. McCormick Montreal Chicken Seasoning
2 tsp. cracked black pepper
1 Tbsp. olive oil
3-4 cups spring salad mix (or your choice of greens)
1 cup fresh strawberries (divided use)
1 cup blueberries
1/2 cup walnuts, chopped

1. Place chicken in a plastic bag; tenderize using a mallet to thin the chicken. Season chicken with seasoning and pepper. Heat grill or skillet; drizzle grill or pan with olive oil. Cook chicken approximately 5-7 minutes per side, or until done. Remove from grill or pan; let rest for 5 minutes before cutting into angled slices.
2. Wash salad greens and berries. Toss greens with 1/2 cup strawberries and chicken slices. Sprinkle lightly with additional seasoning and pepper, if desired; top with remaining strawberries, blueberries and walnuts. Serve with favorite dressing.
When it comes to advanced women’s care, we deliver.

The team at Methodist Midlothian Medical Center has the experience and advanced technology to support you and your baby, during every step of your pregnancy, delivery, and beyond. Providing the women’s healthcare our friends and neighbors depend on. That’s community and why so many women Trust Methodist.

**Methodist MIDLOTHIAN MEDICAL CENTER**

Take a virtual tour at [MethodistHealthSystem.org/TourMidio](http://MethodistHealthSystem.org/TourMidio)

- Family-centered maternity care
- Labor and delivery facilities
- Specialized infant security system
- Uninterrupted quiet time for mothers and infants to rest and bond

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employers or agents of Methodist Midlothian Medical Center, Methodist Health System, or any of its affiliated hospitals. Methodist Health System complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

---

YOU’RE IN LUCK!

Today’s technological advances in cataract surgery mean better-than-ever results. Let’s start the conversation about which choice is right for you.

We want you to see what makes your life remarkable.

**ALL EYE & OPTICAL CARE**

New Patients Welcome

800 N. Hwy. 77, Ste. 100, Waxahachie, TX (Next to HEB)

972-937-4433 • AllEyeCare.com • AllopticalCare.com

Raj Rugwani, MD

Board-certified Ophthalmologist
Buying, Selling or Relocating?
Hire a Trusted Real Estate Broker
Negotiator • Strategist • Media Expert • Realtor

Texas Dream Homes Realty
817-800-7723
Laura@texasdreamhomesrealty.com
Laura Moore
Owner/Broker

WaxahachieNOW Scavenger Hunt

Find 5 hidden Green Hats in 5 different ads in this issue (not counting the one above).
Email the page numbers and specific ads where they are found, plus your phone number, by March 15th.
To ensure your Scavenger Hunt answers go in the drawing, you must use the Scavenger Hunt Email scavenger.wax@nowmagazines.com

DON'T ALLOW JUST ANYONE ON YOUR ROOF.
LET YOUR HOMETOWN PROFESSIONALS DO IT RIGHT.
• Family Owned Since 2009
• Experienced and Trusted
• Residential & Commercial Roofing & Gutters

972-953-5064
www.SynergyRoofing.com

$50 Cash Prize
Winners:
Valentine Bears were found on pages 13, 19, 28, 37 & 47
February winner is:
Rose Gaytan - $50 Cash from NOW Magazines
scavenger.wax@nowmagazines.com
ECLIPSE
PAIN AND RECOVERY

Live More With Less Pain

Conditions Treated:
Nerve Pain • Back Pain
Joint Pain • Cancer Pain
Fibromyalgia • Headache
Neck Pain • Opioid Addiction

Now Offering
Laser Therapy

Dustin R. Leek, MD
Double Board Certified
Physical Medicine
& Rehabilitation and
Pain Medicine

469-290-7246
Accepting New Patients

www.eclipseclinic.com • Instagram @eclipseclinic
1006 Legacy Ranch Road, Suite 104 • Waxahachie, TX 75165

TRY BEFORE YOU BUY

PRIDE®
VivaLift!

$100 OFF
Any Purchase of $1,000 or More
Cannot be used with any other offer.
Offer expires 6/1/23.

Two Locations to Choose From
972-757-7636
100 Plaza Drive, Ste. 300, Red Oak, TX
903-224-6273
3751 W. Hwy. 31 Bus., Ste. E, Corsicana, TX
www.csemobility.com

Happy Greens
Serving Healthy
Breakfast, Lunch,
Grab & Go Meals,
Juices & Smoothies

Patio & Inside Dining

$3 OFF  $18 purchase
Exp. 3/31/23 (Bring in coupon or mention ad)
972-923-1400 ext. 1
2305 N. Hwy 77, Waxahachie
Inside Ann’s Health Food Store

We Sell Scrubs
Nacogdoches, known as the “Oldest Town in Texas,” features brick streets and a photo-worthy backdrop of local businesses on the original streets of the El Camino Real. Designated “The Garden Capital of Texas,” it is home to the largest azalea garden in Texas. The Ruby M. Mize Azalea Garden boasts one of the most diverse azalea collections in the United States. It is known for having more than 550 varieties of azaleas and trails for flora lovers of all ages. Encompassing 8 forested acres along the historic Lanana Creek on the campus of Stephen F. Austin State University, the impressionistic-style garden features over 7000 evergreen and native azaleas accented with vibrant Japanese maples, camellias and other unique collections.

The gardens bring visitors from all over the world, but they stay for the unique charm Nacogdoches offers. From shopping and dining to exploring the historic roots of the Oldest Town in Texas, there is something for everyone. Build your perfect itinerary using the Visit Nac! app, and add fun activities like a Sip & Stroll or tour of the gardens. Take a walking tour of the statues, historic sites and oldest buildings, and grab lunch at the 1st City Cafe inside the historic Fredonia Hotel, recently renovated and restored to a mid-century modern masterpiece. Walk up and down Main Street, and shop 'til you drop at the local boutiques, antique stores and art galleries. Head down Mound Street to the Fortney Home, a gorgeous Victorian home filled to the brim with antiques and eclectic collectibles. Eat and drink like a local at one of Nacogdoches’ many libation locations like Front Porch Distillery, Fredonia Brewery, Red House Winery and Naca Valley Vineyard, all of which feature a wide array of food trucks and live music weekly.

Nacogdoches is a wonderful place to visit all year, but time it during annual events like the Texas Blueberry Festival on the second Saturday in June or the Nine Flags Lighted Christmas Parade & Festival on the first Saturday in December to get the full experience.

The Texas Blueberry Festival is our biggest event of the year, where 20,000 people fill Downtown Nacogdoches with blueberry-themed food, crafts, goods and more. Visitors travel from all over Texas and beyond to enjoy the family-centered
fun the festival brings. Make it a weekend trip to enjoy the free Bluegrass Concert in Festival Park the night before.

The Nine Flags Festival is a magical day of shopping, small-town charm and Christmas cheer. Experience the tradition of celebrating the Nine Flags that flew over the oldest town in Texas. Shop Nacogdoches’ unique downtown businesses and vendors around the plaza. Enjoy food-truck fare, hot cocoa and treats while taking in the views of the lighted parade on the historic brick streets.

No matter what time of the year you visit, your trip to Nacogdoches will be one to remember. If restoration and relaxation are what you’re looking for, we have a Nac for that.

By Ashley Morgan
Creative Content Director – Visit Nacogdoches

Editor’s Note: For more information, visit www.visitnacogdoches.org.
WE OFFER
Pool Cleaning
Pool Inspections
New Pool Start-Ups
Warranty Services
Pool Repair & Leak Detection

10% OFF FIRST MONTH FOR NEW MAINTENANCE PLAN SUBSCRIBERS

15% OFF ENTIRE PURCHASE
OFFER EXPIRES 3/31/23

WAXAHACHIE’S PREMIUM CBD WELLNESS

FREE SAMPLES
214-903-7341
212 W. JEFFERSON ST. SUITE #4 WAXAHACHIE
therootseed.com
hayloloves@gmail.com

CELEBRATING CORSICANA’S OIL HISTORY
DERRICK DAYS
APRIL 26-29, 2023
TEXAS SIZED FUN

$5 OFF
$25 PURCHASE CAMPUZANO
Expires 3/31/23

Waxahachie - Cedar Hill
Dallas (Oak Lawn)
CampuzanoMexicanFood.com

VENDORS | FOOD TRUCKS
SIP N STROLL | 5K + FUN RUN
CHILI COOKOFF | CAR SHOW
PET ADOPTION | BLOCK PARTY
LIVE MUSIC | TOURNAMENTS

SCAN CODE FOR MORE INFORMATION
DERRICKDAYS.COM

www.nowmagazines.com 32 WaxahachieNOW March 2023
MEDICARE BENEFITS REVIEW
IT’S NOT TOO LATE!
BIG CHANGES TO ALL PLANS THIS YEAR!

Call Us At Beach Insurance Group
(817) 300-3031

AFFORDABLE MEDICARE PLANS

Turning Age 65 or Older?

FREE CONSULTATIONS & HOUSE CALLS

New To Medicare Guidance • Information • Plan Options
Answers To All Your Questions • Enrollment Assistance & Professional Advisor
Already On Medicare • FREE Medicare Benefit Review • Second Opinion
If You Have "The Right Plan For Your Needs" Plans Change Each Year!

We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

Independent Retirement Specialist

44TH ANNIVERSARY
**FIVE NONPROFITS We Are Loving Right NOW**

**Presbyterian Children’s Home and Services**
PCHAS of Waxahachie serves single parents who need time to become strong and self-sufficient without worrying about food and shelter for their families. 300 Brockside Rd., Waxahachie, TX 75165, www.pchas.org, (972) 937-1319.

**Daniel’s Den**

**Campfire Creek Therapeutic Riding Center**
CCTRRC uses horseback riding activities to positively contribute to the lives of children and adults with physical, mental, behavioral, social and spiritual needs. 767 Bethel Rd., Waxahachie, TX 75167, www.campfirecreek.org, (972) 937-7265.

**Ellis County Children’s Advocacy Center**

**Ellis County Homeless Coalition**
ECHC exists to come alongside the other nonprofits in our county to equip citizens with the tools they need to break the cycle of poverty and set them up for a better tomorrow. www.elliscountyhomeless.com, info@elliscountyhomeless.com, (214) 228-4280.

---

**Quality Never Goes Out of Style**

**Tile | Wood | Carpet**

**ST. PATRICK’S DAY SPECIAL STARTING AT**

$4.79sf

100% WATERPROOF RIGIDCORE FLOORS W/ INSTALLATION

with $200 minimum

**Carpet Outlets of Texas Inc.**
274 Ovilla Road • Red Oak • 75154
Hours: Mon–Fri 10–6, Sat 10–3

972-617-7847 | WWW.CARPETOUTLET.NET

---

**CROSS TIMBERS ENT Professional Services offered:**
- Sinus/Nasal Surgeries
- Allergy Testing and Immunotherapy
- Pediatric ENT Services
- Hearing Loss
- Hearing Aids
- Med Spa Services
- Head/Neck Services
- Home Sleep Studies
- Sleep Apnea Surgery/Devices
- In-Office Balloon Sinuplasty

**Cross Timbers Ear, Nose and Throat**
817-261-3000
Our New Midlothian Location is NOW OPEN!
2021 S. 14th St. Bldg A, Ste100
Midlothian, TX 76065
Additional locations in Mansfield and Arlington

www.crosstimbersent.com www.refiningbeauty.org

---
SPRING SPECIALS

Ask Us About Primrose Village
COWTOWN COTTAGES
12730 Rendon Road
Purcell, TX 79078
817-717-9099

BATTLE AXES

$5 OFF 1-HOUR OF AXE THROWING
WALK-IN OR BOOK ONLINE
USE CODE: WAXAHACHIO

(214) 817-8570
1704 W FM 875, Bldg A, Suite 100
Midlothian

CHIROPRACTIC HELPS YOU TO LIVE YOUR BEST LIFE

Our full-service family clinics offer:
Personalized Chiropractic Care
Our unique F3 Body Restoration Program
Rehabilitative exercises
Massage Therapy
Most Insurances Accepted

Call for a free consultation at one of two convenient clinics.

Our website:
WaxChiro.com
RedOakChiro.com

CHECK OUT OUR
Favorite Recipes
NEW!
www.nowmagazines.com
Searchable Recipes from the NOW Magazines Archives.
TRY IT TODAY!
NOW MAGAZINE
Green Tree Pecan Company
Est. 1984

- Seasonal Gift Items
- Inside & Outside Decor
- New Crop Pecans
- Walnuts
- Almonds
- Dried Fruit
- Peanut & Pecan Brittle
- Pecan Pies
- Fried Pies
- Chocolate Candies
- Jams & Jellies
- Sauces
- Vegetable Plants

NEW ITEMS ADDED REGULARLY!
We also carry fishing bait, fishing supplies and home decor.

SERVING LUNCH DAILY
Hamburgers, Hot Dogs and Sandwiches Made with Fresh Sliced Meat from Our Deli Counter
Providing the Freshest Pecans for 35 Years!

“Trust in the Lord with all your heart, and do
not lean on your own understanding. In all
your ways acknowledge Him, and He will
make straight your paths.” ~ Proverbs 3:5-6

WE SHIP

Hours: Mon.-Fri. 8 a.m.-5 p.m.
Sat. Hours: 8 a.m.-12 p.m.
903-345-2535
Hwy. 31 W., Powell, TX
Owners: Kim & Dennis Bancroft
HACC Compliant
If You Can’t Get in to See Us ... Check Out Our Website!
WWW.GREENTREEPECAN.COM

Impact Health
Direct Primary Care

Kara Spogran, DO
Board Certified Family Physician

Family Medicine
and Med Spa
- Primary Care
- Weight Loss Program
- DOT Physicals
- Medical Aesthetics including
  Botox®, Micro-needling,
  Chemical Peels and
  DiamondGlow® Facials

For More Info
Scan me!
972-846-4800
www.impacthealthdpc.com
info@impacthealthdpc.com
1905 W. Ennis Ave, Suite 504B
Ennis, TX 75119
Online versions and solutions available at www.nowmagazines.com. From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.
Online versions and solutions available at www.nowmagazines.com. From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.
HALEY A.
LOST 37 LBS. IN 10 WEEKS*

I gained 37 pounds while I was pregnant with my daughter and worried about the struggle of losing the baby weight while taking care of a newborn. Because of DSC, I was able to get to my pre-pregnancy weight in 2 1/2 months and then down to my goal weight quickly after. The best thing about Diet Solution Centers is that I’ve successfully kept the weight off for a year because these wonderful women are my constant support system, so I feel great and have the energy to keep up with my one year old!

*Individual results may vary.

Haley A.
ARLINGTON, TX
(REAL PATIENT)

SEMAGLUTIDE INJECTIONS
$150 MONTHLY

DIETSOLUTION
WEIGHT LOSS CENTERS
Alan M. Taylor, II, MD, FACP, FACC

www.dietsolutioncenters.com

New Address
MANSFIELD
99 Regency, Suite 107
Mansfield, TX 76063
817-453-3438

BURLESON
821 SW Alsbury, Suite C
Burleson, TX 76028
817-295-3438

WAXAHACHIE
114 Park Place Ct., Suite 201
Waxahachie, TX 75165
214-980-1414
OVER 20 YEARS OF EXPERIENCE
NO HASSLES • NO CONTRACTS
FREE SPOT CHECKS BETWEEN TREATMENTS
NOW IS THE TIME TO PREVENT WEEDS!

WAXAHACHIE’S FINEST LAWN CARE COMPANY!
Custom-blended Fertilizers
Weed Control
Lawn Aeration
Grassy Weed Control
Tree and Shrub Care
Lawn, Pest & Insect Control

FREE LAWN TREATMENT
WITH PREPAID ANNUAL LAWN PROGRAM

OFFER EXPIRES 3/31/23

817-692-7693 www.weedsolutionsinc.com
3/4
Getzendaner
Proactive Run:
Sign up for the competitive 5K or the 1-mile fun run. $15-$25. 7:00-9:15 a.m., Getzendaner Park, 400 S. Grand Ave. Register at raceroster.com/events/2023/64043/getzendaner-proactive-run.

3/11
Teens Dungeons and Dragons:
Join the beginning of the adventure. Free. 11:00 a.m.-1:00 p.m., Sims Library, 515 W. Main St.

3/18
Ft. Worth Symphony Orchestra:
Rimsky-Korsakov’s Scheherazade is on the program. Adults: $20; students: $8; under 18: Free. 7:00 p.m., SAGU Hagee Center, 1200 Sycamore St.

3/25
Lawn and Garden Expo:
Ellis County Master Gardeners presents everything you need to know for your plants. 9:00 a.m-4:00 p.m., Waxahachie Civic Center, 2000 Civic Center Ln. For free tickets visit ecmga.org.

3/31
Landscape Ecology Program:
Wendy Anderson from the Texas Parks and Wildlife Department presents on Texas habitats and ecosystems. Free. 7:00-8:00 p.m., FLUMC, 505 W. Marvin St., or visit txmn.org/indiantrail for a Zoom link.

4/1
Waxahachie Care Craft Fair and Marketplace:
Over 60 vendors. Support Waxahachie Care’s mission. 9:00 a.m.-3:00 p.m., Wilemon Football Field, 600 W. 2nd St.

4/7
Waxahachie Care Craft Fair:
Over 60 vendors. Support Waxahachie Care’s mission. 9:00 a.m.-3:00 p.m., Wilemon Football Field, 600 W. 2nd St.

4/12
Chamber of Commerce Lunch:
Meet fellow entrepreneurs. Free, but limited seating. Noon-1:00 p.m., Waxahachie Chamber of Commerce Board Room.

4/10
Last Sundays Literary Ladies:
Discuss books and make friends. Free. 3:00 p.m., Paper Leaves Bookstore, 510 Water St.

Mondays
Art on the Square:
See what local artists are up to. Free. 6:00 p.m., Downtown Waxahachie.

Last Tuesdays
Teen Anime Club:
Meet other fans and discuss your favorite animes. Free. 5:00 p.m., Sims Library, 515 W. Main St.

Wednesdays
Bilingual Story Time:
Strengthen both languages with fun stories. Free. 4:30-5:30 p.m., Sims Library, 515 W. Main St.

Second and Fourth Wednesdays
Write On!:
Improve your writing skills and get your message across. Free. 3:00-4:00 p.m., Sims Library, 515 W. Main St.

Second Thursdays
Canvas and Cocktails:
Come paint with your girlfriends. $40. 6:00-8:00 p.m., Art on the Square, 113 W. Franklin St.

Third Thursdays
Cuentos:
Kids’ Spanish story time. Free. 4:30 p.m., Sims Library, 515 W. Main St.

Last Fridays
Book Rapport:
Drop in and discuss this month’s read. Free. 5:30 p.m., Sims Library, 515 W. Main St.

Third Saturdays
Adult Crafts:
Don’t let the kids have all the fun! Free. 10:30-11:30 a.m., Sims Library, 515 W. Main St.

Last Sundays
Literary Ladies:
Discuss books and make friends. Free. 3:00 p.m., Paper Leaves Bookstore, 510 Water St.

I02 YMCA Dr. RSVP to sdunn@waxahachiechamber.com.

Submissions are welcome and published as space allows. Send your current event details to adam.walker@nowmagazines.com.
DFWOMS
ORAL & MAXILLOFACIAL SURGERY

Dr. Pedro F. Franco, DDS
Dr. Jared Gilliland, DDS
Dr. Ahmed Zaidi, DMD
Oral and Maxillofacial Surgeons

WE ACCEPT MOST INSURANCES

DENTAL IMPLANTS  WISDOM TEETH

WE ACCEPT MOST INSURANCES

MEDICAID & CHIP

SPRING BREAK SPECIAL

EXTRACTION OF ALL 4 WISDOM TEETH UNDER IV SEDATION

$1,500.00
(FOR UNINSURED PATIENTS ONLY)

THREE CONVENIENT LOCATIONS:

Ennis
2200B W. Ennis Ave.
Suite B
Ennis, TX 75119
P:(972) 875-7616
F:(972) 875-7618

Mesquite
2101 N. Belt Line Rd.
Suite B
Mesquite, TX 75150
P:(972) 270-6617
F:(972) 270-8381

Irving
2727 N. O’Connor Rd.
Irving, TX 75062
P:(972) 594-7414
F:(972) 594-1834

Hablamos Español

Visit our Website
www.dfwoms.com

LIFE IS BETTER WHEN YOU SMILE

FOLLOW OUR SOCIAL MEDIA

@DFWOMS
TROPHY TRACTOR INC.

Trophy Tractor offers a wide assortment of new and low hour machines for sale or rent.

Dozers • Loaders • Excavators
Graders • Off-Highway Trucks
Water Equipment

6945 Highridge Drive
Burleson, TX 76028
TrophyTractor.com
(972) 264-6700

Direct Mail Advertising Works!
Let WaxahachieNOW Magazine present your advertising message to over 24,400 Home & Business addresses in the Waxahachie ZIP codes

Jeremy Young
Cherise Burnett
For more information, please call your local advertising representative.
972-937-8447
**HomeHeal PA**
Certified Wound Care Staff

**What We Treat:**
- Arterial Wounds
- Diabetic Wounds
- Gangrene or Tissue Death
- Lymphedema
- Pressure Wounds
- Surgical Wound Dehiscence
- Venous Wounds
- Wounds Resulting from Autoimmune Disease
- Wounds of Unknown Etiology

**What We Do**
Our Advanced Modalities:
- Chemical Cauterization
- Cellular Based Tissue Products
- Dietary & Nutrition Consultations
- Incision & Drainage
- IV Antibiotic Therapy
- Lesion Biopsies
- Multilayer Compression Therapy
- Negative Pressure Wound VAC Therapy
- Surgical Debridement
- Total Contact Casting
- Vaporox with VHT™

**Vaporox with VHT™**
510(k) clearance pending with FDA to treat 9 types of wounds.
- DFUs
- Amputations
- VLUs
- Burns
- Gangrene
- Frostbite
- Skin Grafts
- Post-Surgical Wounds
- Pressure Ulcers

**Dr. Maryam Raza**
Dr. Raza is a Board Certified Physician in Wound Care and Hyperbaric Medicine practicing in the Dallas area since 2006. She completed her residency at Columbia University New York and has been medical director of the wound care program at Methodist Hospital Dallas since 2010. She is an ardent supporter of the concept of limb salvage and has developed a comprehensive program for healing diabetic foot wounds in a timely fashion. She is a member of Undersea and Hyperbaric Medical Society.

**Check out our google reviews!**
Phone: 214.286.6565 • Fax: 469.802.5020
Email: office@homehealtx.com
www.homehealpa.com
559 East Ovilla Road, Red Oak, TX
Mon.-Thurs.: 8 AM-5 PM • Fri.: 8 AM-12 PM • Closed Sat. & Sun.
*Internal data on file, available upon request.*
Protect Your Home From The Elements...

- Low Life-Cycle Cost and Durability
- Resistance To Wind, Storm and Hail
- Choice of Appearance & Color
- Fire Resistance
- Installation Over Existing Roofs
- Energy Efficiency

With Metal Mart Steel Roofing

Steel Building Packages

Residential • Commercial • Farm & Ranch

CUSTOM SIZES WITH SHORT LEAD TIME

NEW! WE NOW OFFER

CUSTOM TRIM AND FLASHING FOR ANY TYPE OF ROOFING SYSTEM

*Photos Are Shown With Options

Heavy Duty Metal Mart 20X20 Carports

BENEFITS:
- Hall and Fire Resistant • No Welding Required • Screwed Together Components
- Do It Yourself “Weekender” • Colors Available

A 3” 14 Gauge Square Tubing Posts
6” 14 Gauge Purlins & Receiver Channel
26 Gauge Commodity Panels
Does Not Include Trim

B 4” 14 Gauge Square Tubing Posts
6” 14 Gauge Purlins & Receiver Channel
26 Gauge Commodity Panels
Does Not Include Trim

C 4” 14 Gauge Square Tubing Posts
6” 14 Gauge Purlins & Receiver Channel
26 Gauge Commodity Panels
Does Not Include Trim

www.metalmarts.com
972-576-0606
800-677-2503

7200 North IH-35 E. • Waxahachie

Have questions or want to contact us please email us at:
metalmar103@McElroyMetal.com

Call Today!