

# BurlesonNOW

M A G A Z I N E

MARCH 2023



## For Her Grandfathers

Ahead of the curve,  
Rhianna Worley  
embraces a military  
future

In the Kitchen With  
Lisa Griffin

Also inside:

Scavenger Hunt

Crossword

Featured Business:  
Burleson Equine Hospital

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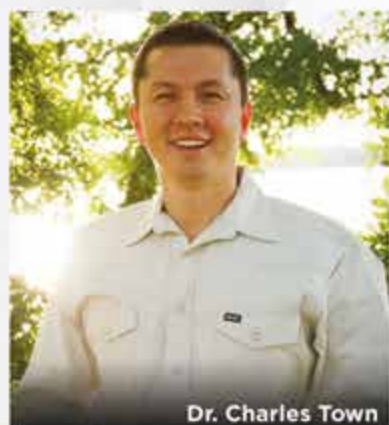
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ON THE COVER



The Split Ops Program allowed Rhianna Worley to get a head start on her military career.

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publication. Copyright © 2023. All rights  
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monthly and individually mailed free of  
charge to homes and businesses in the  
Burleson ZIP codes.

Subscriptions are available at the  
rate of \$35 per year or \$3.50 per issue.  
Subscriptions should be sent to: NOW  
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## MANAGING EDITOR'S NOTE

*The luck of the Irish ...*

Being part Irish, I have often pondered why the Irish are called *lucky*. Looking at Ireland's history, the saying could make you scratch your head, since the country has experienced more than its fair share of wars, famines and hardships. I tend to think that Irish *luck* would be better termed Irish *attitude*. We really are a spunky lot, and that spunk has seen us through much with our heads held high!

Take my great-great-grandfather, Pa Carroll, for example. He lived in some interesting times. Born in Tennessee, he moved with his parents and siblings to Texas about 1890. They were cotton farmers, and their fortunes were tied to the land. But Pa was industrious and hardworking. He added an orchard and a herd of pigs to his farm. He bought and sold property. He hired others to help him. In one of his houses, lived a widow and her many children, one of whom worked for him and later married Pa's daughter — my great-grandmother.

There were trials with boll weevils that ruined the cotton harvest, sending my great-grandparents back to live with Pa and Granny. Pa just worked hard, and he provided for his family. He was shrewd, opening a gas station and then selling the easement to the county for a highway to be cut through.

When he died, Pa wasn't rich, but he wasn't poor either. He left Granny well taken care of. Going through old family papers, we saw how Granny continued to care for those she loved after he was gone — using some of the "pot of gold" he left behind to pay the taxes on other widows' houses.

*Now, that's heritage to celebrate!*



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# FOR HER

— By Lisa Bell

*A future in the military always existed in Rhianna Worley's plan, but no one expected her to complete basic training during the summer of her junior year in high school. "Marines and Navy were never in the picture for me," she said. "I eventually chose the Army. I just couldn't wait, wanting to do it for both my grandfathers." Her mother's dad served in the Air Force, and her father's dad served in the Army. Although deceased, she feels certain both grandfathers would shine with pride over her accomplishments at 18.*



# GRANDFATHER

As part of the Split Ops Program through the Army, Rhianna achieved a head start on her career when she attended basic training last summer. The split training option allows students as young as 17 to join the Army Reserves and then attend basic training before their senior year. Following graduation, the soldiers complete advanced training. Returning to Burleson, Rhianna completed basic training to become a combat medic as a PV2 in the U.S. Army.

In her senior year of high school, the young soldier also works toward EMR/EMT certification, which will take a month off her military training. An all A-B student, Rhianna takes dual-credit classes and is part of the National Honor Society. After graduation, she will complete her advanced training in the Army, spending six years on active duty and two in the Reserves. She hopes to receive an interesting deployment in somewhere like Germany or Japan, but

doesn't know yet when she'll report for duty or where they will send her.

"I'm still determining my life plan," she revealed. "Until a year ago, I wanted to be a veterinarian. I may stay in the Army or become a paramedic."

In the future, Rhianna expects her four-year-long relationship with Bradley Clayton Collins to continue. "He's been so supportive. Even though he doesn't like to write letters, he wrote me every day. And he and my mom sent little things to me." She and Bradley started dating in middle school. Although they both grew up in Christian homes, he challenged her to attend church with him. "He made me comfortable in Jesus. I'm super thankful for him," she added. "He's my best friend and good at everything. He plays every sport and picks up hobbies easily."

As she considered her military options, Rhianna believes





"I eventually chose the Army. I just couldn't wait, wanting to do it for both my grandfathers."

**ERS**

God led her to join the Army, and that affected her decision. Moving forward with the Split Ops Program, she reached an enormous achievement, proving she had her life together, ready to follow her dreams of traveling the world. Eventually, Rhianna would like to own land with cows and donkeys, but she knows that won't happen for a long time.

Very family oriented, Rhianna has two older sisters and two guys she admits aren't blood relatives, yet she considers brothers. She touts her mom as her best friend in the entire world and enjoys spending time with her.

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“Mom wrote me every day while I was gone, always closing with, ‘You are my Sunshine.’ She used to always sing that song to me as a child. And I’m the son my father never had,” she shared with a smile. When she went hunting and got her first deer, he beamed proudly. She enjoys going on remodeling jobs with her dad and works at the bar her parents own.

“All my family has been very supportive of my decision,” she said. “I care about other people, too, and never want to be selfish.”

As a kindhearted person, friends at school share issues with her. Even if she doesn’t have answers, she listens. Taking a less popular approach, she may simply encourage them to pray, but she knows prayer helped her many times.

During basic training, Rhianna learned much more than the how-to of military life. While her fellow soldiers could be serious and challenging one second, they could move into competitive camaraderie the next. While at Fort Jackson, South Carolina, she formed bonds that last long term, an inkling of what she can expect during the next six to eight years.

Leaving behind a ferret and three dogs with her mom, Rhianna looks forward to the challenges and excitement ahead. She’ll also leave a truck, which belonged to her grandfather. The 2009 F-150 tops her list of favorite things alongside the pecans he loved. “He had a pecan farm,” she divulged. It inspired her to choose a pecan branch with the nut as a tattoo. She can’t think of a better way to honor him and all her family than to serve her country with pride. **NOW**



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## Zoomed In: Tina and Luka Garcia

By Becky Walker

Tina Garcia recently took her son, Luka, on a play date to Warren Park. At 4.55 acres, the park includes a tennis court, basketball court and two playgrounds. “We’ve been trying out the new tandem swing. Luka really enjoyed it and being able to see me in front,” Tina explained. It was a cool but beautiful afternoon, and the two soaked in the sunshine ahead of rain that was in the upcoming forecast. “Anytime we can get that vitamin D!” Tina smiled.

At 10 months of age, Luka had worn himself out and was ready for a little rest. He settled into his stroller contentedly as Mom made sure he was snugly tucked in and ready for the ride home.



*Tristen Gore skateboards through Old Town.*



*Stephanie Schlecht-Maki, library assistant, checks books in at the Burleson Public Library Circulation Desk.*



*Amanda and Augustus Golightly play chess together in front of City Hall.*



*David and Melissa Ragoonath dine at Ol' South Pancake House.*





BurselonNOW Community Editor  
Lisa Bell retires to write novels after a decade of service to NOW Magazines.



Madison Wallace helps Taylor Juarez, her best friend since elementary school, celebrate her birthday at Fish City.



Gabrina Daniels, executive director of the Burselon Area Chamber, and CEO and founder of Brain Athlete, Ron White, provide an excellent time at the Winter Luncheon.

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# BusinessNOW

## Burleson Equine Hospital

— By Melissa Rawlins

### Burleson Equine Hospital

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An all-female team of doctors specializing in complete health care for horses does amazing things at Burleson Equine Hospital. Owner Misty Jordan DVM, MS believes an equine veterinarians' occupation is unique, requiring they be a pharmacologist, dentist, doctor, ophthalmologist, neonatologist and surgeon — all at once. Burleson Equine Hospital offers highly educated veterinarians with advanced diagnostics and medical treatment. Some procedures haven't changed, but veterinarians' understanding of diseases and



mechanisms has expanded, and anesthesia and surgical techniques are far superior. "In the '50s and '60s, they wouldn't do colic surgeries," Dr. Jordan said. "Now, horses recover within hours, going home in days."

In Dr. Jordan's hospital, horses receive personal-level care by all three veterinarians and 10 technicians. Round-the-clock, licensed technicians and interns thoroughly handle all treatments, including bandage changes, IV fluid administration, IV and IM injections and oral medications.

Serving every discipline and every breed, Burleson Equine Hospital practices advanced medicine and surgery. Dr. Abra Wright finished her internal medicine residency at Kansas State, specializing in internal medicine, neonatology and advanced reproduction — including embryo transfer and stallion collection. Dr. Breanthy Humphrey, who will join the team in June, is certified in acupuncture and chiropractics, providing general medicine, dentistry and reproductive services. Dr. Jordan's specialty includes advanced diagnostics for sports medicine and lameness, regenerative medicine, infectious diseases, internal medicine and neonatology.



Dr. Jordan attended Texas A&M for her B.S. in Microbiology, M.S. in Veterinary Microbiology and Doctorate in Veterinary Medicine. She came to Burleson Equine Hospital in August 2007 as an associate. After four years, she bought the practice, pouring her love for horses into the hospital. Beyond decorative updates, she modified the surgical suite, adding a ventilator, arthroscopy, orthopedic and soft tissue equipment and updated old diagnostics with the latest in-house laboratory equipment, video endoscopy, wireless digital ultrasounds and a wireless digital radiograph machine.

Involved with local horse associations, 4-H, FFA and rodeos, Dr. Jordan participates with and for the community. Though Dr. Jordan mostly sees sports medicine injuries, her degrees in microbiology allow her to treat infectious respiratory, ophthalmologic, gastrointestinal diseases and infections in the hooves and skin.

During reproductive season, the veterinarians at Burleson Equine Hospital see mares to be bred and flush embryos, mares to be foaled out at the hospital and septic foals infected in utero or within 24 hours of birth. Getting the foal started quickly on IV fluids, plasma, oxygen and antibiotics, they stay with it 24/7 in the hospital, seeing positive outcomes.

With two fully stocked ambulatory units, Burleson Equine Hospital can do almost everything on farms they do at the hospital. This includes lameness and pre-purchase exams, digital radiographs, digital ultrasound, reproduction and emergency medicine (colic, lacerations, chokes and eye injuries).

"It's critical the pregnant mare gets her pre-foaling vaccinations, prenatal vitamins and deworming treatment and that new foals are examined 12-24 hours after birth to make sure they received adequate colostrum," Dr. Jordan said. "We'll also investigate the mare's nutritional status, so her milk has adequate calcium and fat content, with good antibodies to protect the foal."

Burleson Equine Hospital posts a well-researched section on foaling online. Ask about their wellness program at a discounted rate. Dr. Jordan's team will help you prevent diseases in your horse. Let their high-level care translate into higher-level performance in your backyard or in the show arena. **NOW**



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## BurlesonNOW Scavenger Hunt



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Winner must pick up their prize  
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Valentine Bears were found  
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happening, you know that the  
kingdom of God is near."  
Luke 21:29-31 NIV

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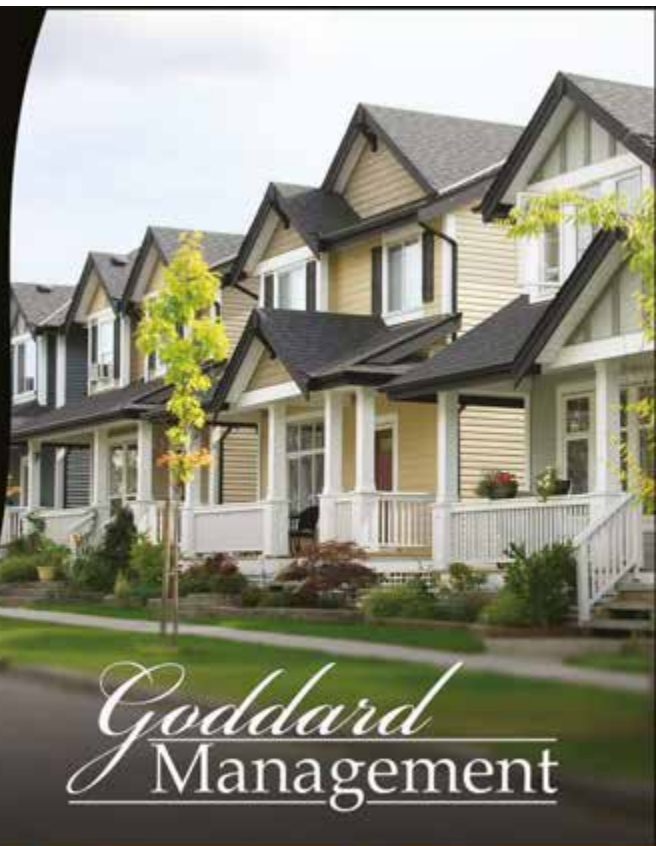




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# SCAVENGER HUNT WINNER!



Virginia Wilson, winner of the \$50 Cash Prize from NOW Magazines, said, "My husband Ken enjoys being the first to find each month's objects in our home."

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## CookingNOW *In the Kitchen With* LISA GRIFFIN

— By Lisa Bell

With a demanding job as an emergency and ICU certified veterinary technician, Lisa Griffin enjoys cooking to create and unwind. “Cooking is a form of self-expression. I consider it an art,” she said. “I get to put all my creativity and passion into what I create in the kitchen. But the real joy is in watching others enjoy my food.”

With food sensitivities, Lisa learned to explore ways to make her favorite foods healthier and recommended foods tastier. Self-taught by watching techniques on the Food Network, she eats gluten-, soy- and dairy-free meals. “I love teaching people they can still have amazing flavor without those ingredients. It’s even more fun when they try my food and say, ‘Oh wow! That’s delicious! I need that recipe.’” **NOW**

### Air Fryer Fish and Chips

Makes 4 servings.

- 1 1/2 lbs. cod fillets
- 1 cup gluten-free all-purpose flour
- 2 whole eggs, beaten
- 1 cup almond flour
- 1 cup gluten-free panko crumbs
- 2 Tbsp. Old Bay seasoning
- 1 lb. new potatoes, cut into fries
- 2 Tbsp. avocado oil

Salt, to taste

Pepper, to taste

1. Set up a dredging station for the fish with 3 shallow bowls; one with all-purpose flour, one with eggs and one with almond flour and panko.
2. Season the flour and flour/panko mix with 1 Tbsp. Old Bay seasoning in each bowl.
3. Coat each fillet in the egg, then the flour, then the egg again and finally in the almond

flour/panko mix. Line the basket of the air fryer with aluminum foil.

4. Place the fish in a single layer on the foil; air fry at 400 F for 15 minutes. Remove the fish; set aside.

5. Toss the potatoes in the avocado oil; season with salt and pepper. Air fry at 350 F for 12 minutes. Serve with tartar sauce and ketchup.

### Dairy Free Summer Caprese Stacks

Makes 6 servings.

- 1 wheel Miyokos dairy-free vegan mozzarella
- 6 beefsteak tomatoes
- 1 bunch fresh basil
- Salt, to taste
- Pepper, to taste
- 1/4 cup extra-virgin olive oil (divided use)
- 1/4 cup balsamic vinegar (divided use)
- 2 cups baby arugula (optional)
- Juice of 1 lemon (optional)
- 2 Tbsp. olive oil (optional)



1. Slice the mozzarella into 12 wedges, like slicing a pie. Shape the wedges into round patties, if preferred.
2. Slice the tomatoes into 3 even slices each. Pull basil off stems, keeping them whole.
3. Create the stacks by placing a slice of tomato on a plate; sprinkle with salt and pepper. Layer a slice of mozzarella and then a basil leaf.
4. Layer a second slice of tomato, mozzarella and basil leaf; add 1 last tomato slice.
5. Drizzle 1 Tbsp. olive oil and 1 Tbsp. balsamic vinegar over top. Sprinkle with salt and pepper; top with a basil leaf.
6. Repeat layering for 5 more stacks.
7. *Variation:* Make a quick salad base by combining arugula, lemon juice and additional olive oil in a bowl. Massage lightly. Place the salad on the plate before the layering process.

### Coconut Curry Cauliflower Soup

Makes 6 servings.

- 1 head fresh cauliflower
- 1/2 cup water
- 2 14-oz. cans coconut milk with fat
- 1 large sweet, yellow onion, chopped
- 1 tsp. cumin
- 1 tsp. yellow curry
- 1 tsp. Garam Masala seasoning
- 1 tsp. turmeric
- Salt, to taste
- Pepper, to taste
- 1/2 cup plain coconut milk yogurt
- 2 sprigs fresh mint

1. Trim all the leaves from the cauliflower; place the entire head in an Instant Pot. Add the water and coconut milk; add the onions and spices.
2. Pressure cook on high for 30 minutes; vent and allow to cool for 10 minutes.
3. Use an immersion blender to smooth out cooked ingredients. Spoon into bowls; top with 3 Tbsp. yogurt and a couple leaves of mint. Serve immediately.
4. *Note:* Add protein to this soup by adding a few scoops of pea protein after cooking and before blending. This recipe can also be made in a slow cooker. Cook on high 2 hours until the cauliflower is very soft. Freezes well.

To search for more great recipes from any of the 9 NOW Magazines publications, visit [www.nowmagazines.com](http://www.nowmagazines.com).

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- Virginia Woolf



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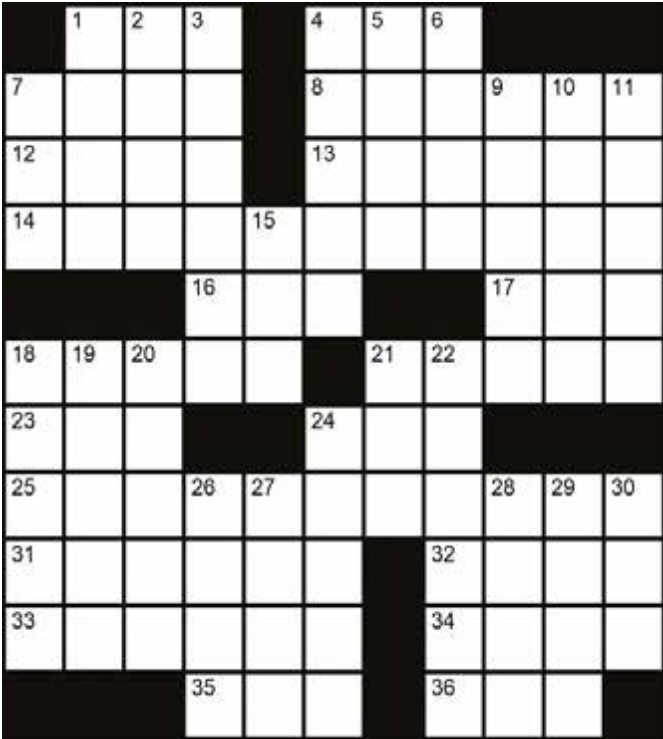


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# Crossword Puzzle



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- Across**

  - 1 L runners
  - 4 Viper
  - 7 "Chinatown" film genre
  - 8 Hits it off
  - 12 All time
  - 13 Auto garage service
  - 14 Concept in economic theory
  - 16 --- Harburg, "Somewhere Over the Rainbow" lyricist
  - 17 Maxim
  - 18 Enjoy with relish
  - 21 Consumers
  - 23 "Halt! --- fire!"
- Down**

  - 24 Powdery residue
  - 25 British Fox News contributor and Trump supporter
  - 31 Skilled with
  - 32 Supercelebrity
  - 33 Work hard battering rivets
  - 34 Temperate
  - 35 Sailor
  - 36 Shareable computer file
- Down**

  - 1 Sheltered inlet
  - 2 Cake layer
  - 3 Gully
  - 4 Be a brat
  - 5 Run-down part of a city
  - 6 Engine knock
  - 7 --- Percé (Northwest Native American)
  - 9 Discontinue
  - 10 "Harold & --- go to White Castle" (2004 movie)
  - 11 Ejects forcefully
  - 15 Respectful form of address
- 18 Vocal music
  - 19 Very funny
  - 20 Forceful exertion
  - 21 Where you are now, probably
  - 22 Bubba Gump offering
  - 24 Hunting
  - 26 Prepare for publication
  - 27 Kind of lamp
  - 28 Sour
  - 29 "A good walk spoiled" (Mark Twain)
  - 30 Conclusion

Online versions and solutions available at [www.nowmagazines.com](http://www.nowmagazines.com). From our Homepage, click on the Crossword-Sudoku tab. Click on a puzzle. Click on the See All button to view solutions.

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Happy

# St. Patrick's Day

MARCH

Some events may have been cancelled or rescheduled while we were at press. Check with individual organizations or your city or Chamber websites to verify dates and times.

3/8

## Power of Heels Women's Day Luncheon:

Guest speaker: Karen KJ Johnson of Dress for Success Dallas.

Lunch by Torchy's Tacos.

Chamber members: \$30; non-members: \$35. 11:30 a.m.-1:00 p.m., First Baptist Church, 317 W. Ellison St. Register at <https://business.burlesonchamber.com/events/Details/power-of-heels-women-s-day-luncheon-829206?source=Typeld=Website>.

3/11

## Dogs and Donuts:

Socialize your dogs at Burleson Bark Park. Enjoy coffee, donuts

and pet-related giveaways.

9:30-11:00 a.m.,

616 Memorial Plaza.

For more information, call

(817) 426-9113.

## Burleson PD Open House:

Bring the entire family to explore police vehicles and get information on how to keep your family safe. Lunch provided by In-N-Out Burger. 10:00 a.m.-2:00 p.m., 1161 SW Wilshire Blvd. Call (817) 426-9913.

## The ATHENA Society of Burleson 18th Annual Mardi Gras Gala:

Proceeds benefit Johnson County and Burleson cancer patients, patients with life

threatening illnesses and support educational opportunities through nonprofit organizations.

6:00-11:00 p.m.,

Walnut Creek Country Club, 1151 Country Club Dr. Purchase tickets at [sites.google.com/view/athena-society-of-burleson/mardi-gras-gala](https://sites.google.com/view/athena-society-of-burleson/mardi-gras-gala).

3/17

## Spring Break Vacation Movie Marathon:

Featuring *Onward*, *RV* and *Hotel Transylvania 3*. Ages 10-16. Come and go. Snacks provided. Show times: 11:00 a.m., 1:00 p.m. and 3:00 p.m., Burleson Public Library, 248 SW Johnson Ave.

3/24

## Teen Movie Night:

See *Top Gun Maverick*. Pizza included. Ages: 13-plus. Tickets: \$10 per person. 6:00-9:00 p.m., Mayor Vera Calvin Plaza, 141 W. Renfro St. Purchase tickets at the BRICK.

3/25

## Show Me How Festival:

11:00 a.m.-4:00 p.m., Russell Farm Art Center, 405 W. County Rd. 714. (817) 447-3316.

*Submissions are welcome and published as space allows. Send your current event details to [becky.walker@nowmagazines.com](mailto:becky.walker@nowmagazines.com).*

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| 2 - Beef Roasts            |                  |
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