

GranburyNOW

M A G A Z I N E

MARCH 2019



The Way He Runs

Winning isn't everything
when Clayton Smith
races in cross country

In the Kitchen With
Deborah Hulce

Clogging Things Up

Allison Clemons and
her friends enjoy their
special style of dancing

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Clayton Smith runs his own race.

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EDITOR'S NOTE



Lisa

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Spring's in the air ...

Or maybe it's still wintry. Welcome to Texas reality. This winter brought cold, warm, somewhere in between and multiple cycles of the same, wreaking allergies. Isn't life like that? Constant changes — usually unexpected — but sometimes good.

I wanted to change my master bedroom for years. The wall color wasn't awful, but not something I chose. The carpet, old and worn, needed replacing. But that costs money, time and energy. Even the thought of rearranging furniture for a quick change made me tired. But, as often happens, circumstances demanded change.

Without gory details, let's just say my flooring had to be replaced. Yuck. I'm so thankful for a son-in-law who was able to do the work. But, of course, that meant taking up carpet, which immediately got tossed out of the window — literally. The displacement and discombobulation of my home was less than pleasant. In the end, everything worked out for the best.

Now my bedroom is an oasis at both the beginning and end of my days. "Cream in my Coffee" smiles from much brighter walls and "English Toffee" carpet squishes beneath my feet. The new arrangement of furniture allows me to easily look outside each morning. I'm reminded that change isn't always easy. It wasn't when Texas became an independent republic on March 2, 1836, nor is it in daily life. But all things work together for good, even when the process isn't easy.

Happy spring!

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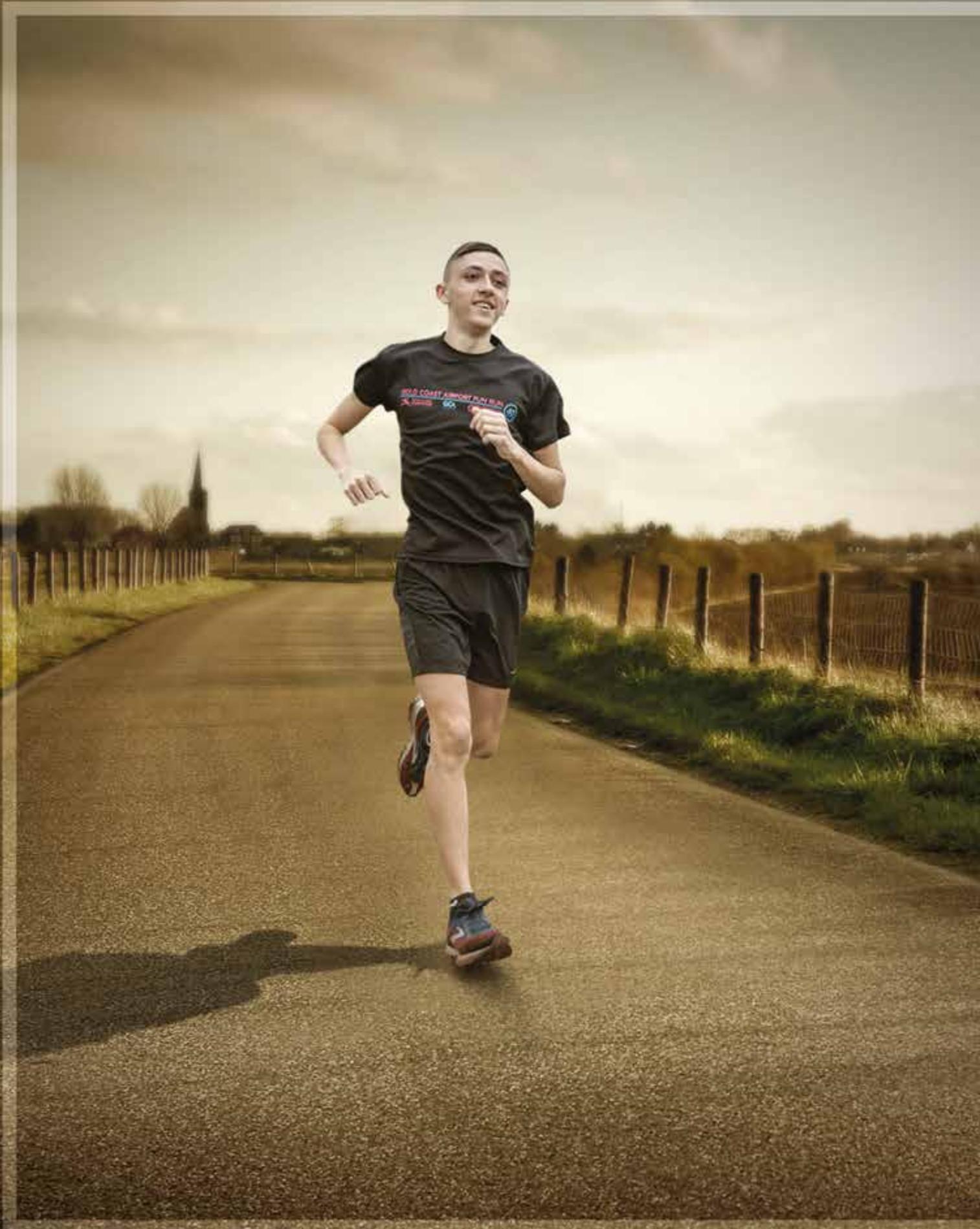
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THE WAY HE RUNS

— By Lisa Bell

Setting team records, leading the race in regional competition and running two races in Australia sound like pretty big deals. But Clayton Smith takes it all in stride. Although he displays his medals, he can't tell you offhand how many he owns. He has at least 40 races behind him counting those as a school representative plus 5K and 10K events, and that only includes those run in his freshman to junior years.

Clayton began running in fifth grade as part of the Milers Club. Eventually, he signed up for the Turkey Trot in Aledo to support a friend. It became an annual event. Although Clayton runs other track events, he likes cross-country more than the others. He prefers the scenery and long distances over running in circles around a track.

Although everyone wants to win, that isn't Clayton's primary goal. He always loved running. "It's painful, but I like it," he said. "It's not homework."

If winning isn't the goal, why run? According to Clayton, he's good at it. Running is fun and gives him time with friends. He admits to having more wins than losses. Most of all, it clears his head.

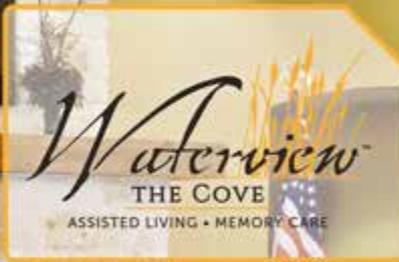


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Clayton's mom, Krista, agrees running benefits her son and takes pride in watching him thrive in the sport. "When something is bothering him, he'll go running. He gives it everything he has. It makes it fun [for me to watch]," she admitted.

When Clayton begins a race, quotes and songs stream through his mind. He doesn't usually think about running — that part comes naturally. As he runs, Clayton remains aware of those around him, always trying to pass the one in front and outrun those just behind. He admits someone getting too close or right next to him messes with his head during a race, so he does his best to prevent that scenario.

During his freshman year, a teammate told Clayton, "Run your own race," a quote that has stuck with him. He also likes to quote the Apostle Paul "Run with endurance the race set before you."

Other life quotes favored by Clayton include: "If you can't buy it twice, don't buy it once," and, "The best pace is a suicide pace, and today is a good day to die." (Quoted from Steve Prefontaine, influential middle- and long-distance 1972 Olympian runner.)

In September 2018, Clayton set a Granbury High School team record with a time of 16:04. During a regional event in October, he led the boys with a finish time of 16:19.50 in the 3-mile race with his teammates close behind. He credits his coaches and fellow runners with helping him succeed. "Coach Ward's amazing," he said. "She's awesome."

While Clayton admits Coach Ward pushes them, he appreciates it. "Sometimes, I need a shove. You have to train for yourself to get where you want to be."





The team trains at its pace, while Coach Ward rides her bike next to them. “She’s like a second mom,” Clayton admitted.

Krista added, “She loves those kids and sees potential in each one of them. The team is like a family. It’s been good for Clayton and definitely changed my perspective on running — for the better.”

Clayton received an invitation to travel to Australia where he ran two races. In one race against 200 fellow Americans, Clayton finished fourth place in his age group and 12th overall. In the other race with 3,200 participants, he finished 46th — impressive by any standards. “I’m proud that I got to go,” the junior student said.

While there with Down Under Sports, Clayton got to enjoy a tour. He loved seeing all the animals, actually touching a kangaroo and holding a koala bear. His first beach experience, Clayton tried surfing, a new adventure he thoroughly enjoyed.

While he still has another year of high school, Clayton thinks about college. He hopes to attend college in Oregon at a DI school known for good running programs — and because he favors Oregon’s weather.

When not running, Clayton spends time working at a local restaurant. He enjoys swimming and playing video games, but isn’t a gamer. He also likes to drive for fun.

Someday, he hopes to run the Boston Marathon, but he also wants to go back to Australia for a race. At some point, he would like to run a race in Alaska and one in Germany, too. “It’s most important the way I run,” Clayton said. “I don’t care if I win or lose, as long as I finish.” Perhaps that’s why he often finishes first — it’s just the way he runs. **NOW**

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Blogging

THINGS UP

— By Rick Mauch



Allison Clemons has a message for those who think clogging is only for senior citizens and older folk. Just try it, and you'll know better — like she did when she was only 9 years old.

“My mom put me in clogging. She thought it looked like fun — and you know what? It is,” Allison said. “I am the youngest in our group, but we’ve had younger than me in the past, and it would be great if we could get even more for a mix.”

Allison is now 32 and kept clogging for nearly a quarter century. She is a member of the Granbury Cloggers, which has almost 20 members, ranging in age from hers to around 80.

“The people have kept me around,” she said. “They’re my second family. A lot have watched me grow up.”

Allison is, in fact, one of the teachers in the group. She, along with a few other longtime members, instruct the other members on new routines and take leadership roles. “I just love to clog, and I love sharing that experience. It’s great exercise, so much cardio,” Allison shared. “With teaching, I just pick out a song and make up a dance to it. Eventually it became natural. When I hear music, I see steps in my head.”

The club meets weekly for practices/classes at the Hood County YMCA. As for the type of music Allison and her friends clog to, they like a variety. While most of it is country, they also perform to Christian, patriotic and even hip-hop and pop. “I’ve done solos to Justin Timberlake music,” Allison said.

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The group does not compete, though some others around the state do. They do, however, perform several times throughout the year, including at Christmas, the annual Bean Cook-off on the Granbury Square in March, at nursing homes and the Senior Center.

"We are not a paid group, but dance for our enjoyment and entertainment of others," said longtime member Marcia Kunkel, who joined in the early 1980s, and also teaches. "That is a satisfying aspect of being a member of the Cloggers. Laughter and friendship are the two reasons I love our group."

Allison explained that clogging is much like tap dancing, but the shoes are different. While the ball of the shoe is stationary on regular tap shoes, she noted that it can bounce on clogging shoes. "They're not wooden. A lot of people think that," she said. "It's a leather shoe with metal taps, but they are totally different dances."

Marcia remembers when Allison first began to clog. "She was a shy little girl, but now she's one of the present instructors with Cheryn Porter and myself," she said.

Cheryn joined the group in 1983. At the time, she and her husband were square dancers. "I learned of the clogging group starting up in Granbury. I love dancing, so I joined," Cheryn said.

She loved the group so much that, even though she moved away for 16 years in 1992, she couldn't wait to rejoin upon her return. "I ran into Marcia and found out the Granbury Cloggers were

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still around, so I rejoined. My favorite thing about the club is getting together on Tuesdays with my clogging family.”

Allison’s husband, Kevin, does not clog. Her 2-year-old son, Phoenix, isn’t old enough, though he is curious. However, 5-year-old son, Kolby, is most interested. “If I’m dancing, he’ll follow my footsteps,” Allison said of Kolby.

Another big benefit from clogging is the cardiovascular workout one receives. “Some people use it as a form of exercise, or just to have fun,” Allison said.

Marcia added, “One can’t overlook the benefits of the actual dancing.”

Allison admits the cost of getting into clogging is nominal. Shoes usually cost more than \$100, but a good pair lasts a long time. “We tell beginners to buy a white pair of Keds and buy taps to put on them, just to see how much they like clogging. Actually, they do last quite a while doing that.”

Allison said the club usually pays for half of the performance costumes, and they have a seamstress who works for the club for a nominal fee. “We also re-wear our costumes, so you get your money’s worth,” she said.

A beginner’s class normally starts in the fall and progresses by learning new steps each week, plus building off of the steps taught. Those who already know how to clog are welcome to join at any time. **NOW**

Editor’s Note: For more information, visit www.granburycloggers.com.



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— By Lisa Bell

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“The most difficult thing I do is educating people,” Greg Willis said. “You can get full service without higher fees.” With more than 22 years of experience, the owner/broker at TexasRealEstateSavings.com interfaces with each of their customers. His wife, Dawn, got her license in 2001. Although they do have one assistant, Greg and Dawn work long hours to personally meet the needs of their business. Customers work directly with the owner/broker, not an agent who may be new to the industry.

In 1997, as a minister, Greg needed a second income, so he pursued real estate. After the required two years, he opened his own business and did well. With two children, Greg and



Dawn wanted to be closer to their own parents, who lived in Granbury and the surrounding area. So in 2005, they moved back, and then in 2014 opened TexasRealEstateSavings.com.

When Greg started, he recognized coming technological changes. Back then, buyers had to look through a large book of black and white photos, choose a house and then go look at it. Eventually, computer sites appeared where Realtors posted current pictures. Today, most people can look at a house on their phone or tablet and get notifications of new listings.

Because of technology, operating a real estate business costs less and enables them to help more people, which is what Greg loves about his job. Heavily involved, he personally handles every listing and showing and writes the contract. Dawn takes it from there, working with customers to finalize all paperwork and negotiations. “Dawn does an excellent job of organization,” he said. “Her attention to detail is unparalleled.”

A lot of their business comes from past clients returning to buy a new house or referring TexasRealEstateSavings.com to others.

To Greg that says something. He is very proud of more than 170 five-star reviews at www.Willisreviews.com, which goes directly to real estate site, Zillow.com.

Born and raised in Granbury, Greg and Dawn live locally and have great knowledge of the many different areas in the community. And they offer cash rebates to buyers, giving them an incentive to work with the Willis team. "We always help sellers save money," Greg shared.

During his years in real estate, Greg has more than 1,000 sales. Yet as a former pastor and youth minister, he understands the importance of never pressuring a buyer. "Not that you can really manipulate a person into buying a home," he admitted.

A lot of their business comes from past clients returning to buy a new house or referring TexasRealEstateSavings.com to others.

Still, he wants to be seen as someone who doesn't push. He wants people to see him as honest, with the customers' best interest in mind. After so many years, he is still passionate about helping each one find exactly what they're looking for and saving money for both sides in the process.

Both Greg and Dawn are very accessible to their customers, often answering calls late at night, on weekends and even holidays. Although the bulk of their listings are residential in Granbury, they also work all over Hood County as well as Johnson, Tarrant and Parker counties.

Greg shared that according to the NAR, the average agent completes 11-12 transactions per year. In the last three years, Greg sold more than 300 properties. In addition, TexasRealEstateSavings.com won the 360 West Best Real Estate Agent award in both 2017 and 2018. Go online or give them a call for your real estate needs. **NOW**

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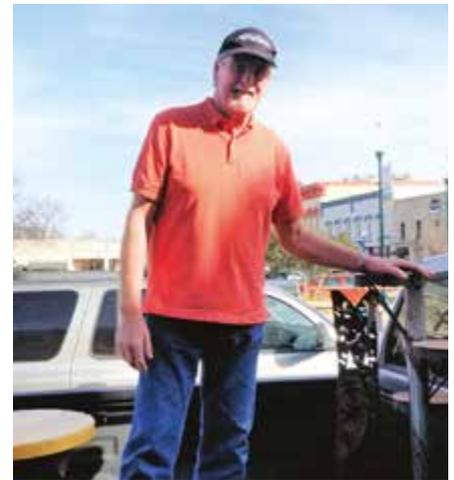
Zoomed In: Gene Goddell

By Lisa Bell

In 1998, Gene Goddell participated in his first Relay for Life to honor a co-worker who, at the time, fought breast cancer. He didn't have a team, but got involved anyway. More than 20 years later, Gene still participates in the annual event. "I feel strongly about fighting cancer and supporting the local community," he said. "Plus, it's fun." This year's Hood County Relay for Life is May 4 at Hewlett Park. "The park is a friendlier environment." The relay is about survivors and advocacy, and raising funds for the American Cancer Society. As a five-year survivor and in charge of recruitment, Gene said, "Give us a call or go online and come out to relay."



Alex White and Rylee Rinehart cheer for teammate Kaleigh Harrison (center) after a hole in one.



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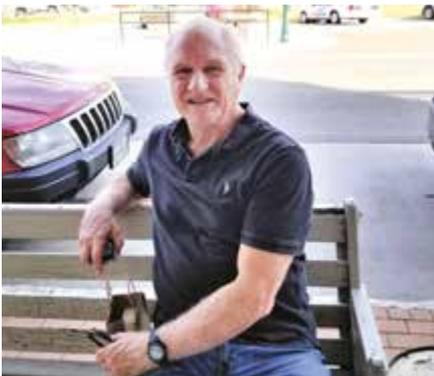
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CookingNOW
In the Kitchen With
 DEBORAH HULCE

— By Lisa Bell

Cooking and sitting around the table meant family time for Deborah Hulce. “It’s not just about preparing a delicious meal, but the atmosphere it creates with people you care about,” she said. She learned about cooking and housekeeping from her mom. Her favorite cookbooks belonged to her grandmother. “The earliest one was published in 1924. I love looking through the faded, food-splattered pages with notes handwritten by my mother and grandmother,” Deborah admitted.

While she usually prepares holiday meals, they incorporate a tradition of including a favorite dish or two a loved one used to prepare. “They may be missing at our family table, but they are certainly not forgotten. This is my way of celebrating and remembering the impact they’ve had on my life.” **NOW**

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Truffle oil, to taste (optional)

1. Preheat oven to 350 F
2. Wash and dry asparagus; break off the tough ends. (Note: I bend the stalk until it breaks and discard the tough, woody ends.

You can peel the ends to make them less tough if you prefer.)

3. Place the asparagus on a baking sheet, drizzle with olive oil; toss to coat the asparagus completely.
4. Spread the asparagus on the baking sheet in a single layer; sprinkle liberally with salt and pepper.
5. Roast the asparagus for 25 minutes, until tender but still crisp. Drizzle Truffle oil over asparagus just before serving, if desired.

Easy & Quick Garlic Cheese Bread

1 large loaf French bread, sliced lengthwise
1/2 cup butter
Garlic salt, to taste
1/2 cup Asiago, Parmesan or mozzarella cheese, shredded
Fresh or dried herbs (optional)

1. Preheat oven to 400 F. Place sliced bread flat side up on a cookie sheet.
2. Melt butter in the microwave; pour evenly over both pieces of bread. Sprinkle garlic salt over butter; add cheese.
3. Sprinkle your favorite herbs, such as Italian seasoning or rosemary, on top if you like.
4. Bake for 12-14 minutes, or until bubbly and lightly brown. Slice and serve.

Cheesy Spaghetti

1 1/2 lbs. hamburger, cooked and drained
1 1/2 lbs. spaghetti noodles, cooked al dente

Cheese Sauce:

- 1/4 cup butter**
- 1/3 cup flour**
- 1 cup water**
- 2 cans evaporated milk**
- 2 cups American cheese, shredded**
- 1/3 cup Parmesan cheese, grated**

Spaghetti Sauce:

- 4 1/2 cups water**
- 3 pkgs. spaghetti sauce mix**
- 3 8-oz. cans tomato sauce**
- Dash of salt**

- 1.** Preheat oven to 350 F. Brown meat; drain. Cook spaghetti; drain. Set both meat and spaghetti aside.
- 2.** For cheese sauce: In a saucepan over medium heat, melt butter; whisk in flour, water and evaporated milk.
- 3.** Add cheeses; continue to cook until thickened and cheese is melted. Set aside.
- 4.** For spaghetti sauce: In another pan over medium heat, mix water, spaghetti sauce mix, tomato sauce and salt together; simmer until hot and bubbling. Add to meat. Bring to a boil; set aside.
- 5.** Ladle some sauce to slightly cover the bottom of two 9x13-inch baking dishes, so noodles don't stick. Layer noodles, cheese sauce and spaghetti sauce; repeat.
- 6.** Cover with foil; bake for about an hour or until bubbly.

Oh, So Good Baked Brie

- 1 roll refrigerator crescent rolls**
- 1 8- to 12-oz. round Brie cheese**
- 1 egg**

Optional Extras:

- 1 small jar fruit spread**
- Honey**
- Pecans or walnuts, chopped and toasted**
- Onions or mushrooms, caramelized**

Condiments:

- Baguettes, sliced**
- Crackers, to taste**
- Apple slices, to taste**

- 1.** Preheat oven to 400 F. Roll out crescent roll dough; divide in half and pinch perforations.
- 2.** Place one side of the divided dough on a baking sheet or pie plate. Place Brie in the center; bring each corner of the dough to the center of the cheese to form a cute little package.
- 3.** Use remaining crescent dough to cut out little shapes such as leaves, etc.; press the shapes into the top of the package.
- 4.** In a separate dish, beat egg; brush over dough. Sprinkle extras on top if you like.

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Oh, So Good
Baked Brie

5. Bake for 35-40 minutes, or until golden brown. Serve warm with your favorite condiments.

Corn & Frito Salad

- 2 15-oz. cans corn, drained
- 2 cups cheddar cheese, grated
- 1 green bell pepper, diced
- 1/2 cup onions, diced
- 1/2 cup mayonnaise
- 1/2 cup ranch salad dressing
- 1 10.5-oz. bag corn chips, coarsely chopped

1. In a bowl, add corn, cheese, bell pepper and onions.
2. In a separate bowl, combine mayonnaise and ranch dressing.

3. Just before serving, stir dressing and corn chips into the corn mixture.

Elva's Okie Cake

- Cake:*
- 2 cups sugar
 - 2 cups flour
 - 1 stick butter
 - 1/2 cup shortening
 - 1 cup water
 - 4 Tbsp. cocoa
 - 1/2 cup buttermilk
 - 2 eggs, beaten
 - 1 tsp. baking soda
 - 1 tsp. vanilla

- Frosting:*
- 1 stick butter

- 4 Tbsp. cocoa
- 6 Tbsp. milk
- 1 tsp. vanilla
- 1 box powdered sugar
- 1 cups nuts, chopped
(Use pecans or walnuts.)

1. *For cake:* Preheat oven to 400 F. Mix sugar and flour together; set aside.
2. In a saucepan bring butter, shortening, water and cocoa to a boil. Pour over flour mixture while hot.
3. Add buttermilk, eggs, baking soda and vanilla.
4. Pour mixture into prepared jelly roll pan or cookie sheet with an edge. Bake for 20 minutes, or until the cake pulls away from the sides of the pan. While the cake is baking, make the frosting.
5. *For frosting:* In a saucepan, bring the butter, cocoa and milk to a boil.
6. Add vanilla and powdered sugar. Stir in nuts; spread on cake while both are hot.

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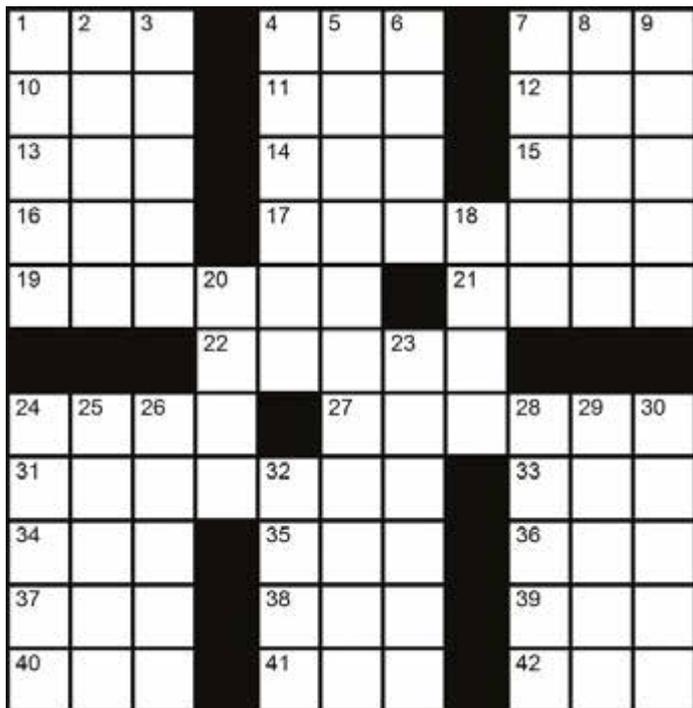
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Across

- 1 British Delta Force equivalent
- 4 Short change?
- 7 Iraq war casus belli
- 10 Presidential advisory grp.
- 11 "Figured it out!"
- 12 Weeding implement
- 13 Diamonds
- 14 Actor --- Gibson
- 15 Admiration
- 16 Fiver
- 17 Built
- 19 Party, south of the border
- 21 Blades
- 22 Drop by unannounced
- 24 Transfer legally
- 27 Cover completely
- 31 Drafted
- 33 Observe
- 34 Free
- 35 El operator
- 36 Highest mountain in Crete
- 37 Repetitive behavior condition, for short
- 38 Atmosphere
- 39 Crackpot
- 40 Might
- 41 Statute
- 42 Navigational aid

Down

- 1 Smell
- 2 Computer data character set
- 3 Part of an act
- 4 Woke up
- 5 Healing
- 6 An auction
- 7 "Oh, --- Beautiful Mornin'"
- 8 Lawn-care buy
- 9 Real estate documents
- 18 Nam force
- 20 Vomit
- 23 To a certain extent
- 24 Information holder
- 25 "Fear of Fifty" author --- Jong
- 26 Annie's Lieutenant-General
- 28 On drugs
- 29 Introduced, with "to"
- 30 Achievements to be proud of
- 32 College sporting org.

Solutions on page 28

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Easy

1				7				
			3	4				
					8		7	3
9								2
5		3					1	7
			5			3	8	
		5	1		6			
	7					5		
	2				4	6		8

Medium

	6							
		5	3					1
		7			4			
			7			6	3	
				2				9
5	9			6				
					7		2	
	2		6	5				
	5			8		4		

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Solutions on page 28

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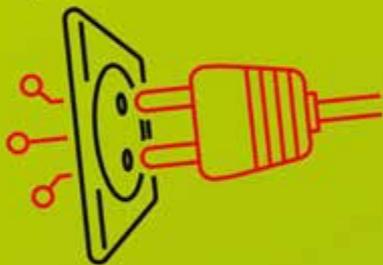
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3/5

Opera Guild Meeting:
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3/7

Lake Granbury Newcomers Club:
March meeting features Fossil Rim Wildlife Center. \$15. RSVP by 3/1. 9:30 a.m., DeCordova Bend Country Club. Email granburynewcomers@gmail.com or (817) 243-9831.

3/12

Salvation Army Women's Service League:
"Charities on the Runway" annual style show, luncheon, silent and live auction fundraiser. 10:00 a.m., DeCordova Bend Country Club. www.saserviceleagueofhoodcounty.org/.

3/14

Granbury Women's Club:
Karen Rasco, Hood County head librarian, shares information about the new addition and services the library offers. 6:00 p.m., Women's Wednesday Club House, 306 N. Travis St. Contact Sherrie West, club president,

(817) 991-8604 for reservation prior to 3/11.

3/15-3/16

Junkin' in the Hood:
Hosted by Granbury FUMC, features junk, vintage finds, antiques and chainsaw carvers. 2:30 p.m. auction on Saturday only. 9:00 a.m.-5:00 p.m., Warren's Backyard. Contact Joni Berry, (817) 219-4859 or warrensbackyard@gmail.com.

3/19

Pecan Plantation Genealogy Group:
Ronnie Rone expands on European establishment of American colonies. Non-Pecan Plantation residents welcome. 10:00 a.m., EMS training room behind fire station, 9518 Monticello. Contact Cindy, (817) 964-3365.

3/23

Feather Fest:
Join Master Naturalists for a celebration of birds. Live raptors, demonstrations, crafts, activities for children and more. 10:00 a.m.-2:00 p.m., Acton Nature Center, 6900 Smoky Hill Ct. www.actonnaturecenter.org.

4/1

Granbury Women's Club:
Dub Gillum, Texas Highway

Patrol, presents information on member safety. 6:00 p.m., 306 N. Travis St. Contact Sherrie West, club president, (817) 991-8604 for reservation prior to 3/25.

4/4

Lake Granbury Newcomers Club:
Annual style show benefits local charities. \$15. RSVP by 3/29. 9:30 a.m., Pecan Plantation Country Club. Email granburynewcomers@gmail.com or leave a message, (817) 243-9831.

4/6

Mitchell-Truitt Freud Concert Reading:
Benefits the Bridge Street History Museum. 2:00 p.m. and 7:00 p.m., The New Granbury Live. Contact Teresa Sims, (817) 578-0234 or www.thenewgranburylive.com.

4/13

Lake Granbury Master Gardeners Annual Spring Plant Sale:
Sales benefit LGMG educational projects. 8:00 a.m.-2:00 p.m., LGMG Demo Garden, behind Hood County Annex I, 1410 W. Pearl St., (817) 579-3280.

4/26-4/27

10th Anniversary Wine Walk:
\$28 tickets include souvenir glass and tastings. (VIP event on Thursday evening.)
Friday, 2:00-8:00 p.m.;
Saturday, 11:00 a.m.-7:00 p.m., Historic Town Square. www.granburywinewalk.com.

4/30

Celebrating Big Bands of the 20th Century:
Langdon Center Big Band celebrates International Jazz Day with a concert. 7:00 p.m., Granbury Live. www.granburybigband.com, tickets at www.thenewgranburylive.com.

First Mondays

Granbury Brigade Meeting:
Meeting of an all-volunteer organization in Granbury that promotes tourism and assists nonprofit organizations in the Hood County area. 6:30 p.m., Spring Creek Barbeque, 317 E. Hwy. 377.

Submissions are welcome and published as space allows. Send your event details to lisa.bell@nowmagazines.com.

So you had an MRI and your back still hurts... Now what?



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Crossword - Sudoku Solutions

1	S	A	S		4	C	T	S		7	W	M	D				
10	N	S	C		11	A	H	A		12	H	O	E				
13	I	C	E		14	M	E	L		15	A	W	E				
16	F	I	N		17	E	R	E		18	C	T	E	D			
19	F	I	E		20	S	T	A		21	O	A	R	S			
					22	P	O	P		23	I	N					
24	C	E	D		25	E			27	E	N	G		28	U	L	F
31	D	R	A		32	W	N	U		33	S	E	E				
34	R	I	D		35	C	T	A		36	I	D	A				
37	O	C	D		38	A	I	R		39	N	U	T				
40	M	A	Y		41	A	C	T		42	G	P	S				

Easy

1	3	6	2	7	5	8	4	9
7	8	9	3	4	1	2	6	5
4	5	2	9	6	8	1	7	3
9	1	8	6	3	7	4	5	2
5	6	3	4	8	2	9	1	7
2	4	7	5	1	9	3	8	6
8	9	5	1	2	6	7	3	4
6	7	4	8	9	3	5	2	1
3	2	1	7	5	4	6	9	8

Medium

9	6	1	2	7	8	3	5	4
2	4	5	3	9	6	8	7	1
8	3	7	5	1	4	9	6	2
1	8	2	7	4	9	6	3	5
3	7	6	8	2	5	1	4	9
5	9	4	1	6	3	2	8	7
6	1	9	4	3	7	5	2	8
4	2	8	6	5	1	7	9	3
7	5	3	9	8	2	4	1	6

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