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MARCH 2019

In the Kitchen With  
Stephanie Finch

Where Is Lukas  
Jakobsson?

Also inside:

Kids' Fun Pages

Crossword/Sudoku

Featured Business:  
Children's Therapy Solutions

Building a  
Body for Life

John Hill competes in  
bodybuilding alongside his  
daughter, Ashley Ball

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## ON THE COVER

*This father-daughter bodybuilding duo share their inspirational story.*

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# EDITOR'S NOTE



*Rick*

Rick Mauch  
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*Hello, Burleson!*

One of the blessings of living in the South is the weather. Sure, we have the occasional freezing temperatures, but then it warms up to 65 by the afternoon, and we've gone from heavy coats to checking the schedule to see if there's time to squeeze in nine holes of golf.

It also creates opportunities to stroll and visit. A jaunt to Old Town Burleson or a park can be a relaxing escape. And it's also the perfect time to snap a photo or a few. I can tell you from personal experience, it's a blast to take those photos and mingle with folks. You can never have enough friends.

Thanks to modern technology, a great photo is just a pull-the-cell-phone-out-of-your-pocket moment away. I don't think the Pulitzer folks will be calling me anytime soon, but I'd rather have a thank-you from an appreciative reader anyway.

But I can't be everywhere. So, if you see a great photo, snap it, and email it to me (include all names, please, and identify who is who). You never know, it might end up in our Around Town section!

Also, we love getting story ideas. After all, it's your life. Who knows the story better than the one living it? If you or your neighbor have a beautiful home, tell us. If your cooking is good enough to make us fight in line for seconds, we want to know. And don't worry — we don't take photos without permission!

Have a great month!

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*To say John Hill has rebuilt his life would be an understatement. By the way, it's a life he almost lost a few years ago. John suffered a massive heart attack in 2011 that left 40 percent of his heart scarred, and he was diagnosed with congestive heart failure. Doctors implanted a pacemaker/defibrillator. "With CHF it is practically impossible to do much activity without causing the heart to spit out fluid and begin to enlarge," John said. "I couldn't tie my shoes without having to stop several times to just catch my breath, and doing regular activities was exhausting."*

John's weight had reached 240 pounds. Through diet he got back down to 222 pounds in 2017, but his condition had worsened. That was when he opted to put his name on a list for a transplant.

Then, another idea came to John. He prefers to refer to it as divine inspiration, and indeed he said it came to him after some time in prayer. John decided to become a bodybuilder. Yes, though he had been staring a heart transplant in the face, he felt a need to give bodybuilding a try — to push his body even harder.

But it worked, and he has been successful. Last year, he participated in the City Limits Bodybuilding Competition in Waxahachie, the Masters Division (ages 50-plus). As the only competitor in his division, of course he won. Mostly, he considers himself a winner simply for being in the event.

And physically, he is in great shape, arguably the best of his life. "I don't really care about getting in those little trunks in front of people anymore," John said. "I just want to be healthy and look good."

# BUILDING A BODY FOR LIFE

— By Rick Mauch and Melissa Rawlins

“People seem to be more impressed when you change your physical appearance than when you build a business. Losing 60 pounds and building a six pack of abs in five months impresses people.”

John is also the founder of the Good Contractors List, a company he’s been building even as he dealt with his heart battles. He has found that his bodybuilding regimen is also a good testimony to clients. “I am out in the field talking to contractors, and honestly I find myself telling my testimony so much because that’s part of the story of how the GCL was built,” he said.

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saying if a contractor does not do what they were hired to do, the company will pay up to \$10,000 to rectify the situation.

John is also sharing this fitness experience with his daughter, Ashley Ball. Though she was already a fitness enthusiast, bodybuilding wasn't on her radar — until she watched her dad. "After I attended his first show I was inspired. I saw his stage shot, all of his hard work and dedication, and he did all of this with heart disease," Ashley said. "I decided that if he could do it, so could I, and I would do it with him.

"My dad and I have always been extremely close. So, it was very special for us to share this memory. Going from almost losing him in 2011 to his heart attack to competing together in 2018 in a bodybuilding competition is a miracle in itself.

"I just remember how proud of each other we were on that show day. I got first place in all three of my classes, and he got nationally qualified and a standing ovation. I was so proud of him that day and so inspired. Seeing everyone get up and cheer for my dad was a moment I will never forget."

Ashley's husband is a powerlifter himself. They have a 3-year-old daughter, John's granddaughter. Ashley is currently taking classes to get her personal training certification.

John said in 2011, when he had his heart attack, he found himself praying for two months that God would kill him. "I was in a place of not seeing myself ever being of value to the world," he said. Then, while in the hospital, on a gurney, he said he felt the Lord speak to him, asking him a simple question. "He said, 'Well, John, do you want to stay, or do

you want to go?" I felt he was saying, "If you stay, you have a purpose."

John said he wanted to stay, but he had his own conditions. He wanted to be remembered for doing something good. He wanted to live every day, not just be alive. And, finally, he wanted to touch as many lives as possible in his remaining time.

John calls himself a walking billboard. The folks see his pacemaker as he competes. And, any time he gets a chance, he shows people the "before" photo. "That always blows people away," he said.



John committed to the end product. He tightened up his eating habits, began working out seven days a week, doing cardio twice a day. He started working out with a friend at 5:00 a.m., a friend who gave him added encouragement to show off his success. "The pacemaker is ugly. I said, 'Have you ever seen a bodybuilder with a pacemaker?' He said, 'No, but I don't know why there couldn't be one. Think of all the people you would inspire,'" John recollected.

And that's what John has been doing. Not only does he work to inspire through his bodybuilding, he and his family visit nursing homes, often calling bingo numbers; deliver Meals on Wheels; and help with homeless ministries. "Before the heart attack, I would go through phases, and I did not recognize it as ideas. I did not know what an entrepreneur was," he said.

Ashley reflected, "The night my dad had his heart attack, I was horrified. I was 20 years old and was worried that I was about to lose my dad forever. And to say that seven years later, we were able to compete in a bodybuilding show together is a complete blessing. I can't wait to compete with him again in 2019." **NOW**

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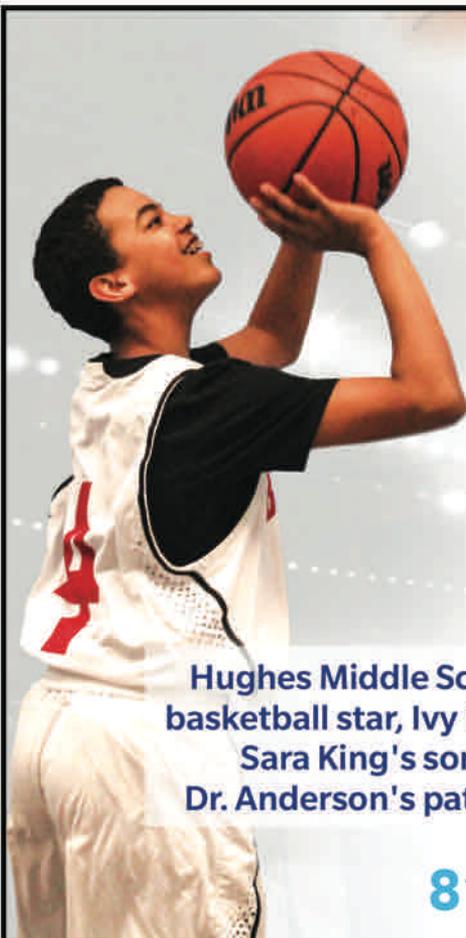


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# WHERE ARE THEY NOW?

LUKAS JAKOBSSON



— By Melissa Rawlins

# RE

While yet a student at Burluson High School, Lukas Jakobsson kept a secret. Though his peers knew him as an athlete, his family and closest friends were the only ones privy to his “little baby” called music. Eric Clapton inspired Lukas at the age of 8, and his muse ever after has been blues. It’s only now that wider audiences are recognizing his gift as a songwriting guitarist, a talent taking him around the state and across the oceans.

Last October, Lukas was in London, on tour with Texas Music Takeover London. Promoted by his entertainment company, Rival Entertainment, Texas Music Takeover London 2018 presented seven days of concerts, in historic venues, spotlighting 13 Texas musicians, including Fort Worth’s own Vaden Todd Lewis of the the Toadies, Koe Wetzel, Sam Riggs, Brandon Rhyder, Luke Wade, Austin Allsup, Grady Spencer & the Work, Kylie Rae Harris, Joey Green, Jonathan Terrell, Abraham Alexander, Sean Russell and Justin Frazell, host of Texas Red Dirt Roads w/Justin Frazell.

While there, Lukas was networking and getting to know the other artists, sightseeing during the day and playing



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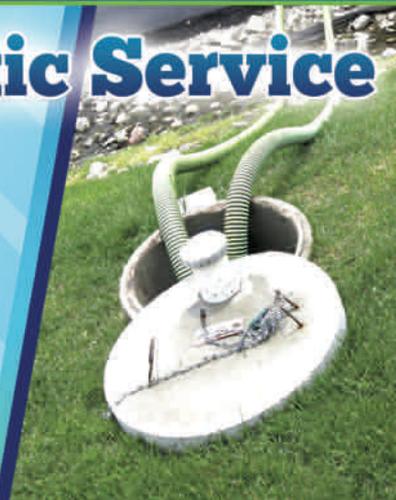
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music at night. He was very grateful for the opportunity, and the experience was invaluable to his song writing and as a new artist to this industry.

“The TMT in London was a unique chance for me to fuse my Texan roots with my European heritage,” Lukas said. “My father is originally from Iceland, and I spent a lot of time there and in Europe growing up. Performing in London felt like a natural step for me, and I am very grateful for the experience.”

The month before, he played in the Texas Crossroads Music Series hosted by Performing Arts Fort Worth, in conjunction with Visit Fort Worth and Hear Fort Worth. Spotlighting local and regional singers and musicians, the concerts gave audiences up-close and personal experiences with artists performing acoustic sets and sharing stories and anecdotes about their lives and music. Lukas played at the McDavid Studio at Bass Hall in Ft. Worth in an every-Wednesday lineup that included many of Rival Entertainment’s musicians.

He can easily take such sabbaticals from his day job at a car dealership in Austin, Texas, the town where he was born. His humble heart and stellar work ethic earn the blessings of his employers. Working six days a week, he saves his own money for traveling, touring and performing. Lukas developed his character in the home of Oskar and Angela Jakobsson, who operated Burleson Athletic Club between 1994-2012. “Growing up in the gym, my dad always made us work for our money,” Lukas said. “That taught my brother, sister and I not to take handouts.” In fact, Lukas purchased all his musical instruments — except his first guitar, which was a gift from his Icelandic grandfather.



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Lukas plays whichever of his nine guitars feels right in the home studio he created in a quiet neighborhood in North Austin. After a long day at work, he'll go home, cook something, take a nap, and then stay up until midnight or 3:00 a.m. if he gets involved in playing something that feels or sounds good.

"The good thing about living in Austin is sometimes I'll run into a creative wall, and then go get in my car and go find inspiration," said Lukas, who visits Antone's twice a week, to listen to live blues. He also people-watches in Zilker Park frequently. "I go all over Austin, meeting new friends. It's fun," he said.

When he wants to express personal experiences about real-life love and heartbreaks musically, he finds them easiest to share on electric guitar. "When I'm writing songs, I'll strum on the acoustic. It's intimate, and I can write really sad songs, laid-back stuff," Lukas said. "But when I play the electric, I have pedals and can crank it up loud to get crazy, wild, expressive tones and sounds." He has great fun in his studio, building whole songs on a five-second feeling.

These days, Lukas is working on new material and challenging his normal approach to writing songs. With a producer in Fort Worth, Lukas finished his 5-song EP, *The Two of Us*. He is currently in the studio working on a brand-new single that he plans to release later this spring, meaning there will be six tracks accessible on every major streaming platform. "But at the end of the day," Lukas said, "I'm just having fun." **NOW**

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## BusinessNOW

# Children's Therapy Solutions

— By Rick Mauch

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If you ask owner and speech therapist Leianne Carr and her staff why they do what they do, the answer is simple: They want to help young people have a better life. Through Children's Therapy Solutions, they do just that.

Leianne opened the business in the summer of 2016, and

since then has worked with more than 200 clients, with that number continuing to grow. "We get two or three referrals daily," Leianne said.

CTS is a privately owned pediatric clinic providing speech therapy, feeding therapy and occupational therapy. The staff works with children ages birth to 21. They offer free speech and language screenings, free occupational therapy screenings and free feeding consultations for parents who are concerned about their child's communication, fine motor, gross motor, sensory processing or feeding.

"When she started, it was just her (Leianne). It's amazing what she's done in a short amount of time," said Emilee Stepan, a speech therapist at CTS.

CTS now has three speech therapists. Along with Leianne and Emilee is Kaci Tumlinson. Sabrina Taylor is the CTS occupational therapist. Their areas of treatment include articulation disorders, receptive and expressive language disorders, language delay (late talkers), feeding and swallowing disorders (Dysphagia), picky eaters, apraxia of speech, phonological disorders, auditory

processing disorders, fluency disorders (stuttering), tongue thrust, pragmatics and social skills, developmental delays, fine and gross motor skills and sensory processing disorders.

Leianne has been a speech-language pathologist for more than two decades. She previously did contract work in schools, hospitals and the home health industry, then she realized something about Burleson and the surrounding area. "I wanted to open a private practice, and I knew Burleson was growing," she said. "The closest place for families in this area to go was Fort Worth. There was nothing privately here [in speech therapy]."

Sabrina added, "A lot of children in this area weren't receiving services because they had to go to Fort Worth. Those families are glad we're here."

According to Leianne, communication is still the area in which they do the most work. However, she added, "We're getting a lot of referrals now for feeding therapy."

Kaci said, "You see gagging or a severe reaction to foods. We work on things like texture, ongoing weight loss, eating only small amounts of food, etc."

Emilee joined in, "For example, every single meal time becomes a problem with parents. Their children have to have a certain macaroni and cheese or they just won't eat. Think about how often we eat, three meals a day, plus snacks. To have a struggle with that every time, can be debilitating."

Sabrina said it is her job to help children succeed in their own "work." "What is a child's job? To go out and be a kid," she said. "Are they not able to be themselves? Can they hold a pencil? Can they play? Sometimes that's not so easy for some, but that's their occupation, being a child, and we're here to help them do that."

They don't only help the children, however. Parents play a key role in the process as well. "We try to educate parents, so they can carry over what we do here. We give them tools to help their child at home," Leianne said.

And when it all works to success, it's not only the youngster and the parents who feel great. "I had a non-verbal child say, 'Bye-bye,' for the first time recently," Sabrina said. "You get to experience that milestone with them." **NOW**



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Joel and Whitley Rodgers welcome their son, Camden Lee, to the family.

## Zoomed In: Jake and Oli Smith

By Rick Mauch

Jake Smith (left), shown with his son, Oli, has never forgotten the experience of seeing the original *Jurassic Park* as a youth in the movie theater with his mom. He has a daily reminder of his favorite movie as he drives around.

"I loved it. It was absolutely amazing," Jake said of the 1993 Steven Spielberg classic film about cloned dinosaurs. "The graphics still hold up very well."

This is the second *Jurassic Park* vehicle he's owned. He had a jeep, like the one in the movie when the heroes are escaping a hungry T-Rex. "But then I found out we were having another baby," Jake said.

Jake has seen all of the *Jurassic Park* movies, and he still enjoys the original the most. "I liked them all, except this last one," he admitted.



Twins and CrossFit Beasts, Lindsey Crouch and Ashley Thompson, are constantly motivating each other at CrossFit 313.



The Burselon Police Foundation Board recognizes Officer Tiffany Bauereisen for coordinating the BPD's Angel Tree in Support of Harvest House.



With it being the last year for the rodeo at Will Rogers, Suzi Slay, Cannon Ingram, Norman Taff, Staci Ingram and Cindi Taff just had to take a picture in the arena.



This little champ drives a car while he gets a cute haircut at the new Cookie Cutters Haircuts For Kids in the Burleson Commons.



Dr. Keith Anderson and Sharon greet new clients at Anderson Orthodontics.



Maria Gonzalez, Lisa Keese and Gigi Southall celebrate at the JCAR Annual Banquet.



Boston Roberson enjoys his day while playing with dinosaurs.

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CookingNOW  
*In the Kitchen With*  
**STEPHANIE FINCH**  
 — By Rick Mauch

Stephanie Finch realized she had a knack for cooking, “I guess when I grew up and started a family,” she said. That would be the same family, especially her children, that she now spends holidays with making cookies, cakes and pies.

But then, that’s what she learned at an early age. She grew up cooking in the kitchen with her mother, grandmother and a very close aunt. “Though I grew up beside my mother cooking, my grandmother and aunt had some amazing recipes, as well, that they shared,” she said.

Stephanie grew up a “city girl” in Arlington. Now, after moving to Burleson to be closer to her mother, she said she adapted quickly to country living and the small-town life. **NOW**

- 3.** Add Velveeta; cook 3 minutes, or until melted, stirring frequently. Stir in macaroni. Add Ro-Tel, mixing well.
- 4.** Spoon mixture into a 2-quart casserole pan that has been sprayed with cooking spray. Sprinkle with cheddar.
- 5.** Melt remaining butter. Toss with cracker crumbs; sprinkle over casserole. Bake for 20 minutes, or until heated through.

**Crescent-Wrapped Chicken & Parmesan**

**Macaroni and Cheese**

- 1/4 cup butter (divided use)**
- 1/4 cup flour**
- 1 cup milk**
- 1/2-lb. Velveeta cheese, cut into 1/2-inch cubes**
- 2 cups elbow macaroni, cooked and drained**

- 1 10-oz. can mild Ro-Tel tomatoes**
- 1/2 cup Kraft shredded cheddar cheese**
- 6 Ritz crackers, crushed**

- 1.** Heat oven to 350 F. Melt 3 Tbsp. butter in a medium saucepan on medium heat. Whisk in flour; cook for 2 minutes, stirring constantly.
- 2.** Gradually stir in milk; bring to a boil. Cook and stir 3-5 minutes, or until thickened.

- Cooking spray**
- 8 uncooked chicken tenderloins (about 1 1/4 lbs.)**
- 1/4 tsp. salt**
- 1/4 tsp. pepper**
- 3 Tbsp. butter (divided use)**
- 2 oz. deli mozzarella cheese**
- 1 8-oz. can Pillsbury Refrigerated Crescent Dinner Rolls**

**3 Tbsp. Parmesan cheese, grated**  
**1 cup marinara sauce**

1. Heat oven to 375 F. Spray a cookie sheet with cooking spray; set aside.
2. Season chicken with salt and pepper.
3. In a 10-inch, nonstick skillet, melt 2 Tbsp. of the butter over medium-high heat. Cook chicken in butter 8 to 10 minutes, or until chicken is well browned on all sides. Remove from skillet; cool slightly.
4. Cut mozzarella cheese into 8 pieces. Cut small slits in side of each chicken tenderloin; insert a piece of mozzarella cheese.
5. Unroll dough; separate into 8 triangles. Place a piece of chicken on the wide end of a triangle. Roll dough around chicken; place on the cookie sheet. Repeat for remaining dough and chicken.
6. In a small microwavable cup, microwave remaining butter, uncovered, on high for 15-30 seconds, or until melted. Brush crescents with melted butter; top each with about 1 tsp. of Parmesan cheese. Bake 14-18 minutes, or until golden brown.
7. In a microwavable measuring cup, heat marinara sauce, covered, on medium-high, for 1-2 minutes, or until heated through. Serve chicken with heated marinara sauce.

### Green Bean Bundles

**3 14.5-oz. cans whole green beans, drained**  
**1 lb. bacon, cut in half**  
**1/2 cup butter, melted**  
**1 cup brown sugar**

1. Preheat oven to 350 F. Grease a 9x13-inch baking dish.
2. Wrap 4-6 green beans with bacon; place in a prepared dish. Repeat, using all the green beans and bacon.
3. Combine butter with brown sugar; pour over the green bean bundles. Cover with foil; bake for 45 minutes.

### Coconut Cream Pie

**1/2 pkg. refrigerated piecrust**  
**5/6 cup sugar (divided use)**  
**1/4 cup cornstarch**  
**2 cups half-and-half**  
**4 egg yolks**  
**3 Tbsp. butter**  
**1 cup sweetened coconut flakes**  
**2 1/2 tsp. vanilla extract (divided use)**  
**2 cups whipping cream**

1. Fit 1 piecrust into a 9-inch pie dish, according to the package directions. Fold edges under; crimp. Prick bottom and sides of crust with a fork. Bake according to



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Green Bean Bundles

package directions for one crust.

- Combine 1/2 cup sugar and cornstarch in a heavy saucepan. Whisk together half-and-half and egg yolks. Gradually whisk egg mixture into sugar mixture. Bring to a boil over medium heat, whisking constantly. Boil 1 minute; remove from heat.
- Stir in butter, coconut and 1 tsp. vanilla. Cover with plastic wrap, placing plastic wrap

directly on the filling in the pan; let stand 30 minutes.

- Spoon custard mixture into prepared crust; cover and chill 30 minutes.
- Beat whipping cream at high speed with an electric mixer until foamy. Gradually add 1/3 cup sugar and remaining 1 1/2 tsp. vanilla, beating until soft peaks form. Spread whipped cream over pie filling.

## Pillsbury Pizzas

Makes 8 individual-size pizzas.

- 1 can Pillsbury biscuits
- 1 14-oz. jar pizza sauce
- 1 pkg. shredded cheese
- 1 pkg. Hormel pepperoni
- Additional toppings (optional)

- Flatten each biscuit. Place on 2 large or 3 small greased cookie sheets.
- Top each round with pizza sauce, cheese and pepperoni. Add any additional desired toppings.
- Bake at 375 F for 10-15 minutes, or until bottoms are deep golden brown and cheese is bubbly.

To search for more great recipes from any of the 10 NOW Magazines publications, visit [www.nowmagazines.com](http://www.nowmagazines.com).

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## TravelNOW

# Endless Options

— By Kelly Shannon

Imagine rolling mountain terrain, breathtakingly beautiful waterfalls, thriving woodlands and 170 miles of winding rivers. This paradise is known as the Pocono Mountains, a 2,400-square-mile region in northeastern Pennsylvania just waiting to be explored.

The Pocono Mountains, also known as “the Poconos,” is teeming with history. A popular destination to many on the East Coast, it’s a short drive from major metropolitan areas, such as New York City, New Jersey, Philadelphia, Baltimore and Washington, D.C. Within reasonable driving distance of many airports, Allentown is the closest, and Philadelphia and Newark are the next closest. From Dallas-Fort Worth, that’s only about a 3-hour flight. Once at a nearby airport, a rental car is the best option to be able to fully explore the Poconos, which is about the size of the entire state of Delaware.

Natural scenic beauty; fun-filled, year-round activities; and luxurious accommodations make the Pocono Mountains the perfect

place for a romantic stay. The region has become a haven of world-class, luxury spas incorporating breathtaking, natural surroundings. Romantics indulge in decadent amenities, such as saunas, massage tables, log-burning fireplaces and whirlpool baths.

Accommodations are as varied as the Poconos’ landscape. Consider a bed-and-breakfast atop a mountain peak overlooking one of the Poconos’ many quiet coves, or an inn nestled among rolling hills and scenic mountains. Alternatively, visitors can stay in a historic, downtown boutique hotel that caters to romance with its vintage charm and warm hospitality.

The past decade has transformed the region into a family-friendly destination. Endless entertainment is provided, whether it be in the form of indoor water parks, arcades, adventure parks, NASCAR races, scenic train rides, festivals, ski/snowboard lessons, snow tubing or a resort with daily activities tailored to children. Options

are endless, and families return time and time again.

The Poconos' bountiful nature makes the destination shine. There are nine states and two national parks, more than 261 miles for hiking and biking, dozens of majestic waterfalls, rivers for whitewater rafting, more than 35 golf courses and lakes for boating, fishing and jet skiing. Even just driving around, visitors can catch grand scenic overlooks.

Winters offer guests the opportunity to ski or snowboard 163 ski trails, snow tube (including galactic tubing and family-style tubing), snowmobile and even snowshoe their way through snowy wonderlands.

The family will love the Pocono Mountains' miles of snowmobile trails in the winter and its wonderful selection of family-friendly resorts, motels, cottages and condos just steps away from the many lakes in the summer.

The region's water park resorts welcome families to splash and stay in any season, as they are always 84 degrees. Full-service hotels and resorts serve up extensive amenities and make for a well-appointed home base while exploring. A variety of campgrounds can be found along the rivers, lakes or in the woods.

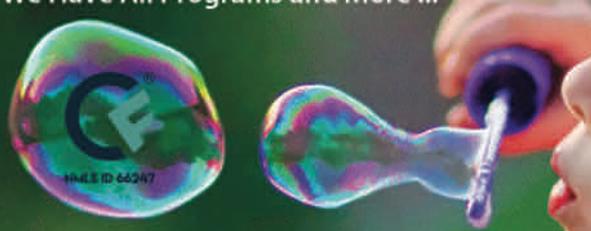
Foodies will have a field day at a variety of restaurants around the region. Find upscale French flair at the Delmonico Room at the Hotel Fauchere, or at the French Manor Inn & Spa. End the family-fun day at Kalahari's indoor water park with a juicy burger and a milkshake — topped with a donut at B-Lux Grill & Bar. Share a sunset toast with your travel buddy at The Dock on the third largest lake in the state, Lake Wallenpaupack.

While exploring the quaint downtowns, visitors find unique cafés, bakeries, ice cream parlors and coffee shops. The local breweries and wineries offer some of the tastiest beverages on the East Coast.

The Poconos' year-round cultural tours and art exhibitions, abundant antiques, brand-name shopping and full calendar of festivals showcase the heritage, music and food of the Pocono Mountains. If you are considering a vacation to this region, the friendly professionals who manage the Pocono Mountains Visitors Bureau are happy to help. **NOW**

*Photos courtesy of PoconoMountains.com.*

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[commburmanncl@gmail.com](mailto:commburmanncl@gmail.com)

## OPEN DOOR EMERGENCY RELIEF NETWORK

Led by volunteer coordinator Barry Gee, a retired Arlington firefighter, ODERN coordinates relief efforts to disaster victims. ODERN leaders ensure teams are not only on the ground at the right place at the right time, but armed with the correct equipment, manpower and resources. To volunteer: 817-357-5654. To donate food and necessities: drop-off truck is parked at 301 S. Dobson Street Burleson, TX. 76028.

## VISUAL SLEEP AND HEAVENLY PEACE

This nonprofit gives beds to children who don't have them. Bruce & Krista Crenshaw (844) 432-2337 x5722  
<https://www.shpbeds.org/>

## HARVEST HOUSE

The Harvest House provides basic necessities, spiritual encouragement, education and care to individuals and families in our community. Their vision is to help families break the cycle of hopelessness by providing resources that assist in restoring their dignity and independence. Jennifer Woods, Director  
[jennifer@yourharvesthouse.org](mailto:jennifer@yourharvesthouse.org)  
[harvest@yourharvesthouse.org](mailto:harvest@yourharvesthouse.org)  
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## A WORLD FOR CHILDREN

A World for Children is the first foster/adopt child placing agency in Burleson. They recruit, train and license families right here in Johnson County to become both foster and adoptive families. Patti Rooks, Regional Director, Dallas, Burleson, Tyler: [RooksP@awfc.org](mailto:RooksP@awfc.org) (972) 616-0095 or (469) 818-1389  
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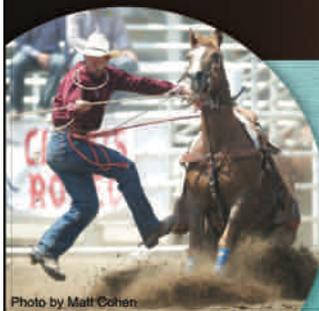


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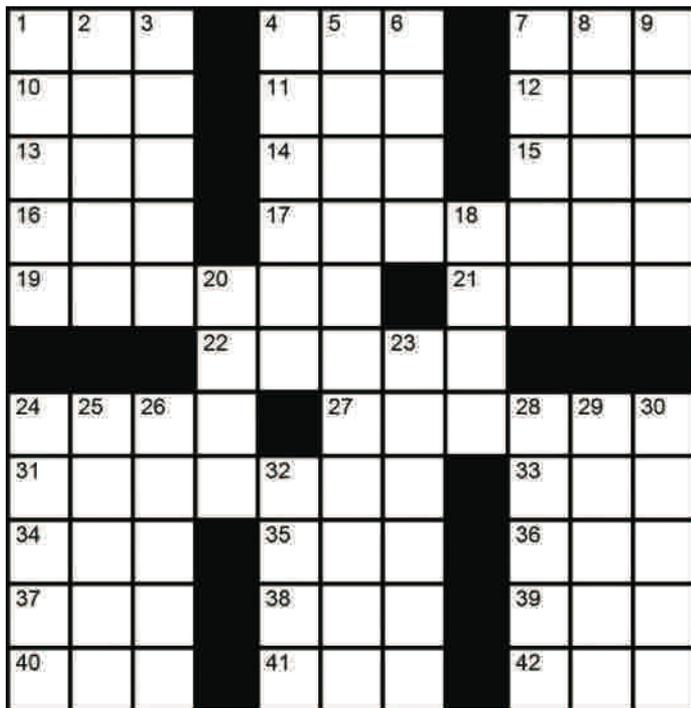
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# Crossword Puzzle



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## Across

- 1 British Delta Force equivalent
- 4 Short change?
- 7 Iraq war *casus belli*
- 10 Presidential advisory grp.
- 11 "Figured it out!"
- 12 Weeding implement
- 13 Diamonds
- 14 Actor --- Gibson
- 15 Admiration
- 16 Fiver
- 17 Built
- 19 Party, south of the border
- 21 Blades
- 22 Drop by unannounced
- 24 Transfer legally
- 27 Cover completely
- 31 Drafted
- 33 Observe
- 34 Free
- 35 El operator
- 36 Highest mountain in Crete
- 37 Repetitive behavior condition, for short
- 38 Atmosphere
- 39 Crackpot
- 40 Might
- 41 Statute
- 42 Navigational aid

## Down

- 1 Smell
- 2 Computer data character set
- 3 Part of an act
- 4 Woke up
- 5 Healing
- 6 An auction
- 7 "Oh, --- Beautiful Mornin'"
- 8 Lawn-care buy
- 9 Real estate documents
- 18 Nam force
- 20 Vomit
- 23 To a certain extent
- 24 Information holder
- 25 "Fear of Fifty" author --- Jong
- 26 Annie's Lieutenant-General
- 28 On drugs
- 29 Introduced, with "to"
- 30 Achievements to be proud of
- 32 College sporting org.

Solutions on page 44



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# Sudoku Puzzle

Easy

1				7				
			3	4				
					8		7	3
9								2
5		3					1	7
			5			3	8	
		5	1		6			
	7					5		
	2				4	6		8

Medium

	6							
		5	3					1
		7			4			
			7			6	3	
				2				9
5	9			6				
					7		2	
	2		6	5				
	5			8		4		

CrosswordSite.com Ltd

Solutions on page 44

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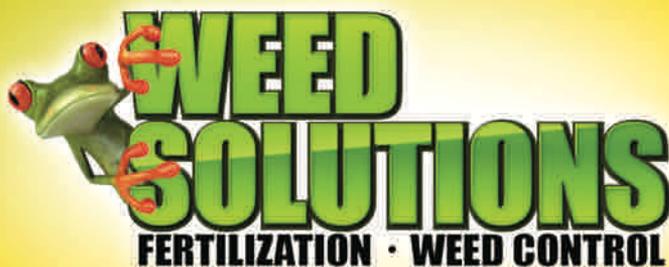




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3/1

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(817) 426-9113.



3/8

**Senior Activity Center Dance:**  
Cody Dell and the Loose Reins Band provide the music. Participants are encouraged to bring a finger food snack. \$5 per person. 7:00-9:30 p.m., Senior Activity Center, 216 SW Johnson Ave.  
(817) 295-6611.

3/9, 3/23

**Dog Tales at the Library:**  
A free reading program to help children keep up and practice their reading skills. Natasha is a registered therapy dog, and she will be with her handler at all times. Registration is required.  
10:00 a.m.-noon,  
Burleson Public Library,  
248 SW Johnson Ave.  
(817) 426-9211.

3/11

**Burleson Area Retired School Employees Association Meeting:**  
Guest speaker is Lance Tahmahkera, great-grandson of Quannah Parker. All retired school personnel are invited to attend. 1:30-3:00 p.m., Burleson Senior Citizen Center, 210 SW Johnson Ave. (817) 996-5261.

3/12

**Burleson Area Chamber of Commerce Business After Hours:**  
5:30-7:00 p.m., Texas Superior Insurance, 124 S. Main St.  
(817) 295-6121,  
burlesonchamber@burleson.org.

3/16

**Medicare-Turning 65 Workshop:**  
Free workshop presented by Gib Kassing. 10:30 a.m., Burleson Public Library, 248 SW Johnson Ave. (817) 995-2774.

3/30

**Dogs With Donuts:**  
Enjoy coffee and donuts in the park with your best friend. 8:00-9:30 a.m., Bailey Lake Park, 280 W. Hidden Creek Pkwy.  
(817) 426-9113.

**Vietnam Veterans Celebration:**  
Honor guards from both the Police Department and Fire

Department present the nation's colors, lay a wreath and play "Taps" in tribute to military veterans. 1:00-2:00 p.m., Veterans Memorial Plaza, 298 E. Renfro.  
(817) 426-9112.

Tuesdays

**Burleson Rotary Club Mid-Day:**  
Noon, Antonio's Mexican Restaurant, 344 SW Wilshire Blvd. www.middayrotary.org.

Tuesday and Thursdays

**AARP Tax Help:**  
Free income tax assistance through April 11. Tuesday appointments: 10:15 a.m.-1:35 p.m., Burleson Public Library, 248 SW Johnson Ave. Thursday appointments: 9:00 a.m.-noon, Service Center, 725 SE John Jones Dr. (817) 426-9211.

Third Tuesdays

**Heart & Soul Writers:**  
A Christian writers group designed to encourage and support each other in their works. 7:00-9:00 p.m., Alsbury Baptist Church, 500 NE Alsbury Blvd. (817) 269-9066,  
lisabell@bylisabell.com.

**Roots & Branches Genealogy Club:**  
Free to the public. 6:30-7:30 p.m., Senior Center, 216 SW Johnson Ave. (817) 246-9211.

Second Thursdays

**Burleson American Legion Post:**  
Meeting is open to the public with questions about veteran benefits or about helping our youth. Scholarships are also given to high school seniors going to college. 6:00 p.m., community room of the Burleson Police Department, 1161 SW Wilshire Blvd.  
(817) 357-2158,  
gunrunner937058@yahoo.com.

First Fridays

**Fiddlin' at the Farm:**  
A free open jam session for area musicians with fans, friends and family welcome. 6:00-8:00 p.m., Russell Farm Art Center, 405 W. County Rd. 714. (817) 447-3316.

First Saturdays



**The Russell-Boren Historical Home Tour:**  
10:00 a.m.-2:00 p.m., Russell Farm Art Center, 405 W. County Rd. 714. (817) 447-3316.

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# Crossword - Sudoku Solutions

1	S	A	S	4	C	T	S	7	W	M	D
10	N	S	C	11	A	H	A	12	H	O	E
13	I	C	E	14	M	E	L	15	A	W	E
16	F	I	N	17	E	R	E	18	C	T	E
19	F	I	E	20	S	T	A	21	O	A	R
				22	P	O	P	23	I	N	
24	C	E	D	25	E	26		27	E	N	G
28								29	U	L	F
31	D	R	A	32	W	N	U	P	33	S	E
34	R	I	D	35	C	T	A	36	I	D	A
37	O	C	D	38	A	I	R	39	N	U	T
40	M	A	Y	41	A	C	T	42	G	P	S

Easy

1	3	6	2	7	5	8	4	9
7	8	9	3	4	1	2	6	5
4	5	2	9	6	8	1	7	3
9	1	8	6	3	7	4	5	2
5	6	3	4	8	2	9	1	7
2	4	7	5	1	9	3	8	6
8	9	5	1	2	6	7	3	4
6	7	4	8	9	3	5	2	1
3	2	1	7	5	4	6	9	8

Medium

9	6	1	2	7	8	3	5	4
2	4	5	3	9	6	8	7	1
8	3	7	5	1	4	9	6	2
1	8	2	7	4	9	6	3	5
3	7	6	8	2	5	1	4	9
5	9	4	1	6	3	2	8	7
6	1	9	4	3	7	5	2	8
4	2	8	6	5	1	7	9	3
7	5	3	9	8	2	4	1	6

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