Weatherford Now Magazin E

MARCH 2020

Donna Doolittle

Caring for God's creatures is a calling for Donna Robinson

Coming Back

Albert Leon Payne comes out of semi-retirement to play again

In the Kitchen With Lindsey Arthur

Featured Business: Galbreaith-Pickard

GTE TRIERY SOATBOY E U GLAY XT EAJJAG OZNCA TIMITRY

....ECHWSS EDDW....





www.texasforthem.org • 817-426-3777

Bring ad for Free Rabies vaccination *Limit 1 per household



Services: Spay and neuter, vaccinations, dental cleaning, microchipping, heartworm testing, flea/tick control



1302 S Main St #114 Weatherford, TX (next to Rio Mambo) Walk-in vaccine hours: Thursdays & Fridays 9 am - 12 pm

So you had an MRI and your back still hurts... Now what?



Here's a little known and often surprising fact:

"If you've been waiting months or spent thousands privately to get an MRI in the hope that you'll get rid of your back pain... it's probably going to do very little to help you get rid of the pain or even accurately pin point where the problem is coming from."

And even if the MRI did show you that you have bulging discs, experts in back pain will be quick to point out that 99% of the time MRIs are taken lying down and don't reveal what's happening to the disc under pressure. A lying down MRI is not a functional test, and this is why MRIs are known to be very poor at finding the cause of a person's back pain. The Journal of Family Practice states that:

"The overall evidence for the appropriate use of MRI in low back pain is limited and weak'

And yet this diagnostic technology is touted by many as being the definitive answer for the question of why someone might be suffering with pain.

No wonder so many people are struggling to get rid of their back problems when they go down the conventional route...

And this will leave <u>you</u> still suffering with shooting, stabbing and burning pains from the low back, sometimes with additional pain through the buttocks and down the legs with little indiction that this is ever going to go away.

In severe cases you've waited so long for help that you've started to notice muscle wasting or numbness and constant tingling down to the tip of the toes.

There is a better way and you get seen almost immediately...

Specialist help is available for people with back pain in Weatherford, and it works really well even when you have been diagnosed with disc problems like slipped discs, bulges, herniations, prolapses etc.

31 year old research from China has shown that these specialist spinal techniques have a 76.8% success rate in treating people suffering from back pain from disc problems

Research conducted in 2014 into more advanced specialist techniques have a 88% success rate even when there are multiple damaged discs involved, and that's with zero recorded adverse events.

What are these specialist techniques? Known as "Non-Surgical Re-Constructive Spinal Care" These are the exact techniques used at McAfee Chiropractic.

The team of fully trained spinal care specialists at McAfee Chiropractic have helped over 4,026 patients find relief from their agonizing back pain and sciatica.

According to Dr. McAfee, "We use a combination of technology that has higher specificity for diagnosing the causes of back pain, and it's not found elsewhere in Weatherford.

Assuming we find that we can help we will develop a unique program for each individual to repair the damaged area causing the pain; this means superior long-term results for most people."

Your invitation for a comprehensive consultation and examination to pinpoint the cause of your back pain and sciatica...

All you have to do to receive a thorough diagnostic examination and a comprehensive easy to understand report on your state of health is call 817-594-0281.

Mention this article (CODE: NCE43SCSP10hb) and McAfee will happily reduce their usual consultation fee of \$275 to just \$27. But hurry, due to obvious reasons – this is a time limited offer – with only 50

reader consultations available at this exclusively discounted rate.

Don't suffer a moment longer...

Find out if Non-Surgical Re-Constructive Spinal Care can help you. Book a consultation with the McAfee team now by calling 817-594-0281, they are waiting to take your call today.

They actually treat the cause of your pain.

That's why hundreds of grateful patients tell them "You gave me back my life!"

Over the years, they've treated thousands of patients with back problems and sciatica. The vast majority of them have enjoyed superior, lasting relief. In fact, many who've suffered and have tried other remedies have told them they gave them back their lives!

Call them now and get a full and thorough examination to pinpoint the cause of your problem for just \$27, the normal cost of such an exam is \$275 so you will save \$248!

Cut out or tear off this valuable article now and take it to your appointment. You'll be entitled to a comprehensive examination to diagnose the cause of your problem – and you'll be on your way to safe, lasting relief! Don't delay your important diagnosis and treatment another moment!

You can even call on the weekend and leave a message with their answering service to secure your spot as they promise to return all calls; and during the week they are very busy, so if they don't pick up straight away do leave a message.

For obvious reasons they can't help everyone at this reduced price, so please call soon to secure your special opportunity.

Call 817-594-0281 NOW and leave a message if it's a Friday or the weekend or the line is busy - they promise they will get back to you as soon as they can. So call now at 817-594-0281 and quote this special discount code: NCE43SCSP10hb









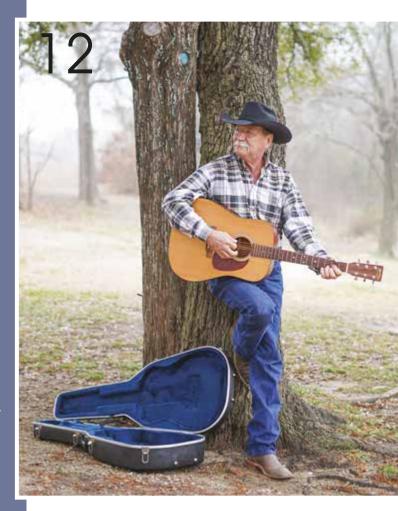


DONNA DOOLITTLE

Donna Robinson uniquely communicates with animals as she rehabilitates wildlife.

12 COMING BACK

This local singer/songwriter has no doubts about returning to the music scene.



- 18 BusinessNOW
- 20 Around TownNOW
- 22 CookingNOW

Publisher, Connie Poirier | General Manager, Rick Hensley

EDITORIAL

Managing Editor, Becky Walker | Weatherford Editor, Lisa Bell Editorial Assistant, Rachel Smith Writers, Gregg Davis . Alan Whiteshoes Editors/Proofreaders, Lisa Bell . Sally Fuller . Virginia Riddle

GRAPHICS AND DESIGN

Creative Director, Chris McCalla | Artists, Kristin Bato . Beth Davis Martha Macias . Anthony Sarmienta

PHOTOGRAPHY

Photography Director, Chris McCalla Photographer, Peace, Love & Realty Productions

Advertising Representatives, Steve Randle. Cherise Burnett Dustin Dauenhauer . Bryan Frye . Kelsea Locke . Linda Moffett Lori O'Connell . Keri Roberson . Linda Roberson . Joyce Sebesta Melissa Stacy

Billing Manager, Angela Mixon



ON THE COVER

Donna Robinson gives wildlife respect and care.

Photo by

Peace, Love & Realty Productions.

WeatherfordNOW is a NOW Magazines, L.L.C. publication. Copyright © 2020. All rights reserved. WeatherfordNOW is published monthly and individually mailed free of charge to homes and businesses in the Weatherford and Aledo ZIP codes.

Subscriptions are available at the rate of \$35 per year or \$3.50 per issue. Subscriptions should be sent to: NOW Magazines, P.O. Box 1071, Waxahachie, TX 75168. For advertising rates or editorial correspondence, call (817) 613-1533 or visit www.nowmagazines.com.



DON'T PAY

\$ave Thousands! Call...

817-799-SAVE

PARKER COUNTY'S BEST REAL ESTATE PROGRAM!

Full Service Real Estate Without the High 6% Fee!







Greg & Dawn Willis, Broker & Owners
Over 38 Years Combined Experience

FULL SERVICE FOR LESSI

Read what people are saying about us at...

www.WillisReviews.com





Lisa Bell WeatherfordNOW Editor lisa.bell@nowmagazines.com (817) 269-9066

EDITOR'S NOTE

My sister turns 70 this month ...

What? How can that be possible? I look at her and see a young woman, full of life, enjoying things she never did in the past when she worked as a nurse. She sometimes says, "I don't know how I ever had time to work." But I know. She didn't do all the fun things she now has time to pursue. I'm proud of my big sister, and I suspect she feels the same about me. I love that we have a strong relationship, even though she has a decade on me. A fellow writer, we have that bond. We also love many of the same movies and activities, although, admittedly, I'm the crafter in our family.

The bond between sisters never fails to amaze me, and I don't take for granted the love flowing from both of my sisters and my brother into my life. Not every family shares such a bond, but I'm incredibly thankful we do. At times, we disagree, and I have no doubt many times through the years they wondered, *What is she thinking?* Despite that, I always count on their support — and their voices of reason — and offer mine. This blood bond blesses me, but I treasure the friends who feel like sisters, too. Regardless of whether natural or by heart, siblings are priceless. And that's a good thing to remember.

Treasure your relationships!



go green. breathe clean.



The Hood County Clean Air
Coalition is a member of Air North
Texas, a regional clean air
partnership. As a member of Air
North Texas, the Hood County
Clean Air Coalition promises to do
everything it can to improve the
air quality in the Dallas-Fort Worth
metroplex — with a little help
from you. Small changes make a
big impact. Try these:

- Use mass transit, carpool or vanpool
- Combine trips
- Observe the speed limit
- · Bicycle or walk instead of drive
- Tell others about the importance of improving air quality

Go green, breathe clean with the help of the Hood County Clean Air Coalition and Air North Texas.





To learn more, visit:

www.AirNorthTexas.org www.HoodCountyCleanAir.com



College Park Rehabilitation and Care Center

Feel Better. Live Well.

Private suites available

Newest building in Weatherford

Rehab-to-home programs

Orthopedic consulting doctor

Advanced wound care/IV antibiotics

Physical, Occupational and Speech Therapy

Long-term Medicaid beds available

Accepting Medicare and most insurance plans

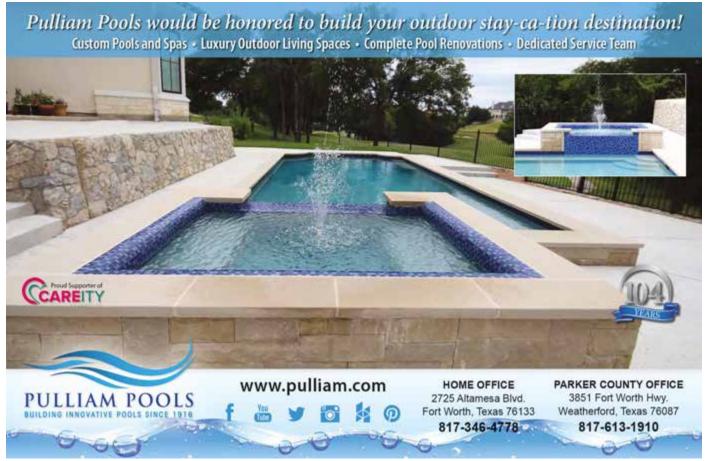


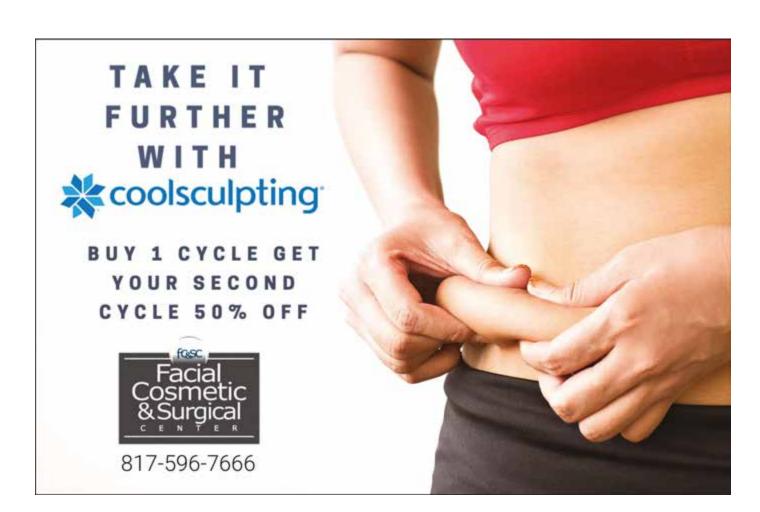


1715 Martin Drive • Weatherford, TX 76086 Office 817.458.3100 • Fax 817.599.3101 collegeparkrehab.com

Locally owned & operated









Donna Donna Dooltale' Dooltale'

Just call her Donna Doolittle.
However, instead of actually being able to talk to animals, Donna Robinson communicates with them through the language of love. All of God's creatures deserve some love, and Donna is there to provide it to some unlikely recipients.

Donna is certified in wildlife rehabilitation. If an animal needs care before returning to its natural habitat, it is brought to Donna.

"I was always the child who wanted to save everything." Donna said. "As I got older, people would bring me turtles and birds. I've had some roadrunners."

When Donna, 66, officially retired from the retail business in 2009, she entered her new career — rehabilitating animals. After a little research, a rehab group based in Fort Worth contacted her.

"They interviewed me on the phone, and that Sunday, they brought me five raccoons," she said. "I had never touched a raccoon in my life."

Since then, she has helped many raccoons — around a thousand, she thinks. The list of animals she's helped also includes about 800 squirrels, 300 skunks, several varieties of foxes, a couple of hundred baby deer, some wild boars and even a few bobcats. "I never know what's coming in. I'm always on call," she said.

Donna works with several outlets for animal intakes, including veterinarian offices, animal control and shelters, mostly in Weatherford, Mineral Wells, Tarrant County and Granbury. She noted the North Texas Animal Hospital (NTAH) and Dr. Amy Traver of Elite Equine in Springtown among those who have come to her aid in particular moments, such as with a bobcat she was caring for recently.

"They (NTAH) came out and darted her, so we could give her shots, check her eye and worm her. She was out for five hours, and they told me I had to turn her after two-and-a-half hours. I said, 'What?'" Donna shared, chuckling. "I went out there, and she was still growling, but she couldn't move her head, so I did it real quick.

"A lot of times, Dr. Traver helps at no charge. Your normal vets don't know anything about wildlife and don't want to treat wildlife, but she wants to learn. She also donates medication sometimes."

Donna nurses the animals back to health, which can include giving them medicine. In her workshop, she has several cages of different sizes, some incubators, including a small one that plugs into a car cigarette lighter outlet, and some drawers filled with assorted medicine. She vaccinates every animal before releasing it.

She also has about 20 "subs," apprentices who hope someday to get their own permits to do what Donna does and, in the meantime, are learning from her. "She takes you under her wing and teaches you everything she knows. She's like a mother," said Kimberly Trejo, a seven-year sub who recently filed







for her own license. "I've learned so much from her. The greatest thing I've learned is nothing is too sick to try and save, and we've had many miracle cases. But either way, everything deserves to die with compassion, to be held and cuddled until it passes away. It's sad, but it's the right thing to do."

Cammie Whitford has been a sub under Donna for almost a decade. She said that Donna is a hero to animals and to her. "For animals I would have never been able to come in contact with, she's a plethora of information," Cammie said. "She basically does what a neonatal doctor does. She's saving infants."

To become certified, Donna had to serve as an apprentice with the Texas Parks and Wildlife Department, become a member of the National Wildlife Rehabilitators Association, get a letter of reference from a licensed veterinarian and two letters of reference from licensed rehabilitators. Now she makes an annual report to the state of every animal she's taken in, medicines she's provided, injuries she's cared for, etc.

"We get no funding from the state. It's out of our own pockets or donations," she said. "I'm a 501(c)(3), so it is a tax write-off to donate. I only ask for donations when I need to, but I'm on a fixed income now." Anyone wishing to help can contribute items such as blankets, paper towels, frozen meats (best found when cleaning out freezers), trash bags, bleach, puppy pads, equine bedding pellets, vinegar (for skunk spray), peroxide, dish detergent and more.

Most of the animals Donna cares for are very young, and many are alone

after the death of their mothers. For example, recently two young squirrels were brought to her after their mother was run over by a car in front of the library in Aledo.

"Squirrels, when they're babies, always have black toenails. That's how I can tell the difference between them and rats or mice," Donna said. "People are always bringing me animals thinking they're squirrels, and often they're rats or mice."

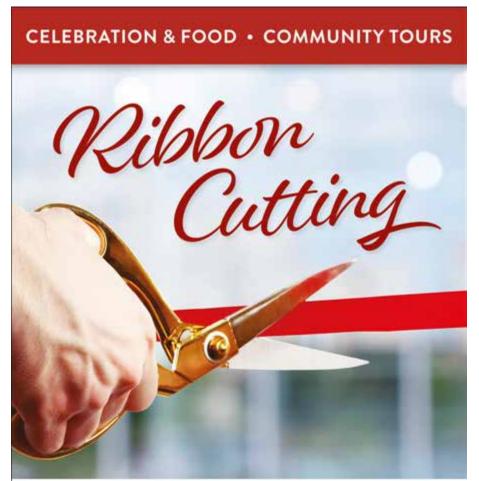
Not all animals that come to her are released back into the wild, such as a baby skunk named Gwendolyn. "She has brain damage and is un-releasable," Donna said. For such animals, she finds a sanctuary, or they are kept as unreleasable educational animals. Like all skunks in her care, Gwendolyn has been spayed (or neutered) and de-scented. "I've even been sprayed in the face. You fight through it. Even baby skunks as young as 2 weeks old can get you.



"Not everyone can rehab. And, sadly, sometimes I have to euthanize," Donna admitted. "It's not for everyone. Sometimes, it's 24 hours a day, seven days a week, but it's totally worth it to give those babies a second chance at life."

Whatever it takes to make an animal feel comfortable during its time rehabbing, Donna is willing to do. "I've been known to actually waltz with them," she said. "You find ways to treat these animals like you would your children." NOW

Editor's Note: Contact Donna at squeezlefarm@gmail.com for more information.



WEDNESDAY, MARCH 25th | 11a.m.

WEST FORK AT WEATHERFORD SENIOR LIVING

invites you to our Ribbon Cutting! Celebrate with us as you enjoy snacks and tour our beautiful community!

PLEASE RSVP: 682-228-3138

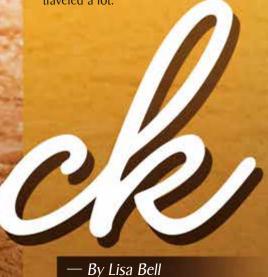




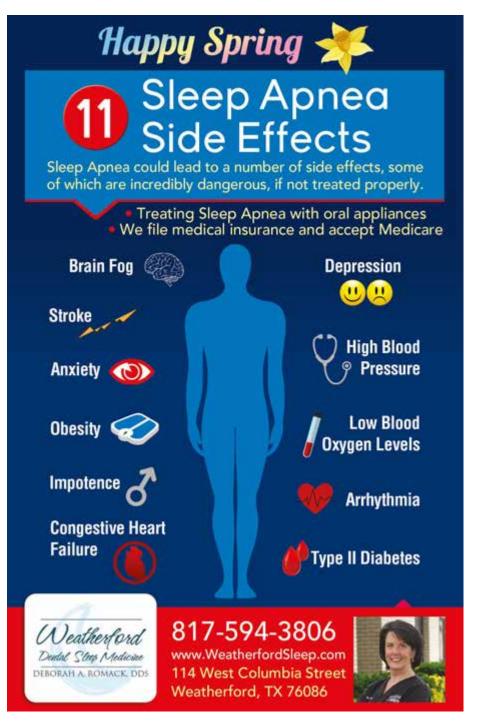
He takes the stage with a 47-year-old bass guitar. And when Albert Leon Payne sings, he takes the audience back to a time when classical country was the only country music. At almost 70. Leon didn't learn the songs he sings from older people. He lived it and opened for some of the best in his younger years — Merle Haggard, Mel Tillis and about 20 more major acts. Besides, some of his songs are originals.

Born into a musical family, Leon started singing with bands by the time he reached 7 years of age. His dad had a western swing band, and his mom sang with the band. By the time he turned 9, Leon had recorded his first song. For more than 30 years, he traveled with his father, playing casinos and nightclubs six nights a week.

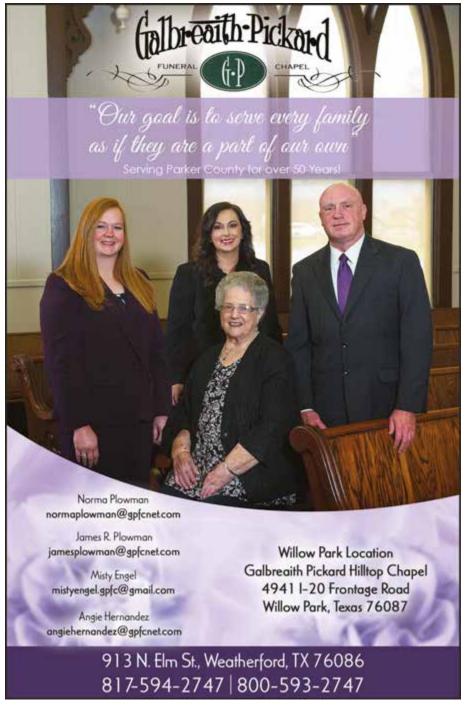
Living in cars and motels wore on him, and by the time he hit 40, he burned out and started driving trucks. He bought a place in Weatherford where he could have some horses. Although he got to spend more time at home, he still traveled a lot.













Finally, in April 2019, Leon sold his truck. "There's more to life than traveling all the time," he said. "If I could still sing, I was gonna do it. I didn't know what else to do." Not having played in 20 years, he called up some old friends, and at their first gig, they "kicked it." Leon was back, although he didn't take it too seriously in the beginning.

Leon admitted, "Classic country is niche music." But he follows his heart and now sees a trend of returning to the roots of music that stays true to Texas country. As a songwriter, three of his original songs appear on his newest CD, No Doubt.

Interestingly enough, he didn't come back expecting to record anything, but the opportunity fell into place. "The '70s and '80s were good to me," he expressed. "But it's about the music belting a great song — and people are listening, loving it. That's what pays off, not the money or anything. I'm just having fun — fortunate enough to play with great players."

Leon & Friends play in and around Weatherford once or twice a week on average. "As long as people come, I'll keep playing," he revealed.

Nevertheless, this time around, he's taking it easier. During his early days of playing, the pressure weighed on him. As a group, they had to work constantly to pay bills. All of that fell on Leon. Now he has a manager, Chad McBride, who takes much of the stress from his shoulders.

"I don't know that I've seen anybody as true to what he's doing," Chad

expressed. "He's more concerned about the band members and audience than anything else. Nonstop and approachable, his genuineness makes him great."

Since his recent comeback, Leon has done extremely well. In the past couple of months, he admits to having some fantastic promoters and wonderful DJs. Because of them, hundreds of radio stations all over the world have now started playing songs from his CD, and the band appears regularly in many places.

Alongside Ron Korner on the drums, Terry Bayless playing piano, Scott Jenkins on the steel guitar and James Faver playing lead guitar and fiddle, the future looks bright for this musician's second time around. But more than anything, Leon takes it daily, plays and enjoys the gigs.



Where the future takes this gentle man is yet unknown. As he gains ground and gets his name back out there, excitement fuels him while he stays true to his roots.

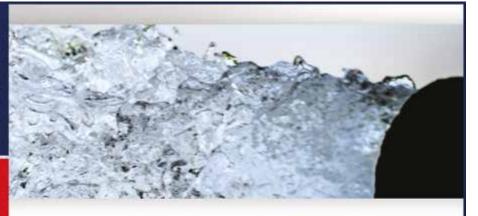
Coming back takes all he learned in the past and pairs it with his love for an almost forgotten style of music. Although he's older now with a laid-back demeanor, Leon is far from done in the music world. And he's a prime example of making a change later in life. When many people his age sit down in a recliner and reflect on the past, Leon is coming back and dreaming of the future.

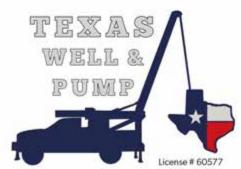




CONCERNED ABOUT YOUR WATER WELL'S PRODUCTION?

Texas Well and Pump utilizes modern equipment, including doppler water level indication, combined with 20 years of experience, to diagnose the condition of your well. We carefully gather the necessary information to devise the best way to maximize your well's production and efficiency, while keeping the project affordable to you.





- Submersible Well Pump Service
- Well Cleaning & Rehabilitation
- Pressure Tanks
- Water Storage Tanks
- Boosters & Centrifugal Pumps
- Solar Pumping Systems
- Windmills
- Variable Frequency Drives
- Water System Inspections
- Well Tests

Serving North and Central Texas

469-383-0644 texaswellpump.com





White's Funeral Home

Our family serving

Full-service Funeral Home Pre-need Plans Cremation Services

Mineral Wells • Weatherford 817-596-4811 • www.whitesfuneral.com 130 Houston Ave. • Weatherford, TX





BusinessNOW

Galbreaith-**Pickard**

– By Lisa Bell

Galbreaith-Pickard 913 N. Elm Street · Weatherford, TX 76086

4941 I-20 Frontage Rd. · Willow Park, TX 6087

(817) 594-2747 www.galbreaithpickard.com

Hours: Monday-Friday: 9:00 a.m.-5:00 p.m. Saturday: 9:00 a.m.-noon

Open for visitation during the evening hours.

A family-owned business in Weatherford since 1954, Galbreaith-Pickard started from a desire to serve people during one of the most emotional times in life. That desire hasn't changed over the years. Founded by Robert and John Galbreaith and Lambert Pickard, Norma and JV (James) Plowman joined the business in 1955. Twenty years later, the couple bought the business, and at 84 years young, Norma still

comes to the office every day. "It's a service and a ministry, where you can help people through a hard time in life," she shared. "Not everyone can do this job."

Early in 1955, JV Plowman was laid off. "He responded to an ad in the newspaper and got the job," Norma recalled. "I worked at Stevens Buick, but we were hired as a couple." She has no regrets after 65 years of loyally serving the families of Weatherford. Although JV passed away in 2007, their children and two granddaughters also work at Galbreaith-Pickard. prepared to carry the legacy into the future.

James Plowman serves as president, funeral director, embalmer, cremationist and certified life celebrant. His brother, Bill Plowman, sits on the board of directors. Their sister, Grace, passed away in 2015. A granddaughter, Misty Plowman Engel, a certified preplanning consultant, provisional funeral director and office manager, owned a florist for 10 years before she sold it and joined the staff. Accountant Angie Plowman Hernandez, another granddaughter, also serves in the family business. But every Galbreaith-Pickard staff member strives to provide

support, compassion, information and direction, as needed, to all members of the community and their families and friends as they deal with loss and grief.

Galbreaith-Pickard provides full funerals, chapel services, graveside services, cremations and memorial services. They also have preplanning options available. Because they handle everything on-site, the staff can confidently promise the highest standard of care. They are the only crematory in Parker County, so they perform cremations in the Weatherford location rather than relying on someone else to complete the process.

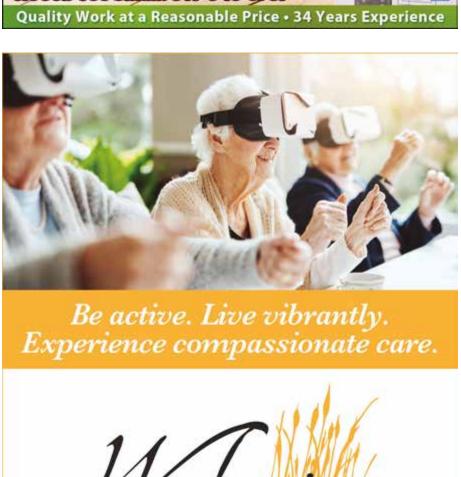
"It's a service and a ministry, where you can help people through a hard time in life."

Understanding the pain and grief of losing a loved one, they provide resources for grief and healing, as well as multiple options to meet individual needs and preferences. Galbreaith-Pickard takes pride in honoring veterans and providing additional services for their families. And they celebrate lives with special tributes, such as annual butterfly releases and Christmas gatherings, both of which are open to the community, whether you use their services or not.

The business also gives back to the community through scholarships, donations to local organizations, teams in golf tournaments and many other ways. Employees regularly participate and volunteer with organizations throughout the community, as well. In the Willow Park facility, they have space to host different civic groups, and they graciously have offered meeting rooms since the 2016 opening.

Norma said, "Always keep in mind that you're helping someone. I still strive to do what the Galbreaiths and Pickards started out doing." And with her family beside her, she believes the same will be true in another 65 years. NOW







ASSISTED LIVING . MEMORY CARE

SCHEDULE YOUR TOUR TODAY! 682.498.8080

101 Watermark Boulevard, Granbury, TX 76048

WaterviewLife.com











Zoomed In: Dr. Ruth Goodwin

By Lisa Bell

In July 2016, WeatherfordNOW Magazine featured a story about Dr. Ruth Goodwin who founded Safe Harbor. Almost three years later, Dr. Goodwin celebrates the opening of a new facility. "We started with a handful of counselors, volunteer staff members and me in a tiny office," she said. "Now we have almost two dozen people running this place, and I supervise but have stepped down from counseling. My kids made me."

The new facility features multiple offices and therapy rooms plus play-therapy rooms for children. They still offer Christian-based counseling on a sliding scale. While Dr. Ruth wishes Parker County didn't need counseling services, she admits the need remains great. From traumatic events down to dealing with everyday stress, the organization exists to serve.



The city celebrates the opening of the WISD Baseball/Softball Complex.

Around Town



WeatherfordNOW Editor Lisa Bell spends a Saturday afternoon signing her new book.



Goodwill team, Darlene Davi, Yvette Wilson and Scott Kephart host a job fair.



New members receive a warm welcome at the Weatherford Chamber Mixer.



City employee, Calvin Woody, pulls weeds at the Memorial Park.



Aspiring artists show up for Weatherford Public Library's watercolor basics class.



Jeanie Hobbs celebrates 35 years with Weatherford College.



Kat Armstrong shares with women her perspective on in-between places in life.





Call Today to Schedule a Tour: 817-631-2402

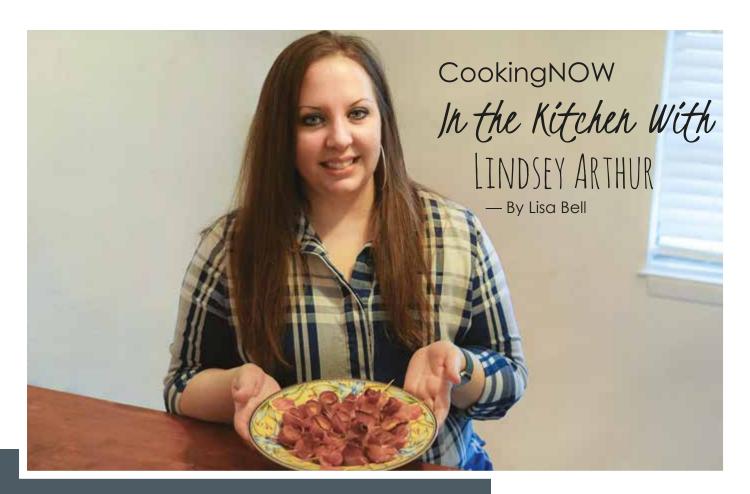


Independent Living · Assisted Living · Memory Care 1364 Southest Parkway, Azle, TX 76020 · LegacyOaksAzle.com









From a young age, Lindsey Arthur learned cooking from her mother. By the age of 8, she could cook solo. "Both of my parents were great chefs in baking and savory dishes and could really guide my learning," she shared. At 8 or 9, Lindsey made chocolate chip cookies, but used too much salt.

"I cried, and was so disappointed in myself, I didn't want to bake anything ever again," she said. "But my dad came to my rescue, saying he loved their 'different flavor' and proceeded to eat the whole batch! I'm pretty sure he was secretly throwing them away at work, because they were terrible. I'll never forget his kindness and commitment to preserving my baking confidence. I always double-check the 'tsp.' vs. 'Tbsp.' in every recipe now." NOW

Zesty Yukon Gold Potato Soup

- 3 lbs. Yukon Gold potatoes (about 8-10 potatoes)
- 1 Tbsp. butter
- 1/4 cup onion, diced
- 1 Tbsp. garlic, minced
- 1 16-oz. pkg. Jimmy Dean Premium Pork Hot Sausage Roll
- 1 32-oz. carton Swanson chicken broth
- I cup whole milk
- 1 12-oz. pkg. frozen kale (Fresh works, too. Just add another 5 minutes of cooking time.)
- 2 cups cheddar cheese, shredded

Salt, to taste Pepper, to taste

- **1.** Dice potatoes to bite-size portions. Rinse; set aside. In a large Dutch oven, melt butter; sauté onion and minced garlic together over medium heat.
- 2. Add Jimmy Dean sausage; cook through. Strain excess oil from sausage. Add back to the pan. Add diced potatoes.
- **3.** Add chicken broth until it just covers the top of the potatoes. Turn heat down to medium-low. Cover: let simmer until potatoes are fork tender, about 20-30 minutes.
- 4. Add milk and kale. (Start with half of the

bag of kale, and then continue adding to taste.) If the broth has cooked down too much, add more chicken broth or water until the potatoes are covered. Cook another 10-12 minutes, or until the broth returns to a simmer.

- **5.** Add shredded cheese, reserving some for adding to individual bowls.
- **6.** Add salt and pepper, to taste.

Southwest Veggie Tacos With Cilantro Lime Aioli

Cilantro Lime Aioli:

- 3/4 cup olive oil mayonnaise
- 1/2 cup fresh cilantro leaves, firmly packed
- I jalapeño, diced with seeds and membrane removed
- 1 Tbsp. fresh garlic, minced
- 1/2 lime, juiced
- 1/2 tsp. cumin
- 1/2 tsp. chili powder
- Salt, to taste (Start with about 1/4 tsp.)

- 1 cup corn, roasted (1-2 ears of corn)
- 2 poblano peppers

- 2 cups sweet potato, shredded
- 4 Tbsp. olive oil (divided use) Salt. to taste
- 2 large portabello mushroom caps, sliced into strips
- I small zucchini, sliced into strips
- 1 Tbsp. chili powder

Pepper, to taste

1-2 cups queso fresco, crumbled 10-12 soft tortillas

- **1.** For aioli: Blend all ingredients together in a blender or food processor until smooth. Refrigerate at least 1 hour before serving.
- **2.** For tacos: While aioli is chilling, roast corn over open flame until kernels just start to blacken.
- **3.** Remove from heat; let cool. Cut kernels from ear of corn.
- 4. Roast poblanos over open flame until skin blackens. Let cool in cold water for 1 minute; remove blackened skin. Cut peppers into thin strips.
- **5.** Sauté shredded sweet potato in 1 Tbsp. olive oil until browned and crispy; salt immediately once removed from heat.
- 6. Sauté portabello and zucchini strips in the remaining olive oil until tender. Season with chili powder, salt and pepper to taste.
- **7.** Build tacos by adding portabello mushrooms, zucchini, poblano peppers, queso fresco and corn to warmed tortilla. Drizzle with aioli. Add crunchy sweet potato

Moscow Mule

Crushed ice

1 lime

2 shots of Tito's Handmade Vodka 1 12-oz. can Ginger Ale

- **1.** Fill 1 8-oz. glass with crushed ice. Slice lime in half; squeeze juice into the glass. Add 2 shots of Tito's Handmade Vodka.
- **2.** Add Ginger Ale to the top of the glass; stir. Enjoy!

Moscow Mule Cheesecake

Cheesecake:

- 1 pkg. Ghirardelli white chocolate
- 4 8-oz. pkgs. cream cheese, softened to room temperature
- 1/4 cup granulated sugar
- 4 large eggs
- 1 Tbsp. vanilla extract
- 1 Tbsp. ground ginger
- 1/4 cup fresh lime juice
- 2/3 cup minced crystallized ginger
- 2 9-inch graham cracker crusts





Whipped topping:
Half pint whipping cream
1/4 cup powdered sugar
1 tsp. vanilla extract
Zest of 1 lime

- **I.** For cheesecake: Preheat oven to 300 F. In a medium bowl, add white chocolate; stir over boiling water until it melts.
- **2.** Set aside to cool to lukewarm, stirring occasionally to prevent a crust from forming.
- **3.** In a large bowl, beat cream cheese and sugar with a mixer for about 3 minutes. Add eggs, one at a time. Add vanilla, ground ginger and lime juice.
- **4.** Slowly incorporate white chocolate. Stop mixer; slowly fold in crystallized ginger.
- **5.** Divide batter between the 2 crusts; place on the center oven rack. Bake for 50-60 minutes. Let cool in oven for an additional 30 minutes. Remove from heat; cool to room temperature. Chill overnight.
- **6.** For whipped topping: Add whipping cream to a large bowl; turn mixer to medium or high. Slowly add powdered sugar and vanilla; mix until it forms stiff peaks.
- **7.** Divide topping between the 2



cheesecakes; evenly distribute the lime zest over both pies.

Bacon-wrapped Water Chestnuts

2 8-oz. cans whole water chestnuts 1 lb. bacon 1 pkg. toothpicks 1/2 cup brown sugar

- **1.** Preheat oven to 400 F. Open water chestnuts; drain. Dry lightly on a towel to remove excess moisture.
- **2.** Cut bacon into long, thin strips; wrap around the outside of the water chestnuts (should wrap two full times).
- **3.** Use toothpicks to secure the bacon around each water chestnut. Add 1/4 tsp. brown sugar to the top of each water chestnut, until they are covered.
- **4.** Bake in the oven for 20 minutes, or until the bacon and sugar are crispy.

To search for more
great recipes
from any of the
9 NOW Magazines
publications, visit
www.nowmagazines.com.

NAPOLT AUTOINGE OPEN SINCE 1988 We are a Christian-based shop with over 121 years total experience from our Weatherford graduates. FINANCING AVAILABLE - Complete Auto Repair - Wholesale Tires & Wheels If Napoli Automotive We Install We In

NAPOLIAUTO@YAHOO.COM | WWW.NAPOLIAUTOMOTIVE.COM

THE LOCAL TABLE

One cannot think well, love well, sleep well, if one has not dined well.

- Virginia Woolf











TOTAL BLESSINGS

This organization assists people, expecially women and children, escape from domestic violence situations, offering hot lines and crisis intervention, mental health services and protection against abuse. 1095 Remington Circle, Burleson, TX 76028. totalblessings.org

RACEHORSE REMEMBER ME RESCUE FOUNDATION

This organization has rescued many racehorses that otherwise likely would have been sent to slaughter. Not only does it find them new homes, it helps retrain them for life after racing. 4100 Conveyor Dr., Burleson, TX 76028. teamkeen.com or remembermerescue@live.com

SLEEP IN HEAVENLY PEACE

TX-Johnson County Chapter No Kid Sleeps on the Floor in Our Town. With the help of sponsors and volunteers, this nonprofit builds and delivers beds to children (3-17) who do not have a bed of their own. Bruce and Krista Crenshaw, (817) 718-0228 or www.shpbeds.org.

HARVEST HOUSE

The Harvest House provides basic necessities, spiritual encouragement, education and care to individuals and families in our community. Their vision is to help families break the cycle of hopelessness by providing resources that assist in restoring their dignity and independence, Jennifer Woods, Director jennifer@yourharvesthouse.org harvest@yourharvesthouse.org (817) 295-6252

A WORLD FOR CHILDREN

A World for Children is the first foster/adopt child placing agency in Burleson. They recruit, train and license families right here in Johnson County to become both foster and adoptive families. Patti Rooks, Regional Director, Dallas, Burleson, Tyler: RooksP@awfc.org (972) 616-0095 or (469) 818-1389 www.awfc.org





Get a Jump on Mother's Day!

Mom Will Love You for This Gift!

2 FREE 30-MINUTE UPGRADES

Start your new self-care routine by upgrading your next 60-minute facial to a 90-minute session when you join now through March 31, 2020.

Massage Envy.

KEEP YOUR BODY WORKING.



FACIALS

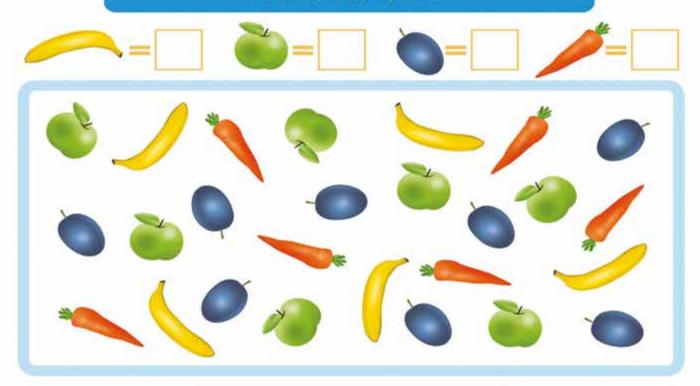
HUDSON OAKS

100 S. Oakridge Drive, #140, Hudson Oaks, TX 76087 (817) 550-1665 | M-F 8a-10p | S 8a-8p | Su 10a-6p

'Offer ande Morch 31, 2020. Promotional voucher redoemable at participating Massage Erruy franchised locations instimate between April 1, 2020 through September 30, 2020. A 12-Month Wellness Agreement insust be signed to be eligible for the 30-minute opgrade voucheris). Not valid online or for existing members. Thirty (30) minute apgrade vouchers must be used in conjunction with the purchase or ademption of an account service); for a 60-minute season, and is not valid for a PCA Chemical Piecl or a Minute service); for a service among details of the Wellness Agreement. Connot be combined with other offers. Session brittes include a total or insist 10 minutes of time for chesultation and distaing, which occurs pre and post-service. Additional taxes and session. Not all Message Erry inachised locations offer everly service of enhancement. For a specific list of services, check with specific franchised location or see MessageErry nom. Each location is independently owned and position. TERMS AND CONOTIONS ARE APPLED TO VOUCHERS, 6:2020 ME SPE Franchising, LLC.

Mis Fin Page

HOW MANY?



ARCHERY BASKET BOWLING DANCE FOOTBALL GOLF KARATE RUGBY SKATE SKI SNOWBOARD SOCCER SWIM **TENNIS** VOLLEY WINDSURF

F	В	F	R	U	S	D	N	I	W
0	٧	0	K	Α	R	A	Т	Е	В
0	У	0	W	У	В	G	U	R	Α
Т	R	В	L	L	M	I	W	S	S
В	Е	Е	G	L	I	Α	I	D	K
Α	Н	Т	0	S	Е	N	Е	A	Е
L	C	A	L	В	N	У	G	N	Т
L	R	K	F	Е	5	K	I	С	Α
L	A	5	Т	S	0	C	C	Е	R
D	R	Α	0	В	W	0	N	5	L



SOLUTION: BASEBALL

MYSTERIOUS WORD:













Direct Mail Advertising Works!

Let WeatherfordNOW Magazine present your advertising message to

over 38,500

Home & Business addresses in the Weatherford & Aledo ZIP codes



Steve Randle

For more information, please call your local advertising representative.

817-613-1533



Bringing the best of the community home

FinanceNOW Women May Need Extra Steps to Reach Financial Security

International Women's Day 2020 is observed on March 8. This special day celebrates the social, economic, cultural and political achievements of women. Yet, women still face gender barriers as they seek to achieve their financial goals. How can you address these challenges?

To begin with, you need to be aware of what you're up against. The wage gap between men and women has closed somewhat, but it hasn't disappeared. Fulltime female employees earn about 82 percent of what men earn, according to the Census Bureau. Over a 40-year career, a woman who worked full time would lose, on average, more than \$400,000 because of this wage gap, according to the National Women's Law Center.

Furthermore, a woman turning age 65 today can expect to live, on average, until age 86.5. For a 65-year-old man, the comparable figure is 84. Those twoand-a-half years can amount to a lot more living expenses. Plus, by taking time off from the workplace to raise children and care for elderly family members, women often end up with lower balances in their 401(k)s and IRAs than men.

So, what can you do to help even the playing field, in terms of building adequate resources for retirement? Here are a few suggestions:

· Contribute as much as possible to your retirement plans. During your working

years, put in as much as you can afford to your 401(k) or similar employersponsored retirement plan. Most people don't come anywhere near the 401(k) contribution limit (which, in 2020, is \$19,500, or \$26,000 if you're 50 or older), and you might not be able to reach it, either, but strive to do the best you can. And every time your salary increases, bump up your annual contribution. If you are able to "max out" on your 401(k), you may still be able to contribute to an IRA. If your income exceeds certain limits, you can't contribute to a Roth IRA, which offers tax-free withdrawals of earnings if you meet certain conditions, but you may still be able to fund a traditional IRA, although the tax deductibility may be reduced or eliminated.

- · Use Social Security wisely. You can start taking Social Security as early as 62, but your checks can be larger if you wait until your full retirement age, which will likely be between 66 and 67. And if you're married, you may be able to choose between claiming your own benefits or receiving 50 percent of your spouse's benefits, which could help you if your spouse has considerably higher earnings. (Your spouse does not lose any benefits if you choose this route.)
- · Look for every opportunity to save and invest. As mentioned above, women often lose out on some retirement savings when they take time away from the workforce to raise families and, eventually, become caregivers for elderly parents. But even if you aren't working full time, it doesn't mean you have no chance to boost your retirement savings. If you can do any paid work, whether it's part time or as a consultant, you can contribute to an IRA — and you should.

It's not easy to overcome the structural disadvantages women face when seeking to reach financial security. Taking advantage of the savings and investment possibilities available can help you make progress toward your goals.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC. Gregg Davis is an Edward Jones representative based in Willow Park.











Specializing in surgical & nonsurgical treatment of the foot and ankle



Richard M. Adams, DPM Certified in Foot Surgery by the American Board of Foot and Ankle Surgery Podiatric Medicine



Payal R. Patel, DPM Certified by the American Board of

We Treat

Ankle Sprains & Strains Arthritic Feet & Ankles Ankle/Foot Injuries Athletes Foot Diabetic Foot Care Fractures Fungal Toenails & Warts Endoscopic Heel Surgery Ingrown Toenails Plantar Fasciitis Wound Care & Much More

Most Insurance Accepted

Call and schedule a visit at one of our two convenient locations

In Granbury 1008 Paluxy Rd Granbury, TX 76048 In Weatherford 925 Santa Fe, Suite 112 Weatherford, TX 76086

familyfootcaretx.com ') 573-7178

Crossword Puzzle

1	2	3	4	5	6			7	8	9
10		1	+	\vdash	\vdash		11		\vdash	1
12	1	t	t	t	T		13	T	t	
T				14	t	15				
16	17	18		19	T	T			20	21
22	1	T	23			24	$^{+}$	\vdash	T	t
25	T	T	t	t	26			27	1	1
T		28	\vdash	T	T					
29	30		T		31	T	32	33	34	35
36			t		37	\vdash	\vdash		T	+
38	1	+			39	1	1		+	+

Crosswordsite.com Ltd

Across

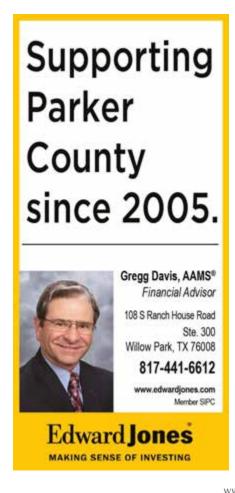
- 1. For some time
- 7 Convert hide into leather
- 10 Stimulating drink
- 11 Harbor
- 12 Quaint love letter opener
- 13 Creep
- 14 Frothy concoctions
- 16 LA summer setting
- 19 Holy threesome
- 22 Get-well treatment
- 24 Salk's conquest
- 25 Type of show, such as Anne Hathaway's "Grounded"
- 27 HIII VIP
- 28 Same here!
- 29 Well-informed about
- 31 Alters formally
- 36 Niagara has a Maid of this
- 37 Tempestuous
- 38 Big Apple aria spot
- 39 Pull into

Down

- 1 Rocket interceptor
- 2 Sardonic
- 3 Suckered
- 4 Apply a cake's top layer
- 5 Tiniest amount
- 7 Off-removed throat tissues
- 8 Curve
- 9 Utmost
- 11 It has 88 keys when full-size
- 15 Old Dodge
- 16 In favor of
- 17 1 pir
- 18 Beyond all others
- 20 Railroad cross-member
- 21 Way over there, poetically
- 23 Representative
- 26 Rellows
- 29 Now let me think ...
- 30 Chart variety
- 32 Self-esteem
- 33 Pinch
- 34 Material studied by Watson and Crick
- 35 USMC noncom

For online versions, visit nowmagazines.com

Solutions on page 36









Call for info: 817-613-1533

Sudoku Puzzle

Medium

For online versions, visit nowmagazines.com

Easy

Crosswordsite.com Ltd

Solutions on page 36







3/1-4/15

Free Tax Help:

Volunteers with AARP Foundation provide area residents with aide for 2019 taxes by appointment. Fridays: 1:00-4:30 p.m.: Saturdays: 10:00 a.m.-4:30 p.m.; **Sundays:** 2:00-4:30 p.m., Weatherford Public Library. (817) 598-4150.

3/2-3/25

A Matter of Balance:

Eight-class series for older adults with concerns about falling. Free: refreshments provided. Mondays and Wednesdays in March. 10:00 a.m.-noon, Parker County Extension Office, 604 N. Main. Info and registration, (817) 598-6168.

3/6-3/22

Run for Your Wife:

Live production. Fridays-Saturdays: 8:00 p.m.; Sundays: 2:00 p.m., Theatre off the Square, 114 N. Denton St. www.theatreoffthesquare.org.

3/10 & 3/17

Cookie Camp:

Hosted by Weatherford Community Education and Clark Gardens. Attendees, 7 to 18 years of age, choose a date. Limited seats. \$26 advance tickets only. 10:00-11:30 a.m., Clark Gardens, 567 Maddux Rd. www.clarkgardens.org.

3/11 & 3/18

Train Station Story Time:

Stories at the Clark Station. Kids 6 and under. General admission prices apply. 1:00 p.m., Clark Gardens. www.clarkgardens.org.

3/13-3/14

Barnyard 2020 State Championship Cook-off:

Second annual cook-off sanctioned by Lonestar Barbecue Society. Friday: 7:00-9:00 p.m.; Saturday: 10:00 a.m.-3:00 p.m., Heritage Park, 317 Santa Fe Dr. www.weatherfordparks. com/3123/The-Barnyard-Cook-Off-Competition.

3/14

Parker Paws Dog Adoption:

Meet adoptable dogs and friendly volunteers and find out more about our rescue. 11:00 a.m.-2:00 p.m., Orscheln's, 102 College Park Dr. Call (817) 598-0702 for directions.

3/19

Herb Planting Class:

Kids 6 & up learn to plant and care for herbs, taking home a plant. Pre-sold only. \$15. 1:00 p.m., Clark Gardens. www.clarkgardens.org.

3/20

Weatherford Movies in the Park:

Featuring Frozen II. Food trucks on-site. Bring chairs or blankets. 7:30-9:30 p.m., Heritage Park, 317 Santa Fe.

www.experienceweatherford.com.

3/21

Spring Fest Car Show 2020:

Funds cancer research. 9:00 a.m.-2:00 p.m., Heritage Park, 315 Santa Fe. Chris Rodriguez, (706) 622-1253 or Rita Backes, (817) 304-7556. www.experienceweatherford.com.

Food Park Lounge Night:

Great food, music and fun. Bounce houses and games. 5:00-9:00 p.m., Heritage Park, 317 Santa Fe Dr. www.experienceweatherford.com.

3/24-4/28

REACT Training Session:

Weatherford Police, Freedom House and Parker County Responding to Every Assault and Crisis Team partner to provide the 2020 training academy. Classes held each Tuesday: 6:00-9:00 p.m., Freedom House and Weatherford Police Department. Applications online, www.parkercountyreact.com or Alecia Durham, (817) 598-4325 or adurham@weatherfordtx.gov.

3/28

Willow Bark:

Benefits Parker Paws. Raises funds and awareness for animal

rescue and fostering. Adoptable dogs, costume contest, "Smooches from Pooches," live music, food and more. 1:00-5:00 p.m., Paul Balint Jr. Memorial Park, 516 Ranch House Rd., Willow Park. Contact Rose Kertok, (940) 452-7033 or rkertok@willowpark.org.

3/28-3/29

Weatherford Music Festival:

Live music, food, kids' zone, games, vendors and more. 10:00 a.m.-10:00 p.m., 317 Santa Fe Drive. For ticket pricing and more information, visit www.weatherfordmusicfestival.com.

3/29

Spring Fling:

Music, food, area artists and craftsmen. Special admission: \$1/person. Noon-4:00 p.m., Chandor Gardens, 711 W. Lee. www.ChandorGardens.com.

Mondays

Aledo Farmers Market:

3:00-7:00 p.m., Aledo Community Center Parking Lot, 104 Robinson Ct., Aledo, Runs weekly March to November (weather permitting). Support your local farmers. Contact City Hall at (817) 441-7016.

Submissions are welcome and published as space allows. Send your event details to lisa.bell@nowmagazines.com.









Crossword Sudoku Solutions

A	2W	3 H	١,	5 L	°E			⁷ T	8 A	9 N
10 B	R	Α	С	Ε	R		11 _P	0	R	Т
¹² M	Y	D	Е	Α	R		13	N	С	Н
				14 S	0	15 D	Α	S		
16 _P	17 _D	¹⁸ T		19 T	R	1	N	1	²⁰ T	21 Y
²² R	Е	Н	²³ A	В		24 _P	0	L	1	0
250	N	Е	G	-1	26 R	L		27 S	Е	N
		28 M	E	Т	0	0				
²⁹ U	30 _D	0	N		31 A	М	32 E	33 N	34D	35 S
36 M	1	S	T	П	37 R	Α	G	1	N	G
38 M	E	Т			39 S	Т	0	Р	Α	Т

Easy

3	1	5	6	2	9	7	4	8
4	8	2	3	7	5	6	1	9
6								
7	9	3	4	1	6	2	8	5
8	2	4	5	3	7	9	6	1
1	5	6	9	8	2	4	7	3
9								
2	6	8	7	9	1	3	5	4
5	3	1	2	6	4	8	9	7

Medium

4	5	2	8	9	7	3	1	6
7	1	3	4	5	6	8	9	2
8	9	6	1	2	3	4	5	7
6	3	4	9	7	1	5	2	8
2	8	9	3	6	5	1	7	4
1	7	5	2	8	4	6	3	9
3	2	1	6	4	9	7	8	5
9	6	7	5	3	8	2	4	1
5	4	8	7	1	2	9	6	3



Because... Even though she's missing an eyebrow, the first thing you noticed was her

Emile!



INVEST IN YOUR Smile!

WITH YOUR INCOME TAX REFUND

*ZOOM TEETH WHITENING *VENEERS *IMPLANTS

*SAME DAY EMERGENCIES *WALK-INS WELCOME

*COMPLEMENTARY SECOND OPINION *ETC...

5 STAR GOOGLE RATED



Dr. Souvik Sarkar MPH, DDS & Associates

817-458-9900

Main Street

Family & Cosmetic Dentistry For All Ages

1302 S. MAIN ST. SUITE 120, WEATHERFORD, TX 76086

Best Bank for your Business

We're your One-Stop Shop for all your business needs



Business Account

- · No monthly service charge will be generated with E-Statements
- No account analysis charge and no minimum balance required
- Unlimited check writing and deposits
- · Mobile app, mobile deposit, bill pay
- QuickBooks™ integration
- Notary service available
- Only \$50 to open



Business Loans

- Capital Purchases & Equipment
- Interim Construction
- SBA Approved Lender
- Real Estate



Remote Deposit

Scan and deposit checks from your office



Online Banking

Do your banking from your office



Merchant Services

- Credit card services
- · Meet or Beat Offer

First National Bank

220 Palo Pinto Street + 1401 Santa Fe Drive + Weatherford 2880 Fort Worth Highway + Hudson Oaks ATM - 709 N. FM 1187 + Aledo

817-596-0345

www.fnbweatherford.com



