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MAGAZINE

MARCH 2011

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MARK HOESCHELE, MD

DR. MARK HOESCHELE graduated medical school at The University of Texas Southwestern in Dallas and completed his residency at John Peter Smith in Fort Worth. Dr. Hoeschele has been licensed in the State of Texas since 2002 and he was previously practicing at Limestone Medical Center in Groesbeck, Texas.

Dr. Hoeschele is looking forward to operating a private practice that is closer to home. He enjoys spending time with his wife of three years, Michelle. They enjoy gardening and doing landscape projects, as well as catching up on movies during their downtime.

Dr. Hoeschele started seeing patients in Ennis January, 2011 at his office on the ERMC campus. He will follow his patients during their inpatient admissions and he will also participate in the rotation through the Ellis County Family Medicine after-hours clinic Monday through Friday 5:00 p.m. to 8:00 p.m.

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Dr. Hoeschele is now accepting new patients. For an appointment, please call 972-875-7799.

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ALFONSO BALLESTEROS, MD

DR. ALFONSO BALLESTEROS, M.D. graduated from Dartmouth College and received his medical degree from The University of Texas Health Science Center at San Antonio. He completed his internship and residency at the Phoenix Integrated Surgical Residency Program - Good Samaritan Medical Center in Phoenix, Arizona.

Dr. Ballesteros is Board Certified by the American Board of Surgery and specializes in general surgery. Dr. Ballesteros received medical staff privileges at Ennis Regional Medical Center in December, 2010 and started seeing patients in Ennis in January, 2011.

Dr. Ballesteros will see patients Monday mornings from 8:00 a.m. to 12:00 noon in Ennis at his office on the ERMC campus.

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Dr. Ballesteros also sees patients in Corsicana:
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On The Cover



The remodeled freight depot is home to the Corsicana Visitor Center.

Photo by Amy Ramirez.

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Editor's Note

Dear Readers,

Winter is almost over, and it is time to celebrate the many moods of March. This month is the beginning of the solemn Lenten season when Christians traditionally focus on fasting and penance in anticipation of Easter. Right in the middle of this time comes Saint Patrick's Day, an occasion for people of Irish and temporary Irish heritage to celebrate "the green" of the home country. Shortly after that day we can all rejoice in the arrival of spring, which brings "the green" to our lawns and our trees. Two years ago, my brother, Bill, helped me plant 26 rose bushes in my rose garden. There are buds already showing on them, which I see as a hopeful sign that they will reward our efforts with another year of glorious blooming. So we move from solemn reflection to celebration and hope in the many moods of March.

Joan

Joan Kilbourne
CorsicanaNOW Editor
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Amie O'Dell, Marketing Representative (right)

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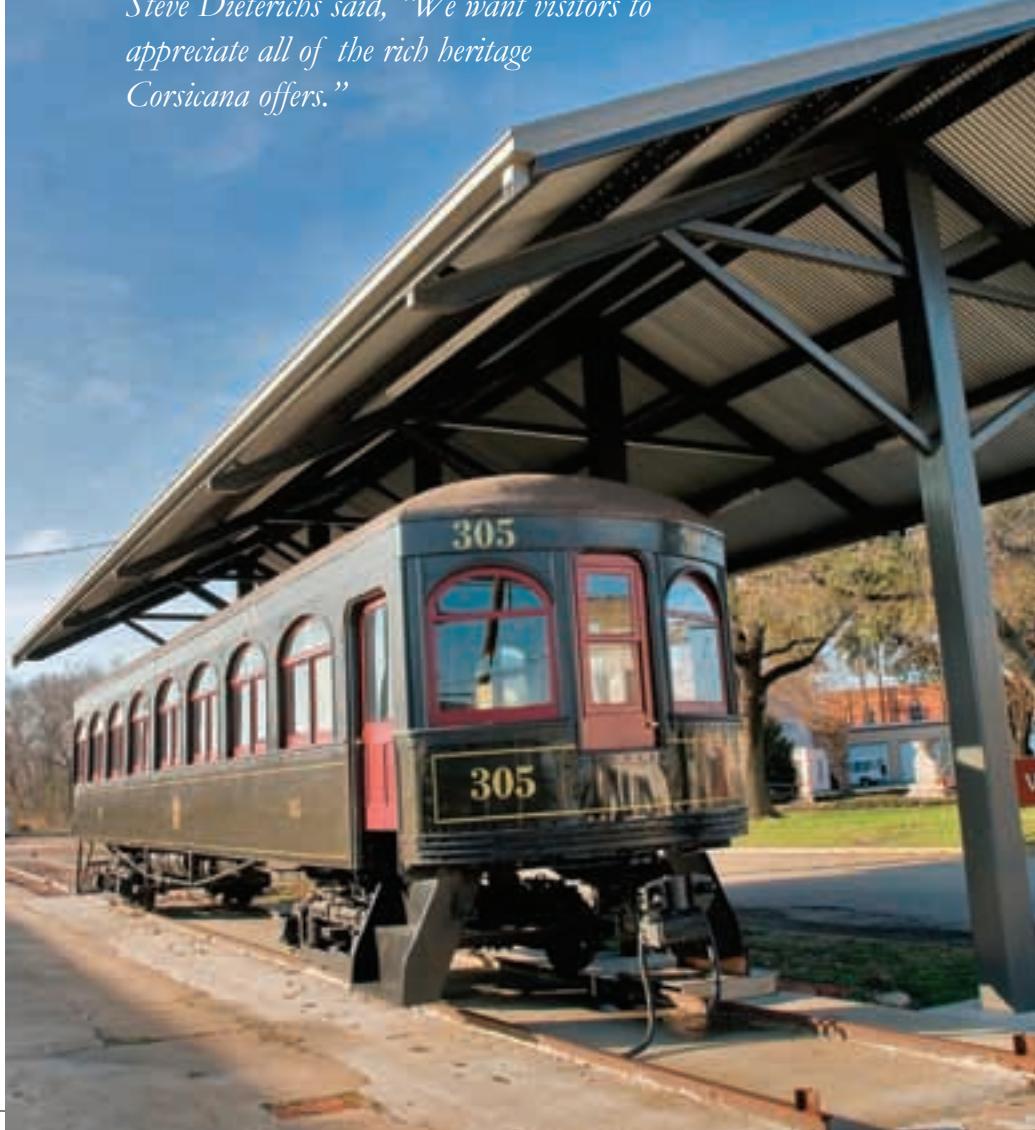
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Extending the Welcome Mat

— By Virginia
Riddle

When Captain Charles Allyn located to Corsicana during the boom year of 1895, he envisioned a Corsicana that would continue to provide an economic boost to area residents, be an attractive destination for tourists and entice new industries and businesses. Today, nestled appropriately in the towering trees of the Allyn Memorial Park, with a view of Beaton Street, the Corsicana Visitor Center staff works day and night to fulfill Captain Allyn's vision. As trains rumble past the remodeled freight depot that is the center's home, Director Steve Dieterichs said, "We want visitors to appreciate all of the rich heritage Corsicana offers."



Since January 2009, Steve has worked in several capacities to promote Corsicana to the world. Steve started with the city of Corsicana as tourism coordinator and moved into the leadership role with the Main Street Program. Steve now finds himself in a position that allows him to work with Lee McCleary, economic development director for the city of Corsicana and Navarro County; Robin Lasher, director of the Navarro College Small Business Development Center; the Navarro College Foundation and the Main Street Advisory Board to bring about economic development and tourism as a major industry in the area. The groups are working more together now in light of the general economy. "We are doing more with less," Steve said.

Funding for the Visitor Center is derived from the hotel-motel occupancy tax, which finds itself with fewer



"We want visitors to appreciate all of the rich heritage Corsicana offers."

funds than in the past. The Corsicana Development Commission meets monthly to decide how its 43 percent of the motel-hotel occupancy tax will be used. That money is very limited by law as to how it is spent, with only six categories of use, all of which must promote visitation to the community.

The use of multimedia has brought positive attention to Corsicana. An advertisement for the Visitor Center placed in several issues of *Texas Highways Magazine* brought accolades from the Texas Association of Conventions and Visitors Bureaus. While it is very difficult to measure the overall results of the advertisement, it has most assuredly helped place Corsicana as a true participant in the battle for tourist dollars.

One way to measure results is in the number of "hits" the various Web sites of the above groups receive each month.

Another Web site that has proven a true winner is www.tourtexas.com where an average of 300 leads a month are produced. Billboards placed strategically on Interstate 45 serve to attract visitors into town, too.

While visitors are encouraged to register at the center, Steve realizes that many visitors have already ordered their free handouts and maps and do not stop by. "The best way to determine visitor numbers is through hotel occupancy," Steve stated.

Steve visits area motels on a regular basis and makes sure they have a ready supply of free materials to hand out to guests. He noted that while the occupancy tax amounts were down in 2009, 2010 has already seen an improvement in payments.

Since its inception in 1985, the Corsicana Main Street Program has taken the four-point approach of organization,





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promotion, design and revitalization to help make downtown Corsicana a destination point for tourists and Navarro County residents. Recently, 11 business owners were approved for city and county tax abatements.

Also available to business owners are low-interest loans through local banks. Other area industries, such as Guardian Glass, offer plate glass to business owners at a reduced rate. "Through these types of incentives we have fostered over \$18 million invested in the downtown area since 1985," Steve revealed. The program works through the Texas Historical Commission.

"There is so much potential downtown," Steve stated. Downtown Corsicana is being marketed as a destination to tourists and shoppers. The economic restructuring is occurring so that the marketing program will be successful.

Steve realizes that there are still areas of need to support that success. "We need trained tour guides, a souvenir shop, a 'white table cloth' restaurant, an

CORSICANA

active downtown merchants association and more signage from the Texas Highway Department on Interstate 45 to destinations within town," he said.

With fewer funds currently available, however, he has had to cut paid staff and has depended more on volunteers and a trainee from Experience Works to staff the Corsicana Visitor Center. Steve is doing the work that two employees have done in the past. "The most difficult part of the job is trying to juggle the budget and the loss of personnel," he stated.

Another area of the community in which Steve sees great potential for development is Navarro College and the Cook Center. The Pierce Museum, featuring Civil War and Western art, is a destination that needs to be promoted during the 150th year celebration of the beginning of the Civil War in 2011. "Nearby Chatfield is the location of the last review of Confederate forces," Steve noted. The Pioneer Village is also a noteworthy destination for tourists and historians.

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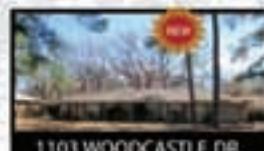
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sees as part of a destination package is the newly opened Cinergy Cinemas where families can eat, see a movie and enjoy other family centered activities, such as go-kart rides and miniature golf. "This is a step in the right direction for Corsicana to become a more family-friendly destination," he stated. "A family can enjoy the Pioneer Village, Cook Center and then the Cinergy Cinemas."

Steve's wife, Gina, who is responsible for the couple having relocated to her native hometown of Kerens, has family locally, but Steve is an Olney, Texas, native. He recently took members of his family on a tour of the area. "I was definitely taking



notes of their comments," Steve said.

A Texas A&M graduate in political science, Steve headed for Old Dominion University in Virginia where he advanced his education with a master's degree in international studies. He lived in New York City while working for the State Department at the United Nations. However, Texas called him home to Dallas where he met his wife and found himself returning to a smaller community. "I have come full circle," he admitted.

Steve has really enjoyed his return to a smaller community with a chance to use his extensive knowledge and experience. "I always feel like my ideas are valued. I am able to implement and act on them," Steve said. With Steve and his staff on the job working with the consortium of other concerned organizations and businesses, Corsicana is well-poised to become a definite destination of note with visitors, businesses and industries. **NOW**



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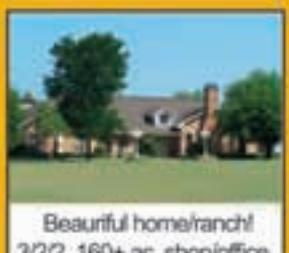
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At Home With Dolores Schriefer



An *Italian* Inspiration

— By Virginia Riddle

A visit to Dolores Schriefer's Corsicana home is an easy way to take a tour of Italy, with side trips to Germany and England on the way. The tree-lined winding streets of her neighborhood are reminiscent of winding Tuscany lanes. The antique brick home and the Persian carpets that lie inside give the home a British air. However, no matter where she roams, Dolores is still always happy to come back home. "Being in a small community where people are so friendly is wonderful," she said.

Erie, Pennsylvania, the town from which Dolores hails, is greatly influenced by the many Italian immigrants who settled in that city's Little Italy many years ago. "Most of my vacations throughout the years have been back to Erie," Dolores revealed. She and her late husband, Alfred Richard Schriefer, were high school sweethearts attending very traditional Catholic schools



in the city. "We knew each other quite a while before we got married," Dolores recalled. Their 57-year marriage produced five children.

Transfers were a fact of life during Al's 45-year career with General Telephone and Electronics Corporation (GTE), which is now Verizon Communications. From Erie the couple moved to Lexington, Kentucky, followed by a move to California. The year 1970 brought Dolores and Al to Corsicana and their current home. "This home has only had one owner, really," Dolores stated. Updates that Dolores has completed throughout the years have made the home reflective of her Italian and Catholic heritage, as well as a beautiful and functional abode in which to entertain and live.

The entryway is convenient to both the den and living room. A bay window enlarges the living room and provides space for Dolores' Christmas village each year. Pieces of the village, with its rolling hills of snow, have been given to Dolores over the years by friends and family. She especially enjoys the Christmas season and keeps many of her decorations on display year-round. Her near-Christmas birthday inspires a love of angels and Madonnas.

A collection of Swarovski crystal sparkles in a cabinet above an English butler table that was purchased locally. Several other furniture pieces are reminders of the couple's time as newlyweds. A Nativity scene crafted by the Anri master wood carvers of the Tuscany area of

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Italy and Dolores' Hummel figurine collection from Germany complete the European tour of the formal area. Hummel figures were first created by Sister Hummel, a Catholic nun whose artworks and drawings continue to inspire the figurines of children and Catholic saints.

Dolores has hung an elegant engagement portrait of herself in the formal dining room. Her mother commissioned the work of art. Artistic talent runs in the family, as elaborate needlework created by Dolores' mother, her daughter and daughter-in-law grace other walls. Dolores enjoys knitting as a pastime.

The focal point of the kitchen,

remodeled in 1997, is the beautiful hand-painted backdrop of a Mediterranean area scene created in hand-painted tiles by Stephanie Brown. The work, commissioned by Dolores, is complemented further by the custom painted tile work carried throughout the countertops. "I wanted to see the Mediterranean every day," she explained.

The informal dining area, with its bay window, is a favorite and comfortable gathering place for friends and Dolores' children, grandchildren and great-grandchildren. Since her children all live in Texas, Dolores hosts regular family get-togethers. A leaded glass cabinet provides ample display and storage space for her collection of hand-painted



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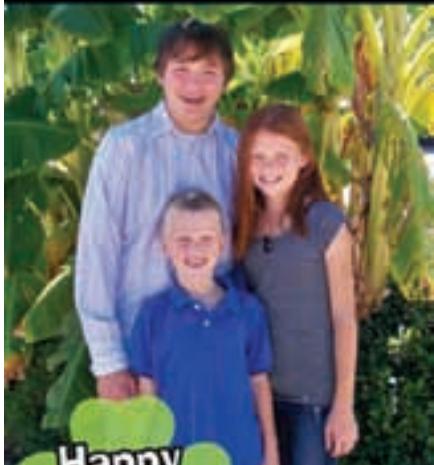
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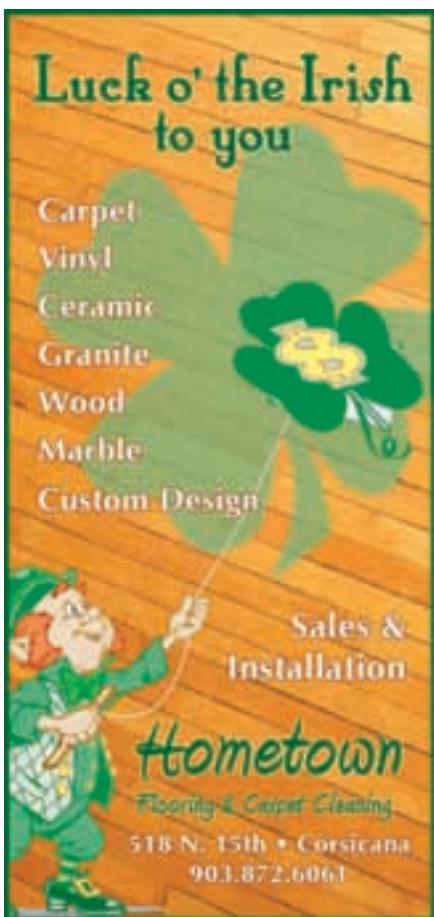
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Tuscan pottery pieces, which are inspired by Italian art and fashion designs.

Family holiday gatherings are celebrated in traditional Italian fashion. Dolores remembers when her children discovered at school that their classmates ate turkey for Thanksgiving and Christmas dinner and ham for Easter. "They came home saying, 'It's Christmas, and they're going to have turkey again,'" she laughed. The menu for Easter in Dolores' kitchen includes ravioli, antipasto, sausage meatballs with sauce and ricotta cheesecake pie. "The ravioli takes all day to prepare," Dolores stated. "Everything is made by hand, from scratch."

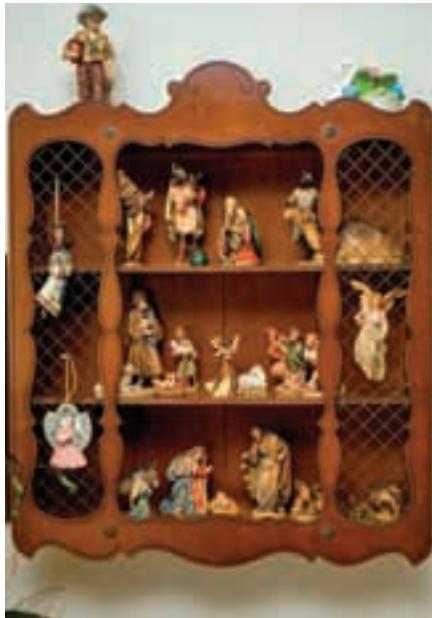
A very recently remodeled half guest bath and utility area leads out to a side



entry garage. Dolores purchased an onyx vessel, which she had installed as a sink with a decorative old-fashioned style hand-water pump for a faucet. New tile throughout completes the look.

A fireplace gently warms the den and welcomes everyone to come in and relax. The mantel displays two of Dolores' favorite Hummel Madonnas and two pieces of Lladro figurines. Angels also watch from high above the mantel. A complete wall of the room is dedicated to lighted, built-in cabinets, which are the backdrop for the colorful collections of Hummels, Italian ceramic clowns and the white cups of Vietri pottery.

A trip down the hallway leading to the four bedrooms is also a visit down memory lane for Dolores since family photographs for several generations have been hung with care. One bedroom is dedicated to a home office space where more family photos and needlework are displayed. Two guest bedrooms are adjoined by a Jack-and-Jill bathroom.



These rooms were recently redecorated in shades of pink and aqua, with wicker furnishings giving the sunshine bright rooms with their large windows a feeling of being out-of-doors.

The master bedroom is decorated in warm corals and greens with an accompanying bath that wraps around to the hallway. Dolores, ever updating her home, has plans for a complete remodeling of these two rooms, which will complete the European trip throughout this warm and inviting home.

Dolores enjoys sitting on her backyard patio, which takes full advantage of her corner lot where she has created a rock garden guarded by a faithful little garden gnome. After working for nearly 20 years as the bookkeeper for Immaculate Conception Catholic Church and Collins Catholic School, Dolores does not just relax in her retirement years. Still active in her church, she also enjoys playing



golf and other activities with the Ladies Golf Association at Corsicana Country Club and playing poker with "the girls." "It's nice to be in a town where you can be involved in things," Dolores said. Even when travels take her away from Corsicana to New England and Cape Cod, she is still ready to come home to her little piece of Europe in Corsicana where she can be involved in the business of living. **NOW**

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Everyday Heroes

— By Joan Kilbourne

Standing L to R: Coach Craig Roberson, Kyra Hatley,
Celina Smithers, Sara Rhodes, Chelsea Duncan.

Kneeling L to R: Shannon Harris, Stephanie Martin, Samantha Harris.

Prominent in Coach Craig Roberson's classroom at Rice High School is a poster-sized portrait of John Wayne. On another wall is a photo of the front page of the Honolulu Star Bulletin newspaper with the banner headline announcing the day Pearl Harbor was attacked in December 1941. "My dad was a veteran of World War II," Craig explained. "I needed something to decorate the classroom, and these pictures were in my apartment when I was in college." While it is evident that Craig had heroes as a young man, his goals were not clearly defined.

"I thought about being a teacher," Craig said, and he pursued a degree in physical education from The University of Texas at Arlington. Fresh out of college he began teaching and coaching at a private Christian school in Grand Prairie, and later, in Duncanville. "I was single and was in it for the ministry."



While working part time with a freight line company, a friend approached him to be a partner in a new business. When Ron Bulloch, the owner of the freight line, heard about the plan, he asked Craig a significant question, "Would you love it?"

The answer to that question was no, as he loved basketball

coaching. Instead of going into business with his friend, he applied for a position at Rice Elementary School, and "Being new to the area, they gave me a chance," Craig remembered. "Superintendent Larry Baer believed in me." He then began teaching history and computer skills in the Rice school that was on its way to becoming a new high school. "I



played basketball in high school", Craig said, "and they hired me to be the future coach in the new high school." Now in his 15th year of teaching at Rice High School, he is fully certified, with classes in economics and government.

Craig began coaching the boys' basketball teams in the new high school and then added coaching duties for the girls' basketball team. When the school enrollment grew, Craig opted to remain coach of the girls' team, and another coach took over the boys' teams. "I decided I would treat the girls on the team in the same way I had worked with the boys. I found out that the girls could be as hardworking as the boys and even more coachable because they follow directions. The girls are proud of the team, and they fight hard, play hard." Asked whether the girls play as aggressively as the boys, the coach recalled a student who could be described as a petite, blond, homecoming queen who "threw elbows with the best of them."

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Under this rule, students on a team must maintain a passing grade in all of their academic classes in order to play. "It is not a problem for the girls," Craig said. "They are self-motivated and disciplined in the classroom." The coach points out that it takes talent, character and work ethic to be a great athlete, and he believes that girls are as likely as boys to have what it takes to be serious athletes and winners, individually and as a team member. "Want to beats can do when can do doesn't want to," Craig said. "That is a saying I repeat over and over to motivate my teams."

Coach Roberson has been full-time coach of the girls' basketball teams for 10 years. "I'll always do this," he said firmly. Rice Independent School District (RISD)



now has a junior high school next door to the high school, and Craig is the senior coach who supervises the coaches who work there.

It is typical for about 20 junior high students to try out for the high school basketball team. By the time they are sophomores, however, there are usually only 10 players still on the team. Last year, there were just two seniors still playing varsity.

By the time the girls are seniors, those who have some talent and determination are able to compete with other teams at the varsity level. "What I like best about coaching is the relationships I can have with the players," Craig said. "I like it that I recognize them on the street, and they greet me and come around to visit after they leave school. I am always glad to see them and know they are doing well. For some of the kids, I may be someone they

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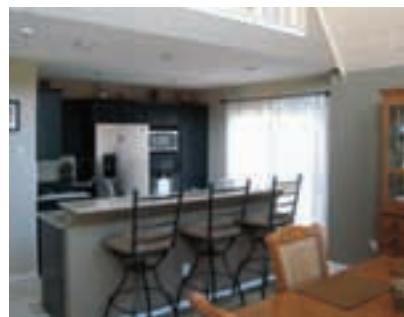
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count on to recognize what they do well and compliment them.”

When Craig moved to Ennis, he met his future wife, Linda, who was from Dallas where she worked as a sales representative. They married and later became a family when their son, Trent, was born.

“Trent is 11 now,” Craig said. “His passion is computers, but he also has an advanced brown belt in karate because I insisted he learn what karate teaches as a way of life.”

Another sport Craig touts is biking. He rides in local competitions and the Wichita Falls’ 100-mile race, Hotter’N Hell. But whatever one’s sport, Craig said the key to success lies in a message he heard from President Ronald Reagan — that governments should not make people dependent on them but should enable people to depend on themselves.

“That is what I try to do with my students and the players on my teams,” he said. “I want them to prepare themselves to be independent and know that they can succeed when they work hard. I tell the girls that playing is not about winning or losing but playing your best,” Craig said.

Ultimately, Craig’s message to students is to give their all in whatever they choose to do. “I think a waitress who does the job better than anyone or a man who repairs cars better than anyone are the real heroes,” he said. “I believe that greatness comes from talent connected to a will to be good at whatever you are trying to do. I want to be remembered that I did the best job I could.” **NOW**

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Shooting for the Stars

— By Virginia Riddle



When Penelope High School sophomore, Krista Sifers, is not excelling in the classroom as an honor student or honing her sharp shooting skills, she is doing what she loves most. A singer from birth with songwriting skills, Krista, a former student in the Mildred Independent School District (MISD), is following her passions by rehearsing, performing, competing or writing music. "As soon as I see a chance to compete or perform, I take it," she admitted.

Krista has been performing since she could talk and is seen regularly in the Corsicana area at several venues. She has pictures of the start of her singing career "with a microphone while still in diapers." She won her first competition in first grade at a Corsicana Noon Lion's Club Talent Show.

Krista's credits include performances at the former Blackjack's Restaurant, Martin's Music Hall and the Lone Star Cowboy Church of Navarro County where she has also led the music. All these venues feature her favorite forms of music: gospel, rhythm and blues and contemporary. "There's really not a kind of music I don't like. My iPod looks like it belongs to 30 different people," Krista laughed.

About being on stage, Krista said, "I'm never nervous. I get pumped up and feed



off the audience. I move around and get them involved." Her best performances are gospel style. "You can definitely hear my southern country," she stated.

Other than through performances with her mom, Krista has received no coaching. "I prayed to God to give me a child that would sing with me, so we like to call her talent God-given," Judy Draper, Krista's mom, explained.

She comes by her musical skills quite naturally through her mother and maternal grandmother, who are both performers, as well as other family members who perform professionally in groups. Her parents, Judy Draper and Bill Sifers, have encouraged Krista to perform with their missionary work through the International Pentecostal Holiness Church (IPHC). Judy had performed as she grew up with her mother, Ozell Freeman (MawMaw), dad and four siblings who performed as The Freemans. "Daddy preached and, when churches needed a pianist, Mother taught herself to play piano. Mom started it all," Judy remembered.

These multigenerational performers are with the evangelistic gospel band, Royal Bloodline. Judy plays piano by ear for the group while Judy's husband, Tim Draper, is the bass player. They tour to different churches and help out during a period of time or just for one performance, going "where the Lord leads us." "It's a really tight sound," Judy declared. While Krista takes the high



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notes, Judy sings harmony underneath and is Krista's backup singer. "Mom always lets me take the lead," Krista said, "and we do a lot of our originals."

Performances have taken Krista out into the world beyond Corsicana. She has been seen on stage at *Johnnie High's Music Revue*, which is a weekly country variety show held in the Arlington Music Hall in Arlington, Texas. The revue features 20-25 new performers each month and has been instrumental in initiating the careers of some now well-known artists such as LeAnn Rimes and Lee Ann Womack.

The review is also televised and offers a wide audience for new performers. In 2010, Krista competed in vocal solo at the IPHC National Youth Competition held in North Carolina after qualifying by taking first place at the district level. Krista found sponsors in Navarro County who were willing to help her financially to get to the competition.

A songwriter since the age of 7 when she wrote "a really powerful song," Krista writes on napkins or whatever is handy sometimes in the middle of the night or whenever inspiration strikes her. She has already recorded one CD on which her own songs are featured. She does not read music, so everything is "by ear." "I like writing my own songs. They pull me in certain ways, and I want to share that with others to help them get through experiences like I've gone through," Krista stated.

Sometimes Krista's inspiration comes from friends who call and ask her to write something for them based on their experiences that day. "I write a lot about Jesus," Krista said. "He's a big part of my life, but I also write about love and relationships like friendships. My songs are happy, sad or lonely songs."

Krista's writing is not confined to lyrics. She loves to write both for fun and for school. She loves English literature. "It's always been easy for me to write," Krista added. In 2009, she took second place in the Daughters of the American Revolution (DAR) essay contest.

A member of National Honor Society, Krista ranks in the top 10 percent of her class, academically. She is not the only writer in the family. Her older brother, Brandon, is "the secret writer." "We have this secret bond thing," she said, smiling.

School also affords Krista the

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opportunity to perform on stage. She has competed in the One-Act Play at MISD since seventh grade garnering the Best Actress Award in the University Interscholastic League (UIL) competition in 2010. Stage presence is a skill in which she has had a lot of practice. Mrs. Powers, the theater arts teacher at MISD, has been a mentor to Krista. "She made it possible for me to reach for the stars. She cares about her students," Krista said. Krista's mom recognizes that Mrs. Powers is like Krista's second mom.

During Krista's spare time she enjoys sharpening her shooting skills and is looking toward competing in that area. She also works with the children's church as a teacher. Krista does crafts and writes short sermons. She also competed in the short sermon competition at the IPHC National event last year and placed third as the only girl in the competition. She already has a car waiting for her as soon as she earns her driver's license, and sky diving is another one of her passions.

Krista is quick to give the glory to others in her life, including her mother and MawMaw. "My dad and stepdad have always been with me. They are always proud of me whether I make it or not," she stated. "But Jesus is my main mentor. He is always helping and blessing me."

As Krista moves soon into an adult world, she is guided by her favorite song, "Broken Wing," by Martina McBride, which contains the lyric: "She carries her dreams. Man you oughta see her fly." No matter her endeavors, Krista is determined to fly. **NOW**

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From left:

Juan Jose Luna, David Groff, Maria Lopez,
Pedro Lopez and Juan Lopez.

A PLACE FOR COMPLETE AUTO REPAIR

Bilingual brothers, Pedro and Juan Lopez, are specialists in automatic and standard transmission repair.

— By Joan Kilbourne

Pedro Lopez and his brother, Juan, came to this country from Mexico when Pedro was 16 and determined to work hard to make a good life for himself and his family. With his experience working on cars, he was hired to work in a transmission shop in Dallas. Wanting to learn more and move up on the job, he attended ATI Technical Training Institute for two years. He earned his certification in auto mechanics, and for the next 12 years, he developed his skills. Pedro began by doing the teardowns of transmissions, then the installations and, finally, one day he was given the whole job to do, including the rebuild. His success led to a promotion to shop foreman. Ambitious to have a shop of his own, Pedro soon became too busy to continue working for the transmission shop.

Pedro always saw himself living in the country, raising animals, so he bought a piece of land in Corsicana and began to buy cattle and horses. During a visit to his property, Pedro launched a new venture when he bought a building, and he and his wife, Maria, opened a small grocery store, La Tiendita Meat Market. "I always like to try different things," he said. "I had 12 employees, and it went pretty well for five years." The store hours were long and there were few days off. Pedro found it difficult to spend as much time as he wanted with his children. Pedro is now 6 years old, Adriana is 8 and Bobby is 13. "And I didn't have time to ride my horses," Pedro said. "I was getting white hairs," he added, patting his head. "So I decided to sell the store and get back into auto mechanics. I like this work, and I know it from A to Z."

Business NOW

Texas Auto Repair is celebrating its fifth anniversary this year. Pedro's ranch has chickens, sheep, a herd of Angus and Charolais cattle, and three horses. "My nieces and nephews and friends come here from Dallas, and they take turns riding the horses." Pedro also had commitments as a baseball coach in Little League. His son, Bobby, had watched his Dad coach a baseball team in Dallas when he was young and has become a talented baseball player himself. Now Pedro is coaching again with young Pedro's T-ball team. There is, once again, an incentive to reduce the number of hours he has to spend at the shop.

The three experienced technicians and an efficient secretary working at the shop are the backup Pedro needs to enjoy more family time. Maria, a substitute teacher at Sam Houston School, can attend the college classes she needs to be



certified as a teacher. David Groff has been working as a "transmission guy" for 30 years. Pedro's brother, Juan, has been working with his brother for five years. "But he has been working on cars a lot longer than that," Pedro said. J.J. Luna has been working on the team for four-and-a-half years. "Altogether, we have about 69 years of experience going on here," Pedro said. **NOW**

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Around Town NOW



Brandon Shaffer catches up on his reading at Corsicana Public Library.



Mark Sparkman, Chris Zimmerman and Zeb Zimmerman enjoy the warm temps.



Crystal Maddox poses with her dog, Piper.



Pam Stillman, Kevin Parr and Jack Parr have a cup of coffee at the Coffee Roastery.



Muriel Skipper shows the spring goodies in her shop, WS Fashion.

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If you've been in the hospital recently, you probably noticed that the medical team who provided your care included specialists other than your personal physician. In addition to the doctors, nurses, case managers, diagnosticians and other specialists, your regular physician may partner with a special type of physician known as a hospitalist.

A hospitalist — a physician who practices exclusively in the hospital setting — helps coordinate your care while you are in the hospital. Hospitalists have been a part of the medical field for many years, and are one of the fastest-growing types of doctors because of their important role in coordinating care and providing continuity for patients during their hospital stay.

Like a primary care doctor, hospitalists are trained in general internal medicine, family practice, pediatrics and other specialties. Some specialize in critical care medicine, cardiology or other subspecialties.

Hospitalists serve as liaisons for both patients and their physicians. Hospitalists are available to see patients frequently — sometimes more than once a day — to monitor their progress, answer questions and check in on the efforts of other health care professionals involved in patients' care. Because hospitalists do not maintain medical practices outside the hospital, they can

focus their attention exclusively on patients' medical care while they are inside the hospital.

If you are admitted to the hospital for surgery, a hospitalist may coordinate your inpatient care after your procedure. Once you are discharged home, the hospitalist will communicate with your physician about further treatment needed, help arrange follow-up care or medications needed and send your hospital records back to your primary care provider.

Hospitalists have a thorough understanding of inpatient medical care. They are uniquely qualified to recognize and diagnose medical disorders, anticipate potential problems and rapidly respond to any sudden change in the patient's condition.

Patients under the care of a medical team led by a hospitalist often have shorter hospital stays and quicker recoveries. A study at the University of California, San Francisco and Tufts University found that patients under hospitalists' care had a 12 percent shorter length of stay in the hospital — nearly half a day — as well as better surgical outcomes and fewer return trips to the hospital. **NOW**

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Fun in the Shade

— By Nancy Fenton

This month, our theme is how to get something to grow in the shade. There are lots of shade-loving plants, but they need to be especially hardy to take our heat and erratic rains. Prepare the soil with compost and expanded shale if needed, and you will be ready to start. Sometimes it is hard to find blooming plants that do well in the shade. Columbine is one of the best, and if it likes it where you put it, it will reseed itself and make lots to share! Blue and yellow (gold) varieties are available. Lily of the valley usually blooms early in the year also. Hosta will tolerate alkaline soils and comes in many interesting leaf colors ranging from wavy silver and green to very light green with dark edges. They bloom, too, with lavender or white flowers on a long stem.

It is difficult to get really bright blooms in the darkest shade, but bright bulbs provide lively color before all the leaves come out to shade your area. Pansies in the cooler months and impatiens in the warmer ones can do well in the lighter shade areas. In the darkest areas, go for caladiums in white, red or yellow hues. Against a background of hardy ferns like the Wood Fern, Japanese Fern or Royal Fern, the contrast can be wonderful. My favorite background "filler" is the Inland Sea Oat plant. It looks a lot like a regular oat plant as it grows, but takes very little water and loves deep shade. But be aware that it



spreads rapidly, once you get it going.

Next month we will look at a fern garden that will not require a giant water bill. For other questions, please call the Ellis County Master Gardeners at Texas AgriLife Extension, (972) 825-5175 or visit with us at the 2011 GARDEN EXPO to be held at the Waxahachie Civic Center, Saturday, March 26. **NOW**

Nancy Fenton is a Master Gardener.

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Plan Today to Live Well Tomorrow

— By B. Kyle Ward

Americans are living longer, healthier lives — in fact, many may outlive their money. According to the Employee Benefit Research Institute (EBRI), many Americans are likely to run short on money 10 to 20 years into retirement. Even retirees in upper-income categories could face this issue.¹

Sobering thought, indeed. So, what can you do to prepare for retirement? In a word: Save, save, save.

The Roth: Complicated? Not so much.

Named after the late Senator William V. Roth Jr. of Delaware, the Roth IRA can be a valuable tool for building retirement assets. Although it may seem complicated at first blush, a Roth IRA is an Individual Retirement Account that provides tax-free growth and earnings distribution — subject to some limitations and restrictions. As a result, it's a simple and potentially powerful way to save and invest for retirement.

The Roth advantages

Although your contributions are *not* deductible, as they may be with a traditional IRA, if you meet certain requirements, *all earnings are tax-free* when you (or your beneficiary) withdraw them. Also, unlike a traditional IRA which requires minimum distributions at age 70 1/2, if you have other financial resources after retirement, you don't have to draw on your Roth IRA — so your earnings may continue to grow tax-free for your beneficiaries.

Are you qualified? How much can you contribute?

First, you (or your spouse) must have qualifying income at least equal to your contribution. Second, your modified adjusted gross income cannot exceed certain limits. For more information, check IRS Publication 590 at <http://www.irs.gov/publications/p590/ch02.html>.

Contribution rules are the same as those governing traditional IRAs. See accompanying table for 2010 contribution limits.

Some limitations

Most IRAs are designed to help you save for retirement, so the rules are set to encourage your long-term commitment and discourage you from depleting your account prematurely. Generally, you may withdraw your *contributions* (the amount you put in) to a Roth penalty-free at any time. However, in order to withdraw your *earnings* (dividends, interest and the like) penalty-free, you must be at least age 59 1/2 and have held the account for at least five years.² Withdrawal rules can be complicated: If you are not sure which money is considered a

contribution and which is considered earnings, consult with your tax advisor before making any withdrawals.

To determine an appropriate strategy for reaching a balance of risk and long-term return potential appropriate for your individual situation, evaluate your investment goals and risk tolerance. Meet with your financial advisor to identify a strategy that may be suitable to your personal financial goals. Plan today to live well tomorrow.

2010 Plan Year Contributions and Deadlines

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| Traditional IRA | \$5,000 | \$6,000 | April 15, 2011 |

Source: <http://www.irs.gov/retirement.participant/article/0>

Additional "catch-up" contributions have been included in amounts shown for age 50 or older. **At any age:** Your contribution can be split between a traditional IRA and a Roth IRA in any way you want. The maximum deductible contribution to a traditional IRA and the maximum contribution to a Roth IRA may be reduced depending on your modified adjusted gross income. Consult your tax and legal professionals. See *Individual Retirement Arrangements (IRAs)*, Publication 590, for additional information. **NOW**

This article is intended to provide general information about IRA retirement accounts. Nothing herein should be considered legal, financial or tax advice. Please consult your tax or financial advisor for professional advice.

1. Source: http://www.ebri.org/pdf/briefspdf/EBRI_IB_07-2010_No344_RRR_RSPM.pdf.

2. Withdrawals from a Roth IRA before five years of participation and prior to age 59 1/2 may be subject to federal income taxes and a 10-percent federal tax penalty. State and local taxes may apply. Certain exceptions may apply.

B. Kyle Ward is a Farmer's Insurance agent based in Corsicana.

Calendar

MARCH 2011

March 4

"When Are We Going Home?" Ministry Leadership Conference at Navarro College (BC400): 11:00 and 11:30 a.m., featuring Starlene Stringer, motivational speaker. A \$10 registration fee covers a catered brown bag lunch and drink. Purchase tickets at the Sign Pros in Corsicana or through the ministry by calling (903) 422-6120. Open to agencies, parents, families, teachers and anyone who works or wants to work with special needs children.

March 5

Mardi Gras and Casino Night: 6:30 p.m., Corsicana Country Club, 4100 Country Club Dr., Corsicana. Tickets are \$50 and include \$1,500 casino chips, gourmet hors d'oeuvres, beads, door prize ticket and party. Proceeds benefit Collins Catholic School and sponsorship packages are available. Contact lott@airmail.net or (903) 872-1751.

Airport Rummage Sale Fundraiser: 8:00 a.m., Corsicana Municipal Airport. The Corsicana Field Aviation Heritage Foundation (CFAHF) hosts the event

where airport tenants, businesses and nonprofit groups are invited to host sale tables. Proceeds benefit construction of a new airport museum.

March 12

Mosaic's Sounds and Tastes of Texas: 6:00 p.m., Remington Ranch, 122 W. 3rd Ave. This is a concert fundraiser to benefit Mosaic. Food will be available for purchase and there will be a silent auction. Contact Cheryl Jordan at cherylm.jordan@mosaicinfo.org or (903) 874-3364.

March 18

The Killdares: 6:30-9:00 p.m., The Palace Theatre, 110 W. 6th Avenue. This Celtic rock band is known as one of the most cutting-edge bands in music today. Dino Perelli, a multifaceted entertainer, musician, comic, writer and producer will open the show. Tickets are \$25 and can be purchased at the Palace Box office. Must be 21 or older to attend. Call Annot Walthall at (903) 851-4121.

March 22-27

52nd Annual Navarro County Youth

Exposition at Navarro County Expo Center, 4021 W. State Highway 22.

March 26

Kids Awareness Day: 10:00 a.m., Martin Luther King Center, 1114 E. 6th Ave. For ages 5-18 and hosted by Chance At Dreams Youth Organization, event will address domestic violence, health facts, education, exercise and career training and will include live music. Food will be served. Contact Larita Barton at (903) 354-0171.

March 27

Manning Dickson CD Release: 7:30 p.m., The Palace Theatre, 112 West 6th Avenue. Opening Act: Bryan Smith Band. Call (903) 874-7792 or visit www.corsicanapalace.com.

March 30

Karem Shrine Circus: 4:30 p.m. and 6:30 p.m., Navarro County Expo Center, 4021 W. State Highway 22. Adult tickets: \$16. Children 12 and under: \$12.

Submissions are welcome and published as space allows. Send your event details to joan.kilbourne@nowmagazines.com.

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In The Kitchen With Pearl and Dick Skewes

— By Joan Kilbourne

Pearl Skewes describes herself as a follow-the-recipe cook. "I still use the *Betty Crocker Picture Cook Book* from 1954, and I use recipes from my collection of cookbooks from church fundraisers," she said. Pearl likes to make desserts or side dishes while her husband, Dick, cooks the entrée. "Dick is more of a gourmet cook," she said. Over the years, Dick has enjoyed experimenting with different cuisines. His cooking buddy, Dr. Tony Grizzaffi, often came to their home to sit on a stool and tell Dick to chop this and grind that to make their favorite dish, Osso Bucco. They did not mind that it required many ingredients and long preparation time because they could sit and talk about food and recipes. **NOW**

Osso Bucco

3 lbs. veal shins, 2-inches thick
2 Tbsp. olive oil
1/4 cup seasoned flour
2 Tbsp. butter
2 tsp. salt
1/4 tsp. fresh ground pepper
1/4 tsp. rosemary
1/4 cup onions, chopped
1/4 cup carrots, chopped
1/4 cup celery, chopped
1 cup dry white wine
1 Tbsp. tomato paste
1/2 cup seasoned stock
Parmesan cheese for topping
Gremolata Sauce
1 Tbsp. lemon rind, grated
1 clove garlic, minced
2 Tbsp. parsley, finely chopped

- 1.** Dip veal shin bones into olive oil and roll lightly in seasoned flour.
- 2.** Heat oil and butter in heavy skillet and brown shins. Season with salt, pepper and rosemary.
- 3.** Add onions, carrots and celery and cook 5 minutes.
- 4.** Add wine and cook until almost evaporated.

- 5.** Add tomato paste and seasoned stock. Cover and cook on low heat 1 1/2 hours, or until tender.
- 6.** Add small amount of stock, as needed.
- 7.** Make Gremolata Sauce and stir into gravy. Bring it back to heat and cook 5 minutes.
- 8.** Top with grated aged Parmesan cheese. Best served with Risotto Milanese that has been mixed with butter and chopped sautéed chicken livers.

Apple Crisp

5 or 6 apples, sliced
Cinnamon, to taste
1 tsp. baking powder
3/4 tsp. salt
1 cup flour
1 1/2 cups sugar
1 egg
1/2 cup melted butter

- 1.** Slice 5 or 6 apples into a 9x9-inch baking dish. Sprinkle with cinnamon.
- 2.** In a mixing bowl, combine remaining ingredients, except butter, together with a fork. Spread evenly over apples.
- 3.** Pour melted butter over the top and bake in 350 F oven until lightly brown.

English Toffee

1 cup margarine or butter and a little salt
1 cup sugar
1 Tbsp. white corn syrup
3 Tbsp. water
1 1/2 cups chopped walnuts
1 6-oz. pkg. semi-sweet chocolate chips

- 1.** Butter a 9-inch square pan.
- 2.** Melt butter in 2-quart pan and stir in sugar gradually.
- 3.** Add syrup and water.
- 4.** Cook over moderate heat, stirring occasionally to 290 F on a candy thermometer or until a little mixture in cold water turns brittle.
- 5.** Add 1 cup of the walnuts and cook 3 minutes more, stirring constantly.
- 6.** Pour into square pan. When cold, remove from pan.
- 7.** Melt chocolate over hot water or in a microwave oven. Coat one side of toffee and sprinkle with remaining 1/2 cup chopped nuts. Allow to set. Flip over on waxed paper and repeat. Break into bite-sized pieces.

Red Hot Salad

1/2 cup Red Hots (cinnamon candy)
1 pkg. red Jell-O
1 1/2 cups hot water
1/3 cup chopped nuts
1/2 cup celery, diced
1 cup apples, peeled and diced

- 1.** Dissolve Red Hots and Jell-O in hot water.
- 2.** Cool and add nuts, celery and apples.
- 3.** Refrigerate until ready to serve.

White Bean Soup

2 cups white beans
3 quarts cold water
3 ribs celery, finely chopped
2 carrots, finely chopped
1/4 cup parsley, chopped
2 onions, minced
2 cloves garlic, crushed
1 Tbsp. liquid smoke
2 lbs. smoked ham with bone
Salt and pepper, to taste

- 1.** Soak beans in water overnight. Drain.
- 2.** Add all ingredients to soup kettle. Cook slowly for 2 hours, stirring occasionally.
- 3.** Remove ham. Pull meat from bone and cut in small pieces. Return ham to soup and season to taste. Makes 3-plus quarts. Freezes well.